

# Englist.me



## Vocabulary Builder Reference from...

*Anees Bahji: How do steroids affect your muscles- and the rest of your body? | TED Talk*

[https://www.ted.com/talks/anees\\_bahji\\_how\\_do\\_steroids\\_affect\\_your\\_muscles\\_and\\_the\\_rest\\_of\\_your\\_body](https://www.ted.com/talks/anees_bahji_how_do_steroids_affect_your_muscles_and_the_rest_of_your_body)

### All Words

#### IMPORTANT

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## Session 1: Word List

### scandal

*n.* an action or event regarded as morally or legally wrong and causing general public outrage

*synonym*: controversy, outrage, uproar

(1) **scandal** magazine, (2) a corruption **scandal**

The political **scandal** rocked the nation and led to the resignation of several high-ranking officials.

### ban

*v.* to officially or legally forbid or refuse to allow something

*synonym*: forbid, prohibit, restrict

(1) **ban** gender-related job discrimination, (2) **ban** any type of cloning

We should **ban** mildly violent video games from a child's development perspective.

### athletics

*n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking

*synonym*: sports, physical activity, exercise

(1) high school **athletics**, (2) professional **athletics**

She excelled in **athletics** during high school and went on to compete at the collegiate level.

## competition

*n.* a situation in which someone is attempting to beat or outperform another

*synonym* : contest, match, fight

(1) the first round of the **competition**, (2) intraspecific **competition**

Global **competition** is rising in virtually every industry.

## steroid

*n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

(1) **steroid** abuse, (2) a **steroid** hormone

Some **steroids** are banned for use by athletes because of their muscle-building effects.

## refer

*v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

*synonym* : cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

## broad

*adj.* very wide; general

*synonym* : wide, expansive, comprehensive

(1) attract **broad** attention, (2) a **broad** mind

He accumulated wealth across a **broad** spectrum of assets.

## molecule

*n.* a group of two or more atoms held together by attractive forces known as chemical bonds

*synonym* : particle, element, atom

(1) small **molecules**, (2) **molecule** behavior

The shape of the DNA **molecule** is a double helix.

## molecular

*adj.* of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)

*synonym* : microscopic, atomic

(1) **molecular** structure, (2) **molecular** biology

**Molecular** weight is the sum of all the atoms.

## structure

*n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

*synonym*: construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

## function

*n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

*synonym*: purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

## context

*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

*synonym*: background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

## subset

*n.* a set of things that are contained within another larger set; a portion or division of a group or category

*synonym*: subcategory, subdivision

(1) proper **subset**, (2) **subset** selection

A **subset** of the employees will be trained in the new software program.

## resemble

*v.* to look like or be similar to someone or something  
*synonym*: look like, be similar to

(1) **resemble** each other, (2) **resemble** her mother

The brothers **resemble** each other in the hobby.

## testosterone

*n.* a male hormone that is responsible for the development of male secondary sex characteristics

(1) **testosterone** enhancer, (2) a synthetic derivative of **testosterone**

Training with sufficient intensity increases blood **testosterone** levels.

## elite

*adj.* belonging to the wealthiest, most potent, best-educated, or best-trained group in a society

*synonym*: privileged, favored, elect

(1) earn **elite** status, (2) **elite** athlete

Very few educational **elites** go to Oxford or Cambridge.

## athlete

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

*synonym*: player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

## body-building

*n.* the practice of developing and increasing the size, strength, and definition of muscles through exercise, diet, and sometimes the use of supplements or performance-enhancing drugs

*synonym*: weight training, muscle building, strength training

(1) **body-building** routine, (2) **body-building** supplements

John spends several hours a day lifting weights for **body-building** purposes.

## competitive

*adj.* involving competition or competitiveness

*synonym*: aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position

The mobile application industry is a **competitive** one.

## androgen

*n.* a type of hormone that stimulates the development of male sexual characteristics, including body hair growth, muscle tissue growth, and deepening of the voice; naturally occurring androgens include testosterone

*synonym* : testosterone, hormone, masculinity

(1) **androgen** receptors, (2) **androgen** therapy

**Androgen** insensitivity syndrome is a genetic condition that affects the body's response to androgens.

## masculine

*adj.* having characteristics or an appearance that are usually regarded as typical or appropriate for men

*synonym* : male, mannish, manly

(1) wear **masculine** attire, (2) **masculine** beauty

Her allure lies in her **masculine** rather than feminine beauty.

## anabolic

*n.* a type of steroid or hormone that promotes tissue growth and repair and is often used illegally in sports to enhance athletic performance

*synonym* : steroid, hormone, testosterone

(1) **anabolic** supplements, (2) **anabolic** muscle growth

**Anabolic** steroids are often used illegally in sports to enhance performance.

## promote

*v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

*synonym* : boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior

The government should do more to **promote** sustainable agribusiness.

## mimic

*v.* to imitate someone's speech, movement, or behavior, especially to make others laugh

*synonym* : mirror, imitate, ape

(1) **mimic** a human voice, (2) **mimic** numerous instruments

He is very popular at school because he can **mimic** all the teachers' accents.

## naturally

*adv.* as might be expected; by natural manners

*synonym*: by nature, inherently, intrinsically

(1) **naturally** arising, (2) **naturally** regenerated forest

He was **naturally** gifted.

## develop

*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

*synonym*: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## maintenance

*n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses

*synonym*: care, perpetuation, support

(1) the **maintenance** of the car, (2) **maintenance** work

We have decided to extend our **maintenance** contract until next year.

## characteristic

*n.* a typical feature or quality that can identify, tell apart, or describe something or somebody

*synonym*: feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's

**characteristic** laugh

Bananas have their **characteristic** taste and odor.

## synthetic

*adj.* made by combining chemical substances as opposed to being naturally occurring

*synonym*: artificial, manufactured, fabricated

(1) **synthetic** fiber, (2) **synthetic** fertilizer

**Synthetic** diamonds play an essential role as machine tool blades.

## facial

*adj.* of or relating to a person's face

*synonym* : forward, front, surface

(1) **facial** nerve, (2) **facial** expressions

**Facial** profiling is a new form of airport security.

## enlarge

*v.* to make something bigger or larger; to become bigger or larger

*synonym* : broaden, increase, widen

(1) **enlarge** a photograph, (2) **enlarge** my experience

Please **enlarge** your new theory.

## cord

*n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

*synonym* : wire, cable, string

(1) spinal **cord**, (2) electrical **cord**

Your spinal **cord** is located deep within your body.

## mass

*n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

*synonym* : abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**

The **mass** of people who do not own property is politically impotent.

## strength

*n.* the quality or state of being physically, or sometimes mentally, strong

*synonym* : resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

## stature

*n.* the height of a human or animal body; the level of respect or reputation that a person or entity holds in a

particular community

*synonym* : height, standing, prestige

(1) **stature** enhancement, (2) short **stature**

A leader needs to have a **stature** that commands respect from their followers.

## recreational

*adj.* relating to or for leisure or pleasure; done for enjoyment rather than work or duty

*synonym* : leisure, fun, entertaining

(1) a **recreational** center, (2) **recreational** drugs

I enjoy **recreational** activities such as hiking and swimming.

## protein

*n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

(1) stress **protein**, (2) **protein** synthesis

The body needs a certain amount of **protein** to build and repair tissues.

## synthesis

*n.* the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements

*synonym* : combination, integration, compound

(1) **synthesis** of ammonia, (2) protein **synthesis** inhibitor

The chemical **synthesis** of the new drug was a breakthrough in medical research.

## essential

*adj.* indispensable; fundamental

*synonym* : critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life

Trial and error is an **essential** part of education.

## tissue

*n.* an ensemble of similar cells of the animal or plant that together carry out a specific function

*synonym* : structure, texture, anatomy

(1) a facial **tissue**, (2) loss of muscle **tissue**



The researcher separated the nervous **tissue** for microscopic examinations.

## cortisol

*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

*synonym* : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

**Cortisol** levels in the body are often elevated during times of stress.

## breakdown

*n.* a failure or collapse of a system or organization

*synonym* : collapse, failure, malfunction

(1) a nervous **breakdown**, (2) **breakdown** maintenance

The **breakdown** of the machinery caused a delay in production.

## substance

*n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

*synonym* : essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem

The **substance** of the argument was well-presented.

## fin

*n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

*synonym* : flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

## boost

*v.* to improve, raise, or increase something

*synonym* : raise, advance, promote

(1) **boost** the economy, (2) **boost** flexibility

The new service helped **boost** net income by 10%.

## metabolism

*n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining

(1) **metabolism** enzyme, (2) hemoglobin **metabolism**  
Better sleep leads to increased **metabolism**.

## shrink

v. to become smaller, or to make something smaller in size or amount

*synonym*: decrease, diminish, shy away

(1) **shrink** the tumor, (2) **shrink** with fear

This shirt will **shrink** in the wash.

## deposit

n. a sum of money or materials placed or kept in a bank, safety deposit box, or other secure places for safekeeping; a layer of rock, sand, or other material left behind by a flowing liquid or eroding force

*synonym*: bank, installment, sedimentation

(1) **deposit** money, (2) **deposit** accumulation

I made a **deposit** at the bank to add money to my account.

## injury

n. harm done to a person's or an animal's body caused by an accident or an attack

*synonym*: wound, damage, hurt

(1) without **injury**, (2) a fatal **injury**

My accidental **injury** got better right away.

## cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

*synonym*: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

## maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

*synonym*: preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

## victim

*n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

*synonym* : prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

## recover

*v.* to return to a former condition, health, mind, or strength

*synonym* : come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym* : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## desire

*n.* a strong feeling of wanting to have or do something

*synonym* : ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

## typical

*adj.* having the usual characteristics or traits of a specific group of things

*synonym* : characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

## magnitude

*n.* the extent, level, importance, or amount of something

*synonym* : size, extent, level

(1) a star of the first **magnitude**, (2) the **magnitude** of the disaster

The **magnitude** of the earthquake was measured at 7.8 on

the Richter scale.

## prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

*synonym*: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym*: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## undesirable

*adj.* not wanted or looked upon favorably; unwanted or unpleasant in nature, character, or appearance

*synonym*: objectionable, distasteful, unwanted

(1) **undesirable** outcome, (2) **undesirable** behavior

The smell of the garbage was very **undesirable**.

## outright

*adj.* completely; completely and without reservation; without any attempt at concealment

*synonym*: absolute, complete, unconditional

(1) impose an **outright** ban, (2) **outright** lie

He made an **outright** donation of \$1,000 to the charity.

## underlying

*adj.* significant as a cause or basis of something but not immediately apparent or stated clearly

*synonym*: fundamental, latent, basic

(1) an **underlying** motive, (2) an **underlying** cause of an accident

The **underlying** principle of every business was identical.

## risky

*adj.* involving the possibility of danger, failure, or loss  
*synonym* : dangerous, perilous, scary

(1) change **risky** behavior, (2) a **risky** enterprise  
It is extremely **risky** to sail in such a storm.

## adolescent

*n.* a young person who is in the process of developing from a child into an adult

*synonym* : teen, preadult, youth

(1) **adolescent** girl, (2) pre- **adolescent** children

Timely education about birth control might help reduce **adolescent** pregnancies.

## puberty

*n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

*synonym* : adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

## prompt

*v.* to make someone decide to or try to do something, or to make something happen

*synonym* : actuate, inspire, incite

(1) **prompt** a feeling of hunger, (2) **prompt** a debate

That incident **prompted** a nationwide chain reaction regarding the crackdown on illegal groups.

## defect

*n.* an imperfection, shortcoming, or lack of something or someone

*synonym* : fault, blemish, flaw

(1) visual **defects**, (2) **defects** of character

**Defects** in the design could cause much worse issues.

## psychiatric

*adj.* of or relating to the treatment or study of mental illness or disorders

*synonym* : mental, psychological, psychotherapeutic

(1) people with **psychiatric** disorders, (2) **psychiatric** hospital

The **psychiatric** evaluation revealed that the patient had been suffering from anxiety.

## impulsive

*adj.* acting suddenly without any planning and without considering the effects they may have

*synonym* : abrupt, hasty, capricious

(1) an **impulsive** force, (2) do **impulsive** buying

He regrets the **impulsive** behavior he took in his drunken state.

## aggression

*n.* the act of attacking or assaulting; hostile or violent behavior

*synonym* : hostility, assertiveness, antagonism

(1) **aggression** by a hostile country, (2) naked **aggression**

The dog's **aggression** made it difficult for its owners to take it for a walk.

## rage

*n.* a strong feeling of anger or violence

*synonym* : fury, anger, outrage

(1) uncontrollable **rage**, (2) fall into a **rage**

She was filled with a burning **rage** at the injustice she had witnessed.

## dam

*n.* a wall constructed over a river to block the flow of water, mainly used to generate energy

*synonym* : barricade, barrier, embankment

(1) **dam-building** program, (2) **dam** collapsing

The break in the **dam** threatened the valley.

## psychosis

*n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition

*synonym* : madness, delusion, insanity

(1) **psychosis** treatment, (2) drug-induced **psychosis**

He was diagnosed with **psychosis** and was hospitalized for treatment.

## damage

*v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

*synonym* : harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

## liver

*n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins

(1) **liver** disease, (2) fatty **liver**

The patient will undergo **liver** transplant surgery tomorrow.

## kidney

*n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

(1) an artificial **kidney**, (2) chronic **kidney** disease

The surgeon removed the healthy **kidney** from the donor.

## cardiovascular

*adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue

Smoking places you at severe risk of **cardiovascular** and respiratory disease.

## reversible

*adj.* capable of being turned or done in the opposite direction or way; capable of being reversed or undone

*synonym* : invertible, changeable, undoable

(1) **reversible** decision, (2) **reversible** fabrics

The jacket is **reversible** so that you can wear it with the fur lining on the outside or the inside.

## clitoral

*adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure

*synonym* :

vaginal, vulval, genital

(1) **clitoral** hood, (2) **clitoral** orgasm

Some women report increased sexual pleasure from **clitoral** stimulation.

## permanent

*adj.* lasting for a long time without essential change

*synonym*: lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

## excess

*n.* an amount or quantity beyond what is acceptable, expected, or reasonable

*synonym*: exuberance, glut, surplus

(1) lose **excess** weight, (2) an **excess** of exports

The road of **excess** leads to the palace of wisdom.

## feminine

*adj.* relating to women; having the features or appearance often associated with women

*synonym*: womanly, womanlike, femalelike

(1) add a **feminine** touch, (2) the sacred **feminine**

The dress mixes sophisticated lines with an appealing floral design for a classically **feminine** style.

## convert

*v.* to have a talk with someone; (adjective) reversed in order, relation, or action

*synonym*: alter, remake, transform

(1) **convert** fat into energy, (2) **convert** base 10 to base 16

I want to **convert** my sadness into strength.

## estrogen

*n.* a category of female steroid sex hormone responsible for the development and regulation of the female reproductive system and secondary sex characteristics

(1) **estrogen** receptor, (2) **estrogen-responsive** breast cancer

The older woman also suffers bone loss caused by **estrogen**



deficiency.

## breast

*n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth

*synonym*: bosom, chest, bust

(1) **breast** cancer, (2) the mountain's **breast**

He grilled the **breast** meat of a chicken.

## testicle

*n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels

*synonym*: ballock, gonad, ball

(1) **testicle** injury, (2) swollen **testicles**

The athlete was hit in the **testicle** during the game and had to be removed.

## uncommon

*adj.* not occurring or seen very often; rare

*synonym*: rare, scarce, unusual

(1) **uncommon** occurrence, (2) **uncommon** talents

It was **uncommon** for the store to have such a big sale.

## degree

*n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

*synonym*: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

## fertility

*n.* the state or quality of being able to produce babies, young animals, fruit, or new plants

*synonym*: richness, pregnancy, productivity

(1) soil **fertility**, (2) **fertility** above replacement

The sperm count is used as an indicator of male **fertility**.

## sperm

*n.* the reproductive cell produced by a man or male animal

*synonym*: seed, semen, seminal fluid

(1) man with a low **sperm** count, (2) production of **sperm**  
The male **sperm** fertilizes the female egg.

## semen

*n.* the fluid that contains sperm and is ejaculated during sexual activity, which may fertilize an egg and lead to pregnancy

*synonym* : sperm, reproductive fluid, seed

(1) **semen** donation, (2) **semen** volume

After undergoing a **semen** analysis, the doctor told him that he had a low sperm count.

## polycystic

*adj.* characterized by the presence of multiple, fluid-filled sacs or cysts, especially in an organ or tissue of the body, commonly used to describe polycystic ovary syndrome (PCOS), a hormonal disorder affecting women

*synonym* : multicystic, multilocular

(1) **polycystic** liver, (2) **polycystic** kidney disease

**Polycystic** ovary syndrome is a condition that affects many women.

## ovary

*n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower

(1) **ovary** atrophy, (2) salted **ovary** of walleye pollack

They found **ovary** cancer in an early stage.

## syndrome

*n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

*synonym* : disorder, condition, complication

(1) **syndrome** of dementia, (2) acute **syndrome**

The patient was diagnosed with a rare genetic **syndrome**.

## specific

*adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

*synonym* : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

## duration

*n.* the length of time something lasts or continues

*synonym* : period, span, course

(1) the **duration** of insurance, (2) short **duration**

The military incarcerated him for the **duration** of the war.

## mount

*v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

*synonym* : climb, increase, get on

(1) **mount** a hill, (2) **mount** a counterattack

They **mounted** pictures on the paper in preparation for the birthday card.

## susceptible

*adj.* easily influenced, harmed, or affected by something

*synonym* : exposed, liable, gullible

(1) a **susceptible** young woman, (2) **susceptible** of proof

Well-stretched muscles are less **susceptible** to injury.

## tolerance

*n.* the willingness to accept or tolerate something, especially something that is different or unpleasant

*synonym* : acceptance, patience, forbearance

(1) religious **tolerance**, (2) **tolerance** for risk

The school's diversity program aimed to promote **tolerance** and understanding among the students.

## increasingly

*adv.* more and more

*synonym* : more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

## definitive

*adj.* serving to provide a final solution or to end a situation;  
final and not able to be changed

*synonym*: conclusive, final, decisive

(1) **definitive** answer, (2) a **definitive** edition

The study provided **definitive** proof of the effectiveness of the new drug.

## exposure

*n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

*synonym*: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

## Session 2: Spelling

1. an explosive su\_\_\_\_\_ce  
*n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
2. mo\_\_\_\_\_ar biology  
*adj.* of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)
3. the mai\_\_\_\_\_ce of the car  
*n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses
4. de\_\_\_\_\_p a strategy  
*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
5. salted ov\_\_y of walleye pollack  
*n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
6. electrical c\_\_d  
*n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

ANSWERS: 1. substance, 2. molecular, 3. maintenance, 4. develop, 5. ovary, 6. cord

- |                             |   |
|-----------------------------|---|
| 7. en_____e my experience   | <i>v.</i> to make something bigger or larger; to become bigger or larger  |
| 8. muscular st_____th       | <i>n.</i> the quality or state of being physically, or sometimes mentally, strong   |
| 9. a facial ti_____e        | <i>n.</i> an ensemble of similar cells of the animal or plant that together carry out a specific function   |
| 10. bod_____ing supplements | <i>n.</i> the practice of developing and increasing the size, strength, and definition of muscles through exercise, diet, and sometimes the use of supplements or performance-enhancing drugs |
| 11. car_____lar tissue      | <i>adj.</i> of or relating to the heart and blood vessels (= tubes that carry blood around the body)  |
| 12. sy_____is of ammonia    | <i>n.</i> the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements   |
| 13. se__n volume            | <i>n.</i> the fluid that contains sperm and is ejaculated during sexual activity, which may fertilize an egg and lead to pregnancy  |
| 14. def_____ve answer       | <i>adj.</i> serving to provide a final solution or to end a situation; final and not able to be changed   |
| 15. add a fe_____ne touch   | <i>adj.</i> relating to women; having the features or appearance often associated with women  |

ANSWERS: 7. enlarge, 8. strength, 9. tissue, 10. body-building, 11. cardiovascular, 12. synthesis, 13. semen, 14. definitive, 15. feminine

16. ado\_\_\_\_\_nt girl *n.* a young person who is in the process of developing from a child into an adult
17. sy\_\_\_\_\_ic fiber *adj.* made by combining chemical substances as opposed to being naturally occurring
18. mo\_\_t a counterattack *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
19. me\_\_\_\_\_al chemistry *adj.* of or relating to the treatment or cure of disease
20. an\_\_\_\_\_en therapy *n.* a type of hormone that stimulates the development of male sexual characteristics, including body hair growth, muscle tissue growth, and deepening of the voice; naturally occurring androgens include testosterone
21. a synthetic derivative of tes\_\_\_\_\_one *n.* a male hormone that is responsible for the development of male secondary sex characteristics
22. ma\_\_\_\_\_ne beauty *adj.* having characteristics or an appearance that are usually regarded as typical or appropriate for men
23. fairly ty\_\_\_\_\_l symptoms *adj.* having the usual characteristics or traits of a specific group of things
24. the ex\_\_\_\_\_re of a fraud *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

ANSWERS: 16. adolescent, 17. synthetic, 18. mount, 19. medicinal, 20. androgen, 21. testosterone, 22. masculine, 23. typical, 24. exposure

25. ps\_\_\_\_\_is treatment *n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
26. change ri\_\_y behavior *adj.* involving the possibility of danger, failure, or loss
27. vi\_\_\_m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
28. the sacred fe\_\_\_\_\_ne *adj.* relating to women; having the features or appearance often associated with women
29. bod\_\_\_\_\_ing routine *n.* the practice of developing and increasing the size, strength, and definition of muscles through exercise, diet, and sometimes the use of supplements or performance-enhancing drugs
30. da\_\_\_e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
31. fu\_\_\_\_\_on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 25. psychosis, 26. risky, 27. victim, 28. feminine, 29. body-building, 30. damage, 31. function



32. a star of the first ma\_\_\_\_\_de *n.* the extent, level, importance, or amount of something
33. de\_\_\_ts of character *n.* an imperfection, shortcoming, or lack of something or someone
34. pe\_\_\_\_\_nt life insurance *adj.* lasting for a long time without essential change
35. rec\_\_\_\_\_nal drugs *adj.* relating to or for leisure or pleasure; done for enjoyment rather than work or duty
36. protein sy\_\_\_\_\_is inhibitor *n.* the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements
37. mi\_\_c numerous instruments *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
38. immune fu\_\_\_\_\_on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
39. tes\_\_\_\_\_one enhancer *n.* a male hormone that is responsible for the development of male secondary sex characteristics
40. an\_\_\_\_\_en receptors *n.* a type of hormone that stimulates the development of male sexual characteristics, including body hair growth, muscle tissue growth, and deepening of the voice; naturally occurring androgens include testosterone

ANSWERS: 32. magnitude, 33. defect, 34. permanent, 35. recreational, 36. synthesis, 37. mimic, 38. function, 39. testosterone, 40. androgen

41. drug-induced ps\_\_\_\_\_is      *n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
42. com\_\_\_\_\_ve position      *adj.* involving competition or competitiveness
43. acute sy\_\_\_\_\_me      *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
44. el\_\_e athlete      *adj.* belonging to the wealthiest, most potent, best-educated, or best-trained group in a society
45. un\_\_\_\_\_on talents      *adj.* not occurring or seen very often; rare
46. su\_\_\_\_t selection      *n.* a set of things that are contained within another larger set; a portion or division of a group or category
47. es\_\_\_\_\_al commodities of life      *adj.* indispensable; fundamental
48. da\_\_\_\_e assessment      *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
49. ov\_\_y atrophy      *n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
50. earn el\_\_e status      *adj.* belonging to the wealthiest, most potent, best-educated, or best-trained group in a society

ANSWERS: 41. psychosis, 42. competitive, 43. syndrome, 44. elite, 45. uncommon, 46. subset, 47. essential, 48. damage, 49. ovary, 50. elite

51. a corruption sc\_\_\_\_l *n.* an action or event regarded as morally or legally wrong and causing general public outrage
52. cl\_\_\_\_al hood *adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
53. fall into a r\_\_e *n.* a strong feeling of anger or violence
54. de\_\_\_\_p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
55. ma\_\_\_\_in order *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
56. high school at\_\_\_\_es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
57. sc\_\_\_\_l magazine *n.* an action or event regarded as morally or legally wrong and causing general public outrage
58. fa\_\_\_\_l nerve *adj.* of or relating to a person's face
59. na\_\_\_\_ly arising *adv.* as might be expected; by natural manners
60. the st\_\_\_\_re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

ANSWERS: 51. scandal, 52. clitoral, 53. rage, 54. develop, 55. maintain, 56. athlete, 57. scandal, 58. facial, 59. naturally, 60. structure

61. re\_\_\_\_\_le each other *v.* to look like or be similar to someone or something
62. pre-ado\_\_\_\_\_nt children *n.* a young person who is in the process of developing from a child into an adult
63. ma\_\_\_\_\_in good health *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
64. und\_\_\_\_\_le outcome *adj.* not wanted or looked upon favorably; unwanted or unpleasant in nature, character, or appearance
65. an ex\_\_\_\_s of exports *n.* an amount or quantity beyond what is acceptable, expected, or reasonable
66. stress pr\_\_\_\_\_n *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
67. ou\_\_\_\_\_ht lie *adj.* completely; completely and without reservation; without any attempt at concealment
68. su\_\_\_\_\_ce abuse problem *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
69. co\_\_\_\_\_t base 10 to base 16 *v.* to have a talk with someone; (adjective) reversed in order, relation, or action
70. mai\_\_\_\_\_ce work *n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses

ANSWERS: 61. resemble, 62. adolescent, 63. maintain, 64. undesirable, 65. excess, 66. protein, 67. outright, 68. substance, 69. convert, 70. maintenance

71. rev\_\_\_\_\_le decision *adj.* capable of being turned or done in the opposite direction or way; capable of being reversed or undone
72. ca\_\_\_\_r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
73. na\_\_\_\_\_ly regenerated forest *adv.* as might be expected; by natural manners
74. sy\_\_\_\_\_me of dementia *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
75. traditional me\_\_\_\_\_al *adj.* of or relating to the treatment or cure of disease
76. religious to\_\_\_\_\_ce *n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
77. the onset of pu\_\_\_\_\_y *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
78. d\_m collapsing *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
79. an im\_\_\_\_\_ve force *adj.* acting suddenly without any planning and without considering the effects they may have
80. a st\_\_\_\_\_d hormone *n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

ANSWERS: 71. reversible, 72. cancer, 73. naturally, 74. syndrome, 75. medicinal, 76. tolerance, 77. puberty, 78. dam, 79. impulsive, 80. steroid

81. naked agg\_\_\_\_\_on *n.* the act of attacking or assaulting; hostile or violent behavior
82. fatty li\_\_r *n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
83. pr\_\_\_\_\_e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
84. a br\_\_d mind *adj.* very wide; general
85. de\_\_\_e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
86. pr\_\_\_\_\_be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
87. temporary me\_\_\_\_\_l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
88. se\_\_n donation *n.* the fluid that contains sperm and is ejaculated during sexual activity, which may fertilize an egg and lead to pregnancy
89. es\_\_\_\_\_en-responsive breast cancer *n.* a category of female steroid sex hormone responsible for the development and regulation of the female reproductive system and secondary sex characteristics

ANSWERS: 81. aggression, 82. liver, 83. promote, 84. broad, 85. degree, 86. prescribe, 87. medical, 88. semen, 89. estrogen

90. st\_\_\_\_e enhancement *n.* the height of a human or animal body; the level of respect or reputation that a person or entity holds in a particular community
91. sh\_\_\_\_k the tumor *v.* to become smaller, or to make something smaller in size or amount
92. hemoglobin met\_\_\_\_sm *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
93. agg\_\_\_\_on by a hostile country *n.* the act of attacking or assaulting; hostile or violent behavior
94. the du\_\_\_\_on of insurance *n.* the length of time something lasts or continues
95. a nervous br\_\_\_\_wn *n.* a failure or collapse of a system or organization
96. li\_\_r disease *n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
97. de\_\_\_\_t accumulation *n.* a sum of money or materials placed or kept in a bank, safety deposit box, or other secure places for safekeeping; a layer of rock, sand, or other material left behind by a flowing liquid or eroding force
98. excessive co\_\_\_\_ol *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

ANSWERS: 90. stature, 91. shrink, 92. metabolism, 93. aggression, 94. duration, 95. breakdown, 96. liver, 97. deposit, 98. cortisol

99. ca\_\_\_r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
100. a rec\_\_\_\_\_nal center *adj.* relating to or for leisure or pleasure; done for enjoyment rather than work or duty
101. b\_n gender-related job discrimination *v.* to officially or legally forbid or refuse to allow something
102. impose an ou\_\_\_\_\_ht ban *adj.* completely; completely and without reservation; without any attempt at concealment
103. a sus\_\_\_\_\_le young woman *adj.* easily influenced, harmed, or affected by something
104. at the height of pu\_\_\_\_\_y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
105. soil fe\_\_\_\_\_ty *n.* the state or quality of being able to produce babies, young animals, fruit, or new plants
106. br\_\_\_\_\_wn maintenance *n.* a failure or collapse of a system or organization
107. critical m\_\_s *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
108. mo\_\_t a hill *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

ANSWERS: 99. cancer, 100. recreational, 101. ban, 102. outright, 103. susceptible, 104. puberty, 105. fertility, 106. breakdown, 107. mass, 108. mount



109. back f\_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
110. short st\_\_\_\_e *n.* the height of a human or animal body; the level of respect or reputation that a person or entity holds in a particular community
111. cl\_\_\_\_al orgasm *adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
112. a southern ex\_\_\_\_re *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
113. people with psy\_\_\_\_ic disorders *adj.* of or relating to the treatment or study of mental illness or disorders
114. my friend's cha\_\_\_\_tic laugh *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
115. es\_\_\_\_al amino acid *adj.* indispensable; fundamental
116. a f\_n of a plane *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
117. sp\_\_\_\_ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
118. stripes cha\_\_\_\_tic of the zebra *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody

ANSWERS: 109. fin, 110. stature, 111. clitoral, 112. exposure, 113. psychiatric, 114. characteristic, 115. essential, 116. fin, 117. specific, 118. characteristic

119. pol\_\_\_\_\_ic liver *adj.* characterized by the presence of multiple, fluid-filled sacs or cysts, especially in an organ or tissue of the body, commonly used to describe polycystic ovary syndrome (PCOS), a hormonal disorder affecting women
120. und\_\_\_\_\_le behavior *adj.* not wanted or looked upon favorably; unwanted or unpleasant in nature, character, or appearance
121. pr\_\_\_\_\_be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
122. bo\_\_t the economy *v.* to improve, raise, or increase something
123. a def\_\_\_\_\_ve edition *adj.* serving to provide a final solution or to end a situation; final and not able to be changed
124. a me\_\_\_\_\_l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
125. mo\_\_\_\_\_le behavior *n.* a group of two or more atoms held together by attractive forces known as chemical bonds
126. de\_\_\_\_\_t money *n.* a sum of money or materials placed or kept in a bank, safety deposit box, or other secure places for safekeeping; a layer of rock, sand, or other material left behind by a flowing liquid or eroding force

ANSWERS: 119. polycystic, 120. undesirable, 121. prescribe, 122. boost, 123. definitive, 124. medical, 125. molecule, 126. deposit

127. man with a low sp\_\_m count      *n.* the reproductive cell produced by a man or male animal
128. vi\_\_\_m support      *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
129. literature of pe\_\_\_\_\_nt value      *adj.* lasting for a long time without essential change
130. re\_\_\_\_\_le her mother      *v.* to look like or be similar to someone or something
131. visual de\_\_\_ts      *n.* an imperfection, shortcoming, or lack of something or someone
132. an\_\_\_\_\_ic supplements      *n.* a type of steroid or hormone that promotes tissue growth and repair and is often used illegally in sports to enhance athletic performance
133. pol\_\_\_\_\_ic kidney disease      *adj.* characterized by the presence of multiple, fluid-filled sacs or cysts, especially in an organ or tissue of the body, commonly used to describe polycystic ovary syndrome (PCOS), a hormonal disorder affecting women
134. the mountain's br\_\_\_t      *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
135. pr\_\_\_t a feeling of hunger      *v.* to make someone decide to or try to do something, or to make something happen
136. chronic ki\_\_\_y disease      *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

ANSWERS: 127. sperm, 128. victim, 129. permanent, 130. resemble, 131. defect, 132. anabolic, 133. polycystic, 134. breast, 135. prompt, 136. kidney

137. production of sp\_\_m *n.* the reproductive cell produced by a man or male animal
138. fleshly de\_\_\_e *n.* a strong feeling of wanting to have or do something
139. st\_\_\_\_th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
140. short du\_\_\_\_on *n.* the length of time something lasts or continues
141. inc\_\_\_\_\_gly become common *adv.* more and more
142. face inc\_\_\_\_\_gly complicated challenges *adv.* more and more
143. b\_n any type of cloning *v.* to officially or legally forbid or refuse to allow something
144. ty\_\_\_\_l leader *adj.* having the usual characteristics or traits of a specific group of things
145. swollen te\_\_\_\_les *n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels
146. become a professional at\_\_\_\_e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
147. bachelor's de\_\_\_e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 137. sperm, 138. desire, 139. strength, 140. duration, 141. increasingly, 142. increasingly, 143. ban, 144. typical, 145. testicle, 146. athlete, 147. degree

148. re\_\_\_\_\_r a loss *v.* to return to a former condition, health, mind, or strength
149. en\_\_\_\_\_e a photograph *v.* to make something bigger or larger; to become bigger or larger
150. without in\_\_\_\_y *n.* harm done to a person's or an animal's body caused by an accident or an attack
151. car\_\_\_\_\_lar diseases *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
152. small mo\_\_\_\_\_les *n.* a group of two or more atoms held together by attractive forces known as chemical bonds
153. a fatal in\_\_\_\_y *n.* harm done to a person's or an animal's body caused by an accident or an attack
154. un\_\_\_\_\_on occurrence *adj.* not occurring or seen very often; rare
155. a m\_\_s of molten rock *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
156. re\_\_\_\_\_r approval ratings *v.* to return to a former condition, health, mind, or strength
157. fa\_\_\_\_l expressions *adj.* of or relating to a person's face
158. met\_\_\_\_\_sm enzyme *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
159. pr\_\_\_\_t a debate *v.* to make someone decide to or try to do something, or to make something happen

ANSWERS: 148. recover, 149. enlarge, 150. injury, 151. cardiovascular, 152. molecule, 153. injury, 154. uncommon, 155. mass, 156. recover, 157. facial, 158. metabolism, 159. prompt

160. an artificial ki\_\_\_y *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
161. d\_m-building program *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
162. pr\_\_\_\_\_n synthesis *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
163. attract br\_\_d attention *adj.* very wide; general
164. an\_\_\_\_\_ic muscle growth *n.* a type of steroid or hormone that promotes tissue growth and repair and is often used illegally in sports to enhance athletic performance
165. proper su\_\_\_t *n.* a set of things that are contained within another larger set; a portion or division of a group or category
166. an und\_\_\_\_\_ng motive *adj.* significant as a cause or basis of something but not immediately apparent or stated clearly
167. es\_\_\_\_\_en receptor *n.* a category of female steroid sex hormone responsible for the development and regulation of the female reproductive system and secondary sex characteristics
168. sy\_\_\_\_\_ic fertilizer *adj.* made by combining chemical substances as opposed to being naturally occurring

ANSWERS: 160. kidney, 161. dam, 162. protein, 163. broad, 164. anabolic, 165. subset, 166. underlying, 167. estrogen, 168. synthetic

169. sus\_\_\_\_\_le of proof *adj.* easily influenced, harmed, or affected by something
170. re\_\_r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
171. st\_\_\_\_\_re and function of the brain *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
172. the ma\_\_\_\_\_de of the disaster *n.* the extent, level, importance, or amount of something
173. to\_\_\_\_\_ce for risk *n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
174. te\_\_\_\_\_le injury *n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels
175. br\_\_\_\_t cancer *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
176. legal co\_\_\_\_\_t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
177. st\_\_\_\_\_d abuse *n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

ANSWERS: 169. susceptible, 170. refer, 171. structure, 172. magnitude, 173. tolerance, 174. testicle, 175. breast, 176. context, 177. steroid

178. co\_\_\_\_\_ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
179. uncontrollable r\_\_e *n.* a strong feeling of anger or violence
180. mo\_\_\_\_\_ar structure *adj.* of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)
181. wear ma\_\_\_\_\_ne attire *adj.* having characteristics or an appearance that are usually regarded as typical or appropriate for men
182. co\_\_\_\_\_t fat into energy *v.* to have a talk with someone; (adjective) reversed in order, relation, or action
183. psy\_\_\_\_\_ic hospital *adj.* of or relating to the treatment or study of mental illness or disorders
184. loss of muscle ti\_\_\_e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
185. high school at\_\_\_\_\_cs *n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking
186. intraspecific com\_\_\_\_\_on *n.* a situation in which someone is attempting to beat or outperform another
187. pr\_\_\_\_\_e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

ANSWERS: 178. cortisol, 179. rage, 180. molecular, 181. masculine, 182. convert, 183. psychiatric, 184. tissue, 185. athletics, 186. competition, 187. promote



188. do im\_\_\_\_\_ve buying *adj.* acting suddenly without any planning and without considering the effects they may have
189. unsatisfied de\_\_\_e *n.* a strong feeling of wanting to have or do something
190. mi\_\_c a human voice *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
191. bo\_\_t flexibility *v.* to improve, raise, or increase something
192. industry-sp\_\_\_\_\_ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
193. spinal c\_\_d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
194. re\_\_r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
195. sh\_\_\_k with fear *v.* to become smaller, or to make something smaller in size or amount
196. the first round of the com\_\_\_\_\_on *n.* a situation in which someone is attempting to beat or outperform another
197. professional at\_\_\_\_\_cs *n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking

ANSWERS: 188. impulsive, 189. desire, 190. mimic, 191. boost, 192. specific, 193. cord, 194. refer, 195. shrink, 196. competition, 197. athletics

198. an und\_\_\_\_\_ng cause of an accident  
*adj.* significant as a cause or basis of something but not immediately apparent or stated clearly
199. a com\_\_\_\_\_ve price  
*adj.* involving competition or competitiveness
200. a ri\_\_y enterprise  
*adj.* involving the possibility of danger, failure, or loss
201. historical co\_\_\_\_\_t  
*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
202. fe\_\_\_\_\_ty above replacement  
*n.* the state or quality of being able to produce babies, young animals, fruit, or new plants
203. rev\_\_\_\_\_le fabrics  
*adj.* capable of being turned or done in the opposite direction or way; capable of being reversed or undone
204. lose ex\_\_\_s weight  
*n.* an amount or quantity beyond what is acceptable, expected, or reasonable

ANSWERS: 198. underlying, 199. competitive, 200. risky, 201. context, 202. fertility, 203. reversible, 204. excess

## Session 3: Fill in the Blanks

1. That incident \_\_\_\_\_ a nationwide chain reaction regarding the crackdown on illegal groups.
  - v. to make someone decide to or try to do something, or to make something happen
  
2. The new service helped \_\_\_\_\_ net income by 10%.
  - v. to improve, raise, or increase something
  
3. The break in the \_\_\_\_ threatened the valley.
  - n. a wall constructed over a river to block the flow of water, mainly used to generate energy
  
4. They found \_\_\_\_\_ cancer in an early stage.
  - n. either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
  
5. He is very popular at school because he can \_\_\_\_\_ all the teachers' accents.
  - v. to imitate someone's speech, movement, or behavior, especially to make others laugh
  
6. The military incarcerated him for the \_\_\_\_\_ of the war.
  - n. the length of time something lasts or continues
  
7. The mobile application industry is a \_\_\_\_\_ one.
  - adj. involving competition or competitiveness
  
8. After undergoing a \_\_\_\_\_ analysis, the doctor told him that he had a low sperm count.
  - n. the fluid that contains sperm and is ejaculated during sexual activity, which may fertilize an egg and lead to pregnancy

ANSWERS: 1. prompted, 2. boost, 3. dam, 4. ovary, 5. mimic, 6. duration, 7. competitive, 8. semen

9. \_\_\_\_\_ diamonds play an essential role as machine tool blades.  
*adj.* made by combining chemical substances as opposed to being naturally occurring
10. Smoking places you at severe risk of \_\_\_\_\_ and respiratory disease.  
*adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
11. The smell of the garbage was very \_\_\_\_\_.  
*adj.* not wanted or looked upon favorably; unwanted or unpleasant in nature, character, or appearance
12. Well-stretched muscles are less \_\_\_\_\_ to injury.  
*adj.* easily influenced, harmed, or affected by something
13. \_\_\_\_\_ insensitivity syndrome is a genetic condition that affects the body's response to androgens.  
*n.* a type of hormone that stimulates the development of male sexual characteristics, including body hair growth, muscle tissue growth, and deepening of the voice; naturally occurring androgens include testosterone
14. The researcher separated the nervous \_\_\_\_\_ for microscopic examinations.  
*n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
15. He accumulated wealth across a \_\_\_\_\_ spectrum of assets.  
*adj.* very wide; general
16. A leader needs to have a \_\_\_\_\_ that commands respect from their followers.  
*n.* the height of a human or animal body; the level of respect or reputation that a person or entity holds in a particular community

ANSWERS: 9. Synthetic, 10. cardiovascular, 11. undesirable, 12. susceptible, 13. Androgen, 14. tissue, 15. broad, 16. stature

17. The \_\_\_\_\_ of the argument was well-presented.
- n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
18. The body needs a certain amount of \_\_\_\_\_ to build and repair tissues.
- n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
19. We should \_\_\_\_ mildly violent video games from a child's development perspective.
- v.* to officially or legally forbid or refuse to allow something
20. \_\_\_\_\_ profiling is a new form of airport security.
- adj.* of or relating to a person's face
21. I need to \_\_\_\_\_ my car regularly to prevent any major mechanical issues.
- v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
22. Timely education about birth control might help reduce \_\_\_\_\_ pregnancies.
- n.* a young person who is in the process of developing from a child into an adult
23. We must \_\_\_\_\_ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
24. The patient was diagnosed with a rare genetic \_\_\_\_\_.
- n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

ANSWERS: 17. substance, 18. protein, 19. ban, 20. Facial, 21. maintain, 22. adolescent, 23. develop, 24. syndrome

25. The brain is an incredibly complex organ that controls the body's \_\_\_\_\_.
- n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
26. Bananas have their \_\_\_\_\_ taste and odor.
- n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
27. This shirt will \_\_\_\_\_ in the wash.
- v.* to become smaller, or to make something smaller in size or amount
28. He was diagnosed with \_\_\_\_\_ and was hospitalized for treatment.
- n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
29. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease
30. The political \_\_\_\_\_ rocked the nation and led to the resignation of several high-ranking officials.
- n.* an action or event regarded as morally or legally wrong and causing general public outrage
31. The study provided \_\_\_\_\_ proof of the effectiveness of the new drug.
- adj.* serving to provide a final solution or to end a situation; final and not able to be changed

ANSWERS: 25. function, 26. characteristic, 27. shrink, 28. psychosis, 29. medicinal, 30. scandal, 31. definitive

32. The government should do more to \_\_\_\_\_ sustainable agribusiness.
- v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
33. The \_\_\_\_\_ of the crime deserves justice and support to recover from the trauma.
- n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
34. In this culture, men are initiated when they reach \_\_\_\_\_.
- n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
35. The \_\_\_\_\_ principle of every business was identical.
- adj.* significant as a cause or basis of something but not immediately apparent or stated clearly
36. I made a \_\_\_\_\_ at the bank to add money to my account.
- n.* a sum of money or materials placed or kept in a bank, safety deposit box, or other secure places for safekeeping; a layer of rock, sand, or other material left behind by a flowing liquid or eroding force
37. Low sexual \_\_\_\_\_ typically correlates with low testosterone levels.
- n.* a strong feeling of wanting to have or do something
38. It was \_\_\_\_\_ for the store to have such a big sale.
- adj.* not occurring or seen very often; rare
39. Better sleep leads to increased \_\_\_\_\_.
- n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining

ANSWERS: 32. promote, 33. victim, 34. puberty, 35. underlying, 36. deposit, 37. desire, 38. uncommon, 39. metabolism

40. \_\_\_\_\_ steroids are often used illegally in sports to enhance performance.
- n.* a type of steroid or hormone that promotes tissue growth and repair and is often used illegally in sports to enhance athletic performance
41. She received her \_\_\_\_\_ in psychology from the university.
- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
42. I want to \_\_\_\_\_ my sadness into strength.
- v.* to have a talk with someone; (adjective) reversed in order, relation, or action
43. John spends several hours a day lifting weights for \_\_\_\_\_ purposes.
- n.* the practice of developing and increasing the size, strength, and definition of muscles through exercise, diet, and sometimes the use of supplements or performance-enhancing drugs
44. During the surgery, the doctor had to be extremely cautious not to \_\_\_\_\_ a blood vessel.
- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
45. Your spinal \_\_\_\_\_ is located deep within your body.
- n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
46. The organizational \_\_\_\_\_ of start-ups is often flat and straightforward.
- n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

ANSWERS: 40. Anabolic, 41. degree, 42. convert, 43. body-building, 44. damage, 45. cord, 46. structure



47. \_\_\_\_\_ weight is the sum of all the atoms.

*adj.* of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)

48. She is still \_\_\_\_\_ from a shot to her shoulder.

*v.* to return to a former condition, health, mind, or strength

49. The athlete was hit in the \_\_\_\_\_ during the game and had to be removed.

*n.* one of the two oval-shaped organs in men that produce sperm and testosterone; in animals, the equivalent organ responsible for producing sperm and often also regulating testosterone levels

50. Some \_\_\_\_\_ are banned for use by athletes because of their muscle-building effects.

*n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

51. The road of \_\_\_\_\_ leads to the palace of wisdom.

*n.* an amount or quantity beyond what is acceptable, expected, or reasonable

52. She was filled with a burning \_\_\_\_\_ at the injustice she had witnessed.

*n.* a strong feeling of anger or violence

53. \_\_\_\_\_ ovary syndrome is a condition that affects many women.

*adj.* characterized by the presence of multiple, fluid-filled sacs or cysts, especially in an organ or tissue of the body, commonly used to describe polycystic ovary syndrome (PCOS), a hormonal disorder affecting women

54. The dress mixes sophisticated lines with an appealing floral design for a classically \_\_\_\_\_ style.

*adj.* relating to women; having the features or appearance often associated with women

ANSWERS: 47. Molecular, 48. recovering, 49. testicle, 50. steroids, 51. excess, 52. rage, 53. Polycystic, 54. feminine

55. Our company found it \_\_\_\_\_ difficult to keep up with the competition.  
*adv.* more and more
56. Please \_\_\_\_\_ to the instruction manual for further assistance.  
*v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
57. The brothers \_\_\_\_\_ each other in the hobby.  
*v.* to look like or be similar to someone or something
58. The patient will undergo \_\_\_\_\_ transplant surgery tomorrow.  
*n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
59. The older woman also suffers bone loss caused by \_\_\_\_\_ deficiency.  
*n.* a category of female steroid sex hormone responsible for the development and regulation of the female reproductive system and secondary sex characteristics
60. The chemical \_\_\_\_\_ of the new drug was a breakthrough in medical research.  
*n.* the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements
61. It's important to understand the \_\_\_\_\_ of a situation before making a decision.  
*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
62. The male \_\_\_\_\_ fertilizes the female egg.  
*n.* the reproductive cell produced by a man or male animal

ANSWERS: 55. increasingly, 56. refer, 57. resemble, 58. liver, 59. estrogen, 60. synthesis, 61. context, 62. sperm

63. \_\_\_\_\_ in the design could cause much worse issues.  
*n.* an imperfection, shortcoming, or lack of something or someone
64. \_\_\_\_\_ levels in the body are often elevated during times of stress.  
*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
65. She is searching for a \_\_\_\_\_ residence.  
*adj.* lasting for a long time without essential change
66. I enjoy \_\_\_\_\_ activities such as hiking and swimming.  
*adj.* relating to or for leisure or pleasure; done for enjoyment rather than work or duty
67. The surgeon removed the healthy \_\_\_\_\_ from the donor.  
*n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
68. The dog's \_\_\_\_\_ made it difficult for its owners to take it for a walk.  
*n.* the act of attacking or assaulting; hostile or violent behavior
69. Please \_\_\_\_\_ your new theory.  
*v.* to make something bigger or larger; to become bigger or larger
70. They \_\_\_\_\_ pictures on the paper in preparation for the birthday card.  
*v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

ANSWERS: 63. Defects, 64. Cortisol, 65. permanent, 66. recreational, 67. kidney, 68. aggression, 69. enlarge, 70. mounted

71. His dream is to become an Olympic \_\_\_\_\_.

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

72. The long \_\_\_\_\_ to the air tarnished the antique tableware.

*n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

73. It is extremely \_\_\_\_\_ to sail in such a storm.

*adj.* involving the possibility of danger, failure, or loss

74. Trial and error is an \_\_\_\_\_ part of education.

*adj.* indispensable; fundamental

75. The \_\_\_\_\_ of people who do not own property is politically impotent.

*n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

76. He regrets the \_\_\_\_\_ behavior he took in his drunken state.

*adj.* acting suddenly without any planning and without considering the effects they may have

77. The \_\_\_\_\_ evaluation revealed that the patient had been suffering from anxiety.

*adj.* of or relating to the treatment or study of mental illness or disorders

78. Her allure lies in her \_\_\_\_\_ rather than feminine beauty.

*adj.* having characteristics or an appearance that are usually regarded as typical or appropriate for men

ANSWERS: 71. athlete, 72. exposure, 73. risky, 74. essential, 75. mass, 76. impulsive, 77. psychiatric, 78. masculine

79. The school's diversity program aimed to promote \_\_\_\_\_ and understanding among the students.

*n.* the willingness to accept or tolerate something, especially something that is different or unpleasant

80. Health and \_\_\_\_\_ are, above all, gold.

*n.* the quality or state of being physically, or sometimes mentally, strong

81. He was \_\_\_\_\_ gifted.

*adv.* as might be expected; by natural manners

82. The \_\_\_\_\_ of the earthquake was measured at 7.8 on the Richter scale.

*n.* the extent, level, importance, or amount of something

83. The scientist conducted a study that provided \_\_\_\_\_ details about the species' behavior.

*adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

84. Federal bankruptcy laws \_\_\_\_\_ the reorganization process.

*v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

85. We have decided to extend our \_\_\_\_\_ contract until next year.

*n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses

86. Very few educational \_\_\_\_\_ go to Oxford or Cambridge.

*adj.* belonging to the wealthiest, most potent, best-educated, or best-trained group in a society

ANSWERS: 79. tolerance, 80. strength, 81. naturally, 82. magnitude, 83. specific, 84. prescribed, 85. maintenance, 86. elites

87. The \_\_\_\_\_ of the machinery caused a delay in production.  
*n.* a failure or collapse of a system or organization
88. The \_\_\_\_\_ team worked quickly to save the patient's life.  
*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
89. My accidental \_\_\_\_\_ got better right away.  
*n.* harm done to a person's or an animal's body caused by an accident or an attack
90. He grilled the \_\_\_\_\_ meat of a chicken.  
*n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
91. The sperm count is used as an indicator of male \_\_\_\_\_.  
*n.* the state or quality of being able to produce babies, young animals, fruit, or new plants
92. She excelled in \_\_\_\_\_ during high school and went on to compete at the collegiate level.  
*n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking
93. Some women report increased sexual pleasure from \_\_\_\_\_ stimulation.  
*adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
94. The shape of the DNA \_\_\_\_\_ is a double helix.  
*n.* a group of two or more atoms held together by attractive forces known as chemical bonds

ANSWERS: 87. breakdown, 88. medical, 89. injury, 90. breast, 91. fertility, 92. athletics, 93. clitoral, 94. molecule

95. He made an \_\_\_\_\_ donation of \$1,000 to the charity.

*adj.* completely; completely and without reservation; without any attempt at concealment

96. This artwork is \_\_\_\_\_ of her work.

*adj.* having the usual characteristics or traits of a specific group of things

97. The jacket is \_\_\_\_\_ so that you can wear it with the fur lining on the outside or the inside.

*adj.* capable of being turned or done in the opposite direction or way; capable of being reversed or undone

98. A \_\_\_\_\_ of the employees will be trained in the new software program.

*n.* a set of things that are contained within another larger set; a portion or division of a group or category

99. Global \_\_\_\_\_ is rising in virtually every industry.

*n.* a situation in which someone is attempting to beat or outperform another

100. Breast \_\_\_\_\_ is the most common type of cancer in women.

*n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

101. The shark's powerful \_\_\_\_\_ allowed it to swim at high speeds.

*n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

102. Training with sufficient intensity increases blood \_\_\_\_\_ levels.

*n.* a male hormone that is responsible for the development of male secondary sex characteristics

ANSWERS: 95. outright, 96. typical, 97. reversible, 98. subset, 99. competition, 100. cancer, 101. fins, 102. testosterone

ANSWERS: