

# Englist.me



## Vocabulary Builder Reference from...

*JayaShri Maathaa: A magical mantra for nurturing a blissful life | TED Talk*

[https://www.ted.com/talks/jayashri\\_maathaa\\_a\\_magical\\_mantra\\_for\\_nurturing\\_a\\_blissful\\_life](https://www.ted.com/talks/jayashri_maathaa_a_magical_mantra_for_nurturing_a_blissful_life)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### coronavirus

*n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

*synonym* : covid

(1) **coronavirus** antibody test kit, (2) **coronavirus**

bankruptcy

Considering the situation of **coronavirus**, organized stopped this year's beer festival.

### pandemic

*n.* an outbreak of a disease that affects many people over a very wide area

*synonym* : outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

### bliss

*n.* extreme happiness or joy

*synonym* : delight, euphoria, happiness

(1) ignorance is **bliss**, (2) ultimate **bliss**

The first two years of her marriage were sheer **bliss**.

## mantra

*n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation

*synonym*: hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

## nurture

*v.* to take care of, feed, and protect someone or something while they are growing and developing

*synonym*: boost, cultivate, enable

(1) **nurture** love, (2) **nurture** his talents

Schools should **nurture** children's mutual interest spirit.

## blossom

*n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success

*synonym*: flower, bloom, bud

(1) apple **blossom**, (2) **blossom** garden

The cherry **blossom** trees in the park were in full bloom, creating a beautiful sight.

## hypnosis

*n.* a mental state characterized by focused attention, relaxation, and heightened suggestibility, often induced for therapeutic or entertainment purposes

*synonym*: trance, mesmerism

(1) **hypnosis** therapy, (2) self- **hypnosis**

He underwent **hypnosis** to try and remember the forgotten details of the incident.

## profoundly

*adv.* to a great or complete degree; deeply

*synonym*: deeply, greatly, completely

(1) **profoundly** insightful, (2) sleep **profoundly**

The novel affected her **profoundly**, causing her to question her beliefs and values.

## human-made

*adj.* created or produced by humans; artificial

*synonym* : artificial, unnatural, manufactured

(1) **human-made** climate change, (2) the worst **human-made** disaster

The bridge is a **human-made** structure and was built to span the river.

## inanimate

*adj.* not having life or spirit; not animate

*synonym* : lifeless, inert, passive

(1) **inanimate** nature, (2) **inanimate** matter

The **inanimate** object was not capable of movement or feeling.

## greet

*v.* to say hello to someone; to express welcome on meeting someone

*synonym* : welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

## inward

*adj.* directed or facing towards the inside; inside or inward-looking

*synonym* : internal, introspective, interior

(1) **inward** peace, (2) **inward** cargo

The **inward** motion of the tide was gradually slowing down.

## penetrating

*adj.* able to pierce or enter deeply into something; having a sharp, intense quality that cuts through superficiality or confusion

*synonym* : keen, piercing, sharp

(1) **penetrating** gaze, (2) **penetrating** analysis

The **penetrating** smell of freshly brewed coffee filled the room.

## enlightened

*adj.* having or showing a rational, modern, and well-informed outlook

*synonym* : educated, informed, aware

(1) **enlightened** age, (2) make an **enlightened** decision  
The **enlightened** teacher taught the class about the  
importance of compassion and empathy.

## Session 2: Spelling

1. bl\_\_\_\_m garden  
*n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success
2. campaign ma\_\_\_\_a  
*n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
3. gr\_\_t a customer  
*v.* to say hello to someone; to express welcome on meeting someone
4. hy\_\_\_\_is therapy  
*n.* a mental state characterized by focused attention, relaxation, and heightened suggestibility, often induced for therapeutic or entertainment purposes
5. sleep pro\_\_\_\_ly  
*adv.* to a great or complete degree; deeply
6. global pa\_\_\_\_ic  
*n.* an outbreak of a disease that affects many people over a very wide area
7. hum\_\_\_\_de climate change  
*adj.* created or produced by humans; artificial
8. in\_\_\_\_te matter  
*adj.* not having life or spirit; not animate
9. pen\_\_\_\_ng gaze  
*adj.* able to pierce or enter deeply into something; having a sharp, intense quality that cuts through superficiality or confusion
10. pen\_\_\_\_ng analysis  
*adj.* able to pierce or enter deeply into something; having a sharp, intense quality that cuts through superficiality or confusion

ANSWERS: 1. blossom, 2. mantra, 3. greet, 4. hypnosis, 5. profoundly, 6. pandemic, 7. human-made, 8. inanimate, 9. penetrating, 10. penetrating

11. ultimate bl\_\_s *n.* extreme happiness or joy
12. cor\_\_\_\_\_us bankruptcy *n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
13. in\_\_\_d peace *adj.* directed or facing towards the inside; inside or inward-looking
14. make an enl\_\_\_\_\_ed decision *adj.* having or showing a rational, modern, and well-informed outlook
15. apple bl\_\_\_\_m *n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success
16. nu\_\_\_\_\_e love *v.* to take care of, feed, and protect someone or something while they are growing and developing
17. chant the ma\_\_\_a of structural reform *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
18. ignorance is bl\_\_s *n.* extreme happiness or joy
19. the worst hum\_\_\_\_\_de disaster *adj.* created or produced by humans; artificial
20. nu\_\_\_\_\_e his talents *v.* to take care of, feed, and protect someone or something while they are growing and developing

ANSWERS: 11. bliss, 12. coronavirus, 13. inward, 14. enlightened, 15. blossom, 16. nurture, 17. mantra, 18. bliss, 19. human-made, 20. nurture

21. gr\_\_t an idea *v.* to say hello to someone; to express welcome on meeting someone
22. cor\_\_\_\_\_us antibody test kit *n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
23. pro\_\_\_\_\_ly insightful *adv.* to a great or complete degree; deeply
24. self-hy\_\_\_\_\_is *n.* a mental state characterized by focused attention, relaxation, and heightened suggestibility, often induced for therapeutic or entertainment purposes
25. in\_\_\_d cargo *adj.* directed or facing towards the inside; inside or inward-looking
26. flu pa\_\_\_\_\_ic *n.* an outbreak of a disease that affects many people over a very wide area
27. in\_\_\_\_\_te nature *adj.* not having life or spirit; not animate
28. enl\_\_\_\_\_ed age *adj.* having or showing a rational, modern, and well-informed outlook

ANSWERS: 21. greet, 22. coronavirus, 23. profoundly, 24. hypnosis, 25. inward, 26. pandemic, 27. inanimate, 28. enlightened

## Session 3: Fill in the Blanks

1. He underwent \_\_\_\_\_ to try and remember the forgotten details of the incident.
  - n.* a mental state characterized by focused attention, relaxation, and heightened suggestibility, often induced for therapeutic or entertainment purposes
2. The \_\_\_\_\_ motion of the tide was gradually slowing down.
  - adj.* directed or facing towards the inside; inside or inward-looking
3. Schools should \_\_\_\_\_ children's mutual interest spirit.
  - v.* to take care of, feed, and protect someone or something while they are growing and developing
4. The \_\_\_\_\_ object was not capable of movement or feeling.
  - adj.* not having life or spirit; not animate
5. The \_\_\_\_\_ smell of freshly brewed coffee filled the room.
  - adj.* able to pierce or enter deeply into something; having a sharp, intense quality that cuts through superficiality or confusion
6. She repeated her personal \_\_\_\_\_ to herself to stay motivated.
  - n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
7. The \_\_\_\_\_ teacher taught the class about the importance of compassion and empathy.
  - adj.* having or showing a rational, modern, and well-informed outlook

ANSWERS: 1. hypnosis, 2. inward, 3. nurture, 4. inanimate, 5. penetrating, 6. mantra, 7. enlightened



8. The cherry \_\_\_\_\_ trees in the park were in full bloom, creating a beautiful sight.
- n.* the reproductive structure on a flowering plant that consists of usually colorful petals and a typically green calyx (merging of sepals); the state or time of flowering; the peak of a person's or thing's development or success
9. Considering the situation of \_\_\_\_\_ organized stopped this year's beer festival.
- n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
10. The first two years of her marriage were sheer \_\_\_\_\_.
- n.* extreme happiness or joy
11. The bridge is a \_\_\_\_\_ structure and was built to span the river.
- adj.* created or produced by humans; artificial
12. He \_\_\_\_\_ his friends with a warm smile and a hug.
- v.* to say hello to someone; to express welcome on meeting someone
13. They fear a \_\_\_\_\_ of a new type of virus.
- n.* an outbreak of a disease that affects many people over a very wide area
14. The novel affected her \_\_\_\_\_ causing her to question her beliefs and values.
- adv.* to a great or complete degree; deeply

ANSWERS: 8. blossom, 9. coronavirus, 10. bliss, 11. human-made, 12. greeted, 13. pandemic, 14. profoundly,