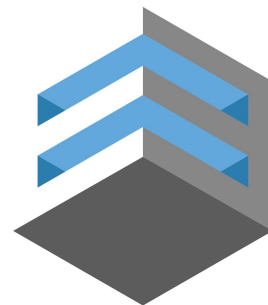


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Vocabulary Builder Reference from...

Shekinah Elmore: The courage to live with radical uncertainty | TED Talk

https://www.ted.com/talks/shekinah_elmore_the_courage_to_live_with_radical_uncertainty

Advanced Words Only

IMPORTANT

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Session 1: Word List

oncology

n. the branch of medicine that deals with the study and treatment of tumors, especially malignancies

synonym: cancer treatment, study of tumors

(1) **oncology** center, (2) modern **oncology** treatment

The pharmaceutical company unveiled its latest breakthrough drug for the **oncology** market.

terrify

v. to frighten someone very much

synonym: unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

metastatic

adj. used to describe cancer cells that have spread from the primary site of origin to other parts of the body through the bloodstream or lymphatic system

synonym: spreading, invasive, secondary

(1) **metastatic** disease, (2) **metastatic** spreading

Metastatic cancer has spread from its original site to other body parts.

incurable

adj. not able to be cured, healed, or remedied; beyond recovery or redemption

synonym: unrecoverable, irreparable, hopeless

(1) **incurable** patient, (2) **incurable** romantic

The patient was diagnosed with an **incurable** disease and given only a few months to live.

biopsy

n. the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease

synonym: examination, autopsy

(1) **biopsy** of bone marrow, (2) liquid **biopsy**

The doctor performed an excisional breast **biopsy**.

visceral

adj. relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses

synonym: instinctive, intuitive, gut

(1) **visceral** organ, (2) **visceral** fear

After watching the horror movie, she had a **visceral** reaction and couldn't sleep all night.

forego

v. to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation

synonym: antecede, precede, relinquish

(1) **forego** dessert, (2) **forego** the privilege

The company decided to **forego** the expensive advertising campaign and instead rely on word of mouth.

onslaught

n. a fierce or violent attack; a sudden and intense outburst of something, usually negative

synonym: attack, assault, charge

(1) **onslaught** of criticism, (2) urban **onslaught**

The village was unprepared for the sudden **onslaught** of the enemy army.

defer

v. to delay or hold back something until a later time; to refer to another source of authority

synonym: postpone, delay, hold off

(1) **defer** decision, (2) **defer** payment

I have to **defer** the meeting until next week.

chemo

n. short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells

synonym: chemotherapy, antineoplastic

(1) **chemo** patient, (2) **chemo-radiotherapy**

The side effects of **chemo**, such as nausea and hair loss, were a major concern for the patient.

indecision

n. the inability to make a decision; a state of uncertainty or hesitation

synonym: hesitation, vacillation, ambivalence

(1) **indecision** syndrome, (2) career **indecision**

The manager's **indecision** caused delays in the project.

pretended

adj. feigned or not genuine; assumed or simulated

synonym: feigned, assumed, simulated

(1) **pretended** illness, (2) make a **pretended** purchase

His **pretended** interest soon caught everyone's attention.

rhabdomyosarcoma

n. a cancerous tumor that develops from skeletal muscle cells, commonly affects children and adolescents

synonym: cancer, tumor, sarcoma

(1) **rhabdomyosarcoma** treatment, (2) pediatric

rhabdomyosarcoma

The symptoms of **rhabdomyosarcoma** include pain, swelling, and difficulty moving affected muscles.

recur

v. to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness

synonym: reappear, repeat, come back

(1) **recur** repeatedly, (2) **recur** after appropriate treatment

I always have nightmares that **recur** occasionally and prevent me from getting a good night's sleep.

grit *n.* very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles

synonym: determination, fortitude, courage

(1) **grit** determination, (2) **grit** washer

She has a lot of **grit** and determination to succeed.

skew *v.* to turn or place at an angle; to make biased or distorted with the result that it is not accurate, fair, normal, etc.

synonym: slant, tilt, distort

(1) **skew** the message, (2) **skew** social values

The results of the poll are **skewed** because it only surveyed a small group of people.

numb *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

unspeakable *adj.* too terrible, shocking, or distressing to speak about
synonym: unspeakably horrible, indescribable, unutterable

(1) **unspeakable** crime, (2) **unspeakable** pain

The survivors of the plane crash could only describe the **unspeakable** horror of the experience.

fathomable *adj.* able to be understood or comprehended; able to be measured or explored to a certain depth

synonym: understandable, comprehensible, intelligible

(1) **fathomable** explanation, (2) **fathomable** solution

The scientific theories presented in the book were **fathomable** even to non-experts.

devastation *n.* the act of causing great destruction or damage, often on a large scale

synonym: destruction, ruin, havoc

(1) financial **devastation**, (2) **devastation** to life

The economic recession caused **devastation** in the housing market, with many people losing their homes.

paramount

adj. more important than anything else; having superior power and influence or the highest position

synonym: central, major, crucial

(1) the lord **paramount**, (2) **paramount** to all the others

This country became a country of **paramount** geostrategic importance to us.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

situ

adj. short for "situated," meaning located or placed in a particular position or circumstance

synonym: situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

retrospect

n. a review or analysis of past events, particularly to gain insight or understanding; a consideration of something that has already occurred or been accomplished

synonym: review, hindsight, contemplation

(1) **retrospect** review, (2) with hindsight **retrospect**

In **retrospect**, I wish I had made a different decision.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

slippery

adj. difficult to hold firmly or stand on because it is wet or smooth; not to be trusted

synonym: smooth, glistening, furtive

(1) a **slippery** customer, (2) **slippery** ice

How extraordinarily **slippery** a liar the camera is.

prognosis

n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

synonym: prospect, forecast, diagnosis

(1) **prognosis** of cancer, (2) poor **prognosis**

The doctor gave a positive **prognosis** for her recovery from the illness.

animate

v. to make something full of interest and energy

synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

Session 2: Spelling

- | | |
|--------------------------|---|
| 1. sl____ry ice | <i>adj.</i> difficult to hold firmly or stand on because it is wet or smooth; not to be trusted |
| 2. traditional me_____al | <i>adj.</i> of or relating to the treatment or cure of disease |
| 3. ret_____ct review | <i>n.</i> a review or analysis of past events, particularly to gain insight or understanding; a consideration of something that has already occurred or been accomplished |
| 4. de__r payment | <i>v.</i> to delay or hold back something until a later time; to refer to another source of authority |
| 5. liquid bi___y | <i>n.</i> the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease |
| 6. the lord pa_____nt | <i>adj.</i> more important than anything else; having superior power and influence or the highest position |
| 7. urban on_____ht | <i>n.</i> a fierce or violent attack; a sudden and intense outburst of something, usually negative |
| 8. bi___y of bone marrow | <i>n.</i> the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease |

ANSWERS: 1. slippery, 2. medicinal, 3. retrospect, 4. defer, 5. biopsy, 6. paramount, 7. onslaught, 8. biopsy

- | | |
|------------------------------|---|
| 9. ch__o patient | <i>n.</i> short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells |
| 10. on_____ht of criticism | <i>n.</i> a fierce or violent attack; a sudden and intense outburst of something, usually negative |
| 11. pa_____ze a city | <i>v.</i> to cause a person or part of the body to become unable to move or feel |
| 12. ex-s__u conservation | <i>adj.</i> short for "situated," meaning located or placed in a particular position or circumstance |
| 13. dev_____on to life | <i>n.</i> the act of causing great destruction or damage, often on a large scale |
| 14. g__t determination | <i>n.</i> very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles |
| 15. the threats te_____y him | <i>v.</i> to frighten someone very much |
| 16. an_____e his soul | <i>v.</i> to make something full of interest and energy |
| 17. fo___o the privilege | <i>v.</i> to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation |
| 18. me_____al chemistry | <i>adj.</i> of or relating to the treatment or cure of disease |
| 19. a sl_____ry customer | <i>adj.</i> difficult to hold firmly or stand on because it is wet or smooth; not to be trusted |

ANSWERS: 9. chemo, 10. onslaught, 11. paralyze, 12. situ, 13. devastation, 14. grit, 15. terrify, 16. animate, 17. forego, 18. medicinal, 19. slippery

- | | |
|---------------------------|--|
| 20. poor pr_____is | <i>n.</i> the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments |
| 21. ch__o-radiotherapy | <i>n.</i> short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells |
| 22. op_____ne occasion | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose |
| 23. career ind_____on | <i>n.</i> the inability to make a decision; a state of uncertainty or hesitation |
| 24. pediatric rha_____oma | <i>n.</i> a cancerous tumor that develops from skeletal muscle cells, commonly affects children and adolescents |
| 25. in-s__u control | <i>adj.</i> short for "situated," meaning located or placed in a particular position or circumstance |
| 26. s__w the message | <i>v.</i> to turn or place at an angle; to make biased or distorted with the result that it is not accurate, fair, normal, etc. |
| 27. uns_____le pain | <i>adj.</i> too terrible, shocking, or distressing to speak about |
| 28. pr_____is of cancer | <i>n.</i> the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments |

ANSWERS: 20. prognosis, 21. chemo, 22. opportune, 23. indecision, 24. rhabdomyosarcoma, 25. situ, 26. skew, 27. unspeakable, 28. prognosis

- | | |
|-------------------------------|---|
| 29. an____e the body | <i>v.</i> to make something full of interest and energy |
| 30. modern on____gy treatment | <i>n.</i> the branch of medicine that deals with the study and treatment of tumors, especially malignancies |
| 31. a n__b mind | <i>adj.</i> unable to feel physical sensation and movement; not showing human feeling or sensitivity |
| 32. pa____ze a person | <i>v.</i> to cause a person or part of the body to become unable to move or feel |
| 33. fo____o dessert | <i>v.</i> to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation |
| 34. pr____ed illness | <i>adj.</i> feigned or not genuine; assumed or simulated |
| 35. with hindsight ret____ct | <i>n.</i> a review or analysis of past events, particularly to gain insight or understanding; a consideration of something that has already occurred or been accomplished |
| 36. de__r decision | <i>v.</i> to delay or hold back something until a later time; to refer to another source of authority |
| 37. fat____le solution | <i>adj.</i> able to be understood or comprehended; able to be measured or explored to a certain depth |
| 38. in____le patient | <i>adj.</i> not able to be cured, healed, or remedied; beyond recovery or redemption |

ANSWERS: 29. animate, 30. oncology, 31. numb, 32. paralyze, 33. forego, 34. pretended, 35. retrospect, 36. defer, 37. fathomable, 38. incurable

- | | |
|---------------------------------------|--|
| 39. an op_____ne remark | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose |
| 40. fat_____le explanation | <i>adj.</i> able to be understood or comprehended; able to be measured or explored to a certain depth |
| 41. financial dev_____on | <i>n.</i> the act of causing great destruction or damage, often on a large scale |
| 42. rha_____oma treatment | <i>n.</i> a cancerous tumor that develops from skeletal muscle cells, commonly affects children and adolescents |
| 43. re__r after appropriate treatment | <i>v.</i> to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness |
| 44. n__b with cold | <i>adj.</i> unable to feel physical sensation and movement; not showing human feeling or sensitivity |
| 45. on_____gy center | <i>n.</i> the branch of medicine that deals with the study and treatment of tumors, especially malignancies |
| 46. pa_____nt to all the others | <i>adj.</i> more important than anything else; having superior power and influence or the highest position |
| 47. vi_____al organ | <i>adj.</i> relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses |
| 48. g__t washer | <i>n.</i> very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles |

ANSWERS: 39. opportune, 40. fathomable, 41. devastation, 42. rhabdomyosarcoma, 43. recur, 44. numb, 45. oncology, 46. paramount, 47. visceral, 48. grit

- | | |
|-------------------------------|--|
| 49. uns_____le crime | <i>adj.</i> too terrible, shocking, or distressing to speak about |
| 50. s__w social values | <i>v.</i> to turn or place at an angle; to make biased or distorted with the result that it is not accurate, fair, normal, etc. |
| 51. in_____le romantic | <i>adj.</i> not able to be cured, healed, or remedied; beyond recovery or redemption |
| 52. make a pr_____ed purchase | <i>adj.</i> feigned or not genuine; assumed or simulated |
| 53. met_____ic disease | <i>adj.</i> used to describe cancer cells that have spread from the primary site of origin to other parts of the body through the bloodstream or lymphatic system |
| 54. ind_____on syndrome | <i>n.</i> the inability to make a decision; a state of uncertainty or hesitation |
| 55. vi_____al fear | <i>adj.</i> relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses |
| 56. te_____y people | <i>v.</i> to frighten someone very much |
| 57. re__r repeatedly | <i>v.</i> to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness |
| 58. met_____ic spreading | <i>adj.</i> used to describe cancer cells that have spread from the primary site of origin to other parts of the body through the bloodstream or lymphatic system |

ANSWERS: 49. unspeakable, 50. skew, 51. incurable, 52. pretended, 53. metastatic, 54. indecision, 55. visceral, 56. terrify, 57. recur, 58. metastatic

ANSWERS:

Session 3: Fill in the Blanks

1. After watching the horror movie, she had a _____ reaction and couldn't sleep all night.

adj. relating to or affecting the internal organs; instinctive or emotional rather than rational; characterized by deep-seated emotional reactions or responses

2. The survivors of the plane crash could only describe the _____ horror of the experience.

adj. too terrible, shocking, or distressing to speak about

3. How extraordinarily _____ a liar the camera is.

adj. difficult to hold firmly or stand on because it is wet or smooth; not to be trusted

4. The pharmaceutical company unveiled its latest breakthrough drug for the _____ market.

n. the branch of medicine that deals with the study and treatment of tumors, especially malignancies

5. The company decided to _____ the expensive advertising campaign and instead rely on word of mouth.

v. to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation

6. Melanoma in _____ is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

adj. short for "situated," meaning located or placed in a particular position or circumstance

7. The symptoms of _____ include pain, swelling, and difficulty moving affected muscles.

n. a cancerous tumor that develops from skeletal muscle cells, commonly affects children and adolescents

ANSWERS: 1. visceral, 2. unspeakable, 3. slippery, 4. oncology, 5. forego, 6. situ, 7. rhabdomyosarcoma

8. The scientific theories presented in the book were _____ even to non-experts.

adj. able to be understood or comprehended; able to be measured or explored to a certain depth

9. In _____ I wish I had made a different decision.

n. a review or analysis of past events, particularly to gain insight or understanding; a consideration of something that has already occurred or been accomplished

10. The patient was diagnosed with an _____ disease and given only a few months to live.

adj. not able to be cured, healed, or remedied; beyond recovery or redemption

11. The _____ properties of this herb have been known to help with various ailments.

adj. of or relating to the treatment or cure of disease

12. The doctor gave a positive _____ for her recovery from the illness.

n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

13. His _____ interest soon caught everyone's attention.

adj. feigned or not genuine; assumed or simulated

14. The results of the poll are _____ because it only surveyed a small group of people.

v. to turn or place at an angle; to make biased or distorted with the result that it is not accurate, fair, normal, etc.

ANSWERS: 8. fathomable, 9. retrospect, 10. incurable, 11. medicinal, 12. prognosis, 13. pretended, 14. skewed

15. The positive attitude of the supervisor _____ the discussion.
v. to make something full of interest and energy
16. _____ cancer has spread from its original site to other body parts.
adj. used to describe cancer cells that have spread from the primary site of origin to other parts of the body through the bloodstream or lymphatic system
17. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
18. The manager's _____ caused delays in the project.
n. the inability to make a decision; a state of uncertainty or hesitation
19. The economic recession caused _____ in the housing market, with many people losing their homes.
n. the act of causing great destruction or damage, often on a large scale
20. I always have nightmares that _____ occasionally and prevent me from getting a good night's sleep.
v. to happen repeatedly or occur again from time to time; to come back or return to one's mind or awareness
21. The side effects of _____ such as nausea and hair loss, were a major concern for the patient.
n. short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells
22. She has a lot of _____ and determination to succeed.
n. very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles

ANSWERS: 15. animated, 16. Metastatic, 17. opportune, 18. indecision, 19. devastation, 20. recur, 21. chemo, 22. grit

23. The doctor performed an excisional breast _____.
n. the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease
24. The village was unprepared for the sudden _____ of the enemy army.
n. a fierce or violent attack; a sudden and intense outburst of something, usually negative
25. My left arm became _____.
adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity
26. This country became a country of _____ geostrategic importance to us.
adj. more important than anything else; having superior power and influence or the highest position
27. It would be best not to _____ your associates into doing complex tasks.
v. to frighten someone very much
28. The venom from the snake bite _____ his arm.
v. to cause a person or part of the body to become unable to move or feel
29. I have to _____ the meeting until next week.
v. to delay or hold back something until a later time; to refer to another source of authority

ANSWERS: 23. biopsy, 24. onslaught, 25. numb, 26. paramount, 27. terrify, 28. paralyzed, 29. defer