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Vocabulary Builder Reference from...

Sydney Jensen: How can we support the emotional well-being of teachers? | TED Talk

https://www.ted.com/talks/sydney_jensen_how_can_we_support_the_emotional_well_being_of_teachers

Advanced Words Only

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Session 1: Word List

mascot

n. a person, animal, or object that is believed to bring good luck, often adopted by a sports team or organization as a symbol of their identity or values

synonym : symbol, emblem, icon

(1) team **mascot**, (2) corporate **mascot**

The city's **mascot** is a famous landmark that attracts tourists.

stapler

n. a device used to bind sheets of paper together by driving a small metal staple (= a fastener used to secure multiple sheets of paper together) through them

synonym : staple gun, paper clipper, clincher

(1) **stapler** pins, (2) electric **stapler**

The heavy-duty **stapler** is perfect for binding thick stacks of paper.

staple

adj. essential, crucial, or regularly used

synonym : essential, fundamental, pivotal

(1) **staple** commodities, (2) **staple** crop

Rice and beans are a **staple** food in many cultures.

Newtonian

adj. relating to Sir Isaac Newton or his laws of motion and universal gravitation

synonym : classical, physics, mechanics

(1) **Newtonian** physics, (2) **Newtonian** mechanics
The motion of planets can be described using **Newtonian** mechanics.

morph

v. to change or cause to change something or someone smoothly and gradually from one thing to another
synonym: alter, modify, transform

(1) **morph** into a different shape, (2) **morph** into something entirely different

This company **morphed** into an enterprise company.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

verbalize

v. to articulate or express verbally; to put something into words or speech; to speak out loud

synonym: articulate, express, utter

(1) **verbalize** thoughts, (2) **verbalize** emotions

Sometimes it isn't easy to **verbalize** exactly how we feel.

undocumented

adj. not supported by written evidence or having the necessary written permission

(1) **undocumented** worker, (2) **undocumented** command

The border patrol has recently been focusing on cracking down on **undocumented** non-citizens.

deport

v. to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime

synonym: expel, banish, repatriate

(1) **deport** a refugee, (2) **deport** dissidents from the party

The government has decided to **deport** illegal immigrants back to their home countries.

comprehend

v. to understand the nature or meaning of something fully
synonym : understand, grasp, apprehend

(1) **comprehend** English, (2) **comprehend** instructions
She struggled to **comprehend** complex math problems.

gruesome

adj. causing horror or disgust
synonym : appalling, horrific, terrible

(1) hear **gruesome** details, (2) **gruesome** accident
The **gruesome** crime scene was difficult for the detectives to stomach.

paramount

adj. more important than anything else; having superior power and influence or the highest position
synonym : central, major, crucial

(1) the lord **paramount**, (2) **paramount** to all the others
This country became a country of **paramount** geostrategic importance to us.

deplete

v. to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
synonym : exhaust, consume, use up

(1) **deplete** customer confidence, (2) **deplete** glycogen stores
If we continue to **deplete** the Earth's natural resources, we will cause severe damage to the environment.

depress

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
synonym : sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices
The economic recession **depressed** the housing market.

exhale

v. to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
synonym : breathe out, expel, emit

(1) **exhale** a big sigh, (2) **exhale** cigarette smoke
He took a deep breath and slowly began to **exhale**.

downright

adj. (especially of something bad) complete and absolute;
utter; (adverb) completely and absolutely

synonym: absolute, utter, complete

(1) **downright** nonsense, (2) **downright** impossible
It was a **downright** lie that he would attend the event.

ripple

n. a small wave on the surface of a liquid, typically caused
by an object falling into it or a slight wind

synonym: wave, undulation, fluctuation

(1) a **ripple** of laughter, (2) **ripple** in the water
Many businesses felt the **ripple** effect of the economy's
decline.

Session 2: Spelling

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|--|------|--|
| 1. mo__h into a different shape | v. | to change or cause to change something or someone smoothly and gradually from one thing to another |
| 2. ex___e a big sigh | v. | to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently |
| 3. mo__h into something entirely different | v. | to change or cause to change something or someone smoothly and gradually from one thing to another |
| 4. de_____e customer confidence | v. | to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials |
| 5. do_____ht impossible | adj. | (especially of something bad) complete and absolute; utter; (adverb) completely and absolutely |
| 6. de_____e glycogen stores | v. | to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials |
| 7. ri___e in the water | n. | a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind |
| 8. de_____s crop prices | v. | to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active |
| 9. Ne_____an mechanics | adj. | relating to Sir Isaac Newton or his laws of motion and universal gravitation |

ANSWERS: 1. morph, 2. exhale, 3. morph, 4. deplete, 5. downright, 6. deplete, 7. ripple, 8. depress, 9. Newtonian

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|---------------------------------|---|
| 10. st___e commodities | <i>adj.</i> essential, crucial, or regularly used |
| 11. ve_____ze emotions | <i>v.</i> to articulate or express verbally; to put something into words or speech; to speak out loud |
| 12. de___t a refugee | <i>v.</i> to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime |
| 13. und_____ted command | <i>adj.</i> not supported by written evidence or having the necessary written permission |
| 14. ex___e cigarette smoke | <i>v.</i> to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently |
| 15. a ri___e of laughter | <i>n.</i> a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind |
| 16. pa_____nt to all the others | <i>adj.</i> more important than anything else; having superior power and influence or the highest position |
| 17. gr_____me accident | <i>adj.</i> causing horror or disgust |
| 18. the lord pa_____nt | <i>adj.</i> more important than anything else; having superior power and influence or the highest position |
| 19. com_____nd instructions | <i>v.</i> to understand the nature or meaning of something fully |
| 20. team ma___t | <i>n.</i> a person, animal, or object that is believed to bring good luck, often adopted by a sports team or organization as a symbol of their identity or values |

ANSWERS: 10. staple, 11. verbalize, 12. deport, 13. undocumented, 14. exhale, 15. ripple, 16. paramount, 17. gruesome, 18. paramount, 19. comprehend, 20. mascot

21. st___e crop *adj.* essential, crucial, or regularly used
22. com_____nd English *v.* to understand the nature or meaning of something fully
23. electric st_____r *n.* a device used to bind sheets of paper together by driving a small metal staple (= a fastener used to secure multiple sheets of paper together) through them
24. st_____r pins *n.* a device used to bind sheets of paper together by driving a small metal staple (= a fastener used to secure multiple sheets of paper together) through them
25. de___t dissidents from the party *v.* to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime
26. do_____ht nonsense *adj.* (especially of something bad) complete and absolute; utter; (adverb) completely and absolutely
27. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
28. corporate ma___t *n.* a person, animal, or object that is believed to bring good luck, often adopted by a sports team or organization as a symbol of their identity or values
29. hear gr_____me details *adj.* causing horror or disgust
30. Ne_____an physics *adj.* relating to Sir Isaac Newton or his laws of motion and universal gravitation

ANSWERS: 21. staple, 22. comprehend, 23. stapler, 24. stapler, 25. deport, 26. downright, 27. opportune, 28. mascot, 29. gruesome, 30. Newtonian

31. ve_____ze thoughts

v. to articulate or express verbally; to put something into words or speech; to speak out loud

32. op_____ne occasion

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

33. de_____s their spirits

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

34. und_____ted worker

adj. not supported by written evidence or having the necessary written permission

ANSWERS: 31. verbalize, 32. opportune, 33. depress, 34. undocumented

Session 3: Fill in the Blanks

1. It was a _____ lie that he would attend the event.

adj. (especially of something bad) complete and absolute; utter; (adverb)
completely and absolutely

2. The _____ crime scene was difficult for the detectives to stomach.

adj. causing horror or disgust

3. Many businesses felt the _____ effect of the economy's decline.

n. a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

4. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

5. The city's _____ is a famous landmark that attracts tourists.

n. a person, animal, or object that is believed to bring good luck, often adopted by a sports team or organization as a symbol of their identity or values

6. If we continue to _____ the Earth's natural resources, we will cause severe damage to the environment.

v. to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

7. He took a deep breath and slowly began to _____.

v. to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently

ANSWERS: 1. downright, 2. gruesome, 3. ripple, 4. opportune, 5. mascot, 6. deplete, 7. exhale

8. This country became a country of _____ geostrategic importance to us.
adj. more important than anything else; having superior power and influence or the highest position
9. The heavy-duty _____ is perfect for binding thick stacks of paper.
n. a device used to bind sheets of paper together by driving a small metal staple (= a fastener used to secure multiple sheets of paper together) through them
10. The government has decided to _____ illegal immigrants back to their home countries.
v. to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime
11. The motion of planets can be described using _____ mechanics.
adj. relating to Sir Isaac Newton or his laws of motion and universal gravitation
12. The economic recession _____ the housing market.
v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
13. Rice and beans are a _____ food in many cultures.
adj. essential, crucial, or regularly used
14. This company _____ into an enterprise company.
v. to change or cause to change something or someone smoothly and gradually from one thing to another
15. She struggled to _____ complex math problems.
v. to understand the nature or meaning of something fully

ANSWERS: 8. paramount, 9. stapler, 10. deport, 11. Newtonian, 12. depressed, 13. staple, 14. morphed, 15. comprehend

16. Sometimes it isn't easy to _____ exactly how we feel.

v. to articulate or express verbally; to put something into words or speech; to speak out loud

17. The border patrol has recently been focusing on cracking down on _____ non-citizens.

adj. not supported by written evidence or having the necessary written permission

ANSWERS: 16. verbalize, 17. undocumented