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Vocabulary Builder Reference from...

Henna-Maria Uusitupa: How the gut microbes you're born with affect your lifelong health | TED Talk

https://www.ted.com/talks/henna_maria_uusitupa_how_the_gut_microbes_you_re_born_with_affect_your_lifelong_health

All Words

IMPORTANT

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Session 1: Word List

microbe

n. a tiny living thing that can only be seen with a microscope and that may cause disease

synonym: germ, microorganism, bacterium

(1) pathogenic **microbe**, (2) **microbes** sterilizer

Microbes thrive on the surface of the human skin.

infant

n. a baby or very young child

synonym: baby, newborn, tot

(1) **infant** daughter, (2) **infant** food

Mozart was an **infant** prodigy.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

complexity

n. the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

combination

n. a collection of things that have been combined; an assemblage of separate parts or qualities

synonym: blend, hybrid, compounding

(1) genic **combinations**, (2) **combination** number

The **combination** to the safe was a secret.

adapt

v. to make fit for or change to suit a new purpose or environment

synonym: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed

I advised him to **adapt** to his new surroundings.

coexist

v. to live or exist together at the same time in the same place

synonym: cohabit, accompany, synchronize

(1) **coexist** with nature, (2) **coexist** with diversity

The different species can **coexist** in the same ecosystem by filling different niches and using different resources.

evolution

n. a gradual process of transformation of living things

synonym: elaboration, expansion, transition

(1) human **evolution**, (2) **evolution** theory

They study the **evolution** of the universe.

acquire

v. to buy or obtain something such as an asset, object, knowledge, etc., for oneself

synonym: attain, earn, catch

(1) **acquire** knowledge, (2) **acquire** a new company

Children **acquire** language at a fantastic rate.

vagina

n. the passage in the body of a woman or female animal that connects her outer sex organs to her uterus

synonym: genitalia, vulva, pudenda

(1) **vagina** cancer care, (2) infection of the **vagina**

The muscle around the **vagina** is elastic enough to allow the passage of a fetus.

countless

adj. too numerous to be counted or very many

synonym: innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions

There are **countless** methods for dealing with stress.

circumstance

n. the specific conditions or events that surround a particular situation or occurrence

synonym: condition, context, environment

(1) **circumstance** of birth, (2) **circumstance** of injury

She explained the **circumstances** surrounding the accident.

modulate

v. to change the key, style, loudness, etc., of something in music to create a particular effect; to fix or adjust the time, amount, degree, or rate of something

synonym: regulate, inflect, adjust

(1) **modulate** the function, (2) **modulate** from one key to another

These chemicals **modulate** the effect of metabolism.

gut

n. the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

synonym: belly, abdomen, courage

(1) the blind **gut**, (2) **gut** feelings

He told me a **gut-wrenching** truth about my parent's death.

microbiota

n. (also "flora") the community of microorganisms that live within a particular environment or host organism, including bacteria, viruses, fungi, and other microorganisms

synonym: microflora, microbiome

(1) intestinal **microbiota**, (2) **microbiota** diversity

The **microbiota** in our gut plays a crucial role in our overall health and immune system.

develop

- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

- (1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

medication

- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

- (1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

prescribe

- v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym: define, specify, stipulate

- (1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

pet

- n.* an animal that you have at home as a companion and treated kindly

- (1) a **pet** bird, (2) a teacher's **pet**

I have a parrot as a **pet**.

sibling

- n.* a brother or sister; member of a family born to the same parents

synonym: brother, sister, relative

(1) have a **sibling** quarrel, (2) play with my **siblings**
Children often copy their parents or elder **siblings**.

hygiene

n. the practice of maintaining cleanliness in the home and person to prevent illness

synonym: cleanliness, health, sanitation

(1) **hygiene** practices, (2) public **hygiene**

Good **hygiene** is important for preventing the spread of illness.

nutrition

n. the substances or the process that organisms take into their bodies as food for their growth and health

synonym: alimentation, nourishment, sustenance

(1) **nutrition** condition, (2) **nutrition** intake

This food contains all the **nutrition** your dog requires.

lifelong

adj. lasting for the whole of someone's life

synonym: enduring, eternal, permanent

(1) **lifelong** career, (2) **lifelong** commitment

He had a **lifelong** love of reading and spent hours daily with a book.

implication

n. something that is inferred or indirectly stated; the act or fact of being involved in something

synonym: suggestion, association, conclusion

(1) the **implication** in a crime, (2) the **implication** of a word

His poem has a very significant **implication**.

likelihood

n. the probability or chance that something will happen or be the case

synonym: probability, chance, possibility

(1) **likelihood** of the success, (2) improve the **likelihood** of a cure

The **likelihood** of the project being completed on time is uncertain.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

obesity

n. the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

synonym: overweight, corpulence, fattiness

(1) **obesity-related** diseases, (2) suffer from **obesity**

The prevalence of **obesity** has increased significantly in recent years.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

inevitable

adj. certain to happen and unavoidable

synonym: inescapable, unavoidable, sure

(1) **inevitable** changes of the seasons, (2) **inevitable** result

In times of recession, an increase in unemployment is **inevitable**.

invention

n. the creation of a new device or process resulting from study and experimentation; the act of inventing

synonym: creation, design, innovation

(1) the **invention** of new techniques, (2) common **invention**
Necessity is the mother of **invention**.

valid

adj. having a reasonable basis in logic or fact; still legally or officially acceptable

synonym: proper, reasonable, useful

(1) a **valid** contract, (2) a ticket **valid** for two days

Your credit card is no longer **valid**.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym: interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep

I'm so sorry to **disrupt** you when you're pretty busy.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym: stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise

The speaker mounted the **platform** and started to speak.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym: meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm

I'm prepared to **encounter** challenges throughout this adventure.

noble

adj. having or showing excellent personal qualities or high moral principles that people admire

synonym: dignified, aristocratic, benevolent

(1) a **noble** family, (2) **noble** gas

He is a **noble-minded** man

inhabit

v. to live in a specific location; to reside

synonym: settle, occupy, populate

(1) **inhabit** a cave, (2) **inhabit** the stomach

I have no idea what sort of folks **inhabit** the neighborhood.

colonize

v. to establish a colony in or on a specific place; to settle or occupy in large numbers

synonym: settle, occupy, inhabit

(1) **colonize** planets, (2) **colonize** for cultivation

European powers **colonized** much of the Americas in the 16th and 17th centuries.

march

v. to walk militarily with stiff, regular steps

synonym: parade

(1) **march** against the war, (2) **march** east

The troops **marched** shoulder-to-shoulder.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

invade

v. to enter aggressively into another's territory by military force for conquest and occupation

synonym: intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

infrastructure

n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies

synonym : foundation, framework

(1) IT **infrastructure**, (2) **infrastructure** cost

Aging societies tend to require huge costs for **infrastructure** maintenance.

settler

n. a person who moved with a group of others to live in a different country or area

synonym : frontiersperson, immigrant, emigrant

(1) new **settlers**, (2) **settlers** on some foreign shore

A large proportion of railway workers in **settler** colonies were white.

phase

n. any stage in a series of events, change, or development

synonym : degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

greatly

adv. to an extraordinary extent or degree; very much

synonym : enormously, broadly, grandly

(1) **greatly** affect the situation, (2) **greatly** support that player

They **greatly** admired our actions.

feces

n. waste matter eliminated from the bowels; excrement

synonym : poop, stool, excrement

(1) **feces** sample, (2) human **feces**

Proper disposal of **feces** is essential for maintaining public health and sanitation.

bacteria

n. single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

synonym : microorganism, microbe

(1) pathogenic **bacteria**, (2) harmless **bacteria**

Bacteria prevalent in hospitals are often resistant to antibiotics.

disadvantage

n. a drawback or a negative aspect of something; (verb) to put someone or something in an unfavorable position

synonym : detriment, drawback, (verb) disfavor

(1) the **disadvantage** of a plan, (2) **disadvantage** small businesses

A lack of education can be a significant **disadvantage** in today's job market.

composition

n. the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone

synonym : creating, formatting, arrangement

(1) age **composition** of the population, (2) the piano passages in the **composition**

Their innovative concepts were consistent across their bodies of **composition**.

associate

v. to mentally connect someone or something with someone or something else

synonym : tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

cardiovascular

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue

Smoking places you at severe risk of **cardiovascular** and respiratory disease.

indication

n. a sign or remark that something exists, is real, or is likely to occur

synonym: clue, hint, inkling

(1) **indication** of inflation, (2) environmental **indication**

Faces are a good **indication** of age.

infancy

n. the state or period of being a baby or very young child

synonym: childhood, babyhood, juvenescence

(1) **infancy** stage, (2) in early **infancy**

The technology is still in its **infancy** and has much room for improvement.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

obese

adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

synonym: overweight, corpulent, plump

(1) **obese** individuals, (2) **obese** children

The doctor warned him that his **obese** condition put him at risk for numerous health problems.

overweight

adj. weighing more than is considered normal, desirable, or healthy for a particular height and build

synonym: heavy, obese, fat

(1) dangerously **overweight**, (2) an **overweight** patient

The doctor advised him to lose weight and maintain a healthy diet to avoid becoming **overweight**.

predispose

v. to make someone susceptible

synonym: dispose, incline

(1) **predispose** to the development of cancer,

(2) **predispose** me to become a novelist

Her outstanding achievement **predisposes** people to like her.

antibiotic

n. a substance or drug that kills or slows down the growth of bacteria

synonym: antimicrobial, chemotherapeutic, germicide

(1) **antibiotic** resistance, (2) **antibiotic** allergy

He has been prescribed an **antibiotic** to treat his infection.

loop

n. a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself

synonym: circle, curl, spiral

(1) exit from a **loop**, (2) positive feedback **loop**

Many people in this city use the **loop** railway for transportation.

breastfeeding

n. the act of feeding a baby with milk produced by the mother's breasts

synonym: nursing, lactation, suckling

(1) **breastfeeding** mother, (2) **breastfeeding** support

Getting the hang of **breastfeeding** at first can be challenging, but with patience and practice, it gets easier.

breast

n. either of the two round soft parts of a woman's chest which secrete milk after childbirth

synonym: bosom, chest, bust

(1) **breast** cancer, (2) the mountain's **breast**

He grilled the **breast** meat of a chicken.

miraculous

adj. very effective or lucky, or completely unexpected

synonym: amazing, astonishing, awesome

(1) a **miraculous** encounter, (2) go through a **miraculous** change

He made a **miraculous** recovery.

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym : accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

nutrient

n. any substance that is essential for the maintenance and growth of living things

synonym : food, vitamin

(1) **nutrient** medicine, (2) a **nutrient** for hair

They used fast-acting **nutrients** on the flowers in the flower beds.

giant

adj. enormous; much bigger or more important than similar items usually are

synonym : big, gigantic, huge

(1) **giant** trees, (2) **giant** tech company

The **giant** jets gradually dominate the world's airlines.

ingest

v. to take food or drink into the body, often through the mouth; to absorb or assimilate something, often used to describe the intake of information or knowledge

synonym : swallow, consume, devour

(1) **ingest** food, (2) **ingest** medication

People who compulsively **ingest** non-food items, such as dirt or chalk, suffer from a condition called pica.

probiotic

n. a substance, typically a live bacterium, that is ingested to provide health benefits, particularly in aiding digestion or strengthening the immune system

synonym : probiotic bacteria, beneficial bacteria, microflora

(1) **probiotic** supplement, (2) **probiotic** yogurt

Probiotic-rich foods, such as kefir and sauerkraut, can improve digestive health.

clinical

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

synonym: dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials

She received special **clinical** training at the hospital.

eczema

n. a skin condition marked by itchy, red, hot, and scaly patches, often caused by allergies, irritants, or stress

synonym: dermatitis, rash, skin inflammation

(1) **eczema** cream, (2) atopic **eczema**

A good moisturizer can help relieve the symptoms of **eczema**.

revolution

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

mention

v. to speak or write about something or someone briefly

synonym: reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

particle

n. a small piece of something; a word or piece of a term with grammatical function but little or no significance

synonym: atom, grain, bit

(1) charged **particle**, (2) **particle** energy

We can calculate the position of the **particles** statistically.

oligosaccharide

n. a carbohydrate composed of a small number, typically 3-10, of monosaccharide (= a type of simple sugar) units linked together in a chain, often found as components of dietary fiber or added to foods as sweeteners or thickeners

(1) **oligosaccharide** synthesis, (2) plant-derived **oligosaccharide**

The **oligosaccharide** chain present in the protein influences its stability and function.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym : purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

mystery

n. something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle

synonym : enigma, puzzle, secret

(1) **mystery** novel, (2) unsolved **mystery**

The **mystery** surrounding the disappearance of the traveler has yet to be solved by authorities.

initial

adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name

synonym : basic, primary, beginning

(1) **initial** velocity, (2) an **initial** letter

They took the **initial** step toward reconciliation.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

puzzling

adj. confusing or difficult to understand; mysterious

synonym : baffling, confusing, enigmatic

(1) **puzzling** behavior, (2) **puzzling** questions

The detective found the clues **puzzling** and couldn't solve the case immediately.

abundant

adj. present in great quantity

synonym : ample, plentiful, generative

(1) live an **abundant** life, (2) an **abundant** supply of water

The country has **abundant** oil and natural gas resources.

solid

adj. hard or firm; characterized by good substantial quality

synonym : stable, reliable, hard

(1) **solid** ally, (2) **solid** employment measures

The **solid-state** of water is called ice.

digest

v. to transform food into absorbable substances; break down

synonym : absorb, condense

(1) **digest** information, (2) help **digest** food

Most babies can readily **digest** a wide variety of foods.

synthesize

v. to combine a substance to make a more complex product or compound

synonym : incorporate, amalgamate

(1) **synthesize** molecules, (2) **synthesize** information

The spider can **synthesize** multiple different silk proteins.

utilize

v. to use something for a practical purpose in an effective way

synonym : employ, use, operate

(1) **utilize** a different approach, (2) **utilize** a catheter

The cook **utilized** the leftover oxtail to make soup.

revelation

n. a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans

by a divine or supernatural agency

synonym: disclosure, telling, annunciation

(1) a divine **revelation**, (2) the **revelation** of a secret

The shocking **revelation** embarrassed the administration.

structure

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

synonym: construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

nowadays

adv. at the current time, in comparison to the past

synonym: currently, presently, today

(1) young people **nowadays**, (2) not to be seen **nowadays**

People can clone a sheep **nowadays**.

lab

n. a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) **lab** instrument, (2) medical **lab**

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

ongoing

adj. continuing to exist or develop, or currently happening

synonym: continuous, current, proceeding

(1) still **ongoing**, (2) **ongoing** support

The new prime minister has vowed to take measures against the **ongoing** economic crisis.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

negative

adj. having the quality of something bad or harmful;
expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

routinely

adv. on a regular or habitual basis; in a manner that is customary or expected

synonym: habitually, regularly, customarily

(1) **routinely** check, (2) **routinely** scheduled maintenance

They **routinely** conduct fire drills to ensure everyone in the building knows what to do in an emergency.

monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym: proctor, check, observe

(1) **monitor** an exam, (2) **monitor** the data carefully

They used a special receiver to **monitor** police radio channels.

tailor

n. a person who makes, alters, or repairs clothing professionally, typically working in a tailor shop or boutique; (verb) to customize, modify, or adapt something to suit a particular purpose, need, or individual

synonym: seamster, designer, dressmaker

(1) **tailor-made** suit, (2) **tailor** your needs

I need to find a skilled **tailor** to alter my wedding dress.

onset

n. the beginning or early stages of unpleasant something;
a military attack

synonym: beginning, attack, commencement

(1) at the first **onset**, (2) the **onset** of spring

This medicine works best when taken at the **onset** of a cold.

chronic

adj. being long-lasting and recurrent or characterized by long
suffering; habitual

synonym: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol
consumption

Chronic hyperglycemia is a trigger for a variety of serious
diseases.

preempt

v. to act in advance to prevent something or to replace it
with something else

synonym: forestall, head off, anticipate

(1) **preempt** a financial crisis, (2) **preempt** trouble

The government **preempted** the release of sensitive
information.

contribute

v. to give something, especially money or goods, to
provide or achieve something together with other people

synonym: donate, devote, commit

(1) **contribute** a large sum of money to the fund,

(2) **contribute** to society

Government workers cannot **contribute** to political
campaigns.

unfold

v. to open up or spread out something that is folded or
rolled up; to reveal or disclose something that was
previously hidden or unknown

synonym: open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

Session 2: Spelling

1. as_____te with people widely
v. to mentally connect someone or something with someone or something else
2. not to be seen no_____ys
adv. at the current time, in comparison to the past
3. pr_____t trouble
v. to act in advance to prevent something or to replace it with something else
4. ca____r research
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
5. pathogenic ba_____ia
n. single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
6. car_____lar tissue
adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)
7. de_____p a strategy
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 1. associate, 2. nowadays, 3. preempt, 4. cancer, 5. bacteria, 6. cardiovascular, 7. develop

- | | |
|---|---|
| 8. cognitive com_____ty | <i>n.</i> the state or quality of being complicated or intricate and difficult to understand |
| 9. in_____y stage | <i>n.</i> the state or period of being a baby or very young child |
| 10. bre_____ing mother | <i>n.</i> the act of feeding a baby with milk produced by the mother's breasts |
| 11. pu_____ng questions | <i>adj.</i> confusing or difficult to understand; mysterious |
| 12. a private ind_____al | <i>n.</i> a single person or thing, as distinct from a group |
| 13. charged pa_____le | <i>n.</i> a small piece of something; a word or piece of a term with grammatical function but little or no significance |
| 14. gi__t tech company | <i>adj.</i> enormous; much bigger or more important than similar items usually are |
| 15. env_____nt affairs | <i>n.</i> the natural world such as air, water, and land in which humans, animals, and plants live |
| 16. human ev_____on | <i>n.</i> a gradual process of transformation of living things |
| 17. pre_____se to the development of cancer | <i>v.</i> to make someone susceptible |
| 18. ind_____al freedom | <i>n.</i> a single person or thing, as distinct from a group |
| 19. public hy_____e | <i>n.</i> the practice of maintaining cleanliness in the home and person to prevent illness |
| 20. the great di_____ry of the century | <i>n.</i> the act or process of finding information, a place, or an object, or learning about something that was previously not known |

ANSWERS: 8. complexity, 9. infancy, 10. breastfeeding, 11. puzzling, 12. individual, 13. particle, 14. giant, 15. environment, 16. evolution, 17. predispose, 18. individual, 19. hygiene, 20. discovery

- | | |
|------------------------------------|---|
| 21. the blind g_t | <i>n.</i> the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant |
| 22. the on__t of spring | <i>n.</i> the beginning or early stages of unpleasant something; a military attack |
| 23. se____rs on some foreign shore | <i>n.</i> a person who moved with a group of others to live in a different country or area |
| 24. en_____er a storm | <i>v.</i> to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly |
| 25. ac____e a new company | <i>v.</i> to buy or obtain something such as an asset, object, knowledge, etc., for oneself |
| 26. no__e gas | <i>adj.</i> having or showing excellent personal qualities or high moral principles that people admire |
| 27. inf_____ure cost | <i>n.</i> the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies |
| 28. fe__s sample | <i>n.</i> waste matter eliminated from the bowels; excrement |
| 29. co_____t with diversity | <i>v.</i> to live or exist together at the same time in the same place |
| 30. ob__e children | <i>adj.</i> excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more |

ANSWERS: 21. gut, 22. onset, 23. settler, 24. encounter, 25. acquire, 26. noble, 27. infrastructure, 28. feces, 29. coexist, 30. obese

31. un___d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
32. common in _____on *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
33. so__d ally *adj.* hard or firm; characterized by good substantial quality
34. participate in cl____al trials *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
35. opp_____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
36. oli_____ide synthesis *n.* a carbohydrate composed of a small number, typically 3-10, of monosaccharide (= a type of simple sugar) units linked together in a chain, often found as components of dietary fiber or added to foods as sweeteners or thickeners
37. suffer from ob____y *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
38. in___e other tissues *v.* to enter aggressively into another's territory by military force for conquest and occupation
39. me_____n name *v.* to speak or write about something or someone briefly

ANSWERS: 31. unfold, 32. invention, 33. solid, 34. clinical, 35. opposition, 36. oligosaccharide, 37. obesity, 38. invade, 39. mention

40. mi_____es sterilizer *n.* a tiny living thing that can only be seen with a microscope and that may cause disease
41. li_____ng career *adj.* lasting for the whole of someone's life
42. ant_____ic resistance *n.* a substance or drug that kills or slows down the growth of bacteria
43. ma__h against the war *v.* to walk militarily with stiff, regular steps
44. di___t information *v.* to transform food into absorbable substances; break down
45. in_____t a cave *v.* to live in a specific location; to reside
46. infection of the va___a *n.* the passage in the body of a woman or female animal that connects her outer sex organs to her uterus
47. mo_____r an exam *v.* to observe, check, and track the progress or quality of something over a period of time
48. in___t food *n.* a baby or very young child
49. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
50. ad__t fully to the environment *v.* to make fit for or change to suit a new purpose or environment
51. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 40. microbe, 41. lifelong, 42. antibiotic, 43. march, 44. digest, 45. inhabit, 46. vagina, 47. monitor, 48. infant, 49. discovery, 50. adapt, 51. cancer

52. medical l_b *n.* a workplace for the conduct of scientific research; a laboratory
53. my_____y novel *n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
54. co_____t with nature *v.* to live or exist together at the same time in the same place
55. di_____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
56. ro_____ly check *adv.* on a regular or habitual basis; in a manner that is customary or expected
57. co_____ze planets *v.* to establish a colony in or on a specific place; to settle or occupy in large numbers
58. pr_____be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
59. the imp_____on of a word *n.* something that is inferred or indirectly stated; the act or fact of being involved in something
60. bre_____ing support *n.* the act of feeding a baby with milk produced by the mother's breasts
61. ac_____e knowledge *v.* to buy or obtain something such as an asset, object, knowledge, etc., for oneself

ANSWERS: 52. lab, 53. mystery, 54. coexist, 55. disrupt, 56. routinely, 57. colonize, 58. prescribe, 59. implication, 60. breastfeeding, 61. acquire

62. ad_____on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
63. environmental ind_____on *n.* a sign or remark that something exists, is real, or is likely to occur
64. di_____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
65. a divine rev_____on *n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency
66. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
67. in_____t the stomach *v.* to live in a specific location; to reside
68. go through a mir_____us change *adj.* very effective or lucky, or completely unexpected
69. com_____on number *n.* a collection of things that have been combined; an assemblage of separate parts or qualities
70. l_b instrument *n.* a workplace for the conduct of scientific research; a laboratory
71. juvenile di_____es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 62. addition, 63. indication, 64. disrupt, 65. revelation, 66. prescribe, 67. inhabit, 68. miraculous, 69. combination, 70. lab, 71. diabetes

72. a teacher's p_t *n.* an animal that you have at home as a companion and treated kindly
73. in early in____y *n.* the state or period of being a baby or very young child
74. nu_____on intake *n.* the substances or the process that organisms take into their bodies as food for their growth and health
75. cir_____nce of birth *n.* the specific conditions or events that surround a particular situation or occurrence
76. lik_____od of the success *n.* the probability or chance that something will happen or be the case
77. age com_____on of the population *n.* the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
78. an in_____l letter *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
79. pathogenic mi_____e *n.* a tiny living thing that can only be seen with a microscope and that may cause disease
80. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 72. pet, 73. infancy, 74. nutrition, 75. circumstance, 76. likelihood, 77. composition, 78. initial, 79. microbe, 80. develop

81. nu_____nt medicine *n.* any substance that is essential for the maintenance and growth of living things
82. improve the lik_____od of a cure *n.* the probability or chance that something will happen or be the case
83. a no__e family *adj.* having or showing excellent personal qualities or high moral principles that people admire
84. pr_____t a financial crisis *v.* to act in advance to prevent something or to replace it with something else
85. a va__d contract *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
86. con_____te a large sum of money to the fund *v.* to give something, especially money or goods, to provide or achieve something together with other people
87. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
88. a mir_____us encounter *adj.* very effective or lucky, or completely unexpected
89. in___t food *v.* to take food or drink into the body, often through the mouth; to absorb or assimilate something, often used to describe the intake of information or knowledge
90. in_____l velocity *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
91. ch_____c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual

ANSWERS: 81. nutrient, 82. likelihood, 83. noble, 84. preempt, 85. valid, 86. contribute, 87. consequence, 88. miraculous, 89. ingest, 90. initial, 91. chronic

92. com_____ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
93. play with my si_____gs *n.* a brother or sister; member of a family born to the same parents
94. ec____a cream *n.* a skin condition marked by itchy, red, hot, and scaly patches, often caused by allergies, irritants, or stress
95. syn_____ze information *v.* to combine a substance to make a more complex product or compound
96. ev____e over the past decade *v.* to develop gradually, or to cause the development of something or someone gradually
97. ev_____on theory *n.* a gradual process of transformation of living things
98. ad__t as needed *v.* to make fit for or change to suit a new purpose or environment
99. a ticket va__d for two days *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
100. an ab_____nt supply of water *adj.* present in great quantity
101. a digital pl_____rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
102. the st_____re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

ANSWERS: 92. complexity, 93. sibling, 94. eczema, 95. synthesize, 96. evolve, 97. evolution, 98. adapt, 99. valid, 100. abundant, 101. platform, 102. structure

103. an arrival pl_____rm
104. con_____te to society
105. on_____g support
106. br____t cancer
107. unsolved my_____y
108. ob__e individuals
109. genic com_____ons
110. me_____n in a report
111. immune fu_____on
- n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
- v.* to give something, especially money or goods, to provide or achieve something together with other people
- adj.* continuing to exist or develop, or currently happening
- n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
- n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
- adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
- n.* a collection of things that have been combined; an assemblage of separate parts or qualities
- v.* to speak or write about something or someone briefly
- n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 103. platform, 104. contribute, 105. ongoing, 106. breast, 107. mystery, 108. obese, 109. combination, 110. mention, 111. function

112. mo_____te the function *v.* to change the key, style, loudness, etc., of something in music to create a particular effect; to fix or adjust the time, amount, degree, or rate of something
113. a nu_____nt for hair *n.* any substance that is essential for the maintenance and growth of living things
114. mo_____r the data carefully *v.* to observe, check, and track the progress or quality of something over a period of time
115. exit from a l__p *n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself
116. meet with opp_____on *n.* the act of disagreeing or resisting; the state of strong disagreement
117. hy_____e practices *n.* the practice of maintaining cleanliness in the home and person to prevent illness
118. the in_____on of new techniques *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
119. g_t feelings *n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant
120. in___t medication *v.* to take food or drink into the body, often through the mouth; to absorb or assimilate something, often used to describe the intake of information or knowledge

ANSWERS: 112. modulate, 113. nutrient, 114. monitor, 115. loop, 116. opposition, 117. hygiene, 118. invention, 119. gut, 120. ingest

121. atopic ec___a *n.* a skin condition marked by itchy, red, hot, and scaly patches, often caused by allergies, irritants, or stress
122. intestinal mic_____ta *n.* (also "flora") the community of microorganisms that live within a particular environment or host organism, including bacteria, viruses, fungi, and other microorganisms
123. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
124. ro_____ly scheduled maintenance *adv.* on a regular or habitual basis; in a manner that is customary or expected
125. en_____er a crisis *v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
126. a ne_____ve number *adj.* having the quality of something bad or harmful; expressing refusal
127. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
128. harmless ba_____ia *n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

ANSWERS: 121. eczema, 122. microbiota, 123. disease, 124. routinely, 125. encounter, 126. negative, 127. function, 128. bacteria

129. ta___r-made suit *n.* a person who makes, alters, or repairs clothing professionally, typically working in a tailor shop or boutique; (verb) to customize, modify, or adapt something to suit a particular purpose, need, or individual
130. a_m at a specific target *v.* to try or plan to get or achieve something
131. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
132. dangerously ove_____ht *adj.* weighing more than is considered normal, desirable, or healthy for a particular height and build
133. live an ab_____nt life *adj.* present in great quantity
134. cir_____nce of injury *n.* the specific conditions or events that surround a particular situation or occurrence
135. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
136. gr_____y affect the situation *adv.* to an extraordinary extent or degree; very much
137. li_____ng commitment *adj.* lasting for the whole of someone's life
138. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
139. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 129. tailor, 130. aim, 131. medication, 132. overweight, 133. abundant, 134. circumstance, 135. associate, 136. greatly, 137. lifelong, 138. consequence, 139. disease

140. ine_____le changes of the seasons *adj.* certain to happen and unavoidable
141. have a si_____g quarrel *n.* a brother or sister; member of a family born to the same parents
142. an ove_____ht patient *adj.* weighing more than is considered normal, desirable, or healthy for a particular height and build
143. co_____ze for cultivation *v.* to establish a colony in or on a specific place; to settle or occupy in large numbers
144. gr_____y support that player *adv.* to an extraordinary extent or degree; very much
145. the piano passages in the
com_____on *n.* the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
146. nu_____on condition *n.* the substances or the process that organisms take into their bodies as food for their growth and health
147. ant_____ic allergy *n.* a substance or drug that kills or slows down the growth of bacteria
148. ta____r your needs *n.* a person who makes, alters, or repairs clothing professionally, typically working in a tailor shop or boutique; (verb) to customize, modify, or adapt something to suit a particular purpose, need, or individual
149. ut_____e a different approach *v.* to use something for a practical purpose in an effective way

ANSWERS: 140. inevitable, 141. sibling, 142. overweight, 143. colonize, 144. greatly, 145. composition, 146. nutrition, 147. antibiotic, 148. tailor, 149. utilize

150. dis_____age small businesses *n.* a drawback or a negative aspect of something; (verb) to put someone or something in an unfavorable position
151. pu_____ng behavior *adj.* confusing or difficult to understand; mysterious
152. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
153. co_____ss hours *adj.* too numerous to be counted or very many
154. so__d employment measures *adj.* hard or firm; characterized by good substantial quality
155. syn_____ze molecules *v.* to combine a substance to make a more complex product or compound
156. the rev_____on of a secret *n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency
157. ine_____le result *adj.* certain to happen and unavoidable
158. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
159. IT inf_____ure *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
160. new se_____rs *n.* a person who moved with a group of others to live in a different country or area

ANSWERS: 150. disadvantage, 151. puzzling, 152. negative, 153. countless, 154. solid, 155. synthesize, 156. revelation, 157. inevitable, 158. environment, 159. infrastructure, 160. settler

161. va___a cancer care *n.* the passage in the body of a woman or female animal that connects her outer sex organs to her uterus
162. beginning of the industrial rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
163. a p_t bird *n.* an animal that you have at home as a companion and treated kindly
164. in___e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation
165. a_m to be a nurse *v.* to try or plan to get or achieve something
166. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
167. gi__t trees *adj.* enormous; much bigger or more important than similar items usually are
168. risk of ch_____c disease *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
169. ut_____e a catheter *v.* to use something for a practical purpose in an effective way
170. ind_____on of inflation *n.* a sign or remark that something exists, is real, or is likely to occur
171. still on_____g *adj.* continuing to exist or develop, or currently happening
172. chemical ad_____on *n.* the act or process of adding something to something else; the process of adding numbers

ANSWERS: 161. vagina, 162. revolution, 163. pet, 164. invade, 165. aim, 166. medication, 167. giant, 168. chronic, 169. utilize, 170. indication, 171. ongoing, 172. addition

173. ma__h east *v.* to walk militarily with stiff, regular steps
174. the mountain's br___t *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
175. car_____lar diseases *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
176. answer co_____ss questions *adj.* too numerous to be counted or very many
177. di_____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
178. the imp_____on in a crime *n.* something that is inferred or indirectly stated; the act or fact of being involved in something
179. a political rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
180. un___d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
181. pre_____se me to become a novelist *v.* to make someone susceptible
182. positive feedback l__p *n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself

ANSWERS: 173. march, 174. breast, 175. cardiovascular, 176. countless, 177. diabetes, 178. implication, 179. revolution, 180. unfold, 181. predispose, 182. loop

183. help di___t food *v.* to transform food into absorbable substances; break down
184. plant-derived oli_____ide *n.* a carbohydrate composed of a small number, typically 3-10, of monosaccharide (= a type of simple sugar) units linked together in a chain, often found as components of dietary fiber or added to foods as sweeteners or thickeners
185. young people no_____ys *adv.* at the current time, in comparison to the past
186. pa_____le energy *n.* a small piece of something; a word or piece of a term with grammatical function but little or no significance
187. in___t daughter *n.* a baby or very young child
188. ev___e *v.* to develop gradually, or to cause the development of something or someone gradually
189. mo_____te from one key to another *v.* to change the key, style, loudness, etc., of something in music to create a particular effect; to fix or adjust the time, amount, degree, or rate of something
190. ob_____y-related diseases *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
191. cl_____al surgery *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

ANSWERS: 183. digest, 184. oligosaccharide, 185. nowadays, 186. particle, 187. infant, 188. evolve, 189. modulate, 190. obesity, 191. clinical

192. at the first on__t *n.* the beginning or early stages of unpleasant something; a military attack
193. enter on the last ph__e *n.* any stage in a series of events, change, or development
194. the dis_____age of a plan *n.* a drawback or a negative aspect of something; (verb) to put someone or something in an unfavorable position
195. st_____re and function of the brain *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
196. pr_____ic supplement *n.* a substance, typically a live bacterium, that is ingested to provide health benefits, particularly in aiding digestion or strengthening the immune system
197. mic_____ta diversity *n.* (also "flora") the community of microorganisms that live within a particular environment or host organism, including bacteria, viruses, fungi, and other microorganisms
198. human fe__s *n.* waste matter eliminated from the bowels; excrement
199. two-ph__e structure *n.* any stage in a series of events, change, or development
200. pr_____ic yogurt *n.* a substance, typically a live bacterium, that is ingested to provide health benefits, particularly in aiding digestion or strengthening the immune system

ANSWERS: 192. onset, 193. phase, 194. disadvantage, 195. structure, 196. probiotic, 197. microbiota, 198. feces, 199. phase, 200. probiotic

Session 3: Fill in the Blanks

1. This medicine works best when taken at the _____ of a cold.
n. the beginning or early stages of unpleasant something; a military attack

2. His poem has a very significant _____.
n. something that is inferred or indirectly stated; the act or fact of being involved in something

3. Her outstanding achievement _____ people to like her.
v. to make someone susceptible

4. There are _____ methods for dealing with stress.
adj. too numerous to be counted or very many

5. They took the _____ step toward reconciliation.
adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name

6. The technology is still in its _____ and has much room for improvement.
n. the state or period of being a baby or very young child

7. The movie has received almost universally _____ criticism.
adj. having the quality of something bad or harmful; expressing refusal

8. The _____ to the safe was a secret.
n. a collection of things that have been combined; an assemblage of separate parts or qualities

ANSWERS: 1. onset, 2. implication, 3. predisposes, 4. countless, 5. initial, 6. infancy, 7. negative, 8. combination

9. I _____ to him that I had seen his sister at the grocery store earlier that day.
v. to speak or write about something or someone briefly
10. She explained the _____ surrounding the accident.
n. the specific conditions or events that surround a particular situation or occurrence
11. Your credit card is no longer _____.
adj. having a reasonable basis in logic or fact; still legally or officially acceptable
12. Their innovative concepts were consistent across their bodies of _____.
n. the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
13. The country has _____ oil and natural gas resources.
adj. present in great quantity
14. The detective found the clues _____ and couldn't solve the case immediately.
adj. confusing or difficult to understand; mysterious
15. European powers _____ much of the Americas in the 16th and 17th centuries.
v. to establish a colony in or on a specific place; to settle or occupy in large numbers
16. The muscle around the _____ is elastic enough to allow the passage of a fetus.
n. the passage in the body of a woman or female animal that connects her outer sex organs to her uterus

ANSWERS: 9. mentioned, 10. circumstances, 11. valid, 12. composition, 13. abundant, 14. puzzling, 15. colonized, 16. vagina

17. The pharmacist not only prescribes the _____ but also guides its proper use.
- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
18. The _____ chain present in the protein influences its stability and function.
- n.* a carbohydrate composed of a small number, typically 3-10, of monosaccharide (= a type of simple sugar) units linked together in a chain, often found as components of dietary fiber or added to foods as sweeteners or thickeners
19. The prevalence of _____ has increased significantly in recent years.
- n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
20. Mozart was an _____ prodigy.
- n.* a baby or very young child
21. The doctor advised him to lose weight and maintain a healthy diet to avoid becoming _____.
- adj.* weighing more than is considered normal, desirable, or healthy for a particular height and build
22. This food contains all the _____ your dog requires.
- n.* the substances or the process that organisms take into their bodies as food for their growth and health
23. Most babies can readily _____ a wide variety of foods.
- v.* to transform food into absorbable substances; break down

ANSWERS: 17. medication, 18. oligosaccharide, 19. obesity, 20. infant, 21. overweight, 22. nutrition, 23. digest

24. I need to find a skilled _____ to alter my wedding dress.

- n.* a person who makes, alters, or repairs clothing professionally, typically working in a tailor shop or boutique; (verb) to customize, modify, or adapt something to suit a particular purpose, need, or individual

25. He made a _____ recovery.

- adj.* very effective or lucky, or completely unexpected

26. I'm prepared to _____ challenges throughout this adventure.

- v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

27. The _____ in our gut plays a crucial role in our overall health and immune system.

- n.* (also "flora") the community of microorganisms that live within a particular environment or host organism, including bacteria, viruses, fungi, and other microorganisms

28. We ___ for an overseas expansion.

- v.* to try or plan to get or achieve something

29. I'm so sorry to _____ you when you're pretty busy.

- v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

30. Getting the hang of _____ at first can be challenging, but with patience and practice, it gets easier.

- n.* the act of feeding a baby with milk produced by the mother's breasts

31. These chemicals _____ the effect of metabolism.

- v.* to change the key, style, loudness, etc., of something in music to create a particular effect; to fix or adjust the time, amount, degree, or rate of something

ANSWERS: 24. tailor, 25. miraculous, 26. encounter, 27. microbiota, 28. aim, 29. disrupt, 30. breastfeeding, 31. modulate

32. The _____ of water is called ice.

adj. hard or firm; characterized by good substantial quality

33. In _____ private corporations provide healthcare services.

n. the act or process of adding something to something else; the process of adding numbers

34. The era of the industrial revolution was a crucial _____ of history.

n. any stage in a series of events, change, or development

35. A good moisturizer can help relieve the symptoms of _____.

n. a skin condition marked by itchy, red, hot, and scaly patches, often caused by allergies, irritants, or stress

36. He is a _____ man

adj. having or showing excellent personal qualities or high moral principles that people admire

37. The _____ by the citizen resulted in a redistribution of wealth.

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

38. I have no idea what sort of folks _____ the neighborhood.

v. to live in a specific location; to reside

39. The organizational _____ of start-ups is often flat and straightforward.

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

ANSWERS: 32. solid-state, 33. addition, 34. phase, 35. eczema, 36. noble-minded, 37. revolution, 38. inhabit, 39. structure

40. I advised him to _____ to his new surroundings.

v. to make fit for or change to suit a new purpose or environment

41. The new prime minister has vowed to take measures against the _____ economic crisis.

adj. continuing to exist or develop, or currently happening

42. We can calculate the position of the _____ statistically.

n. a small piece of something; a word or piece of a term with grammatical function but little or no significance

43. Eyeless fish _____ in dark caves.

v. to develop gradually, or to cause the development of something or someone gradually

44. Necessity is the mother of _____.

n. the creation of a new device or process resulting from study and experimentation; the act of inventing

45. He grilled the _____ meat of a chicken.

n. either of the two round soft parts of a woman's chest which secrete milk after childbirth

46. A lack of education can be a significant _____ in today's job market.

n. a drawback or a negative aspect of something; (verb) to put someone or something in an unfavorable position

47. People can clone a sheep _____.

adv. at the current time, in comparison to the past

ANSWERS: 40. adapt, 41. ongoing, 42. particles, 43. evolved, 44. invention, 45. breast, 46. disadvantage, 47. nowadays

48. The cook _____ the leftover oxtail to make soup.
v. to use something for a practical purpose in an effective way
49. He has been prescribed an _____ to treat his infection.
n. a substance or drug that kills or slows down the growth of bacteria
50. As an _____ he had the right to make his own decisions and live his life as he saw fit.
n. a single person or thing, as distinct from a group
51. Proper disposal of _____ is essential for maintaining public health and sanitation.
n. waste matter eliminated from the bowels; excrement
52. I have a parrot as a _____.
n. an animal that you have at home as a companion and treated kindly
53. The brain is an incredibly complex organ that controls the body's _____.
n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
54. Federal bankruptcy laws _____ the reorganization process.
v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
55. The _____ party strongly disagreed with the government's proposed legislation.
n. the act of disagreeing or resisting; the state of strong disagreement

ANSWERS: 48. utilized, 49. antibiotic, 50. individual, 51. feces, 52. pet, 53. function, 54. prescribed, 55. opposition

56. _____ foods, such as kefir and sauerkraut, can improve digestive health.
- n.* a substance, typically a live bacterium, that is ingested to provide health benefits, particularly in aiding digestion or strengthening the immune system
57. People who compulsively _____ non-food items, such as dirt or chalk, suffer from a condition called pica.
- v.* to take food or drink into the body, often through the mouth; to absorb or assimilate something, often used to describe the intake of information or knowledge
58. The spider can _____ multiple different silk proteins.
- v.* to combine a substance to make a more complex product or compound
59. The doctor warned him that his _____ condition put him at risk for numerous health problems.
- adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
60. Government workers cannot _____ to political campaigns.
- v.* to give something, especially money or goods, to provide or achieve something together with other people
61. They study the _____ of the universe.
- n.* a gradual process of transformation of living things
62. My father was tested for _____.
- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 56. Probiotic-rich, 57. ingest, 58. synthesize, 59. obese, 60. contribute, 61. evolution, 62. diabetes

63. The troops _____ shoulder-to-shoulder.
- v.* to walk militarily with stiff, regular steps
64. The majority of consumers _____ this brand with quality.
- v.* to mentally connect someone or something with someone or something else
65. We must _____ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
66. Faces are a good _____ of age.
- n.* a sign or remark that something exists, is real, or is likely to occur
67. Children often copy their parents or elder _____.
- n.* a brother or sister; member of a family born to the same parents
68. The mystery _____ as the detectives gathered more clues.
- v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
69. They used fast-acting _____ on the flowers in the flower beds.
- n.* any substance that is essential for the maintenance and growth of living things
70. These economic activities had disastrous environmental _____.
- n.* the outcome of a particular action or event, especially relative to an individual
71. Children _____ language at a fantastic rate.
- v.* to buy or obtain something such as an asset, object, knowledge, etc., for oneself

ANSWERS: 63. marched, 64. associate, 65. develop, 66. indication, 67. siblings, 68. unfolded, 69. nutrients, 70. consequences, 71. acquire

72. Smoking places you at severe risk of _____ and respiratory disease.

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

73. _____ prevalent in hospitals are often resistant to antibiotics.

n. single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

74. The shocking _____ embarrassed the administration.

n. a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency

75. Breast _____ is the most common type of cancer in women.

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

76. Every human is responsible for taking care of the Earth's _____.

n. the natural world such as air, water, and land in which humans, animals, and plants live

77. A large proportion of railway workers in _____ colonies were white.

n. a person who moved with a group of others to live in a different country or area

78. Good _____ is important for preventing the spread of illness.

n. the practice of maintaining cleanliness in the home and person to prevent illness

ANSWERS: 72. cardiovascular, 73. Bacteria, 74. revelation, 75. cancer, 76. environment, 77. settler, 78. hygiene

79. Many people in this city use the _____ railway for transportation.
- n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself
80. The different species can _____ in the same ecosystem by filling different niches and using different resources.
- v.* to live or exist together at the same time in the same place
81. I have no intention to _____ your privacy.
- v.* to enter aggressively into another's territory by military force for conquest and occupation
82. The government _____ the release of sensitive information.
- v.* to act in advance to prevent something or to replace it with something else
83. He had a _____ love of reading and spent hours daily with a book.
- adj.* lasting for the whole of someone's life
84. The doctor diagnosed him with a rare _____ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
85. Aging societies tend to require huge costs for _____ maintenance.
- n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
86. _____ hyperglycemia is a trigger for a variety of serious diseases.
- adj.* being long-lasting and recurrent or characterized by long suffering; habitual

ANSWERS: 79. loop, 80. coexist, 81. invade, 82. preempted, 83. lifelong, 84. disease, 85. infrastructure, 86. Chronic

87. They _____ admired our actions.

adv. to an extraordinary extent or degree; very much

88. They _____ conduct fire drills to ensure everyone in the building knows what to do in an emergency.

adv. on a regular or habitual basis; in a manner that is customary or expected

89. He told me a _____ truth about my parent's death.

n. the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

90. The Prime Minister will pay a courtesy visit to the Nobel laureate's _____.

n. a workplace for the conduct of scientific research; a laboratory

91. The _____ surrounding the disappearance of the traveler has yet to be solved by authorities.

n. something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle

92. Her research team made an important _____.

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

93. The project's _____ made it difficult for the team to complete it on time.

n. the state or quality of being complicated or intricate and difficult to understand

94. They used a special receiver to _____ police radio channels.

v. to observe, check, and track the progress or quality of something over a period of time

ANSWERS: 87. greatly, 88. routinely, 89. gut-wrenching, 90. lab, 91. mystery, 92. discovery, 93. complexity, 94. monitor

95. The speaker mounted the _____ and started to speak.
n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
96. She received special _____ training at the hospital.
adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
97. The _____ of the project being completed on time is uncertain.
n. the probability or chance that something will happen or be the case
98. _____ thrive on the surface of the human skin.
n. a tiny living thing that can only be seen with a microscope and that may cause disease
99. The _____ jets gradually dominate the world's airlines.
adj. enormous; much bigger or more important than similar items usually are
100. In times of recession, an increase in unemployment is _____.
adj. certain to happen and unavoidable

ANSWERS: 95. platform, 96. clinical, 97. likelihood, 98. Microbes, 99. giant, 100. inevitable