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Bob Langert: The business case for working with your toughest critics | TED Talk

https://www.ted.com/talks/bob_langert_the_business_case_for_working_with_your_toughest_critics

All Words

IMPORTANT

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Session 1: Word List

infamous

adj. having a reputation for being very bad or wicked

synonym : notorious, disreputable, scandalous

(1) an **infamous** crime, (2) acquire an **infamous** reputation

The **infamous** criminal was finally brought to justice.

revelry

n. lively and noisy festivities, typically involving drinking, dancing, and general merrymaking; a celebration marked by indulgence and enjoyment

synonym : festivity, merrymaking, celebration

(1) **revelry** in the streets, (2) festival **revelry**

The street was filled with **revelry** on New Year's Eve.

adversary

n. a person, group, or force that opposes or fights against another; an enemy or opponent

synonym : opponent, enemy, foe

(1) **adversary** team, (2) political **adversary**

The boxer's toughest **adversary** was his fear of losing.

clam

n. a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness

(1) giant **clam**, (2) shuck a **clam**

The **clam** digs through the sand to a significant depth.

symbol

n. something visible that is used to represent something else

synonym: mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

garbage

n. waste material, especially food waste and kitchen refuse

synonym: waste, trash, debris

(1) **garbage** collection, (2) lump of **garbage**

The **garbage** truck will be coming to pick up the trash every Monday morning.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**

His final goal is to sail around the **globe**.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**
I've been thinking all day and getting **nowhere**.

polystyrene

n. a lightweight, thermoplastic polymer material used in the manufacture of a wide range of products, including packaging, insulation, and consumer goods

(1) **polystyrene** foam, (2) **polystyrene** packaging

The construction industry often utilizes **polystyrene** insulation panels to improve building energy efficiency.

intriguing

adj. arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating

synonym: fascinating, captivating, arresting

(1) **intriguing** concept, (2) **intriguing** character

The novel's plot was **intriguing** and kept readers in their seats.

upheaval

n. great change, disruption, or disturbance; (geology) a rise of land to a higher elevation

synonym: disturbance, turmoil, upheaval

(1) **upheaval** of society, (2) the big **upheaval** of my life

The recent political **upheaval** has left the country in a state of chaos.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

tune

n. a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

synonym : melody, harmony, (verb) adjust

(1) the **tune** of a song, (2) **tune** a piano

The band played a beautiful **tune** on their instruments.

protest

n. a strong expression of disagreement, disapproval, or opposition

synonym : objection, disapproval, challenge

(1) hold a **protest**, (2) a silent **protest**

He left the party in **protest** at its radical political stance.

sentimental

adj. connected with or resulting from someone's emotions, rather than reason or realism

synonym : bathetic, drippy, maudlin

(1) in a **sentimental** mood, (2) **sentimental** damage

Stop being **sentimental** and always speak the truth.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

subside

v. to become less intense or widespread; to sink to a lower level

synonym : decrease, decline, diminish

(1) **subside** an argument, (2) **subside** after a short time

The storm **subsided**, leaving the town in peace.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

dormant

adj. in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances

synonym : inactive, sleeping, quiescent

(1) **dormant** volcano, (2) **dormant** account

The disease can remain **dormant** for years before it presents any symptoms.

involve

v. to include or affect someone or something as a necessary part of something else

synonym : implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

pollution

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

synonym : corrosion, deterioration, corruption

(1) environmental **pollution**, (2) high levels of air **pollution**

The **pollution** is endangering the local plants and animals.

corporate

adj. of or relating to a large company

synonym : business, commercial, organizational

(1) **corporate** right, (2) **corporate** environment

The **corporate** office has decided to lay off 10% of the workforce.

suit

n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

synonym : clothes, lawsuit, (verb) fit

(1) **suit** and tie restaurant, (2) **suit** at law

Six **suits** are awaiting trial or verdict.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym : depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

emerging

adj. starting to exist, mature, or become well-known

synonym : arising, occurring, state-of-the-art

(1) **emerging** country, (2) **emerging** technologies

Emerging technologies have dramatically improved productivity in various industries.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

sustainable

adj. able to continue or be continued for a long time

synonym : continuable, enduring, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

partnership

n. the state of a cooperative relationship between people or groups, especially in business

synonym : alliance, participation, cooperation

(1) **partnership** across the Atlantic, (2) establish a **partnership**

The military **partnership** between the two countries created tension in the international community.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym : protect, guard, support

(1) **defend** my country, (2) **defend** against a threat

International law allows each nation to **defend** itself when its rights and interests are illegally violated.

principle

n. a fundamental law or truth that explains or controls how something happens or works

synonym : rule, creed, code

(1) **principle** of treatment, (2) **principle** in business

Efficiency isn't an essential **principle** here; fairness is.

sue

v. to claim a person or organization, especially by filing a legal claim for money or redress

synonym : accuse, plead, file

(1) **sue** a company for damages, (2) **sue** my boss for harassment

He planned to **sue** the organization for negligence.

bastardize

v. to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something

synonym : corrupt, debase, pervert

(1) **bastardize** a recipe, (2) **bastardize** culture

We do not want to **bastardize** the text's original meaning through poor translations.

apprehensive

adj. anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something

synonym : anxious, uneasy, nervous

(1) **apprehensive** of danger, (2) **apprehensive** mood

She was **apprehensive** about speaking in front of a large crowd.

tree-hugger

n. a person who is passionate about environmentalism and works to protect trees and other natural resources

synonym: environmentalist, conservationist, nature lover

(1) **tree-hugger** movement, (2) **tree-hugger** ideology

The **tree-hugger** organization organized a protest against deforestation, advocating for the protection of forests and wildlife habitats.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym: throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

physics

n. the science of matter and energy and their interactions

(1) nuclear **physics**, (2) laws of **physics**

He studied the **physics** of radiation.

quarter

n. one of four equal parts; a fourth part or portion

synonym: fourth, one-fourth

(1) a **quarter** mile, (2) end of the first **quarter**

The unemployment rate in the first **quarter** was 2.3 percentage points higher than in the previous.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

squirt

v. to eject or discharge with force in a fast stream or jet; to spray or sprinkle with a liquid or substance

synonym : spray, eject, spurt

(1) **squirt** water, (2) **squirt** oil

She **squirted** the ketchup onto her fries before taking a bite.

mustard

n. a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown

synonym : condiment, sauce, spice

(1) **mustard** leaf, (2) black **mustard** seed

He had to endure the **mustard** gas attack during the war.

pickle

n. vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation

synonym : jam, predicament, quagmire

(1) **pickle** a cucumber, (2) **pickle** barrel

The **pickle** must have an acidity level high enough to inhibit the growth of bacteria.

frustrate

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

synonym : hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

impressive

adj. arousing admiration due to size, quality, or skill

synonym : impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

reuse

v. to use something again or more than once

synonym: reprocess, recycle, rehash

(1) **reuse** the materials, (2) **reuse** existing knowledge

The supermarket encourages shoppers to **reuse** plastic bags.

holy

adj. of or related to a god, divine power, or a particular religion

synonym: sacred, religious, divine

(1) a **holy** man, (2) a **holy** shrine

They gathered to hear the **holy** teachings of the guru.

grail

n. a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable

synonym: chalice, treasure, quest

(1) holy **grail**, (2) ultimate **grail**

The search for the **grail** is often used as a metaphor for any difficult quest or task.

mess

n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

synonym: disarray, confusion, predicament

(1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

reject

v. to refuse to accept, consider, or use something or someone

synonym: decline, turn down, repudiate

(1) **reject** the proposal, (2) **reject** all imperfect merchandise

The company **rejected** the job candidate's application due to a lack of experience.

prop

n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym: support, buttress, column

(1) emotional **prop**, (2) **prop** stick
We have finally lost our last **prop**.

spit v. to eject saliva or other liquid from the mouth
synonym: expectorate, saliva, spew
(1) **spit** a bullet, (2) **spit** a mouthful of saliva
She tried to **spit** out the gum that she had been chewing.

grim *adj.* looking or sounding very serious or gloomy
synonym: fierce, harsh, gloomy
(1) **grim** reality, (2) a **grim-featured** man
The result presented a **grim** picture of inefficiency and corruption.

stark *adj.* empty, simple, or apparent; devoid of any qualifications
synonym: crude, blunt, desolate
(1) **stark** landscape, (2) **stark** truth
The scenery of the battlefield was **stark** and grey.

beverage *n.* a drink of any type
synonym: drink, libation, liquid
(1) food and **beverage**, (2) alcoholic **beverages**
Bring a snack or **beverage** to satisfy your appetite.

conclude v. to come to an end or close; to reach a judgment or opinion by reasoning
synonym: complete, finish, decide
(1) **conclude** a meeting, (2) **conclude** that he is healthy
We **concluded** a cease-fire.

carry-out *n.* food or drink prepared in a restaurant or store for customers to take and eat elsewhere rather than being consumed on the premises
synonym: takeout, to-go, carry-away
(1) **carry-out** container, (2) **carry-out** service
I need to order some **carry-out** food for dinner tonight.

virgin

n. a person who has never had sex; (adjective) being used or worked for the first time

synonym: virtuous, vestal, beginner

(1) **virgin** material, (2) enter **virgin** territory

Within a few years, no **virgin** forests will remain.

chlorine

n. a chemical element with the symbol Cl and atomic number 17, a greenish-yellow gas that is highly reactive and used in a variety of applications, including as a bleach and disinfectant

synonym: element, greenish-yellow gas, bleach

(1) **chlorine** gas, (2) **chlorine** tablet

Some people are sensitive to the smell of **chlorine** and experience headaches or respiratory irritation.

bleach

v. to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach

synonym: whiten, lighten, blanch

(1) **bleach** stains, (2) **bleach** hair

I need to **bleach** this shirt to remove the stains.

chemical

adj. relating to or connected with chemistry;

synonym: chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

recycle

v. to sort and collect things to process them and produce valuable materials that can be used again

synonym: reclaim, reuse, reprocess

(1) **recycle** the cardboard boxes, (2) **recycle** milk packaging into new paper

We largely **recycle** the circuit board of cell phones because they contain a lot of valuable metals.

corrugated

adj. having ridges, grooves, or folds that run parallel to one another, often used to describe materials like cardboard

or metal

synonym: ridged, grooved, wrinkled

(1) **corrugated** panel, (2) **corrugated** metal roofing

The **corrugated** cardboard was sturdy enough to support the weight of the heavy items being shipped.

fiber

n. thread or filament used to make a vegetable tissue, mineral material, or textile

synonym: yarn, thread, wool

(1) carbon **fiber**, (2) synthetic **fiber**

We must consume dietary **fiber** to maintain good health.

napkin

n. a small piece of cloth or paper used for wiping one's mouth and hands while eating; a decorative cloth placed on a table for formal occasions

synonym: serviette, handkerchief, cloth

(1) paper **napkin**, (2) linen **napkin**

I always keep a stack of **napkins** on my desk while I eat to prevent any messes.

speckle

n. a small, irregular spot or marking, often caused by the presence of dust, dirt, or other particles; (verb) to mark or cover something with small, irregular spots or flecks of color

synonym: fleck, spot, dot

(1) **speckle** pattern, (2) **speckle** noise

The **speckle** of red on the white porcelain vase made it stand out in the antique shop.

vogue

n. the popular or fashionable trend or style of a particular time, especially in clothing, music, or general culture

synonym: trend, style, fashion

(1) current **vogue**, (2) follow **vogue** trends

Bellbottoms were in **vogue** during the 1970s but are not as popular today.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

crusader

n. a person who is committed to a cause or campaign that they see as being beneficial or righteous; historically, a person who took part in the medieval military campaigns to retake the Holy Land from the Muslims

synonym: advocate, activist, ideologue

(1) anti-corruption **crusader**, (2) a **crusader** for justice

The history books are full of tales of legendary **crusaders** who went on epic adventures.

reduction

n. a decrease in size, amount, or degree

synonym: diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant since the implementation of the new policy.

ditch

n. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away

synonym: trench, channel, furrow

(1) agricultural **ditch**, (2) **ditch** my career

The farmers used **ditches** to drain water from their fields.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

contrarian

n. a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy

synonym: dissenter, maverick, rebel

(1) **contrarian** investor, (2) **contrarian** philosophy

The politician's **contrarian** stance on immigration has earned him a lot of supporters and detractors alike.

folk

n. people in general, especially those of a particular group or type

synonym: community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

obvious

adj. easy to see, discover or understand

synonym: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

conflict

n. a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

vociferous

adj. characterized by loud, insistent, or attention-grabbing verbal expression

synonym : loud, noisy, clamorous

(1) **vociferous** protest, (2) **vociferous** criticism

The **vociferous** fans cheered loudly for their team during the game.

vigilant

adj. keeping careful watch for possible danger or difficulties

synonym : watchful, attentive, alert

(1) **vigilant** watch, (2) **vigilant** about hand-washing

The guards had to remain **vigilant** to ensure the safety of the high-security facility.

peter

v. to fail or lose power, efficiency, or value gradually before coming to an end

synonym : decrease, drop, lower

(1) eventually **peter** out, (2) begin to **peter** out

The music just **petered** out.

liberate

v. to set free; to release or rescue from captivity or oppression

synonym : emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential

The prisoners were **liberated** after the war ended.

modern

adj. of or belonging to the present time or recent times

synonym : contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society

Their headquarters are in a **modern** skyscraper.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

vegan

n. a person who does not eat or use any animal products, typically for ethical or environmental reasons

(1) raw food **vegan**, (2) **vegan** lifestyle

The **vegan** diet is based on plant-based foods.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

bacon

n. a type of salt-cured pork that is usually sliced and fried; a meat product that is derived from the back or sides of a pig

synonym: ham, pork belly, gammon

(1) **bacon** and eggs, (2) **bacon** sandwich

I love the smell of **bacon** sizzling in the morning.

sausage

n. a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices

synonym: bratwurst, wurst, frankfurter

(1) beef **sausage**, (2) German **sausage**

The mother sliced off a piece of **sausage**.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other

material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

pastry

n. a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes

synonym : bakery, baked goods, sweet treats

(1) **pastry** chef, (2) fruit **pastry**

The chef's specialty is a savory **pastry** with spinach and feta cheese.

gracious

adj. behaving in a kind, polite and generous way

synonym : cordial, affable, courteous

(1) in a **gracious** manner, (2) **gracious** hospitality

The staff is always helpful and **gracious**.

welfare

n. the general health, happiness, and prosperous of a person or group

synonym : well-being, benefit, health

(1) child **welfare**, (2) a **welfare** state

She struggled for years to survive without **welfare**.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym : power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life

The former emperor had a particular **influence** even after he abdicated.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

opposed

adj. being completely different from something or disagreeing strongly with something

synonym : anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

terrific

adj. causing terror or fear; extremely great or intense; very good or excellent

synonym : fantastic, great, excellent

(1) absolutely **terrific**, (2) at a **terrific** speed

The view from the top of the mountain was **terrific**, with sweeping vistas of the valley below.

recommendation

n. an official suggestion that something is good or suitable for a particular purpose or job

synonym : guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of **recommendation**

We made a **recommendation** to the client.

temple

n. a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead

synonym : shrine, mosque, synagogue

(1) **temple** complex, (2) a tour guide at the **temple**

He visited the **temple** to pray and make offerings to the gods.

renowned

adj. famous and respected for great achievements, qualities, etc.

synonym : noted, prominent, acclaimed

(1) a **renowned** artist, (2) **renowned** as a novelist

This area is **renowned** for its hot springs.

react

v. to take action in response to something

synonym: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym: building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

slaughterhouse

n. a facility where animals are killed and processed for meat

synonym: abattoir, meatpacking plant, butcher shop

(1) **slaughterhouse** operation, (2) **slaughterhouse** facility

The smell of the **slaughterhouse** made him feel sick to his stomach.

handle

v. to deal with a situation, problem, or strong emotion

synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

prod

v. to poke or jab with a pointed object, often to urge or encourage movement or action; to provoke or stimulate someone to take action or respond in a particular way

synonym: poke, jab, nudge

(1) **prod** him into action, (2) **prod** him with a stick

She used a stick to **prod** the fire and make it burn brighter.

zap

v. to strike, destroy, get rid of, or kill something or someone suddenly and with force

synonym: destroy, kill, exterminate

(1) **zap** a huge target, (2) **zap** bar code

They provided allies with powerful weapons that could **zap** the enemy from thousands of miles away.

appall

v. to shock or disgust; to fill with dismay

synonym: shock, disgust, dismay

(1) **appall** the tourists, (2) **appall** me

The news of the massacre **appalled** the entire nation.

redesign

v. to design something again, especially in a different or modified form; (noun) the process of designing something again

synonym: revamp, rework, remodel

(1) **redesign** project, (2) **redesign** of lifestyle

The company is planning to **redesign** its website.

corral

n. a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence

synonym: pen, enclosure, yard

(1) **corral** fence, (2) enclose in a **corral**

The farmer used a high **corral** to keep the cattle from wandering off.

guideline

n. a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be

synonym: policy, direction, protocol

(1) an education **guideline**, (2) **guideline** for clinical trial

This book will be a practical **guideline** when coding.

implement

v. to put a decision, plan, or system into effect

synonym: execute, enforce, put through

(1) **implement** a corporate strategy, (2) **implement** security measures

The government promised to **implement** a new system to control the financial crisis.

integrate

v. to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups

synonym : mix, merge, combine

(1) **integrate** into the existing system, (2) **integrate** both businesses

He found that it is difficult to **integrate** socially.

enforce

v. to make sure that people obey a particular law, rule, or situation

synonym : execute, implement, administer

(1) **enforce** the law, (2) **enforce** a contract

Governments make rules, and police **enforce** them.

deforestation

n. the act of cutting down or burning trees in a large area

synonym : clear-cutting, desertification

(1) **deforestation** of the tropics, (2) the lowest **deforestation** rate

Large-scale **deforestation** also has a significant impact on marine ecosystems in the area.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym : strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

government

n. the group of people with authority to control a country or state

synonym : administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

chain

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

synonym: series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

soy

n. a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed

(1) **soy** allergy, (2) **soy** milk

Many people use **soy** sauce for sushi, stir-fries, and marinades.

ingredient

n. one of the things used to make something, especially one of the foods used to make a particular dish

synonym: element, component

(1) secret **ingredients**, (2) compound the **ingredients**

Greed is the primary **ingredient** in the making of criminals.

wildlife

n. animals, birds, insects, etc. that grow independently of people and live in natural conditions

(1) **wildlife** sanctuary, (2) bird and other **wildlife**

The conservation area has an abundance of **wildlife**.

conservation

n. the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity

synonym: preservation, protection, saving

(1) soil **conservation**, (2) the **conservation** law of physics

The forest was recently designated a **conservation** area.

accurate

adj. correct and exact in all details

synonym : exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

internal

adj. of or relating to the inside of something

synonym : interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

miraculous

adj. very effective or lucky, or completely unexpected

synonym : amazing, astonishing, awesome

(1) a **miraculous** encounter, (2) go through a **miraculous** change

He made a **miraculous** recovery.

pristine

adj. new and completely free from dirt or contamination

synonym : chaste, pure, immaculate

(1) **pristine** beach, (2) maintain the **pristine** condition

It is terrific to camp in **pristine** nature.

human-made

adj. created or produced by humans; artificial

synonym : artificial, unnatural, manufactured

(1) **human-made** climate change, (2) the worst **human-made** disaster

The bridge is a **human-made** structure and was built to span the river.

structure

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

synonym : construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

blatant

adj. completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior

synonym: obvious, flagrant, conspicuous

(1) **blatant** hypocrisy, (2) **blatant** disregard

Fact-checkers quickly exposed the politician's **blatant** lie.

rainforest

n. a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall

(1) **rainforest** destruction, (2) tropical **rainforest**

The destruction of the **rainforest** is a ticking time bomb for the Earth.

destruction

n. the act of causing so much damage to something

synonym: devastation, annihilation, ruin

(1) path of **destruction**, (2) cyclonic **destruction**

The extinction of several subspecies has been linked to climate change and habitat **destruction**.

unlikely

adj. not probable or likely to happen

synonym: doubtful, questionable, far-fetched

(1) **unlikely** event, (2) it is **unlikely** that he would win the game

The passage of the bill is **unlikely**.

collaboration

n. the act or situation of working together to create or produce something

synonym: affiliation, alliance, coalition

(1) **collaboration** between companies, (2) **collaboration** platform

The partnership program requires a mutual **collaboration** between both agencies.

outstanding

adj. superior to others in excellence; not yet paid, completed, etc.

synonym: distinguished, excellent, unprecedented

(1) an **outstanding** new record, (2) pay **outstanding** debts

It's an area of **outstanding** natural beauty.

recruit

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym: raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

retailer

n. a person or business that sells goods to the public, typically in small quantities

synonym: seller, vendor, merchant

(1) **retailer** strategy, (2) **retailer** competition

The consumer-electronics **retailer** offered a discount for customers who paid in cash.

moratorium

n. a temporary suspension or delay of an activity or process, often as a result of an official agreement or decision

synonym: suspension, pause, halt

(1) a temporary **moratorium** on evictions, (2) impose **moratorium**

The council has decided to impose a **moratorium** on building new houses in the area.

clear-cut

adj. defined or delimited sharply and distinctly; easily seen or understood; without ambiguity or confusion

synonym: obvious, distinct, definitive

(1) **clear-cut** evidence, (2) **clear-cut** definition

The **clear-cut** instructions made the task simple and easy to follow.

announce

v. to make something known or officially inform people about something

synonym : disclose, declare, broadcast

(1) **announce** candidacy, (2) **announce** the award winners

The third season of the anime show has been **announced**.

declare

v. to say, state, or announce something clearly, officially, or publicly

synonym : announce, state, affirm

(1) **declare** independence, (2) **declare** my love

Foreign goods from abroad must be **declared** to customs when entering a country.

spectacular

adj. striking or impressive to look at or in performance or achievement

synonym : breathtaking, impressive, grand

(1) **spectacular** view, (2) achieve **spectacular** growth

The **spectacular** fireworks display was the highlight of the festival.

commonplace

adj. occurring very often; lacking originality or interest

synonym : ordinary, routine, mundane

(1) become a **commonplace** sight, (2) **commonplace** event

Forgetting someone's name is a **commonplace** occurrence.

batter

v. to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting

synonym : beat, pound, strike

(1) **batter** the eggs, (2) the **batter's** box

He got so angry that he **battered** the door down.

deny

v. to state that one refuses to admit the existence or truth of something

synonym : refute, reject, repudiate

(1) adamantly **deny** killing, (2) **deny** the allegations

He is still **denying** stealing the money from the cash register.

lame

adj. having a limp or difficulty walking due to an injury or disability

synonym : cripple, gimp, hobbled

(1) a **lame** older man, (2) **lame** apology

The **lame** horse was unable to race.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

alternative

n. one of two or more available possibilities or choice

synonym : choice, option

(1) an **alternative** plan, (2) there is no other **alternative**

Doctors are gradually coming around to the idea of using **alternative** medicines.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym : guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

intention

n. something you want to do and are going to do

synonym : purpose, connotation, will

(1) **intention** behind his decision, (2) clear **intention**

Our CEO's **intentions** are always transparent and straightforward.

tactics

n. the methods or strategies used to achieve a specific goal or outcome, particularly in the context of military, business, or sports

synonym : strategy, maneuvers, plan

(1) blitz **tactics**, (2) political **tactics**

The marketing team developed new **tactics** to boost sales.

transparent

adj. easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

synonym : translucent, evident, diaphanous

(1) a **transparent** lie, (2) **transparent** crystal

The focus of these initiatives is to make the financial system more **transparent**.

Session 2: Spelling

- | | |
|--------------------------------|---|
| 1. mu____d leaf | <i>n.</i> a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown |
| 2. pro_____on of disease | <i>n.</i> the act or process of changing to the next stage or phase or moving forward |
| 3. ch_____ne tablet | <i>n.</i> a chemical element with the symbol Cl and atomic number 17, a greenish-yellow gas that is highly reactive and used in a variety of applications, including as a bleach and disinfectant |
| 4. in_____e a lot of paperwork | <i>v.</i> to include or affect someone or something as a necessary part of something else |
| 5. pi___e barrel | <i>n.</i> vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation |
| 6. sla_____use facility | <i>n.</i> a facility where animals are killed and processed for meat |
| 7. anti-corruption cr_____er | <i>n.</i> a person who is committed to a cause or campaign that they see as being beneficial or righteous; historically, a person who took part in the medieval military campaigns to retake the Holy Land from the Muslims |

ANSWERS: 1. mustard, 2. progression, 3. chlorine, 4. involve, 5. pickle, 6. slaughterhouse, 7. crusader

- | | |
|---|--|
| 8. t__e a piano | <i>n.</i> a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard |
| 9. f__k art | <i>n.</i> people in general, especially those of a particular group or type |
| 10. do____t volcano | <i>adj.</i> in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances |
| 11. s_e a company for damages | <i>v.</i> to claim a person or organization, especially by filing a legal claim for money or redress |
| 12. shuck a c__m | <i>n.</i> a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness |
| 13. laws of ph____s | <i>n.</i> the science of matter and energy and their interactions |
| 14. li____te people from oppression | <i>v.</i> to set free; to release or rescue from captivity or oppression |
| 15. lump of ga____e | <i>n.</i> waste material, especially food waste and kitchen refuse |
| 16. su____e you're right | <i>v.</i> to think that something is likely to be actual or possible |
| 17. a cell phone with an internet
fa____ty | <i>n.</i> a building or place that provides a particular service or is used for a particular industry |
| 18. in____on behind his decision | <i>n.</i> something you want to do and are going to do |

ANSWERS: 8. tune, 9. folk, 10. dormant, 11. sue, 12. clam, 13. physics, 14. liberate, 15. garbage, 16. suppose, 17. facility, 18. intention

19. su____e beforehand *v.* to think that something is likely to be actual or possible
20. a silent pr____t *n.* a strong expression of disagreement, disapproval, or opposition
21. political ta____s *n.* the methods or strategies used to achieve a specific goal or outcome, particularly in the context of military, business, or sports
22. col____te on a press release *v.* to work with someone else to produce or achieve something
23. cyclonic des____on *n.* the act of causing so much damage to something
24. an education gu____ne *n.* a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be
25. ha____ed the incident *v.* to deal with a situation, problem, or strong emotion
26. official sta____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
27. bas____ze culture *v.* to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something
28. re____y in the streets *n.* lively and noisy festivities, typically involving drinking, dancing, and general merrymaking; a celebration marked by indulgence and enjoyment

ANSWERS: 19. suppose, 20. protest, 21. tactics, 22. collaborate, 23. destruction, 24. guideline, 25. handle, 26. statistics, 27. bastardize, 28. revelry

29. follow vo__e trends *n.* the popular or fashionable trend or style of a particular time, especially in clothing, music, or general culture
30. pol_____ne packaging *n.* a lightweight, thermoplastic polymer material used in the manufacture of a wide range of products, including packaging, insulation, and consumer goods
31. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
32. com_____ce event *adj.* occurring very often; lacking originality or interest
33. a cr_____er for justice *n.* a person who is committed to a cause or campaign that they see as being beneficial or righteous; historically, a person who took part in the medieval military campaigns to retake the Holy Land from the Muslims
34. bird and other wi_____fe *n.* animals, birds, insects, etc. that grow independently of people and live in natural conditions
35. app_____ive mood *adj.* anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something
36. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
37. ac_____te measurements *adj.* correct and exact in all details

ANSWERS: 29. vogue, 30. polystyrene, 31. progression, 32. commonplace, 33. crusader, 34. wildlife, 35. apprehensive, 36. decide, 37. accurate

38. secret ing_____nts *n.* one of the things used to make something, especially one of the foods used to make a particular dish
39. sp____t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
40. hum_____de climate change *adj.* created or produced by humans; artificial
41. food and be_____ge *n.* a drink of any type
42. p__d him with a stick *v.* to poke or jab with a pointed object, often to urge or encourage movement or action; to provoke or stimulate someone to take action or respond in a particular way
43. a qu_____r mile *n.* one of four equal parts; a fourth part or portion
44. become a com_____ce sight *adj.* occurring very often; lacking originality or interest
45. pr_____ne beach *adj.* new and completely free from dirt or contamination
46. a we_____e state *n.* the general health, happiness, and prosperous of a person or group
47. int_____ng concept *adj.* arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating
48. there is no other alt_____ve *n.* one of two or more available possibilities or choice

ANSWERS: 38. ingredient, 39. spirit, 40. human-made, 41. beverage, 42. prod, 43. quarter, 44. commonplace, 45. pristine, 46. welfare, 47. intriguing, 48. alternative

49. the lowest def_____ion rate *n.* the act of cutting down or burning trees in a large area
50. vi_____nt watch *adj.* keeping careful watch for possible danger or difficulties
51. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
52. ch_____ne gas *n.* a chemical element with the symbol Cl and atomic number 17, a greenish-yellow gas that is highly reactive and used in a variety of applications, including as a bleach and disinfectant
53. a tra_____nt lie *adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely
54. sla_____use operation *n.* a facility where animals are killed and processed for meat
55. a temporary mor_____um on evictions *n.* a temporary suspension or delay of an activity or process, often as a result of an official agreement or decision
56. de_____e my love *v.* to say, state, or announce something clearly, officially, or publicly
57. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
58. the big up_____al of my life *n.* great change, disruption, or disturbance; (geology) a rise of land to a higher elevation

ANSWERS: 49. deforestation, 50. vigilant, 51. statistics, 52. chlorine, 53. transparent, 54. slaughterhouse, 55. moratorium, 56. declare, 57. stick, 58. upheaval

59. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
60. re_____e CO2 into the air *v.* to set free or allow to escape from confinement
61. re__t at a high temperature *v.* to take action in response to something
62. ca_____ut container *n.* food or drink prepared in a restaurant or store for customers to take and eat elsewhere rather than being consumed on the premises
63. s__t and tie restaurant *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
64. carbon fi__r *n.* thread or filament used to make a vegetable tissue, mineral material, or textile
65. enter vi___n territory *n.* a person who has never had sex; (adjective) being used or worked for the first time
66. voc_____us protest *adj.* characterized by loud, insistent, or attention-grabbing verbal expression
67. f__p a coin *v.* to turn over into a different position quickly; to throw or toss with a light motion
68. re__t against his way of thinking *v.* to take action in response to something
69. black mu_____d seed *n.* a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown

ANSWERS: 59. government, 60. release, 61. react, 62. carry-out, 63. suit, 64. fiber, 65. virgin, 66. vociferous, 67. flip, 68. react, 69. mustard

70. principles of sus_____le
development *adj.* able to continue or be continued for a long time
71. the in_____al economy *adj.* of or relating to the inside of something
72. in a sen_____al mood *adj.* connected with or resulting from someone's emotions, rather than reason or realism
73. in_____te both businesses *v.* to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups
74. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion
75. flexible mi_____t *n.* the established set of attitudes or fixed ideas held by someone
76. an indomitable sp____t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
77. alcoholic be_____ges *n.* a drink of any type
78. giant c__m *n.* a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness
79. begin to pe__r out *v.* to fail or lose power, efficiency, or value gradually before coming to an end
80. blitz ta_____s *n.* the methods or strategies used to achieve a specific goal or outcome, particularly in the context of military, business, or sports

ANSWERS: 70. sustainable, 71. internal, 72. sentimental, 73. integrate, 74. flip, 75. mindset, 76. spirit, 77. beverage, 78. clam, 79. peter, 80. tactics

81. synthetic fi__r *n.* thread or filament used to make a vegetable tissue, mineral material, or textile
82. vi___n material *n.* a person who has never had sex; (adjective) being used or worked for the first time
83. col_____te with the police *v.* to work with someone else to produce or achieve something
84. con_____an investor *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
85. enclose in a co___l *n.* a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence
86. con_____an philosophy *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
87. co_____te environment *adj.* of or relating to a large company
88. imp_____ve performances *adj.* arousing admiration due to size, quality, or skill
89. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
90. around the gl__e *n.* the earth or world, mainly used to emphasize its vastness

ANSWERS: 81. fiber, 82. virgin, 83. collaborate, 84. contrarian, 85. corral, 86. contrarian, 87. corporate, 88. impressive, 89. movement, 90. globe

91. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
92. de_____e independence *v.* to say, state, or announce something clearly, officially, or publicly
93. wi_____fe sanctuary *n.* animals, birds, insects, etc. that grow independently of people and live in natural conditions
94. z_p a huge target *v.* to strike, destroy, get rid of, or kill something or someone suddenly and with force
95. German sa_____e *n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices
96. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
97. s_y milk *n.* a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
98. it is un_____ly that he would win the game *adj.* not probable or likely to happen
99. financial cr____s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
100. spe_____ar view *adj.* striking or impressive to look at or in performance or achievement

ANSWERS: 91. represent, 92. declare, 93. wildlife, 94. zap, 95. sausage, 96. pound, 97. soy, 98. unlikely, 99. crisis, 100. spectacular

101. tre_____er movement *n.* a person who is passionate about environmentalism and works to protect trees and other natural resources
102. ve__n lifestyle *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
103. sp_____e pattern *n.* a small, irregular spot or marking, often caused by the presence of dust, dirt, or other particles; (verb) to mark or cover something with small, irregular spots or flecks of color
104. em_____ng technologies *adj.* starting to exist, mature, or become well-known
105. def_____ion of the tropics *n.* the act of cutting down or burning trees in a large area
106. path of des_____on *n.* the act of causing so much damage to something
107. app_____ive of danger *adj.* anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something
108. st__k truth *adj.* empty, simple, or apparent; devoid of any qualifications
109. acquire an in_____us reputation *adj.* having a reputation for being very bad or wicked
110. an imp_____ve array of facts *adj.* arousing admiration due to size, quality, or skill
111. a mir_____us encounter *adj.* very effective or lucky, or completely unexpected

ANSWERS: 101. tree-hugger, 102. vegan, 103. speckle, 104. emerging, 105. deforestation, 106. destruction, 107. apprehensive, 108. stark, 109. infamous, 110. impressive, 111. miraculous

112. gov_____nt funding *n.* the group of people with authority to control a country or state
113. re_____gn project *v.* to design something again, especially in a different or modified form; (noun) the process of designing something again
114. ad_____ry team *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
115. bl____h hair *v.* to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach
116. co____l fence *n.* a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence
117. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
118. ap____l the tourists *v.* to shock or disgust; to fill with dismay
119. a h__y shrine *adj.* of or related to a god, divine power, or a particular religion
120. pol_____ne foam *n.* a lightweight, thermoplastic polymer material used in the manufacture of a wide range of products, including packaging, insulation, and consumer goods
121. supply ch__n *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
122. re____t all imperfect merchandise *v.* to refuse to accept, consider, or use something or someone

ANSWERS: 112. government, 113. redesign, 114. adversary, 115. bleach, 116. corral, 117. responsible, 118. appall, 119. holy, 120. polystyrene, 121. chain, 122. reject

123. full of em____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
124. paper na____n *n.* a small piece of cloth or paper used for wiping one's mouth and hands while eating; a decorative cloth placed on a table for formal occasions
125. holy gr__l *n.* a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable
126. as____e a lousy attitude to his boss *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
127. the mi____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
128. in____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
129. fa____ty design *n.* a building or place that provides a particular service or is used for a particular industry
130. ba__n and eggs *n.* a type of salt-cured pork that is usually sliced and fried; a meat product that is derived from the back or sides of a pig
131. ap____l me *v.* to shock or disgust; to fill with dismay
132. re____t a new hire *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

ANSWERS: 123. empathy, 124. napkin, 125. grail, 126. assume, 127. mindset, 128. involve, 129. facility, 130. bacon, 131. appall, 132. recruit

133. di__h my career *n.* a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
134. ind_____us student *adj.* hardworking, diligent, and persistent in effort
135. ultimate gr__l *n.* a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable
136. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
137. bl___h stains *v.* to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach
138. par_____ip across the Atlantic *n.* the state of a cooperative relationship between people or groups, especially in business
139. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
140. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
141. severe cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
142. voc_____us criticism *adj.* characterized by loud, insistent, or attention-grabbing verbal expression

ANSWERS: 133. ditch, 134. industrious, 135. grail, 136. stick, 137. bleach, 138. partnership, 139. pound, 140. responsible, 141. critic, 142. vociferous

143. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
144. an in_____us crime *adj.* having a reputation for being very bad or wicked
145. em_____ng country *adj.* starting to exist, mature, or become well-known
146. sp_____e noise *n.* a small, irregular spot or marking, often caused by the presence of dust, dirt, or other particles; (verb) to mark or cover something with small, irregular spots or flecks of color
147. un_____ly event *adj.* not probable or likely to happen
148. pre-mo____n agricultural society *adj.* of or belonging to the present time or recent times
149. achieve spe_____ar growth *adj.* striking or impressive to look at or in performance or achievement
150. an_____ce the award winners *v.* to make something known or officially inform people about something
151. the characters that re_____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
152. l__e apology *adj.* having a limp or difficulty walking due to an injury or disability
153. raw food ve__n *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
154. re_____on strategy *n.* a decrease in size, amount, or degree
155. high levels of air po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change

ANSWERS: 143. industrious, 144. infamous, 145. emerging, 146. speckle, 147. unlikely, 148. modern, 149. spectacular, 150. announce, 151. represent, 152. lame, 153. vegan, 154. reduction, 155. pollution

156. compound the ing_____nts *n.* one of the things used to make something, especially one of the foods used to make a particular dish
157. pay out_____ng debts *adj.* superior to others in excellence; not yet paid, completed, etc.
158. in_____ce a child's future *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
159. a ch_____al compound *adj.* relating to or connected with chemistry;
160. re_____er strategy *n.* a person or business that sells goods to the public, typically in small quantities
161. g__m reality *adj.* looking or sounding very serious or gloomy
162. a g__m-featured man *adj.* looking or sounding very serious or gloomy
163. agricultural di__h *n.* a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
164. de___d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
165. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
166. have a whole m__s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
167. re___t the proposal *v.* to refuse to accept, consider, or use something or someone

ANSWERS: 156. ingredient, 157. outstanding, 158. influence, 159. chemical, 160. retailer, 161. grim, 162. grim, 163. ditch, 164. defend, 165. environment, 166. mess, 167. reject

168. sy___l color *n.* something visible that is used to represent something else
169. a h__y man *adj.* of or related to a god, divine power, or a particular religion
170. s__t a mouthful of saliva *v.* to eject saliva or other liquid from the mouth
171. tre_____er ideology *n.* a person who is passionate about environmentalism and works to protect trees and other natural resources
172. the worst hum_____de disaster *adj.* created or produced by humans; artificial
173. tropical rai_____st *n.* a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall
174. re_____e milk packaging into new paper *v.* to sort and collect things to process them and produce valuable materials that can be used again
175. linen na_____n *n.* a small piece of cloth or paper used for wiping one's mouth and hands while eating; a decorative cloth placed on a table for formal occasions
176. get into a m__s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
177. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
178. up_____al of society *n.* great change, disruption, or disturbance; (geology) a rise of land to a higher elevation

ANSWERS: 168. symbol, 169. holy, 170. spit, 171. tree-hugger, 172. human-made, 173. rainforest, 174. recycle, 175. napkin, 176. mess, 177. discuss, 178. upheaval

179. s__t at law *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
180. ca_____ut service *n.* food or drink prepared in a restaurant or store for customers to take and eat elsewhere rather than being consumed on the premises
181. fruit pa___y *n.* a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes
182. rai_____st destruction *n.* a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall
183. absolutely te_____ic *adj.* causing terror or fear; extremely great or intense; very good or excellent
184. a tour guide at the te___e *n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead
185. sus_____le alternative fuel *adj.* able to continue or be continued for a long time
186. s__t a bullet *v.* to eject saliva or other liquid from the mouth
187. p__d him into action *v.* to poke or jab with a pointed object, often to urge or encourage movement or action; to provoke or stimulate someone to take action or respond in a particular way

ANSWERS: 179. suit, 180. carry-out, 181. pastry, 182. rainforest, 183. terrific, 184. temple, 185. sustainable, 186. spit, 187. prod

188. gu_____ne for clinical trial *n.* a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be
189. the co_____ct between good and evil *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
190. the t__e of a song *n.* a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
191. s_y allergy *n.* a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
192. in_____te into the existing system *v.* to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups
193. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
194. environmental po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
195. fr_____te other team members *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

ANSWERS: 188. guideline, 189. conflict, 190. tune, 191. soy, 192. integrate, 193. blame, 194. pollution, 195. frustrate

196. ba__n sandwich *n.* a type of salt-cured pork that is usually sliced and fried; a meat product that is derived from the back or sides of a pig
197. art cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
198. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
199. the f__k songs of a particular district *n.* people in general, especially those of a particular group or type
200. st_____re and function of the brain *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
201. re_____e the cardboard boxes *v.* to sort and collect things to process them and produce valuable materials that can be used again
202. cor_____ed panel *adj.* having ridges, grooves, or folds that run parallel to one another, often used to describe materials like cardboard or metal
203. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
204. re_____er competition *n.* a person or business that sells goods to the public, typically in small quantities
205. the con_____ion law of physics *n.* the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity

ANSWERS: 196. bacon, 197. critic, 198. handle, 199. folk, 200. structure, 201. recycle, 202. corrugated, 203. decide, 204. retailer, 205. conservation

206. im_____nt a corporate strategy *v.* to put a decision, plan, or system into effect
207. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
208. ga_____e collection *n.* waste material, especially food waste and kitchen refuse
209. mo___n poetry *adj.* of or belonging to the present time or recent times
210. in_____al organs *adj.* of or relating to the inside of something
211. s_e my boss for harassment *v.* to claim a person or organization, especially by filing a legal claim for money or redress
212. cl_____ut definition *adj.* defined or delimited sharply and distinctly; easily seen or understood; without ambiguity or confusion
213. maintain the pr_____ne condition *adj.* new and completely free from dirt or contamination
214. the longstanding co_____ct *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
215. festival re_____y *n.* lively and noisy festivities, typically involving drinking, dancing, and general merrymaking; a celebration marked by indulgence and enjoyment
216. su_____e after a short time *v.* to become less intense or widespread; to sink to a lower level
217. cor_____ed metal roofing *adj.* having ridges, grooves, or folds that run parallel to one another, often used to describe materials like cardboard or metal

ANSWERS: 206. implement, 207. blame, 208. garbage, 209. modern, 210. internal, 211. sue, 212. clear-cut, 213. pristine, 214. conflict, 215. revelry, 216. subside, 217. corrugated

218. an____ce candidacy *v.* to make something known or officially inform people about something
219. re____ed as a novelist *adj.* famous and respected for great achievements, qualities, etc.
220. ba____r the eggs *v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting
221. the ba____r's box *v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting
222. beef sa____e *n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices
223. absolutely op____d to abortion *adj.* being completely different from something or disagreeing strongly with something
224. an alt____ve plan *n.* one of two or more available possibilities or choice
225. di____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
226. st__k landscape *adj.* empty, simple, or apparent; devoid of any qualifications
227. tra____nt crystal *adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely
228. en____e a contract *v.* to make sure that people obey a particular law, rule, or situation

ANSWERS: 218. announce, 219. renowned, 220. batter, 221. batter, 222. sausage, 223. opposed, 224. alternative, 225. discuss, 226. stark, 227. transparent, 228. enforce

229. foreign po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
230. col_____ion platform *n.* the act or situation of working together to create or produce something
231. two op_____d characters *adj.* being completely different from something or disagreeing strongly with something
232. in_____ce the daily life *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
233. sq___t water *v.* to eject or discharge with force in a fast stream or jet; to spray or sprinkle with a liquid or substance
234. nuclear ph_____s *n.* the science of matter and energy and their interactions
235. ch__n reaction *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
236. cl_____ut evidence *adj.* defined or delimited sharply and distinctly; easily seen or understood; without ambiguity or confusion
237. col_____ion between companies *n.* the act or situation of working together to create or produce something
238. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 229. policy, 230. collaboration, 231. opposed, 232. influence, 233. squirt, 234. physics, 235. chain, 236. clear-cut, 237. collaboration, 238. movement

239. child we_____e *n.* the general health, happiness, and prosperous of a person or group
240. pr_____le in business *n.* a fundamental law or truth that explains or controls how something happens or works
241. sen_____al damage *adj.* connected with or resulting from someone's emotions, rather than reason or realism
242. soil con_____ion *n.* the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity
243. d__y the allegations *v.* to state that one refuses to admit the existence or truth of something
244. pi___e a cucumber *n.* vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation
245. gr_____us hospitality *adj.* behaving in a kind, polite and generous way
246. cr___s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
247. bl_____t hypocrisy *adj.* completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior
248. re_____gn of lifestyle *v.* to design something again, especially in a different or modified form; (noun) the process of designing something again

ANSWERS: 239. welfare, 240. principle, 241. sentimental, 242. conservation, 243. deny, 244. pickle, 245. gracious, 246. crisis, 247. blatant, 248. redesign

249. current vo__e *n.* the popular or fashionable trend or style of a particular time, especially in clothing, music, or general culture
250. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
251. re__e existing knowledge *v.* to use something again or more than once
252. impose mor_____um *n.* a temporary suspension or delay of an activity or process, often as a result of an official agreement or decision
253. his conclusion was ob____s *adj.* easy to see, discover or understand
254. re____e a prisoner *v.* to set free or allow to escape from confinement
255. fr_____te the advancement *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
256. em_____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
257. come out of no____e *adv.* not in, at, or to any place; not anywhere
258. sq____t oil *v.* to eject or discharge with force in a fast stream or jet; to spray or sprinkle with a liquid or substance
259. ob____s reasons *adj.* easy to see, discover or understand
260. z_p bar code *v.* to strike, destroy, get rid of, or kill something or someone suddenly and with force

ANSWERS: 249. vogue, 250. environment, 251. reuse, 252. moratorium, 253. obvious, 254. release, 255. frustrate, 256. empathy, 257. nowhere, 258. squirt, 259. obvious, 260. zap

261. im_____nt security measures *v.* to put a decision, plan, or system into effect
262. go through a mir_____us change *adj.* very effective or lucky, or completely unexpected
263. a gradual re_____on *n.* a decrease in size, amount, or degree
264. establish a par_____ip *n.* the state of a cooperative relationship between people or groups, especially in business
265. pr_____le of treatment *n.* a fundamental law or truth that explains or controls how something happens or works
266. bl_____t disregard *adj.* completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior
267. sy___l for happiness *n.* something visible that is used to represent something else
268. eventually pe__r out *v.* to fail or lose power, efficiency, or value gradually before coming to an end
269. terrestrial gl__e *n.* the earth or world, mainly used to emphasize its vastness
270. an out_____ng new record *adj.* superior to others in excellence; not yet paid, completed, etc.
271. de___d my country *v.* to protect someone or something from attack, criticism, danger, etc.
272. emotional p__p *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 261. implement, 262. miraculous, 263. reduction, 264. partnership, 265. principle, 266. blatant, 267. symbol, 268. peter, 269. globe, 270. outstanding, 271. defend, 272. prop

273. do_____t account *adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
274. at a te_____ic speed *adj.* causing terror or fear; extremely great or intense; very good or excellent
275. re__e the materials *v.* to use something again or more than once
276. vi_____nt about hand-washing *adj.* keeping careful watch for possible danger or difficulties
277. co_____de a meeting *v.* to come to an end or close; to reach a judgment or opinion by reasoning
278. as___e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
279. co_____de that he is healthy *v.* to come to an end or close; to reach a judgment or opinion by reasoning
280. political ad_____ry *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
281. li_____te potential *v.* to set free; to release or rescue from captivity or oppression
282. clear in_____on *n.* something you want to do and are going to do
283. a letter of rec_____ion *n.* an official suggestion that something is good or suitable for a particular purpose or job
284. su_____e an argument *v.* to become less intense or widespread; to sink to a lower level

ANSWERS: 273. dormant, 274. terrific, 275. reuse, 276. vigilant, 277. conclude, 278. assume, 279. conclude, 280. adversary, 281. liberate, 282. intention, 283. recommendation, 284. subside

285. the st_____re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
286. te____e complex *n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead
287. re_____t a good worker *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
288. a re_____ed artist *adj.* famous and respected for great achievements, qualities, etc.
289. adamantly d__y killing *v.* to state that one refuses to admit the existence or truth of something
290. in a gr_____us manner *adj.* behaving in a kind, polite and generous way
291. provide ac_____te information *adj.* correct and exact in all details
292. co_____te right *adj.* of or relating to a large company
293. follow his rec_____ions *n.* an official suggestion that something is good or suitable for a particular purpose or job
294. bas_____ze a recipe *v.* to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something
295. health po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 285. structure, 286. temple, 287. recruit, 288. renowned, 289. deny, 290. gracious, 291. accurate, 292. corporate, 293. recommendation, 294. bastardize, 295.

policy

296. pa___y chef *n.* a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes
297. a l__e older man *adj.* having a limp or difficulty walking due to an injury or disability
298. en_____e the law *v.* to make sure that people obey a particular law, rule, or situation
299. hold a pr_____t *n.* a strong expression of disagreement, disapproval, or opposition
300. end of the first qu_____r *n.* one of four equal parts; a fourth part or portion
301. toxic ch_____als *adj.* relating to or connected with chemistry;
302. p__p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
303. int_____ng character *adj.* arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating
304. no_____e else to go *adv.* not in, at, or to any place; not anywhere

ANSWERS: 296. pastry, 297. lame, 298. enforce, 299. protest, 300. quarter, 301. chemical, 302. prop, 303. intriguing, 304. nowhere

Session 3: Fill in the Blanks

1. We must consume dietary _____ to maintain good health.
n. thread or filament used to make a vegetable tissue, mineral material, or textile
2. _____ technologies have dramatically improved productivity in various industries.
adj. starting to exist, mature, or become well-known
3. Fact-checkers quickly exposed the politician's _____ lie.
adj. completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior
4. The _____ cardboard was sturdy enough to support the weight of the heavy items being shipped.
adj. having ridges, grooves, or folds that run parallel to one another, often used to describe materials like cardboard or metal
5. The military _____ between the two countries created tension in the international community.
n. the state of a cooperative relationship between people or groups, especially in business
6. Many people use ____ sauce for sushi, stir-fries, and marinades.
n. a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
7. We need to _____ the next steps for the project during our meeting tomorrow.
v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

ANSWERS: 1. fiber, 2. Emerging, 3. blatant, 4. corrugated, 5. partnership, 6. soy, 7. discuss

8. The dragon is considered a _____ of bravery.
n. something visible that is used to represent something else
9. The farmer used a high _____ to keep the cattle from wandering off.
n. a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence
10. The conservation area has an abundance of _____.
n. animals, birds, insects, etc. that grow independently of people and live in natural conditions
11. The company has made great strides in its _____ toward sustainability.
n. the act or process of changing to the next stage or phase or moving forward
12. The scenery of the battlefield was _____ and grey.
adj. empty, simple, or apparent; devoid of any qualifications
13. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
14. The coach explained a strategy to _____ the opponent's schemes to the players.
v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
15. I love the smell of _____ sizzling in the morning.
n. a type of salt-cured pork that is usually sliced and fried; a meat product that is derived from the back or sides of a pig

ANSWERS: 8. symbol, 9. corral, 10. wildlife, 11. progression, 12. stark, 13. decide, 14. frustrate, 15. bacon

16. The disease can remain _____ for years before it presents any symptoms.
adj. in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
17. The firm has grown into a large _____ manufacturing.
adj. relating to or connected with chemistry;
18. We have finally lost our last _____.
n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
19. The _____ instructions made the task simple and easy to follow.
adj. defined or delimited sharply and distinctly; easily seen or understood; without ambiguity or confusion
20. The _____ fireworks display was the highlight of the festival.
adj. striking or impressive to look at or in performance or achievement
21. The _____ is endangering the local plants and animals.
n. the introduction of harmful substances or waste into the natural environment that causes adverse change
22. She was _____ about speaking in front of a large crowd.
adj. anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something
23. The history books are full of tales of legendary _____ who went on epic adventures.
n. a person who is committed to a cause or campaign that they see as being beneficial or righteous; historically, a person who took part in the medieval military campaigns to retake the Holy Land from the Muslims

ANSWERS: 16. dormant, 17. chemical, 18. prop, 19. clear-cut, 20. spectacular, 21. pollution, 22. apprehensive, 23. crusaders

24. He made a frightful _____ in his room.

- n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

25. Some seaweed was used as _____ medicine in ancient times.

- n.* people in general, especially those of a particular group or type

26. The _____ fans cheered loudly for their team during the game.

- adj.* characterized by loud, insistent, or attention-grabbing verbal expression

27. Despite their tragic loss, the family is showing great _____.

- n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

28. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.

- n.* the established set of attitudes or fixed ideas held by someone

29. The car's front bumper cost fifteen hundred _____.

- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

30. Foreign goods from abroad must be _____ to customs when entering a country.

- v.* to say, state, or announce something clearly, officially, or publicly

31. He planned to ____ the organization for negligence.

- v.* to claim a person or organization, especially by filing a legal claim for money or redress

ANSWERS: 24. mess, 25. folk, 26. vociferous, 27. spirit, 28. mindset, 29. pounds, 30. declared, 31. sue

32. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
33. He made a _____ recovery.
adj. very effective or lucky, or completely unexpected
34. The _____ demonstrate that poverty and unemployment are genuine problems.
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
35. The music just _____ out.
v. to fail or lose power, efficiency, or value gradually before coming to an end
36. He found that it is difficult to _____ socially.
v. to combine one thing with another so that they form a whole or work together; to accept equal participation for members of all races and ethnic groups
37. The bridge is a _____ structure and was built to span the river.
adj. created or produced by humans; artificial
38. The organizational _____ of start-ups is often flat and straightforward.
n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
39. The unemployment rate in the first _____ was 2.3 percentage points higher than in the previous.
n. one of four equal parts; a fourth part or portion

ANSWERS: 32. government, 33. miraculous, 34. statistics, 35. petered, 36. integrate, 37. human-made, 38. structure, 39. quarter

40. The animal rights group worked to _____ the dolphins back into the wild.
v. to set free or allow to escape from confinement
41. How did he _____ to your idea?
v. to take action in response to something
42. Greed is the primary _____ in the making of criminals.
n. one of the things used to make something, especially one of the foods used to make a particular dish
43. The forest was recently designated a _____ area.
n. the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity
44. The guards had to remain _____ to ensure the safety of the high-security facility.
adj. keeping careful watch for possible danger or difficulties
45. The council has decided to impose a _____ on building new houses in the area.
n. a temporary suspension or delay of an activity or process, often as a result of an official agreement or decision
46. He _____ when he heard that he had been accepted into the university.
v. to turn over into a different position quickly; to throw or toss with a light motion
47. Bellbottoms were in _____ during the 1970s but are not as popular today.
n. the popular or fashionable trend or style of a particular time, especially in clothing, music, or general culture

ANSWERS: 40. release, 41. react, 42. ingredient, 43. conservation, 44. vigilant, 45. moratorium, 46. flipped, 47. vogue

48. This book will be a practical _____ when coding.

- n.* a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be

49. The staff is always helpful and _____.

- adj.* behaving in a kind, polite and generous way

50. He studied the _____ of radiation.

- n.* the science of matter and energy and their interactions

51. The company _____ the job candidate's application due to a lack of experience.

- v.* to refuse to accept, consider, or use something or someone

52. The prime minister canceled visits to other countries to resolve _____ disputes.

- adj.* of or relating to the inside of something

53. The _____ in carbon emissions has been significant since the implementation of the new policy.

- n.* a decrease in size, amount, or degree

54. The company's new _____ on remote work has made it a more inclusive workplace.

- n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 48. guideline, 49. gracious, 50. physics, 51. rejected, 52. internal, 53. reduction, 54. policy

55. The _____ organization organized a protest against deforestation, advocating for the protection of forests and wildlife habitats.
- n.* a person who is passionate about environmentalism and works to protect trees and other natural resources
56. The partnership program requires a mutual _____ between both agencies.
- n.* the act or situation of working together to create or produce something
57. Efficiency isn't an essential _____ here; fairness is.
- n.* a fundamental law or truth that explains or controls how something happens or works
58. The government should do more to support environmentally _____ agriculture.
- adj.* able to continue or be continued for a long time
59. The ____ digs through the sand to a significant depth.
- n.* a marine mollusk that burrows and lives on sand or mud, the shell closes with viselike firmness
60. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
61. The _____ of the dancers on stage was graceful and elegant.
- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 55. tree-hugger, 56. collaboration, 57. principle, 58. sustainable, 59. clam, 60. environment, 61. movement

62. She tried to _____ out the gum that she had been chewing.
- v.* to eject saliva or other liquid from the mouth
63. The _____ must have an acidity level high enough to inhibit the growth of bacteria.
- n.* vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation
64. She struggled for years to survive without _____.
- n.* the general health, happiness, and prosperous of a person or group
65. The destruction of the _____ is a ticking time bomb for the Earth.
- n.* a forest rich in biodiversity that is generally found in tropical settings with heavy annual rainfall
66. The _____ on my bike broke, leaving me stranded.
- n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
67. The _____ diet is based on plant-based foods.
- n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
68. Governments make rules, and police _____ them.
- v.* to make sure that people obey a particular law, rule, or situation
69. Within a few years, no _____ forests will remain.
- n.* a person who has never had sex; (adjective) being used or worked for the first time

ANSWERS: 62. spit, 63. pickle, 64. welfare, 65. rainforest, 66. chain, 67. vegan, 68. enforce, 69. virgin

70. I need to _____ this shirt to remove the stains.

- v.* to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach

71. The mother sliced off a piece of _____.

- n.* a type of meat product usually made from pork, beef, or poultry, chopped into small pieces, put in a long tube of skin, then cooked or served cold in thin slices

72. The consumer-electronics _____ offered a discount for customers who paid in cash.

- n.* a person or business that sells goods to the public, typically in small quantities

73. The passage of the bill is _____.

- adj.* not probable or likely to happen

74. The boxer's toughest _____ was his fear of losing.

- n.* a person, group, or force that opposes or fights against another; an enemy or opponent

75. The _____ truck will be coming to pick up the trash every Monday morning.

- n.* waste material, especially food waste and kitchen refuse

76. The marketing team developed new _____ to boost sales.

- n.* the methods or strategies used to achieve a specific goal or outcome, particularly in the context of military, business, or sports

77. They gathered to hear the _____ teachings of the guru.

- adj.* of or related to a god, divine power, or a particular religion

ANSWERS: 70. bleach, 71. sausage, 72. retailer, 73. unlikely, 74. adversary, 75. garbage, 76. tactics, 77. holy

78. It is terrific to camp in _____ nature.

adj. new and completely free from dirt or contamination

79. We _____ a cease-fire.

v. to come to an end or close; to reach a judgment or opinion by reasoning

80. _____ is also necessary to understand history.

n. the ability to share another person's feelings or experiences by imagining that person's situation

81. She agreed to _____ with him in creating new artwork.

v. to work with someone else to produce or achieve something

82. The colonial government _____ militia support when civil war broke out.

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

83. The government promised to _____ a new system to control the financial crisis.

v. to put a decision, plan, or system into effect

84. The chef's specialty is a savory _____ with spinach and feta cheese.

n. a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes

85. International law allows each nation to _____ itself when its rights and interests are illegally violated.

v. to protect someone or something from attack, criticism, danger, etc.

ANSWERS: 78. pristine, 79. concluded, 80. Empathy, 81. collaborate, 82. recruited, 83. implement, 84. pastry, 85. defend

86. This area is _____ for its hot springs.

adj. famous and respected for great achievements, qualities, etc.

87. We _____ our impeded progress on lack of money.

v. to think or say that someone or something did something wrong or is responsible for something bad

88. The official transcript contains _____ academic records.

adj. correct and exact in all details

89. He visited the _____ to pray and make offerings to the gods.

n. a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead

90. We all should learn how to _____ stress.

v. to deal with a situation, problem, or strong emotion

91. The _____ of red on the white porcelain vase made it stand out in the antique shop.

n. a small, irregular spot or marking, often caused by the presence of dust, dirt, or other particles; (verb) to mark or cover something with small, irregular spots or flecks of color

92. He and I often had _____ not only in personality but also in ideology.

n. a strong disagreement, argument, or a violent clash between two opposing groups or individuals

93. The prisoners were _____ after the war ended.

v. to set free; to release or rescue from captivity or oppression

ANSWERS: 86. renowned, 87. blamed, 88. accurate, 89. temple, 90. handle, 91. speckle, 92. conflicts, 93. liberated

94. He had to endure the _____ gas attack during the war.

- n.* a yellow or brown condiment that tastes spicy made from the seeds of various plants; (adjective) between yellow and brown

95. Stop being _____ and always speak the truth.

- adj.* connected with or resulting from someone's emotions, rather than reason or realism

96. The investigation _____ several government agencies and is expected to take several months.

- v.* to include or affect someone or something as a necessary part of something else

97. The smell of the _____ made him feel sick to his stomach.

- n.* a facility where animals are killed and processed for meat

98. They provided allies with powerful weapons that could ____ the enemy from thousands of miles away.

- v.* to strike, destroy, get rid of, or kill something or someone suddenly and with force

99. Large-scale _____ also has a significant impact on marine ecosystems in the area.

- n.* the act of cutting down or burning trees in a large area

100. He got so angry that he _____ the door down.

- v.* to hit something or someone repeatedly with much force; (noun, baseball) a ballplayer who is batting

101. Bring a snack or _____ to satisfy your appetite.

- n.* a drink of any type

ANSWERS: 94. mustard, 95. sentimental, 96. involves, 97. slaughterhouse, 98. zap, 99. deforestation, 100. battered, 101. beverage

102. Our CEO's _____ are always transparent and straightforward.
n. something you want to do and are going to do
103. The following example _____ that the capacity of each battery is the same.
v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
104. The view from the top of the mountain was _____ with sweeping vistas of the valley below.
adj. causing terror or fear; extremely great or intense; very good or excellent
105. The street was filled with _____ on New Year's Eve.
n. lively and noisy festivities, typically involving drinking, dancing, and general merrymaking; a celebration marked by indulgence and enjoyment
106. Forgetting someone's name is a _____ occurrence.
adj. occurring very often; lacking originality or interest
107. We made a _____ to the client.
n. an official suggestion that something is good or suitable for a particular purpose or job
108. The politician's _____ stance on immigration has earned him a lot of supporters and detractors alike.
n. a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
109. The search for the _____ is often used as a metaphor for any difficult quest or task.
n. a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable

ANSWERS: 102. intentions, 103. assumes, 104. terrific, 105. revelry, 106. commonplace, 107. recommendation, 108. contrarian, 109. grail

110. Six _____ are awaiting trial or verdict.

n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

111. The budget reduction was an _____ feat for our nation.

adj. arousing admiration due to size, quality, or skill

112. The extinction of several subspecies has been linked to climate change and habitat _____.

n. the act of causing so much damage to something

113. The result presented a _____ picture of inefficiency and corruption.

adj. looking or sounding very serious or gloomy

114. The construction industry often utilizes _____ insulation panels to improve building energy efficiency.

n. a lightweight, thermoplastic polymer material used in the manufacture of a wide range of products, including packaging, insulation, and consumer goods

115. I'm strongly _____ to that plan.

adj. being completely different from something or disagreeing strongly with something

116. The _____ criminal was finally brought to justice.

adj. having a reputation for being very bad or wicked

117. The news of the massacre _____ the entire nation.

v. to shock or disgust; to fill with dismay

ANSWERS: 110. suits, 111. impressive, 112. destruction, 113. grim, 114. polystyrene, 115. opposed, 116. infamous, 117. appalled

118. We elected him to _____ us at the international conference.

- v.* to speak, act, or be present on behalf of another person or group; to form or constitute

119. We do not want to _____ the text's original meaning through poor translations.

- v.* to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something

120. The former emperor had a particular _____ even after he abdicated.

- n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself

121. The supermarket encourages shoppers to _____ plastic bags.

- v.* to use something again or more than once

122. The focus of these initiatives is to make the financial system more _____.

- adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

123. Doctors are gradually coming around to the idea of using _____ medicines.

- n.* one of two or more available possibilities or choice

124. The company is planning to _____ its website.

- v.* to design something again, especially in a different or modified form; (noun) the process of designing something again

125. The farmers used _____ to drain water from their fields.

- n.* a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away

ANSWERS: 118. represent, 119. bastardize, 120. influence, 121. reuse, 122. transparent, 123. alternative, 124. redesign, 125. ditches

126. Their headquarters are in a _____ skyscraper.

adj. of or belonging to the present time or recent times

127. You _____ a bill in the change machine, and the coins pop out.

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

128. I've been thinking all day and getting _____.

adv. not in, at, or to any place; not anywhere

129. Advocates for legal reform hear less harsh words from their _____.

n. someone who expresses opinions about the quality of books, music, etc.

130. The _____ office has decided to lay off 10% of the workforce.

adj. of or relating to a large company

131. The band played a beautiful _____ on their instruments.

n. a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

132. I need to order some _____ food for dinner tonight.

n. food or drink prepared in a restaurant or store for customers to take and eat elsewhere rather than being consumed on the premises

133. He is still _____ stealing the money from the cash register.

v. to state that one refuses to admit the existence or truth of something

134. She used a stick to _____ the fire and make it burn brighter.

v. to poke or jab with a pointed object, often to urge or encourage movement or action; to provoke or stimulate someone to take action or respond in a particular way

ANSWERS: 126. modern, 127. stick, 128. nowhere, 129. critics, 130. corporate, 131. tune, 132. carry-out, 133. denying, 134. prod

135. The novel's plot was _____ and kept readers in their seats.

adj. arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating

136. She _____ the ketchup onto her fries before taking a bite.

v. to eject or discharge with force in a fast stream or jet; to spray or sprinkle with a liquid or substance

137. We largely _____ the circuit board of cell phones because they contain a lot of valuable metals.

v. to sort and collect things to process them and produce valuable materials that can be used again

138. The storm _____ leaving the town in peace.

v. to become less intense or widespread; to sink to a lower level

139. The third season of the anime show has been _____.

v. to make something known or officially inform people about something

140. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

141. Some people are sensitive to the smell of _____ and experience headaches or respiratory irritation.

n. a chemical element with the symbol Cl and atomic number 17, a greenish-yellow gas that is highly reactive and used in a variety of applications, including as a bleach and disinfectant

142. It's an area of _____ natural beauty.

adj. superior to others in excellence; not yet paid, completed, etc.

ANSWERS: 135. intriguing, 136. squirted, 137. recycle, 138. subsided, 139. announced, 140. suppose, 141. chlorine, 142. outstanding

143. The _____ horse was unable to race.

adj. having a limp or difficulty walking due to an injury or disability

144. There are _____ differences between the two wine-producing regions.

adj. easy to see, discover or understand

145. He left the party in _____ at its radical political stance.

n. a strong expression of disagreement, disapproval, or opposition

146. The recent political _____ has left the country in a state of chaos.

n. great change, disruption, or disturbance; (geology) a rise of land to a higher elevation

147. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

148. His final goal is to sail around the _____.

n. the earth or world, mainly used to emphasize its vastness

149. He was known to be very _____ and would often work late into the night.

adj. hardworking, diligent, and persistent in effort

150. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

ANSWERS: 143. lame, 144. obvious, 145. protest, 146. upheaval, 147. crisis, 148. globe, 149. industrious, 150. responsible

151. This company has an entire recycling _____ including major reprocessing plants.

n. a building or place that provides a particular service or is used for a particular industry

152. I always keep a stack of _____ on my desk while I eat to prevent any messes.

n. a small piece of cloth or paper used for wiping one's mouth and hands while eating; a decorative cloth placed on a table for formal occasions

ANSWERS: 151. facility, 152. napkins