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Vocabulary Builder Reference from...

Danielle Torley: I stepped out of grief -- by dancing with fire | TED Talk

https://www.ted.com/talks/danielle_torley_i_stepped_out_of_grief_by_dancing_with_fire

Advanced Words Only

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Session 1: Word List

chimney

n. a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system

synonym: flue, smokestack, stack

(1) smoke **chimney**, (2) **chimney** sweep

The **chimney** in the factory was constantly emitting dark smoke.

snowmobile

n. a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back

synonym: snow machine, snow scooter, sled

(1) **snowmobile** adventure, (2) **snowmobile** accident

He wore a helmet and goggles while riding his **snowmobile** through the snowy trails.

sled

n. a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses

synonym: sleigh, toboggan, sledge

(1) pull a **sled**, (2) **sled** dog

We used a **sled** to slide down the hill in the snow.

hallway

n. an interior passage or corridor onto which rooms open
synonym: foyer, corridor, entrance

(1) the head of a **hallway**, (2) wax a **hallway** floor
He dashed down a **hallway** to a bathroom.

tuck

v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

synonym: insert, wrap, pinch

(1) **tuck** a baby in the blanket, (2) **tuck** into another cigarette

You should **tuck** your shirt into your trousers.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality
Her remarks **confused** the debate.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity
The old building **exploded** in a fiery inferno.

frantic

adj. marked by uncontrolled excitement or emotion; wild; frenzied

synonym: wild, frenzied, manic

(1) **frantic** pace, (2) with **frantic** haste

The mother was **frantic** as she searched for her lost child.

pry

v. to force open or to try to get information from someone by asking too many questions

synonym: probe, investigate, inquire

(1) **pry** a secret out of a person, (2) **pry** into the affairs
He used a crowbar to **pry** open the locked door.

awning

n. a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway

synonym: canopy, shade, cover

(1) window **awning**, (2) retractable **awning**

We set up an **awning** outside to provide shade during the summer months.

huddle

v. to crowd or press closely together; cuddle

synonym: cluster, crowd, group

(1) **huddle** in a temporary shelter, (2) **huddle** around the open fire

The children **huddled** together for warmth in the cold winter storm.

shatter

v. to break suddenly into many pieces

synonym: break, crash, destroy

(1) **shatter** the plate, (2) **shatter** a world record

Her husband's death **shattered** her life entirely.

inhale

v. to breathe in air or a different substance, such as smoke

synonym: breathe in, take in, draw in

(1) **inhale** the smoke, (2) **inhale** the aroma

He **inhaled** deeply, trying to calm down.

excruciating

adj. extremely painful, intense, or distressing; causing great physical or emotional suffering

synonym: agonizing, unbearable, torturous

(1) **excruciating** ordeal, (2) **excruciating** embarrassment

The **excruciating** pain in his ankle made it difficult to walk.

graft

n. a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods

synonym: transplant, implantation, bribery

(1) **graft** surgery, (2) anti- **graft** law

The patient's skin **graft** procedure was successful, and he was released from the hospital.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

haunted

adj. inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions

synonym: spooky, eerie, ghostly

(1) **haunted** house, (2) **haunted** by memories

The old mansion was known to be **haunted**, with strange noises and eerie sightings reported by visitors.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) **gasp** for air, (2) **gasp** in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

sob

v. to cry or weep with short, sudden sounds

synonym: cry, weep, wail

(1) **sob** out a story, (2) **sob** quietly

She **sobbed** uncontrollably after hearing the news.

depict

v. to illustrate someone or something in a photograph

synonym: illustrate, describe, express

(1) **depict** a scene, (2) **depict** a feeling of isolation

His son had accurately **depicted** the bloom.

cower

- v. to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally

synonym: crouch, tremble, cringe

(1) **cower** in fear, (2) **cower** under pressure

The actress **cowered** in humiliation as the audience booed her performance.

outstretch

- v. to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary

synonym: extend, stretch out, reach

(1) **outstretch** my patience, (2) **outstretch** a hand

The yoga instructor instructed the class to **outstretch** their arms and breathe deeply into the stretch.

inwardly

- adv.* in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience

synonym: internally, inward, inside

(1) protest **inwardly**, (2) **inwardly** happy

She **inwardly** wished that she had prepared more for the exam.

mesmerize

- v. to captivate or fascinate; to hold the complete attention of

synonym: captivate, trance, enchant

(1) **mesmerize** a subject, (2) **mesmerize** with magic

The magician's performance **mesmerized** the audience.

wick

- n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action

synonym: cord, string, taper

(1) cotton **wick**, (2) **wick** moisture

The candle's **wick** burned, signaling it was time to extinguish

it.

terrify

v. to frighten someone very much

synonym: unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

gymnastics

n. a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility

synonym: acrobatics, tumbling, contortion

(1) **gymnastics** competition, (2) **gymnastics** routine

Gymnastics classes are fun for kids to stay active and learn new skills.

cobble

n. a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way

synonym: pebble, boulder, stone

(1) **cobble** driveway, (2) **cobble** up a policy accord

The town is known for its historic **cobble** streets, which were laid by hand in the 19th century.

extinguish

v. to cause a fire to stop burning or light to stop shining

synonym: quench, smother, blow out

(1) **extinguish** a cigarette, (2) **extinguish** the street lamp

Firefighters made every effort to **extinguish** the blaze immediately.

pep

n. energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness

synonym: energy, enthusiasm, liveliness

(1) **pep** me up, (2) have a lot of **peps**

The coach gave a **pep** talk to the team before the game to

boost their spirits.

terrifying

adj. very frightening or intimidating

synonym: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events

Large earthquakes often generate **terrifying** tsunamis.

whoosh

n. a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound

synonym: swoosh, swish, whizz

(1) **whoosh** of a falling object, (2) hear a **whoosh**

The **whoosh** of the wind through the trees was the only sound in the forest.

exhilarating

adj. making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

synonym: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

adrenaline

n. a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

synonym: epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction

The band has released a lot of **adrenaline-pumping** rock music.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items

without approval to achieve efficient purchasing.

apprehensive

adj. anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something

synonym: anxious, uneasy, nervous

(1) **apprehensive** of danger, (2) **apprehensive** mood

She was **apprehensive** about speaking in front of a large crowd.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

troop

n. a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.

synonym: group, unit, band

(1) the members of a military **troop**, (2) a **troop** of deer

The **troop** of soldiers marched through the city in a parade.

onstage

adv. onto or on a stage in a theater; in front of an audience

(1) appeared **onstage**, (2) walk **onstage**

He performed his magic trick **onstage**, leaving the audience in awe.

apprehension

n. the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea

synonym: anxiety, worry, unease

(1) criminal **apprehension**, (2) **apprehension** of danger

The company's CEO felt a sense of **apprehension** before making the major decision.

cling

- v. to hold onto something tightly; to be closely attached to someone or something

synonym: stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin

He **clings** to the hope that he will find a job soon.

reconcile

- v. to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist

synonym: harmonize, moderate, conciliate

(1) **reconcile** these differences, (2) **reconcile** a dispute

Sometimes it is challenging to **reconcile** science and religion.

unfold

- v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym: open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

flickering

- adj. shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame

synonym: shining, flashing, twinkling

(1) **flickering** flames, (2) **flickering** hope

The **flickering** candlelight added a cozy ambiance to the room.

smolder

- v. to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment

synonym: burn, smoke, simmer

(1) **smolder** in resentment for many years, (2) **smolder** beneath the surface

The fire continued to **smolder** long after the firefighters had left.

dazzling

adj. shining brightly; highly attractive or exciting

synonym : astonishing, breathtaking, flashy

(1) **dazzling** debut, (2) **dazzling** views

Last night, the team delivered a **dazzling** performance.

Session 2: Spelling

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|--------------------------|--|
| 1. have a lot of p_ps | <i>n.</i> energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness |
| 2. da____ng views | <i>adj.</i> shining brightly; highly attractive or exciting |
| 3. te____y people | <i>v.</i> to frighten someone very much |
| 4. fli_____ng hope | <i>adj.</i> shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame |
| 5. un___d the stroller | <i>v.</i> to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown |
| 6. field of psy_____apy | <i>n.</i> the treatment of mental or emotional problems by talking with a therapist |
| 7. gym_____cs routine | <i>n.</i> a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility |
| 8. re_____le a dispute | <i>v.</i> to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist |
| 9. app_____ion of danger | <i>n.</i> the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea |

ANSWERS: 1. pep, 2. dazzling, 3. terrify, 4. flickering, 5. unfold, 6. psychotherapy, 7. gymnastics, 8. reconcile, 9. apprehension

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|---------------------------------|---|
| 10. re_____le these differences | <i>v.</i> to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist |
| 11. ex_____e in anger | <i>v.</i> to burst or break open violently and noisily; to cause something to burst or break open |
| 12. s_b quietly | <i>v.</i> to cry or weep with short, sudden sounds |
| 13. retractable aw____g | <i>n.</i> a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway |
| 14. co__r under pressure | <i>v.</i> to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally |
| 15. wax a ha_____y floor | <i>n.</i> an interior passage or corridor onto which rooms open |
| 16. psy_____apy for depression | <i>n.</i> the treatment of mental or emotional problems by talking with a therapist |
| 17. s_b out a story | <i>v.</i> to cry or weep with short, sudden sounds |
| 18. with fr_____c haste | <i>adj.</i> marked by uncontrolled excitement or emotion; wild; frenzied |
| 19. me_____ze with magic | <i>v.</i> to captivate or fascinate; to hold the complete attention of |
| 20. s__d dog | <i>n.</i> a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses |

ANSWERS: 10. reconcile, 11. explode, 12. sob, 13. awning, 14. cower, 15. hallway, 16. psychotherapy, 17. sob, 18. frantic, 19. mesmerize, 20. sled

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|-------------------------------------|--|
| 21. the head of a ha____y | <i>n.</i> an interior passage or corridor onto which rooms open |
| 22. out_____ch my patience | <i>v.</i> to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary |
| 23. window aw____g | <i>n.</i> a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway |
| 24. hu____e around the open fire | <i>v.</i> to crowd or press closely together; cuddle |
| 25. me_____ze a subject | <i>v.</i> to captivate or fascinate; to hold the complete attention of |
| 26. exh_____ing view | <i>adj.</i> making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill |
| 27. co_____e fantasy with reality | <i>v.</i> to mistake one thing for another; to make somebody hard to understand |
| 28. out_____ch a hand | <i>v.</i> to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary |
| 29. hear a wh____h | <i>n.</i> a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound |
| 30. the members of a military tr__p | <i>n.</i> a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit. |

ANSWERS: 21. hallway, 22. outstretch, 23. awning, 24. huddle, 25. mesmerize, 26. exhilarating, 27. confuse, 28. outstretch, 29. whoosh, 30. troop

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|----------------------------|--|
| 31. da____ng debut | <i>adj.</i> shining brightly; highly attractive or exciting |
| 32. co__r in fear | <i>v.</i> to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally |
| 33. gym_____cs competition | <i>n.</i> a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility |
| 34. cl__g onto power | <i>v.</i> to hold onto something tightly; to be closely attached to someone or something |
| 35. gr___e at the sad news | <i>v.</i> to feel or show great sadness or sorrow, especially for someone who has died |
| 36. p_p me up | <i>n.</i> energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness |
| 37. criminal app_____ion | <i>n.</i> the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea |
| 38. a tr__p of deer | <i>n.</i> a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit. |

ANSWERS: 31. dazzling, 32. cower, 33. gymnastics, 34. cling, 35. grieve, 36. pep, 37. apprehension, 38. troop

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|-----------------------------------|--|
| 39. smoke ch____y | <i>n.</i> a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system |
| 40. p_y a secret out of a person | <i>v.</i> to force open or to try to get information from someone by asking too many questions |
| 41. de___t a feeling of isolation | <i>v.</i> to illustrate someone or something in a photograph |
| 42. gr___e for loss | <i>v.</i> to feel or show great sadness or sorrow, especially for someone who has died |
| 43. adr_____ne receptor | <i>n.</i> a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger |
| 44. t__k into another cigarette | <i>v.</i> to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable |
| 45. sno_____le adventure | <i>n.</i> a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back |
| 46. ter_____ng events | <i>adj.</i> very frightening or intimidating |
| 47. t__k a baby in the blanket | <i>v.</i> to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable |

ANSWERS: 39. chimney, 40. pry, 41. depict, 42. grieve, 43. adrenaline, 44. tuck, 45. snowmobile, 46. terrifying, 47. tuck

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|----------------------------------|---|
| 48. ext_____sh the street lamp | <i>v.</i> to cause a fire to stop burning or light to stop shining |
| 49. ha_____d by memories | <i>adj.</i> inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions |
| 50. ter_____ng experience | <i>adj.</i> very frightening or intimidating |
| 51. sh_____r the plate | <i>v.</i> to break suddenly into many pieces |
| 52. cotton w__k | <i>n.</i> a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action |
| 53. em_____r my life | <i>v.</i> to give someone the power or authority to do something |
| 54. co___e up a policy accord | <i>n.</i> a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way |
| 55. de___t a scene | <i>v.</i> to illustrate someone or something in a photograph |
| 56. sm_____r beneath the surface | <i>v.</i> to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment |
| 57. walk on_____e | <i>adv.</i> onto or on a stage in a theater; in front of an audience |

ANSWERS: 48. extinguish, 49. haunted, 50. terrifying, 51. shatter, 52. wick, 53. empower, 54. cobble, 55. depict, 56. smolder, 57. onstage

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|-------------------------------|---|
| 58. g__p in shock | <i>v.</i> to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise |
| 59. sh____r a world record | <i>v.</i> to break suddenly into many pieces |
| 60. exc_____ing embarrassment | <i>adj.</i> extremely painful, intense, or distressing; causing great physical or emotional suffering |
| 61. sno_____le accident | <i>n.</i> a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back |
| 62. ha____d house | <i>adj.</i> inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions |
| 63. anti-gr__t law | <i>n.</i> a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods |
| 64. in___e the aroma | <i>v.</i> to breathe in air or a different substance, such as smoke |
| 65. ex____e in popularity | <i>v.</i> to burst or break open violently and noisily; to cause something to burst or break open |

ANSWERS: 58. gasp, 59. shatter, 60. excruciating, 61. snowmobile, 62. haunted, 63. graft, 64. inhale, 65. explode

66. fli_____ng flames	<i>adj.</i> shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame
67. protest in_____ly	<i>adv.</i> in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience
68. appeared on_____e	<i>adv.</i> onto or on a stage in a theater; in front of an audience
69. p_y into the affairs	<i>v.</i> to force open or to try to get information from someone by asking too many questions
70. an exh_____ing drink	<i>adj.</i> making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
71. exc_____ing ordeal	<i>adj.</i> extremely painful, intense, or distressing; causing great physical or emotional suffering
72. hu___e in a temporary shelter	<i>v.</i> to crowd or press closely together; cuddle
73. un___d the story	<i>v.</i> to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
74. fr_____c pace	<i>adj.</i> marked by uncontrolled excitement or emotion; wild; frenzied
75. gr__t surgery	<i>n.</i> a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods

ANSWERS: 66. flickering, 67. inwardly, 68. onstage, 69. pry, 70. exhilarating, 71. excruciating, 72. huddle, 73. unfold, 74. frantic, 75. graft

76. app_____ive mood *adj.* anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something
77. co____e driveway *n.* a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way
78. co____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
79. in____e the smoke *v.* to breathe in air or a different substance, such as smoke
80. g__p for air *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
81. wh____h of a falling object *n.* a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound
82. in____ly happy *adv.* in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience
83. the threats te____y him *v.* to frighten someone very much
84. sm____r in resentment for many years *v.* to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment

ANSWERS: 76. apprehensive, 77. cobble, 78. confuse, 79. inhale, 80. gasp, 81. whoosh, 82. inwardly, 83. terrify, 84. smolder

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| 85. pull a s__d | <i>n.</i> a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses |
| 86. app_____ive of danger | <i>adj.</i> anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something |
| 87. cl__g tightly to the skin | <i>v.</i> to hold onto something tightly; to be closely attached to someone or something |
| 88. em_____r the secretary to do the same | <i>v.</i> to give someone the power or authority to do something |
| 89. ch_____y sweep | <i>n.</i> a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system |
| 90. adr_____ne addiction | <i>n.</i> a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger |
| 91. w__k moisture | <i>n.</i> a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action |

ANSWERS: 85. sled, 86. apprehensive, 87. cling, 88. empower, 89. chimney, 90. adrenaline, 91. wick

92. ext_____sh a cigarette

v. to cause a fire to stop burning or light to stop shining

ANSWERS: 92. extinguish

Session 3: Fill in the Blanks

1. Her husband's death _____ her life entirely.
v. to break suddenly into many pieces
2. The _____ of soldiers marched through the city in a parade.
n. a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
3. We used a _____ to slide down the hill in the snow.
n. a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses
4. The mystery _____ as the detectives gathered more clues.
v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
5. The _____ of the wind through the trees was the only sound in the forest.
n. a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound
6. The actress _____ in humiliation as the audience booed her performance.
v. to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally
7. His son had accurately _____ the bloom.
v. to illustrate someone or something in a photograph

ANSWERS: 1. shattered, 2. troop, 3. sled, 4. unfolded, 5. whoosh, 6. cowered, 7. depicted

8. The audience _____ when the magician made the rabbit disappear from the hat.
- v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
9. Her remarks _____ the debate.
- v.* to mistake one thing for another; to make somebody hard to understand
10. The coach gave a ____ talk to the team before the game to boost their spirits.
- n.* energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness
11. Large earthquakes often generate _____ tsunamis.
- adj.* very frightening or intimidating
12. The mother was _____ as she searched for her lost child.
- adj.* marked by uncontrolled excitement or emotion; wild; frenzied
13. She was _____ about speaking in front of a large crowd.
- adj.* anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something
14. The candle's ____ burned, signaling it was time to extinguish it.
- n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action
15. He _____ deeply, trying to calm down.
- v.* to breathe in air or a different substance, such as smoke

ANSWERS: 8. gasped, 9. confused, 10. pep, 11. terrifying, 12. frantic, 13. apprehensive, 14. wick, 15. inhaled

16. _____ classes are fun for kids to stay active and learn new skills.
n. a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility
17. He dashed down a _____ to a bathroom.
n. an interior passage or corridor onto which rooms open
18. The town is known for its historic _____ streets, which were laid by hand in the 19th century.
n. a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way
19. The children _____ together for warmth in the cold winter storm.
v. to crowd or press closely together; cuddle
20. He used a crowbar to ____ open the locked door.
v. to force open or to try to get information from someone by asking too many questions
21. The _____ candlelight added a cozy ambiance to the room.
adj. shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame
22. The fire continued to _____ long after the firefighters had left.
v. to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment
23. The _____ in the factory was constantly emitting dark smoke.
n. a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system

ANSWERS: 16. Gymnastics, 17. hallway, 18. cobble, 19. huddled, 20. pry, 21. flickering, 22. smolder, 23. chimney

24. He took _____ to help him deal with his accident trauma.
n. the treatment of mental or emotional problems by talking with a therapist
25. He wore a helmet and goggles while riding his _____ through the snowy trails.
n. a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back
26. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
v. to give someone the power or authority to do something
27. She _____ uncontrollably after hearing the news.
v. to cry or weep with short, sudden sounds
28. The band has released a lot of _____ rock music.
n. a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
29. He performed his magic trick _____ leaving the audience in awe.
adv. onto or on a stage in a theater; in front of an audience
30. Last night, the team delivered a _____ performance.
adj. shining brightly; highly attractive or exciting
31. The old mansion was known to be _____ with strange noises and eerie sightings reported by visitors.
adj. inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions

ANSWERS: 24. psychotherapy, 25. snowmobile, 26. empowered, 27. sobbed, 28. adrenaline-pumping, 29. onstage, 30. dazzling, 31. haunted,

32. The patient's skin _____ procedure was successful, and he was released from the hospital.

- n.* a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods

33. The old building _____ in a fiery inferno.

- v.* to burst or break open violently and noisily; to cause something to burst or break open

34. We set up an _____ outside to provide shade during the summer months.

- n.* a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway

35. Bungee jumping was an _____ experience that left me shaking with adrenaline.

- adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

36. Sometimes it is challenging to _____ science and religion.

- v.* to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist

37. You should _____ your shirt into your trousers.

- v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

38. He _____ to the hope that he will find a job soon.

- v.* to hold onto something tightly; to be closely attached to someone or something

ANSWERS: 32. graft, 33. exploded, 34. awning, 35. exhilarating, 36. reconcile, 37. tuck, 38. clings

39. The _____ pain in his ankle made it difficult to walk.

adj. extremely painful, intense, or distressing; causing great physical or emotional suffering

40. She _____ wished that she had prepared more for the exam.

adv. in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience

41. The company's CEO felt a sense of _____ before making the major decision.

n. the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea

42. Firefighters made every effort to _____ the blaze immediately.

v. to cause a fire to stop burning or light to stop shining

43. The magician's performance _____ the audience.

v. to captivate or fascinate; to hold the complete attention of

44. The yoga instructor instructed the class to _____ their arms and breathe deeply into the stretch.

v. to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary

45. It would be best not to _____ your associates into doing complex tasks.

v. to frighten someone very much

46. She _____ the loss of her parents.

v. to feel or show great sadness or sorrow, especially for someone who has died

ANSWERS: 39. excruciating, 40. inwardly, 41. apprehension, 42. extinguish, 43. mesmerized, 44. outstretch, 45. terrify, 46. grieved

ANSWERS: