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Vocabulary Builder Reference from...

Eve Ensler: The profound power of an authentic apology | TED Talk

https://www.ted.com/talks/eve_ensler_the_profound_power_of_an_authentic_apology

Advanced Words Only

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Session 1: Word List

trance

n. a state of altered consciousness in which a person may seem to be asleep or unconscious but, in reality, is highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions

synonym : stupor, hypnosis, daydreaming

(1) **trance** state, (2) meditative **trance**

The rhythmic beat of the drums kept the audience in a **trance**.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

interrogate

v. to examine someone with questions over a lengthy period, especially in an aggressive manner

synonym : question, examine, probe

(1) **interrogate** an enemy soldier, (2) **interrogated** by police

The lawyer spent considerable time to adequately **interrogate** the witness.

belittle

v. to speak or write about someone or something in a way that shows a lack of respect

synonym: degrade, demean, disparage

(1) **belittle** his ability, (2) **belittle** through talk

He **belittled** her in front of the office, making her feel small and insignificant.

jealousy

n. a feeling of resentment or bitterness towards someone because they have something that you desire

synonym: envy, covetousness, resentment

(1) **jealousy** feeling towards another person, (2) burn with **jealousy**

His **jealousy** of his brother's success caused a rift in their relationship.

liberate

v. to set free; to release or rescue from captivity or oppression

synonym: emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential

The prisoners were **liberated** after the war ended.

haunted

adj. inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions

synonym: spooky, eerie, ghostly

(1) **haunted** house, (2) **haunted** by memories

The old mansion was known to be **haunted**, with strange noises and eerie sightings reported by visitors.

smashing

adj. very successful or impressive; causing something to be broken or destroyed

synonym: great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results

The band's new album was a **smashing** success, reaching the top of the charts.

adoration

n. deep love and respect shown towards someone or something; worship or deep reverence

synonym: worship, idolization, devotion

(1) **adoration** of a celebrity, (2) puppy **adoration**

The child's **adoration** for his favorite superhero was unwavering.

metastasize

v. (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location

synonym: spread, multiply, disseminate

(1) **metastasize** to the liver, (2) **metastasize** from breast cancer

Cancer cells can **metastasize** and spread to other body parts if left untreated.

unleash

v. to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym: discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym: fail, denounce, display

(1) **betray** a friend, (2) **betray** confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

grueling

adj. extremely tiring or demanding great effort, especially with long duration or intensity

synonym: exhausting, draining, demanding

(1) **grueling** process, (2) a **grueling** campaign

The marathon was a **grueling** test of endurance.

enact

v. to make a law; to put something into practice

synonym: legislate, pass, decree

(1) **enact** new legislation, (2) **enact** the smoking ban
The government **enacted** this law in 1925.

contaminate

v. to make something impure, unclean, or poisonous by contact or mixture

synonym: defile, pollute, adulterate

(1) **contaminate** with a disease, (2) **contaminate** his ego
We strive not to **contaminate** the environment when demolishing petroleum plants.

instinct

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

synonym: intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**
When faced with a dangerous situation, his initial **instinct** was to flee.

pun

n. a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

synonym: joke, quip, wordplay

(1) witty **pun**, (2) silly **pun**
The comedian's **pun** had the audience laughing out loud.

doorway

n. an opening in a wall for a door to fit into

synonym: entrance, portal, gateway

(1) a wide **doorway**, (2) **doorway** to success
He leaned against the **doorway**, waiting for her to come home.

Session 2: Spelling

1. be___y a friend *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
2. be___y confidence *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
3. be_____le his ability *v.* to speak or write about someone or something in a way that shows a lack of respect
4. en__t the smoking ban *v.* to make a law; to put something into practice
5. a gr_____ng campaign *adj.* extremely tiring or demanding great effort, especially with long duration or intensity
6. aggressive in_____ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
7. a sm_____ng blow *adj.* very successful or impressive; causing something to be broken or destroyed
8. silly p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
9. en__t new legislation *v.* to make a law; to put something into practice

ANSWERS: 1. betray, 2. betray, 3. belittle, 4. enact, 5. grueling, 6. instinct, 7. smashing, 8. pun, 9. enact

10. in_____ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
11. un_____h her anger *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
12. ha_____d by memories *adj.* inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
13. burn with je_____sy *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
14. li_____te people from oppression *v.* to set free; to release or rescue from captivity or oppression
15. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
16. con_____te his ego *v.* to make something impure, unclean, or poisonous by contact or mixture
17. ha_____d house *adj.* inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
18. li_____te potential *v.* to set free; to release or rescue from captivity or oppression
19. int_____te an enemy soldier *v.* to examine someone with questions over a lengthy period, especially in an aggressive manner

ANSWERS: 10. instinct, 11. unleash, 12. haunted, 13. jealousy, 14. liberate, 15. sham, 16. contaminate, 17. haunted, 18. liberate, 19. interrogate

20. meditative tr___e *n.* a state of altered consciousness in which a person may seem to be asleep or unconscious but, in reality, is highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions
21. met_____ze from breast cancer *v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location
22. puppy ad_____on *n.* deep love and respect shown towards someone or something; worship or deep reverence
23. je_____sy feeling towards another person *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
24. witty p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
25. int_____ted by police *v.* to examine someone with questions over a lengthy period, especially in an aggressive manner
26. con_____te with a disease *v.* to make something impure, unclean, or poisonous by contact or mixture
27. a wide do_____y *n.* an opening in a wall for a door to fit into
28. be_____le through talk *v.* to speak or write about someone or something in a way that shows a lack of respect

ANSWERS: 20. trance, 21. metastasize, 22. adoration, 23. jealousy, 24. pun, 25. interrogate, 26. contaminate, 27. doorway, 28. belittle

29. give sm_____ng results *adj.* very successful or impressive; causing something to be broken or destroyed
30. do_____y to success *n.* an opening in a wall for a door to fit into
31. un_____h a hound *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
32. ad_____on of a celebrity *n.* deep love and respect shown towards someone or something; worship or deep reverence
33. gr_____ng process *adj.* extremely tiring or demanding great effort, especially with long duration or intensity
34. tr___e state *n.* a state of altered consciousness in which a person may seem to be asleep or unconscious but, in reality, is highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions
35. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
36. met_____ze to the liver *v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location

ANSWERS: 29. smashing, 30. doorway, 31. unleash, 32. adoration, 33. grueling, 34. trance, 35. sham, 36. metastasize

Session 3: Fill in the Blanks

1. When faced with a dangerous situation, his initial _____ was to flee.
n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
2. His _____ of his brother's success caused a rift in their relationship.
n. a feeling of resentment or bitterness towards someone because they have something that you desire
3. He felt _____ when his best friend revealed their secret to the enemy.
v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
4. The government _____ this law in 1925.
v. to make a law; to put something into practice
5. The old mansion was known to be _____ with strange noises and eerie sightings reported by visitors.
adj. inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
6. The band's new album was a _____ success, reaching the top of the charts.
adj. very successful or impressive; causing something to be broken or destroyed
7. The data he prepared was completely _____.
n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 1. instinct, 2. jealousy, 3. betrayed, 4. enacted, 5. haunted, 6. smashing, 7. sham

8. The rhythmic beat of the drums kept the audience in a _____.
- n.* a state of altered consciousness in which a person may seem to be asleep or unconscious but, in reality, is highly responsive to suggestion; a state of being deeply absorbed in thought or feeling, often characterized by a heightened awareness of one's surroundings and emotions
9. He leaned against the _____ waiting for her to come home.
- n.* an opening in a wall for a door to fit into
10. The general was still reluctant to _____ his troops in pursuit of an enemy.
- v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
11. The comedian's ____ had the audience laughing out loud.
- n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
12. The lawyer spent considerable time to adequately _____ the witness.
- v.* to examine someone with questions over a lengthy period, especially in an aggressive manner
13. The child's _____ for his favorite superhero was unwavering.
- n.* deep love and respect shown towards someone or something; worship or deep reverence
14. He _____ her in front of the office, making her feel small and insignificant.
- v.* to speak or write about someone or something in a way that shows a lack of respect
15. Cancer cells can _____ and spread to other body parts if left untreated.
- v.* (of a cancerous tumor or disease) to spread or grow to other parts of the body from its original location

ANSWERS: 8. trance, 9. doorway, 10. unleash, 11. pun, 12. interrogate, 13. adoration, 14. belittled, 15. metastasize

16. We strive not to _____ the environment when demolishing petroleum plants.

v. to make something impure, unclean, or poisonous by contact or mixture

17. The marathon was a _____ test of endurance.

adj. extremely tiring or demanding great effort, especially with long duration or intensity

18. The prisoners were _____ after the war ended.

v. to set free; to release or rescue from captivity or oppression

ANSWERS: 16. contaminate, 17. grueling, 18. liberated