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Vocabulary Builder Reference from...

Sviatlana Tsikhanouskaya: How to be fearless in the face of authoritarianism | TED Talk https://www.ted.com/talks/sviatlana_tsikhanouskaya_ how to be fearless in the face of authoritarianism



All Words

IMPORTANT

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Session 1: Word List

protest

a strong expression of disagreement, disapproval, or opposition

synonym: objection, disapproval, challenge

(1) hold a protest, (2) a silent protest

He left the party in **protest** at its radical political stance.

barefoot

adj. without shoes or other foot coverings; wearing nothing on the feet

synonym: bare, shoeless, unshod

(1) barefoot walk, (2) barefoot fashion

The **barefoot** hiker enjoyed feeling the earth beneath their feet.

eternal

adj. being without beginning or end; lasting forever synonym: endless, everlasting, undying

(1) the hope of **eternal** life, (2) **eternal** quarreling In every civilization, rulers have tried everything possible to obtain **eternal** life.

flame

 a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger

synonym: blaze, inferno, fire

(1) flame of passion, (2) simmering flame

The **flame** of the candle flickered in the darkness of the room.

victory

 success in a game, competition, election, or battle, or the knowledge that you have won

synonym: win, triumph, success

(1) **victory** in the law court, (2) **victory** over terrorism We are optimistic about our final **victory**.

monument

 a statue, building, or other structure erected to commemorate a person or event

synonym: memorial, marker, statue

(1) humanity's **monument**, (2) **monument** honoring
The stone **monument** was built to commemorate the war heroes.

lullaby

 a soft and gentle song, often sung to soothe a baby or young child and encourage sleep; any song or piece of music that has a calming or relaxing effect

synonym: cradle song, lilt, melody

(1) **lullaby** song, (2) soothing **lullaby**

The soft and gentle melody of the **lullaby** filled the room.

humiliate

v. to cause someone to feel ashamed, embarrassed, or degraded, especially in public or through revealing personal information

synonym: shame, embarrass, degrade

(1) **humiliate** him publicly, (2) **humiliate** the heckler in the audience

The boss **humiliated** her employee by belittling her in front of her colleagues.

authoritarian

 adj. characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights

synonym: dictatorial, totalitarian, despotic

(1) authoritarian practice, (2) authoritarian government

The **authoritarian** leadership style left no room for dissent or alternative opinions.

rig

to prepare or set up something in a certain way, typically in a carefully planned or fraudulent manner; to equip with sails or masts

synonym: set up, prepare, arrange

(1) **rig** an election, (2) **rig** a ship with new sails He **rigged** the game so he could win the prize.

elect

v. to choose someone for a specific position by voting for them; to decide or choose to do something

synonym: select, choose, prefer

(1) **elect** the school board, (2) **elect** death Every five years, the provincial governors are **elected**.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output They hope to **expand** their business worldwide.

massive

adj. enormous amount; very heavy and solid synonym: enormous, giant, immense

(1) massive amounts, (2) massive stars

The recent economic downturn has resulted in **massive** layoffs.

peaceful

adj. not involving violence, conflict, or warsynonym: friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence Plutonium has limited **peaceful** applications.

demonstration

a display or show, often of a particular skill or product, intended to convince or persuade others

synonym: manifestation, presentation, show

(1) **demonstration** project, (2) a campus **demonstration** Thousands of people attended the protest **demonstration** against the proposed policy.

president

the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

synonym: leader, CEO, chairperson

president emeritus, (2) vice- president for finance
 The club president does not have absolute power.

proclaim

- v. to announce or state something publicly and forcefully synonym: announce, declare, trumpet
- (1) proclaim victory, (2) proclaim lawThe leader proclaimed a state of emergency in the country.

detain

 to keep someone in official custody; to prevent them from leaving

synonym: hold, keep, detainment

(1) **detain** a terrorist, (2) **detain** for investigation The police **detained** the suspect for questioning.

torture

 the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason

synonym: torment, abuse, mistreatment

(1) a **torture** chamber, (2) an instrument of **torture**The use of **torture** is strictly prohibited under international law.

unprecedented

adj. never having been seen, done, or known before *synonym*: novel, outstanding, unparalleled

(1) **unprecedented** boom, (2) **unprecedented** business opportunity

Unprecedented amounts of heckling and slogan-shouting took place throughout the event.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a violent crime, (2) violent incident

The protesters became **violent** when the police tried to disperse them.

lawless

adj. lacking in lawful or legal constraints or restrictions;
 characterized by disorder, chaos, or anarchy; outside
 the realm of the law or legal system

synonym: unlawful, illegal, criminal

(1) lawless society, (2) lawless behavior

The underground club was a **lawless** environment where anything could happen.

fearless

adj. having no fear; brave

synonym: brave, courageous, daring

(1) fearless attitude, (2) fearless bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

province

n. the territory occupied by one of the constituent administrative districts of a nation

synonym: area, section, region

(1) Bengal **province**, (2) home **province**

A network of railways has developed over the **province**.

isolation

 the condition of being alone or lonely; the act or state of separation between persons or groups

synonym: aloneness, seclusion, separateness

(1) isolation booth, (2) the country's isolation

That incident led to his **isolation**.

discriminate

to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things synonym: show prejudice, segregate, differentiate

- (1) discriminate against women employees,
- (2) discriminate between different things

You should not **discriminate** against minorities.

elderly

adj. (a polite word for) old
synonym: aged, old, senior

(1) a home for the **elderly**, (2) **elderly** woman

The **elderly** woman is quite energetic.

colleague

 one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with colleagues,(2) former colleagueI decided to seek counseling on the advice of my colleague.

courage

 the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym: bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**It takes a lot of **courage** to stand up for what you believe is right.

jail

 a facility where criminals are kept to be punished for their crimes; a prison

synonym: prison, slammer, penitentiary

(1) county jail, (2) be in jail

The police escorted the prisoner to the jail.

deny

v. to state that one refuses to admit the existence or truth of something

synonym: refute, reject, repudiate

adamantly deny killing, (2) deny the allegations
 still denying stealing the money from the cash register.

democracy

 a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

synonym: self-government, republic, commonwealth

(1) **democracy** advocate, (2) principles of **democracy Democracy** often entails inclusive capitalism as well.

exile

 the state of being forced to leave one's country or home, typically for political or punitive reasons

synonym: banishment, expulsion, deportation

(1) exile community, (2) political exile

The **exiled** king lived in poverty in a foreign country for many years.

regime

 the organization, a system, or method that is the governing authority of a political unit

synonym: administration, establishment, government

(1) a puppet regime, (2) exercise regime

Totalitarian **regimes** are less likely to innovate because they deprive individuals of economic incentives.

frightening

adj. causing fear or alarm, or very surprising and alarming *synonym*: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience The news of the pandemic was a **frightening** reminder of the fragility of human health.

threaten

 to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

rally

v. a public meeting of a group of people intended to arouse enthusiasm

synonym: gathering, meetup, demonstration

(1) **rally** in front of the embassy, (2) the preliminary **rally** There was a massive police presence at the anti-government **rally**.

overly

elevate

adv. to a greater degree than is appropriate or desirable synonym: excessively, too much

- (1) **overly** excessive, (2) **overly** unnecessary

 The movie was **overly** dramatic, with exaggerated emotions and cliched plot twists.
- v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
- (1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry **elevates** blood glucose levels.

pride

 a feeling of deep pleasure or satisfaction derived from one's achievements

synonym: vanity, conceit, egotism

synonym: lift, heighten, promote

(1) pride of a company, (2) hide his pride
She took great pride in her work, always striving for perfection.

unity

- n. the condition of being together or in agreementsynonym: accord, agreement, integrity
- unity of authority, (2) cultural unity
 Complete political unity is impossible to establish.

solidarity

- n. unity or agreement of feelings or actions among a group, especially among individuals with a common interestsynonym: unity, cooperation, mutual support
- (1) **solidarity** among union members, (2) **solidarity** action The workers showed **solidarity** in their strike for better working conditions.

colidority

strength

 the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength** Health and **strength** are, above all, gold.

commitment

 a promise or firm decision to do something or to behave in a certain way

synonym: burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his **commitments**

His business **commitments** took him to the United States.

decision

 the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

regard

v. to think about or consider somebody or something in a specified way

synonym: consider, see, reckon

(1) **regard** him as an enemy, (2) **regard** the situation as unfortunate

Frugality and industry are still regarded as virtues.

fellow

adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you

synonym: buddy, mate, affiliate

(1) junior fellow, (2) nice fellow

He is the kind of **fellow** who only works for his success.

tangible

 adj. real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value

synonym: palpable, real, actual

(1) tangible assets, (2) produce tangible results

A problem that has been pointed out for years finally becomes **tangible**.

progression

 the act or process of changing to the next stage or phase or moving forward

synonym: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease The company has made great strides in its **progression**

toward sustainability.

daring

adj. brave and taking risks

synonym: audacious, bold, venturesome

(1) daring escape, (2) make a daring face

Her choices become increasingly **daring** and creative.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) brave soldier, (2) brave decision

The **brave** firefighter rescued the family from the burning building.

invincible

adj. incapable of being conquered, defeated, or overcome; unassailable

synonym: unassailable, unbeatable, indomitable

(1) invincible army, (2) invincible will

<u> </u>	ana Tsikhanouskaya: F				
	The team fe	elt invincible	after their wi	nning streak.	

Session 2: Spelling

1. pr_e of a company

2. a to___e chamber

3. simmering fl__e

4. la s society

a puppet re___e

6. pe ul coexistence

7. da___g escape

8. Bengal pr___ce

9. be in j I

10. mental co e

 a feeling of deep pleasure or satisfaction derived from one's achievements

 the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason

 a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger

adj. lacking in lawful or legal constraints or restrictions; characterized by disorder, chaos, or anarchy; outside the realm of the law or legal system

 the organization, a system, or method that is the governing authority of a political unit

adj. not involving violence, conflict, or war

adj. brave and taking risks

the territory occupied by one of the constituent administrative districts of a nation

n. a facility where criminals are kept to be punished for their crimes; a prison

 n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

ANSWERS: 1. pride, 2. torture, 3. flame, 4. lawless, 5. regime, 6. peaceful, 7. daring, 8. province, 9. jail, 10. courage

n.

skill or product, intended to convince or persuade others

v. to state that one refuses to admit the

a display or show, often of a particular

v. to state that one refuses to admit the existence or truth of something

n. a soft and gentle song, often sung to soothe a baby or young child and encourage sleep; any song or piece of music that has a calming or relaxing effect

ANSWERS: 11. victory, 12. unprecedented, 13. deny, 14. isolation, 15. solidarity, 16. commitment, 17. elevate, 18. protest, 19. demonstration, 20. deny, 21. lullaby

19. dem_____ion project

20. d y the allegations

21. soothing lu y

ANSWERS: 22. humiliate, 23. exile, 24. eternal, 25. victory, 26. brave, 27. detain, 28. president, 29. humiliate, 30. massive, 31. monument, 32. eternal

33. hold a pr t a strong expression of disagreement, n. disapproval, or opposition 34. pr____im victory to announce or state something publicly and forcefully one of a group of a coworker, especially 35. former co____ue n. in a profession or a business 36. r_g a ship with new sails to prepare or set up something in a ν. certain way, typically in a carefully planned or fraudulent manner; to equip with sails or masts 37. ba____ot fashion adj. without shoes or other foot coverings; wearing nothing on the feet the act or process of making up 38. de___on authority n. someone's mind about something; a choice or judgment reached after considering options 39. fl e of passion a bright, visible light and heat source caused by combustion; a strong, intense feeling typically associated with passion, aggression, or anger 40. pe___ul country adj. not involving violence, conflict, or war

41. county j I

43. el t death

42. the preliminary ra__y

ANSWERS: 33. protest, 34. proclaim, 35. colleague, 36. rig, 37. barefoot, 38. decision, 39. flame, 40. peaceful, 41. jail, 42. rally, 43. elect

n.

a facility where criminals are kept to be

a public meeting of a group of people

position by voting for them; to decide or

punished for their crimes; a prison

intended to arouse enthusiasm

choose to do something

to choose someone for a specific

ANSWERS: 44. rig, 45. colleague, 46. fellow, 47. violent, 48. elevate, 49. detain, 50. threaten, 51. lullaby, 52. strength, 53. discriminate

or perceive the difference between

people or things

the state of being forced to leave one's 54. ex e community n. country or home, typically for political or punitive reasons adj. involving or caused by physical force or 55. victim of a vi t crime aggression against someone or something 56. br e decision adj. showing courage or fearlessness in the face of danger, difficulty, or adversity the act or process of making up 57. a selfish de on someone's mind about something; a choice or judgment reached after considering options 58. mo____nt honoring a statue, building, or other structure n. erected to commemorate a person or event the organization, a system, or method 59. exercise re___e that is the governing authority of a political unit 60. cast fri____ng eyes adj. causing fear or alarm, or very surprising and alarming 61. fe___ss attitude adj. having no fear; brave the condition of being together or in 62. cultural un y n. agreement 63. ma e stars adj. enormous amount; very heavy and solid 64. an instrument of to e the act of causing intense pain or n. suffering to someone to punish them,

ANSWERS: 54. exile, 55. violent, 56. brave, 57. decision, 58. monument, 59. regime, 60. frightening, 61. fearless, 62. unity, 63. massive, 64. torture

extract information from them, or for

some other reason

65.	red him as an enemy	v.	to think about or consider somebody or something in a specified way
66.	a campus demion	n.	a display or show, often of a particular skill or product, intended to convince or persuade others
67.	fring experience	adj.	causing fear or alarm, or very surprising and alarming
68.	a home for the ely	adj.	(a polite word for) old
69.	solty among union members	n.	unity or agreement of feelings or actions among a group, especially among individuals with a common interest
70.	ray in front of the embassy	<i>v</i> .	a public meeting of a group of people intended to arouse enthusiasm
71.	resle for a customer service	adj.	answerable or accountable for something within one's power, control, or management
72.	home prce	n.	the territory occupied by one of the constituent administrative districts of a nation
73.	inspire coe	n.	the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
74.	prnt emeritus	n.	the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
75.	exd a lineup	ν.	to increase or to make something greater in size, number, or importance

ANSWERS: 65. regard, 66. demonstration, 67. frightening, 68. elderly, 69. solidarity, 70. rally, 71. responsible, 72. province, 73. courage, 74. president, 75. expand

ANSWERS: 76. authoritarian, 77. isolation, 78. invincible, 79. tangible, 80. proclaim, 81. lawless, 82. authoritarian, 83. discriminate, 84. commitment

85.	make a dag face	adj.	brave and taking risks
86.	then a healthy relationship	<i>v</i> .	to utter intentions of injury or punishment against someone
87.	decy advocate	n.	a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
88.	exd agricultural output	<i>v</i> .	to increase or to make something greater in size, number, or importance
89.	junior few	adj.	someone who has the same job or interests as you, or is in the same class, profession, or situation as you
90.	uny of authority	n.	the condition of being together or in agreement
91.	unpted boom	adj.	never having been seen, done, or known before
92.	baot walk	adj.	without shoes or other foot coverings; wearing nothing on the feet
93.	proon of disease	n.	the act or process of changing to the next stage or phase or moving forward
94.	resle action	adj.	answerable or accountable for something within one's power, control, or management
95.	ovy unnecessary	adv.	to a greater degree than is appropriate or desirable
96.	proon of civilization	n.	the act or process of changing to the next stage or phase or moving forward
97.	hide his pre	n.	a feeling of deep pleasure or satisfaction derived from one's achievements

ANSWERS: 85. daring, 86. threaten, 87. democracy, 88. expand, 89. fellow, 90. unity, 91. unprecedented, 92. barefoot, 93. progression, 94. responsible, 95. overly, 96. progression, 97. pride

98. ta____le assets adj. real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value 99. muscular st____th the quality or state of being physically, n. or sometimes mentally, strong 100. inv____le army adj. incapable of being conquered, defeated, or overcome; unassailable 101. principles of de____cy a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so adv. to a greater degree than is appropriate 102. ov___y excessive or desirable 103. fe ss bravery adj. having no fear; brave 104. el t the school board to choose someone for a specific ν. position by voting for them; to decide or choose to do something 105. el y woman adj. (a polite word for) old 106. re___d the situation as unfortunate to think about or consider somebody or ν.

ANSWERS: 98. tangible, 99. strength, 100. invincible, 101. democracy, 102. overly, 103. fearless, 104. elect, 105. elderly, 106. regard

something in a specified way

Session 3: Fill in the Blanks

1.	The workers showed in their strike for better working conditions.
n.	unity or agreement of feelings or actions among a group, especially among individuals with a common interest
2.	Every five years, the provincial governors are
<i>v</i> .	to choose someone for a specific position by voting for them; to decide or choose to do something
3.	The leader a state of emergency in the country.
<i>v</i> .	to announce or state something publicly and forcefully
4.	The recent economic downturn has resulted in layoffs.
adj	enormous amount; very heavy and solid
5.	A problem that has been pointed out for years finally becomes
adj	real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value
6.	That incident led to his
n.	the condition of being alone or lonely; the act or state of separation between persons or groups
7.	The hiker enjoyed feeling the earth beneath their feet.
adj	without shoes or other foot coverings; wearing nothing on the feet
8.	The movie was dramatic, with exaggerated emotions and cliched plot twists.
adv	to a greater degree than is appropriate or desirable
	SWERS: 1. solidarity, 2. elected, 3. proclaimed, 4. massive, 5. tangible, 6. ation, 7. barefoot, 8. overly

34.	Totalitarian are less likely to innovate because they deprive individuals of economic incentives.
n.	the organization, a system, or method that is the governing authority of a political unit
35.	A network of railways has developed over the
n.	the territory occupied by one of the constituent administrative districts of a nation
36.	The stone was built to commemorate the war heroes.
n.	a statue, building, or other structure erected to commemorate a person or event
37.	She was struggling to make a between two job offers.
n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
38.	Various artificially induced causes are our ecosystem.
ν.	to utter intentions of injury or punishment against someone
39.	Her choices become increasingly and creative.
adj	brave and taking risks
40.	Thousands of people attended the protest against the proposed policy.
n.	a display or show, often of a particular skill or product, intended to convince or persuade others
41.	The king lived in poverty in a foreign country for many years.
n.	the state of being forced to leave one's country or home, typically for political or punitive reasons
	SWERS: 34. regimes, 35. province, 36. monument, 37. decision, 38. threatening, daring, 40. demonstration, 41. exiled

50. There was a massive police presence at the anti-government
v. a public meeting of a group of people intended to arouse enthusiasm
51. Plutonium has limited applications. adj. not involving violence, conflict, or war
52. The police the suspect for questioning. ν. to keep someone in official custody; to prevent them from leaving
53. The firefighter rescued the family from the burning building. adj. showing courage or fearlessness in the face of danger, difficulty, or adversity