

# Englist.me



## Vocabulary Builder Reference from...

*Valorie Kondos Field: Why winning doesn't always equal success | TED Talk*

[https://www.ted.com/talks/valorie\\_kondos\\_field\\_why\\_winning\\_doesn\\_t\\_always\\_equal\\_success](https://www.ted.com/talks/valorie_kondos_field_why_winning_doesn_t_always_equal_success)

### Advanced Words Only

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### murmur

v. to say something very quietly; to complain about somebody or something under one's breath

*synonym*: burble, gurgle, mutter

(1) **murmur** at low wages, (2) **murmur** a greeting

He always **murmurs** at the ill-treatment.

### gymnastics

n. a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility

*synonym*: acrobatics, tumbling, contortion

(1) **gymnastics** competition, (2) **gymnastics** routine

**Gymnastics** classes are fun for kids to stay active and learn new skills.

### induct

v. to formally admit someone to a job or position of authority; to officially introduce someone to an organization or group, or beliefs or ideas

*synonym*: enlist, recruit, conscript

(1) **induct** them into military service, (2) **induct** a clergyperson to a benefice

We were **inducted** into the honor society.

## confer

*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

*synonym* : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

## effusive

*adj.* expressing feelings of gratitude, affection, or enthusiasm in an unrestrained or excessive way; overflowing

*synonym* : gushy, demonstrative, unrestrained

(1) **effusive** welcome, (2) **effusive** tears

The employee received an **effusive** compliment from their boss for their hard work.

## applaud

*v.* to express approval of someone or something by clapping the hands

*synonym* : clap, celebrate, praise

(1) **applaud** his courage, (2) **applaud** the orchestra

I enthusiastically **applaud** my rival's achievement.

## institutionalize

*v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

*synonym* : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

## hyperfocus

*n.* an intense focus on a single task or activity to the exclusion of other things

*synonym* : zone, intense focus, deep focus

(1) **hyperfocus** state, (2) **hyperfocus** on the economy

He had a hard time focusing on anything else because he was in **hyperfocus** on his project.

## proverb

*n.* a short saying that expresses a truth or gives advice based on practical experience

*synonym* : adage, saying, maxim

(1) a hackneyed **proverb**, (2) ancient **proverb**

The famous **proverb** "actions speak louder than words" reminds us to focus on deeds instead of words.

## redefine

v. to change the meaning or interpretation of something; to make people think about something in a new or different way

*synonym*: reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role

The video telephony application has **redefined** the way we work.

## brag

v. to say something in a boastful manner, to impress others, or make oneself feel superior

*synonym*: boast, swagger, vaunt

(1) **brag** to each other, (2) **brag** about my knowledge

Despite his impressive achievements, he refrained from **bragging** about his success.

## dictate

v. to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded

*synonym*: read out, prescribe, order

(1) **dictate** a letter to secretary, (2) **dictate** to the associate

The allies **dictated** the terms of surrender to the country.

## cartwheel

n. a gymnastic move in which a person performs a spinning movement with the body held straight while moving sideways in a handstand position; the wheel of a cart

*synonym*: sommersault, wheeling, flip

(1) **cartwheel** kick, (2) attempt a **cartwheel**

The gymnast did a perfect **cartwheel** across the mat.

## mimic

v. to imitate someone's speech, movement, or behavior, especially to make others laugh

*synonym*: mirror, imitate, ape

(1) **mimic** a human voice, (2) **mimic** numerous instruments

He is very popular at school because he can **mimic** all the teachers' accents.

## relentless

*adj.* persistent and determined; continuing despite difficulties or setbacks

*synonym* : unyielding, tireless, unremitting

(1) **relentless** attack, (2) face **relentless** pressure

The athlete's **relentless** training paid off in the end.

## bullish

*adj.* feeling or expressing confidence or optimism about the future, often related to the stock market or other financial matters

*synonym* : optimistic, positive

(1) **bullish** market, (2) **bullish** trend

Investors are feeling **bullish** about the company's potential for growth in the coming years.

## empathy

*n.* the ability to share another person's feelings or experiences by imagining that person's situation

*synonym* : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

**Empathy** is also necessary to understand history.

## downright

*adj.* (especially of something bad) complete and absolute; utter; (adverb) completely and absolutely

*synonym* : absolute, utter, complete

(1) **downright** nonsense, (2) **downright** impossible

It was a **downright** lie that he would attend the event.

## abysmal

*adj.* extremely bad or unsuccessful, to the degree of being bottomless or unfathomable

*synonym* : dreadful, terrible, appalling

(1) **abysmal** performance, (2) **abysmal** living conditions

The company's **abysmal** sales performance led to layoffs and budget cuts.

## brash

*adj.* self-assertive in a rude, noisy, or overbearing way; impetuous; lacking in consideration for consequences or the opinions or feelings of others

*synonym* : reckless, impulsive, daring

(1) **brash** behavior, (2) **brash** confidence

The **brash** young CEO made a lot of enemies with his bold decisions.

## arrogance

*n.* excessive self-confidence or self-importance

*synonym* : hubris, haughtiness, conceit

(1) brazen **arrogance**, (2) **arrogance** of power

He acted with **arrogance** and was not well-liked by his colleagues.

## demean

*v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated

*synonym* : lower, degrade, humiliate

(1) **demean** the value, (2) **demean** the reputation

You shouldn't **demean** yourself by taking on tasks beneath your skill level.

## belittle

*v.* to speak or write about someone or something in a way that shows a lack of respect

*synonym* : degrade, demean, disparage

(1) **belittle** his ability, (2) **belittle** through talk

He **belittled** her in front of the office, making her feel small and insignificant.

## bully

*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

*synonym* : tormentor, intimidator, aggressor

(1) **bully** bystander, (2) **bully** the weak

The schoolyard **bully** terrorized the other children and made their lives miserable.

## dogmatic

*adj.* characterized by strong and unwavering opinions or beliefs that are often expressed with force and without consideration for alternative viewpoints or evidence

*synonym* : authoritative, doctrinal, opinionated

(1) **dogmatic** beliefs, (2) **dogmatic** approach

The company's old **dogmatic** policies were the cause of its downfall.

## dictator

*n.* a political leader who has complete power over a country, especially one who has obtained control by force

*synonym* : autocrat, tyrant, despot

(1) military **dictator**, (2) a **dictator** with enormous powers

A popular uprising led to the overthrow of the **dictator**.

## fortify

*v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

*synonym* : strengthen, reinforce, bolster

(1) **fortify** a building, (2) **fortify** an immune system

He drank a protein shake to **fortify** his muscles before the marathon.

## stereotype

*n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

(1) avoid **stereotype**, (2) negative **stereotypes**

Changing **stereotypes** about LGBTQ requires considerable effort.

## apologetic

*adj.* feeling or expressing regret, remorse, or sorrow for one's actions; making an apology or expressing an excuse for something

*synonym* : sorry, regretful, remorseful

(1) **apologetic** tone, (2) **apologetic** letter

He was **apologetic** for being late to the meeting.

## snark

*n.* sarcastic or cutting remarks or comments intended to ridicule or undermine someone, often with a tone of superiority or disdain

*synonym* : criticism, sarcasm, irony

(1) media **snark**, (2) political **snark**

She couldn't resist adding a little **snark** to her online comment.

## embark

*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

*synonym* : enter, undertake, commence

(1) **embark** on a trip, (2) **embark** on a foolish adventure

We **embarked** on a new project.

## blossom

*n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success

*synonym* : flower, bloom, bud

(1) apple **blossom**, (2) **blossom** garden

The cherry **blossom** trees in the park were in full bloom, creating a beautiful sight.

## rediscover

*v.* to discover or find again something that was previously known but lost

*synonym* : recover, get back, revive

(1) **rediscover** a value, (2) **rediscover** an old truth

The painting was **rediscovered** in an attic and turned out to be a long-lost masterpiece.

## excite

*v.* to make someone feel suddenly enthusiastic or eager

*synonym* : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

## **gymnast**

*n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment

*synonym* : acrobat, tumbler, contortionist

(1) talented **gymnast**, (2) female **gymnast**

The Olympic **gymnast** performed a flawless routine on the balance beam and received a perfect ten score.

## **trifecta**

*n.* a situation in which three things or events occur together, especially in a particular sequence, often used in the context of horse racing, where it refers to picking the first three finishers in a race in the correct order

*synonym* : hat trick, triple

(1) **trifecta** of evil, (2) **trifecta** bet

The chef's **trifecta** of appetizers was a hit at the dinner party.

## **whisper**

*v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

*synonym* : murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

## **convict**

*v.* to prove or declare someone to be guilty of a crime;  
(noun) a person serving a sentence in a jail or prison

*synonym* : condemn, sentence, judge

(1) **convict** him of manslaughter, (2) **convict** in a jail

He was **convicted** on fraud charges and sentenced to five years in prison.

## **molest**

*v.* to harass, bother, or annoy someone, often sexually; to touch or handle someone in an unwelcome or inappropriate way

*synonym* : harass, harm, abuse

(1) **molest** a woman on a train, (2) sexually **molest** his stepchild

The organization campaigns for stricter penalties for those



who **molest** children.

## **liberate**

*v.* to set free; to release or rescue from captivity or oppression

*synonym*: emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential  
The prisoners were **liberated** after the war ended.

## **invincible**

*adj.* incapable of being conquered, defeated, or overcome; unassailable

*synonym*: unassailable, unbeatable, indomitable

(1) **invincible** army, (2) **invincible** will

The team felt **invincible** after their winning streak.

## **emphatically**

*adv.* forcefully or assertively; expressing something with emphasis or conviction

*synonym*: clearly, unquestionably, decidedly

(1) **emphatically** deny, (2) **emphatically** state

The speaker **emphatically** expressed their opinion on the urgent need for climate action.

## Session 2: Spelling

1. de\_\_\_n the value  
*v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
2. bu\_\_\_\_h trend  
*adj.* feeling or expressing confidence or optimism about the future, often related to the stock market or other financial matters
3. br\_\_h confidence  
*adj.* self-assertive in a rude, noisy, or overbearing way; impetuous; lacking in consideration for consequences or the opinions or feelings of others
4. avoid ste\_\_\_\_\_pe  
*n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
5. do\_\_\_\_\_ht impossible  
*adj.* (especially of something bad) complete and absolute; utter; (adverb) completely and absolutely
6. fo\_\_\_\_\_y an immune system  
*v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support
7. mu\_\_\_r at low wages  
*v.* to say something very quietly; to complain about somebody or something under one's breath

ANSWERS: 1. demean, 2. bullish, 3. brash, 4. stereotype, 5. downright, 6. fortify, 7. murmur

8. in\_\_\_t them into military service      *v.* to formally admit someone to a job or position of authority; to officially introduce someone to an organization or group, or beliefs or ideas
9. attempt a ca\_\_\_\_\_el      *n.* a gymnastic move in which a person performs a spinning movement with the body held straight while moving sideways in a handstand position; the wheel of a cart
10. di\_\_\_\_\_e a letter to secretary      *v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded
11. ab\_\_\_\_\_l living conditions      *adj.* extremely bad or unsuccessful, to the degree of being bottomless or unfathomable
12. in\_\_\_t a clergyperson to a benefice      *v.* to formally admit someone to a job or position of authority; to officially introduce someone to an organization or group, or beliefs or ideas
13. bu\_\_y the weak      *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
14. tr\_\_\_\_\_ta of evil      *n.* a situation in which three things or events occur together, especially in a particular sequence, often used in the context of horse racing, where it refers to picking the first three finishers in a race in the correct order

ANSWERS: 8. induct, 9. cartwheel, 10. dictate, 11. abysmal, 12. induct, 13. bully, 14. trifecta

15. li\_\_\_\_\_te potential      *v.* to set free; to release or rescue from captivity or oppression
16. apo\_\_\_\_\_ic letter      *adj.* feeling or expressing regret, remorse, or sorrow for one's actions; making an apology or expressing an excuse for something
17. tr\_\_\_\_\_ta bet      *n.* a situation in which three things or events occur together, especially in a particular sequence, often used in the context of horse racing, where it refers to picking the first three finishers in a race in the correct order
18. gym\_\_\_\_\_cs competition      *n.* a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility
19. di\_\_\_\_\_e to the associate      *v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded
20. female gy\_\_\_\_\_t      *n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment
21. ex\_\_\_\_\_e rebellion      *v.* to make someone feel suddenly enthusiastic or eager
22. bu\_\_y bystander      *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

ANSWERS: 15. liberate, 16. apologetic, 17. trifecta, 18. gymnastics, 19. dictate, 20. gymnast, 21. excite, 22. bully

23. hyp\_\_\_\_\_us on the economy      *n.* an intense focus on a single task or activity to the exclusion of other things
24. be\_\_\_\_\_le his ability      *v.* to speak or write about someone or something in a way that shows a lack of respect
25. co\_\_\_\_\_t in a jail      *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
26. ar\_\_\_\_\_ce of power      *n.* excessive self-confidence or self-importance
27. mi\_\_c a human voice      *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
28. de\_\_\_n the reputation      *v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
29. em\_\_\_k on a trip      *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
30. li\_\_\_\_\_te people from oppression      *v.* to set free; to release or rescue from captivity or oppression
31. red\_\_\_\_\_er an old truth      *v.* to discover or find again something that was previously known but lost
32. fo\_\_\_\_\_y a building      *v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support
33. ef\_\_\_\_\_ve tears      *adj.* expressing feelings of gratitude, affection, or enthusiasm in an unrestrained or excessive way; overflowing

ANSWERS: 23. hyperfocus, 24. belittle, 25. convict, 26. arrogance, 27. mimic, 28. demean, 29. embark, 30. liberate, 31. rediscover, 32. fortify, 33. effusive

34. a di\_\_\_\_\_or with enormous powers      *n.* a political leader who has complete power over a country, especially one who has obtained control by force
35. ca\_\_\_\_\_el kick      *n.* a gymnastic move in which a person performs a spinning movement with the body held straight while moving sideways in a handstand position; the wheel of a cart
36. do\_\_\_\_\_ic approach      *adj.* characterized by strong and unwavering opinions or beliefs that are often expressed with force and without consideration for alternative viewpoints or evidence
37. apo\_\_\_\_\_ic tone      *adj.* feeling or expressing regret, remorse, or sorrow for one's actions; making an apology or expressing an excuse for something
38. face rel\_\_\_\_\_ss pressure      *adj.* persistent and determined; continuing despite difficulties or setbacks
39. b\_\_g about my knowledge      *v.* to say something in a boastful manner, to impress others, or make oneself feel superior
40. inv\_\_\_\_\_le will      *adj.* incapable of being conquered, defeated, or overcome; unassailable
41. ex\_\_\_e the crowd      *v.* to make someone feel suddenly enthusiastic or eager
42. ins\_\_\_\_\_ize a system      *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

ANSWERS: 34. dictator, 35. cartwheel, 36. dogmatic, 37. apologetic, 38. relentless, 39. brag, 40. invincible, 41. excite, 42. institutionalize

43. media sn\_\_k *n.* sarcastic or cutting remarks or comments intended to ridicule or undermine someone, often with a tone of superiority or disdain
44. sexually mo\_\_\_t his stepchild *v.* to harass, bother, or annoy someone, often sexually; to touch or handle someone in an unwelcome or inappropriate way
45. co\_\_\_r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
46. bu\_\_\_\_\_h market *adj.* feeling or expressing confidence or optimism about the future, often related to the stock market or other financial matters
47. military di\_\_\_\_\_or *n.* a political leader who has complete power over a country, especially one who has obtained control by force
48. em\_\_\_\_\_y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
49. re\_\_\_\_\_ne customer experience *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
50. mi\_\_c numerous instruments *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
51. negative ste\_\_\_\_\_pes *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

ANSWERS: 43. snark, 44. molest, 45. confer, 46. bullish, 47. dictator, 48. empathy, 49. redefine, 50. mimic, 51. stereotype

52. mo\_\_\_t a woman on a train      *v.* to harass, bother, or annoy someone, often sexually; to touch or handle someone in an unwelcome or inappropriate way
53. talented gy\_\_\_\_t      *n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment
54. mu\_\_\_r a greeting      *v.* to say something very quietly; to complain about somebody or something under one's breath
55. emp\_\_\_\_\_lly state      *adv.* forcefully or assertively; expressing something with emphasis or conviction
56. co\_\_\_\_t him of manslaughter      *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
57. emp\_\_\_\_\_lly deny      *adv.* forcefully or assertively; expressing something with emphasis or conviction
58. ef\_\_\_\_ve welcome      *adj.* expressing feelings of gratitude, affection, or enthusiasm in an unrestrained or excessive way; overflowing
59. apple bl\_\_\_\_m      *n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success
60. hyp\_\_\_\_\_us state      *n.* an intense focus on a single task or activity to the exclusion of other things

ANSWERS: 52. molest, 53. gymnast, 54. murmur, 55. emphatically, 56. convict, 57. emphatically, 58. effusive, 59. blossom, 60. hyperfocus



61. do\_\_\_\_ic beliefs *adj.* characterized by strong and unwavering opinions or beliefs that are often expressed with force and without consideration for alternative viewpoints or evidence
62. bl\_\_\_\_m garden *n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success
63. inv\_\_\_\_le army *adj.* incapable of being conquered, defeated, or overcome; unassailable
64. answer in a wh\_\_\_\_r *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
65. br\_\_h behavior *adj.* self-assertive in a rude, noisy, or overbearing way; impetuous; lacking in consideration for consequences or the opinions or feelings of others
66. full of em\_\_\_\_y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
67. co\_\_\_\_r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
68. ancient pr\_\_\_\_b *n.* a short saying that expresses a truth or gives advice based on practical experience
69. ap\_\_\_\_d the orchestra *v.* to express approval of someone or something by clapping the hands

ANSWERS: 61. dogmatic, 62. blossom, 63. invincible, 64. whisper, 65. brash, 66. empathy, 67. confer, 68. proverb, 69. applaud

70. ap\_\_\_\_d his courage      *v.* to express approval of someone or something by clapping the hands
71. the wh\_\_\_\_r of the leaves      *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
72. do\_\_\_\_\_ht nonsense      *adj.* (especially of something bad) complete and absolute; utter; (adverb) completely and absolutely
73. red\_\_\_\_\_er a value      *v.* to discover or find again something that was previously known but lost
74. ab\_\_\_\_l performance      *adj.* extremely bad or unsuccessful, to the degree of being bottomless or unfathomable
75. political sn\_\_k      *n.* sarcastic or cutting remarks or comments intended to ridicule or undermine someone, often with a tone of superiority or disdain
76. ins\_\_\_\_\_ize customary laws      *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
77. be\_\_\_\_le through talk      *v.* to speak or write about someone or something in a way that shows a lack of respect
78. a hackneyed pr\_\_\_\_b      *n.* a short saying that expresses a truth or gives advice based on practical experience
79. rel\_\_\_\_\_ss attack      *adj.* persistent and determined; continuing despite difficulties or setbacks
80. brazen ar\_\_\_\_\_ce      *n.* excessive self-confidence or self-importance

ANSWERS: 70. applaud, 71. whisper, 72. downright, 73. rediscover, 74. abysmal, 75. snark, 76. institutionalize, 77. belittle, 78. proverb, 79. relentless, 80. arrogance

81. re\_\_\_\_\_ne our role                      v.    to change the meaning or interpretation of something; to make people think about something in a new or different way
82. b\_\_g to each other                      v.    to say something in a boastful manner, to impress others, or make oneself feel superior
83. em\_\_\_k on a foolish adventure           v.    to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
84. gym\_\_\_\_\_cs routine                      n.    a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility

ANSWERS: 81. redefine, 82. brag, 83. embark, 84. gymnastics

## Session 3: Fill in the Blanks

1. The Olympic \_\_\_\_\_ performed a flawless routine on the balance beam and received a perfect ten score.
  - n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment
2. The company's old \_\_\_\_\_ policies were the cause of its downfall.
  - adj.* characterized by strong and unwavering opinions or beliefs that are often expressed with force and without consideration for alternative viewpoints or evidence
3. It was a \_\_\_\_\_ lie that he would attend the event.
  - adj.* (especially of something bad) complete and absolute; utter; (adverb) completely and absolutely
4. He is very popular at school because he can \_\_\_\_\_ all the teachers' accents.
  - v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
5. The chef's \_\_\_\_\_ of appetizers was a hit at the dinner party.
  - n.* a situation in which three things or events occur together, especially in a particular sequence, often used in the context of horse racing, where it refers to picking the first three finishers in a race in the correct order
6. The speaker \_\_\_\_\_ expressed their opinion on the urgent need for climate action.
  - adv.* forcefully or assertively; expressing something with emphasis or conviction
7. He drank a protein shake to \_\_\_\_\_ his muscles before the marathon.
  - v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

ANSWERS: 1. gymnast, 2. dogmatic, 3. downright, 4. mimic, 5. trifecta, 6. emphatically, 7. fortify

8. I enthusiastically \_\_\_\_\_ my rival's achievement.  
*v.* to express approval of someone or something by clapping the hands
9. You shouldn't \_\_\_\_\_ yourself by taking on tasks beneath your skill level.  
*v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
10. The team felt \_\_\_\_\_ after their winning streak.  
*adj.* incapable of being conquered, defeated, or overcome; unassailable
11. \_\_\_\_\_ is also necessary to understand history.  
*n.* the ability to share another person's feelings or experiences by imagining that person's situation
12. The allies \_\_\_\_\_ the terms of surrender to the country.  
*v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded
13. He always \_\_\_\_\_ at the ill-treatment.  
*v.* to say something very quietly; to complain about somebody or something under one's breath
14. The schoolyard \_\_\_\_\_ terrorized the other children and made their lives miserable.  
*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
15. He took me aside and \_\_\_\_\_ in my ear.  
*v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

ANSWERS: 8. applaud, 9. demean, 10. invincible, 11. Empathy, 12. dictated, 13. murmurs, 14. bully, 15. whispered

16. He acted with \_\_\_\_\_ and was not well-liked by his colleagues.  
*n.* excessive self-confidence or self-importance
17. The famous \_\_\_\_\_ "actions speak louder than words" reminds us to focus on deeds instead of words.  
*n.* a short saying that expresses a truth or gives advice based on practical experience
18. The \_\_\_\_\_ young CEO made a lot of enemies with his bold decisions.  
*adj.* self-assertive in a rude, noisy, or overbearing way; impetuous; lacking in consideration for consequences or the opinions or feelings of others
19. She couldn't resist adding a little \_\_\_\_\_ to her online comment.  
*n.* sarcastic or cutting remarks or comments intended to ridicule or undermine someone, often with a tone of superiority or disdain
20. A popular uprising led to the overthrow of the \_\_\_\_\_.  
*n.* a political leader who has complete power over a country, especially one who has obtained control by force
21. The leaders of the two countries met to \_\_\_\_\_ on the issue.  
*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
22. We \_\_\_\_\_ on a new project.  
*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
23. \_\_\_\_\_ classes are fun for kids to stay active and learn new skills.  
*n.* a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility

ANSWERS: 16. arrogance, 17. proverb, 18. brash, 19. snark, 20. dictator, 21. confer, 22. embarked, 23. Gymnastics

24. Despite his impressive achievements, he refrained from \_\_\_\_\_ about his success.
- v. to say something in a boastful manner, to impress others, or make oneself feel superior
25. The athlete's \_\_\_\_\_ training paid off in the end.
- adj. persistent and determined; continuing despite difficulties or setbacks
26. The employee received an \_\_\_\_\_ compliment from their boss for their hard work.
- adj. expressing feelings of gratitude, affection, or enthusiasm in an unrestrained or excessive way; overflowing
27. He was \_\_\_\_\_ for being late to the meeting.
- adj. feeling or expressing regret, remorse, or sorrow for one's actions; making an apology or expressing an excuse for something
28. We were \_\_\_\_\_ into the honor society.
- v. to formally admit someone to a job or position of authority; to officially introduce someone to an organization or group, or beliefs or ideas
29. He was \_\_\_\_\_ on fraud charges and sentenced to five years in prison.
- v. to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
30. He \_\_\_\_\_ her in front of the office, making her feel small and insignificant.
- v. to speak or write about someone or something in a way that shows a lack of respect
31. He had a hard time focusing on anything else because he was in \_\_\_\_\_ on his project.
- n. an intense focus on a single task or activity to the exclusion of other things

ANSWERS: 24. bragging, 25. relentless, 26. effusive, 27. apologetic, 28. inducted, 29. convicted, 30. belittled, 31. hyperfocus

32. The news of her promotion \_\_\_\_\_ her.  
*v.* to make someone feel suddenly enthusiastic or eager
33. The company's \_\_\_\_\_ sales performance led to layoffs and budget cuts.  
*adj.* extremely bad or unsuccessful, to the degree of being bottomless or unfathomable
34. The prisoners were \_\_\_\_\_ after the war ended.  
*v.* to set free; to release or rescue from captivity or oppression
35. The new policy aims to \_\_\_\_\_ the use of renewable energy sources.  
*v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
36. The video telephony application has \_\_\_\_\_ the way we work.  
*v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
37. The gymnast did a perfect \_\_\_\_\_ across the mat.  
*n.* a gymnastic move in which a person performs a spinning movement with the body held straight while moving sideways in a handstand position; the wheel of a cart
38. The cherry \_\_\_\_\_ trees in the park were in full bloom, creating a beautiful sight.  
*n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success

ANSWERS: 32. excited, 33. abysmal, 34. liberated, 35. institutionalize, 36. redefined, 37. cartwheel, 38. blossom



39. Investors are feeling \_\_\_\_\_ about the company's potential for growth in the coming years.  
*adj.* feeling or expressing confidence or optimism about the future, often related to the stock market or other financial matters
40. Changing \_\_\_\_\_ about LGBTQ requires considerable effort.  
*n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
41. The organization campaigns for stricter penalties for those who \_\_\_\_\_ children.  
*v.* to harass, bother, or annoy someone, often sexually; to touch or handle someone in an unwelcome or inappropriate way
42. The painting was \_\_\_\_\_ in an attic and turned out to be a long-lost masterpiece.  
*v.* to discover or find again something that was previously known but lost

ANSWERS: 39. bullish, 40. stereotypes, 41. molest, 42. rediscovered