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## Vocabulary Builder Reference from...

Eve Gaus and Vanessa Ruiz: Why is pneumonia so dangerous? | TED Talk https://www.ted.com/talks/eve\_gaus\_and\_vanessa\_r uiz\_why\_is\_pneumonia\_so\_dangerous



### Advanced Words Only

#### IMPORTANT

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## **Session 1: Word List**

trachea	<ul> <li>n. the tube-like structure in the body through which air moves from the larynx (= a part of the human respiratory system located in the neck region) to the bronchi (= part of the respiratory system and are responsible for conducting air into the lungs), also known as the windpipe</li> <li>synonym: windpipe, bronchus</li> </ul>
	(1) trachea blockage, (2) trachea infection
	Inhaling irritants can cause inflammation of the <b>trachea</b> and lead to coughing.
bronchus	<ul> <li>n. (in the plural, "bronchi") either of the two main branches of the trachea that lead to the lungs and distribute air to the bronchioles and alveoli</li> <li>synonym: bronchi, airway, tube</li> </ul>
	(1) left <b>bronchus</b> , (2) <b>bronchus</b> wall
	Smoking damages the <b>bronchus</b> and increases the risk of lung cancer.
sac	<ul> <li><i>n</i>. a bag or pouch, typically made of fabric or leather, used to hold something valuable or important; a structure resembling a bag in an animal or plant</li> <li><i>synonym</i>: bag, pouch, knapsack</li> </ul>

	<ul> <li>(1) sac contents, (2) abdominal sac</li> <li>I placed my valuables in the sac before heading out on my hike.</li> </ul>
alveolus	<ul> <li>n. (in the plural, "alveoli") a small, hollow cavity, pit, or socket; the small sacs in the lungs, where gas exchange with the blood occurs</li> <li>synonym: cavity, air sac, socket</li> </ul>
	(1) tooth <b>alveolus</b> , (2) <b>alveolus</b> function
	Damage to the walls of an <b>alveolus</b> can lead to reduced lung function.
bloodstream	<i>n.</i> the blood flowing through the body
	(1) <b>bloodstream</b> in an artery, (2) <b>bloodstream</b> to the brain Cancer cells are often carried throughout the body by the <b>bloodstream</b> .
pneumonia	<ul> <li><i>n.</i> an infection or inflammation of the lungs, typically caused by bacteria, viruses, or other microorganisms</li> <li><i>synonym</i>: lung infection, bronchitis</li> </ul>
	(1) bacterial <b>pneumonia</b> , (2) viral <b>pneumonia</b>
	She was hospitalized with a severe case of <b>pneumonia</b> .
wreak	<ul> <li>v. to cause or bring about something, often as a result of harmful or destructive actions or events</li> <li>synonym: cause, inflict, bring about</li> </ul>
	(1) wreak a lot of changes, (2) wreak further damage
	The virus has <b>wreaked</b> havoc on the healthcare system, overwhelming hospitals and causing shortages of supplies.
havoc	<ul> <li>widespread destruction or devastation, often caused by natural disasters, war, or other violent events</li> <li>synonym: destruction, devastation, ruin</li> </ul>
	(1) cause <b>havoc</b> , (2) play <b>havoc</b> in the mind
	The storm wreaked havoc on the town, causing widespread
	damage and power outages.

pathogen	<i>n</i> . a bacterium, virus, or other microorganism that causes disease
	synonym: germ, microbe, bacterium
	(1) plant <b>pathogen</b> , (2) the <b>pathogen</b> in the air
	mRNA vaccines are approved faster because they do not
	contain inactivated <b>pathogens</b> .
microscopic	<i>adj.</i> tiny; exceedingly precise and detail-oriented; of or used in microscopy
	synonym: infinitesimal, tiny, atomic
	(1) <b>microscopic</b> inquiry, (2) <b>microscopic</b> analysis
	Inspectors noticed <b>microscopic</b> cracks in the submarine's hull.
invade	<ul> <li>v. to enter aggressively into another's territory by military force for conquest and occupation</li> <li>synonym: intrude, raid, overrun</li> </ul>
	(1) <b>invade</b> other tissues, (2) <b>invade</b> his privacy
	I have no intention to <b>invade</b> your privacy.
droplet	<ul><li>n. a small drop of liquid</li><li>synonym: bead, drip, dewdrop</li></ul>
	(1) droplet size, (2) droplet formation
	A single <b>droplet</b> of water can reflect the entire world upside down.
contaminate	<ul> <li>v. to make something impure, unclean, or poisonous by contact or mixture</li> <li>synonym: defile, pollute, adulterate</li> </ul>
	(1) <b>contaminate</b> with a disease, (2) <b>contaminate</b> his ego
	We strive not to <b>contaminate</b> the environment when
	demolishing petroleum plants.
mucociliary	<i>adj.</i> of or relating to the mucous membranes and the cilia (= tiny hairs) that line the respiratory system, transporting mucus (= a thick, slimy substance that is produced by the body's mucous membranes) and other particles out

	of the body			
	(1) mucociliary clearance, (2) mucociliary transport			
	The <b>mucociliary</b> system is an essential defense mechanism in the respiratory tract.			
escalator	<ul> <li>n. a moving staircase or conveyor device that carries people between floors or levels of a building or structure synonym: moving stairway, elevator, lift</li> </ul>			
	(1) escalator ride, (2) escalator malfunction			
	Please be careful getting on and off the escalator.			
mucus	<ul> <li><i>n</i>. a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.</li> <li><i>synonym</i>: secretion, slime, saliva</li> </ul>			
	(1) airway <b>mucus</b> , (2) nasal <b>mucus</b>			
	When the body temperature drops, <b>mucus</b> secretion fails.			
cilium	<ul> <li><i>n</i>. a microscopic, hair-like cellular projection that is found on the surface of many cells in the body, helping them to move or trap debris</li> <li><i>synonym</i>: eyelash, flagellum</li> </ul>			
	(1) <b>cilium</b> movement, (2) primary <b>cilium</b>			
	The microscopic analysis revealed a <b>cilium's</b> presence on the single-celled organism's surface.			
macrophage	<i>n.</i> a large white blood cell that helps to engulf and destroy foreign objects or materials in the body, such as bacteria or cancer cells			
	synonym: white blood cell, scavenger cell, phagocyte			
	(1) macrophage activity, (2) macrophage dysfunction			
	Cancer cells can evade the immune system's detection by avoiding interactions with <b>macrophages</b> .			
envelop	<i>v.</i> to surround and cover completely; to encase <i>synonym</i> : wrap, cover, surround			
	(1) <b>envelop</b> the whole world, (2) <b>envelop</b> her in a bear hug			

	The fog <b>enveloped</b> the city, making it difficult to see.
by-product	<ul> <li>n. a secondary product produced during the manufacturing or processing of another product, often not the intended product but still useful or valuable in some way</li> <li>synonym: derivative, spin-off, secondary product</li> </ul>
	(1) by-product of manufacturing, (2) meat by-products
	The soy sauce was a <b>by-product</b> of the fermentation process in making miso paste.
determinant	<ul> <li>n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result</li> <li>synonym: cause, factor, element</li> </ul>
	(1) environmental <b>determinant</b> , (2) a <b>determinant</b> of crop yields
	One <b>determinant</b> of success is having a positive attitude and a strong work ethic.
antiviral	<i>adj.</i> inhibiting or stopping the growth and reproduction of viruses; (noun) any drug that destroys viruses
	(1) antiviral effect, (2) an antiviral agent
	The doctor immediately prescribed antiviral drugs.
expel	<ul> <li>v. to officially force someone to leave a school, organization, or country</li> <li>synonym: deport, oust, dislodge</li> </ul>
	(1) <b>expel</b> him from his native country, (2) <b>expel</b> air from the lungs
	He took a big drag of his cigarette and slowly <b>expelled</b> the smoke.
hospitalize	<i>v.</i> to admit someone to a hospital for medical treatment <i>synonym</i> : admit, place in hospital
	(1) hospitalize patient, (2) hospitalize child
	She had to be <b>hospitalized</b> due to her injuries.

autoimmune	<ul> <li>adj. relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances</li> </ul>				
	(1) insulin <b>autoimmune</b> syndrome, (2) <b>autoimmune</b> disorder				
	The presence of certain substances triggered the <b>autoimmune</b> response.				
impair	<i>v.</i> to damage something or make it weaker or worse <i>synonym</i> : degrade, mar, deface				
	(1) <b>impair</b> my health, (2) <b>impair</b> insulin sensitivity				
	The accident made his vision <b>impaired</b> .				
inflame	<ul> <li>v. to cause very strong feelings such as anger or excitement in a person or a group of people</li> <li>synonym: agitate, arouse, enrage</li> </ul>				
	(1) inflame skin, (2) inflame his passion				
	Her eyes inflamed with crying.				

## **Session 2: Spelling**

1.	airway mus	n.	a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
2.	alus function	n.	(in the plural, "alveoli") a small, hollow cavity, pit, or socket; the small sacs in the lungs, where gas exchange with the blood occurs
3.	play hac in the mind	n.	widespread destruction or devastation, often caused by natural disasters, war, or other violent events
4.	macge activity	n.	a large white blood cell that helps to engulf and destroy foreign objects or materials in the body, such as bacteria or cancer cells
5.	cause hac	n.	widespread destruction or devastation, often caused by natural disasters, war, or other violent events
6.	conte his ego	v.	to make something impure, unclean, or poisonous by contact or mixture
7.	macge dysfunction	n.	a large white blood cell that helps to engulf and destroy foreign objects or materials in the body, such as bacteria or cancer cells
8.	left brus	n.	(in the plural, "bronchi") either of the two main branches of the trachea that lead to the lungs and distribute air to the bronchioles and alveoli

ANSWERS: 1. mucus, 2. alveolus, 3. havoc, 4. macrophage, 5. havoc, 6. contaminate, 7. macrophage, 8. bronchus

9. a detnt of crop yields	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
10. tooth alus	n.	(in the plural, "alveoli") a small, hollow cavity, pit, or socket; the small sacs in the lungs, where gas exchange with the blood occurs
11. abdominal s_c	n.	a bag or pouch, typically made of fabric or leather, used to hold something valuable or important; a structure resembling a bag in an animal or plant
12. enp the whole world	v.	to surround and cover completely; to encase
13. meat bycts	n.	a secondary product produced during the manufacturing or processing of another product, often not the intended product but still useful or valuable in some way
14. wrk a lot of changes	v.	to cause or bring about something, often as a result of harmful or destructive actions or events
15. anal effect	adj.	inhibiting or stopping the growth and reproduction of viruses; (noun) any drug that destroys viruses
16. s_c contents	n.	a bag or pouch, typically made of fabric or leather, used to hold something valuable or important; a structure resembling a bag in an animal or plant
17. imr insulin sensitivity	v.	to damage something or make it weaker or worse

ANSWERS: 9. determinant, 10. alveolus, 11. sac, 12. envelop, 13. by-product, 14. wreak, 15. antiviral, 16. sac, 17. impair

18. viral pnia	n.	an infection or inflammation of the lungs, typically caused by bacteria, viruses, or other microorganisms
19. insulin autne syndrome	adj.	relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
20. tra infection	n.	the tube-like structure in the body through which air moves from the larynx (= a part of the human respiratory system located in the neck region) to the bronchi (= part of the respiratory system and are responsible for conducting air into the lungs), also known as the windpipe
21. hosze patient	<i>v</i> .	to admit someone to a hospital for medical treatment
22. ine his passion	v.	to cause very strong feelings such as anger or excitement in a person or a group of people
23. enp her in a bear hug	<i>v</i> .	to surround and cover completely; to encase
24. imr my health	v.	to damage something or make it weaker or worse
25. byct of manufacturing	n.	a secondary product produced during the manufacturing or processing of another product, often not the intended product but still useful or valuable in some way
26. ine other tissues	v.	to enter aggressively into another's territory by military force for conquest and occupation

ANSWERS: 18. pneumonia, 19. autoimmune, 20. trachea, 21. hospitalize, 22. inflame, 23. envelop, 24. impair, 25. by-product, 26. invade

27.	mucry transport	adj.	of or relating to the mucous membranes and the cilia (= tiny hairs) that line the respiratory system, transporting mucus (= a thick, slimy substance that is produced by the body's mucous membranes) and other particles out of the body
28.	exl air from the lungs	v.	to officially force someone to leave a school, organization, or country
29.	ine his privacy	v.	to enter aggressively into another's territory by military force for conquest and occupation
30.	plant paen	n.	a bacterium, virus, or other microorganism that causes disease
31.	mucry clearance	adj.	of or relating to the mucous membranes and the cilia (= tiny hairs) that line the respiratory system, transporting mucus (= a thick, slimy substance that is produced by the body's mucous membranes) and other particles out of the body
32.	micic inquiry	adj.	tiny; exceedingly precise and detail-oriented; of or used in microscopy
33.	bloam in an artery	n.	the blood flowing through the body
34.	environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
35.	nasal mus	n.	a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.

ANSWERS: 27. mucociliary, 28. expel, 29. invade, 30. pathogen, 31. mucociliary, 32. microscopic, 33. bloodstream, 34. determinant, 35. mucus

36.	primary cim	n.	a microscopic, hair-like cellular projection that is found on the surface of many cells in the body, helping them to move or trap debris
37.	esor ride	n.	a moving staircase or conveyor device that carries people between floors or levels of a building or structure
38.	cim movement	n.	a microscopic, hair-like cellular projection that is found on the surface of many cells in the body, helping them to move or trap debris
39.	ine skin	v.	to cause very strong feelings such as anger or excitement in a person or a group of people
40.	brus wall	n.	(in the plural, "bronchi") either of the two main branches of the trachea that lead to the lungs and distribute air to the bronchioles and alveoli
41.	bacterial pnia	n.	an infection or inflammation of the lungs, typically caused by bacteria, viruses, or other microorganisms
42.	drt size	n.	a small drop of liquid
43.	wrk further damage	v.	to cause or bring about something, often as a result of harmful or destructive actions or events
44.	micic analysis	adj.	tiny; exceedingly precise and detail-oriented; of or used in microscopy
45.	drt formation	n.	a small drop of liquid

ANSWERS: 36. cilium, 37. escalator, 38. cilium, 39. inflame, 40. bronchus, 41. pneumonia, 42. droplet, 43. wreak, 44. microscopic, 45. droplet

46.	tra blockage	n.	the tube-like structure in the body through which air moves from the larynx (= a part of the human respiratory system located in the neck region) to the bronchi (= part of the respiratory system and are responsible for conducting air into the lungs), also known as the windpipe
47.	hosze child	v.	to admit someone to a hospital for medical treatment
48.	autne disorder	adj.	relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
49.	an anal agent	adj.	inhibiting or stopping the growth and reproduction of viruses; (noun) any drug that destroys viruses
50.	exI him from his native country	<i>v</i> .	to officially force someone to leave a school, organization, or country
51.	bloam to the brain	n.	the blood flowing through the body
52.	esor malfunction	n.	a moving staircase or conveyor device that carries people between floors or levels of a building or structure
53.	conte with a disease	v.	to make something impure, unclean, or poisonous by contact or mixture
54.	the paen in the air	n.	a bacterium, virus, or other microorganism that causes disease

ANSWERS: 46. trachea, 47. hospitalize, 48. autoimmune, 49. antiviral, 50. expel, 51. bloodstream, 52. escalator, 53. contaminate, 54. pathogen

## Session 3: Fill in the Blanks

- 1. Please be careful getting on and off the \_\_\_\_\_.
- *n.* a moving staircase or conveyor device that carries people between floors or levels of a building or structure
- 2. I have no intention to \_\_\_\_\_ your privacy.
- *v.* to enter aggressively into another's territory by military force for conquest and occupation
- 3. The \_\_\_\_\_\_ system is an essential defense mechanism in the respiratory tract.
- *adj.* of or relating to the mucous membranes and the cilia (= tiny hairs) that line the respiratory system, transporting mucus (= a thick, slimy substance that is produced by the body's mucous membranes) and other particles out of the body
- 4. Inspectors noticed \_\_\_\_\_ cracks in the submarine's hull.
- *adj.* tiny; exceedingly precise and detail-oriented; of or used in microscopy
- 5. Damage to the walls of an \_\_\_\_\_ can lead to reduced lung function.
- *n*. (in the plural, "alveoli") a small, hollow cavity, pit, or socket; the small sacs in the lungs, where gas exchange with the blood occurs
- 6. The presence of certain substances triggered the \_\_\_\_\_ response.
- *adj.* relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
- 7. The microscopic analysis revealed a \_\_\_\_\_ presence on the single-celled organism's surface.
- *n*. a microscopic, hair-like cellular projection that is found on the surface of many cells in the body, helping them to move or trap debris

ANSWERS: 1. escalator, 2. invade, 3. mucociliary, 4. microscopic, 5. alveolus, 6. autoimmune, 7. cilium's

- 8. We strive not to \_\_\_\_\_\_ the environment when demolishing petroleum plants.
  - v. to make something impure, unclean, or poisonous by contact or mixture
- 9. The accident made his vision \_\_\_\_\_.
- v. to damage something or make it weaker or worse
- 10. The soy sauce was a \_\_\_\_\_\_ of the fermentation process in making miso paste.
- *n.* a secondary product produced during the manufacturing or processing of another product, often not the intended product but still useful or valuable in some way
- 11. She was hospitalized with a severe case of \_\_\_\_\_.
- *n.* an infection or inflammation of the lungs, typically caused by bacteria, viruses, or other microorganisms
- 12. She had to be \_\_\_\_\_ due to her injuries.
- *v*. to admit someone to a hospital for medical treatment
- 13. Cancer cells can evade the immune system's detection by avoiding interactions with \_\_\_\_\_.
- *n.* a large white blood cell that helps to engulf and destroy foreign objects or materials in the body, such as bacteria or cancer cells
- 14. Cancer cells are often carried throughout the body by the \_\_\_\_\_.
- *n.* the blood flowing through the body
- 15. I placed my valuables in the \_\_\_\_ before heading out on my hike.
- *n.* a bag or pouch, typically made of fabric or leather, used to hold something valuable or important; a structure resembling a bag in an animal or plant

ANSWERS: 8. contaminate, 9. impaired, 10. by-product, 11. pneumonia, 12. hospitalized, 13. macrophages, 14. bloodstream, 15. sac

- 16. Smoking damages the \_\_\_\_\_ and increases the risk of lung cancer.
- *n*. (in the plural, "bronchi") either of the two main branches of the trachea that lead to the lungs and distribute air to the bronchioles and alveoli
- 17. The fog \_\_\_\_\_\_ the city, making it difficult to see.
- v. to surround and cover completely; to encase
- 18. Inhaling irritants can cause inflammation of the \_\_\_\_\_ and lead to coughing.
- n. the tube-like structure in the body through which air moves from the larynx (= a part of the human respiratory system located in the neck region) to the bronchi (= part of the respiratory system and are responsible for conducting air into the lungs), also known as the windpipe
- 19. mRNA vaccines are approved faster because they do not contain inactivated
- *n.* a bacterium, virus, or other microorganism that causes disease
- 20. A single \_\_\_\_\_\_ of water can reflect the entire world upside down.
- *n*. a small drop of liquid
- 21. The doctor immediately prescribed \_\_\_\_\_\_ drugs.
- *adj.* inhibiting or stopping the growth and reproduction of viruses; (noun) any drug that destroys viruses
- 22. Her eyes \_\_\_\_\_ with crying.
- *v.* to cause very strong feelings such as anger or excitement in a person or a group of people
- 23. The storm wreaked \_\_\_\_\_ on the town, causing widespread damage and power outages.
- *n.* widespread destruction or devastation, often caused by natural disasters, war, or other violent events

ANSWERS: 16. bronchus, 17. enveloped, 18. trachea, 19. pathogens, 20. droplet, 21. antiviral, 22. inflamed, 23. havoc

- 24. One \_\_\_\_\_\_ of success is having a positive attitude and a strong work ethic.
  - *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
- 25. The virus has \_\_\_\_\_\_ havoc on the healthcare system, overwhelming hospitals and causing shortages of supplies.
  - *v.* to cause or bring about something, often as a result of harmful or destructive actions or events
- 26. When the body temperature drops, \_\_\_\_\_ secretion fails.
- *n.* a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
- 27. He took a big drag of his cigarette and slowly \_\_\_\_\_ the smoke.
- *v.* to officially force someone to leave a school, organization, or country

ANSWERS: 24. determinant, 25. wreaked, 26. mucus, 27. expelled