Englist.me

Vocabulary Builder Reference from...

Nanfu Wang: What it was like to grow up under

China's one-child policy | TED Talk

https://www.ted.com/talks/nanfu_wang_what_it_was_

like_to_grow_up_under_china_s_one_child_policy



All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

announce

v. to make something known or officially inform people about something

synonym: disclose, declare, broadcast

(1) **announce** candidacy, (2) **announce** the award winners. The third season of the anime show has been **announced**.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

sterilize

v. to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation

synonym: disinfect, sanitize, cleanse

(1) **sterilize** chemically, (2) **sterilize** surfaces

The nurse **sterilized** the instruments before the surgery to prevent any infections.

grandchild

- n. a child of someone's son or daughtersynonym: offspring, descendant, progeny
- (1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed The corporation **eventually** dominated the entire tobacco business.

substantial

adj. fairly large in size, value, or importance synonym: significant, notable, actual

(1) a **substantial** amount of capital, (2) have a **substantial** meal

The pandemic was a **substantial** business opportunity for certain companies.

surround

- v. to be all around something or somebody synonym: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace On three sides, mountains **surround** the settlement.

sham

 something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham** The data he prepared was completely **sham**.

guilt

 the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

synonym: regret, remorse, blame

(1) criminal **guilt**, (2) feeling of **guilt**Shame and **guilt** have significant social influences.

perspective

a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle His father's death changed his whole **perspective** on life.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) permit application, (2) work permit

The teacher will not **permit** any students to leave the classroom early.

government

 the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options synonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

documentary

 a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

synonym: film, broadcast, doco

(1) a **documentary** film, (2) **documentary** proof He won an award for that short **documentary**.

midwife

 a person trained to assist women during childbirth and to provide care for the mother and baby

synonym: obstetrician, gynecologist, accoucheuse

(1) professional midwife, (2) serve as midwife

The clinical **midwife** assisted with the delivery of the baby.

delivery

the act of taking or sending something to a destination;
 the bringing of a baby during childbirth

synonym: sending, transporting, bringing

(1) an easy **delivery**, (2) special **delivery**

The **delivery** truck arrived with the packages.

abortion

 the intentional termination of a pregnancy at an early stage

synonym: miscarriage

(1) **abortion** doctor, (2) the highly charged issue of **abortion**

We strongly oppose the **abortion** ban.

fetus

- an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
- (1) development of the **fetus**, (2) an aborted **fetus**The female vagina is elastic enough to allow the passage of a **fetus**.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- survive a blizzard, (2) survive a plane crash
 These birds can only survive in temperate climates.

tremble

v. to shake slightly in a way that you cannot control, for example, because you are frightened, angry, or excited, or because of illness

synonym: shiver, flutter, quaver

(1) **tremble** in fear, (2) **tremble** violently with emotion When I heard the news, my whole body **trembled** with

excitement.

shock

 a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym: amazement, surprise, stunner

(1) death from shock, (2) shock-resistant

He got an electric **shock** at work.

perpetrator

a person who carries out a harmful or illegal act,
 particularly one that involves violence or deception

synonym: culprit, wrongdoer, offender

(1) perpetrator identity, (2) culprit perpetrator

The police have not yet caught the **perpetrator** of the crime.

victim

 a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

synonym: prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

consequence

 the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

decor

 the arrangement and style of the furniture, art, and other items in a room or building, used to create a particular atmosphere or aesthetic

synonym: ornamentation, embellishment, adornment

(1) tropical **decor**, (2) **decor** styles

The **decor** of the restaurant gave it a cozy and inviting feel.

elaborate

 adj. containing a lot of carefully prepared and organized or many complicated and detailed parts

synonym: detailed, intricate, complicated

(1) an **elaborate** hat, (2) **elaborate** Ponzi scheme

He proposed an **elaborate** program of public works.

homemade

adj. made at home rather than in a factory or workshop

synonym: self-made

(1) homemade article, (2) homemade bread

I prefer **homemade** cookies over store-bought ones.

infertile

adj. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

synonym: barren, sterile, unproductive

(1) infertile woman, (2) infertile land

The soil in the desert is **infertile**, making it difficult to grow crops.

counteract

v. to act against something to reduce its bad or harmful effects or neutralize it

synonym: balance, offset, compensate

(1) **counteract** the effect of poison, (2) **counteract** global warming

Our body's immune system produces antibodies to **counteract** disease.

survival

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym: endurance, continuity

(1) survival ability, (2) survival food

He evaluated his chances for survival rather pessimistically.

propaganda

 information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology

synonym: disinformation, misinformation, publicity

(1) propaganda campaign, (2) self-serving propaganda

The government used **propaganda** pictures to spread its message of national unity.

praise

 an expression that shows approval and admiration of the achievements or characteristics of someone or something

synonym: acclaim, honor, commendation

attain critical praise,
 universal praise
 the drama series mainly received praise.

refuse

- v. to show that one is not willing to do or accept something synonym: turn down, deny, decline
- (1) **refuse** a request, (2) **refuse** the company My initial reaction was to **refuse**.

arrest

v. to take into custody

synonym: capture, detain, imprison

(1) **arrest** the thief, (2) **arrest** the progress

A police officer has the authority to **arrest** a criminal.

threat

 a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic threat, (2) environmental threat

The **threat** of severe weather prompted the city to issue an evacuation warning.

disobedient

adj. refusing to follow the rules or orders, often deliberately or defiantly; showing a lack of respect for authority or established norms

synonym: insubordinate, unruly, defiant

(1) disobedient attitude, (2) disobedient dog

The **disobedient** child refused to clean up after themselves despite constant requests from their parents.

seep

- v. to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually synonym: leak, ooze, trickle
- (1) **seep** cool and moist air, (2) **seep** into paper
 The rain began to **seep** through the roof, causing damage to the walls and floors.

embarrass

- v. to cause someone to feel awkward, worried, or ashamed synonym: disconcert, unsettle, agitate
- (1) **embarrass** political enemy, (2) **embarrass** my project He looked for an opportunity to **embarrass** that actor in public.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life The former emperor had a particular **influence** even after he abdicated.

willingness

- n. the state of being ready or inclined to do somethingsynonym: readiness, eagerness, enthusiasm
- (1) **willingness** to help, (2) indicate a **willingness** to change

Her willingness to help others earned her many friends.

sacrifice

n. the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

synonym: forfeit, immolation, gift

(1) small **sacrifice** for a great cause, (2) **sacrifice** anything to get ahead

You cannot accomplish great things without a **sacrifice** of your time or money.

twist

- v. to bend or turn something into a certain shape synonym: wrench, turn, twirl
- (1) **twist** around to the left, (2) **twist** a wet towel He **twisted** pieces of rope out of straw.

tragic

- adj. causing great sadness or suffering; very unfortunate synonym: calamitous, disastrous, catastrophic
- (1) tragic love stories, (2) tragic deathThe tragic events of the war left many families torn apart.

suppose

- v. to think that something is likely to be actual or possible synonym: guess, assume, presume
- (1) **suppose** you're right, (2) **suppose** beforehand What do you **suppose** the culprit's motive was?

recognize

- to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
- synonym: acknowledge, identify, admit
- (1) **recognize** talent, (2) **recognize** achievement It's important to **recognize** your strengths and weaknesses.

plain

- adj. without being decorated in any way; (Noun) a vast expanse of flat land with few trees
- synonym: basic, straight, bare
- (1) plain answer, (2) delta plain

The lowest lowland region is mostly flat plain.

sight

n. the ability to see; anything that is seen

(1) an unexpected sight, (2) dull sight

- synonym: vision, spectacle, view
- Many famous **sights** are within walking distance.

commerce

 n. the activity of buying and selling things, especially on a large scale

synonym: trade, transaction, dealings

(1) interstate **commerce**, (2) the local chamber of **commerce**

This company has invested heavily in Internet **commerce**.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body Infants and pregnant women are particularly **vulnerable**.

replace

- v. to take the place of somethingsynonym: substitute, supersede, displace
- (1) **replace** one word with another, (2) **replace** a phone Eventually, the new design will **replace** all older models.

Session 2: Spelling

1.	sund a town	<i>v</i> .	to be all around something or somebody
2.	hode article	adj.	made at home rather than in a factory or workshop
3.	an elte hat	adj.	containing a lot of carefully prepared and organized or many complicated and detailed parts
4.	twt around to the left	<i>v</i> .	to bend or turn something into a certain shape
5.	pet application	<i>v</i> .	to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
6.	attain critical pre	n.	an expression that shows approval and admiration of the achievements or characteristics of someone or something
7.	vulle parts of the body	adj.	capable of being hurt or influenced physically or mentally
8.	a sm battle	n.	something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
9.	a stone wall sunds the palace	<i>v</i> .	to be all around something or somebody
10.	emss political enemy	ν.	to cause someone to feel awkward, worried, or ashamed

ANSWERS: 1. surround, 2. homemade, 3. elaborate, 4. twist, 5. permit, 6. praise, 7. vulnerable, 8. sham, 9. surround, 10. embarrass

14. an____ce the award winners ν . to make something known or officially inform people about something

n. the ability to see; anything that is seen

actual or possible

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

v. to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually

 information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology

 a person trained to assist women during childbirth and to provide care for the mother and baby

 the state of continuing to exist or live, frequently in the face of difficulty or danger

15. an unexpected si_t 16. environmental th t 17. s p cool and moist air 18. self-serving pro da 19. serve as mi___e 20. su____al ability

ANSWERS: 11. disobedient, 12. tragic, 13. suppose, 14. announce, 15. sight, 16. threat, 17. seep, 18. propaganda, 19. midwife, 20. survival

ANSWERS: 21. recognize, 22. recognize, 23. sight, 24. praise, 25. perspective, 26. twist, 27. policy, 28. decide, 29. willingness

ANSWERS: 30. arrest, 31. vulnerable, 32. eventually, 33. influence, 34. tragic, 35. plain, 36. disobedient, 37. consequence, 38. infertile, 39. sacrifice

surrendering a possession as an offering to a deity; (verb) to give up

that seems more important

something important or valuable to help another person or get or do something

ANSWERS: 40. infertile, 41. suppose, 42. perpetrator, 43. sterilize, 44. victim, 45. elaborate, 46. threat, 47. decor, 48. fetus

adj. without being decorated in any way; 49. pl n answer (Noun) a vast expanse of flat land with few trees 50. cou____ct global warming to act against something to reduce its ν. bad or harmful effects or neutralize it 51. de e on a course of action to make up someone's mind about ν. something; to come to a conclusion or judgment after considering options 52. s_p into paper to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually 53. a sub____al amount of capital adj. fairly large in size, value, or importance 54. pro____da campaign information, ideas, or claims spread to n. influence public opinion or promote a particular cause or ideology 55. work pe t to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization to show that one is not willing to do or 56. re e the company accept something 57. re___e a request to show that one is not willing to do or ν. accept something 58. ab___on doctor the intentional termination of a n. pregnancy at an early stage 59. development of the fe s an unborn or unhatched animal in the later stages of development showing the main recognizable features of the

ANSWERS: 49. plain, 50. counteract, 51. decide, 52. seep, 53. substantial, 54. propaganda, 55. permit, 56. refuse, 57. refuse, 58. abortion, 59. fetus

mature animal

ANSWERS: 70. survive, 71. homemade, 72. grandchild, 73. substantial, 74. willingness, 75. perpetrator, 76. tremble, 77. tremble, 78. influence, 79. shock, 80. guilt

during childbirth

88. professional mi___e

n. a person trained to assist women during childbirth and to provide care for the mother and baby

 the act of taking or sending something to a destination; the bringing of a baby during childbirth

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

ANSWERS: 81. victim, 82. government, 83. replace, 84. announce, 85. counteract,

86. policy, 87. delivery, 88. midwife, 89. delivery, 90. eventually

89. an easy de ry

90. eve ly become obsolete

done something wrong

100. tropical de__r

n. the arrangement and style of the furniture, art, and other items in a room or building, used to create a particular atmosphere or aesthetic

illegal; the negative feelings caused by

believing or knowing that you have

ANSWERS: 91. grandchild, 92. survive, 93. survival, 94. shock, 95. perspective, 96. arrest, 97. documentary, 98. commerce, 99. guilt, 100. decor

Vocab-Builder Ref from "Nanfu Wang: What it was like to grow up under China's one-child policy TED Talk" (50 word	3)
ANSWERS:	

Session 3: Fill in the Blanks

1.	The pandemic was a	business	opportunity for certain compani	es.
adj	i. fairly large in size, value, or i	importance		
	The grandparents take care of		while the parents are at wo	rk.
n.	a child of someone's son or o	daugnter		
3.	The of the crime desertrauma.	rves justice and	support to recover from the	
n.	a person who has been harm particular action, circumstand	•	otherwise negatively affected b	уа
4.	The government usedunity.	pictures to	spread its message of national	al
n.	information, ideas, or claims particular cause or ideology	spread to influe	nce public opinion or promote	а
5.	The nurse the insinfections.	struments before	e the surgery to prevent any	
<i>v</i> .	to make something free of al using heat, chemicals, or rad		specially bacteria or viruses, by	<i>(</i>
6.	The rain began to throug	gh the roof, caus	sing damage to the walls and flo	ors.
<i>v</i> .	to flow or leak slowly and gra or trickle out gradually	adually through s	small openings or spaces; to o	oze
7.	It's important to yo	our strengths and	d weaknesses.	
ν.	to acknowledge or realize so become aware of something	•	eone; to identify, remember, or usly known or encountered	,
ANSWERS: 1. substantial, 2. grandchild, 3. victim, 4. propaganda, 5. sterilized, 6. seep, 7. recognize				

24.	The police have not yet caught the of the crime.			
n.	a person who carries out a harmful or illegal act, particularly one that involves violence or deception			
25.	Eventually, the new design will all older models.			
<i>v</i> .	to take the place of something			
26.	The drama series mainly received			
n.	an expression that shows approval and admiration of the achievements or characteristics of someone or something			
27.	These birds can only in temperate climates.			
ν.	to live or exist despite a dangerous event or period			
28.	He won an award for that short			
n.	a film or a radio or television program that gives facts and information about a subject; of or derived from official documents			
29.	The data he prepared was completely			
n.	something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not			
30.	The corporation dominated the entire tobacco business.			
adv	v. finally, particularly after a long time or a lot of struggle, complications, and so on			
31.	Many famous are within walking distance.			
n.	the ability to see; anything that is seen			
ANSWERS: 24. perpetrator, 25. replace, 26. praise, 27. survive, 28. documentary, 29 sham, 30. eventually, 31. sights				

48. n.	His father's death changed his whole on life. a confident attitude toward something; a particular style of thinking about something		
	A police officer has the authority to a criminal. to take into custody		
	My initial reaction was to to show that one is not willing to do or accept something		
ANSWERS: 48. perspective, 49. arrest, 50. refuse			