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Vocabulary Builder Reference from...

Lucy Hone: 3 secrets of resilient people | TED Talk
https://www.ted.com/talks/lucy_hone_3_secrets_of_resilient_people

Advanced Words Only

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Session 1: Word List

acrimonious

adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile

synonym : bitter, caustic, rancorous

(1) **acrimonious** relationship, (2) **acrimonious** divorce

The **acrimonious** debate between the politicians ended with neither side conceding.

infidelity

n. the quality or state of being unfaithful, especially having sex with someone who is not your partner

synonym : disloyalty, adultery, affair

(1) alleged **infidelity**, (2) act of **infidelity**

She forgave him for his **infidelity**.

bully

n. a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

synonym : tormentor, intimidator, aggressor

(1) **bully** bystander, (2) **bully** the weak

The schoolyard **bully** terrorized the other children and made their lives miserable.

miscarriage

n. the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition

synonym : stillbirth, abortion

(1) **miscarriage** prevention, (2) early **miscarriage**

Doctors can sometimes detect warning signs of potential **miscarriage** and take steps to prevent it.

infertile

adj. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

synonym: barren, sterile, unproductive

(1) **infertile** woman, (2) **infertile** land

The soil in the desert is **infertile**, making it difficult to grow crops.

dementia

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

synonym: cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

impair

v. to damage something or make it weaker or worse

synonym: degrade, mar, deface

(1) **impair** my health, (2) **impair** insulin sensitivity

The accident made his vision **impaired**.

adversity

n. difficulties or hardships that someone faces

synonym: hardship, difficulty, trial

(1) environmental **adversity**, (2) struggling with **adversity**

The team demonstrated great resilience in the face of **adversity** and won the game.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

skeptical

adj. doubting that something is accurate or useful

synonym: doubtful, distrustful, suspicious

(1) a **skeptical** attitude, (2) **skeptical** scientists

His religious and philosophical beliefs were utterly **skeptical**.

discerning

adj. able to make good judgments about what is true or right

synonym: discriminating, perceptive, insightful

(1) **discerning** reader, (2) have a **discerning** palate

She has a **discerning** eye for art and can spot a fake a mile away.

sergeant

n. a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class

synonym: officer, serjeant, noncommissioned officer

(1) police **sergeant**, (2) army **sergeant**

The fire department **sergeant** instructed the firefighters on how to tackle the blaze.

quake

v. to shake or vibrate violently and for a short time

synonym: shake, trembler, tremor

(1) **quake** in his boots, (2) **quake** with cold

The earth began to **quake**, and he knew he had to leave the building immediately.

fling

v. to throw or push something or someone with force or recklessness, especially because you are angry

synonym: throw, dump, hurl

(1) **fling** a stream of abuse, (2) **fling** a door open forcefully

He was provoked to **fling** the draft on the floor.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

unthinkable

adj. too unlikely or shocking to imagine or accept

synonym : impossible, inconceivable, outlandish

(1) an **unthinkable** coincidence, (2) in **unthinkable** trouble

That accident was something **unthinkable** with my long experience.

smashing

adj. very successful or impressive; causing something to be broken or destroyed

synonym : great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results

The band's new album was a **smashing** success, reaching the top of the charts.

smithereens

n. small fragments, pieces, or splinters resulting from the breaking or smashing of something

synonym : shreds, bits, fragments

(1) split into **smithereens**, (2) get blown to **smithereens**

The vase was shattered into **smithereens** after it fell off the table.

estrangement

n. the state of being separated or distant, especially in a relationship or between family members or friends

synonym : alienation, separation, detachment

(1) **estrangement** from family, (2) emotional **estrangement**

The **estrangement** between the two friends lasted for years.

leaflet

n. a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf

synonym : pamphlet, brochure, flier

(1) information **leaflet**, (2) political **leaflet**

The environmental group handed out **leaflets** to raise awareness of the dangers of deforestation.

overwhelm

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

synonym : conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

powerless

adj. lacking power, strength, or authority; unable to act or affect change

synonym: helpless, impotent, feeble

(1) **powerless** position, (2) **powerless** in the organization
During the hurricane, we felt **powerless** against the winds and rain.

exert

v. to put forth effort; to put into action; to bring into play

synonym: exert, apply, use

(1) **exert** control, (2) **exert** influence

He **exerted** himself to lift the heavyweight.

anguish

n. severe physical or emotional pain or suffering; distress or mental agony

synonym: distress, torment, agony

(1) **anguish** and pain, (2) emotional **anguish**

She suffered from a deep sense of **anguish** following the loss of her loved one.

bereavement

n. the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something

synonym: grief, sorrow, loss

(1) his sad **bereavement**, (2) **bereavement** leave

She was in a state of **bereavement** after her mother passed away.

monumental

adj. great in importance or influence, size, extent, or solidity; massive

synonym: massive, awesome, enormous

(1) **monumental** task, (2) **monumental** sculpture

Everyone, even non-scholars, knows Einstein's **monumental** contributions to physics.

underpin

v. to support or strengthen the foundations of something
synonym: support, foundation, base

(1) **underpin** a structure, (2) **underpin** democratization

The research findings **underpin** the theory that human activities cause global warming.

delusion

n. a false belief or impression that is firmly held despite evidence to the contrary

synonym: hallucination, illusion, fantasy

(1) grand **delusion**, (2) labor under a **delusion**

He had a **delusion** that he was a millionaire.

entitle

v. to give someone the right to have or do something; to give a title to someone or something

synonym: allow, permit, enable

(1) **entitle** him to a pension, (2) **entitle** the company to use the logo

The employee was **entitled** to a week of vacation time.

appraise

v. to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner

synonym: evaluate, assess, judge

(1) **appraise** his property, (2) **appraise** the situation

The real estate agent will **appraise** the value of your property before listing it.

hardwired

adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

synonym: innate, ingrained, automatic

(1) **hardwired** behavior, (2) **hardwired** connection

The instinct to protect one's offspring is **hardwired** into many animal species.

saber

n. a type of sword with a curved blade, typically used in cavalry or fencing

synonym : sword, cutlass, blade

(1) **saber** fencing, (2) ceremonial **saber**

The military commander drew his **saber** and shouted orders to the troops.

bombard

v. to attack a place with bombs or gunshots continuously; to address with continuously or persistently, as if with a barrage

synonym : bomb, shoot, blitz

(1) **bombard** him with questions, (2) **bombard** a fort with heavy shells

Overprotective parents often **bombard** their children with messages reinforcing their lack of mastery.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym : decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

distinctly

adv. in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable

synonym : clearly, obviously, unmistakably

(1) **distinctly** remember, (2) **distinctly** different

The **distinctly** floral scent of the perfume lingered in the air long after the wearer had left the room.

sparing

adj. characterized by using or giving very little of something; frugal or economical in the use of resources or materials

synonym : frugal, economical, thrifty

(1) a **sparing** amount of sugar, (2) time **sparing**

The **sparing** use of resources is important for conservation efforts.

pore

n. a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study

attentively

synonym : stoma, foramen

(1) woody **pore** fungi, (2) **pore** over reference books
I was sweating at every **pore**.

transgression

n. the violation of a law, duty, or moral principle

synonym : misdeed, crime, wrongdoing

(1) inexcusable **transgression**, (2) commit a **transgression**
Reporters questioned the politician about his past **transgression**.

troll

n. a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat

synonym : provocateur, antagonist, troublemaker

(1) feed a **troll**, (2) copyright **troll**

He was banned from the online forum for being a **troll** and causing trouble.

trait

n. a particular feature of your nature

synonym : attribute, feature, quality

(1) chemical **trait**, (2) personality **traits**

Multiple genes may influence behavioral **traits** concurrently.

elusive

adj. difficult to find, define, achieve, or remember

synonym : mysterious, ambiguous, inapproachable

(1) an **elusive** criminal, (2) track down an **elusive** fact

The physicist who found the **elusive** particle won the Nobel Prize.

veer

v. to change direction suddenly or sharply; to turn or swerve from one course or direction to another

synonym : swerve, diverge, shift

(1) **veer** toward danger, (2) **veer** to the left

The car **veered** off the road and crashed into a tree.

pretension

n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**

His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

Session 2: Spelling

1. sa__r fencing *n.* a type of sword with a curved blade, typically used in cavalry or fencing
2. acr____us divorce *adj.* marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile
3. commit a tra_____ion *n.* the violation of a law, duty, or moral principle
4. political le_____t *n.* a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf
5. in_____le land *adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
6. mis_____ge prevention *n.* the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition
7. alleged inf_____ty *n.* the quality or state of being unfaithful, especially having sex with someone who is not your partner
8. est_____ent from family *n.* the state of being separated or distant, especially in a relationship or between family members or friends
9. split into smi_____ns *n.* small fragments, pieces, or splinters resulting from the breaking or smashing of something

ANSWERS: 1. saber, 2. acrimonious, 3. transgression, 4. leaflet, 5. infertile, 6. miscarriage, 7. infidelity, 8. estrangement, 9. smithereens

10. emotional est_____ent *n.* the state of being separated or distant, especially in a relationship or between family members or friends
11. di_____sh a reputation *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
12. a sp_____g amount of sugar *adj.* characterized by using or giving very little of something; frugal or economical in the use of resources or materials
13. his sad ber_____nt *n.* the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
14. bu__y bystander *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
15. act of inf_____ty *n.* the quality or state of being unfaithful, especially having sex with someone who is not your partner
16. ex__t control *v.* to put forth effort; to put into action; to bring into play
17. get blown to smi_____ns *n.* small fragments, pieces, or splinters resulting from the breaking or smashing of something
18. an unt_____le coincidence *adj.* too unlikely or shocking to imagine or accept
19. in unt_____le trouble *adj.* too unlikely or shocking to imagine or accept

ANSWERS: 10. estrangement, 11. diminish, 12. sparing, 13. bereavement, 14. bully, 15. infidelity, 16. exert, 17. smithereens, 18. unthinkable, 19. unthinkable

20. v__r to the left
v. to change direction suddenly or sharply; to turn or swerve from one course or direction to another
21. po_____ss in the organization
adj. lacking power, strength, or authority; unable to act or affect change
22. qu__e with cold
v. to shake or vibrate violently and for a short time
23. emotional an_____h
n. severe physical or emotional pain or suffering; distress or mental agony
24. environmental ad_____ty
n. difficulties or hardships that someone faces
25. ap_____se his property
v. to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
26. dis_____ly different
adv. in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
27. im___r insulin sensitivity
v. to damage something or make it weaker or worse
28. di_____sh swelling
v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
29. pre_____on to authority
n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

ANSWERS: 20. veer, 21. powerless, 22. quake, 23. anguish, 24. adversity, 25. appraise, 26. distinctly, 27. impair, 28. diminish, 29. pretension

30. ov_____lm opponents by numbers *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
31. struggling with ad_____ty *n.* difficulties or hardships that someone faces
32. dis_____ly remember *adv.* in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
33. police se_____nt *n.* a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class
34. fl__g a stream of abuse *v.* to throw or push something or someone with force or recklessness, especially because you are angry
35. p__e over reference books *n.* a tiny hole in the skin of people or other animals that sweat can pass through; *(verb)* to read carefully or study attentively
36. army se_____nt *n.* a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class
37. dis_____ng reader *adj.* able to make good judgments about what is true or right
38. probably have de_____ia *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

ANSWERS: 30. overwhelm, 31. adversity, 32. distinctly, 33. sergeant, 34. fling, 35. pore, 36. sergeant, 37. discerning, 38. dementia

39. gr___e for loss *v.* to feel or show great sadness or sorrow, especially for someone who has died
40. a sk_____al attitude *adj.* doubting that something is accurate or useful
41. baseless pre_____on *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
42. give sm_____ng results *adj.* very successful or impressive; causing something to be broken or destroyed
43. ex__t influence *v.* to put forth effort; to put into action; to bring into play
44. information le_____t *n.* a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf
45. an_____h and pain *n.* severe physical or emotional pain or suffering; distress or mental agony
46. ha_____ed connection *adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
47. acr_____us relationship *adj.* marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile
48. personality tr__ts *n.* a particular feature of your nature
49. mon_____al task *adj.* great in importance or influence, size, extent, or solidity; massive

ANSWERS: 39. grieve, 40. skeptical, 41. pretension, 42. smashing, 43. exert, 44. leaflet, 45. anguish, 46. hardwired, 47. acrimonious, 48. trait, 49. monumental

50. ap_____se the situation *v.* to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
51. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
52. labor under a de_____on *n.* a false belief or impression that is firmly held despite evidence to the contrary
53. de_____ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
54. po_____ss position *adj.* lacking power, strength, or authority; unable to act or affect change
55. im____r my health *v.* to damage something or make it weaker or worse
56. in_____le woman *adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
57. grand de_____on *n.* a false belief or impression that is firmly held despite evidence to the contrary
58. a sm_____ng blow *adj.* very successful or impressive; causing something to be broken or destroyed
59. v____r toward danger *v.* to change direction suddenly or sharply; to turn or swerve from one course or direction to another
60. bo_____d a fort with heavy shells *v.* to attack a place with bombs or gunshots continuously; to address with continuously or persistently, as if with a barrage

ANSWERS: 50. appraise, 51. resilient, 52. delusion, 53. dementia, 54. powerless, 55. impair, 56. infertile, 57. delusion, 58. smashing, 59. veer, 60. bombard

61. un_____ in a structure *v.* to support or strengthen the foundations of something
62. mon_____al sculpture *adj.* great in importance or influence, size, extent, or solidity; massive
63. woody p__e fungi *n.* a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively
64. inexcusable tra_____ion *n.* the violation of a law, duty, or moral principle
65. chemical tr__t *n.* a particular feature of your nature
66. feed a tr__l *n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
67. early mis_____ge *n.* the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition
68. bo_____d him with questions *v.* to attack a place with bombs or gunshots continuously; to address with continuously or persistently, as if with a barrage
69. en_____e the company to use the logo *v.* to give someone the right to have or do something; to give a title to someone or something
70. gr___e at the sad news *v.* to feel or show great sadness or sorrow, especially for someone who has died

ANSWERS: 61. underpin, 62. monumental, 63. pore, 64. transgression, 65. trait, 66. troll, 67. miscarriage, 68. bombard, 69. entitle, 70. grieve

71. un_____in democratization *v.* to support or strengthen the foundations of something
72. ceremonial sa__r *n.* a type of sword with a curved blade, typically used in cavalry or fencing
73. track down an el_____e fact *adj.* difficult to find, define, achieve, or remember
74. ber_____nt leave *n.* the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
75. ha_____ed behavior *adj.* built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
76. he was ov_____lmed with gratitude *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
77. copyright tr__l *n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
78. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions
79. an el_____e criminal *adj.* difficult to find, define, achieve, or remember
80. bu__y the weak *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

ANSWERS: 71. underpin, 72. saber, 73. elusive, 74. bereavement, 75. hardwired, 76. overwhelm, 77. troll, 78. resilient, 79. elusive, 80. bully

81. en_____e him to a pension *v.* to give someone the right to have or do something; to give a title to someone or something
82. sk_____al scientists *adj.* doubting that something is accurate or useful
83. time sp_____g *adj.* characterized by using or giving very little of something; frugal or economical in the use of resources or materials
84. fl__g a door open forcefully *v.* to throw or push something or someone with force or recklessness, especially because you are angry
85. have a dis_____ng palate *adj.* able to make good judgments about what is true or right
86. qu__e in his boots *v.* to shake or vibrate violently and for a short time

ANSWERS: 81. entitle, 82. skeptical, 83. sparing, 84. fling, 85. discerning, 86. quake

Session 3: Fill in the Blanks

1. The accident made his vision _____.
v. to damage something or make it weaker or worse
2. Reporters questioned the politician about his past _____.
n. the violation of a law, duty, or moral principle
3. Overprotective parents often _____ their children with messages reinforcing their lack of mastery.
v. to attack a place with bombs or gunshots continuously; to address with continuously or persistently, as if with a barrage
4. Everyone, even non-scholars, knows Einstein's _____ contributions to physics.
adj. great in importance or influence, size, extent, or solidity; massive
5. She suffered from a deep sense of _____ following the loss of her loved one.
n. severe physical or emotional pain or suffering; distress or mental agony
6. Too much variety may _____ and confuse viewers.
v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
7. The band's new album was a _____ success, reaching the top of the charts.
adj. very successful or impressive; causing something to be broken or destroyed
8. She has a _____ eye for art and can spot a fake a mile away.
adj. able to make good judgments about what is true or right

ANSWERS: 1. impaired, 2. transgression, 3. bombard, 4. monumental, 5. anguish, 6. overwhelm, 7. smashing, 8. discerning

9. He was banned from the online forum for being a _____ and causing trouble.
- n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
10. Multiple genes may influence behavioral _____ concurrently.
- n.* a particular feature of your nature
11. The real estate agent will _____ the value of your property before listing it.
- v.* to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
12. The physicist who found the _____ particle won the Nobel Prize.
- adj.* difficult to find, define, achieve, or remember
13. The fire department _____ instructed the firefighters on how to tackle the blaze.
- n.* a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class
14. The team demonstrated great resilience in the face of _____ and won the game.
- n.* difficulties or hardships that someone faces
15. The _____ between the two friends lasted for years.
- n.* the state of being separated or distant, especially in a relationship or between family members or friends
16. His _____ of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
- n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

ANSWERS: 9. troll, 10. traits, 11. appraise, 12. elusive, 13. sergeant, 14. adversity, 15. estrangement, 16. pretensions

17. She _____ the loss of her parents.

v. to feel or show great sadness or sorrow, especially for someone who has died

18. During the hurricane, we felt _____ against the winds and rain.

adj. lacking power, strength, or authority; unable to act or affect change

19. Doctors can sometimes detect warning signs of potential _____ and take steps to prevent it.

n. the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition

20. She is a _____ person and has always bounced back from setbacks.

adj. able to withstand or recover quickly from difficult conditions

21. The schoolyard _____ terrorized the other children and made their lives miserable.

n. a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

22. The _____ debate between the politicians ended with neither side conceding.

adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile

23. The _____ use of resources is important for conservation efforts.

adj. characterized by using or giving very little of something; frugal or economical in the use of resources or materials

24. The soil in the desert is _____ making it difficult to grow crops.

adj. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

ANSWERS: 17. grieved, 18. powerless, 19. miscarriage, 20. resilient, 21. bully, 22. acrimonious, 23. sparing, 24. infertile,

25. The vase was shattered into _____ after it fell off the table.
n. small fragments, pieces, or splinters resulting from the breaking or smashing of something
26. The car _____ off the road and crashed into a tree.
v. to change direction suddenly or sharply; to turn or swerve from one course or direction to another
27. I was sweating at every _____.
n. a tiny hole in the skin of people or other animals that sweat can pass through;
(verb) to read carefully or study attentively
28. The employee was _____ to a week of vacation time.
v. to give someone the right to have or do something; to give a title to someone or something
29. His religious and philosophical beliefs were utterly _____.
adj. doubting that something is accurate or useful
30. The research findings _____ the theory that human activities cause global warming.
v. to support or strengthen the foundations of something
31. She was in a state of _____ after her mother passed away.
n. the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
32. The instinct to protect one's offspring is _____ into many animal species.
adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

ANSWERS: 25. smithereens, 26. veered, 27. pore, 28. entitled, 29. skeptical, 30. underpin, 31. bereavement, 32. hardwired

33. He was provoked to _____ the draft on the floor.
v. to throw or push something or someone with force or recklessness, especially because you are angry
34. The military commander drew his _____ and shouted orders to the troops.
n. a type of sword with a curved blade, typically used in cavalry or fencing
35. As people get old, their energies may _____.
v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
36. He had a _____ that he was a millionaire.
n. a false belief or impression that is firmly held despite evidence to the contrary
37. The environmental group handed out _____ to raise awareness of the dangers of deforestation.
n. a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf
38. She forgave him for his _____.
n. the quality or state of being unfaithful, especially having sex with someone who is not your partner
39. The earth began to _____ and he knew he had to leave the building immediately.
v. to shake or vibrate violently and for a short time
40. He _____ himself to lift the heavyweight.
v. to put forth effort; to put into action; to bring into play

ANSWERS: 33. fling, 34. saber, 35. diminish, 36. delusion, 37. leaflets, 38. infidelity, 39. quake, 40. exerted

41. That accident was something _____ with my long experience.

adj. too unlikely or shocking to imagine or accept

42. The study found that regular exercise can help to prevent the onset of _____ in older age.

n. a severe decline in cognitive function, especially memory, as a result of disease or injury

43. The _____ floral scent of the perfume lingered in the air long after the wearer had left the room.

adv. in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable

ANSWERS: 41. unthinkable, 42. dementia, 43. distinctly