

Englist.me



Vocabulary Builder Reference from...

Matt Walker: How much sleep do you really need? | TED Talk

https://www.ted.com/talks/matt_walker_how_much_sleep_do_you_really_need

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

stipulate

v. to specify or require something as a condition of an agreement or arrangement

synonym: specify, require, demand

(1) **stipulate** conditions, (2) **stipulate** the deadline

The contract **stipulates** that the work must be completed within six months.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

unmeasured

adj. not having been measured or quantified; lacking measurement or precision

synonym: unmeasurable, immeasurable, indefinite

(1) **unmeasured** creativity, (2) **unmeasured** praise

The poet wrote an **unmeasured** line to give the poem a more natural feel.

masquerade

n. a party, dance, or other festive gatherings of persons wearing masks and other disguises, or a costume worn

on such an occasion; making a false outward show
synonym : disguise, pretense, facade

(1) show up in a **masquerade**, (2) absurd **masquerade**

The **masquerade** party was lavish, with guests in elaborate costumes and masks.

modernity

n. the quality or condition of being modern; the state or era of being up-to-date in technology, science, and culture

synonym : contemporaneousness, present-day, contemporaneity

(1) spirit of **modernity**, (2) path toward **modernity**

He was fascinated by the contrasts between traditional life and the city's **modernity**.

prioritize

v. to assign a higher level of importance to something compared to other things

synonym : rank, order, arrange

(1) **prioritize** tasks, (2) **prioritize** people over cars

The organization **prioritized** the needs of the community in its decision-making.

Session 2: Spelling

1. unm_____ed creativity *adj.* not having been measured or quantified; lacking measurement or precision
2. show up in a mas_____de *n.* a party, dance, or other festive gatherings of persons wearing masks and other disguises, or a costume worn on such an occasion; making a false outward show
3. st_____te the deadline *v.* to specify or require something as a condition of an agreement or arrangement
4. spirit of mo_____ty *n.* the quality or condition of being modern; the state or era of being up-to-date in technology, science, and culture
5. absurd mas_____de *n.* a party, dance, or other festive gatherings of persons wearing masks and other disguises, or a costume worn on such an occasion; making a false outward show
6. pri_____ze tasks *v.* to assign a higher level of importance to something compared to other things
7. st_____te conditions *v.* to specify or require something as a condition of an agreement or arrangement
8. unm_____ed praise *adj.* not having been measured or quantified; lacking measurement or precision

ANSWERS: 1. unmeasured, 2. masquerade, 3. stipulate, 4. modernity, 5. masquerade, 6. prioritize, 7. stipulate, 8. unmeasured

- | | | |
|------------------------------------|----|--|
| 9. in___t other animal species | v. | to affect a person, an animal, or a plant with a disease-causing organism |
| 10. pri_____ze people over cars | v. | to assign a higher level of importance to something compared to other things |
| 11. in___t a computer with a virus | v. | to affect a person, an animal, or a plant with a disease-causing organism |
| 12. path toward mo_____ty | n. | the quality or condition of being modern; the state or era of being up-to-date in technology, science, and culture |

ANSWERS: 9. infect, 10. prioritize, 11. infect, 12. modernity

Session 3: Fill in the Blanks

1. The organization _____ the needs of the community in its decision-making.
 - v. to assign a higher level of importance to something compared to other things

2. He was fascinated by the contrasts between traditional life and the city's _____.
 - n. the quality or condition of being modern; the state or era of being up-to-date in technology, science, and culture

3. The poet wrote an _____ line to give the poem a more natural feel.
 - adj. not having been measured or quantified; lacking measurement or precision

4. The _____ party was lavish, with guests in elaborate costumes and masks.
 - n. a party, dance, or other festive gatherings of persons wearing masks and other disguises, or a costume worn on such an occasion; making a false outward show

5. The contract _____ that the work must be completed within six months.
 - v. to specify or require something as a condition of an agreement or arrangement

6. Children often _____ parents with this head cold.
 - v. to affect a person, an animal, or a plant with a disease-causing organism

ANSWERS: 1. prioritized, 2. modernity, 3. unmeasured, 4. masquerade, 5. stipulates, 6. infect