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Vocabulary Builder Reference from...

Rick Doblin: The future of psychedelic-assisted psychotherapy | TED Talk

https://www.ted.com/talks/rick_doblin_the_future_of_psychedelic_assisted Psychotherapy

Advanced Words Only

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Session 1: Word List

psychedelic

adj. relating to or characterized by the use of drugs or the effects that produce altered perceptions, heightened awareness, and vivid imagery; describing art, music, or fashion characterized by bright colors, bold patterns, and unconventional designs

synonym: trippy, hallucinogenic, mind-bending

(1) **psychedelic** therapy, (2) **psychedelic** art

The Beatles' **psychedelic** music was a hallmark of the 1960s counterculture movement.

flourish

v. to grow or develop vigorously or successfully

synonym: boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym: mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

mystical

adj. relating to or characterized by spiritual powers; beyond ordinary understanding

synonym: occult, esoteric, enigmatic

(1) **mystical** intuition, (2) **mystical** belief

While meditating, he had a **mystical** experience and felt a sense of unity with the universe.

counterculture

n. a subculture whose values and norms of behavior differ substantially from those of mainstream society, often in opposition to it

synonym: counterculture, counter-establishment, counter-society

(1) **counterculture** movement, (2) **counterculture** art

The **counterculture** of the 1960s rejected the social norms of the time.

unwise

adj. not sensible or prudent; likely to cause harm or negative consequences; lacking in good judgment or common sense

synonym: absurd, ill-advised, imprudent

(1) **unwise** decision, (2) **unwise** strategy

Ignoring warning signs of a potential health issue is **unwise** and can harm your health.

backlash

n. a strong negative reaction to something; a movement back from an impact

synonym: reaction, retaliation, counteraction

(1) political **backlash**, (2) the **backlash** from the community

The company faced a **backlash** from customers after the recall.

psilocybin

n. a naturally occurring psychedelic compound found in more than 200 species of mushrooms, which produces various perceptual, cognitive, and emotional effects when ingested

synonym: magic mushrooms, shrooms

(1) **psilocybin** mushrooms, (2) **psilocybin** microdosing

The use of **psilocybin** in religious ceremonies has been documented in various cultures throughout history.

mitzvah

n. (Judaism) a precept or commandment of the Jewish law

(1) the bar **mitzvah** ceremony, (2) bar **mitzvah** boy

For Jews, a bar **mitzvah** is an important social event.

tease

v. to make fun of someone or make jokes about them, either in a playful way or to upset them; to separate the fibers of something; to ruffle a person's or animal's hair by combing

synonym: bully, annoy, provoke

(1) **tease** the children, (2) **tease** wool

This ad is intended to **tease** a competing product.

antidote

n. a chemical substance or remedy that stops or controls the effects of a poison or disease

synonym: remedy, treatment, restorative

(1) the **antidote** to the poison, (2) the **antidote** for aging

Knowledge is the **antidote** to fear.

fundamentalist

n. a person who adheres strictly to the basic principles of any subject or discipline

synonym: extremist, zealot, hardliner

(1) **fundamentalist** church, (2) political **fundamentalist**
He is a religious **fundamentalist** and strictly adheres to the teachings of his faith.

Renaissance

n. a new growth in activity or enthusiasm in anything, particularly art, literature, or music

synonym: rebirth, golden age

(1) artistic **renaissance**, (2) industrial **renaissance**

Folk music is now experiencing a **renaissance**.

alcoholism

n. a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages

synonym: alcohol dependency, alcohol addiction, drunkenness

(1) acute **alcoholism**, (2) **alcoholism** recovery

He lost everything due to his **alcoholism**.

zen

n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

synonym: meditative, peaceful, tranquil

(1) **zen** garden, (2) **zen** meditation

Daily yoga helped her achieve a **zen** state of mind and calmness.

foreground

n. the part of a view, picture, etc., that is nearest to the viewer

(1) **foreground** segmentation, (2) **foreground** galaxy

A happy group of friends occupies the **foreground** of the picture.

revolve

v. to rotate around a central point

synonym: rotate, spin, orbit

(1) **revolve** at high speed, (2) **revolve** around a central axis

The Earth **revolves** around the Sun in an elliptical orbit.

altruistic

adj. showing a selfless and disinterested concern for the happiness and well-being of other people

synonym : altruistic, philanthropic, generous

(1) **altruistic** behavior, (2) **altruistic** instincts in social animals

The company tried to build an **altruistic** image.

ecstasy

n. a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations

synonym : rapture, bliss, euphoria

(1) **ecstasy** pills, (2) state of **ecstasy**

She danced with **ecstasy** as her favorite band played their hit song.

intensify

v. to increase or make something increase in extent or strength

synonym : amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

hyperactive

adj. excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)

synonym : hyperkinetic, overactive, restless

(1) **hyperactive** child, (2) **hyperactive** imagination

The **hyperactive** dog was running around the house, knocking things over.

amygdala

n. one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell

(1) the decline in **amygdala** activity, (2) **amygdala** damage
The **amygdala** has been associated with memories of past emotional events.

prefrontal

adj. in or about the foremost part of the frontal lobe of the brain

(1) **prefrontal** bone, (2) **prefrontal** region

Research shows that damage to the **prefrontal** cortex leads to increased aggression.

hippocampus

n. a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory

(1) involvement of the **hippocampus**, (2) neurons in the **hippocampus**

The **hippocampus** is crucial for learning and memory storage.

remit

n. the act of sending money or payment to someone; the area of responsibility or authority assigned to a particular person or group; (verb) to send money in payment or as a gift

synonym: payment, settlement, remittance

(1) tax **remit**, (2) **remit** by cable

The **remit** of the committee is to review the company's financial statements.

oxytocin

n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

(1) **oxytocin-degrading** enzyme, (2) **oxytocin** receptor

Women may increase **oxytocin** production through romantic love.

nurture

v. to take care of, feed, and protect someone or something while they are growing and developing

synonym: boost, cultivate, enable

(1) **nurture** love, (2) **nurture** his talents

Schools should **nurture** children's mutual interest spirit.

octopus

n. a sea creature with a soft round body and eight long tentacles (= long parts like arms)

synonym : devilfish

(1) giant **octopus**, (2) venomous **octopus**

He experienced nausea after eating live **octopus**.

asocial

adj. not interested in socializing or being with others; withdrawn from society or interactions with others

synonym : solitary, unsocial, reclusive

(1) **asocial** lifestyle, (2) **asocial** personality

The **asocial** behavior of the new employee made it difficult to form a cohesive team.

prosocial

adj. characterized by behavior that benefits others or society as a whole, often with little or no personal benefit or reward

synonym : altruistic, benevolent, cooperative

(1) **prosocial** motives, (2) **prosocial** intervention

Volunteering at a soup kitchen is a **prosocial** act of kindness.

sever

v. to break or separate something by cutting, especially suddenly and forcibly

synonym : cut apart, separate, detach

(1) **sever** a rope, (2) **sever** a positive relationship

He **severed** a branch from a tree quickly.

headquarter

n. the central office or location from which a business or organization is managed

synonym : base, center, command

(1) administrative **headquarter**, (2) an emergency **headquarter**

The company decided to move its **headquarters** to New York City.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

eyeshade

n. a small visor or shade that is worn over the eyes to protect them from the glare of bright light; a similar device that is attached to a lamp or light source to direct the light in a specific direction

synonym: visor, shade, brim

(1) **eyeshade** visor, (2) adjustable **eyeshade**

She slipped on her travel **eyeshade** to get some sleep during the long flight.

squander

v. to spend or use something wastefully; to waste by spending or using too freely

synonym: waste, fritter away, dissipate

(1) **squander** money, (2) **squander** a chance

He **squandered** his inheritance on frivolous purchases.

ketamine

n. a medication primarily used as an anesthetic and analgesic, known for its rapid onset and short duration of action, also used in recreational settings as a dissociative and hallucinogenic drug

(1) **ketamine** infusion, (2) **ketamine** therapy

Studies have suggested that low doses of **ketamine** may help reduce chronic pain.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

synergy

n. the interaction of elements that, when combined, produce a total effect that is greater than the sum of the individual elements

synonym: cooperation, collaboration, partnership

(1) **synergy** collaboration, (2) **synergy** between businesses

The new software program was designed to increase productivity by promoting employee **synergy**.

microdose

n. a very small amount of a drug or other substance that is believed to have beneficial effects, particularly about psychoactive substances

synonym: small dose, microportion, microhit

(1) **microdose** regimen, (2) **microdose** therapy

His daily **microdose** of cannabis helped him manage his chronic pain.

Session 2: Spelling

- | | |
|---|---|
| 1. alt_____ic instincts in social animals | <i>adj.</i> showing a selfless and disinterested concern for the happiness and well-being of other people |
| 2. avoid climate cat_____he | <i>n.</i> a sudden event that causes extreme ruin and misfortune |
| 3. pre_____al bone | <i>adj.</i> in or about the foremost part of the frontal lobe of the brain |
| 4. the decline in am_____la activity | <i>n.</i> one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell |
| 5. cat_____he risk management | <i>n.</i> a sudden event that causes extreme ruin and misfortune |
| 6. political ba_____sh | <i>n.</i> a strong negative reaction to something; a movement back from an impact |
| 7. sy_____y between businesses | <i>n.</i> the interaction of elements that, when combined, produce a total effect that is greater than the sum of the individual elements |
| 8. psy_____apy for depression | <i>n.</i> the treatment of mental or emotional problems by talking with a therapist |
| 9. ox_____in receptor | <i>n.</i> a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk |

ANSWERS: 1. altruistic, 2. catastrophe, 3. prefrontal, 4. amygdala, 5. catastrophe, 6. backlash, 7. synergy, 8. psychotherapy, 9. oxytocin

10. the ba____sh from the community *n.* a strong negative reaction to something; a movement back from an impact
11. am____la damage *n.* one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
12. ec____y pills *n.* a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations
13. as____l lifestyle *adj.* not interested in socializing or being with others; withdrawn from society or interactions with others
14. fl____sh worldwide *v.* to grow or develop vigorously or successfully
15. alc____sm recovery *n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages
16. un____e strategy *adj.* not sensible or prudent; likely to cause harm or negative consequences; lacking in good judgment or common sense
17. venomous oc____s *n.* a sea creature with a soft round body and eight long tentacles (= long parts like arms)
18. re__t by cable *n.* the act of sending money or payment to someone; the area of responsibility or authority assigned to a particular person or group; (verb) to send money in payment or as a gift

ANSWERS: 10. backlash, 11. amygdala, 12. ecstasy, 13. asocial, 14. flourish, 15. alcoholism, 16. unwise, 17. octopus, 18. remit

19. pr_____al motives *adj.* characterized by behavior that benefits others or society as a whole, often with little or no personal benefit or reward
20. psi_____in microdosing *n.* a naturally occurring psychedelic compound found in more than 200 species of mushrooms, which produces various perceptual, cognitive, and emotional effects when ingested
21. industrial ren_____ce *n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music
22. cou_____ure art *n.* a subculture whose values and norms of behavior differ substantially from those of mainstream society, often in opposition to it
23. the branch of neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
24. psy_____ry therapy *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
25. ey_____de visor *n.* a small visor or shade that is worn over the eyes to protect them from the glare of bright light; a similar device that is attached to a lamp or light source to direct the light in a specific direction
26. pre_____al region *adj.* in or about the foremost part of the frontal lobe of the brain
27. ox_____in-degrading enzyme *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

ANSWERS: 19. prosocial, 20. psilocybin, 21. Renaissance, 22. counterculture, 23. neuroscience, 24. psychiatry, 25. eyeshade, 26. prefrontal, 27. oxytocin

28. hyp_____ve child *adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)
29. field of psy_____apy *n.* the treatment of mental or emotional problems by talking with a therapist
30. psy_____ic therapy *adj.* relating to or characterized by the use of drugs or the effects that produce altered perceptions, heightened awareness, and vivid imagery; describing art, music, or fashion characterized by bright colors, bold patterns, and unconventional designs
31. sq_____er a chance *v.* to spend or use something wastefully; to waste by spending or using too freely
32. mi_____se therapy *n.* a very small amount of a drug or other substance that is believed to have beneficial effects, particularly about psychoactive substances
33. se__r a positive relationship *v.* to break or separate something by cutting, especially suddenly and forcibly
34. acute alc_____sm *n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages
35. fun_____ist church *n.* a person who adheres strictly to the basic principles of any subject or discipline
36. z_n meditation *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

ANSWERS: 28. hyperactive, 29. psychotherapy, 30. psychedelic, 31. squander, 32.

microdose, 33. sever, 34. alcoholism, 35. fundamentalist, 36. zen

37. giant oc_____s *n.* a sea creature with a soft round body and eight long tentacles (= long parts like arms)
38. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
39. neurons in the hip_____us *n.* a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory
40. an emergency hea_____er *n.* the central office or location from which a business or organization is managed
41. nu_____e love *v.* to take care of, feed, and protect someone or something while they are growing and developing
42. hyp_____ve imagination *adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)
43. sy_____y collaboration *n.* the interaction of elements that, when combined, produce a total effect that is greater than the sum of the individual elements
44. state of ec_____y *n.* a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations
45. psi_____in mushrooms *n.* a naturally occurring psychedelic compound found in more than 200 species of mushrooms, which produces various perceptual, cognitive, and emotional effects when ingested

ANSWERS: 37. octopus, 38. medicinal, 39. hippocampus, 40. headquarter, 41. nurture, 42. hyperactive, 43. synergy, 44. ecstasy, 45. psilocybin

46. se__r a rope *v.* to break or separate something by cutting, especially suddenly and forcibly
47. adjustable ey_____de *n.* a small visor or shade that is worn over the eyes to protect them from the glare of bright light; a similar device that is attached to a lamp or light source to direct the light in a specific direction
48. as_____l personality *adj.* not interested in socializing or being with others; withdrawn from society or interactions with others
49. ke_____ne therapy *n.* a medication primarily used as an anesthetic and analgesic, known for its rapid onset and short duration of action, also used in recreational settings as a dissociative and hallucinogenic drug
50. te__e wool *v.* to make fun of someone or make jokes about them, either in a playful way or to upset them; to separate the fibers of something; to ruffle a person's or animal's hair by combing
51. administrative hea_____er *n.* the central office or location from which a business or organization is managed
52. tax re__t *n.* the act of sending money or payment to someone; the area of responsibility or authority assigned to a particular person or group; (verb) to send money in payment or as a gift
53. traditional me_____al *adj.* of or relating to the treatment or cure of disease
54. involvement of the hip_____us *n.* a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory

ANSWERS: 46. sever, 47. eyeshade, 48. asocial, 49. ketamine, 50. tease, 51. headquarter, 52. remit, 53. medicinal, 54. hippocampus

55. z_n garden *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
56. ke____ne infusion *n.* a medication primarily used as an anesthetic and analgesic, known for its rapid onset and short duration of action, also used in recreational settings as a dissociative and hallucinogenic drug
57. the an____te for aging *n.* a chemical substance or remedy that stops or controls the effects of a poison or disease
58. my____al intuition *adj.* relating to or characterized by spiritual powers; beyond ordinary understanding
59. un____e decision *adj.* not sensible or prudent; likely to cause harm or negative consequences; lacking in good judgment or common sense
60. the an____te to the poison *n.* a chemical substance or remedy that stops or controls the effects of a poison or disease
61. in____fy a good relationship *v.* to increase or make something increase in extent or strength
62. artistic ren____ce *n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music

ANSWERS: 55. zen, 56. ketamine, 57. antidote, 58. mystical, 59. unwise, 60. antidote, 61. intensify, 62. Renaissance

63. psy_____ic art *adj.* relating to or characterized by the use of drugs or the effects that produce altered perceptions, heightened awareness, and vivid imagery; describing art, music, or fashion characterized by bright colors, bold patterns, and unconventional designs
64. te__e the children *v.* to make fun of someone or make jokes about them, either in a playful way or to upset them; to separate the fibers of something; to ruffle a person's or animal's hair by combing
65. bar mi_____h boy *n.* (Judaism) a precept or commandment of the Jewish law
66. nu_____e his talents *v.* to take care of, feed, and protect someone or something while they are growing and developing
67. the bar mi_____h ceremony *n.* (Judaism) a precept or commandment of the Jewish law
68. sq_____er money *v.* to spend or use something wastefully; to waste by spending or using too freely
69. fo_____nd segmentation *n.* the part of a view, picture, etc., that is nearest to the viewer
70. biological psy_____ry *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
71. a theoretical concept in neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system

ANSWERS: 63. psychedelic, 64. tease, 65. mitzvah, 66. nurture, 67. mitzvah, 68. squander, 69. foreground, 70. psychiatry, 71. neuroscience

72. for_____nd galaxy *n.* the part of a view, picture, etc., that is nearest to the viewer
73. my_____al belief *adj.* relating to or characterized by spiritual powers; beyond ordinary understanding
74. alt_____ic behavior *adj.* showing a selfless and disinterested concern for the happiness and well-being of other people
75. fl_____sh economically *v.* to grow or develop vigorously or successfully
76. political fun_____ist *n.* a person who adheres strictly to the basic principles of any subject or discipline
77. mi_____se regimen *n.* a very small amount of a drug or other substance that is believed to have beneficial effects, particularly about psychoactive substances
78. re_____e around a central axis *v.* to rotate around a central point
79. in_____fy diplomatic efforts *v.* to increase or make something increase in extent or strength
80. cou_____ure movement *n.* a subculture whose values and norms of behavior differ substantially from those of mainstream society, often in opposition to it
81. re_____e at high speed *v.* to rotate around a central point
82. pr_____al intervention *adj.* characterized by behavior that benefits others or society as a whole, often with little or no personal benefit or reward

ANSWERS: 72. foreground, 73. mystical, 74. altruistic, 75. flourish, 76. fundamentalist, 77. microdose, 78. revolve, 79. intensify, 80. counterculture, 81. revolve, 82. prosocial

Session 3: Fill in the Blanks

1. He is a religious _____ and strictly adheres to the teachings of his faith.
 - n.* a person who adheres strictly to the basic principles of any subject or discipline

2. The Ottoman Empire _____ for over five centuries.
 - v.* to grow or develop vigorously or successfully

3. Schools should _____ children's mutual interest spirit.
 - v.* to take care of, feed, and protect someone or something while they are growing and developing

4. Research shows that damage to the _____ cortex leads to increased aggression.
 - adj.* in or about the foremost part of the frontal lobe of the brain

5. Knowledge is the _____ to fear.
 - n.* a chemical substance or remedy that stops or controls the effects of a poison or disease

6. The _____ has been associated with memories of past emotional events.
 - n.* one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell

7. He _____ a branch from a tree quickly.
 - v.* to break or separate something by cutting, especially suddenly and forcibly

8. The _____ is crucial for learning and memory storage.
 - n.* a major component of the brain of humans and other vertebrates that is part of the limbic system and is vital for memory

ANSWERS: 1. fundamentalist, 2. flourished, 3. nurture, 4. prefrontal, 5. antidote, 6. amygdala, 7. severed, 8. hippocampus

9. The _____ behavior of the new employee made it difficult to form a cohesive team.
- adj.* not interested in socializing or being with others; withdrawn from society or interactions with others
10. Studies have suggested that low doses of _____ may help reduce chronic pain.
- n.* a medication primarily used as an anesthetic and analgesic, known for its rapid onset and short duration of action, also used in recreational settings as a dissociative and hallucinogenic drug
11. The Earth _____ around the Sun in an elliptical orbit.
- v.* to rotate around a central point
12. His daily _____ of cannabis helped him manage his chronic pain.
- n.* a very small amount of a drug or other substance that is believed to have beneficial effects, particularly about psychoactive substances
13. The use of _____ in religious ceremonies has been documented in various cultures throughout history.
- n.* a naturally occurring psychedelic compound found in more than 200 species of mushrooms, which produces various perceptual, cognitive, and emotional effects when ingested
14. For Jews, a bar _____ is an important social event.
- n.* (Judaism) a precept or commandment of the Jewish law
15. The Beatles' _____ music was a hallmark of the 1960s counterculture movement.
- adj.* relating to or characterized by the use of drugs or the effects that produce altered perceptions, heightened awareness, and vivid imagery; describing art, music, or fashion characterized by bright colors, bold patterns, and unconventional designs

ANSWERS: 9. asocial, 10. ketamine, 11. revolves, 12. microdose, 13. psilocybin, 14. mitzvah, 15. psychedelic

16. He took _____ to help him deal with his accident trauma.
n. the treatment of mental or emotional problems by talking with a therapist
17. He _____ his inheritance on frivolous purchases.
v. to spend or use something wastefully; to waste by spending or using too freely
18. Rebels have pledged to _____ the armed struggle against the dictatorship.
v. to increase or make something increase in extent or strength
19. The new software program was designed to increase productivity by promoting employee _____.
n. the interaction of elements that, when combined, produce a total effect that is greater than the sum of the individual elements
20. Ignoring warning signs of a potential health issue is _____ and can harm your health.
adj. not sensible or prudent; likely to cause harm or negative consequences; lacking in good judgment or common sense
21. Daily yoga helped her achieve a ____ state of mind and calmness.
n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
22. This ad is intended to _____ a competing product.
v. to make fun of someone or make jokes about them, either in a playful way or to upset them; to separate the fibers of something; to ruffle a person's or animal's hair by combing

ANSWERS: 16. psychotherapy, 17. squandered, 18. intensify, 19. synergy, 20. unwise, 21. zen, 22. tease

23. The company faced a _____ from customers after the recall.
n. a strong negative reaction to something; a movement back from an impact
24. He experienced nausea after eating live _____.
n. a sea creature with a soft round body and eight long tentacles (= long parts like arms)
25. The _____ of the committee is to review the company's financial statements.
n. the act of sending money or payment to someone; the area of responsibility or authority assigned to a particular person or group; (verb) to send money in payment or as a gift
26. The company tried to build an _____ image.
adj. showing a selfless and disinterested concern for the happiness and well-being of other people
27. Our university is famous for its professors, who are well-versed in behavioral _____.
n. the scientific study of the function, structure, and disorder of the brain and the nervous system
28. The company decided to move its _____ to New York City.
n. the central office or location from which a business or organization is managed
29. While meditating, he had a _____ experience and felt a sense of unity with the universe.
adj. relating to or characterized by spiritual powers; beyond ordinary understanding
30. She slipped on her travel _____ to get some sleep during the long flight.
n. a small visor or shade that is worn over the eyes to protect them from the glare of bright light; a similar device that is attached to a lamp or light source to direct the light in a specific direction

ANSWERS: 23. backlash, 24. octopus, 25. remit, 26. altruistic, 27. neuroscience, 28. headquarters, 29. mystical, 30. eyeshade

31. He lost everything due to his _____.
- n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages
32. Women may increase _____ production through romantic love.
- n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
33. Folk music is now experiencing a _____.
- n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music
34. She danced with _____ as her favorite band played their hit song.
- n.* a state of overwhelming happiness, joy, or pleasure; an emotional or mental state of intense feelings of delight or happiness that is often accompanied by intense physical sensations
35. Volunteering at a soup kitchen is a _____ act of kindness.
- adj.* characterized by behavior that benefits others or society as a whole, often with little or no personal benefit or reward
36. The _____ of the 1960s rejected the social norms of the time.
- n.* a subculture whose values and norms of behavior differ substantially from those of mainstream society, often in opposition to it
37. The _____ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease
38. The lack of funds has resulted in a _____ for our university system.
- n.* a sudden event that causes extreme ruin and misfortune

ANSWERS: 31. alcoholism, 32. oxytocin, 33. renaissance, 34. ecstasy, 35. prosocial, 36. counterculture, 37. medicinal, 38. catastrophe

39. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
- n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
40. The _____ dog was running around the house, knocking things over.
- adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)
41. A happy group of friends occupies the _____ of the picture.
- n.* the part of a view, picture, etc., that is nearest to the viewer

ANSWERS: 39. psychiatry, 40. hyperactive, 41. foreground