

# Englist.me



## Vocabulary Builder Reference from...

*Danielle Torley: I stepped out of grief -- by dancing with fire | TED Talk*

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### All Words

#### IMPORTANT

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## Session 1: Word List

### chimney

*n.* a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system

*synonym:* flue, smokestack, stack

(1) smoke **chimney**, (2) **chimney** sweep

The **chimney** in the factory was constantly emitting dark smoke.

### fireplace

*n.* a structure made of brick, stone, or metal designed to contain a fire and provide heat, often found in the center of a room or against a wall

*synonym:* hearth, fire pit, chimney

(1) **fireplace** mantel, (2) cozy **fireplace**

I love sitting by the **fireplace** and reading a good book on a cold winter evening.

### brand

*n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

*synonym:* trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car

There's a new **brand** of hero in the movies now.

## snowmobile

- n.* a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back

*synonym*: snow machine, snow scooter, sled

- (1) **snowmobile** adventure, (2) **snowmobile** accident

He wore a helmet and goggles while riding his **snowmobile** through the snowy trails.

## sled

- n.* a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses

*synonym*: sleigh, toboggan, sledge

- (1) pull a **sled**, (2) **sled** dog

We used a **sled** to slide down the hill in the snow.

## decide

- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

- (1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

## upstairs

*adv.* on or to an upper or highest floor of a building

*synonym*: above, upper

- (1) live **upstairs**, (2) go **upstairs** to rest

I heard a noise **upstairs**.

## hallway

- n.* an interior passage or corridor onto which rooms open

*synonym*: foyer, corridor, entrance

- (1) the head of a **hallway**, (2) wax a **hallway** floor

He dashed down a **hallway** to a bathroom.

## tuck

- v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

*synonym*: insert, wrap, pinch

- (1) **tuck** a baby in the blanket, (2) **tuck** into another

cigarette

You should **tuck** your shirt into your trousers.

**crack**

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

*synonym*: snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board

He that would eat the kernel must **crack** the nut.

**sweat**

n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

*synonym*: perspiration, steam, hardwork

(1) all in a **sweat**, (2) **sweat** bath

She wiped the **sweat** off her forehead with a towel.

**confuse**

v. to mistake one thing for another; to make somebody hard to understand

*synonym*: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

**explode**

v. to burst or break open violently and noisily; to cause something to burst or break open

*synonym*: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

**frantic**

adj. marked by uncontrolled excitement or emotion; wild; frenzied

*synonym*: wild, frenzied, manic

(1) **frantic** pace, (2) with **frantic** haste

The mother was **frantic** as she searched for her lost child.

**crawl**

v. to move forward slowly, as people or animals with their bodies near the ground

*synonym*: creep, drag

(1) **crawl** across the floor, (2) **crawl** away from a car  
Along the gravel roads, sizeable yellow school buses **crawl**.

## eventually

*adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

*synonym*: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed  
The corporation **eventually** dominated the entire tobacco business.

## pry

*v.* to force open or to try to get information from someone by asking too many questions

*synonym*: probe, investigate, inquire

(1) **pry** a secret out of a person, (2) **pry** into the affairs  
He used a crowbar to **pry** open the locked door.

## lift

*v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position

*synonym*: raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol  
The drought **lifted** the prices of grain globally.

## awning

*n.* a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway

*synonym*: canopy, shade, cover

(1) window **awning**, (2) retractable **awning**  
We set up an **awning** outside to provide shade during the summer months.

## huddle

*v.* to crowd or press closely together; cuddle

*synonym*: cluster, crowd, group

(1) **huddle** in a temporary shelter, (2) **huddle** around the open fire  
The children **huddled** together for warmth in the cold winter

storm.

## **lawn**

*n.* a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

*synonym*: yard, grass, meadow

(1) **lawn** mower, (2) lush **lawn**

The family enjoyed a picnic on the **lawn** in the park.

## **depart**

*v.* to go away or leave, especially to start a journey

*synonym*: go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith

We **departed** before the temperature fell below zero.

## **shatter**

*v.* to break suddenly into many pieces

*synonym*: break, crash, destroy

(1) **shatter** the plate, (2) **shatter** a world record

Her husband's death **shattered** her life entirely.

## **flame**

*n.* a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger

*synonym*: blaze, inferno, fire

(1) **flame** of passion, (2) simmering **flame**

The **flame** of the candle flickered in the darkness of the room.

## **critic**

*n.* someone who expresses opinions about the quality of books, music, etc.

*synonym*: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

## **inhale**

*v.* to breathe in air or a different substance, such as smoke

*synonym*: breathe in, take in, draw in

(1) **inhale** the smoke, (2) **inhale** the aroma

He **inhaled** deeply, trying to calm down.

## attend

*v.* to be present at an event, to go to a place

*synonym*: go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

## undergo

*v.* to go through something unpleasant or that involves a change

*synonym*: experience, suffer, endure

(1) **undergo** surgery, (2) **undergo** a decrease

The train has to **undergo** rigorous safety checks.

## excruciating

*adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering

*synonym*: agonizing, unbearable, torturous

(1) **excruciating** ordeal, (2) **excruciating** embarrassment

The **excruciating** pain in his ankle made it difficult to walk.

## graft

*n.* a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods

*synonym*: transplant, implantation, bribery

(1) **graft** surgery, (2) anti- **graft** law

The patient's skin **graft** procedure was successful, and he was released from the hospital.

## surgery

*n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

*synonym*: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

## evident

*adj.* apparent to the mind, senses, or judgment

*synonym*: apparent, noticeable, obvious

(1) **evident** to all, (2) plainly **evident**

With **evident** joy, he signed his name.

## grieve

*v.* to feel or show great sadness or sorrow, especially for someone who has died

*synonym*: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

## recover

*v.* to return to a former condition, health, mind, or strength

*synonym*: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

## excel

*v.* to be extremely good at or proficient in doing something

*synonym*: outdo, shine, surpass

(1) **excel** in description, (2) **excel** at communication

The company **excels** in customer service.

## cheerleader

*n.* a person who leads cheers and chants at organized sports events, typically wearing a uniform and performing choreographed routines

(1) college **cheerleader**, (2) **cheerleader** tryouts

She was the captain of the **cheerleader** squad in high school.

## gut

*n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

*synonym*: belly, abdomen, courage

(1) the blind **gut**, (2) **gut** feelings

He told me a **gut-wrenching** truth about my parent's death.

## nightmare

*n.* a very frightening or unpleasant dream

*synonym*: agony, misery, suffering

(1) have a **nightmare**, (2) **nightmare** situation

Life as a waiter was a big **nightmare** for him.

## haunted

*adj.* inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions

*synonym*: spooky, eerie, ghostly

(1) **haunted** house, (2) **haunted** by memories

The old mansion was known to be **haunted**, with strange noises and eerie sightings reported by visitors.

## trap

*n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

*synonym*: catch, snare, pinfall

(1) set a **trap**, (2) **trap** an animal

The enemy fell right into the **trap**.

## panic

*n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

*synonym*: confusion, hysteria, consternation

(1) a **panic** reaction, (2) **panic** buying

The participation of oil-producing countries in the war caused **panic** in the financial markets.

## gasp

*v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

*synonym*: breathe, pant, heave

(1) **gasp** for air, (2) **gasp** in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

## breath

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your



## lungs

*synonym*: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

## sob

*v.* to cry or weep with short, sudden sounds

*synonym*: cry, weep, wail

(1) **sob** out a story, (2) **sob** quietly

She **sobbed** uncontrollably after hearing the news.

## talented

*adj.* having a natural ability or aptitude for something;  
showing exceptional skill or ability in a particular area

*synonym*: gifted, able, skilled

(1) a very **talented** actor, (2) **talented** athlete

She is a **talented** musician, able to play several instruments.

## abstract

*adj.* based on general ideas, feelings, or qualities and not on  
any a physical or concrete existence

*synonym*: conceptual, theoretical, ideational

(1) an **abstract** noun, (2) **abstract** science

The invention of the camera triggered the development of  
**abstract** painting.

## portrait

*n.* a painting, picture; the likeness of a person, especially  
one showing the face

*synonym*: illustration, image, portraiture

(1) a **portrait** painter, (2) **portrait** of a well-known figure

A well-known artist painted this lovely lady's **portrait**.

## depict

*v.* to illustrate someone or something in a photograph

*synonym*: illustrate, describe, express

(1) **depict** a scene, (2) **depict** a feeling of isolation

His son had accurately **depicted** the bloom.

## scared

*adj.* afraid or frightened

*synonym*: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog  
I'm **scared** of insects.

## **cower**

*v.* to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally

*synonym*: crouch, tremble, cringe

(1) **cower** in fear, (2) **cower** under pressure

The actress **cowered** in humiliation as the audience booed her performance.

## **shadow**

*n.* a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner

*synonym*: shade, silhouette, outline

(1) **shadow** cast, (2) **shadow** puppetry

The tree cast a **shadow** over the picnic area, providing relief from the sun.

## **surrounding**

*adj.* that is near or around, or closely encircling something

*synonym*: circumferent, encircling, neighboring

(1) **surrounding** areas, (2) a fence **surrounding** a castle

The **surrounding** mountains make the city difficult to be invaded.

## **rainbow**

*n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain

*synonym*: spectrum, iridescence, prism

(1) marine **rainbow**, (2) **rainbow** after a storm

She was mesmerized by the **rainbow's** colors.

## **outstretch**

*v.* to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary

*synonym*: extend, stretch out, reach

(1) **outstretch** my patience, (2) **outstretch** a hand

The yoga instructor instructed the class to **outstretch** their arms and breathe deeply into the stretch.

## conflict

*n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals

*synonym*: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

## transform

*v.* to change in outward structure or looks;

*synonym*: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

## outward

*adj.* relating to the external appearance or surface of something; visible

*synonym*: external, surface, exterior

(1) an **outward** journey, (2) **outward** cheerfulness

The **outward** appearance of the building was impressive, but the inside was in dire need of repairs.

## graduated

*adj.* having received a degree from a school, college, or university; marked with or divided into levels or degrees

*synonym*: completed, finished, earned

(1) **graduated** taxation, (2) **graduated** flask

She was a **graduated** student of a prestigious university.

## inwardly

*adv.* in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience

*synonym*: internally, inward, inside

(1) protest **inwardly**, (2) **inwardly** happy

She **inwardly** wished that she had prepared more for the exam.

## **bounce**

*v.* to cause to move up or away after hitting a surface; to spring back

*synonym*: bound, leap, spring

(1) **bounce** across the floor, (2) **bounce** back from failure  
They will **bounce** between various emotional states.

## **backpack**

*n.* a bag or pack that is worn on the back, often used for carrying books, equipment, or supplies

*synonym*: knapsack, rucksack, pack

(1) **backpacker's** hostel, (2) **backpacking** trip

I packed my **backpack** with all the necessary camping gear for our trip.

## **mesmerize**

*v.* to captivate or fascinate; to hold the complete attention of

*synonym*: captivate, trance, enchant

(1) **mesmerize** a subject, (2) **mesmerize** with magic

The magician's performance **mesmerized** the audience.

## **prop**

*n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

*synonym*: support, buttress, column

(1) emotional **prop**, (2) **prop** stick

We have finally lost our last **prop**.

## **spin**

*v.* to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented

*synonym*: rotate, twirl, swirl

(1) **spin** a top, (2) **spin** thread out of cotton

The tornado is **spinning** across the countryside, destroying everything in its path.

## deliberate

*adj.* done with full consciousness of nature and effects rather than by accident

*synonym*: intentional, planned, careful

(1) the **deliberate** act of provocation, (2) **deliberate** attempt

Despite its advanced science and technology, the empire was **deliberate** about invasion.

## grace

*n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal

*synonym*: charm, poise, elegance

(1) say a **grace**, (2) end of the **grace** period

The old oak tree stood with **grace** and majesty in the park's center.

## aluminum

*n.* a chemical element with the symbol Al that visually resembles silver, used especially for making cooking equipment and aircraft parts

(1) a layer of **aluminum** foil, (2) an **aluminum** alloy

Some of the parts of this car are made of **aluminum** to reduce weight.

## wick

*n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action

*synonym*: cord, string, taper

(1) cotton **wick**, (2) **wick** moisture

The candle's **wick** burned, signaling it was time to extinguish it.

## chain

*n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

*synonym*: series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

## loop

*n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself

*synonym*: circle, curl, spiral

(1) exit from a **loop**, (2) positive feedback **loop**

Many people in this city use the **loop** railway for transportation.

## spinning

*n.* the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn

*synonym*: whirling, rotating, spinning wheel

(1) **spinning** machine, (2) **spinning** wheel

She took a **spinning** class at the gym to improve her cardiovascular fitness.

## brave

*adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity

*synonym*: courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

## terrify

*v.* to frighten someone very much

*synonym*: unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

## opposition

*n.* the act of disagreeing or resisting; the state of strong disagreement

*synonym*: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the

government's proposed legislation.

## **gymnastics**

*n.* a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility

*synonym*: acrobatics, tumbling, contortion

(1) **gymnastics** competition, (2) **gymnastics** routine

**Gymnastics** classes are fun for kids to stay active and learn new skills.

## **structure**

*n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

*synonym*: construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

## **prescribe**

*v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

*synonym*: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

## **meditation**

*n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

*synonym*: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**

The **meditation** instructor guided the group through the relaxation and breathing exercises.

## **cobble**

*n.* a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way

*synonym*: pebble, boulder, stone

(1) **cobble** driveway, (2) **cobble** up a policy accord

The town is known for its historic **cobble** streets, which were laid by hand in the 19th century.

## **homemade**

*adj.* made at home rather than in a factory or workshop

*synonym*: self-made

(1) **homemade** article, (2) **homemade** bread

I prefer **homemade** cookies over store-bought ones.

## **bundle**

*n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

*synonym*: package, parcel, bale

(1) **bundle** of papers, (2) travel **bundle**

I tied up the **bundle** of newspapers and took them to the recycling center.

## **cotton**

*n.* a plant that is grown in warm countries and bears bolls containing seeds with soft and long hairs that are made into textile fiber and thread for sewing

(1) **cotton** cloth, (2) culture of **cotton**

The price of raw **cotton** continued to rise.

## **extinguish**

*v.* to cause a fire to stop burning or light to stop shining

*synonym*: quench, smother, blow out

(1) **extinguish** a cigarette, (2) **extinguish** the street lamp

Firefighters made every effort to **extinguish** the blaze immediately.

## **fuel**

*n.* a substance that is typically burned to generate heat or energy

*synonym*: energy, power, gas

(1) biomass **fuel**, (2) smokeless **fuel**



The **fuel** scarcity most severely impacted the manufacturing sector

## energetic

*adj.* possessing or exerting or displaying energy

*synonym*: active, animated, lively

(1) **energetic** density, (2) **energetic** dog

This process caused an **energetic** chemical reaction.

## pep

*n.* energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness

*synonym*: energy, enthusiasm, liveliness

(1) **pep** me up, (2) have a lot of **peps**

The coach gave a **pep** talk to the team before the game to boost their spirits.

## terrifying

*adj.* very frightening or intimidating

*synonym*: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events

Large earthquakes often generate **terrifying** tsunamis.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym*: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

## freak

*n.* an abnormality that is not typical or expected

*synonym*: anomaly, deviation, oddity

(1) a rock **freak**, (2) **freak** weather

The **freak** accident caused the car to flip over and land on its roof.

## whoosh

*n.* a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound

*synonym*: swoosh, swish, whizz

(1) **whoosh** of a falling object, (2) hear a **whoosh**  
The **whoosh** of the wind through the trees was the only sound in the forest.

### **incredibly**

*adv.* in a way that is very difficult to believe; exceedingly or extremely

*synonym*: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

### **exhilarating**

*adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

*synonym*: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

### **creative**

*adj.* relating to or involving the use of skill and original and unusual ideas to create something

*synonym*: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

### **adrenaline**

*n.* a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

*synonym*: epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction

The band has released a lot of **adrenaline-pumping** rock music.

### **greatly**

*adv.* to an extraordinary extent or degree; very much

*synonym*: enormously, broadly, grandly

(1) **greatly** affect the situation, (2) **greatly** support that player

They **greatly** admired our actions.

## **immense**

*adj.* extremely large or great

*synonym*: enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure

He left his wife an **immense** fortune.

## **empower**

*v.* to give someone the power or authority to do something

*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## **manipulate**

*v.* to influence or control something or someone to your advantage, often in an unfair or dishonest way

*synonym*: control, exploit, abuse

(1) **manipulate** figures, (2) vulnerable to **manipulate**

Please tell me how to **manipulate** this computer.

## **conscious**

*adj.* being aware of and able to respond to what is happening around you

*synonym*: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

## **decision**

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

*synonym*: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

## **grief**

*n.* a very great sadness, especially when somebody dies  
*synonym*: anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**

Each person has a unique **grief** experience.

## **nirvana**

*n.* a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism

*synonym*: paradise, heaven, bliss

(1) **nirvana** state, (2) spiritual **nirvana**

He finally achieved **nirvana** after many years of meditation and spiritual practice.

## **lyric**

*n.* the words of a pop song

*synonym*: song, jingle, ballad

(1) **lyrics** of a song, (2) **lyric** poetry

He embedded the strong will in this **lyric**.

## **comfort**

*n.* a state of physical ease and freedom from pain or constraint

*synonym*: ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

## **heal**

*v.* to make a wound or injury to become well again

*synonym*: recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

## **grocery**

*n.* a shop that sells food and other household items

*synonym*: foodstuff, market

(1) the **grocery** business, (2) run a **grocery**

I will go to the **grocery** store to buy food for dinner.

## **strip**

*v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

*synonym*:

deprive, undress, (noun) ribbon

(1) **strip** a tire off, (2) coast **strip**

The doctor advised him to **strip** down for a check.

## shift

*n.* a slight transition in position, direction, or trend

*synonym*: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

## perspective

*n.* a confident attitude toward something; a particular style of thinking about something

*synonym*: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle

His father's death changed his whole **perspective** on life.

## apprehensive

*adj.* anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something

*synonym*: anxious, uneasy, nervous

(1) **apprehensive** of danger, (2) **apprehensive** mood

She was **apprehensive** about speaking in front of a large crowd.

## exposure

*n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

*synonym*: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

## therapy

*n.* the act of caring for someone through medication, remedial training, etc.

*synonym*: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

## psychotherapy

*n.* the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

## deliberately

*adv.* done in an intentional or slow and careful manner

*synonym*: intentionally, knowingly, willfully

(1) **deliberately** amateurish, (2) commit a crime **deliberately**

He **deliberately** misleads others.

## expose

*v.* to show something by uncovering it; to make something accessible to some action or influence

*synonym*: disclose, reveal, uncover

(1) **expose** a crime, (2) **expose** a person to risks

That newspaper **exposed** a political scandal in a big way.

## trauma

*n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

*synonym*: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

## scare

*v.* to frighten a person or animal, or to become frightened

*synonym*: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

## exposed

*adj.* having no protection or shield from something, such as bad weather, attack, or criticism

*synonym*: endangered, revealed, disclosed

(1) **exposed** to radiation, (2) an **exposed** rock

Tech companies often employ **exposed** ducts and other materials in their office interiors.

## unique

*adj.* being the only one of its kind; unlike anything else

*synonym*: one-of-a-kind, unparalleled, incomparable

(1) a **unique** teacher, (2) **unique** design

The painting is **unique**, and there is no other like it.

## troop

*n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.

*synonym*: group, unit, band

(1) the members of a military **troop**, (2) a **troop** of deer

The **troop** of soldiers marched through the city in a parade.

## photograph

*n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

*synonym*: photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories

I found an old **photograph** of my grandparents from their wedding day.

## onstage

*adv.* onto or on a stage in a theater; in front of an audience

(1) appeared **onstage**, (2) walk **onstage**

He performed his magic trick **onstage**, leaving the audience in awe.

## festival

*n.* a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works

*synonym*: fair, holiday, celebration

(1) **festival** attendee, (2) international film **festival**

The music **festival** attracts visitors from all over the world.

## apprehension

*n.* the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that

may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea

*synonym*: anxiety, worry, unease

(1) criminal **apprehension**, (2) **apprehension** of danger  
The company's CEO felt a sense of **apprehension** before making the major decision.

## **tight**

*adj.* fixed, fastened, or kept together firmly or closely

*synonym*: closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget  
The national election was held amid **tight** security.

## **reverse**

*v.* to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

*synonym*: overturn, shift, switch

(1) **reverse** the trend, (2) **reverse** the order  
The restaurant **reversed** a ban on smoking.

## **cling**

*v.* to hold onto something tightly; to be closely attached to someone or something

*synonym*: stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin  
He **clings** to the hope that he will find a job soon.

## **undo**

*v.* to reverse the effect of an action or event, typically one that is recent or specific

*synonym*: reverse, retract, revoke

(1) **undo** changes, (2) **undo** a belt  
I accidentally deleted the file, so can you **undo** that action?

## **valley**

*n.* a long depression on the surface of the land, which typically contains a river

*synonym*: canyon, gorge, dale

(1) **valley** bottom, (2) basin-shaped **valley**



The **valley** had received a mild snowfall the previous week.

## reconcile

v. to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist

*synonym*: harmonize, moderate, conciliate

(1) **reconcile** these differences, (2) **reconcile** a dispute

Sometimes it is challenging to **reconcile** science and religion.

## traumatic

adj. relating to or caused by injury, especially emotional injury

*synonym*: distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

## unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

*synonym*: open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

## flickering

adj. shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame

*synonym*: shining, flashing, twinkling

(1) **flickering** flames, (2) **flickering** hope

The **flickering** candlelight added a cozy ambiance to the room.

## smolder

v. to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment

*synonym*: burn, smoke, simmer

(1) **smolder** in resentment for many years, (2) **smolder**

beneath the surface

The fire continued to **smolder** long after the firefighters had left.

## **dazzling**

*adj.* shining brightly; highly attractive or exciting

*synonym*: astonishing, breathtaking, flashy

(1) **dazzling** debut, (2) **dazzling** views

Last night, the team delivered a **dazzling** performance.

## Session 2: Spelling

- |   |   |
|---|---|
| 1. inc_____ly cheerful character        | <i>adv.</i> in a way that is very difficult to believe; exceedingly or extremely  |
| 2. ou_____d cheerfulness                | <i>adj.</i> relating to the external appearance or surface of something; visible  |
| 3. go up_____rs to rest                 | <i>adv.</i> on or to an upper or highest floor of a building  |
| 4. bu_____e of papers                   | <i>n.</i> a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things                                 |
| 5. ext_____sh the street lamp           | <i>v.</i> to cause a fire to stop burning or light to stop shining  |
| 6. pr_____be in the preceding paragraph | <i>v.</i> (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something |
| 7. ex_____e in popularity               | <i>v.</i> to burst or break open violently and noisily; to cause something to burst or break open   |
| 8. cr__l away from a car                | <i>v.</i> to move forward slowly, as people or animals with their bodies near the ground  |
| 9. re_____e the order                   | <i>v.</i> to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear                       |

ANSWERS: 1. incredibly, 2. outward, 3. upstairs, 4. bundle, 5. extinguish, 6. prescribe, 7. explode, 8. crawl, 9. reverse

- |                           |   |
|---------------------------|---|
| 10. cozy fi_____ce        | <i>n.</i> a structure made of brick, stone, or metal designed to contain a fire and provide heat, often found in the center of a room or against a wall                     |
| 11. in___e the aroma      | <i>v.</i> to breathe in air or a different substance, such as smoke   |
| 12. de___t a scene        | <i>v.</i> to illustrate someone or something in a photograph  |
| 13. sp_____ng wheel       | <i>n.</i> the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn                            |
| 14. s_b out a story       | <i>v.</i> to cry or weep with short, sudden sounds  |
| 15. ex___e a crime        | <i>v.</i> to show something by uncovering it; to make something accessible to some action or influence  |
| 16. pho_____ph memories   | <i>n.</i> a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film |
| 17. all in a sw__t        | <i>n.</i> the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress  |
| 18. app_____ive of danger | <i>adj.</i> anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something  |

ANSWERS: 10. fireplace, 11. inhale, 12. depict, 13. spinning, 14. sob, 15. expose, 16. photograph, 17. sweat, 18. apprehensive

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|-------------------------------------|--|
| 19. art cr___c                      | <i>n.</i> someone who expresses opinions about the quality of books, music, etc.   |
| 20. po____it of a well-known figure | <i>n.</i> a painting, picture; the likeness of a person, especially one showing the face   |
| 21. smoke ch____y                   | <i>n.</i> a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system   |
| 22. sh___w puppetry                 | <i>n.</i> a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner |
| 23. sno_____le adventure            | <i>n.</i> a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back  |
| 24. sc___d dog                      | <i>adj.</i> afraid or frightened   |
| 25. meet with opp_____on            | <i>n.</i> the act of disagreeing or resisting; the state of strong disagreement  |
| 26. college che_____er              | <i>n.</i> a person who leads cheers and chants at organized sports events, typically wearing a uniform and performing choreographed routines   |

ANSWERS: 19. critic, 20. portrait, 21. chimney, 22. shadow, 23. snowmobile, 24. scared, 25. opposition, 26. cheerleader

- |                           |             |   |
|---------------------------|-------------|---|
| 27. un____o surgery       | <i>v.</i>   | to go through something unpleasant or that involves a change  |
| 28. major paradigm sh__t  | <i>n.</i>   | a slight transition in position, direction, or trend  |
| 29. tr___a care           | <i>n.</i>   | an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience                                      |
| 30. pull a s__d           | <i>n.</i>   | a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses |
| 31. live up____rs         | <i>adv.</i> | on or to an upper or highest floor of a building  |
| 32. ha____d house         | <i>adj.</i> | inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions                      |
| 33. hold your br___h      | <i>n.</i>   | the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs                               |
| 34. ex____d to radiation  | <i>adj.</i> | having no protection or shield from something, such as bad weather, attack, or criticism  |
| 35. an ex____d rock       | <i>adj.</i> | having no protection or shield from something, such as bad weather, attack, or criticism  |
| 36. the head of a ha____y | <i>n.</i>   | an interior passage or corridor onto which rooms open   |

ANSWERS: 27. undergo, 28. shift, 29. trauma, 30. sled, 31. upstairs, 32. haunted, 33. breath, 34. exposed, 35. exposed, 36. hallway

- |                                  |  |
|----------------------------------|--|
| 37. opp_____on campaign          | <i>n.</i> the act of disagreeing or resisting; the state of strong disagreement  |
| 38. cr__k an eggshell            | <i>v.</i> to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking |
| 39. de___e a question            | <i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options   |
| 40. gr___e at the sad news       | <i>v.</i> to feel or show great sadness or sorrow, especially for someone who has died   |
| 41. exc_____ing ordeal           | <i>adj.</i> extremely painful, intense, or distressing; causing great physical or emotional suffering  |
| 42. the per_____ve of the battle | <i>n.</i> a confident attitude toward something; a particular style of thinking about something  |
| 43. ba_____cking trip            | <i>n.</i> a bag or pack that is worn on the back, often used for carrying books, equipment, or supplies  |
| 44. have a ni_____re             | <i>n.</i> a very frightening or unpleasant dream   |
| 45. positive feedback l__p       | <i>n.</i> a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself                         |
| 46. s__n a top                   | <i>v.</i> to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented  |
| 47. da_____ng debut              | <i>adj.</i> shining brightly; highly attractive or exciting  |

ANSWERS: 37. opposition, 38. crack, 39. decide, 40. grieve, 41. excruciating, 42. perspective, 43. backpack, 44. nightmare, 45. loop, 46. spin, 47. dazzling

48. ni_____re situation	<i>n.</i> a very frightening or unpleasant dream
49. field of gene th_____y	<i>n.</i> the act of caring for someone through medication, remedial training, etc.
50. re_____e the trend	<i>v.</i> to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear
51. med_____on training	<i>n.</i> the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
52. t__k into another cigarette	<i>v.</i> to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable
53. pr_____be a drug	<i>v.</i> (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
54. Doppler sh__t	<i>n.</i> a slight transition in position, direction, or trend
55. im_____e amount	<i>adj.</i> extremely large or great
56. a layer of al_____um foil	<i>n.</i> a chemical element with the symbol Al that visually resembles silver, used especially for making cooking equipment and aircraft parts
57. a po_____it painter	<i>n.</i> a painting, picture; the likeness of a person, especially one showing the face

ANSWERS: 48. nightmare, 49. therapy, 50. reverse, 51. meditation, 52. tuck, 53. prescribe, 54. shift, 55. immense, 56. aluminum, 57. portrait



58. run a gr____y	<i>n.</i> a shop that sells food and other household items
59. the st_____re of a machine	<i>n.</i> the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
60. say a gr__e	<i>n.</i> a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
61. ex__l in description	<i>v.</i> to be extremely good at or proficient in doing something
62. sw__t bath	<i>n.</i> the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
63. s__d dog	<i>n.</i> a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses
64. t__p an animal	<i>n.</i> a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
65. em_____r the secretary to do the same	<i>v.</i> to give someone the power or authority to do something
66. sh___w cast	<i>n.</i> a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner

ANSWERS: 58. grocery, 59. structure, 60. grace, 61. excel, 62. sweat, 63. sled, 64. trap, 65. empower, 66. shadow

67. co_____us of having succeeded	<i>adj.</i> being aware of and able to respond to what is happening around you
68. have gr__f and sorrow	<i>n.</i> a very great sadness, especially when somebody dies
69. un___e design	<i>adj.</i> being the only one of its kind; unlike anything else
70. international film fe_____al	<i>n.</i> a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works
71. tr_____rm an education system	<i>v.</i> to change in outward structure or looks;
72. em_____r my life	<i>v.</i> to give someone the power or authority to do something
73. tr_____ic event	<i>adj.</i> relating to or caused by injury, especially emotional injury
74. br___h of wind	<i>n.</i> the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
75. ly__c poetry	<i>n.</i> the words of a pop song
76. culture of co____n	<i>n.</i> a plant that is grown in warm countries and bears bolls containing seeds with soft and long hairs that are made into textile fiber and thread for sewing
77. a rock fr__k	<i>n.</i> an abnormality that is not typical or expected
78. the blind g_t	<i>n.</i> the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

ANSWERS: 67. conscious, 68. grief, 69. unique, 70. festival, 71. transform, 72. empower, 73. traumatic, 74. breath, 75. lyric, 76. cotton, 77. freak, 78. gut

- |                               |   |
|-------------------------------|---|
| 79. create a br__d logo       | <i>n.</i> a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning   |
| 80. app_____ive mood          | <i>adj.</i> anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something  |
| 81. student on a ti__t budget | <i>adj.</i> fixed, fastened, or kept together firmly or closely   |
| 82. co_____t level            | <i>n.</i> a state of physical ease and freedom from pain or constraint  |
| 83. app_____ion of danger     | <i>n.</i> the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea              |
| 84. da_____ng views           | <i>adj.</i> shining brightly; highly attractive or exciting   |
| 85. co__r in fear             | <i>v.</i> to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally  |
| 86. a lot of gr__f            | <i>n.</i> a very great sadness, especially when somebody dies   |
| 87. anti-gr__t law            | <i>n.</i> a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods |

ANSWERS: 79. brand, 80. apprehensive, 81. tight, 82. comfort, 83. apprehension, 84. dazzling, 85. cower, 86. grief, 87. graft

- |                                       |  |
|---------------------------------------|--|
| 88. st__p a tire off                  | <i>v.</i> to remove the surface from something;<br>(noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc. |
| 89. get inc_____ly insecure           | <i>adv.</i> in a way that is very difficult to believe; exceedingly or extremely   |
| 90. a per_____ve view                 | <i>n.</i> a confident attitude toward something; a particular style of thinking about something  |
| 91. re_____r a loss                   | <i>v.</i> to return to a former condition, health, mind, or strength   |
| 92. sur_____ng areas                  | <i>adj.</i> that is near or around, or closely encircling something  |
| 93. the del_____te act of provocation | <i>adj.</i> done with full consciousness of nature and effects rather than by accident   |
| 94. co_____e fantasy with reality     | <i>v.</i> to mistake one thing for another; to make somebody hard to understand  |
| 95. s__n thread out of cotton         | <i>v.</i> to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented  |
| 96. en_____ic density                 | <i>adj.</i> possessing or exerting or displaying energy  |
| 97. man_____te figures                | <i>v.</i> to influence or control something or someone to your advantage, often in an unfair or dishonest way  |
| 98. va____y bottom                    | <i>n.</i> a long depression on the surface of the land, which typically contains a river   |
| 99. te_____y people                   | <i>v.</i> to frighten someone very much  |

ANSWERS: 88. strip, 89. incredibly, 90. perspective, 91. recover, 92. surrounding, 93. deliberate, 94. confuse, 95. spin, 96. energetic, 97. manipulate, 98. valley, 99. terrify

100. br__e soldier	<i>adj.</i> showing courage or fearlessness in the face of danger, difficulty, or adversity
101. religious med_____on	<i>n.</i> the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
102. a pa__c reaction	<i>n.</i> a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
103. supply ch__n	<i>n.</i> a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
104. co_____us effort	<i>adj.</i> being aware of and able to respond to what is happening around you
105. smokeless f__l	<i>n.</i> a substance that is typically burned to generate heat or energy
106. re_____le these differences	<i>v.</i> to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist
107. del_____ely amateurish	<i>adv.</i> done in an intentional or slow and careful manner
108. cl__g onto power	<i>v.</i> to hold onto something tightly; to be closely attached to someone or something
109. w__k moisture	<i>n.</i> a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action

ANSWERS: 100. brave, 101. meditation, 102. panic, 103. chain, 104. conscious, 105. fuel, 106. reconcile, 107. deliberately, 108. cling, 109. wick

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|----------------------------------|--|
| 110. g_t feelings                | <i>n.</i> the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant                  |
| 111. de____on authority          | <i>n.</i> the act or process of making up someone's mind about something; a choice or judgment reached after considering options   |
| 112. re_____le a dispute         | <i>v.</i> to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist   |
| 113. gym_____cs routine          | <i>n.</i> a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility |
| 114. ba_____cker's hostel        | <i>n.</i> a bag or pack that is worn on the back, often used for carrying books, equipment, or supplies  |
| 115. an ou_____d journey         | <i>adj.</i> relating to the external appearance or surface of something; visible   |
| 116. co____n cloth               | <i>n.</i> a plant that is grown in warm countries and bears bolls containing seeds with soft and long hairs that are made into textile fiber and thread for sewing   |
| 117. wh____h of a falling object | <i>n.</i> a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound                       |

ANSWERS: 110. gut, 111. decision, 112. reconcile, 113. gymnastics, 114. backpack, 115. outward, 116. cotton, 117. whoosh

118. fi_____ce mantel	<i>n.</i> a structure made of brick, stone, or metal designed to contain a fire and provide heat, often found in the center of a room or against a wall
119. the gr_____y business	<i>n.</i> a shop that sells food and other household items
120. at____d a meeting	<i>v.</i> to be present at an event, to go to a place
121. gr_____y support that player	<i>adv.</i> to an extraordinary extent or degree; very much
122. sm_____r beneath the surface	<i>v.</i> to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment
123. gr_____ed flask	<i>adj.</i> having received a degree from a school, college, or university; marked with or divided into levels or degrees
124. fr__k weather	<i>n.</i> an abnormality that is not typical or expected
125. ho_____de bread	<i>adj.</i> made at home rather than in a factory or workshop
126. ho_____de article	<i>adj.</i> made at home rather than in a factory or workshop
127. s_b quietly	<i>v.</i> to cry or weep with short, sudden sounds
128. co___e up a policy accord	<i>n.</i> a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way

ANSWERS: 118. fireplace, 119. grocery, 120. attend, 121. greatly, 122. smolder, 123. graduated, 124. freak, 125. homemade, 126. homemade, 127. sob, 128. cobble

129. im\_\_\_\_e pressure *adj.* extremely large or great
130. cotton w\_\_k *n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action
131. br\_\_e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
132. fl\_\_e of passion *n.* a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger
133. fli\_\_\_\_\_ng flames *adj.* shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame
134. travel bu\_\_\_e *n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
135. re\_\_\_\_r approval ratings *v.* to return to a former condition, health, mind, or strength
136. p\_\_p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 129. immense, 130. wick, 131. brave, 132. flame, 133. flickering, 134. bundle, 135. recover, 136. prop



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|--------------------------------|---|
| 137. ev____t to all            | <i>adj.</i> apparent to the mind, senses, or judgment   |
| 138. set a t__p                | <i>n.</i> a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping                                 |
| 139. th____y for a patient     | <i>n.</i> the act of caring for someone through medication, remedial training, etc.   |
| 140. exc_____ing embarrassment | <i>adj.</i> extremely painful, intense, or distressing; causing great physical or emotional suffering   |
| 141. en_____ic dog             | <i>adj.</i> possessing or exerting or displaying energy   |
| 142. l__t a ban on alcohol     | <i>v.</i> to raise something to a higher position or level; to pick up something or somebody and move them to a different position                                      |
| 143. fli_____ng hope           | <i>adj.</i> shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame  |
| 144. eve_____ly succeed        | <i>adv.</i> finally, particularly after a long time or a lot of struggle, complications, and so on  |
| 145. gr___e for loss           | <i>v.</i> to feel or show great sadness or sorrow, especially for someone who has died  |
| 146. the ex_____re of a fraud  | <i>n.</i> the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret |

ANSWERS: 137. evident, 138. trap, 139. therapy, 140. excruciating, 141. energetic, 142. lift, 143. flickering, 144. eventually, 145. grieve, 146. exposure

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| 147. ex____e in anger                    | <i>v.</i> to burst or break open violently and noisily; to cause something to burst or break open  |
| 148. the longstanding co____ct           | <i>n.</i> a strong disagreement, argument, or a violent clash between two opposing groups or individuals   |
| 149. lush l__n                           | <i>n.</i> a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics                               |
| 150. words of co____t                    | <i>n.</i> a state of physical ease and freedom from pain or constraint   |
| 151. un____o a decrease                  | <i>v.</i> to go through something unpleasant or that involves a change   |
| 152. at____d service                     | <i>v.</i> to be present at an event, to go to a place  |
| 153. appeared on____e                    | <i>adv.</i> onto or on a stage in a theater; in front of an audience   |
| 154. ta____ed athlete                    | <i>adj.</i> having a natural ability or aptitude for something; showing exceptional skill or ability in a particular area                                  |
| 155. l__t sagging skin                   | <i>v.</i> to raise something to a higher position or level; to pick up something or somebody and move them to a different position                         |
| 156. co____e driveway                    | <i>n.</i> a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way |
| 157. sc__e off her attacker by screaming | <i>v.</i> to frighten a person or animal, or to become frightened  |

ANSWERS: 147. explode, 148. conflict, 149. lawn, 150. comfort, 151. undergo, 152. attend, 153. onstage, 154. talented, 155. lift, 156. cobble, 157. scare

158. the co\_\_\_\_ct between good and evil    *n.*    a strong disagreement, argument, or a violent clash between two opposing groups or individuals
159. a fence sur\_\_\_\_\_ng a castle    *adj.*    that is near or around, or closely encircling something
160. a cr\_\_k in a board    *v.*    to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
161. sh\_\_\_\_r the plate    *v.*    to break suddenly into many pieces
162. emotional p\_\_p    *n.*    a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
163. a un\_\_\_e teacher    *adj.*    being the only one of its kind; unlike anything else
164. window aw\_\_\_g    *n.*    a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway
165. sm\_\_\_\_r in resentment for many years    *v.*    to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment
166. retractable aw\_\_\_g    *n.*    a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway

ANSWERS: 158. conflict, 159. surrounding, 160. crack, 161. shatter, 162. prop, 163. unique, 164. awning, 165. smolder, 166. awning

167. bo___e back from failure	<i>v.</i> to cause to move up or away after hitting a surface; to spring back
168. me_____ze with magic	<i>v.</i> to captivate or fascinate; to hold the complete attention of
169. co___e the listener	<i>v.</i> to mistake one thing for another; to make somebody hard to understand
170. plainly ev____t	<i>adj.</i> apparent to the mind, senses, or judgment
171. ter_____ng events	<i>adj.</i> very frightening or intimidating
172. out_____ch my patience	<i>v.</i> to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary
173. with fr____c haste	<i>adj.</i> marked by uncontrolled excitement or emotion; wild; frenzied
174. ch__n reaction	<i>n.</i> a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
175. sc___d all the time	<i>adj.</i> afraid or frightened
176. have a lot of p_ps	<i>n.</i> energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness
177. adr_____ne addiction	<i>n.</i> a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
178. ter_____ng experience	<i>adj.</i> very frightening or intimidating

ANSWERS: 167. bounce, 168. mesmerize, 169. confuse, 170. evident, 171. terrifying, 172. outstretch, 173. frantic, 174. chain, 175. scared, 176. pep, 177. adrenaline, 178. terrifying

179. barren of cr____ve spirit	<i>adj.</i> relating to or involving the use of skill and original and unusual ideas to create something
180. ha____d by memories	<i>adj.</i> inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
181. st____re and function of the brain	<i>n.</i> the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
182. gr____y affect the situation	<i>adv.</i> to an extraordinary extent or degree; very much
183. del____te attempt	<i>adj.</i> done with full consciousness of nature and effects rather than by accident
184. a ti__t game	<i>adj.</i> fixed, fastened, or kept together firmly or closely
185. pa__c buying	<i>n.</i> a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
186. coast st__p	<i>v.</i> to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
187. psy______apy for depression	<i>n.</i> the treatment of mental or emotional problems by talking with a therapist
188. permanent br__n damage	<i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 179. creative, 180. haunted, 181. structure, 182. greatly, 183. deliberate, 184. tight, 185. panic, 186. strip, 187. psychotherapy, 188. brain

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| 189. basin-shaped va___y      | <i>n.</i> a long depression on the surface of the land, which typically contains a river   |
| 190. u__o a belt              | <i>v.</i> to reverse the effect of an action or event, typically one that is recent or specific  |
| 191. end of the gr__e period  | <i>n.</i> a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal                                     |
| 192. h__l the hurt mind       | <i>v.</i> to make a wound or injury to become well again   |
| 193. gym_____cs competition   | <i>n.</i> a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility                       |
| 194. ab_____ct science        | <i>adj.</i> based on general ideas, feelings, or qualities and not on any a physical or concrete existence   |
| 195. the br__d of the new car | <i>n.</i> a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning  |
| 196. cardiac su_____y         | <i>n.</i> medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures |

ANSWERS: 189. valley, 190. undo, 191. grace, 192. heal, 193. gymnastics, 194. abstract, 195. brand, 196. surgery

197. hear a wh___h	<i>n.</i> a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound
198. fr____c pace	<i>adj.</i> marked by uncontrolled excitement or emotion; wild; frenzied
199. exit from a l__p	<i>n.</i> a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself
200. vulnerable to man____te	<i>v.</i> to influence or control something or someone to your advantage, often in an unfair or dishonest way
201. the threats te____y him	<i>v.</i> to frighten someone very much
202. walk on____e	<i>adv.</i> onto or on a stage in a theater; in front of an audience
203. p_p me up	<i>n.</i> energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness
204. a tr__p of deer	<i>n.</i> a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
205. protest in____ly	<i>adv.</i> in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience
206. cr____ve writing	<i>adj.</i> relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 197. whoosh, 198. frantic, 199. loop, 200. manipulate, 201. terrify, 202. onstage, 203. pep, 204. troop, 205. inwardly, 206. creative

207. che\_\_\_\_\_er tryouts *n.* a person who leads cheers and chants at organized sports events, typically wearing a uniform and performing choreographed routines
208. in\_\_\_\_\_ly happy *adv.* in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience
209. the professor of su\_\_\_\_\_y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
210. cl\_\_g tightly to the skin *v.* to hold onto something tightly; to be closely attached to someone or something
211. ni\_\_\_\_\_a state *n.* a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism
212. marine ra\_\_\_\_\_w *n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
213. commit a crime del\_\_\_\_\_ely *adv.* done in an intentional or slow and careful manner
214. p\_y into the affairs *v.* to force open or to try to get information from someone by asking too many questions
215. gr\_\_t surgery *n.* a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods

ANSWERS: 207. cheerleader, 208. inwardly, 209. surgery, 210. cling, 211. nirvana, 212. rainbow, 213. deliberately, 214. pry, 215. graft



216. hu___e in a temporary shelter	<i>v.</i> to crowd or press closely together; cuddle
217. g__p for air	<i>v.</i> to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
218. co__r under pressure	<i>v.</i> to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally
219. an exh_____ing drink	<i>adj.</i> making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
220. a selfish de_____on	<i>n.</i> the act or process of making up someone's mind about something; a choice or judgment reached after considering options
221. ex__l at communication	<i>v.</i> to be extremely good at or proficient in doing something
222. an al_____um alloy	<i>n.</i> a chemical element with the symbol Al that visually resembles silver, used especially for making cooking equipment and aircraft parts
223. cr__l across the floor	<i>v.</i> to move forward slowly, as people or animals with their bodies near the ground
224. tr_____rm heat into power	<i>v.</i> to change in outward structure or looks;
225. out_____ch a hand	<i>v.</i> to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary

ANSWERS: 216. huddle, 217. gasp, 218. cower, 219. exhilarating, 220. decision, 221. excel, 222. aluminum, 223. crawl, 224. transform, 225. outstretch

226. hu___e around the open fire	<i>v.</i>	to crowd or press closely together; cuddle
227. severe cr___c	<i>n.</i>	someone who expresses opinions about the quality of books, music, etc.
228. criminal app_____ion	<i>n.</i>	the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea
229. pho_____ph album	<i>n.</i>	a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
230. t__k a baby in the blanket	<i>v.</i>	to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable
231. sp_____ng machine	<i>n.</i>	the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn
232. sc__e the birds away	<i>v.</i>	to frighten a person or animal, or to become frightened
233. adr_____ne receptor	<i>n.</i>	a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

ANSWERS: 226. huddle, 227. critic, 228. apprehension, 229. photograph, 230. tuck, 231. spinning, 232. scare, 233. adrenaline

234. an ab____ct noun	<i>adj.</i> based on general ideas, feelings, or qualities and not on any a physical or concrete existence
235. biomass f__l	<i>n.</i> a substance that is typically burned to generate heat or energy
236. de____t from the faith	<i>v.</i> to go away or leave, especially to start a journey
237. bo____e across the floor	<i>v.</i> to cause to move up or away after hitting a surface; to spring back
238. h__l a broken bone	<i>v.</i> to make a wound or injury to become well again
239. me____ze a subject	<i>v.</i> to captivate or fascinate; to hold the complete attention of
240. ly__cs of a song	<i>n.</i> the words of a pop song
241. wax a ha____y floor	<i>n.</i> an interior passage or corridor onto which rooms open
242. sh____r a world record	<i>v.</i> to break suddenly into many pieces
243. arrive and de____t on time	<i>v.</i> to go away or leave, especially to start a journey
244. field of psy____apy	<i>n.</i> the treatment of mental or emotional problems by talking with a therapist
245. ra____w after a storm	<i>n.</i> an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
246. fe____al attendee	<i>n.</i> a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works

ANSWERS: 234. abstract, 235. fuel, 236. depart, 237. bounce, 238. heal, 239. mesmerize, 240. lyric, 241. hallway, 242. shatter, 243. depart, 244. psychotherapy, 245. rainbow, 246. festival

247. un\_\_\_d the stroller      *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
248. g\_\_p in shock      *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
249. sno\_\_\_\_\_le accident      *n.* a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back
250. un\_\_\_d the story      *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
251. spiritual ni\_\_\_\_\_a      *n.* a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism
252. psychic tr\_\_\_a      *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
253. ex\_\_\_e a person to risks      *v.* to show something by uncovering it; to make something accessible to some action or influence
254. u\_\_o changes      *v.* to reverse the effect of an action or event, typically one that is recent or specific
255. ch\_\_\_\_\_y sweep      *n.* a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system

ANSWERS: 247. unfold, 248. gasp, 249. snowmobile, 250. unfold, 251. nirvana, 252. trauma, 253. expose, 254. undo, 255. chimney

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| 256. eve_____ly become obsolete      | <i>adv.</i> finally, particularly after a long time or a lot of struggle, complications, and so on  |
| 257. basic br__n function            | <i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling  |
| 258. exh_____ing view                | <i>adj.</i> making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill  |
| 259. de___e on a course of action    | <i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options  |
| 260. simmering fl__e                 | <i>n.</i> a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger               |
| 261. a very ta_____ed actor          | <i>adj.</i> having a natural ability or aptitude for something; showing exceptional skill or ability in a particular area   |
| 262. tr_____ic brain injury          | <i>adj.</i> relating to or caused by injury, especially emotional injury  |
| 263. the members of a military tr__p | <i>n.</i> a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.  |
| 264. a southern ex_____re            | <i>n.</i> the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret |
| 265. l__n mower                      | <i>n.</i> a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics  |

ANSWERS: 256. eventually, 257. brain, 258. exhilarating, 259. decide, 260. flame, 261. talented, 262. traumatic, 263. troop, 264. exposure, 265. lawn

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|------------------------------------|------|---|
| 266. de___t a feeling of isolation | v.   | to illustrate someone or something in a photograph  |
| 267. gr_____ed taxation            | adj. | having received a degree from a school, college, or university; marked with or divided into levels or degrees |
| 268. in___e the smoke              | v.   | to breathe in air or a different substance, such as smoke   |
| 269. p_y a secret out of a person  | v.   | to force open or to try to get information from someone by asking too many questions                          |
| 270. ext_____sh a cigarette        | v.   | to cause a fire to stop burning or light to stop shining  |

ANSWERS: 266. depict, 267. graduated, 268. inhale, 269. pry, 270. extinguish

## Session 3: Fill in the Blanks

1. He bated his \_\_\_\_\_ when talking about this affair.  
*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
2. He \_\_\_\_\_ deeply, trying to calm down.  
*v.* to breathe in air or a different substance, such as smoke
3. Life as a waiter was a big \_\_\_\_\_ for him.  
*n.* a very frightening or unpleasant dream
4. The organizational \_\_\_\_\_ of start-ups is often flat and straightforward.  
*n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
5. The \_\_\_\_\_ firefighter rescued the family from the burning building.  
*adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
6. The \_\_\_\_\_ of the candle flickered in the darkness of the room.  
*n.* a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger
7. The company \_\_\_\_\_ in customer service.  
*v.* to be extremely good at or proficient in doing something
8. The invention of the camera triggered the development of \_\_\_\_\_ painting.  
*adj.* based on general ideas, feelings, or qualities and not on any a physical or concrete existence

ANSWERS: 1. breath, 2. inhaled, 3. nightmare, 4. structure, 5. brave, 6. flame, 7. excels, 8. abstract

9. He embedded the strong will in this \_\_\_\_\_.  
*n.* the words of a pop song
10. The \_\_\_\_\_ in the factory was constantly emitting dark smoke.  
*n.* a vertical structure that channels smoke or gas from a fire or furnace out of a building; a hollow column or tube that facilitates air or fluid flow throughout a system
11. All the supervisor has to do is assign tasks that make his subordinates more \_\_\_\_\_.  
*adj.* relating to or involving the use of skill and original and unusual ideas to create something
12. She was struggling to make a \_\_\_\_\_ between two job offers.  
*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
13. The enemy fell right into the \_\_\_\_\_.  
*n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
14. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.  
*v.* to give someone the power or authority to do something
15. The \_\_\_\_\_ of soldiers marched through the city in a parade.  
*n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
16. Many civilians have suffered \_\_\_\_\_ as a result of the war.  
*n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

ANSWERS: 9. lyric, 10. chimney, 11. creative, 12. decision, 13. trap, 14. empowered, 15. troop, 16. trauma



17. The tree cast a \_\_\_\_\_ over the picnic area, providing relief from the sun.
- n.* a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner
18. She was \_\_\_\_\_ about speaking in front of a large crowd.
- adj.* anxious, worried, or uneasy about something that may happen in the future; having concerns or doubts about something
19. She is a \_\_\_\_\_ musician, able to play several instruments.
- adj.* having a natural ability or aptitude for something; showing exceptional skill or ability in a particular area
20. She was mesmerized by the \_\_\_\_\_ colors.
- n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
21. The yoga instructor instructed the class to \_\_\_\_\_ their arms and breathe deeply into the stretch.
- v.* to stretch out one's body, limbs, or arms to their furthest extent; to extend something so that it exceeds a certain limit or boundary
22. Could you help me \_\_\_\_\_ some furniture?
- n.* a slight transition in position, direction, or trend
23. The town is known for its historic \_\_\_\_\_ streets, which were laid by hand in the 19th century.
- n.* a rounded, irregularly shaped stone used for paving streets or for building walls; (verb) to make or repair something in a rough and hurried way

ANSWERS: 17. shadow, 18. apprehensive, 19. talented, 20. rainbow's, 21. outstretch, 22. shift, 23. cobble

24. She was a \_\_\_\_\_ student of a prestigious university.

*adj.* having received a degree from a school, college, or university; marked with or divided into levels or degrees

25. He took \_\_\_\_\_ to help him deal with his accident trauma.

*n.* the treatment of mental or emotional problems by talking with a therapist

26. The tornado is \_\_\_\_\_ across the countryside, destroying everything in its path.

*v.* to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented

27. This process caused an \_\_\_\_\_ chemical reaction.

*adj.* possessing or exerting or displaying energy

28. Many people in this city use the \_\_\_\_\_ railway for transportation.

*n.* a shape like a curve or a circle made by something long and thin, such as a piece of string, that bends round and crosses itself

29. He told me a \_\_\_\_\_ truth about my parent's death.

*n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

30. The mystery \_\_\_\_\_ as the detectives gathered more clues.

*v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

31. I accidentally deleted the file, so can you \_\_\_\_\_ that action?

*v.* to reverse the effect of an action or event, typically one that is recent or specific

ANSWERS: 24. graduated, 25. psychotherapy, 26. spinning, 27. energetic, 28. loop, 29. gut-wrenching, 30. unfolded, 31. undo

32. The family enjoyed a picnic on the \_\_\_\_\_ in the park.

- n.* a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

33. He wore a helmet and goggles while riding his \_\_\_\_\_ through the snowy trails.

- n.* a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back

34. The \_\_\_\_\_ on my bike broke, leaving me stranded.

- n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

35. We have finally lost our last \_\_\_\_\_.

- n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

36. The magician's performance \_\_\_\_\_ the audience.

- v.* to captivate or fascinate; to hold the complete attention of

37. He performed his magic trick \_\_\_\_\_ leaving the audience in awe.

- adv.* onto or on a stage in a theater; in front of an audience

38. You should \_\_\_\_\_ your shirt into your trousers.

- v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

39. We set up an \_\_\_\_\_ outside to provide shade during the summer months.

- n.* a sheet or canvas stretched out on a frame and used to provide shade or shelter, particularly over a window, door, or pathway

ANSWERS: 32. lawn, 33. snowmobile, 34. chain, 35. prop, 36. mesmerized, 37. onstage, 38. tuck, 39. awning

40. Several cities are experiencing \_\_\_\_\_ high unemployment rates.

*adv.* in a way that is very difficult to believe; exceedingly or extremely

41. Tech companies often employ \_\_\_\_\_ ducts and other materials in their office interiors.

*adj.* having no protection or shield from something, such as bad weather, attack, or criticism

42. Some of the parts of this car are made of \_\_\_\_\_ to reduce weight.

*n.* a chemical element with the symbol Al that visually resembles silver, used especially for making cooking equipment and aircraft parts

43. Despite its advanced science and technology, the empire was \_\_\_\_\_ about invasion.

*adj.* done with full consciousness of nature and effects rather than by accident

44. They will \_\_\_\_\_ between various emotional states.

*v.* to cause to move up or away after hitting a surface; to spring back

45. The \_\_\_\_\_ accident caused the car to flip over and land on its roof.

*n.* an abnormality that is not typical or expected

46. It would be best not to \_\_\_\_\_ your associates into doing complex tasks.

*v.* to frighten someone very much

47. The \_\_\_\_\_ scarcity most severely impacted the manufacturing sector

*n.* a substance that is typically burned to generate heat or energy

48. The \_\_\_\_\_ party strongly disagreed with the government's proposed legislation.

*n.* the act of disagreeing or resisting; the state of strong disagreement

ANSWERS: 40. incredibly, 41. exposed, 42. aluminum, 43. deliberate, 44. bounce, 45. freak, 46. terrify, 47. fuel, 48. opposition

49. The music \_\_\_\_\_ attracts visitors from all over the world.  
*n.* a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works
50. The old mansion was known to be \_\_\_\_\_ with strange noises and eerie sightings reported by visitors.  
*adj.* inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
51. Her husband's death \_\_\_\_\_ her life entirely.  
*v.* to break suddenly into many pieces
52. Advocates for legal reform hear less harsh words from their \_\_\_\_\_.  
*n.* someone who expresses opinions about the quality of books, music, etc.
53. The \_\_\_\_\_ candlelight added a cozy ambiance to the room.  
*adj.* shining or flashing in an unsteady or irregular way; fluctuating or wavering, often with regards to light or flame
54. He \_\_\_\_\_ misleads others.  
*adv.* done in an intentional or slow and careful manner
55. Along the gravel roads, sizeable yellow school buses \_\_\_\_\_.  
*v.* to move forward slowly, as people or animals with their bodies near the ground
56. The long \_\_\_\_\_ to the air tarnished the antique tableware.  
*n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

ANSWERS: 49. festival, 50. haunted, 51. shattered, 52. critics, 53. flickering, 54. deliberately, 55. crawl, 56. exposure

57. The old oak tree stood with \_\_\_\_\_ and majesty in the park's center.
- n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
58. Her remarks \_\_\_\_\_ the debate.
- v.* to mistake one thing for another; to make somebody hard to understand
59. That newspaper \_\_\_\_\_ a political scandal in a big way.
- v.* to show something by uncovering it; to make something accessible to some action or influence
60. The doctor advised him to \_\_\_\_\_ down for a check.
- v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
61. It will take time for her mental scars to \_\_\_\_\_.
- v.* to make a wound or injury to become well again
62. I prefer \_\_\_\_\_ cookies over store-bought ones.
- adj.* made at home rather than in a factory or workshop
63. The candle's \_\_\_\_\_ burned, signaling it was time to extinguish it.
- n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action
64. Large earthquakes often generate \_\_\_\_\_ tsunamis.
- adj.* very frightening or intimidating

ANSWERS: 57. grace, 58. confused, 59. exposed, 60. strip, 61. heal, 62. homemade, 63. wick, 64. terrifying

65. I found an old \_\_\_\_\_ of my grandparents from their wedding day.

- n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

66. He found \_\_\_\_\_ in the warm embrace of his loved ones.

- n.* a state of physical ease and freedom from pain or constraint

67. The national election was held amid \_\_\_\_\_ security.

- adj.* fixed, fastened, or kept together firmly or closely

68. He that would eat the kernel must \_\_\_\_\_ the nut.

- v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

69. The children \_\_\_\_\_ together for warmth in the cold winter storm.

- v.* to crowd or press closely together; cuddle

70. The restaurant \_\_\_\_\_ a ban on smoking.

- v.* to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

71. Firefighters made every effort to \_\_\_\_\_ the blaze immediately.

- v.* to cause a fire to stop burning or light to stop shining

72. His father's death changed his whole \_\_\_\_\_ on life.

- n.* a confident attitude toward something; a particular style of thinking about something

ANSWERS: 65. photograph, 66. comfort, 67. tight, 68. crack, 69. huddled, 70. reversed, 71. extinguish, 72. perspective

73. The participation of oil-producing countries in the war caused \_\_\_\_\_ in the financial markets.

- n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

74. She \_\_\_\_\_ uncontrollably after hearing the news.

- v.* to cry or weep with short, sudden sounds

75. The corporation \_\_\_\_\_ dominated the entire tobacco business.

- adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

76. She took a \_\_\_\_\_ class at the gym to improve her cardiovascular fitness.

- n.* the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn

77. The experience was so \_\_\_\_\_ that it left a lasting impact on the survivor's mental health.

- adj.* relating to or caused by injury, especially emotional injury

78. The patient's skin \_\_\_\_\_ procedure was successful, and he was released from the hospital.

- n.* a transplanted portion of tissue or skin, often taken from one part of the body and used to repair or replace damaged or missing tissue in another part; a corrupt or illegal means of acquiring wealth or power through illicit or unethical methods

79. The company's CEO felt a sense of \_\_\_\_\_ before making the major decision.

- n.* the act of apprehending or arresting someone; a feeling of anxiety, worry, or uncertainty about something that may happen in the future; understanding or comprehension of something, particularly a complex or abstract concept or idea

ANSWERS: 73. panic, 74. sobbed, 75. eventually, 76. spinning, 77. traumatic, 78. graft, 79. apprehension



80. The band has released a lot of \_\_\_\_\_ rock music.

- n.* a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

81. The mother was \_\_\_\_\_ as she searched for her lost child.

- adj.* marked by uncontrolled excitement or emotion; wild; frenzied

82. There's a new \_\_\_\_\_ of hero in the movies now.

- n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

83. The \_\_\_\_\_ mountains make the city difficult to be invaded.

- adj.* that is near or around, or closely encircling something

84. She wiped the \_\_\_\_\_ off her forehead with a towel.

- n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

85. Last night, the team delivered a \_\_\_\_\_ performance.

- adj.* shining brightly; highly attractive or exciting

86. Each person has a unique \_\_\_\_\_ experience.

- n.* a very great sadness, especially when somebody dies

87. I underwent aversion \_\_\_\_\_ for my addiction to alcohol.

- n.* the act of caring for someone through medication, remedial training, etc.

88. He used a crowbar to \_\_\_\_ open the locked door.

- v.* to force open or to try to get information from someone by asking too many questions

ANSWERS: 80. adrenaline-pumping, 81. frantic, 82. brand, 83. surrounding, 84. sweat, 85. dazzling, 86. grief, 87. therapy, 88. pry

89. The painting is \_\_\_\_\_ and there is no other like it.

*adj.* being the only one of its kind; unlike anything else

90. The actress \_\_\_\_\_ in humiliation as the audience booed her performance.

*v.* to crouch or curl up in fear or apprehension; to shrink or recoil from something threatening, usually physically or mentally

91. She is still \_\_\_\_\_ from a shot to her shoulder.

*v.* to return to a former condition, health, mind, or strength

92. The \_\_\_\_\_ appearance of the building was impressive, but the inside was in dire need of repairs.

*adj.* relating to the external appearance or surface of something; visible

93. The price of raw \_\_\_\_\_ continued to rise.

*n.* a plant that is grown in warm countries and bears bolls containing seeds with soft and long hairs that are made into textile fiber and thread for sewing

94. She \_\_\_\_\_ the loss of her parents.

*v.* to feel or show great sadness or sorrow, especially for someone who has died

95. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

96. The \_\_\_\_\_ pain in his ankle made it difficult to walk.

*adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering

ANSWERS: 89. unique, 90. cowered, 91. recovering, 92. outward, 93. cotton, 94. grieved, 95. decide, 96. excruciating

97. Bungee jumping was an \_\_\_\_\_ experience that left me shaking with adrenaline.

*adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

98. The \_\_\_\_\_ had received a mild snowfall the previous week.

*n.* a long depression on the surface of the land, which typically contains a river

99. She \_\_\_\_\_ wished that she had prepared more for the exam.

*adv.* in one's inner thoughts, feelings, emotions, or mental states; about one's internal or subjective experience

100. The coach gave a \_\_\_\_ talk to the team before the game to boost their spirits.

*n.* energy, enthusiasm, or liveliness; (verb) to give someone energy, enthusiasm, or liveliness

101. I tied up the \_\_\_\_\_ of newspapers and took them to the recycling center.

*n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

102. We \_\_\_\_\_ before the temperature fell below zero.

*v.* to go away or leave, especially to start a journey

103. He and I often had \_\_\_\_\_ not only in personality but also in ideology.

*n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals

104. His son had accurately \_\_\_\_\_ the bloom.

*v.* to illustrate someone or something in a photograph

ANSWERS: 97. exhilarating, 98. valley, 99. inwardly, 100. pep, 101. bundle, 102. departed, 103. conflicts, 104. depicted

105. The \_\_\_\_\_ instructor guided the group through the relaxation and breathing exercises.

- n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

106. With \_\_\_\_\_ joy, he signed his name.

- adj.* apparent to the mind, senses, or judgment

107. The old building \_\_\_\_\_ in a fiery inferno.

- v.* to burst or break open violently and noisily; to cause something to burst or break open

108. He became \_\_\_\_\_ that he was being followed.

- adj.* being aware of and able to respond to what is happening around you

109. Please tell me how to \_\_\_\_\_ this computer.

- v.* to influence or control something or someone to your advantage, often in an unfair or dishonest way

110. I'm \_\_\_\_\_ of insects.

- adj.* afraid or frightened

111. \_\_\_\_\_ classes are fun for kids to stay active and learn new skills.

- n.* a sport that involves feats of strength, agility, and balance, often performed on apparatus such as a balance beam or a set of parallel bars; any physical exercise that involves movement and agility

112. The drought \_\_\_\_\_ the prices of grain globally.

- v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position

ANSWERS: 105. meditation, 106. evident, 107. exploded, 108. conscious, 109. manipulate, 110. scared, 111. Gymnastics, 112. lifted

113. We must \_\_\_\_\_ to this matter.

*v.* to be present at an event, to go to a place

114. A well-known artist painted this lovely lady's \_\_\_\_\_.

*n.* a painting, picture; the likeness of a person, especially one showing the face

115. I packed my \_\_\_\_\_ with all the necessary camping gear for our trip.

*n.* a bag or pack that is worn on the back, often used for carrying books, equipment, or supplies

116. They \_\_\_\_\_ admired our actions.

*adv.* to an extraordinary extent or degree; very much

117. I will go to the \_\_\_\_\_ store to buy food for dinner.

*n.* a shop that sells food and other household items

118. X-rays revealed a small tumor in his \_\_\_\_\_.

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

119. He left his wife an \_\_\_\_\_ fortune.

*adj.* extremely large or great

120. My father's death \_\_\_\_\_ my life completely.

*v.* to change in outward structure or looks;

121. The fire continued to \_\_\_\_\_ long after the firefighters had left.

*v.* to burn slowly and without a flame, often with the production of smoke and heat; to exist or persist in a suppressed or hidden state, particularly anger or resentment

ANSWERS: 113. attend, 114. portrait, 115. backpack, 116. greatly, 117. grocery, 118. brain, 119. immense, 120. transformed, 121. smolder

122. He \_\_\_\_\_ to the hope that he will find a job soon.

- v. to hold onto something tightly; to be closely attached to someone or something

123. Sometimes it is challenging to \_\_\_\_\_ science and religion.

- v. to find a way of dealing with two or more ideas, needs, etc. that are opposed to each other to agree and coexist

124. Federal bankruptcy laws \_\_\_\_\_ the reorganization process.

- v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

125. She was the captain of the \_\_\_\_\_ squad in high school.

- n. a person who leads cheers and chants at organized sports events, typically wearing a uniform and performing choreographed routines

126. The audience \_\_\_\_\_ when the magician made the rabbit disappear from the hat.

- v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

127. I love sitting by the \_\_\_\_\_ and reading a good book on a cold winter evening.

- n. a structure made of brick, stone, or metal designed to contain a fire and provide heat, often found in the center of a room or against a wall

128. We hit the ground to \_\_\_\_\_ out the rabbits.

- v. to frighten a person or animal, or to become frightened

129. He had undergone heart \_\_\_\_\_ years before.

- n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

ANSWERS: 122. clings, 123. reconcile, 124. prescribed, 125. cheerleader, 126. gasped, 127. fireplace, 128. scare, 129. surgery

130. The \_\_\_\_\_ of the wind through the trees was the only sound in the forest.

- n.* a rushing or swishing sound, such as that made by something moving quickly through the air or by a sudden gust of wind; (verb) to move swiftly with a rushing or whooshing sound

131. We used a \_\_\_\_\_ to slide down the hill in the snow.

- n.* a vehicle used for traveling over snow or ice, typically consisting of a flat-bottomed frame mounted on runners, sometimes pulled by dogs or horses

132. The train has to \_\_\_\_\_ rigorous safety checks.

- v.* to go through something unpleasant or that involves a change

133. I heard a noise \_\_\_\_\_.

- adv.* on or to an upper or highest floor of a building

134. He finally achieved \_\_\_\_\_ after many years of meditation and spiritual practice.

- n.* a state of perfect happiness, peace, and enlightenment in Hinduism and Buddhism

135. He dashed down a \_\_\_\_\_ to a bathroom.

- n.* an interior passage or corridor onto which rooms open

ANSWERS: 130. whoosh, 131. sled, 132. undergo, 133. upstairs, 134. nirvana, 135. hallway