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Vocabulary Builder Reference from...

Margaret Heffernan: The human skills we need in an unpredictable world | TED Talk

https://www.ted.com/talks/margaret_heffernan_the_human_skills_we_need_in_an_unpredictable_world

Advanced Words Only

IMPORTANT

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Session 1: Word List

- zeal**
- n.* great enthusiasm or passion for something; fervor; eagerness or intensity for a cause or purpose
- synonym* : passion, enthusiasm, fervor
- (1) **zeal** for fitness, (2) religious **zeal**
- The athlete brought great **zeal** to every competition, striving to be the best.
- veg**
- n.* (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;
- synonym* : vegetable, plant-based food, green
- (1) **veg** pizza, (2) **veg** out on the couch
- I like to keep a variety of fresh **veg** in my fridge to make healthy meals easily.
- bakery**
- n.* a place where bread and other baked goods are made and sold
- synonym* : bakeshop, bakehouse
- (1) run a **bakery**, (2) **bakery** industry
- He worked at the **bakery** as a baker.

steroid

n. any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

(1) **steroid** abuse, (2) a **steroid** hormone

Some **steroids** are banned for use by athletes because of their muscle-building effects.

anomalous

adj. deviating from what is standard or expected; unexpected or unusual in a way that is difficult to explain

synonym: unusual, peculiar, abnormal

(1) **anomalous** behavior, (2) **anomalous** result

The data from the study was **anomalous** and unexpected.

disproportionate

adj. too large or too small when compared with something else, or not deserving its importance or influence

synonym: undeserved, unequal, superfluous

(1) cause **disproportionate** damage, (2) **disproportionate** amount

This big gate is **disproportionate** to the small hut.

suffice

v. to be enough or sufficient; to meet the needs or requirements of something or someone; to satisfy or fulfill a purpose

synonym: satisfy, meet, be enough

(1) **suffice** to live, (2) **suffice** as evidence

Would one cup of flour **suffice** for this recipe?

defy

v. to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.

synonym: challenge, resist, disobey

(1) **defy** gravity, (2) **defy** authority

She tried to **defy** her parents by moving to the city against their wishes.

blindside

v. to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage

synonym : surprise, ambush, catch off guard

(1) **blindside** the audience, (2) **blindside** opponent

My boss's criticism of my work **blindsided** me during the meeting.

staple

adj. essential, crucial, or regularly used

synonym : essential, fundamental, pivotal

(1) **staple** commodities, (2) **staple** crop

Rice and beans are a **staple** food in many cultures.

baffle

v. to bewilder or perplex someone completely and to be unable to understand or explain something

synonym : perplex, astound, hinder

(1) **baffle** his plan, (2) **baffle** outside noises

The paradox **baffled** most philosophers.

pariah

n. an outcast or social reject; a person who is despised and avoided by society or a particular group

synonym : outcast, untouchable, reject

(1) **pariah** community, (2) treated as a **pariah**

Being a whistleblower can often lead to becoming a social **pariah** in some industries.

outcast

adj. excluded or rejected from a society or a particular group; (noun) a person who is excluded or rejected from a society or a home

synonym : fugitive, friendless, vagabond

(1) discrimination against **outcast** people, (2) social **outcast**

He was an **outcast** from the neighboring village.

eradicate

v. to get rid of or destroy something completely, especially something bad

synonym : destroy, eliminate, exterminate

(1) **eradicate** the deficit, (2) **eradicate** racial discrimination

We are trying to **eradicate** this disease from the world.

erode

v. to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time

synonym: wear away, deteriorate, corrode

(1) **erode** coast, (2) **erode** trust

The ongoing budget cuts have **eroded** the quality of education in many schools.

inefficient

adj. lacking the ability or skill and not making the best use of time, money, energy, etc.

synonym: ineffective, counterproductive, inadequate

(1) **inefficient** use, (2) **inefficient** management

The system is still so **inefficient** that it is useless.

time-consuming

adj. requiring a significant amount of time or effort to complete

synonym: lengthy, prolonged, protracted

(1) **time-consuming** project, (2) **time-consuming** process

Writing a research paper can be a **time-consuming** task.

reckless

adj. marked by a lack of care about danger and the likely results of your actions

synonym: impetuous, irresponsible, thoughtless

(1) **reckless** driving, (2) in a **reckless** manner

Reckless youth makes rueful age.

proliferate

v. to grow or increase rapidly in number; to reproduce or spread rapidly, especially in an uncontrolled manner

synonym: multiply, spread, propagate

(1) **proliferate** cells, (2) **proliferate** weeds

The number of COVID cases continued to **proliferate** in many countries worldwide.

bravery

n. courage in the face of danger

synonym: courage, valor, heroism

(1) **bravery** against the enemy, (2) **bravery** under fire

His **bravery** in the face of danger saved the lives of his comrades.

unflinching

adj. not showing fear or hesitation in the face of danger or adversity; steadfast and resolute

synonym : resolute, steadfast, unwavering

(1) **unflinching** commitment, (2) **unflinching** gaze

His **unflinching** courage in the face of danger was impressive.

unwavering

adj. not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment

synonym : steadfast, resolute, firm

(1) **unwavering** commitment, (2) **unwavering** confidence

She showed **unwavering** loyalty to her friend through thick and thin.

thrall

n. a state of being under the control or power of someone or something else; bondage or slavery; a captivated or enthralled state

synonym : slave, captive, prisoner

(1) **thrall** to addiction, (2) keep the people in **thrall**

The cult leader held her followers in **thrall** with her charismatic speeches.

verve

n. energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal

synonym : energy, enthusiasm, vitality

(1) journalistic **verve**, (2) perform with **verve**

The artist's work is known for its vibrant colors and energetic **verve**.

devise

v. to come up with an idea, plan, theory, etc., using your intelligence or imagination

synonym : create, concoct, invent

(1) **devise** a plan, (2) **devise** a literary plot

They had to **devise** a system that did not depend on fossil fuels.

imaginative

adj. having or showing new and creative ideas

synonym: creative, innovative, inventive

(1) capable of **imaginative** creation, (2) **imaginative** as a child

She is a hard worker but not very **imaginative**.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

energize

v. to give energy or vitality to someone or something; to invigorate

synonym: invigorate, animate, electrify

(1) **energize** the body, (2) **energize** a team

The motivational speaker **energized** the crowd with their words.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

limitless

adj. without end, limit, or boundary; infinite

synonym: boundless, infinite, unrestricted

(1) for a **limitless** time, (2) **limitless** potential

The possibilities for scientific discovery are **limitless**.

nudge

- v. to push someone or something gently, especially with your elbow, to attract the person's attention; (noun) a small push or prod to encourage a desired action or behavior

synonym: bump, elbow, (noun) prod

(1) **nudge** price levels up, (2) give a person a **nudge**

The teacher **nudged** the student to get his attention and asked him a question.

outsource

- v. to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure

synonym: delegate, contract out, farm out

(1) **outsource** a non-core function, (2) **outsource** to India

The company decided to **outsource** its IT services to a third-party provider.

trade-off

- n. a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

synonym: compromise, balance, exchange

(1) **trade-off** problem, (2) environmental **trade-off**

There was a **trade-off** between speed and accuracy in the task.

app

- n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym: application, software

(1) killer **app**, (2) cannot log in to the **app**

The discovery of a critical bug caused the company to delay the **app's** release.

turbulence

- n. a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight

synonym: choppiness, tumult, agitation

(1) financial **turbulence**, (2) emotional **turbulence**

The ride on the rollercoaster was full of dips and turns, creating a feeling of **turbulence**.

teeter

v. to move or balance unsteadily, often in a way that suggests instability or danger; to waver or vacillate between two positions, opinions, or attitudes

synonym: wobble, totter, sway

(1) **teeter** on the edge, (2) **teeter** on the brink

The drunk man tried to **teeter** along the narrow bridge, almost falling into the river.

brink

n. the point at which something is about to happen; the edge of a steep place

synonym: edge, verge, threshold

(1) **brink** of war, (2) on the **brink**

We were on the **brink** of a financial crisis.

weep

v. to cry tears because of sadness, rage, or pain

synonym: cry, sob, mourn

(1) **weep** bitter tears, (2) **weep** for joy

I'm easily moved to tears, so I would **weep** in sympathy if I saw that movie.

stamina

n. the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively

synonym: endurance, staying power, resilience

(1) **stamina** training, (2) lose **stamina**

The athlete's **stamina** was tested during the grueling triathlon.

spurious

adj. false or fake; not genuine; appearing to be true but actually false; misleading

synonym: false, bogus, counterfeit

(1) **spurious** evidence, (2) **spurious** argument

The writer made **spurious** claims in their article, unsupported by any evidence.

uncharted

adj. not mapped or surveyed; unknown or unexplored; without a clear or definite course of action

synonym: unknown, unexplored, undiscovered

(1) **uncharted** wilderness, (2) **uncharted** waters

The explorer ventured into **uncharted** territory, not knowing what to expect.

inventive

adj. able to come up with novel and unique ideas

synonym: imaginative, creative, innovative

(1) have the **inventive** talent, (2) **inventive** approach

All language around the world is consistently **inventive** but not intrusive.

adrift

adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status

synonym: afloat, aimless, unanchored

(1) **adrift** boat, (2) **adrift** at sea

After their boat engine failed, they were left **adrift** in the middle of the ocean.

hone

v. to sharpen or perfect something; to improve a skill or ability through practice

synonym: sharpen, refine, perfect

(1) **hone** abilities, (2) **hone** intuition

The athlete worked with a coach to **hone** her techniques and improve her performance.

Session 2: Spelling

- | | | |
|--|------|--|
| 1. w__p bitter tears | v. | to cry tears because of sadness, rage, or pain |
| 2. th___l to addiction | n. | a state of being under the control or power of someone or something else; bondage or slavery; a captivated or enthralled state |
| 3. v_g out on the couch | n. | (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner; |
| 4. h__e abilities | v. | to sharpen or perfect something; to improve a skill or ability through practice |
| 5. di_____ct attention from the real issue | v. | to draw someone's attention away from what they are trying to do |
| 6. er_____te the deficit | v. | to get rid of or destroy something completely, especially something bad |
| 7. ine_____nt use | adj. | lacking the ability or skill and not making the best use of time, money, energy, etc. |
| 8. te___r on the brink | v. | to move or balance unsteadily, often in a way that suggests instability or danger; to waver or vacillate between two positions, opinions, or attitudes |
| 9. on the br__k | n. | the point at which something is about to happen; the edge of a steep place |

ANSWERS: 1. weep, 2. thrall, 3. veg, 4. hone, 5. distract, 6. eradicate, 7. inefficient, 8. teeter, 9. brink

10. an_____us result *adj.* deviating from what is standard or expected; unexpected or unusual in a way that is difficult to explain
11. for a li_____ss time *adj.* without end, limit, or boundary; infinite
12. in a re_____ss manner *adj.* marked by a lack of care about danger and the likely results of your actions
13. d__y authority *v.* to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
14. ou_____ce a non-core function *v.* to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure
15. have the in_____ve talent *adj.* able to come up with novel and unique ideas
16. tim_____ing project *adj.* requiring a significant amount of time or effort to complete
17. st_____d abuse *n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs
18. ou_____ce to India *v.* to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure
19. cause dis_____ate damage *adj.* too large or too small when compared with something else, or not deserving its importance or influence
20. li_____ss potential *adj.* without end, limit, or boundary; infinite

ANSWERS: 10. anomalous, 11. limitless, 12. reckless, 13. defy, 14. outsource, 15. inventive, 16. time-consuming, 17. steroid, 18. outsource, 19. disproportionate, 20. limitless

21. dis_____ate amount *adj.* too large or too small when compared with something else, or not deserving its importance or influence
22. de___e a plan *v.* to come up with an idea, plan, theory, etc., using your intelligence or imagination
23. financial tur_____ce *n.* a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight
24. an_____us behavior *adj.* deviating from what is standard or expected; unexpected or unusual in a way that is difficult to explain
25. emotional tur_____ce *n.* a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight
26. in_____ve approach *adj.* able to come up with novel and unique ideas
27. ba___e his plan *v.* to bewilder or perplex someone completely and to be unable to understand or explain something
28. en_____ze the body *v.* to give energy or vitality to someone or something; to invigorate
29. run a ba___y *n.* a place where bread and other baked goods are made and sold
30. ba___e outside noises *v.* to bewilder or perplex someone completely and to be unable to understand or explain something

ANSWERS: 21. disproportionate, 22. devise, 23. turbulence, 24. anomalous, 25. turbulence, 26. inventive, 27. baffle, 28. energize, 29. bakery, 30. baffle

31. br__k of war *n.* the point at which something is about to happen; the edge of a steep place
32. ad___t boat *adj.* without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
33. ba___y industry *n.* a place where bread and other baked goods are made and sold
34. er__e coast *v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time
35. social ou_____t *adj.* excluded or rejected from a society or a particular group; (noun) a person who is excluded or rejected from a society or a home
36. environmental tr_____ff *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
37. re_____ss driving *adj.* marked by a lack of care about danger and the likely results of your actions
38. un_____ed waters *adj.* not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
39. br_____y against the enemy *n.* courage in the face of danger
40. a st_____d hormone *n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

ANSWERS: 31. brink, 32. adrift, 33. bakery, 34. erode, 35. outcast, 36. trade-off, 37. reckless, 38. uncharted, 39. bravery, 40. steroid

50. keep the people in th___l *n.* a state of being under the control or power of someone or something else; bondage or slavery; a captivated or enthralled state
51. ima_____ve as a child *adj.* having or showing new and creative ideas
52. sp_____us evidence *adj.* false or fake; not genuine; appearing to be true but actually false; misleading
53. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do
54. treated as a pa___h *n.* an outcast or social reject; a person who is despised and avoided by society or a particular group
55. d__y gravity *v.* to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
56. st_____a training *n.* the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively
57. journalistic ve__e *n.* energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal
58. z__l for fitness *n.* great enthusiasm or passion for something; fervor; eagerness or intensity for a cause or purpose
59. discrimination against ou_____t people *adj.* excluded or rejected from a society or a particular group; (noun) a person who is excluded or rejected from a society or a home

ANSWERS: 50. thrall, 51. imaginative, 52. spurious, 53. distract, 54. pariah, 55. defy, 56. stamina, 57. verve, 58. zeal, 59. outcast

60. unf_____ng gaze *adj.* not showing fear or hesitation in the face of danger or adversity; steadfast and resolute
61. lose st_____a *n.* the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively
62. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
63. w__p for joy *v.* to cry tears because of sadness, rage, or pain
64. sp_____us argument *adj.* false or fake; not genuine; appearing to be true but actually false; misleading
65. br_____y under fire *n.* courage in the face of danger
66. unw_____ng commitment *adj.* not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment
67. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
68. su_____e to live *v.* to be enough or sufficient; to meet the needs or requirements of something or someone; to satisfy or fulfill a purpose
69. cannot log in to the a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

ANSWERS: 60. unflinching, 61. stamina, 62. app, 63. weep, 64. spurious, 65. bravery, 66. unwavering, 67. resilient, 68. suffice, 69. app

70. tim_____ing process *adj.* requiring a significant amount of time or effort to complete
71. en_____ze a team *v.* to give energy or vitality to someone or something; to invigorate
72. st___e commodities *adj.* essential, crucial, or regularly used
73. st___e crop *adj.* essential, crucial, or regularly used
74. unf_____ng commitment *adj.* not showing fear or hesitation in the face of danger or adversity; steadfast and resolute
75. tr_____ff problem *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
76. pa___h community *n.* an outcast or social reject; a person who is despised and avoided by society or a particular group
77. bl_____de opponent *v.* to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage
78. h___e intuition *v.* to sharpen or perfect something; to improve a skill or ability through practice
79. religious z___l *n.* great enthusiasm or passion for something; fervor; eagerness or intensity for a cause or purpose
80. ad___t at sea *adj.* without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
81. unw_____ng confidence *adj.* not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment

ANSWERS: 70. time-consuming, 71. energize, 72. staple, 73. staple, 74. unflinching, 75. trade-off, 76. pariah, 77. blindside, 78. hone, 79. zeal, 80. adrift, 81. unwavering

82. un_____ed wilderness *adj.* not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
83. perform with ve__e *n.* energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal
84. er_____te racial discrimination *v.* to get rid of or destroy something completely, especially something bad
85. capable of ima_____ve creation *adj.* having or showing new and creative ideas
86. bl_____de the audience *v.* to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage
87. ine_____nt management *adj.* lacking the ability or skill and not making the best use of time, money, energy, etc.
88. v_g pizza *n.* (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;

ANSWERS: 82. uncharted, 83. verve, 84. eradicate, 85. imaginative, 86. blindside, 87. inefficient, 88. veg

Session 3: Fill in the Blanks

1. The system is still so _____ that it is useless.
adj. lacking the ability or skill and not making the best use of time, money, energy, etc.
2. We were on the _____ of a financial crisis.
n. the point at which something is about to happen; the edge of a steep place
3. The explorer ventured into _____ territory, not knowing what to expect.
adj. not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
4. His _____ in the face of danger saved the lives of his comrades.
n. courage in the face of danger
5. Please don't _____ me while I'm studying.
v. to draw someone's attention away from what they are trying to do
6. We are trying to _____ this disease from the world.
v. to get rid of or destroy something completely, especially something bad
7. I like to keep a variety of fresh _____ in my fridge to make healthy meals easily.
n. (a short for "vegetables") a meal or diet that is primarily composed of plant-based foods; (verb) to relax, do nothing, or pass the time in a lazy or unproductive manner;
8. Writing a research paper can be a _____ task.
adj. requiring a significant amount of time or effort to complete

ANSWERS: 1. inefficient, 2. brink, 3. uncharted, 4. bravery, 5. distract, 6. eradicate, 7. veg, 8. time-consuming

9. All language around the world is consistently _____ but not intrusive.
adj. able to come up with novel and unique ideas
10. _____ youth makes rueful age.
adj. marked by a lack of care about danger and the likely results of your actions
11. The teacher _____ the student to get his attention and asked him a question.
v. to push someone or something gently, especially with your elbow, to attract the person's attention; (noun) a small push or prod to encourage a desired action or behavior
12. The number of COVID cases continued to _____ in many countries worldwide.
v. to grow or increase rapidly in number; to reproduce or spread rapidly, especially in an uncontrolled manner
13. The discovery of a critical bug caused the company to delay the _____ release.
n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
14. He was an _____ from the neighboring village.
adj. excluded or rejected from a society or a particular group; (noun) a person who is excluded or rejected from a society or a home
15. The drunk man tried to _____ along the narrow bridge, almost falling into the river.
v. to move or balance unsteadily, often in a way that suggests instability or danger; to waver or vacillate between two positions, opinions, or attitudes
16. The company decided to _____ its IT services to a third-party provider.
v. to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure

ANSWERS: 9. inventive, 10. Reckless, 11. nudged, 12. proliferate, 13. app's, 14. outcast, 15. teeter, 16. outsource

17. His _____ courage in the face of danger was impressive.
adj. not showing fear or hesitation in the face of danger or adversity; steadfast and resolute
18. The cult leader held her followers in _____ with her charismatic speeches.
n. a state of being under the control or power of someone or something else; bondage or slavery; a captivated or enthralled state
19. Being a whistleblower can often lead to becoming a social _____ in some industries.
n. an outcast or social reject; a person who is despised and avoided by society or a particular group
20. Some _____ are banned for use by athletes because of their muscle-building effects.
n. any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs
21. I'm easily moved to tears, so I would _____ in sympathy if I saw that movie.
v. to cry tears because of sadness, rage, or pain
22. They had to _____ a system that did not depend on fossil fuels.
v. to come up with an idea, plan, theory, etc., using your intelligence or imagination
23. The writer made _____ claims in their article, unsupported by any evidence.
adj. false or fake; not genuine; appearing to be true but actually false; misleading
24. The data from the study was _____ and unexpected.
adj. deviating from what is standard or expected; unexpected or unusual in a way that is difficult to explain

ANSWERS: 17. unflinching, 18. thrall, 19. pariah, 20. steroids, 21. weep, 22. devise, 23. spurious, 24. anomalous

25. She tried to _____ her parents by moving to the city against their wishes.
v. to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
26. My boss's criticism of my work _____ me during the meeting.
v. to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage
27. She is a _____ person and has always bounced back from setbacks.
adj. able to withstand or recover quickly from difficult conditions
28. The athlete's _____ was tested during the grueling triathlon.
n. the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively
29. After their boat engine failed, they were left _____ in the middle of the ocean.
adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
30. The artist's work is known for its vibrant colors and energetic _____.
n. energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal
31. He worked at the _____ as a baker.
n. a place where bread and other baked goods are made and sold
32. This big gate is _____ to the small hut.
adj. too large or too small when compared with something else, or not deserving its importance or influence

ANSWERS: 25. defy, 26. blindsided, 27. resilient, 28. stamina, 29. adrift, 30. verve, 31. bakery, 32. disproportionate

33. The ride on the rollercoaster was full of dips and turns, creating a feeling of _____.
- n.* a state of great disturbance, confusion, or uncertainty, often accompanied by violent or disruptive activity or behavior, such as air turbulence during a flight
34. The athlete worked with a coach to _____ her techniques and improve her performance.
- v.* to sharpen or perfect something; to improve a skill or ability through practice
35. The possibilities for scientific discovery are _____.
- adj.* without end, limit, or boundary; infinite
36. She is a hard worker but not very _____.
- adj.* having or showing new and creative ideas
37. The ongoing budget cuts have _____ the quality of education in many schools.
- v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time
38. The paradox _____ most philosophers.
- v.* to bewilder or perplex someone completely and to be unable to understand or explain something
39. She showed _____ loyalty to her friend through thick and thin.
- adj.* not changing or becoming weaker in any way; remaining steadily fixed or resolute in purpose or commitment
40. Would one cup of flour _____ for this recipe?
- v.* to be enough or sufficient; to meet the needs or requirements of something or someone; to satisfy or fulfill a purpose

ANSWERS: 33. turbulence, 34. hone, 35. limitless, 36. imaginative, 37. eroded, 38. baffled, 39. unwavering, 40. suffice

41. Rice and beans are a _____ food in many cultures.

adj. essential, crucial, or regularly used

42. The motivational speaker _____ the crowd with their words.

v. to give energy or vitality to someone or something; to invigorate

43. The athlete brought great _____ to every competition, striving to be the best.

n. great enthusiasm or passion for something; fervor; eagerness or intensity for a cause or purpose

44. There was a _____ between speed and accuracy in the task.

n. a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

ANSWERS: 41. staple, 42. energized, 43. zeal, 44. trade-off