# **Englist.me**

### Vocabulary Builder Reference from...

Patty McCord: 4 lessons the pandemic taught us about work, life and balance | TED Talk https://www.ted.com/talks/patty\_mccord\_4\_lessons\_t he\_pandemic\_taught\_us\_about\_work\_life\_and\_balan ce



#### Advanced Words Only

#### **IMPORTANT**

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#### **Session 1: Word List**

backstage	<ul> <li>adj. relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life</li> <li>synonym: behind-the-scenes, offstage, private</li> </ul>				
	(1) backstage access, (2) backstage crew				
	The <b>backstage</b> preparations for the concert took hours to complete.				
offstage	<ul> <li>adv. in a location outside of the stage area in a theater or other performance venue; not visible to the audience or spectators</li> <li>synonym: backstage, behind the scenes, off-camera</li> </ul>				
	<ol> <li>crack jokes offstage during the break, (2) quickly move the props offstage</li> </ol>				
	The actors were waiting anxiously <b>offstage</b> for their cue to go on.				
industrious	adj. hardworking, diligent, and persistent in effort synonym: diligent, hardworking, assiduous				
	(1) industrious worker, (2) industrious student				
	He was known to be very <b>industrious</b> and would often work				

	late into the night.
pandemic	<ul> <li><i>n.</i> an outbreak of a disease that affects many people over a very wide area</li> <li><i>synonym</i>: outbreak</li> </ul>
	(1) flu <b>pandemic</b> , (2) global <b>pandemic</b>
	They fear a <b>pandemic</b> of a new type of virus.
confuse	<ul> <li>v. to mistake one thing for another; to make somebody hard to understand</li> <li>synonym: confound, obscure, disorient</li> </ul>
	(1) <b>confuse</b> the listener, (2) <b>confuse</b> fantasy with reality
	Her remarks <b>confused</b> the debate.
waterfall	<ul> <li><i>n</i>. a point in a river or stream where water falls from a high place, for example, over a cliff or rock</li> <li><i>synonym</i>: cascade, falls, rapids</li> </ul>
	(1) scenic waterfall, (2) a waterfall with a fall of ten feet
	Years of river erosion have formed the uniquely shaped
	waterfall basin.
heartbeat	n. the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force
	synonym: beat, pulse, force
	(1) heartbeat abnormality, (2) a pounding heartbeat
	New York is the commercial heartbeat of America.
jot	<ul><li>v. to write quickly or briefly</li><li>synonym: note, scribble, write down</li></ul>
	(1) <b>jot</b> off a letter, (2) <b>jot</b> down ideas
	I'll jot down the address, so I don't forget it.
rethink	v. to consider again a plan, idea, etc., especially to change it
	synonym: reexplore, review, reconsider
	(1) <b>rethink</b> a marketing plan, (2) <b>rethink</b> the role of the

manager

We have to **rethink** our company's product lineup for further growth.

nostalgia	<ul> <li><i>n</i>. a sentimental longing or wistful affection for a period in the past</li> <li><i>synonym</i>: longing, wistfulness, yearning</li> </ul>
	(1) a warm <b>nostalgia</b> , (2) <b>nostalgia</b> trip
	The ice cream truck's sound brought back <b>nostalgia</b> for my childhood.
excite	<i>v.</i> to make someone feel suddenly enthusiastic or eager <i>synonym</i> : thrill, exhilarate, animate
	(1) excite the crowd, (2) excite rebellion
	The news of her promotion excited her.

# **Session 2: Spelling**

co e the listener to mistake one thing for another; to 1. v. make somebody hard to understand crack jokes of \_\_\_\_ge during the adv. in a location outside of the stage area in 2. a theater or other performance venue; break not visible to the audience or spectators he\_\_\_\_at abnormality the regular movement or sound of the 3. n. heart as it sends blood around the body; an animating or vital unifying force ind us worker adj. hardworking, diligent, and persistent in 4. effort co\_\_\_\_e fantasy with reality to mistake one thing for another; to 5. v. make somebody hard to understand a pounding he\_\_\_\_at 6. the regular movement or sound of the n. heart as it sends blood around the body; an animating or vital unifying force 7. j t off a letter to write quickly or briefly v. ba\_\_\_\_ge access adj. relating to or situated in the area behind 8. the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life quickly move the props of \_\_\_\_ge 9. adv. in a location outside of the stage area in a theater or other performance venue; not visible to the audience or spectators

ANSWERS: 1. confuse, 2. offstage, 3. heartbeat, 4. industrious, 5. confuse, 6. heartbeat, 7. jot, 8. backstage, 9. offstage

10. a wall with a fall of ten feet	n.	a point in a river or stream where water falls from a high place, for example, over a cliff or rock
11. rek the role of the manager	ν.	to consider again a plan, idea, etc., especially to change it
12. scenic waII	n.	a point in a river or stream where water falls from a high place, for example, over a cliff or rock
13. exe the crowd	v.	to make someone feel suddenly enthusiastic or eager
14. rek a marketing plan	v.	to consider again a plan, idea, etc., especially to change it
15. flu paic	n.	an outbreak of a disease that affects many people over a very wide area
16. noia trip	n.	a sentimental longing or wistful affection for a period in the past
17. global paic	n.	an outbreak of a disease that affects many people over a very wide area
18. j_t down ideas		to write quickly or briefly
19. indus student	adj.	hardworking, diligent, and persistent in effort
20. a warm noia	n.	a sentimental longing or wistful affection for a period in the past
21. exe rebellion	<i>v</i> .	to make someone feel suddenly enthusiastic or eager
22. bage crew	adj.	relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life

ANSWERS: 10. waterfall, 11. rethink, 12. waterfall, 13. excite, 14. rethink, 15. pandemic, 16. nostalgia, 17. pandemic, 18. jot, 19. industrious, 20. nostalgia, 21. excite, 22. backstage

#### ANSWERS:

## **Session 3: Fill in the Blanks**

- 1. The \_\_\_\_\_\_ preparations for the concert took hours to complete.
- *adj.* relating to or situated in the area behind the stage of a theater, concert, or other performance venues; relating to the private or hidden aspects of something, such as politics, business, or personal life
- 2. Years of river erosion have formed the uniquely shaped \_\_\_\_\_ basin.
- *n.* a point in a river or stream where water falls from a high place, for example, over a cliff or rock
- 3. The ice cream truck's sound brought back \_\_\_\_\_\_ for my childhood.
- *n.* a sentimental longing or wistful affection for a period in the past
- 4. The news of her promotion \_\_\_\_\_ her.
- v. to make someone feel suddenly enthusiastic or eager
- 5. He was known to be very \_\_\_\_\_\_ and would often work late into the night. *adj.* hardworking, diligent, and persistent in effort
- 6. I'll <u>down the address</u>, so I don't forget it.
- *v.* to write quickly or briefly
- 7. The actors were waiting anxiously \_\_\_\_\_ for their cue to go on.
- *adv.* in a location outside of the stage area in a theater or other performance venue; not visible to the audience or spectators
- 8. New York is the commercial \_\_\_\_\_ of America.
- *n.* the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force

ANSWERS: 1. backstage, 2. waterfall, 3. nostalgia, 4. excited, 5. industrious, 6. jot, 7. offstage, 8. heartbeat

- 9. They fear a \_\_\_\_\_ of a new type of virus.
- *n.* an outbreak of a disease that affects many people over a very wide area
- 10. We have to \_\_\_\_\_\_ our company's product lineup for further growth.
- v. to consider again a plan, idea, etc., especially to change it
- 11. Her remarks \_\_\_\_\_ the debate.
- *v.* to mistake one thing for another; to make somebody hard to understand

ANSWERS: 9. pandemic, 10. rethink, 11. confused