Englist.me

Vocabulary Builder Reference from...

Lucy Hone: 3 secrets of resilient people | TED Talk https://www.ted.com/talks/lucy_hone_3_secrets_of_r esilient_people



All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

acrimonious

adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile

synonym: bitter, caustic, rancorous

(1) **acrimonious** relationship, (2) **acrimonious** divorce The **acrimonious** debate between the politicians ended with neither side conceding.

divorce

n. the legal dissolution of a marriagesynonym: separation, dissolution, breakup

(1) **divorce** settlement, (2) a consensual **divorce**The couple decided to get a **divorce** after many years of marriage.

victim

 a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event synonym: prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

infidelity

n. the quality or state of being unfaithful, especially having sex with someone who is not your partner

synonym: disloyalty, adultery, affair

(1) alleged infidelity, (2) act of infidelity

She forgave him for his **infidelity**.

disaster

 an unexpected event or series of events that cause widespread damage, destruction, or loss of life

synonym: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

bully

 a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

synonym: tormentor, intimidator, aggressor

(1) bully bystander, (2) bully the weak

The schoolyard **bully** terrorized the other children and made their lives miserable.

redundant

adj. unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessary repetition or duplication of efforts

synonym: unnecessary, superfluous, surplus

(1) redundant worker, (2) redundant equipment

The report contained **redundant** information that could have been eliminated.

miscarriage

n. the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition

synonym: stillbirth, abortion

(1) **miscarriage** prevention, (2) early **miscarriage**Doctors can sometimes detect warning signs of potential **miscarriage** and take steps to prevent it.

abortion

the intentional termination of a pregnancy at an early stage

synonym: miscarriage

(1) **abortion** doctor, (2) the highly charged issue of **abortion**

We strongly oppose the **abortion** ban.

infertile

adj. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

synonym: barren, sterile, unproductive

(1) infertile woman, (2) infertile land

The soil in the desert is **infertile**, making it difficult to grow crops.

fin

- n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
- synonym: flipper, appendage, stabilizer
- (1) back fin, (2) a fin of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

dementia

a severe decline in cognitive function, especially memory, as a result of disease or injury

synonym: cognitive decline, memory loss, Alzheimer's disease

(1) dementia patients, (2) probably have dementia

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

impair

- v. to damage something or make it weaker or worse synonym: degrade, mar, deface
- (1) **impair** my health, (2) **impair** insulin sensitivity The accident made his vision **impaired**.

suicide

- n. the act of killing yourself intentionallysynonym: self-destruction, self-annihilation, felo-de-se
- (1) commit suicide, (2) suicide attack

In an economically prosperous country, most male **suicide** is due to child support problems.

adversity

- n. difficulties or hardships that someone facessynonym: hardship, difficulty, trial
- (1) environmental **adversity**, (2) struggling with **adversity** The team demonstrated great resilience in the face of **adversity** and won the game.

discriminate

v. to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things

synonym: show prejudice, segregate, differentiate

- (1) discriminate against women employees,
- (2) discriminate between different things

You should not discriminate against minorities.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population She is a **resilient** person and has always bounced back from setbacks.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

contract

n. a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

synonym: agreement, deal, arrangement

(1) employment contract, (2) contract law

The company signed a **contract** with the supplier for the delivery of goods.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit Having a **physically** healthy physique is essential for a great life.

skeptical

adj. doubting that something is accurate or useful *synonym*: doubtful, distrustful, suspicious

a skeptical attitude, (2) skeptical scientists
 religious and philosophical beliefs were utterly skeptical.

discerning

adj. able to make good judgments about what is true or right synonym: discriminating, perceptive, insightful

(1) **discerning** reader, (2) have a **discerning** palate She has a **discerning** eye for art and can spot a fake a mile away.

drill

 a tool or machine used for making round holes or driving fasteners; a training or practice

synonym: exercise, routine, training

(1) the **drill** hit the well, (2) fire **drill**Several military **drill** programs have become popular methods of exercise.

sergeant

 a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class

synonym: officer, serjeant, noncommissioned officer

(1) police **sergeant**, (2) army **sergeant**

The fire department **sergeant** instructed the firefighters on how to tackle the blaze.

quest

- n. a long or challenging search for somethingsynonym: exploration, inquisition, pursuit
- (1) the **quest** for truth, (2) on a **quest** for happiness That adventurer traveled in **quest** of buried treasure.

academic

- adj. associated with schools, colleges, and universities,especially studying and thinking, not with practical skillssynonym: educational, scholarly, theoretical
- (1) **academic** probation, (2) an **academic** discussion

 An excellent historian must possess an **academic** mentality.

inspiring

- adj. stimulating and motivating you to want to do somethingsynonym: exhilarating, encouraging, heartening
- (1) **inspiring** stories, (2) awe-**inspiring** sight An **inspiring** teacher might spark students' motivation to succeed.

earthquake

- a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface
 synonym: seismic activity, tremor, temblor
- (1) an **earthquake** zone, (2) an **earthquake-proof**The violent **earthquake** caused widespread damage and injuries throughout the region.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

quake

- v. to shake or vibrate violently and for a short time synonym: shake, trembler, tremor
- (1) **quake** in his boots, (2) **quake** with cold

 The earth began to **quake**, and he knew he had to leave the

building immediately.

government

 n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

depart

- v. to go away or leave, especially to start a journey synonym: go away, leave, vacate
- (1) arrive and **depart** on time, (2) **depart** from the faith We **departed** before the temperature fell below zero.

boost

- v. to improve, raise, or increase somethingsynonym: raise, advance, promote
- (1) boost the economy, (2) boost flexibilityThe new service helped boost net income by 10%.

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
 synonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

hop

v. to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

synonym: jump, bounce, skip

(1) **hop** on one foot, (2) **hop** from one place to another The rabbit **hopped** over the fence.

instantly

adv. immediately

synonym: immediately, right away, directly

(1) instantly cope with, (2) be killed instantly

I remembered that person **instantly** and never forgot.

blink

v. to shut and open the eyes quickly; to gleam or glow in a regular or intermittent way

synonym: twinkle, flash, flicker

(1) **blink** his eyes, (2) **blink** in astonishment He **blinked** in the dazzling sunlight.

fling

v. to throw or push something or someone with force or recklessness, especially because you are angry

synonym: throw, dump, hurl

(1) **fling** a stream of abuse, (2) **fling** a door open forcefully He was provoked to **fling** the draft on the floor.

equation

- the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
- (1) the **equation** of poverty with ignorance, (2) a chemical **equation**

In this class, you will learn how to solve quadratic equations.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual The terrorist's **identity** remains unknown.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly** Who answers **suddenly** knows little.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym: mourn, lament, sorrow

(1) grieve for loss, (2) grieve at the sad news

She **grieved** the loss of her parents.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym: surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting **Wrap** the bandage tightly around the injured arm.

unthinkable

adj. too unlikely or shocking to imagine or accept synonym: impossible, inconceivable, outlandish

(1) an **unthinkable** coincidence, (2) in **unthinkable** trouble That accident was something **unthinkable** with my long experience.

smashing

adj. very successful or impressive; causing something to be broken or destroyed

synonym: great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results
The band's new album was a **smashing** success, reaching the top of the charts.

smithereens

n. small fragments, pieces, or splinters resulting from the breaking or smashing of something

synonym: shreds, bits, fragments

(1) split into **smithereens**, (2) get blown to **smithereens**The vase was shattered into **smithereens** after it fell off the table.

prime

adj. main or most important; basic

synonym: excellent, exceptional, premium

(1) **prime** number, (2) deputy **prime** minister

After a thorough investigation, she has been named as the **prime** suspect.

candid

adj. honest, straightforward, and frank in someone's words or actions

synonym:

honest, frank, straightforward

(1) **candid** conversation, (2) in my **candid** opinion

The **candid** photography captured the genuine emotions of the moment.

estrangement

- n. the state of being separated or distant, especially in a relationship or between family members or friendssynonym: alienation, separation, detachment
- (1) **estrangement** from family, (2) emotional **estrangement** The **estrangement** between the two friends lasted for years.

leaflet

 a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf

synonym: pamphlet, brochure, flier

- (1) information **leaflet**, (2) political **leaflet**The environmental group handed out **leaflets** to raise awareness of the dangers of deforestation.
- n. a very great sadness, especially when somebody diessynonym: anguish, desperation, dismay
- (1) have **grief** and sorrow, (2) a lot of **grief** Each person has a unique **grief** experience.

bargain

grief

n. an agreement between two parties regarding the terms of a purchase or a transaction; a deal or a negotiation that results in a product or a service being acquired for a lower price than usual or expected

synonym: deal, agreement, pact

(1) bargain deal, (2) bargain hunting

The price for the used car was a **bargain** compared to the market value.

denial

- n. a statement that something is not true or does not exist synonym: refusal, rejection, veto
- (1) state of denial, (2) an absolute denial

She gave us a categorical **denial** of the scandal.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

overwhelm

- v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebodysynonym: conquer, crush, dominate
- (1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

powerless

adj. lacking power, strength, or authority; unable to act or affect change

synonym: helpless, impotent, feeble

(1) **powerless** position, (2) **powerless** in the organization During the hurricane, we felt **powerless** against the winds and rain.

exert

- v. to put forth effort; to put into action; to bring into play synonym: exert, apply, use
- (1) **exert** control, (2) **exert** influence
 He **exerted** himself to lift the heavyweight.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life The former emperor had a particular **influence** even after he abdicated.

whatsoever

adv. not at all; no matter what

synonym: in any way, at all, in any respect

(1) **whatsoever** it be, (2) without impact **whatsoever** He refused to do anything **whatsoever** to help her.

anguish

 severe physical or emotional pain or suffering; distress or mental agony

synonym: distress, torment, agony

(1) **anguish** and pain, (2) emotional **anguish**She suffered from a deep sense of **anguish** following the loss of her loved one.

participate

v. to take part in something

synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**The **process** for applying for a visa can be lengthy and complicated.

conduct

- v. to organize and carry out a particular activity synonym: behave, lead, carry on
- (1) **conduct** a background check, (2) **conduct** research Police will **conduct** random breath testing for drunk driving.

experiment

 the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments** His **experiments** showed highly positive results.

enormous

adj. extremely large or great synonym: huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential Shakespeare's output of poetry was **enormous**.

confess

v. to admit to having done something wrong or to reveal something personal or private

synonym: admit, acknowledge, own up

(1) confess sin, (2) confess truth

He **confessed** to his crime and turned himself into the police.

parental

adj. of or relating to parent or parentssynonym: maternal, paternal

(1) parental duties, (2) parental consent

She plans to take six months of **parental** leave.

bereavement

n. the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or somethingsynonym: grief, sorrow, loss

(1) his sad **bereavement**, (2) **bereavement** leave She was in a state of **bereavement** after her mother passed away.

acknowledged

adj. recognized or admitted as being true or validsynonym: recognized, accepted, admitted

(1) **acknowledged** beauty, (2) publicly **acknowledged** truth His **acknowledged** expertise in the field earned him the respect of his peers.

strategy

 a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military strategy, (2) develop a strategy

Our plan includes a comprehensive marketing **strategy**.

utterly

adv. completely or absolutely

synonym: absolutely, completely, perfectly

(1) utterly changed, (2) utterly ignorant

We are **utterly** opposed to any form of terrorism.

navigate

v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

synonym: guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document Our knowledge helps **navigate** our clients successfully.

monumental

adj. great in importance or influence, size, extent, or solidity;
 massive

synonym: massive, awesome, enormous

(1) **monumental** task, (2) **monumental** sculpture Everyone, even non-scholars, knows Einstein's **monumental** contributions to physics.

rely

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him Babies heavily **rely** on others for food.

underpin

- v. to support or strengthen the foundations of something synonym: support, foundation, base
- (1) **underpin** a structure, (2) **underpin** democratization The research findings **underpin** the theory that human activities cause global warming.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

delusion

 a false belief or impression that is firmly held despite evidence to the contrary

synonym: hallucination, illusion, fantasy

(1) grand **delusion**, (2) labor under a **delusion**

He had a **delusion** that he was a millionaire.

sink

v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

synonym: descend, drop, plummet

(1) **sink** a lot of capital, (2) **sink** a buzzer-beater

The abandoned ship slowly began to **sink** into the murky waters of the harbor.

tragedy

n. an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

synonym: disaster, adversity, calamity

(1) a **tragedy** during work, (2) the aftermath of this **tragedy** Macbeth is a famous **tragedy** by Shakespeare.

entitle

v. to give someone the right to have or do something; to give a title to someone or something

synonym: allow, permit, enable

(1) **entitle** him to a pension, (2) **entitle** the company to use the logo

The employee was **entitled** to a week of vacation time.

shiny

adj. reflecting light and having a bright and smooth surface synonym: polished, glossy, lustrous

(1) shiny surface, (2) shiny object

The **shiny** new car drew everyone's attention as it drove by.

norm

- n. something that is regarded as usual, typical, or standard synonym: criterion, mean, standard
- (1) norm of action, (2) cultural norm

The systems we have developed has accepted as industry **norms**.

demonstrate

v. to display something or give an exhibition to an interested audience

synonym: show, illustrate, display

(1) **demonstrate** a difference, (2) **demonstrate** mastery How can you **demonstrate** that the earth is a sphere?

opposition

the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition** The **opposition** party strongly disagreed with the government's proposed legislation.

appraise

 to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner

synonym: evaluate, assess, judge

(1) **appraise** his property, (2) **appraise** the situation The real estate agent will **appraise** the value of your property before listing it.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms This artwork is **typical** of her work.

vital

adj. necessary for the success or continued existence of something

synonym: critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society Perseverance and optimism are **vital** to success.

threat

 a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**The **threat** of severe weather prompted the city to issue an evacuation warning.

hardwired

adj. built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

synonym: innate, ingrained, automatic

(1) **hardwired** behavior, (2) **hardwired** connection

The instinct to protect one's offspring is **hardwired** into many animal species.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number The movie has received almost universally **negative** criticism.

emotion

 a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**Some **emotions** are common across cultures and backgrounds.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing

and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) stick a key in a lock, (2) fire stick

You **stick** a bill in the change machine, and the coins pop out.

bounce

 to cause to move up or away after hitting a surface; to spring back

synonym: bound, leap, spring

(1) **bounce** across the floor, (2) **bounce** back from failure They will **bounce** between various emotional states.

evolutionary

adj. relating to or denoting how living things develop or change from earlier forms

synonym: developmental, mutative, transformative

(1) ecology and **evolutionary** biology, (2) the **evolutionary** process

Evolutionary algorithms can find ways to optimize that humans do not anticipate.

perspective

a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

- (1) a **perspective** view, (2) the **perspective** of the battle His father's death changed his whole **perspective** on life.
- n. a large hole in the side of a hill, cliff, mountain, or under the ground

synonym: cavern, grotto, burrow

(1) domiciliary **caves**, (2) the mouth of the **cave**Bats reside in sheltered **caves**.

saber

cave

 a type of sword with a curved blade, typically used in cavalry or fencing

synonym: sword, cutlass, blade

Page 18 / 79

(1) saber fencing, (2) ceremonial saber

The military commander drew his **saber** and shouted orders to the troops.

rainbow

 an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain

synonym: spectrum, iridescence, prism

(1) marine rainbow, (2) rainbow after a storm

She was mesmerized by the **rainbow's** colors.

survival

 the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym: endurance, continuity

(1) **survival** ability, (2) **survival** food

He evaluated his chances for **survival** rather pessimistically.

constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is constantly changing.

bombard

to attack a place with bombs or gunshots continuously;
 to address with continuously or persistently, as if with a barrage

synonym: bomb, shoot, blitz

(1) **bombard** him with questions, (2) **bombard** a fort with heavy shells

Overprotective parents often **bombard** their children with messages reinforcing their lack of mastery.

brain

 the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

permanent

adj. lasting for a long time without essential change synonym: lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

dial

v. to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called

synonym: adjust, set, turn

(1) **dial** up the volume, (2) **dial** down the tension He **dialed** the phone number and waited for an answer.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym: decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling As people get old, their energies may **diminish**.

tune

 a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

synonym: melody, harmony, (verb) adjust

(1) the tune of a song, (2) tune a piano

The band played a beautiful tune on their instruments.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

threaten

 to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) threaten a healthy relationship, (2) threaten national

security

Various artificially induced causes are **threatening** our ecosystem.

distinctly

 adv. in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable

synonym: clearly, obviously, unmistakably

(1) **distinctly** remember, (2) **distinctly** different The **distinctly** floral scent of the perfume lingered in the air long after the wearer had left the room.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail **swallowed** my anger and kept quiet.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

psychology

- n. the scientific study of mind and behavior
- (1) **psychology** experiment, (2) **psychology** of crowd She had a master's degree in **psychology**.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) brave soldier, (2) brave decision

The **brave** firefighter rescued the family from the burning building.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

grateful

adj. feeling or showing an appreciation of kindness; thankful *synonym*: thankful, appreciative, indebted

(1) a **grateful** breeze, (2) put a **grateful** expression She was **grateful** for the help he provided.

wee

adj. very small or tiny; referring to a short amount of time *synonym*: tiny, small, diminutive

(1) wee child, (2) a wee bit

The toddler was excited to wear his new wee-sized shoes.

drawn-out

adj. extended in time or length; prolonged; protracted synonym: prolonged, extended, dragged-out

(1) **drawn-out** conversation, (2) a **drawn-out** legal battle The **drawn-out** meeting lasted for hours and accomplished very little.

sparing

adj. characterized by using or giving very little of something;frugal or economical in the use of resources or materialssynonym: frugal, economical, thrifty

a sparing amount of sugar, (2) time sparing
 The sparing use of resources is important for conservation efforts.

deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym: merit, earn, justify

(1) deserve respect, (2) deserve this prize

The employee **deserved** the promotion for their hard work

Page 22 / 79

and dedication.

colleague

 one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with colleagues,(2) former colleagueI decided to seek counseling on the advice of my colleague.

gratitude

 the quality of being thankful; readiness to show appreciation for and to return kindness

synonym: appreciation, thankfulness, indebtedness

(1) a debt of **gratitude**, (2) feelings of **gratitude**She expressed her **gratitude** towards the kind stranger who helped her.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

neon

n. a chemical element of atomic number 10 that is a gas with no smell or color, does not react with other chemicals, and shines with a bright light when electricity is passed through it

synonym: fluorescent, glowing, illuminated

(1) luminous **neon** tube, (2) **neon** lights

The nightlife district was lit up with colorful **neon** signs and bright lights.

frame

- a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window synonym: body, skeleton, scaffolding
- (1) a picture **frame**, (2) the **frame** of the policy

The detective looked for fingerprints on the window **frame**.

hunt

v. to go after and try to catch wild animals to kill them for food, sport, or profit

synonym: chase, pursuit, quest

(1) hunt a job, (2) hunt after knowledge

Hounds **hunt** their prey by using their keen scent.

intentional

adj. done, made or performed with purpose and intent *synonym*: deliberate, intended, preplanned

(1) **intentional** destruction of evidence, (2) an **intentional** walk

The law distinguishes between accidental and **intentional** killing.

deliberate

adj. done with full consciousness of nature and effects rather than by accident

synonym: intentional, planned, careful

(1) the **deliberate** act of provocation, (2) **deliberate** attempt Despite its advanced science and technology, the empire was **deliberate** about invasion.

ongoing

adj. continuing to exist or develop, or currently happening synonym: continuous, current, proceeding

(1) still ongoing, (2) ongoing support

The new prime minister has vowed to take measures against the **ongoing** economic crisis.

therapy

 the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) therapy for a patient, (2) field of gene therapyI underwent aversion therapy for my addiction to alcohol.

no-brainer

- *n.* a decision or a problem that requires little or no thought because it is obvious what you should do
- no-brainer product, (2) look like a no-brainer
 The first question in the test was a complete no-brainer.

pore

 a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively

synonym: stoma, foramen

(1) woody **pore** fungi, (2) **pore** over reference books I was sweating at every **pore**.

upset

 adj. causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

synonym: disturbed, bothered, resentful

(1) get **upset**, (2) have an **upset** stomach He was awfully **upset** by the news.

context

n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym: background, setting, environment

(1) historical **context**, (2) legal **context**It's important to understand the **context** of a situation before making a decision.

promote

 to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

synonym: boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior The government should do more to **promote** sustainable agribusiness.

recover

- v. to return to a former condition, health, mind, or strength synonym: come back, convalesce, heal
- (1) **recover** a loss, (2) **recover** approval ratings She is still **recovering** from a shot to her shoulder.

prompt

v. to make someone decide to or try to do something, or to make something happen

synonym: actuate, inspire, incite

(1) **prompt** a feeling of hunger, (2) **prompt** a debate That incident **prompted** a nationwide chain reaction regarding the crackdown on illegal groups.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym: pardon, amnesty, compassion

(1) forgiveness of liabilities,(2) beg for forgivenessHe gained debt forgiveness.

ancient

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

synonym: archaic, age-old, obsolete

(1) pre-Christian ancient, (2) ancient storiesThey have been living near water since ancient times.

transgression

- n. the violation of a law, duty, or moral principlesynonym: misdeed, crime, wrongdoing
- (1) inexcusable **transgression**, (2) commit a **transgression**Reporters questioned the politician about his past **transgression**.

argument

 a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

synonym: debate, discourse, discussion

(1) a blazing **argument**, (2) the **argument** against capital punishment

The **argument** between the two sides over the proposed policy was heated.

troll

 a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a

boat

synonym: provocateur, antagonist, troublemaker

(1) feed a **troll**, (2) copyright **troll**

He was banned from the online forum for being a **troll** and causing trouble.

decision-maker

- a person who makes important decisions, especially at a high level in an organization
- (1) policy decision-maker, (2) act as a decision-maker A wealth of information does not always have a positive impact on decision-makers.

rocket

a large tube-shaped object that moves very first by a n. stream of gases let out behind it, used for space travel or as a weapon

synonym: projectile, missile

(1) **rocket** attack against the enemy, (2) **rocket** fuel The **rocket** launch platform is visible from this hill.

trait

- a particular feature of your nature synonym: attribute, feature, quality
- (1) chemical trait, (2) personality traits Multiple genes may influence behavioral **traits** concurrently.

elusive

- adj. difficult to find, define, achieve, or remember synonym: mysterious, ambiguous, inapproachable
- (1) an elusive criminal, (2) track down an elusive fact The physicist who found the **elusive** particle won the Nobel Prize.

- adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree *synonym*: mundane, prosaic, average
- (1) an **ordinary** school, (2) **ordinary** annual revenue The **ordinary** session of the Diet opened.

willingness

- n. the state of being ready or inclined to do somethingsynonym: readiness, eagerness, enthusiasm
- (1) **willingness** to help, (2) indicate a **willingness** to change

Her willingness to help others earned her many friends.

split

v. to divide, or to make something divide into two or more parts, especially along a particular line

synonym: break, divide, break apart

(1) **split** a bill, (2) **split** a reward equally

Companies often **split** their shares to lower the stock price and encourage investors to buy.

veer

v. to change direction suddenly or sharply; to turn or swerve from one course or direction to another

synonym: swerve, diverge, shift

(1) **veer** toward danger, (2) **veer** to the left

The car **veered** off the road and crashed into a tree.

anticipate

v. to expect or predict that something will happen; to tell in advance

synonym: forecast, predict, expect

(1) **anticipate** your kind cooperation, (2) **anticipate** a black future

We **anticipate** heavy snowfall tomorrow.

awful

adj. causing fear, dread, or terror; very bad or unpleasant *synonym*: terrible, appalling, horrible

(1) an awful error, (2) do awful damage

I regretted making an awful mistake in my final exam.

urge

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

synonym: push for, advise, (noun) impulse

(1) urge a total ban, (2) a sexual urge

The lobbyist **urged** Congress not to approve the measure.

lean

adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posturesynonym: skinny, slender, (verb) slant

(1) a **lean** horse, (2) **lean** athletic figure

Lean operational improvements often lead to better environmental performance.

pretension

 the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

Session 2: Spelling

1.	acrus relationship	adj.	marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile
2.	apse his property	v.	to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
3.	enus amount	adj.	extremely large or great
4.	dish swelling	v.	to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
5.	nate the Pacific	v.	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
6.	luminous nn tube	n.	a chemical element of atomic number 10 that is a gas with no smell or color, does not react with other chemicals, and shines with a bright light when electricity is passed through it
7.	ceremonial sar	n.	a type of sword with a curved blade, typically used in cavalry or fencing
8.	rer a loss	v.	to return to a former condition, health, mind, or strength
9.	unin democratization	v.	to support or strengthen the foundations of something
10.	early misge	n.	the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition

ANSWERS: 1. acrimonious, 2. appraise, 3. enormous, 4. diminish, 5. navigate, 6. neon, 7. saber, 8. recover, 9. underpin, 10. miscarriage

11.	struggling with adty	n.	difficulties or hardships that someone faces
12.	act as a decker	n.	a person who makes important decisions, especially at a high level in an organization
13.	publicly ackged truth	adj.	recognized or admitted as being true or valid
14.	rent equipment	adj.	unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessary repetition or duplication of efforts
15.	prs improvement	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
16.	the drI hit the well	n.	a tool or machine used for making round holes or driving fasteners; a training or practice
17.	a try during work	n.	an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
18.	a perve view	n.	a confident attitude toward something; a particular style of thinking about something

ANSWERS: 11. adversity, 12. decision-maker, 13. acknowledged, 14. redundant, 15. process, 16. drill, 17. tragedy, 18. perspective

19.	stk a key in a lock	ν.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
20.	emotional anh	n.	severe physical or emotional pain or suffering; distress or mental agony
21.	oppon campaign	n.	the act of disagreeing or resisting; the state of strong disagreement
22.	work pet	v.	to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
23.	sur bad grades	v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
24.	a debt of grde	n.	the quality of being thankful; readiness to show appreciation for and to return kindness
25.	awe-inng sight	adj.	stimulating and motivating you to want to do something
26.	gre at the sad news	v.	to feel or show great sadness or sorrow, especially for someone who has died
27.	spt a reward equally	v.	to divide, or to make something divide into two or more parts, especially along a particular line
28.	tyI leader	adj.	having the usual characteristics or traits of a specific group of things
29.	pr e number	adi.	main or most important; basic

ANSWERS: 19. stick, 20. anguish, 21. opposition, 22. permit, 23. suffer, 24. gratitude, 25. inspiring, 26. grieve, 27. split, 28. typical, 29. prime

30.	disate between different things	v.	to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
31.	bod a fort with heavy shells	v.	to attack a place with bombs or gunshots continuously; to address with continuously or persistently, as if with a barrage
32.	wp up a meeting	<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
33.	a picture fre	n.	a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
34.	s_k a buzzer-beater	v.	to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
35.	his sad bernt	n.	the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
36.	sue a blizzard	v.	to live or exist despite a dangerous event or period
37.	enus potential	adj.	extremely large or great
38.	put a grul expression	adj.	feeling or showing an appreciation of kindness; thankful
39.	decision-making prs	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other

ANSWERS: 30. discriminate, 31. bombard, 32. wrap, 33. frame, 34. sink, 35.

dairy products



40.	the eqon of poverty with ignorance	n.	the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
41.	ht a job	<i>v</i> .	to go after and try to catch wild animals to kill them for food, sport, or profit
42.	vr to the left	ν.	to change direction suddenly or sharply to turn or swerve from one course or direction to another
43.	meet with oppon	n.	the act of disagreeing or resisting; the state of strong disagreement
44.	stay phyly fit	adv.	in a way related to a person's body or appearance rather than their mind
45.	probably have deia	n.	a severe decline in cognitive function, especially memory, as a result of disease or injury
46.	viI for a healthy society	adj.	necessary for the success or continued existence of something
47.	pet application	ν.	to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
48.	get upt	adj.	causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
49.	the aftermath of this try	n.	an event or situation causing great loss misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

ANSWERS: 40. equation, 41. hunt, 42. veer, 43. opposition, 44. physically, 45. dementia, 46. vital, 47. permit, 48. upset, 49. tragedy

50.	cultural nm	n.	something that is regarded as usual, typical, or standard
51.	collaborate with coues	n.	one of a group of a coworker, especially in a profession or a business
52.	ene him to a pension	<i>v</i> .	to give someone the right to have or do something; to give a title to someone or something
53.	cad conversation	adj.	honest, straightforward, and frank in someone's words or actions
54.	antte a black future	<i>v</i> .	to expect or predict that something will happen; to tell in advance
55.	marine raw	n.	an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
56.	police sent	n.	a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class
57.	cot a background check	<i>v</i> .	to organize and carry out a particular activity
58.	political let	n.	a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf
59.	a ln horse	adj.	having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
60.	environmental tht	n.	a strong indication or likelihood of harm danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

ANSWERS: 50. norm, 51. colleague, 52. entitle, 53. candid, 54. anticipate, 55. rainbow, 56. sergeant, 57. conduct, 58. leaflet, 59. lean, 60. threat

61.	vr toward danger	v.	to change direction suddenly or sharply; to turn or swerve from one course or direction to another
62.	alleged infty	n.	the quality or state of being unfaithful, especially having sex with someone who is not your partner
63.	blk his eyes	<i>v</i> .	to shut and open the eyes quickly; to gleam or glow in a regular or intermittent way
64.	global dier	n.	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
65.	rot fuel	n.	a large tube-shaped object that moves very first by a stream of gases let out behind it, used for space travel or as a weapon
66.	govnt bureaucracy	n.	the group of people with authority to control a country or state
67.	feelings of grde	n.	the quality of being thankful; readiness to show appreciation for and to return kindness
68.	te a piano	n.	a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
69.	back f_n	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
70.	monal sculpture	adj.	great in importance or influence, size, extent, or solidity; massive

ANSWERS: 61. veer, 62. infidelity, 63. blink, 64. disaster, 65. rocket, 66. government, 67. gratitude, 68. tune, 69. fin, 70. monumental

71. pre-Christian ant	adj.	relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
72. poss in the organization	adj.	lacking power, strength, or authority; unable to act or affect change
73. environmental adty	n.	difficulties or hardships that someone faces
74. stle against discrimination	v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
75. fire stk	v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
76. feed a trl	n.	a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
77. buy the weak	n.	a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
78. on a qut for happiness	n.	a long or challenging search for something
ANSWERS: 71. ancient, 72. powerle 77. bully, 78. quest	ess, 73. adv	versity, 74. struggle, 75. stick, 76. troll,

79.	have a disng palate	adj.	able to make good judgments about what is true or right
80.	h_p from one place to another	<i>v</i> .	to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
81.	blk in astonishment	<i>v</i> .	to shut and open the eyes quickly; to gleam or glow in a regular or intermittent way
82.	parte in the program	<i>v</i> .	to take part in something
83.	a spg amount of sugar	adj.	characterized by using or giving very little of something; frugal or economical in the use of resources or materials
84.	inexcusable traion	<i>n</i> .	the violation of a law, duty, or moral principle
85.	an earke-proof	n.	a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface
86.	ban deal	n.	an agreement between two parties regarding the terms of a purchase or a transaction; a deal or a negotiation that results in a product or a service being acquired for a lower price than usual or expected
87.	paal consent	adj.	of or relating to parent or parents
88.	army sent	n.	a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class

ANSWERS: 79. discerning, 80. hop, 81. blink, 82. participate, 83. sparing, 84. transgression, 85. earthquake, 86. bargain, 87. parental, 88. sergeant

89.	a grul breeze	adj.	feeling or showing an appreciation of kindness; thankful
90.	an absolute deI	n.	a statement that something is not true or does not exist
91.	mistaken idty	n.	the fact of being who or what somebod or something is; the features, emotions or ideas that distinguish persons from one another
92.	act of infty	n.	the quality or state of being unfaithful, especially having sex with someone who is not your partner
93.	a conly innovative enterprise	adv.	all the time
94.	without impact whaer	adv.	not at all; no matter what
95.	inly cope with	adv.	immediately
96.	haed connection	adj.	built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics
97.	a hard and rent steel	adj.	able to withstand or recover quickly from difficult conditions
98.	boe across the floor	<i>v</i> .	to cause to move up or away after hitting a surface; to spring back
99.	bod him with questions	<i>v</i> .	to attack a place with bombs or gunshots continuously; to address with continuously or persistently, as if with a barrage
100). in untle trouble	adj.	too unlikely or shocking to imagine or accept

ANSWERS: 89. grateful, 90. denial, 91. identity, 92. infidelity, 93. constantly, 94. whatsoever, 95. instantly, 96. hardwired, 97. resilient, 98. bounce, 99. bombard, 100. unthinkable

101. intal destruction of evidence	e adj.	done, made or performed with purpose and intent
102. sww a handful of pills	v.	to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
103. vim compensation	n.	a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
104. look like a noer	n.	a decision or a problem that requires little or no thought because it is obvious what you should do
105. the qut for truth	n.	a long or challenging search for something
106. flg a stream of abuse	ν.	to throw or push something or someone with force or recklessness, especially because you are angry
107. disly different	adv.	in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
108. control my emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
109. bre decision	adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
110. amg advances	adj.	extremely surprising, especially in a way that you like or admire

ANSWERS: 101. intentional, 102. swallow, 103. victim, 104. no-brainer, 105. quest, 106. fling, 107. distinctly, 108. emotion, 109. brave, 110. amazing

111. ry entirely on him	ν.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
112. policy decker	n.	a person who makes important decisions, especially at a high level in an organization
113. sual food	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
114. sual ability	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
115. rent population	adj.	able to withstand or recover quickly from difficult conditions
116. buy bystander	n.	a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
117. cos sin	<i>v</i> .	to admit to having done something wrong or to reveal something personal or private
118. a conly varying mind	adv.	all the time
119. an awl error	adj.	causing fear, dread, or terror; very bad or unpleasant
120. drut conversation	adj.	extended in time or length; prolonged; protracted
121. demte a difference	ν.	to display something or give an exhibition to an interested audience

ANSWERS: 111. rely, 112. decision-maker, 113. survival, 114. survival, 115. resilient, 116. bully, 117. confess, 118. constantly, 119. awful, 120. drawn-out, 121. demonstrate

to put forth effort; to put into action; to 122. ex t control ν. bring into play adj. necessary for the success or continued 123. play a vi__l role existence of something a chemical element of atomic number 124. n n lights n. 10 that is a gas with no smell or color, does not react with other chemicals, and shines with a bright light when electricity is passed through it 125. fire dr__I a tool or machine used for making round holes or driving fasteners; a training or practice 126. sk____al scientists adj. doubting that something is accurate or useful a strong feeling such as love, anger, 127. afraid to show em n n. etc. deriving from one's situation, mood, or relationships with others to make up someone's mind about 128. de___e a question ν. something; to come to a conclusion or judgment after considering options 129. co___t research to organize and carry out a particular ν. activity a musical composition or set of musical 130. the t e of a song notes that are played or sung; (verb) to adjust or set something to a specific condition or standard 131. ack____ged beauty adj. recognized or admitted as being true or valid

ANSWERS: 122. exert, 123. vital, 124. neon, 125. drill, 126. skeptical, 127. emotion, 128. decide, 129. conduct, 130. tune, 131. acknowledged, 132. typical

adj. having the usual characteristics or traits

of a specific group of things

132. fairly ty____I symptoms

133. rent	worker	adj.	unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessar repetition or duplication of efforts
134. sk a lot	of capital	ν.	to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
135. dl down	the tension	ν.	to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
136. an unt	le coincidence	adj.	too unlikely or shocking to imagine or accept
137. suly a	attacked by an enemy	adv.	quickly and unexpectedly
138. a consens	ual die	n.	the legal dissolution of a marriage
139. labor unde	r a deon	n.	a false belief or impression that is firmly held despite evidence to the contrary
140. que with	n cold	<i>v</i> .	to shake or vibrate violently and for a short time
141. rot atta	ack against the enemy	n.	a large tube-shaped object that moves very first by a stream of gases let out behind it, used for space travel or as a weapon
142. have an up	ot stomach	adj.	causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

ANSWERS: 133. redundant, 134. sink, 135. dial, 136. unthinkable, 137. suddenly, 138. divorce, 139. delusion, 140. quake, 141. rocket, 142. upset

143. the Great Depon	n.	feels very unhappy and without hope for the future; a severe recession in an economy or market
144. have a neve effect	adj.	having the quality of something bad or harmful; expressing refusal
145. beg for forss	n.	the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
146. delte attempt	adj.	done with full consciousness of nature and effects rather than by accident
147. chemical trt	n.	a particular feature of your nature
148. bernt leave	n.	the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
149. a f_n of a plane	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
150. disate against women employees	ν.	to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
151. die suly	adv.	quickly and unexpectedly
152. coct law	n.	a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

ANSWERS: 143. depression, 144. negative, 145. forgiveness, 146. deliberate, 147. trait, 148. bereavement, 149. fin, 150. discriminate, 151. suddenly, 152. contract

153. a chemical eqon	n.	the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
154. preon to authority	n.	the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
155. a drut legal battle	adj.	extended in time or length; prolonged; protracted
156. expnt design	n.	the scientific test conducted to observe what happens and gain new knowledge
157. a w_e bit	adj.	very small or tiny; referring to a short amount of time
158. historical cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
159. be killed inly	adv.	immediately
160. abon doctor	n.	the intentional termination of a pregnancy at an early stage
161. grand deon	n.	a false belief or impression that is firmly held despite evidence to the contrary
162. former coue	n.	one of a group of a coworker, especially in a profession or a business
163. split into smins	n.	small fragments, pieces, or splinters resulting from the breaking or smashing of something

ANSWERS: 153. equation, 154. pretension, 155. drawn-out, 156. experiment, 157. wee, 158. context, 159. instantly, 160. abortion, 161. delusion, 162. colleague, 163. smithereens

164. literature of pent value	adj.	lasting for a long time without essential change
165. pre a better relationship	<i>v</i> .	to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
166. bot the economy	v.	to improve, raise, or increase something
167. demte mastery	v.	to display something or give an exhibition to an interested audience
168. psygy of crowd	n.	the scientific study of mind and behavior
169. stle to get the job	<i>v</i> .	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
170. sue a plane crash	<i>v</i> .	to live or exist despite a dangerous event or period
171. cos truth	ν.	to admit to having done something wrong or to reveal something personal or private
172. still ong	adj.	continuing to exist or develop, or currently happening
173. an acic discussion	adj.	associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
174. wp a fish in foil	<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
175. ine a high degree of risk	v.	to include or affect someone or something as a necessary part of something else

ANSWERS: 164. permanent, 165. promote, 166. boost, 167. demonstrate, 168. psychology, 169. struggle, 170. survive, 171. confess, 172. ongoing, 173. academic, 174. wrap, 175. involve

176. orry annual revenue	adj.	not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
177. pre bad behavior	<i>v</i> .	to encourage or persuade people to like, buy, use, do, or support something to raise someone to a higher position or rank
178. ovlm opponents by numbers	v.	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
179. die settlement	n.	the legal dissolution of a marriage
180. apse the situation	<i>v</i> .	to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
181. then national security	<i>v</i> .	to utter intentions of injury or punishment against someone
182. dish a reputation	ν.	to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
183. ue a total ban	v.	to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
184. deputy pre minister	adj.	main or most important; basic
185. ince a child's future	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself

ANSWERS: 176. ordinary, 177. promote, 178. overwhelm, 179. divorce, 180. appraise, 181. threaten, 182. diminish, 183. urge, 184. prime, 185. influence

а

186. track down an ele fact	adj.	difficult to find, define, achieve, or remember
187. det from the faith	ν.	to go away or leave, especially to start a journey
188. the mouth of the ce	n.	a large hole in the side of a hill, cliff, mountain, or under the ground
189. pe over reference books	n.	a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively
190. ext influence	<i>v</i> .	to put forth effort; to put into action; to bring into play
191. nate through a document	<i>v</i> .	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
192. paal duties	adj.	of or relating to parent or parents
193. deia patients	n.	a severe decline in cognitive function, especially memory, as a result of disease or injury
194. uty ignorant	adv.	completely or absolutely
195. information let	n.	a small, thin piece of paper or other material, often used for advertising or informational purposes; a small branch or part of a leaf
196. disng reader	adj.	able to make good judgments about what is true or right
197. woody pe fungi	n.	a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively

ANSWERS: 186. elusive, 187. depart, 188. cave, 189. pore, 190. exert, 191. navigate, 192. parental, 193. dementia, 194. utterly, 195. leaflet, 196. discerning, 197. pore

198. shy object	adj.	reflecting light and having a bright and smooth surface
199. field of gene thy	n.	the act of caring for someone through medication, remedial training, etc.
200. series of expnts	<i>n</i> .	the scientific test conducted to observe what happens and gain new knowledge
201. ry on convenience stores	ν.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
202. boe back from failure	<i>v</i> .	to cause to move up or away after hitting a surface; to spring back
203. antte your kind cooperation	<i>v</i> .	to expect or predict that something will happen; to tell in advance
204. time spg	adj.	characterized by using or giving very little of something; frugal or economical in the use of resources or materials
205. the fre of the policy	n.	a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
206. ht after knowledge	<i>v</i> .	to go after and try to catch wild animals to kill them for food, sport, or profit
207. phyly and mentally	adv.	in a way related to a person's body or appearance rather than their mind
208. personality trts	n.	a particular feature of your nature
209. an orry school	adj.	not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

ANSWERS: 198. shiny, 199. therapy, 200. experiment, 201. rely, 202. bounce, 203. anticipate, 204. sparing, 205. frame, 206. hunt, 207. physically, 208. trait, 209. ordinary

210. a smng blow	adj.	very successful or impressive; causing something to be broken or destroyed
211. a sww tail	ν.	to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
212. commit sue	n.	the act of killing yourself intentionally
213. imr insulin sensitivity	v.	to damage something or make it weaker or worse
214. the arnt against capital punishment	n.	a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
215. h_p on one foot	ν.	to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
216. pent life insurance	adj.	lasting for a long time without essential change
217. misge prevention	n.	the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition
218. in my cad opinion	adj.	honest, straightforward, and frank in someone's words or actions
219. raw after a storm	n.	an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
220. haed behavior	adj.	built-in or innate, often referring to behavior or traits that are instinctive or automatic, as if pre-programmed in the brain or genetics

ANSWERS: 210. smashing, 211. swallow, 212. suicide, 213. impair, 214. argument, 215. hop, 216. permanent, 217. miscarriage, 218. candid, 219. rainbow, 220. hardwired

221. basic brn function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
222. flg a door open forcefully	ν.	to throw or push something or someone with force or recklessness, especially because you are angry
223. an earke zone	n.	a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface
224. forss of liabilities	n.	the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
225. dee this prize	<i>v</i> .	to be worthy of or entitled to something, especially something good or valuable
226. idty as an individual	n.	the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
227. a sexual ue	v.	to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
228. state of deI	n.	a statement that something is not true or does not exist
229. w_e child	adj.	very small or tiny; referring to a short amount of time
230. an ele criminal	adj.	difficult to find, define, achieve, or remember
231. parte fully in conversation	<i>v</i> .	to take part in something

ANSWERS: 221. brain, 222. fling, 223. earthquake, 224. forgiveness, 225. deserve, 226. identity, 227. urge, 228. denial, 229. wee, 230. elusive, 231. participate

232. the perve of the battle	n.	a confident attitude toward something; a particular style of thinking about something
233. commit a traion	n.	the violation of a law, duty, or moral principle
234. no dot about the news	n.	a feeling of being uncertain about something, especially about how good or accurate it is
235. govnt funding	n.	the group of people with authority to control a country or state
236. then a healthy relationship	ν.	to utter intentions of injury or punishment against someone
237. wilss to help	n.	the state of being ready or inclined to do something
238. domiciliary ces	n.	a large hole in the side of a hill, cliff, mountain, or under the ground
239. give smng results	adj.	very successful or impressive; causing something to be broken or destroyed
240. shy surface	adj.	reflecting light and having a bright and smooth surface
241. a neve number	adj.	having the quality of something bad or harmful; expressing refusal
242. disly remember	adv.	in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
243. anh and pain	n.	severe physical or emotional pain or suffering; distress or mental agony

ANSWERS: 232. perspective, 233. transgression, 234. doubt, 235. government, 236. threaten, 237. willingness, 238. cave, 239. smashing, 240. shiny, 241. negative, 242. distinctly, 243. anguish

244. que in his boots	<i>v</i> .	to shake or vibrate violently and for a short time
245. employment coct	n.	a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
246. nm of action	n.	something that is regarded as usual, typical, or standard
247. estent from family	n.	the state of being separated or distant, especially in a relationship or between family members or friends
248. dee on a course of action	ν.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
249. inle woman	adj.	unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
250. poss position	adj.	lacking power, strength, or authority; unable to act or affect change
251. the delte act of provocation	adj.	done with full consciousness of nature and effects rather than by accident
252. the root problem of her depon	n.	a mental condition in which a person feels very unhappy and without hope fo the future; a severe recession in an economy or market
253. a blazing arnt	n.	a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

ANSWERS: 244. quake, 245. contract, 246. norm, 247. estrangement, 248. decide, 249. infertile, 250. powerless, 251. deliberate, 252. depression, 253. argument

254.	the highly charged issue of abon	n.	the intentional termination of a pregnancy at an early stage
255.	have grf and sorrow	n.	a very great sadness, especially when somebody dies
256.	ine a lot of paperwork	v.	to include or affect someone or something as a necessary part of something else
257.	sur a setback	v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
258.	inle land	adj.	unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
259.	arrive and det on time	<i>v</i> .	to go away or leave, especially to start a journey
260.	ene the company to use the logo	v.	to give someone the right to have or do something; to give a title to someone or something
261.	ant stories	adj.	relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
262.	coal combination of funds	adj.	belonging to or used by a group rather than individuals; for common use
263.	In athletic figure	adj.	having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
264.	imr my health	<i>v</i> .	to damage something or make it weaker or worse

ANSWERS: 254. abortion, 255. grief, 256. involve, 257. suffer, 258. infertile, 259. depart, 260. entitle, 261. ancient, 262. communal, 263. lean, 264. impair

265. sar fencing	n.	a type of sword with a curved blade, typically used in cavalry or fencing
266. military stgy	<i>n</i> .	a detailed plan of action designed to achieve a long-term or overall goal.
267. inng stories	adj.	stimulating and motivating you to want to do something
268. thy for a patient	n.	the act of caring for someone through medication, remedial training, etc.
269. psygy experiment	n.	the scientific study of mind and behavior
270. dee respect	<i>v</i> .	to be worthy of or entitled to something, especially something good or valuable
271. indicate a wilss to change	<i>n</i> .	the state of being ready or inclined to do something
272. whaer it be	adv.	not at all; no matter what
273. permanent brn damage	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
274. ong support	adj.	continuing to exist or develop, or currently happening
275. emotional estent	n.	the state of being separated or distant, especially in a relationship or between family members or friends
276. a lot of grf	n.	a very great sadness, especially when somebody dies
277. he was ovImed with gratitude	ν.	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

ANSWERS: 265. saber, 266. strategy, 267. inspiring, 268. therapy, 269. psychology, 270. deserve, 271. willingness, 272. whatsoever, 273. brain, 274. ongoing, 275. estrangement, 276. grief, 277. overwhelm

279. prt a feeling of hunger v. to make someone decide to or try to do something, or to make something happen 280. get blown to smins m. small fragments, pieces, or splinters resulting from the breaking or smashing of something 281. develop a stgy n. a detailed plan of action designed to achieve a long-term or overall goal. 282. copyright tr_l n. a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat 283. economic tht n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation 284. noer product n. a decision or a problem that requires little or no thought because it is obvious what you should do 285. inet the daily life n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile	278. a skal attitude	adj.	doubting that something is accurate or useful
resulting from the breaking or smashing of something 281. develop a stgy n. a detailed plan of action designed to achieve a long-term or overall goal. 282. copyright tr_l n. a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat 283. economic tht n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation 284. noer product n. a decision or a problem that requires little or no thought because it is obvious what you should do 285. ince the daily life n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself 286. acrus divorce adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger;	279. prt a feeling of hunger	v.	something, or to make something
achieve a long-term or overall goal. 282. copyright tr_l n. a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat 283. economic tht n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation 284. noer product n. a decision or a problem that requires little or no thought because it is obvious what you should do 285. ince the daily life n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself 286. acrus divorce adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger;	280. get blown to smins	n.	resulting from the breaking or smashing
off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat 283. economic tht n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation 284. noer product n. a decision or a problem that requires little or no thought because it is obvious what you should do 285. ince the daily life n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself 286. acrus divorce adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger;	281. develop a stgy	n.	
danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation 284. noer product n. a decision or a problem that requires little or no thought because it is obvious what you should do 285. ince the daily life n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself 286. acrus divorce adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger;	282. copyright trl	n.	off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a
little or no thought because it is obvious what you should do 285. ince the daily life n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself 286. acrus divorce adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger;	283. economic tht	n.	danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or
something's character, growth, or behavior, or the effect itself 286. acrus divorce adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger;	284. noer product	n.	little or no thought because it is obvious
sharp tone; full of resentment or anger;	285. ince the daily life	n.	something's character, growth, or
	286. acrus divorce	adj.	sharp tone; full of resentment or anger;

ANSWERS: 278. skeptical, 279. prompt, 280. smithereens, 281. strategy, 282. troll, 283. threat, 284. no-brainer, 285. influence, 286. acrimonious

287. bot flexibility	<i>v</i> .	to improve, raise, or increase something
288. unin a structure	<i>v</i> .	to support or strengthen the foundations of something
289. gre for loss	<i>v</i> .	to feel or show great sadness or sorrow, especially for someone who has died
290. sp_t a bill	<i>v</i> .	to divide, or to make something divide into two or more parts, especially along a particular line
291. ban hunting	n.	an agreement between two parties regarding the terms of a purchase or a transaction; a deal or a negotiation that results in a product or a service being acquired for a lower price than usual or expected
292. dier recovery	n.	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
293. acic probation	adj.	associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
294. an intal walk	adj.	done, made or performed with purpose and intent
295. baseless preon	n.	the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
296. legal cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

ANSWERS: 287. boost, 288. underpin, 289. grieve, 290. split, 291. bargain, 292. disaster, 293. academic, 294. intentional, 295. pretension, 296. context

297. rer approval ratings	<i>v</i> .	to return to a former condition, health, mind, or strength
298. monal task	adj.	great in importance or influence, size, extent, or solidity; massive
299. sue attack	n.	the act of killing yourself intentionally
300. coal swimming pool	adj.	belonging to or used by a group rather than individuals; for common use
301. dispel dots	n.	a feeling of being uncertain about something, especially about how good or accurate it is
302. uty changed	adv.	completely or absolutely
303. the evoary process	adj.	relating to or denoting how living things develop or change from earlier forms
304. vim support	n.	a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
305. dl up the volume	ν.	to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
306. prt a debate	ν.	to make someone decide to or try to do something, or to make something happen
307. bre soldier	adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
308. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire

ANSWERS: 297. recover, 298. monumental, 299. suicide, 300. communal, 301. doubt, 302. utterly, 303. evolutionary, 304. victim, 305. dial, 306. prompt, 307. brave, 308. amazing

309. do aw__I damage

adj. causing fear, dread, or terror; very bad or unpleasant

310. ecology and evo____ary biology

adj. relating to or denoting how living things develop or change from earlier forms

ANSWERS: 309. awful, 310. evolutionary

Session 3: Fill in the Blanks

	The soil in the desert is making it difficult to grow crops. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
2.	The majority of students actively in the college's intramural sports program.
ν.	to take part in something
3.	operational improvements often lead to better environmental performance.
adj	having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
4.	The of the crime deserves justice and support to recover from the trauma.
n.	a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
5.	He to his crime and turned himself into the police.
v.	to admit to having done something wrong or to reveal something personal or private
6.	Too much variety may and confuse viewers.
ν.	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
7.	They have been living near water since times.
adj	relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
	SWERS: 1. infertile, 2. participated, 3. Lean, 4. victim, 5. confessed, 6. overwhelm incient

8.	The employee	the promotion for their hard work and dedication.
<i>v</i> .	to be worthy of or en	titled to something, especially something good or valuable
9.	Who answers	knows little.
adı	quickly and unexpec	tedly
	-	ced causes are our ecosystem.
v.	to utter intentions of	injury or punishment against someone
	We are oppo	sed to any form of terrorism. tely
12.	The environmental gro	oup handed out to raise awareness of the on.
n.	•	paper or other material, often used for advertising or es; a small branch or part of a leaf
13.	She plans to take six r	nonths of leave.
adj	of or relating to pare	nt or parents
14.	X-rays revealed a sma	ıll tumor in his
n.	the organ inside the memory, and feeling	head that is responsible for one's movement, thought,
15.	The new car dr	ew everyone's attention as it drove by.
adj	reflecting light and ha	aving a bright and smooth surface
16.	He the phone	number and waited for an answer.
<i>v</i> .	•	ontrols of a machine or device by turning a controller called a telephone that is rotated a fixed distance for each
	SWERS: 8. deserved, sental, 14. brain, 15. shi	9. suddenly, 10. threatening, 11. utterly, 12. leaflets, 13. ny, 16. dialed

17.	She suffered from a deep sense of following the loss of her loved one.
n.	severe physical or emotional pain or suffering; distress or mental agony
18.	In an economically prosperous country, most male is due to child support problems.
n.	the act of killing yourself intentionally
19.	A wealth of information does not always have a positive impact on
n.	a person who makes important decisions, especially at a high level in an organization
	The mobile application industry is changing. all the time
21.	the bandage tightly around the injured arm.
<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
22.	The new prime minister has vowed to take measures against the economic crisis.
adj	continuing to exist or develop, or currently happening
23.	Shakespeare's output of poetry was
adj	extremely large or great
24.	How can you that the earth is a sphere?
<i>v</i> .	to display something or give an exhibition to an interested audience
25.	The band's new album was a success, reaching the top of the charts.
adj	very successful or impressive; causing something to be broken or destroyed
	SWERS: 17. anguish, 18. suicide, 19. decision-makers, 20. constantly, 21. Wrap, ongoing, 23. enormous, 24. demonstrate, 25. smashing

26. The new service helped net income by 10%.
v. to improve, raise, or increase something
27. During the hurricane, we felt against the winds and rain.
adj. lacking power, strength, or authority; unable to act or affect change
28. They will between various emotional states.
v. to cause to move up or away after hitting a surface; to spring back
29. The report contained information that could have been eliminated.
adj. unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessary repetition or duplication of efforts
30. The debate between the politicians ended with neither side conceding.
adj. marked by bitterness, harshness, or a sharp tone; full of resentment or anger; hostile
31. As people get old, their energies may
ν . to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
32. The abandoned ship slowly began to into the murky waters of the harbor.
v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
33. His father's death changed his whole on life.
 a confident attitude toward something; a particular style of thinking about something
ANSWERS: 26. boost, 27. powerless, 28. bounce, 29. redundant, 30. acrimonious, 31. diminish, 32. sink, 33. perspective

34. TI	he between the two sides over the proposed policy was heated.
	a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
	remembered that person and never forgot. immediately
	he couple decided to get a after many years of marriage. the legal dissolution of a marriage
37. lı	regretted making an mistake in my final exam.
adj.	causing fear, dread, or terror; very bad or unpleasant
<i>v</i> .	he teacher will not any students to leave the classroom early. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
39. l ı	underwent aversion for my addiction to alcohol.
n	the act of caring for someone through medication, remedial training, etc.
	n teacher might spark students' motivation to succeed.
adj.	stimulating and motivating you to want to do something
	he party strongly disagreed with the government's proposed gislation.
n.	the act of disagreeing or resisting; the state of strong disagreement
42. W	/e strongly oppose the ban.
n.	the intentional termination of a pregnancy at an early stage
	VERS: 34. argument, 35. instantly, 36. divorce, 37. awful, 38. permit, 39. py, 40. inspiring, 41. opposition, 42. abortion

43.	We heavy snowfall tomorrow.
<i>v</i> .	to expect or predict that something will happen; to tell in advance
44.	The launch platform is visible from this hill.
n.	a large tube-shaped object that moves very first by a stream of gases let out behind it, used for space travel or as a weapon
45.	The car off the road and crashed into a tree.
ν.	to change direction suddenly or sharply; to turn or swerve from one course or direction to another
46.	He evaluated his chances for rather pessimistically.
n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
47.	Reporters questioned the politician about his past
n.	the violation of a law, duty, or moral principle
48.	Our knowledge helps our clients successfully.
<i>v</i> .	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
49.	The use of resources is important for conservation efforts.
adj	characterized by using or giving very little of something; frugal or economical in the use of resources or materials
50.	The for applying for a visa can be lengthy and complicated.
n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
	SWERS: 43. anticipate, 44. rocket, 45. veered, 46. survival, 47. transgression, 48 igate, 49. sparing, 50. process

	e golfer recorded an distance.
adj. e	extremely surprising, especially in a way that you like or admire
52. Th	e toddler was excited to wear his new shoes.
adj. V	ery small or tiny; referring to a short amount of time
53. Th	e lobbyist Congress not to approve the measure.
	o spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
54. Sh	e gave us a categorical of the scandal.
n. a	statement that something is not true or does not exist
	my anger and kept quiet.
S	o make food, drink, pills, etc., pass down your throat into your stomach; (noun) mall long-winged songbird noted for swift, graceful flight and the regularity of smigrations
56. He	was provoked to the draft on the floor.
	o throw or push something or someone with force or recklessness, especially because you are angry
57. Th	at accident was something with my long experience.
adj. to	oo unlikely or shocking to imagine or accept
58. Th	e detective looked for fingerprints on the window
	strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
	ERS: 51. amazing, 52. wee-sized, 53. urged, 54. denial, 55. swallowed, 56.

59. That adventurer traveled in of buried treasure. n. a long or challenging search for something
60. Multiple genes may influence behavioral concurrently. n. a particular feature of your nature
61. This artwork is of her work. adj. having the usual characteristics or traits of a specific group of things
62. She is searching for a residence. adj. lasting for a long time without essential change
63. The research findings the theory that human activities cause global warming.
v. to support or strengthen the foundations of something
64. The employee was to a week of vacation time. v. to give someone the right to have or do something; to give a title to someone or something
65. Everyone, even non-scholars, knows Einstein's contributions to physics.
adj. great in importance or influence, size, extent, or solidity; massive
66. Some are common across cultures and backgrounds.n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
67. The systems we have developed has accepted as industry n. something that is regarded as usual, typical, or standard
ANSWERS: 59. quest, 60. traits, 61. typical, 62. permanent, 63. underpin, 64. entitled 65. monumental, 66. emotions, 67. norms

68.	His expertise in the field earned him the respect of his peers.	
adj.	recognized or admitted as being true or valid	
69.	The nightlife district was lit up with colorful signs and bright lights.	
n.	a chemical element of atomic number 10 that is a gas with no smell or color, does not react with other chemicals, and shines with a bright light when electricity is passed through it	
70.	His showed highly positive results.	
n.	the scientific test conducted to observe what happens and gain new knowledge	je
	Despite its advanced science and technology, the empire wasabout invasion.	
adj.	done with full consciousness of nature and effects rather than by accident	
72.	The movie has received almost universally criticism.	
adj.	having the quality of something bad or harmful; expressing refusal	
73.	She was for the help he provided.	
adj.	feeling or showing an appreciation of kindness; thankful	
74.	The rabbit over the fence.	
ν.	to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.	
75.	Babies heavily on others for food.	
v.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.	
	SWERS: 68. acknowledged, 69. neon, 70. experiments, 71. deliberate, 72. ative, 73. grateful, 74. hopped, 75. rely	

76.	She couldn't whether to order the pizza or the pasta for dinner.
v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
77.	He could not against temptation.
v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
78.	The session of the Diet opened.
adj.	not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
79.	She was in a state of after her mother passed away.
n.	the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
80.	Several military programs have become popular methods of exercise.
n.	a tool or machine used for making round holes or driving fasteners; a training or practice
81.	His religious and philosophical beliefs were utterly
adj.	doubting that something is accurate or useful
82.	You should not against minorities.
<i>v</i> .	to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
83.	He was awfully by the news.
adj.	causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
	SWERS: 76. decide, 77. struggle, 78. ordinary, 79. bereavement, 80. drill, 81. otical, 82. discriminate, 83. upset

ANSWERS: 84. smithereens, 85. suffers, 86. forgiveness, 87. contract, 88. bully, 89. earthquake, 90. equations

ANSWERS: 91. blinked, 92. bombard, 93. estrangement, 94. context, 95. delusion, 96. hardwired, 97. academic, 98. adversity

difficulties or hardships that someone faces

99. T	he of severe weather prompted the city to issue an evacuation warning.
	a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
100. ¯	These birds can only in temperate climates.
<i>v</i> .	to live or exist despite a dangerous event or period
101. \$	She was mesmerized by the colors.
	an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
	The fire department instructed the firefighters on how to tackle the blaze.
	a rank of non-commissioned officer in the armed forces, typically above corporal but below staff sergeant or sergeant first class
103. F	Police will random breath testing for drunk driving.
<i>v</i> .	to organize and carry out a particular activity
104.	The price for the used car was a compared to the market value.
	an agreement between two parties regarding the terms of a purchase or a transaction; a deal or a negotiation that results in a product or a service being acquired for a lower price than usual or expected
105. F	Perseverance and optimism are to success.
adj.	necessary for the success or continued existence of something
106. l	Hounds their prey by using their keen scent.
ν.	to go after and try to catch wild animals to kill them for food, sport, or profit
	VERS: 99. threat, 100. survive, 101. rainbow's, 102. sergeant, 103. conduct, pargain, 105. vital, 106. hunt

107.	The former emperor had a particular even after he abdicated.
n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
108.	The investigation several government agencies and is expected to take several months.
v.	to include or affect someone or something as a necessary part of something else
109.	The terrorist's remains unknown.
n.	the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
110.	I was sweating at every
n.	a tiny hole in the skin of people or other animals that sweat can pass through; (verb) to read carefully or study attentively
111.	elections were held in several European countries.
adj.	belonging to or used by a group rather than individuals; for common use
112.	The band played a beautiful on their instruments.
n.	a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
113.	His of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
n.	the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
114.	The meeting lasted for hours and accomplished very little.
adj.	extended in time or length; prolonged; protracted
	WERS: 107. influence, 108. involves, 109. identity, 110. pore, 111. Communal, tune, 113. pretensions, 114. drawn-out

115.	You a bill in the change machine, and the coins pop out.
ν.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
116.	We before the temperature fell below zero.
v.	to go away or leave, especially to start a journey
117.	She forgave him for his
n.	the quality or state of being unfaithful, especially having sex with someone who is not your partner
118.	Each person has a unique experience.
n.	a very great sadness, especially when somebody dies
119.	Bats reside in sheltered
	a large hole in the side of a hill, cliff, mountain, or under the ground
120.	Doctors can sometimes detect warning signs of potential and take steps to prevent it.
n.	the spontaneous loss of a pregnancy before the 20th week; the failure of an effort or plan to come to fruition
121.	Having a healthy physique is essential for a great life.
adv.	in a way related to a person's body or appearance rather than their mind
122.	Her to help others earned her many friends.
	the state of being ready or inclined to do something
	WERS: 115. stick, 116. departed, 117. infidelity, 118. grief, 119. caves, 120. arriage, 121. physically, 122. willingness

123.	The law distinguishes between accidental and	killing.	
adj.	done, made or performed with purpose and intent		
124.	The federal is planning to increase taxes for the	next fiscal year.	
n.	the group of people with authority to control a country or state		
125.	The first question in the test was a complete		
n.	a decision or a problem that requires little or no thought because what you should do	ause it is obvious	
126.	She the loss of her parents.		
<i>v</i> .	to feel or show great sadness or sorrow, especially for some	one who has died	
127.	He refused to do anything to help her.		
adv.	not at all; no matter what		
128.	That incident a nationwide chain reaction regardin illegal groups.	g the crackdown on	
v.	to make someone decide to or try to do something, or to ma happen	ke something	
129.	is the start, not the end, of intelligence.		
n.	a feeling of being uncertain about something, especially aboaccurate it is	ut how good or	
130.	She had a master's degree in		
n.	the scientific study of mind and behavior		
131.	Companies often their shares to lower the stock price investors to buy.	and encourage	
v.	to divide, or to make something divide into two or more parts a particular line	s, especially along	
	WERS: 123. intentional, 124. government, 125. no-brainer, 1 tsoever, 128. prompted, 129. Doubt, 130. psychology, 131. sp	•	

ANSWERS: 132. discerning, 133. Evolutionary, 134. fins, 135. distinctly, 136. exerted, 137. prime, 138. colleague, 139. dementia

a severe decline in cognitive function, especially memory, as a result of disease

in older age.

or injury

n.

140.	The earth began to and he knew he had to leave the building immediately.
ν.	to shake or vibrate violently and for a short time
141.	She is still from a shot to her shoulder.
v.	to return to a former condition, health, mind, or strength
142.	The accident made his vision
ν.	to damage something or make it weaker or worse
	She is a person and has always bounced back from setbacks. able to withstand or recover quickly from difficult conditions
144.	Macbeth is a famous by Shakespeare.
n.	an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
145.	The photography captured the genuine emotions of the moment.
adj.	honest, straightforward, and frank in someone's words or actions
146.	The firefighter rescued the family from the burning building.
adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
147.	symptoms might include a decrease in appetite and weight loss.
n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
148.	She expressed her towards the kind stranger who helped her.
n.	the quality of being thankful; readiness to show appreciation for and to return kindness
	SWERS: 140. quake, 141. recovering, 142. impaired, 143. resilient, 144. tragedy, candid, 146. brave, 147. Depression, 148. gratitude

149. H	He was banned from the online forum for being a and causing trouble.
9	a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
150. T	he government should do more to sustainable agribusiness.
	to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
151. C	Our plan includes a comprehensive marketing
n. 6	a detailed plan of action designed to achieve a long-term or overall goal.
152. T	he real estate agent will the value of your property before listing it.
	to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
153. T	he physicist who found the particle won the Nobel Prize.
adj. (difficult to find, define, achieve, or remember
	The response team worked around the clock to aid those affected by he earthquake.
	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
	The military commander drew his and shouted orders to the troops. a type of sword with a curved blade, typically used in cavalry or fencing
	VERS: 149. troll, 150. promote, 151. strategy, 152. appraise, 153. elusive, 154. ter, 155. saber