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Vocabulary Builder Reference from...

Andrea Gibson: "The Nutritionist" | TED Talk

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Advanced Words Only

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Session 1: Word List

turnip

n. a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside

synonym : rutabaga, swede, neep

(1) pickled **turnip**, (2) roasted **turnip**

I plan on making a delicious **turnip** soup with fresh vegetables from my garden.

darling

n. a term of endearment or affectionate term for someone you love or hold dear

synonym : sweetheart, beloved, dear

(1) have a **darling** baby, (2) medium **darling**

My **darling** child, I love you so much.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

klonopin

n. a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions

synonym : antiepileptic drug

(1) **klonopin** dosage, (2) **klonopin** addiction

My doctor prescribed **klonopin** for my anxiety disorder to help me manage my symptoms.

lithium

n. a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder

synonym : lithy, Li, salt

(1) **lithium** carbonate, (2) **lithium** mining

Lithium-ion batteries are commonly used in laptops, smartphones, and electric vehicles.

psychotic

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

synonym : deranged, unstable, certifiable

(1) **psychotic** medication, (2) **psychotic** episode

Her husband's death caused her to experience a **psychotic** break.

chandelier

n. a branched decorative light fixture designed to be mounted on ceilings or walls

(1) twinkling **chandelier**, (2) **chandelier-lit** room

This room had a **chandelier** glittering with crystals

bruise

n. a mark caused by a blow, typically one that is purple or black on the skin

synonym : contusion, injury, wound

(1) livid **bruise**, (2) earlier emotional **bruise**

She had a **bruise** on her arm from where she fell on the playground.

loot

v. steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil

disorder

synonym : plunder, pillage, rob

(1) **loot** the ship, (2) war **loot**

The bandits **looted** the small town, leaving it in ruins.

convict

v. to prove or declare someone to be guilty of a crime;
(*noun*) a person serving a sentence in a jail or prison

synonym : condemn, sentence, judge

(1) **convict** him of manslaughter, (2) **convict** in a jail

He was **convicted** on fraud charges and sentenced to five years in prison.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

superpower

n. a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

synonym : great power, empire, hegemony

(1) **superpower** country, (2) **superpower** leader

The ability to fly like a bird is often considered a **superpower** in comic books and movies.

gutter

n. a channel along the edge of a road or structure for carrying away rainwater

synonym : channel, trench, drain

(1) **gutter** system, (2) a building **gutter**

The **gutter** on the roof's edge was clogged with leaves, causing water to overflow.

ripcord

n. a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation

synonym : cord, pull, release

(1) release the **ripcord**, (2) emergency **ripcord**

Before jumping out of the plane, ensure you can pull the **ripcord** to open your parachute.

batter

v. to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting

synonym : beat, pound, strike

(1) **batter** the eggs, (2) the **batter's** box

He got so angry that he **battered** the door down.

dandelion

n. a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine

synonym : blowball

(1) **dandelion** root, (2) **dandelion** tea

In the summer, fields are filled with yellow **dandelion** flowers.

scatter

v. to cause to separate and go in different directions

synonym : disperse, spread, bestrew

(1) **scatter** seeds, (2) **scatter** around the internet

The hunter's approach **scattered** the geese.

ache

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym : hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I **ache** all over after running a marathon yesterday.

whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can

hear you

synonym : murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

9. answer in a wh_____r *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
10. ps_____ic medication *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
11. earlier emotional br___e *n.* a mark caused by a blow, typically one that is purple or black on the skin
12. field of psy_____apy *n.* the treatment of mental or emotional problems by talking with a therapist
13. ps_____ic episode *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
14. sup_____er leader *n.* a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
15. medium da____g *n.* a term of endearment or affectionate term for someone you love or hold dear
16. gu___r system *n.* a channel along the edge of a road or structure for carrying away rainwater
17. emergency ri_____d *n.* a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation

ANSWERS: 9. whisper, 10. psychotic, 11. bruise, 12. psychotherapy, 13. psychotic, 14. superpower, 15. darling, 16. gutter, 17. ripcord

18. kl____in dosage *n.* a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions
19. da_____on root *n.* a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine
20. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist
21. kl____in addiction *n.* a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions
22. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
23. pickled tu___p *n.* a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
24. ba___r the eggs *v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting
25. a__e all the time *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

ANSWERS: 18. klonopin, 19. dandelion, 20. psychotherapy, 21. klonopin, 22. sham, 23. turnip, 24. batter, 25. ache

26. li____m mining *n.* a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder
27. a__e abominably *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
28. release the ri____d *n.* a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation
29. li____m carbonate *n.* a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder
30. co____t in a jail *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
31. the wh____r of the leaves *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
32. have a da____g baby *n.* a term of endearment or affectionate term for someone you love or hold dear
33. l__t the ship *v.* steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder
34. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 26. lithium, 27. ache, 28. ripcord, 29. lithium, 30. convict, 31. whisper, 32. darling, 33. loot, 34. sham

Session 3: Fill in the Blanks

1. She had a _____ on her arm from where she fell on the playground.
n. a mark caused by a blow, typically one that is purple or black on the skin
2. The data he prepared was completely _____.
n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
3. The bandits _____ the small town, leaving it in ruins.
v. steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder
4. The ability to fly like a bird is often considered a _____ in comic books and movies.
n. a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities
5. He got so angry that he _____ the door down.
v. to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting
6. He took me aside and _____ in my ear.
v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
7. In the summer, fields are filled with yellow _____ flowers.
n. a common weed with a bright yellow flower and deeply notched leaves that is often seen growing in lawns and other grassy areas; its leaves can be eaten as a salad green, and its roots are sometimes used in herbal medicine

ANSWERS: 1. bruise, 2. sham, 3. looted, 4. superpower, 5. battered, 6. whispered, 7. dandelion

8. _____ batteries are commonly used in laptops, smartphones, and electric vehicles.
- n.* a soft, silvery-white metal that is highly reactive and used in batteries, alloy production, and medications for bipolar disorder
9. He took _____ to help him deal with his accident trauma.
- n.* the treatment of mental or emotional problems by talking with a therapist
10. He was _____ on fraud charges and sentenced to five years in prison.
- v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
11. My _____ child, I love you so much.
- n.* a term of endearment or affectionate term for someone you love or hold dear
12. Before jumping out of the plane, ensure you can pull the _____ to open your parachute.
- n.* a cord that is pulled to release a parachute or other device, especially in an emergency; a figurative sense of a sudden escape from a difficult or dangerous situation
13. The _____ on the roof's edge was clogged with leaves, causing water to overflow.
- n.* a channel along the edge of a road or structure for carrying away rainwater
14. This room had a _____ glittering with crystals
- n.* a branched decorative light fixture designed to be mounted on ceilings or walls
15. The hunter's approach _____ the geese.
- v.* to cause to separate and go in different directions

ANSWERS: 8. Lithium-ion, 9. psychotherapy, 10. convicted, 11. darling, 12. ripcord, 13. gutter, 14. chandelier, 15. scattered

16. My doctor prescribed _____ for my anxiety disorder to help me manage my symptoms.
- n.* a brand name for a medication that belongs to the class of drugs known as benzodiazepines, which are commonly used to treat anxiety, seizures, and other conditions
17. I _____ all over after running a marathon yesterday.
- v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
18. I plan on making a delicious _____ soup with fresh vegetables from my garden.
- n.* a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
19. Her husband's death caused her to experience a _____ break.
- adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

ANSWERS: 16. klonopin, 17. ache, 18. turnip, 19. psychotic