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Vocabulary Builder Reference from...

Megan Ming Francis: We need to address the real roots of racial violence | TED Talk https://www.ted.com/talks/megan_ming_francis_we_n eed_to_address_the_real_roots_of_racial_violence



Advanced Words Only

IMPORTANT

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Session 1: Word List

slam

v. to shut a door or window noisily; to strike something violently or noisily

synonym: bang, crash, shut

(1) **slam** the door, (2) **slam** the book against a wall She **slammed** the door shut, angry at the person on the other side.

stoop

v. to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially

synonym: bend, crouch, bow

(1) **stoop** forward in the chair, (2) **stoop** to conquer I had to **stoop** down to pick up the coin that had rolled under the couch.

handcuff

n. a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process

synonym: shackle, bind, restraint

(1) **handcuff** his wrists, (2) break free from **handcuffs** The police officer put **handcuffs** on the suspect before

placing them in the squad car.

provoke

 to stimulate or give rise to a particular reaction or have a particular effect

synonym: stimulate, incite, encourage

(1) **provoke** a disease, (2) **provoke** a reaction

Her behavior **provoked** a quarrel between the couple.

cuff

n. a band or strip of material, usually worn around the wrist or ankle, often used to secure or fasten something in place; a blow or hit delivered with an open hand, typically to the head or ear

synonym: bracelet, handcuff, shackle

(1) **cuff** bracelet, (2) soft **cuff**

The doctor used a blood pressure **cuff** to measure my vitals.

slump

v. to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality

synonym: drop, sink, sag

- (1) **slump** against pillows, (2) economic **slump**Sales of the product **slumped** after the negative reviews were published.
- v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road They **paved** the courtyard with bricks, giving it a more polished appearance.

helpless

adj. unable to take care of oneself or to do things without help

synonym: defenseless, powerless, susceptible

. . .

pave

(1) **helpless** baby, (2) **helpless** victims I feel so **helpless** without you.

frisk

to search for someone or something in a quick, lively manner, often to discover something hidden or suspicious; to frolic or skip about in a lively or playful manner

synonym: search, pat down, romp

(1) **frisk** around the yard, (2) **frisk** his pockets The security guard stopped and frisked the suspicious-looking person at the entrance to the building.

yell

to shout in a sudden and loud way

synonym: shout, scream, cry

(1) **yell** for help, (2) **yell** as loud as we can When I asked my father for more money, he became furious and **yelled** at me.

to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation

synonym: respond, acknowledge, greet

(1) **nod** at each other, (2) **nod** courteously She **nodded** quietly in response to the question.

cringe

to move back or away from someone or something because you are afraid or shocked; to shrink as in fear, disgust, or embarrassment

synonym: shrink, cower, quiver

(1) **cringe** with fear, (2) **cringe** at the thought of an accident The dog **cringed** at its master voice.

unarmed

adj. without weapons or arms; not carrying any form of weapon or ammunition, or engaging in physical conflict with weapons

synonym: defenseless, vulnerable, helpless

(1) **unarmed** combat, (2) **unarmed** robbery

nod

The **unarmed** protesters marched peacefully through the streets.

stubborn

adj. refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change

synonym: persistent, obstinate, determined

(1) stubborn attitude, (2) stubborn stains

He was so **stubborn** about his beliefs that he refused to listen to any other points of view.

revolve

v. to rotate around a central point

synonym: rotate, spin, orbit

(1) **revolve** at high speed, (2) **revolve** around a central axis. The Earth **revolves** around the Sun in an elliptical orbit.

alarming

adj. causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbingsynonym: forbidding, concerning, disturbing

(1) alarming news, (2) alarming statistics

The sudden rise in crime rates in our neighborhood is quite **alarming**.

individualize

v. to make something personal or more personal to suit the needs of a particular person, place, etc.

synonym: personalize, differentiate

(1) **individualize** each patient, (2) **individualize** dosages Our schools offer **individualized** education by excellent teachers.

situ

adj. short for "situated," meaning located or placed in a particular position or circumstance

synonym: situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate

treatment.

manifesto

infect

 a public declaration or statement of policy and aims, usually issued by a political party or government; a written statement or proclamation of one's beliefs or intentions

synonym: declaration, proclamation, statement

- (1) **manifesto** statement, (2) environmental **manifesto**The political party issued a **manifesto** outlining its plans for the country's future.
- v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

presumption

an idea or belief taken to be true without proof or confirmation; an assumption or hypothesis based on incomplete evidence or understanding; a forward or audacious attitude or behavior that assumes too much authority or familiarity

synonym: assumption, arrogance, audacity

- (1) **presumption** against forfeiture, (2) **presumption** of guilt It is a common **presumption** that doctors know best, but patients should always ask questions and be informed about their healthcare decisions.
- v. to provide evidence or proof of something; to confirm or certify the authenticity of something; to bear witness to the truth of something

synonym: verify, confirm, certify

(1) **attest** to the truth, (2) **attest** to the facts
I can **attest** to his honesty and integrity, as I have known him for many years.

attest

dimly

adv. faintly or indistinctly; with little light or clarity; not clearly or brightly

synonym: faintly, obscurely, hazily

(1) **dimly** visible, (2) **dimly** remember

The **dimly** lit room created a cozy and intimate atmosphere for the dinner party.

accuse

 to charge or criticize someone with a crime or wrongdoing

synonym: charge, blame, criticize

(1) **accuse** his rudeness, (2) **accuse** each other The witness **accused** the defendant of committing the robbery.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality Her remarks **confused** the debate.

knuckle

n. one of the joint-like parts of the fingers and toes, especially of the hand

synonym: joint, finger joint, finger knob

(1) knuckle sandwich, (2) bare- knuckle boxerHe cracked his knuckles nervously before the presentation.

politely

adv. in a courteous or respectful manner, showing good manners or consideration for others

synonym: courteously, respectfully, graciously

(1) politely ask, (2) nodded politely

She **politely** declined the invitation to the party, saying she had other plans.

credential

v. to provide someone with certification or verification of their qualifications, usually in a particular field or profession; (noun) a document attesting to the truth of certain stated facts

synonym: certify, verify, (noun) certificate

- (1) **credential** themselves by showing their registration,
- (2) teaching credential

To get the job, I need to **credential** my experience and education.

rulebook

 a set of rules or regulations, especially one governing a particular activity or organization

synonym: manual, guidebook, regulations

(1) follow a rulebook, (2) rulebook violation

The company's **rulebook** clearly outlines the expectations for employees.

tremble

v. to shake slightly in a way that you cannot control, for example, because you are frightened, angry, or excited, or because of illness

synonym: shiver, flutter, quaver

(1) **tremble** in fear, (2) **tremble** violently with emotion When I heard the news, my whole body **trembled** with excitement.

ordeal

 a painful, difficult, or dangerous experience or trial; a severe test of endurance or patience

synonym: trial, hardship, torment

(1) ordeal by fire, (2) emotional ordeal

The car accident was a traumatic **ordeal** for everyone involved.

overlook

v. to fail to notice something; to watch over someone; to provide a view from above

synonym: disregard, look down, supervise

(1) **overlook** a street, (2) **overlook** that fact

We cannot **overlook** an opportunity for great success.

complicity

n. the state of being involved with others in an illegal,
 harmful, or shameful act; the act of assisting or
 collaborating with someone else in wrongdoing or crime

synonym: collusion, conspiracy, connivance

(1) religious **complicity**, (2) deny **complicity**

The investigation revealed his **complicity** in the crime.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

manhandle

v. to handle or move someone or something roughly or awkwardly, often using physical force or without care; to treat someone roughly or brutally

synonym: handle roughly, grab, wrestle

(1) **manhandle** his property, (2) **manhandle** a piece of furniture

The movers tried to **manhandle** the heavy piano up the stairs but eventually had to call for a crane to lift it.

crux

 the most important or fundamental part of a matter or situation; the key point or central issue

synonym: heart, core, essence

(1) main **crux**, (2) the **crux** of the argument
The **crux** of the matter was that the company was not

financially stable.

doe

 a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) doe rabbit, (2) buck and doe

Hunters use a whistle that makes the **doe** sound to lure stags.

dislodge

 to forcibly remove or loosen something from a particular position or place; to cause something to become detached or dislodged

synonym: remove, displace, unseat

(1) **dislodge** debris, (2) **dislodge** a stuck object I had to **dislodge** a small rock from the wheel of my car to keep driving safely.

supremacy

 the state, condition, or position of being superior to all others in authority, power, or status

synonym: dominance, superiority, preeminence

(1) a race for **supremacy**, (2) **supremacy** of a country The empire's military power ensured its **supremacy** over the neighboring states.

fortress

 a large and strongly built structure, typically with high walls and a moat, used as a military defense or for protection against attackers

synonym: castle, citadel, stronghold

(1) fortress wall, (2) military fortress

The ancient **fortress** was built on a hill to give the defenders a strategic advantage.

arsenal

 a collection of weapons or military equipment stored in preparation for war or conflict; a collection of resources or tools available for use in a particular field or endeavor

synonym: storage, stockpile, armory

(1) **arsenal** of knowledge, (2) political **arsenal**The police found a hidden **arsenal** of weapons in the suspect's house.

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym: isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls The school board decided to **segregate** students by the ability to meet their needs better.

escalate

v. to increase in intensity, size, or severity; to make something greater, worse, or more serious

synonym: increase, intensify, expand

(1) **escalate** into a major international incident, (2) to **escalate**

The situation quickly **escalated** and turned violent.

lynch

v. to put to death or punish (usually by hanging) without legal authorization or due process, often as an act of mob justice or vigilante action; (noun) a violent punishment, often extrajudicial, in which a mob or group of people seize and kill someone, usually by hanging, as a form of punishment or vengeance

synonym: hang, execute, mob

(1) **lynch** law, (2) **lynch** him to death

The mob wanted to **lynch** the suspect before he could be tried in court.

litigate

v. to initiate or engage in legal proceedings, typically to settle a dispute or enforce a legal right

synonym: argue, contest, sue

(1) **litigate** a contract dispute, (2) **litigate** a copyright The two parties will have to **litigate** their disagreements in court.

unintentional

adj. not done or made on purpose; accidental synonym: accidental, unforeseen, spontaneous

(1) avoid **unintentional** harm, (2) **unintentional** insult The mistake was **unintentional** and made in good faith.

walkout

 a sudden and spontaneous departure by a group of people, often in protest or disagreement; a strike or work stoppage by employees

synonym: strike, walkoff, sit-down

walkout protest, (2) mass walkout
 The employee's walkout led to negotiations with

management.

swelling

 an abnormal local enlargement of a part of your body, mainly because of illness or injury synonym: bulge, bump, inflammation

- (1) **swelling** of the ankle, (2) hard **swelling** on the body After intensive icing by the trainer, the **swelling** went down.
- n. (short for quadrangle) a square or rectangular open area or courtyard, often surrounded by buildings or used for recreational or social purposes

synonym: quadrangle, square, block

(1) quad room, (2) quad biking

We met at the campus **quad** to study for our upcoming exams.

flashback

quad

 an interruption of the chronological sequence of events in a narrative, in which an event or scene from a past time is inserted into the current narrative

synonym: recollection, reminiscence, memory

(1) vivid flashback, (2) flashback memory

The **flashback** scene in the movie shows the character's past experiences.

quo

 the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status **quo** politician, (2) **quo** warranto

The company has been successful in maintaining the status **quo**.

Session 2: Spelling

1.	st	rn	stains
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2. ac e each other

3. re____e around a central axis

4. st____rn attitude

5. pr___e a reaction

6. at___t to the truth

7. wa___t protest

8. ar____l of knowledge

- adj. refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change
- v. to charge or criticize someone with a crime or wrongdoing
- v. to rotate around a central point
- adj. refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change
- v. to stimulate or give rise to a particular reaction or have a particular effect
- v. to provide evidence or proof of something; to confirm or certify the authenticity of something; to bear witness to the truth of something
- a sudden and spontaneous departure by a group of people, often in protest or disagreement; a strike or work stoppage by employees
- n. a collection of weapons or military equipment stored in preparation for war or conflict; a collection of resources or tools available for use in a particular field or endeavor

ANSWERS: 1. stubborn, 2. accuse, 3. revolve, 4. stubborn, 5. provoke, 6. attest, 7. walkout, 8. arsenal

a painful, difficult, or dangerous 9. emotional or I n. experience or trial; a severe test of endurance or patience 10. ov____ok a street to fail to notice something; to watch ν. over someone; to provide a view from above 11. deny com____ty the state of being involved with others in n. an illegal, harmful, or shameful act; the act of assisting or collaborating with someone else in wrongdoing or crime 12. he ss baby adj. unable to take care of oneself or to do things without help 13. cr___e with fear to move back or away from someone or something because you are afraid or shocked; to shrink as in fear, disgust, or embarrassment to cover something with a hard, flat 14. p__e a new path ν. material such as stones, bricks, or concrete, to make it suitable for travel or use 15. po ly ask adv. in a courteous or respectful manner, showing good manners or consideration for others a band or strip of material, usually worn 16. soft c__f around the wrist or ankle, often used to secure or fasten something in place; a blow or hit delivered with an open hand, typically to the head or ear the state, condition, or position of being 17. a race for su____cy n. superior to all others in authority, power, or status

ANSWERS: 9. ordeal, 10. overlook, 11. complicity, 12. helpless, 13. cringe, 14. pave, 15. politely, 16. cuff, 17. supremacy

ANSWERS: 18. alarming, 19. credential, 20. infect, 21. doe, 22. nod, 23. cringe, 24. fortress, 25. ordeal, 26. fortress

(short for quadrangle) a square or 27. q d room n. rectangular open area or courtyard, often surrounded by buildings or used for recreational or social purposes to shut a door or window noisily; to 28. s m the door ν. strike something violently or noisily 29. ac___e his rudeness to charge or criticize someone with a ν. crime or wrongdoing 30. nodded po ly adv. in a courteous or respectful manner, showing good manners or consideration for others adj. suitable or happening at a time that is 31. an op____ne remark suitable or convenient for a particular purpose a public declaration or statement of 32. ma to statement n. policy and aims, usually issued by a political party or government; a written statement or proclamation of one's beliefs or intentions to mistake one thing for another; to 33. co e fantasy with reality ν . make somebody hard to understand 34. kn e sandwich one of the joint-like parts of the fingers n. and toes, especially of the hand 35. ind ize dosages to make something personal or more ν. personal to suit the needs of a particular person, place, etc. 36. pr___e a disease to stimulate or give rise to a particular reaction or have a particular effect to provide evidence or proof of 37. at___t to the facts ν. something; to confirm or certify the

ANSWERS: 27. quad, 28. slam, 29. accuse, 30. politely, 31. opportune, 32. manifesto, 33. confuse, 34. knuckle, 35. individualize, 36. provoke, 37. attest

authenticity of something; to bear witness to the truth of something

ANSWERS: 38. infect, 39. dimly, 40. tremble, 41. litigate, 42. dimly, 43. flashback, 44. presumption, 45. frisk

46. ly__h law

- 47. p__e a smoother road
- 48. y__I for help
- 49. q__d biking
- 50. ex-s u conservation
- 51. religious com____ty
- 52. co e the listener
- 53. un____d combat

- v. to put to death or punish (usually by hanging) without legal authorization or due process, often as an act of mob justice or vigilante action; (noun) a violent punishment, often extrajudicial, in which a mob or group of people seize and kill someone, usually by hanging, as a form of punishment or vengeance
- v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
- v. to shout in a sudden and loud way
- n. (short for quadrangle) a square or rectangular open area or courtyard, often surrounded by buildings or used for recreational or social purposes
- adj. short for "situated," meaning located or placed in a particular position or circumstance
- n. the state of being involved with others in an illegal, harmful, or shameful act; the act of assisting or collaborating with someone else in wrongdoing or crime
- v. to mistake one thing for another; to make somebody hard to understand
- adj. without weapons or arms; not carrying any form of weapon or ammunition, or engaging in physical conflict with weapons

ANSWERS: 46. lynch, 47. pave, 48. yell, 49. quad, 50. situ, 51. complicity, 52. confuse, 53. unarmed

ANSWERS: 54. helpless, 55. dislodge, 56. frisk, 57. manhandle, 58. nod, 59. credential, 60. manhandle, 61. unarmed

ANSWERS: 69. yell, 70. tremble, 71. unintentional, 72. revolve, 73. slump, 74. stoop, 75. crux, 76. individualize, 77. crux, 78. segregate

79.	sucy of a country	n.	the state, condition, or position of being superior to all others in authority, power, or status	
80.	bare-kne boxer	n.	one of the joint-like parts of the fingers and toes, especially of the hand	
81.	to este	v.	to increase in intensity, size, or severity; to make something greater, worse, or more serious	
82.	sm the book against a wall	<i>v</i> .	to shut a door or window noisily; to strike something violently or noisily	
83.	mass wat	n.	a sudden and spontaneous departure by a group of people, often in protest or disagreement; a strike or work stoppage by employees	
84.	q_o warranto	n.	the existing state or condition of something, especially in relation to a particular situation or issue	
85.	slp against pillows	ν.	to fall or sink suddenly, often due to los of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality	
86.	follow a ruok	n.	a set of rules or regulations, especially one governing a particular activity or organization	
87.	hard swng on the body	n.	an abnormal local enlargement of a part of your body, mainly because of illness	

ANSWERS: 79. supremacy, 80. knuckle, 81. escalate, 82. slam, 83. walkout, 84. quo, 85. slump, 86. rulebook, 87. swelling

or injury

manifesto, 94. flashback

Vocab-Builder Ref from	"Megan Ming Francis:	We need to address	s the real roots of rac	ial violence TED	Talk" (51 words
ANSWERS:					

Session 3: Fill in the Blanks

1.	The movers tried to the heavy piano up the stairs but eventually had to call for a crane to lift it.
<i>v</i> .	to handle or move someone or something roughly or awkwardly, often using physical force or without care; to treat someone roughly or brutally
2.	The lit room created a cozy and intimate atmosphere for the dinner party.
ad	v. faintly or indistinctly; with little light or clarity; not clearly or brightly
3.	It is a common that doctors know best, but patients should always ask questions and be informed about their healthcare decisions.
n.	an idea or belief taken to be true without proof or confirmation; an assumption or hypothesis based on incomplete evidence or understanding; a forward or audacious attitude or behavior that assumes too much authority or familiarity
4.	The empire's military power ensured its over the neighboring states.
n.	the state, condition, or position of being superior to all others in authority, power, or status
5.	Her remarks the debate.
ν.	to mistake one thing for another; to make somebody hard to understand
6.	The car accident was a traumatic for everyone involved.
n.	a painful, difficult, or dangerous experience or trial; a severe test of endurance or patience
7.	The security guard stopped and the suspicious-looking person at the entrance to the building.
<i>v</i> .	to search for someone or something in a quick, lively manner, often to discover something hidden or suspicious; to frolic or skip about in a lively or playful manner
	SWERS: 1. manhandle, 2. dimly, 3. presumption, 4. supremacy, 5. confused, 6. leal, 7. frisked

ANSWERS: 8. quo, 9. revolves, 10. attest, 11. rulebook, 12. politely, 13. lynch, 14. stoop, 15. flashback

Voca	Builder Ref from "Megan Ming Francis: We need to address the real roots of racial violence TED Talk" (51 words)
47. v.	Our schools offer education by excellent teachers. to make something personal or more personal to suit the needs of a particular
48. v.	person, place, etc. They the courtyard with bricks, giving it a more polished appearance. to cover something with a hard, flat material such as stones, bricks, or
49.	Concrete, to make it suitable for travel or use The witness the defendant of committing the robbery.
	to charge or criticize someone with a crime or wrongdoing feel so without you. unable to take care of oneself or to do things without help
	After intensive icing by the trainer, the went down. an abnormal local enlargement of a part of your body, mainly because of illness or injury
AN	WERS: 47. individualized, 48. paved, 49. accused, 50. helpless, 51. swelling