

# Englist.me



## Vocabulary Builder Reference from...

Shannon Lee: What Bruce Lee can teach us about living fully | TED Talk

[https://www.ted.com/talks/shannon\\_lee\\_what\\_bruce\\_lee\\_can\\_teach\\_us\\_about\\_living\\_fully](https://www.ted.com/talks/shannon_lee_what_bruce_lee_can_teach_us_about_living_fully)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### radiance

*n.* a shining, brilliant light or glow; a bright or effulgent quality; an aura or distinct energy that emanates from a person or object

*synonym*: glow, brilliance, shine

(1) **radiance** of the sun, (2) facial **radiance**

The painting was full of vibrance and **radiance**, capturing the essence of the artist's talent.

### espouse

*v.* to adopt or support a particular belief, theory, or cause; to take up or support; to marry

*synonym*: adopt, support, embrace

(1) **espouse** a cause, (2) **espouse** an idea

She **espoused** the philosophy of non-violence.

### salvage

*n.* the act of saving or rescuing something from potential loss or destruction; the property or items that are saved or rescued in this way; (verb) to save, recover, or rescue something from a dangerous, damaged, or deteriorating situation

*synonym*: rescue, recovery

(1) **salvage** operation, (2) **salvage** a sunken ship

The **salvage** yard was full of old cars waiting to be scrapped.

## actualize

*v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention

*synonym*: realize, accomplish, effectuate

(1) **actualize** your ideas, (2) **actualize** the company's vision

I need to **actualize** my plan to make it a reality.

## incessant

*adj.* continuing without interruption; constant, unceasing, or unremitting

*synonym*: constant, unending, ceaseless

(1) **incessant** chatter, (2) **incessant** rain

The **incessant** barking of the dog next door kept me up all night.

## sloppy

*adj.* characterized by a lack of order or neatness; careless, disorganized, or careless in appearance or performance

*synonym*: messy, untidy, disheveled

(1) **sloppy** writing, (2) **sloppy** appearance

She looked **sloppy** in her wrinkled shirt and mismatched socks.

## chaotic

*adj.* without any order or organization; extremely disorganized, unpredictable, and confusing

*synonym*: disorderly, cluttered, topsy-turvy

(1) the **chaotic** economic situation, (2) **chaotic** theory

Change is also occurring in Turkey as a result of **chaotic** reform.

## subhuman

*adj.* less than human in nature, quality, or dignity; regarded as inferior to or unworthy of being fully human

*synonym*: inferior, substandard, primitive

(1) **subhuman** conditions, (2) **subhuman** species

The **subhuman** treatment of prisoners at the detention center was shocking and inhumane.

## embody

*v.* to represent or exemplify something; to give tangible form to an abstract idea

*synonym*: represent, exemplify, personify

(1) **embody** my goal, (2) **embody** a spirit of charity  
The company's new products **embody** the values of innovation and sustainability.

## **enlightenment**

*n.* education that results in understanding and the spread of knowledge

*synonym*: civilization, awareness, sophistication

(1) spiritual **enlightenment**, (2) **enlightenment** activity  
He finally brought his **enlightenment** to perfection.

## **excite**

*v.* to make someone feel suddenly enthusiastic or eager

*synonym*: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion  
The news of her promotion **excited** her.

## Session 2: Spelling

- |                           |      |   |
|---------------------------|------|---|
| 1. ex___e rebellion       | v.   | to make someone feel suddenly enthusiastic or eager   |
| 2. ex___e the crowd       | v.   | to make someone feel suddenly enthusiastic or eager   |
| 3. facial ra_____ce       | n.   | a shining, brilliant light or glow; a bright or effulgent quality; an aura or distinct energy that emanates from a person or object   |
| 4. spiritual enl_____ent  | n.   | education that results in understanding and the spread of knowledge   |
| 5. es_____e an idea       | v.   | to adopt or support a particular belief, theory, or cause; to take up or support; to marry  |
| 6. sa_____e a sunken ship | n.   | the act of saving or rescuing something from potential loss or destruction; the property or items that are saved or rescued in this way; (verb) to save, recover, or rescue something from a dangerous, damaged, or deteriorating situation |
| 7. su_____an conditions   | adj. | less than human in nature, quality, or dignity; regarded as inferior to or unworthy of being fully human  |
| 8. ra_____ce of the sun   | n.   | a shining, brilliant light or glow; a bright or effulgent quality; an aura or distinct energy that emanates from a person or object   |

ANSWERS: 1. excite, 2. excite, 3. radiance, 4. enlightenment, 5. espouse, 6. salvage, 7. subhuman, 8. radiance

9. em\_\_\_y a spirit of charity      *v.* to represent or exemplify something; to give tangible form to an abstract idea
10. sl\_\_\_y writing      *adj.* characterized by a lack of order or neatness; careless, disorganized, or careless in appearance or performance
11. in\_\_\_\_\_nt rain      *adj.* continuing without interruption; constant, unceasing, or unremitting
12. ac\_\_\_\_\_ze your ideas      *v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention
13. em\_\_\_y my goal      *v.* to represent or exemplify something; to give tangible form to an abstract idea
14. the ch\_\_\_\_c economic situation      *adj.* without any order or organization; extremely disorganized, unpredictable, and confusing
15. enl\_\_\_\_\_ent activity      *n.* education that results in understanding and the spread of knowledge
16. ac\_\_\_\_\_ze the company's vision      *v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention
17. su\_\_\_\_an species      *adj.* less than human in nature, quality, or dignity; regarded as inferior to or unworthy of being fully human
18. ch\_\_\_\_c theory      *adj.* without any order or organization; extremely disorganized, unpredictable, and confusing
19. es\_\_\_\_\_e a cause      *v.* to adopt or support a particular belief, theory, or cause; to take up or support; to marry

ANSWERS: 9. embody, 10. sloppy, 11. incessant, 12. actualize, 13. embody, 14. chaotic, 15. enlightenment, 16. actualize, 17. subhuman, 18. chaotic, 19. espouse

20. sl\_\_\_y appearance *adj.* characterized by a lack of order or neatness; careless, disorganized, or careless in appearance or performance
21. in\_\_\_\_\_nt chatter *adj.* continuing without interruption; constant, unceasing, or unremitting
22. sa\_\_\_\_\_e operation *n.* the act of saving or rescuing something from potential loss or destruction; the property or items that are saved or rescued in this way; (verb) to save, recover, or rescue something from a dangerous, damaged, or deteriorating situation

ANSWERS: 20. sloppy, 21. incessant, 22. salvage

## Session 3: Fill in the Blanks

1. The company's new products \_\_\_\_\_ the values of innovation and sustainability.  
*v.* to represent or exemplify something; to give tangible form to an abstract idea
  
2. He finally brought his \_\_\_\_\_ to perfection.  
*n.* education that results in understanding and the spread of knowledge
  
3. I need to \_\_\_\_\_ my plan to make it a reality.  
*v.* to make real or concrete; to bring into existence or implementation; to fulfill or realize a potential or intention
  
4. The painting was full of vibrance and \_\_\_\_\_ capturing the essence of the artist's talent.  
*n.* a shining, brilliant light or glow; a bright or effulgent quality; an aura or distinct energy that emanates from a person or object
  
5. The \_\_\_\_\_ treatment of prisoners at the detention center was shocking and inhumane.  
*adj.* less than human in nature, quality, or dignity; regarded as inferior to or unworthy of being fully human
  
6. The news of her promotion \_\_\_\_\_ her.  
*v.* to make someone feel suddenly enthusiastic or eager
  
7. She \_\_\_\_\_ the philosophy of non-violence.  
*v.* to adopt or support a particular belief, theory, or cause; to take up or support; to marry

ANSWERS: 1. embody, 2. enlightenment, 3. actualize, 4. radiance, 5. subhuman, 6. excited, 7. espoused

8. She looked \_\_\_\_\_ in her wrinkled shirt and mismatched socks.

*adj.* characterized by a lack of order or neatness; careless, disorganized, or careless in appearance or performance

9. The \_\_\_\_\_ barking of the dog next door kept me up all night.

*adj.* continuing without interruption; constant, unceasing, or unremitting

10. Change is also occurring in Turkey as a result of \_\_\_\_\_ reform.

*adj.* without any order or organization; extremely disorganized, unpredictable, and confusing

11. The \_\_\_\_\_ yard was full of old cars waiting to be scrapped.

*n.* the act of saving or rescuing something from potential loss or destruction; the property or items that are saved or rescued in this way; (verb) to save, recover, or rescue something from a dangerous, damaged, or deteriorating situation

ANSWERS: 8. sloppy, 9. incessant, 10. chaotic, 11. salvage