

Englist.me



Vocabulary Builder Reference from...

Liene Ozolina: Why do we blame individuals for economic crises? | TED Talk

https://www.ted.com/talks/liene_ozolina_why_do_we_blame_individuals_for_economic_crises

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

relief

n. a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

synonym: remedy, consolation, alleviation

(1) tax **relief**, (2) sigh of **relief**

He devoted his life to establishing a humanitarian **relief** fund.

trudge

v. to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously

synonym: plod, slog, hike

(1) **trudge** through mud, (2) **trudge** up the hill

The hiker **trudged** through the dense forest, chopping his way with a machete.

slush

n. partially melted snow or ice that is usually lying on the ground and dirty; dirty and injustice

(1) ice **slush**, (2) illicit **slush** funds

The streets and sidewalks were covered in snow and **slush**.

mud

n. a soft, wet, sticky earth or clay

synonym: muck, sludge, ooze

(1) **mud** wall, (2) **mud** volcano

The **mud** of the swamp made it difficult to walk through the field.

stroll

v. to walk somewhere in a slow, relaxed way and with no apparent aim

synonym: amble, roam, mope

(1) **stroll** across a street, (2) **stroll** through the countryside

We could **stroll** into town if you like.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

stencil

n. a cutout or template used to reproduce a design or pattern by applying paint, ink, or other media through the openings onto a surface beneath

synonym: template, pattern

(1) **stencil** art, (2) letter **stencil**

I used a flower **stencil** to create a pattern for my art project.

graffiti

n. writing or drawings scribbled, scratched, or sprayed illicitly on a wall or other surface in a public place

synonym: street art, tagging, vandalism

(1) **graffiti** art, (2) **graffiti** tag

The city spent a lot of money cleaning up the **graffiti** on the buildings downtown.

brick

n. a rectangular block of baked clay used as a building material

synonym : block, tile, paver

(1) **brick** wall, (2) dressed **brick**

The wall was made of hard **bricks** that had been used for centuries.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

municipality

n. a city, town, or local government organization that has governing authority over a specific geographic area

synonym : city, township, district

(1) **municipality** services, (2) **municipality** taxes

The **municipality's** mayor held a press conference to announce a new initiative to reduce crime rates.

welfare

n. the general health, happiness, and prosperous of a person or group

synonym : well-being, benefit, health

(1) child **welfare**, (2) a **welfare** state

She struggled for years to survive without **welfare**.

aftermath

n. the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event

synonym : consequence, backwash, result

(1) financial **aftermath**, (2) the **aftermath** of a crisis

The **aftermath** of the hurricane left the city in shambles.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be

taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

erupt

v. (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently

synonym: eject, emit, burst

(1) **erupt** in anger, (2) **erupt** into tears

Battles between whites and blacks **erupted** immediately.

economy

n. the system by which a country or region produces, manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym: finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

balance

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

synonym: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's **balance** sheet

Try to keep a **balance** between work and off.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym : approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

internal

adj. of or relating to the inside of something

synonym : interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

devalue

v. to reduce the value or worth of something

synonym : diminish, depreciate, reduce

(1) **devalue** the pound, (2) **devalue** a brand

Her negative comments about the project only **devalued** the team's efforts.

essence

n. the basic or most important part or quality of something that makes it what it is

synonym : core, nature, disposition

(1) vanilla **essence**, (2) universal **essence**

University teaches the art of understanding the **essence** of the matter.

drastic

adj. radical and extreme; likely to have a significant or far-reaching impact

synonym : extreme, fierce, radical

(1) **drastic** measures, (2) make **drastic** revision

The global community is undergoing **drastic** changes at present.

slash

v. to cut with a sharp object using a quick and robust movement

synonym : cut, gash

(1) **slash** a person with a knife, (2) price **slash**

The government had to **slash** national defense spending due to the recession.

sector

n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity

synonym: division, department, branch

(1) industrial **sector**, (2) private **sector**

The technology **sector** is constantly evolving and innovating.

wage

n. a particular amount of money that somebody earns, usually every week or every month, for work or services

synonym: payment, compensation, salary

(1) unpaid **wages**, (2) increase in the minimum **wage**

His **wages** continued to rise as his skills improved.

shrink

v. to become smaller, or to make something smaller in size or amount

synonym: decrease, diminish, shy away

(1) **shrink** the tumor, (2) **shrink** with fear

This shirt will **shrink** in the wash.

unemployed

adj. not having a job, although able to work

synonym: idle, inactive, jobless

(1) assignment for the **unemployed** youth, (2) people who are **unemployed**

My father was **unemployed** for so long.

austerity

n. the state or condition of being stern, rigid, or uncompromising, or being simple or plain; an economic policy or measure that seeks to reduce government spending and debt

synonym: frugality, nonindulgence, rigor

(1) impose **austerity**, (2) economic **austerity**

The government's **austerity** measures have resulted in widespread protests and discontent.

salary

n. a fixed amount of money that employees, especially those who work in an office, receive for doing their job, usually paid every month

synonym : compensation, earnings, pay

(1) a handsome **salary**, (2) **salary** after taxes

What are your annual **salary** expectations?

ordinary

adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

synonym : mundane, prosaic, average

(1) an **ordinary** school, (2) **ordinary** annual revenue

The **ordinary** session of the Diet opened.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

contraction

n. the act or process of becoming smaller or shorter in size, volume, or amount

synonym : shrinking, compression, reduction

(1) **contraction** of a disease, (2) **contraction** in the industry

The **contraction** of the economy has led to job losses.

comparable

adj. able to link the similarities or differences with others; similar or equivalent to someone or something

synonym : equal, commensurate, similar

(1) **comparable** sales, (2) a **comparable** amount of energy

Humans and apes have **comparable** anatomical structures.

continuous

adj. occurring or existing without a pause or interruption

synonym : ceaseless, regular, repeated

(1) **continuous** improvement, (2) a **continuous** row of warehouses

The heavy snow has been **continuous** since last morning.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

protest

n. a strong expression of disagreement, disapproval, or opposition

synonym: objection, disapproval, challenge

(1) hold a **protest**, (2) a silent **protest**

He left the party in **protest** at its radical political stance.

prominent

adj. important, well-known, or noticeable

synonym: notable, distinguished, prominent

(1) **prominent** figure, (2) play a **prominent** role

The media frequently interviewed **prominent** scientists.

economical

adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

synonym: frugal, thrifty, parsimonious

(1) **economical** use of her time, (2) an **economical** meal

It is more **economical** to wash your plastic bottle and reuse it.

column

n. one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument

synonym: line, pillar, cue

(1) the spinal **column**, (2) a **column** of water

The newspaper devoted several **columns** to the affair.

extreme

adj. very great in amount or degree

synonym: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events
Solar gravity creates **extreme** pressures and temperatures.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym : experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.

regime

n. the organization, a system, or method that is the governing authority of a political unit

synonym : administration, establishment, government

(1) a puppet **regime**, (2) exercise **regime**

Totalitarian **regimes** are less likely to innovate because they deprive individuals of economic incentives.

disbelief

n. the feeling of not being able to believe or accept that something is true or real

synonym : doubt, mistrust, incredulity

(1) **disbelief** in the authority, (2) ask in **disbelief**

His reaction was one of complete **disbelief**.

occupy

v. to consume all of someone's space, attention, or time

synonym : inhabit, settle, populate

(1) **occupy** his time, (2) **occupy** a position

The young prince will soon **occupy** the throne.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

echo

n. a sound heard after being reflected off a surface, such as a wall or a cliff

synonym: reverberate, repeat, reflection

(1) the **echo** of a person's footsteps, (2) sound **echo**

A thunderous boom **echoed** throughout the valley.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

toad

n. a small, tailless amphibian with dry, warty skin and short legs; a person who is disliked or contemptible

synonym: frog, amphibian, batrachian

(1) **toad** in the garden, (2) **toad** caught in the trap

The kids went on a scavenger hunt in the park and found a **toad** under a big leaf.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

wit

n. the ability to say or write things or ideas in a clever and humorous way

synonym: humor, comedy, funniness

(1) the **wit** of man, (2) full of **wit**

He has the **wit** to keep talking about this topic.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym : direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

react

v. to take action in response to something

synonym : respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

registry

n. an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object

synonym : list, catalog, record

(1) **registry** database, (2) **registry** number

The hospital keeps a **registry** of patients' medical records.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

seminar

n. a group meeting or class for discussion, teaching, or training on a particular subject

synonym : workshop, conference, symposium

(1) business **seminar**, (2) academic **seminar**

I'm attending a leadership **seminar** next week.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a

good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

attend

v. to be present at an event, to go to a place

synonym: go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

paradox

n. a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym: hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

ongoing

adj. continuing to exist or develop, or currently happening

synonym: continuous, current, proceeding

(1) still **ongoing**, (2) **ongoing** support

The new prime minister has vowed to take measures against the **ongoing** economic crisis.

contract

n. a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

synonym: agreement, deal, arrangement

(1) employment **contract**, (2) **contract** law

The company signed a **contract** with the supplier for the delivery of goods.

hire

v. to give somebody a job

synonym: employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

demon

n. an evil spirit, supernatural being or entity often depicted as malevolent or harmful

synonym: fiend, devil, evil spirit

(1) **demon** hunter, (2) cast **demon** eyes

The actor's portrayal of the **demon** in the horror movie was terrifying.

labor

n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

synonym: toil, moil, donkeywork

(1) seasonal **labor**, (2) manual **labor**

In several countries, child **labor** is a serious social problem.

bail

n. the temporary release of an accused person awaiting trial in exchange for a monetary deposit to ensure their appearance in court

(1) accept **bail**, (2) he was released on **bail**

The judge set **bail** at \$20,000.

bailout

n. the provision of financial help to a corporation or country which is on the brink of bankruptcy

synonym: help, aid, support

(1) **bailout** bill, (2) **bailout** bottle

Many countries provided a **bailout** to the private sector to minimize the economic impact of the coronavirus pandemic.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

mortgage

n. a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan

synonym: home loan, loan, lien

(1) **mortgage** payment, (2) fixed-rate **mortgage**

They were able to purchase their dream home with a **mortgage** from the bank.

foreclose

v. to take legal action to repossess or seize property, particularly a mortgaged property, due to non-payment of debts or obligations

synonym: preclude, seize, repossess

(1) **foreclose** a property, (2) **foreclose** the possibility

The bank will **foreclose** on the house if the mortgage payments are not made on time.

emigrate

v. to leave one's country or region to settle in another

synonym: migrate, relocate, move

(1) **emigrate** to a new country, (2) **emigrate** for better opportunities

Many people **emigrated** from Ireland to America during the Great Famine.

sociologist

n. a person who studies the institutions and development of human society

(1) religious **sociologist**, (2) French **sociologist**

Sociologist studies the changes in family structure due to modernization.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym : strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym : convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

cite

v. to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened

synonym : quote, mention, note

(1) **cite** various authorities, (2) **cite** a fact as evidence

The devil can **cite** Scripture for his purpose.

symbol

n. something visible that is used to represent something else

synonym : mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm

someone

synonym: beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

confident

adj. feeling sure about your abilities or qualities or having trust in people, plans, or the future

synonym: certain, sure, convinced

(1) feel **confident**, (2) a **confident** remark

I'm not **confident** in our victory.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

emphasize

v. to give or show particular importance to something

synonym: highlight, accentuate, stress

(1) **emphasize** her words, (2) **emphasize** a direct relationship

Use italics or capitals to **emphasize** a word in a piece of writing.

increasingly

adv. more and more

synonym: more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

neo-liberal

adj. relating to a modern political and economic philosophy that emphasizes the promotion of free markets, limited government intervention, privatization, and deregulation

synonym: free-market, laissez-faire, capitalist

(1) **neo-liberal** economic model, (2) **neo-liberal** ideology

The government's **neo-liberal** policies prioritize free-market capitalism over social welfare programs.

centaur

n. a mythological creature with the upper body of a human and the lower body (including legs and tail) of a horse

synonym: half-human, half-horse

(1) **centaur** costume, (2) **centaur** imagery

There are various theories about the origin of the **centaur** myth.

recall

v. to remember something

synonym: remember, retrieve, recollect

(1) **recall** the incident, (2) **recall** his name

She vividly **recalls** getting laid off several years ago.

mythical

adj. based on or related to myths, legends, or folklore; existing only in tales or in the imagination

synonym: mythological, fictitious, legendary

(1) **mythical** heroes, (2) **mythical** world

Many cultures have their **mythical** creatures and legends.

creature

n. a living being, especially an animal

synonym: being, animal, organism

(1) **creature** of habit, (2) artificial **creature**

The deep sea **creature** was unlike anything the scientists had ever seen before.

ancient

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

synonym: archaic, age-old, obsolete

(1) pre-Christian **ancient**, (2) **ancient** stories

They have been living near water since **ancient** times.

trample

v. to step heavily on something or someone, causing damage or injury

synonym: tread, stomp, crush

(1) **trample** down his feelings, (2) **trample** on the rights
The plants in this garden are precious, so you must not **trample** them.

moral

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

synonym: honest, ethical, conscientious

(1) **moral** hazard, (2) **moral** burden

Ethics deals with **moral** conduct.

discipline

n. the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

synonym: training, restraint, field

(1) break **discipline**, (2) rigid **discipline**

He quickly learned the military **discipline**.

stigmatize

v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

synonym: brand, mark, denounce

(1) **stigmatize** the deviant as criminal, (2) **stigmatize** him as a swindler

She was **stigmatized** by society because she had a child out of wedlock.

irresponsible

adj. not showing a proper sense of responsibility; not reliable

synonym: careless, reckless, thoughtless

(1) **irresponsible** actions, (2) **irresponsible** behavior

It was **irresponsible** of him to drive home after drinking so much alcohol.

criminal

n. a person who has committed a crime

synonym: offender, lawbreaker, delinquent

(1) wanted **criminal**, (2) **criminal** investigation

The police are searching for the **criminal** who stole the jewels.

- firm** *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
synonym : stable, secure, steadfast
(1) **firm** grip, (2) accounting **firm**
The **firm** deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.
- quarter** *n.* one of four equal parts; a fourth part or portion
synonym : fourth, one-fourth
(1) a **quarter** mile, (2) end of the first **quarter**
The unemployment rate in the first **quarter** was 2.3 percentage points higher than in the previous.
- poverty** *n.* the condition of being extremely poor
synonym : deprivation, destitution, poorness
(1) **poverty** alleviation, (2) the cycle of **poverty**
Many studies have investigated the relationship between **poverty** and academic achievement.
- inequality** *n.* the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different
synonym : imbalance, prejudice, unfairness
(1) **inequality** in salary, (2) algebraic **inequality**
There are several causes of economic **inequality** within societies.
- wealth** *n.* a large amount of money, property, or other things that someone or an organization owns
synonym : affluence, assets, fortunate
(1) majority of his **wealth**, (2) material **wealth**
The **wealth** inequality was unavoidable.

resist

v. to refuse to accept something and attempt to prevent it from happening

synonym : fight, defy, revolt

(1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.

brunt

n. the force or impact of something, often used to describe the full force of an attack or criticism

synonym : force, pressure, impact

(1) bear the **brunt**, (2) the **brunt** of criticism

The **brunt** of the storm hit the coastal towns the hardest.

sew

v. to join, fasten, or repair two pieces of something by putting the thread through them with a needle

synonym : stitch, darn, tailor

(1) **sew** with thread, (2) **sew** a button

My mother taught me how to **sew**.

craft

n. an activity that requires a particular skill in making things with one's hands

synonym : art, skill, workmanship

(1) **craft** arts of Japan, (2) **craft** manufacture

His hometown was where he first acquired the **craft** of wood carving.

vocational

adj. of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job

synonym : occupational, technical, specialized

(1) **vocational** training, (2) **vocational** school

The in-house system provided traineeships in **vocational** rehabilitation.

educational

adj. relating to education or providing knowledge or instruction

synonym : instructional, informative, enlightening

(1) **educational** system, (2) elevate **educational** standards

The museum offers a variety of **educational** programs for children and adults.

restructure

v. to organize a company, business, or system in a new and different way to make it work more effectively

synonym: reorganize, revamp, reconstruct

(1) **restructure** sentence, (2) **restructure** my debts

The economic downturn made it necessary to **restructure** the business.

desperate

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

synonym: anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

divorce

n. the legal dissolution of a marriage

synonym: separation, dissolution, breakup

(1) **divorce** settlement, (2) a consensual **divorce**

The couple decided to get a **divorce** after many years of marriage.

provider

n. a person or an organization that supplies somebody with something needed or wanted

synonym: supplier

(1) an information **provider**, (2) the **provider** of the family

People select Internet **providers** not only in terms of price but also in terms of transmission speed.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

nonstop

adj. without intermediate stops between source and destination

synonym : continuous, ceaseless, endless

(1) a **nonstop** run, (2) **nonstop** talk

We tend to choose **nonstop** flights when we travel.

pause

v. to take a short break from talking or doing something before continuing

synonym : halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym : choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

exhaustion

n. the state of being extremely tired and lacking energy or strength

synonym : fatigue, weariness, tiredness

(1) **exhaustion** of energy, (2) emotional **exhaustion**

The long work hours were taking a toll on her mental **exhaustion**.

redundant

adj. unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessary repetition or duplication of efforts

synonym : unnecessary, superfluous, surplus

(1) **redundant** worker, (2) **redundant** equipment

The report contained **redundant** information that could have been eliminated.

analyze

v. to think about in-depth and evaluate to discover essential features or meaning

synonym : explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

pragmatic

adj. practical rather than idealistic

synonym: practical, realistic, down-to-earth

(1) **pragmatic** approach, (2) **pragmatic** politics

He was a **pragmatic** leader who made decisions based on what was practical rather than ideal.

souvenir

n. an object, often a small item, that is kept as a reminder or memento of a person, place, or event; a keepsake

synonym: memento, keepsake, token

(1) city **souvenir**, (2) **souvenir** shop

I bought my sister a miniature Eiffel Tower **souvenir** when I visited Paris.

doll

n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive

synonym: puppet, dolly, toy

(1) plastic **doll**, (2) rag **doll**

The antique **doll** was worth thousands of dollars.

oversee

v. to watch and direct someone or something to make sure that it is being done correctly

synonym: manage, command, supervise

(1) **oversee** the process, (2) properly **oversee** the staff

A committee was appointed to **oversee** a huge budget.

construct

v. to build or create something; to assemble or combine different parts to form something whole

synonym: build, assemble, create

(1) **construct** a 3D image, (2) **construct** a dam

He **constructs** hypotheses that no mathematician has ever

imagined before.

vaccinate

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

synonym: immunize, inject, inoculate

(1) **vaccinate** against scarlet fever, (2) **vaccinate** every year

The nurse **vaccinated** the children in the school.

martial

adj. relating to soldiers or the military; warlike or inclined towards war

synonym: military, warlike, combative

(1) **martial** combat, (2) **martial** law

The **martial** arts teacher instructed the students in self-defense techniques.

energetic

adj. possessing or exerting or displaying energy

synonym: active, animated, lively

(1) **energetic** density, (2) **energetic** dog

This process caused an **energetic** chemical reaction.

difficulty

n. a condition or state that causes problems

synonym: hardship, complication, problem

(1) the degree of **difficulty**, (2) **difficulty** in breathing

He has **difficulty** exercising because of a back injury sustained in an accident.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

unsettle

v. to make somebody feel anxious or upset, especially because of an unstable or problematic situation

synonym: aggravate, annoy, disturb

(1) **unsettle** the nervous system, (2) **unsettle** his conviction

This nationwide strike may **unsettle** the country's economy.

poetic

adj. of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way

synonym : literary, verse-like, rhythmic

(1) **poetic** genius, (2) **poetic** justice

The sunset was so beautiful it looked like a **poetic** scene from a movie.

shepherd

n. a person who tends and guards sheep, especially in a rural area

synonym : herder, flock-keeper, sheepdog

(1) **shepherd** boy, (2) sheep without a **shepherd**

The **shepherd's** dog helped keep the sheep in line and protect them from predators.

orderly

adj. clean or organized in a neat, careful and logical way

synonym : tidy, tidied, neat

(1) **orderly** and fair market, (2) **orderly** manner

The elections were handled in a timely and **orderly** manner.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym : condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

reliance

n. the state of depending on or needing something or someone

synonym : dependence, support, confidence

(1) **reliance** on social media, (2) self- **reliance** and solidarity

He acted in **reliance** on her naked promises.

unfortunate

adj. having bad luck or fortune; unlucky

synonym : unlucky, pitiful, wretched

(1) an **unfortunate** orphan, (2) an **unfortunate** situation

The **unfortunate** accident caused many injuries and some fatalities.

heritage

n. the culture and traditions that are passed down from previous generations

synonym : legacy, tradition, inheritance

(1) **heritage** site, (2) historical **heritage**

The **heritage** of the city is reflected in its architecture.

cruel

adj. feeling or showing pleasure in causing pain or suffering to others

synonym : heartless, sadistic, vicious

(1) a **cruel** and unusual punishment, (2) **cruel** joke

The dictator was known for his **cruel** and oppressive regime.

pun

n. a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

synonym : joke, quip, wordplay

(1) witty **pun**, (2) silly **pun**

The comedian's **pun** had the audience laughing out loud.

pacify

v. to calm or soothe someone upset or agitated; to quell or suppress a feeling or conflict

synonym : appease, soothe, calm

(1) **pacify** a situation, (2) **pacify** an angry customer

The mother tried to **pacify** her crying baby by rocking him gently.

denial

n. a statement that something is not true or does not exist

synonym : refusal, rejection, veto

(1) state of **denial**, (2) an absolute **denial**

She gave us a categorical **denial** of the scandal.

blind

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

synonym : sightless, unseeing, random

(1) **blind** to the beauties, (2) **blind** spot

She was nearly **blind** due to severe diabetes.

policymaker

n. a person in charge of or involved in developing action plans for a political party, business, etc.

synonym : lawmaker, legislator

(1) education **policymaker**, (2) regional **policymaker**

Policymakers struggle to develop various laws and regulations to address international trade conflicts.

meantime

n. the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else

synonym : interim, meanwhile, lag

(1) **meantime** report, (2) for the **meantime**

In the **meantime**, while we wait for the results, let's start working on the next project.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

apparently

adv. based on what you have heard or read

synonym : evidently, obviously, supposedly

(1) **apparently** simple, (2) **apparently** unrelated

The police **apparently** believed this explanation was plausible.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym : concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

hack

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

synonym : cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

rewire

v. to replace or repair the wiring of something, especially an electrical system; to make significant changes in one's thoughts or behavior patterns

synonym : rewire, renovate, upgrade

(1) **rewire** a house, (2) **rewire** a program

I need to **rewire** the faulty electrical system in my house to prevent a fire.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

meditation

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

synonym : contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**

The **meditation** instructor guided the group through the relaxation and breathing exercises.

upbeat

adj. positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music

synonym : optimistic, positive, hopeful

(1) **upbeat** attitude, (2) remain **upbeat** about the future

The **upbeat** music helped to lift her spirits and put her in a good mood.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym : otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

awareness

n. the fact or state of knowing something exists and is important

synonym : understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness**

There has been a gradual but steady rise in environmental **awareness**.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym : empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

aim

v. to try or plan to get or achieve something

synonym : aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

synonym : boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior

The government should do more to **promote** sustainable agribusiness.

Session 2: Spelling

- | | |
|---------------------------------------|--|
| 1. va_____te every year | <i>v.</i> to treat with a vaccine, usually by injection, to produce immunity against a disease |
| 2. di_____e settlement | <i>n.</i> the legal dissolution of a marriage |
| 3. de____e a question | <i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options |
| 4. irr_____ble actions | <i>adj.</i> not showing a proper sense of responsibility; not reliable |
| 5. re_____on between cause and effect | <i>n.</i> the way two persons or groups of people feel and act toward one another |
| 6. sound e__o | <i>n.</i> a sound heard after being reflected off a surface, such as a wall or a cliff |
| 7. majority of his we____h | <i>n.</i> a large amount of money, property, or other things that someone or an organization owns |
| 8. properly ov_____e the staff | <i>v.</i> to watch and direct someone or something to make sure that it is being done correctly |
| 9. the ba_____e of power | <i>n.</i> a condition in which everything has the same weight or force; something left after other parts have been taken away |
| 10. con_____us improvement | <i>adj.</i> occurring or existing without a pause or interruption |
| 11. co_____ct law | <i>n.</i> a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law |

ANSWERS: 1. vaccinate, 2. divorce, 3. decide, 4. irresponsible, 5. relation, 6. echo, 7. wealth, 8. oversee, 9. balance, 10. continuous, 11. contract

12. financial cr___s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
13. financial af_____th *n.* the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event
14. t__d in the garden *n.* a small, tailless amphibian with dry, warty skin and short legs; a person who is disliked or contemptible
15. price sl__h *v.* to cut with a sharp object using a quick and robust movement
16. regional pol_____er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
17. en_____ic dog *adj.* possessing or exerting or displaying energy
18. ice sl__h *n.* partially melted snow or ice that is usually lying on the ground and dirty; dirty and injustice
19. com_____le sales *adj.* able to link the similarities or differences with others; similar or equivalent to someone or something
20. re_____ce on social media *n.* the state of depending on or needing something or someone
21. letter st_____l *n.* a cutout or template used to reproduce a design or pattern by applying paint, ink, or other media through the openings onto a surface beneath

ANSWERS: 12. crisis, 13. aftermath, 14. toad, 15. slash, 16. policymaker, 17. energetic, 18. slush, 19. comparable, 20. reliance, 21. stencil

22. ma_____l law *adj.* relating to soldiers or the military; warlike or inclined towards war
23. tax re____f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
24. eco_____al use of her time *adj.* providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
25. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
26. a sw_____w tail *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
27. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
28. me_____me report *n.* the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else
29. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 22. martial, 23. relief, 24. economical, 25. encourage, 26. swallow, 27. pave, 28. meantime, 29. discovery

30. economic au_____ty *n.* the state or condition of being stern, rigid, or uncompromising, or being simple or plain; an economic policy or measure that seeks to reduce government spending and debt
31. raise public aw_____ss *n.* the fact or state of knowing something exists and is important
32. my_____al heroes *adj.* based on or related to myths, legends, or folklore; existing only in tales or in the imagination
33. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
34. up____t attitude *adj.* positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music
35. cr__l joke *adj.* feeling or showing pleasure in causing pain or suffering to others
36. illicit sl__h funds *n.* partially melted snow or ice that is usually lying on the ground and dirty; dirty and injustice
37. h__e a guide *v.* to give somebody a job
38. plastic d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
39. ba_____t bill *n.* the provision of financial help to a corporation or country which is on the brink of bankruptcy

ANSWERS: 30. austerity, 31. awareness, 32. mythical, 33. responsible, 34. upbeat, 35. cruel, 36. slush, 37. hire, 38. doll, 39. bailout

40. tr___e up the hill *v.* to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously
41. an eco_____al meal *adj.* providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
42. unpaid w__es *n.* a particular amount of money that somebody earns, usually every week or every month, for work or services
43. seasonal la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
44. he_____ge site *n.* the culture and traditions that are passed down from previous generations
45. pr_____ic approach *adj.* practical rather than idealistic
46. universal es_____e *n.* the basic or most important part or quality of something that makes it what it is
47. manual la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
48. employment co_____ct *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

ANSWERS: 40. trudge, 41. economical, 42. wage, 43. labor, 44. heritage, 45. pragmatic, 46. essence, 47. labor, 48. contract

49. un_____le the nervous system *v.* to make somebody feel anxious or upset, especially because of an unstable or problematic situation
50. at____d a meeting *v.* to be present at an event, to go to a place
51. aw_____ss of my ignorance *n.* the fact or state of knowing something exists and is important
52. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
53. silly p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
54. po_____y alleviation *n.* the condition of being extremely poor
55. re____l the incident *v.* to remember something
56. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
57. exercise re____e *n.* the organization, a system, or method that is the governing authority of a political unit
58. artificial cr_____re *n.* a living being, especially an animal
59. a co_____nt remark *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future

ANSWERS: 49. unsettle, 50. attend, 51. awareness, 52. anxiety, 53. pun, 54. poverty, 55. recall, 56. movement, 57. regime, 58. creature, 59. confident

60. em____te for better opportunities *v.* to leave one's country or region to settle in another
61. sp_____al leader *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
62. industrial se____r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
63. ma_____l combat *adj.* relating to soldiers or the military; warlike or inclined towards war
64. the cycle of po_____y *n.* the condition of being extremely poor
65. pr_____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
66. he was released on b__l *n.* the temporary release of an accused person awaiting trial in exchange for a monetary deposit to ensure their appearance in court
67. the e__o of a person's footsteps *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
68. a consensual di_____e *n.* the legal dissolution of a marriage
69. historical he_____ge *n.* the culture and traditions that are passed down from previous generations
70. religious med_____on *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

ANSWERS: 60. emigrate, 61. spiritual, 62. sector, 63. martial, 64. poverty, 65. promote, 66. bail, 67. echo, 68. divorce, 69. heritage, 70. meditation

71. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
72. die su_____ly *adv.* quickly and unexpectedly
73. an information pr_____er *n.* a person or an organization that supplies somebody with something needed or wanted
74. neo_____al economic model *adj.* relating to a modern political and economic philosophy that emphasizes the promotion of free markets, limited government intervention, privatization, and deregulation
75. irr_____ble behavior *adj.* not showing a proper sense of responsibility; not reliable
76. cr__t manufacture *n.* an activity that requires a particular skill in making things with one's hands
77. pa___y a situation *v.* to calm or soothe someone upset or agitated; to quell or suppress a feeling or conflict
78. ba_____t bottle *n.* the provision of financial help to a corporation or country which is on the brink of bankruptcy
79. voc_____al school *adj.* of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job
80. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
81. vi_____t incident *adj.* involving or caused by physical force or aggression against someone or something

ANSWERS: 71. suffer, 72. suddenly, 73. provider, 74. neo-liberal, 75. irresponsible, 76. craft, 77. pacify, 78. bailout, 79. vocational, 80. suddenly, 81. violent

82. gr____ti tag *n.* writing or drawings scribbled, scratched, or sprayed illicitly on a wall or other surface in a public place
83. con_____on in the industry *n.* the act or process of becoming smaller or shorter in size, volume, or amount
84. res_____re my debts *v.* to organize a company, business, or system in a new and different way to make it work more effectively
85. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
86. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
87. ec_____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
88. tr____e through mud *v.* to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously
89. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
90. sh____k the tumor *v.* to become smaller, or to make something smaller in size or amount

ANSWERS: 82. graffiti, 83. contraction, 84. restructure, 85. opportune, 86. suffer, 87. economy, 88. trudge, 89. relation, 90. shrink

91. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
92. mun____ity services *n.* a city, town, or local government organization that has governing authority over a specific geographic area
93. an unf____te orphan *adj.* having bad luck or fortune; unlucky
94. st___l through the countryside *v.* to walk somewhere in a slow, relaxed way and with no apparent aim
95. education pol____er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
96. mo__l burden *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.
97. academic se____r *n.* a group meeting or class for discussion, teaching, or training on a particular subject
98. series of exp____nts *n.* the scientific test conducted to observe what happens and gain new knowledge
99. dif____ty in breathing *n.* a condition or state that causes problems
100. br__k wall *n.* a rectangular block of baked clay used as a building material
101. a puppet re____e *n.* the organization, a system, or method that is the governing authority of a political unit
102. sh____rd boy *n.* a person who tends and guards sheep, especially in a rural area

ANSWERS: 91. blame, 92. municipality, 93. unfortunate, 94. stroll, 95. policymaker, 96. moral, 97. seminar, 98. experiment, 99. difficulty, 100. brick, 101. regime, 102. shepherd

103. neo_____al ideology *adj.* relating to a modern political and economic philosophy that emphasizes the promotion of free markets, limited government intervention, privatization, and deregulation
104. the in_____al economy *adj.* of or relating to the inside of something
105. a_m to be a nurse *v.* to try or plan to get or achieve something
106. religious soc_____st *n.* a person who studies the institutions and development of human society
107. con_____on of a disease *n.* the act or process of becoming smaller or shorter in size, volume, or amount
108. business se_____r *n.* a group meeting or class for discussion, teaching, or training on a particular subject
109. pr_____ic politics *adj.* practical rather than idealistic
110. foreign po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
111. break dis_____ne *n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
112. po____c justice *adj.* of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way

ANSWERS: 103. neo-liberal, 104. internal, 105. aim, 106. sociologist, 107. contraction, 108. seminar, 109. pragmatic, 110. policy, 111. discipline, 112. poetic

113. ce_____r imagery *n.* a mythological creature with the upper body of a human and the lower body (including legs and tail) of a horse
114. m_d volcano *n.* a soft, wet, sticky earth or clay
115. re__t against his way of thinking *v.* to take action in response to something
116. re_____nt worker *adj.* unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessary repetition or duplication of efforts
117. vanilla es_____e *n.* the basic or most important part or quality of something that makes it what it is
118. h__e a car by the hour *v.* to give somebody a job
119. st_____l art *n.* a cutout or template used to reproduce a design or pattern by applying paint, ink, or other media through the openings onto a surface beneath
120. cast de__n eyes *n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
121. elevate edu_____al standards *adj.* relating to education or providing knowledge or instruction
122. res_____re sentence *v.* to organize a company, business, or system in a new and different way to make it work more effectively
123. ex_____e sports *adj.* very great in amount or degree
124. algebraic ine_____ty *n.* the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different

ANSWERS: 113. centaur, 114. mud, 115. react, 116. redundant, 117. essence, 118. hire, 119. stencil, 120. demon, 121. educational, 122. restructure, 123. extreme, 124. inequality

125. gr_____ti art *n.* writing or drawings scribbled, scratched, or sprayed illicitly on a wall or other surface in a public place
126. asset on the company's ba_____e sheet *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
127. ov_____e the process *v.* to watch and direct someone or something to make sure that it is being done correctly
128. oc____y his time *v.* to consume all of someone's space, attention, or time
129. her de_____te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
130. a no_____p run *adj.* without intermediate stops between source and destination
131. st____e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
132. constant sp_____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
133. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
134. major paradigm sh__t *n.* a slight transition in position, direction, or trend

ANSWERS: 125. graffiti, 126. balance, 127. oversee, 128. occupy, 129. desperate, 130. nonstop, 131. strike, 132. spiritual, 133. movement, 134. shift

135. re_____ry number *n.* an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object
136. app_____ly simple *adv.* based on what you have heard or read
137. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something
138. psy_____gy experiment *n.* the scientific study of mind and behavior
139. at____d service *v.* to be present at an event, to go to a place
140. po____c genius *adj.* of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way
141. hold a pr_____t *n.* a strong expression of disagreement, disapproval, or opposition
142. child we_____e *n.* the general health, happiness, and prosperous of a person or group
143. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
144. or_____ry annual revenue *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
145. still on_____g *adj.* continuing to exist or develop, or currently happening

ANSWERS: 135. registry, 136. apparently, 137. violent, 138. psychology, 139. attend, 140. poetic, 141. protest, 142. welfare, 143. statistics, 144. ordinary, 145. ongoing

146. self-re_____ce and solidarity *n.* the state of depending on or needing something or someone
147. material we____h *n.* a large amount of money, property, or other things that someone or an organization owns
148. the pa_____x of the heap *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
149. cr_____al investigation *n.* a person who has committed a crime
150. sigh of re____f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
151. a silent pr_____t *n.* a strong expression of disagreement, disapproval, or opposition
152. state of de____l *n.* a statement that something is not true or does not exist
153. in_____al organs *adj.* of or relating to the inside of something
154. emotional exh_____on *n.* the state of being extremely tired and lacking energy or strength
155. bl__d to the beauties *adj.* unable to see; unable or unwilling to perceive or understand the true nature of something
156. sy____l for happiness *n.* something visible that is used to represent something else
157. the w_t of man *n.* the ability to say or write things or ideas in a clever and humorous way
158. gov_____nt funding *n.* the group of people with authority to control a country or state

ANSWERS: 146. reliance, 147. wealth, 148. paradox, 149. criminal, 150. relief, 151. protest, 152. denial, 153. internal, 154. exhaustion, 155. blind, 156. symbol, 157. wit, 158. government

159. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
160. s_w a button *v.* to join, fasten, or repair two pieces of something by putting the thread through them with a needle
161. pr____e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
162. hear customer's voices fi____nd *adv.* from the source; directly; (adjective) received directly from a source
163. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
164. em____ze a direct relationship *v.* to give or show particular importance to something
165. a con____us row of warehouses *adj.* occurring or existing without a pause or interruption
166. the spinal co___n *n.* one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument
167. rigid dis____ne *n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

ANSWERS: 159. brain, 160. sew, 161. promote, 162. firsthand, 163. blame, 164. emphasize, 165. continuous, 166. column, 167. discipline

168. ov____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
169. pa__e a moment *v.* to take a short break from talking or doing something before continuing
170. dressed br__k *n.* a rectangular block of baked clay used as a building material
171. fo_____se a property *v.* to take legal action to repossess or seize property, particularly a mortgaged property, due to non-payment of debts or obligations
172. the af_____th of a crisis *n.* the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event
173. the pr_____er of the family *n.* a person or an organization that supplies somebody with something needed or wanted
174. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
175. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
176. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
177. muscular st_____th *n.* the quality or state of being physically, or sometimes mentally, strong

ANSWERS: 168. overcome, 169. pause, 170. brick, 171. foreclose, 172. aftermath, 173. provider, 174. statistics, 175. compassionate, 176. communicate, 177. strength

178. conduct fi_____nd research *adv.* from the source; directly; (adjective) received directly from a source
179. a qu_____r mile *n.* one of four equal parts; a fourth part or portion
180. ask in di_____ef *n.* the feeling of not being able to believe or accept that something is true or real
181. tr_____e down his feelings *v.* to step heavily on something or someone, causing damage or injury
182. di_____ef in the authority *n.* the feeling of not being able to believe or accept that something is true or real
183. mun_____ity taxes *n.* a city, town, or local government organization that has governing authority over a specific geographic area
184. Doppler sh__t *n.* a slight transition in position, direction, or trend
185. oc___y a position *v.* to consume all of someone's space, attention, or time
186. play a pr_____nt role *adj.* important, well-known, or noticeable
187. c__e various authorities *v.* to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened
188. a private ind_____al *n.* a single person or thing, as distinct from a group
189. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
190. mo__l hazard *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.

ANSWERS: 178. firsthand, 179. quarter, 180. disbelief, 181. trample, 182. disbelief, 183. municipality, 184. shift, 185. occupy, 186. prominent, 187. cite, 188. individual, 189. government, 190. moral

191. m_d wall	<i>n.</i> a soft, wet, sticky earth or clay
192. the great di_____ry of the century	<i>n.</i> the act or process of finding information, a place, or an object, or learning about something that was previously not known
193. an_____t stories	<i>adj.</i> relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
194. er__t into tears	<i>v.</i> (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently
195. pre-Christian an_____t	<i>adj.</i> relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
196. an absolute de___l	<i>n.</i> a statement that something is not true or does not exist
197. re___e a program	<i>v.</i> to replace or repair the wiring of something, especially an electrical system; to make significant changes in one's thoughts or behavior patterns
198. end of the first qu_____r	<i>n.</i> one of four equal parts; a fourth part or portion
199. ov_____me opponents	<i>v.</i> to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
200. sti_____ze the deviant as criminal	<i>v.</i> to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

ANSWERS: 191. mud, 192. discovery, 193. ancient, 194. erupt, 195. ancient, 196. denial, 197. rewire, 198. quarter, 199. overcome, 200. stigmatize

201. un_____le his conviction *v.* to make somebody feel anxious or upset, especially because of an unstable or problematic situation
202. de_____te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
203. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
204. sw_____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
205. co_____ct a dam *v.* to build or create something; to assemble or combine different parts to form something whole
206. t__d caught in the trap *n.* a small, tailless amphibian with dry, warty skin and short legs; a person who is disliked or contemptible
207. ind_____al freedom *n.* a single person or thing, as distinct from a group
208. re____t temptation *v.* to refuse to accept something and attempt to prevent it from happening
209. dr_____c measures *adj.* radical and extreme; likely to have a significant or far-reaching impact
210. st_____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
211. on_____g support *adj.* continuing to exist or develop, or currently happening

ANSWERS: 201. unsettle, 202. desperate, 203. strategy, 204. swallow, 205. construct, 206. toad, 207. individual, 208. resist, 209. drastic, 210. strength, 211. ongoing

212. ex____e weather events *adj.* very great in amount or degree
213. private se____r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
214. accept b____l *n.* the temporary release of an accused person awaiting trial in exchange for a monetary deposit to ensure their appearance in court
215. de____e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
216. p____e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
217. sh____k with fear *v.* to become smaller, or to make something smaller in size or amount
218. a cr____l and unusual punishment *adj.* feeling or showing pleasure in causing pain or suffering to others
219. tr____e on the rights *v.* to step heavily on something or someone, causing damage or injury
220. my____al world *adj.* based on or related to myths, legends, or folklore; existing only in tales or in the imagination
221. so____ir shop *n.* an object, often a small item, that is kept as a reminder or memento of a person, place, or event; a keepsake
222. remain up____t about the future *adj.* positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music

ANSWERS: 212. extreme, 213. sector, 214. bail, 215. decide, 216. pave, 217. shrink, 218. cruel, 219. trample, 220. mythical, 221. souvenir, 222. upbeat

223. com_____te his anxieties to the psychiatrist
v. to share or exchange information with others by speaking, writing, moving your body, or using other signals
224. or_____y and fair market
adj. clean or organized in a neat, careful and logical way
225. de__n hunter
n. an evil spirit, supernatural being or entity often depicted as malevolent or harmful
226. re__t at a high temperature
v. to take action in response to something
227. de_____e the pound
v. to reduce the value or worth of something
228. pa__e for a reaction
v. to take a short break from talking or doing something before continuing
229. a handsome sa____y
n. a fixed amount of money that employees, especially those who work in an office, receive for doing their job, usually paid every month
230. people who are une_____ed
adj. not having a job, although able to work
231. pr_____nt figure
adj. important, well-known, or noticeable
232. sl__h a person with a knife
v. to cut with a sharp object using a quick and robust movement
233. make dr_____c revision
adj. radical and extreme; likely to have a significant or far-reaching impact
234. cr__t arts of Japan
n. an activity that requires a particular skill in making things with one's hands
235. accounting f__m
adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

ANSWERS: 223. communicate, 224. orderly, 225. demon, 226. react, 227. devalue, 228. pause, 229. salary, 230. unemployed, 231. prominent, 232. slash, 233. drastic, 234. craft, 235. firm

245. or____y manner *adj.* clean or organized in a neat, careful and logical way
246. a we_____e state *n.* the general health, happiness, and prosperous of a person or group
247. increase in the minimum w__e *n.* a particular amount of money that somebody earns, usually every week or every month, for work or services
248. st___l across a street *v.* to walk somewhere in a slow, relaxed way and with no apparent aim
249. re___l his name *v.* to remember something
250. c__e a fact as evidence *v.* to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened
251. a co___n of water *n.* one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument
252. em_____te to a new country *v.* to leave one's country or region to settle in another
253. an unf_____te situation *adj.* having bad luck or fortune; unlucky
254. voc_____al training *adj.* of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job
255. fixed-rate mo_____ge *n.* a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan

ANSWERS: 245. orderly, 246. welfare, 247. wage, 248. stroll, 249. recall, 250. cite, 251. column, 252. emigrate, 253. unfortunate, 254. vocational, 255. mortgage

256. fo_____se the possibility *v.* to take legal action to repossess or seize property, particularly a mortgaged property, due to non-payment of debts or obligations
257. face inc_____gly complicated challenges *adv.* more and more
258. re_____ry database *n.* an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object
259. en_____ic density *adj.* possessing or exerting or displaying energy
260. city so_____ir *n.* an object, often a small item, that is kept as a reminder or memento of a person, place, or event; a keepsake
261. sti_____ze him as a swindler *v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
262. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
263. de_____e a brand *v.* to reduce the value or worth of something
264. f__m grip *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

ANSWERS: 256. foreclose, 257. increasingly, 258. registry, 259. energetic, 260. souvenir, 261. stigmatize, 262. strike, 263. devalue, 264. firm

265. impose au_____ty *n.* the state or condition of being stern, rigid, or uncompromising, or being simple or plain; an economic policy or measure that seeks to reduce government spending and debt
266. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
267. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
268. sa___y after taxes *n.* a fixed amount of money that employees, especially those who work in an office, receive for doing their job, usually paid every month
269. exp_____nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
270. cr___s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
271. wanted cr_____al *n.* a person who has committed a crime
272. va_____te against scarlet fever *v.* to treat with a vaccine, usually by injection, to produce immunity against a disease
273. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
274. inc_____gly become common *adv.* more and more

ANSWERS: 265. austerity, 266. brain, 267. responsible, 268. salary, 269. experiment, 270. crisis, 271. criminal, 272. vaccinate, 273. compassionate, 274. increasingly

275. ce_____r costume *n.* a mythological creature with the upper body of a human and the lower body (including legs and tail) of a horse
276. pa____y an angry customer *v.* to calm or soothe someone upset or agitated; to quell or suppress a feeling or conflict
277. an or_____ry school *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
278. co_____ct a 3D image *v.* to build or create something; to assemble or combine different parts to form something whole
279. assignment for the une_____ed youth *adj.* not having a job, although able to work
280. edu_____al system *adj.* relating to education or providing knowledge or instruction
281. the degree of dif_____ty *n.* a condition or state that causes problems
282. ec_____y of scale *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
283. re____t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
284. app_____ly unrelated *adv.* based on what you have heard or read

ANSWERS: 275. centaur, 276. pacify, 277. ordinary, 278. construct, 279. unemployed, 280. educational, 281. difficulty, 282. economy, 283. resist, 284. apparently

285. no____p talk *adj.* without intermediate stops between source and destination
286. witty p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
287. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
288. h__k through the jungle *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
289. a com_____le amount of energy *adj.* able to link the similarities or differences with others; similar or equivalent to someone or something
290. s_w with thread *v.* to join, fasten, or repair two pieces of something by putting the thread through them with a needle
291. an_____e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning
292. er__t in anger *v.* (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently
293. a_m at a specific target *v.* to try or plan to get or achieve something
294. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 285. nonstop, 286. pun, 287. encourage, 288. hack, 289. comparable, 290. sew, 291. analyze, 292. erupt, 293. aim, 294. opportune

295. exh_____on of energy *n.* the state of being extremely tired and lacking energy or strength
296. ine_____ty in salary *n.* the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different
297. feel co_____nt *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
298. rag d__l *n.* a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive
299. full of w_t *n.* the ability to say or write things or ideas in a clever and humorous way
300. bl__d spot *adj.* unable to see; unable or unwilling to perceive or understand the true nature of something
301. mo_____ge payment *n.* a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
302. em_____ze her words *v.* to give or show particular importance to something
303. sy___l color *n.* something visible that is used to represent something else
304. develop a st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.

ANSWERS: 295. exhaustion, 296. inequality, 297. confident, 298. doll, 299. wit, 300. blind, 301. mortgage, 302. emphasize, 303. symbol, 304. strategy

305. an____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
306. cr____re of habit *n.* a living being, especially an animal
307. French pa____x *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
308. sheep without a sh____rd *n.* a person who tends and guards sheep, especially in a rural area
309. med____on training *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
310. bear the br__t *n.* the force or impact of something, often used to describe the full force of an attack or criticism

ANSWERS: 305. anxiety, 306. creature, 307. paradox, 308. shepherd, 309. meditation, 310. brunt

Session 3: Fill in the Blanks

1. There are many theories to explain this _____.
 - n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
2. I chose to _____ cancer by trying every possible treatment.
 - v.* to refuse to accept something and attempt to prevent it from happening
3. She couldn't _____ whether to order the pizza or the pasta for dinner.
 - v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
4. My mother taught me how to _____.
 - v.* to join, fasten, or repair two pieces of something by putting the thread through them with a needle
5. I bought my sister a miniature Eiffel Tower _____ when I visited Paris.
 - n.* an object, often a small item, that is kept as a reminder or memento of a person, place, or event; a keepsake
6. He _____ hypotheses that no mathematician has ever imagined before.
 - v.* to build or create something; to assemble or combine different parts to form something whole
7. The company's new _____ on remote work has made it a more inclusive workplace.
 - n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 1. paradox, 2. resist, 3. decide, 4. sew, 5. souvenir, 6. constructs, 7. policy

8. We ____ for an overseas expansion.

v. to try or plan to get or achieve something

9. The _____ mayor held a press conference to announce a new initiative to reduce crime rates.

n. a city, town, or local government organization that has governing authority over a specific geographic area

10. The comedian's ____ had the audience laughing out loud.

n. a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

11. This blog offers a variety of tips for _____ everyday life.

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

12. She vividly _____ getting laid off several years ago.

v. to remember something

13. A committee was appointed to _____ a huge budget.

v. to watch and direct someone or something to make sure that it is being done correctly

14. I used a flower _____ to create a pattern for my art project.

n. a cutout or template used to reproduce a design or pattern by applying paint, ink, or other media through the openings onto a surface beneath

15. A thunderous boom _____ throughout the valley.

n. a sound heard after being reflected off a surface, such as a wall or a cliff

ANSWERS: 8. aim, 9. municipality's, 10. pun, 11. hacking, 12. recalls, 13. oversee, 14. stencil, 15. echoed

16. This shirt will _____ in the wash.

v. to become smaller, or to make something smaller in size or amount

17. The kids went on a scavenger hunt in the park and found a _____ under a big leaf.

n. a small, tailless amphibian with dry, warty skin and short legs; a person who is disliked or contemptible

18. His reaction was one of complete _____.

n. the feeling of not being able to believe or accept that something is true or real

19. It is more _____ to wash your plastic bottle and reuse it.

adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

20. The dictator was known for his _____ and oppressive regime.

adj. feeling or showing pleasure in causing pain or suffering to others

21. This nationwide strike may _____ the country's economy.

v. to make somebody feel anxious or upset, especially because of an unstable or problematic situation

22. The long work hours were taking a toll on her mental _____.

n. the state of being extremely tired and lacking energy or strength

23. Health and _____ are, above all, gold.

n. the quality or state of being physically, or sometimes mentally, strong

24. The newspaper devoted several _____ to the affair.

n. one of the vertical blocks that split content on a page or screen from top to bottom; an upright pillar that often supports an arch, entablature, or other structure or stands alone as a monument

ANSWERS: 16. shrink, 17. toad, 18. disbelief, 19. economical, 20. cruel, 21. unsettle, 22. exhaustion, 23. strength, 24. columns

25. The plants in this garden are precious, so you must not _____ them.
v. to step heavily on something or someone, causing damage or injury
26. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend
27. The _____ of the hurricane left the city in shambles.
n. the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event
28. The _____ of the economy has led to job losses.
n. the act or process of becoming smaller or shorter in size, volume, or amount
29. In several countries, child _____ is a serious social problem.
n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
30. We should always be prepared to _____ talented recruits.
v. to give somebody a job
31. The media frequently interviewed _____ scientists.
adj. important, well-known, or noticeable
32. The technology _____ is constantly evolving and innovating.
n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
33. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.
adj. answerable or accountable for something within one's power, control, or management

ANSWERS: 25. trample, 26. shift, 27. aftermath, 28. contraction, 29. labor, 30. hire, 31. prominent, 32. sector, 33. responsible

34. What are your annual _____ expectations?

- n.* a fixed amount of money that employees, especially those who work in an office, receive for doing their job, usually paid every month

35. The company signed a _____ with the supplier for the delivery of goods.

- n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

36. I need to _____ the faulty electrical system in my house to prevent a fire.

- v.* to replace or repair the wiring of something, especially an electrical system; to make significant changes in one's thoughts or behavior patterns

37. The protesters became _____ when the police tried to disperse them.

- adj.* involving or caused by physical force or aggression against someone or something

38. His _____ continued to rise as his skills improved.

- n.* a particular amount of money that somebody earns, usually every week or every month, for work or services

39. They were able to purchase their dream home with a _____ from the bank.

- n.* a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan

40. The couple decided to get a _____ after many years of marriage.

- n.* the legal dissolution of a marriage

41. My father has a serious and _____ personality.

- adj.* feeling or showing sympathy and concern for the suffering or bad luck of others

ANSWERS: 34. salary, 35. contract, 36. rewire, 37. violent, 38. wages, 39. mortgage, 40. divorce, 41. compassionate

42. The mother tried to _____ her crying baby by rocking him gently.
- v.* to calm or soothe someone upset or agitated; to quell or suppress a feeling or conflict
43. The devil can _____ Scripture for his purpose.
- v.* to refer to something such as a passage, book, etc. as evidence for a theory or as a reason why something has happened
44. The _____ of the country is struggling due to the recent political instability.
- n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
45. There are various theories about the origin of the _____ myth.
- n.* a mythological creature with the upper body of a human and the lower body (including legs and tail) of a horse
46. People select Internet _____ not only in terms of price but also in terms of transmission speed.
- n.* a person or an organization that supplies somebody with something needed or wanted
47. The prime minister canceled visits to other countries to resolve _____ disputes.
- adj.* of or relating to the inside of something
48. The report contained _____ information that could have been eliminated.
- adj.* unnecessarily repetitive or excessive; exceeding what is necessary or essential; characterized by unnecessary repetition or duplication of efforts

ANSWERS: 42. pacify, 43. cite, 44. economy, 45. centaur, 46. providers, 47. internal, 48. redundant

49. Ethics deals with _____ conduct.

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

50. Try to keep a _____ between work and off.

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

51. She was nearly _____ due to severe diabetes.

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

52. He tried to _____ a bad reputation and win the election.

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

53. The nurse _____ the children in the school.

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

54. The dragon is considered a _____ of bravery.

n. something visible that is used to represent something else

55. The industrial _____ laws were passed with little to no alteration.

n. the way two persons or groups of people feel and act toward one another

56. The young prince will soon _____ the throne.

v. to consume all of someone's space, attention, or time

57. Dolphins use sound to _____ with each other.

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

ANSWERS: 49. moral, 50. balance, 51. blind, 52. overcome, 53. vaccinated, 54. symbol, 55. relations, 56. occupy, 57. communicate

58. _____ studies the changes in family structure due to modernization.
n. a person who studies the institutions and development of human society
59. She had a master's degree in _____.
n. the scientific study of mind and behavior
60. She struggled for years to survive without _____.
n. the general health, happiness, and prosperous of a person or group
61. Our company found it _____ difficult to keep up with the competition.
adv. more and more
62. The streets and sidewalks were covered in snow and _____.
n. partially melted snow or ice that is usually lying on the ground and dirty; dirty and injustice
63. We _____ our impeded progress on lack of money.
v. to think or say that someone or something did something wrong or is responsible for something bad
64. The _____ of the storm hit the coastal towns the hardest.
n. the force or impact of something, often used to describe the full force of an attack or criticism
65. The _____ session of the Diet opened.
adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
66. Use italics or capitals to _____ a word in a piece of writing.
v. to give or show particular importance to something

ANSWERS: 58. Sociologist, 59. psychology, 60. welfare, 61. increasingly, 62. slush, 63. blamed, 64. brunt, 65. ordinary, 66. emphasize

67. There are several causes of economic _____ within societies.
- n.* the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different
68. We must _____ to this matter.
- v.* to be present at an event, to go to a place
69. I _____ my anger and kept quiet.
- v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
70. The city spent a lot of money cleaning up the _____ on the buildings downtown.
- n.* writing or drawings scribbled, scratched, or sprayed illicitly on a wall or other surface in a public place
71. The unemployment rate in the first _____ was 2.3 percentage points higher than in the previous.
- n.* one of four equal parts; a fourth part or portion
72. It was _____ of him to drive home after drinking so much alcohol.
- adj.* not showing a proper sense of responsibility; not reliable
73. Totalitarian _____ are less likely to innovate because they deprive individuals of economic incentives.
- n.* the organization, a system, or method that is the governing authority of a political unit

ANSWERS: 67. inequality, 68. attend, 69. swallowed, 70. graffiti, 71. quarter, 72. irresponsible, 73. regimes

74. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

75. They _____ customers with a premium for loyal patronage.

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

76. He was a _____ leader who made decisions based on what was practical rather than ideal.

adj. practical rather than idealistic

77. He was _____ when he lost all his money by gambling.

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

78. The _____ deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.

adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

79. _____ struggle to develop various laws and regulations to address international trade conflicts.

n. a person in charge of or involved in developing action plans for a political party, business, etc.

80. The _____ instructor guided the group through the relaxation and breathing exercises.

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

ANSWERS: 74. opportune, 75. encouraged, 76. pragmatic, 77. desperate, 78. firm, 79. Policymakers, 80. meditation

81. The bank will _____ on the house if the mortgage payments are not made on time.
- v.* to take legal action to repossess or seize property, particularly a mortgaged property, due to non-payment of debts or obligations
82. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
83. The elections were handled in a timely and _____ manner.
- adj.* clean or organized in a neat, careful and logical way
84. In the _____ while we wait for the results, let's start working on the next project.
- n.* the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else
85. His _____ showed highly positive results.
- n.* the scientific test conducted to observe what happens and gain new knowledge
86. He devoted his life to establishing a humanitarian _____ fund.
- n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
87. Battles between whites and blacks _____ immediately.
- v.* (of a volcano) to become active and eject rocks, smoke, etc.; to start abruptly and violently
88. The actor's portrayal of the _____ in the horror movie was terrifying.
- n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful

ANSWERS: 81. foreclose, 82. brain, 83. orderly, 84. meantime, 85. experiments, 86. relief, 87. erupted, 88. demon

89. The government's _____ measures have resulted in widespread protests and discontent.
- n.* the state or condition of being stern, rigid, or uncompromising, or being simple or plain; an economic policy or measure that seeks to reduce government spending and debt
90. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.
- n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
91. The man _____ before opening the door.
- v.* to take a short break from talking or doing something before continuing
92. The wall was made of hard _____ that had been used for centuries.
- n.* a rectangular block of baked clay used as a building material
93. The sunset was so beautiful it looked like a _____ scene from a movie.
- adj.* of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way
94. He acted in _____ on her naked promises.
- n.* the state of depending on or needing something or someone
95. The _____ arts teacher instructed the students in self-defense techniques.
- adj.* relating to soldiers or the military; warlike or inclined towards war
96. The hospital keeps a _____ of patients' medical records.
- n.* an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object

ANSWERS: 89. austerity, 90. crisis, 91. paused, 92. bricks, 93. poetic, 94. reliance, 95. martial, 96. registry

97. Our plan includes a comprehensive marketing _____.

n. a detailed plan of action designed to achieve a long-term or overall goal.

98. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

99. The judge set _____ at \$20,000.

n. the temporary release of an accused person awaiting trial in exchange for a monetary deposit to ensure their appearance in court

100. The in-house system provided traineeships in _____ rehabilitation.

adj. of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job

101. The government should do more to _____ sustainable agribusiness.

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

102. We could _____ into town if you like.

v. to walk somewhere in a slow, relaxed way and with no apparent aim

103. The police _____ believed this explanation was plausible.

adv. based on what you have heard or read

104. The _____ dog helped keep the sheep in line and protect them from predators.

n. a person who tends and guards sheep, especially in a rural area

ANSWERS: 97. strategy, 98. statistics, 99. bail, 100. vocational, 101. promote, 102. stroll, 103. apparently, 104. shepherd's

105. Solar gravity creates _____ pressures and temperatures.

adj. very great in amount or degree

106. She was _____ by society because she had a child out of wedlock.

v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

107. There has been a gradual but steady rise in environmental _____.

n. the fact or state of knowing something exists and is important

108. He has _____ exercising because of a back injury sustained in an accident.

n. a condition or state that causes problems

109. This process caused an _____ chemical reaction.

adj. possessing or exerting or displaying energy

110. Many studies have investigated the relationship between _____ and academic achievement.

n. the condition of being extremely poor

111. We tend to choose _____ flights when we travel.

adj. without intermediate stops between source and destination

112. The deep sea _____ was unlike anything the scientists had ever seen before.

n. a living being, especially an animal

113. The manager tried to hear customers' voices _____.

adv. from the source; directly; (adjective) received directly from a source

ANSWERS: 105. extreme, 106. stigmatized, 107. awareness, 108. difficulty, 109. energetic, 110. poverty, 111. nonstop, 112. creature, 113. firsthand

114. The older man _____ from arthritis and finds it difficult to move around.

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

115. The museum offers a variety of _____ programs for children and adults.

adj. relating to education or providing knowledge or instruction

116. I'm not _____ in our victory.

adj. feeling sure about your abilities or qualities or having trust in people, plans, or the future

117. Her negative comments about the project only _____ the team's efforts.

v. to reduce the value or worth of something

118. The new prime minister has vowed to take measures against the _____ economic crisis.

adj. continuing to exist or develop, or currently happening

119. The ____ of the swamp made it difficult to walk through the field.

n. a soft, wet, sticky earth or clay

120. Humans and apes have _____ anatomical structures.

adj. able to link the similarities or differences with others; similar or equivalent to someone or something

121. The global community is undergoing _____ changes at present.

adj. radical and extreme; likely to have a significant or far-reaching impact

122. He left the party in _____ at its radical political stance.

n. a strong expression of disagreement, disapproval, or opposition

ANSWERS: 114. suffers, 115. educational, 116. confident, 117. devalued, 118. ongoing, 119. mud, 120. comparable, 121. drastic, 122. protest

123. The _____ inequality was unavoidable.

n. a large amount of money, property, or other things that someone or an organization owns

124. The hiker _____ through the dense forest, chopping his way with a machete.

v. to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously

125. They have been living near water since _____ times.

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

126. The government had to _____ national defense spending due to the recession.

v. to cut with a sharp object using a quick and robust movement

127. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

128. How did he _____ to your idea?

v. to take action in response to something

129. The _____ music helped to lift her spirits and put her in a good mood.

adj. positive, optimistic, or enthusiastic in attitude or outlook; having a lively or energetic rhythm or tempo, especially in music

130. They _____ the courtyard with bricks, giving it a more polished appearance.

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

ANSWERS: 123. wealth, 124. trudged, 125. ancient, 126. slash, 127. individual, 128. react, 129. upbeat, 130. paved

131. She gave us a categorical _____ of the scandal.

n. a statement that something is not true or does not exist

132. He quickly learned the military _____.

n. the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

133. The _____ of the city is reflected in its architecture.

n. the culture and traditions that are passed down from previous generations

134. The police are searching for the _____ who stole the jewels.

n. a person who has committed a crime

135. He has the ____ to keep talking about this topic.

n. the ability to say or write things or ideas in a clever and humorous way

136. The antique ____ was worth thousands of dollars.

n. a child's toy that typically represents a human figure, especially a young girl; an attractive woman; a woman who is subservient or passive

137. I'm attending a leadership _____ next week.

n. a group meeting or class for discussion, teaching, or training on a particular subject

138. The heavy snow has been _____ since last morning.

adj. occurring or existing without a pause or interruption

139. The teacher attempted to _____ the root cause of our mistake.

v. to think about in-depth and evaluate to discover essential features or meaning

ANSWERS: 131. denial, 132. discipline, 133. heritage, 134. criminal, 135. wit, 136. doll, 137. seminar, 138. continuous, 139. analyze

140. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.
adj. relating to or affecting the human spirit or soul as opposed to material or physical things
141. The _____ accident caused many injuries and some fatalities.
adj. having bad luck or fortune; unlucky
142. Many cultures have their _____ creatures and legends.
adj. based on or related to myths, legends, or folklore; existing only in tales or in the imagination
143. We _____ to achieve more wages and safer working conditions.
v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
144. Many people _____ from Ireland to America during the Great Famine.
v. to leave one's country or region to settle in another
145. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
146. My father was _____ for so long.
adj. not having a job, although able to work
147. Who answers _____ knows little.
adv. quickly and unexpectedly
148. The _____ of the dancers on stage was graceful and elegant.
n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 140. spiritual, 141. unfortunate, 142. mythical, 143. strike, 144. emigrated, 145. government, 146. unemployed, 147. suddenly, 148. movement

149. His hometown was where he first acquired the _____ of wood carving.

n. an activity that requires a particular skill in making things with one's hands

150. She waited for her daughter with _____.

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

151. University teaches the art of understanding the _____ of the matter.

n. the basic or most important part or quality of something that makes it what it is

152. Many countries provided a _____ to the private sector to minimize the economic impact of the coronavirus pandemic.

n. the provision of financial help to a corporation or country which is on the brink of bankruptcy

153. Her research team made an important _____.

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

154. The government's _____ policies prioritize free-market capitalism over social welfare programs.

adj. relating to a modern political and economic philosophy that emphasizes the promotion of free markets, limited government intervention, privatization, and deregulation

155. The economic downturn made it necessary to _____ the business.

v. to organize a company, business, or system in a new and different way to make it work more effectively

ANSWERS: 149. craft, 150. anxiety, 151. essence, 152. bailout, 153. discovery, 154. neo-liberal, 155. restructure