

# Englist.me



## Vocabulary Builder Reference from...

*TED-Ed: The surprising effects of pregnancy | TED Talk*

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### All Words

#### IMPORTANT

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## Session 1: Word List

### joint

*adj.* shared, held, or made between two or more people;  
(noun) the point of connection between two bones or elements of a skeleton

*synonym*: collaborative, cooperative, combined

(1) a **joint** venture, (2) the bone of a **joint**

After the summit meeting, the prime ministers issued a **joint** statement.

### shift

*n.* a slight transition in position, direction, or trend

*synonym*: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

### jostle

*v.* to push, elbow, or bump against someone or something in a forceful or crowded way; to compete with or struggle against another person or group for space, resources, or attention

*synonym*: push, bump, elbow

(1) **jostle** for position, (2) **jostle** my elbow

I had to **jostle** through the crowded concert to get to the front of the stage.

## pound

*n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

## rhythm

*n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

*synonym*: beat, cadence, tempo

(1) in samba **rhythm**, (2) irregular heart **rhythm**

He beat out a jazz **rhythm** on the cajones.

## roar

*v.* to make a loud, deep sound, like a lion or a car engine

*synonym*: bellow, yell, shout

(1) **roar** with laughter, (2) **roar** for more

The lion **roared** loudly, signaling its dominance over the other animals.

## artery

*n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

*synonym*: blood vessel, channel, roadway

(1) **artery** blockage, (2) risk of coronary **artery** disease

Continuous consumption of fatty foods leads to the hardening of the **artery**.

## vein

*n.* a blood vessel that carries blood from various parts of the body back to the heart; a mineral deposit or layer of rock that is contained within another rock formation

*synonym*: artery, blood vessel, capillary

(1) spider **vein**, (2) collapsed **vein**

The nurse inserted the needle into the **vein** in his arm to draw blood.

## pregnant

*adj.* having a baby or young animal developing in the uterus

*synonym*: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with

suspense

She vacated the position when she got **pregnant**.

## ignite

*v.* to set on fire; to cause to start burning

*synonym*: light, set fire to, ignite

(1) **ignite** a boom, (2) **ignite** passion

He **ignited** the fireworks with a single spark.

## hormone

*n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

## fertilization

*n.* the process of joining a sperm and an egg to produce an embryo

*synonym*: impregnation, pollination, insemination

(1) **fertilization** process, (2) artificial **fertilization**

The **fertilization** of the soil allowed for a bountiful harvest.

## embryo

*n.* an animal organism in the early stages of growth, either in its mother's womb or in an egg, or a plant that is developing in a seed

*synonym*: fetus, seed, origin

(1) destruction of human **embryos**, (2) **embryo** cloning

Our latest project is still at the **embryo** stage.

## implant

*v.* to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind

*synonym*: insert, fix, place

(1) **implant** genes in the animals, (2) **implant** into the uterus

The doctor will **implant** a pacemaker to regulate his heart rate.

## uterus

*n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

*synonym* : womb

(1) **uterus** cancer, (2) bleeding from **uterus**

The physician prescribed medication to relieve the contraction of the **uterus**.

## immune

*adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

*synonym* : resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

## theoretical

*adj.* relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience

*synonym* : conceptual, conjectural, ideal

(1) **theoretical** models, (2) **theoretical** physicist

Absolute zero is the lowest **theoretical** temperature.

## recognize

*v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

*synonym* : acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

## invade

*v.* to enter aggressively into another's territory by military force for conquest and occupation

*synonym* : intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

## destroy

*v.* to ruin or damage severely or completely; to eradicate or eliminate completely

*synonym* : demolish, ruin, obliterate

(1) **destroy** the ecosystem, (2) **destroyed** evidence  
The building was **destroyed** in the fire and had to be rebuilt.

## bacteria

*n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

*synonym* : microorganism, microbe

(1) pathogenic **bacteria**, (2) harmless **bacteria**  
**Bacteria** prevalent in hospitals are often resistant to antibiotics.

## microbe

*n.* a tiny living thing that can only be seen with a microscope and that may cause disease

*synonym* : germ, microorganism, bacterium

(1) pathogenic **microbe**, (2) **microbes** sterilizer  
**Microbes** thrive on the surface of the human skin.

## fetus

*n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

(1) development of the **fetus**, (2) an aborted **fetus**  
The female vagina is elastic enough to allow the passage of a **fetus**.

## complexity

*n.* the state or quality of being complicated or intricate and difficult to understand

*synonym* : intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory  
The project's **complexity** made it difficult for the team to complete it on time.

## interaction

*n.* the act of connecting with someone, mainly when working, playing, or spending time with them

*synonym* : dealings, exchange, relations

(1) the **interaction** between man and his environment,  
(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

## involve

*v.* to include or affect someone or something as a necessary part of something else

*synonym* : implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

## mucus

*n.* a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.

*synonym* : secretion, slime, saliva

(1) airway **mucus**, (2) nasal **mucus**

When the body temperature drops, **mucus** secretion fails.

## cervical

*adj.* relating to the neck or the cervix (= the narrow passage forming the lower end of the uterus)

*synonym* : cervical, neck, spinal

(1) **cervical** cancer, (2) **cervical** spine

She must undergo a **cervical** screening to check for abnormalities in her reproductive system.

## germ

*n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

*synonym* : bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

## sealed

*adj.* closed or secured with

*synonym* : closed, impenetrable

(1) **sealed** orders, (2) **sealed** jar

We packed and shipped the product in **sealed** containers.

## labor

*n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

*synonym*: toil, moil, donkeywork

(1) seasonal **labor**, (2) manual **labor**

In several countries, child **labor** is a serious social problem.

## progression

*n.* the act or process of changing to the next stage or phase or moving forward

*synonym*: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

## expand

*v.* to increase or to make something greater in size, number, or importance

*synonym*: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

## upward

*adv.* toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place

*synonym*: skyward, uphill

(1) look **upward**, (2) demonstrate an **upward** trend

The company adjusted the revenue **upward**.

## outward

*adj.* relating to the external appearance or surface of something; visible

*synonym*: external, surface, exterior

(1) an **outward** journey, (2) **outward** cheerfulness

The **outward** appearance of the building was impressive, but the inside was in dire need of repairs.

## progesterone

*n.* a hormone mainly produced in the ovaries of females that helps regulate the menstrual cycle and plays a

crucial role in pregnancy

*synonym* : progestin, gestagen, luteal hormone

(1) **progesterone** receptor, (2) synthetic **progesterone**

During pregnancy, **progesterone** levels rise to support the growth of the fetus.

## relaxin

*n.* a hormone produced during pregnancy that relaxes the ligaments and joints in the pelvic region, allowing for easier childbirth

*synonym* : anti-stress hormone, luteotropic hormone

(1) **relaxin** hormone, (2) **relaxin-like** peptide

Scientists are studying the effects of **relaxin** on the body to see if it can be used to treat certain medical conditions.

## loosen

*v.* to make something less tight, firm, or fixed; to free from restraint or constraint; to relax

*synonym* : relax, slacken, untie

(1) **loosen** grip, (2) **loosen** knot

Please **loosen** the screws on the back panel so we can access the inside of the machine.

## propel

*v.* to move, drive or push something forward or in a particular direction, often with a lot of force

*synonym* : drive, push, move

(1) **propel** growth, (2) **propel** the ship

An increase in employment helps **propel** economic growth.

## digestive

*adj.* relating to or capable of causing or promoting digestion of food

(1) **digestive** juices, (2) a **digestive** enzyme

A nutritious diet improves **digestive** functions.

## tract

*n.* a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body

*synonym* : region, area, tube



(1) a urinary **tract** infection, (2) a **tract** of virgin forest  
The farmer owns a large **tract** of land where he grows corn and soybeans.

## sluggish

*adj.* lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress

*synonym*: lethargic, slow, inactive

(1) **sluggish** economy, (2) **sluggish** response

After a long day at work, I feel **sluggish** and lack energy.

## constipation

*n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination

*synonym*: congestion, blockage, obstruction

(1) **constipation** relief, (2) chronic **constipation**

The patient complained of **constipation**, and the doctor recommended increasing their daily fiber intake.

## stomach

*n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

*synonym*: belly, abdomen, gut

(1) upset **stomach**, (2) **stomach** virus

I have a **stomach** ache after overeating junk food.

## acid

*n.* sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials

*synonym*: sour

(1) an **acid** reaction, (2) good source of essential amino **acids**

During pregnancy, the stomach generates less **acid** than usual.

## esophagus

*n.* the muscular tube that connects the mouth and throat to the stomach, which allows food to pass through

*synonym*: gullet, throat, food pipe

(1) **esophagus** reflux, (2) upper **esophagus**

The tumor in her **esophagus** was causing her difficulty in eating and drinking.

## heartburn

*n.* a burning sensation or discomfort in the chest or throat, often caused by stomach acid refluxing into the esophagus

*synonym*: acid reflux, pyrosis, indigestion

(1) **heartburn** relief, (2) chronic **heartburn**

After eating that spicy meal, she suffered from **heartburn** all night long.

## flux

*n.* the state of constantly changing or flowing; the rate of flow of energy or particles across a particular place

*synonym*: flow, change, motion

(1) **flux** density, (2) **flux** of particles

The town's population was in **flux**, with many people moving in and out.

## worsen

*v.* to become or make something worse

*synonym*: languish, degenerate, degrade

(1) **worsen** a relation, (2) **worsen** the food problem

Unilateral import bans have **worsened** that country's terms of trade.

## diaphragm

*n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control

*synonym*: midriff, pessary, shield

(1) **diaphragm** birth control, (2) **diaphragm** activity

Individuals with a weak **diaphragm** may experience difficulty breathing during physical activity.

## contract

*n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

*synonym* : agreement, deal, arrangement

(1) employment **contract**, (2) **contract** law

The company signed a **contract** with the supplier for the delivery of goods.

## breath

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

*synonym* : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

## compensate

*v.* to make up for a loss, injury, or inconvenience by giving something of value

*synonym* : reimburse, pay, recompense

(1) **compensate** a loss, (2) **compensate** for a car accident

The company offered to **compensate** the employees for the overtime they worked.

## respiratory

*adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air

*synonym* : breathing, pulmonary, lung

(1) **respiratory** failure, (2) alleviate **respiratory** ailments

Chronic **respiratory** disorders, such as asthma, can significantly impact a person's quality of life.

## stimulant

*n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration

*synonym* : upper, energizer, booster

(1) memory **stimulant**, (2) prescription **stimulant**

Many athletes use **stimulants** like caffeine to boost their energy before a competition.

## oxygen

*n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

(1) the hydrogen binds the **oxygen**, (2) lack of **oxygen**

The passenger grabbed for the **oxygen** mask.

## lung

*n.* either of the two organs in the chest that people and some animals use for breathing

(1) **lung** capacity, (2) do **lung** transplantation

He has terminal **lung** cancer.

## kidney

*n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

(1) an artificial **kidney**, (2) chronic **kidney** disease

The surgeon removed the healthy **kidney** from the donor.

## erythropoietin

*n.* a hormone produced by the kidneys that stimulates the production of red blood cells in the bone marrow, used medically to treat anemia and enhance athletic performance (though this usage is banned)

(1) **erythropoietin** deficiency, (2) **erythropoietin** production

**Erythropoietin** injections can help manage the symptoms of chronic kidney disease.

## filter

*n.* any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light

*synonym* : strainer

(1) gas **filter**, (2) clogged **filter**

Ozone is a primary **filter** to protect Earth's surface from harmful UV rays.

## urine

*n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate

*synonym* : excrement, dung, pee

(1) **urine** composition, (2) blood in the **urine**  
They collected a **urine** specimen for urinalysis.

## volume

*n.* the amount of space occupied by an object or substance; the magnitude of sound

*synonym*: capacity, amount, intensity

(1) **volume** of work, (2) high **volume**

This container has a **volume** of 10 cubic meters.

## dilute

*v.* to make a substance less concentrated by adding a liquid or another substance to it

*synonym*: weaken, thin, reduce

(1) **dilute** acid with water, (2) **dilute** a great idea

She **diluted** the concentrated juice with water.

## nutrient

*n.* any substance that is essential for the maintenance and growth of living things

*synonym*: food, vitamin

(1) **nutrient** medicine, (2) a **nutrient** for hair

They used fast-acting **nutrients** on the flowers in the flower beds.

## pump

*v.* to cause water, air, gas, etc. to move from one place to another by using mechanical equipment; to get or supply something such as money, information, etc. in significant quantities

*synonym*: drain, inject, send

(1) **pump** a secret out of success, (2) **pump** blood throughout the body

He was alert and could not **pump** any critical information out of him.

## placenta

*n.* a temporary organ that feeds a fetus (= unborn and developing baby) inside its mother's womb

(1) **placenta** blood, (2) fetal **placenta**

The **placenta** produces various hormones that help maintain

the pregnancy.

## complication

*n.* something that makes a situation or condition that is complex or confused

*synonym*: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

## relate

*v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

*synonym*: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

## fluid

*n.* a substance that can flow and is not solid

*synonym*: liquid, aqua, sap

(1) plenty of **fluids**, (2) **fluid** assets

She was diagnosed with a **fluid** buildup in her lungs.

## buildup

*n.* the accumulation or increase of something over time

*synonym*: accumulation, increase, growth

(1) lactic acid **buildup**, (2) huge military **buildup**

The **buildup** of stress over time can lead to health problems.

## inferior

*adj.* lower in rank, status, or quality

*synonym*: lower, subordinate, secondary

(1) an **inferior** poet, (2) **inferior** quality

The new employee's work was **inferior** to that of the experienced workers in the team.

**vena**

*n.* a vein, a blood vessel that carries deoxygenated blood from the body back to the heart

*synonym*: vein, blood vessel, capillary

(1) hepatic **vena**, (2) deep **vena** thrombosis

The coronary **vena** is responsible for draining deoxygenated blood from the heart muscle.

**cava**

*n.* (of medicine) one of two large veins in the body, the superior vena cava or the inferior vena cava; a type of sparkling wine made in a specific region of Spain typically served at celebrations and special occasions

*synonym*: vessel, large vein, champagne

(1) sinus of vena **cava**, (2) **cava** bottle

A blood clot in the superior vena **cava** can cause obstruction and potentially life-threatening complications.

**interfere**

*v.* to get involved in and prevent a process or activity from continuing

*synonym*: interpose, interrupt, hamper

(1) **interfere** in another country's affairs, (2) **interfere** with DNA synthesis

Your talking **interferes** with my work.

**dizzy**

*adj.* having or causing a whirling sensation and not able to keep balance

*synonym*: addled, confounded, unsteady

(1) feel **dizzy**, (2) had a **dizzy** spell

Professional skaters can spin fast on the ice without getting **dizzy**.

**reverse**

*v.* to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

*synonym*: overturn, shift, switch

(1) **reverse** the trend, (2) **reverse** the order

The restaurant **reversed** a ban on smoking.

## delivery

*n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth

*synonym*: sending, transporting, bringing

(1) an easy **delivery**, (2) special **delivery**

The **delivery** truck arrived with the packages.

## shrink

*v.* to become smaller, or to make something smaller in size or amount

*synonym*: decrease, diminish, shy away

(1) **shrink** the tumor, (2) **shrink** with fear

This shirt will **shrink** in the wash.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym*: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

## recreation

*n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

*synonym*: amusement, entertainment, refreshment

(1) outdoor **recreation**, (2) **recreation** of the homeland

Basketball is their usual **recreation** after school.

## scan

*v.* to examine something hastily, with the eyes or with a machine, to get information

*synonym*: look over, scrutinize, browse

(1) **scan** the face of the man, (2) **scan** a document into PDF

She stood on the podium and **scanned** an audience.

## adaptive

*adj.* capable of adjusting to new situations or changing conditions

*synonym*: flexible, adjustable, pliant

(1) the **adaptive** coloring, (2) **adaptive** technology

The **adaptive** learning system adjusts the difficulty level of



the lessons based on the student's performance.

## facial

*adj.* of or relating to a person's face

*synonym* : forward, front, surface

(1) **facial** nerve, (2) **facial** expressions

**Facial** profiling is a new form of airport security.

## cue

*n.* a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something

*synonym* : signal, sign, hint

(1) **cue** card, (2) visual **cue**

The director gave the actor a **cue** to begin the scene.

## highlight

*v.* to make something prominent, mainly so that people give it more attention

*synonym* : feature, emphasize, stress

(1) **highlight** a string in red, (2) **highlight** an important difference

The introduction **highlighted** the speaker's distinguished career as a consultant

## historic

*adj.* famous or significant in history, or potentially so

*synonym* : memorable, momentous, historical

(1) **historic** accomplishment, (2) achieve the **historic** feat

The Chinese people have accomplished several **historic** feats.

## vary

*v.* to become different in terms of size, shape, etc.

*synonym* : alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price

Maximum heart rates **vary** a lot for each individual.

## comply

*v.* to obey an order, set of rules, or request

*synonym* : follow, abide by, adhere to

(1) **comply** with a code, (2) fully **comply** with all laws

The public schools **comply** with federal standards.

## develop

*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

*synonym* : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## meantime

*n.* the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else

*synonym* : interim, meanwhile, lag

(1) **meantime** report, (2) for the **meantime**

In the **meantime**, while we wait for the results, let's start working on the next project.

## consult

*v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

*synonym* : confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet

Always **consult** a lawyer before launching a business.

## specific

*adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

*synonym* : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

## exciting

*adj.* causing a lot of interest or excitement

*synonym* : exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

### **devote**

*v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

*synonym*: commit, dedicate, apply

(1) **devote** all of my energies, (2) **devote** my own life

He **devoted** himself to studying the history of ancient civilizations.

### **astound**

*v.* to surprise or shock someone with wonder very much

*synonym*: amaze, astonish, surprise

(1) **astound** everyone, (2) **astound** the viewer

The final result was nothing short of **astounding**.

### **biology**

*n.* the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

## Session 2: Spelling

- |                              |  |
|------------------------------|--|
| 1. spider v__n               | <i>n.</i> a blood vessel that carries blood from various parts of the body back to the heart; a mineral deposit or layer of rock that is contained within another rock formation |
| 2. wo___n the food problem   | <i>v.</i> to become or make something worse  |
| 3. an artificial ki___y      | <i>n.</i> either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine                           |
| 4. nasal mu__s               | <i>n.</i> a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.   |
| 5. in___e other tissues      | <i>v.</i> to enter aggressively into another's territory by military force for conquest and occupation   |
| 6. a urinary tr__t infection | <i>n.</i> a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body                     |
| 7. ig___e a boom             | <i>v.</i> to set on fire; to cause to start burning  |
| 8. sh___k the tumor          | <i>v.</i> to become smaller, or to make something smaller in size or amount  |
| 9. in samba rh___m           | <i>n.</i> a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing   |

ANSWERS: 1. vein, 2. worsen, 3. kidney, 4. mucus, 5. invade, 6. tract, 7. ignite, 8. shrink, 9. rhythm

10. pro\_\_\_\_\_one receptor *n.* a hormone mainly produced in the ovaries of females that helps regulate the menstrual cycle and plays a crucial role in pregnancy
11. de\_\_\_\_\_y the ecosystem *v.* to ruin or damage severely or completely; to eradicate or eliminate completely
12. irregular heart rh\_\_\_\_m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
13. se\_\_\_\_d jar *adj.* closed or secured with
14. three-fourths of a po\_\_d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
15. ur\_\_e composition *n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate
16. ce\_\_\_\_\_al cancer *adj.* relating to the neck or the cervix (= the narrow passage forming the lower end of the uterus)
17. female ho\_\_\_\_\_e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
18. de\_\_\_\_e all of my energies *v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

ANSWERS: 10. progesterone, 11. destroy, 12. rhythm, 13. sealed, 14. pound, 15. urine, 16. cervical, 17. hormone, 18. devote

19. development of the fe\_\_s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
20. sp\_\_\_\_ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
21. the\_\_\_\_al physicist *adj.* relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience
22. nu\_\_\_\_nt medicine *n.* any substance that is essential for the maintenance and growth of living things
23. upper es\_\_\_\_us *n.* the muscular tube that connects the mouth and throat to the stomach, which allows food to pass through
24. a tr\_\_t of virgin forest *n.* a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body
25. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
26. a di\_\_\_\_ve enzyme *adj.* relating to or capable of causing or promoting digestion of food
27. re\_\_\_\_ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

ANSWERS: 19. fetus, 20. specific, 21. theoretical, 22. nutrient, 23. esophagus, 24. tract, 25. brain, 26. digestive, 27. recognize

28. ou\_\_\_\_d cheerfulness *adj.* relating to the external appearance or surface of something; visible
29. had a di\_\_y spell *adj.* having or causing a whirling sensation and not able to keep balance
30. fa\_\_l nerve *adj.* of or relating to a person's face
31. major paradigm sh\_\_t *n.* a slight transition in position, direction, or trend
32. ut\_\_\_s cancer *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
33. ce\_\_\_\_al spine *adj.* relating to the neck or the cervix (= the narrow passage forming the lower end of the uterus)
34. gas fi\_\_\_r *n.* any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
35. wo\_\_\_n a relation *v.* to become or make something worse
36. ig\_\_\_e passion *v.* to set on fire; to cause to start burning
37. bleeding from ut\_\_\_s *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
38. lactic acid bu\_\_\_\_p *n.* the accumulation or increase of something over time
39. ex\_\_\_d agricultural output *v.* to increase or to make something greater in size, number, or importance

ANSWERS: 28. outward, 29. dizzy, 30. facial, 31. shift, 32. uterus, 33. cervical, 34. filter, 35. worsen, 36. ignite, 37. uterus, 38. buildup, 39. expand

40. se\_\_\_d orders *adj.* closed or secured with
41. co\_\_\_\_\_ct law *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
42. lack of ox\_\_\_n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
43. ar\_\_\_y blockage *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
44. the int\_\_\_\_\_on between man and his environment *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
45. com\_\_\_\_\_te for a car accident *v.* to make up for a loss, injury, or inconvenience by giving something of value
46. the bone of a jo\_\_t *adj.* shared, held, or made between two or more people; (noun) the point of connection between two bones or elements of a skeleton
47. c\_\_a bottle *n.* (of medicine) one of two large veins in the body, the superior vena cava or the inferior vena cava; a type of sparkling wine made in a specific region of Spain typically served at celebrations and special occasions

ANSWERS: 40. sealed, 41. contract, 42. oxygen, 43. artery, 44. interaction, 45. compensate, 46. joint, 47. cava



48. an easy de\_\_\_\_ry *n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth
49. an a\_\_d reaction *n.* sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials
50. good source of essential amino a\_\_ds *n.* sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials
51. fl\_\_d assets *n.* a substance that can flow and is not solid
52. ex\_\_\_\_d a lineup *v.* to increase or to make something greater in size, number, or importance
53. alleviate res\_\_\_\_ry ailments *adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
54. ery\_\_\_\_tin production *n.* a hormone produced by the kidneys that stimulates the production of red blood cells in the bone marrow, used medically to treat anemia and enhance athletic performance (though this usage is banned)
55. chronic he\_\_\_\_rn *n.* a burning sensation or discomfort in the chest or throat, often caused by stomach acid refluxing into the esophagus

ANSWERS: 48. delivery, 49. acid, 50. acid, 51. fluid, 52. expand, 53. respiratory, 54. erythropoietin, 55. heartburn

56. an aborted fe\_\_s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
57. visual c\_e *n.* a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
58. de\_\_\_e my own life *v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose
59. a silence pr\_\_\_\_\_nt with suspense *adj.* having a baby or young animal developing in the uterus
60. r\_\_r with laughter *v.* to make a loud, deep sound, like a lion or a car engine
61. ho\_\_\_\_\_e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
62. com\_\_\_\_\_te a loss *v.* to make up for a loss, injury, or inconvenience by giving something of value
63. blood in the ur\_\_e *n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate
64. com\_\_\_\_\_ion of structure *n.* something that makes a situation or condition that is complex or confused

ANSWERS: 56. fetus, 57. cue, 58. devote, 59. pregnant, 60. roar, 61. hormone, 62. compensate, 63. urine, 64. complication

65. fully co\_\_\_y with all laws                    *v.*    to obey an order, set of rules, or request
66. clogged fi\_\_\_r                                    *n.*    any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
67. Doppler sh\_\_t                                   *n.*    a slight transition in position, direction, or trend
68. me\_\_\_\_\_me report                        *n.*    the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else
69. int\_\_\_\_\_on among human beings       *n.*    the act of connecting with someone, mainly when working, playing, or spending time with them
70. sinus of vena c\_\_a                            *n.*    (of medicine) one of two large veins in the body, the superior vena cava or the inferior vena cava; a type of sparkling wine made in a specific region of Spain typically served at celebrations and special occasions
71. im\_\_\_\_\_t genes in the animals           *v.*    to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind
72. high vo\_\_\_e                                    *n.*    the amount of space occupied by an object or substance; the magnitude of sound
73. s\_\_n the face of the man                    *v.*    to examine something hastily, with the eyes or with a machine, to get information

ANSWERS: 65. comply, 66. filter, 67. shift, 68. meantime, 69. interaction, 70. cava, 71. implant, 72. volume, 73. scan

74. pro\_\_\_\_\_on of disease *n.* the act or process of changing to the next stage or phase or moving forward
75. do l\_\_g transplantation *n.* either of the two organs in the chest that people and some animals use for breathing
76. pathogenic ba\_\_\_\_\_ia *n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
77. s\_\_n a document into PDF *v.* to examine something hastily, with the eyes or with a machine, to get information
78. a nu\_\_\_\_\_nt for hair *n.* any substance that is essential for the maintenance and growth of living things
79. plenty of fl\_\_ds *n.* a substance that can flow and is not solid
80. for the me\_\_\_\_\_me *n.* the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else
81. synthetic pro\_\_\_\_\_one *n.* a hormone mainly produced in the ovaries of females that helps regulate the menstrual cycle and plays a crucial role in pregnancy
82. industry-sp\_\_\_\_\_ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

ANSWERS: 74. progression, 75. lung, 76. bacteria, 77. scan, 78. nutrient, 79. fluid, 80. meantime, 81. progesterone, 82. specific

83. co\_\_\_\_t my wallet      *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
84. in\_\_\_e his privacy      *v.* to enter aggressively into another's territory by military force for conquest and occupation
85. collapsed v\_\_n      *n.* a blood vessel that carries blood from various parts of the body back to the heart; a mineral deposit or layer of rock that is contained within another rock formation
86. de\_\_\_\_yed evidence      *v.* to ruin or damage severely or completely; to eradicate or eliminate completely
87. f\_\_x density      *n.* the state of constantly changing or flowing; the rate of flow of energy or particles across a particular place
88. sl\_\_\_\_\_sh response      *adj.* lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress
89. memory st\_\_\_\_\_nt      *n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
90. an in\_\_\_\_\_or poet      *adj.* lower in rank, status, or quality
91. as\_\_\_\_\_d everyone      *v.* to surprise or shock someone with wonder very much
92. v\_\_y according to the age      *v.* to become different in terms of size, shape, etc.

ANSWERS: 83. consult, 84. invade, 85. vein, 86. destroy, 87. flux, 88. sluggish, 89. stimulant, 90. inferior, 91. astound, 92. vary

93. st\_\_\_\_h virus *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
94. fa\_\_\_l expressions *adj.* of or relating to a person's face
95. ery\_\_\_\_\_tin deficiency *n.* a hormone produced by the kidneys that stimulates the production of red blood cells in the bone marrow, used medically to treat anemia and enhance athletic performance (though this usage is banned)
96. c\_e card *n.* a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
97. in\_\_\_\_\_e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
98. huge military bu\_\_\_\_\_p *n.* the accumulation or increase of something over time
99. chronic ki\_\_\_y disease *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
100. f\_\_x of particles *n.* the state of constantly changing or flowing; the rate of flow of energy or particles across a particular place
101. cell and molecular bi\_\_\_\_\_y *n.* the scientific study of life and the natural processes of living things

ANSWERS: 93. stomach, 94. facial, 95. erythropoietin, 96. cue, 97. involve, 98. buildup, 99. kidney, 100. flux, 101. biology

102. mi\_\_\_\_es sterilizer *n.* a tiny living thing that can only be seen with a microscope and that may cause disease
103. p\_\_p blood throughout the body *v.* to cause water, air, gas, etc. to move from one place to another by using mechanical equipment; to get or supply something such as money, information, etc. in significant quantities
104. di\_\_\_\_\_gm birth control *n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control
105. manual la\_\_r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
106. l\_\_g capacity *n.* either of the two organs in the chest that people and some animals use for breathing
107. im\_\_\_e from criminal prosecution *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
108. jo\_\_\_e for position *v.* to push, elbow, or bump against someone or something in a forceful or crowded way; to compete with or struggle against another person or group for space, resources, or attention

ANSWERS: 102. microbe, 103. pump, 104. diaphragm, 105. labor, 106. lung, 107. immune, 108. jostle

109. in\_\_\_\_ or quality *adj.* lower in rank, status, or quality
110. an ou\_\_\_\_d journey *adj.* relating to the external appearance or surface of something; visible
111. ad\_\_\_\_ve technology *adj.* capable of adjusting to new situations or changing conditions
112. v\_\_y directly with the price *v.* to become different in terms of size, shape, etc.
113. vo\_\_\_\_e of work *n.* the amount of space occupied by an object or substance; the magnitude of sound
114. pl\_\_\_\_ta blood *n.* a temporary organ that feeds a fetus (= unborn and developing baby) inside its mother's womb
115. ex\_\_\_\_ng news *adj.* causing a lot of interest or excitement
116. pr\_\_\_\_l the ship *v.* to move, drive or push something forward or in a particular direction, often with a lot of force
117. in\_\_\_\_re in another country's affairs *v.* to get involved in and prevent a process or activity from continuing
118. resolve without com\_\_\_\_ion *n.* something that makes a situation or condition that is complex or confused
119. re\_\_\_\_e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
120. hi\_\_\_\_ic accomplishment *adj.* famous or significant in history, or potentially so

ANSWERS: 109. inferior, 110. outward, 111. adaptive, 112. vary, 113. volume, 114. placenta, 115. exciting, 116. propel, 117. interfere, 118. complication, 119. relate, 120. historic



121. con\_\_\_\_\_ion relief *n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination
122. com\_\_\_\_\_ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
123. re\_\_\_\_\_n hormone *n.* a hormone produced during pregnancy that relaxes the ligaments and joints in the pelvic region, allowing for easier childbirth
124. basic br\_\_n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
125. a jo\_\_t venture *adj.* shared, held, or made between two or more people; (noun) the point of connection between two bones or elements of a skeleton
126. evolutionary bi\_\_\_\_\_y *n.* the scientific study of life and the natural processes of living things
127. res\_\_\_\_\_ry failure *adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
128. employment co\_\_\_\_\_ct *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
129. artificial fer\_\_\_\_\_ion *n.* the process of joining a sperm and an egg to produce an embryo

ANSWERS: 121. constipation, 122. complexity, 123. relaxin, 124. brain, 125. joint, 126. biology, 127. respiratory, 128. contract, 129. fertilization

130. re\_\_\_\_\_e the order                      *v.*    to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear
131. de\_\_\_\_\_p a skill                        *v.*    to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
132. hepatic v\_\_a                                *n.*    a vein, a blood vessel that carries deoxygenated blood from the body back to the heart
133. in\_\_\_\_\_e a lot of paperwork           *v.*    to include or affect someone or something as a necessary part of something else
134. re\_\_\_\_\_n-like peptide                   *n.*    a hormone produced during pregnancy that relaxes the ligaments and joints in the pelvic region, allowing for easier childbirth
135. hi\_\_\_\_\_ht a string in red               *v.*    to make something prominent, mainly so that people give it more attention
136. upset st\_\_\_\_\_h                           *n.*    the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
137. im\_\_\_\_\_t into the uterus               *v.*    to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind
138. thousands of po\_\_ds                      *n.*    the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 130. reverse, 131. develop, 132. vena, 133. involve, 134. relaxin, 135. highlight, 136. stomach, 137. implant, 138. pound

139. pr\_\_\_l growth *v.* to move, drive or push something forward or in a particular direction, often with a lot of force
140. the hydrogen binds the ox\_\_\_n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
141. sh\_\_\_k with fear *v.* to become smaller, or to make something smaller in size or amount
142. di\_\_\_\_\_ve juices *adj.* relating to or capable of causing or promoting digestion of food
143. airway mu\_\_\_s *n.* a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
144. risk of coronary ar\_\_\_y disease *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
145. needs of pr\_\_\_\_\_nt women *adj.* having a baby or young animal developing in the uterus
146. br\_\_\_h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
147. p\_\_p a secret out of success *v.* to cause water, air, gas, etc. to move from one place to another by using mechanical equipment; to get or supply something such as money, information, etc. in significant quantities

ANSWERS: 139. propel, 140. oxygen, 141. shrink, 142. digestive, 143. mucus, 144. artery, 145. pregnant, 146. breath, 147. pump

148. fetal pl\_\_\_\_\_ta *n.* a temporary organ that feeds a fetus (= unborn and developing baby) inside its mother's womb
149. cognitive com\_\_\_\_\_ty *n.* the state or quality of being complicated or intricate and difficult to understand
150. antibiotic-resistant g\_\_m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
151. re\_\_\_\_\_ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
152. es\_\_\_\_\_us reflux *n.* the muscular tube that connects the mouth and throat to the stomach, which allows food to pass through
153. re\_\_\_\_\_e the trend *v.* to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear
154. lo\_\_\_n grip *v.* to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
155. the cell of the im\_\_\_e system *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
156. r\_\_r for more *v.* to make a loud, deep sound, like a lion or a car engine

ANSWERS: 148. placenta, 149. complexity, 150. germ, 151. recognize, 152. esophagus, 153. reverse, 154. loosen, 155. immune, 156. roar

157. he\_\_\_\_\_rn relief *n.* a burning sensation or discomfort in the chest or throat, often caused by stomach acid refluxing into the esophagus
158. ex\_\_\_\_\_ng football player *adj.* causing a lot of interest or excitement
159. hold your br\_\_\_\_h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
160. regularly co\_\_\_\_\_t with a doctor *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
161. as\_\_\_\_\_d the viewer *v.* to surprise or shock someone with wonder very much
162. deep v\_\_a thrombosis *n.* a vein, a blood vessel that carries deoxygenated blood from the body back to the heart
163. harmless ba\_\_\_\_\_ia *n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
164. hi\_\_\_\_\_ht an important difference *v.* to make something prominent, mainly so that people give it more attention
165. outdoor rec\_\_\_\_\_on *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

ANSWERS: 157. heartburn, 158. exciting, 159. breath, 160. consult, 161. astound, 162. vena, 163. bacteria, 164. highlight, 165. recreation

166. feel di\_\_y *adj.* having or causing a whirling sensation and not able to keep balance
167. lo\_\_\_n knot *v.* to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
168. achieve the hi\_\_\_\_ic feat *adj.* famous or significant in history, or potentially so
169. look up\_\_\_d *adv.* toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place
170. pro\_\_\_\_\_on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
171. prescription st\_\_\_\_\_nt *n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
172. de\_\_\_\_p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
173. re\_\_\_e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
174. chronic con\_\_\_\_\_ion *n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination

ANSWERS: 166. dizzy, 167. loosen, 168. historic, 169. upward, 170. progression, 171. stimulant, 172. develop, 173. relate, 174. constipation

175. co\_\_\_y with a code *v.* to obey an order, set of rules, or request
176. em\_\_\_o cloning *n.* an animal organism in the early stages of growth, either in its mother's womb or in an egg, or a plant that is developing in a seed
177. di\_\_\_e acid with water *v.* to make a substance less concentrated by adding a liquid or another substance to it
178. rec\_\_\_\_\_on of the homeland *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
179. the ad\_\_\_\_\_ve coloring *adj.* capable of adjusting to new situations or changing conditions
180. a g\_\_m-free environment *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
181. demonstrate an up\_\_\_d trend *adv.* toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place
182. pathogenic mi\_\_\_\_\_e *n.* a tiny living thing that can only be seen with a microscope and that may cause disease
183. sl\_\_\_\_\_sh economy *adj.* lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress

ANSWERS: 175. comply, 176. embryo, 177. dilute, 178. recreation, 179. adaptive, 180. germ, 181. upward, 182. microbe, 183. sluggish

184. the\_\_\_\_\_al models *adj.* relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience
185. seasonal la\_\_r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
186. di\_\_\_e a great idea *v.* to make a substance less concentrated by adding a liquid or another substance to it
187. destruction of human em\_\_\_os *n.* an animal organism in the early stages of growth, either in its mother's womb or in an egg, or a plant that is developing in a seed
188. fer\_\_\_\_\_ion process *n.* the process of joining a sperm and an egg to produce an embryo
189. jo\_\_\_e my elbow *v.* to push, elbow, or bump against someone or something in a forceful or crowded way; to compete with or struggle against another person or group for space, resources, or attention
190. in\_\_\_\_\_re with DNA synthesis *v.* to get involved in and prevent a process or activity from continuing
191. di\_\_\_\_\_gm activity *n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control

ANSWERS: 184. theoretical, 185. labor, 186. dilute, 187. embryo, 188. fertilization, 189. jostle, 190. interfere, 191. diaphragm



192. special de\_\_\_\_ry

*n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth

ANSWERS: 192. delivery

## Session 3: Fill in the Blanks

1. She was diagnosed with a \_\_\_\_\_ buildup in her lungs.  
*n.* a substance that can flow and is not solid
2. He has terminal \_\_\_\_\_ cancer.  
*n.* either of the two organs in the chest that people and some animals use for breathing
3. The company offered to \_\_\_\_\_ the employees for the overtime they worked.  
*v.* to make up for a loss, injury, or inconvenience by giving something of value
4. They collected a \_\_\_\_\_ specimen for urinalysis.  
*n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate
5. This shirt will \_\_\_\_\_ in the wash.  
*v.* to become smaller, or to make something smaller in size or amount
6. During pregnancy, \_\_\_\_\_ levels rise to support the growth of the fetus.  
*n.* a hormone mainly produced in the ovaries of females that helps regulate the menstrual cycle and plays a crucial role in pregnancy
7. The nurse inserted the needle into the \_\_\_\_\_ in his arm to draw blood.  
*n.* a blood vessel that carries blood from various parts of the body back to the heart; a mineral deposit or layer of rock that is contained within another rock formation

ANSWERS: 1. fluid, 2. lung, 3. compensate, 4. urine, 5. shrink, 6. progesterone, 7. vein

8. Scientists are studying the effects of \_\_\_\_\_ on the body to see if it can be used to treat certain medical conditions.
- n.* a hormone produced during pregnancy that relaxes the ligaments and joints in the pelvic region, allowing for easier childbirth
9. Unilateral import bans have \_\_\_\_\_ that country's terms of trade.
- v.* to become or make something worse
10. Our latest project is still at the \_\_\_\_\_ stage.
- n.* an animal organism in the early stages of growth, either in its mother's womb or in an egg, or a plant that is developing in a seed
11. Always \_\_\_\_\_ a lawyer before launching a business.
- v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
12. The investigation \_\_\_\_\_ several government agencies and is expected to take several months.
- v.* to include or affect someone or something as a necessary part of something else
13. Individuals with a weak \_\_\_\_\_ may experience difficulty breathing during physical activity.
- n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control
14. The coronary \_\_\_\_\_ is responsible for draining deoxygenated blood from the heart muscle.
- n.* a vein, a blood vessel that carries deoxygenated blood from the body back to the heart

ANSWERS: 8. relaxin, 9. worsened, 10. embryo, 11. consult, 12. involves, 13. diaphragm, 14. vena

15. \_\_\_\_\_ profiling is a new form of airport security.

*adj.* of or relating to a person's face

16. The building was \_\_\_\_\_ in the fire and had to be rebuilt.

*v.* to ruin or damage severely or completely; to eradicate or eliminate completely

17. The final result was nothing short of \_\_\_\_\_.

*v.* to surprise or shock someone with wonder very much

18. Could you help me \_\_\_\_\_ some furniture?

*n.* a slight transition in position, direction, or trend

19. The \_\_\_\_\_ of the two groups is good for brainstorming.

*n.* the act of connecting with someone, mainly when working, playing, or spending time with them

20. He beat out a jazz \_\_\_\_\_ on the cajones.

*n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

21. She must undergo a \_\_\_\_\_ screening to check for abnormalities in her reproductive system.

*adj.* relating to the neck or the cervix (= the narrow passage forming the lower end of the uterus)

22. The restaurant \_\_\_\_\_ a ban on smoking.

*v.* to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

ANSWERS: 15. Facial, 16. destroyed, 17. astounding, 18. shift, 19. interaction, 20. rhythm, 21. cervical, 22. reversed

23. This container has a \_\_\_\_\_ of 10 cubic meters.  
*n.* the amount of space occupied by an object or substance; the magnitude of sound
24. Maximum heart rates \_\_\_\_\_ a lot for each individual.  
*v.* to become different in terms of size, shape, etc.
25. The scientist conducted a study that provided \_\_\_\_\_ details about the species' behavior.  
*adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
26. After the summit meeting, the prime ministers issued a \_\_\_\_\_ statement.  
*adj.* shared, held, or made between two or more people; (noun) the point of connection between two bones or elements of a skeleton
27. The physician prescribed medication to relieve the contraction of the \_\_\_\_\_.  
*n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
28. I have no intention to \_\_\_\_\_ your privacy.  
*v.* to enter aggressively into another's territory by military force for conquest and occupation
29. She stood on the podium and \_\_\_\_\_ an audience.  
*v.* to examine something hastily, with the eyes or with a machine, to get information
30. After eating that spicy meal, she suffered from \_\_\_\_\_ all night long.  
*n.* a burning sensation or discomfort in the chest or throat, often caused by stomach acid refluxing into the esophagus

ANSWERS: 23. volume, 24. vary, 25. specific, 26. joint, 27. uterus, 28. invade, 29. scanned, 30. heartburn

31. He also continued to struggle with serious long-term \_\_\_\_\_.
- n.* something that makes a situation or condition that is complex or confused
32. Continuous consumption of fatty foods leads to the hardening of the \_\_\_\_\_.
- n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
33. I have a \_\_\_\_\_ ache after overeating junk food.
- n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
34. \_\_\_\_\_ injections can help manage the symptoms of chronic kidney disease.
- n.* a hormone produced by the kidneys that stimulates the production of red blood cells in the bone marrow, used medically to treat anemia and enhance athletic performance (though this usage is banned)
35. We must \_\_\_\_\_ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
36. The introduction \_\_\_\_\_ the speaker's distinguished career as a consultant
- v.* to make something prominent, mainly so that people give it more attention
37. The doctor diagnosed me with a \_\_\_\_\_ disorder.
- n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

ANSWERS: 31. complications, 32. artery, 33. stomach, 34. Erythropoietin, 35. develop, 36. highlighted, 37. hormone

38. In junior high school, we had to dissect a frog in \_\_\_\_\_ class.  
*n.* the scientific study of life and the natural processes of living things
39. Absolute zero is the lowest \_\_\_\_\_ temperature.  
*adj.* relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience
40. The company adjusted the revenue \_\_\_\_\_.  
*adv.* toward the top or highest point, or a higher position or level; (adjective) extending or moving toward a higher place
41. During pregnancy, the stomach generates less \_\_\_\_\_ than usual.  
*n.* sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials
42. We packed and shipped the product in \_\_\_\_\_ containers.  
*adj.* closed or secured with
43. The passenger grabbed for the \_\_\_\_\_ mask.  
*n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
44. He was alert and could not \_\_\_\_\_ any critical information out of him.  
*v.* to cause water, air, gas, etc. to move from one place to another by using mechanical equipment; to get or supply something such as money, information, etc. in significant quantities
45. After a long day at work, I feel \_\_\_\_\_ and lack energy.  
*adj.* lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress

ANSWERS: 38. biology, 39. theoretical, 40. upward, 41. acid, 42. sealed, 43. oxygen, 44. pump, 45. sluggish

46. The doctor will \_\_\_\_\_ a pacemaker to regulate his heart rate.
- v. to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind
47. The surgeon removed the healthy \_\_\_\_\_ from the donor.
- n. either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
48. Please \_\_\_\_\_ the screws on the back panel so we can access the inside of the machine.
- v. to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
49. X-rays revealed a small tumor in his \_\_\_\_\_.
- n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
50. He tried to \_\_\_\_\_ his experience to the group, but they couldn't understand.
- v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
51. He \_\_\_\_\_ the fireworks with a single spark.
- v. to set on fire; to cause to start burning
52. Basketball is their usual \_\_\_\_\_ after school.
- n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

ANSWERS: 46. implant, 47. kidney, 48. loosen, 49. brain, 50. relate, 51. ignited, 52. recreation



53. Professional skaters can spin fast on the ice without getting \_\_\_\_\_.  
*adj.* having or causing a whirling sensation and not able to keep balance
54. The findings of the experiment were both \_\_\_\_\_ and unexpected.  
*adj.* causing a lot of interest or excitement
55. Your talking \_\_\_\_\_ with my work.  
*v.* to get involved in and prevent a process or activity from continuing
56. Ozone is a primary \_\_\_\_\_ to protect Earth's surface from harmful UV rays.  
*n.* any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
57. They hope to \_\_\_\_\_ their business worldwide.  
*v.* to increase or to make something greater in size, number, or importance
58. The lion \_\_\_\_\_ loudly, signaling its dominance over the other animals.  
*v.* to make a loud, deep sound, like a lion or a car engine
59. An increase in employment helps \_\_\_\_\_ economic growth.  
*v.* to move, drive or push something forward or in a particular direction, often with a lot of force
60. The new employee's work was \_\_\_\_\_ to that of the experienced workers in the team.  
*adj.* lower in rank, status, or quality
61. They used fast-acting \_\_\_\_\_ on the flowers in the flower beds.  
*n.* any substance that is essential for the maintenance and growth of living things

ANSWERS: 53. dizzy, 54. exciting, 55. interferes, 56. filter, 57. expand, 58. roared, 59. propel, 60. inferior, 61. nutrients

62. I had to \_\_\_\_\_ through the crowded concert to get to the front of the stage.
- v.* to push, elbow, or bump against someone or something in a forceful or crowded way; to compete with or struggle against another person or group for space, resources, or attention
63. The \_\_\_\_\_ appearance of the building was impressive, but the inside was in dire need of repairs.
- adj.* relating to the external appearance or surface of something; visible
64. \_\_\_\_\_ prevalent in hospitals are often resistant to antibiotics.
- n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
65. She \_\_\_\_\_ the concentrated juice with water.
- v.* to make a substance less concentrated by adding a liquid or another substance to it
66. The \_\_\_\_\_ of the soil allowed for a bountiful harvest.
- n.* the process of joining a sperm and an egg to produce an embryo
67. The \_\_\_\_\_ of stress over time can lead to health problems.
- n.* the accumulation or increase of something over time
68. The director gave the actor a \_\_\_\_ to begin the scene.
- n.* a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
69. The patient complained of \_\_\_\_\_ and the doctor recommended increasing their daily fiber intake.
- n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination

ANSWERS: 62. jostle, 63. outward, 64. Bacteria, 65. diluted, 66. fertilization, 67. buildup, 68. cue, 69. constipation,

70. A nutritious diet improves \_\_\_\_\_ functions.

*adj.* relating to or capable of causing or promoting digestion of food

71. In the \_\_\_\_\_ while we wait for the results, let's start working on the next project.

*n.* the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else

72. The \_\_\_\_\_ truck arrived with the packages.

*n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth

73. Many athletes use \_\_\_\_\_ like caffeine to boost their energy before a competition.

*n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration

74. The public schools \_\_\_\_\_ with federal standards.

*v.* to obey an order, set of rules, or request

75. He bated his \_\_\_\_\_ when talking about this affair.

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

76. In several countries, child \_\_\_\_\_ is a serious social problem.

*n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

77. The Chinese people have accomplished several \_\_\_\_\_ feats.

*adj.* famous or significant in history, or potentially so

ANSWERS: 70. digestive, 71. meantime, 72. delivery, 73. stimulants, 74. comply, 75. breath, 76. labor, 77. historic

78. The town's population was in \_\_\_\_\_ with many people moving in and out.  
*n.* the state of constantly changing or flowing; the rate of flow of energy or particles across a particular place
79. When the body temperature drops, \_\_\_\_\_ secretion fails.  
*n.* a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
80. \_\_\_\_\_ thrive on the surface of the human skin.  
*n.* a tiny living thing that can only be seen with a microscope and that may cause disease
81. The \_\_\_\_\_ learning system adjusts the difficulty level of the lessons based on the student's performance.  
*adj.* capable of adjusting to new situations or changing conditions
82. The vaccination does not necessarily make you completely \_\_\_\_\_.  
*adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
83. The company has made great strides in its \_\_\_\_\_ toward sustainability.  
*n.* the act or process of changing to the next stage or phase or moving forward
84. Chronic \_\_\_\_\_ disorders, such as asthma, can significantly impact a person's quality of life.  
*adj.* relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
85. The farmer owns a large \_\_\_\_\_ of land where he grows corn and soybeans.  
*n.* a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body

ANSWERS: 78. flux, 79. mucus, 80. Microbes, 81. adaptive, 82. immune, 83. progression, 84. respiratory, 85. tract

86. It's important to \_\_\_\_\_ your strengths and weaknesses.
- v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
87. The female vagina is elastic enough to allow the passage of a \_\_\_\_\_.
- n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
88. He \_\_\_\_\_ himself to studying the history of ancient civilizations.
- v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose
89. She vacated the position when she got \_\_\_\_\_.
- adj.* having a baby or young animal developing in the uterus
90. The project's \_\_\_\_\_ made it difficult for the team to complete it on time.
- n.* the state or quality of being complicated or intricate and difficult to understand
91. The company signed a \_\_\_\_\_ with the supplier for the delivery of goods.
- n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
92. A blood clot in the superior vena \_\_\_\_\_ can cause obstruction and potentially life-threatening complications.
- n.* (of medicine) one of two large veins in the body, the superior vena cava or the inferior vena cava; a type of sparkling wine made in a specific region of Spain typically served at celebrations and special occasions
93. The \_\_\_\_\_ of his idea came from watching birds flying in flocks.
- n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

ANSWERS: 86. recognize, 87. fetus, 88. devoted, 89. pregnant, 90. complexity, 91. contract, 92. cava, 93. germ

94. The \_\_\_\_\_ produces various hormones that help maintain the pregnancy.
- n.* a temporary organ that feeds a fetus (= unborn and developing baby) inside its mother's womb
95. The car's front bumper cost fifteen hundred \_\_\_\_\_.
- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
96. The tumor in her \_\_\_\_\_ was causing her difficulty in eating and drinking.
- n.* the muscular tube that connects the mouth and throat to the stomach, which allows food to pass through

ANSWERS: 94. placenta, 95. pounds, 96. esophagus