

# Englist.me



## Vocabulary Builder Reference from...

*Jeremy Brewer: A strategy for supporting and listening to others | TED Talk*

[https://www.ted.com/talks/jeremy\\_brewer\\_a\\_strategy\\_for\\_supporting\\_and\\_listening\\_to\\_others](https://www.ted.com/talks/jeremy_brewer_a_strategy_for_supporting_and_listening_to_others)

### All Words

#### IMPORTANT

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## Session 1: Word List

### spark

*v.* to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

*synonym*: start, inspire, provoke

(1) **spark** his interest, (2) **spark** a chain reaction

The bankruptcy of the giant conglomerate **sparked** turmoil in the stock market.

### debate

*n.* a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives

*synonym*: argument, discussion, dispute

(1) **debate** topic, (2) **debate** competition

The **debate** over climate change continues to be a hot topic in politics.

### enforcement

*n.* the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws

*synonym*: implementation, application, execution

(1) **enforcement** action, (2) **enforcement** officer

The **enforcement** of the new traffic laws led to a decrease in

accidents.

## conversation

*n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

*synonym*: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**  
Your **conversation** reflects your thoughts.

## core

*n.* the most essential or fundamental part of something

*synonym*: center, basis, heart

(1) the **core** of an apple, (2) **core** business activity

These gas nebulas are merely newborn galactic **cores**.

## discuss

*v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

*synonym*: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

## trauma

*n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

*synonym*: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

## suddenly

*adv.* quickly and unexpectedly

*synonym*: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

## collapse

*v.* to fall down or give way suddenly, often after breaking apart

*synonym*: tumble, spill, bankruptcy

(1) the stock market **collapsed**, (2) ready to **collapse**

The roof finally **collapsed** after three days and three nights of heavy snowfall.

## hallway

*n.* an interior passage or corridor onto which rooms open

*synonym*: foyer, corridor, entrance

(1) the head of a **hallway**, (2) wax a **hallway** floor

He dashed down a **hallway** to a bathroom.

## devastation

*n.* the act of causing great destruction or damage, often on a large scale

*synonym*: destruction, ruin, havoc

(1) financial **devastation**, (2) **devastation** to life

The economic recession caused **devastation** in the housing market, with many people losing their homes.

## instantly

*adv.* immediately

*synonym*: immediately, right away, directly

(1) **instantly** cope with, (2) be killed **instantly**

I remembered that person **instantly** and never forgot.

## strap

*n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport

*synonym*: band, belt, sling

(1) leather **strap**, (2) camera **strap**

The athlete tightened the **strap** on his running shoes before the race.

## emotional

*adj.* relating to people's feelings

*synonym*: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

## policy

*n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

*synonym* : strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

## procedure

*n.* a way of doing something, especially the official or well-known way

*synonym* : action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**

The pilot and flight attendant ran through the check-out **procedure**.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym* : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## arrangement

*n.* a plan or preparation for the future event; the action or process of placing things in a particular order

*synonym* : placement, configuration, account

(1) **arrangement** of the furniture, (2) **arrangement** committee

As a first **arrangement**, we agreed to meet the following Friday.

## quest

*n.* a long or challenging search for something

*synonym* : exploration, inquisition, pursuit

(1) the **quest** for truth, (2) on a **quest** for happiness

That adventurer traveled in **quest** of buried treasure.

## empathy

*n.* the ability to share another person's feelings or experiences by imagining that person's situation

*synonym*: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

**Empathy** is also necessary to understand history.

## gesture

*n.* a movement of the hands, head, or face that express a particular meaning

*synonym*: motion, expression, gesticulation

(1) **gesture** of goodwill, (2) hand **gesture**

She made a facial **gesture** to express disagreement.

## flinch

*v.* to make a quick, nervous movement in response to pain, fear, or surprise; to draw back or wince involuntarily

*synonym*: shudder, recoil, wince

(1) **flinch** at the noise, (2) **flinch** from the truth

I couldn't help but **flinch** when the door slammed shut.

## stun

*v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly

*synonym*: shock, amaze, astound

(1) **stun** fish, (2) **stun** an audience

This sprinter **stunned** the world with his speed.

## examine

*v.* to study or consider a person or object attentively and thoroughly to learn something about them

*synonym*: study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

## flee

*v.* to leave by running away, especially out of fear or danger

*synonym*: exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

## decorative

*adj.* serving to make something look more attractive or pretty; embellishing

*synonym*: ornamental, beautifying, embellishing

(1) **decorative** art, (2) **decorative** design

The **decorative** tiles on the wall added a colorful and unique touch to the room.

## awful

*adj.* causing fear, dread, or terror; very bad or unpleasant

*synonym*: terrible, appalling, horrible

(1) an **awful** error, (2) do **awful** damage

I regretted making an **awful** mistake in my final exam.

## confront

*v.* to face, meet or deal with a problem or difficult situation or person

*synonym*: engage, encounter, contend

(1) **confront** a global warming, (2) **confront** the issue

He finally decided to **confront** problems directly.

## rely

*v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

*synonym*: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him

Babies heavily **rely** on others for food.

## instinct

*n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

*synonym*: intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

## shield

*n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

*synonym*: guard, protection, safeguard

(1) a heat **shield**, (2) a **shield** for protecting against a bullet  
Lead is an effective **shield** against X-rays, gamma rays, and other harmful radiation.

## barrier

*n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

*synonym*: border, barricade, fence

(1) cost **barrier**, (2) information **barrier**

The police placed a **barrier** across the street to halt traffic.

## emotion

*n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

*synonym*: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

## robotic

*adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots

*synonym*: automated, mechanical, laborsaving

(1) **robotic** arm, (2) **robotic** guide operation

The surgeon removed the tumor using **robotic** video assistance.

## discovery

*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

*synonym*: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

## intent

*n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

*synonym* : purpose, aim, goal

(1) the **intent** of a question, (2) **intent** gaze

The designer's **intent** was to create a minimalist aesthetic for the interior of the building.

## breath

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

*synonym* : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

## contrast

*v.* to put in opposition to show or emphasize differences

*synonym* : differ, vary, counterpoint

(1) **contrast** with a decade ago, (2) **contrast** two things

It's intriguing to compare and **contrast** the two authors.

## tragic

*adj.* causing great sadness or suffering; very unfortunate

*synonym* : calamitous, disastrous, catastrophic

(1) **tragic** love stories, (2) **tragic** death

The **tragic** events of the war left many families torn apart.

## gravity

*n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn

*synonym* : heaviness, attraction, weight

(1) the attraction of **gravity**, (2) preserve my **gravity**

The astronaut felt weightless in space due to the absence of **gravity**.

## resist

*v.* to refuse to accept something and attempt to prevent it from happening

*synonym* : fight, defy, revolt

(1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.



## urge

*v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

*synonym* : push for, advise, (noun) impulse

(1) **urge** a total ban, (2) a sexual **urge**

The lobbyist **urged** Congress not to approve the measure.

## comfort

*n.* a state of physical ease and freedom from pain or constraint

*synonym* : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

## crazy

*adj.* stupid or not sensible; very angry

*synonym* : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

## excruciating

*adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering

*synonym* : agonizing, unbearable, torturous

(1) **excruciating** ordeal, (2) **excruciating** embarrassment

The **excruciating** pain in his ankle made it difficult to walk.

## suffer

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym* : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## psychology

*n.* the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

## unintentional

*adj.* not done or made on purpose; accidental

*synonym* : accidental, unforeseen, spontaneous

(1) avoid **unintentional** harm, (2) **unintentional** insult  
The mistake was **unintentional** and made in good faith.

## victim

*n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

*synonym*: prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

## concept

*n.* an idea or principle associated with something abstract

*synonym*: idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

## invite

*v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

*synonym*: ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

## silent

*adj.* without any or little sound

*synonym*: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

## pound

*n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

## lump

*n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough

*synonym*: mass, clump, ball

(1) **lump** in the throat, (2) single **lump** sum

There is a small **lump** on my neck, and I'm concerned about it.

## swallow

*v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

*synonym*: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

## vulnerable

*adj.* capable of being hurt or influenced physically or mentally

*synonym*: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

## paperwork

*n.* administrative tasks that involve writing or typing documents

*synonym*: documentation, filing, office work

(1) **paperwork** process, (2) bureaucratic **paperwork**

The **paperwork** for the loan application was extensive.

## suppose

*v.* to think that something is likely to be actual or possible

*synonym*: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

## unfixable

*adj.* unable to be repaired, corrected, or remedied; permanent or irreversible

*synonym*: irreparable, uncorrectable, inconvertible

(1) **unfixable** mistake, (2) **unfixable** relationship

The series of unfortunate events that followed made the situation **unfixable**.

## depth

*n.* the distance between the top and bottom of something; between the top surface and a distance below it

*synonym* : deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

## pace

*n.* the speed at which someone or something moves, or the rate at which something happens or changes

*synonym* : gait, rate, speed

(1) at your own **pace**, (2) the runner's **pace**

The economy is growing at a supercharged **pace**.

## revelation

*n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency

*synonym* : disclosure, telling, annunciation

(1) a divine **revelation**, (2) the **revelation** of a secret

The shocking **revelation** embarrassed the administration.

## argument

*n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

*synonym* : debate, discourse, discussion

(1) a blazing **argument**, (2) the **argument** against capital punishment

The **argument** between the two sides over the proposed policy was heated.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym* : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## Session 2: Spelling

- |   |  |
|---|--|
| 1. hold your br___h                         | <i>n.</i> the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs                |
| 2. the ar_____nt against capital punishment | <i>n.</i> a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute              |
| 3. cr__y about cars and racing              | <i>adj.</i> stupid or not sensible; very angry   |
| 4. a friendly con_____ion                   | <i>n.</i> an informal talk between two or more people to exchange their views, ideas, information, etc.  |
| 5. standard pr_____re                       | <i>n.</i> a way of doing something, especially the official or well-known way  |
| 6. di_____s solutions                       | <i>v.</i> to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic |
| 7. su_____e beforehand                      | <i>v.</i> to think that something is likely to be actual or possible   |
| 8. give si___t consent                      | <i>adj.</i> without any or little sound  |
| 9. a me_____l opinion                       | <i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine   |
| 10. f__e their homes                        | <i>v.</i> to leave by running away, especially out of fear or danger   |

ANSWERS: 1. breath, 2. argument, 3. crazy, 4. conversation, 5. procedure, 6. discuss, 7. suppose, 8. silent, 9. medical, 10. flee

11. ge\_\_\_\_e of goodwill *n.* a movement of the hands, head, or face that express a particular meaning
12. three-fourths of a po\_\_d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
13. em\_\_\_\_\_al health *adj.* relating to people's feelings
14. information ba\_\_\_\_r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
15. undergo a surgical pr\_\_\_\_re *n.* a way of doing something, especially the official or well-known way
16. re\_\_\_t temptation *v.* to refuse to accept something and attempt to prevent it from happening
17. the head of a ha\_\_\_\_y *n.* an interior passage or corridor onto which rooms open
18. su\_\_\_\_ly attacked by an enemy *adv.* quickly and unexpectedly
19. su\_\_\_r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
20. ro\_\_\_\_c guide operation *adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
21. a blazing ar\_\_\_\_nt *n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

ANSWERS: 11. gesture, 12. pound, 13. emotional, 14. barrier, 15. procedure, 16. resist, 17. hallway, 18. suddenly, 19. suffer, 20. robotic, 21. argument



31. s\_\_n fish *v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
32. psy\_\_\_\_\_gy of crowd *n.* the scientific study of mind and behavior
33. a scientific di\_\_\_\_\_ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
34. control my em\_\_\_\_\_n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
35. su\_\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
36. ex\_\_\_\_\_e the data studiously *v.* to study or consider a person or object attentively and thoroughly to learn something about them
37. c\_\_e business activity *n.* the most essential or fundamental part of something
38. leather st\_\_p *n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport
39. foreign po\_\_\_y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 31. stun, 32. psychology, 33. discovery, 34. emotion, 35. suffer, 36. examine, 37. core, 38. strap, 39. policy



40. an aw\_\_l error *adj.* causing fear, dread, or terror; very bad or unpleasant
41. in\_\_\_\_\_ly cope with *adv.* immediately
42. un\_\_\_\_\_le mistake *adj.* unable to be repaired, corrected, or remedied; permanent or irreversible
43. co\_\_\_\_\_st two things *v.* to put in opposition to show or emphasize differences
44. on a qu\_\_t for happiness *n.* a long or challenging search for something
45. r\_\_y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
46. de\_\_h camera *n.* the distance between the top and bottom of something; between the top surface and a distance below it
47. sp\_\_k a chain reaction *v.* to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity
48. vul\_\_\_\_\_le parts of the body *adj.* capable of being hurt or influenced physically or mentally
49. afraid to show em\_\_\_\_\_n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
50. vi\_\_\_m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

ANSWERS: 40. awful, 41. instantly, 42. unfixable, 43. contrast, 44. quest, 45. rely, 46. depth, 47. spark, 48. vulnerable, 49. emotion, 50. victim

51. hand ge\_\_\_\_e *n.* a movement of the hands, head, or face that express a particular meaning
52. dev\_\_\_\_\_on to life *n.* the act of causing great destruction or damage, often on a large scale
53. in\_\_\_t gaze *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
54. co\_\_\_\_\_nt the issue *v.* to face, meet or deal with a problem or difficult situation or person
55. the runner's p\_\_e *n.* the speed at which someone or something moves, or the rate at which something happens or changes
56. ex\_\_\_\_\_e the issue *v.* to study or consider a person or object attentively and thoroughly to learn something about them
57. dec\_\_\_\_\_ve art *adj.* serving to make something look more attractive or pretty; embellishing
58. ro\_\_\_\_\_c arm *adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
59. fl\_\_\_h from the truth *v.* to make a quick, nervous movement in response to pain, fear, or surprise; to draw back or wince involuntarily
60. a vul\_\_\_\_\_le bridge *adj.* capable of being hurt or influenced physically or mentally
61. camera st\_\_p *n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport

ANSWERS: 51. gesture, 52. devastation, 53. intent, 54. confront, 55. pace, 56. examine, 57. decorative, 58. robotic, 59. flinch, 60. vulnerable, 61. strap

62. bureaucratic pa\_\_\_\_\_rk *n.* administrative tasks that involve writing or typing documents
63. tr\_\_\_c love stories *adj.* causing great sadness or suffering; very unfortunate
64. thousands of po\_\_ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
65. a heat sh\_\_\_d *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
66. psy\_\_\_\_\_gy experiment *n.* the scientific study of mind and behavior
67. arr\_\_\_\_\_nt committee *n.* a plan or preparation for the future event; the action or process of placing things in a particular order
68. the attraction of gr\_\_\_\_\_y *n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn
69. em\_\_\_\_\_y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
70. the de\_\_h of the water *n.* the distance between the top and bottom of something; between the top surface and a distance below it
71. co\_\_\_\_\_t car *n.* an idea or principle associated with something abstract
72. the great di\_\_\_\_\_ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 62. paperwork, 63. tragic, 64. pound, 65. shield, 66. psychology, 67. arrangement, 68. gravity, 69. empathy, 70. depth, 71. concept, 72. discovery

73. do aw\_\_l damage *adj.* causing fear, dread, or terror; very bad or unpleasant
74. sw\_\_\_\_w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
75. de\_\_\_e topic *n.* a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives
76. su\_\_\_\_e you're right *v.* to think that something is likely to be actual or possible
77. enf\_\_\_\_\_nt action *n.* the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws
78. preserve my gr\_\_\_\_y *n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn
79. un\_\_\_\_le relationship *adj.* unable to be repaired, corrected, or remedied; permanent or irreversible
80. aggressive in\_\_\_\_ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

ANSWERS: 73. awful, 74. swallow, 75. debate, 76. suppose, 77. enforcement, 78. gravity, 79. unfixable, 80. instinct

81. co\_\_\_\_st with a decade ago      *v.* to put in opposition to show or emphasize differences
82. pa\_\_\_\_\_rk process      *n.* administrative tasks that involve writing or typing documents
83. dec\_\_\_\_\_ve design      *adj.* serving to make something look more attractive or pretty; embellishing
84. cost ba\_\_\_\_\_r      *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
85. temporary me\_\_\_\_\_l treatment      *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
86. f\_\_e abroad      *v.* to leave by running away, especially out of fear or danger
87. the c\_\_e of an apple      *n.* the most essential or fundamental part of something
88. a sexual u\_\_e      *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
89. op\_\_\_\_\_ne occasion      *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
90. fl\_\_\_h at the noise      *v.* to make a quick, nervous movement in response to pain, fear, or surprise; to draw back or wince involuntarily
91. tr\_\_\_c death      *adj.* causing great sadness or suffering; very unfortunate

ANSWERS: 81. contrast, 82. paperwork, 83. decorative, 84. barrier, 85. medical, 86. flee, 87. core, 88. urge, 89. opportune, 90. flinch, 91. tragic

92. co\_\_\_\_t level *n.* a state of physical ease and freedom from pain or constraint
93. di\_\_\_\_s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
94. l\_\_p in the throat *n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough
95. u\_\_e a total ban *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
96. a cr\_\_y scheme *adj.* stupid or not sensible; very angry
97. co\_\_\_\_nt a global warming *v.* to face, meet or deal with a problem or difficult situation or person
98. si\_\_\_\_t reading *adj.* without any or little sound
99. ready to co\_\_\_\_se *v.* to fall down or give way suddenly, often after breaking apart
100. s\_\_n an audience *v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
101. em\_\_\_\_al distress *adj.* relating to people's feelings
102. uni\_\_\_\_nal insult *adj.* not done or made on purpose; accidental
103. the rev\_\_\_\_on of a secret *n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency

ANSWERS: 92. comfort, 93. discuss, 94. lump, 95. urge, 96. crazy, 97. confront, 98. silent, 99. collapse, 100. stun, 101. emotional, 102. unintentional, 103. revelation

104. psychic tr\_\_\_a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
105. learn new co\_\_\_\_\_ts *n.* an idea or principle associated with something abstract
106. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
107. in\_\_\_\_\_ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
108. be killed in\_\_\_\_\_ly *adv.* immediately
109. br\_\_\_h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
110. health po\_\_\_y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
111. re\_\_\_t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
112. the stock market co\_\_\_\_\_sed *v.* to fall down or give way suddenly, often after breaking apart
113. at your own p\_\_\_e *n.* the speed at which someone or something moves, or the rate at which something happens or changes

ANSWERS: 104. trauma, 105. concept, 106. opportune, 107. instinct, 108. instantly, 109. breath, 110. policy, 111. resist, 112. collapse, 113. pace

114. the qu\_\_t for truth *n.* a long or challenging search for something
115. con\_\_\_\_\_ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
116. a divine rev\_\_\_\_\_on *n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency
117. the in\_\_\_t of a question *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
118. tr\_\_\_a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
119. die su\_\_\_\_\_ly *adv.* quickly and unexpectedly
120. exc\_\_\_\_\_ing ordeal *adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering
121. exc\_\_\_\_\_ing embarrassment *adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering
122. vi\_\_\_m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

ANSWERS: 114. quest, 115. conversation, 116. revelation, 117. intent, 118. trauma, 119. suddenly, 120. excruciating, 121. excruciating, 122. victim



123. in\_\_\_e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
124. arr\_\_\_\_\_nt of the furniture *n.* a plan or preparation for the future event; the action or process of placing things in a particular order
125. sp\_\_\_k his interest *v.* to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity
126. r\_\_\_y on convenience stores *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
127. financial dev\_\_\_\_\_on *n.* the act of causing great destruction or damage, often on a large scale
128. a sh\_\_\_d for protecting against a bullet *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

ANSWERS: 123. invite, 124. arrangement, 125. spark, 126. rely, 127. devastation, 128. shield

## Session 3: Fill in the Blanks

1. The \_\_\_\_\_ between the two sides over the proposed policy was heated.  
*n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
  
2. The company's new \_\_\_\_\_ on remote work has made it a more inclusive workplace.  
*n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
  
3. There is a small \_\_\_\_\_ on my neck, and I'm concerned about it.  
*n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough
  
4. The economic recession caused \_\_\_\_\_ in the housing market, with many people losing their homes.  
*n.* the act of causing great destruction or damage, often on a large scale
  
5. The phone rang at the most \_\_\_\_\_ time.  
*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
  
6. The mistake was \_\_\_\_\_ and made in good faith.  
*adj.* not done or made on purpose; accidental
  
7. I couldn't help but \_\_\_\_\_ when the door slammed shut.  
*v.* to make a quick, nervous movement in response to pain, fear, or surprise; to draw back or wince involuntarily

ANSWERS: 1. argument, 2. policy, 3. lump, 4. devastation, 5. opportune, 6. unintentional, 7. flinch

8. He finally decided to \_\_\_\_\_ problems directly.  
*v.* to face, meet or deal with a problem or difficult situation or person
9. Lead is an effective \_\_\_\_\_ against X-rays, gamma rays, and other harmful radiation.  
*n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
10. The \_\_\_\_\_ events of the war left many families torn apart.  
*adj.* causing great sadness or suffering; very unfortunate
11. We need to \_\_\_\_\_ the next steps for the project during our meeting tomorrow.  
*v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
12. We want to \_\_\_\_\_ you to our annual charity event.  
*v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
13. The \_\_\_\_\_ for the loan application was extensive.  
*n.* administrative tasks that involve writing or typing documents
14. The \_\_\_\_\_ over climate change continues to be a hot topic in politics.  
*n.* a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives
15. The rain and thunder are \_\_\_\_\_ today.  
*adj.* stupid or not sensible; very angry

ANSWERS: 8. confront, 9. shield, 10. tragic, 11. discuss, 12. invite, 13. paperwork, 14. debate, 15. crazy

16. What do you \_\_\_\_\_ the culprit's motive was?  
*v.* to think that something is likely to be actual or possible
17. The series of unfortunate events that followed made the situation \_\_\_\_\_.  
*adj.* unable to be repaired, corrected, or remedied; permanent or irreversible
18. She made a facial \_\_\_\_\_ to express disagreement.  
*n.* a movement of the hands, head, or face that express a particular meaning
19. The \_\_\_\_\_ of the crime deserves justice and support to recover from the trauma.  
*n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
20. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.  
*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
21. As a first \_\_\_\_\_ we agreed to meet the following Friday.  
*n.* a plan or preparation for the future event; the action or process of placing things in a particular order
22. Your \_\_\_\_\_ reflects your thoughts.  
*n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
23. The car's front bumper cost fifteen hundred \_\_\_\_\_.  
*n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 16. suppose, 17. unfixable, 18. gesture, 19. victim, 20. suffers, 21. arrangement, 22. conversation, 23. pounds

24. Many civilians have suffered \_\_\_\_\_ as a result of the war.
- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
25. Her research team made an important \_\_\_\_\_.
- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
26. \_\_\_\_\_ is also necessary to understand history.
- n.* the ability to share another person's feelings or experiences by imagining that person's situation
27. The shocking \_\_\_\_\_ embarrassed the administration.
- n.* a fact that has been disclosed to others, especially a surprising one; the act of revealing or telling the fact or truth to others; communication of knowledge to humans by a divine or supernatural agency
28. The \_\_\_\_\_ of the new traffic laws led to a decrease in accidents.
- n.* the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws
29. The police placed a \_\_\_\_\_ across the street to halt traffic.
- n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
30. Initially, we must \_\_\_\_\_ all project-related expenses.
- v.* to study or consider a person or object attentively and thoroughly to learn something about them
31. The astronaut felt weightless in space due to the absence of \_\_\_\_\_.
- n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn

ANSWERS: 24. trauma, 25. discovery, 26. Empathy, 27. revelation, 28. enforcement, 29. barrier, 30. examine, 31. gravity

32. I remembered that person \_\_\_\_\_ and never forgot.

*adv.* immediately

33. The pilot and flight attendant ran through the check-out \_\_\_\_\_.

*n.* a way of doing something, especially the official or well-known way

34. The politician remained \_\_\_\_\_ despite intense media scrutiny.

*adj.* without any or little sound

35. The athlete tightened the \_\_\_\_\_ on his running shoes before the race.

*n.* a long, narrow strip or belt of leather, fabric, or another material used for binding, fastening, or supporting something or someone; a band or string that attaches one object to another, often used to secure items during transport

36. That adventurer traveled in \_\_\_\_\_ of buried treasure.

*n.* a long or challenging search for something

37. I \_\_\_\_\_ my anger and kept quiet.

*v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

38. The bankruptcy of the giant conglomerate \_\_\_\_\_ turmoil in the stock market.

*v.* to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

39. Some \_\_\_\_\_ are common across cultures and backgrounds.

*n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 32. instantly, 33. procedure, 34. silent, 35. strap, 36. quest, 37. swallowed, 38. sparked, 39. emotions

40. The lobbyist \_\_\_\_\_ Congress not to approve the measure.  
*v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
41. Who answers \_\_\_\_\_ knows little.  
*adv.* quickly and unexpectedly
42. Infants and pregnant women are particularly \_\_\_\_\_.  
*adj.* capable of being hurt or influenced physically or mentally
43. The surgeon removed the tumor using \_\_\_\_\_ video assistance.  
*adj.* of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
44. He dashed down a \_\_\_\_\_ to a bathroom.  
*n.* an interior passage or corridor onto which rooms open
45. One such rapidly growing \_\_\_\_\_ is quantum cryptography.  
*n.* an idea or principle associated with something abstract
46. Human \_\_\_\_\_ responses vary widely depending on the society to which they belong.  
*adj.* relating to people's feelings
47. These gas nebulas are merely newborn galactic \_\_\_\_\_.  
*n.* the most essential or fundamental part of something
48. The roof finally \_\_\_\_\_ after three days and three nights of heavy snowfall.  
*v.* to fall down or give way suddenly, often after breaking apart

ANSWERS: 40. urged, 41. suddenly, 42. vulnerable, 43. robotic, 44. hallway, 45. concept, 46. emotional, 47. cores, 48. collapsed

49. The economy is growing at a supercharged \_\_\_\_\_.

- n.* the speed at which someone or something moves, or the rate at which something happens or changes

50. It's intriguing to compare and \_\_\_\_\_ the two authors.

- v.* to put in opposition to show or emphasize differences

51. When faced with a dangerous situation, his initial \_\_\_\_\_ was to flee.

- n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

52. The \_\_\_\_\_ tiles on the wall added a colorful and unique touch to the room.

- adj.* serving to make something look more attractive or pretty; embellishing

53. He found \_\_\_\_\_ in the warm embrace of his loved ones.

- n.* a state of physical ease and freedom from pain or constraint

54. Babies heavily \_\_\_\_\_ on others for food.

- v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

55. The \_\_\_\_\_ pain in his ankle made it difficult to walk.

- adj.* extremely painful, intense, or distressing; causing great physical or emotional suffering

56. He bated his \_\_\_\_\_ when talking about this affair.

- n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

ANSWERS: 49. pace, 50. contrast, 51. instinct, 52. decorative, 53. comfort, 54. rely, 55. excruciating, 56. breath



57. It is a basic instinct to \_\_\_\_\_ from a dangerous situation.

*v.* to leave by running away, especially out of fear or danger

58. She had a master's degree in \_\_\_\_\_.

*n.* the scientific study of mind and behavior

59. I chose to \_\_\_\_\_ cancer by trying every possible treatment.

*v.* to refuse to accept something and attempt to prevent it from happening

60. I regretted making an \_\_\_\_\_ mistake in my final exam.

*adj.* causing fear, dread, or terror; very bad or unpleasant

61. The pond's \_\_\_\_\_ was around five feet.

*n.* the distance between the top and bottom of something; between the top surface and a distance below it

62. This sprinter \_\_\_\_\_ the world with his speed.

*v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly

63. The \_\_\_\_\_ team worked quickly to save the patient's life.

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

64. The designer's \_\_\_\_\_ was to create a minimalist aesthetic for the interior of the building.

*n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

ANSWERS: 57. flee, 58. psychology, 59. resist, 60. awful, 61. depth, 62. stunned, 63. medical, 64. intent