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Vocabulary Builder Reference from...

Ebony Roberts and Shaka Senghor: How to co-parent as allies, not adversaries | TED Talk
https://www.ted.com/talks/ebony_roberts_and_shaka_senghor_how_to_co_parent_as_allies_not_adversaries

All Words

IMPORTANT

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Session 1: Word List

ebony

n. a dense, dark hardwood that is typically black or dark brown and is often used in furniture-making and musical instrument construction

synonym : dark wood, ebon

(1) **ebony** wood, (2) burnished **ebony**

The piano keys were made of smooth, black **ebony** wood.

pistol

n. a handgun, typically one that can be held in one hand

synonym : revolver, handgun, firearm

(1) **pistol** grip, (2) **pistol** shot

The robbers were armed with **pistols** and demanded money.

plead

v. to make a serious and urgent request or appeal, especially for help or mercy

synonym : beg, implore, supplicate

(1) **plead** for mercy, (2) **plead** a political cause

He **pleaded** with the authorities to release his son, who had been wrongly accused.

ignore

v. to intentionally not listen or pay attention to

synonym : neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

bolt

n. a metal bar that slides across to lock a door or window closed; a discharge of lightning accompanied by thunder; (verb) to move or jump suddenly

synonym: lock, fastener, thunderbolt

(1) **bolt** diameter, (2) **bolt** from my bed

The lightning **bolt** twiggged in several directions.

frame

n. a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

synonym: body, skeleton, scaffolding

(1) a picture **frame**, (2) the **frame** of the policy

The detective looked for fingerprints on the window **frame**.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

bullet

n. a metal projectile that is shot from a gun

synonym: projectile, slug, shot

(1) **bullet** wound, (2) **bullet** train

The stray **bullet** went through the window and hit the wall.

on-again

adj. (often used with "off-again" like "on-again, off-again") describing a relationship or situation that has been temporarily broken off or ended but has been resumed or reestablished

synonym: intermittent, sporadic, patchy

(1) **on-again** couple, (2) the **on-again** nature of their friendship

My ex-boyfriend and I are attempting an **on-again**, off-again relationship.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

mad

adj. insane, especially due to a mental illness; very angry

synonym: crazy, insane, furious

(1) a **mad** person, (2) gets **mad** easily

He was **mad** with joy to see the results.

undeniable

adj. not possible to deny; true or certain

synonym: absolute, definite, indubitable

(1) an **undeniable** fact, (2) an **undeniable** masterpiece

Her influence on teenagers is **undeniable**.

hand-picked

adj. selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards

synonym: hand-select, hand-chosen, carefully chosen

(1) **hand-picked** candidate, (2) **hand-picked** grapes

These **hand-picked** berries from the farm taste much better than the ones from the grocery store.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

breakup

n. the end of a relationship between persons or nations; the separation of something into several pieces or sections

synonym: breakdown, divorce, separation

(1) a **breakup** hug, (2) air **breakup**

He got over the big **breakup** with his wife.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

initially

adv. at the beginning; at first

synonym: originally, primarily, firstly

(1) **initially** anticipated, (2) diagnosed **initially** as a tumor

This train departed later than **initially** scheduled.

navigate

v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

synonym: guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document

Our knowledge helps **navigate** our clients successfully.

co-parenting

n. a parent who shares the responsibility of raising a child with another parent, often in cases of divorce, adoption, or surrogacy

synonym: joint parenting, shared parenting

(1) **co-parenting** arrangement, (2) **co-parenting** plan

It's important to have a healthy **co-parenting** relationship for the children's sake.

spite

n. feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty

synonym : malice, ill will, vindictiveness

(1) bear **spite** against him, (2) die in **spite** of intensive care
He did it out of **spite**, to annoy me.

misstep

n. a mistake or error in judgment or action, often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement

synonym : mistake, blunder, fumble

(1) recover from a **misstep**, (2) navigating **missteps**
She took a **misstep** on the stairs and tumbled down to the bottom.

sake

n. purpose; reason for wanting something done

synonym : purpose, reason, interest

(1) for your own **sake**, (2) for the **sake** of argument
He got a new job for the **sake** of his family.

appreciate

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

synonym : acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value
We would **appreciate** an early reply.

persevere

v. to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement

synonym : persist, endure, continue

(1) **persevere** through hardships, (2) **persevere** in my goals
Even when faced with challenges, it's important to **persevere** and never give up.

basement

n. a room or a part of a building that is partly or entirely below ground level

synonym : cellar, storage, vault

(1) four **basement** floor, (2) church **basement**

Underground rivers flow over a **basement** layer that is impervious to water.

crate

n. a large container, typically made of wood or metal, used for transporting or storing goods

synonym : box, container, receptacle

(1) **crate** of apples, (2) beer **crate**

The shipping **crate** was filled with fragile glassware that must be shipped carefully.

stream

n. a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.

synonym : flow, current, brook

(1) the **stream** of time, (2) an endless **stream** of cars

Jet **streams** are the common name for air currents that form high in the atmosphere.

sibling

n. a brother or sister; member of a family born to the same parents

synonym : brother, sister, relative

(1) have a **sibling** quarrel, (2) play with my **siblings**

Children often copy their parents or elder **siblings**.

belong

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

synonym : fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

unshakeable

adj. not able to be shaken or moved; firm, steadfast, and determined; describing a person who is strong, resolute, and unwavering

synonym : unwavering, firm, resolute

(1) **unshakeable** determination, (2) **unshakeable** trust
His **unshakeable** confidence inspired those around him to take bold risks.

bond

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

synonym: bind, adhesion, attachment

(1) **bond** as a family, (2) global **bond** market
They had formed a friendship **bond**.

poet

n. a person who writes poetry

synonym: versifier, rhymer, writer

(1) a court **poet**, (2) a **poet** of sorts

She is a talented **poet** who has been recognized for her work.

gorgeous

adj. wonderful and attractive

synonym: beautiful, stunning, attractive

(1) a **gorgeous** meal, (2) **gorgeous** sunset

She wore a **gorgeous** dress to the party, which everyone admired.

handsome

adj. physically attractive and pleasing in appearance; attractive and generous

synonym: good-looking, attractive, beautiful

(1) a **handsome** young man, (2) a **handsome** salary

The politician was known for his **handsome** appearance and charm.

magical

adj. produced by or containing supernatural powers

synonym: enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers

When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

hinge

n. a joint that holds the edge of a door, window, lid, etc. and allows it to open or close

synonym: joint, pivot

(1) a stiff **hinge**, (2) insecure **hinge**

His involvement is the **hinge** of our plan.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

syndrome

n. a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

synonym: disorder, condition, complication

(1) **syndrome** of dementia, (2) acute **syndrome**

The patient was diagnosed with a rare genetic **syndrome**.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

inexperience

n. a lack of knowledge, skill, or familiarity in a particular area or activity, typically resulting from a lack of previous practical involvement, training, or exposure

synonym: novice, rawness, green

(1) **inexperience** in the field, (2) youth's **inexperience**

The project manager's **inexperience** led to several delays and miscommunications with the team.

undo

v. to reverse the effect of an action or event, typically one that is recent or specific

synonym: reverse, retract, revoke

(1) **undo** changes, (2) **undo** a belt

I accidentally deleted the file, so can you **undo** that action?

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

exciting

adj. causing a lot of interest or excitement

synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**
Could you help me **shift** some furniture?

excite

v. to make someone feel suddenly enthusiastic or eager
synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion
The news of her promotion **excited** her.

ecstatic

adj. feeling or characterized by intense joy, delight, or enthusiasm
synonym: joyful, thrilled, exultant

(1) **ecstatic** joy, (2) **ecstatic** dance
She was **ecstatic** to receive the news that she had won the lottery.

delight

n. a feeling of great pleasure or happiness
synonym: pleasure, joy, satisfaction

(1) a tremor of **delight**, (2) with **delight**
The **delight** on the child's faces when they received the toy was priceless.

foster

v. to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
synonym: nurture, nourish, cultivate

(1) **foster** a better relationship, (2) **foster** two kids
The pastor contributed to **fostering** the sense of a community embracing all classes.

coexist

v. to live or exist together at the same time in the same place
synonym: cohabit, accompany, synchronize

(1) **coexist** with nature, (2) **coexist** with diversity
The different species can **coexist** in the same ecosystem by filling different niches and using different resources.

precious

adj. uncommon and extremely valuable

synonym : adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

par

n. a state of being equal to someone or something

synonym : equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

sensitive

adj. able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

synonym : exposed, susceptible, keen

(1) **sensitive** documents, (2) baby with **sensitive** skin

The teacher is very **sensitive** to children's feelings.

adversary

n. a person, group, or force that opposes or fights against another; an enemy or opponent

synonym : opponent, enemy, foe

(1) **adversary** team, (2) political **adversary**

The boxer's toughest **adversary** was his fear of losing.

toxic

adj. of or relating to or caused by a poison; poisonous

synonym : poisonous, harmful, contaminated

(1) **toxic** molecule, (2) exposure to **toxic** chemicals

This chemical compound is a thousand-fold more **toxic**.

unconventional

adj. not following traditional or commonly accepted beliefs, practices, or customs; not conforming to established norms or standards

synonym : nontraditional, avant-garde, bizarre

(1) in an **unconventional** manner, (2) **unconventional** ideas

Her **unconventional** approach to teaching has been a hit with the students.

honor

n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality;
(verb) to show respect towards someone

synonym : integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors

I claim on my **honor** that it is true.

nurture

v. to take care of, feed, and protect someone or something while they are growing and developing

synonym : boost, cultivate, enable

(1) **nurture** love, (2) **nurture** his talents

Schools should **nurture** children's mutual interest spirit.

curiosity

n. a strong desire to know or learn about something

synonym : interest, inquisitiveness, novelty

(1) boundless **curiosity**, (2) satisfy my intellectual **curiosity**

We are motivated by **curiosity** rather than necessity.

universe

n. everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

synonym : cosmos, macrocosm

(1) theory of the **universe**, (2) expansion of the **universe**

The **universe** is about 13.8 billion years old.

puddle

n. a small pool of water, especially on a flat surface; a small and usually shallow accumulation of any liquid substance

synonym : pool, pond, small lake

(1) **puddle** of water, (2) step in a **puddle**

The rain had formed a large **puddle** on the sidewalk.

mud

n. a soft, wet, sticky earth or clay

synonym : muck, sludge, ooze

(1) **mud** wall, (2) **mud** volcano

The **mud** of the swamp made it difficult to walk through the field.

brand

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

synonym: trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car

There's a new **brand** of hero in the movies now.

outfit

n. a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.

synonym: ensemble, set, suit

(1) camping **outfit**, (2) a construction **outfit**

I need to buy a new **outfit** for the wedding I'm attending next weekend.

resist

v. to refuse to accept something and attempt to prevent it from happening

synonym: fight, defy, revolt

(1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.

urge

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

synonym: push for, advise, (noun) impulse

(1) **urge** a total ban, (2) a sexual **urge**

The lobbyist **urged** Congress not to approve the measure.

shovel

n. a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials

synonym: excavator, scoop, trowel

(1) snow **shovel**, (2) **shovel** blade

The construction workers used a power **shovel** to dig the foundation for the building.

explore

v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

synonym : analyze, delve into, examine

(1) **explore** the world, (2) **explore** our options

The management must **explore** strategies to increase office security.

dirt

n. soil, dust, or any substance that makes a surface not clean; the part of the earth's surface consisting of humus and disintegrated rock

synonym : filth, grime, muck

(1) **dirt** road, (2) **dirt** track

The garden was filled with **dirt** and needed to be tilled before planting.

thrill

n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

synonym : exhilaration, delight, rush

(1) the **thrill** of speed, (2) incredible **thrill**

Skydiving is an overwhelming **thrill** for many people.

amaze

v. to fill with wonder, surprise, or admiration

synonym : astound, surprise, stagger

(1) **amaze** and entertain visitors, (2) **amaze** everyone

The magician's tricks **amazed** the audience.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

rethink

v. to consider again a plan, idea, etc., especially to change it

synonym: reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

couch

n. a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

synonym: sofa, settee, divan

(1) leather **couch**, (2) a **couch** potato

I love to relax on the **couch** and watch movies on the weekends.

well-behaved

adj. conforming to accepted standards of behavior or conduct; obedient, polite, and considerate

synonym: obedient, well-mannered, disciplined

(1) **well-behaved** student, (2) **well-behaved** dog

The children were **well-behaved** and listened attentively during the museum tour.

judgment

n. the ability to form valuable opinions and make reasonable decisions

synonym: conclusion, decision, determination

(1) an emotional **judgment**, (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

uncover

v. to remove the cover from something; to discover something previously unseen or hidden

synonym: disclose, reveal, unveil

(1) **uncover** a potential problem, (2) **uncover** the truth

He continued his investigation and soon **uncovered** another crime.

despise

v. to feel strong dislike or contempt for someone or something, often because of a perceived fault or failing;

to have a low or unfavorable opinion of something

synonym: hate, loathe, detest

(1) **despise** a particular food, (2) secretly **despise**
I **despise** injustice and those who perpetrate it.

refuse

v. to show that one is not willing to do or accept something

synonym: turn down, deny, decline

(1) **refuse** a request, (2) **refuse** the company

My initial reaction was to **refuse**.

allegory

n. a story, play, picture, etc. in which the characters and events represent religious or political values, concepts, or morals

synonym: fable, apologue, parable

(1) political **allegory**, (2) subtle, multivalent **allegory**

By using this **allegory**, we can teach moral lessons.

possibility

n. a chance that something may happen or be true

synonym: chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

profitable

adj. making or likely to make material gain or profit

synonym: advantageous, beneficial, thriving

(1) a **profitable** job, (2) **profitable** trade

The Prohibition amendment made bootlegging **profitable**.

disposable

adj. designed to be used once and then thrown away

synonym: throwaway, single-use, expendable

(1) total **disposable** income, (2) **disposable** camera

I prefer using **disposable** razors because they are more convenient.

publicly

adv. in a manner accessible to or observable by the public;
by the government

synonym : candidly, openly, honestly

(1) **publicly** accessible record, (2) **publicly** financed schools

She **publicly** denounced the government's mishandling of the economic crisis.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

grade

n. a particular level of quality, size, importance, etc.

synonym : score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

shout-out

n. a public expression of appreciation or acknowledgment, often given to an individual or group of people, typically used in social media, advertising, or broadcast media

synonym : acknowledgment, recognition

(1) **shout-out** message, (2) social media **shout-out**

I want to give a **shout-out** to all the volunteers who helped make this event a success.

exuberant

adj. full of energy, enthusiasm, or excitement; lively, animated, or unrestrained in behavior or expression; characterized by abundant growth or profuse production

synonym : joyful, elated, ebullient

(1) **exuberant** performance, (2) **exuberant** personality

The young couple's **exuberant** energy was infectious, and everyone around them was smiling.

mortify

v. to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires

synonym : humiliate, embarrass, shame

(1) **mortify** his ego, (2) **mortify** the body

My parents used to **mortify** me by telling embarrassing stories about me in front of my friends.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym : level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

murder

n. the crime of killing somebody intentionally

synonym : slaying, killing

(1) **murder** in the second degree, (2) attempted **murder**

This intriguing **murder** mystery remains unsolved.

convict

v. to prove or declare someone to be guilty of a crime;
(noun) a person serving a sentence in a jail or prison

synonym : condemn, sentence, judge

(1) **convict** him of manslaughter, (2) **convict** in a jail

He was **convicted** on fraud charges and sentenced to five years in prison.

ritual

n. any customary observance or practice; any prescribed procedure for conducting religious ceremonies

synonym : tradition, ceremony, routine

(1) a **ritual** dance, (2) morning **ritual**

The woman of the house does the holy **ritual** of lighting two candles.

pray

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

synonym : implore, supplicate, entreat

(1) **pray** devoutly, (2) **pray** for rain

She closed her eyes and **prayed** for strength to overcome difficult times.

affirmation

n. a statement declaring something to be true strongly

synonym: confirmation, validation, endorsement

(1) self- **affirmation**, (2) statement of **affirmation**

The **affirmation** from her boss gave her the confidence she needed to move forward with her project.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym: closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

importance

n. the quality of being important and worthy of note

synonym: significance, primacy, matter

(1) a man of **importance**, (2) high **importance**

I stopped by the branch though I have no business of **importance**.

touchstone

n. a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it

synonym: benchmark, standard, criterion

(1) artistic **touchstone**, (2) the **touchstone** of truth

The **touchstone** for our company's success has always been our commitment to customer satisfaction.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items

without approval to achieve efficient purchasing.

schedule

n. a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

synonym: agenda, program, itinerary

(1) a heavy **schedule**, (2) arrange my **schedule**

So far, the meeting is going according to **schedule**.

pickup

n. a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody

synonym: truck, cartridge

(1) **pickup** truck, (2) **pickup** and delivery service

I'll be waiting for you in front of the café at 6 PM, so be on time for our **pickup**.

playdate

n. a scheduled meeting between two or more children to play together, typically arranged by the parents or caregivers of the children

synonym: kids' get-together, child's appointment

(1) **playdate** activities, (2) arrange a **playdate**

My toddler is having a **playdate** with her friend from preschool.

unpack

v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

synonym: dissect, unwrap, unbox

(1) **unpack** a crate, (2) **unpack** a concept

I need to **unpack** my suitcase and put my clothes away.

bedtime

n. the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness

synonym : sleep time, night-time

(1) **bedtime** meditation, (2) regular **bedtime**

Reading **bedtime** stories can help children relax and fall asleep faster.

awesome

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

synonym : miraculous, marvelous, astounding

(1) **awesome** mental faculty, (2) have an **awesome** birthday

There is a lot of **awesome** nature and food in Hawaii.

warrior

n. a person who engaged in or experienced warfare, especially in the past

synonym : fighter, soldier, combatant

(1) armored **warrior**, (2) **warrior** spirit

The poem depicts the heroics of a legendary **warrior**.

Session 2: Spelling

1. a p__t of sorts *n.* a person who writes poetry
2. ma_____l powers *adj.* produced by or containing supernatural powers
3. beer cr__e *n.* a large container, typically made of wood or metal, used for transporting or storing goods
4. pl__d for mercy *v.* to make a serious and urgent request or appeal, especially for help or mercy
5. mo_____y the body *v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
6. arrange my sc_____le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
7. b__d as a family *n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
8. wel_____ved dog *adj.* conforming to accepted standards of behavior or conduct; obedient, polite, and considerate
9. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
10. expansion of the un_____se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

ANSWERS: 1. poet, 2. magical, 3. crate, 4. plead, 5. mortify, 6. schedule, 7. bond, 8. well-behaved, 9. relation, 10. universe

- | | | |
|--|-------------|---|
| 11. self-aff_____on | <i>n.</i> | a statement declaring something to be true strongly |
| 12. col_____te on a press release | <i>v.</i> | to work with someone else to produce or achieve something |
| 13. pos_____ty for growth | <i>n.</i> | a chance that something may happen or be true |
| 14. attempted mu____r | <i>n.</i> | the crime of killing somebody intentionally |
| 15. secretly de_____e | <i>v.</i> | to feel strong dislike or contempt for someone or something, often because of a perceived fault or failing; to have a low or unfavorable opinion of something |
| 16. the on_____in nature of their friendship | <i>adj.</i> | (often used with "off-again" like "on-again, off-again") describing a relationship or situation that has been temporarily broken off or ended but has been resumed or reestablished |
| 17. acute sy_____me | <i>n.</i> | a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder |
| 18. the st____m of time | <i>n.</i> | a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc. |
| 19. ad_____ry team | <i>n.</i> | a person, group, or force that opposes or fights against another; an enemy or opponent |
| 20. an endless st____m of cars | <i>n.</i> | a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc. |

ANSWERS: 11. affirmation, 12. collaborate, 13. possibility, 14. murder, 15. despise, 16. on-again, 17. syndrome, 18. stream, 19. adversary, 20. stream

21. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
22. re____k the role of the manager *v.* to consider again a plan, idea, etc., especially to change it
23. leather co__h *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
24. be___g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
25. diagnosed in_____ly as a tumor *adv.* at the beginning; at first
26. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
27. aw_____e mental faculty *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
28. theory of the un_____se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
29. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
30. a co__h potato *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
31. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 21. tight, 22. rethink, 23. couch, 24. belong, 25. initially, 26. excite, 27. awesome, 28. universe, 29. numb, 30. couch, 31. discovery

32. co-_____ing arrangement *n.* a parent who shares the responsibility of raising a child with another parent, often in cases of divorce, adoption, or surrogacy
33. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
34. ec_____ic dance *adj.* feeling or characterized by intense joy, delight, or enthusiasm
35. co-_____ing plan *n.* a parent who shares the responsibility of raising a child with another parent, often in cases of divorce, adoption, or surrogacy
36. ex_____e the world *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
37. bu____t train *n.* a metal projectile that is shot from a gun
38. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
39. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
40. ex_____nt performance *adj.* full of energy, enthusiasm, or excitement; lively, animated, or unrestrained in behavior or expression; characterized by abundant growth or profuse production
41. de____e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 32. co-parenting, 33. amazing, 34. ecstatic, 35. co-parenting, 36. explore, 37. bullet, 38. relation, 39. discovery, 40. exuberant, 41. decide

42. sy____me of dementia *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
43. political al____ry *n.* a story, play, picture, etc. in which the characters and events represent religious or political values, concepts, or morals
44. burnished eb__y *n.* a dense, dark hardwood that is typically black or dark brown and is often used in furniture-making and musical instrument construction
45. unc_____nal ideas *adj.* not following traditional or commonly accepted beliefs, practices, or customs; not conforming to established norms or standards
46. have a si____g quarrel *n.* a brother or sister; member of a family born to the same parents
47. four ba____nt floor *n.* a room or a part of a building that is partly or entirely below ground level
48. han_____ed grapes *adj.* selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards
49. co____t him of manslaughter *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
50. womanly ho__r *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

ANSWERS: 42. syndrome, 43. allegory, 44. ebony, 45. unconventional, 46. sibling, 47. basement, 48. hand-picked, 49. convict, 50. honor

51. st____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
52. incredible th____l *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
53. a sexual u__e *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
54. the most am____g feeling *adj.* extremely surprising, especially in a way that you like or admire
55. morning ri____l *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
56. high imp____ce *n.* the quality of being important and worthy of note
57. a stiff hi__e *n.* a joint that holds the edge of a door, window, lid, etc. and allows it to open or close
58. pu____ly accessible record *adv.* in a manner accessible to or observable by the public; by the government
59. pr____us information *adj.* uncommon and extremely valuable
60. sh____ut message *n.* a public expression of appreciation or acknowledgment, often given to an individual or group of people, typically used in social media, advertising, or broadcast media

ANSWERS: 51. struggle, 52. thrill, 53. urge, 54. amazing, 55. ritual, 56. importance, 57. hinge, 58. publicly, 59. precious, 60. shout-out

61. a vul_____le bridge *adj.* capable of being hurt or influenced physically or mentally
62. un___k a crate *v.* to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
63. political ad_____ry *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
64. with de_____t *n.* a feeling of great pleasure or happiness
65. boys in the twelfth gr___e *n.* a particular level of quality, size, importance, etc.
66. insecure hi___e *n.* a joint that holds the edge of a door, window, lid, etc. and allows it to open or close
67. navigating mi_____ps *n.* a mistake or error in judgment or action, often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement
68. easy qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started
69. cr___e of apples *n.* a large container, typically made of wood or metal, used for transporting or storing goods
70. students at all gr___e levels *n.* a particular level of quality, size, importance, etc.
71. co_____t with diversity *v.* to live or exist together at the same time in the same place

ANSWERS: 61. vulnerable, 62. unpack, 63. adversary, 64. delight, 65. grade, 66. hinge, 67. misstep, 68. quitter, 69. crate, 70. grade, 71. coexist

72. pi___p and delivery service *n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
73. nu_____e love *v.* to take care of, feed, and protect someone or something while they are growing and developing
74. ex_____nt personality *adj.* full of energy, enthusiasm, or excitement; lively, animated, or unrestrained in behavior or expression; characterized by abundant growth or profuse production
75. tr___a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
76. an emotional ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
77. a ha_____me young man *adj.* physically attractive and pleasing in appearance; attractive and generous
78. co_____t with nature *v.* to live or exist together at the same time in the same place
79. a n__b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
80. exposure to to__c chemicals *adj.* of or relating to or caused by a poison; poisonous
81. arrange a pl_____te *n.* a scheduled meeting between two or more children to play together, typically arranged by the parents or caregivers of the children

ANSWERS: 72. pickup, 73. nurture, 74. exuberant, 75. trauma, 76. judgment, 77. handsome, 78. coexist, 79. numb, 80. toxic, 81. playdate

82. ex____e our options *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
83. un____k a concept *v.* to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
84. die in sp__e of intensive care *n.* feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty
85. b__t from my bed *n.* a metal bar that slides across to lock a door or window closed; a discharge of lightning accompanied by thunder; (verb) to move or jump suddenly
86. mo____y his ego *v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
87. snow sh____l *n.* a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials
88. go____us sunset *adj.* wonderful and attractive
89. ig____e a ban *v.* to intentionally not listen or pay attention to
90. price of pr____us metals *adj.* uncommon and extremely valuable
91. re____e a prisoner *v.* to set free or allow to escape from confinement

ANSWERS: 82. explore, 83. unpack, 84. spite, 85. bolt, 86. mortify, 87. shovel, 88. gorgeous, 89. ignore, 90. precious, 91. release

92. pe_____re through hardships *v.* to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement
93. bear sp__e against him *n.* feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty
94. ine_____nce in the field *n.* a lack of knowledge, skill, or familiarity in a particular area or activity, typically resulting from a lack of previous practical involvement, training, or exposure
95. uns_____le trust *adj.* not able to be shaken or moved; firm, steadfast, and determined; describing a person who is strong, resolute, and unwavering
96. for the s__e of argument *n.* purpose; reason for wanting something done
97. a ha_____me salary *adj.* physically attractive and pleasing in appearance; attractive and generous
98. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
99. fo___r two kids *v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents

ANSWERS: 92. persevere, 93. spite, 94. inexperience, 95. unshakeable, 96. sake, 97. handsome, 98. magic, 99. foster

100. app_____te her feedback *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
101. un_____r the truth *v.* to remove the cover from something; to discover something previously unseen or hidden
102. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
103. se_____ve documents *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
104. be___g to different species *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
105. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
106. play with my si_____gs *n.* a brother or sister; member of a family born to the same parents
107. fo___r a better relationship *v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
108. camping ou___t *n.* a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.

ANSWERS: 100. appreciate, 101. uncover, 102. empower, 103. sensitive, 104. belong, 105. magic, 106. sibling, 107. foster, 108. outfit

109. global b__d market *n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
110. a picture fr__e *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
111. re____k a marketing plan *v.* to consider again a plan, idea, etc., especially to change it
112. ex____ng news *adj.* causing a lot of interest or excitement
113. pl____te activities *n.* a scheduled meeting between two or more children to play together, typically arranged by the parents or caregivers of the children
114. re____e CO2 into the air *v.* to set free or allow to escape from confinement
115. create a br__d logo *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
116. a tremor of de____t *n.* a feeling of great pleasure or happiness
117. a court p__t *n.* a person who writes poetry
118. uns____le determination *adj.* not able to be shaken or moved; firm, steadfast, and determined; describing a person who is strong, resolute, and unwavering

ANSWERS: 109. bond, 110. frame, 111. rethink, 112. exciting, 113. playdate, 114. release, 115. brand, 116. delight, 117. poet, 118. unshakeable

119. a ri___l dance *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
120. un_____r a potential problem *v.* to remove the cover from something; to discover something previously unseen or hidden
121. pi___l shot *n.* a handgun, typically one that can be held in one hand
122. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
123. ig___e her advice *v.* to intentionally not listen or pay attention to
124. serial qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started
125. not up to p_r *n.* a state of being equal to someone or something
126. p__y for rain *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
127. deliver a ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
128. na_____te the Pacific *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
129. app_____te the value *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
130. armored wa_____r *n.* a person who engaged in or experienced warfare, especially in the past

ANSWERS: 119. ritual, 120. uncover, 121. pistol, 122. vulnerable, 123. ignore, 124. quitter, 125. par, 126. pray, 127. judgment, 128. navigate, 129. appreciate, 130. warrior

131. youth's ine_____nce *n.* a lack of knowledge, skill, or familiarity in a particular area or activity, typically resulting from a lack of previous practical involvement, training, or exposure
132. u__o changes *v.* to reverse the effect of an action or event, typically one that is recent or specific
133. air br____p *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
134. co____t in a jail *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
135. be____e meditation *n.* the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness
136. step in a pu____e *n.* a small pool of water, especially on a flat surface; a small and usually shallow accumulation of any liquid substance
137. nu____e his talents *v.* to take care of, feed, and protect someone or something while they are growing and developing
138. unf_____ely caught in a shower *adv.* by bad luck; unluckily
139. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely

ANSWERS: 131. inexperience, 132. undo, 133. breakup, 134. convict, 135. bedtime, 136. puddle, 137. nurture, 138. unfortunately, 139. tight

140. eb__y wood *n.* a dense, dark hardwood that is typically black or dark brown and is often used in furniture-making and musical instrument construction
141. recover from a mi____p *n.* a mistake or error in judgment or action, often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement
142. pi___l grip *n.* a handgun, typically one that can be held in one hand
143. the fr__e of the policy *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
144. the tou_____ne of truth *n.* a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it
145. pro_____le trade *adj.* making or likely to make material gain or profit
146. re___e a request *v.* to show that one is not willing to do or accept something
147. pu___e of water *n.* a small pool of water, especially on a flat surface; a small and usually shallow accumulation of any liquid substance
148. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 140. ebony, 141. misstep, 142. pistol, 143. frame, 144. touchstone, 145. profitable, 146. refuse, 147. puddle, 148. decide

149. han_____ed candidate *adj.* selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards
150. baby with se_____ve skin *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
151. bachelor's de____e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
152. an und_____le masterpiece *adj.* not possible to deny; true or certain
153. d__t track *n.* soil, dust, or any substance that makes a surface not clean; the part of the earth's surface consisting of humus and disintegrated rock
154. to__c molecule *adj.* of or relating to or caused by a poison; poisonous
155. have an aw_____e birthday *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
156. in an unc_____nal manner *adj.* not following traditional or commonly accepted beliefs, practices, or customs; not conforming to established norms or standards
157. gets m_d easily *adj.* insane, especially due to a mental illness; very angry
158. ex_____ng football player *adj.* causing a lot of interest or excitement
159. the br__d of the new car *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

ANSWERS: 149. hand-picked, 150. sensitive, 151. degree, 152. undeniable, 153. dirt, 154. toxic, 155. awesome, 156. unconventional, 157. mad, 158. exciting, 159. brand

160. wel_____ved student *adj.* conforming to accepted standards of behavior or conduct; obedient, polite, and considerate
161. re___e the company *v.* to show that one is not willing to do or accept something
162. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
163. satisfy my intellectual cu_____ty *n.* a strong desire to know or learn about something
164. a go_____us meal *adj.* wonderful and attractive
165. re___t temptation *v.* to refuse to accept something and attempt to prevent it from happening
166. in_____ly anticipated *adv.* at the beginning; at first
167. bu___t wound *n.* a metal projectile that is shot from a gun
168. am___e and entertain visitors *v.* to fill with wonder, surprise, or admiration
169. wa_____r spirit *n.* a person who engaged in or experienced warfare, especially in the past
170. the th___l of speed *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
171. psychic tr___a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
172. ho___r our ancestors *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

ANSWERS: 160. well-behaved, 161. refuse, 162. excite, 163. curiosity, 164. gorgeous, 165. resist, 166. initially, 167. bullet, 168. amaze, 169. warrior, 170. thrill, 171. trauma, 172. honor

173. an und_____le fact *adj.* not possible to deny; true or certain
174. ma_____l place *adj.* produced by or containing supernatural powers
175. de_____e a particular food *v.* to feel strong dislike or contempt for someone or something, often because of a perceived fault or failing; to have a low or unfavorable opinion of something
176. p__y devoutly *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
177. pu_____ly financed schools *adv.* in a manner accessible to or observable by the public; by the government
178. a construction ou____t *n.* a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.
179. total dis_____le income *adj.* designed to be used once and then thrown away
180. on_____in couple *adj.* (often used with "off-again" like "on-again, off-again") describing a relationship or situation that has been temporarily broken off or ended but has been resumed or reestablished
181. pi____p truck *n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody

ANSWERS: 173. undeniable, 174. magical, 175. despise, 176. pray, 177. publicly, 178. outfit, 179. disposable, 180. on-again, 181. pickup

182. a heavy sc_____le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
183. church ba_____nt *n.* a room or a part of a building that is partly or entirely below ground level
184. de___e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
185. m_d wall *n.* a soft, wet, sticky earth or clay
186. a br_____p hug *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
187. artistic tou_____ne *n.* a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it
188. re___t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
189. mu___r in the second degree *n.* the crime of killing somebody intentionally
190. em_____r my life *v.* to give someone the power or authority to do something
191. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 182. schedule, 183. basement, 184. degree, 185. mud, 186. breakup, 187. touchstone, 188. resist, 189. murder, 190. empower, 191. struggle

192. na____te through a document *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
193. a man of imp_____ce *n.* the quality of being important and worthy of note
194. u__o a belt *v.* to reverse the effect of an action or event, typically one that is recent or specific
195. dis_____le camera *adj.* designed to be used once and then thrown away
196. above p_r performance *n.* a state of being equal to someone or something
197. for your own s__e *n.* purpose; reason for wanting something done
198. pe_____re in my goals *v.* to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement
199. major paradigm sh__t *n.* a slight transition in position, direction, or trend
200. subtle, multivalent al_____ry *n.* a story, play, picture, etc. in which the characters and events represent religious or political values, concepts, or morals
201. even more unf_____ely *adv.* by bad luck; unluckily
202. regular be_____e *n.* the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness

ANSWERS: 192. navigate, 193. importance, 194. undo, 195. disposable, 196. par, 197. sake, 198. persevere, 199. shift, 200. allegory, 201. unfortunately, 202. bedtime

203. am__e everyone	<i>v.</i> to fill with wonder, surprise, or admiration
204. ec____ic joy	<i>adj.</i> feeling or characterized by intense joy, delight, or enthusiasm
205. boundless cu____ty	<i>n.</i> a strong desire to know or learn about something
206. a m_d person	<i>adj.</i> insane, especially due to a mental illness; very angry
207. social media sh____ut	<i>n.</i> a public expression of appreciation or acknowledgment, often given to an individual or group of people, typically used in social media, advertising, or broadcast media
208. a pro____le job	<i>adj.</i> making or likely to make material gain or profit
209. d__t road	<i>n.</i> soil, dust, or any substance that makes a surface not clean; the part of the earth's surface consisting of humus and disintegrated rock
210. pl__d a political cause	<i>v.</i> to make a serious and urgent request or appeal, especially for help or mercy
211. m_d volcano	<i>n.</i> a soft, wet, sticky earth or clay
212. col____te with the police	<i>v.</i> to work with someone else to produce or achieve something
213. Doppler sh__t	<i>n.</i> a slight transition in position, direction, or trend
214. statement of aff____on	<i>n.</i> a statement declaring something to be true strongly

ANSWERS: 203. amaze, 204. ecstatic, 205. curiosity, 206. mad, 207. shout-out, 208. profitable, 209. dirt, 210. plead, 211. mud, 212. collaborate, 213. shift, 214. affirmation

215. pos_____ty of a major earthquake *n.* a chance that something may happen or be true
216. b__t diameter *n.* a metal bar that slides across to lock a door or window closed; a discharge of lightning accompanied by thunder; (verb) to move or jump suddenly
217. u__e a total ban *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
218. sh___l blade *n.* a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials

ANSWERS: 215. possibility, 216. bolt, 217. urge, 218. shovel

Session 3: Fill in the Blanks

1. She is a talented _____ who has been recognized for her work.
n. a person who writes poetry
2. The boxer's toughest _____ was his fear of losing.
n. a person, group, or force that opposes or fights against another; an enemy or opponent
3. Many civilians have suffered _____ as a result of the war.
n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
4. The Prohibition amendment made bootlegging _____.
adj. making or likely to make material gain or profit
5. I'll be waiting for you in front of the café at 6 PM, so be on time for our _____.
n. a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
6. We have to _____ our company's product lineup for further growth.
v. to consider again a plan, idea, etc., especially to change it
7. The findings of the experiment were both _____ and unexpected.
adj. causing a lot of interest or excitement
8. There is a lot of _____ nature and food in Hawaii.
adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

ANSWERS: 1. poet, 2. adversary, 3. trauma, 4. profitable, 5. pickup, 6. rethink, 7. exciting, 8. awesome

9. The robbers were armed with _____ and demanded money.
n. a handgun, typically one that can be held in one hand
10. Since independence, the area has been completely _____.
v. to intentionally not listen or pay attention to
11. His involvement is the _____ of our plan.
n. a joint that holds the edge of a door, window, lid, etc. and allows it to open or close
12. By using this _____ we can teach moral lessons.
n. a story, play, picture, etc. in which the characters and events represent religious or political values, concepts, or morals
13. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend
14. We are motivated by _____ rather than necessity.
n. a strong desire to know or learn about something
15. She took a _____ on the stairs and tumbled down to the bottom.
n. a mistake or error in judgment or action, often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement
16. There's a new _____ of hero in the movies now.
n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

ANSWERS: 9. pistols, 10. ignored, 11. hinge, 12. allegory, 13. shift, 14. curiosity, 15. misstep, 16. brand

17. The management must _____ strategies to increase office security.
v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
18. The rain had formed a large _____ on the sidewalk.
n. a small pool of water, especially on a flat surface; a small and usually shallow accumulation of any liquid substance
19. The national election was held amid _____ security.
adj. fixed, fastened, or kept together firmly or closely
20. The _____ is about 13.8 billion years old.
n. everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
21. The treatments were done but, _____ were unsuccessful.
adv. by bad luck; unluckily
22. This chemical compound is a thousand-fold more _____.
adj. of or relating to or caused by a poison; poisonous
23. She received her _____ in psychology from the university.
n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
24. Skydiving is an overwhelming _____ for many people.
n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

ANSWERS: 17. explore, 18. puddle, 19. tight, 20. universe, 21. unfortunately, 22. toxic, 23. degree, 24. thrill

25. My left arm became _____.

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

26. Children often copy their parents or elder _____.

n. a brother or sister; member of a family born to the same parents

27. Reading _____ stories can help children relax and fall asleep faster.

n. the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness

28. The animal rights group worked to _____ the dolphins back into the wild.

v. to set free or allow to escape from confinement

29. She was _____ to receive the news that she had won the lottery.

adj. feeling or characterized by intense joy, delight, or enthusiasm

30. The detective looked for fingerprints on the window _____.

n. a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

31. He was labeled as a _____ after he abandoned the project halfway.

n. a person who gives up easily or does not have the determination to finish what they have started

32. He continued his investigation and soon _____ another crime.

v. to remove the cover from something; to discover something previously unseen or hidden

ANSWERS: 25. numb, 26. siblings, 27. bedtime, 28. release, 29. ecstatic, 30. frame, 31. quitter, 32. uncovered

33. My initial reaction was to _____.

- v.* to show that one is not willing to do or accept something

34. Her _____ are consistently rational and sensible.

- n.* the ability to form valuable opinions and make reasonable decisions

35. He got a new job for the _____ of his family.

- n.* purpose; reason for wanting something done

36. He was _____ on fraud charges and sentenced to five years in prison.

- v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison

37. He did it out of _____ to annoy me.

- n.* feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty

38. She closed her eyes and _____ for strength to overcome difficult times.

- v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request

39. Our knowledge helps _____ our clients successfully.

- v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map

40. The shipping _____ was filled with fragile glassware that must be shipped carefully.

- n.* a large container, typically made of wood or metal, used for transporting or storing goods

ANSWERS: 33. refuse, 34. judgments, 35. sake, 36. convicted, 37. spite, 38. prayed, 39. navigate, 40. crate

41. The magician's tricks _____ the audience.
v. to fill with wonder, surprise, or admiration
42. The garden was filled with _____ and needed to be tilled before planting.
n. soil, dust, or any substance that makes a surface not clean; the part of the earth's surface consisting of humus and disintegrated rock
43. The lobbyist _____ Congress not to approve the measure.
v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
44. It's important to have a healthy _____ relationship for the children's sake.
n. a parent who shares the responsibility of raising a child with another parent, often in cases of divorce, adoption, or surrogacy
45. The lightning _____ twiggged in several directions.
n. a metal bar that slides across to lock a door or window closed; a discharge of lightning accompanied by thunder; (verb) to move or jump suddenly
46. Shares in the company finally fell below their _____ value.
n. a state of being equal to someone or something
47. These _____ berries from the farm taste much better than the ones from the grocery store.
adj. selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards
48. The project manager's _____ led to several delays and miscommunications with the team.
n. a lack of knowledge, skill, or familiarity in a particular area or activity, typically resulting from a lack of previous practical involvement, training, or exposure

ANSWERS: 41. amazed, 42. dirt, 43. urged, 44. co-parenting, 45. bolt, 46. par, 47. hand-picked, 48. inexperience

49. He was ____ with joy to see the results.

adj. insane, especially due to a mental illness; very angry

50. The industrial _____ laws were passed with little to no alteration.

n. the way two persons or groups of people feel and act toward one another

51. The construction workers used a power _____ to dig the foundation for the building.

n. a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials

52. They had formed a friendship _____.

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

53. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

54. So far, the meeting is going according to _____.

n. a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

55. The piano keys were made of smooth, black _____ wood.

n. a dense, dark hardwood that is typically black or dark brown and is often used in furniture-making and musical instrument construction

56. Even when faced with challenges, it's important to _____ and never give up.

v. to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement

ANSWERS: 49. mad, 50. relations, 51. shovel, 52. bond, 53. decide, 54. schedule, 55. ebony, 56. persevere

57. I stopped by the branch though I have no business of _____.
- n.* the quality of being important and worthy of note
58. The ____ of the swamp made it difficult to walk through the field.
- n.* a soft, wet, sticky earth or clay
59. We cannot afford to squander _____ time.
- adj.* uncommon and extremely valuable
60. Underground rivers flow over a _____ layer that is impervious to water.
- n.* a room or a part of a building that is partly or entirely below ground level
61. My parents used to _____ me by telling embarrassing stories about me in front of my friends.
- v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
62. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.
- adj.* produced by or containing supernatural powers
63. I claim on my _____ that it is true.
- n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
64. The stray _____ went through the window and hit the wall.
- n.* a metal projectile that is shot from a gun
65. I prefer using _____ razors because they are more convenient.
- adj.* designed to be used once and then thrown away

ANSWERS: 57. importance, 58. mud, 59. precious, 60. basement, 61. mortify, 62. magical, 63. honor, 64. bullet, 65. disposable

66. I love to relax on the _____ and watch movies on the weekends.

- n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

67. My ex-boyfriend and I are attempting an _____ off-again relationship.

- adj.* (often used with "off-again" like "on-again, off-again") describing a relationship or situation that has been temporarily broken off or ended but has been resumed or reestablished

68. Her research team made an important _____.

- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

69. I need to _____ my suitcase and put my clothes away.

- v.* to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

70. I _____ injustice and those who perpetrate it.

- v.* to feel strong dislike or contempt for someone or something, often because of a perceived fault or failing; to have a low or unfavorable opinion of something

71. The _____ for our company's success has always been our commitment to customer satisfaction.

- n.* a standard or criterion by which something is judged or evaluated; a fine-grained dark stone, such as jasper or basalt, used to test the purity of gold or silver in alloys by observing how much the color changes when rubbed against it

72. The young couple's _____ energy was infectious, and everyone around them was smiling.

- adj.* full of energy, enthusiasm, or excitement; lively, animated, or unrestrained in behavior or expression; characterized by abundant growth or profuse production

ANSWERS: 66. couch, 67. on-again, 68. discovery, 69. unpack, 70. despise, 71. touchstone, 72. exuberant

73. The pastor contributed to _____ the sense of a community embracing all classes.
- v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
74. This train departed later than _____ scheduled.
- adv.* at the beginning; at first
75. He could not _____ against temptation.
- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
76. The poem depicts the heroics of a legendary _____.
- n.* a person who engaged in or experienced warfare, especially in the past
77. The politician was known for his _____ appearance and charm.
- adj.* physically attractive and pleasing in appearance; attractive and generous
78. I accidentally deleted the file, so can you _____ that action?
- v.* to reverse the effect of an action or event, typically one that is recent or specific
79. The _____ from her boss gave her the confidence she needed to move forward with her project.
- n.* a statement declaring something to be true strongly
80. My toddler is having a _____ with her friend from preschool.
- n.* a scheduled meeting between two or more children to play together, typically arranged by the parents or caregivers of the children

ANSWERS: 73. fostering, 74. initially, 75. struggle, 76. warrior, 77. handsome, 78. undo, 79. affirmation, 80. playdate

81. Infants and pregnant women are particularly _____.
adj. capable of being hurt or influenced physically or mentally
82. He _____ with the authorities to release his son, who had been wrongly accused.
v. to make a serious and urgent request or appeal, especially for help or mercy
83. He performed _____ tricks with sophisticated moves.
n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
84. The children were _____ and listened attentively during the museum tour.
adj. conforming to accepted standards of behavior or conduct; obedient, polite, and considerate
85. She _____ denounced the government's mishandling of the economic crisis.
adv. in a manner accessible to or observable by the public; by the government
86. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
87. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
v. to give someone the power or authority to do something
88. We would _____ an early reply.
v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

ANSWERS: 81. vulnerable, 82. pleaded, 83. magic, 84. well-behaved, 85. publicly, 86. excited, 87. empowered, 88. appreciate

89. I want to give a _____ to all the volunteers who helped make this event a success.

n. a public expression of appreciation or acknowledgment, often given to an individual or group of people, typically used in social media, advertising, or broadcast media

90. The teacher is very _____ to children's feelings.

adj. able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

91. His _____ confidence inspired those around him to take bold risks.

adj. not able to be shaken or moved; firm, steadfast, and determined; describing a person who is strong, resolute, and unwavering

92. She agreed to _____ with him in creating new artwork.

v. to work with someone else to produce or achieve something

93. He got over the big _____ with his wife.

n. the end of a relationship between persons or nations; the separation of something into several pieces or sections

94. I need to buy a new _____ for the wedding I'm attending next weekend.

n. a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.

95. She wore a _____ dress to the party, which everyone admired.

adj. wonderful and attractive

96. The patient was diagnosed with a rare genetic _____.

n. a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

ANSWERS: 89. shout-out, 90. sensitive, 91. unshakeable, 92. collaborate, 93. breakup, 94. outfit, 95. gorgeous, 96. syndrome

97. This intriguing _____ mystery remains unsolved.

n. the crime of killing somebody intentionally

98. The _____ on the child's faces when they received the toy was priceless.

n. a feeling of great pleasure or happiness

99. Her _____ approach to teaching has been a hit with the students.

adj. not following traditional or commonly accepted beliefs, practices, or customs; not conforming to established norms or standards

100. All the books in this section _____ to the library's rare collection and must be handled carefully.

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

101. Departments may set requirements for a higher _____ point average.

n. a particular level of quality, size, importance, etc.

102. The woman of the house does the holy _____ of lighting two candles.

n. any customary observance or practice; any prescribed procedure for conducting religious ceremonies

103. Schools should _____ children's mutual interest spirit.

v. to take care of, feed, and protect someone or something while they are growing and developing

104. Her influence on teenagers is _____.

adj. not possible to deny; true or certain

ANSWERS: 97. murder, 98. delight, 99. unconventional, 100. belong, 101. grade, 102. ritual, 103. nurture, 104. undeniable

105. The different species can _____ in the same ecosystem by filling different niches and using different resources.

v. to live or exist together at the same time in the same place

106. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

107. The _____ of getting the disease will drastically increase.

n. a chance that something may happen or be true

108. Jet _____ are the common name for air currents that form high in the atmosphere.

n. a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.

109. I chose to _____ cancer by trying every possible treatment.

v. to refuse to accept something and attempt to prevent it from happening

ANSWERS: 105. coexist, 106. amazing, 107. possibility, 108. streams, 109. resist