

# Englist.me



## Vocabulary Builder Reference from...

*Kathryn Bouskill: The unforeseen consequences of a fast-paced world | TED Talk*

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### All Words

#### IMPORTANT

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## Session 1: Word List

### surround

v. to be all around something or somebody

*synonym*: encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

### communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

*synonym*: convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

### cram

v. to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space

*synonym*: stuff, pack, jam

(1) **cram** more circuits into chips, (2) **cram** five people into a car

She had to **cram** for the final exam and stayed up all night studying.

## birthright

*n.* a right or privilege that is considered to be a natural or inherent possession, often as a result of birth or ancestry

*synonym* : heritage, legacy, inheritance

(1) **birthright** citizenship, (2) claim **birthright**

It was his **birthright** to inherit his father's estate.

## competitive

*adj.* involving competition or competitiveness

*synonym* : aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position

The mobile application industry is a **competitive** one.

## anthropology

*n.* the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species

(1) social **anthropology**, (2) **anthropology** of religion

The areas of **anthropology** and psychology are significantly related to one another.

## corporation

*n.* a large company or group of companies that are controlled together by law as a single unit

*synonym* : business, company, enterprise

(1) a public **corporation**, (2) **corporation** assets

Four companies were amalgamated into a single **corporation**.

## ancient

*adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

*synonym* : archaic, age-old, obsolete

(1) pre-Christian **ancient**, (2) **ancient** stories

They have been living near water since **ancient** times.

## modern

*adj.* of or belonging to the present time or recent times

*synonym* : contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society

Their headquarters are in a **modern** skyscraper.

## adapt

*v.* to make fit for or change to suit a new purpose or environment

*synonym*: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed  
I advised him to **adapt** to his new surroundings.

## engineer

*n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software

*synonym*: architect, creator, builder

(1) a civil **engineer**, (2) **engineer** shortage

The **engineer** will repair my telephone tomorrow morning.

## acceleration

*n.* a rate of increase in velocity; the rate of change of velocity with respect to time

*synonym*: speed up, quicken, hastening

(1) a unit of **acceleration**, (2) **acceleration** of an object

The car's **acceleration** was impressive, going from 0 to 60 mph in just 5 seconds.

## policy

*n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

*synonym*: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

## implication

*n.* something that is inferred or indirectly stated; the act or fact of being involved in something

*synonym*: suggestion, association, conclusion

(1) the **implication** in a crime, (2) the **implication** of a word

His poem has a very significant **implication**.

## pace

*n.* the speed at which someone or something moves, or the rate at which something happens or changes

*synonym* : gait, rate, speed

(1) at your own **pace**, (2) the runner's **pace**

The economy is growing at a supercharged **pace**.

## accelerate

*v.* to make something faster or earlier; to cause to develop or progress more quickly

*synonym* : speed up, quicken, rev

(1) **accelerate** a chemical reaction, (2) **accelerate** the car

The government tried to **accelerate** the commercialization of this development.

## transport

*n.* a system for moving people or products from one location to another using automobiles, roads, and so on

*synonym* : shipment, transit, conveyance

(1) **transport** facilities, (2) access to public **transport**

Enhanced rail **transportation** is crucial for our business.

## manufacture

*v.* to make goods in large numbers, usually in a factory using machines

*synonym* : create, fabricate, assemble

(1) **manufacture** an enzyme, (2) **manufacture** a product

The majority of synthetic vitamins are **manufactured** from oil.

## weaponry

*n.* a collection of weapons (e.g., guns, knives, bombs, missiles, etc.) used or owned by a particular individual, group, military, or country

*synonym* : arms, munition, artillery

(1) **weaponry** development, (2) advanced **weaponry**

The army used various **weaponry** to defend the country from attack.

## vulnerable

*adj.* capable of being hurt or influenced physically or mentally

*synonym* : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

## inevitable

*adj.* certain to happen and unavoidable

*synonym* : inescapable, unavoidable, sure

(1) **inevitable** changes of the seasons, (2) **inevitable** result  
In times of recession, an increase in unemployment is **inevitable**.

## thrill

*n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

*synonym* : exhilaration, delight, rush

(1) the **thrill** of speed, (2) incredible **thrill**

Skydiving is an overwhelming **thrill** for many people.

## obsolete

*adj.* no longer in use or helpful because something newer or better has been invented and introduced

*synonym* : ancient, bygone, outdated

(1) an **obsolete** word, (2) become **obsolete**

New technology has rendered my old smartphone **obsolete**.

## rust

*n.* a reddish-brown coating or corrosion layer that forms on iron or steel as a result of exposure to moisture and oxygen; the process of corrosion on metal caused by oxidation

*synonym* : corrosion, oxidation, decay

(1) **rust-proofing**, (2) **rusty** metal

The old car was covered in **rust** and needed extensive repair work.

## erode

*v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time

*synonym* : wear away, deteriorate, corrode

(1) **erode** coast, (2) **erode** trust

The ongoing budget cuts have **eroded** the quality of

education in many schools.

## tradition

*n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

*synonym*: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

## uneasy

*adj.* causing or feeling anxiety or discomfort

*synonym*: anxious, troubled, nervous

(1) have **uneasy** eyes, (2) **uneasy** relationship

He was **uneasy** about the situation and didn't know what to do.

## widen

*v.* to become or make something broader, wider, more extensive

*synonym*: broaden, enlarge, extend

(1) **widen** in excitement, (2) **widen** a narrowed heart valve

He **widened** his investigation into a medical clinic.

## gap

*n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

*synonym*: opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

## jet

*n.* a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances

*synonym*: plane, aircraft, flier

(1) private **jet**, (2) commercial **jet**

The **jet** flew over the ocean at high speed, reaching its destination in hours.

## **buzz**

*v.* to make a continuous, low humming sound such as the one a bee makes; an exciting and active atmosphere

*synonym*: hum, murmur, whisper

(1) the **buzz** of a cicada, (2) **buzz** marketing

I heard the **buzz** of conversation from the next room.

## **have-not**

*n.* a person or group who lacks the necessities of life, such as adequate food, shelter, or economic resources, often contrasted with a "have" or someone who has abundance or wealth

*synonym*: pauper, destitute, indigent

(1) **have-not** countries, (2) **have-not** families

The **have-nots** in our society often struggle to afford necessities like healthcare and education.

## **digital**

*adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

*synonym*: numerical, computerized, cyber

(1) a **digital** watch, (2) **digital** electronic signature

Sensors convert physical phenomena into **digital** signals.

## **forecast**

*n.* a prediction or statement about how something, such as the weather, will develop or what will happen in the future; (verb) to predict the future in advance

*synonym*: prediction, outlook, (verb) guess

(1) a weather **forecast**, (2) **forecast** an epidemic

Their team specializes in demand **forecasts** for our products.

## **paradoxical**

*adj.* seemingly contradictory or absurd because of having two opposite features or facts, though it is probably true

*synonym*: contradictory, conflicting, perplexing

(1) a **paradoxical** anecdote, (2) apparently **paradoxical** it is **paradoxical** that the French, who prefer animal foods, live longer than people in other countries.

## paradox

*n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

*synonym* : incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

## absurd

*adj.* ridiculously silly, unreasonable, or illogical

*synonym* : ridiculous, foolish, idiotic

(1) **absurd** storyline, (2) an **absurd** amount of money

We immediately rejected his **absurd** suggestion.

## complexity

*n.* the state or quality of being complicated or intricate and difficult to understand

*synonym* : intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

## intensify

*v.* to increase or make something increase in extent or strength

*synonym* : amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

## prehistoric

*adj.* belonging to or existing in times before recorded history; no longer fashionable

*synonym* : ancient, primitive, archaic

(1) **prehistoric** settlements, (2) **prehistoric** times

Scientists often fail to date archeological or **prehistoric** findings.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym* : intellect, mind, encephalon



(1) basic **brain** function, (2) permanent **brain** damage  
X-rays revealed a small tumor in his **brain**.

## invention

*n.* the creation of a new device or process resulting from study and experimentation; the act of inventing

*synonym* : creation, design, innovation

(1) the **invention** of new techniques, (2) common **invention**  
Necessity is the mother of **invention**.

## roll

*v.* to move in a particular direction by turning over and over or from side to side

*synonym* : spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

## supersonic

*adj.* relating to or having a speed above the speed of sound (roughly 767 miles per hour or 1,235 kilometers per hour at sea level)

*synonym* : hypersonic, ultrasonic, transonic

(1) **supersonic** aircraft, (2) **supersonic** wind tunnel

The spacecraft reentered the Earth's atmosphere at **supersonic** speeds.

## whip

*v.* to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.

*synonym* : thrash, flog, scourge

(1) **whip** egg whites, (2) **whip** into shape

The jockey **whipped** the horse hard to take first place.

## carsick

*adj.* feeling nauseous or dizzy as a result of being in a moving vehicle

*synonym* : nauseous, dizzy, queasy

(1) get **carsick** easily, (2) feel **carsick**

The car's motion made her **carsick**, and she had to pull over.

## evolve

*v.* to develop gradually, or to cause the development of something or someone gradually

*synonym*: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

## multitasking

*n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time

*synonym*: juggling, multihandling, parallelism

(1) computer **multitasking**, (2) **multitasking** ability

She could finish all her work on time because of her **multitasking** skills.

## incredible

*adj.* unbelievable; enormous

*synonym*: unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed

Her response revealed **incredible** idiocy.

## hunt

*v.* to go after and try to catch wild animals to kill them for food, sport, or profit

*synonym*: chase, pursuit, quest

(1) **hunt** a job, (2) **hunt** after knowledge

Hounds **hunt** their prey by using their keen scent.

## necessarily

*adv.* in an essential manner; in such a way as could not be otherwise

*synonym*: inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true

This accident was something that happened **necessarily**.

## distance

*n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

*synonym*: space, gap, span

(1) driving **distance**, (2) social **distance**

The marathon runner covered a long **distance** in a short

amount of time.

## biology

*n.* the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

## mismatch

*v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

*synonym*: mismatch, discord, clash

(1) **mismatch** expectations, (2) **mismatch** socks

The colors of the shirt and pants totally **mismatch**, making the outfit look ridiculous.

## phenomenon

*n.* something that exists and can be perceptible, especially one that is not fully understood

*synonym*: marvel, wonder, splendor

(1) natural **phenomenon**, (2) historical **phenomenon**

A rainbow is a natural **phenomenon**.

## mentor

*n.* a person who helps and advises a younger or less experienced person over time, usually at work or school

*synonym*: adviser, coach, tutor

(1) **mentor** for life, (2) fashion **mentor**

As a **mentor**, he helped me realize my career.

## lane

*n.* a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver

*synonym*: roadway, street, artery

(1) **lane** change, (2) first **lane**

We walked along a muddy **lane** to reach the farm.

## byte

*n.* a unit of digital information that consists of 8 bits, typically used to represent a single character of text or a small amount of computer code

(1) **byte** code, (2) **byte** array

The computer hard drive had plenty of storage space but was running low on available **bytes**.

## adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

*synonym*: accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

## introduction

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

*synonym*: initiation, preamble, prologue

(1) **introduction** education, (2) self- **introduction**

The **introduction** to the new class was informative and engaging.

## contrast

v. to put in opposition to show or emphasize differences

*synonym*: differ, vary, counterpoint

(1) **contrast** with a decade ago, (2) **contrast** two things

It's intriguing to compare and **contrast** the two authors.

## smartphone

n. a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

## react

v. to take action in response to something

*synonym*: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

## vary

*v.* to become different in terms of size, shape, etc.

*synonym* : alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price  
Maximum heart rates **vary** a lot for each individual.

## interaction

*n.* the act of connecting with someone, mainly when working, playing, or spending time with them

*synonym* : dealings, exchange, relations

(1) the **interaction** between man and his environment,  
(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

## pleasant

*adj.* enjoyable, attractive, friendly, or agreeable

*synonym* : agreeable, delightful, pleasing

(1) **pleasant** news, (2) **pleasant** odor

The hotel's staff is very **pleasant** and efficient.

## brisk

*adj.* lively and energetic

*synonym* : energetic, lively, fast-moving

(1) **brisk** argument, (2) **brisk** autumn weather

She walked with a **brisk** pace, eager to reach her destination.

## convenient

*adj.* useful, helpful, or quick to do

*synonym* : timely, fortunate, suitable

(1) **convenient** way, (2) **convenient** location

The airport offers five **convenient** access routes.

## horrible

*adj.* extremely unpleasant or bad; causing fear or disgust

*synonym* : dreadful, terrible, awful

(1) **horrible** accident, (2) **horrible** smell

The experience was **horrible** and left a lasting impression.

## ceremony

*n.* a formal event or ritual, often religious or solemn

*synonym* : ritual, rite, observance

(1) **ceremony** hall, (2) **ceremony** location

The wedding **ceremony** was a beautiful and emotional event.

## beget

*v.* to cause or produce something as a result or effect; to become the father of

*synonym*: be father, procreate, reproduce

(1) **beget** children, (2) **beget** fear

His irresponsible behavior may **beget** many problems for him in the future.

## fingertip

*n.* the end or tip of a finger

(1) apply **fingertip** pressure, (2) burn my **fingertip**

The archaeologist ran his **fingertips** along the pattern of the tombstones.

## suppose

*v.* to think that something is likely to be actual or possible

*synonym*: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

## decision-maker

*n.* a person who makes important decisions, especially at a high level in an organization

(1) policy **decision-maker**, (2) act as a **decision-maker**

A wealth of information does not always have a positive impact on **decision-makers**.

## drudgery

*n.* hard, menial, and tedious work; a routine, monotonous task that is considered boring or unpleasant

*synonym*: tedium, laboriousness, grind

(1) office **drudgery**, (2) daily **drudgery**

The tedious **drudgery** of answering phones all day made me want to quit my job.

## anxious

*adj.* worried and nervous

*synonym*: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

## germ

*n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

*synonym* : bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

## decision

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

*synonym* : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

## autopilot

*n.* a system that automatically controls the operation of an aircraft or spacecraft

*synonym* : self-pilot, self-driving, self-navigating

(1) **autopilot** function, (2) aircraft **autopilot**

The airplane was on **autopilot** during the long flight.

## rely

*v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

*synonym* : depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him

Babies heavily **rely** on others for food.

## reflex

*n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

*synonym* : reaction, response, instinct

(1) **reflex** test, (2) knee **reflex**

My leg kicked involuntarily when the doctor tapped my knee with the **reflex** hammer.

## cognitive

*adj.* of or relating to mental processes of understanding  
*synonym* : perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

## bias

*n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

*synonym* : inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender **bias** in politics.

## perceive

*v.* to become aware or conscious of something through the senses

*synonym* : sense, discern, feel

(1) **perceive** a threat, (2) **perceive** light

Australia is widely **perceived** as having low levels of corruption.

## flee

*v.* to leave by running away, especially out of fear or danger

*synonym* : exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

## astray

*adv.* away from the right path or direction

*synonym* : off course, misdirected, wayward

(1) led **astray** by superstition, (2) gone **astray**

He wandered **astray** from the path and got lost in the forest.

## technological

*adj.* based on scientific and industrial progress

*synonym* : specialized, technical

(1) **technological** advancement, (2) **technological** policy



**Technological** advances have disrupted many industries.

## creative

*adj.* relating to or involving the use of skill and original and unusual ideas to create something

*synonym*: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

## critic

*n.* someone who expresses opinions about the quality of books, music, etc.

*synonym*: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

## dot

*n.* a very small circular mark, especially one that is printed

*synonym*: drop, dab, fleck

(1) connecting the **dots**, (2) **dot** blot method

The wallpaper had a pattern of pink **dots** on a white surface.

## psychology

*n.* the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

## struggle

*v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

*synonym*: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

## insight

*n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

*synonym*: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

## spurt

*v.* to suddenly burst forth or flow out powerfully or suddenly; to make a sudden effort or increase in activity or energy

*synonym*: gush, surge, spew

(1) unexpectedly **spurt**, (2) **spurt** across the table

The water hose suddenly **spurted** out a strong jet of water.

## outrun

*v.* to run faster or farther than someone or something else, often to escape from danger or capture; to outpace or outmaneuver someone or something in a competition or pursuit

*synonym*: outpace, outrank, outdistance

(1) **outrun** competitors, (2) **outrun** the cops

I'll need to **outrun** the rainstorm to make it home without getting soaked.

## policymaker

*n.* a person in charge of or involved in developing action plans for a political party, business, etc.

*synonym*: lawmaker, legislator

(1) education **policymaker**, (2) regional **policymaker**

**Policymakers** struggle to develop various laws and regulations to address international trade conflicts.

## intelligence

*n.* the ability to learn, comprehend, or make judgments or conclusions based on reasons

*synonym*: brains, brightness, cleverness

(1) an **intelligence** test, (2) field of artificial **intelligence**

In terms of **intelligence**, he was head and shoulders above his classmates.

## process

*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or

objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym* : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

## expand

*v.* to increase or to make something greater in size, number, or importance

*synonym* : extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

## universe

*n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

*synonym* : cosmos, macrocosm

(1) theory of the **universe**, (2) expansion of the **universe**

The **universe** is about 13.8 billion years old.

## crunch

*n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation

*synonym* : crushing, snapping, crisis

(1) financial **crunch**, (2) a gas **crunch**

The **crunch** of the leaves underfoot was heard as they walked through the park.

## substitute

*n.* a person or thing acting or serving instead of another one; (verb) to act as a something or someone instead of another one

*synonym* : alternate, replacement, reserve

(1) **substitute** coffee, (2) **substitute** teacher

I **substitute** skim milk for regular milk because we are on a strict diet.

## sustained

*adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense

*synonym* : prolonged, extended, continual

(1) **sustained** economic growth, (2) **sustained** release medication

The company experienced **sustained** growth over the past decade.

## impulse

*n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber

*synonym* : stimulation, provocation, urge

(1) a combative **impulse**, (2) profound religious **impulses**

Nerve **impulses** cross a synapse through the action of neurotransmitters.

## subside

*v.* to become less intense or widespread; to sink to a lower level

*synonym* : decrease, decline, diminish

(1) **subside** an argument, (2) **subside** after a short time

The storm **subsided**, leaving the town in peace.

## brake

*n.* a device used to slow or stop a moving vehicle, typically by applying pressure to the wheels

*synonym* : damper, restraint, check

(1) apply the **brake**, (2) **brake** pedal

The results of that election put a **brake** on political reform.

## derail

*v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

*synonym* : crash, wreck, thwart

(1) **derail** the recovery, (2) **derail** an argument

The train **derailed** because a cow was standing on the tracks.

## individually

*adv.* separately or apart from others

*synonym* : separately, one by one, independently

(1) answer questions **individually**, (2) **individually**

designed product

Each department has done its product costing **individually**.

## gridlock

*n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making

*synonym*: traffic jam, standstill, impasse

(1) **gridlock** situation, (2) political **gridlock**

The rush hour traffic in the city often leads to **gridlock** on the highways.

## disaster

*n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life

*synonym*: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

## relief

*n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

*synonym*: remedy, consolation, alleviation

(1) tax **relief**, (2) sigh of **relief**

He devoted his life to establishing a humanitarian **relief** fund.

## hurricane

*n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)

*synonym*: cyclone, typhoon, storm

(1) a **hurricane** of applause, (2) the ravages of a **hurricane**

The devastating **hurricane** caused widespread damage and left many people homeless.

## victim

*n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

*synonym*: prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

## spot

*n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it  
*synonym* : dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

## speedy

*adj.* characterized by fast or quick movements, actions, or processes; rapid; swift

*synonym* : quick, rapid, swift

(1) **speedy** recovery, (2) **speedy** response

The **speedy** delivery of my package was surprising.

## stimming

*n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

*synonym* : self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy

Autistic children may engage in **stimming** behaviors, such as rocking or hand flapping, to self-regulate.

## reconsider

*v.* to think about a decision or opinion again to

*synonym* : rethink, review, revisit

(1) **reconsider** the determination, (2) **reconsider** my transfer

He humbly **reconsidered** his conduct.

## ritual

*n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies

*synonym* : tradition, ceremony, routine

(1) a **ritual** dance, (2) morning **ritual**

The woman of the house does the holy **ritual** of lighting two candles.

## reinforce

*v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger

*synonym*: strengthen, fortify, support

(1) **reinforce** the military, (2) **reinforce** good behavior

We should **reinforce** the troops at the front line.

## trade-off

*n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

*synonym*: compromise, balance, exchange

(1) **trade-off** problem, (2) environmental **trade-off**

There was a **trade-off** between speed and accuracy in the task.

## reclaim

*v.* to take back something previously lost, given, or paid, or ask to have it back

*synonym*: recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

## privilege

*n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

*synonym*: benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

## percolate

v. to filter through a porous substance or material; to pass through gradually or spread slowly; to rise or pass through a liquid or container, as in a coffee maker

*synonym*: filter, strain, drip

(1) **percolate** around the web, (2) **percolate** through the whole industry

The coffee slowly **percolated** through the filter and into the cup.

## empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

*synonym*: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

**Empathy** is also necessary to understand history.

## linger

v. to stay in a place or exist longer than expected

*synonym*: dawdle, tarry, loiter

(1) **linger** in the mind, (2) **linger** over your work

She **lingered** for a moment before leaving the room.

## zoom

v. to move along very quickly; (noun) the act of rising upward into the air

*synonym*: move quickly, dive, buzz

(1) **zoom** in on a photo, (2) **zoom** lens

He **zoomed** back in time to the soccer game.



## Session 2: Spelling

1. r\_\_y on convenience stores      v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
2. de\_\_\_e on a course of action      v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
3. the imp\_\_\_\_\_on of a word      n. something that is inferred or indirectly stated; the act or fact of being involved in something
4. er\_\_e trust      v. to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time
5. social di\_\_\_\_\_ce      n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
6. ad\_\_t fully to the environment      v. to make fit for or change to suit a new purpose or environment
7. pe\_\_\_\_\_ve a threat      v. to become aware or conscious of something through the senses
8. r\_\_t-proofing      n. a reddish-brown coating or corrosion layer that forms on iron or steel as a result of exposure to moisture and oxygen; the process of corrosion on metal caused by oxidation

ANSWERS: 1. rely, 2. decide, 3. implication, 4. erode, 5. distance, 6. adapt, 7. perceive, 8. rust

9. be\_\_t fear *v.* to cause or produce something as a result or effect; to become the father of
10. regional pol\_\_\_\_\_er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
11. un\_\_\_y relationship *adj.* causing or feeling anxiety or discomfort
12. sup\_\_\_\_\_ic wind tunnel *adj.* relating to or having a speed above the speed of sound (roughly 767 miles per hour or 1,235 kilometers per hour at sea level)
13. gone as\_\_\_y *adv.* away from the right path or direction
14. pl\_\_\_\_\_nt odor *adj.* enjoyable, attractive, friendly, or agreeable
15. z\_\_m in on a photo *v.* to move along very quickly; (noun) the act of rising upward into the air
16. re\_\_t at a high temperature *v.* to take action in response to something
17. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
18. d\_t blot method *n.* a very small circular mark, especially one that is printed
19. acc\_\_\_\_\_te a chemical reaction *v.* to make something faster or earlier; to cause to develop or progress more quickly
20. ind\_\_\_\_\_lly designed product *adv.* separately or apart from others
21. sp\_\_t across the table *v.* to suddenly burst forth or flow out powerfully or suddenly; to make a sudden effort or increase in activity or energy

ANSWERS: 9. beget, 10. policymaker, 11. uneasy, 12. supersonic, 13. astray, 14. pleasant, 15. zoom, 16. react, 17. brain, 18. dot, 19. accelerate, 20. individually, 21. spurt

22. com\_\_\_\_\_ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
23. a public cor\_\_\_\_\_on *n.* a large company or group of companies that are controlled together by law as a single unit
24. man\_\_\_\_\_re an enzyme *v.* to make goods in large numbers, usually in a factory using machines
25. br\_\_k argument *adj.* lively and energetic
26. improve co\_\_\_\_\_ve function *adj.* of or relating to mental processes of understanding
27. a s\_\_t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
28. apply the br\_\_e *n.* a device used to slow or stop a moving vehicle, typically by applying pressure to the wheels
29. computer mul\_\_\_\_\_ing *n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
30. the int\_\_\_\_\_on between man and his environment *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
31. knee re\_\_\_x *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
32. mi\_\_\_\_\_ch socks *v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

ANSWERS: 22. complexity, 23. corporation, 24. manufacture, 25. brisk, 26. cognitive, 27. spot, 28. brake, 29. multitasking, 30. interaction, 31. reflex, 32. mismatch

33. health po\_\_\_y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
34. expansion of the un\_\_\_\_se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
35. a selfish de\_\_\_\_on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
36. acc\_\_\_\_te the car *v.* to make something faster or earlier; to cause to develop or progress more quickly
37. de\_\_\_l an argument *v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
38. de\_\_\_e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
39. pre-Christian an\_\_\_\_t *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
40. policy dec\_\_\_\_\_ker *n.* a person who makes important decisions, especially at a high level in an organization

ANSWERS: 33. policy, 34. universe, 35. decision, 36. accelerate, 37. derail, 38. decide, 39. ancient, 40. decision-maker

41. su\_\_\_\_e you're right      *v.* to think that something is likely to be actual or possible
42. me\_\_\_\_r for life      *n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
43. in\_\_\_\_\_fy a good relationship      *v.* to increase or make something increase in extent or strength
44. French pa\_\_\_\_x      *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
45. ine\_\_\_\_\_le changes of the seasons      *adj.* certain to happen and unavoidable
46. a ri\_\_\_\_l dance      *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
47. an ab\_\_\_\_d amount of money      *adj.* ridiculously silly, unreasonable, or illogical
48. de\_\_\_\_\_on authority      *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
49. mul\_\_\_\_\_ing ability      *n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
50. a par\_\_\_\_\_al anecdote      *adj.* seemingly contradictory or absurd because of having two opposite features or facts, though it is probably true
51. com\_\_\_\_\_te his anxieties to the psychiatrist      *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals

ANSWERS: 41. suppose, 42. mentor, 43. intensify, 44. paradox, 45. inevitable, 46. ritual, 47. absurd, 48. decision, 49. multitasking, 50. paradoxical, 51. communicate

52. ab\_\_\_d storyline *adj.* ridiculously silly, unreasonable, or illogical
53. the ravages of a hu\_\_\_\_\_ne *n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
54. ev\_\_\_e over the past decade *v.* to develop gradually, or to cause the development of something or someone gradually
55. field of artificial int\_\_\_\_\_nce *n.* the ability to learn, comprehend, or make judgments or conclusions based on reasons
56. vi\_\_\_m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
57. claim bir\_\_\_\_\_ht *n.* a right or privilege that is considered to be a natural or inherent possession, often as a result of birth or ancestry
58. art cr\_\_\_c *n.* someone who expresses opinions about the quality of books, music, etc.
59. the g\_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
60. w\_\_p into shape *v.* to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.
61. be\_\_t children *v.* to cause or produce something as a result or effect; to become the father of

ANSWERS: 52. absurd, 53. hurricane, 54. evolve, 55. intelligence, 56. victim, 57. birthright, 58. critic, 59. gap, 60. whip, 61. beget

62. at your own p\_\_e *n.* the speed at which someone or something moves, or the rate at which something happens or changes
63. re\_\_\_\_\_ce the military *v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
64. cr\_\_\_\_\_ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
65. com\_\_\_\_\_ve position *adj.* involving competition or competitiveness
66. barren of cr\_\_\_\_\_ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
67. decision-making pr\_\_\_\_\_s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
68. re\_\_\_\_\_m a competitive position *v.* to take back something previously lost, given, or paid, or ask to have it back
69. a civil en\_\_\_\_\_er *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
70. ce\_\_\_\_\_ny hall *n.* a formal event or ritual, often religious or solemn

ANSWERS: 62. pace, 63. reinforce, 64. creative, 65. competitive, 66. creative, 67. process, 68. reclaim, 69. engineer, 70. ceremony

71. act as a dec\_\_\_\_\_ker      *n.* a person who makes important decisions, especially at a high level in an organization
72. ex\_\_\_d a lineup      *v.* to increase or to make something greater in size, number, or importance
73. c\_\_m five people into a car      *v.* to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space
74. sub\_\_\_\_\_te coffee      *n.* a person or thing acting or serving instead of another one; (verb) to act as a something or someone instead of another one
75. tr\_\_\_\_\_ff problem      *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
76. ad\_\_t a bill      *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
77. a g\_\_m-free environment      *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
78. driving di\_\_\_\_\_ce      *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
79. autistic st\_\_\_\_\_ng      *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 71. decision-maker, 72. expand, 73. cram, 74. substitute, 75. trade-off, 76. adopt, 77. germ, 78. distance, 79. stimming



80. sp\_\_\_y recovery *adj.* characterized by fast or quick movements, actions, or processes; rapid; swift
81. st\_\_\_\_\_le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
82. an int\_\_\_\_\_nce test *n.* the ability to learn, comprehend, or make judgments or conclusions based on reasons
83. the b\_\_z of a cicada *v.* to make a continuous, low humming sound such as the one bee makes; an exciting and active atmosphere
84. pe\_\_\_\_\_ve light *v.* to become aware or conscious of something through the senses
85. natural phe\_\_\_\_\_on *n.* something that exists and can be perceptible, especially one that is not fully understood
86. nec\_\_\_\_\_ly true *adv.* in an essential manner; in such a way as could not be otherwise
87. rec\_\_\_\_\_er the determination *v.* to think about a decision or opinion again to
88. sma\_\_\_\_\_ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
89. the in\_\_\_\_\_on of new techniques *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
90. incredible th\_\_\_l *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

ANSWERS: 80. speedy, 81. struggle, 82. intelligence, 83. buzz, 84. perceive, 85. phenomenon, 86. necessarily, 87. reconsider, 88. smartphone, 89. invention, 90. thrill

91. an\_\_\_\_s about his health *adj.* worried and nervous
92. sigh of re\_\_\_\_f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
93. psy\_\_\_\_\_gy of crowd *n.* the scientific study of mind and behavior
94. pre\_\_\_\_\_ic times *adj.* belonging to or existing in times before recorded history; no longer fashionable
95. l\_\_e change *n.* a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver
96. ant\_\_\_\_\_ogy of religion *n.* the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species
97. pre-mo\_\_\_\_n agricultural society *adj.* of or belonging to the present time or recent times
98. re\_\_\_\_\_m land from the sea *v.* to take back something previously lost, given, or paid, or ask to have it back
99. not nec\_\_\_\_\_ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
100. pre\_\_\_\_\_ic settlements *adj.* belonging to or existing in times before recorded history; no longer fashionable
101. financial cr\_\_\_\_h *n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
102. a combative im\_\_\_\_\_e *n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber

ANSWERS: 91. anxious, 92. relief, 93. psychology, 94. prehistoric, 95. lane, 96. anthropology, 97. modern, 98. reclaim, 99. necessarily, 100. prehistoric, 101. crunch, 102. impulse

103. sp\_\_\_y response *adj.* characterized by fast or quick movements, actions, or processes; rapid; swift
104. ha\_\_\_\_\_ot countries *n.* a person or group who lacks the necessities of life, such as adequate food, shelter, or economic resources, often contrasted with a "have" or someone who has abundance or wealth
105. beauty s\_\_t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
106. li\_\_\_r over your work *v.* to stay in a place or exist longer than expected
107. su\_\_\_\_\_e after a short time *v.* to become less intense or widespread; to sink to a lower level
108. ou\_\_\_n the cops *v.* to run faster or farther than someone or something else, often to escape from danger or capture; to outpace or outmaneuver someone or something in a competition or pursuit
109. a tr\_\_\_\_\_on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
110. distance g\_p *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
111. r\_\_y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

ANSWERS: 103. speedy, 104. have-not, 105. spot, 106. linger, 107. subside, 108. outrun, 109. tradition, 110. gap, 111. rely

112. a com\_\_\_\_\_ve price      *adj.* involving competition or competitiveness
113. a hu\_\_\_\_\_ne of applause      *n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
114. ha\_\_\_\_\_ot families      *n.* a person or group who lacks the necessities of life, such as adequate food, shelter, or economic resources, often contrasted with a "have" or someone who has abundance or wealth
115. ou\_\_\_\_n competitors      *v.* to run faster or farther than someone or something else, often to escape from danger or capture; to outpace or outmaneuver someone or something in a competition or pursuit
116. mo\_\_\_\_n poetry      *adj.* of or belonging to the present time or recent times
117. a gas cr\_\_\_\_h      *n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
118. an an\_\_\_\_s look      *adj.* worried and nervous
119. the th\_\_\_\_l of speed      *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
120. r\_\_l a ball      *v.* to move in a particular direction by turning over and over or from side to side

ANSWERS: 112. competitive, 113. hurricane, 114. have-not, 115. outrun, 116. modern, 117. crunch, 118. anxious, 119. thrill, 120. roll

121. apparently par\_\_\_\_\_al *adj.* seemingly contradictory or absurd because of having two opposite features or facts, though it is probably true
122. we\_\_\_\_\_ry development *n.* a collection of weapons (e.g., guns, knives, bombs, missiles, etc.) used or owned by a particular individual, group, military, or country
123. a breach of pr\_\_\_\_\_ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
124. the imp\_\_\_\_\_on in a crime *n.* something that is inferred or indirectly stated; the act or fact of being involved in something
125. ad\_\_t as needed *v.* to make fit for or change to suit a new purpose or environment
126. daily dr\_\_\_\_\_ry *n.* hard, menial, and tedious work; a routine, monotonous task that is considered boring or unpleasant
127. share my in\_\_\_\_\_ts *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
128. ho\_\_\_\_\_le smell *adj.* extremely unpleasant or bad; causing fear or disgust
129. a stone wall su\_\_\_\_\_nds the palace *v.* to be all around something or somebody
130. aircraft au\_\_\_\_\_ot *n.* a system that automatically controls the operation of an aircraft or spacecraft

ANSWERS: 121. paradoxical, 122. weaponry, 123. privilege, 124. implication, 125. adapt, 126. drudgery, 127. insight, 128. horrible, 129. surround, 130. autopilot

131. w\_\_p egg whites      *v.* to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.
132. basic br\_\_n function      *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
133. unexpectedly sp\_\_t      *v.* to suddenly burst forth or flow out powerfully or suddenly; to make a sudden effort or increase in activity or energy
134. sub\_\_\_\_\_te teacher      *n.* a person or thing acting or serving instead of another one; (verb) to act as a something or someone instead of another one
135. int\_\_\_\_\_on among human beings      *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
136. tax re\_\_\_\_f      *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
137. pe\_\_\_\_\_te around the web      *v.* to filter through a porous substance or material; to pass through gradually or spread slowly; to rise or pass through a liquid or container, as in a coffee maker
138. answer questions ind\_\_\_\_\_lly      *adv.* separately or apart from others
139. r\_\_l down his cheeks      *v.* to move in a particular direction by turning over and over or from side to side

ANSWERS: 131. whip, 132. brain, 133. spurt, 134. substitute, 135. interaction, 136. relief, 137. percolate, 138. individually, 139. roll

140. in\_\_\_\_\_fy diplomatic efforts      *v.* to increase or make something increase in extent or strength
141. pl\_\_\_\_\_nt news      *adj.* enjoyable, attractive, friendly, or agreeable
142. a unit of acc\_\_\_\_\_ion      *n.* a rate of increase in velocity; the rate of change of velocity with respect to time
143. burn my fi\_\_\_\_\_ip      *n.* the end or tip of a finger
144. re\_\_\_\_x test      *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
145. di\_\_\_\_\_l electronic signature      *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
146. mi\_\_\_\_\_ch expectations      *v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else
147. acc\_\_\_\_\_ion of an object      *n.* a rate of increase in velocity; the rate of change of velocity with respect to time
148. social ant\_\_\_\_\_ogy      *n.* the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species
149. historical phe\_\_\_\_\_on      *n.* something that exists and can be perceptible, especially one that is not fully understood

ANSWERS: 140. intensify, 141. pleasant, 142. acceleration, 143. fingertip, 144. reflex, 145. digital, 146. mismatch, 147. acceleration, 148. anthropology, 149. phenomenon

150. h\_\_t a job *v.* to go after and try to catch wild animals to kill them for food, sport, or profit
151. office dr\_\_\_\_ry *n.* hard, menial, and tedious work; a routine, monotonous task that is considered boring or unpleasant
152. sup\_\_\_\_ic aircraft *adj.* relating to or having a speed above the speed of sound (roughly 767 miles per hour or 1,235 kilometers per hour at sea level)
153. a di\_\_\_\_l watch *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
154. su\_\_\_\_e beforehand *v.* to think that something is likely to be actual or possible
155. fo\_\_\_\_st an epidemic *n.* a prediction or statement about how something, such as the weather, will develop or what will happen in the future; (verb) to predict the future in advance
156. education pol\_\_\_\_er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
157. theory of the un\_\_\_\_se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
158. ho\_\_\_\_le accident *adj.* extremely unpleasant or bad; causing fear or disgust

ANSWERS: 150. hunt, 151. drudgery, 152. supersonic, 153. digital, 154. suppose, 155. forecast, 156. policymaker, 157. universe, 158. horrible



159. access to public tr\_\_\_\_\_rt      *n.* a system for moving people or products from one location to another using automobiles, roads, and so on
160. at inc\_\_\_\_\_le speed      *adj.* unbelievable; enormous
161. get ca\_\_\_\_\_k easily      *adj.* feeling nauseous or dizzy as a result of being in a moving vehicle
162. vul\_\_\_\_\_le parts of the body      *adj.* capable of being hurt or influenced physically or mentally
163. common in\_\_\_\_\_on      *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
164. a vul\_\_\_\_\_le bridge      *adj.* capable of being hurt or influenced physically or mentally
165. re\_\_t against his way of thinking      *v.* to take action in response to something
166. br\_\_e pedal      *n.* a device used to slow or stop a moving vehicle, typically by applying pressure to the wheels
167. a weather fo\_\_\_\_\_st      *n.* a prediction or statement about how something, such as the weather, will develop or what will happen in the future; (verb) to predict the future in advance
168. rec\_\_\_\_\_er my transfer      *v.* to think about a decision or opinion again to
169. ad\_\_t a child      *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
170. advanced we\_\_\_\_\_ry      *n.* a collection of weapons (e.g., guns, knives, bombs, missiles, etc.) used or owned by a particular individual, group, military, or country

ANSWERS: 159. transport, 160. incredible, 161. carsick, 162. vulnerable, 163. invention, 164. vulnerable, 165. react, 166. brake, 167. forecast, 168. reconsider, 169. adopt, 170. weaponry

171. c\_\_m more circuits into chips      *v.* to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space
172. self-int\_\_\_\_\_ion      *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
173. cor\_\_\_\_\_on assets      *n.* a large company or group of companies that are controlled together by law as a single unit
174. br\_\_k autumn weather      *adj.* lively and energetic
175. morning ri\_\_\_\_l      *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
176. led as\_\_\_\_y by superstition      *adv.* away from the right path or direction
177. z\_\_m lens      *v.* to move along very quickly; (noun) the act of rising upward into the air
178. b\_\_e code      *n.* a unit of digital information that consists of 8 bits, typically used to represent a single character of text or a small amount of computer code
179. man\_\_\_\_\_re a product      *v.* to make goods in large numbers, usually in a factory using machines
180. political gr\_\_\_\_ck      *n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making

ANSWERS: 171. cram, 172. introduction, 173. corporation, 174. brisk, 175. ritual, 176. astray, 177. zoom, 178. byte, 179. manufacture, 180. gridlock

181. b\_\_e array *n.* a unit of digital information that consists of 8 bits, typically used to represent a single character of text or a small amount of computer code
182. an\_\_\_\_t stories *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
183. foreign po\_\_\_\_y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
184. f\_\_e their homes *v.* to leave by running away, especially out of fear or danger
185. ex\_\_\_\_d agricultural output *v.* to increase or to make something greater in size, number, or importance
186. fashion me\_\_\_\_r *n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
187. ine\_\_\_\_le result *adj.* certain to happen and unavoidable
188. su\_\_\_\_e an argument *v.* to become less intense or widespread; to sink to a lower level
189. environmental tr\_\_\_\_ff *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
190. en\_\_\_\_er shortage *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software

ANSWERS: 181. byte, 182. ancient, 183. policy, 184. flee, 185. expand, 186. mentor, 187. inevitable, 188. subside, 189. trade-off, 190. engineer

191. co\_\_\_\_\_st with a decade ago      *v.* to put in opposition to show or emphasize differences
192. con\_\_\_\_\_nt location      *adj.* useful, helpful, or quick to do
193. v\_\_y according to the age      *v.* to become different in terms of size, shape, etc.
194. a profound in\_\_\_\_\_t      *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
195. research on co\_\_\_\_\_ve psychology      *adj.* of or relating to mental processes of understanding
196. pr\_\_\_\_\_ge of membership      *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
197. su\_\_\_\_\_ed release medication      *adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense
198. become ob\_\_\_\_\_te      *adj.* no longer in use or helpful because something newer or better has been invented and introduced
199. er\_\_e coast      *v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time
200. em\_\_\_\_\_y for patients      *n.* the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 191. contrast, 192. convenient, 193. vary, 194. insight, 195. cognitive, 196. privilege, 197. sustained, 198. obsolete, 199. erode, 200. empathy

201. private j_t	<i>n.</i> a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances
202. inc_____le amount	<i>adj.</i> unbelievable; enormous
203. tec_____cal advancement	<i>adj.</i> based on scientific and industrial progress
204. connecting the d_ts	<i>n.</i> a very small circular mark, especially one that is printed
205. de___l the recovery	<i>v.</i> to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
206. r__ty metal	<i>n.</i> a reddish-brown coating or corrosion layer that forms on iron or steel as a result of exposure to moisture and oxygen; the process of corrosion on metal caused by oxidation
207. int_____ion education	<i>n.</i> a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
208. cognitive com_____ty	<i>n.</i> the state or quality of being complicated or intricate and difficult to understand
209. ce_____ny location	<i>n.</i> a formal event or ritual, often religious or solemn
210. co_____st two things	<i>v.</i> to put in opposition to show or emphasize differences
211. severe cr___c	<i>n.</i> someone who expresses opinions about the quality of books, music, etc.

ANSWERS: 201. jet, 202. incredible, 203. technological, 204. dot, 205. derail, 206. rust, 207. introduction, 208. complexity, 209. ceremony, 210. contrast, 211. critic

212. have a b\_\_s toward socialism      *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
213. first l\_\_e      *n.* a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver
214. psy\_\_\_\_\_gy experiment      *n.* the scientific study of mind and behavior
215. profound religious im\_\_\_\_\_es      *n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber
216. tec\_\_\_\_\_cal policy      *adj.* based on scientific and industrial progress
217. feel ca\_\_\_\_\_k      *adj.* feeling nauseous or dizzy as a result of being in a moving vehicle
218. b\_\_s against a big company      *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
219. an ob\_\_\_\_\_te word      *adj.* no longer in use or helpful because something newer or better has been invented and introduced
220. st\_\_\_\_\_le against discrimination      *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
221. global di\_\_\_\_\_er      *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
222. against tr\_\_\_\_\_on      *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

ANSWERS: 212. bias, 213. lane, 214. psychology, 215. impulse, 216. technological, 217. carsick, 218. bias, 219. obsolete, 220. struggle, 221. disaster, 222. tradition

223. antibiotic-resistant g\_\_m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
224. au\_\_\_\_\_ot function *n.* a system that automatically controls the operation of an aircraft or spacecraft
225. li\_\_\_r in the mind *v.* to stay in a place or exist longer than expected
226. re\_\_\_\_\_ce good behavior *v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
227. pe\_\_\_\_\_te through the whole industry *v.* to filter through a porous substance or material; to pass through gradually or spread slowly; to rise or pass through a liquid or container, as in a coffee maker
228. pr\_\_\_\_\_s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
229. tr\_\_\_\_\_rt facilities *n.* a system for moving people or products from one location to another using automobiles, roads, and so on
230. v\_\_y directly with the price *v.* to become different in terms of size, shape, etc.
231. commercial j\_t *n.* a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances

ANSWERS: 223. germ, 224. autopilot, 225. linger, 226. reinforce, 227. percolate, 228. process, 229. transport, 230. vary, 231. jet

232. have un\_\_\_y eyes *adj.* causing or feeling anxiety or discomfort
233. wi\_\_n in excitement *v.* to become or make something broader, wider, more extensive
234. sma\_\_\_\_\_ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
235. apply fi\_\_\_\_\_ip pressure *n.* the end or tip of a finger
236. h\_\_t after knowledge *v.* to go after and try to catch wild animals to kill them for food, sport, or profit
237. ev\_\_\_e *v.* to develop gradually, or to cause the development of something or someone gradually
238. st\_\_\_\_\_ng therapy *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
239. f\_\_e abroad *v.* to leave by running away, especially out of fear or danger
240. the runner's p\_\_e *n.* the speed at which someone or something moves, or the rate at which something happens or changes
241. full of em\_\_\_\_\_y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
242. gr\_\_\_\_\_ck situation *n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making

ANSWERS: 232. uneasy, 233. widen, 234. smartphone, 235. fingertip, 236. hunt, 237. evolve, 238. stimming, 239. flee, 240. pace, 241. empathy, 242. gridlock



243. com\_\_\_\_\_te well with my advisor      *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
244. bir\_\_\_\_\_ht citizenship      *n.* a right or privilege that is considered to be a natural or inherent possession, often as a result of birth or ancestry
245. su\_\_\_\_\_ed economic growth      *adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense
246. con\_\_\_\_\_nt way      *adj.* useful, helpful, or quick to do
247. di\_\_\_\_\_er recovery      *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
248. the pa\_\_\_\_\_x of the heap      *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
249. su\_\_\_\_\_nd a town      *v.* to be all around something or somebody
250. vi\_\_\_\_m compensation      *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
251. cell and molecular bi\_\_\_\_\_y      *n.* the scientific study of life and the natural processes of living things
252. evolutionary bi\_\_\_\_\_y      *n.* the scientific study of life and the natural processes of living things
253. b\_\_z marketing      *v.* to make a continuous, low humming sound such as the one bee makes; an exciting and active atmosphere

ANSWERS: 243. communicate, 244. birthright, 245. sustained, 246. convenient, 247. disaster, 248. paradox, 249. surround, 250. victim, 251. biology, 252. biology, 253. buzz

254. wi\_\_n a narrowed heart valve

v. to become or make something broader,  
wider, more extensive

ANSWERS: 254. widen

## Session 3: Fill in the Blanks

1. I \_\_\_\_\_ skim milk for regular milk because we are on a strict diet.  
*n.* a person or thing acting or serving instead of another one; (verb) to act as a something or someone instead of another one
  
2. Skydiving is an overwhelming \_\_\_\_\_ for many people.  
*n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
  
3. The national assembly has \_\_\_\_\_ the budget.  
*v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
  
4. In terms of \_\_\_\_\_ he was head and shoulders above his classmates.  
*n.* the ability to learn, comprehend, or make judgments or conclusions based on reasons
  
5. Their headquarters are in a \_\_\_\_\_ skyscraper.  
*adj.* of or belonging to the present time or recent times
  
6. They hope to \_\_\_\_\_ their business worldwide.  
*v.* to increase or to make something greater in size, number, or importance
  
7. Australia is widely \_\_\_\_\_ as having low levels of corruption.  
*v.* to become aware or conscious of something through the senses
  
8. Many people are working together to close the gender \_\_\_\_\_.  
*n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

ANSWERS: 1. substitute, 2. thrill, 3. adopted, 4. intelligence, 5. modern, 6. expand, 7. perceived, 8. gap

9. X-rays revealed a small tumor in his \_\_\_\_\_.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
10. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.
- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
11. Four companies were amalgamated into a single \_\_\_\_\_.
- n.* a large company or group of companies that are controlled together by law as a single unit
12. The airport offers five \_\_\_\_\_ access routes.
- adj.* useful, helpful, or quick to do
13. The \_\_\_\_\_ of the two groups is good for brainstorming.
- n.* the act of connecting with someone, mainly when working, playing, or spending time with them
14. The car's motion made her \_\_\_\_\_ and she had to pull over.
- adj.* feeling nauseous or dizzy as a result of being in a moving vehicle
15. We gained various \_\_\_\_\_ by analyzing the vast amount of data owned by the company.
- n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
16. You may be entitled to \_\_\_\_\_ some tax.
- v.* to take back something previously lost, given, or paid, or ask to have it back

ANSWERS: 9. brain, 10. decide, 11. corporation, 12. convenient, 13. interaction, 14. carsick, 15. insights, 16. reclaim

17. The \_\_\_\_\_ of the crime deserves justice and support to recover from the trauma.
- n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
18. All the supervisor has to do is assign tasks that make his subordinates more \_\_\_\_\_.
- adj.* relating to or involving the use of skill and original and unusual ideas to create something
19. The \_\_\_\_\_ response team worked around the clock to aid those affected by the earthquake.
- n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
20. She had to \_\_\_\_\_ for the final exam and stayed up all night studying.
- v.* to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space
21. I advised him to \_\_\_\_\_ to his new surroundings.
- v.* to make fit for or change to suit a new purpose or environment
22. A rainbow is a natural \_\_\_\_\_.
- n.* something that exists and can be perceptible, especially one that is not fully understood
23. There was a \_\_\_\_\_ between speed and accuracy in the task.
- n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

ANSWERS: 17. victim, 18. creative, 19. disaster, 20. cram, 21. adapt, 22. phenomenon, 23. trade-off

24. This remote \_\_\_\_\_ is rarely visited.

- n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

25. The car's \_\_\_\_\_ was impressive, going from 0 to 60 mph in just 5 seconds.

- n.* a rate of increase in velocity; the rate of change of velocity with respect to time

26. The majority of synthetic vitamins are \_\_\_\_\_ from oil.

- v.* to make goods in large numbers, usually in a factory using machines

27. \_\_\_\_\_ advances have disrupted many industries.

- adj.* based on scientific and industrial progress

28. He \_\_\_\_\_ his investigation into a medical clinic.

- v.* to become or make something broader, wider, more extensive

29. The \_\_\_\_\_ is about 13.8 billion years old.

- n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

30. In the Middle Ages, the right to hunt in the wild was the \_\_\_\_\_ of royalty and nobility.

- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

31. The \_\_\_\_\_ to the new class was informative and engaging.

- n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

ANSWERS: 24. spot, 25. acceleration, 26. manufactured, 27. Technological, 28. widened, 29. universe, 30. privilege, 31. introduction

32. \_\_\_\_\_ is also necessary to understand history.
- n.* the ability to share another person's feelings or experiences by imagining that person's situation
33. The areas of \_\_\_\_\_ and psychology are significantly related to one another.
- n.* the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species
34. He devoted his life to establishing a humanitarian \_\_\_\_\_ fund.
- n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
35. Nerve \_\_\_\_\_ cross a synapse through the action of neurotransmitters.
- n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber
36. He cast \_\_\_\_\_ glances behind her.
- adj.* worried and nervous
37. It's intriguing to compare and \_\_\_\_\_ the two authors.
- v.* to put in opposition to show or emphasize differences
38. The government tried to \_\_\_\_\_ the commercialization of this development.
- v.* to make something faster or earlier; to cause to develop or progress more quickly
39. The spacecraft reentered the Earth's atmosphere at \_\_\_\_\_ speeds.
- adj.* relating to or having a speed above the speed of sound (roughly 767 miles per hour or 1,235 kilometers per hour at sea level)

ANSWERS: 32. Empathy, 33. anthropology, 34. relief, 35. impulses, 36. anxious, 37. contrast, 38. accelerate, 39. supersonic

40. The rush hour traffic in the city often leads to \_\_\_\_\_ on the highways.  
*n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making
41. My leg kicked involuntarily when the doctor tapped my knee with the \_\_\_\_\_ hammer.  
*n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
42. His irresponsible behavior may \_\_\_\_\_ many problems for him in the future.  
*v.* to cause or produce something as a result or effect; to become the father of
43. He wandered \_\_\_\_\_ from the path and got lost in the forest.  
*adv.* away from the right path or direction
44. What do you \_\_\_\_\_ the culprit's motive was?  
*v.* to think that something is likely to be actual or possible
45. \_\_\_\_\_ struggle to develop various laws and regulations to address international trade conflicts.  
*n.* a person in charge of or involved in developing action plans for a political party, business, etc.
46. Necessity is the mother of \_\_\_\_\_.  
*n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
47. Rebels have pledged to \_\_\_\_\_ the armed struggle against the dictatorship.  
*v.* to increase or make something increase in extent or strength

ANSWERS: 40. gridlock, 41. reflex, 42. beget, 43. astray, 44. suppose, 45. Policymakers, 46. invention, 47. intensify



48. Infants and pregnant women are particularly \_\_\_\_\_.  
*adj.* capable of being hurt or influenced physically or mentally
49. The project's \_\_\_\_\_ made it difficult for the team to complete it on time.  
*n.* the state or quality of being complicated or intricate and difficult to understand
50. She \_\_\_\_\_ for a moment before leaving the room.  
*v.* to stay in a place or exist longer than expected
51. Sensors convert physical phenomena into \_\_\_\_\_ signals.  
*adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
52. We immediately rejected his \_\_\_\_\_ suggestion.  
*adj.* ridiculously silly, unreasonable, or illogical
53. The economy is growing at a supercharged \_\_\_\_\_.  
*n.* the speed at which someone or something moves, or the rate at which something happens or changes
54. The \_\_\_\_\_ in our society often struggle to afford necessities like healthcare and education.  
*n.* a person or group who lacks the necessities of life, such as adequate food, shelter, or economic resources, often contrasted with a "have" or someone who has abundance or wealth
55. There are many theories to explain this \_\_\_\_\_.  
*n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

ANSWERS: 48. vulnerable, 49. complexity, 50. lingered, 51. digital, 52. absurd, 53. pace, 54. have-nots, 55. paradox

56. The company experienced \_\_\_\_\_ growth over the past decade.  
*adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense
57. it is \_\_\_\_\_ that the French, who prefer animal foods, live longer than people in other countries.  
*adj.* seemingly contradictory or absurd because of having two opposite features or facts, though it is probably true
58. Eyeless fish \_\_\_\_\_ in dark caves.  
*v.* to develop gradually, or to cause the development of something or someone gradually
59. The train \_\_\_\_\_ because a cow was standing on the tracks.  
*v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
60. He was \_\_\_\_\_ about the situation and didn't know what to do.  
*adj.* causing or feeling anxiety or discomfort
61. The devastating \_\_\_\_\_ caused widespread damage and left many people homeless.  
*n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
62. The water hose suddenly \_\_\_\_\_ out a strong jet of water.  
*v.* to suddenly burst forth or flow out powerfully or suddenly; to make a sudden effort or increase in activity or energy
63. The old car was covered in \_\_\_\_\_ and needed extensive repair work.  
*n.* a reddish-brown coating or corrosion layer that forms on iron or steel as a result of exposure to moisture and oxygen; the process of corrosion on metal caused by oxidation

ANSWERS: 56. sustained, 57. paradoxical, 58. evolved, 59. derailed, 60. uneasy, 61. hurricane, 62. spurted, 63. rust

64. Scientists often fail to date archeological or \_\_\_\_\_ findings.  
*adj.* belonging to or existing in times before recorded history; no longer fashionable
65. In times of recession, an increase in unemployment is \_\_\_\_\_.  
*adj.* certain to happen and unavoidable
66. It is a basic instinct to \_\_\_\_\_ from a dangerous situation.  
*v.* to leave by running away, especially out of fear or danger
67. In junior high school, we had to dissect a frog in \_\_\_\_\_ class.  
*n.* the scientific study of life and the natural processes of living things
68. The storm \_\_\_\_\_ leaving the town in peace.  
*v.* to become less intense or widespread; to sink to a lower level
69. She was struggling to make a \_\_\_\_\_ between two job offers.  
*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
70. The results of that election put a \_\_\_\_\_ on political reform.  
*n.* a device used to slow or stop a moving vehicle, typically by applying pressure to the wheels
71. The \_\_\_\_\_ delivery of my package was surprising.  
*adj.* characterized by fast or quick movements, actions, or processes; rapid; swift
72. This accident was something that happened \_\_\_\_\_.  
*adv.* in an essential manner; in such a way as could not be otherwise

ANSWERS: 64. prehistorical, 65. inevitable, 66. flee, 67. biology, 68. subsided, 69. decision, 70. brake, 71. speedy, 72. necessarily

73. The hotel's staff is very \_\_\_\_\_ and efficient.

*adj.* enjoyable, attractive, friendly, or agreeable

74. He \_\_\_\_\_ back in time to the soccer game.

*v.* to move along very quickly; (noun) the act of rising upward into the air

75. She had a master's degree in \_\_\_\_\_.

*n.* the scientific study of mind and behavior

76. He could not \_\_\_\_\_ against temptation.

*v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

77. We should \_\_\_\_\_ the troops at the front line.

*v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger

78. Hounds \_\_\_\_\_ their prey by using their keen scent.

*v.* to go after and try to catch wild animals to kill them for food, sport, or profit

79. The woman of the house does the holy \_\_\_\_\_ of lighting two candles.

*n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies

80. I heard the \_\_\_\_\_ of conversation from the next room.

*v.* to make a continuous, low humming sound such as the one bee makes; an exciting and active atmosphere

81. Enhanced rail \_\_\_\_\_ is crucial for our business.

*n.* a system for moving people or products from one location to another using automobiles, roads, and so on

ANSWERS: 73. pleasant, 74. zoomed, 75. psychology, 76. struggle, 77. reinforce, 78. hunt, 79. ritual, 80. buzz, 81. transportation

82. Dolphins use sound to \_\_\_\_\_ with each other.
- v. to share or exchange information with others by speaking, writing, moving your body, or using other signals
83. She researched gender \_\_\_\_\_ in politics.
- n. a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
84. The \_\_\_\_\_ will repair my telephone tomorrow morning.
- n. a person whose job is designing, building, or maintaining something such as machines, structures, or software
85. A wealth of information does not always have a positive impact on \_\_\_\_\_.
- n. a person who makes important decisions, especially at a high level in an organization
86. Autistic children may engage in \_\_\_\_\_ behaviors, such as rocking or hand flapping, to self-regulate.
- n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
87. The coffee slowly \_\_\_\_\_ through the filter and into the cup.
- v. to filter through a porous substance or material; to pass through gradually or spread slowly; to rise or pass through a liquid or container, as in a coffee maker
88. Maximum heart rates \_\_\_\_\_ a lot for each individual.
- v. to become different in terms of size, shape, etc.

ANSWERS: 82. communicate, 83. bias, 84. engineer, 85. decision-makers, 86. stimming, 87. percolated, 88. vary

89. The \_\_\_\_ of his idea came from watching birds flying in flocks.
- n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
90. The marathon runner covered a long \_\_\_\_\_ in a short amount of time.
- n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
91. The ongoing budget cuts have \_\_\_\_\_ the quality of education in many schools.
- v.* to gradually wear away or break down (rock, soil, or other material) through the action of wind, water, or other natural agents; to gradually weaken or undermine (something) over time
92. The wedding \_\_\_\_\_ was a beautiful and emotional event.
- n.* a formal event or ritual, often religious or solemn
93. She could finish all her work on time because of her \_\_\_\_\_ skills.
- n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
94. The \_\_\_ flew over the ocean at high speed, reaching its destination in hours.
- n.* a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances
95. We walked along a muddy \_\_\_\_\_ to reach the farm.
- n.* a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver
96. The wallpaper had a pattern of pink \_\_\_\_\_ on a white surface.
- n.* a very small circular mark, especially one that is printed

ANSWERS: 89. germ, 90. distance, 91. eroded, 92. ceremony, 93. multitasking, 94. jet, 95. lane, 96. dots

97. He was exhausted and \_\_\_\_\_ into bed as soon as he got home.  
*v.* to move in a particular direction by turning over and over or from side to side
98. The colors of the shirt and pants totally \_\_\_\_\_ making the outfit look ridiculous.  
*v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else
99. His poem has a very significant \_\_\_\_\_.  
*n.* something that is inferred or indirectly stated; the act or fact of being involved in something
100. She walked with a \_\_\_\_\_ pace, eager to reach her destination.  
*adj.* lively and energetic
101. Their team specializes in demand \_\_\_\_\_ for our products.  
*n.* a prediction or statement about how something, such as the weather, will develop or what will happen in the future; (verb) to predict the future in advance
102. Advocates for legal reform hear less harsh words from their \_\_\_\_\_.  
*n.* someone who expresses opinions about the quality of books, music, etc.
103. The \_\_\_\_\_ of the leaves underfoot was heard as they walked through the park.  
*n.* a loud, crackling noise made by something being crushed or broken; a difficult or critical situation
104. He humbly \_\_\_\_\_ his conduct.  
*v.* to think about a decision or opinion again to

ANSWERS: 97. rolled, 98. mismatch, 99. implication, 100. brisk, 101. forecasts, 102. critics, 103. crunch, 104. reconsidered

105. Each department has done its product costing \_\_\_\_\_.

*adv.* separately or apart from others

106. New technology has rendered my old smartphone \_\_\_\_\_.

*adj.* no longer in use or helpful because something newer or better has been invented and introduced

107. The army used various \_\_\_\_\_ to defend the country from attack.

*n.* a collection of weapons (e.g., guns, knives, bombs, missiles, etc.) used or owned by a particular individual, group, military, or country

108. I'll need to \_\_\_\_\_ the rainstorm to make it home without getting soaked.

*v.* to run faster or farther than someone or something else, often to escape from danger or capture; to outpace or outmaneuver someone or something in a competition or pursuit

109. Internet traffic volumes have increased significantly with the advent of \_\_\_\_\_.

*n.* a mobile phone that functions as a computer and connects to the Internet

110. The experience was \_\_\_\_\_ and left a lasting impression.

*adj.* extremely unpleasant or bad; causing fear or disgust

111. They have been living near water since \_\_\_\_\_ times.

*adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

112. The mobile application industry is a \_\_\_\_\_ one.

*adj.* involving competition or competitiveness

ANSWERS: 105. individually, 106. obsolete, 107. weaponry, 108. outrun, 109. smartphones, 110. horrible, 111. ancient, 112. competitive



113. It is a \_\_\_\_\_ in many families to have a big Thanksgiving dinner with all their relatives.
- n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
114. The tedious \_\_\_\_\_ of answering phones all day made me want to quit my job.
- n.* hard, menial, and tedious work; a routine, monotonous task that is considered boring or unpleasant
115. His \_\_\_\_\_ faculties were getting worse because of a lack of sleep.
- adj.* of or relating to mental processes of understanding
116. On three sides, mountains \_\_\_\_\_ the settlement.
- v.* to be all around something or somebody
117. As a \_\_\_\_\_ he helped me realize my career.
- n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
118. The airplane was on \_\_\_\_\_ during the long flight.
- n.* a system that automatically controls the operation of an aircraft or spacecraft
119. Her response revealed \_\_\_\_\_ idiocy.
- adj.* unbelievable; enormous
120. The company's new \_\_\_\_\_ on remote work has made it a more inclusive workplace.
- n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 113. tradition, 114. drudgery, 115. cognitive, 116. surround, 117. mentor, 118. autopilot, 119. incredible, 120. policy

121. How did he \_\_\_\_\_ to your idea?

- v.* to take action in response to something

122. Babies heavily \_\_\_\_\_ on others for food.

- v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

123. The \_\_\_\_\_ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

124. The archaeologist ran his \_\_\_\_\_ along the pattern of the tombstones.

- n.* the end or tip of a finger

125. The computer hard drive had plenty of storage space but was running low on available \_\_\_\_\_.

- n.* a unit of digital information that consists of 8 bits, typically used to represent a single character of text or a small amount of computer code

126. It was his \_\_\_\_\_ to inherit his father's estate.

- n.* a right or privilege that is considered to be a natural or inherent possession, often as a result of birth or ancestry

127. The jockey \_\_\_\_\_ the horse hard to take first place.

- v.* to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.

ANSWERS: 121. react, 122. rely, 123. process, 124. fingertips, 125. bytes, 126. birthright, 127. whipped