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Vocabulary Builder Reference from...

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Advanced Words Only

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Session 1: Word List

meadowlark

n. a type of bird found in North America, known for its distinctively beautiful and melodic song

(1) **meadowlark** conservation, (2) **meadowlark** nest

I heard the beautiful song of a **meadowlark** perched on a nearby branch.

perch

v. to sit, stand, or rest on something, particularly a narrow or elevated surface; to position oneself confidently or dominantly; to place something in a high or elevated position; (noun) a branch or other elevated place where a bird can rest or roost

synonym : sit, roost, squat

(1) **perch** on a ledge, (2) **perch** of a bird of prey

The bird **perched** on the branch, watching the world below.

songbird

n. a bird with a musical call, such as a blackbird or thrush

synonym : songster

(1) migratory **songbird**, (2) tropical **songbird**

Federal law protects the majority of **songbirds**.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym : confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

illumination

n. light or source of light; the degree of visibility of your environment

synonym : light, luminosity, brightness

(1) starry **illumination**, (2) indirect **illumination**

The skylight will give adequate **illumination** from above.

hue

n. the quality of a color as determined by its dominant wavelength

synonym : dye, tint, coloring

(1) the **hues** of a rainbow, (2) **hue** change

To achieve a warmer **hue**, add orange paint.

glare

v. to shine with a bright, harsh, or dazzling light; to stare fiercely or angrily, often with a piercing or threatening gaze; (noun) a strong, bright, and often harsh or uncomfortable light that can be blinding or difficult to look at directly

synonym : glower, stare, scowl

(1) the **glare** of the sun, (2) **glare** at my opponent

The sun **glared** down on us, making it difficult to see without squinting our eyes.

trespass

v. to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space

synonym : intrude, invade, encroach

(1) **trespass** against his rights, (2) **trespass** into the country's waters

The sign warns visitors not to **trespass** on private property.

illuminate

v. to light something or to make something lighter or brighter; to make something free from confusion or ambiguity

synonym : brighten, light, adorn

(1) **illuminate** a dark hall, (2) **illuminate** my understanding

That biologist **illuminated** the mechanism of heredity.

envision

v. to imagine or expect what a situation will be like in the future

synonym: anticipate, foresee, picture

(1) **envision** the future, (2) **envision** the project's success
We cannot **envision** her as President.

blackout

n. a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness

synonym: outage, failure, knockout

(1) media **blackout**, (2) memory **blackout**

The nationwide **blackout** caused widespread power outages and disrupted daily life.

tuck

v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

synonym: insert, wrap, pinch

(1) **tuck** a baby in the blanket, (2) **tuck** into another cigarette

You should **tuck** your shirt into your trousers.

crevice

n. a long narrow depression or opening in a surface of rock or wall

synonym: crack, chink, slit

(1) small **crevices**, (2) peep through a **crevice**

He wedged a knife into the **crevice**

unintended

adj. not planned or meant

synonym: accidental, unconsenting, involuntary

(1) **unintended** bias, (2) **unintended** misunderstanding

Excessive human interference in the global environment may bring **unintended** consequences.

depict

v. to illustrate someone or something in a photograph
synonym: illustrate, describe, express

(1) **depict** a scene, (2) **depict** a feeling of isolation
His son had accurately **depicted** the bloom.

stargaze

v. to gaze at the stars, especially at night; to daydream or fantasize:

synonym: observe, daydream, woolgather

(1) **stargaze** on the roof, (2) **stargaze** in wonder
We like to **stargaze** on clear summer nights and try to identify as many constellations as we can.

observatory

n. a building designed and equipped to observe the planets, the stars, the weather, etc.

(1) space **observatory**, (2) a meteorological **observatory**
That astronomical **observatory** stands at the top of the mountain.

skyline

n. the outline of buildings and other structures against the sky, especially when viewed from a distance

synonym: silhouette, cityscape, horizon

(1) **skyline** view, (2) downtown **skyline**
The **skyline** of the city was dotted with tall buildings.

nocturnal

adj. relating to or occurring in the night; active or awake during the night

synonym: nighttime, nightly, after-dark

(1) **nocturnal** insects, (2) **nocturnal** habits
Nocturnal animals, such as owls and bats, are active at night.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark
The phone rang at the most **opportune** time.

moonflower

n. a type of flowering plant that typically blooms at night or in the early morning and is known for its fragrant scent and large, showy blooms

synonym : ipomoea, nocturnal flower, morning glory

(1) purple **moonflower**, (2) night-blooming **moonflower**

The **moonflower** vines can climb up to 15 feet tall.

owl

n. a nocturnal bird of prey with large eyes, a facial disc, and typically a loud hooting call

synonym : raptor, bird of prey, nocturnal bird

(1) a night **owl**, (2) an **owl** hooted

The snowy **owl** is a large, white bird often seen in the Arctic.

melatonin

n. a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles

synonym : pineal hormone, sleep hormone, chronobiotic

(1) disrupt **melatonin** production, (2) **melatonin** receptor

A **melatonin** supplement can help regulate sleep-wake cycles in people with insomnia.

antioxidant

n. a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

(1) high levels of **antioxidants**, (2) **antioxidant** behavior

Fruits and vegetables are good sources of **antioxidants**.

Alzheimer

n. a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

synonym : dementia, memory loss, cognitive decline

(1) **Alzheimer's** brain, (2) **Alzheimer's** risk factors

My grandmother has **Alzheimer's** disease requires special care and attention from her caregivers.

impair

v. to damage something or make it weaker or worse

synonym : degrade, mar, deface

(1) **impair** my health, (2) **impair** insulin sensitivity

The accident made his vision **impaired**.

outdo

v. to do better than someone; to surpass

synonym: excel, surpass, outshine

(1) **outdo** him in trickery, (2) **outdo** the competition

He tried to **outdo** his rival by breaking the world record.

cutoff

n. a point or level beyond which something will not be tolerated or allowed; the act of stopping or interrupting the supply of something

synonym: limit, threshold, boundary

(1) **cutoff** frequency, (2) a **cutoff** point

The **cutoff** date for submitting applications was fast approaching.

retrofit

v. to put a new component or accessory into a machine that did not initially have it when manufactured

synonym: backfit, reconstruct, recycle

(1) **retrofit** an electronic system, (2) **retrofit** applications

A **retrofit** may involve putting in new door jambs.

enact

v. to make a law; to put something into practice

synonym: legislate, pass, decree

(1) **enact** new legislation, (2) **enact** the smoking ban

The government **enacted** this law in 1925.

curfew

n. a regulation requiring people to be off the streets and indoors at a specified time, especially at night, typically imposed during a period of emergency or unrest

synonym: time limit, restriction

(1) **curfew** law, (2) teenage **curfew**

The city imposed a **curfew** to reduce crime and keep citizens safe.

Session 2: Spelling

- | | |
|--------------------------------|---|
| 1. an op_____ne remark | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose |
| 2. t__k a baby in the blanket | <i>v.</i> to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable |
| 3. ou__o the competition | <i>v.</i> to do better than someone; to surpass |
| 4. mea_____rk conservation | <i>n.</i> a type of bird found in North America, known for its distinctively beautiful and melodic song |
| 5. a night o_l | <i>n.</i> a nocturnal bird of prey with large eyes, a facial disc, and typically a loud hooting call |
| 6. Al_____er's brain | <i>n.</i> a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults |
| 7. a meteorological obs_____ry | <i>n.</i> a building designed and equipped to observe the planets, the stars, the weather, etc. |
| 8. sk_____e view | <i>n.</i> the outline of buildings and other structures against the sky, especially when viewed from a distance |
| 9. an o_l hooted | <i>n.</i> a nocturnal bird of prey with large eyes, a facial disc, and typically a loud hooting call |

ANSWERS: 1. opportune, 2. tuck, 3. outdo, 4. meadowlark, 5. owl, 6. Alzheimer, 7. observatory, 8. skyline, 9. owl

10. en__t new legislation *v.* to make a law; to put something into practice
11. gl__e at my opponent *v.* to shine with a bright, harsh, or dazzling light; to stare fiercely or angrily, often with a piercing or threatening gaze; (noun) a strong, bright, and often harsh or uncomfortable light that can be blinding or difficult to look at directly
12. purple moo_____er *n.* a type of flowering plant that typically blooms at night or in the early morning and is known for its fragrant scent and large, showy blooms
13. no_____al insects *adj.* relating to or occurring in the night; active or awake during the night
14. de___t a scene *v.* to illustrate someone or something in a photograph
15. en__t the smoking ban *v.* to make a law; to put something into practice
16. co_____e fantasy with reality *v.* to mistake one thing for another; to make somebody hard to understand
17. no_____al habits *adj.* relating to or occurring in the night; active or awake during the night
18. Al_____er's risk factors *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
19. tr_____ss against his rights *v.* to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space

ANSWERS: 10. enact, 11. glare, 12. moonflower, 13. nocturnal, 14. depict, 15. enact, 16. confuse, 17. nocturnal, 18. Alzheimer, 19. trespass

20. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
21. space obs_____ry *n.* a building designed and equipped to observe the planets, the stars, the weather, etc.
22. downtown sk_____e *n.* the outline of buildings and other structures against the sky, especially when viewed from a distance
23. mea_____rk nest *n.* a type of bird found in North America, known for its distinctively beautiful and melodic song
24. re_____it applications *v.* to put a new component or accessory into a machine that did not initially have it when manufactured
25. uni_____ed misunderstanding *adj.* not planned or meant
26. a cu_____f point *n.* a point or level beyond which something will not be tolerated or allowed; the act of stopping or interrupting the supply of something
27. ill_____te my understanding *v.* to light something or to make something lighter or brighter; to make something free from confusion or ambiguity
28. cu_____w law *n.* a regulation requiring people to be off the streets and indoors at a specified time, especially at night, typically imposed during a period of emergency or unrest
29. ant_____nt behavior *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

ANSWERS: 20. opportune, 21. observatory, 22. skyline, 23. meadowlark, 24. retrofit, 25. unintended, 26. cutoff, 27. illuminate, 28. curfew, 29. antioxidant

30. co____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
31. pe__h of a bird of prey *v.* to sit, stand, or rest on something, particularly a narrow or elevated surface; to position oneself confidently or dominantly; to place something in a high or elevated position; (noun) a branch or other elevated place where a bird can rest or roost
32. ou__o him in trickery *v.* to do better than someone; to surpass
33. peep through a cr____e *n.* a long narrow depression or opening in a surface of rock or wall
34. teenage cu___w *n.* a regulation requiring people to be off the streets and indoors at a specified time, especially at night, typically imposed during a period of emergency or unrest
35. t__k into another cigarette *v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable
36. en____on the future *v.* to imagine or expect what a situation will be like in the future
37. cu___f frequency *n.* a point or level beyond which something will not be tolerated or allowed; the act of stopping or interrupting the supply of something
38. uni____ed bias *adj.* not planned or meant
39. en____on the project's success *v.* to imagine or expect what a situation will be like in the future

ANSWERS: 30. confuse, 31. perch, 32. outdo, 33. crevice, 34. curfew, 35. tuck, 36. envision, 37. cutoff, 38. unintended, 39. envision

40. disrupt me_____in production *n.* a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles
41. h_e change *n.* the quality of a color as determined by its dominant wavelength
42. migratory so_____rd *n.* a bird with a musical call, such as a blackbird or thrush
43. memory bl_____ut *n.* a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness
44. tr_____ss into the country's waters *v.* to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space
45. st_____ze in wonder *v.* to gaze at the stars, especially at night; to daydream or fantasize:
46. the gl__e of the sun *v.* to shine with a bright, harsh, or dazzling light; to stare fiercely or angrily, often with a piercing or threatening gaze; (noun) a strong, bright, and often harsh or uncomfortable light that can be blinding or difficult to look at directly
47. night-blooming moo_____er *n.* a type of flowering plant that typically blooms at night or in the early morning and is known for its fragrant scent and large, showy blooms
48. me_____in receptor *n.* a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles

ANSWERS: 40. melatonin, 41. hue, 42. songbird, 43. blackout, 44. trespass, 45. stargaze, 46. glare, 47. moonflower, 48. melatonin

49. im___r my health *v.* to damage something or make it weaker or worse
50. tropical so_____rd *n.* a bird with a musical call, such as a blackbird or thrush
51. de___t a feeling of isolation *v.* to illustrate someone or something in a photograph
52. small cr_____es *n.* a long narrow depression or opening in a surface of rock or wall
53. ill_____te a dark hall *v.* to light something or to make something lighter or brighter; to make something free from confusion or ambiguity
54. media bl_____ut *n.* a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness
55. pe__h on a ledge *v.* to sit, stand, or rest on something, particularly a narrow or elevated surface; to position oneself confidently or dominantly; to place something in a high or elevated position; (noun) a branch or other elevated place where a bird can rest or roost
56. st_____ze on the roof *v.* to gaze at the stars, especially at night; to daydream or fantasize:
57. high levels of ant_____nts *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
58. indirect ill_____ion *n.* light or source of light; the degree of visibility of your environment

ANSWERS: 49. impair, 50. songbird, 51. depict, 52. crevice, 53. illuminate, 54. blackout, 55. perch, 56. stargaze, 57. antioxidant, 58. illumination

59. starry ill_____ion *n.* light or source of light; the degree of visibility of your environment
60. im___r insulin sensitivity *v.* to damage something or make it weaker or worse
61. the h_es of a rainbow *n.* the quality of a color as determined by its dominant wavelength
62. re_____it an electronic system *v.* to put a new component or accessory into a machine that did not initially have it when manufactured

ANSWERS: 59. illumination, 60. impair, 61. hue, 62. retrofit

Session 3: Fill in the Blanks

1. That biologist _____ the mechanism of heredity.
 - v. to light something or to make something lighter or brighter; to make something free from confusion or ambiguity

2. Fruits and vegetables are good sources of _____.
 - n. a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

3. The government _____ this law in 1925.
 - v. to make a law; to put something into practice

4. The accident made his vision _____.
 - v. to damage something or make it weaker or worse

5. The city imposed a _____ to reduce crime and keep citizens safe.
 - n. a regulation requiring people to be off the streets and indoors at a specified time, especially at night, typically imposed during a period of emergency or unrest

6. Her remarks _____ the debate.
 - v. to mistake one thing for another; to make somebody hard to understand

7. You should _____ your shirt into your trousers.
 - v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

8. That astronomical _____ stands at the top of the mountain.
 - n. a building designed and equipped to observe the planets, the stars, the weather, etc.

ANSWERS: 1. illuminated, 2. antioxidants, 3. enacted, 4. impaired, 5. curfew, 6. confused, 7. tuck, 8. observatory

9. The nationwide _____ caused widespread power outages and disrupted daily life.
- n.* a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness
10. A _____ supplement can help regulate sleep-wake cycles in people with insomnia.
- n.* a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles
11. The _____ date for submitting applications was fast approaching.
- n.* a point or level beyond which something will not be tolerated or allowed; the act of stopping or interrupting the supply of something
12. The bird _____ on the branch, watching the world below.
- v.* to sit, stand, or rest on something, particularly a narrow or elevated surface; to position oneself confidently or dominantly; to place something in a high or elevated position; (noun) a branch or other elevated place where a bird can rest or roost
13. His son had accurately _____ the bloom.
- v.* to illustrate someone or something in a photograph
14. We like to _____ on clear summer nights and try to identify as many constellations as we can.
- v.* to gaze at the stars, especially at night; to daydream or fantasize:
15. Excessive human interference in the global environment may bring _____ consequences.
- adj.* not planned or meant

ANSWERS: 9. blackout, 10. melatonin, 11. cutoff, 12. perched, 13. depicted, 14. stargaze, 15. unintended

16. The sign warns visitors not to _____ on private property.
- v. to enter someone's private property without permission or legal authority; to infringe upon or violate someone's rights, boundaries, or personal space
17. To achieve a warmer _____ add orange paint.
- n. the quality of a color as determined by its dominant wavelength
18. The _____ of the city was dotted with tall buildings.
- n. the outline of buildings and other structures against the sky, especially when viewed from a distance
19. A _____ may involve putting in new door jambs.
- v. to put a new component or accessory into a machine that did not initially have it when manufactured
20. He tried to _____ his rival by breaking the world record.
- v. to do better than someone; to surpass
21. My grandmother has _____ disease requires special care and attention from her caregivers.
- n. a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
22. I heard the beautiful song of a _____ perched on a nearby branch.
- n. a type of bird found in North America, known for its distinctively beautiful and melodic song
23. The _____ vines can climb up to 15 feet tall.
- n. a type of flowering plant that typically blooms at night or in the early morning and is known for its fragrant scent and large, showy blooms

ANSWERS: 16. trespass, 17. hue, 18. skyline, 19. retrofit, 20. outdo, 21. Alzheimer's, 22. meadowlark, 23. moonflower

24. Federal law protects the majority of _____.
- n.* a bird with a musical call, such as a blackbird or thrush
25. We cannot _____ her as President.
- v.* to imagine or expect what a situation will be like in the future
26. _____ animals, such as owls and bats, are active at night.
- adj.* relating to or occurring in the night; active or awake during the night
27. The sun _____ down on us, making it difficult to see without squinting our eyes.
- v.* to shine with a bright, harsh, or dazzling light; to stare fiercely or angrily, often with a piercing or threatening gaze; (noun) a strong, bright, and often harsh or uncomfortable light that can be blinding or difficult to look at directly
28. The phone rang at the most _____ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
29. He wedged a knife into the _____
- n.* a long narrow depression or opening in a surface of rock or wall
30. The skylight will give adequate _____ from above.
- n.* light or source of light; the degree of visibility of your environment
31. The snowy ____ is a large, white bird often seen in the Arctic.
- n.* a nocturnal bird of prey with large eyes, a facial disc, and typically a loud hooting call

ANSWERS: 24. songbirds, 25. envision, 26. Nocturnal, 27. glared, 28. opportune, 29. crevice, 30. illumination, 31. owl