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All Words

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Session 1: Word List

alarm

n. a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

synonym : notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock

The **alarm** announcing an enemy attack went off this morning.

blare

v. to make a loud, harsh noise; to sound loudly and harshly

synonym : blast, screech, trumpet

(1) **blare** music, (2) **blare** a horn

The music **blared** from the car's open windows.

mutter

v. to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath

synonym : grumble, mumble, complain

(1) **mutter** in a low voice, (2) **mutter** to myself

He **muttered** under his breath about the job relocation.

frustrate

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

synonym : hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

embarrass

v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

stigmatize

v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
synonym: brand, mark, denounce

(1) **stigmatize** the deviant as criminal, (2) **stigmatize** him as a swindler

She was **stigmatized** by society because she had a child out of wedlock.

instability

n. the state of being unstable or uncertain and likely to change suddenly
synonym: imbalance, fluctuation, unstableness

(1) political **instability**, (2) **instability** in currency markets
Lack of sleep and overwork often lead to emotional **instability**.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd
She had a master's degree in **psychology**.

norm

n. something that is regarded as usual, typical, or standard
synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym: cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

narration

n. the act or process of telling a story; the relating of a story or account

synonym: story-telling, recital, account

(1) **narration** of events, (2) exaggerate in **narration**

His **narration** of the story was engaging and captivating.

differ

v. to be not like someone or something in some way

synonym: vary, diverge, disagree

(1) **differ** from the majority, (2) **differ** according to species

The two products **differed** in their quality and price.

imagery

n. the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events

synonym: metaphors, symbolism, imaging

(1) visual **imagery**, (2) satellite **imagery**

This movie is famous for its romantic **imagery**.

recall

v. to remember something

synonym: remember, retrieve, recollect

(1) **recall** the incident, (2) **recall** his name

She vividly **recalls** getting laid off several years ago.

specifically

adv. only associated with or meant for one thing

synonym : especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym : characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

verbal

adj. expressed in spoken rather than written words

synonym : speaking, lingual, oral

(1) **verbal** communication, (2) **verbal** abuse

The candidate must have excellent **verbal** skills.

facet

n. one of the many aspects or sides of a subject or situation, especially when seen from different angles or perspectives; a particular feature or characteristic of something

synonym : aspect, side, angle

(1) **facet** to a question, (2) important **facet**

The different **facets** of his personality make him a complex individual.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

gym

n. a place equipped for exercise and other physical training

synonym : fitness center, athletic club

(1) **gym** membership, (2) a **gym** suit
She went to the fully equipped **gym** to work out every day.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

hypothesize

v. to form or present a theory or explanation without sufficient evidence; to speculate

synonym : speculate, theorize, conjecture

(1) **hypothesize** as to outcomes, (2) **hypothesize** what could have happened

Scientists **hypothesize** that the new fish species evolved to survive in deep-sea environments.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym : feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

outward

adj. relating to the external appearance or surface of something; visible

synonym : external, surface, exterior

(1) an **outward** journey, (2) **outward** cheerfulness

The **outward** appearance of the building was impressive, but the inside was in dire need of repairs.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

morph

v. to change or cause to change something or someone smoothly and gradually from one thing to another

synonym: alter, modify, transform

(1) **morph** into a different shape, (2) **morph** into something entirely different

This company **morphed** into an enterprise company.

dialogue

n. a conversation in a book, play, or film

synonym: conversation, discussion, talk

(1) Platonic **dialogues**, (2) the form of a **dialogue**

He recorded the **dialogue** at the time of the incident.

internal

adj. of or relating to the inside of something

synonym: interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

motivate

v. to make someone want to do something, especially something that requires tremendous work and effort

synonym: boost, encourage, inspire

(1) **motivate** the students, (2) all ability to **motivate**

The ability to **motivate** people is a priceless asset.

rely

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or

succeed.

synonym : depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him
Babies heavily **rely** on others for food.

spontaneous

adj. happening or being done naturally, often unexpected way, without being made to happen

synonym : willing, impulsive, intuitive

(1) a **spontaneous** behavior, (2) **spontaneous** labor
The crowd broke out into **spontaneous** laughter.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded
He became **conscious** that he was being followed.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage
X-rays revealed a small tumor in his **brain**.

attitude

n. the way you think and feel about someone or something

synonym : mindset, perspective, philosophy

(1) **attitude** toward mistakes, (2) **attitude** control
She had the **attitude** that work was fun.

engaging

adj. attracting, pleasant, or charming

synonym : alluring, interesting, engrossing

(1) **engaging** story, (2) an **engaging** smile
She was disbarred for her **engaging** in fraud.

instruction

n. detailed direction, order, etc., on how to do or use something

synonym : education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**
They needed further **instruction** to perform their duties efficiently.

motivation

n. the reason or enthusiasm for acting or behaving in a particular way

synonym: inspiration, incentive, reason

(1) understand his **motivation**, (2) **motivation** for a change
A significant amount of **motivation** is required to be a teacher.

boost

v. to improve, raise, or increase something

synonym: raise, advance, promote

(1) **boost** the economy, (2) **boost** flexibility
The new service helped **boost** net income by 10%.

esteem

n. great respect and approval for or a good opinion of someone

synonym: respect, admiration, regard

(1) **esteem** for the other person, (2) boost my self- **esteem**
He is our loyal customer who should be held in high **esteem**.

tackle

v. to try to deal with a complex problem or situation

synonym: deal with, dive into, work on

(1) **tackle** the issue, (2) help **tackle** climate change
The government is determined to **tackle** sharp inflation.

collegiate

adj. relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience

synonym: collegial, university, academic

(1) **collegiate** sports, (2) **collegiate** education
The campus had a lively, **collegiate** atmosphere with many student activities and events.

incorporate

v. to include something as a part of a larger entity
synonym: contain, integrate, amalgamate

(1) **incorporate** the current trends, (2) **incorporate** technology into daily life

We will attempt to **incorporate** some of your suggestions into our future strategy.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym: attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

accuracy

n. the state or degree of being exact or correct; the ability to perform something with proficiency and without mistake

synonym: precision, exactness, truthfulness

(1) degree of **accuracy**, (2) the **accuracy** of his compass

To assure **accuracy**, I recommend investing in high-quality test kits.

regulate

v. to control something, especially by means of rules or laws

synonym: control, restrain, handle

(1) **regulate** blood sugar levels, (2) **regulate** our conduct

We must manage to **regulate** our expenditure.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym: destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

beneficial

adj. helpful, useful, or sound; promoting or enhancing well-being

synonym: useful, advantageous, fruitful

(1) a **beneficial** result, (2) **beneficial** to all countries
Laughing is **beneficial** to our health.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge
She waited for her daughter with **anxiety**.

induce

v. to persuade someone to do something; to cause to act in a specific manner

synonym: cause, encourage, persuade

(1) **induce** a crisis, (2) **induce** him to see a doctor
The lack of sleep **induces** both physical and psychological diseases.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number
The movie has received almost universally **negative** criticism.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**
Advocates for legal reform hear less harsh words from their **critics**.

occasionally

adv. now and then; sometimes but not often

synonym: periodically, sometimes, from time to time

(1) **occasionally** dine with friends, (2) **occasionally** change the routine
She still **occasionally** writes a short romance novel.

frequent

adj. happening constantly

synonym : periodic, recurring, routine

(1) **frequent** absence, (2) **frequent** use

His heartaches are less **frequent** now.

excessive

adj. greater than what seems necessary, normal, or desirable

synonym : unreasonable, exorbitant, inflated

(1) an **excessive** force, (2) take **excessive** care

It would be best if you did not demand such an **excessive** charge.

toxic

adj. of or relating to or caused by a poison; poisonous

synonym : poisonous, harmful, contaminated

(1) **toxic** molecule, (2) exposure to **toxic** chemicals

This chemical compound is a thousand-fold more **toxic**.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym : forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

constantly

adv. all the time

synonym : continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym : condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

ruminate

v. to think deeply about something; to ponder
synonym: ponder, meditate, contemplate

(1) **ruminate** about the past, (2) **ruminate** over a problem
After a long work day, she likes to **ruminate** on her accomplishments and plan for the next day.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms
This artwork is **typical** of her work.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym : antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym : approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

identify

v. to recognize someone or something and say or prove who or what they are

synonym : determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym : revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

replace

v. to take the place of something

synonym : substitute, supersede, displace

(1) **replace** one word with another, (2) **replace** a phone

Eventually, the new design will **replace** all older models.

neutral

adj. not helping or assisting either side in a conflict, argument, etc.

synonym : impartial, uninvolved, halfhearted

(1) permanently **neutral** country, (2) **neutral** colors

A legislative speaker should always be **neutral**.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym : empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

improve

v. to make or become better

synonym : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

Session 2: Spelling

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|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. give si___t consent | <i>adj.</i> without any or little sound |
| 2. the form of a di_____ue | <i>n.</i> a conversation in a book, play, or film |
| 3. a con_____ly varying mind | <i>adv.</i> all the time |
| 4. improve co_____ve function | <i>adj.</i> of or relating to mental processes of understanding |
| 5. an al__m clock | <i>n.</i> a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger |
| 6. occ_____lly dine with friends | <i>adv.</i> now and then; sometimes but not often |
| 7. an ex_____ve force | <i>adj.</i> greater than what seems necessary, normal, or desirable |
| 8. di___r according to species | <i>v.</i> to be not like someone or something in some way |
| 9. bl__e circumstances for the failure | <i>v.</i> to think or say that someone or something did something wrong or is responsible for something bad |
| 10. in___n civilians | <i>v.</i> to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria |
| 11. sti_____ze the deviant as criminal | <i>v.</i> to accuse, condemn, or openly or formally consider somebody or something as not deserving respect |

ANSWERS: 1. silent, 2. dialogue, 3. constantly, 4. cognitive, 5. alarm, 6. occasionally, 7. excessive, 8. differ, 9. blame, 10. intern, 11. stigmatize

12. in_____al organs *adj.* of or relating to the inside of something
13. visual im_____y *n.* the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events
14. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
15. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
16. pr_____t the future *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
17. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
18. pr_____t when she will arrive *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
19. to__c molecule *adj.* of or relating to or caused by a poison; poisonous
20. fr_____nt use *adj.* happening constantly
21. na_____on of events *n.* the act or process of telling a story; the relating of a story or account
22. permanently ne_____l country *adj.* not helping or assisting either side in a conflict, argument, etc.

ANSWERS: 12. internal, 13. imagery, 14. refer, 15. embarrass, 16. predict, 17. depression, 18. predict, 19. toxic, 20. frequent, 21. narration, 22. neutral

- | | |
|-----------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 23. a g_m suit | <i>n.</i> a place equipped for exercise and other physical training |
| 24. a ne____ve number | <i>adj.</i> having the quality of something bad or harmful; expressing refusal |
| 25. re___l the incident | <i>v.</i> to remember something |
| 26. en___e a new employee | <i>v.</i> to attract and keep someone's attention and interest; to participate in or obtain services of something |
| 27. hyp_____ze as to outcomes | <i>v.</i> to form or present a theory or explanation without sufficient evidence; to speculate |
| 28. in___e him to see a doctor | <i>v.</i> to persuade someone to do something; to cause to act in a specific manner |
| 29. the cy__e of the seasons | <i>n.</i> an interval during which a recurring sequence of events occurs; a bicycle or motorcycle |
| 30. re___l his name | <i>v.</i> to remember something |
| 31. cr__h a revolt | <i>v.</i> to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller |
| 32. r__y on convenience stores | <i>v.</i> to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed. |
| 33. th_____y for a patient | <i>n.</i> the act of caring for someone through medication, remedial training, etc. |
| 34. co_____us of having succeeded | <i>adj.</i> being aware of and able to respond to what is happening around you |

ANSWERS: 23. gym, 24. negative, 25. recall, 26. engage, 27. hypothesize, 28. induce, 29. cycle, 30. recall, 31. crush, 32. rely, 33. therapy, 34. conscious

35. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
36. en____ng story *adj.* attracting, pleasant, or charming
37. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
38. re____e a phone *v.* to take the place of something
39. an____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
40. individual ins_____on *n.* detailed direction, order, etc., on how to do or use something
41. a con_____ly innovative enterprise *adv.* all the time
42. exaggerate in na_____on *n.* the act or process of telling a story; the relating of a story or account
43. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
44. bl__e a horn *v.* to make a loud, harsh noise; to sound loudly and harshly
45. field of gene th____y *n.* the act of caring for someone through medication, remedial training, etc.
46. all ability to mo_____te *v.* to make someone want to do something, especially something that requires tremendous work and effort

ANSWERS: 35. engage, 36. engaging, 37. compassionate, 38. replace, 39. anxiety, 40. instruction, 41. constantly, 42. narration, 43. refer, 44. blare, 45. therapy, 46. motivate

47. develop in_____e itching *adj.* (especially of a feeling) very strong; extremely sharp or severe
48. ta___e the issue *v.* to try to deal with a complex problem or situation
49. hyp_____ze what could have happened *v.* to form or present a theory or explanation without sufficient evidence; to speculate
50. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
51. si___t reading *adj.* without any or little sound
52. fairly ty_____l symptoms *adj.* having the usual characteristics or traits of a specific group of things
53. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
54. an ou_____d journey *adj.* relating to the external appearance or surface of something; visible
55. severe cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
56. col_____te education *adj.* relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience
57. follow his ins_____ons *n.* detailed direction, order, etc., on how to do or use something
58. inc_____te the current trends *v.* to include something as a part of a larger entity
59. re_____te blood sugar levels *v.* to control something, especially by means of rules or laws

ANSWERS: 47. intense, 48. tackle, 49. hypothesize, 50. negative, 51. silent, 52. typical, 53. emotion, 54. outward, 55. critic, 56. collegiate, 57. instruction, 58. incorporate, 59. regulate

60. ty_____l leader *adj.* having the usual characteristics or traits of a specific group of things
61. id_____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
62. sti_____ze him as a swindler *v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
63. degree of ac_____cy *n.* the state or degree of being exact or correct; the ability to perform something with proficiency and without mistake
64. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
65. ve____l abuse *adj.* expressed in spoken rather than written words
66. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
67. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
68. ou_____d cheerfulness *adj.* relating to the external appearance or surface of something; visible
69. col_____te sports *adj.* relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience
70. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

ANSWERS: 60. typical, 61. identify, 62. stigmatize, 63. accuracy, 64. emotion, 65. verbal, 66. compassionate, 67. strategy, 68. outward, 69. collegiate, 70. anxiety

71. im_____e a process *v.* to make or become better
72. research on co_____ve psychology *adj.* of or relating to mental processes of understanding
73. psy_____gy experiment *n.* the scientific study of mind and behavior
74. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
75. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
76. bo__t flexibility *v.* to improve, raise, or increase something
77. in_____e heat *adj.* (especially of a feeling) very strong; extremely sharp or severe
78. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
79. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
80. bl__e music *v.* to make a loud, harsh noise; to sound loudly and harshly
81. ne_____l colors *adj.* not helping or assisting either side in a conflict, argument, etc.
82. the ac_____cy of his compass *n.* the state or degree of being exact or correct; the ability to perform something with proficiency and without mistake
83. mo_____te the students *v.* to make someone want to do something, especially something that requires tremendous work and effort

ANSWERS: 71. improve, 72. cognitive, 73. psychology, 74. conversation, 75. conversation, 76. boost, 77. intense, 78. blame, 79. define, 80. blare, 81. neutral, 82. accuracy, 83. motivate

96. r__y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
97. occ_____lly change the routine *adv.* now and then; sometimes but not often
98. understand his mot_____on *n.* the reason or enthusiasm for acting or behaving in a particular way
99. mu___r to myself *v.* to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath
100. ve___l communication *adj.* expressed in spoken rather than written words
101. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
102. his research area of
con_____ion *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
103. cr__h coffee beans *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
104. fr_____nt absence *adj.* happening constantly
105. Platonic di_____ues *n.* a conversation in a book, play, or film
106. mo__h into a different shape *v.* to change or cause to change something or someone smoothly and gradually from one thing to another
107. re_____e one word with another *v.* to take the place of something
108. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 96. rely, 97. occasionally, 98. motivation, 99. mutter, 100. verbal, 101. embarrass, 102. concentration, 103. crush, 104. frequent, 105. dialogue, 106. morph, 107. replace, 108. brain

109. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
110. in___e a crisis *v.* to persuade someone to do something; to cause to act in a specific manner
111. ru_____te about the past *v.* to think deeply about something; to ponder
112. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
113. the in_____al economy *adj.* of or relating to the inside of something
114. id_____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
115. satellite im_____y *n.* the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events
116. medical in___n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
117. give the al__m *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
118. for spe_____lly American customers *adv.* only associated with or meant for one thing

ANSWERS: 109. cycle, 110. induce, 111. ruminate, 112. brain, 113. internal, 114. identify, 115. imagery, 116. intern, 117. alarm, 118. specifically

119. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
120. at____de toward mistakes *n.* the way you think and feel about someone or something
121. cultural n__m *n.* something that is regarded as usual, typical, or standard
122. a spo_____us behavior *adj.* happening or being done naturally, often unexpected way, without being made to happen
123. ins_____ty in currency markets *n.* the state of being unstable or uncertain and likely to change suddenly
124. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
125. n__m of action *n.* something that is regarded as usual, typical, or standard
126. de____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
127. art cr____c *n.* someone who expresses opinions about the quality of books, music, etc.

ANSWERS: 119. develop, 120. attitude, 121. norm, 122. spontaneous, 123. instability, 124. depression, 125. norm, 126. develop, 127. critic

128. g_m membership *n.* a place equipped for exercise and other physical training
129. fr_____te other team members *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
130. con_____ion of armaments *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
131. boost my self-es___m *n.* great respect and approval for or a good opinion of someone
132. ru_____te over a problem *v.* to think deeply about something; to ponder
133. exposure to to__c chemicals *adj.* of or relating to or caused by a poison; poisonous
134. mot_____on for a change *n.* the reason or enthusiasm for acting or behaving in a particular way
135. ben_____al to all countries *adj.* helpful, useful, or sound; promoting or enhancing well-being
136. spo_____us labor *adj.* happening or being done naturally, often unexpected way, without being made to happen
137. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something
138. di___r from the majority *v.* to be not like someone or something in some way
139. fr_____te the advancement *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

ANSWERS: 128. gym, 129. frustrate, 130. concentration, 131. esteem, 132. ruminate, 133. toxic, 134. motivation, 135. beneficial, 136. spontaneous, 137. define, 138. differ, 139. frustrate

140. bo__t the economy *v.* to improve, raise, or increase something
141. political ins____ty *n.* the state of being unstable or uncertain and likely to change suddenly
142. at____de control *n.* the way you think and feel about someone or something
143. an en____ng smile *adj.* attracting, pleasant, or charming
144. important fa__t *n.* one of the many aspects or sides of a subject or situation, especially when seen from different angles or perspectives; a particular feature or characteristic of something
145. designed spe____lly for men *adv.* only associated with or meant for one thing
146. es__m for the other person *n.* great respect and approval for or a good opinion of someone

ANSWERS: 140. boost, 141. instability, 142. attitude, 143. engaging, 144. facet, 145. specifically, 146. esteem

Session 3: Fill in the Blanks

1. The prime minister canceled visits to other countries to resolve _____ disputes.

adj. of or relating to the inside of something

2. It would be best if you did not demand such an _____ charge.

adj. greater than what seems necessary, normal, or desirable

3. She had a master's degree in _____.

n. the scientific study of mind and behavior

4. The _____ appearance of the building was impressive, but the inside was in dire need of repairs.

adj. relating to the external appearance or surface of something; visible

5. She had the _____ that work was fun.

n. the way you think and feel about someone or something

6. This artwork is _____ of her work.

adj. having the usual characteristics or traits of a specific group of things

7. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

8. Lack of sleep and overwork often lead to emotional _____.

n. the state of being unstable or uncertain and likely to change suddenly

9. The campus had a lively, _____ atmosphere with many student activities and events.

adj. relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience

ANSWERS: 1. internal, 2. excessive, 3. psychology, 4. outward, 5. attitude, 6. typical, 7. conscious, 8. instability, 9. collegiate

10. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
11. The _____ announcing an enemy attack went off this morning.
n. a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
12. This movie is famous for its romantic _____.
n. the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events
13. Advocates for legal reform hear less harsh words from their _____.
n. someone who expresses opinions about the quality of books, music, etc.
14. Your _____ reflects your thoughts.
n. an informal talk between two or more people to exchange their views, ideas, information, etc.
15. Some _____ are common across cultures and backgrounds.
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
16. The navy _____ ships of defeated nations.
v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
17. Our plan includes a comprehensive marketing _____.
n. a detailed plan of action designed to achieve a long-term or overall goal.

ANSWERS: 10. norms, 11. alarm, 12. imagery, 13. critics, 14. conversation, 15. emotions, 16. interned, 17. strategy

18. Many multinational companies are _____ in the reconstruction of that country.
- v. to attract and keep someone's attention and interest; to participate in or obtain services of something
19. X-rays revealed a small tumor in his _____.
- n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
20. We must _____ a new system to streamline our workflow and increase efficiency.
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
21. The movie has received almost universally _____ criticism.
- adj. having the quality of something bad or harmful; expressing refusal
22. Please _____ to the instruction manual for further assistance.
- v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
23. After a long work day, she likes to _____ on her accomplishments and plan for the next day.
- v. to think deeply about something; to ponder
24. A significant amount of _____ is required to be a teacher.
- n. the reason or enthusiasm for acting or behaving in a particular way
25. Laughing is _____ to our health.
- adj. helpful, useful, or sound; promoting or enhancing well-being

ANSWERS: 18. engaged, 19. brain, 20. develop, 21. negative, 22. refer, 23. ruminate, 24. motivation, 25. beneficial

26. The car was completely _____ in the accident.

- v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

27. The candidate must have excellent _____ skills.

- adj.* expressed in spoken rather than written words

28. She vividly _____ getting laid off several years ago.

- v.* to remember something

29. She went to the fully equipped ____ to work out every day.

- n.* a place equipped for exercise and other physical training

30. He recorded the _____ at the time of the incident.

- n.* a conversation in a book, play, or film

31. This exam requires excellent _____ to pass.

- n.* the ability to focus all your time and energy on one thing without thinking about anything else.

32. They needed further _____ to perform their duties efficiently.

- n.* detailed direction, order, etc., on how to do or use something

33. She was disbarred for her _____ in fraud.

- adj.* attracting, pleasant, or charming

34. He _____ under his breath about the job relocation.

- v.* to speak or say something quietly and in a low voice; to make complaining remarks or noises under one's breath

ANSWERS: 26. crushed, 27. verbal, 28. recalls, 29. gym, 30. dialogue, 31. concentration, 32. instruction, 33. engaging, 34. muttered

35. The new service helped _____ net income by 10%.
v. to improve, raise, or increase something
36. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound
37. We must manage to _____ our expenditure.
v. to control something, especially by means of rules or laws
38. His _____ faculties were getting worse because of a lack of sleep.
adj. of or relating to mental processes of understanding
39. To advance this discussion, we must _____ "success" rigorously.
v. to state or explain precisely the nature, scope, or meaning of something
40. Eventually, the new design will _____ all older models.
v. to take the place of something
41. His heartaches are less _____ now.
adj. happening constantly
42. He looked for an opportunity to _____ that actor in public.
v. to cause someone to feel awkward, worried, or ashamed
43. The two products _____ in their quality and price.
v. to be not like someone or something in some way
44. His _____ of the story was engaging and captivating.
n. the act or process of telling a story; the relating of a story or account

ANSWERS: 35. boost, 36. silent, 37. regulate, 38. cognitive, 39. define, 40. replace, 41. frequent, 42. embarrass, 43. differed, 44. narration

45. We want to _____ ties between our two countries.

v. to make or become better

46. We will attempt to _____ some of your suggestions into our future strategy.

v. to include something as a part of a larger entity

47. She still _____ writes a short romance novel.

adv. now and then; sometimes but not often

48. The music _____ from the car's open windows.

v. to make a loud, harsh noise; to sound loudly and harshly

49. I underwent aversion _____ for my addiction to alcohol.

n. the act of caring for someone through medication, remedial training, etc.

50. The coach explained a strategy to _____ the opponent's schemes to the players.

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

51. The mobile application industry is _____ changing.

adv. all the time

52. The government is determined to _____ sharp inflation.

v. to try to deal with a complex problem or situation

53. This company _____ into an enterprise company.

v. to change or cause to change something or someone smoothly and gradually from one thing to another

ANSWERS: 45. improve, 46. incorporate, 47. occasionally, 48. blared, 49. therapy, 50. frustrate, 51. constantly, 52. tackle, 53. morphed

54. She waited for her daughter with _____.

- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

55. She was _____ by society because she had a child out of wedlock.

- v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

56. Scientists _____ that the new fish species evolved to survive in deep-sea environments.

- v.* to form or present a theory or explanation without sufficient evidence; to speculate

57. This ad campaign is aimed _____ at young women.

- adv.* only associated with or meant for one thing

58. The lack of sleep _____ both physical and psychological diseases.

- v.* to persuade someone to do something; to cause to act in a specific manner

59. It's notoriously challenging to _____ birth rates.

- v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience

60. I will introduce you to how to _____ the leading causes of the malfunction.

- v.* to recognize someone or something and say or prove who or what they are

61. He is our loyal customer who should be held in high _____.

- n.* great respect and approval for or a good opinion of someone

ANSWERS: 54. anxiety, 55. stigmatized, 56. hypothesize, 57. specifically, 58. induces, 59. predict, 60. identify, 61. esteem

62. That statement by the prime minister drew _____ international criticism.

adj. (especially of a feeling) very strong; extremely sharp or severe

63. My father has a serious and _____ personality.

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

64. _____ symptoms might include a decrease in appetite and weight loss.

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

65. We _____ our impeded progress on lack of money.

v. to think or say that someone or something did something wrong or is responsible for something bad

66. To assure _____ I recommend investing in high-quality test kits.

n. the state or degree of being exact or correct; the ability to perform something with proficiency and without mistake

67. Babies heavily _____ on others for food.

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

68. The food chain causes a material _____.

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

69. This chemical compound is a thousand-fold more _____.

adj. of or relating to or caused by a poison; poisonous

ANSWERS: 62. intense, 63. compassionate, 64. Depression, 65. blamed, 66. accuracy, 67. rely, 68. cycle, 69. toxic

70. The different _____ of his personality make him a complex individual.

- n.* one of the many aspects or sides of a subject or situation, especially when seen from different angles or perspectives; a particular feature or characteristic of something

71. The ability to _____ people is a priceless asset.

- v.* to make someone want to do something, especially something that requires tremendous work and effort

72. The crowd broke out into _____ laughter.

- adj.* happening or being done naturally, often unexpected way, without being made to happen

73. A legislative speaker should always be _____.

- adj.* not helping or assisting either side in a conflict, argument, etc.

ANSWERS: 70. facets, 71. motivate, 72. spontaneous, 73. neutral