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Vocabulary Builder Reference from...

Anne Basting: How to meaningfully reconnect with those who have dementia | TED Talk

https://www.ted.com/talks/anne_basting_how_to_meaningfully_reconnect_with_those_who_have_dementia

a

All Words

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Session 1: Word List

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

synonym : blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym : convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,
(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

shift

n. a slight transition in position, direction, or trend
synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

emphatic

adj. expressing something forcibly and clearly; done or said with emphasis

synonym: forceful, assertive, definite

(1) **emphatic** victory, (2) **emphatic** tone

The coach was **emphatic** in his instructions to the players before the big game.

entice

v. to attract or lure someone with something desirable or tempting

synonym: lure, tempt, attract

(1) **entice** foreign investment, (2) **entice** shoppers

The salesperson tried to **entice** the customer into buying a new car.

incredibly

adv. in a way that is very difficult to believe; exceedingly or extremely

synonym: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

index

n. a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index

synonym: list, directory, indicator

(1) a full-text **index**, (2) health **index**

The stock market **index** measures the performance of a

group of stocks.

frustration

n. the feeling of being upset or annoyed as a result of being unable to change or achieve something

synonym : disappointment, discouragement, dissatisfaction

(1) **frustration** level, (2) express **frustration**

He felt a deep **frustration** as he realized the project would not be completed on time.

enormous

adj. extremely large or great

synonym : huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

pale

adj. having skin that is very light colored; lacking in vitality or interest or effectiveness

synonym : sallow, faint, ashen

(1) a **pale** complexion, (2) **pale** pink

She turned **pale** when she heard the news.

emphasis

n. particular importance or significance that is given to something

synonym : priority, stress, focus

(1) **emphasis** on color, (2) lay great **emphasis** on policy

The spotlight gave the central figure increased **emphasis**.

translate

v. to convert or change words into another language

synonym : convert, transcribe, render

(1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym : ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

Alzheimer

n. a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

synonym: dementia, memory loss, cognitive decline

(1) **Alzheimer's** brain, (2) **Alzheimer's** risk factors

My grandmother has **Alzheimer's** disease requires special care and attention from her caregivers.

dementia

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

synonym: cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

descend

v. to move downward and lower; to come from, or to be connected by a relationship of blood

synonym: dip, drop, come down

(1) **descend** a steep hill, (2) **descend** by elevator

She was **descended** from an old Italian noble family.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym: mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym: surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting

Wrap the bandage tightly around the injured arm.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym : closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym : identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

suppose

v. to think that something is likely to be actual or possible

synonym : guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

triple

adj. consisting of three items or people; three times as great or many

synonym : threefold

(1) a **triple** mirror, (2) **triple** digits

His coach is a **triple** Olympic champion.

fade

v. to vanish; to fade away; to lose color; to lose freshness

synonym : languish, wither

(1) **fade** away almost completely, (2) **fade** in importance

My memory will **fade**, but my heart will live on.

suddenly

adv. quickly and unexpectedly

synonym : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

loosen

v. to make something less tight, firm, or fixed; to free from restraint or constraint; to relax

synonym : relax, slacken, untie

(1) **loosen** grip, (2) **loosen** knot

Please **loosen** the screws on the back panel so we can access the inside of the machine.

grip

n. the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

synonym: grasp, clasp, (verb) hold

(1) **grip** of fear, (2) lose my **grip**

He had a firm **grip** on the rope as he climbed the mountain.

unending

adj. seeming to have no end

synonym: endless, eternal, lasting

(1) **unending** battle, (2) the **unending** bliss

Creating amazing shows requires constant **unending** effort.

quest

n. a long or challenging search for something

synonym: exploration, inquisition, pursuit

(1) the **quest** for truth, (2) on a **quest** for happiness

That adventurer traveled in **quest** of buried treasure.

countless

adj. too numerous to be counted or very many

synonym: innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions

There are **countless** methods for dealing with stress.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

dreary

adj. dull, gloomy, or lifeless; lacking in brightness or variety; monotonous and uninteresting

synonym: gloomy, dismal, somber

(1) **dreary** weather, (2) **dreary** mood

The gray, **dreary** sky reflected the mood of the people who had to endure the rainy weather.

humble

adj. having or showing a modest or low estimate of one's quality or importance

synonym: modest, unpretentious, abject

(1) a **humble** cottage, (2) **humble** opinion

The nobler, the more **humble**.

duplex

adj. characterized by two parts or components that are similar or identical; consisting of two attached homes or living spaces

synonym: double, twin, twofold

(1) **duplex** system, (2) **duplex** printer

The **duplex** apartment had two floors and separate entrances for each unit.

caregiving

n. the act of providing care and support for someone who is ill, disabled, or elderly

synonym: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities

She devoted her life to **caregiving**, looking after her aging parents.

greet

v. to say hello to someone; to express welcome on meeting someone

synonym: welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym: linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

artistic

adj. of or relating to art or artist; satisfying aesthetic standards and sensibilities

synonym : beautiful, aesthetic, creative

(1) an **artistic** photograph, (2) cultural and **artistic** activity

Promising entrepreneurs often have a high **artistic** sensibility.

inviting

adj. having an attractive or tempting quality that draws people in; encouraging or alluring in a way that makes people want to take part or participate

synonym : attractive, tempting, alluring

(1) **inviting** scent, (2) **inviting** atmosphere

The **inviting** aroma of freshly baked bread drew me into the bakery.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym : imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

imaginary

adj. existing only in someone's mind

synonym : fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

invoke

v. to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions

synonym : evoke, summon, call forth

(1) **invoke** memories, (2) **invoke** the right to remain silent

The politician **invoked** the name of the founding fathers in his speech.

pathway

n. a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling

pathways

When the first molecule in the **pathway** receives a signal, it activates other molecules.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

fog

n. a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water

synonym: cloud, mist, smog

(1) a dense **fog**, (2) front **fog** lights

The **fog** cleared away, and the star-filled sky appeared.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

stove

n. a kitchen appliance consisting of a flat top, usually with heating elements, used for cooking food

synonym : range, cooker, hotplate

(1) **stove** top, (2) hot **stove**

I made dinner on the **stove** using a pot and a pan.

trunk

n. the main stem or body of a tree which its branches grow

synonym : body, chest, torso

(1) the **trunk** of the tree, (2) the **trunk** of the body

Destructive fungi thrive in moist environments, such as those seen in wounds on the **trunk**.

driftwood

n. wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel

synonym : floatwood, beachwood, logwood

(1) **driftwood** art, (2) beach **driftwood**

A large **driftwood** branch provided a perfect perch for the seagull to rest on.

buoyant

adj. lighthearted and cheerful; tending to float; having a positive attitude or outlook

synonym : optimistic, lighthearted, floating

(1) **buoyant** force, (2) **buoyant** market

His **buoyant** personality helped lift the spirits of everyone in the room.

synchronize

v. to happen or cause to happen at the same time or rate

synonym : coordinate, accompany, harmonize

(1) **synchronize** movements, (2) **synchronize** our watches

The ball speed will increase when the lower body movements are perfectly **synchronized**.

calm

adj. not excited, angry, or nervous; free from wind, large waves

synonym : quiet, peaceful, tranquility

(1) **calm** sea, (2) **calm** manner

It was the first time in a long time that I felt truly **calm** and at peace.

gentle

adj. having or showing a kindly or tender nature; soft and mild

synonym : mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope

Her **gentle** manner relaxed everyone there.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym : spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

shore

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

synonym : coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

transfer

v. to move, pass, or change from one person, place, or situation to another

synonym : move, relocate, shift

(1) **transfer** a file, (2) **transfer** power

She **transferred** the money from her savings account to her checking account.

grace

n. a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of

thanks before a meal

synonym: charm, poise, elegance

(1) say a **grace**, (2) end of the **grace** period

The old oak tree stood with **grace** and majesty in the park's center.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

animate

v. to make something full of interest and energy

synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

disabled

adj. having a physical or mental condition that limits someone's specific actions that most other people can do

synonym: handicapped, impaired, incapacitated

(1) a **disabled** veteran, (2) a learning- **disabled** child

She was **disabled** in a car accident.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

puppet

n. a doll or figure that is manipulated by strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else

synonym: marionette, dummy, mannequin

(1) **puppet** theater, (2) corporate **puppet**

The politician was merely a **puppet** for the wealthy elite.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

open-ended

adj. without any limits or restrictions; allowing for a spontaneous response

synonym: unlimited, unrestricted, flexible

(1) an **open-ended** discussion, (2) **open-ended** agreements

Most people who saw the film were dissatisfied with the **open-ended** ending.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

tragic

adj. causing great sadness or suffering; very unfortunate

synonym: calamitous, disastrous, catastrophic

(1) **tragic** love stories, (2) **tragic** death

The **tragic** events of the war left many families torn apart.

absolutely

adv. without restriction or limitation; completely or utterly
synonym: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

infuse

v. to fill something with a particular quality, feeling, or influence; to imbue

synonym: instill, fill, permeate

(1) **infuse** with spirit, (2) **infuse** life with meaning

She **infused** fresh herbs into the soup for added flavor.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

bingo

n. a game of chance in which players match numbers on a card with randomly drawn numbers to be the first to complete a specific pattern or sequence; sudden realization, success, or achievement

synonym: lotto, raffle, sweepstakes

(1) **bingo** game, (2) online **bingo** website

They won big at **bingo** last night, taking home the grand prize.

balloon

n. a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated

synonym: aerostat, blimp, (verb) billow out

(1) **balloon** ride, (2) **balloon** into a severe political problem

The satellite **balloon** slowly ascended into the sky.

toss

v. to throw something carelessly with a light motion

synonym: throw, sway

(1) **toss** a coin, (2) **toss** the bottle into a trash can
It would be best if you **tossed** out all those old magazines.

entertainment

n. public shows, films, television, or other performances or activities of enjoying people

synonym: amusement, recreation, enjoyment

(1) an elegant **entertainment**, (2) hour of **entertainment**

The hotel is famous for its **entertainment**, including the casino.

oriented

adj. referring to someone or something that is focused or directed toward a particular goal or objective; organized around a specific principle or approach

synonym: aligned, directed, focused

(1) **oriented** graph, (2) technology- **oriented**

The company is very customer- **oriented** and strives to provide excellent service.

applaud

v. to express approval of someone or something by clapping the hands

synonym: clap, celebrate, praise

(1) **applaud** his courage, (2) **applaud** the orchestra

I enthusiastically **applaud** my rival's achievement.

distracted

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

synonym: preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

resort

n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

synonym: vacation spot, hotel, (verb) address

(1) **resort** to desperate measures, (2) a last **resort**
If both countries **resort** to nuclear deterrence, the consequence could be mutual destruction.

compound

n. an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements

synonym: combination, mixture, blend

(1) aquatic **compound**, (2) harmful **compound**

Common salt is a sodium and chlorine **compound**.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

devastating

adj. causing a great deal of destruction or damage

synonym: destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

isolation

n. the condition of being alone or lonely; the act or state of separation between persons or groups

synonym: aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation**

That incident led to his **isolation**.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

captivate

v. to attract and hold the attention or interest of
synonym: enchant, charm, fascinate

(1) **captivate** public sentiment, (2) **captivate** the mind

The magician **captivated** the audience with his illusions.

spark

v. to start something or make it grow, especially suddenly;
to emit a tiny piece of fire or electricity

synonym: start, inspire, provoke

(1) **spark** his interest, (2) **spark** a chain reaction

The bankruptcy of the giant conglomerate **sparked** turmoil in the stock market.

assemble

v. to collect in one place as a single group

synonym: gather, congregate, collect

(1) **assemble** your colleagues, (2) **assemble** a jigsaw puzzle

The president began to **assemble** an army.

giant

adj. enormous; much bigger or more important than similar items usually are

synonym: big, gigantic, huge

(1) **giant** trees, (2) **giant** tech company

The **giant** jets gradually dominate the world's airlines.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym: building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

tackle

v. to try to deal with a complex problem or situation

synonym: deal with, dive into, work on

(1) **tackle** the issue, (2) help **tackle** climate change

The government is determined to **tackle** sharp inflation.

reimagine

v. to imagine or conceive of something in a new or different way

synonym: re-conceptualize, re-envision, re-create

(1) **reimagine** the future, (2) **reimagine** the possibilities

The company is trying to **reimagine** its business model to stay competitive.

odyssey

n. a long wandering and eventful journey; a Greek epic poem attributed to Homer, describing the journey of Odysseus after the fall of Troy

(1) go on a serious **odyssey**, (2) cross-country **odyssey**

He continued the extraordinary **odyssey** with his brother.

explore

v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

synonym: analyze, delve into, examine

(1) **explore** the world, (2) **explore** our options

The management must **explore** strategies to increase office security.

poem

n. a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

synonym: ballad, lyric, verse

(1) a narrative **poem**, (2) **poem** to the dead

A great **poem** is a fountain forever overflowing with the waters of wisdom and delight.

weave

v. to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

synonym: braid, unite, contrive

(1) **weave** on a loom, (2) **weave** a story

The girl **weaves** a garland for her friend.

choreograph

v. to compose a sequence of dance steps, often to music

(1) **choreograph** a stage performance, (2) exquisitely **choreographed**

He had **choreographed** the dance in this play himself.

ancient

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

synonym: archaic, age-old, obsolete

(1) pre-Christian **ancient**, (2) **ancient** stories

They have been living near water since **ancient** times.

scholar

n. professor; a person who studies a topic in considerable depth, particularly in a university

synonym: professor, pupil, learner

(1) **scholar** in international politics, (2) noted **scholar**

You won't have to pay college tuition if you're a **scholar**.

workshop

n. a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

synonym: studio, laboratory, atelier

(1) **workshop** attendee, (2) carpentry **workshop**

The artist held a **workshop** to teach students how to paint with watercolors.

embedded

adj. fixed firmly into the surface of something

synonym: ingrained, implanted, inserted

(1) **embedded** systems, (2) LED- **embedded** glass

The **embedded** chip in my credit card allows me to make contactless payments.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

culminate

v. to reach a peak or climax

synonym : end, finish, conclude

(1) **culminate** in a heart attack, (2) **culminate** in failure

The event will **culminate** in a grand fireworks display.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

blend

v. to mix or combine two or more substances

synonym : combine, mix, intermingle

(1) **blend** all the elements, (2) **blend** milk and cream

The toad altered its appearance to better **blend** in with its new environments.

assist

v. to help someone in doing anything

synonym : help, support, aid

(1) **assist** a patient, (2) **assist** his goal

Please **assist** her with the furniture relocation.

din

n. a loud, confused noise; a loud, persistent racket

synonym : noise, racket, clamor

(1) **din** of traffic, (2) mighty **din**

The **din** of the city was overwhelming.

chapel

n. a place of worship, especially a non-conformist or dissenting place of worship

synonym : sanctuary, church, place of worship

(1) a **chapel** royal, (2) **chapel** bell

The spacious **chapel** was a peaceful sanctuary for the couple

to exchange their vows.

chorus

n. a group of singers or speakers who perform together, typically in a musical or dramatic production; the part of a song where a soloist is joined by a group of singers

synonym: ensemble, choir, group of singers

(1) a mixed **chorus**, (2) a quintet **chorus**

The **chorus** of the song was catchy and easily memorized.

lovingly

adv. in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love

synonym: fondly, affectionately

(1) **lovingly** crafted, (2) **lovingly** prepared

She looked at him **lovingly** and knew he was the one for her.

dare

v. to have the courage to do something

synonym: challenge, risk, attempt

(1) **dare** not go, (2) **dare** to take risks

I wouldn't **dare** to speak to him like that.

hospice

n. a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support

synonym: palliative care, nursing home, care center

(1) **hospice** care, (2) home **hospice**

The **hospice** team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.

gap

n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

synonym: opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

feisty

adj. full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament

synonym: spunky, plucky, spirited

(1) **feisty** attitude, (2) **feisty** debate

The **feisty** little terrier refused to back down from the larger dog.

dread

v. to be very afraid of or worried about something that is going to happen or that might happen

synonym: fear, cringe, apprehend

(1) **dread** failure, (2) **dread** getting old

We all **dread** to think about what will happen if the company goes bankrupt.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

yearn

v. to strongly desire or long for something

synonym: long, desire, crave

(1) **yearn** after my old days, (2) **yearn** for love

She **yearned** for the days when things were simpler.

Session 2: Spelling

1. tr___e digits *adj.* consisting of three items or people; three times as great or many
2. d_n of traffic *n.* a loud, confused noise; a loud, persistent racket
3. cr____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
4. ex____e our options *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
5. p__e pink *adj.* having skin that is very light colored; lacking in vitality or interest or effectiveness
6. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely
7. major paradigm sh__t *n.* a slight transition in position, direction, or trend
8. tr____rm an education system *v.* to change in outward structure or looks;
9. lo___n grip *v.* to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
10. exquisitely cho____phed *v.* to compose a sequence of dance steps, often to music
11. distance g_p *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

ANSWERS: 1. triple, 2. din, 3. creative, 4. explore, 5. pale, 6. tight, 7. shift, 8. transform, 9. loosen, 10. choreograph, 11. gap

12. ye__n after my old days *v.* to strongly desire or long for something
13. dis_____ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
14. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
15. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
16. improve co_____ve function *adj.* of or relating to mental processes of understanding
17. de_____d a steep hill *v.* to move downward and lower; to come from, or to be connected by a relationship of blood
18. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
19. as_____le your colleagues *v.* to collect in one place as a single group
20. an_____t stories *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
21. p__m to the dead *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

ANSWERS: 12. yearn, 13. distracted, 14. brain, 15. professional, 16. cognitive, 17. descend, 18. discovery, 19. assemble, 20. ancient, 21. poem

22. em____ed systems *adj.* fixed firmly into the surface of something
23. ye__n for love *v.* to strongly desire or long for something
24. as____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
25. pu__t theater *n.* a doll or figure that is manipulated by strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else
26. bi__o game *n.* a game of chance in which players match numbers on a card with randomly drawn numbers to be the first to complete a specific pattern or sequence; sudden realization, success, or achievement
27. de____ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
28. em____ic victory *adj.* expressing something forcibly and clearly; done or said with emphasis
29. hu__e opinion *adj.* having or showing a modest or low estimate of one's quality or importance
30. a full-text in__x *n.* a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index

ANSWERS: 22. embedded, 23. yearn, 24. associate, 25. puppet, 26. bingo, 27. dementia, 28. emphatic, 29. humble, 30. index

31. mighty d_n *n.* a loud, confused noise; a loud, persistent racket
32. sc____r in international politics *n.* professor; a person who studies a topic in considerable depth, particularly in a university
33. st____ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations
34. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
35. cu____te in a heart attack *v.* to reach a peak or climax
36. cr____s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
37. neurotic sy____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
38. de____d by elevator *v.* to move downward and lower; to come from, or to be connected by a relationship of blood
39. as__t his goal *v.* to help someone in doing anything
40. in___e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
41. hold your br___h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

ANSWERS: 31. din, 32. scholar, 33. straight, 34. tight, 35. culminate, 36. crisis, 37. symptom, 38. descend, 39. assist, 40. invite, 41. breath

42. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
43. car_____ng process *n.* the act of providing care and support for someone who is ill, disabled, or elderly
44. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
45. br____h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
46. c__m sea *adj.* not excited, angry, or nervous; free from wind, large waves
47. re_____ne the possibilities *v.* to imagine or conceive of something in a new or different way
48. gi__t trees *adj.* enormous; much bigger or more important than similar items usually are
49. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
50. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
51. fru_____on level *n.* the feeling of being upset or annoyed as a result of being unable to change or achieve something
52. or_____ed graph *adj.* referring to someone or something that is focused or directed toward a particular goal or objective; organized around a specific principle or approach

ANSWERS: 42. diagnose, 43. caregiving, 44. struggle, 45. breath, 46. calm, 47. reimagine, 48. giant, 49. diagnose, 50. recognize, 51. frustration, 52. oriented

53. ex___d a lineup *v.* to increase or to make something greater in size, number, or importance
54. sp__k a chain reaction *v.* to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity
55. tr___c love stories *adj.* causing great sadness or suffering; very unfortunate
56. bl__d milk and cream *v.* to mix or combine two or more substances
57. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
58. in___e memories *v.* to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
59. muscular st_____th *n.* the quality or state of being physically, or sometimes mentally, strong
60. fa_____ty design *n.* a building or place that provides a particular service or is used for a particular industry
61. lay great em_____is on policy *n.* particular importance or significance that is given to something
62. tr_____er a file *v.* to move, pass, or change from one person, place, or situation to another
63. ch___l bell *n.* a place of worship, especially a non-conformist or dissenting place of worship

ANSWERS: 53. expand, 54. spark, 55. tragic, 56. blend, 57. discovery, 58. invoke, 59. strength, 60. facility, 61. emphasis, 62. transfer, 63. chapel

64. ap____d his courage *v.* to express approval of someone or something by clapping the hands
65. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
66. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
67. get inc_____ly insecure *adv.* in a way that is very difficult to believe; exceedingly or extremely
68. a last re____t *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
69. a sandy sh__e *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
70. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
71. get dis_____ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
72. gi__t tech company *adj.* enormous; much bigger or more important than similar items usually are
73. wo_____op attendee *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

ANSWERS: 64. applaud, 65. brain, 66. progression, 67. incredibly, 68. resort, 69. shore, 70. progression, 71. distracted, 72. giant, 73. workshop

74. em____ic tone *adj.* expressing something forcibly and clearly; done or said with emphasis
75. suffer st____e *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
76. go on a serious od____y *n.* a long wandering and eventful journey; a Greek epic poem attributed to Homer, describing the journey of Odysseus after the fall of Troy
77. bl__d all the elements *v.* to mix or combine two or more substances
78. tr____rm heat into power *v.* to change in outward structure or looks;
79. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
80. the g_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
81. re____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
82. in____e with spirit *v.* to fill something with a particular quality, feeling, or influence; to imbue
83. answer co____ss questions *adj.* too numerous to be counted or very many
84. tr____er power *v.* to move, pass, or change from one person, place, or situation to another

ANSWERS: 74. emphatic, 75. stroke, 76. odyssey, 77. blend, 78. transform, 79. nurse, 80. gap, 81. recognize, 82. infuse, 83. countless, 84. transfer

85. on a qu__t for happiness *n.* a long or challenging search for something
86. social st__a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
87. cho_____ph a stage performance *v.* to compose a sequence of dance steps, often to music
88. bu_____t market *adj.* lighthearted and cheerful; tending to float; having a positive attitude or outlook
89. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
90. die su_____ly *adv.* quickly and unexpectedly
91. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
92. syn_____ze our watches *v.* to happen or cause to happen at the same time or rate
93. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
94. in_____ng atmosphere *adj.* having an attractive or tempting quality that draws people in; encouraging or alluring in a way that makes people want to take part or participate
95. fe_____y debate *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament

ANSWERS: 85. quest, 86. stigma, 87. choreograph, 88. buoyant, 89. struggle, 90. suddenly, 91. roll, 92. synchronize, 93. nurse, 94. inviting, 95. feisty

96. a di_____ed veteran *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
97. a narrative p__m *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery
98. em_____is on color *n.* particular importance or significance that is given to something
99. pa_____y to understanding *n.* a track that constitutes or serves as a path; an approach or a way of doing something
100. hour of ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
101. lo_____ly crafted *adv.* in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love
102. online bi__o website *n.* a game of chance in which players match numbers on a card with randomly drawn numbers to be the first to complete a specific pattern or sequence; sudden realization, success, or achievement
103. com_____te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
104. help ta___e climate change *v.* to try to deal with a complex problem or situation

ANSWERS: 96. disabled, 97. poem, 98. emphasis, 99. pathway, 100. entertainment, 101. lovingly, 102. bingo, 103. communicate, 104. tackle

105. a quintet ch___s *n.* a group of singers or speakers who perform together, typically in a musical or dramatic production; the part of a song where a soloist is joined by a group of singers
106. barren of cr____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
107. as___t a patient *v.* to help someone in doing anything
108. the tr__k of the tree *n.* the main stem or body of a tree which its branches grow
109. d__e not go *v.* to have the courage to do something
110. harmful co____nd *n.* an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements
111. in___e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
112. cross-country od____y *n.* a long wandering and eventful journey; a Greek epic poem attributed to Homer, describing the journey of Odysseus after the fall of Troy
113. en____us potential *adj.* extremely large or great
114. syn____ze movements *v.* to happen or cause to happen at the same time or rate
115. sp__k his interest *v.* to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

ANSWERS: 105. chorus, 106. creative, 107. assist, 108. trunk, 109. dare, 110. compound, 111. invite, 112. odyssey, 113. enormous, 114. synchronize, 115. spark

116. f__e away almost completely *v.* to vanish; to fade away; to lose color; to lose freshness
117. t__s a coin *v.* to throw something carelessly with a light motion
118. st____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
119. we__e a story *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
120. un____ng battle *adj.* seeming to have no end
121. hot st__e *n.* a kitchen appliance consisting of a flat top, usually with heating elements, used for cooking food
122. home ho____e *n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
123. cu____te in failure *v.* to reach a peak or climax
124. lose my g__p *n.* the act of holding onto something firmly with your hands, or the ability to do so; (*v.*) to hold fast or firmly
125. an____e his soul *v.* to make something full of interest and energy
126. an____e the body *v.* to make something full of interest and energy

ANSWERS: 116. fade, 117. toss, 118. strength, 119. weave, 120. unending, 121. stove, 122. hospice, 123. culminate, 124. grip, 125. animate, 126. animate

127. tr_____te a document into English *v.* to convert or change words into another language
128. a p__e complexion *adj.* having skin that is very light colored; lacking in vitality or interest or effectiveness
129. in___e the right to remain silent *v.* to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
130. a ch___l royal *n.* a place of worship, especially a non-conformist or dissenting place of worship
131. su_____e beforehand *v.* to think that something is likely to be actual or possible
132. en___e foreign investment *v.* to attract or lure someone with something desirable or tempting
133. re_____ne the future *v.* to imagine or conceive of something in a new or different way
134. st___a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
135. research on co_____ve psychology *adj.* of or relating to mental processes of understanding
136. ho_____e care *n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support

ANSWERS: 127. translate, 128. pale, 129. invoke, 130. chapel, 131. suppose, 132. entice, 133. reimagine, 134. stigma, 135. cognitive, 136. hospice

137. say a gr__e *n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
138. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
139. sh__e up demand *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
140. front f_g lights *n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
141. en_____us amount *adj.* extremely large or great
142. aquatic co_____nd *n.* an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements
143. end of the gr__e period *n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
144. ba_____n ride *n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated

ANSWERS: 137. grace, 138. absolutely, 139. shore, 140. fog, 141. enormous, 142. compound, 143. grace, 144. balloon

145. en___e shoppers *v.* to attract or lure someone with something desirable or tempting
146. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
147. dr___y weather *adj.* dull, gloomy, or lifeless; lacking in brightness or variety; monotonous and uninteresting
148. col_____te with the police *v.* to work with someone else to produce or achieve something
149. su_____e you're right *v.* to think that something is likely to be actual or possible
150. treat this dev_____ng disease *adj.* causing a great deal of destruction or damage
151. a st___e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
152. financial cr___s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
153. a mixed ch___s *n.* a group of singers or speakers who perform together, typically in a musical or dramatic production; the part of a song where a soloist is joined by a group of singers
154. tr_____te the emotion to a movement *v.* to convert or change words into another language
155. ca_____te public sentiment *v.* to attract and hold the attention or interest of

ANSWERS: 145. entice, 146. professional, 147. dreary, 148. collaborate, 149. suppose, 150. devastating, 151. stroke, 152. crisis, 153. chorus, 154. translate, 155. captivate

156. w__p a fish in foil *v.* to cover or enclose something entirely with paper, cloth, or other material
157. in___e life with meaning *v.* to fill something with a particular quality, feeling, or influence; to imbue
158. st__e top *n.* a kitchen appliance consisting of a flat top, usually with heating elements, used for cooking food
159. Al_____er's brain *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
160. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
161. as_____te with people widely *v.* to mentally connect someone or something with someone or something else
162. Doppler sh__t *n.* a slight transition in position, direction, or trend
163. the tr__k of the body *n.* the main stem or body of a tree which its branches grow
164. bu_____t force *adj.* lighthearted and cheerful; tending to float; having a positive attitude or outlook
165. fe___y attitude *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
166. in_____ng scent *adj.* having an attractive or tempting quality that draws people in; encouraging or alluring in a way that makes people want to take part or participate

ANSWERS: 156. wrap, 157. infuse, 158. stove, 159. Alzheimer, 160. suddenly, 161. associate, 162. shift, 163. trunk, 164. buoyant, 165. feisty, 166. inviting

167. have dev_____ng effects *adj.* causing a great deal of destruction or damage
168. ge___e downward slope *adj.* having or showing a kindly or tender nature; soft and mild
169. a st_____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations
170. c__m manner *adj.* not excited, angry, or nervous; free from wind, large waves
171. d__e to take risks *v.* to have the courage to do something
172. health in__x *n.* a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index
173. cultural and ar_____ic activity *adj.* of or relating to art or artist; satisfying aesthetic standards and sensibilities
174. g__p of fear *n.* the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly
175. an ope_____ed discussion *adj.* without any limits or restrictions; allowing for a spontaneous response
176. the qu__t for truth *n.* a long or challenging search for something
177. the country's is_____on *n.* the condition of being alone or lonely; the act or state of separation between persons or groups

ANSWERS: 167. devastating, 168. gentle, 169. straight, 170. calm, 171. dare, 172. index, 173. artistic, 174. grip, 175. open-ended, 176. quest, 177. isolation

178. ex____e the world *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
179. w__p up a meeting *v.* to cover or enclose something entirely with paper, cloth, or other material
180. noted sc____r *n.* professor; a person who studies a topic in considerable depth, particularly in a university
181. ba____n into a severe political problem *n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
182. the un____ng bliss *adj.* seeming to have no end
183. ope____ed agreements *adj.* without any limits or restrictions; allowing for a spontaneous response
184. si____t reading *adj.* without any or little sound
185. in a ge____e voice *adj.* having or showing a kindly or tender nature; soft and mild
186. du____x system *adj.* characterized by two parts or components that are similar or identical; consisting of two attached homes or living spaces
187. a cell phone with an internet fa____ty *n.* a building or place that provides a particular service or is used for a particular industry
188. a dense f_g *n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water

ANSWERS: 178. explore, 179. wrap, 180. scholar, 181. balloon, 182. unending, 183. open-ended, 184. silent, 185. gentle, 186. duplex, 187. facility, 188. fog

189. re___t to desperate measures *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
190. du___x printer *adj.* characterized by two parts or components that are similar or identical; consisting of two attached homes or living spaces
191. carpentry wo_____op *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
192. t__s the bottle into a trash can *v.* to throw something carelessly with a light motion
193. lo___n knot *v.* to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
194. a tr___e mirror *adj.* consisting of three items or people; three times as great or many
195. an ar_____ic photograph *adj.* of or relating to art or artist; satisfying aesthetic standards and sensibilities
196. inc_____ly cheerful character *adv.* in a way that is very difficult to believe; exceedingly or extremely
197. car_____ng responsibilities *n.* the act of providing care and support for someone who is ill, disabled, or elderly
198. give si___t consent *adj.* without any or little sound
199. express fru_____on *n.* the feeling of being upset or annoyed as a result of being unable to change or achieve something

ANSWERS: 189. resort, 190. duplex, 191. workshop, 192. toss, 193. loosen, 194. triple, 195. artistic, 196. incredibly, 197. caregiving, 198. silent, 199. frustration

200. pre-Christian an____t *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
201. we__e on a loom *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
202. dr____y mood *adj.* dull, gloomy, or lifeless; lacking in brightness or variety; monotonous and uninteresting
203. gr__t an idea *v.* to say hello to someone; to express welcome on meeting someone
204. an elegant ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
205. im_____ry number *adj.* existing only in someone's mind
206. a learning-di_____ed child *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
207. ex____d agricultural output *v.* to increase or to make something greater in size, number, or importance
208. dr__d failure *v.* to be very afraid of or worried about something that is going to happen or that might happen
209. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
210. abs_____ly against *adv.* without restriction or limitation; completely or utterly

ANSWERS: 200. ancient, 201. weave, 202. dreary, 203. greet, 204. entertainment, 205. imaginary, 206. disabled, 207. expand, 208. dread, 209. roll, 210. absolutely

211. Al_____er's risk factors *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
212. ta___e the issue *v.* to try to deal with a complex problem or situation
213. lo_____ly prepared *adv.* in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love
214. f__e in importance *v.* to vanish; to fade away; to lose color; to lose freshness
215. LED-em_____ed glass *adj.* fixed firmly into the surface of something
216. technology-or_____ed *adj.* referring to someone or something that is focused or directed toward a particular goal or objective; organized around a specific principle or approach
217. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
218. im_____ry pregnancy *adj.* existing only in someone's mind
219. ca_____te the mind *v.* to attract and hold the attention or interest of
220. is_____on booth *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
221. gr__t a customer *v.* to say hello to someone; to express welcome on meeting someone

ANSWERS: 211. Alzheimer, 212. tackle, 213. lovingly, 214. fade, 215. embedded, 216. oriented, 217. communicate, 218. imaginary, 219. captivate, 220. isolation, 221. greet

222. dr__d getting old *v.* to be very afraid of or worried about something that is going to happen or that might happen
223. tr___c death *adj.* causing great sadness or suffering; very unfortunate
224. ap_____d the orchestra *v.* to express approval of someone or something by clapping the hands
225. corporate pu___t *n.* a doll or figure that is manipulated by strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else
226. co_____ss hours *adj.* too numerous to be counted or very many
227. col_____te on a press release *v.* to work with someone else to produce or achieve something
228. as_____le a jigsaw puzzle *v.* to collect in one place as a single group
229. cellular signaling pa_____ys *n.* a track that constitutes or serves as a path; an approach or a way of doing something
230. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
231. beach dr_____od *n.* wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel
232. dr_____od art *n.* wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel

ANSWERS: 222. dread, 223. tragic, 224. applaud, 225. puppet, 226. countless, 227. collaborate, 228. assemble, 229. pathway, 230. symptom, 231. driftwood, 232. driftwood

233. a hu___e cottage

adj. having or showing a modest or low estimate of one's quality or importance

234. probably have de____ia

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

ANSWERS: 233. humble, 234. dementia

Session 3: Fill in the Blanks

1. The _____ little terrier refused to back down from the larger dog.
adj. full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
2. This typhoon was the most _____ in years.
adj. causing a great deal of destruction or damage
3. The salesperson tried to _____ the customer into buying a new car.
v. to attract or lure someone with something desirable or tempting
4. It would be best if you _____ out all those old magazines.
v. to throw something carelessly with a light motion
5. This device is used to _____ brain cancer and other tumors.
v. to determine or distinguish the nature of a problem or an illness through a careful analysis
6. The politician _____ the name of the founding fathers in his speech.
v. to call upon or request help or support, especially from a higher power; to mention or use something as a reason or justification for actions or decisions
7. Please _____ her with the furniture relocation.
v. to help someone in doing anything
8. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend

ANSWERS: 1. feisty, 2. devastating, 3. entice, 4. tossed, 5. diagnose, 6. invoked, 7. assist, 8. shift

9. The management must _____ strategies to increase office security.
- v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
10. He has a _____ demeanor and always presents himself in a polished manner.
- adj.* having or showing the skill appropriate to a particular job; competent or skillful
11. I made dinner on the _____ using a pot and a pan.
- n.* a kitchen appliance consisting of a flat top, usually with heating elements, used for cooking food
12. The _____ cleared away, and the star-filled sky appeared.
- n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
13. If both countries _____ to nuclear deterrence, the consequence could be mutual destruction.
- n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
14. _____ the bandage tightly around the injured arm.
- v.* to cover or enclose something entirely with paper, cloth, or other material
15. Several cities are experiencing _____ high unemployment rates.
- adv.* in a way that is very difficult to believe; exceedingly or extremely
16. It was the first time in a long time that I felt truly _____ and at peace.
- adj.* not excited, angry, or nervous; free from wind, large waves

ANSWERS: 9. explore, 10. professional, 11. stove, 12. fog, 13. resort, 14. Wrap, 15. incredibly, 16. calm

17. We want to _____ you to our annual charity event.

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

18. This year's extreme heat has resulted in many heat _____ cases.

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

19. She _____ the money from her savings account to her checking account.

v. to move, pass, or change from one person, place, or situation to another

20. She turned _____ when she heard the news.

adj. having skin that is very light colored; lacking in vitality or interest or effectiveness

21. The coach was _____ in his instructions to the players before the big game.

adj. expressing something forcibly and clearly; done or said with emphasis

22. He felt a deep _____ as he realized the project would not be completed on time.

n. the feeling of being upset or annoyed as a result of being unable to change or achieve something

23. The mental health _____ often prevents people from seeking treatment.

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

24. His _____ faculties were getting worse because of a lack of sleep.

adj. of or relating to mental processes of understanding

ANSWERS: 17. invite, 18. stroke, 19. transferred, 20. pale, 21. emphatic, 22. frustration, 23. stigma, 24. cognitive

25. Shakespeare's output of poetry was _____.

adj. extremely large or great

26. The artist held a _____ to teach students how to paint with watercolors.

n. a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

27. She _____ for the days when things were simpler.

v. to strongly desire or long for something

28. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

29. The event will _____ in a grand fireworks display.

v. to reach a peak or climax

30. This company has an entire recycling _____ including major reprocessing plants.

n. a building or place that provides a particular service or is used for a particular industry

31. A great _____ is a fountain forever overflowing with the waters of wisdom and delight.

n. a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

32. Most people who saw the film were dissatisfied with the _____ ending.

adj. without any limits or restrictions; allowing for a spontaneous response

ANSWERS: 25. enormous, 26. workshop, 27. yearned, 28. creative, 29. culminate, 30. facility, 31. poem, 32. open-ended

33. The _____ apartment had two floors and separate entrances for each unit.

adj. characterized by two parts or components that are similar or identical; consisting of two attached homes or living spaces

34. Common salt is a sodium and chlorine _____.

n. an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements

35. The waves are beating against the _____.

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

36. She looked at him _____ and knew he was the one for her.

adv. in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love

37. They have been living near water since _____ times.

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

38. The _____ aroma of freshly baked bread drew me into the bakery.

adj. having an attractive or tempting quality that draws people in; encouraging or alluring in a way that makes people want to take part or participate

39. Creating amazing shows requires constant _____ effort.

adj. seeming to have no end

40. His _____ personality helped lift the spirits of everyone in the room.

adj. lighthearted and cheerful; tending to float; having a positive attitude or outlook

ANSWERS: 33. duplex, 34. compound, 35. shore, 36. lovingly, 37. ancient, 38. inviting, 39. unending, 40. buoyant

41. The spotlight gave the central figure increased _____.
- n.* particular importance or significance that is given to something
42. The toad altered its appearance to better _____ in with its new environments.
- v.* to mix or combine two or more substances
43. She was _____ from an old Italian noble family.
- v.* to move downward and lower; to come from, or to be connected by a relationship of blood
44. _____ the text from Italian into English.
- v.* to convert or change words into another language
45. The company is trying to _____ its business model to stay competitive.
- v.* to imagine or conceive of something in a new or different way
46. The company is very customer-_____ and strives to provide excellent service.
- adj.* referring to someone or something that is focused or directed toward a particular goal or objective; organized around a specific principle or approach
47. Destructive fungi thrive in moist environments, such as those seen in wounds on the _____.
- n.* the main stem or body of a tree which its branches grow
48. The stock market _____ measures the performance of a group of stocks.
- n.* a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index

ANSWERS: 41. emphasis, 42. blend, 43. descended, 44. Translate, 45. reimagine, 46. oriented, 47. trunk, 48. index

49. When the first molecule in the _____ receives a signal, it activates other molecules.
- n.* a track that constitutes or serves as a path; an approach or a way of doing something
50. The _____ team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.
- n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
51. It's important to _____ your strengths and weaknesses.
- v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
52. That incident led to his _____.
- n.* the condition of being alone or lonely; the act or state of separation between persons or groups
53. The satellite _____ slowly ascended into the sky.
- n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
54. The majority of consumers _____ this brand with quality.
- v.* to mentally connect someone or something with someone or something else
55. The old oak tree stood with _____ and majesty in the park's center.
- n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal

ANSWERS: 49. pathway, 50. hospice, 51. recognize, 52. isolation, 53. balloon, 54. associate, 55. grace

56. The bankruptcy of the giant conglomerate _____ turmoil in the stock market.
v. to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity
57. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.
n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
58. His coach is a _____ Olympic champion.
adj. consisting of three items or people; three times as great or many
59. Little children tend to have _____ friends.
adj. existing only in someone's mind
60. The nobler, the more _____.
adj. having or showing a modest or low estimate of one's quality or importance
61. Many people are working together to close the gender _____.
n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
62. She devoted her life to _____ looking after her aging parents.
n. the act of providing care and support for someone who is ill, disabled, or elderly
63. I am _____ opposed to his idea because of morality.
adv. without restriction or limitation; completely or utterly
64. We all _____ to think about what will happen if the company goes bankrupt.
v. to be very afraid of or worried about something that is going to happen or that might happen

ANSWERS: 56. sparked, 57. crisis, 58. triple, 59. imaginary, 60. humble, 61. gap, 62. caregiving, 63. absolutely, 64. dread

65. X-rays revealed a small tumor in his _____.

- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

66. The patient displays a _____ of a side effect.

- n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

67. The _____ jets gradually dominate the world's airlines.

- adj.* enormous; much bigger or more important than similar items usually are

68. The night shift _____ checked my vital signs before administering the medication.

- n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

69. She agreed to _____ with him in creating new artwork.

- v.* to work with someone else to produce or achieve something

70. A large _____ branch provided a perfect perch for the seagull to rest on.

- n.* wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel

71. My father's death _____ my life completely.

- v.* to change in outward structure or looks;

72. Who answers _____ knows little.

- adv.* quickly and unexpectedly

ANSWERS: 65. brain, 66. symptom, 67. giant, 68. nurse, 69. collaborate, 70. driftwood, 71. transformed, 72. suddenly

73. That adventurer traveled in _____ of buried treasure.

n. a long or challenging search for something

74. The _____ of the song was catchy and easily memorized.

n. a group of singers or speakers who perform together, typically in a musical or dramatic production; the part of a song where a soloist is joined by a group of singers

75. He was exhausted and _____ into bed as soon as he got home.

v. to move in a particular direction by turning over and over or from side to side

76. The politician remained _____ despite intense media scrutiny.

adj. without any or little sound

77. I enthusiastically _____ my rival's achievement.

v. to express approval of someone or something by clapping the hands

78. He continued the extraordinary _____ with his brother.

n. a long wandering and eventful journey; a Greek epic poem attributed to Homer, describing the journey of Odysseus after the fall of Troy

79. The government is determined to _____ sharp inflation.

v. to try to deal with a complex problem or situation

80. The politician was merely a _____ for the wealthy elite.

n. a doll or figure that is manipulated by strings, wires, or hands to represent a person or animal; a person who is controlled or manipulated by someone else

81. He had a firm _____ on the rope as he climbed the mountain.

n. the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

ANSWERS: 73. quest, 74. chorus, 75. rolled, 76. silent, 77. applaud, 78. odyssey, 79. tackle, 80. puppet, 81. grip

82. I was so _____ by my phone that I nearly walked into a lamppost.

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

83. The _____ events of the war left many families torn apart.

adj. causing great sadness or suffering; very unfortunate

84. There are _____ methods for dealing with stress.

adj. too numerous to be counted or very many

85. The magician _____ the audience with his illusions.

v. to attract and hold the attention or interest of

86. The _____ chip in my credit card allows me to make contactless payments.

adj. fixed firmly into the surface of something

87. The positive attitude of the supervisor _____ the discussion.

v. to make something full of interest and energy

88. Promising entrepreneurs often have a high _____ sensibility.

adj. of or relating to art or artist; satisfying aesthetic standards and sensibilities

89. They won big at _____ last night, taking home the grand prize.

n. a game of chance in which players match numbers on a card with randomly drawn numbers to be the first to complete a specific pattern or sequence; sudden realization, success, or achievement

90. Her research team made an important _____.

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 82. distracted, 83. tragic, 84. countless, 85. captivated, 86. embedded, 87. animated, 88. artistic, 89. bingo, 90. discovery

91. The hotel is famous for its _____ including the casino.
n. public shows, films, television, or other performances or activities of enjoying people
92. He bated his _____ when talking about this affair.
n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
93. Health and _____ are, above all, gold.
n. the quality or state of being physically, or sometimes mentally, strong
94. My memory will _____ but my heart will live on.
v. to vanish; to fade away; to lose color; to lose freshness
95. He could not _____ against temptation.
v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
96. They hope to _____ their business worldwide.
v. to increase or to make something greater in size, number, or importance
97. The ball speed will increase when the lower body movements are perfectly _____.
v. to happen or cause to happen at the same time or rate
98. The gray, _____ sky reflected the mood of the people who had to endure the rainy weather.
adj. dull, gloomy, or lifeless; lacking in brightness or variety; monotonous and uninteresting

ANSWERS: 91. entertainment, 92. breath, 93. strength, 94. fade, 95. struggle, 96. expand, 97. synchronized, 98. dreary

99. You won't have to pay college tuition if you're a _____.

n. professor; a person who studies a topic in considerable depth, particularly in a university

100. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

101. My grandmother has _____ disease requires special care and attention from her caregivers.

n. a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

102. He _____ his friends with a warm smile and a hug.

v. to say hello to someone; to express welcome on meeting someone

103. Please _____ the screws on the back panel so we can access the inside of the machine.

v. to make something less tight, firm, or fixed; to free from restraint or constraint; to relax

104. Her _____ manner relaxed everyone there.

adj. having or showing a kindly or tender nature; soft and mild

105. The study found that regular exercise can help to prevent the onset of _____ in older age.

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

106. The spacious _____ was a peaceful sanctuary for the couple to exchange their vows.

n. a place of worship, especially a non-conformist or dissenting place of worship

ANSWERS: 99. scholar, 100. suppose, 101. Alzheimer's, 102. greeted, 103. loosen, 104. gentle, 105. dementia, 106. chapel

107. The president began to _____ an army.

v. to collect in one place as a single group

108. Dolphins use sound to _____ with each other.

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

109. The girl _____ a garland for her friend.

v. to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

110. He had _____ the dance in this play himself.

v. to compose a sequence of dance steps, often to music

111. She _____ fresh herbs into the soup for added flavor.

v. to fill something with a particular quality, feeling, or influence; to imbue

112. She was _____ in a car accident.

adj. having a physical or mental condition that limits someone's specific actions that most other people can do

113. The company has made great strides in its _____ toward sustainability.

n. the act or process of changing to the next stage or phase or moving forward

114. The national election was held amid _____ security.

adj. fixed, fastened, or kept together firmly or closely

115. I wouldn't _____ to speak to him like that.

v. to have the courage to do something

ANSWERS: 107. assemble, 108. communicate, 109. weaves, 110. choreographed, 111. infused, 112. disabled, 113. progression, 114. tight, 115. dare

116. He was sick for five _____ days.

adj. extending or moving in one direction without bending or curving; having no deviations

117. The ____ of the city was overwhelming.

n. a loud, confused noise; a loud, persistent racket

ANSWERS: 116. straight, 117. din