

# Englist.me



## Vocabulary Builder Reference from...

*Carolyn Beans: Food expiration dates don't mean what you think | TED Talk*

[https://www.ted.com/talks/carolyn\\_beans\\_food\\_expiration\\_dates\\_don\\_t\\_mean\\_what\\_you\\_think](https://www.ted.com/talks/carolyn_beans_food_expiration_dates_don_t_mean_what_you_think)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### crunch

*n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation

*synonym*: crushing, snapping, crisis

(1) financial **crunch**, (2) a gas **crunch**

The **crunch** of the leaves underfoot was heard as they walked through the park.

### offend

*v.* to cause someone to feel upset, angry, or annoyed

*synonym*: insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer

His rude comments **offended** many people at the party.

### grocer

*n.* a person who owns a shop that sells foodstuffs and some household supplies

*synonym*: storekeeper

(1) a green- **grocer**, (2) an old **grocer**

The natural foods **grocer** took advantage of the recent vegan craze.

### stale

*adj.* no longer fresh, new, or interesting; dull or uninteresting

*synonym*: old, uninteresting, dull

(1) a **stale** joke, (2) **stale** smell

The bread was **stale** and not fit for eating.

## bulge

v. to protrude or extend outward

*synonym*: protrude, swell, expand

(1) **bulge** at the enterprise, (2) **bulge** with books

The muscles in his arm **bulged** as he lifted the heavyweights.

## poisonous

*adj.* containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction

*synonym*: toxic, venomous, deadly

(1) **poisonous** plants, (2) **poisonous** chemicals

Some species of **poisonous snakes** can be deadly to humans if bitten.

## indefinitely

*adv.* without any fixed or definite limit; for an unknown or unspecified period of time

*synonym*: endlessly, permanently, perpetually

(1) postpone a meeting **indefinitely**, (2) **indefinitely** suspended

The construction project has been delayed **indefinitely** due to the pandemic.

## refrigerate

v. to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

*synonym*: chill, cool, freeze

(1) **refrigerate** perishable, (2) **refrigerate** medicine

We need to **refrigerate** the leftovers to keep them from spoiling.

## spoil

v. to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad

*synonym*: rot, decay, deteriorate

(1) **spoil** a person's sport, (2) **spoil** the surprise

If you leave the milk out of the refrigerator for too long, it will

**spoil.**

**slimy**

*adj.* covered with or having a slippery, viscous coating; repulsively slippery or oozy; containing or resembling slime

*synonym* : slippery, mucky, mucous

(1) **slimy** substance, (2) **slimy** green algae

The **slimy** texture of the seafood dish made me feel queasy.

**mold**

*n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long

*synonym* : cavity, cast, mildew

(1) a casting **mold**, (2) **mold** allergy

Mushrooms and **mold** are fungi.

**pasteurize**

*v.* to heat something (such as milk) to a specific temperature for a set amount of time to destroy microorganisms that can cause spoilage or illness; to make something safe for consumption or use by eliminating harmful bacteria or other pathogens

*synonym* : sterilize, cleanse

(1) **pasteurize** milk, (2) **pasteurize** beer

It is advisable to **pasteurize** all homemade sauces to prevent the growth of bacteria.

**pathogen**

*n.* a bacterium, virus, or other microorganism that causes disease

*synonym* : germ, microbe, bacterium

(1) plant **pathogen**, (2) the **pathogen** in the air

mRNA vaccines are approved faster because they do not contain inactivated **pathogens**.

**edible**

*adj.* fit or safe to be eaten; able to be consumed as food

*synonym* : esculent, comestible, digestible

(1) non- **edible** ingredients, (2) **edible** vegetables  
I made sure to pick only **edible** mushrooms for our dinner.

## **incentivize**

*v.* to make someone want to do in a particular way by offering them a reward

*synonym* : encourage, motivate

(1) **incentivize** carpooling, (2) **incentivize** the right behavior  
Governments **incentivize** their citizens to buy eco-friendly products through subsidies.

## **compost**

*n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil

*synonym* : fertilizer, humus, manure

(1) organic **compost**, (2) **compost** pile  
You can add coffee grounds and crushed eggshells to your **compost** to improve the pH balance.

## Session 2: Spelling

1. sp\_\_l the surprise  
*v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
2. pas\_\_\_\_\_ze milk  
*v.* to heat something (such as milk) to a specific temperature for a set amount of time to destroy microorganisms that can cause spoilage or illness; to make something safe for consumption or use by eliminating harmful bacteria or other pathogens
3. ed\_\_\_e vegetables  
*adj.* fit or safe to be eaten; able to be consumed as food
4. po\_\_\_\_\_us chemicals  
*adj.* containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction
5. sp\_\_l a person's sport  
*v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
6. co\_\_\_\_\_t pile  
*n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
7. sl\_\_y substance  
*adj.* covered with or having a slippery, viscous coating; repulsively slippery or oozy; containing or resembling slime

ANSWERS: 1. spoil, 2. pasteurize, 3. edible, 4. poisonous, 5. spoil, 6. compost, 7. slimy

8. of\_\_\_d his sensibilities      *v.* to cause someone to feel upset, angry, or annoyed
9. pas\_\_\_\_\_ze beer      *v.* to heat something (such as milk) to a specific temperature for a set amount of time to destroy microorganisms that can cause spoilage or illness; to make something safe for consumption or use by eliminating harmful bacteria or other pathogens
10. bu\_\_e with books      *v.* to protrude or extend outward
11. po\_\_\_\_\_us plants      *adj.* containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction
12. organic co\_\_\_\_\_t      *n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
13. plant pa\_\_\_\_\_en      *n.* a bacterium, virus, or other microorganism that causes disease
14. an old gr\_\_\_\_r      *n.* a person who owns a shop that sells foodstuffs and some household supplies
15. a st\_\_e joke      *adj.* no longer fresh, new, or interesting; dull or uninteresting
16. ref\_\_\_\_\_te medicine      *v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

ANSWERS: 8. offend, 9. pasteurize, 10. bulge, 11. poisonous, 12. compost, 13. pathogen, 14. grocer, 15. stale, 16. refrigerate

17. ind\_\_\_\_\_ely suspended *adv.* without any fixed or definite limit; for an unknown or unspecified period of time
18. postpone a meeting ind\_\_\_\_\_ely *adv.* without any fixed or definite limit; for an unknown or unspecified period of time
19. non-ed\_\_\_e ingredients *adj.* fit or safe to be eaten; able to be consumed as food
20. sl\_\_y green algae *adj.* covered with or having a slippery, viscous coating; repulsively slippery or oozy; containing or resembling slime
21. a gas cr\_\_\_h *n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
22. financial cr\_\_\_h *n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
23. m\_\_d allergy *n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
24. inc\_\_\_\_\_ze carpooling *v.* to make someone want to do in a particular way by offering them a reward
25. of\_\_\_d a customer *v.* to cause someone to feel upset, angry, or annoyed
26. a green-gr\_\_\_r *n.* a person who owns a shop that sells foodstuffs and some household supplies

ANSWERS: 17. indefinitely, 18. indefinitely, 19. edible, 20. slimy, 21. crunch, 22. crunch, 23. mold, 24. incentivize, 25. offend, 26. grocer

27. inc\_\_\_\_\_ze the right behavior      *v.* to make someone want to do in a particular way by offering them a reward
28. a casting m\_\_d      *n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
29. the pa\_\_\_\_\_en in the air      *n.* a bacterium, virus, or other microorganism that causes disease
30. st\_\_e smell      *adj.* no longer fresh, new, or interesting; dull or uninteresting
31. bu\_\_e at the enterprise      *v.* to protrude or extend outward
32. ref\_\_\_\_\_te perishable      *v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

ANSWERS: 27. incentivize, 28. mold, 29. pathogen, 30. stale, 31. bulge, 32. refrigerate



## Session 3: Fill in the Blanks

1. His rude comments \_\_\_\_\_ many people at the party.  
*v.* to cause someone to feel upset, angry, or annoyed
2. The natural foods \_\_\_\_\_ took advantage of the recent vegan craze.  
*n.* a person who owns a shop that sells foodstuffs and some household supplies
3. Governments \_\_\_\_\_ their citizens to buy eco-friendly products through subsidies.  
*v.* to make someone want to do in a particular way by offering them a reward
4. If you leave the milk out of the refrigerator for too long, it will \_\_\_\_\_.  
*v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
5. The \_\_\_\_\_ texture of the seafood dish made me feel queasy.  
*adj.* covered with or having a slippery, viscous coating; repulsively slippery or oozy; containing or resembling slime
6. The construction project has been delayed \_\_\_\_\_ due to the pandemic.  
*adv.* without any fixed or definite limit; for an unknown or unspecified period of time
7. The muscles in his arm \_\_\_\_\_ as he lifted the heavyweights.  
*v.* to protrude or extend outward
8. We need to \_\_\_\_\_ the leftovers to keep them from spoiling.  
*v.* to cool or preserve food or other items by using a refrigerator or other cold storage device; to keep something at a low temperature to prevent spoilage or degradation

ANSWERS: 1. offended, 2. grocer, 3. incentivize, 4. spoil, 5. slimy, 6. indefinitely, 7. bulged, 8. refrigerate

9. I made sure to pick only \_\_\_\_\_ mushrooms for our dinner.

*adj.* fit or safe to be eaten; able to be consumed as food

10. Mushrooms and \_\_\_\_\_ are fungi.

*n.* a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long

11. The bread was \_\_\_\_\_ and not fit for eating.

*adj.* no longer fresh, new, or interesting; dull or uninteresting

12. It is advisable to \_\_\_\_\_ all homemade sauces to prevent the growth of bacteria.

*v.* to heat something (such as milk) to a specific temperature for a set amount of time to destroy microorganisms that can cause spoilage or illness; to make something safe for consumption or use by eliminating harmful bacteria or other pathogens

13. You can add coffee grounds and crushed eggshells to your \_\_\_\_\_ to improve the pH balance.

*n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil

14. Some species of \_\_\_\_\_ can be deadly to humans if bitten.

*adj.* containing or producing toxic substances; harmful or dangerous to living beings, often causing illness, injury, or death; capable of causing serious harm or destruction

15. The \_\_\_\_\_ of the leaves underfoot was heard as they walked through the park.

*n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation

ANSWERS: 9. edible, 10. mold, 11. stale, 12. pasteurize, 13. compost, 14. poisonous snakes, 15. crunch

16. mRNA vaccines are approved faster because they do not contain inactivated \_\_\_\_\_.
- n.* a bacterium, virus, or other microorganism that causes disease

ANSWERS: 16. pathogens