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Wanda Irving: How the US medical community fails
Black mothers | TED Talk
https://www.ted.com/talks/wanda_irving_how_the_us
_medical_community_fails_black_mothers



Advanced Words Only

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Session 1: Word List

childbirth

- n. the act or process of giving birth to a baby
- synonym: delivery, labor, parturition
- (1) natural childbirth, (2) assisted childbirth

He was present at the **childbirth** of his children.

complication

n. something that makes a situation or condition that is complex or confused

synonym: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

equate

v. to consider or describe one thing as similar, equal, or analogous

synonym: associate, liken, relate

(1) **equate** mistakes with failure, (2) **equate** to legal responsibility

It isn't very reasonable to **equate** money with happiness.

appalling

- adj. causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
- synonym: shocking, horrifying, alarming

(1) **appalling** crimes, (2) **appalling** behavior The condition of that old house was **appalling**.

reprehensible

adj. deserving of criticism or condemnation due to being morally wrong, shameful, or impropersynonym: blameworthy, objectionable, shameful

(1) **reprehensible** behavior, (2) **reprehensible** act It is **reprehensible** to discriminate against someone based on their race or gender.

sham

 something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham** The data he prepared was completely **sham**.

disparity

 a significant difference or inequality between two or more things

synonym: difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and women in the company.

woe

- n. significant problems or troubles; great unhappinesssynonym: anguish, despair, suffering
- (1) economic woe, (2) full of woe

Recurrent financial woes hampered his subsequent career.

drastic

adj. radical and extreme; likely to have a significant or far-reaching impact

synonym: extreme, fierce, radical

(1) **drastic** measures, (2) make **drastic** revision

The global community is undergoing **drastic** changes at present.

abundantly

adv. in large quantities; plentifully synonym: plentifully, copiously, lavishly

(1) abundantly clear, (2) abundantly available

The policy change resulted in an **abundantly** positive outcome for the company.

blatantly

adv. in a way that is very obvious, unsubtle, or conspicuous; without any attempt to conceal or disguise

synonym: openly, candidly, overtly

(1) blatantly obvious, (2) blatantly unfair

She **blatantly** ignored his warning and continued with her dangerous behavior.

overt

adj. open, evident, or clear, especially in a way that is not intended to be secret

synonym: open, unhidden, obvious

(1) **overt** hostility, (2) **overt** symptoms

His **overt** lack of enthusiasm was noticeable to everyone in the room.

covert

adj. kept secret or concealed; not openly practiced or engaged in

synonym: secretive, hidden, disguised

(1) **covert** negotiations, (2) **covert** mission

The government was conducting a **covert** operation to gather information on the enemy.

mast

- *n.* a long pole aboard a boat or ship that holds up the sails
- (1) mast height, (2) built-up mast

The main cabin is located in front of the **mast**.

lieutenant

 a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer

synonym: second-in-command, adjutant, deputy

(1) lieutenant general, (2) second lieutenant

After years of hard work, he finally got promoted to

lieutenant.

alumni

 n. (the plural form of "alumnus" or "alumna") former students or graduates of an educational institution or program

synonym: graduates, former students, alum

(1) alumni network, (2) alumni relations

Many **alumni** of our college have become successful in their chosen fields.

stereotype

- a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
- avoid stereotype, (2) negative stereotypes
 Changing stereotypes about LGBTQ requires considerable effort.

 a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor

synonym: chum, friend, pal

- (1) confidant's advice, (2) trusted confidant
 She chose her mother as her confidant to share her personal issue.
- v. to pay attention to or take notice of something, particularly a warning or piece of advice; to listen to and comply with something

synonym: notice, attend, listen to

(1) heed expert advice, (2) heed nature's callHe didn't heed the warning signs and got lost in the woods.

fearless

adj. having no fear; brave

synonym: brave, courageous, daring

(1) fearless attitude, (2) fearless bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

heed

determinant

 a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

amaze

- v. to fill with wonder, surprise, or admiration synonym: astound, surprise, stagger
- (1) **amaze** and entertain visitors, (2) **amaze** everyone The magician's tricks **amazed** the audience.

cherish

to hold someone or something dear; to feel or show affection for someone or something

synonym: treasure, value, hold dear

(1) **cherish** a stuffed animal, (2) **cherish** relationships She **cherished** the memories of her childhood.

ache

 to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym: hurt, throb, smart

ache abominably, (2) ache all the time
 ache all over after running a marathon yesterday.

epicenter

n. the point on the earth's surface directly above the focus of an earthquake

synonym: ground zero, focus, center

(1) the **epicenter** of the sports world, (2) **epicenter** magnitude

The **epicenter** of the earthquake was located deep beneath the earth's surface.

entrenched

adj. established firmly and securely

synonym: deep-rooted, confirmed, ingrained

(1) **entrenched** ideas, (2) **entrenched** positions

The monarch exploited the peasants using its **entrenched** power.

eradicate

app

 to get rid of or destroy something completely, especially something bad

synonym: destroy, eliminate, exterminate

- (1) **eradicate** the deficit, (2) **eradicate** racial discrimination We are trying to **eradicate** this disease from the world.
- n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym: application, software

(1) killer **app**, (2) cannot log in to the **app**

The discovery of a critical bug caused the company to delay the **app's** release.

panacea

 a remedy or solution that is believed to be a cure for all illnesses or problems; something that is seen as a universal cure-all

synonym: cure-all, elixir, miracle cure

- (1) **panacea** solution, (2) no **panacea** for economic woes Many people believe that exercise is the **panacea** for all health problems.
- *n.* the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status quo politician, (2) quo warranto

The company has been successful in maintaining the status **quo**.

inequity

 a lack of fairness or justice; an unfair or unequal situation or practice

synonym: injustice, unfairness, bias

(1) **inequity** in education, (2) market **inequity**

quo

There's an **inequity** in the criminal justice system that needs to be addressed.

vow

v. to make a promise or commitment, usually formal and solemn

synonym: promise, pledge, swear

(1) **vow** allegiance to the new king, (2) **vow** never to give up They **vowed** to love and support each other for the rest of their lives.

postpartum

adj. occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth

synonym: afterbirth, postnatal, postdelivery

(1) **postpartum** workout, (2) lose **postpartum** belly fat Many women experience **postpartum** depression after giving birth.

enshrine

v. to cherish or protect something as if it is sacred; to place something in a position of honor or respect

synonym: ensconce, preserve, cherish

(1) **enshrine** memories, (2) **enshrine** tradition
The Constitution **enshrines** the rights and freedoms of citizens.

embark

v. to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

synonym: enter, undertake, commence

(1) **embark** on a trip, (2) **embark** on a foolish adventure We **embarked** on a new project.

redefine

v. to change the meaning or interpretation of something; to make people think about something in a new or different way

synonym: reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role The video telephony application has **redefined** the way we

work.

empower

- v. to give someone the power or authority to do something synonym: authorize, endow, entitle
- (1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

counteract

 to act against something to reduce its bad or harmful effects or neutralize it

synonym: balance, offset, compensate

(1) **counteract** the effect of poison, (2) **counteract** global warming

Our body's immune system produces antibodies to **counteract** disease.

overturn

- v. to turn something upside down; to upset synonym: flip over, upset, topple
- (1) **overturn** a decision, (2) **overturn** a table The court **overturned** the original verdict.

daydreaming

 the act of thinking about something that you would prefer to be doing or have happened to you

synonym: reverie, cloud-castle, imagination

(1) stimulate **daydreaming**, (2) the mental process of **daydreaming**

I often waste a lot of time daydreaming.

needless

 adj. describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse consequences

synonym: unnecessary, pointless, superfluous

(1) needless argument, (2) needless waste

This **needless** paperwork is wasting our time and resources.

Session 2: Spelling

1. ne___ss waste adj. describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse

consequences

2. v_w allegiance to the new king

v. to make a promise or commitment, usually formal and solemn

3. no pa a for economic woes

 a remedy or solution that is believed to be a cure for all illnesses or problems; something that is seen as a universal cure-all

4. killer a_p

 n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

5. co____nt's advice

 a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor

6. negative ste____pes

n. a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

7. am__e and entertain visitors

v. to fill with wonder, surprise, or admiration

8. built-up m__t

n. a long pole aboard a boat or ship that holds up the sails

ANSWERS: 1. needless, 2. vow, 3. panacea, 4. app, 5. confidant, 6. stereotype, 7. amaze, 8. mast

9.	couct global warming	<i>v</i> .	to act against something to reduce its bad or harmful effects or neutralize it
10.	avoid stepe	n.	a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
11.	ae abominably	<i>v</i> .	to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
12.	ame everyone	<i>v</i> .	to fill with wonder, surprise, or admiration
13.	the eper of the sports world	<i>n</i> .	the point on the earth's surface directly above the focus of an earthquake
14.	emk on a trip	<i>v</i> .	to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
15.	emr the secretary to do the same	<i>v</i> .	to give someone the power or authority to do something
16.	mt height	n.	a long pole aboard a boat or ship that holds up the sails
17.	cannot log in to the a_p	n.	(abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
18.	eper magnitude	n.	the point on the earth's surface directly above the focus of an earthquake
19.	eqe to legal responsibility	<i>v</i> .	to consider or describe one thing as similar, equal, or analogous

ANSWERS: 9. counteract, 10. stereotype, 11. ache, 12. amaze, 13. epicenter, 14. embark, 15. empower, 16. mast, 17. app, 18. epicenter, 19. equate

20.	cot mission	adj.	kept secret or concealed; not openly practiced or engaged in
21.	enne memories	ν.	to cherish or protect something as if it is sacred; to place something in a position of honor or respect
22.	turn out to be all sm	n.	something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
23.	market inty	n.	a lack of fairness or justice; an unfair or unequal situation or practice
24.	fess bravery	adj.	having no fear; brave
25.	ae all the time	<i>v</i> .	to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
26.	chh relationships	<i>v</i> .	to hold someone or something dear; to feel or show affection for someone or something
27.	resolve without comion	n.	something that makes a situation or condition that is complex or confused
28.	erte the deficit	<i>v</i> .	to get rid of or destroy something completely, especially something bad
29.	ness argument	adj.	describing something unnecessary, pointless, or superfluous and could be avoided without any harm or adverse consequences
30.	ovrn a decision	ν.	to turn something upside down; to upset
31.	abuly available	adv.	in large quantities; plentifully

ANSWERS: 20. covert, 21. enshrine, 22. sham, 23. inequity, 24. fearless, 25. ache, 26. cherish, 27. complication, 28. eradicate, 29. needless, 30. overturn, 31. abundantly

32.	blly obvious	adv.	in a way that is very obvious, unsubtle, or conspicuous; without any attempt to conceal or disguise
33.	a sm battle	n.	something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
34.	environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
35.	paa solution	n.	a remedy or solution that is believed to be a cure for all illnesses or problems; something that is seen as a universal cure-all
36.	ented ideas	adj.	established firmly and securely
37.	enne tradition	ν.	to cherish or protect something as if it is sacred; to place something in a position of honor or respect
38.	rene our role	<i>v</i> .	to change the meaning or interpretation of something; to make people think about something in a new or different way
39.	status q_o politician	n.	the existing state or condition of something, especially in relation to a particular situation or issue
40.	ali relations	n.	(the plural form of "alumnus" or "alumna") former students or graduates of an educational institution or program

ANSWERS: 32. blatantly, 33. sham, 34. determinant, 35. panacea, 36. entrenched, 37. enshrine, 38. redefine, 39. quo, 40. alumni

a significant difference or inequality 41. income di ty n. between two or more things 42. v w never to give up to make a promise or commitment, usually formal and solemn 43. lose pos____um belly fat adj. occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth significant problems or troubles; great 44. economic w e unhappiness 45. co___t negotiations adj. kept secret or concealed; not openly practiced or engaged in 46. rep____ble behavior adj. deserving of criticism or condemnation due to being morally wrong, shameful, or improper to pay attention to or take notice of 47. h d expert advice something, particularly a warning or piece of advice; to listen to and comply with something adj. open, evident, or clear, especially in a 48. ov t hostility way that is not intended to be secret 49. bl____ly unfair adv. in a way that is very obvious, unsubtle, or conspicuous; without any attempt to conceal or disguise a deputy or subordinate officer; a 50. second lie nt military officer ranking below a captain; a naval rank or officer adj. open, evident, or clear, especially in a 51. ov t symptoms way that is not intended to be secret

ANSWERS: 41. disparity, 42. vow, 43. postpartum, 44. woe, 45. covert, 46. reprehensible, 47. heed, 48. overt, 49. blatantly, 50. lieutenant, 51. overt

52.	posum workout	adj.	occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth
53.	erte racial discrimination	<i>v</i> .	to get rid of or destroy something completely, especially something bad
54.	trusted cont	n.	a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor
55.	hd nature's call	ν.	to pay attention to or take notice of something, particularly a warning or piece of advice; to listen to and comply with something
56.	comion of structure	n.	something that makes a situation or condition that is complex or confused
57.	full of w_e	n.	significant problems or troubles; great unhappiness
58.	assisted chith	n.	the act or process of giving birth to a baby
59.	couct the effect of poison	<i>v</i> .	to act against something to reduce its bad or harmful effects or neutralize it
60.	apng crimes	adj.	causing horror or shock; deeply disturbing or offensive; extremely bad o unpleasant
61.	lient general	n.	a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer
62.	emk on a foolish adventure	<i>v</i> .	to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

ANSWERS: 52. postpartum, 53. eradicate, 54. confidant, 55. heed, 56. complication, 57. woe, 58. childbirth, 59. counteract, 60. appalling, 61. lieutenant, 62. embark

63.	emr my life	v.	to give someone the power or authority to do something
64.	the mental process of dayng	n.	the act of thinking about something that you would prefer to be doing or have happened to you
65.	chh a stuffed animal	ν.	to hold someone or something dear; to feel or show affection for someone or something
66.	fess attitude	adj.	having no fear; brave
67.	make drc revision	adj.	radical and extreme; likely to have a significant or far-reaching impact
68.	stimulate dayng	n.	the act of thinking about something that you would prefer to be doing or have happened to you
69.	inty in education	n.	a lack of fairness or justice; an unfair or unequal situation or practice
70.	rene customer experience	<i>v</i> .	to change the meaning or interpretation of something; to make people think about something in a new or different way
71.	abuly clear	adv.	in large quantities; plentifully
72.	q_o warranto	n.	the existing state or condition of something, especially in relation to a particular situation or issue
73.	drc measures	adj.	radical and extreme; likely to have a significant or far-reaching impact
74.	ali network	n.	(the plural form of "alumnus" or "alumna") former students or graduates of an educational institution or program

ANSWERS: 63. empower, 64. daydreaming, 65. cherish, 66. fearless, 67. drastic, 68. daydreaming, 69. inequity, 70. redefine, 71. abundantly, 72. quo, 73. drastic, 74. alumni

75.	ented positions	adj.	established firmly and securely
76.	natural chith	n.	the act or process of giving birth to a baby
77.	a detnt of crop yields	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
78.	eqe mistakes with failure	<i>v</i> .	to consider or describe one thing as similar, equal, or analogous
79.	apng behavior	adj.	causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
80.	the dity between theory and reality	n.	a significant difference or inequality between two or more things
81.	ovrn a table	<i>v</i> .	to turn something upside down; to upset
82.	repble act	adj.	deserving of criticism or condemnation due to being morally wrong, shameful, or improper

ANSWERS: 75. entrenched, 76. childbirth, 77. determinant, 78. equate, 79. appalling, 80. disparity, 81. overturn, 82. reprehensible

Session 3: Fill in the Blanks

1. <i>n</i> .	After years of hard work, he finally got promoted to a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer
2. <i>n</i> .	He was present at the of his children. the act or process of giving birth to a baby
3.	The global community is undergoing changes at present. radical and extreme; likely to have a significant or far-reaching impact
4. n.	I often waste a lot of time the act of thinking about something that you would prefer to be doing or have happened to you
5. n.	Recurrent financial hampered his subsequent career. significant problems or troubles; great unhappiness
6. v.	It isn't very reasonable to money with happiness. to consider or describe one thing as similar, equal, or analogous
7. n.	The company has been successful in maintaining the status the existing state or condition of something, especially in relation to a particular situation or issue
8. v.	She the memories of her childhood. to hold someone or something dear; to feel or show affection for someone or something
	SWERS: 1. lieutenant, 2. childbirth, 3. drastic, 4. daydreaming, 5. woes, 6. equate, quo, 8. cherished

ANSWERS: 9. amazed, 10. reprehensible, 11. overt, 12. panacea, 13. confidant, 14. determinant, 15. needless, 16. disparity

21. He also continued to struggle with serious long-term ______.
n. something that makes a situation or condition that is complex or confused
22. There's an ______ in the criminal justice system that needs to be addressed.
n. a lack of fairness or justice; an unfair or unequal situation or practice
23. The condition of that old house was _____.
adj. causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
24. We are trying to _____ this disease from the world.
v. to get rid of or destroy something completely, especially something bad
25. The data he prepared was completely ____.
n. something that is not as good or true as it seems to be and is intended to

20. They _____ to love and support each other for the rest of their lives.

to make a promise or commitment, usually formal and solemn

ANSWERS: 17. heed, 18. counteract, 19. overturned, 20. vowed, 21. complications, 22. inequity, 23. appalling, 24. eradicate, 25. sham

deceive people; a person who pretends to be something they are not

Vocab-Builder Ref from "Wanda Irving: How the US medical community fails Black mothers | TED Talk" (41 words)

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ANSWERS:								
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