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Vocabulary Builder Reference from...

Arturs Miksons: The benefits of expressing your emotions (constructively) | TED Talk

https://www.ted.com/talks/arturs_miksons_the_benefits_of_expressing_your_emotions_constructively

All Words

IMPORTANT

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Session 1: Word List

aisle

n. a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure

synonym: corridor, passageway, gangway

(1) **aisle** seat, (2) the center **aisle** of a church

She walked down the **aisle** to the front of the church.

bunch

n. a grouping of several similar things which are growing or fastened together

synonym: group, assemblage, bundle

(1) a **bunch** of trees, (2) a **bunch** of schoolgirls

One bad apple spoils the whole **bunch**.

gaze

v. to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else

synonym: stare, gawk, look

(1) **gaze** steadily at his face, (2) **gaze** absently out a window

The youngster was **gazed** at by the beast.

armpit

n. the hollow under the arm where it joins the shoulder

synonym: underarm, axilla

(1) hair of the **armpits**, (2) **armpit** area

This stick will deodorize your **armpits**.

victorious

adj. being the winner in a game, competition, election, war, etc.

synonym: triumphant, winning

(1) the **victorious** entry, (2) the **victorious** army

The **victorious** troops marched back to their homeland.

cashier

n. an employee responsible for handling transactions, such as payments or returns, in a store or other business

synonym: teller, clerk

(1) **cashier** position, (2) bank **cashier**

After working as a **cashier** for a few years, she was promoted to a managerial position within the grocery store.

sensation

n. a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement

synonym: feeling, perception, mania

(1) cause a widespread **sensation**, (2) taste **sensation**

If you apply this ointment, you may feel a mild burning **sensation**.

pony

n. a small horse

synonym: cayuse

(1) **pony** engine, (2) a spotted **pony**

At this ranch, children can experience riding a **pony**.

rainbow

n. an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain

synonym: spectrum, iridescence, prism

(1) marine **rainbow**, (2) **rainbow** after a storm

She was mesmerized by the **rainbow's** colors.

blast

n. explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise

synonym: blow, burst, explosion

(1) a **blast** of wind, (2) an icy **blast**

The **blast** shattered the laboratory equipment.

queue

n. a line of people or vehicles, especially one that forms outside a place of entertainment or a public building, waiting for something to become available

synonym: range, sequence, waiting line

(1) form a **queue**, (2) **queue** system

There was a long **queue** at the popular attraction.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

sunshine

n. the direct light and heat that comes from the sun

synonym: sunlight, daylight, rays

(1) warm **sunshine**, (2) morning **sunshine**

The **sunshine** was so bright that I had to wear sunglasses to protect my eyes.

fade

v. to vanish; to fade away; to lose color; to lose freshness

synonym: languish, wither

(1) **fade** away almost completely, (2) **fade** in importance

My memory will **fade**, but my heart will live on.

grim

adj. looking or sounding very serious or gloomy

synonym: fierce, harsh, gloomy

(1) **grim** reality, (2) a **grim-featured** man

The result presented a **grim** picture of inefficiency and corruption.

thunderstorm

n. a storm with lightning and thunder, typically with heavy rain and strong gusts of wind

synonym : tempest, lightning storm, deluge

(1) severe **thunderstorms**, (2) **thunderstorm** advisory
The forecast called for a chance of **thunderstorms** in the afternoon.

yell
v. to shout in a sudden and loud way
synonym : shout, scream, cry
(1) **yell** for help, (2) **yell** as loud as we can
When I asked my father for more money, he became furious and **yelled** at me.

suddenly
adv. quickly and unexpectedly
synonym : abruptly, unexpectedly, unawares
(1) **suddenly** attacked by an enemy, (2) die **suddenly**
Who answers **suddenly** knows little.

fuss
n. a state of agitation or excitement; an angry disturbance
synonym : commotion, agitation, disturbance
(1) make a **fuss**, (2) get into a **fuss**
There was a **fuss** about the broken vase, but it was quickly forgotten.

react
v. to take action in response to something
synonym : respond, reply, oppose
(1) **react** at a high temperature, (2) **react** against his way of thinking
How did he **react** to your idea?

magical
adj. produced by or containing supernatural powers
synonym : enchanting, occult, supernatural
(1) **magical** place, (2) **magical** powers
When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

granny
n. a grandmother; an older adult, especially one who is seen as conservative or cautious, often used as a term

of affection or familiarity

synonym : older woman, grandmother, grandma

(1) **granny** leave, (2) **granny** annex

Seeing **granny's** smiling face whenever I visit her is always a treat.

pause

v. to take a short break from talking or doing something before continuing

synonym : halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

myth

n. an ancient story or set of stories accepted as history, especially explaining the worldview of a people

synonym : fable, legend, lore

(1) the **myth** of an old religion, (2) perpetuate a **myth**

With the financial bubble bursting, the **myth** of economic growth in investment banking collapsed.

distance

n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

synonym :

space, gap, span

(1) driving **distance**, (2) social **distance**

The marathon runner covered a long **distance** in a short amount of time.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

attach

v. to fasten, join, or connect one thing to another

synonym: fix, fasten, bind

(1) **attach** firmly, (2) **attach** a file to an e-mail

He does not **attach** importance to these rumors.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

extent

n. the point or degree or area to which something extends

synonym: amount, degree, intensity

(1) certain **extent**, (2) the **extent** of the damage

I was amazed at the **extent** of her generosity.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

biology

n. the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

limbic

adj. of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction

(1) **limbic** cortex, (2) **limbic** epilepsy

The **limbic** brain region responded readily to negative or sad sounds.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

reside

v. to live in a particular place, typically for a prolonged period of time

synonym: live, dwell, inhabit

(1) **reside** on the skin, (2) **reside** permanently
They **reside** in a beautiful old house in the countryside.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

reaction

n. a response that reveals a person's feelings or attitude;
(in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

physiological

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

synonym: biological, organic, bodily

(1) **physiological** response, (2) **physiological** activity

The doctor explained the various **physiological** changes that occur during pregnancy.

illogical

adj. not making sense or not based on sound reasoning

synonym: irrational, senseless, nonsensical

(1) **illogical** argument, (2) **illogical** reasoning

His argument made no sense and was completely **illogical**.

babysitter

n. a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians

synonym: childcare provider, nanny, nurse

(1) need a trustworthy **babysitter**, (2) experienced

babysitter

Our regular **babysitter** was sick, so we had to find a replacement at the last minute.

infant

n. a baby or very young child

synonym: baby, newborn, tot

(1) **infant** daughter, (2) **infant** food

Mozart was an **infant** prodigy.

heteroblasty

n. a phenomenon in biology where different parts of an organism develop at different rates or times, resulting in distinct variations in form or structure, which can be observed in plants, where changes in growth patterns can produce different leaf shapes or stem structures

synonym: differential growth, heterauxesis, heterosis

(1) mechanical **heteroblasty**, (2) the **heteroblasty** of certain shrubs

Botanists have discovered fascinating examples of **heteroblasty** in many eucalyptus species, with leaves drastically changing shape and size as the plant matures.

caress

v. to touch or stroke gently and affectionately; to express love or tenderness with physical contact

synonym: stroke, fondle, pet

(1) **caress** her hair, (2) **caress** his cheek

The mother gently **caressed** her child's forehead to soothe their fever.

diaper

n. a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces

synonym: napkin, nappy

(1) **diaper** bag, (2) cloth **diaper**

I need to buy a pack of **diapers** for my baby before we run out.

Christ

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

synonym : Savior, Jesus Christ, Jesus

(1) teaching of **Christ**, (2) before **Christ**

Christmas is the day to celebrate the birth of Christ.

sake

n. purpose; reason for wanting something done

synonym : purpose, reason, interest

(1) for your own **sake**, (2) for the **sake** of argument

He got a new job for the **sake** of his family.

ignore

v. to intentionally not listen or pay attention to

synonym : neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

vivid

adj. producing very clear, powerful, and detailed images in the mind

synonym : intense, powerful, dazzling

(1) **vivid** colors, (2) still **vivid** in my memory

She made a **vivid** impression.

doorway

n. an opening in a wall for a door to fit into

synonym : entrance, portal, gateway

(1) a wide **doorway**, (2) **doorway** to success

He leaned against the **doorway**, waiting for her to come home.

screw

v. to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together

synonym : tighten, fix, secure

(1) **screw** the cap, (2) a female **screw**

He had to **screw** the loose knob back onto the cabinet door.

neurobiology

n. a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion

synonym : brain science, neural science, neurology

(1) **neurobiology** research, (2) cellular **neurobiology**

The professor's research in **neurobiology** has led to groundbreaking discoveries in the field of brain science.

instance

n. a particular example or single occurrence of something

synonym : example, sample, illustration

(1) for **instance**, (2) notable **instance**

These articles cite five **instances** of climate change.

helpless

adj. unable to take care of oneself or to do things without help

synonym : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

despair

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

synonym : dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

scared

adj. afraid or frightened

synonym : frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

synonym : relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice
The castle was **abandoned** several years later.

bastardize

v. to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something

synonym : corrupt, debase, pervert

(1) **bastardize** a recipe, (2) **bastardize** culture

We do not want to **bastardize** the text's original meaning through poor translations.

hopeless

adj. having no hope; despairing; having no chance of success

synonym : despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything

After months of job searching, he felt **hopeless** and unsure of his future.

intensive

adj. involving a lot of work or activity in a short time

synonym : thorough, comprehensive, in-depth

(1) **intensive** agriculture, (2) **intensive** care

The construction industry is labor **intensive**, although it has been somewhat automated by introducing large machinery.

odd

adj. strange or unexpected; not divisible by two

synonym : strange, bizarre, abnormal

(1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

stereotype

n. a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

(1) avoid **stereotype**, (2) negative **stereotypes**

Changing **stereotypes** about LGBTQ requires considerable effort.

spectrum

n. an ordered array of colors into which a light beam can be split

synonym: range, scale, spread

(1) a broad **spectrum** of opinion, (2) infrared **spectrum**

This device displayed the speech **spectrum** spectrographically.

firm

adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

synonym: stable, secure, steadfast

(1) **firm** grip, (2) accounting **firm**

The **firm** deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.

stable

adj. firm and steady; not easily moved, disturbed, or changed

synonym: sturdy, unmoving, durable

(1) in **stable** condition, (2) have a **stable** job

Relations between the two countries have been relatively **stable** due to the summit meeting.

prefer

v. to like, choose, or want one thing or person better than another

synonym: choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat

The birds **prefer** open water areas with reeds around them.

embarrass

v. to cause someone to feel awkward, worried, or ashamed

synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project

He looked for an opportunity to **embarrass** that actor in public.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who

pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

excessive

adj. greater than what seems necessary, normal, or desirable

synonym : unreasonable, exorbitant, inflated

(1) an **excessive** force, (2) take **excessive** care

It would be best if you did not demand such an **excessive** charge.

jealousy

n. a feeling of resentment or bitterness towards someone because they have something that you desire

synonym : envy, covetousness, resentment

(1) **jealousy** feeling towards another person, (2) burn with **jealousy**

His **jealousy** of his brother's success caused a rift in their relationship.

shyness

n. the quality or state of being worried or embarrassed about meeting and speaking to other people

synonym : bashfulness, timidity, modesty

(1) lose some of my **shyness**, (2) **shyness** barrier

He finally overcame his **shyness**.

hysteria

n. a state of extreme excitement, fear, or anger that cannot be controlled

synonym : panic, fury, agitation

(1) global warming **hysteria**, (2) anxiety **hysteria**

There was mass **hysteria** when the team won a championship.

eradicate

v. to get rid of or destroy something completely, especially something bad

synonym : destroy, eliminate, exterminate

(1) **eradicate** the deficit, (2) **eradicate** racial discrimination
We are trying to **eradicate** this disease from the world.

ashamed

adj. feeling guilt, embarrassment, or remorse about something because of something you have done

synonym: regretful, repentant, mortified

(1) feel **ashamed** of him, (2) cast **ashamed** eyes
You don't have to be **ashamed**.

broad

adj. very wide; general

synonym: wide, expansive, comprehensive

(1) attract **broad** attention, (2) a **broad** mind
He accumulated wealth across a **broad** spectrum of assets.

rage

n. a strong feeling of anger or violence

synonym: fury, anger, outrage

(1) uncontrollable **rage**, (2) fall into a **rage**
She was filled with a burning **rage** at the injustice she had witnessed.

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym: cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet
She kept **screaming** for an ambulance.

hell

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

synonym: inferno, agony, misery

(1) run like **hell**, (2) **hell** broke loose
The battlefield became **hell** on earth.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym : coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

cherish

v. to hold someone or something dear; to feel or show affection for someone or something

synonym : treasure, value, hold dear

(1) **cherish** a stuffed animal, (2) **cherish** relationships

She **cherished** the memories of her childhood.

relation

n. the way two persons or groups of people feel and act toward one another

synonym : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

cancel

v. to decide that a previously scheduled activity will not take place

synonym : abort, invalidate, annul

(1) **cancel** a class, (2) **cancel** a free subscription trial

When customers **cancel** their reservations, they lose the deposit they made.

inevitable

adj. certain to happen and unavoidable

synonym : inescapable, unavoidable, sure

(1) **inevitable** changes of the seasons, (2) **inevitable** result

In times of recession, an increase in unemployment is **inevitable**.

awful

adj. causing fear, dread, or terror; very bad or unpleasant

synonym : terrible, appalling, horrible

(1) an **awful** error, (2) do **awful** damage

I regretted making an **awful** mistake in my final exam.

weird

adj. extraordinary, unexpected, or difficult to explain
synonym : bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**
My computer has been acting **weird** recently.

silent

adj. without any or little sound
synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent
The politician remained **silent** despite intense media scrutiny.

devalue

v. to reduce the value or worth of something
synonym : diminish, depreciate, reduce

(1) **devalue** the pound, (2) **devalue** a brand
Her negative comments about the project only **devalued** the team's efforts.

condemn

v. to express strong disapproval or criticism of something
synonym : criticize, denounce, censure

(1) **condemn** violence, (2) **condemn** crime
The government was **condemned** for its handling of the crisis.

grocery

n. a shop that sells food and other household items
synonym : foodstuff, market

(1) the **grocery** business, (2) run a **grocery**
I will go to the **grocery** store to buy food for dinner.

vague

adj. not clearly expressed or understood
synonym : ambiguous, imprecise, dim

(1) **vague** idea, (2) make a **vague** answer
The **vague** rumor turned out to be false.

psychotic

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

synonym :

deranged, unstable, certifiable

(1) **psychotic** medication, (2) **psychotic** episode

Her husband's death caused her to experience a **psychotic** break.

Session 2: Spelling

1. f__e in importance *v.* to vanish; to fade away; to lose color; to lose freshness
2. cellular neu_____ogy *n.* a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion
3. bas_____ze culture *v.* to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something
4. g__e absently out a window *v.* to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
5. feel as ____d of him *adj.* feeling guilt, embarrassment, or remorse about something because of something you have done
6. a broad sp_____um of opinion *n.* an ordered array of colors into which a light beam can be split
7. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist

ANSWERS: 1. fade, 2. neurobiology, 3. bastardize, 4. gaze, 5. ashamed, 6. spectrum, 7. psychotherapy

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|----------------------------------|---|
| 8. cloth di___r | <i>n.</i> a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces |
| 9. basic br___n function | <i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling |
| 10. phy_____cal response | <i>adj.</i> relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body |
| 11. temporary me_____l treatment | <i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine |
| 12. re___e permanently | <i>v.</i> to live in a particular place, typically for a prolonged period of time |
| 13. sh_____s barrier | <i>n.</i> the quality or state of being worried or embarrassed about meeting and speaking to other people |
| 14. the state of being we__d | <i>adj.</i> extraordinary, unexpected, or difficult to explain |
| 15. de_____r at the future | <i>n.</i> the feeling that there is no hope and you cannot do anything to improve a difficult situation |
| 16. the gr_____y business | <i>n.</i> a shop that sells food and other household items |
| 17. ab_____n a friend | <i>v.</i> to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity |

ANSWERS: 8. diaper, 9. brain, 10. physiological, 11. medical, 12. reside, 13. shyness, 14. weird, 15. despair, 16. grocery, 17. abandon

18. evolutionary bi____y *n.* the scientific study of life and the natural processes of living things
19. get into a f__s *n.* a state of agitation or excitement; an angry disturbance
20. f__e away almost completely *v.* to vanish; to fade away; to lose color; to lose freshness
21. gr____y annex *n.* a grandmother; an older adult, especially one who is seen as conservative or cautious, often used as a term of affection or familiarity
22. ine_____le changes of the seasons *adj.* certain to happen and unavoidable
23. for the s__e of argument *n.* purpose; reason for wanting something done
24. make a va__e answer *adj.* not clearly expressed or understood
25. gr____y leave *n.* a grandmother; an older adult, especially one who is seen as conservative or cautious, often used as a term of affection or familiarity
26. li____c cortex *adj.* of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction
27. social di_____ce *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
28. global warming hy_____ia *n.* a state of extreme excitement, fear, or anger that cannot be controlled

ANSWERS: 18. biology, 19. fuss, 20. fade, 21. granny, 22. inevitable, 23. sake, 24. vague, 25. granny, 26. limbic, 27. distance, 28. hysteria

29. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
30. g__m reality *adj.* looking or sounding very serious or gloomy
31. phy_____cal activity *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
32. run like h__l *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
33. cast as_____d eyes *adj.* feeling guilt, embarrassment, or remorse about something because of something you have done
34. de___e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
35. cell and molecular bi_____y *n.* the scientific study of life and the natural processes of living things
36. even more unf_____ely *adv.* by bad luck; unluckily
37. ca___s her hair *v.* to touch or stroke gently and affectionately; to express love or tenderness with physical contact

ANSWERS: 29. magic, 30. grim, 31. physiological, 32. hell, 33. ashamed, 34. degree, 35. biology, 36. unfortunately, 37. caress

38. ps_____ic episode *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
39. ch_____h a stuffed animal *v.* to hold someone or something dear; to feel or show affection for someone or something
40. thu_____orm advisory *n.* a storm with lightning and thunder, typically with heavy rain and strong gusts of wind
41. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
42. marine ra_____w *n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
43. still vi__d in my memory *adj.* producing very clear, powerful, and detailed images in the mind
44. unf_____ely caught in a shower *adv.* by bad luck; unluckily
45. hair of the ar____ts *n.* the hollow under the arm where it joins the shoulder
46. in_____ve care *adj.* involving a lot of work or activity in a short time
47. pa__e for a reaction *v.* to take a short break from talking or doing something before continuing
48. bas_____ze a recipe *v.* to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something

ANSWERS: 38. psychotic, 39. cherish, 40. thunderstorm, 41. emotion, 42. rainbow, 43. vivid, 44. unfortunately, 45. armpit, 46. intensive, 47. pause, 48. bastardize

49. anxiety hy_____ia *n.* a state of extreme excitement, fear, or anger that cannot be controlled
50. field of psy_____apy *n.* the treatment of mental or emotional problems by talking with a therapist
51. infrared sp_____um *n.* an ordered array of colors into which a light beam can be split
52. neu_____ogy research *n.* a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion
53. the vic_____us army *adj.* being the winner in a game, competition, election, war, etc.
54. for your own s__e *n.* purpose; reason for wanting something done
55. he_____ss victims *adj.* unable to take care of oneself or to do things without help
56. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
57. perpetuate a m__h *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
58. res_____le action *adj.* answerable or accountable for something within one's power, control, or management

ANSWERS: 49. hysteria, 50. psychotherapy, 51. spectrum, 52. neurobiology, 53. victorious, 54. sake, 55. helpless, 56. responsible, 57. myth, 58. responsible

59. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
60. ca___l a class *v.* to decide that a previously scheduled activity will not take place
61. ig___e her advice *v.* to intentionally not listen or pay attention to
62. before Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
63. the vic_____us entry *adj.* being the winner in a game, competition, election, war, etc.
64. form a qu___e *n.* a line of people or vehicles, especially one that forms outside a place of entertainment or a public building, waiting for something to become available
65. driving di_____ce *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
66. the center ai___e of a church *n.* a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure
67. teaching of Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

ANSWERS: 59. relation, 60. cancel, 61. ignore, 62. Christ, 63. victorious, 64. queue, 65. distance, 66. aisle, 67. Christ

68. a bu__h of schoolgirls *n.* a grouping of several similar things which are growing or fastened together
69. a br__d mind *adj.* very wide; general
70. ai__e seat *n.* a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure
71. em____al health *adj.* relating to people's feelings
72. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
73. ma____l place *adj.* produced by or containing supernatural powers
74. em____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
75. il____al argument *adj.* not making sense or not based on sound reasoning
76. y__l for help *v.* to shout in a sudden and loud way
77. chemical re____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
78. sc____d all the time *adj.* afraid or frightened
79. an icy bl__t *n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise

ANSWERS: 68. bunch, 69. broad, 70. aisle, 71. emotional, 72. magic, 73. magical, 74. embarrass, 75. illogical, 76. yell, 77. reaction, 78. scared, 79. blast

80. cause a widespread se_____on *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
81. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
82. an aw__l error *adj.* causing fear, dread, or terror; very bad or unpleasant
83. the ex___t of the damage *n.* the point or degree or area to which something extends
84. do aw__l damage *adj.* causing fear, dread, or terror; very bad or unpleasant
85. trigger a re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
86. an ex_____ve force *adj.* greater than what seems necessary, normal, or desirable
87. lose some of my sh_____s *n.* the quality or state of being worried or embarrassed about meeting and speaking to other people
88. ca___l a free subscription trial *v.* to decide that a previously scheduled activity will not take place
89. die su_____ly *adv.* quickly and unexpectedly
90. vi__d colors *adj.* producing very clear, powerful, and detailed images in the mind
91. f__m grip *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

ANSWERS: 80. sensation, 81. suddenly, 82. awful, 83. extent, 84. awful, 85. reaction, 86. excessive, 87. shyness, 88. cancel, 89. suddenly, 90. vivid, 91. firm

92. a wide do____y *n.* an opening in a wall for a door to fit into
93. attract br__d attention *adj.* very wide; general
94. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
95. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
96. in____t daughter *n.* a baby or very young child
97. sc____d dog *adj.* afraid or frightened
98. si____t reading *adj.* without any or little sound
99. uncontrollable r__e *n.* a strong feeling of anger or violence
100. experienced bab____er *n.* a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians
101. ca____r position *n.* an employee responsible for handling transactions, such as payments or returns, in a store or other business
102. a we__d dress *adj.* extraordinary, unexpected, or difficult to explain
103. bank ca____r *n.* an employee responsible for handling transactions, such as payments or returns, in a store or other business

ANSWERS: 92. doorway, 93. broad, 94. brain, 95. sham, 96. infant, 97. scared, 98. silent, 99. rage, 100. babysitter, 101. cashier, 102. weird, 103. cashier

104. ra____w after a storm *n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
105. a g__m-featured man *adj.* looking or sounding very serious or gloomy
106. re__t against his way of thinking *v.* to take action in response to something
107. make a f__s *n.* a state of agitation or excitement; an angry disturbance
108. re___e on the skin *v.* to live in a particular place, typically for a prolonged period of time
109. in_____ve agriculture *adj.* involving a lot of work or activity in a short time
110. sc___m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
111. ar___t area *n.* the hollow under the arm where it joins the shoulder
112. the m__h of an old religion *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
113. untold de____r *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
114. sc__w the cap *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together

ANSWERS: 104. rainbow, 105. grim, 106. react, 107. fuss, 108. reside, 109. intensive, 110. scream, 111. armpit, 112. myth, 113. despair, 114. screw

115. co_____n violence *v.* to express strong disapproval or criticism of something
116. re__t at a high temperature *v.* to take action in response to something
117. run a gr_____y *n.* a shop that sells food and other household items
118. p__y engine *n.* a small horse
119. do_____y to success *n.* an opening in a wall for a door to fit into
120. de_____e the pound *v.* to reduce the value or worth of something
121. for in_____ce *n.* a particular example or single occurrence of something
122. fall into a r__e *n.* a strong feeling of anger or violence
123. ca___s his cheek *v.* to touch or stroke gently and affectionately; to express love or tenderness with physical contact
124. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
125. taste se_____on *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
126. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
127. il_____al reasoning *adj.* not making sense or not based on sound reasoning

ANSWERS: 115. condemn, 116. react, 117. grocery, 118. pony, 119. doorway, 120. devalue, 121. instance, 122. rage, 123. caress, 124. involve, 125. sensation, 126. emotion, 127. illogical

128. mechanical het_____sty *n.* a phenomenon in biology where different parts of an organism develop at different rates or times, resulting in distinct variations in form or structure, which can be observed in plants, where changes in growth patterns can produce different leaf shapes or stem structures
129. notable in_____ce *n.* a particular example or single occurrence of something
130. er_____te the deficit *v.* to get rid of or destroy something completely, especially something bad
131. accounting f__m *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
132. pr____r a window seat *v.* to like, choose, or want one thing or person better than another
133. li____c epilepsy *adj.* of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction
134. y__l as loud as we can *v.* to shout in a sudden and loud way
135. warm su_____ne *n.* the direct light and heat that comes from the sun
136. ine_____le result *adj.* certain to happen and unavoidable
137. burn with je_____sy *n.* a feeling of resentment or bitterness towards someone because they have something that you desire

ANSWERS: 128. heteroblasty, 129. instance, 130. eradicate, 131. firm, 132. prefer, 133. limbic, 134. yell, 135. sunshine, 136. inevitable, 137. jealousy

138. take ex_____ve care *adj.* greater than what seems necessary, normal, or desirable
139. ab_____n the practice *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
140. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
141. a spotted p___y *n.* a small horse
142. g__e steadily at his face *v.* to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
143. er_____te racial discrimination *v.* to get rid of or destroy something completely, especially something bad
144. at___h a file to an e-mail *v.* to fasten, join, or connect one thing to another
145. the het_____sty of certain shrubs *n.* a phenomenon in biology where different parts of an organism develop at different rates or times, resulting in distinct variations in form or structure, which can be observed in plants, where changes in growth patterns can produce different leaf shapes or stem structures
146. morning su_____ne *n.* the direct light and heat that comes from the sun
147. co_____n crime *v.* to express strong disapproval or criticism of something
148. bachelor's de___e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 138. excessive, 139. abandon, 140. relation, 141. pony, 142. gaze, 143. eradicate, 144. attach, 145. heteroblasty, 146. sunshine, 147. condemn, 148. degree

149. a female sc__w *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
150. qu__e system *n.* a line of people or vehicles, especially one that forms outside a place of entertainment or a public building, waiting for something to become available
151. have a st___e job *adj.* firm and steady; not easily moved, disturbed, or changed
152. ig___e a ban *v.* to intentionally not listen or pay attention to
153. need a trustworthy bab____er *n.* a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians
154. in st___e condition *adj.* firm and steady; not easily moved, disturbed, or changed
155. je____sy feeling towards another person *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
156. a bu__h of trees *n.* a grouping of several similar things which are growing or fastened together
157. pa__e a moment *v.* to take a short break from talking or doing something before continuing
158. in an o_d way *adj.* strange or unexpected; not divisible by two

ANSWERS: 149. screw, 150. queue, 151. stable, 152. ignore, 153. babysitter, 154. stable, 155. jealousy, 156. bunch, 157. pause, 158. odd

159. a bl__t of wind *n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise
160. h__l broke loose *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
161. de____e a brand *v.* to reduce the value or worth of something
162. avoid ste____pe *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
163. certain ex____t *n.* the point or degree or area to which something extends
164. collaborate with co____ues *n.* one of a group of a coworker, especially in a profession or a business
165. ho____ss at everything *adj.* having no hope; despairing; having no chance of success
166. severe thu____orms *n.* a storm with lightning and thunder, typically with heavy rain and strong gusts of wind
167. give si____t consent *adj.* without any or little sound
168. di____r bag *n.* a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces

ANSWERS: 159. blast, 160. hell, 161. devalue, 162. stereotype, 163. extent, 164. colleague, 165. hopeless, 166. thunderstorm, 167. silent, 168. diaper

169. at___h firmly *v.* to fasten, join, or connect one thing to another
170. ch_____h relationships *v.* to hold someone or something dear; to feel or show affection for someone or something
171. in___t food *n.* a baby or very young child
172. sc___m a profanity *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
173. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
174. he_____ss baby *adj.* unable to take care of oneself or to do things without help
175. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
176. em_____al distress *adj.* relating to people's feelings
177. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
178. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
179. o_d behavior *adj.* strange or unexpected; not divisible by two
180. pr___r physics to chemistry *v.* to like, choose, or want one thing or person better than another

ANSWERS: 169. attach, 170. cherish, 171. infant, 172. scream, 173. sham, 174. helpless, 175. involve, 176. emotional, 177. embarrass, 178. medical, 179. odd, 180. prefer

181. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
182. ps_____ic medication *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
183. ma_____l powers *adj.* produced by or containing supernatural powers
184. va__e idea *adj.* not clearly expressed or understood
185. ho_____ss situation *adj.* having no hope; despairing; having no chance of success
186. negative ste_____pes *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

ANSWERS: 181. colleague, 182. psychotic, 183. magical, 184. vague, 185. hopeless, 186. stereotype

Session 3: Fill in the Blanks

1. There was a chemical _____ of the lime with the groundwater.
n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

2. He does not _____ importance to these rumors.
v. to fasten, join, or connect one thing to another

3. She made a _____ impression.
adj. producing very clear, powerful, and detailed images in the mind

4. He accumulated wealth across a _____ spectrum of assets.
adj. very wide; general

5. After months of job searching, he felt _____ and unsure of his future.
adj. having no hope; despairing; having no chance of success

6. I regretted making an _____ mistake in my final exam.
adj. causing fear, dread, or terror; very bad or unpleasant

7. The government was _____ for its handling of the crisis.
v. to express strong disapproval or criticism of something

8. His grandfather was an _____ man.
adj. strange or unexpected; not divisible by two

9. The investigation _____ several government agencies and is expected to take several months.
v. to include or affect someone or something as a necessary part of something else

ANSWERS: 1. reaction, 2. attach, 3. vivid, 4. broad, 5. hopeless, 6. awful, 7. condemned, 8. odd, 9. involves

10. When I asked my father for more money, he became furious and _____ at me.

v. to shout in a sudden and loud way

11. She was filled with a burning _____ at the injustice she had witnessed.

n. a strong feeling of anger or violence

12. Who answers _____ knows little.

adv. quickly and unexpectedly

13. She _____ the memories of her childhood.

v. to hold someone or something dear; to feel or show affection for someone or something

14. The construction industry is labor _____ although it has been somewhat automated by introducing large machinery.

adj. involving a lot of work or activity in a short time

15. The data he prepared was completely _____.

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

16. His friend's death drove him to _____.

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

17. It would be best if you did not demand such an _____ charge.

adj. greater than what seems necessary, normal, or desirable

18. The mother gently _____ her child's forehead to soothe their fever.

v. to touch or stroke gently and affectionately; to express love or tenderness with physical contact

ANSWERS: 10. yelled, 11. rage, 12. suddenly, 13. cherished, 14. intensive, 15. sham, 16. despair, 17. excessive, 18. caressed

19. He leaned against the _____ waiting for her to come home.

n. an opening in a wall for a door to fit into

20. She was mesmerized by the _____ colors.

n. an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain

21. He performed _____ tricks with sophisticated moves.

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

22. Relations between the two countries have been relatively _____ due to the summit meeting.

adj. firm and steady; not easily moved, disturbed, or changed

23. The _____ troops marched back to their homeland.

adj. being the winner in a game, competition, election, war, etc.

24. The _____ team worked quickly to save the patient's life.

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

25. Her husband's death caused her to experience a _____ break.

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

26. The industrial _____ laws were passed with little to no alteration.

n. the way two persons or groups of people feel and act toward one another

ANSWERS: 19. doorway, 20. rainbow's, 21. magic, 22. stable, 23. victorious, 24. medical, 25. psychotic, 26. relations

27. These articles cite five _____ of climate change.
n. a particular example or single occurrence of something
28. The _____ was so bright that I had to wear sunglasses to protect my eyes.
n. the direct light and heat that comes from the sun
29. The _____ rumor turned out to be false.
adj. not clearly expressed or understood
30. How did he _____ to your idea?
v. to take action in response to something
31. In junior high school, we had to dissect a frog in _____ class.
n. the scientific study of life and the natural processes of living things
32. One bad apple spoils the whole _____.
n. a grouping of several similar things which are growing or fastened together
33. I was amazed at the _____ of her generosity.
n. the point or degree or area to which something extends
34. Changing _____ about LGBTQ requires considerable effort.
n. a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
35. My memory will _____ but my heart will live on.
v. to vanish; to fade away; to lose color; to lose freshness

ANSWERS: 27. instances, 28. sunshine, 29. vague, 30. react, 31. biology, 32. bunch, 33. extent, 34. stereotypes, 35. fade,

36. There was a _____ about the broken vase, but it was quickly forgotten.
n. a state of agitation or excitement; an angry disturbance
37. If you apply this ointment, you may feel a mild burning _____.
n. a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
38. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.
adj. produced by or containing supernatural powers
39. There was a long _____ at the popular attraction.
n. a line of people or vehicles, especially one that forms outside a place of entertainment or a public building, waiting for something to become available
40. He looked for an opportunity to _____ that actor in public.
v. to cause someone to feel awkward, worried, or ashamed
41. In times of recession, an increase in unemployment is _____.
adj. certain to happen and unavoidable
42. The marathon runner covered a long _____ in a short amount of time.
n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
43. Botanists have discovered fascinating examples of _____ in many eucalyptus species, with leaves drastically changing shape and size as the plant matures.
n. a phenomenon in biology where different parts of an organism develop at different rates or times, resulting in distinct variations in form or structure, which can be observed in plants, where changes in growth patterns can produce different leaf shapes or stem structures

ANSWERS: 36. fuss, 37. sensation, 38. magical, 39. queue, 40. embarrass, 41. inevitable, 42. distance, 43. heteroblasty

44. This device displayed the speech _____ spectrographically.
n. an ordered array of colors into which a light beam can be split
45. The professor's research in _____ has led to groundbreaking discoveries in the field of brain science.
n. a field of biology that studies the structure, function, and development of the nervous system, including the brain, spinal cord, and peripheral nerves encompassing a wide range of research topics, including the molecular and cellular processes involved in neural signaling, the organization of neural circuits, and the neural basis of behavior, cognition, and emotion
46. There was mass _____ when the team won a championship.
n. a state of extreme excitement, fear, or anger that cannot be controlled
47. I'm _____ of insects.
adj. afraid or frightened
48. The castle was _____ several years later.
v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
49. My computer has been acting _____ recently.
adj. extraordinary, unexpected, or difficult to explain
50. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.
adj. answerable or accountable for something within one's power, control, or management
51. The treatments were done but, _____ were unsuccessful.
adv. by bad luck; unluckily

ANSWERS: 44. spectrum, 45. neurobiology, 46. hysteria, 47. scared, 48. abandoned, 49. weird, 50. responsible, 51. unfortunately,

52. You don't have to be _____.

adj. feeling guilt, embarrassment, or remorse about something because of something you have done

53. Mozart was an _____ prodigy.

n. a baby or very young child

54. Her negative comments about the project only _____ the team's efforts.

v. to reduce the value or worth of something

55. The result presented a _____ picture of inefficiency and corruption.

adj. looking or sounding very serious or gloomy

56. We do not want to _____ the text's original meaning through poor translations.

v. to alter, modify, or degrade something in a way that undermines or violates its original integrity or quality; to create a less authentic or less desirable version of something

57. Some _____ are common across cultures and backgrounds.

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

58. I decided to seek counseling on the advice of my _____.

n. one of a group of a coworker, especially in a profession or a business

59. The man _____ before opening the door.

v. to take a short break from talking or doing something before continuing

ANSWERS: 52. ashamed, 53. infant, 54. devalued, 55. grim, 56. bastardize, 57. emotions, 58. colleague, 59. paused

60. With the financial bubble bursting, the _____ of economic growth in investment banking collapsed.
- n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
61. His argument made no sense and was completely _____.
- adj.* not making sense or not based on sound reasoning
62. She kept _____ for an ambulance.
- v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
63. I need to buy a pack of _____ for my baby before we run out.
- n.* a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces
64. He took _____ to help him deal with his accident trauma.
- n.* the treatment of mental or emotional problems by talking with a therapist
65. The _____ shattered the laboratory equipment.
- n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise
66. He had to _____ the loose knob back onto the cabinet door.
- v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
67. The politician remained _____ despite intense media scrutiny.
- adj.* without any or little sound

ANSWERS: 60. myth, 61. illogical, 62. screaming, 63. diapers, 64. psychotherapy, 65. blast, 66. screw, 67. silent

68. I will go to the _____ store to buy food for dinner.

n. a shop that sells food and other household items

69. Human _____ responses vary widely depending on the society to which they belong.

adj. relating to people's feelings

70. His _____ of his brother's success caused a rift in their relationship.

n. a feeling of resentment or bitterness towards someone because they have something that you desire

71. She received her _____ in psychology from the university.

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

72. When customers _____ their reservations, they lose the deposit they made.

v. to decide that a previously scheduled activity will not take place

73. I feel so _____ without you.

adj. unable to take care of oneself or to do things without help

74. After working as a _____ for a few years, she was promoted to a managerial position within the grocery store.

n. an employee responsible for handling transactions, such as payments or returns, in a store or other business

75. She walked down the _____ to the front of the church.

n. a passage between rows of seats in a theater, airplane, or other public building, typically one of two or more running parallel with the main body of the structure

ANSWERS: 68. grocery, 69. emotional, 70. jealousy, 71. degree, 72. cancel, 73. helpless, 74. cashier, 75. aisle

76. He got a new job for the _____ of his family.

n. purpose; reason for wanting something done

77. They _____ in a beautiful old house in the countryside.

v. to live in a particular place, typically for a prolonged period of time

78. Our regular _____ was sick, so we had to find a replacement at the last minute.

n. a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians

79. Seeing _____ smiling face whenever I visit her is always a treat.

n. a grandmother; an older adult, especially one who is seen as conservative or cautious, often used as a term of affection or familiarity

80. The birds _____ open water areas with reeds around them.

v. to like, choose, or want one thing or person better than another

81. The battlefield became _____ on earth.

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

82. Since independence, the area has been completely _____.

v. to intentionally not listen or pay attention to

83. We are trying to _____ this disease from the world.

v. to get rid of or destroy something completely, especially something bad

ANSWERS: 76. sake, 77. reside, 78. babysitter, 79. granny's, 80. prefer, 81. hell, 82. ignored, 83. eradicate

84. _____ is the day to celebrate the birth of Christ.
- n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
85. The ____ deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.
- adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
86. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
87. The _____ brain region responded readily to negative or sad sounds.
- adj.* of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction
88. This stick will deodorize your _____.
- n.* the hollow under the arm where it joins the shoulder
89. At this ranch, children can experience riding a _____.
- n.* a small horse
90. The youngster was _____ at by the beast.
- v.* to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
91. The forecast called for a chance of _____ in the afternoon.
- n.* a storm with lightning and thunder, typically with heavy rain and strong gusts of wind

ANSWERS: 84. Christmas, 85. firm, 86. brain, 87. limbic, 88. armpits, 89. pony, 90. gazed, 91. thunderstorms

92. He finally overcame his _____.

n. the quality or state of being worried or embarrassed about meeting and speaking to other people

93. The doctor explained the various _____ changes that occur during pregnancy.

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

ANSWERS: 92. shyness, 93. physiological