

Englist.me



Vocabulary Builder Reference from...

Leah Garcés: A lesson in turning adversaries into allies | TED Talk

https://www.ted.com/talks/leah_garces_a_lesson_in_turning_adversaries_into_allies

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

devote

v. to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

synonym: commit, dedicate, apply

(1) **devote** all of my energies, (2) **devote** my own life

He **devoted** himself to studying the history of ancient civilizations.

yearn

v. to strongly desire or long for something

synonym: long, desire, crave

(1) **yearn** after my old days, (2) **yearn** for love

She **yearned** for the days when things were simpler.

poorest

adj. having the least wealth or resources

synonym: impecunious, penniless, least

(1) **poorest** of the poor, (2) **poorest** area

The **poorest** countries in the world often have the highest rates of malnutrition.

county

n. an administrative division of a country or state, typically one of several comprising a larger division

synonym: district, region, territory

(1) **county** seat, (2) throughout the **county**

The **county's** population has been increasing rapidly in recent years.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

quarter

n. one of four equal parts; a fourth part or portion

synonym: fourth, one-fourth

(1) a **quarter** mile, (2) end of the first **quarter**

The unemployment rate in the first **quarter** was 2.3 percentage points higher than in the previous.

flock

n. a gathering of sheep, goats, or birds

synonym: herd, crowd, assembly

(1) **flock** of sheep, (2) **flock** of spectator

When a **flock** of birds flies in, the hunt begins.

increment

n. a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important

synonym: increase, expansion, addendum

(1) steady **incremental** growth, (2) small **increments**

The bid **increment** for this auction is \$100.

mortgage

n. a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time

with interest; the legal agreement governing this loan
synonym : home loan, loan, lien

(1) **mortgage** payment, (2) fixed-rate **mortgage**

They were able to purchase their dream home with a **mortgage** from the bank.

wall-to-wall

adj. covering or extending from one wall to another;
all-encompassing; including everything; continuous and
unbroken

synonym : carpeted, covered, saturated

(1) **wall-to-wall** coverage, (2) **wall-to-wall** bookshelves

I want a **wall-to-wall** carpet for my living room to make it look cozy and comfortable.

feces

n. waste matter eliminated from the bowels; excrement

synonym : poop, stool, excrement

(1) **feces** sample, (2) human **feces**

Proper disposal of **feces** is essential for maintaining public health and sanitation.

ammonia

n. a compound of nitrogen and hydrogen that forms a gas with a strong smell, used as cleaning substances, fertilizers, and explosives

(1) **ammonia** water, (2) inhale **ammonia** fumes

The advent of **ammonia** fertilizers markedly increased agricultural productivity.

laden

adj. heavily loaded or burdened

synonym : loaded, weighed down, heavy

(1) a **laden** ship, (2) water- **laden** soil

The traffic- **laden** street was gridlocked during rush hour, with cars moving at a snail's pace.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym :

toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

indenture

n. a legal agreement between two parties, typically a contract of apprenticeship or a deed of conveyance, that is written in duplicate or triplicate and separated by indentations to prevent fraud or alteration and is often used to bind a person to a specific job or service

synonym: contract, covenant, agreement

(1) **indenture** agreement, (2) legal **indenture**

The legal contract included an **indenture** that stipulated the responsibilities of each party.

servant

n. a person who performs duties for others, especially a person employed in a house on domestic duties or as a personal attendant

synonym: attendant, helper, assistant

(1) **servant** of God, (2) fellow **servant**

The faithful **servant** had been working for the family for many years and was well-trusted.

despair

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

synonym: dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

unjust

adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

synonym: unfair, inequitable

(1) **unjust** verdict, (2) **unjust** accusation

The ruling was considered **unjust** by many people in the community.

unfair

adj. not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception

synonym: wrongful, biased, dishonest

(1) **unfair** employment practices, (2) have an **unfair** advantage

In a democracy, it is necessary to monitor the judiciary to see if it is making **unfair** decisions.

filthy

adj. dirty or unclean, often to an extreme or offensive degree; morally offensive or obscene

synonym: dirty, grimy, soiled

(1) **filthy** streets, (2) **filthy** language

The hotel room was **filthy** with dirty sheets and stained carpets.

cruel

adj. feeling or showing pleasure in causing pain or suffering to others

synonym: heartless, sadistic, vicious

(1) a **cruel** and unusual punishment, (2) **cruel** joke

The dictator was known for his **cruel** and oppressive regime.

slaughter

n. the killing of a large number of animals or people brutally and indiscriminately; a violent and bloody event that results in the death of many individuals

synonym: thrashing, massacre, carnage

(1) **slaughter** of animals, (2) senseless **slaughter**

The **slaughter** of endangered animals must be stopped.

cage

n. a structure made of metal bars or wire in which birds or animals can be kept

synonym: enclosure, jail, corral

(1) an insect **cage**, (2) a bird in a **cage**

The trapped bear is running amok in its **cage**.

warehouse

n. a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops

synonym : storage, repository, depot

(1) a rental **warehouse**, (2) **warehouse** debt

The fire ruined all the food stored in the **warehouse**.

agriculture

n. the practice or science of cultivating the land or raising stock

synonym : farming, husbandry, agribusiness

(1) organic **agriculture**, (2) intensive **agriculture**

Agriculture is the foundation of our economy.

greenhouse

n. a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

synonym : conservatory

(1) exotic plants in a **greenhouse**, (2) emissions of **greenhouse** gases

The **greenhouse** effect is a phenomenon that happens naturally.

emission

n. the act of production or sending out gas, heat, light, etc.

synonym : emanation, radiation, discharge

(1) global **emissions** of greenhouse gases, (2) the **emission** of light

There are five distinct **emissions** at five unique wavelengths.

automobile

n. a road vehicle that has four wheels and is powered by an engine, used for transporting people or goods

synonym : car, vehicle, motorcar

(1) driverless **automobile**, (2) **automobile** insurance

The **automobile** industry is a major contributor to air pollution in cities.

arable

adj. relating to land that is suitable for growing crops; capable of being plowed and used for agriculture

synonym : cultivable, tillable, farmable

(1) **arable** soil, (2) **arable** farming

The **arable** land in the valley was ideal for growing wheat and

corn.

spray

n. a fine mist of liquid that is dispersed into the air; flower arrangement consisting of a single branch or shoot bearing flowers and foliage

synonym : mist, aerosol, atomizer

(1) a **spray** of mist, (2) an insect **spray**

The artist used a **spray** paint can to create a graffiti mural on the wall.

immeasurable

adj. too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms

synonym : boundless, limitless, endless

(1) **immeasurable** joy, (2) **immeasurable** loss

The impact of climate change on the planet is **immeasurable**.

chemical

adj. relating to or connected with chemistry;

synonym : chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

ecology

n. the study of the relationships between living organisms, including humans, and their physical environment

(1) science of **ecology**, (2) the **ecology** of the island

Many companies are now enthusiastically embracing the knowledge of **ecology** for sustainable development.

unlikely

adj. not probable or likely to happen

synonym : doubtful, questionable, far-fetched

(1) **unlikely** event, (2) it is **unlikely** that he would win the game

The passage of the bill is **unlikely**.

polar

adj. relating to, or close to, the North or South Pole; characterized by complete opposites

synonym : opposing, contrary, contrasting

(1) **polar** bears, (2) **polar** regions

Polar animals are graceful and efficient swimmers.

orangutan

n. a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits

(1) **orangutan** arm, (2) female **orangutan**

The researcher found new species of **orangutan** on the island.

lifetime

n. the duration of someone's life or something's existence;
synonym: lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport

She had lived through two world wars in her **lifetime**.

amphibian

n. a cold-blooded animal that can live both on land and in water

synonym: frog, toad, salamander

(1) **amphibian** species, (2) **amphibian** habitat

Scientists are concerned about the rapid decline in **amphibian** populations around the world.

reptile

n. a cold-blooded animal that has dry, scaly skin and lays eggs on land, such as snakes, lizards, and turtles

synonym: lizard, serpent, snake

(1) **reptile** exhibition, (2) fossil **reptile**

Alligators are a type of **reptile** that live in swamps and rivers.

mammal

n. any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body

(1) a primitive **mammal**, (2) a sort of **mammal**

Marine **mammal** populations are declining worldwide due to ocean pollution.

halve

v. to divide something into two equal parts; to reduce something by half its original amount or size

synonym: reduce by half, cut in half, split

(1) **halve** the price, (2) **halve** the workload
I need to **halve** the recipe to make just enough for two people.

culprit

n. someone who is responsible for a crime or wrongdoing
synonym: criminal, felon, fugitive

(1) the **culprit** of global warming, (2) the arrest of the **culprit**
They finally found the **culprit** of the bug after a long time.

appetite

n. a natural desire or craving for food or drink; a strong desire or liking for something
synonym: hunger, appetite, craving

(1) **appetite** suppression, (2) loss of **appetite**
After a long hike, I had a huge **appetite** and devoured my meal in minutes.

dairy

n. a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
synonym: creamery, farm

(1) low-fat **dairy**, (2) imported **dairy** product
The **dairy** industry is a significant contributor to the economy.

villain

n. a character in a story, movie, or play which often opposes the hero, typically characterized as immoral, evil, or cruel
synonym: scoundrel, rogue, antagonist

(1) evil **villain**, (2) authoritarian **villain**
The **villain** in the movie was a complex character with a tragic backstory.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad
synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

trap *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
synonym: catch, snare, pincfall
(1) set a **trap**, (2) **trap** an animal
The enemy fell right into the **trap**.

midday *n.* noon; twelve o'clock in the middle of the day
synonym: noon, meridian, noontime
(1) **midday** meal, (2) **midday** glare of the sun
We usually have a lunch meeting at **midday**.

dusk *n.* the period of the day just before nightfall when the light begins to fade; the darker part of twilight
synonym: twilight, gloaming, sundown
(1) **dusk** sky, (2) **dusk** falls
The sky turned a beautiful orange hue at **dusk**.

suddenly *adv.* quickly and unexpectedly
synonym: abruptly, unexpectedly, unawares
(1) **suddenly** attacked by an enemy, (2) die **suddenly**
Who answers **suddenly** knows little.

overpower *v.* to conquer or establish complete control over someone by using superior strength
synonym: overwhelm, conquer, surpass
(1) **overpower** the suspect, (2) **overpower** the opponent
The shooter was eventually **overpowered** and arrested by police.

tense *adj.* unable to relax because of being nervous or worried; stretched tight or rigid
synonym: tight, stretched, strained
(1) **tense** atmosphere, (2) have a **tense** face

This story makes me **tense**.

cough

v. to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound

synonym: hack, clear throat, wheeze

(1) **cough** several times, (2) persistent **cough**

I can't stop **coughing** and think I might have caught a cold.

overwhelm

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

synonym: conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

discomfort

n. a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain

synonym: affliction, despair, ache

(1) endure **discomfort** and pain, (2) **discomfort** in the abdomen

He felt no **discomfort** as the dentist drilled his deadened tooth.

hatch

v. to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage

synonym: incubate, breed, produce

(1) **hatch** a plan, (2) **hatch** a baby chick

The eggs began to **hatch**, and the small chicks emerged.

chick

n. a baby bird, especially a young chicken

synonym: biddy, fledgling, nestling

(1) baby **chick**, (2) **chick** sorting

The majority of the **chicks** are raised on local family farms.

nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**

I've been thinking all day and getting **nowhere**.

filmmaker

n. a person who makes films, typically as a profession

synonym: director, producer, cinematographer

(1) non-fiction **filmmaker**, (2) a successful **filmmaker**

The renowned **filmmaker** won several awards for his latest film.

mess

n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

synonym: disarray, confusion, predicament

(1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

difficulty

n. a condition or state that causes problems

synonym: hardship, complication, problem

(1) the degree of **difficulty**, (2) **difficulty** in breathing

He has **difficulty** exercising because of a back injury sustained in an accident.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

risky

adj. involving the possibility of danger, failure, or loss

synonym : dangerous, perilous, scary

(1) change **risky** behavior, (2) a **risky** enterprise

It is extremely **risky** to sail in such a storm.

sue

v. to claim a person or organization, especially by filing a legal claim for money or redress

synonym : accuse, plead, file

(1) **sue** a company for damages, (2) **sue** my boss for harassment

He planned to **sue** the organization for negligence.

viral

adj. relating to or caused by a virus

(1) fight **viral** infections, (2) detect a **viral** code

This device can more accurately detect **viral** pathogens.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym : stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise

The speaker mounted the **platform** and started to speak.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

uncomfortable

adj. providing or feeling physical discomfort or slight pain

synonym : comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

poultry

n. domesticated birds kept by humans for their eggs, meat, or feathers

synonym: fowl, chicken, birds

(1) **poultry** farming, (2) a **poultry** walk

The **poultry** farm raised chickens and turkeys for meat and eggs.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

negotiate

v. to have formal discussions with someone to reach an agreement

synonym: discuss, mediate, bargain

(1) **negotiate** a settlement, (2) **negotiate** the price of the house

We are always happy to **negotiate** a discount.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym : direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym : ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

headquarter

n. the central office or location from which a business or organization is managed

synonym : base, center, command

(1) administrative **headquarter**, (2) an emergency **headquarter**

The company decided to move its **headquarters** to New York City.

corridor

n. a hallway or passageway, especially one connecting rooms or areas within a building or structure

synonym : hallway, passageway, aisle

(1) walk along a **corridor**, (2) air **corridor**

The long **corridor** was filled with people rushing to get to their rooms before the meeting began.

peek

n. a quick or furtive look; (verb) to take a quick and secret look at something

synonym : glimpse, look, glance

(1) sneak **peek**, (2) **peek** at others' misfortune

She took a quick **peek** inside the box before closing it again.

cubicle

n. a small, partitioned area or booth intended for working or studying, often in an office or educational setting

synonym : compartment, booth, workspace

(1) **cubicle** partition, (2) camping **cubicle**

I worked in an office **cubicle** surrounded by walls and fluorescent lights.

boardroom

n. a room where the board of directors of a company or organization meets

synonym: meeting room, conference room, executive room

(1) **boardroom** meeting, (2) **boardroom** decision

The corporate **boardroom** was filled with tense silence as the CEO presented the new plan.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym: throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

laptop

n. a portable computer that is small enough to be carried around easily and used on your lap

(1) bring my **laptop**, (2) thin-and-light **laptop**

I need to finish this report by tonight, so I'll be working on my **laptop** all day.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym: ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

tilt

v. to incline or bend from a vertical position; (noun) the act of inclining or the state of being inclined or leaning to one side

synonym: incline, slant, lean

(1) on the **tilt**, (2) **tilt** a chair

She **tilted** her head to the side, indicating she was listening.

lean

adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture

synonym : skinny, slender, (verb) slant

(1) a **lean** horse, (2) **lean** athletic figure

Lean operational improvements often lead to better environmental performance.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

synonym : accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

babble

n. the sound of many people speaking simultaneously; meaningless talk or speech

synonym : drivel, gabble, gibberish

(1) the **babble** of a crowd, (2) mindless **babble**

Please avoid using excessive jargon or too much technological **babble**.

adoption

n. the action or fact of legally taking another's child as one's own; the act of accepting with approval

synonym : fostering, acceptance, custody

(1) **adoption** assistance, (2) the **adoption** of a plan

The **adoption** process can be long and difficult, but it is worth it for the love of a child.

suppose

v. to think that something is likely to be actual or possible

synonym : guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

divide

v. to separate or cause to separate into parts or groups
synonym: separate, disconnect, split

(1) **divide** the cake into two pieces, (2) **divide** money equally

Can you **divide** 123321 by eleven?

hemp

n. a plant related to marijuana that is grown for its fiber, seed, and oil and has many industrial and medicinal uses; the fiber from this plant is used to make rope, paper, textiles, and other products

synonym: cannabis, marijuana, weed

(1) **hemp** seed, (2) organic **hemp**

The clothing company uses sustainable **hemp** fibers in its products.

mushroom

n. a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap

synonym: fungus, toadstool

(1) **mushroom** spores, (2) **mushroom** cultivation

The **mushroom** risotto was delicious, but I couldn't identify all the mushrooms in it.

expose

v. to show something by uncovering it; to make something accessible to some action or influence

synonym: disclose, reveal, uncover

(1) **expose** a crime, (2) **expose** a person to risks

That newspaper **exposed** a political scandal in a big way.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

vegan

n. a person who does not eat or use any animal products, typically for ethical or environmental reasons

(1) raw food **vegan**, (2) **vegan** lifestyle

The **vegan** diet is based on plant-based foods.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

protein

n. a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

(1) stress **protein**, (2) **protein** synthesis

The body needs a certain amount of **protein** to build and repair tissues.

chain

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

synonym: series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

premium

n. an amount of money paid periodically; the price or cost of something, especially when it is considered to be of high quality or value; (adjective) having or reflecting superior quality or value

synonym: dividend, bonus, (adjective) expensive

(1) insurance **premium**, (2) **premium** quality

Some people are willing to pay a **premium** for a rare and valuable collectible.

nugget

n. a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food

synonym : chunk, clod, clump

(1) a gold **nugget**, (2) **nugget** of truth

It took a few weeks to extract the **nugget** of information from those complicated sources.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill

synonym : crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym : surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting

Wrap the bandage tightly around the injured arm.

traffic

n. the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time

synonym : congestion, jam, flow

(1) **traffic** jam, (2) heavy **traffic**

We decided to take a detour to avoid the construction **traffic** on the main road.

shift

n. a slight transition in position, direction, or trend

synonym : transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

in-law

n. a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law

synonym : relative by marriage, family connection, affinal

(1) future **in-law**, (2) meeting **in-laws**

My sister- **in-law** is a pediatrician who works in a children's hospital.

exploitation

n. the process of making some area of land or water more profitable or productive or useful

synonym : victimization, development, using

(1) sexual **exploitation**, (2) the **exploitation** of fossil resources

Strategic **exploitation** of cutting-edge technology would be a sure formula for success.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force
Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

misogyny

n. a dislike of, contempt for, or ingrained prejudice against women

synonym : sexism, chauvinism

(1) **misogyny** issue, (2) the **misogyny** of medieval Christianity

His speech was filled with **misogyny** and caused widespread outrage.

racism

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym : prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**

The school's lack of diversity was a clear indication of the

racism present in the community.

climate

n. the weather in a particular location averaged over some long period

synonym: atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change

Climate and weather have an impact on every part of our lifestyles.

pathway

n. a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling

pathways

When the first molecule in the **pathway** receives a signal, it activates other molecules.

messy

adj. disorganized and untidy

synonym: cluttered, disorganized, untidy

(1) **messy** data, (2) **messy** handling

His **messy** bedroom is always a source of frustration for his mother.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym: empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym: merit, earn, justify

(1) **deserve** respect, (2) **deserve** this prize

The employee **deserved** the promotion for their hard work and dedication.

Session 2: Spelling

- | | |
|--------------------------------------|--|
| 1. detect a vi__l code | <i>adj.</i> relating to or caused by a virus |
| 2. ev___e over the past decade | <i>v.</i> to develop gradually, or to cause the development of something or someone gradually |
| 3. air co____or | <i>n.</i> a hallway or passageway, especially one connecting rooms or areas within a building or structure |
| 4. he was ov_____lmed with gratitude | <i>v.</i> to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody |
| 5. po____y farming | <i>n.</i> domesticated birds kept by humans for their eggs, meat, or feathers |
| 6. ha__h a baby chick | <i>v.</i> to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage |
| 7. ev___e | <i>v.</i> to develop gradually, or to cause the development of something or someone gradually |
| 8. ne_____te the price of the house | <i>v.</i> to have formal discussions with someone to reach an agreement |
| 9. sl_____er of animals | <i>n.</i> the killing of a large number of animals or people brutally and indiscriminately; a violent and bloody event that results in the death of many individuals |
| 10. s_e a company for damages | <i>v.</i> to claim a person or organization, especially by filing a legal claim for money or redress |

ANSWERS: 1. viral, 2. evolve, 3. corridor, 4. overwhelm, 5. poultry, 6. hatch, 7. evolve, 8. negotiate, 9. slaughter, 10. sue

11. l__n athletic figure *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
12. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
13. in___e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
14. ap_____te suppression *n.* a natural desire or craving for food or drink; a strong desire or liking for something
15. a l__n horse *adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
16. di___e money equally *v.* to separate or cause to separate into parts or groups
17. de_____e respect *v.* to be worthy of or entitled to something, especially something good or valuable
18. or_____an arm *n.* a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits
19. me__y data *adj.* disorganized and untidy
20. organic agr_____re *n.* the practice or science of cultivating the land or raising stock
21. am_____a water *n.* a compound of nitrogen and hydrogen that forms a gas with a strong smell, used as cleaning substances, fertilizers, and explosives

ANSWERS: 11. lean, 12. decide, 13. invite, 14. appetite, 15. lean, 16. divide, 17. deserve, 18. orangutan, 19. messy, 20. agriculture, 21. ammonia

22. an insect sp__y *n.* a fine mist of liquid that is dispersed into the air; flower arrangement consisting of a single branch or shoot bearing flowers and foliage
23. non-fiction fi_____er *n.* a person who makes films, typically as a profession
24. thin-and-light la___p *n.* a portable computer that is small enough to be carried around easily and used on your lap
25. toxic ch_____als *adj.* relating to or connected with chemistry;
26. ad__t a bill *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
27. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
28. set a t__p *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
29. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
30. wal_____all coverage *adj.* covering or extending from one wall to another; all-encompassing; including everything; continuous and unbroken
31. the ba___e of a crowd *n.* the sound of many people speaking simultaneously; meaningless talk or speech

ANSWERS: 22. spray, 23. filmmaker, 24. laptop, 25. chemical, 26. adopt, 27. compassionate, 28. trap, 29. conversation, 30. wall-to-wall, 31. babble

32. an in___e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill
33. ye__n for love *v.* to strongly desire or long for something
34. science of ec____y *n.* the study of the relationships between living organisms, including humans, and their physical environment
35. ye__n after my old days *v.* to strongly desire or long for something
36. mi____ny issue *n.* a dislike of, contempt for, or ingrained prejudice against women
37. fossil re____e *n.* a cold-blooded animal that has dry, scaly skin and lays eggs on land, such as snakes, lizards, and turtles
38. t__p an animal *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
39. w__p up a meeting *v.* to cover or enclose something entirely with paper, cloth, or other material
40. me__y handling *adj.* disorganized and untidy
41. dis____rt in the abdomen *n.* a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
42. a po____y walk *n.* domesticated birds kept by humans for their eggs, meat, or feathers
43. te__e atmosphere *adj.* unable to relax because of being nervous or worried; stretched tight or rigid

ANSWERS: 32. insane, 33. yearn, 34. ecology, 35. yearn, 36. misogyny, 37. reptile, 38. trap, 39. wrap, 40. messy, 41. discomfort, 42. poultry, 43. tense

44. inhale am_____a fumes *n.* a compound of nitrogen and hydrogen that forms a gas with a strong smell, used as cleaning substances, fertilizers, and explosives
45. health po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
46. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
47. an unc_____ble silence *adj.* providing or feeling physical discomfort or slight pain
48. serial qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started
49. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion
50. un____t accusation *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
51. walk along a co_____or *n.* a hallway or passageway, especially one connecting rooms or areas within a building or structure

ANSWERS: 44. ammonia, 45. policy, 46. background, 47. uncomfortable, 48. quitter, 49. flip, 50. unjust, 51. corridor

52. un___t verdict *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
53. persistent co__h *v.* to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound
54. conduct fi_____nd research *adv.* from the source; directly; (adjective) received directly from a source
55. senseless sl_____er *n.* the killing of a large number of animals or people brutally and indiscriminately; a violent and bloody event that results in the death of many individuals
56. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
57. small in_____nts *n.* a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important
58. a sp__y of mist *n.* a fine mist of liquid that is dispersed into the air; flower arrangement consisting of a single branch or shoot bearing flowers and foliage
59. loss of ap_____te *n.* a natural desire or craving for food or drink; a strong desire or liking for something
60. a primitive ma___l *n.* any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body

ANSWERS: 52. unjust, 53. cough, 54. firsthand, 55. slaughter, 56. decide, 57. increment, 58. spray, 59. appetite, 60. mammal

61. sneak p__k *n.* a quick or furtive look; (verb) to take a quick and secret look at something
62. ov_____er the opponent *v.* to conquer or establish complete control over someone by using superior strength
63. in_____re agreement *n.* a legal agreement between two parties, typically a contract of apprenticeship or a deed of conveyance, that is written in duplicate or triplicate and separated by indentations to prevent fraud or alteration and is often used to bind a person to a specific job or service
64. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
65. un_____ly event *adj.* not probable or likely to happen
66. h__p seed *n.* a plant related to marijuana that is grown for its fiber, seed, and oil and has many industrial and medicinal uses; the fiber from this plant is used to make rope, paper, textiles, and other products
67. an arrival pl_____rm *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
68. it is un_____ly that he would win the game *adj.* not probable or likely to happen
69. evil vi_____n *n.* a character in a story, movie, or play which often opposes the hero, typically characterized as immoral, evil, or cruel

ANSWERS: 61. peek, 62. overpower, 63. indenture, 64. blame, 65. unlikely, 66. hemp, 67. platform, 68. unlikely, 69. villain

70. a bird in a c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
71. ind_____us student *adj.* hardworking, diligent, and persistent in effort
72. s_e my boss for harassment *v.* to claim a person or organization, especially by filing a legal claim for money or redress
73. imm_____ble joy *adj.* too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms
74. bo_____om decision *n.* a room where the board of directors of a company or organization meets
75. a la__n ship *adj.* heavily loaded or burdened
76. ov_____lm opponents by numbers *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
77. global em_____ons of greenhouse gases *n.* the act of production or sending out gas, heat, light, etc.
78. camping cu_____e *n.* a small, partitioned area or booth intended for working or studying, often in an office or educational setting
79. die su_____ly *adv.* quickly and unexpectedly
80. cu_____e partition *n.* a small, partitioned area or booth intended for working or studying, often in an office or educational setting
81. major paradigm sh__t *n.* a slight transition in position, direction, or trend

ANSWERS: 70. cage, 71. industrious, 72. sue, 73. immeasurable, 74. boardroom, 75. laden, 76. overwhelm, 77. emission, 78. cubicle, 79. suddenly, 80. cubicle, 81. shift

82. the cu____t of global warming *n.* someone who is responsible for a crime or wrongdoing
83. su____e beforehand *v.* to think that something is likely to be actual or possible
84. low-fat da__y *n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
85. severe cr____c *n.* someone who expresses opinions about the quality of books, music, etc.
86. supply ch__n *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
87. sexual exp____ion *n.* the process of making some area of land or water more profitable or productive or useful
88. ha__h a plan *v.* to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage
89. fl__k of sheep *n.* a gathering of sheep, goats, or birds
90. the arrest of the cu____t *n.* someone who is responsible for a crime or wrongdoing
91. a criminal bac____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
92. env____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 82. culprit, 83. suppose, 84. dairy, 85. critic, 86. chain, 87. exploitation, 88. hatch, 89. flock, 90. culprit, 91. background, 92. environment

93. se____t of God *n.* a person who performs duties for others, especially a person employed in a house on domestic duties or as a personal attendant
94. on the t__t *v.* to incline or bend from a vertical position; (noun) the act of inclining or the state of being inclined or leaning to one side
95. the em____on of light *n.* the act of production or sending out gas, heat, light, etc.
96. heavy tr____c *n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
97. mi____y meal *n.* noon; twelve o'clock in the middle of the day
98. pro____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
99. exotic plants in a gre____se *n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in
100. administrative hea____er *n.* the central office or location from which a business or organization is managed
101. pr____m quality *n.* an amount of money paid periodically; the price or cost of something, especially when it is considered to be of high quality or value; (adjective) having or reflecting superior quality or value

ANSWERS: 93. servant, 94. tilt, 95. emission, 96. traffic, 97. midday, 98. progression, 99. greenhouse, 100. headquarter, 101. premium

102. su____ly attacked by an enemy	<i>adv.</i> quickly and unexpectedly
103. the degree of dif_____ty	<i>n.</i> a condition or state that causes problems
104. bo_____om meeting	<i>n.</i> a room where the board of directors of a company or organization meets
105. driverless aut_____le	<i>n.</i> a road vehicle that has four wheels and is powered by an engine, used for transporting people or goods
106. pa_____y to understanding	<i>n.</i> a track that constitutes or serves as a path; an approach or a way of doing something
107. p__k at others' misfortune	<i>n.</i> a quick or furtive look; (verb) to take a quick and secret look at something
108. de_____r at the future	<i>n.</i> the feeling that there is no hope and you cannot do anything to improve a difficult situation
109. imported da__y product	<i>n.</i> a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
110. ov_____er the suspect	<i>v.</i> to conquer or establish complete control over someone by using superior strength
111. get into a m__s	<i>n.</i> a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
112. a gold nu____t	<i>n.</i> a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food

ANSWERS: 102. suddenly, 103. difficulty, 104. boardroom, 105. automobile, 106. pathway, 107. peek, 108. despair, 109. dairy, 110. overpower, 111. mess, 112. nugget

113. un___r employment practices *adj.* not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception
114. po__r bears *adj.* relating to, or close to, the North or South Pole; characterized by complete opposites
115. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
116. endure dis_____rt and pain *n.* a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
117. bring my la___p *n.* a portable computer that is small enough to be carried around easily and used on your lap
118. co__h several times *v.* to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound
119. fixed-rate mo_____ge *n.* a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
120. mu_____om spores *n.* a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap

ANSWERS: 113. unfair, 114. polar, 115. compassionate, 116. discomfort, 117. laptop, 118. cough, 119. mortgage, 120. mushroom

121. foreign po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
122. intensive agr____re *n.* the practice or science of cultivating the land or raising stock
123. hear customer's voices fi_____nd *adv.* from the source; directly; (adjective) received directly from a source
124. organic h__p *n.* a plant related to marijuana that is grown for its fiber, seed, and oil and has many industrial and medicinal uses; the fiber from this plant is used to make rope, paper, textiles, and other products
125. fi___y language *adj.* dirty or unclean, often to an extreme or offensive degree; morally offensive or obscene
126. a qu_____r mile *n.* one of four equal parts; a fourth part or portion
127. ch__k sorting *n.* a baby bird, especially a young chicken
128. de___e my own life *v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose
129. op_____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

ANSWERS: 121. policy, 122. agriculture, 123. firsthand, 124. hemp, 125. filthy, 126. quarter, 127. chick, 128. devote, 129. oppress

130. re_____e a prisoner *v.* to set free or allow to escape from confinement
131. di___e the cake into two pieces *v.* to separate or cause to separate into parts or groups
132. water-la__n soil *adj.* heavily loaded or burdened
133. op_____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
134. fi___y streets *adj.* dirty or unclean, often to an extreme or offensive degree; morally offensive or obscene
135. steady in_____ntal growth *n.* a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important
136. mo_____ge payment *n.* a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
137. fight vi__l infections *adj.* relating to or caused by a virus
138. effects of cl_____e change *n.* the weather in a particular location averaged over some long period
139. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
140. re_____e CO2 into the air *v.* to set free or allow to escape from confinement

ANSWERS: 130. release, 131. divide, 132. laden, 133. oppress, 134. filthy, 135. increment, 136. mortgage, 137. viral, 138. climate, 139. progression, 140. release

141. a cold cl_____e *n.* the weather in a particular location averaged over some long period
142. the ad_____on of a plan *n.* the action or fact of legally taking another's child as one's own; the act of accepting with approval
143. mi____y glare of the sun *n.* noon; twelve o'clock in the middle of the day
144. su_____e you're right *v.* to think that something is likely to be actual or possible
145. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
146. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
147. ha__e the workload *v.* to divide something into two equal parts; to reduce something by half its original amount or size
148. research on anti-ra____m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
149. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
150. fellow se_____t *n.* a person who performs duties for others, especially a person employed in a house on domestic duties or as a personal attendant

ANSWERS: 141. climate, 142. adoption, 143. midday, 144. suppose, 145. environment, 146. industrious, 147. halve, 148. racism, 149. blame, 150. servant

151. aut_____le insurance *n.* a road vehicle that has four wheels and is powered by an engine, used for transporting people or goods
152. a precise def_____on *n.* a concise explanation of the meaning of a word, phrase, or symbol
153. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
154. throughout the co____y *n.* an administrative division of a country or state, typically one of several comprising a larger division
155. a ri__y enterprise *adj.* involving the possibility of danger, failure, or loss
156. cellular signaling pa_____ys *n.* a track that constitutes or serves as a path; an approach or a way of doing something
157. emissions of gre_____se gases *n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in
158. wal_____all bookshelves *adj.* covering or extending from one wall to another; all-encompassing; including everything; continuous and unbroken
159. stress pr_____n *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
160. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
161. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 151. automobile, 152. definition, 153. conversation, 154. county, 155. risky, 156. pathway, 157. greenhouse, 158. wall-to-wall, 159. protein, 160. definition, 161. struggle

162. cr__l joke	<i>adj.</i> feeling or showing pleasure in causing pain or suffering to others
163. Doppler sh__t	<i>n.</i> a slight transition in position, direction, or trend
164. ar___e farming	<i>adj.</i> relating to land that is suitable for growing crops; capable of being plowed and used for agriculture
165. insurance pr____m	<i>n.</i> an amount of money paid periodically; the price or cost of something, especially when it is considered to be of high quality or value; (adjective) having or reflecting superior quality or value
166. po____t area	<i>adj.</i> having the least wealth or resources
167. li_____me benefits	<i>n.</i> the duration of someone's life or something's existence;
168. the exp_____ion of fossil resources	<i>n.</i> the process of making some area of land or water more profitable or productive or useful
169. am_____an species	<i>n.</i> a cold-blooded animal that can live both on land and in water
170. mu_____om cultivation	<i>n.</i> a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
171. t__t a chair	<i>v.</i> to incline or bend from a vertical position; (noun) the act of inclining or the state of being inclined or leaning to one side
172. a rental wa_____se	<i>n.</i> a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops

ANSWERS: 162. cruel, 163. shift, 164. arable, 165. premium, 166. poorest, 167. lifetime, 168. exploitation, 169. amphibian, 170. mushroom, 171. tilt, 172. warehouse

173. end of the first qu____r
n. one of four equal parts; a fourth part or portion
174. tr____c jam
n. the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
175. have an un____r advantage
adj. not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception
176. art cr____c
n. someone who expresses opinions about the quality of books, music, etc.
177. a ch____al compound
adj. relating to or connected with chemistry;
178. fe__s sample
n. waste matter eliminated from the bowels; excrement
179. ar____e soil
adj. relating to land that is suitable for growing crops; capable of being plowed and used for agriculture
180. am____an habitat
n. a cold-blooded animal that can live both on land and in water
181. future in____w
n. a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
182. nu____t of truth
n. a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food
183. imm____ble loss
adj. too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms

ANSWERS: 173. quarter, 174. traffic, 175. unfair, 176. critic, 177. chemical, 178. feces, 179. arable, 180. amphibian, 181. in-law, 182. nugget, 183. immeasurable

184. st____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
185. easy qu____r *n.* a person who gives up easily or does not have the determination to finish what they have started
186. de____e all of my energies *v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose
187. a successful fi____er *n.* a person who makes films, typically as a profession
188. have a whole m____s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
189. li____me ban from the sport *n.* the duration of someone's life or something's existence;
190. w____p a fish in foil *v.* to cover or enclose something entirely with paper, cloth, or other material
191. legal in____re *n.* a legal agreement between two parties, typically a contract of apprenticeship or a deed of conveyance, that is written in duplicate or triplicate and separated by indentations to prevent fraud or alteration and is often used to bind a person to a specific job or service
192. ex____e a person to risks *v.* to show something by uncovering it; to make something accessible to some action or influence

ANSWERS: 184. struggle, 185. quitter, 186. devote, 187. filmmaker, 188. mess, 189. lifetime, 190. wrap, 191. indenture, 192. expose

193. de____e this prize *v.* to be worthy of or entitled to something, especially something good or valuable
194. wa_____se debt *n.* a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops
195. d__k falls *n.* the period of the day just before nightfall when the light begins to fade; the darker part of twilight
196. a cr__l and unusual punishment *adj.* feeling or showing pleasure in causing pain or suffering to others
197. authoritarian vi____n *n.* a character in a story, movie, or play which often opposes the hero, typically characterized as immoral, evil, or cruel
198. ha__e the price *v.* to divide something into two equal parts; to reduce something by half its original amount or size
199. with an unc_____ble face *adj.* providing or feeling physical discomfort or slight pain
200. ex___e a crime *v.* to show something by uncovering it; to make something accessible to some action or influence
201. co___y seat *n.* an administrative division of a country or state, typically one of several comprising a larger division
202. a sort of ma___l *n.* any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body
203. human fe__s *n.* waste matter eliminated from the bowels; excrement

ANSWERS: 193. deserve, 194. warehouse, 195. dusk, 196. cruel, 197. villain, 198. halve, 199. uncomfortable, 200. expose, 201. county, 202. mammal, 203. feces

204. dif_____ty in breathing *n.* a condition or state that causes problems
205. mindless ba___e *n.* the sound of many people speaking simultaneously; meaningless talk or speech
206. fl__k of spectator *n.* a gathering of sheep, goats, or birds
207. a digital pl_____rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
208. ad__t a child *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
209. baby ch__k *n.* a baby bird, especially a young chicken
210. systemic ra_____m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
211. no_____e else to go *adv.* not in, at, or to any place; not anywhere
212. d__k sky *n.* the period of the day just before nightfall when the light begins to fade; the darker part of twilight
213. meeting in___ws *n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
214. come out of no_____e *adv.* not in, at, or to any place; not anywhere

ANSWERS: 204. difficulty, 205. babble, 206. flock, 207. platform, 208. adopt, 209. chick, 210. racism, 211. nowhere, 212. dusk, 213. in-law, 214. nowhere

215. the mi____ny of medieval Christianity
n. a dislike of, contempt for, or ingrained prejudice against women
216. ch__n reaction
n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
217. pr____n synthesis
n. a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
218. re____e exhibition
n. a cold-blooded animal that has dry, scaly skin and lays eggs on land, such as snakes, lizards, and turtles
219. an insect c__e
n. a structure made of metal bars or wire in which birds or animals can be kept
220. po____t of the poor
adj. having the least wealth or resources
221. ad____on assistance
n. the action or fact of legally taking another's child as one's own; the act of accepting with approval
222. f__p a coin
v. to turn over into a different position quickly; to throw or toss with a light motion
223. have a te__e face
adj. unable to relax because of being nervous or worried; stretched tight or rigid
224. female or____an
n. a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits
225. the ec____y of the island
n. the study of the relationships between living organisms, including humans, and their physical environment

ANSWERS: 215. misogyny, 216. chain, 217. protein, 218. reptile, 219. cage, 220. poorest, 221. adoption, 222. flip, 223. tense, 224. orangutan, 225. ecology

226. an emergency hea_____er *n.* the central office or location from which a business or organization is managed
227. po__r regions *adj.* relating to, or close to, the North or South Pole; characterized by complete opposites
228. go in___e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill
229. raw food ve__n *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
230. in___e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
231. change ri__y behavior *adj.* involving the possibility of danger, failure, or loss
232. ve__n lifestyle *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
233. untold de_____r *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
234. ne_____te a settlement *v.* to have formal discussions with someone to reach an agreement

ANSWERS: 226. headquarter, 227. polar, 228. insane, 229. vegan, 230. invite, 231. risky, 232. vegan, 233. despair, 234. negotiate

Session 3: Fill in the Blanks

1. The traffic-_____ street was gridlocked during rush hour, with cars moving at a snail's pace.
adj. heavily loaded or burdened
2. He was labeled as a _____ after he abandoned the project halfway.
n. a person who gives up easily or does not have the determination to finish what they have started
3. We decided to take a detour to avoid the construction _____ on the main road.
n. the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
4. The _____ of endangered animals must be stopped.
n. the killing of a large number of animals or people brutally and indiscriminately; a violent and bloody event that results in the death of many individuals
5. The _____ process can be long and difficult, but it is worth it for the love of a child.
n. the action or fact of legally taking another's child as one's own; the act of accepting with approval
6. This story makes me _____.
adj. unable to relax because of being nervous or worried; stretched tight or rigid
7. The enemy fell right into the _____.
n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

ANSWERS: 1. laden, 2. quitter, 3. traffic, 4. slaughter, 5. adoption, 6. tense, 7. trap

8. The dictator was known for his _____ and oppressive regime.
adj. feeling or showing pleasure in causing pain or suffering to others
9. The _____ on my bike broke, leaving me stranded.
n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
10. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
11. We want to _____ you to our annual charity event.
v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
12. They were able to purchase their dream home with a _____ from the bank.
n. a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
13. The company's hiring criteria emphasize personality, not a person's _____.
n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
14. The sky turned a beautiful orange hue at _____.
n. the period of the day just before nightfall when the light begins to fade; the darker part of twilight

ANSWERS: 8. cruel, 9. chain, 10. decide, 11. invite, 12. mortgage, 13. background, 14. dusk

15. He _____ when he heard that he had been accepted into the university.
v. to turn over into a different position quickly; to throw or toss with a light motion
16. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend
17. His abusive words made me _____.
adj. providing or feeling physical discomfort or slight pain
18. Eyeless fish _____ in dark caves.
v. to develop gradually, or to cause the development of something or someone gradually
19. That newspaper _____ a political scandal in a big way.
v. to show something by uncovering it; to make something accessible to some action or influence
20. The _____ farm raised chickens and turkeys for meat and eggs.
n. domesticated birds kept by humans for their eggs, meat, or feathers
21. _____ operational improvements often lead to better environmental performance.
adj. having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
22. The speaker mounted the _____ and started to speak.
n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

ANSWERS: 15. flipped, 16. shift, 17. uncomfortable, 18. evolved, 19. exposed, 20. poultry, 21. Lean, 22. platform

23. He made a frightful _____ in his room.

- n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

24. I can't stop _____ and think I might have caught a cold.

- v.* to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound

25. The _____ countries in the world often have the highest rates of malnutrition.

- adj.* having the least wealth or resources

26. Every human is responsible for taking care of the Earth's _____.

- n.* the natural world such as air, water, and land in which humans, animals, and plants live

27. She took a quick _____ inside the box before closing it again.

- n.* a quick or furtive look; (verb) to take a quick and secret look at something

28. The body needs a certain amount of _____ to build and repair tissues.

- n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

29. He could not _____ against temptation.

- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

30. The _____ effect is a phenomenon that happens naturally.

- n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

ANSWERS: 23. mess, 24. coughing, 25. poorest, 26. environment, 27. peek, 28. protein, 29. struggle, 30. greenhouse

31. The majority of the _____ are raised on local family farms.
n. a baby bird, especially a young chicken
32. Please avoid using excessive jargon or too much technological _____.
n. the sound of many people speaking simultaneously; meaningless talk or speech
33. She had lived through two world wars in her _____.
n. the duration of someone's life or something's existence;
34. We are always happy to _____ a discount.
v. to have formal discussions with someone to reach an agreement
35. The ruling was considered _____ by many people in the community.
adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
36. _____ and weather have an impact on every part of our lifestyles.
n. the weather in a particular location averaged over some long period
37. The _____ industry is a major contributor to air pollution in cities.
n. a road vehicle that has four wheels and is powered by an engine, used for transporting people or goods
38. Too much variety may _____ and confuse viewers.
v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
39. Marine _____ populations are declining worldwide due to ocean pollution.
n. any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body

ANSWERS: 31. chicks, 32. babble, 33. lifetime, 34. negotiate, 35. unjust, 36. Climate, 37. automobile, 38. overwhelm, 39. mammal

40. I need to _____ the recipe to make just enough for two people.
- v.* to divide something into two equal parts; to reduce something by half its original amount or size
41. He planned to ____ the organization for negligence.
- v.* to claim a person or organization, especially by filing a legal claim for money or redress
42. The faithful _____ had been working for the family for many years and was well-trusted.
- n.* a person who performs duties for others, especially a person employed in a house on domestic duties or as a personal attendant
43. I need to finish this report by tonight, so I'll be working on my _____ all day.
- n.* a portable computer that is small enough to be carried around easily and used on your lap
44. Her excessive demands drove me _____.
- adj.* extremely stupid, crazy, or dangerous; mentally ill
45. The school's lack of diversity was a clear indication of the _____ present in the community.
- n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
46. Your _____ reflects your thoughts.
- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

ANSWERS: 40. halve, 41. sue, 42. servant, 43. laptop, 44. insane, 45. racism, 46. conversation

47. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
- v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
48. Who answers _____ knows little.
- adv.* quickly and unexpectedly
49. I want a _____ carpet for my living room to make it look cozy and comfortable.
- adj.* covering or extending from one wall to another; all-encompassing; including everything; continuous and unbroken
50. After a long hike, I had a huge _____ and devoured my meal in minutes.
- n.* a natural desire or craving for food or drink; a strong desire or liking for something
51. The trapped bear is running amok in its _____.
- n.* a structure made of metal bars or wire in which birds or animals can be kept
52. The _____ industry is a significant contributor to the economy.
- n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
53. The corporate _____ was filled with tense silence as the CEO presented the new plan.
- n.* a room where the board of directors of a company or organization meets
54. Proper disposal of _____ is essential for maintaining public health and sanitation.
- n.* waste matter eliminated from the bowels; excrement

ANSWERS: 47. oppressed, 48. suddenly, 49. wall-to-wall, 50. appetite, 51. cage, 52. dairy, 53. boardroom, 54. feces

55. Strategic _____ of cutting-edge technology would be a sure formula for success.
- n.* the process of making some area of land or water more profitable or productive or useful
56. His _____ bedroom is always a source of frustration for his mother.
- adj.* disorganized and untidy
57. The _____ risotto was delicious, but I couldn't identify all the mushrooms in it.
- n.* a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
58. The _____ in the movie was a complex character with a tragic backstory.
- n.* a character in a story, movie, or play which often opposes the hero, typically characterized as immoral, evil, or cruel
59. The long _____ was filled with people rushing to get to their rooms before the meeting began.
- n.* a hallway or passageway, especially one connecting rooms or areas within a building or structure
60. He was known to be very _____ and would often work late into the night.
- adj.* hardworking, diligent, and persistent in effort
61. The eggs began to _____ and the small chicks emerged.
- v.* to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage
62. The legal contract included an _____ that stipulated the responsibilities of each party.
- n.* a legal agreement between two parties, typically a contract of apprenticeship or a deed of conveyance, that is written in duplicate or triplicate and separated by indentations to prevent fraud or alteration and is often used to bind a person to a specific job or service

ANSWERS: 55. exploitation, 56. messy, 57. mushroom, 58. villain, 59. corridor, 60. industrious, 61. hatch, 62. indenture

63. _____ animals are graceful and efficient swimmers.

adj. relating to, or close to, the North or South Pole; characterized by complete opposites

64. Many companies are now enthusiastically embracing the knowledge of _____ for sustainable development.

n. the study of the relationships between living organisms, including humans, and their physical environment

65. The _____ land in the valley was ideal for growing wheat and corn.

adj. relating to land that is suitable for growing crops; capable of being plowed and used for agriculture

66. The company decided to move its _____ to New York City.

n. the central office or location from which a business or organization is managed

67. Alligators are a type of _____ that live in swamps and rivers.

n. a cold-blooded animal that has dry, scaly skin and lays eggs on land, such as snakes, lizards, and turtles

68. The artist used a _____ paint can to create a graffiti mural on the wall.

n. a fine mist of liquid that is dispersed into the air; flower arrangement consisting of a single branch or shoot bearing flowers and foliage

69. There are five distinct _____ at five unique wavelengths.

n. the act of production or sending out gas, heat, light, etc.

70. The hotel room was _____ with dirty sheets and stained carpets.

adj. dirty or unclean, often to an extreme or offensive degree; morally offensive or obscene

ANSWERS: 63. Polar, 64. ecology, 65. arable, 66. headquarters, 67. reptile, 68. spray, 69. emissions, 70. filthy

71. What do you _____ the culprit's motive was?
v. to think that something is likely to be actual or possible
72. The bid _____ for this auction is \$100.
n. a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important
73. The manager tried to hear customers' voices _____.
adv. from the source; directly; (adjective) received directly from a source
74. He has _____ exercising because of a back injury sustained in an accident.
n. a condition or state that causes problems
75. Some people are willing to pay a _____ for a rare and valuable collectible.
n. an amount of money paid periodically; the price or cost of something, especially when it is considered to be of high quality or value; (adjective) having or reflecting superior quality or value
76. _____ is the foundation of our economy.
n. the practice or science of cultivating the land or raising stock
77. She _____ for the days when things were simpler.
v. to strongly desire or long for something
78. His friend's death drove him to _____.
n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

ANSWERS: 71. suppose, 72. increment, 73. firsthand, 74. difficulty, 75. premium, 76. Agriculture, 77. yearned, 78. despair

79. The _____ population has been increasing rapidly in recent years.
n. an administrative division of a country or state, typically one of several comprising a larger division
80. The advent of _____ fertilizers markedly increased agricultural productivity.
n. a compound of nitrogen and hydrogen that forms a gas with a strong smell, used as cleaning substances, fertilizers, and explosives
81. Advocates for legal reform hear less harsh words from their _____.
n. someone who expresses opinions about the quality of books, music, etc.
82. My father has a serious and _____ personality.
adj. feeling or showing sympathy and concern for the suffering or bad luck of others
83. I worked in an office _____ surrounded by walls and fluorescent lights.
n. a small, partitioned area or booth intended for working or studying, often in an office or educational setting
84. It is extremely _____ to sail in such a storm.
adj. involving the possibility of danger, failure, or loss
85. When a _____ of birds flies in, the hunt begins.
n. a gathering of sheep, goats, or birds
86. _____ the bandage tightly around the injured arm.
v. to cover or enclose something entirely with paper, cloth, or other material
87. His speech was filled with _____ and caused widespread outrage.
n. a dislike of, contempt for, or ingrained prejudice against women

ANSWERS: 79. county's, 80. ammonia, 81. critics, 82. compassionate, 83. cubicle, 84. risky, 85. flock, 86. Wrap, 87. misogyny

88. He felt no _____ as the dentist drilled his deadened tooth.
n. a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
89. When the first molecule in the _____ receives a signal, it activates other molecules.
n. a track that constitutes or serves as a path; an approach or a way of doing something
90. The shooter was eventually _____ and arrested by police.
v. to conquer or establish complete control over someone by using superior strength
91. This device can more accurately detect _____ pathogens.
adj. relating to or caused by a virus
92. Can you _____ 123321 by eleven?
v. to separate or cause to separate into parts or groups
93. The researcher found new species of _____ on the island.
n. a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits
94. The employee _____ the promotion for their hard work and dedication.
v. to be worthy of or entitled to something, especially something good or valuable
95. The renowned _____ won several awards for his latest film.
n. a person who makes films, typically as a profession

ANSWERS: 88. discomfort, 89. pathway, 90. overpowered, 91. viral, 92. divide, 93. orangutan, 94. deserved, 95. filmmaker

96. They finally found the _____ of the bug after a long time.

n. someone who is responsible for a crime or wrongdoing

97. He _____ himself to studying the history of ancient civilizations.

v. to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

98. We _____ our impeded progress on lack of money.

v. to think or say that someone or something did something wrong or is responsible for something bad

99. In a democracy, it is necessary to monitor the judiciary to see if it is making _____ decisions.

adj. not giving equal treatment or opportunities to people involved; marked by injustice, partiality, or deception

100. I've been thinking all day and getting _____.

adv. not in, at, or to any place; not anywhere

101. The company has made great strides in its _____ toward sustainability.

n. the act or process of changing to the next stage or phase or moving forward

102. The company's new _____ on remote work has made it a more inclusive workplace.

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

103. The passage of the bill is _____.

adj. not probable or likely to happen

ANSWERS: 96. culprit, 97. devoted, 98. blamed, 99. unfair, 100. nowhere, 101. progression, 102. policy, 103. unlikely

104. She _____ her head to the side, indicating she was listening.

- v.* to incline or bend from a vertical position; (noun) the act of inclining or the state of being inclined or leaning to one side

105. The animal rights group worked to _____ the dolphins back into the wild.

- v.* to set free or allow to escape from confinement

106. My sister-in-law _____ is a pediatrician who works in a children's hospital.

- n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law

107. We usually have a lunch meeting at _____.

- n.* noon; twelve o'clock in the middle of the day

108. The fire ruined all the food stored in the _____.

- n.* a large building for storing goods and merchandise, especially before they are sold, used, or sent out to shops

109. The impact of climate change on the planet is _____.

- adj.* too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms

110. The unemployment rate in the first _____ was 2.3 percentage points higher than in the previous.

- n.* one of four equal parts; a fourth part or portion

111. It took a few weeks to extract the _____ of information from those complicated sources.

- n.* a small piece of gold or other precious metal or mineral found ready-formed in the earth; a small round piece of some food

ANSWERS: 104. tilted, 105. release, 106. in-law, 107. midday, 108. warehouse, 109. immeasurable, 110. quarter, 111. nugget

112. The clothing company uses sustainable _____ fibers in its products.
- n.* a plant related to marijuana that is grown for its fiber, seed, and oil and has many industrial and medicinal uses; the fiber from this plant is used to make rope, paper, textiles, and other products
113. The national assembly has _____ the budget.
- v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
114. The _____ diet is based on plant-based foods.
- n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
115. Scientists are concerned about the rapid decline in _____ populations around the world.
- n.* a cold-blooded animal that can live both on land and in water
116. Parallel lines are, by _____ lines on the same plane that never cross.
- n.* a concise explanation of the meaning of a word, phrase, or symbol
117. The firm has grown into a large _____ manufacturing.
- adj.* relating to or connected with chemistry;

ANSWERS: 112. hemp, 113. adopted, 114. vegan, 115. amphibian, 116. definition, 117. chemical