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Vocabulary Builder Reference from...

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All Words

IMPORTANT

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Session 1: Word List

poem

n. a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

synonym: ballad, lyric, verse

(1) a narrative **poem**, (2) **poem** to the dead

A great **poem** is a fountain forever overflowing with the waters of wisdom and delight.

nutrition

n. the substances or the process that organisms take into their bodies as food for their growth and health

synonym: alimentation, nourishment, sustenance

(1) **nutrition** condition, (2) **nutrition** intake

This food contains all the **nutrition** your dog requires.

turnip

n. a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside

synonym: rutabaga, swede, neep

(1) pickled **turnip**, (2) roasted **turnip**

I plan on making a delicious **turnip** soup with fresh vegetables from my garden.

psychic

adj. relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes

synonym : intuitive, clairvoyant, extrasensory

(1) **psychic** intuition, (2) **psychic** reading

She claimed to have **psychic** powers and could predict the future.

darling

n. a term of endearment or affectionate term for someone you love or hold dear

synonym : sweetheart, beloved, dear

(1) have a **darling** baby, (2) medium **darling**

My **darling** child, I love you so much.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

closet

n. a small room or cabinet with a door used for storing things, especially clothes

synonym : cabinet, cupboard, locker

(1) **closet** full of suits, (2) walk-in **closets**

He brushed the suit before hanging it back into the **closet**.

gay

adj. homosexual; happy, carefree

synonym : cheerful, lively, joyful

(1) **gay** couple, (2) **gay** rights

The **gay** pride parade was a celebration of diversity and acceptance.

yoga

n. a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation

synonym : meditation, exercise, spiritual practice

(1) aerial **yoga**, (2) **yoga** teacher

Many people find that regular **yoga** practice can help reduce stress and anxiety.

stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

synonym: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

pharmacy

n. a place where medicines are prepared and dispensed; a drugstore or chemist's

synonym: drugstore, chemist's, apothecary

(1) **pharmacy** chain, (2) online **pharmacy**

I need to go to the hospital **pharmacy** to pick up my prescription.

klonopin

n. a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions

synonym: antiepileptic drug

(1) **klonopin** dosage, (2) **klonopin** addiction

My doctor prescribed **klonopin** for my anxiety disorder to help me manage my symptoms.

lithium

n. a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder

synonym: lithy, Li, salt

(1) **lithium** carbonate, (2) **lithium** mining

Lithium-ion batteries are commonly used in laptops, smartphones, and electric vehicles.

psychotic

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

synonym : deranged, unstable, certifiable

(1) **psychotic** medication, (2) **psychotic** episode

Her husband's death caused her to experience a **psychotic** break.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym : agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

grief

n. a very great sadness, especially when somebody dies

synonym : anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**

Each person has a unique **grief** experience.

dive

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

synonym : dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff

The sperm whale can **dive** to 1,000 meters.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym : confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has

committed fraud.

entirely

adv. completely

synonym : completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

chandelier

n. a branched decorative light fixture designed to be mounted on ceilings or walls

(1) twinkling **chandelier**, (2) **chandelier-lit** room

This room had a **chandelier** glittering with crystals

thread

n. a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

synonym : filament, string, yarn

(1) **thread** a catheter, (2) start a new **thread**

The detective followed a **thread** of clues which ultimately led to the suspect's arrest.

bull

n. a male bovine animal; an investor who has a positive outlook on the market or a particular investment and buys with the expectation of prices increasing

synonym : bovine, cattle, bruiser

(1) **bull** market, (2) **bull** fighter

The farmer raised a **bull** on his ranch for breeding purposes.

wrist

n. the joint between the hand and the forearm; the narrow part of the hand near this joint

synonym : carpus

(1) **wrist** bones, (2) glance at my **wrist** watch

He sprained his **wrist** while playing basketball.

healing

n. the process of becoming or making somebody or something well again

synonym: recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process

Each ancient tribe has its **healing** traditions.

swear

v. to make a solemn promise or vow; to use rude or offensive language

synonym: declare, assert, curse

(1) **swear** an oath, (2) **swear** a blue streak

I **swear** I didn't mean to break your vase.

bruise

n. a mark caused by a blow, typically one that is purple or black on the skin

synonym: contusion, injury, wound

(1) livid **bruise**, (2) earlier emotional **bruise**

She had a **bruise** on her arm from where she fell on the playground.

spine

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

synonym: backbone, vertebra, column

(1) the **spine** of a book, (2) a cervical **spine** injury

She has a minor curved **spine** due to desk work for many years.

loot

v. steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder

synonym: plunder, pillage, rob

(1) **loot** the ship, (2) war **loot**

The bandits **looted** the small town, leaving it in ruins.

convict

v. to prove or declare someone to be guilty of a crime;
(noun) a person serving a sentence in a jail or prison

synonym: condemn, sentence, judge

(1) **convict** him of manslaughter, (2) **convict** in a jail

He was **convicted** on fraud charges and sentenced to five years in prison.

insist

v. to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say

synonym: demand, assert, claim

(1) **insist** on a clear answer, (2) **insist** over and over

He **insisted** that she pay her debt to the last penny.

chamber

n. a large room used for a formal, public, or particular purpose; one of the parts of a parliament

synonym: association, cabin, legislature

(1) a gas **chamber**, (2) the lower **chamber**

The surgeon made an incision in the **chambers** of the patient's heart.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

superpower

n. a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

synonym: great power, empire, hegemony

(1) **superpower** country, (2) **superpower** leader

The ability to fly like a bird is often considered a **superpower** in comic books and movies.

gutter

n. a channel along the edge of a road or structure for carrying away rainwater

synonym : channel, trench, drain

(1) **gutter** system, (2) a building **gutter**

The **gutter** on the roof's edge was clogged with leaves, causing water to overflow.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym : closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

ripcord

n. a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation

synonym : cord, pull, release

(1) release the **ripcord**, (2) emergency **ripcord**

Before jumping out of the plane, ensure you can pull the **ripcord** to open your parachute.

soil

n. the top layer of Earth in which plants grow

synonym : earth, ground, mud

(1) **soils** retentive of moisture, (2) parched **soil**

Soil moisture is another significant component controlling soil respiration.

decay

n. the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi;
(verb) to rot or decompose through natural causes

synonym : corrosion, decomposition, deterioration

(1) radioactive **decay**, (2) prevent tooth **decay**

The dead body was in an advanced state of **decay**.

highway

n. a main road, especially one connecting major towns or cities

synonym : road, expressway, freeway

(1) **highway** system, (2) an interstate **highway**

I'm going to take the **highway** to get to my destination faster.

bumper

n. a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way

synonym : buffer, guard, fender

(1) **bumper** crop, (2) **bumper** sale

The **bumper** of my car was dented in the accident.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

adjust

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym : adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror

You have to **adjust** your content to the age of the audience.

bow

v. to bend your knee or body, or lower your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows

synonym : bend, curve, arch

(1) **bow** and greet, (2) a **bow** wave

She **bowed** to the audience after her performance.

undo

v. to reverse the effect of an action or event, typically one that is recent or specific

synonym : reverse, retract, revoke

(1) **undo** changes, (2) **undo** a belt

I accidentally deleted the file, so can you **undo** that action?

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym: cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet

She kept **screaming** for an ambulance.

pulse

n. the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves

synonym: beat, vibration, throb

(1) a weak **pulse**, (2) **pulse** waves

The cardiac monitor displays the intensity of your **pulse**.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

echo

n. a sound heard after being reflected off a surface, such as a wall or a cliff

synonym: reverberate, repeat, reflection

(1) the **echo** of a person's footsteps, (2) sound **echo**

A thunderous boom **echoed** throughout the valley.

batter

v. to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting

synonym: beat, pound, strike

(1) **batter** the eggs, (2) the **batter's** box

He got so angry that he **battered** the door down.

dandelion

n. a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine

synonym: blowball

(1) **dandelion** root, (2) **dandelion** tea

In the summer, fields are filled with yellow **dandelion** flowers.

scatter

v. to cause to separate and go in different directions

synonym: disperse, spread, bestrew

(1) **scatter** seeds, (2) **scatter** around the internet

The hunter's approach **scattered** the geese.

ache

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym: hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I **ache** all over after running a marathon yesterday.

holy

adj. of or related to a god, divine power, or a particular religion

synonym: sacred, religious, divine

(1) a **holy** man, (2) a **holy** shrine

They gathered to hear the **holy** teachings of the guru.

brilliant

adj. extremely clever, skilled, or impressive

synonym: luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look

at you with envy and jealousy.

fist

n. a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist

synonym: clenched hand, knuckles, mitt

(1) tight **fist**, (2) raise a **fist**

The boxer clenched his **fist** before throwing a punch.

whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym: murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

Session 2: Spelling

1. a__e abominably v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
2. earlier emotional br___e n. a mark caused by a blow, typically one that is purple or black on the skin
3. ps_____ic medication adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
4. sw__r a blue streak v. to make a solemn promise or vow; to use rude or offensive language
5. ad___t the rearview mirror v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
6. st____h along the coast v. to make or be capable of making anything longer or broader without hurting or breaking
7. aerial y__a n. a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation
8. sc___m a profanity v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

ANSWERS: 1. ache, 2. bruise, 3. psychotic, 4. swear, 5. adjust, 6. stretch, 7. yoga, 8. scream

9. field of psy_____apy *n.* the treatment of mental or emotional problems by talking with a therapist
10. ps_____c reading *adj.* relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes
11. the ba____r's box *v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting
12. bu____r sale *n.* a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way
13. da_____on tea *n.* a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine
14. br_____nt performance *adj.* extremely clever, skilled, or impressive
15. tr____a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
16. natural he_____g ability *n.* the process of becoming or making somebody or something well again
17. answer in a wh_____r *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

ANSWERS: 9. psychotherapy, 10. psychic, 11. batter, 12. bumper, 13. dandelion, 14. brilliant, 15. trauma, 16. healing, 17. whisper

18. sc____r around the internet *v.* to cause to separate and go in different directions
19. radioactive de__y *n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
20. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
21. l__t the ship *v.* steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder
22. hold your br___h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
23. roasted tu___p *n.* a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
24. en_____ly satisfied with the meal *adv.* completely
25. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely
26. s__ls retentive of moisture *n.* the top layer of Earth in which plants grow
27. sc___m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

ANSWERS: 18. scatter, 19. decay, 20. convinced, 21. loot, 22. breath, 23. turnip, 24. entirely, 25. tight, 26. soil, 27. scream

28. y__a teacher *n.* a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation
29. gu___r system *n.* a channel along the edge of a road or structure for carrying away rainwater
30. co_____t him of manslaughter *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
31. online ph_____cy *n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
32. ps_____ic episode *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
33. sup_____er leader *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
34. nu_____on intake *n.* the substances or the process that organisms take into their bodies as food for their growth and health
35. kl_____in addiction *n.* a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions

ANSWERS: 28. yoga, 29. gutter, 30. convict, 31. pharmacy, 32. psychotic, 33. superpower, 34. nutrition, 35. klonopin

36. have a da____g baby *n.* a term of endearment or affectionate term for someone you love or hold dear
37. a lot of gr__f *n.* a very great sadness, especially when somebody dies
38. wr__t bones *n.* the joint between the hand and the forearm; the narrow part of the hand near this joint
39. sound e__o *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
40. da_____on root *n.* a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine
41. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
42. b__l fighter *n.* a male bovine animal; an investor who has a positive outlook on the market or a particular investment and buys with the expectation of prices increasing
43. li_____m mining *n.* a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder
44. d__e off a cliff *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

ANSWERS: 36. darling, 37. grief, 38. wrist, 39. echo, 40. dandelion, 41. convinced, 42. bull, 43. lithium, 44. dive

45. medium da____g *n.* a term of endearment or affectionate term for someone you love or hold dear
46. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
47. part of the he____g process *n.* the process of becoming or making somebody or something well again
48. a h__y man *adj.* of or related to a god, divine power, or a particular religion
49. the wh____r of the leaves *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
50. livid br____e *n.* a mark caused by a blow, typically one that is purple or black on the skin
51. in____t over and over *v.* to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say
52. a narrative p__m *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery
53. a sw____w tail *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

ANSWERS: 45. darling, 46. sham, 47. healing, 48. holy, 49. whisper, 50. bruise, 51. insist, 52. poem, 53. swallow

54. li____m carbonate *n.* a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder
55. a weak pu__e *n.* the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves
56. g_y rights *adj.* homosexual; happy, carefree
57. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
58. start a new th____d *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching
59. the sp__e of a book *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

ANSWERS: 54. lithium, 55. pulse, 56. gay, 57. stick, 58. thread, 59. spine

60. an interstate hi____y *n.* a main road, especially one connecting major towns or cities
61. ba____r the eggs *v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting
62. co____t in a jail *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
63. sc____r seeds *v.* to cause to separate and go in different directions
64. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
65. br____h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
66. ph____cy chain *n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
67. nu____on condition *n.* the substances or the process that organisms take into their bodies as food for their growth and health
68. prevent tooth de__y *n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
69. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 60. highway, 61. batter, 62. convict, 63. scatter, 64. stick, 65. breath, 66. pharmacy, 67. nutrition, 68. decay, 69. sham

70. a h__y shrine *adj.* of or related to a god, divine power, or a particular religion
71. he was en____ly to blame *adv.* completely
72. a cervical sp__e injury *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
73. psychic tr____a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
74. the lower ch____r *n.* a large room used for a formal, public, or particular purpose; one of the parts of a parliament
75. a__e all the time *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
76. twinkling cha____er *n.* a branched decorative light fixture designed to be mounted on ceilings or walls
77. ps____c intuition *adj.* relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes
78. u__o a belt *v.* to reverse the effect of an action or event, typically one that is recent or specific
79. g_y couple *adj.* homosexual; happy, carefree
80. sw____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

ANSWERS: 70. holy, 71. entirely, 72. spine, 73. trauma, 74. chamber, 75. ache, 76. chandelier, 77. psychic, 78. undo, 79. gay, 80. swallow

81. sup_____er country *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
82. bu___r crop *n.* a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way
83. cha_____er-lit room *n.* a branched decorative light fixture designed to be mounted on ceilings or walls
84. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
85. in___t on a clear answer *v.* to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say
86. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
87. sw__r an oath *v.* to make a solemn promise or vow; to use rude or offensive language
88. a gas ch_____r *n.* a large room used for a formal, public, or particular purpose; one of the parts of a parliament

ANSWERS: 81. superpower, 82. bumper, 83. chandelier, 84. pound, 85. insist, 86. pound, 87. swear, 88. chamber

89. a building gu___r *n.* a channel along the edge of a road or structure for carrying away rainwater
90. d__e into anime communities *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
91. parched s__l *n.* the top layer of Earth in which plants grow
92. the e__o of a person's footsteps *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
93. have gr__f and sorrow *n.* a very great sadness, especially when somebody dies
94. ad___t a schedule *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
95. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
96. hi_____y system *n.* a main road, especially one connecting major towns or cities
97. war l__t *v.* steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder
98. st_____h a story *v.* to make or be capable of making anything longer or broader without hurting or breaking
99. release the ri_____d *n.* a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation

ANSWERS: 89. gutter, 90. dive, 91. soil, 92. echo, 93. grief, 94. adjust, 95. tight, 96. highway, 97. loot, 98. stretch, 99. ripcord

100. b_w and greet *v.* to bend your knee or body, or lower your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows
101. u__o changes *v.* to reverse the effect of an action or event, typically one that is recent or specific
102. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist
103. th___d a catheter *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching
104. pickled tu___p *n.* a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
105. kl_____in dosage *n.* a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions

ANSWERS: 100. bow, 101. undo, 102. psychotherapy, 103. thread, 104. turnip, 105. klonopin

106. pu__e waves *n.* the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves
107. br_____nt idea *adj.* extremely clever, skilled, or impressive
108. walk-in cl___ts *n.* a small room or cabinet with a door used for storing things, especially clothes
109. glance at my wr__t watch *n.* the joint between the hand and the forearm; the narrow part of the hand near this joint
110. a b_w wave *v.* to bend your knee or body, or lower your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows
111. raise a f__t *n.* a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist
112. b__l market *n.* a male bovine animal; an investor who has a positive outlook on the market or a particular investment and buys with the expectation of prices increasing
113. p__m to the dead *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

ANSWERS: 106. pulse, 107. brilliant, 108. closet, 109. wrist, 110. bow, 111. fist, 112. bull, 113. poem

114. cl___t full of suits *n.* a small room or cabinet with a door used for storing things, especially clothes
115. tight f__t *n.* a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist
116. emergency ri____d *n.* a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation

ANSWERS: 114. closet, 115. fist, 116. ripcord

Session 3: Fill in the Blanks

1. She has a minor curved _____ due to desk work for many years.
 - n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

2. The national election was held amid _____ security.
 - adj.* fixed, fastened, or kept together firmly or closely

3. The ability to fly like a bird is often considered a _____ in comic books and movies.
 - n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

4. He took me aside and _____ in my ear.
 - v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

5. In the summer, fields are filled with yellow _____ flowers.
 - n.* a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine

6. The _____ of my car was dented in the accident.
 - n.* a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way

7. She had a _____ on her arm from where she fell on the playground.
 - n.* a mark caused by a blow, typically one that is purple or black on the skin

ANSWERS: 1. spine, 2. tight, 3. superpower, 4. whispered, 5. dandelion, 6. bumper, 7. bruise

8. I _____ all over after running a marathon yesterday.
- v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
9. The more _____ you are, the more people around you look at you with envy and jealousy.
- adj.* extremely clever, skilled, or impressive
10. I need to go to the hospital _____ to pick up my prescription.
- n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
11. The data he prepared was completely _____.
- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
12. The farmer raised a _____ on his ranch for breeding purposes.
- n.* a male bovine animal; an investor who has a positive outlook on the market or a particular investment and buys with the expectation of prices increasing
13. The _____ pride parade was a celebration of diversity and acceptance.
- adj.* homosexual; happy, carefree
14. He took _____ to help him deal with his accident trauma.
- n.* the treatment of mental or emotional problems by talking with a therapist
15. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 8. ache, 9. brilliant, 10. pharmacy, 11. sham, 12. bull, 13. gay, 14. psychotherapy, 15. stick

16. A great _____ is a fountain forever overflowing with the waters of wisdom and delight.
- n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery
17. This room had a _____ glittering with crystals
- n.* a branched decorative light fixture designed to be mounted on ceilings or walls
18. Many people find that regular _____ practice can help reduce stress and anxiety.
- n.* a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation
19. The bandits _____ the small town, leaving it in ruins.
- v.* steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder
20. The cardiac monitor displays the intensity of your _____.
- n.* the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves
21. _____ batteries are commonly used in laptops, smartphones, and electric vehicles.
- n.* a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder
22. The car's front bumper cost fifteen hundred _____.
- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 16. poem, 17. chandelier, 18. yoga, 19. looted, 20. pulse, 21. Lithium-ion, 22. pounds

23. They gathered to hear the _____ teachings of the guru.

adj. of or related to a god, divine power, or a particular religion

24. The surgeon made an incision in the _____ of the patient's heart.

n. a large room used for a formal, public, or particular purpose; one of the parts of a parliament

25. Each person has a unique _____ experience.

n. a very great sadness, especially when somebody dies

26. You have to _____ your content to the age of the audience.

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

27. I _____ my anger and kept quiet.

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

28. He was _____ on fraud charges and sentenced to five years in prison.

v. to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison

29. I _____ I didn't mean to break your vase.

v. to make a solemn promise or vow; to use rude or offensive language

30. He _____ that she pay her debt to the last penny.

v. to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say

ANSWERS: 23. holy, 24. chambers, 25. grief, 26. adjust, 27. swallowed, 28. convicted, 29. swear, 30. insisted

31. I plan on making a delicious _____ soup with fresh vegetables from my garden.
n. a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
32. She kept _____ for an ambulance.
v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
33. He sprained his _____ while playing basketball.
n. the joint between the hand and the forearm; the narrow part of the hand near this joint
34. She claimed to have _____ powers and could predict the future.
adj. relating to or capable of extrasensory perception or paranormal phenomena; relating to the mind or mental processes
35. The hunter's approach _____ the geese.
v. to cause to separate and go in different directions
36. The public is _____ that the prime minister has committed fraud.
adj. completely certain about something; having a strong belief or conviction in a particular religion
37. The dead body was in an advanced state of _____.
n. the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
38. The sperm whale can _____ to 1,000 meters.
v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

ANSWERS: 31. turnip, 32. screaming, 33. wrist, 34. psychic, 35. scattered, 36. convinced, 37. decay, 38. dive

39. Later, his claim was found to be _____ false.

adv. completely

40. He brushed the suit before hanging it back into the _____.

n. a small room or cabinet with a door used for storing things, especially clothes

41. The boxer clenched his _____ before throwing a punch.

n. a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist

42. She _____ to the audience after her performance.

v. to bend your knee or body, or lower your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows

43. Some herds have been observed to _____ hundreds of kilometers.

v. to make or be capable of making anything longer or broader without hurting or breaking

44. I accidentally deleted the file, so can you _____ that action?

v. to reverse the effect of an action or event, typically one that is recent or specific

45. A thunderous boom _____ throughout the valley.

n. a sound heard after being reflected off a surface, such as a wall or a cliff

46. Her husband's death caused her to experience a _____ break.

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

ANSWERS: 39. entirely, 40. closet, 41. fist, 42. bowed, 43. stretch, 44. undo, 45. echoed, 46. psychotic

47. The detective followed a _____ of clues which ultimately led to the suspect's arrest.
- n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching
48. Before jumping out of the plane, ensure you can pull the _____ to open your parachute.
- n.* a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation
49. I'm going to take the _____ to get to my destination faster.
- n.* a main road, especially one connecting major towns or cities
50. Many civilians have suffered _____ as a result of the war.
- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
51. My _____ child, I love you so much.
- n.* a term of endearment or affectionate term for someone you love or hold dear
52. He bated his _____ when talking about this affair.
- n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
53. The _____ on the roof's edge was clogged with leaves, causing water to overflow.
- n.* a channel along the edge of a road or structure for carrying away rainwater

ANSWERS: 47. thread, 48. ripcord, 49. highway, 50. trauma, 51. darling, 52. breath, 53. gutter

54. He got so angry that he _____ the door down.

- v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting

55. _____ moisture is another significant component controlling soil respiration.

- n.* the top layer of Earth in which plants grow

56. My doctor prescribed _____ for my anxiety disorder to help me manage my symptoms.

- n.* a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions

57. This food contains all the _____ your dog requires.

- n.* the substances or the process that organisms take into their bodies as food for their growth and health

58. Each ancient tribe has its _____ traditions.

- n.* the process of becoming or making somebody or something well again

ANSWERS: 54. battered, 55. Soil, 56. klonopin, 57. nutrition, 58. healing