# **Englist.me**

## Vocabulary Builder Reference from...

Elizabeth Gilbert: It's OK to feel overwhelmed. Here's what to do next | TED Talk https://www.ted.com/talks/elizabeth\_gilbert\_it\_s\_ok\_t o feel overwhelmed here s what to do next



### **All Words**

#### **IMPORTANT**

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### **Session 1: Word List**

mad

*adj.* insane, especially due to a mental illness; very angry *synonym*: crazy, insane, furious

(1) a **mad** person, (2) gets **mad** easily He was **mad** with joy to see the results.

emotion

- a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
- synonym: feeling, sentiment, passion
- (1) control my **emotion**, (2) afraid to show **emotion**Some **emotions** are common across cultures and backgrounds.

therapy

- n. the act of caring for someone through medication, remedial training, etc.
- *synonym*: antidote, medicine, treatment
- (1) therapy for a patient, (2) field of gene therapyI underwent aversion therapy for my addiction to alcohol.

extraordinary

- adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual
- synonym: exceptional, noteworthy, astonishing
- (1) **extraordinary** ability, (2) **extraordinary** weather He narrated the **extraordinary** story of his adventure.

#### obvious

*adj.* easy to see, discover or understand *synonym*: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious** There are **obvious** differences between the two wine-producing regions.

### astonishing

adj. surprising or shocking; difficult to believesynonym: surprising, shocking, astounding

- (1) **astonishing** achievement, (2) make **astonishing** gains The news of her sudden death was **astonishing** to everyone who knew her.
- v. to make a request or petition to a higher power,especially in the form of a respectful or humble requestsynonym: implore, supplicate, entreat
- (1) **pray** devoutly, (2) **pray** for rain

  She closed her eyes and **prayed** for strength to overcome difficult times.

### magic

 beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a magic spell, (2) she is magic

He performed **magic** tricks with sophisticated moves.

#### subtitle

n. a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language

synonym: caption, heading, inscription

(1) chart **subtitle**, (2) foreign-language **subtitle**Make sure to turn on **subtitles** so you can understand the foreign film.

### creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) creative writing, (2) barren of creative spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

### agenda

a list or outline of things to be done, discussed, or considered

*synonym*: program, schedule, list

(1) agenda setting, (2) ambitious agenda

The **agenda** for the meeting includes discussions on the budget and new project proposals.

### conversation

 an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation** Your **conversation** reflects your thoughts.

### emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) emotional health, (2) emotional distress

Human **emotional** responses vary widely depending on the society to which they belong.

### landscape

an expanse of scenery that can be seen in a single view;
 a large area of land, especially in the country and
 relating to its appearance

synonym: geography, terrain, topography

(1) a peaceful **landscape**, (2) **landscape** painting Recent electoral shocks have shaken the political **landscape** in Europe.

### amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

#### pursue

 to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

synonym: seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms She intends to **pursue** a political career.

### genius

someone who has exceptional intellectual ability and originality

*synonym*: brilliance, brainiac, acumen

a person of **genius**,
 a **genius** for music
 mozart was a musical **genius**.

### reframe

 to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

*synonym*: redefine, restructure, reposition

(1) **reframe** resource allocation, (2) **reframe** problem The therapist tried to **reframe** his negative thoughts.

### delight

n. a feeling of great pleasure or happiness

synonym: pleasure, joy, satisfaction

(1) a tremor of **delight**, (2) with **delight** 

The **delight** on the child's faces when they received the toy was priceless.

### brag

v. to say something in a boastful manner, to impress others, or make oneself feel superior

synonym: boast, swagger, vaunt

(1) **brag** to each other, (2) **brag** about my knowledge Despite his impressive achievements, he refrained from **bragging** about his success.

### jersey

 a knitted garment typically made of wool or cotton, worn as a shirt or pullover synonym: shirt, sweater, top

(1) **jersey** material, (2) fabric of the **jersey** 

I always wear my favorite basketball player's **jersey** to the games.

### virtually

adv. almost completely

synonym: almost, basically, nearly

(1) **virtually** all countries, (2) **virtually** identical **Virtually** all the parties signed the contract.

#### relate

 to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

#### isolation

*n.* the condition of being alone or lonely; the act or state of separation between persons or groups

*synonym*: aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation** That incident led to his **isolation**.

### anxiety

 a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge She waited for her daughter with **anxiety**.

### curiosity

- n. a strong desire to know or learn about somethingsynonym: interest, inquisitiveness, novelty
- (1) boundless **curiosity**, (2) satisfy my intellectual **curiosity** We are motivated by **curiosity** rather than necessity.

### procrastinate

v. to postpone doing what you should do, often because it is unpleasant or boring

synonym: delay, dawdle, hesitate

(1) **procrastinate** about a big challenge, (2) **procrastinate** on my homework

He **procrastinated** the matter until it was almost too late.

### grief

- n. a very great sadness, especially when somebody diessynonym: anguish, desperation, dismay
- (1) have **grief** and sorrow, (2) a lot of **grief** Each person has a unique **grief** experience.

#### buffet

a meal where guests serve themselves from a counter or sideboard

synonym: sideboard, counter, smorgasbord

(1) **buffet** style, (2) have a **buffet** meal

The **buffet** at the hotel had a wide variety of food options.

#### mass

 a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

*synonym*: abundance, crowd, mob

(1) a mass of molten rock, (2) critical mass

The **mass** of people who do not own property is politically impotent.

### absolutely

adv. without restriction or limitation; completely or utterly synonym: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

#### dive

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

synonym: dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff

The sperm whale can **dive** to 1,000 meters.

### straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym: linear, honest, consecutive

(1) a straight line, (2) straight for two months

He was sick for five **straight** days.

#### anxious

adj. worried and nervous

synonym: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast anxious glances behind her.

### sociopath

n. a person who exhibits a disregard for other people's rights, feelings, and safety; someone who lacks empathy or the ability to understand and share the feelings of others; sometimes used interchangeably with the term "psychopath"

synonym: psychopath, antisocial

(1) psychopathic **sociopath**, (2) narcissistic **sociopath** The psychiatrist recognized signs of **sociopathy** in his patient's behavior.

### enlightened

adj. having or showing a rational, modern, and well-informed outlook

*synonym*: educated, informed, aware

(1) **enlightened** age, (2) make an **enlightened** decision. The **enlightened** teacher taught the class about the importance of compassion and empathy.

### encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

*synonym*: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

### mercy

n. compassion or forgiveness shown towards someone whom it is within one's power to punish or harm

synonym: clemency, leniency, compassion

(1) mercy killing, (2) mercy stroke

He begged for **mercy** and pleaded for his life.

### compassion

 a strong feeling of sympathy and sadness for another's suffering or bad luck

synonym: pity, empathy, understanding

(1) feel **compassion** for the poor, (2) have **compassion** toward the accident

His infinite love and **compassion** for everyone never weary.

### frightening

*adj.* causing fear or alarm, or very surprising and alarming *synonym*: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience The news of the pandemic was a **frightening** reminder of the fragility of human health.

### sham

 something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham** The data he prepared was completely **sham**.

### handle

- v. to deal with a situation, problem, or strong emotion synonym: control, manage, deal with
- (1) **handle** a precious object, (2) **handled** the incident We all should learn how to **handle** stress.

### multiply

 to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity synonym: boost, amplify, reproduce

(1) **multiply** 5 and 6, (2) **multiply** about hundredfold **Multiply** a number by itself twice.

### suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) suffer a setback, (2) suffer bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

#### antidote

 a chemical substance or remedy that stops or controls the effects of a poison or disease

synonym: remedy, treatment, restorative

(1) the **antidote** to the poison, (2) the **antidote** for aging Knowledge is the **antidote** to fear.

#### deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym: merit, earn, justify

(1) deserve respect, (2) deserve this prize

The employee **deserved** the promotion for their hard work and dedication.

### paradox

 a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap There are many theories to explain this **paradox**.

### fascinating

adj. extremely interesting

synonym: alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me The museum houses a **fascinating** collection of Celtic artifacts.

### aspect

- n. one part or feature of a situation, problem, subject, etc.synonym: characteristic, element, factor
- (1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

### define

 to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

### hallmark

 a distinctive characteristic or attribute of a person or thing

synonym: symbol, authentication, indication

(1) the **hallmark** of a good scientist, (2) the **hallmark** of modern life

A clear and simple expression is the **hallmark** of good writing.

### slash

v. to cut with a sharp object using a quick and robust movement

*synonym*: cut, gash

(1) slash a person with a knife, (2) price slash

The government had to **slash** national defense spending due to the recession.

#### curse

 a rude or offensive word or an expression that is not polite and shows that you are very angry

synonym: condemnation, cuss, hex

(1) under a curse, (2) few curse words

Many autocratic policies became a **curse** for that country's economy.

### recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement It's important to **recognize** your strengths and weaknesses.

### terrifying

adj. very frightening or intimidatingsynonym: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events Large earthquakes often generate **terrifying** tsunamis.

#### vast

*adj.* enormous in size, number, amount, or quantity *synonym*: expansive, extended, boundless

(1) vast majority, (2) vast desertA vast audience viewed the broadcast.

### imaginary

adj. existing only in someone's mind synonym: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy Little children tend to have **imaginary** friends.

### possibility

- n. a chance that something may happen or be truesynonym: chance, prospect, likelihood
- (1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

### scary

adj. causing fear or fright; frightening; intimidatingsynonym: terrifying, frightening, alarming

(1) scary dream, (2) scary story

The horror movie was so **scary** that I couldn't watch it alone.

#### fiction

 the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true

synonym: fantasy, fable, invention

(1) stuff of science **fiction**, (2) non- **fiction** bestseller Truth is stranger than **fiction**.

stir

 to mix a liquid or substance by using a spoon or something similar; to cause to be agitated, excited, or roused

synonym: mix, swirl, provoke

(1) **stir** a sauce, (2) **stir** up controversy

Topics related to that war may **stir** up a political hornets' nest.

degree

 a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

horrible

adj. extremely unpleasant or bad; causing fear or disgust synonym: dreadful, terrible, awful

(1) horrible accident, (2) horrible smell

The experience was horrible and left a lasting impression.

resourceful

adj. showing creativity and ability to find quick and practical solutions to problems

synonym: inventive, imaginative, clever

(1) **resourceful** thinker, (2) **resourceful** cook in town
She was **resourceful** and found a solution to the problem on her own.

resilient

adj. able to withstand or recover quickly from difficult conditions

*synonym*: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from

#### setbacks.

### adaptation

 the action or process of changing to suit different conditions

*synonym*: adaption, adjustment, transformation

(1) **adaptation** ability, (2) language **adaptation**The company's **adaptation** approach has been highly effective.

### mitigate

v. to make less severe or less intense; to alleviate or lessen the adverse effects of something

synonym: alleviate, relieve, reduce

(1) **mitigate** risk, (2) **mitigate** a natural disaster Efforts to **mitigate** the effects of climate change require a coordinated and sustained effort by governments, businesses, and individuals.

### historic

adj. famous or significant in history, or potentially so synonym: memorable, momentous, historical

(1) **historic** accomplishment, (2) achieve the **historic** feat The Chinese people have accomplished several **historic** feats.

### perspective

a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle His father's death changed his whole **perspective** on life.

#### survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

#### thrive

v. to grow vigorously; to make steady progress synonym: bloom, flourish, prosper

(1) **thrive** in a society, (2) **thrive** on pressure Without investment, a business cannot **thrive**.

### inventory

- n. a complete list of all the items or goods held in stock by a business or organization; the act of making such a list synonym: stock, supplies, goods
- (1) **inventory** control, (2) annual **inventory**The store manager took **inventory** of the products on the shelves to know what needed restocking.

### panic

- a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
- synonym: confusion, hysteria, consternation
- (1) a **panic** reaction, (2) **panic** buying

The participation of oil-producing countries in the war caused **panic** in the financial markets.

#### nervous

- adj. worried and anxious about something; relating to the nerves
- synonym: neural, anxious, uneasy
- (1) development of the **nervous** system, (2) get **nervous** He suffers from **nervous** breakdowns.

### discovery

- the act or process of finding information, a place, or an object, or learning about something that was previously not known
- synonym: finding, uncovering, detection
- (1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important discovery.

### emergency

- a sudden unforeseen crisis usually involving danger that requires immediate action
- synonym: crisis, trouble, difficulty
- (1) emergency action, (2) acute emergency

The president declared a state of **emergency**.

#### heartbreak

- n. a feeling of great sadness or disappointmentsynonym: grief, sorrow, bitterness
- (1) ease her **heartbreak**, (2) go through **heartbreak**They had experienced the **heartbreak** of losing two children due to premature births.

### devastating

adj. causing a great deal of destruction or damagesynonym: destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

#### tower

- a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone
   synonym: building, belfry, edifice
- (1) a bell **tower**, (2) the **tower** on a cliff She is a **tower** of strength for our team in trouble.

#### calm

adj. not excited, angry, or nervous; free from wind, large waves

synonym: quiet, peaceful, tranquility

(1) calm sea, (2) calm manner

It was the first time in a long time that I felt truly **calm** and at peace.

#### intuition

 n. the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why

synonym: instinct, gut feeling, sixth sense

(1) creative **intuition**, (2) **intuition** research Some studies suggest that people's **intuitions** can be influenced by their experiences and biases.

### adapt

v. to make fit for or change to suit a new purpose or environment

*synonym*: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed I advised him to **adapt** to his new surroundings.

#### evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade Eyeless fish **evolved** in dark caves.

### accident

an unfortunate event, especially one causing damage or injury

*synonym*: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident** The **accident** partially destroyed my vehicle.

### suppose

- v. to think that something is likely to be actual or possible synonym: guess, assume, presume
- (1) **suppose** you're right, (2) **suppose** beforehand What do you **suppose** the culprit's motive was?

### damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

### specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym: particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations The scientist conducted a study that provided **specific** details about the species' behavior.

#### touchstone

a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it

synonym: benchmark, standard, criterion

(1) artistic **touchstone**, (2) the **touchstone** of truth The **touchstone** for our company's success has always been our commitment to customer satisfaction.

### inspiration

something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity

synonym: motivation, drive, encouragement

(1) source of inspiration, (2) get inspiration from nature He found **inspiration** in the works of his favorite authors.

#### massive

adj. enormous amount; very heavy and solid synonym: enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in massive layoffs.

hunt

to go after and try to catch wild animals to kill them for food, sport, or profit

synonym: chase, pursuit, quest

- (1) hunt a job, (2) hunt after knowledge Hounds **hunt** their prey by using their keen scent.
- a long walk or journey, especially for pleasure or exercise; an increase in cost

synonym: walk, trek, excursion

(1) go on a hike, (2) a hike in prices

The family decided to **hike** in the mountains to enjoy the beautiful scenery.

hike

#### disastrous

adj. extremely bad, harmful, or unsuccessful synonym: catastrophic, destructive, fatal

(1) have **disastrous** consequences, (2) absolutely **disastrous** effect

The emission of hazardous substances has **disastrous** effects on the ecology of a region.

cliff

 a steep rock face, especially one at the edge of the sea or a river

synonym: crag, escarpment, precipice

(1) a bold cliff, (2) cliff diving

He stood at the edge of the **cliff** and looked out to sea.

flash

a sudden intense burst of radiant energy; a momentary brightness

synonym: sparkle, gleam, glimmer

(1) a **flash** of lightning, (2) brilliant **flash** 

These heavy rains caused **flash** floods on several islands.

flood

n. a large amount of water flowing beyond its normal limits; an overwhelming number or amount

synonym: deluge, downpour, overflow

(1) flood advisory, (2) a flood of questions

These heavy rains caused flash floods on several islands.

mud

n. a soft, wet, sticky earth or clay

synonym: muck, sludge, ooze

(1) mud wall, (2) mud volcano

The **mud** of the swamp made it difficult to walk through the field.

mosquito

 a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria

synonym: insect, bug, flea

(1) mosquito bite, (2) mosquito repellent

A stagnant water area are breeding ground for **mosquitos**.

### moth

- an insect with wings similar to a butterfly that travels at night and is attracted to light
- (1) **moth** larva, (2) **moth** attracted to the light The **moth** is a serious threat to the farm's output.

### harrowing

adj. causing distress or suffering; extremely distressingsynonym: traumatic, torturous, distressing

(1) **harrowing** battle, (2) **harrowing** journey
Her **harrowing** experience in the war had left her with deep emotional scars.

### survival

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym: endurance, continuity

(1) survival ability, (2) survival food

He evaluated his chances for **survival** rather pessimistically.

### radiant

adj. emitting light or heat; shining brightly synonym: shining, glowing, brilliant

(1) radiant smile, (2) radiant light

She looked radiant on her wedding day.

### serenity

 the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness

synonym: calmness, tranquility, peacefulness

(1) fall into serenity, (2) serenity prayer

Meditation and yoga are great ways to achieve **serenity** and peace of mind.

#### trauma

 an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic trauma, (2) trauma care

Many civilians have suffered **trauma** as a result of the war.

### adaptive

adj. capable of adjusting to new situations or changing conditions

*synonym*: flexible, adjustable, pliant

(1) the **adaptive** coloring, (2) **adaptive** technology

The **adaptive** learning system adjusts the difficulty level of the lessons based on the student's performance.

raft

 a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer

synonym: flatboat, boat, barge

(1) a raft for carrying horses, (2) a life raft

The rubber **raft** was swept out to sea.

### jungle

 an area of tropical forest where in which trees and plants grow very thickly

synonym: wilderness, forest

(1) middle of the **jungle**, (2) **jungle** exploration This village is still in a dense **jungle**.

### conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded He became **conscious** that he was being followed.

#### universe

 everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

synonym: cosmos, macrocosm

(1) theory of the **universe**, (2) expansion of the **universe** The **universe** is about 13.8 billion years old.

### replace

v. to take the place of something

synonym: substitute, supersede, displace

(1) replace one word with another, (2) replace a phone

Eventually, the new design will **replace** all older models.

### opposition

the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition** The **opposition** party strongly disagreed with the government's proposed legislation.

#### intuitive

adj. obtained through feelings rather than facts or proof synonym: involuntary, instinctive, innate

(1) intuitive eating, (2) intuitive judgmentI had an intuitive feeling that I might be pregnant.

### locate

v. to specify or determine the exact position of someone or something

synonym: discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor The robot can accurately **locate** construction material.

### stern

*adj.* serious, unyielding, or strict in manner or attitude *synonym*: severe, harsh, strict

(1) stern warning, (2) a stern look

The students' antics did not amuse the **stern** teacher.

#### navel

n. the small depression or scar on the abdomen where the umbilical cord was attached at birth; the center or core of something

synonym: belly button, umbilicus, center

(1) navel string, (2) gaze at my navel

I have a piercing in my **navel**, which I got in college.

#### absolute

adj. perfect or complete or to the most considerable degree possible

*synonym*: complete, infrangible, indisputable

(1) absolute loyalty, (2) an absolute must

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#### Gandhi had an **absolute** zeal for nonviolence.

#### surrender

v. to cease resistance to an enemy or opponent and submit to their authority

synonym: yield, submit, relinquish

(1) **surrender** at discretion, (2) **surrender** an insurance policy

The enemy was forced to **surrender** after a long battle.

### navigation

n. the act of directing a ship or airplane from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority

synonym: sailing, seafaring, pilotage

(1) navigation system, (2) visual navigation

The plane's **navigation** system had problems, which mechanics found.

### indefinitely

 adv. without any fixed or definite limit; for an unknown or unspecified period of time

synonym: endlessly, permanently, perpetually

(1) postpone a meeting **indefinitely**, (2) **indefinitely** suspended

The construction project has been delayed **indefinitely** due to the pandemic.

### spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

*synonym*: otherworldly, ethereal, transcendental

(1) constant spiritual striving, (2) spiritual leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

### meditation

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

synonym: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**The **meditation** instructor guided the group through the relaxation and breathing exercises.

#### inaudible

adj. unable to be heard clearly or loud enough to be heard synonym: unhearable, faint, unheard

(1) inaudible whisper, (2) inaudible sound

The speaker's voice was **inaudible** over the background noise.

#### instant

*adj.* happening immediately, with no delay *synonym*: immediate, urgent, moment

(1) get **instant** access, (2) an **instant** reply His pleasant face turned cold in an **instant**.

#### remarkable

adj. worthy of attention because unusual or specialsynonym: outstanding, exceptional, extraordinary

(1) **remarkable** achievement, (2) the **remarkable** breadth of knowledge

The election was a remarkable success for the Whigs.

### specifically

adv. only associated with or meant for one thing synonym: especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

#### decision

 n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**She was struggling to make a **decision** between two job offers.

### relative

adj. considered and evaluated through comparison with something else

synonym: comparative, proximate, congeneric

(1) a remote relative, (2) relative factors

Most countries prohibit sexual activity between certain close **relatives**.

### percentage

the number, amount, or rate of something, which is usually the amount per hundred

synonym: rate, ratio, portion

(1) the **percentage** of the gold content, (2) a high **percentage** 

What is the **percentage** of the consumption tax in the United States?

### physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit Having a **physically** healthy physique is essential for a great life.

#### disease

 a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) disease prevention, (2) disease control

The doctor diagnosed him with a rare **disease** that had no known cure.

### economical

adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary synonym: frugal, thrifty, parsimonious

(1) **economical** use of her time, (2) an **economical** meal It is more **economical** to wash your plastic bottle and reuse it.

#### uncountable

adj. describing nouns or concepts that cannot be counted or quantified as discrete units or objects, such as feelings, time, or information, often characterized by their abstract or intangible nature, and which are not used with "a" or "an" and cannot be made plural

synonym: infinite, innumerable, unquantifiable

(1) uncountable set, (2) uncountable words

Some abstract concepts, like love and beauty, are considered **uncountable** nouns.

#### circumstance

 the specific conditions or events that surround a particular situation or occurrence

synonym: condition, context, environment

(1) circumstance of birth, (2) circumstance of injury

She explained the **circumstances** surrounding the accident.

### suspect

- v. to consider anything to be actual or probable
- synonym: assume, distrust, surmise
- (1) **suspect** a plot, (2) **suspect** that he is sick

The cops suspected him of being the killer.

#### crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym: destroy, demolish, pulverize

(1) crush coffee beans, (2) crush a revolt

The car was completely **crushed** in the accident.

### alien

 a person who comes from a different country, race, or group; a form of life assumed to exist outside the Earth or its atmosphere

*synonym*: foreigner, unfamiliar, unknown

(1) alien fungi, (2) resident aliens

**Alien** species have drastically altered the ecosystem in this area.

#### crave

 to have a strong desire for something; to long for or want intensely synonym: desire, yearn, long for

(1) **crave** chocolate, (2) **crave** advice from others
She **craves** success and is always pushing herself to do better.

### deliberately

adv. done in an intentional or slow and careful mannersynonym: intentionally, knowingly, willfully

(1) **deliberately** amateurish, (2) commit a crime **deliberately** 

He **deliberately** misleads others.

#### retreat

 n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym: escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

#### weird

adj. extraordinary, unexpected, or difficult to explain synonym: bizarre, creepy, peculiar

a weird dress,
 the state of being weird
 computer has been acting weird recently.

crawl

v. to move forward slowly, as people or animals with their bodies near the ground

synonym: creep, drag

(1) **crawl** across the floor, (2) **crawl** away from a car Along the gravel roads, sizeable yellow school buses **crawl**.

#### boredom

 a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation

synonym: ennui, tedium, monotony

(1) **boredom** relief, (2) chronic **boredom** 

The long lecture on a topic I already knew left me struggling to fight off **boredom**.

#### blame

- v. to think or say that someone or something did something wrong or is responsible for something bad synonym: condemn, rebuke, find fault with
- (1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

### depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

*synonym*: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression** 

**Depression** symptoms might include a decrease in appetite and weight loss.

### presence

 the fact or state that someone or something exists, occurs, or is present

synonym: existence, actuality, fact

(1) the evidence of the **presence**, (2) his majestic **presence**The path to a solid online **presence** necessitates a high technical ability.

#### universal

adj. existing or affecting everywhere or everyonesynonym: common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design The picture earned near- **universal** acclaim from critics.

### resolve

- v. to find a suitable answer to the problems or difficulty synonym: decide, determine, fix
- (1) **resolve** a dispute, (2) **resolve** the computer error This company **resolves** its battery problem completely.

### spinning

n. the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn

synonym: whirling, rotating, spinning wheel

(1) **spinning** machine, (2) **spinning** wheel

She took a **spinning** class at the gym to improve her

cardiovascular fitness.

### terrify

v. to frighten someone very much synonym: unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him It would be best not to **terrify** your associates into doing complex tasks.

pacifier

an object, often a rubber or silicone nipple, designed to be sucked on by a baby to soothe or calm them; a person or thing that helps to calm or soothe others or to prevent conflict

synonym: peacemaker, soother, reconciler

- (1) fall asleep with a **pacifier**, (2) political **pacifier**The baby's **pacifier** helped to soothe her when she was upset.
- v. to pull something or someone forcefully with a sudden movement

synonym: draw, jerk, tug

(1) yank out a tooth, (2) yank at a rope

He tried to **yank** the memories from his brain.

crisis

yank

 a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

*synonym*: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

### no elfica

#### constant

adj. happening repeatedly or all the time synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature **Constant** dropping wears away the stone.

#### zoom

v. to move along very quickly; (noun) the act of rising upward into the air

*synonym*: move quickly, dive, buzz

(1) **zoom** in on a photo, (2) **zoom** lens

He **zoomed** back in time to the soccer game.

### interaction

n. the act of connecting with someone, mainly when working, playing, or spending time with them

synonym: dealings, exchange, relations

- (1) the **interaction** between man and his environment,
- (2) interaction among human beings

The **interaction** of the two groups is good for brainstorming.

### psychology

- n. the scientific study of mind and behavior
- (1) **psychology** experiment, (2) **psychology** of crowd She had a master's degree in **psychology**.

### standpoint

 a particular perspective or position from which something is viewed or considered; a point of view or opinion on a specific matter

synonym: viewpoint, perspective, opinion

(1) standpoint theory, (2) moral standpoint

From a marketing **standpoint**, this product may need to be more effective.

### transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

#### intimate

adj. having a very close friendship, personalsynonym: close, tight, friendly

(1) my **intimate** affairs, (2) **intimate** relationship He has an **intimate** knowledge of American history.

#### invade

 to enter aggressively into another's territory by military force for conquest and occupation

synonym: intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy I have no intention to **invade** your privacy.

### monk

 a member of a religious community of men living under vows of poverty, chastity, and obedience

synonym: friar, cleric, brother

monk lifestyle, (2) cloistered monk
 The ascetic monk spent his days in prayer and contemplation in the monastery.

### glimpse

 a brief or partial view; the act of seeing something or someone for a very short time or only partly

synonym: glance, peek, sighting

a momentary glimpse,
 passing glimpse
 of the world-class technique in this game.

#### resistance

 the act of defending oneself from an aggressor or refusing to accept something

synonym: opposition, antagonism, defiance

(1) **resistance** movement, (2) **resistance** to insulin The bill to increase the consumption tax had passed despite much **resistance** from the public.

### solitary

adj. existing, living, or doing without others synonym: lonely, unsociable, singular

(1) use of **solitary** confinement, (2) a **solitary** traveler He never uttered a **solitary** word.

#### confinement

n. the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited

synonym: captivity, imprisonment, detention

(1) **confinement** cell, (2) house **confinement**The prisoner spent months in solitary **confinement**.

### opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

### whimsical

adj. unusual and not severe in a way that might be funny or annoying; determined by chance or impulse or whim rather than by necessity or reason

synonym: capricious, impulsive, flighty

(1) **whimsical** reasons, (2) a **whimsical** person Much of his painting has a **whimsical** quality.

#### wisdom

- n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisionssynonym: sagacity, discernment, insight
- (1) a fountain of **wisdom**, (2) **wisdom** literature

  The community greatly respected and sought after the older adult's **wisdom**.

### argument

 a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

synonym: debate, discourse, discussion

(1) a blazing **argument**, (2) the **argument** against capital punishment

The **argument** between the two sides over the proposed policy was heated.

### necessarily

adv. in an essential manner; in such a way as could not be otherwise

synonym: inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true This accident was something that happened **necessarily**.

### strategy

a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military strategy, (2) develop a strategy

Our plan includes a comprehensive marketing **strategy**.

### argue

to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

synonym: debate, dispute, quarrel

(1) argue a case, (2) argue passionately

The couple began to **argue** over which restaurant to go to for dinner.

### crusade

a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

synonym: holy war, religious war, expedition

- (1) a **crusade** against smoking, (2) environmental **crusade** During the Crusade period, many European Christians went on a pilgrimage to the Holy Land.
- to make someone or something free of unwanted or unpleasant tasks, objects, or person

synonym: do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products We must **rid** ourselves of pollution.

### instruction

rid

detailed direction, order, etc., on how to do or use something

synonym: education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**They needed further **instruction** to perform their duties efficiently.

### cudgel

a heavy and thick stick or club often used as a weapon;(verb) to strike or beat using a cudgel

synonym: club, stick, bludgeon

(1) the **cudgel** of justice, (2) **cudgel** my brains

He used a large **cudgel** to fend off the attacking bear in the woods.

### bludgeon

v. to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation

synonym: strike, beat, pummel

(1) **bludgeon** a person into agreeing, (2) **bludgeon** to death The attacker used a heavy object to try and **bludgeon** the victim.

#### uncover

v. to remove the cover from something; to discover something previously unseen or hidden

synonym: disclose, reveal, unveil

(1) **uncover** a potential problem, (2) **uncover** the truth He continued his investigation and soon **uncovered** another crime.

#### talent

a natural ability to be good at something; someone who has a natural ability to be good at something

synonym: endowment, aptitude, capability

(1) a person of diverse **talents**, (2) raw **talent**Numerous great professional sports **talents** have come from this city.

#### monetize

v. to earn money from something, such as an asset, business, etc.; to coin into money

synonym: mint, make profit

(1) monetize my skill, (2) monetize nickel

He explored ways to **monetize** his digital content.

hive

 a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people

synonym: apiary, swarm, pack

(1) honeybees in hives, (2) a hive of activity

Bees were buzzing around the hive

gentle

adj. having or showing a kindly or tender nature; soft and mild

synonym: mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope

Her **gentle** manner relaxed everyone there.

stake

 a share or financial investment in something such as a business; a wooden or metal post set up to mark something

*synonym*: share, interest, post

(1) execution by burning at a **stake**, (2) buy the company's **stake** 

The **stake** of the company is too high nowadays.

shave

v. to remove body hair with a razor; to cut the price of something

synonym: trim, cut down, prune

(1) shave my head, (2) shave cheese

That supermarket tried to **shave** certain costs by saving electricity.

possession

- n. the state or fact of owning or having somethingsynonym: ownership, holding, control
- (1) **possession** of the evidence, (2) a territorial **possession** That painting is my **possession**, and I inherited it from my grandmother.

#### intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

#### trail

 a path or track roughly through a countryside, mountain, or forest area, often made or used for a particular purpose; (verb) to lag or linger behind

synonym: footpath, track, course

(1) a warm trail, (2) follow the trail

The storm left a trail of destruction behind it.

#### crumb

 a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something

synonym: fragment, particle, bit

(1) **crumb** of information, (2) bread **crumb** 

My dog found a **crumb** on the floor and quickly ate it.

#### silent

adj. without any or little sound synonym: quiet, hushed, mute

(1) silent reading, (2) give silent consent

The politician remained silent despite intense media scrutiny.

#### obstacle

 a thing that blocks one's way or prevents or hinders progress

*synonym*: hindrance, barrier, block

(1) an **obstacle** to progress, (2) **obstacle** avoidance

The **obstacle** course was challenging but fun.

### calligraphy

 the art of writing letters, especially an elegant or decorative one

synonym: penmanship, handwriting, script

(1) calligraphy art, (2) calligraphy script

The calligraphy on the scroll was intricate and beautiful.

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#### novel

 an extended fictional work in prose; usually in the form of a story; (adjective) original and of a kind not seen before

synonym: fiction, story, (adjective) innovative

(1) historical **novel**, (2) **novel** effect

The **novel** has largely gotten positive feedback.

### paralysis

 a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

synonym: immobility, stiffness, palsy

(1) moral **paralysis**, (2) **paralysis** in the leg Massive demonstrations lead to total **paralysis** of transportation.

### blanket

 a large piece of soft material used to cover or wrap a person or thing to keep them warm; (adjective) broad in scope or content

synonym: cover, coverlet, bedspread

(1) blanket authority, (2) blanket scarf

The electric **blanket** keeps me warm on cold nights.

### adjust

 to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym: adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror You have to **adjust** your content to the age of the audience.

### daring

adj. brave and taking risks

*synonym*: audacious, bold, venturesome

(1) daring escape, (2) make a daring face

Her choices become increasingly daring and creative.

#### monitor

 to observe, check, and track the progress or quality of something over a period of time

synonym: proctor, check, observe

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(1) **monitor** an exam, (2) **monitor** the data carefully They used a special receiver to **monitor** police radio channels.

#### external

adj. belonging to or situated outside of someone or something

*synonym*: outside, exterior, foreign

(1) **external** factors, (2) **external** commerce When a company discloses information to the market, an

external auditor verifies them.

## stimulus

- n. something that causes growth or arouses actionsynonym: incitement, inspiration, motivation
- (1) a response to a **stimulus**, (2) economic **stimulus**This book provides children with ideas and a **stimulus** for outside recreation.

#### disaster

- an unexpected event or series of events that cause widespread damage, destruction, or loss of life
   synonym: catastrophe, calamity, tragedy
- (1) global **disaster**, (2) **disaster** recovery

  The **disaster** response team worked around the clock to aid those affected by the earthquake.

#### environment

 the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**Every human is responsible for taking care of the Earth's **environment**.

## urgency

 the quality of being very important and needing to be dealt with immediately

synonym: importance, importunity, urging

urgency in the use of force, (2) matter of urgency
 She departed hurriedly because of some significant urgency

in their affairs.

#### steward

n. a person responsible for the management and care of another's property or for the supervision of the domestic staff of a large household or organization; a person in charge of arranging for the supply of food to a college, club, etc.

synonym: caretaker, manager, custodian

(1) **steward** duties, (2) **steward** service

The **steward** on the flight was very helpful in assisting passengers with their needs.

#### isolate

v. to physically or socially separate someone or something from other people or things

synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

#### disconnect

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

synonym: unplug, detach, take apart

(1) **disconnect** a plug, (2) **disconnect** the water supply She finally decided to **disconnect** herself from the company.

discipline

 the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

synonym: training, restraint, field

(1) break **discipline**, (2) rigid **discipline**He quickly learned the military **discipline**.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta

#### for dinner.

# outpouring

- a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time
   synonym: outflow, surge, torrent
- (1) artistic **outpouring**, (2) emotional **outpouring**The **outpouring** of support from the community was overwhelming after the tragic event.

# gratitude

- the quality of being thankful; readiness to show appreciation for and to return kindness
- synonym: appreciation, thankfulness, indebtedness
- (1) a debt of **gratitude**, (2) feelings of **gratitude**She expressed her **gratitude** towards the kind stranger who helped her.

# grateful

- adj. feeling or showing an appreciation of kindness; thankful synonym: thankful, appreciative, indebted
- (1) a **grateful** breeze, (2) put a **grateful** expression She was **grateful** for the help he provided.

## instill

- v. to impart, introduce, or cause to be absorbed gradually synonym: implant, ingrain, inculcate
- (1) **instill** confidence, (2) **instill** medication into my eye The teacher attempted to **instill** the importance of hard work in her students.

#### coronavirus

n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

synonym: covid

(1) **coronavirus** antibody test kit, (2) **coronavirus** bankruptcy

Considering the situation of coronavirus, organized stopped

this year's beer festival.

## process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym*: procedure, method, system

(1) **process** improvement, (2) decision-making **process** The **process** for applying for a visa can be lengthy and complicated.

#### honor

 high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

synonym: integrity, virtue, acclaim

(1) womanly honor,(2) honor our ancestorsI claim on my honor that it is true.

## condolence

 sympathy or expression of sympathy offered to someone who has experienced a loss or tragedy; an expression of comfort or consolation

synonym: sympathy, compassion, consolation

express condolences, (2) sincere condolences
 Sending a condolence card is a small gesture that can bring comfort to someone who is grieving.

## inadequate

adj. not sufficient or enough

synonym: insufficient, lacking, lacking enough

(1) an **inadequate** income, (2) **inadequate** funding
The small budget was **inadequate** to cover all the necessary expenses for the project.

# compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym: empathetic, sympathetic, merciful

(1) a compassionate heart, (2) compassionate leave

My father has a serious and **compassionate** personality.

#### translate

- v. to convert or change words into another language synonym: convert, transcribe, render
- (1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

# magnitude

- *n.* the extent, level, importance, or amount of something *synonym*: size, extent, level
- (1) a star of the first **magnitude**, (2) the **magnitude** of the disaster

The **magnitude** of the earthquake was measured at 7.8 on the Richter scale.

# pancreas

n. a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine

synonym: gland, organ, islet

- (1) **pancreas** inflammation, (2) **pancreas** function The endocrine function of the **pancreas** involves the secretion of hormones such as insulin.
- a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
- (1) liver disease, (2) fatty liver

The patient will undergo **liver** transplant surgery tomorrow.

#### cancer

liver

 abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

*synonym*: tumor, carcinoma, malignancy

(1) cancer diagnosis, (2) cancer research

Breast **cancer** is the most common type of cancer in women.

## metaphor

 a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity

*synonym*: conceit, analogy, symbol

(1) metaphor for death, (2) visual metaphor

She expressed her thought in an artful choice of **metaphors**.

## conflict

 a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict** 

He and I often had **conflicts**, not only in personality but also in ideology.

# courage

 the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym: bravery, valor, fearlessness

(1) mental courage, (2) inspire courage

It takes a lot of **courage** to stand up for what you believe is right.

# chaplain

n. a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting

synonym: spiritual leader, minister, priest

(1) college chaplain, (2) military chaplain

The hospital **chaplain** provided emotional support and spiritual guidance to the patients and their families.

# depart

- v. to go away or leave, especially to start a journey synonym: go away, leave, vacate
- (1) arrive and **depart** on time, (2) **depart** from the faith

We **departed** before the temperature fell below zero.

wit

 the ability to say or write things or ideas in a clever and humorous way

synonym: humor, comedy, funniness

(1) the wit of man, (2) full of wit

He has the wit to keep talking about this topic.

# nightmare

- n. a very frightening or unpleasant dream
- synonym: agony, misery, suffering
- (1) have a **nightmare**, (2) **nightmare** situation Life as a waiter was a big **nightmare** for him.

# collapse

v. to fall down or give way suddenly, often after breaking apart

*synonym*: tumble, spill, bankruptcy

(1) the stock market **collapsed**, (2) ready to **collapse**The roof finally **collapsed** after three days and three nights of heavy snowfall.

tide

 the cyclical rise and fall of sea level caused by the moon's gravitational pull

synonym: ripple, surge, swell

(1) **tide** cycle, (2) ride the **tide** of change Red **tide** is often harmful to the local ecosystem.

#### attainment

n. the act of achieving or accomplishing something; the state of having achieved a specific level of skill or ability; a goal that has been reached or accomplished

synonym: achievement, accomplishment, realization

(1) academic **attainment**, (2) personal **attainment**Earning a college degree is a great **attainment** and a major accomplishment.

sob

v. to cry or weep with short, sudden sounds

synonym: cry, weep, wail

(1) **sob** out a story, (2) **sob** quietly

She **sobbed** uncontrollably after hearing the news.

# grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

# physiological

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

synonym: biological, organic, bodily

(1) physiological response, (2) physiological activity

The doctor explained the various **physiological** changes that occur during pregnancy.

#### sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

synonym: maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle

She struggled to **sustain** the children's reading habits.

#### breath

the air that is taken into and expelled from your lungs;
 the process of taking into and expelling air from your lungs

synonym: air, puff, whiff

(1) hold your breath, (2) breath of wind

He bated his **breath** when talking about this affair.

#### rebuild

v. to build again or anew

synonym: reconstruct, renovate, restore

(1) **rebuild** a company, (2) **rebuild** communities

They are planning to **rebuild** the house after the fire.

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#### tremendous

adj. very great in degree or extent or amount or impact; extremely good

synonym: enormous, giant, immense

(1) **tremendous** amount, (2) **tremendous** popularity We had a **tremendous** time yesterday.

## genetic

adj. of or relating to genes (= parts of the DNA in cells) or the science of genes

synonym: hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder Understanding protein folding is a vital step in deciphering the **genetic** code.

## inheritance

 the money, property, etc., that someone gives you when they die; (genetics) attributes acquired via biological heredity from ancestors

*synonym*: legacy, estate, heritage

(1) paternal **inheritance**, (2) **inheritance** tax His vast **inheritance** was equitably divided among the brothers.

## survivor

 a person who remains alive after an event in which others have died

synonym: subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**The shipwreck **survivor** was rescued after floating in the ocean for three days.

## incredibly

 adv. in a way that is very difficult to believe; exceedingly or extremely

synonym: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

# biology

- the scientific study of life and the natural processes of living things
- (1) evolutionary **biology**, (2) cell and molecular **biology** In junior high school, we had to dissect a frog in **biology** class.

#### relax

v. to become or cause someone to become less active or tense and calmer

synonym: soften, comfort, soothe

relax a series of muscles, (2) relax at home
 The rules were relaxed after the new executive arrived.

## reservoir

- n. a natural or artificial lake used to store water for community use; a large or extra supply of something synonym: pool, supply, repertoire
- (1) a **reservoir** of facts, (2) water **reservoir**The machine pumps up crude oil from a deep underground **reservoir**.

# episode

 a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

synonym: event, chapter, seizure

(1) end of the first episode,(2) episode of vertigoI want to put that episode of my life behind me.

# podcast

- a radio program made available in digital format that you can download from the Internet and play on a computer or music player
- football podcast,
   listen to a podcast
   Our podcast was the most downloaded in the technology news genre this year.

# shed

to get rid of something as superfluous or unwanted; to cast off hair, skin, horn, or feathers; (noun) an outbuilding with a single story, mainly used for shelter or

# storage

synonym: discard, drop, cast off

(1) shed an old skin, (2) a cow shed

He **shed** a secret tear when he heard the news of his friend's death.

#### intent

 a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

synonym: purpose, aim, goal

(1) the **intent** of a question, (2) **intent** gaze

The designer's **intent** was to create a minimalist aesthetic for the interior of the building.

# individually

adv. separately or apart from others

synonym: separately, one by one, independently

(1) answer questions **individually**, (2) **individually** designed product

Each department has done its product costing individually.

## pod

 a seed case, especially of a leguminous plant such as a pea or bean; a detachable container of something, especially on an airplane

synonym: capsule, seed case, husk

(1) escape pod, (2) cocoa pod

The **pod** of whales swam gracefully through the water.

## explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

#### crucible

 a vessel made of ceramic, metal, or other materials used for melting or fusing substances at high temperatures; a difficult or trying experience that tests one's character or resilience *synonym*: melting pot, cauldron, furnace

(1) electric **crucible** furnace, (2) fire **crucible**The scientific experiment required the use of a high-temperature **crucible**.

## **hubris**

 excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin

synonym: arrogance, conceit, pride

(1) political hubris, (2) hubris in businessThe athlete's hubris resulted in him underestimating his

competition and losing the game.

# predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym: forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive It's notoriously challenging to **predict** birth rates.

# typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms This artwork is **typical** of her work.

## involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

# **fundamental**

adj. forming an essential base or core from which everything else develops or is affected

synonym: basic, essential, entire

(1) fundamental education, (2) fundamental rights

Human behavior has **fundamental** characteristics.

#### distract

v. to draw someone's attention away from what they are trying to do

*synonym*: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

#### distance

n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

synonym: space, gap, span

(1) driving distance, (2) social distance

The marathon runner covered a long **distance** in a short amount of time.

# quarantine

 a state of isolation imposed on people or animals to prevent the spread of disease

*synonym*: isolation, confinement, restriction

(1) out of **quarantine**, (2) mandatory **quarantine**Due to the outbreak, the government imposed a two-week **quarantine** for all travelers.

#### ashram

 a secluded religious community or retreat center where people practice yoga, meditation, and other spiritual disciplines under the guidance of a teacher or guru

synonym: meditation center, spiritual retreat, monastery

(1) meditation **ashram**, (2) live cloistered away in an **ashram** 

Yoga practitioners often retreat to an **ashram** for intensive meditation and study.

#### resist

v. to refuse to accept something and attempt to prevent it from happening

synonym: fight, defy, revolt

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(1) resist temptation, (2) resist being kissedI chose to resist cancer by trying every possible treatment.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

beck

 a gesture or signal made with the hand or head, especially one indicating someone to approach or follow; a small stream or brook, especially in Northern England or Scotland

synonym: nod, signal, gesture

(1) beck and call, (2) throw a beck

The king summoned his subjects with a wave and a **beck** of his hand.

drill

 a tool or machine used for making round holes or driving fasteners; a training or practice

synonym: exercise, routine, training

(1) the **drill** hit the well, (2) fire **drill** 

Several military **drill** programs have become popular methods of exercise.

tense

adj. unable to relax because of being nervous or worried;stretched tight or rigid

synonym: tight, stretched, strained

(1) **tense** atmosphere, (2) have a **tense** face

This story makes me **tense**.

mystic

adj. having spiritual powers or qualities that are beyond ordinary understanding; (noun) someone who believes in the existence of realities beyond human comprehension

synonym: secret, mystical, supernatural

(1) mystic teaching, (2) medieval mystic

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He is interested in the **mystic** rites of that religion.

#### wordless

adj. lacking words or speech; silent; without verbal expression or explanation

synonym: speechless, silent, mute

(1) wordless indication, (2) wordless wonder

The ending of the movie left the audience in wordless awe.

#### zone

 a specific area, region, or section that is marked off or defined in some way

synonym: area, region, territory

(1) time zone, (2) zone defense

He was reluctant to leave his comfort **zone** and try something new.

#### awareness

the fact or state of knowing something exists and is important

synonym: understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness** There has been a gradual but steady rise in environmental **awareness**.

## apparently

adv. based on what you have heard or read synonym: evidently, obviously, supposedly

(1) **apparently** simple, (2) **apparently** unrelated The police **apparently** believed this explanation was plausible.

lid

- n. a removable or hinged cover for the top of a containersynonym: cover, top, cap
- (1) container lid, (2) the lid of a boxHe opened the lid of the jar to reveal the contents inside.

nap

n. a short sleep, especially during the day

synonym: rest, doze, drowse

(1) take a **nap**, (2) daytime **nap** 

She woke the kids up from their **nap**.

#### sedate

adj. calm, tranquil, and composed, often as a result of being under the influence of a sedative or tranquilizer; unhurried, deliberate, and without excessive movement or activity

synonym: calm, composed, tranquil

(1) **sedate** atmosphere, (2) **sedate** patient

The **sedate** environment of the library was perfect for studying.

## adolescent

 a young person who is in the process of developing from a child into an adult

synonym: teen, preadult, youth

(1) adolescent girl, (2) pre- adolescent children

Timely education about birth control might help reduce **adolescent** pregnancies.

## immediate

adj. happening or done without delay or occurring shortly after something else

synonym: prompt, quick, instantaneous

- (1) take **immediate** effect, (2) the **immediate** past Both forts were subject to **immediate** attacks.
- Both forts were subject to **immediate** attacks.

# bump

v. to hit or knock against something hard, often with a dull sound; to meet with by accident

*synonym*: collide, hit, jolt

(1) **bump** against a wall, (2) **bump** up prices

She accidentally **bumped** into him in the crowded room.

#### substance

 n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

synonym: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem The **substance** of the argument was well-presented.

#### workaholic

 a person who is addicted to work; a person who works excessively

synonym: workhorse, drudge

(1) **workaholic** habits, (2) self-proclaimed **workaholic** The company's founder was a notorious **workaholic** who spent every waking hour building the business.

**futurize** 

v. to bring something in line with modern or future technology, design, or trends; to reimagine or transform something in a way that emphasizes futuristic elements

synonym: modernize, update, advance

(1) **futurize** its curriculum, (2) **futurize** technology

The conference focused on ways to **futurize** agriculture and food production using new technologies.

empathy

 the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients **Empathy** is also necessary to understand history.

overload

- v. to put too much a load in or on something synonym: overfill, excess, weigh down
- (1) **overload** the circulatory system, (2) **overload** a muscle Be careful not to **overload** the laundry machine.

meltdown

 a severe overheating of the core of a nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically

synonym: collapse, disaster, failure

(1) **meltdown** disaster, (2) economic **meltdown**The nuclear **meltdown** in the country was a disaster with far-reaching consequences.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym: distressing

(1) traumatic event, (2) traumatic brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

dip

v. to put something into a liquid for a short time and take it out again

synonym: dunk, dive, plunge

(1) **dip** a pen in ink, (2) **dip** a chip in the sauce

Please **dip** up a bucketful of water from the well.

underlie

v. to be the support, basis, hidden cause of something; to be located under or below

synonym: govern, control, determine

(1) **underlie** the theory of the big bang, (2) **underlie** the current economic deadlock

His bitter experiences **underlie** his moral principles.

virtual

adj. being actually such in almost every respect; existing in essence or effect though not in actual fact

*synonym*: practical

(1) a **virtual** image, (2) trading of **virtual** currencies She is the **virtual** president of the company.

witness

a person who sees something happen, especially a crime or an accident

synonym: onlooker, attestant, bystander

(1) **witness** of the car accident, (2) a material **witness**The manufacturing industry is **witnessing** fierce competition.

inhabit

v. to live in a specific location; to reside

synonym: settle, occupy, populate

(1) inhabit a cave, (2) inhabit the stomach

I have no idea what sort of folks **inhabit** the neighborhood.

#### enormous

adj. extremely large or great synonym: huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential Shakespeare's output of poetry was **enormous**.

# imply

v. to indicate the truth or existence of something without referring to it

synonym: hint, indicate, denote

(1) **imply** a strong correlation, (2) **imply** the presence of alien

The salespeople speak in technical terms to **imply** that they are more knowledgeable than the customer.

# practical

adj. of or connected with actual use or real situation rather than with theory and ideas

synonym: applicable, functional, realistic

(1) **practical** English, (2) gain **practical** experience Her concept is highly **practical** and helpful.

# eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed The corporation **eventually** dominated the entire tobacco business.

#### noble

 adj. having or showing excellent personal qualities or high moral principles that people admire

synonym: dignified, aristocratic, benevolent

(1) a **noble** family, (2) **noble** gas

He is a **noble-minded** man

#### unavoidable

*adj.* impossible to avoid or evade; inevitable *synonym*: inevitable, inescapable, certain

(1) an **unavoidable** accident, (2) under **unavoidable** circumstances

There are now fears that war is unavoidable.

#### adrenal

- adj. relating to two glands situated above the kidneys, called the adrenal gland
- (1) adrenal gland, (2) adrenal cortex

The doctor ordered tests to check the patient's **adrenal** function.

# endorphin

 a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being

synonym: pain reliever, mood elevator

(1) beta- endorphin, (2) endorphin rush

The release of **endorphins** during exercise can provide a natural high and help to relieve stress.

# parasympathetic

- adj. relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and glandular activity, and relaxing the sphincter muscles synonym: relaxing, calming, soothing
- (1) **parasympathetic** nerve inhibitor, (2) **parasympathetic** response

The **parasympathetic** nervous system helps to regulate the body's involuntary functions, such as digestion and relaxation.

#### breakdown

- n. a failure or collapse of a system or organizationsynonym: collapse, failure, malfunction
- (1) a nervous **breakdown**, (2) **breakdown** maintenance The **breakdown** of the machinery caused a delay in production.

#### behalf

- n. represent; advantage, benefit, the interest of someonesynonym: benefit, advantage, favor
- (1) on behalf of our management, (2) on his own behalf

I gave witness on her behalf.

#### shift

- n. a slight transition in position, direction, or trendsynonym: transition, change, modification
- (1) Doppler **shift**, (2) major paradigm **shift** Could you help me **shift** some furniture?

## induce

v. to persuade someone to do something; to cause to act in a specific manner

*synonym*: cause, encourage, persuade

- (1) **induce** a crisis, (2) **induce** him to see a doctor The lack of sleep **induces** both physical and psychological diseases.
- n. the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

synonym: regret, remorse, blame

(1) criminal **guilt**, (2) feeling of **guilt** 

Shame and **guilt** have significant social influences.

## medic

guilt

 a person trained to provide medical care, especially in an emergency

synonym: paramedic, medical professional

(1) medic unit, (2) military medic

The army **medic** arrived on the scene to provide medical assistance.

# sphere

 a round object or geometric shape that is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity

synonym: ball, globe, scope

(1) **sphere** of influence, (2) business **sphere** 

The **sphere** of the earth is divided into several layers including the crust, mantle, and core.

#### sober

adj. not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises

synonym: calm, lucid, temperate

(1) **sober** discussion, (2) as **sober** as a judge He led a **sober** life.

# acknowledge

v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.:

synonym: accept, agree, declare

(1) **acknowledge** the deed, (2) **acknowledge** his help He never **acknowledged** his fault.

# sobriety

 the state of being sober; the state of being serious, thoughtful, or solemn; the state of being moderate or restrained

synonym: somberness, abstemiousness, temperance

(1) long-term **sobriety**, (2) **sobriety** test Police set up **sobriety** checkpoints as a measure to prevent drunk driving accidents.

#### marathon

- n. a long-distance race of 42.195 kilometers synonym: endurance, race, event
- (1) run a **marathon**, (2) watch a **marathon**She successfully completed her first **marathon** with a personal best time.

# **sprint**

v. to run at full speed over a short distance or period of time

synonym: dash, bolt, race

(1) **sprint** for a bus, (2) **sprint** towards the finish line Top athletes can **sprint** 100 meters in less than 10 seconds.

# deluge

 a severe flood; an overwhelming number or amount of something synonym: flood, downpour, surge

(1) get caught in the **deluge**, (2) a **deluge** of fire Recent developments in data analysis techniques have been instrumental in finding insights from the data **deluge**.

## energize

to give energy or vitality to someone or something; to invigorate

synonym: invigorate, animate, electrify

(1) energize the body, (2) energize a team

The motivational speaker **energized** the crowd with their words.

## caution

 great care and attention that you take to avoid danger or mistakes; a warning against certain acts

synonym: carefulness, warming, notice

(1) extreme caution, (2) act with caution

He gave a stern **caution** to the naughty student.

## pace

 the speed at which someone or something moves, or the rate at which something happens or changes

synonym: gait, rate, speed

(1) at your own pace, (2) the runner's pace

The economy is growing at a supercharged **pace**.

## steady

adj. firmly fixed, supported, or balanced; not shaking or moving

synonym: stable, solid, secure

(1) **steady** increase, (2) take a **steady** job

The patient's vital signs are **steady**, indicating a stable condition.

## haul

v. to physically drag or pull someone or something with effort

synonym: drag, pull, tug

(1) haul on a rope, (2) haul truck

They had to **haul** the boat out of the water for repairs.

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## confess

v. to admit to having done something wrong or to reveal something personal or private

synonym: admit, acknowledge, own up

(1) confess sin, (2) confess truth

He **confessed** to his crime and turned himself into the police.

# myth

- an ancient story or set of stories accepted as history, especially explaining the worldview of a people
   synonym: fable, legend, lore
- (1) the **myth** of an old religion, (2) perpetuate a **myth** With the financial bubble bursting, the **myth** of economic growth in investment banking collapsed.

## comfort

 a state of physical ease and freedom from pain or constraint

synonym: ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

## illusion

 a false idea or belief, especially about somebody or about a situation

synonym: delusion, fallacy, magic trick

(1) optical **illusion**, (2) the **illusion** of being in the forest He could no longer tell the difference between **illusion** and reality.

#### awaken

- v. to stop sleeping or to cause someone to stop sleeping synonym: rouse, arouse, revive
- (1) **awaken** at daybreak, (2) **awaken** a child The friend's death **awakens** them.

# constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

#### radical

adj. relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions

synonym: extreme, revolutionary

(1) a **radical** flaw in the plan, (2) a **radical** cure

The government established by the coup was more **radical** 

than before.

# immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately** 

A suspension order from the court is effective **immediately**.

#### norm

- *n.* something that is regarded as usual, typical, or standard *synonym*: criterion, mean, standard
- (1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

## realm

- n. a domain of activity, interest, or knowledgesynonym: domain, empire, kingdom
- (1) public **realm**, (2) beyond the **realm** of possibility

  Her passions are in the **realm** of real-world political affairs.

# privilege

 a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym: benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

## remotely

adv. at a distance; not directly or easily accessiblesynonym: distantly, remotely, slightly

(1) **remotely** operate, (2) control **remotely** 

The company can **remotely** access its employees' computers

for troubleshooting purposes.

## catastrophe

- n. a sudden event that causes extreme ruin and misfortune synonym: disaster, calamity, cataclysm
- (1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

#### unveil

 to reveal or make something publicly known, especially for the first time

*synonym*: reveal, uncover, expose

(1) **unveil** a monument, (2) **unveil** a comprehensive plan The company plans to **unveil** its new product at the trade show next week.

#### accurate

adj. correct and exact in all details

synonym: exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

# appropriate

*adj.* suitable or proper in the circumstances; fitting *synonym*: fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time It would be **appropriate** to dress nicely for the wedding.

## proverb

 a short saying that expresses a truth or gives advice based on practical experience

synonym: adage, saying, maxim

(1) a hackneyed **proverb**, (2) ancient **proverb**The famous **proverb** "actions speak louder than words" reminds us to focus on deeds instead of words.

# grain

 wheat or any other small hard seeds used as a food; a relatively small granular particle of a substance

synonym:

seed, piece, cereal

a grain of sand, (2) flour made from grain
 Ordinary air purifiers cannot adequately remove pollen grains.

## belly

the front part of the body below the chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft

synonym: stomach, abdomen, gut

(1) the **belly** of the ship, (2) with an empty **belly** She had a tattoo just above her **belly** button.

# capitalism

- n. an economic system based on the private ownership of the means of production and their operation for profitsynonym: commercialism
- (1) advance **capitalism**, (2) under the umbrella of **capitalism**

**Capitalism** also guarantees intellectual property rights and thus promotes innovation.

## hoard

v. to collect money, valuables, etc., for future use secretly; (noun) a secret store or collection of money, valuables, etc., for future use

*synonym*: stockpile, accumulation, stash

- hoard my possessions, (2) plutonium hoard
   They hoarded a common secret instead of sharing it.
- a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

*synonym*: bathroom, lavatory, washroom

(1) toilet paper, (2) toilet seat

She walked to the toilet to freshen up before the meeting.

## advertise

v. to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it

toilet

synonym: publicize, announce, promote

(1) **advertise** the campaign, (2) **advertise** on social media. We want to **advertise** our company through your media.

# scarcity

the state of being in short supply; a small and inadequate amount

synonym: lack, absence, dearth

(1) fuel scarcity, (2) scarcity of capital

Some research says that a relative decline in teacher salaries is causing labor **scarcity**.

## surround

- v. to be all around something or somebody synonym: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace On three sides, mountains **surround** the settlement.

## abundance

 a significant amount of something; the situation in which there is too much of something

synonym: plenty, affluence, plentitude

(1) an age of **abundance**, (2) an **abundance** of examples A healthy farm provides an **abundance** of food.

## lifetime

- n. the duration of someone's life or something's existence;synonym: lifespan, duration
- (1) **lifetime** benefits, (2) **lifetime** ban from the sport She had lived through two world wars in her **lifetime**.

#### invitation

 a spoken or written request to participate or be present or take part in something

synonym: request, asking, proposal

(1) a letter of **invitation**, (2) **invitation** of foreign investment I will be very happy to accept your **invitation**.

#### release

- v. to set free or allow to escape from confinement synonym: free, let go, discharge
- (1) release a prisoner, (2) release CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

# stranglehold

 a grip that strangles or suffocates; an excessive grip or control

synonym: grip, tight control, hold

(1) escape their **stranglehold**, (2) information **stranglehold** The monopoly has a **stranglehold** on the market, making it difficult for new businesses to compete.

# immediacy

 the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly

synonym: urgency, importance, promptness

(1) **immediacy** of impact, (2) feel a sense of **immediacy** The **immediacy** of the situation required quick action to be taken to prevent any further damage or harm.

## redistribute

- v. to share something among people in a different way synonym: rearrange, readjust, reconstruct
- redistribute income fairly, (2) redistribute data
   The general redistributed the troops more strategically.

#### unleash

v. to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym: discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger The general was still reluctant to **unleash** his troops in pursuit of an enemy.

# white-knuckled

adj. describing a state of extreme fear, tension, or anxiety derived from the physical reaction of gripping something so tightly, out of fear or stress, that your knuckles turn white; describing a person who is nervous or anxious

synonym: nervous, apprehensive, anxious

(1) white-knuckled ordeal, (2) white-knuckled grip
The turbulent flight was a white-knuckled experience for the

## passengers.

## grip

n. the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

synonym: grasp, clasp, (verb) hold

(1) grip of fear, (2) lose my grip

He had a firm **grip** on the rope as he climbed the mountain.

# destroy

v. to ruin or damage severely or completely; to eradicate or eliminate completely

synonym: demolish, ruin, obliterate

destroy the ecosystem, (2) destroyed evidence
 The building was destroyed in the fire and had to be rebuilt.

# tragic

adj. causing great sadness or suffering; very unfortunate synonym: calamitous, disastrous, catastrophic

(1) tragic love stories, (2) tragic death

The **tragic** events of the war left many families torn apart.

# underlying

adj. significant as a cause or basis of something but not immediately apparent or stated clearly

synonym: fundamental, latent, basic

(1) an **underlying** motive, (2) an **underlying** cause of an accident

The **underlying** principle of every business was identical.

# undergird

- v. to provide support or a foundation for something, often by strengthening or reinforcing a structure or systemsynonym: support, underpin, reinforce
- (1) **undergird** your argument, (2) **undergird** the ship A strong foundation of customer satisfaction **undergirds** the business's success.

# recognition

 the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

synonym: acknowledgement, identification, credit

# (1) recognition award, (2) joint recognition

He was given **recognition** for his outstanding work in the field of medicine.

# highlight

v. to make something prominent, mainly so that people give it more attention

synonym: feature, emphasize, stress

(1) **highlight** a string in red, (2) **highlight** an important difference

The introduction **highlighted** the speaker's distinguished career as a consultant

# unjust

adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

synonym: unfair, inequitable

(1) unjust verdict, (2) unjust accusation

The ruling was considered **unjust** by many people in the community.

#### unfair

adj. not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deceptionsynonym: wrongful, biased, dishonest

(1) **unfair** employment practices, (2) have an **unfair** advantage

In a democracy, it is necessary to monitor the judiciary to see if it is making **unfair** decisions.

#### scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) scared all the time, (2) scared dog

I'm **scared** of insects.

# eruption

 an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something

synonym: explosion, outburst, burst

(1) **eruption** alert level, (2) emotional **eruption** 

The volcanic **eruption** caused widespread destruction and left the area covered in ash.

## confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym: consult, meet, discuss

(1) confer degree, (2) confer honor

The leaders of the two countries met to **confer** on the issue.

## contempt

 the feeling that a person or thing is beneath consideration, worthless, or deserving of scorn

synonym: scorn, disdain, disrespect

(1) display **contempt**, (2) below **contempt** 

The defendant's **contempt** for the court and its authority was evident in his behavior.

# disgust

*n.* a strong feeling of dislike or disapproval

synonym: nauseate, hate, dislike

(1) public **disgust**, (2) show **disgust** at his actions

He was filled with **disgust** and fear for the threat of war.

# government

 the group of people with authority to control a country or state

*synonym*: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

## candid

adj. honest, straightforward, and frank in someone's words or actions

*synonym*: honest, frank, straightforward

(1) candid conversation, (2) in my candid opinion

The **candid** photography captured the genuine emotions of the moment.

#### **overreact**

v. to react more strongly or excessively than is necessary or appropriate

*synonym*: overplay, exaggerate, overstate

(1) **overreact** with anger, (2) **overreact** to the criticism She **overreacted** to the situation and caused unnecessary stress.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) roll a ball, (2) roll down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

sally

 a sudden, impulsive outing or excursion; a witty or clever remark

synonym: sortie, charge, wisecrack

(1) sally of wit, (2) sally port

The protesters made a sudden **sally** into the town square, surprising everyone.

scurry

v. to move hurriedly and with little or no grace, often with sudden changes in direction

synonym: hasten, rush, dart

(1) **scurry** back and forth, (2) **scurry** about aimlessly The squirrels tried to **scurry** up the tree to avoid the dog.

mask

v. to conceal something; (noun) a covering that you wear over your face to hide it

synonym: disguise, camouflage, conceal

(1) mask body odor, (2) an oxygen mask

The politician tried to **mask** the corruption.

glove

 a piece of clothing worn on the hand and wrist for protection against cold, dirt, etc., with separate parts for each finger

*synonym*: mitt

# (1) a right-hand **glove**, (2) 5-finger **glove**She was wearing a black **glove**.

## violation

an action that breaches a law, rule, or agreement; an infringement of rights or duties

synonym: breach, transgression, infraction

(1) violation law, (2) commit a traffic violation

The international community has widely condemned the **violation** of human rights.

## humanitarian

adj. something relating to the promotion of human welfare or someone who works to promote human welfare

synonym: philanthropic, compassionate, caring

(1) **humanitarian** crisis, (2) a truly **humanitarian** act
The organization is dedicated to providing **humanitarian** aid
to disaster-stricken areas worldwide.

## transformation

 a complete change in form, nature, or appearance of someone or something

synonym: change, conversion, renewal

(1) the **transformation** of a tadpole into a frog, (2) cast a **transformation** spell

Understanding unitary **transformations** of a normal matrix require considerable mathematical sophistication.

#### discomfort

 a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain

synonym: affliction, despair, ache

(1) endure **discomfort** and pain, (2) **discomfort** in the abdomen

He felt no **discomfort** as the dentist drilled his deadened tooth.

#### lash

v. to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap

synonym: whip, beat, strike

(1) lash the oxen, (2) lash a rope

The mother **lashed** out at her child for misbehaving in public.

#### rant

v. to talk or complain in a loud, angry, or intense manner, often for an extended period of time, usually about something that one feels strongly about

synonym: jabber, vent, grumble

(1) rant online, (2) rant about the service

I listened to my boss **rant** about the company's latest project for an hour.

## uncomfortable

adj. providing or feeling physical discomfort or slight pain synonym: comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me uncomfortable.

#### narrative

 a story or a description of a series of events or process of telling a story

synonym: the tale, chronology, annals

(1) narrative poetry, (2) personal narrative

The **narrative** handles multiple plot lines and has unpredictable ends.

# displace

v. to force someone or something to leave their home or place of origin, especially as a result of conflict, natural disaster, or manipulation

synonym: evict, exile, remove

(1) **displace** workers, (2) **displace** the explosive power The construction of the new dam will **displace** hundreds of families living downstream.

#### inflame

 to cause very strong feelings such as anger or excitement in a person or a group of people

synonym: agitate, arouse, enrage

(1) inflame skin, (2) inflame his passion

# Her eyes **inflamed** with crying.

## unnecessary

adj. not needed or required; not essential or important synonym: redundant, extra, superfluous

(1) **unnecessary** expense, (2) **unnecessary** hassle

The extra steps in the process were deemed **unnecessary**and removed to streamline production.

## spark

v. to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

synonym: start, inspire, provoke

(1) **spark** his interest, (2) **spark** a chain reaction

The bankruptcy of the giant conglomerate **sparked** turmoil in the stock market.

## societal

adj. relating to society or social relationships

synonym: social, communal, cultural

(1) **societal** norms, (2) **societal** expectations

The **societal** pressure to conform is strong in this community.

# negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number The movie has received almost universally **negative** criticism.

# permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) permit application, (2) work permit

The teacher will not **permit** any students to leave the classroom early.

## unreasonable

adj. not fair, sensible, or likely to be true synonym: unjustified, unfair, excessive (1) **unreasonable** demand, (2) an **unreasonable** amount of money

It would be **unreasonable** for me to expect you to work overtime without any extra compensation.

#### amuse

- v. to entertain or divert the mind; to make someone laugh synonym: entertain, delight, divert
- (1) **amuse** a baby with a rattle, (2) **amuse** guests

  He **amused** himself by playing video games during his free time.

### pandemic

 an outbreak of a disease that affects many people over a very wide area

synonym: outbreak

(1) flu pandemic, (2) global pandemic

They fear a **pandemic** of a new type of virus.

### prediction

 the act of predicting the future by reasoning; a statement made about the future

synonym: forecast, anticipation, foretelling

make my predictions, (2) gloomy predictions
 These results muddled the prediction.

# suspicious

- adj. making you feel that someone has done something wrong, illegal, or dishonest without any evidencesynonym: fishy, questionable, doubtful
- (1) report **suspicious** activity, (2) a person who is **suspicious**

We carefully examine each **suspicious** transaction report we receive.

# alignment

- n. an arrangement in which two or more elements are placed in a straight line or parallel to each othersynonym: conjunction, arrangement, coalition
- (1) **alignment** in an organization, (2) be in **alignment** In the last century, Britain formed a strong **alignment** with

# Egypt.

#### worldview

 a particular philosophy or cognitive orientation of life or conception of the world

synonym: perspective, position, viewpoint

(1) mainstream **worldview**, (2) the **worldview** of the ancient civilization

The war between the two countries was also a battle between competing **worldviews**.

### utopian

adj. ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)

synonym: idealistic, perfectionistic, unrealistic

(1) utopian society, (2) utopian goal

He had a utopian vision of a world without war.

### dystopia

 an imaginary place where everything is extremely bad because of deprivation or oppression or terror, or a work of fiction describing those place

synonym: anti-utopia

(1) a crumbling **dystopia**, (2) the escape from **dystopia**The loss of industry turned working-class neighborhoods into **dystopias**.

# quotation

 a group of words taken from a text or speech and repeated by someone other than the original author or speaker

synonym: excerpt, passage, quote

(1) double **quotation** marks, (2) take a **quotation** He included a **quotation** from the book in his essay.

engineer

 a person whose job is designing, building, or maintaining something such as machines, structures, or software

synonym: architect, creator, builder

(1) a civil **engineer**, (2) **engineer** shortage

The **engineer** will repair my telephone tomorrow morning.

### engagement

- n. a mutual promise to marry someone; an agreement to do something, especially at a particular timesynonym: betrothal, promise, commitment
- (1) a prior **engagement**, (2) break off an **engagement** They selected a gorgeous diamond **engagement** ring.

#### individual

- n. a single person or thing, as distinct from a group synonym: person, being, self
- (1) a private **individual**, (2) **individual** freedom
  As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

### storytelling

- n. the act or art of narrating or writing storiessynonym: narrating, relating, recounting
- (1) **storytelling** performance, (2) courtroom **storytelling** She was skilled in **storytelling** techniques, such as using different voices for other characters.

#### bohemian

 a person who leads an unconventional or non-traditional lifestyle, often characterized by creativity, artistic expression, and a disregard for social or cultural norms or conventions

synonym: free spirit, nonconformist

(1) **bohemian** vibe, (2) **bohemian** fashion

The **bohemian** lifestyle of the artist appealed to her sense of freedom and creativity.

# surrounding

- adj. that is near or around, or closely encircling something synonym: circumferent, encircling, neighboring
- (1) **surrounding** areas, (2) a fence **surrounding** a castle The **surrounding** mountains make the city difficult to be invaded.

#### intellect

n. the ability to think logically and comprehend information, especially at an advanced level

synonym: mind, brightness, cleverness

(1) enrich my **intellect**, (2) human **intellect**Your **intellect** is capable of distinguishing among similar objects.

### poet

n. a person who writes poetrysynonym: versifier, rhymer, writer

(1) a court **poet**, (2) a **poet** of sorts

She is a talented **poet** who has been recognized for her work.

#### adventure

a journey or a series of events that is unusual, exciting, or dangerous

synonym: experience, happening, incident

(1) gastronomic **adventures**, (2) **adventure** film He sailed the Atlantic Ocean multiple times during his **adventures**.

#### admire

 to have regard for or respect for someone's qualities or the actions they have performed

synonym: esteem, respect, marvel

(1) **admire** the subtlety of the distinctions, (2) **admire** kids with attitude

We all **admire** him because he is a nobleman.

#### creature

n. a living being, especially an animal

synonym: being, animal, organism

(1) creature of habit, (2) artificial creature

The deep sea **creature** was unlike anything the scientists had ever seen before.

#### ancient

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

synonym: archaic, age-old, obsolete

(1) pre-Christian ancient, (2) ancient stories

They have been living near water since ancient times.

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### expedition

- n. a journey or voyage for a specific purposesynonym: journey, trip, voyage
- (1) **expedition** team, (2) a polar **expedition**

The **expedition** to the Amazon jungle was both exciting and challenging.

### humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym: buzzing, droning, vibrating

(1) humming sound, (2) humming bird

The **humming** of the bees filled the air as she walked through the garden.

#### **Martian**

adj. of or relating to Mars or its imaginary inhabitants

(1) Martian geography, (2) Martian surface

There is very little water in the **Martian** atmosphere.

#### totalitarian

- adj. of or relating to a system of government in which a single political party has complete control and power synonym: dictatorial, authoritarian, oppressive
- (1) **totalitarian** ideology, (2) **totalitarian** state

  The government was criticized for having a **totalitarian** regime.

### presume

v. to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance

synonym: assume, suppose, guess

(1) **presume** innocence, (2) **presume** on his tolerance I **presume** you've already made plans for the weekend since you didn't respond to my invitation.

complaint

 a statement that expresses dissatisfaction or annoyance about something

synonym: grievance, objection, accusation

(1) complaint department, (2) complaint about

price-gouging

She filed a **complaint** with the manager about the poor service.

#### seminar

a group meeting or class for discussion, teaching, or training on a particular subject

synonym: workshop, conference, symposium

(1) business seminar, (2) academic seminar I'm attending a leadership **seminar** next week.

# appreciative

adj. expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment

synonym: grateful, thankful, pleased

(1) appreciative audience, (2) appreciative nod The teacher was appreciative of the student's dedication and hard work.

### socioeconomic

adj. relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class

synonym: social, economic, financial

(1) socioeconomic status, (2) socioeconomic issues The **socioeconomic** conditions of a country can significantly affect its political stability.

#### concrete

adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

synonym: actual, factual, hardened

- (1) a concrete noun, (2) concrete examples The president asked for a more **concrete** plan.
- to seek the affection or favor of someone; to court or pursue someone romantically or with flattery

synonym: court, pursue, charm

#### WOO

(1) **woo** consumers, (2) **woo** voters with promises He tried to **woo** her with his charm and wit.

airy

adj. having a light, delicate, or ethereal quality; spacious and well-ventilated; lacking in substance or depth

synonym: fluffy, breezy, ethereal

(1) airy fairy, (2) airy dress

The room felt **airy** and spacious with its high ceilings and large windows.

software

 a set of computer programs and associated documentation and data for doing particular computational jobs

synonym: program, system, operating system

(1) **software** architect, (2) copyrighted **software**The company specializes in both hardware and **software**.

distress

- n. a feeling of great worry, sadness, pain, or discomfort synonym: discomfort, despair, misery
- (1) a signal of **distress**, (2) emotional **distress**She has been in great **distress** since she was heartbroken.

divorce

- n. the legal dissolution of a marriagesynonym: separation, dissolution, breakup
- (1) **divorce** settlement, (2) a consensual **divorce**The couple decided to get a **divorce** after many years of marriage.

tactic

a method or strategy used to achieve a particular goal or objective

synonym: strategy, approach, method

(1) an imprudent **tactic**, (2) alternative **tactic**The coach implemented a new **tactic** to win the game.

romantic

adj. of or relating to love or a sexual relationship synonym: idealistic, unrealistic, amatory

(1) **romantic** movies, (2) **romantic** breakup It was his first **romantic** love.

### infinite

adj. unlimited or very great; impossible to measure synonym: boundless, countless, limitless

(1) infinite appetite, (2) infinite in supplyThe battle had an infinite impact on the nation.

#### merciful

 adj. having or showing compassion, kindness, or forgiveness towards those who may be deserving of punishment or harm; characterized by leniency or clemency

synonym: compassionate, kind, lenient

(1) **merciful** gesture, (2) **merciful** punishment The **merciful** judge decided to give the defendant a lighter sentence.

### dialogue

- n. a conversation in a book, play, or filmsynonym: conversation, discussion, talk
- (1) Platonic **dialogues**, (2) the form of a **dialogue**He recorded the **dialogue** at the time of the incident.

#### combination

a collection of things that have been combined; an assemblage of separate parts or qualities

*synonym*: blend, hybrid, compounding

(1) genic **combinations**, (2) **combination** number The **combination** to the safe was a secret.

#### phrase

n. a group of words that mean something specific when used together

synonym: expression, idiom, term

ready-made phrases, (2) noun phrase
 We bought a Spanish phrase book.

#### nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere** I've been thinking all day and getting **nowhere**.

### palette

 a thin board or tablet used by artists to mix and apply paint; a range of colors or shades used in a particular work of art

synonym: board, plate, color chart

(1) palette knife, (2) palette art

The artist selected colors from her **palette** to paint a beautiful landscape.

### neurological

adj. of or relating to the science of neurology or the nervous system

synonym: nervous, neural, brain-related

(1) fever with **neurological** signs, (2) **neurological** symptoms

The patient was diagnosed with a **neurological** disorder affecting their motor skills.

#### settle

- v. to reach an agreement of disagreement synonym: inhabit, occupy, decide
- (1) **settle** a dispute, (2) **settle** down in the town I don't want to **settle** for second best.

# inappropriate

adj. not suitable or proper for a particular occasion, purpose, or person

synonym: improper, unsuitable, unacceptable

(1) **inappropriate** behavior, (2) **inappropriate** language It was highly **inappropriate** to make jokes during a serious business meeting.

### spot

- a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
   synonym: dot, mark, place
- beauty spot, (2) a spot on his honor
   This remote spot is rarely visited.

#### nurse

 a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse** 

The night shift **nurse** checked my vital signs before administering the medication.

#### volunteer

 a person who performs or offers to perform a job or service without being paid for or forced to do

synonym: unpaid worker, draftee, enlistee

(1) seek volunteers, (2) my volunteer work

The teachers make full use of **volunteer** assistance.

#### infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

#### ethical

adj. of or relating to principles about what is right and wrong, or the branch of knowledge dealing with these

synonym: honorable, moral, virtuous

(1) an **ethical** doctrine, (2) shoulder **ethical** responsibility. The president must have the highest **ethical** standards.

#### grand

adj. important and large in size, scope, or extent

synonym: impressive, great, ambitious

(1) a grand meal, (2) grand bargain

This year's **grand** gathering will be held in Canada.

#### scheme

 an organized and often large-scale plan or arrangement for doing something

synonym: strategy, blueprint, plan

(1) a pilot scheme, (2) draw out a scheme

They carefully executed the well-planned **scheme** they had prepared over the years.

#### beloved

adj. loved very much

synonym: adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people I am here to save my **beloved**.

#### unsolicited

adj. given or sent without being requested or asked for; not invited or desired

synonym: uninvited, unrequested, unsought

(1) **unsolicited** email, (2) **unsolicited** proposal The company received **unsolicited** feedback from a customer about their product.

### journal

a newspaper or magazine specialized in a specific topic or profession

synonym: periodical, diary, bulletin

(1) scientific journal, (2) journal articles

The physician is reading the journals related to medicine

#### assume

 to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

*synonym*: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

# phenomenal

adj. extremely good or impressive; outstanding

synonym: extraordinary, remarkable, impressive

(1) phenomenal success, (2) phenomenal growth

The athlete's **phenomenal** performance broke all previous records.

#### articulate

v. to express oneself clearly and effectively in spoken or written language

synonym: express, state, utter

(1) **articulate** his position, (2) eloquently **articulate**She was able to **articulate** her argument in the debate clearly.

#### **luxurious**

adj. characterized by or affording something excessively expensive; rich and comfortable

synonym: opulent, sumptuous, rich

(1) luxurious spa, (2) luxurious lifestyle

She was living in a **luxurious** apartment in the city.

### horrify

v. to shock or disgust greatly

synonym: shock, dismay, terrify

(1) horrify audience, (2) horrify victims

The series of terrorist attacks **horrify** the entire nation.

### proposal

- n. a formal suggestion or offer, sometimes a written onesynonym: offer, suggestion, proposition
- an innovative **proposal**, (2) details of his **proposal** our skeleton outline of the **proposal** met with much opposition.

#### lockdown

- an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
- (1) go on lockdown, (2) lockdown area

The country's prime minister has decided to implement a nationwide **lockdown** measure.

# economy

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

*synonym*: finance, trade, business

(1) economy of scale, (2) economy class

The **economy** of the country is struggling due to the recent

political instability.

tune

 a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

*synonym*: melody, harmony, (verb) adjust

(1) the tune of a song, (2) tune a piano

The band played a beautiful tune on their instruments.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym: start, initiate, begin

- (1) **launch** a spaceship into orbit, (2) **launch** a big attack The company is set to **launch** its new product line next month.
- the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

synonym: edge, advice, gratuity

- the tip of a paintbrush, (2) give the waiter a tip.
   will introduce some tips on learning English in this class.
- a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building

synonym: turn, bow, arc

(1) the **arch** of a person's foot, (2) an **arch-shaped** stone structure

The **arch** bears the weight of the overhead bridge.

weep

- v. to cry tears because of sadness, rage, or pain synonym: cry, sob, mourn
- (1) weep bitter tears, (2) weep for joyI'm easily moved to tears, so I would weep in sympathy if I

tip

arch

saw that movie.

### unbelievable

- adj. beyond belief or understanding and extremely surprising synonym: unimaginable, incredible, fantastical
- (1) **unbelievable** beauty, (2) cause **unbelievable** damage He drinks an **unbelievable** amount of beer.

#### talented

- adj. having a natural ability or aptitude for something;showing exceptional skill or ability in a particular areasynonym: gifted, able, skilled
- (1) a very **talented** actor, (2) **talented** athlete She is a **talented** musician, able to play several instruments.

#### beatbox

n. a style of vocal percussion or vocal mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and voice

synonym: mouth drum, lip-smack percussion

(1) beatbox rhythm, (2) beatbox battle

His **beatbox** performance at the concert was mind-blowing.

# sage

 a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb

synonym: philosopher, scholar, thinker

(1) a **sage** of long ago, (2) a **sage** counselor He was famous for his **sage** advice to younger entrepreneurs.

sonic

adj. connected with the nature of sound, sound waves, or the speed

synonym: audio, auditory

(1) at **sonic** speed, (2) **sonic** wave

That company has introduced a new aircraft that can minimize the generation of a **sonic** boom.

# delicious

adj. exceptionally pleasing to taste or smell synonym: appetizing, mouthwatering, delectable
(1) delicious breeze, (2) variety of delicious foods
We could grill the meat in a delicious way.

# **Session 2: Spelling**

- 1. the dr\_\_I hit the well
- 2. ha\_\_\_e a precious object
- 3. ho\_\_\_\_le smell
- 4. me y killing
- 5. paternal inh\_\_\_\_ce
- 6. a pilot sc\_\_\_e
- 7. am\_\_e guests
- 8. pe t application
- 9. self-proclaimed wor\_\_\_\_ic
- 10. su e you're right
- 11. cor\_\_\_\_us antibody test kit

- a tool or machine used for making round holes or driving fasteners; a training or practice
- to deal with a situation, problem, or strong emotion
- adj. extremely unpleasant or bad; causing fear or disgust
- n. compassion or forgiveness shown towards someone whom it is within one's power to punish or harm
- n. the money, property, etc., that someone gives you when they die; (genetics) attributes acquired via biological heredity from ancestors
- an organized and often large-scale plan or arrangement for doing something
- v. to entertain or divert the mind; to make someone laugh
- v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
- n. a person who is addicted to work; a person who works excessively
- v. to think that something is likely to be actual or possible
- n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

ANSWERS: 1. drill, 2. handle, 3. horrible, 4. mercy, 5. inheritance, 6. scheme, 7. amuse, 8. permit, 9. workaholic, 10. suppose, 11. coronavirus

12. w p for joy to cry tears because of sadness, rage, ν. or pain 13. rigid dis\_\_\_\_ne the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence 14. get inc\_\_\_\_ly insecure adv. in a way that is very difficult to believe; exceedingly or extremely 15. electric cr\_\_\_le furnace a vessel made of ceramic, metal, or n. other materials used for melting or fusing substances at high temperatures; a difficult or trying experience that tests one's character or resilience 16. in\_\_\_\_ve eating adj. obtained through feelings rather than facts or proof 17. sc\_\_y dream adj. causing fear or fright; frightening; intimidating adv. without any fixed or definite limit; for an 18. postpone a meeting ind ely unknown or unspecified period of time 19. an\_\_\_s about his health adj. worried and nervous a member of the clergy or religious 20. military ch in n. community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting

ANSWERS: 12. weep, 13. discipline, 14. incredibly, 15. crucible, 16. intuitive, 17. scary, 18. indefinitely, 19. anxious, 20. chaplain

21.	pre-Christian ant	adj.	relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
22.	French pax	n.	a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
23.	treus amount	adj.	very great in degree or extent or amount or impact; extremely good
24.	pral English	adj.	of or connected with actual use or real situation rather than with theory and ideas
25.	throw a bk	n.	a gesture or signal made with the hand or head, especially one indicating someone to approach or follow; a small stream or brook, especially in Northern England or Scotland
26.	trc love stories	adj.	causing great sadness or suffering; very unfortunate
27.	taed athlete	adj.	having a natural ability or aptitude for something; showing exceptional skill or ability in a particular area
28.	prt when she will arrive	<i>v</i> .	to state beforehand that something will happen in the future, mainly based on knowledge or experience
29.	cad conversation	adj.	honest, straightforward, and frank in someone's words or actions
30.	a hackneyed prb	n.	a short saying that expresses a truth or gives advice based on practical experience

ANSWERS: 21. ancient, 22. paradox, 23. tremendous, 24. practical, 25. beck, 26. tragic, 27. talented, 28. predict, 29. candid, 30. proverb

31.	container I_d	n.	of a container
32.	an undng motive	adj.	significant as a cause or basis of something but not immediately apparent or stated clearly
33.	calhy art	n.	the art of writing letters, especially an elegant or decorative one
34.	exal factors	adj.	belonging to or situated outside of someone or something
35.	house connt	n.	the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
36.	awss of my ignorance	n.	the fact or state of knowing something exists and is important
37.	asts of social, political, and economic life	n.	one part or feature of a situation, problem, subject, etc.
38.	global paic	n.	an outbreak of a disease that affects many people over a very wide area
39.	as sor as a judge	adj.	not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises
40.	imcy of impact	n.	the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly
41.	personal nave	n.	a story or a description of a series of events or process of telling a story

ANSWERS: 31. lid, 32. underlying, 33. calligraphy, 34. external, 35. confinement, 36. awareness, 37. aspect, 38. pandemic, 39. sober, 40. immediacy, 41. narrative

42. business sp e a round object or geometric shape that n. is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity an area of tropical forest where in which 43. middle of the ju e n. trees and plants grow very thickly 44. phe\_\_\_\_al success adj. extremely good or impressive; outstanding 45. br h of wind the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs to go after and try to catch wild animals 46. h t after knowledge to kill them for food, sport, or profit 47. di\_\_\_\_ct public opinion to draw someone's attention away from ν. what they are trying to do 48. ready-made ph\_\_\_es a group of words that mean something n. specific when used together 49. a no\_\_e family adj. having or showing excellent personal qualities or high moral principles that people admire 50. hu s in business excessive pride, arrogance, or n. overconfidence, often leading to someone's downfall or ruin the ability to think logically and 51. enrich my in\_\_\_\_ct comprehend information, especially at an advanced level 52. di\_\_\_e settlement the legal dissolution of a marriage n.

ANSWERS: 42. sphere, 43. jungle, 44. phenomenal, 45. breath, 46. hunt, 47. distract, 48. phrase, 49. noble, 50. hubris, 51. intellect, 52. divorce, 53. delight

n.

a feeling of great pleasure or happiness

53. a tremor of de t

54. a gr d meal adj. important and large in size, scope, or extent 55. d papen in ink to put something into a liquid for a short time and take it out again 56. na\_\_\_\_ve poetry a story or a description of a series of n. events or process of telling a story the act or process of making up 57. a selfish de\_\_\_\_on n. someone's mind about something; a choice or judgment reached after considering options 58. so\_\_\_\_ty test the state of being sober; the state of being serious, thoughtful, or solemn; the state of being moderate or restrained 59. app\_\_\_\_ly simple adv. based on what you have heard or read 60. the t e of a song a musical composition or set of musical n. notes that are played or sung; (verb) to adjust or set something to a specific condition or standard 61. uns\_\_\_\_ed email adj. given or sent without being requested or asked for; not invited or desired 62. constant sp\_\_\_\_al striving adj. relating to or affecting the human spirit or soul as opposed to material or physical things 63. gr e at the sad news to feel or show great sadness or sorrow, especially for someone who has died the duration of someone's life or 64. li me ban from the sport something's existence;

ANSWERS: 54. grand, 55. dip, 56. narrative, 57. decision, 58. sobriety, 59. apparently, 60. tune, 61. unsolicited, 62. spiritual, 63. grieve, 64. lifetime, 65. sprint

ν.

or period of time

to run at full speed over a short distance

65. sp t towards the finish line

ANSWERS: 66. incredibly, 67. procrastinate, 68. acknowledge, 69. norm, 70. stimulus, 71. socioeconomic, 72. imply, 73. dystopia, 74. creative, 75. possibility

n.

or be true

a chance that something may happen

75. pos\_\_\_\_\_ty for growth

represent; advantage, benefit, the 76. on be f of our management n. interest of someone adj. calm, tranquil, and composed, often as 77. se e atmosphere a result of being under the influence of a sedative or tranquilizer; unhurried, deliberate, and without excessive movement or activity to put too much a load in or on 78. ov\_\_\_\_ad the circulatory system something 79. na\_\_l string the small depression or scar on the n. abdomen where the umbilical cord was attached at birth; the center or core of something to send or propel something into the air 80. la h a spaceship into orbit ν. or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time the action or process of changing to suit 81. ada on ability different conditions 82. ex al commerce adj. belonging to or situated outside of someone or something 83. ov\_\_\_\_ad a muscle to put too much a load in or on ν. something 84. sp\_\_\_ng machine the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn 85. be x rhythm a style of vocal percussion or vocal n. mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and voice

ANSWERS: 76. behalf, 77. sedate, 78. overload, 79. navel, 80. launch, 81. adaptation, 82. external, 83. overload, 84. spinning, 85. beatbox

86.	appive nod	adj.	expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment
87.	the traion of a tadpole into a frog	n.	a complete change in form, nature, or appearance of someone or something
88.	cause an acnt	n.	an unfortunate event, especially one causing damage or injury
89.	meet with oppon	n.	the act of disagreeing or resisting; the state of strong disagreement
90.	cont about price-gouging	n.	a statement that expresses dissatisfaction or annoyance about something
91.	absly against	adv.	without restriction or limitation; completely or utterly
92.	suce abuse problem	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
93.	a lot of grf	n.	a very great sadness, especially when somebody dies
94.	adt a schedule	ν.	to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
95.	scy about aimlessly	ν.	to move hurriedly and with little or no grace, often with sudden changes in direction

ANSWERS: 86. appreciative, 87. transformation, 88. accident, 89. opposition, 90. complaint, 91. absolutely, 92. substance, 93. grief, 94. adjust, 95. scurry

96. rex a series of muscles	v.	to become or cause someone to become less active or tense and calmer
97. uncle set	adj.	describing nouns or concepts that cannot be counted or quantified as discrete units or objects, such as feelings, time, or information, often characterized by their abstract or intangible nature, and which are not used with "a" or "an" and cannot be made plural
98. cous of having succeeded	adj.	being aware of and able to respond to what is happening around you
99. comate leave	adj.	feeling or showing sympathy and concern for the suffering or bad luck of others
100. inI medication into my eye	v.	to impart, introduce, or cause to be absorbed gradually
101. with det	n.	a feeling of great pleasure or happiness
102. crh a revolt	v.	to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
103. see down in the town	<i>v</i> .	to reach an agreement of disagreement
104. the great diry of the century	n.	the act or process of finding information, a place, or an object, or learning about something that was previously not known
105. sore architect	n.	a set of computer programs and associated documentation and data for doing particular computational jobs

ANSWERS: 96. relax, 97. uncountable, 98. conscious, 99. compassionate, 100. instill, 101. delight, 102. crush, 103. settle, 104. discovery, 105. software

106. follow his insons	n.	detailed direction, order, etc., on how to do or use something
107. noun phe	n.	a group of words that mean something specific when used together
108. evely become obsolete	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on
109. a signal of diss	n.	a feeling of great worry, sadness, pain, or discomfort
110. whal reasons	adj.	unusual and not severe in a way that might be funny or annoying; determined by chance or impulse or whim rather than by necessity or reason
111. in a gee voice	adj.	having or showing a kindly or tender nature; soft and mild
112. the form of a diue	n.	a conversation in a book, play, or film
113. break disne	n.	the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
114. artistic toune	n.	a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it
115. the mh of an old religion	n.	an ancient story or set of stories accepted as history, especially explaining the worldview of a people

ANSWERS: 106. instruction, 107. phrase, 108. eventually, 109. distress, 110. whimsical, 111. gentle, 112. dialogue, 113. discipline, 114. touchstone, 115. myth

116. unrd the ship	ν.	to provide support or a foundation for something, often by strengthening or reinforcing a structure or system
117. an int reply	adj.	happening immediately, with no delay
118. ree the computer error	ν.	to find a suitable answer to the problems or difficulty
119. lape painting	n.	an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance
120. college chin	n.	a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
121. a fence surng a castle	adj.	that is near or around, or closely encircling something
122. a bold clf	n.	a steep rock face, especially one at the edge of the sea or a river
123. sue beforehand	v.	to think that something is likely to be actual or possible
124. scd all the time	adj.	afraid or frightened
125. the imte past	adj.	happening or done without delay or occurring shortly after something else
126. b_k and call	n.	a gesture or signal made with the hand or head, especially one indicating someone to approach or follow; a small stream or brook, especially in Northern England or Scotland

ANSWERS: 116. undergird, 117. instant, 118. resolve, 119. landscape, 120. chaplain, 121. surrounding, 122. cliff, 123. suppose, 124. scared, 125. immediate, 126. beck

127. obs reasons	adj.	easy to see, discover or understand
128. recon award	n.	the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
129. suer an insurance policy	<i>v</i> .	to cease resistance to an enemy or opponent and submit to their authority
130. eloquently artte	<i>v</i> .	to express oneself clearly and effectively in spoken or written language
131. navon system	n.	the act of directing a ship or airplane from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority
132. a very taed actor	adj.	having a natural ability or aptitude for something; showing exceptional skill or ability in a particular area
133. not necly a problem	adv.	in an essential manner; in such a way as could not be otherwise
134. a neve number	adj.	having the quality of something bad or harmful; expressing refusal
135. ree a message	ν.	to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
136. blon to death	v.	to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation

ANSWERS: 127. obvious, 128. recognition, 129. surrender, 130. articulate, 131. navigation, 132. talented, 133. necessarily, 134. negative, 135. relate, 136. bludgeon

137. moto repellent	n.	a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria
138. moral stant	n.	a particular perspective or position from which something is viewed or considered; a point of view or opinion on a specific matter
139. awn a child	<i>v</i> .	to stop sleeping or to cause someone to stop sleeping
140. phycal activity	adj.	relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
141. alnt in an organization	n.	an arrangement in which two or more elements are placed in a straight line or parallel to each other
142. int gaze	n.	a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
143. luus spa	adj.	characterized by or affording something excessively expensive; rich and comfortable
144. appive audience	adj.	expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment

ANSWERS: 137. mosquito, 138. standpoint, 139. awaken, 140. physiological, 141. alignment, 142. intent, 143. luxurious, 144. appreciative

145. a single suor	n.	a person who remains alive after an event in which others have died
146. inaate language	adj.	not suitable or proper for a particular occasion, purpose, or person
147. political hus	n.	excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin
148. ret temptation	<i>v</i> .	to refuse to accept something and attempt to prevent it from happening
149. cause unbble damage	adj.	beyond belief or understanding and extremely surprising
150. ine his passion	v.	to cause very strong feelings such as anger or excitement in a person or a group of people
151. soal norms	adj.	relating to society or social relationships
152. deus breeze	adj.	exceptionally pleasing to taste or smell
153. pue a goal	ν.	to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
154. a ges for music	n.	someone who has exceptional intellectual ability and originality
155. full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
156. artistic outng	n.	a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time

ANSWERS: 145. survivor, 146. inappropriate, 147. hubris, 148. resist, 149. unbelievable, 150. inflame, 151. societal, 152. delicious, 153. pursue, 154. genius, 155. empathy, 156. outpouring

- 157. in\_\_\_\_e heat
- 158. psy\_\_\_\_gy of crowd
- 159. ext\_\_\_\_ary weather
- 160. at your own pe
- 161. in\_\_\_\_le sound
- 162. pr\_\_\_t the future
- 163. sc\_\_\_d dog
- 164. put a gr\_\_\_ul expression
- 165. ec\_\_\_\_y class

- 166. a r\_t for carrying horses
- 167. a s m battle

- adj. (especially of a feeling) very strong; extremely sharp or severe
- n. the scientific study of mind and behavior
- adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual
- the speed at which someone or something moves, or the rate at which something happens or changes
- adj. unable to be heard clearly or loud enough to be heard
- to state beforehand that something will happen in the future, mainly based on knowledge or experience
- adj. afraid or frightened
- adj. feeling or showing an appreciation of kindness; thankful
- n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
- a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
- n. something that is not as good or true as
  it seems to be and is intended to
  deceive people; a person who pretends
  to be something they are not

ANSWERS: 157. intense, 158. psychology, 159. extraordinary, 160. pace, 161. inaudible, 162. predict, 163. scared, 164. grateful, 165. economy, 166. raft, 167. sham

168. display copt	n.	the feeling that a person or thing is beneath consideration, worthless, or deserving of scorn
169. have an unr advantage	adj.	not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception
170. sual ability	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
171. w_o voters with promises	<i>v</i> .	to seek the affection or favor of someone; to court or pursue someone romantically or with flattery
172. a ms of molten rock	n.	a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
173. on his own bef	n.	represent; advantage, benefit, the interest of someone
174. have a but meal	n.	a meal where guests serve themselves from a counter or sideboard
175. water reir	n.	a natural or artificial lake used to store water for community use; a large or extra supply of something
176. pre-adont children	n.	a young person who is in the process of developing from a child into an adult
177. feelings of grde	n.	the quality of being thankful; readiness to show appreciation for and to return kindness

ANSWERS: 168. contempt, 169. unfair, 170. survival, 171. woo, 172. mass, 173. behalf, 174. buffet, 175. reservoir, 176. adolescent, 177. gratitude

178. deyed evidence	<i>v</i> .	to ruin or damage severely or completely; to eradicate or eliminate completely
179. hiht an important difference	<i>v</i> .	to make something prominent, mainly so that people give it more attention
180. cot level	n.	a state of physical ease and freedom from pain or constraint
181. amg advances	adj.	extremely surprising, especially in a way that you like or admire
182. Man geography	adj.	of or relating to Mars or its imaginary inhabitants
183. an unrble amount of money	adj.	not fair, sensible, or likely to be true
184. treat this devng disease	adj.	causing a great deal of destruction or damage
185. epe of vertigo	n.	a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
186. trte the emotion to a movement	ν.	to convert or change words into another language
187. roic breakup	adj.	of or relating to love or a sexual relationship
188. a truly humian act	adj.	something relating to the promotion of human welfare or someone who works to promote human welfare
189. rent population	adj.	able to withstand or recover quickly from difficult conditions

ANSWERS: 178. destroy, 179. highlight, 180. comfort, 181. amazing, 182. Martian, 183. unreasonable, 184. devastating, 185. episode, 186. translate, 187. romantic, 188. humanitarian, 189. resilient

190.	а	st_	n	look
190.	а	st_	n	look

- adj. serious, unyielding, or strict in manner or attitude
- a thin board or tablet used by artists to mix and apply paint; a range of colors or shades used in a particular work of art
- n. a healthcare professional who is trained to provide care for the sick or injured;
   (verb) to try to cure by special care or treatment of an illness or injury
- a formal suggestion or offer, sometimes a written one
- n. the state of being sober; the state of being serious, thoughtful, or solemn; the state of being moderate or restrained
- n. a person who sees something happen, especially a crime or an accident
- n. a person who exhibits a disregard for other people's rights, feelings, and safety; someone who lacks empathy or the ability to understand and share the feelings of others; sometimes used interchangeably with the term "psychopath"
- *n.* a removable or hinged cover for the top of a container
- v. to provide support or a foundation for something, often by strengthening or reinforcing a structure or system
- v. to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap

ANSWERS: 190. stern, 191. palette, 192. nurse, 193. proposal, 194. sobriety, 195. witness, 196. sociopath, 197. lid, 198. undergird, 199. lash

200. show dit at his actions	n.	a strong feeling of dislike or disapproval
201. crl across the floor	<i>v</i> .	to move forward slowly, as people or animals with their bodies near the ground
202. loe a tumor	v.	to specify or determine the exact position of someone or something
203. std service	n.	a person responsible for the management and care of another's property or for the supervision of the domestic staff of a large household or organization; a person in charge of arranging for the supply of food to a college, club, etc.
204. a prior engnt	n.	a mutual promise to marry someone; an agreement to do something, especially at a particular time
205. bread crb	n.	a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something
206. a whal person	adj.	unusual and not severe in a way that might be funny or annoying; determined by chance or impulse or whim rather than by necessity or reason
207. non-fin bestseller	n.	the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true
208. critical ms	n.	a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

ANSWERS: 200. disgust, 201. crawl, 202. locate, 203. steward, 204. engagement, 205. crumb, 206. whimsical, 207. fiction, 208. mass

209. paas inflammation	n.	a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine
210. cont department	n.	a statement that expresses dissatisfaction or annoyance about something
211. pue freedoms	ν.	to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
212. a polar expon	n.	a journey or voyage for a specific purpose
213. cor honor	ν.	to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
214. stoing performance	n.	the act or art of narrating or writing stories
215. imry number	adj.	existing only in someone's mind
216. lown area	n.	an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
217. chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
218. the inton between man and his environment	n.	the act of connecting with someone, mainly when working, playing, or spending time with them

ANSWERS: 209. pancreas, 210. complaint, 211. pursue, 212. expedition, 213. confer, 214. storytelling, 215. imaginary, 216. lockdown, 217. environment, 218. interaction

219. inton among human beings	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
220. mandatory quane	n.	a state of isolation imposed on people or animals to prevent the spread of disease
221. wp bitter tears	<i>v</i> .	to cry tears because of sadness, rage, or pain
222. woss wonder	adj.	lacking words or speech; silent; without verbal expression or explanation
223. scty of capital	n.	the state of being in short supply; a small and inadequate amount
224. brilliant flh	n.	a sudden intense burst of radiant energy; a momentary brightness
225. say port	n.	a sudden, impulsive outing or excursion; a witty or clever remark
226. but style	n.	a meal where guests serve themselves from a counter or sideboard
227. inve judgment	adj.	obtained through feelings rather than facts or proof
228. avoid climate cathe	n.	a sudden event that causes extreme ruin and misfortune
229. eron alert level	n.	an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something
230. tot seat	n.	a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

ANSWERS: 219. interaction, 220. quarantine, 221. weep, 222. wordless, 223. scarcity, 224. flash, 225. sally, 226. buffet, 227. intuitive, 228. catastrophe, 229. eruption, 230. toilet

- 231. as\_\_\_e a lousy attitude to his boss
- 232. re\_\_\_t deeper into their territory
- 233. in\_\_\_\_ry control
- 234. fuel sc ty
- 235. am\_\_e a baby with a rattle
- 236. re\_\_\_\_ve factors
- 237. abs\_\_\_\_ly obsessed with the girl
- 238. matter of ur\_\_\_y
- 239. a de e of fire
- 240. t e a piano
- 241. time z e

- v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
- n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
- a complete list of all the items or goods held in stock by a business or organization; the act of making such a list
- n. the state of being in short supply; a small and inadequate amount
- v. to entertain or divert the mind; to make someone laugh
- adj. considered and evaluated through comparison with something else
- adv. without restriction or limitation; completely or utterly
- *n*. the quality of being very important and needing to be dealt with immediately
- n. a severe flood; an overwhelming number or amount of something
- a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
- a specific area, region, or section that is marked off or defined in some way

ANSWERS: 231. assume, 232. retreat, 233. inventory, 234. scarcity, 235. amuse, 236. relative, 237. absolutely, 238. urgency, 239. deluge, 240. tune, 241. zone

242. loe a missing pet	ν.	to specify or determine the exact position of someone or something
243. advance capsm	n.	an economic system based on the private ownership of the means of production and their operation for profit
244. joI articles	n.	a newspaper or magazine specialized in a specific topic or profession
245. human inct	n.	the ability to think logically and comprehend information, especially at an advanced level
246. use of sory confinement	adj.	existing, living, or doing without others
247. a conly innovative enterprise	adv.	all the time
248. unt accusation	adj.	not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
249. emotional diss	n.	a feeling of great worry, sadness, pain, or discomfort
250. 5-finger gle	n.	a piece of clothing worn on the hand and wrist for protection against cold, dirt, etc., with separate parts for each finger
251. the adve coloring	adj.	capable of adjusting to new situations o changing conditions
252. gaze at my nal	n.	the small depression or scar on the abdomen where the umbilical cord was attached at birth; the center or core of something
253. control my emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood or relationships with others

ANSWERS: 242. locate, 243. capitalism, 244. journal, 245. intellect, 246. solitary, 247. constantly, 248. unjust, 249. distress, 250. glove, 251. adaptive, 252. navel, 253. emotion

254. tric brain injury	adj.	relating to or caused by injury, especially emotional injury
255. red a company	<i>v</i> .	to build again or anew
256. development of the nes system	adj.	worried and anxious about something; relating to the nerves
257. give sit consent	adj.	without any or little sound
258. wis of the car accident	n.	a person who sees something happen, especially a crime or an accident
259. dier recovery	n.	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
260. the ante to the poison	n.	a chemical substance or remedy that stops or controls the effects of a poison or disease
261. moze my skill	v.	to earn money from something, such as an asset, business, etc.; to coin into money
262. tric event	adj.	relating to or caused by injury, especially emotional injury
263. the t_p of a paintbrush	n.	the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
264. vily identical	adv.	almost completely
265. car research	n.	abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 254. traumatic, 255. rebuild, 256. nervous, 257. silent, 258. witness, 259. disaster, 260. antidote, 261. monetize, 262. traumatic, 263. tip, 264. virtually, 265. cancer

266. ride the te of change	n.	the cyclical rise and fall of sea level caused by the moon's gravitational pull
267. indlly designed product	adv.	separately or apart from others
268. sue a plane crash	<i>v</i> .	to live or exist despite a dangerous event or period
269. ree a story	<i>v</i> .	to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
270. mk lifestyle	n.	a member of a religious community of men living under vows of poverty, chastity, and obedience
271. emal distress	adj.	relating to people's feelings
272. adt fully to the environment	<i>v</i> .	to make fit for or change to suit a new purpose or environment
273. come out of noe	adv.	not in, at, or to any place; not anywhere
274. a territorial poson	n.	the state or fact of owning or having something
275. sual food	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
276. emcy action	n.	a sudden unforeseen crisis usually involving danger that requires immediate action
277. unr a potential problem	<i>v</i> .	to remove the cover from something; to discover something previously unseen or hidden

ANSWERS: 266. tide, 267. individually, 268. survive, 269. relate, 270. monk, 271. emotional, 272. adapt, 273. nowhere, 274. possession, 275. survival, 276. emergency, 277. uncover

278. boan fashion	n.	a person who leads an unconventional or non-traditional lifestyle, often characterized by creativity, artistic expression, and a disregard for social or cultural norms or conventions
279. ret being kissed	v.	to refuse to accept something and attempt to prevent it from happening
280. disct a plug	ν.	to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
281. totian ideology	adj.	of or relating to a system of government in which a single political party has complete control and power
282. thy for a patient	n.	the act of caring for someone through medication, remedial training, etc.
283. enin rush	n.	a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being
284. an age of abce	n.	a significant amount of something; the situation in which there is too much of something
285. a m_d person	adj.	insane, especially due to a mental illness; very angry
286. Platonic diues	n.	a conversation in a book, play, or film
287. public rem	n.	a domain of activity, interest, or knowledge
288. a raI flaw in the plan	adj.	relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions

ANSWERS: 278. bohemian, 279. resist, 280. disconnect, 281. totalitarian, 282. therapy, 283. endorphin, 284. abundance, 285. mad, 286. dialogue, 287. realm, 288. radical

289.	the remle breadth of knowledge	adj.	worthy of attention because unusual or special
290.	cre chocolate	<i>v</i> .	to have a strong desire for something; to long for or want intensely
291.	posty of a major earthquake	n.	a chance that something may happen or be true
292.	inon research	n.	the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why
293.	adI cortex	adj.	relating to two glands situated above the kidneys, called the adrenal gland
294.	cm manner	adj.	not excited, angry, or nervous; free from wind, large waves
295.	annual inry	n.	a complete list of all the items or goods held in stock by a business or organization; the act of making such a list
296.	she cheese	<i>v</i> .	to remove body hair with a razor; to cut the price of something
297.	dag escape	adj.	brave and taking risks
298.	have comon toward the accident	n.	a strong feeling of sympathy and sadness for another's suffering or bad luck
299.	det from the faith	<i>v</i> .	to go away or leave, especially to start a journey
300.	unnry expense	adj.	not needed or required; not essential or important

ANSWERS: 289. remarkable, 290. crave, 291. possibility, 292. intuition, 293. adrenal, 294. calm, 295. inventory, 296. shave, 297. daring, 298. compassion, 299. depart, 300. unnecessary

301.	sund a town	<i>v</i> .	to be all around something or somebody
302.	an etI doctrine	adj.	of or relating to principles about what is right and wrong, or the branch of knowledge dealing with these
303.	proate on my homework	<i>v</i> .	to postpone doing what you should do, often because it is unpleasant or boring
304.	cote examples	adj.	existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
305.	few cue words	n.	a rude or offensive word or an expression that is not polite and shows that you are very angry
306.	a wed dress	adj.	extraordinary, unexpected, or difficult to explain
307.	take imte effect	adj.	happening or done without delay or occurring shortly after something else
308.	nontechnical asts of the job	n.	one part or feature of a situation, problem, subject, etc.
309.	report susus activity	adj.	making you feel that someone has done something wrong, illegal, or dishonest without any evidence
310.	scientific joI	n.	a newspaper or magazine specialized in a specific topic or profession
311.	a stht line	adj.	extending or moving in one direction without bending or curving; having no deviations
312.	inte appetite	adj.	unlimited or very great; impossible to measure

ANSWERS: 301. surround, 302. ethical, 303. procrastinate, 304. concrete, 305. curse, 306. weird, 307. immediate, 308. aspect, 309. suspicious, 310. journal, 311. straight, 312. infinite

313. sl_h a person with a knife	<i>v</i> .	to cut with a sharp object using a quick and robust movement
314. write him an answer immly	adv.	now or without delay
315. chart sule	n.	a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language
316. int other animal species	<i>v</i> .	to affect a person, an animal, or a plant with a disease-causing organism
317. a he of activity	n.	a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people
318. acute emcy	n.	a sudden unforeseen crisis usually involving danger that requires immediate action
319. the state of being wed	adj.	extraordinary, unexpected, or difficult to explain
320. sue a blizzard	<i>v</i> .	to live or exist despite a dangerous event or period
321. provide acte information	adj.	correct and exact in all details
322. ury in the use of force	n.	the quality of being very important and needing to be dealt with immediately
323. humian crisis	adj.	something relating to the promotion of human welfare or someone who works to promote human welfare

ANSWERS: 313. slash, 314. immediately, 315. subtitle, 316. infect, 317. hive, 318. emergency, 319. weird, 320. survive, 321. accurate, 322. urgency, 323. humanitarian

- 324. m d wall
- 325. cr I away from a car
- 326. turn out to be all s\_m
- 327. hold your br\_\_\_h
- 328. ho\_\_\_\_le accident
- 329. ind\_\_\_\_\_ely suspended
- 330. sp\_\_\_ng wheel
- 331. gr\_\_\_e for loss
- 332. re x at home
- 333. me y stroke
- 334. gov\_\_\_\_nt funding

- *n.* a soft, wet, sticky earth or clay
- v. to move forward slowly, as people or animals with their bodies near the ground
- n. something that is not as good or true as
  it seems to be and is intended to
  deceive people; a person who pretends
  to be something they are not
- the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
- adj. extremely unpleasant or bad; causing fear or disgust
- adv. without any fixed or definite limit; for an unknown or unspecified period of time
- n. the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn
- v. to feel or show great sadness or sorrow, especially for someone who has died
- v. to become or cause someone to become less active or tense and calmer
- n. compassion or forgiveness shown towards someone whom it is within one's power to punish or harm
- n. the group of people with authority to control a country or state

ANSWERS: 324. mud, 325. crawl, 326. sham, 327. breath, 328. horrible, 329. indefinitely, 330. spinning, 331. grieve, 332. relax, 333. mercy, 334. government

335. a debt of grde	n.	the quality of being thankful; readiness to show appreciation for and to return kindness
336. prs improvement	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
337. exe in anger	ν.	to burst or break open violently and noisily; to cause something to burst or break open
338. cirnce of birth	n.	the specific conditions or events that surround a particular situation or occurrence
339. fever with neucal signs	adj.	of or relating to the science of neurology or the nervous system
340. de off a cliff	v.	to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
341. cell and molecular biy	n.	the scientific study of life and the natural processes of living things
342. principles of unal design	adj.	existing or affecting everywhere or everyone
343. a court pt	n.	a person who writes poetry
344. cor degree	ν.	to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

ANSWERS: 335. gratitude, 336. process, 337. explode, 338. circumstance, 339. neurological, 340. dive, 341. biology, 342. universal, 343. poet, 344. confer

- 345. barren of cr\_\_\_\_ve spirit
- 346. cu\_\_\_I my brains
- 347. ado\_\_\_\_nt girl
- 348. lu us lifestyle
- 349. evolutionary bi\_\_\_\_y
- 350. take a st\_\_\_y job
- 351. co\_\_\_s sin
- 352. de\_\_\_e a word
- 353. en\_\_\_us potential
- 354. a volunteer nu e
- 355. criminal gu t

- adj. relating to or involving the use of skill and original and unusual ideas to create something
- a heavy and thick stick or club often used as a weapon; (verb) to strike or beat using a cudgel
- a young person who is in the process of developing from a child into an adult
- adj. characterized by or affording something excessively expensive; rich and comfortable
- the scientific study of life and the natural processes of living things
- adj. firmly fixed, supported, or balanced; not shaking or moving
- to admit to having done something wrong or to reveal something personal or private
- v. to state or explain precisely the nature, scope, or meaning of something
- adj. extremely large or great
- a healthcare professional who is trained to provide care for the sick or injured;
   (verb) to try to cure by special care or treatment of an illness or injury
- the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

ANSWERS: 345. creative, 346. cudgel, 347. adolescent, 348. luxurious, 349. biology, 350. steady, 351. confess, 352. define, 353. enormous, 354. nurse, 355. guilt

a happening or story that is distinctive in 356. end of the first ep e n. a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness to mix a liquid or substance by using a 357. s ra sauce ν. spoon or something similar; to cause to be agitated, excited, or roused 358. in\_\_\_t a computer with a virus to affect a person, an animal, or a plant with a disease-causing organism 359. the wo\_\_\_\_ew of the ancient a particular philosophy or cognitive n. orientation of life or conception of the civilization world adj. of or relating to genes (= parts of the 360. have ge c testing DNA in cells) or the science of genes 361. ra\_\_\_\_t smile adj. emitting light or heat; shining brightly 362. an imprudent ta\_\_\_c a method or strategy used to achieve a n. particular goal or objective to express differing opinions or points of 363. ar e a case view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others 364. mi te a natural disaster to make less severe or less intense; to alleviate or lessen the adverse effects of something 365. meditation as\_\_\_m a secluded religious community or n. retreat center where people practice yoga, meditation, and other spiritual disciplines under the guidance of a teacher or guru

ANSWERS: 356. episode, 357. stir, 358. infect, 359. worldview, 360. genetic, 361. radiant, 362. tactic, 363. argue, 364. mitigate, 365. ashram

366. di\_\_\_ct attention from the real ν. to draw someone's attention away from what they are trying to do issue 367. su\_\_\_n a wellness lifestyle to supply enough of what somebody or ν. something needs to survive or exist; to accept as valid 368. the country's is\_\_\_\_on the condition of being alone or lonely; n. the act or state of separation between persons or groups 369. have a ni\_\_\_\_re a very frightening or unpleasant dream n. 370. daytime n p a short sleep, especially during the day n. 371. red\_\_\_\_ute data to share something among people in a ν. different way adj. connected with the nature of sound, 372. so c wave sound waves, or the speed 373. in e a crisis to persuade someone to do something; ν. to cause to act in a specific manner 374. mi te risk to make less severe or less intense; to ν. alleviate or lessen the adverse effects of something adv. at a distance; not directly or easily 375. control re\_\_\_\_ly accessible 376. b\_p up prices to hit or knock against something hard, often with a dull sound; to meet with by accident a large amount of water flowing beyond 377. fl d advisory its normal limits; an overwhelming

ANSWERS: 366. distract, 367. sustain, 368. isolation, 369. nightmare, 370. nap, 371. redistribute, 372. sonic, 373. induce, 374. mitigate, 375. remotely, 376. bump, 377. flood

number or amount

378. de\_\_\_\_e this prize to be worthy of or entitled to something, ν. especially something good or valuable 379. je\_\_\_y material a knitted garment typically made of wool n. or cotton, worn as a shirt or pullover 380. st\_\_\_\_d duties a person responsible for the n. management and care of another's property or for the supervision of the domestic staff of a large household or organization; a person in charge of arranging for the supply of food to a college, club, etc. 381. a p t of sorts a person who writes poetry n. 382. me\_\_\_\_wn disaster a severe overheating of the core of a n. nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically 383. the per\_\_\_\_ge of the gold content the number, amount, or rate of n. something, which is usually the amount per hundred 384. make an enl\_\_\_\_ed decision adj. having or showing a rational, modern, and well-informed outlook 385. ad e the subtlety of the to have regard for or respect for someone's qualities or the actions they distinctions have performed 386. bl\_\_\_\_t scarf a large piece of soft material used to cover or wrap a person or thing to keep

ANSWERS: 378. deserve, 379. jersey, 380. steward, 381. poet, 382. meltdown, 383. percentage, 384. enlightened, 385. admire, 386. blanket

or content

them warm; (adjective) broad in scope

387. py devoutly	v.	to make a request or petition to a higher power, especially in the form of a respectful or humble request
388. woric habits	n.	a person who is addicted to work; a person who works excessively
389. below copt	n.	the feeling that a person or thing is beneath consideration, worthless, or deserving of scorn
390. the made of the disaster	n.	the extent, level, importance, or amount of something
391. mor an exam	ν.	to observe, check, and track the progress or quality of something over a period of time
392. dice workers	v.	to force someone or something to leave their home or place of origin, especially as a result of conflict, natural disaster, or manipulation
393. go through heaak	n.	a feeling of great sadness or disappointment
394. indal freedom	n.	a single person or thing, as distinct from a group
395. ecoal use of her time	adj.	providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
396. escape their strold	n.	a grip that strangles or suffocates; an excessive grip or control
397. the ilon of being in the forest	n.	a false idea or belief, especially about somebody or about a situation
398. a grn of sand	n.	wheat or any other small hard seeds used as a food; a relatively small granular particle of a substance

ANSWERS: 387. pray, 388. workaholic, 389. contempt, 390. magnitude, 391. monitor, 392. displace, 393. heartbreak, 394. individual, 395. economical, 396. stranglehold, 397. illusion, 398. grain

399. adI gland	adj.	relating to two glands situated above the kidneys, called the adrenal gland
400. ancient prb	n.	a short saying that expresses a truth or gives advice based on practical experience
401. a letter of invon	n.	a spoken or written request to participate or be present or take part in something
402. reze achievement	v.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
403. fring experience	adj.	causing fear or alarm, or very surprising and alarming
404. absolutely disus effect	adj.	extremely bad, harmful, or unsuccessful
405. dae assessment	ν.	to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
406. ener shortage	n.	a person whose job is designing, building, or maintaining something such as machines, structures, or software
407. an a_h-shaped stone structure	n.	a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building

ANSWERS: 399. adrenal, 400. proverb, 401. invitation, 402. recognize, 403. frightening, 404. disastrous, 405. damage, 406. engineer, 407. arch

408. an inate income	adj.	not sufficient or enough
409. afraid to show emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood or relationships with others
410. the in a society	<i>v</i> .	to grow vigorously; to make steady progress
411. a fld of questions	n.	a large amount of water flowing beyond its normal limits; an overwhelming number or amount
412. sty increase	adj.	firmly fixed, supported, or balanced; no shaking or moving
413. develop a stgy	n.	a detailed plan of action designed to achieve a long-term or overall goal.
414. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
415. unie the theory of the big bang	v.	to be the support, basis, hidden cause of something; to be located under or below
416. surng areas	adj.	that is near or around, or closely encircling something
417. inaate behavior	adj.	not suitable or proper for a particular occasion, purpose, or person
418. rt online	v.	to talk or complain in a loud, angry, or intense manner, often for an extended period of time, usually about something that one feels strongly about
419. break off an engnt	n.	a mutual promise to marry someone; ar agreement to do something, especially at a particular time

ANSWERS: 408. inadequate, 409. emotion, 410. thrive, 411. flood, 412. steady, 413. strategy, 414. amazing, 415. underlie, 416. surrounding, 417. inappropriate, 418. rant, 419. engagement

- 420. bl\_\_e circumstances for the failure
- 421. bachelor's de\_\_\_e
- 422. ca\_\_\_r diagnosis
- 423. h\_\_t a job
- 424. gain pr\_\_\_\_al experience
- 425. ho r our ancestors
- 426. ex\_\_\_\_e in popularity
- 427. pr\_\_\_\_ge of membership
- 428. cast fri ng eyes

- v. to think or say that someone or something did something wrong or is responsible for something bad
- a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
- abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
- v. to go after and try to catch wild animals to kill them for food, sport, or profit
- adj. of or connected with actual use or real situation rather than with theory and ideas
- n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
- to burst or break open violently and noisily; to cause something to burst or break open
- a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
- adj. causing fear or alarm, or very surprising and alarming

ANSWERS: 420. blame, 421. degree, 422. cancer, 423. hunt, 424. practical, 425. honor, 426. explode, 427. privilege, 428. frightening

429. information strold	n.	a grip that strangles or suffocates; an excessive grip or control
430. sd an old skin	v.	to get rid of something as superfluous or unwanted; to cast off hair, skin, horn, or feathers; (noun) an outbuilding with a single story, mainly used for shelter or storage
431. ready to cose	ν.	to fall down or give way suddenly, often after breaking apart
432. spic instructions	adj.	clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
433. eve	ν.	to develop gradually, or to cause the development of something or someone gradually
434. cm sea	adj.	not excited, angry, or nervous; free from wind, large waves
435. global dier	n.	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
436. s_b out a story	v.	to cry or weep with short, sudden sounds
437. suer at discretion	<i>v</i> .	to cease resistance to an enemy or opponent and submit to their authority
438. crre of habit	n.	a living being, especially an animal
439. any for knowledge	n.	a feeling of worry, nervousness, or unease about something that is

ANSWERS: 429. stranglehold, 430. shed, 431. collapse, 432. specific, 433. evolve, 434. calm, 435. disaster, 436. sob, 437. surrender, 438. creature, 439. anxiety

happening or might happen in the future

440. a cont temperature	adj.	happening repeatedly or all the time
441. watch a maon	n.	a long-distance race of 42.195 kilometers
442. dee a question	<i>v</i> .	to make up someone's mind about something; to come to a conclusion or judgment after considering options
443. stuff of science fin	n.	the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true
444. designed spelly for men	adv.	only associated with or meant for one thing
445. stn warning	adj.	serious, unyielding, or strict in manner or attitude
446. my voer work	n.	a person who performs or offers to perform a job or service without being paid for or forced to do
447. the toune of truth	n.	a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it
448. get r_d of the rats	<i>v</i> .	to make someone or something free of unwanted or unpleasant tasks, objects, or person
449. a se counselor	n.	a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb

ANSWERS: 440. constant, 441. marathon, 442. decide, 443. fiction, 444. specifically, 445. stern, 446. volunteer, 447. touchstone, 448. rid, 449. sage

450. apply unrelated	adv.	based on what you have heard or read
451. the hark of modern life	n.	a distinctive characteristic or attribute of a person or thing
452. trrm heat into power	<i>v</i> .	to change in outward structure or looks;
453. take a quon	n.	a group of words taken from a text or speech and repeated by someone other than the original author or speaker
454. a bell tor	n.	a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone
455. sor discussion	adj.	not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises
456. terng experience	adj.	very frightening or intimidating
457. hod my possessions	v.	to collect money, valuables, etc., for future use secretly; (noun) a secret store or collection of money, valuables, etc., for future use
458. economic mewn	n.	a severe overheating of the core of a nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically
459. rl a ball	v.	to move in a particular direction by turning over and over or from side to side
460. military stgy	n.	a detailed plan of action designed to achieve a long-term or overall goal.

ANSWERS: 450. apparently, 451. hallmark, 452. transform, 453. quotation, 454. tower, 455. sober, 456. terrifying, 457. hoard, 458. meltdown, 459. roll, 460. strategy

- the act or process of finding information, 461. a scientific di ry n. a place, or an object, or learning about something that was previously not known 462. v t desert adj. enormous in size, number, amount, or quantity 463. in\_\_\_\_te in supply adj. unlimited or very great; impossible to measure 464. the pa x of the heap a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange; to strike or hit someone with a whip or 465. I h the oxen ν. other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap to state or explain precisely the nature, 466. de\_\_\_e my position ν. scope, or meaning of something the number, amount, or rate of 467. a high per\_\_\_\_ge n. something, which is usually the amount per hundred 468. di e control a disorder or illness that affects the
  - 469. resident al\_\_ns

    n. a person who comes from a different country, race, or group; a form of life assumed to exist outside the Earth or its atmosphere

body or mind, often characterized by

specific symptoms or abnormal functioning of organs or systems

ANSWERS: 461. discovery, 462. vast, 463. infinite, 464. paradox, 465. lash, 466. define, 467. percentage, 468. disease, 469. alien

470. aw n at daybreak to stop sleeping or to cause someone to ν. stop sleeping adj. having a light, delicate, or ethereal 471. a y fairy quality; spacious and well-ventilated; lacking in substance or depth 472. get ins\_\_\_\_on from nature something that motivates or encourages n. someone to create or achieve something, or a feeling of excitement or creativity 473. take a n\_p a short sleep, especially during the day n. 474. a per ve view a confident attitude toward something; a n. particular style of thinking about something to have a strong desire for something; 475. cr e advice from others ν. to long for or want intensely 476. h I on a rope to physically drag or pull someone or ν. something with effort the act of directing a ship or airplane 477. visual nav on n. from place to place; advice or information intended to resolve a problem or challenge, especially as given by someone in authority to move in a particular direction by 478. r I down his cheeks turning over and over or from side to side 479. get caught in the de e a severe flood; an overwhelming number or amount of something 480. bo\_\_\_\_m relief a state of weariness, restlessness, or n.

ANSWERS: 470. awaken, 471. airy, 472. inspiration, 473. nap, 474. perspective, 475. crave, 476. haul, 477. navigation, 478. roll, 479. deluge, 480. boredom

impatience that arises from not being interested or engaged in an activity,

task, or situation

481. ree a prisoner	<i>v</i> .	to set free or allow to escape from confinement
482. resul thinker	adj.	showing creativity and ability to find quick and practical solutions to problems
483. tey people	ν.	to frighten someone very much
484. resce to insulin	n.	the act of defending oneself from an aggressor or refusing to accept something
485. int the stomach	<i>v</i> .	to live in a specific location; to reside
486. trading of viI currencies	adj.	being actually such in almost every respect; existing in essence or effect though not in actual fact
487. sur a setback	v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
488. a civil ener	n.	a person whose job is designing, building, or maintaining something such as machines, structures, or software
489. double quon marks	n.	a group of words taken from a text or speech and repeated by someone other than the original author or speaker
490. emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
491. inate funding	adj.	not sufficient or enough
492. feeling of gut	n.	the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

ANSWERS: 481. release, 482. resourceful, 483. terrify, 484. resistance, 485. inhabit, 486. virtual, 487. suffer, 488. engineer, 489. quotation, 490. empathy, 491. inadequate, 492. guilt

493. go on a he	n.	a long walk or journey, especially for pleasure or exercise; an increase in cost
494. be in alnt	n.	an arrangement in which two or more elements are placed in a straight line or parallel to each other
495. cirnce of injury	n.	the specific conditions or events that surround a particular situation or occurrence
496. vion law	n.	an action that breaches a law, rule, or agreement; an infringement of rights or duties
497. govnt bureaucracy	n.	the group of people with authority to control a country or state
498. a cre against smoking	n.	a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
499. the evidence of the prce	n.	the fact or state that someone or something exists, occurs, or is present
500. express conces	n.	sympathy or expression of sympathy offered to someone who has experienced a loss or tragedy; an expression of comfort or consolation
501. creative inon	n.	the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why

ANSWERS: 493. hike, 494. alignment, 495. circumstance, 496. violation, 497. government, 498. crusade, 499. presence, 500. condolence, 501. intuition

502. the cuI of justice	n.	a heavy and thick stick or club often used as a weapon; (verb) to strike or beat using a cudgel
503. extreme can	n.	great care and attention that you take to avoid danger or mistakes; a warning against certain acts
504. mor the data carefully	<i>v</i> .	to observe, check, and track the progress or quality of something over a period of time
505. unrble demand	adj.	not fair, sensible, or likely to be true
506. whiled ordeal	adj.	describing a state of extreme fear, tension, or anxiety derived from the physical reaction of gripping something so tightly, out of fear or stress, that your knuckles turn white; describing a person who is nervous or anxious
507. b_g to each other	<i>v</i> .	to say something in a boastful manner, to impress others, or make oneself feel superior
508. a grul breeze	adj.	feeling or showing an appreciation of kindness; thankful
509. a momentary gle	n.	a brief or partial view; the act of seeing something or someone for a very short time or only partly
510. sut a plot	<i>v</i> .	to consider anything to be actual or probable
511. aln fungi	n.	a person who comes from a different country, race, or group; a form of life assumed to exist outside the Earth or its atmosphere

ANSWERS: 502. cudgel, 503. caution, 504. monitor, 505. unreasonable, 506. white-knuckled, 507. brag, 508. grateful, 509. glimpse, 510. suspect, 511. alien

512. cathe risk managem	nent <i>n</i> .	a sudden event that causes extreme ruin and misfortune
513. the tor on a cliff	n.	a structure that is exceptionally high in proportion to its width and either forms part of a building or stands alone
514. a flh of lightning	n.	a sudden intense burst of radiant energy; a momentary brightness
515. dee on a course of action	on v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
516. hoy victims	ν.	to shock or disgust greatly
517. a person of diverse tats	n.	a natural ability to be good at something; someone who has a natural ability to be good at something
518. an ans look	adj.	worried and nervous
519. honeybees in hes	n.	a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people
520. seek voers	n.	a person who performs or offers to perform a job or service without being paid for or forced to do
521. trte a document into l	English v.	to convert or change words into another language
522. under a cue	n.	a rude or offensive word or an expression that is not polite and shows that you are very angry
523. de into anime communitie	es v.	to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

ANSWERS: 512. catastrophe, 513. tower, 514. flash, 515. decide, 516. horrify, 517. talent, 518. anxious, 519. hive, 520. volunteer, 521. translate, 522. curse, 523. dive

524. aga setting	n.	a list or outline of things to be done, discussed, or considered
525. muly 5 and 6	v.	to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity
526. answer questions indlly	adv.	separately or apart from others
527. abte loyalty	adj.	perfect or complete or to the most considerable degree possible
528. at soc speed	adj.	connected with the nature of sound, sound waves, or the speed
529. pre on his tolerance	v.	to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
530. blt authority	n.	a large piece of soft material used to cover or wrap a person or thing to keep them warm; (adjective) broad in scope or content
531. ade kids with attitude	v.	to have regard for or respect for someone's qualities or the actions they have performed
532. ree one word with another	<i>v</i> .	to take the place of something
533. a pac reaction	n.	a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
534. fairly tyI symptoms	adj.	having the usual characteristics or traits of a specific group of things

ANSWERS: 524. agenda, 525. multiply, 526. individually, 527. absolute, 528. sonic, 529. presume, 530. blanket, 531. admire, 532. replace, 533. panic, 534. typical

to press it firmly, usually with your 535. cr h coffee beans ν. hands or a tool, so that it becomes flat or smaller 536. ambitious ag a a list or outline of things to be done, n. discussed, or considered 537. a n b mind adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity 538. bl e the lack of knowledge to think or say that someone or something did something wrong or is responsible for something bad 539. med\_\_\_\_on training the act of focusing one's mind on a n. particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state 540. g\_\_p of fear the act of holding onto something firmly n. with your hands, or the ability to do so; (verb) to hold fast or firmly to mix a liquid or substance by using a 541. s r up controversy ν. spoon or something similar; to cause to be agitated, excited, or roused 542. a right-hand gl\_\_e a piece of clothing worn on the hand n. and wrist for protection against cold, dirt, etc., with separate parts for each finger 543. shoulder et\_\_\_\_I responsibility adj. of or relating to principles about what is right and wrong, or the branch of

ANSWERS: 535. crush, 536. agenda, 537. numb, 538. blame, 539. meditation, 540. grip, 541. stir, 542. glove, 543. ethical

knowledge dealing with these

544. opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
545. have disus consequences	adj.	extremely bad, harmful, or unsuccessful
546. uncle words	adj.	describing nouns or concepts that cannot be counted or quantified as discrete units or objects, such as feelings, time, or information, often characterized by their abstract or intangible nature, and which are not used with "a" or "an" and cannot be made plural
547. a star of the first made	n.	the extent, level, importance, or amount of something
548. courtroom stoing	n.	the act or art of narrating or writing stories
549. the perve of the battle	n.	a confident attitude toward something; a particular style of thinking about something
550. whiled grip	adj.	describing a state of extreme fear, tension, or anxiety derived from the physical reaction of gripping something so tightly, out of fear or stress, that your knuckles turn white; describing a person who is nervous or anxious
551. roic movies	adj.	of or relating to love or a sexual relationship
552. expansion of the unse	n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

ANSWERS: 544. opportune, 545. disastrous, 546. uncountable, 547. magnitude, 548. storytelling, 549. perspective, 550. white-knuckled, 551. romantic, 552. universe

553. gee downward slope	adj.	having or showing a kindly or tender nature; soft and mild
554. his conclusion was obs	adj.	easy to see, discover or understand
555. words of cot	n.	a state of physical ease and freedom from pain or constraint
556. adse on social media	v.	to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
557. the threats tey him	<i>v</i> .	to frighten someone very much
558. pheal growth	adj.	extremely good or impressive; outstanding
559. the ante for aging	n.	a chemical substance or remedy that stops or controls the effects of a poison or disease
560. religious medon	n.	the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
561. extary ability	adj.	exceptional, unexpected, very unusual; surpassing the ordinary or usual
562. invon of foreign investment	n.	a spoken or written request to participate or be present or take part in something
563. bg about my knowledge	<i>v</i> .	to say something in a boastful manner, to impress others, or make oneself feel superior

ANSWERS: 553. gentle, 554. obvious, 555. comfort, 556. advertise, 557. terrify, 558. phenomenal, 559. antidote, 560. meditation, 561. extraordinary, 562. invitation, 563. brag

564. full of w t 565. draw out a sc\_\_\_e 566. stay phy\_\_\_\_ly fit 567. r\_t about the service 568. se\_\_\_e a dispute 569. phy\_\_\_\_ly and mentally 570. genic com\_\_\_\_ons 571. bl on a person into agreeing 572. re\_\_\_\_d communities 573. sc y story 574. is e a compound

575. foreign-language su le

- n. the ability to say or write things or ideas in a clever and humorous way
- an organized and often large-scale plan or arrangement for doing something
- adv. in a way related to a person's body or appearance rather than their mind
- v. to talk or complain in a loud, angry, or intense manner, often for an extended period of time, usually about something that one feels strongly about
- v. to reach an agreement of disagreement
- adv. in a way related to a person's body or appearance rather than their mind
- a collection of things that have been combined; an assemblage of separate parts or qualities
- v. to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation
- v. to build again or anew
- adj. causing fear or fright; frightening; intimidating
- v. to physically or socially separate someone or something from other people or things
- n. a secondary title or alternate title that is displayed below the primary title often used to provide additional information or translation for a movie or video; a text that appears at the bottom of a movie, TV show, or video to provide a written translation or transcription of the spoken dialogue in another language

ANSWERS: 564. wit, 565. scheme, 566. physically, 567. rant, 568. settle, 569. physically, 570. combination, 571. bludgeon, 572. rebuild, 573. scary, 574. isolate,

Vocab-Builder Ref from	Elizabeth Glibert:	it's OK to lee	overwneimea.	Here's what to	do next	TED Talk	(467 Words)
575							
575. subtitle							

576. my inte affairs	adj.	having a very close friendship, personal
577. mh larva	n.	an insect with wings similar to a butterfly that travels at night and is attracted to light
578. ze defense	n.	a specific area, region, or section that is marked off or defined in some way
579. a friendly conion	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
580. psygy experiment	n.	the scientific study of mind and behavior
581. ine his privacy	<i>v</i> .	to enter aggressively into another's territory by military force for conquest and occupation
582. muly about hundredfold	ν.	to add a number to itself a specified number of times; to increase or cause to increase very much in number or quantity
583. a person of ges	n.	someone who has exceptional intellectual ability and originality
584. ovarian cancer suor	n.	a person who remains alive after an event in which others have died
585. funal education	adj.	forming an essential base or core from which everything else develops or is affected
586. endure disrt and pain	n.	a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
587. are passionately	<i>v</i> .	to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

ANSWERS: 576. intimate, 577. moth, 578. zone, 579. conversation, 580. psychology, 581. invade, 582. multiply, 583. genius, 584. survivor, 585. fundamental, 586. discomfort, 587. argue

588. adve technology	adj.	capable of adjusting to new situations or changing conditions
589. have a tee face	adj.	unable to relax because of being nervous or worried; stretched tight or rigid
590. she is mac	n.	beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
591. commit a crime delely	adv.	done in an intentional or slow and careful manner
592. tot paper	n.	a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
593. socmic issues	adj.	relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
594. joint recon	n.	the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
595. say of wit	n.	a sudden, impulsive outing or excursion; a witty or clever remark
596. academic attnt	n.	the act of achieving or accomplishing something; the state of having achieved a specific level of skill or ability; a goal that has been reached or accomplished

ANSWERS: 588. adaptive, 589. tense, 590. magic, 591. deliberately, 592. toilet, 593. socioeconomic, 594. recognition, 595. sally, 596. attainment

597. stant theory	n.	a particular perspective or position from which something is viewed or considered; a point of view or opinion on a specific matter
598. a nervous brwn	n.	a failure or collapse of a system or organization
599. haed the incident	<i>v</i> .	to deal with a situation, problem, or strong emotion
600. r_d the body of waste products	ν.	to make someone or something free of unwanted or unpleasant tasks, objects, or person
601. ay dress	adj.	having a light, delicate, or ethereal quality; spacious and well-ventilated; lacking in substance or depth
602. soal expectations	adj.	relating to society or social relationships
603. pais in the leg	n.	a condition in which you are unable to move or lose control of part or most of the body because of illness or injury
604. adt as needed	<i>v</i> .	to make fit for or change to suit a new purpose or environment
605. personal attnt	n.	the act of achieving or accomplishing something; the state of having achieved a specific level of skill or ability; a goal that has been reached or accomplished
606. an abte must	adj.	perfect or complete or to the most considerable degree possible
607. meul gesture	adj.	having or showing compassion, kindness, or forgiveness towards those who may be deserving of punishment or harm; characterized by leniency or clemency

ANSWERS: 597. standpoint, 598. breakdown, 599. handle, 600. rid, 601. airy, 602. societal, 603. paralysis, 604. adapt, 605. attainment, 606. absolute, 607. merciful

608. hl truck	<i>v</i> .	to physically drag or pull someone or something with effort
609. inte relationship	adj.	having a very close friendship, personal
610. unr employment practices	adj.	not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception
611. partic nerve inhibitor	adj.	relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and glandular activity, and relaxing the sphincter muscles
612. driving dice	n.	the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
613. artte his position	v.	to express oneself clearly and effectively in spoken or written language
614. zm in on a photo	v.	to move along very quickly; (noun) the act of rising upward into the air
615. sincere conces	n.	sympathy or expression of sympathy offered to someone who has experienced a loss or tragedy; an expression of comfort or consolation
616. spal leader	adj.	relating to or affecting the human spirit or soul as opposed to material or physical things

ANSWERS: 608. haul, 609. intimate, 610. unfair, 611. parasympathetic, 612. distance, 613. articulate, 614. zoom, 615. condolence, 616. spiritual

ANSWERS: 617. paralysis, 618. combination, 619. individual, 620. economy, 621. sedate, 622. conversation, 623. awareness, 624. podcast, 625. courage

overcome by fear or despair; the quality

of being brave or courageous

635. re\_\_\_e problem

v. to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

n.

633. t\_\_e cycle

634. im\_\_\_\_ry pregnancy

636. imm ly recall a product

adv. now or without delay

the cyclical rise and fall of sea level

adj. existing only in someone's mind

caused by the moon's gravitational pull

ANSWERS: 626. podcast, 627. specifically, 628. depart, 629. specific, 630. energize, 631. pacifier, 632. myth, 633. tide, 634. imaginary, 635. reframe, 636. immediately

to develop gradually, or to cause the 637. ev e over the past decade ν. development of something or someone gradually a round object or geometric shape that 638. sp\_\_\_e of influence n. is three-dimensional and symmetrical around a central point; a particular aspect or scope of life or activity 639. nec\_\_\_\_ly true adv. in an essential manner; in such a way as could not be otherwise 640. economic st\_\_\_us something that causes growth or arouses action to seek the affection or favor of 641. w o consumers someone; to court or pursue someone romantically or with flattery to be worthy of or entitled to something, 642. de e respect especially something good or valuable 643. a vi limage adj. being actually such in almost every respect; existing in essence or effect though not in actual fact to send or propel something into the air 644. la h a big attack or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time a member of a religious community of 645. cloistered m k men living under vows of poverty, chastity, and obedience 646. en\_\_\_\_ge antisocial behavior to give someone support, confidence, or hope; to persuade someone to do or

ANSWERS: 637. evolve, 638. sphere, 639. necessarily, 640. stimulus, 641. woo, 642. deserve, 643. virtual, 644. launch, 645. monk, 646. encourage

continue to do something by making it

easier for them and making them

believe it is a good thing to do

647. military mec	n.	a person trained to provide medical care, especially in an emergency
648. oble avoidance	n.	a thing that blocks one's way or prevents or hinders progress
649. unnry hassle	adj.	not needed or required; not essential or important
650. trc death	adj.	causing great sadness or suffering; ver unfortunate
651. price slh	<i>v</i> .	to cut with a sharp object using a quick and robust movement
652. hang battle	adj.	causing distress or suffering; extremely distressing
653. unr the truth	ν.	to remove the cover from something; to discover something previously unseen or hidden
654. make my preons	n.	the act of predicting the future by reasoning; a statement made about the future
655. cos truth	ν.	to admit to having done something wrong or to reveal something personal or private
656. bed by many people	adj.	loved very much
657. Man surface	adj.	of or relating to Mars or its imaginary inhabitants
658. astng achievement	adj.	surprising or shocking; difficult to believe
659. unt verdict	adj.	not fair or equitable; lacking in justice o impartiality; morally unacceptable or wrong

ANSWERS: 647. medic, 648. obstacle, 649. unnecessary, 650. tragic, 651. slash, 652. harrowing, 653. uncover, 654. prediction, 655. confess, 656. beloved, 657. Martian, 658. astonishing, 659. unjust

660.	run a maon	n.	a long-distance race of 42.195 kilometers
661.	ease her heaak	n.	a feeling of great sadness or disappointment
662.	resce movement	<i>n</i> .	the act of defending oneself from an aggressor or refusing to accept something
663.	ison booth	<i>n</i> .	the condition of being alone or lonely; the act or state of separation between persons or groups
664.	connt cell	n.	the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
665.	a sory traveler	adj.	existing, living, or doing without others
666.	academic ser	n.	a group meeting or class for discussion, teaching, or training on a particular subject
667.	a fountain of wim	<i>n</i> .	the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
668.	noe else to go	adv.	not in, at, or to any place; not anywhere
669. ·	tee atmosphere	adj.	unable to relax because of being nervous or worried; stretched tight or rigid
670.	enge a sense of affinity	<i>v</i> .	to give someone support, confidence, o hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

ANSWERS: 660. marathon, 661. heartbreak, 662. resistance, 663. isolation, 664. confinement, 665. solitary, 666. seminar, 667. wisdom, 668. nowhere, 669. tense, 670. encourage

671. source of inson	n.	something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity
672. copyrighted sore	n.	a set of computer programs and associated documentation and data for doing particular computational jobs
673. hug sound	adj.	producing a continuous, low, vibrating sound like that of the bee
674. s_b quietly	<i>v</i> .	to cry or weep with short, sudden sounds
675. vily all countries	adv.	almost completely
676. fall into sety	n.	the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness
677. decision-making prs	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
678. phycal response	adj.	relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
679. spk a chain reaction	<i>v</i> .	to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

ANSWERS: 671. inspiration, 672. software, 673. humming, 674. sob, 675. virtually, 676. serenity, 677. process, 678. physiological, 679. spark

680.	brwn maintenance	n.	a failure or collapse of a system or organization
681.	the int of a question	n.	a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
682.	gastronomic adres	n.	a journey or a series of events that is unusual, exciting, or dangerous
683.	hoy audience	<i>v</i> .	to shock or disgust greatly
684.	a mac spell	n.	beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
685.	the on pressure	<i>v</i> .	to grow vigorously; to make steady progress
686.	ovct to the criticism	<i>v</i> .	to react more strongly or excessively than is necessary or appropriate
687.	treus popularity	adj.	very great in degree or extent or amount or impact; extremely good
688.	rat light	adj.	emitting light or heat; shining brightly
689.	buy the company's ste	n.	a share or financial investment in something such as a business; a wooden or metal post set up to mark something
690.	work pet	<i>v</i> .	to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
691.	womanly hor	n.	high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

ANSWERS: 680. breakdown, 681. intent, 682. adventure, 683. horrify, 684. magic, 685. thrive, 686. overreact, 687. tremendous, 688. radiant, 689. stake, 690. permit, 691. honor

692. hang journey	adj.	causing distress or suffering; extremely distressing
693. ase an important role	ν.	to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
694. disrt in the abdomen	n.	a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
695. a person who is susus	adj.	making you feel that someone has done something wrong, illegal, or dishonest without any evidence
696. clf diving	n.	a steep rock face, especially one at the edge of the sea or a river
697. utn goal	adj.	ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)
698. the hark of a good scientist	n.	a distinctive characteristic or attribute of a person or thing
699. visual meor	n.	a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity
700. crs management	n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
701. spk his interest	<i>v</i> .	to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

ANSWERS: 692. harrowing, 693. assume, 694. discomfort, 695. suspicious, 696. cliff, 697. utopian, 698. hallmark, 699. metaphor, 700. crisis, 701. spark

702. execution by burning at a ste
703. hug bird
704. public dit
705. unI a comprehensive plan
706. beyond the rem of possibility
707. completely fasng to me
708. ackge his help
709. unal life
710. cocoa p_d
711. mk body odor
712. corus bankruptcy

- a share or financial investment in something such as a business; a wooden or metal post set up to mark something
- adj. producing a continuous, low, vibrating sound like that of the bee
- n. a strong feeling of dislike or disapproval
- v. to reveal or make something publicly known, especially for the first time
- n. a domain of activity, interest, or knowledge
- adj. extremely interesting
- v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
- adj. existing or affecting everywhere or everyone
- a seed case, especially of a leguminous plant such as a pea or bean; a detachable container of something, especially on an airplane
- v. to conceal something; (noun) a covering that you wear over your face to hide it
- n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

ANSWERS: 702. stake, 703. humming, 704. disgust, 705. unveil, 706. realm, 707. fascinating, 708. acknowledge, 709. universal, 710. pod, 711. mask, 712. coronavirus

713. di ce the explosive power to force someone or something to leave ν. their home or place of origin, especially as a result of conflict, natural disaster, or manipulation the front part of the body below the 714. with an empty be y n. chest, containing the stomach and bowels; the rounded or curved part of an object, such as a ship or aircraft 715. y\_\_k out a tooth to pull something or someone forcefully with a sudden movement 716. fu ze its curriculum to bring something in line with modern or future technology, design, or trends; to reimagine or transform something in a way that emphasizes futuristic elements to hit or knock against something hard, 717. b p against a wall often with a dull sound; to meet with by accident detailed direction, order, etc., on how to 718. individual ins on do or use something 719. plutonium ho d to collect money, valuables, etc., for future use secretly; (noun) a secret store or collection of money, valuables, etc., for future use 720. ad re film a journey or a series of events that is unusual, exciting, or dangerous a group meeting or class for discussion, 721. business se\_\_\_\_r teaching, or training on a particular subject

ANSWERS: 713. displace, 714. belly, 715. yank, 716. futurize, 717. bump, 718. instruction, 719. hoard, 720. adventure, 721. seminar

722. woss indication	adj.	lacking words or speech; silent; without verbal expression or explanation
723. a ral cure	adj.	relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions
724. the longstanding coct	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
725. gets m_d easily	adj.	insane, especially due to a mental illness; very angry
726. flu paic	n.	an outbreak of a disease that affects many people over a very wide area
727. expon team	n.	a journey or voyage for a specific purpose
728. language adaon	n.	the action or process of changing to suit different conditions
729. vt majority	adj.	enormous in size, number, amount, or quantity
730. pac buying	n.	a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
731. an oble to progress	n.	a thing that blocks one's way or prevents or hinders progress
732. utn society	adj.	ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)
733. get int access	adj.	happening immediately, with no delay
734. bex battle	n.	a style of vocal percussion or vocal mimicry in which a person creates rhythmic sounds and beats using their mouth, lips, tongue, and voice; (verb) to create percussive sounds, rhythms, and beats using the mouth, lips, tongue, and

ANSWERS: 722. wordless, 723. radical, 724. conflict, 725. mad, 726. pandemic, 727. expedition, 728. adaptation, 729. vast, 730. panic, 731. obstacle, 732. utopian, 733.

voice

Vocab-Builder Ref from "Elizabeth Gilbert: It's OK to feel overwhelmed. Here's what to do next   TED Talk" (467 word	s)
nstant, 734. beatbox	

735. the root problem of her depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
736. act with can	n.	great care and attention that you take to avoid danger or mistakes; a warning against certain acts
737. alternative tac	n.	a method or strategy used to achieve a particular goal or objective
738. unl a monument	<i>v</i> .	to reveal or make something publicly known, especially for the first time
739. sun a good relationship with him	ν.	to supply enough of what somebody or something needs to survive or exist; to accept as valid
740. meor for death	n.	a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity
741. int a cave	ν.	to live in a specific location; to reside
742. feel a sense of imcy	n.	the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly
743. reze talent	<i>v</i> .	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
744. trrm an education system	<i>v</i> .	to change in outward structure or looks;

ANSWERS: 735. depression, 736. caution, 737. tactic, 738. unveil, 739. sustain, 740. metaphor, 741. inhabit, 742. immediacy, 743. recognize, 744. transform

745. cast a tra	ion spell	n.	a complete change in form, nature, or appearance of someone or something
746. an abce	of examples	n.	a significant amount of something; the situation in which there is too much of something
747. a com	ate heart	adj.	feeling or showing sympathy and concern for the suffering or bad luck of others
748. fire crle		n.	a vessel made of ceramic, metal, or other materials used for melting or fusing substances at high temperatures; a difficult or trying experience that tests one's character or resilience
749. unsed p	proposal	adj.	given or sent without being requested or asked for; not invited or desired
750. mec unit		n.	a person trained to provide medical care, especially in an emergency
751. noe gas		adj.	having or showing excellent personal qualities or high moral principles that people admire
752. have a nev	ve effect	adj.	having the quality of something bad or harmful; expressing refusal
753. the Great Dep_	on	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
754. deon auth	ority	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 745. transformation, 746. abundance, 747. compassionate, 748. crucible, 749. unsolicited, 750. medic, 751. noble, 752. negative, 753. depression, 754. decision

755. psychopathic soth	n.	a person who exhibits a disregard for other people's rights, feelings, and safety; someone who lacks empathy or the ability to understand and share the feelings of others; sometimes used interchangeably with the term "psychopath"
756. cous effort	adj.	being aware of and able to respond to what is happening around you
757. artificial crre	n.	a living being, especially an animal
758. a remote reve	adj.	considered and evaluated through comparison with something else
759. ree resource allocation	ν.	to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
760. tra care	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
761. bed author	adj.	loved very much
762. a hard and rent steel	adj.	able to withstand or recover quickly from difficult conditions
763. a blazing arnt	n.	a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
764. sety prayer	n.	the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness

ANSWERS: 755. sociopath, 756. conscious, 757. creature, 758. relative, 759. reframe, 760. trauma, 761. beloved, 762. resilient, 763. argument, 764. serenity

765. emotional outng	n.	a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time
766. ine him to see a doctor	<i>v</i> .	to persuade someone to do something; to cause to act in a specific manner
767. an ecoal meal	adj.	providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
768. unh her anger	ν.	to suddenly release a strong force, emotion, etc. that cannot be controlled
769. acte measurements	adj.	correct and exact in all details
770. have grf and sorrow	n.	a very great sadness, especially when somebody dies
771. a life rt	n.	a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
772. nm of action	n.	something that is regarded as usual, typical, or standard
773. fasng story	adj.	extremely interesting
774. a he in prices	n.	a long walk or journey, especially for pleasure or exercise; an increase in cost
775. ant stories	adj.	relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
776. inspire coe	n.	the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

ANSWERS: 765. outpouring, 766. induce, 767. economical, 768. unleash, 769. accurate, 770. grief, 771. raft, 772. norm, 773. fascinating, 774. hike, 775. ancient, 776. courage

///. fatty IIr	n.	many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
778. appte behavior	adj.	suitable or proper in the circumstances; fitting
779. satisfy my intellectual cuty	n.	a strong desire to know or learn about something
780. have devng effects	adj.	causing a great deal of destruction or damage
781. in my cad opinion	adj.	honest, straightforward, and frank in someone's words or actions
782. delely amateurish	adv.	done in an intentional or slow and careful manner
783. evely succeed	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on
784. injury in a car acnt	n.	an unfortunate event, especially one causing damage or injury
785. ovct with anger	<i>v</i> .	to react more strongly or excessively than is necessary or appropriate
786. emal health	adj.	relating to people's feelings
787. give the waiter a t_p.	n.	the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
788. out of quane	n.	a state of isolation imposed on people or animals to prevent the spread of disease

ANSWERS: 777. liver, 778. appropriate, 779. curiosity, 780. devastating, 781. candid, 782. deliberately, 783. eventually, 784. accident, 785. overreact, 786. emotional, 787. tip, 788. quarantine

789. neucal symptoms	adj.	of or relating to the science of neurology or the nervous system
790. an explosive suce	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
791. dae a relationship	<i>v</i> .	to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
792. poson of the evidence	n.	the state or fact of owning or having something
793. paas function	n.	a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine
794. the ah of a person's foot	n.	a curved structure with two supports that holds the weight of something above it, such as a bridge or the upper part of a building
795. ree CO2 into the air	<i>v</i> .	to set free or allow to escape from confinement
796. financial crs	n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

ANSWERS: 789. neurological, 790. substance, 791. damage, 792. possession, 793. pancreas, 794. arch, 795. release, 796. crisis

797. social dice	n.	the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
798. wim literature	n.	the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
799. mae stars	adj.	enormous amount; very heavy and solid
800. an uncble silence	adj.	providing or feeling physical discomfort or slight pain
801. the coct between good and evil	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
802. meul punishment	adj.	having or showing compassion, kindness, or forgiveness towards those who may be deserving of punishment or harm; characterized by leniency or clemency
803. a cote noun	adj.	existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
804. beta-enin	n.	a natural hormone-like substance that is produced by the body and that acts on the nervous system to reduce pain and induce a feeling of well-being
805. inhce tax	n.	the money, property, etc., that someone gives you when they die; (genetics) attributes acquired via biological heredity from ancestors

ANSWERS: 797. distance, 798. wisdom, 799. massive, 800. uncomfortable, 801. conflict, 802. merciful, 803. concrete, 804. endorphin, 805. inheritance

806. make astng gains	adj.	surprising or shocking; difficult to believe
807. feel comon for the poor	n.	a strong feeling of sympathy and sadness for another's suffering or bad luck
808. a cow sd	v.	to get rid of something as superfluous or unwanted; to cast off hair, skin, horn, or feathers; (noun) an outbuilding with a single story, mainly used for shelter or storage
809. adse the campaign	v.	to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
810. a warm trI	n.	a path or track roughly through a countryside, mountain, or forest area, often made or used for a particular purpose; (verb) to lag or linger behind
811. ine other tissues	ν.	to enter aggressively into another's territory by military force for conquest and occupation
812. beauty st	n.	a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
813. an oxygen mk	<i>v</i> .	to conceal something; (noun) a covering that you wear over your face to hide it
814. under unale circumstances	s adj.	impossible to avoid or evade; inevitable
815. boundless cuty	n.	a strong desire to know or learn about something

ANSWERS: 806. astonishing, 807. compassion, 808. shed, 809. advertise, 810. trail, 811. invade, 812. spot, 813. mask, 814. unavoidable, 815. curiosity

816. dey the ecosystem	v.	to ruin or damage severely or completely; to eradicate or eliminate completely
817. pre innocence	v.	to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
818. the escape from dyia	n.	an imaginary place where everything is extremely bad because of deprivation or oppression or terror, or a work of fiction describing those place
819. nb with cold	adj.	unable to feel physical sensation and movement; not showing human feeling or sensitivity
820. oppon campaign	n.	the act of disagreeing or resisting; the state of strong disagreement
821. ine a lot of paperwork	v.	to include or affect someone or something as a necessary part of something else
822. a gec disorder	adj.	of or relating to genes (= parts of the DNA in cells) or the science of genes
823. a cont wind	adj.	happening repeatedly or all the time
824. sit reading	adj.	without any or little sound
825. details of his pral	n.	a formal suggestion or offer, sometimes a written one
826. fabric of the jey	n.	a knitted garment typically made of wool or cotton, worn as a shirt or pullover

ANSWERS: 816. destroy, 817. presume, 818. dystopia, 819. numb, 820. opposition, 821. involve, 822. genetic, 823. constant, 824. silent, 825. proposal, 826. jersey

827. emotional eron	n.	an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something
828. theory of the unse	n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
829. crb of information	n.	a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something
830. an unale accident	adj.	impossible to avoid or evade; inevitable
831. she my head	v.	to remove body hair with a razor; to cut the price of something
832. nire situation	n.	a very frightening or unpleasant dream
833. rely operate	adv.	at a distance; not directly or easily accessible
834. ise a patient	ν.	to physically or socially separate someone or something from other people or things
835. fuze technology	v.	to bring something in line with modern or future technology, design, or trends; to reimagine or transform something in a way that emphasizes futuristic elements
836. pae art	n.	a thin board or tablet used by artists to mix and apply paint; a range of colors or shades used in a particular work of art

ANSWERS: 827. eruption, 828. universe, 829. crumb, 830. unavoidable, 831. shave, 832. nightmare, 833. remotely, 834. isolate, 835. futurize, 836. palette

837. noI effect	n.	an extended fictional work in prose; usually in the form of a story; (adjective) original and of a kind not seen before
838. resul cook in town	adj.	showing creativity and ability to find quick and practical solutions to problems
839. a consensual die	n.	the legal dissolution of a marriage
840. ree a dispute	v.	to find a suitable answer to the problems or difficulty
841. mainstream woew	n.	a particular philosophy or cognitive orientation of life or conception of the world
842. develop ine itching	adj.	(especially of a feeling) very strong; extremely sharp or severe
843. mae amounts	adj.	enormous amount; very heavy and solid
844. escape p_d	n.	a seed case, especially of a leguminous plant such as a pea or bean; a detachable container of something, especially on an airplane
845. ine skin	ν.	to cause very strong feelings such as anger or excitement in a person or a group of people
846. moze nickel	v.	to earn money from something, such as an asset, business, etc.; to coin into money
847. grd bargain	adj.	important and large in size, scope, or extent
848. optical ilon	n.	a false idea or belief, especially about somebody or about a situation

ANSWERS: 837. novel, 838. resourceful, 839. divorce, 840. resolve, 841. worldview, 842. intense, 843. massive, 844. pod, 845. inflame, 846. monetize, 847. grand, 848. illusion

849. zm lens	<i>v</i> .
850. spt for a bus	v.
851. a breach of prge	n.
852. get nes	adj.
853. disct the water supply	v.
854. calhy script	n.
855. remle achievement	adj.
856. enus amount	adj.
857. unh a hound	v.
858. variety of deus foods	adj.
859. enled age	adj.
860. his majestic prce	n.
861. raw tat	n.

- v. to move along very quickly; (noun) the act of rising upward into the air
- v. to run at full speed over a short distance or period of time
- a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
- adj. worried and anxious about something; relating to the nerves
- v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
- *n*. the art of writing letters, especially an elegant or decorative one
- adj. worthy of attention because unusual or special
- adj. extremely large or great
- to suddenly release a strong force, emotion, etc. that cannot be controlled
- adj. exceptionally pleasing to taste or smell
- adj. having or showing a rational, modern, and well-informed outlook
- the fact or state that someone or something exists, occurs, or is present
- a natural ability to be good at something; someone who has a natural ability to be good at something

ANSWERS: 849. zoom, 850. sprint, 851. privilege, 852. nervous, 853. disconnect, 854. calligraphy, 855. remarkable, 856. enormous, 857. unleash, 858. delicious, 859. enlightened, 860. presence, 861. talent

862. achieve the hiic feat	adj.	famous or significant in history, or potentially so
863. inle whisper	adj.	unable to be heard clearly or loud enough to be heard
864. moto bite	n.	a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria
865. a reir of facts	n.	a natural or artificial lake used to store water for community use; a large or extra supply of something
866. scy back and forth	v.	to move hurriedly and with little or no grace, often with sudden changes in direction
867. enze a team	v.	to give energy or vitality to someone or something; to invigorate
868. myc teaching	adj.	having spiritual powers or qualities that are beyond ordinary understanding; (noun) someone who believes in the existence of realities beyond human comprehension
869. flour made from gr_n	n.	wheat or any other small hard seeds used as a food; a relatively small granular particle of a substance
870. field of gene thy	n.	the act of caring for someone through medication, remedial training, etc.
871. the arnt against capital punishment	n.	a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

ANSWERS: 862. historic, 863. inaudible, 864. mosquito, 865. reservoir, 866. scurry, 867. energize, 868. mystic, 869. grain, 870. therapy, 871. argument

872. chronic bom	n.	a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation
873. follow the trI	n.	a path or track roughly through a countryside, mountain, or forest area, often made or used for a particular purpose; (verb) to lag or linger behind
874. passing gle	n.	a brief or partial view; the act of seeing something or someone for a very short time or only partly
875. an appte time	adj.	suitable or proper in the circumstances; fitting
876. the runner's pe	n.	the speed at which someone or something moves, or the rate at which something happens or changes
877. medieval myc	adj.	having spiritual powers or qualities that are beyond ordinary understanding; (noun) someone who believes in the existence of realities beyond human comprehension
878. the stock market cosed	<i>v</i> .	to fall down or give way suddenly, often after breaking apart
879. a st on his honor	n.	a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
880. die prevention	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 872. boredom, 873. trail, 874. glimpse, 875. appropriate, 876. pace, 877. mystic, 878. collapse, 879. spot, 880. disease

the middle ages to recover the holy lan from the Muslims; a series of actions advancing a principle or tending toward a particular end  883. p_y for rain  v. to make a request or petition to a higher power, especially in the form of a respectful or humble request  884. im_y a strong correlation  v. to indicate the truth or existence of something without referring to it  885. Doppler sh_t  n. a slight transition in position, direction, or trend  886. ret in a mountain region  n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life  887. unie the current economic deadlock  888. a stone wall sunds the palace  v. to be the support, basis, hidden cause of something; to be located under or below  888. a stone wall sunds the palace  v. to be all around something or somebody  889. fire dr_l  n. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  n. an emergency policy for people,	881. an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
power, especially in the form of a respectful or humble request  884. imy a strong correlation  v. to indicate the truth or existence of something without referring to it  885. Doppler sht  n. a slight transition in position, direction, or trend  886. ret in a mountain region  n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life  887. unie the current economic deadlock  888. a stone wall sunds the palace  v. to be the support, basis, hidden cause of something; to be located under or below  888. a stone wall sunds the palace  v. to be all around something or somebody  n. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  n. an emergency policy for people, communities, or a country to stay when they are, usually due to specific risks,	882. environmental cre	n.	advancing a principle or tending toward
something without referring to it  885. Doppler sh_t  n. a slight transition in position, direction, or trend  886. ret in a mountain region  n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life  887. unie the current economic deadlock  888. a stone wall sunds the palace  9. to be the support, basis, hidden cause of something; to be located under or below  889. fire dr_l  1. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  1. an emergency policy for people, communities, or a country to stay when they are, usually due to specific risks,	883. py for rain	ν.	
or trend  886. ret in a mountain region  n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life  887. unie the current economic deadlock  888. a stone wall sunds the palace  889. fire drI  n. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  n. an emergency policy for people, communities, or a country to stay wher they are, usually due to specific risks,	884. imy a strong correlation	<i>v</i> .	
from a position or situation; a period of rest or relaxation away from work or everyday life  887. unie the current economic deadlock  888. a stone wall sunds the palace  889. fire drl  890. go on lown  from a position or situation; a period of rest or relaxation away from work or everyday life  70. to be the support, basis, hidden cause of something; to be located under or below  888. a stone wall sunds the palace  70. to be all around something or somebody  889. fire drl  71. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  72. n. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  73. an emergency policy for people, communities, or a country to stay when they are, usually due to specific risks,	885. Doppler sht	n.	
deadlock  of something; to be located under or below  to be all around something or somebody  n. a tool or machine used for making round holes or driving fasteners; a training or practice  n. an emergency policy for people, communities, or a country to stay when they are, usually due to specific risks,	886. ret in a mountain region	n.	from a position or situation; a period of rest or relaxation away from work or
somebody  n. a tool or machine used for making round holes or driving fasteners; a training or practice  890. go on lown  n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks,		v.	of something; to be located under or
round holes or driving fasteners; a training or practice  890. go on lown  n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks,	888. a stone wall sunds the palace	v.	•
communities, or a country to stay where they are, usually due to specific risks,	889. fire drI	n.	round holes or driving fasteners; a
	890. go on lown	n.	communities, or a country to stay where they are, usually due to specific risks,

ANSWERS: 881. opportune, 882. crusade, 883. pray, 884. imply, 885. shift, 886. retreat, 887. underlie, 888. surround, 889. drill, 890. lockdown

892. diagnosis of any disorder  n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future separate periodic fields.  n. the duration of someone's life or something's existence;  894. commit a traffic vion  n. an action that breaches a law, rule, or agreement; an infringement of rights or duties  895. redute income fairly  v. to share something among people in a different way  896. ine a high degree of risk  v. to include or affect someone or something als a necessary part of something else  897. under the umbrella of capsm  n. an economic system based on the private ownership of the means of production and their operation for profit  898. m_h attracted to the light  n. an insect with wings similar to a butterfly that travels at night and is attracted to light  899. terng events  adj. very frightening or intimidating  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb  901. hiht a string in red  v. to make something prominent, mainly so that people give it more attention	891. psychic tra	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
something's existence;  894. commit a traffic vion  n. an action that breaches a law, rule, or agreement; an infringement of rights or duties  895. redute income fairly  v. to share something among people in a different way  896. ine a high degree of risk  v. to include or affect someone or something as a necessary part of something else  897. under the umbrella of capsm  n. an economic system based on the private ownership of the means of production and their operation for profit  898. m_h attracted to the light  n. an insect with wings similar to a butterfly that travels at night and is attracted to light  899. terng events  adj. very frightening or intimidating  900. a s_e of long ago  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb  901. hiht a string in red  v. to make something prominent, mainly	892. diagnosis of any disorder	n.	
agreement; an infringement of rights or duties  895. redute income fairly  896. ine a high degree of risk  897. under the umbrella of capsm  898. m_h attracted to the light  899. terng events  899. terng events  890. a s_e of long ago  agreement; an infringement of rights or duties  897. to share something among people in a different way  898. to include or affect someone or something as a necessary part of something else  899. terng events  898. m_h attracted to the light  899. ter_ng events  899. ter_ng events  8900. a s_e of long ago  8000. a	893. lime benefits	n.	
different way  896. ine a high degree of risk  v. to include or affect someone or something as a necessary part of something else  897. under the umbrella of capsm  n. an economic system based on the private ownership of the means of production and their operation for profit  898. m_h attracted to the light  n. an insect with wings similar to a butterfly that travels at night and is attracted to light  899. terng events  adj. very frightening or intimidating  900. a s_e of long ago  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb  901. hiht a string in red  v. to make something prominent, mainly	894. commit a traffic vion	n.	agreement; an infringement of rights or
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private ownership of the means of production and their operation for profit  n. an insect with wings similar to a butterfly that travels at night and is attracted to light  899. terng events  adj. very frightening or intimidating  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb  901. hiht a string in red  private ownership of the means of production and their operation for profit  n. a very with wings similar to a butterfly that travels at night and is attracted to light  very frightening or intimidating  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb	896. ine a high degree of risk	ν.	something as a necessary part of
butterfly that travels at night and is attracted to light  899. terng events  adj. very frightening or intimidating  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb  901. hiht a string in red  butterfly that travels at night and is attracted to light  respectively.	897. under the umbrella of capsm	n.	private ownership of the means of
900. a s_e of long ago  n. a very wise and experienced person; a small evergreen subshrub with flat and light green leaves that has a strong smell and are used as a culinary herb  901. hiht a string in red  v. to make something prominent, mainly	898. mh attracted to the light	n.	butterfly that travels at night and is
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•	900. a se of long ago	n.	small evergreen subshrub with flat and light green leaves that has a strong
	901. hiht a string in red	v.	<u> </u>

ANSWERS: 891. trauma, 892. anxiety, 893. lifetime, 894. violation, 895. redistribute, 896. involve, 897. capitalism, 898. moth, 899. terrifying, 900. sage, 901. highlight

90Z.	unb_	 bie	Deauty

903. ad\_\_\_t the rearview mirror

904. su\_\_\_r bad grades

905. bo\_\_\_\_an vibe

906. st\_\_\_\_ht for two months

907. make a da g face

908. in I confidence

909. d p a chip in the sauce

910. a peaceful la\_\_\_\_pe

911. fun\_\_\_\_al rights

- adj. beyond belief or understanding and extremely surprising
- to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
- to experience pain, distress, or ν. hardship; to undergo or endure something painful or unpleasant
- a person who leads an unconventional or non-traditional lifestyle, often characterized by creativity, artistic expression, and a disregard for social or cultural norms or conventions
- adj. extending or moving in one direction without bending or curving; having no deviations
- adj. brave and taking risks
- to impart, introduce, or cause to be ν. absorbed gradually
- to put something into a liquid for a short ν. time and take it out again
- an expanse of scenery that can be seen n. in a single view; a large area of land, especially in the country and relating to its appearance
- adj. forming an essential base or core from which everything else develops or is affected

ANSWERS: 902. unbelievable, 903. adjust, 904. suffer, 905. bohemian, 906. straight, 907. daring, 908. instill, 909. dip, 910. landscape, 911. fundamental

an object, often a rubber or silicone nipple, designed to be sucked on by a baby to soothe or calm them; a person or thing that helps to calm or soothe others or to prevent conflict

adv. all the time

ANSWERS: 912. prediction, 913. wit, 914. environment, 915. liver, 916. totalitarian, 917. suspect, 918. jungle, 919. yank, 920. shift, 921. pacifier, 922. constantly

921. fall asleep with a pa\_\_\_er

922. a con\_\_\_\_ly varying mind

the front part of the body below the 923. the be y of the ship n. chest, containing the stomach and bowels: the rounded or curved part of an object, such as a ship or aircraft the act of holding onto something firmly 924. lose my g p n. with your hands, or the ability to do so; (verb) to hold fast or firmly 925. hi\_\_\_\_ ic accomplishment adj. famous or significant in history, or potentially so 926. an und\_\_\_\_ng cause of an adj. significant as a cause or basis of something but not immediately apparent accident or stated clearly an extended fictional work in prose; 927. historical no\_\_l n. usually in the form of a story; (adjective) original and of a kind not seen before a secluded religious community or 928. live cloistered away in an as\_\_\_m n. retreat center where people practice yoga, meditation, and other spiritual disciplines under the guidance of a teacher or guru a soft, wet, sticky earth or clay 929. m d volcano 930. with an unc\_\_\_\_ble face adj. providing or feeling physical discomfort or slight pain 931. par\_\_\_\_\_tic response adj. relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and glandular activity, and relaxing the sphincter

ANSWERS: 923. belly, 924. grip, 925. historic, 926. underlying, 927. novel, 928. ashram, 929. mud, 930. uncomfortable, 931. parasympathetic

muscles

- 932. ty\_\_\_\_I leader
- 933. de\_\_\_e centigrade
- 934. re\_\_\_\_e a phone

- adj. having the usual characteristics or traits of a specific group of things
- a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
- v. to take the place of something

ANSWERS: 932. typical, 933. degree, 934. replace

## **Session 3: Fill in the Blanks**

1.	The shipwreck was rescued after floating in the ocean for three days.
n.	a person who remains alive after an event in which others have died
2.	He gave a stern to the naughty student.
n.	great care and attention that you take to avoid danger or mistakes; a warning against certain acts
3.	He was reluctant to leave his comfort and try something new.
n.	a specific area, region, or section that is marked off or defined in some way
4.	My dog found a on the floor and quickly ate it.
n.	a small particle or fragment of food or other substance, often one that has broken off from a larger piece; a very small amount or portion of something
5.	She is a person and has always bounced back from setbacks.
adj	i. able to withstand or recover quickly from difficult conditions
6.	My father's death my life completely.
ν.	to change in outward structure or looks;
7.	This ad campaign is aimed at young women.
ad	v. only associated with or meant for one thing
8.	The nervous system helps to regulate the body's involuntary functions, such as digestion and relaxation.
adj	relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and glandular activity, and relaxing the sphincter muscles
	SWERS: 1. survivor, 2. caution, 3. zone, 4. crumb, 5. resilient, 6. transformed, 7. ecifically, 8. parasympathetic

quotation, 31. illusion, 32. articulate, 33. sparked

ANSWERS: 105. metaphors, 106. intuitive, 107. dive, 108. silent, 109. uncountable, 110. vast, 111. nowhere, 112. unfair

opportune, 143. necessarily, 144. proverb

disaster, 150. distress, 151. sham, 152. sober

158. grains, 159. pacifier

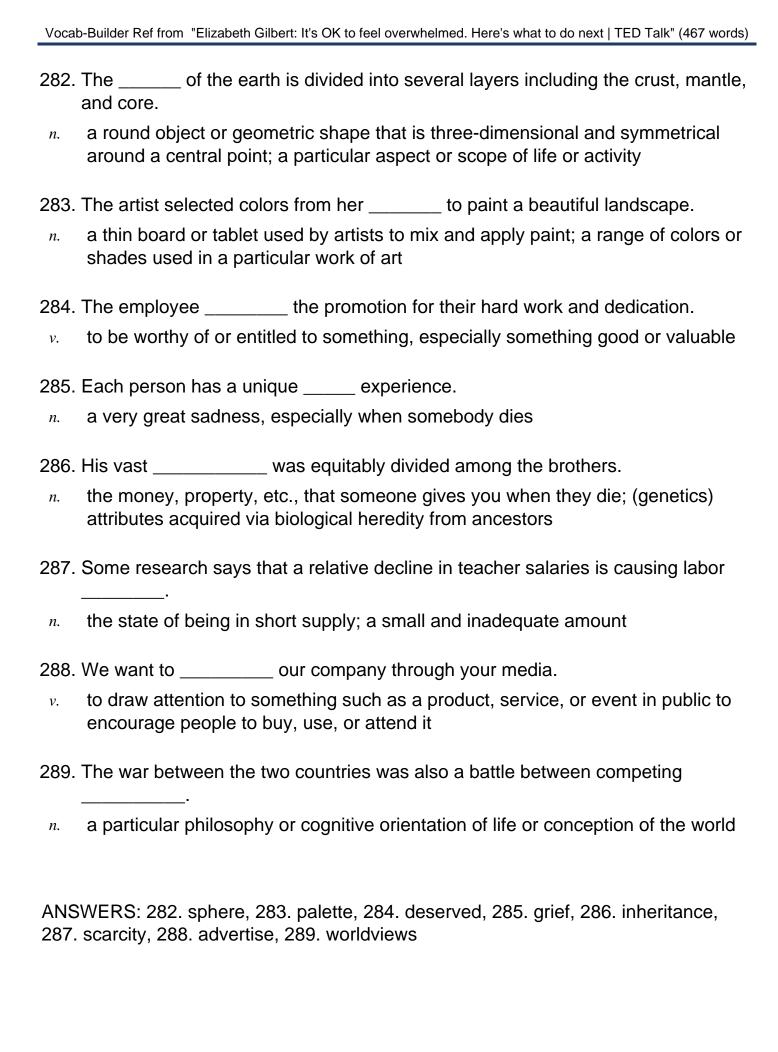
ANSWERS: 175. unveil, 176. presence, 177. induces, 178. jersey, 179. disgust, 180. subtitles, 181. tactic, 182. inspiration, 183. monitor

ANSWERS: 193. imply, 194. instruction, 195. standpoint, 196. shave, 197. daring, 198. humming, 199. grieved, 200. apparently, 201. terrify

201. It would be best not to \_\_\_\_\_ your associates into doing complex tasks.

to frighten someone very much

intimate, 216. interaction, 217. divorce, 218. encouraged



define, 312. spot, 313. horrible, 314. unbelievable, 315. haul

psychology, 321. bumped, 322. pancreas, 323. acknowledged

ANSWERS: 341. imaginary, 342. constantly, 343. expedition, 344. talents, 345. locate, 346. merciful, 347. remarkable, 348. dip, 349. magnitude