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Vocabulary Builder Reference from...

Afrika Afeni Mills: 4 ways to have healthy conversations about race | TED Talk https://www.ted.com/talks/afrika_afeni_mills_4_ways_to_have_healthy_conversations_about_race



All Words

IMPORTANT

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Session 1: Word List

panther

a large and powerful wildcat with a distinctive sleek
 black coat found primarily in the Americas, Africa, and
 Asia

synonym: panthera, big cat, feline

(1) black panther, (2) panther habitat

The **panther's** sleek black coat and piercing yellow eyes make for a striking vision in the forest.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

unlikely

adj. not probable or likely to happen

synonym: doubtful, questionable, far-fetched

(1) **unlikely** event, (2) it is **unlikely** that he would win the game

The passage of the bill is **unlikely**.

encounter

 to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet,

especially unexpectedly

synonym: meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm I'm prepared to **encounter** challenges throughout this adventure.

autograph

- a person's signature or handwritten inscription, especially that of a famous or admired individual
- synonym: signature, sign-off, inscription
- (1) autograph collection, (2) celebrity autographI was thrilled to get the autograph of my favorite musician after the concert.

transcribe

- v. to copy or reproduce something in written or printed form; to translate spoken language into written textsynonym: copy, record, transliterate
- (1) **transcribe** notes, (2) **transcribe** documents

 She needs to **transcribe** the interview recording to write the article for the magazine.

autobiography

n. a written account of someone's own life, written by that person

synonym: bio, life story, biography

(1) **autobiography** of his early life, (2) fictionalized **autobiography**

She wrote an **autobiography** detailing her journey from poverty to success.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym: cite, allude, mention

(1) refer to a book, (2) refer to a map

Please **refer** to the instruction manual for further assistance.

commonplace

adj. occurring very often; lacking originality or interest synonym: ordinary, routine, mundane

(1) become a **commonplace** sight, (2) **commonplace** event

Forgetting someone's name is a **commonplace** occurrence.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

conversation

 an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation** Your **conversation** reflects your thoughts.

racial

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

synonym: ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds A minor **racial** conflict later led to a civil war.

predominantly

adv. mainly, mostly, or primarily; having the greatest influence or power in a particular situation or groupsynonym: mostly, chiefly, largely

(1) **predominantly** rural, (2) **predominantly** Christian The neighborhood is **predominantly** made up of young families with children.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**Some **emotions** are common across cultures and backgrounds.

frustrate

to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

synonym: hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

educator

- n. a person who teaches or educates people synonym: teacher, instructor, lecturer
- (1) business **educator**, (2) duty as an **educator** She is an **educator** with progressive ideas.

honor

 n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

synonym: integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors I claim on my **honor** that it is true.

dignity

 the quality of being worthy of esteem or respect; high office or rank or station

synonym: grace, elegance, nobility

(1) respect for human **dignity**, (2) retain everyone's **dignity**. The failure destroyed his trust and personal **dignity**.

luxury

 a state of great comfort or sophistication, mainly provided by expensive and beautiful things

synonym: extravagance, indulgence, opulence

(1) get into the **luxury** car market, (2) **luxury** hotel His anti- **luxury** practices were quite strict.

necessity

- n. the state or fact of being needed; anything indispensablesynonym: need, essentiality, prerequisite
- (1) in great **necessity**, (2) the **necessity** of the concrete measure

He emphasized the **necessity** of immediate action.

malleable

adj. able to be easily shaped, molded, or manipulated, particularly in a physical or metaphorical sense; capable of being adapted or changed according to different circumstances or situations

synonym: flexible, adaptable, pliable

(1) malleable clay, (2) malleable attitude

Gold is a **malleable** metal that can be easily shaped into different forms.

instrument

 an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

synonym: apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**This electronic **instrument** is required to undergo periodic inspections to ensure precision.

fluent

adj. able to communicate in a specific language smoothly or effectively, or easily

synonym: eloquent, articulate, smooth-spoken

(1) fluent Chinese, (2) in a fluent tone

She learned five languages but is only **fluent** in two of them.

misstep

 a mistake or error in judgment or action, often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement

synonym: mistake, blunder, fumble

(1) recover from a **misstep**, (2) navigating **missteps**She took a **misstep** on the stairs and tumbled down to the bottom.

bias

 a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

synonym: inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender bias in politics.

dialogue

- n. a conversation in a book, play, or filmsynonym: conversation, discussion, talk
- (1) Platonic **dialogues**, (2) the form of a **dialogue**He recorded the **dialogue** at the time of the incident.

discuss

 to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

identify

 to recognize someone or something and say or prove who or what they are synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences I will introduce you to how to **identify** the leading causes of the malfunction.

explore

 to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

synonym: analyze, delve into, examine

explore the world, (2) explore our options
 The management must explore strategies to increase office security.

confront

 to face, meet or deal with a problem or difficult situation or person

synonym: engage, encounter, contend

- (1) **confront** a global warming, (2) **confront** the issue He finally decided to **confront** problems directly.
- n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym: prejudice, discrimination, bias

systemic racism, (2) research on anti- racism
 The school's lack of diversity was a clear indication of the racism present in the community.

survey

 an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

synonym: study, examination, poll

(1) a comprehensive **survey**, (2) recent **survey**That **survey** shows that people are accepting the tax increase to some extent.

racist

adj. characterized by or showing discrimination or prejudice against people of other races; (noun) a person with a prejudiced belief that one racial group is superior to others

synonym: discriminatory, prejudiced, bigoted

(1) far-right racist, (2) racist attitudes

The **racist** comments made by the politician caused widespread condemnation.

statistics

- the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- (1) **statistics** for cancer, (2) official **statistics**The **statistics** demonstrate that poverty and unemployment are genuine problems.

instruction

 detailed direction, order, etc., on how to do or use something

synonym: education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**They needed further **instruction** to perform their duties efficiently.

external

adj. belonging to or situated outside of someone or something

synonym: outside, exterior, foreign

(1) external factors, (2) external commerce

When a company discloses information to the market, an **external** auditor verifies them.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life

The former emperor had a particular **influence** even after he abdicated.

locus

 a central or focal point; a place where something happens or is centered around

synonym: location, place, site

(1) locus of control, (2) genetic locus

The **locus** of the problem was found to be in the software code, which needed to be fixed before launch.

underlying

 adj. significant as a cause or basis of something but not immediately apparent or stated clearly

synonym: fundamental, latent, basic

(1) an **underlying** motive, (2) an **underlying** cause of an accident

The underlying principle of every business was identical.

manifestation

 a visible or tangible form of something, especially a particular sign of a disease or condition

synonym: expression, embodiment, presentation

(1) **manifestation** of a deeper problem, (2) **manifestation** of psychological stress

The **manifestation** of his anxiety was evident in his shaking hands.

substantial

adj. fairly large in size, value, or importance

synonym: significant, notable, actual

(1) a **substantial** amount of capital, (2) have a **substantial** meal

The pandemic was a **substantial** business opportunity for certain companies.

essential

adj. indispensable; fundamental *synonym*: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life Trial and error is an **essential** part of education.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym: beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties He tried to **overcome** a bad reputation and win the election.

attempt

 an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third attempt was far more successful.

uncomfortable

adj. providing or feeling physical discomfort or slight pain synonym: comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me uncomfortable.

surround

- v. to be all around something or somebody synonym: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace On three sides, mountains **surround** the settlement.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly committed to meeting customers'

needs.

colleague

 one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

collaborate with colleagues,
 former colleague
 decided to seek counseling on the advice of my colleague.

cofounder

- one of several people who establishes an organization or starts a business
- (1) cofounder of the university, (2) late cofounderHe is the cofounder and chairman of this tech company.

facilitate

- v. to make something easier or more likely to happen synonym: aid, assist, help
- (1) **facilitate** a smooth transition, (2) **facilitate** the process The company implemented a new software system to **facilitate** employee communication and collaboration.

regularly

adv. at regular intervals or timessynonym: repeatedly, routinely, usually

(1) regularly arranged, (2) post regularly to a blog

This site **regularly** shares high-quality academic materials.

silent

adj. without any or little soundsynonym: quiet, hushed, mute

(1) silent reading, (2) give silent consent

The politician remained silent despite intense media scrutiny.

conflict

 a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

intentionally

adv. in a planned or intended way

synonym: knowingly, calculatedly, deliberately

(1) she hit him **intentionally**, (2) She **intentionally** spread misleading information.

She would never **intentionally** hurt anyone.

surrounding

adj. that is near or around, or closely encircling something *synonym*: circumferent, encircling, neighboring

(1) **surrounding** areas, (2) a fence **surrounding** a castle The **surrounding** mountains make the city difficult to be invaded.

affirm

- v. to assert that something is true or real; to state positively synonym: declare, avow, assert
- (1) **affirm** old traditions, (2) **affirm** strong identity I **affirm** that I will always stand by my beliefs.

perspective

a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle His father's death changed his whole **perspective** on life.

broad

adj. very wide; general

synonym: wide, expansive, comprehensive

(1) attract **broad** attention, (2) a **broad** mind

He accumulated wealth across a **broad** spectrum of assets.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual The terrorist's **identity** remains unknown.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

discomfort

 a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain

synonym: affliction, despair, ache

(1) endure **discomfort** and pain, (2) **discomfort** in the abdomen

He felt no **discomfort** as the dentist drilled his deadened tooth.

isolate

to physically or socially separate someone or something from other people or things

synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient You should not **isolate** them from the community.

mention

- v. to speak or write about something or someone briefly synonym: reference, allude, cite
- (1) **mention** name, (2) **mention** in a report I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

confusion

 the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**The sudden policy change has caused **confusion** among employees.

similarly

adv. in almost the same way synonym: also, likewise, ditto

(1) **similarly** situated, (2) have **similarly** great abilities We argue that wages for temporary workers should **similarly** rise.

sustainable

adj. able to continue or be continued for a long time synonym: continuable, endurable, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

navigate

v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

synonym: guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document Our knowledge helps **navigate** our clients successfully.

envision

v. to imagine or expect what a situation will be like in the future

synonym: anticipate, foresee, picture

(1) **envision** the future, (2) **envision** the project's success We cannot **envision** her as President.

resistance

 the act of defending oneself from an aggressor or refusing to accept something

synonym: opposition, antagonism, defiance

(1) **resistance** movement, (2) **resistance** to insulin The bill to increase the consumption tax had passed despite much **resistance** from the public.

react

v. to take action in response to something

synonym: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

messy

adj. disorganized and untidy

synonym: cluttered, disorganized, untidy

(1) messy data, (2) messy handling

His **messy** bedroom is always a source of frustration for his mother.

scary

adj. causing fear or fright; frightening; intimidating

synonym: terrifying, frightening, alarming

(1) scary dream, (2) scary story

The horror movie was so **scary** that I couldn't watch it alone.

unpack

 to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

synonym: dissect, unwrap, unbox

(1) unpack a crate, (2) unpack a concept

I need to **unpack** my suitcase and put my clothes away.

perception

a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

synonym: understanding, idea, awareness

(1) keen **perception**, (2) **perception** of a stimulus He is a man admired for the depth of his **perception**.

conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded He became **conscious** that he was being followed.

engaging

adj. attracting, pleasant, or charming

synonym: alluring, interesting, engrossing

(1) engaging story, (2) an engaging smile

She was disbarred for her **engaging** in fraud.

purposely

adv. with the intention of doing something; deliberately synonym: intentionally, deliberately, on purpose

(1) **purposely** ignored, (2) **purposely** vague

She **purposely** left her phone at home to disconnect and enjoy her vacation.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

- (1) **engage** in environmental protection activities,
- (2) engage a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

expand

 ν . to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output They hope to **expand** their business worldwide.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

recognize

 to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) recognize talent, (2) recognize achievementIt's important to recognize your strengths and weaknesses.

sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

synonym: maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle

She struggled to **sustain** the children's reading habits.

contribute

- v. to give something, especially money or goods, to provide or achieve something together with other people synonym: donate, devote, commit
- (1) **contribute** a large sum of money to the fund,
- (2) contribute to society

Government workers cannot **contribute** to political campaigns.

well-being

- n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness
- (1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

courageous

adj. able to face and deal with danger or fear without flinching

synonym: brave, valiant, fearless

(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

Session 2: Spelling

1.	post rely to a blog	adv.	at regular intervals or times
2.	enng story	adj.	attracting, pleasant, or charming
3.	a fence surng a castle	adj.	that is near or around, or closely encircling something
4.	ret at a high temperature	v.	to take action in response to something
5.	have a bs toward socialism	n.	a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
6.	an uncble silence	adj.	providing or feeling physical discomfort or slight pain
7.	frte the advancement	v.	to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
8.	sily situated	adv.	in almost the same way
9.	afraid to show emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
10.	in a flt tone	adj.	able to communicate in a specific language smoothly or effectively, or easily
11.	have sily great abilities	adv.	in almost the same way
12.	administrative coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty

ANSWERS: 1. regularly, 2. engaging, 3. surrounding, 4. react, 5. bias, 6. uncomfortable, 7. frustrate, 8. similarly, 9. emotion, 10. fluent, 11. similarly, 12. confusion

13.	resle action	adj.	answerable or accountable for something within one's power, control, or management
14.	womanly hor	n.	high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
15.	ener a storm	v.	to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
16.	retain everyone's diy	n.	the quality of being worthy of esteem or respect; high office or rank or station
17.	an enng smile	adj.	attracting, pleasant, or charming
18.	dis options	v.	to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
19.	ral prejudice	adj.	of or related to the race (= classification of humans into groups based on physical traits or social relations)
20.	idty as an individual	n.	the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
21.	mey handling	adj.	disorganized and untidy
22.	ener a crisis	v.	to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

ANSWERS: 13. responsible, 14. honor, 15. encounter, 16. dignity, 17. engaging, 18. discuss, 19. racial, 20. identity, 21. messy, 22. encounter

23.	mistaken idty	n.	the fact of being who or what somebod or something is; the features, emotions or ideas that distinguish persons from one another
24.	trabe notes	ν.	to copy or reproduce something in written or printed form; to translate spoken language into written text
25.	idfy handwriting	<i>v</i> .	to recognize someone or something and say or prove who or what they are
26.	los of control	n.	a central or focal point; a place where something happens or is centered around
27.	a sense of welng	n.	the state of being happy and healthy and prosperous
28.	a subal amount of capital	adj.	fairly large in size, value, or importance
29.	control my emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood or relationships with others
30.	afm strong identity	<i>v</i> .	to assert that something is true or real; to state positively
31.	fictionalized autphy	n.	a written account of someone's own life written by that person
32.	manion of psychological stress	n.	a visible or tangible form of something, especially a particular sign of a disease or condition
33.	a comprehensive suy	n.	an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

ANSWERS: 23. identity, 24. transcribe, 25. identify, 26. locus, 27. well-being, 28. substantial, 29. emotion, 30. affirm, 31. autobiography, 32. manifestation, 33. survey

34.	exe the world	<i>v</i> .	to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
35.	dis solutions	<i>v</i> .	to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
36.	the perve of the battle	n.	a confident attitude toward something; a particular style of thinking about something
37.	scy dream	adj.	causing fear or fright; frightening; intimidating
38.	exd a lineup	<i>v</i> .	to increase or to make something greater in size, number, or importance
39.	collaborate with coues	n.	one of a group of a coworker, especially in a profession or a business
40.	reze talent	<i>v</i> .	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
41.	official stacs	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
42.	unly event	adj.	not probable or likely to happen
43.	cous effort	adj.	being aware of and able to respond to what is happening around you
44.	conion in English	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.

а

ANSWERS: 34. explore, 35. discuss, 36. perspective, 37. scary, 38. expand, 39. colleague, 40. recognize, 41. statistics, 42. unlikely, 43. conscious, 44. conversation

45.	scy story	adj.	causing fear or fright; frightening; intimidating
46.	the longstanding coct	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
47.	navigating mips	n.	a mistake or error in judgment or action often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement
48.	mey data	adj.	disorganized and untidy
49.	dep a strategy	<i>v</i> .	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
50.	a friendly conion	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
51.	become a comce sight	adj.	occurring very often; lacking originality or interest
52.	late coer	n.	one of several people who establishes an organization or starts a business
53.	sund a town	<i>v</i> .	to be all around something or somebody
54.	surgical insnts	n.	an object used to make musical sounds such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

ANSWERS: 45. scary, 46. conflict, 47. misstep, 48. messy, 49. develop, 50. conversation, 51. commonplace, 52. cofounder, 53. surround, 54. instrument

55.	esal commodities of life	adj.	indispensable; fundamental
56.	coal swimming pool	adj.	belonging to or used by a group rather than individuals; for common use
57.	former coue	n.	one of a group of a coworker, especially in a profession or a business
58.	comce event	adj.	occurring very often; lacking originality or interest
59.	She intlly spread misleading information.	adv.	in a planned or intended way
60.	coal combination of funds	adj.	belonging to or used by a group rather than individuals; for common use
61.	black par	n.	a large and powerful wildcat with a distinctive sleek black coat found primarily in the Americas, Africa, and Asia
62.	Platonic diues	n.	a conversation in a book, play, or film
63.	a perve view	n.	a confident attitude toward something; a particular style of thinking about something
64.	an undng cause of an accident	adj.	significant as a cause or basis of something but not immediately apparent or stated clearly
65.	research on anti-ram	n.	prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
66.	follow his insons	n.	detailed direction, order, etc., on how to do or use something

ANSWERS: 55. essential, 56. communal, 57. colleague, 58. commonplace, 59. intentionally, 60. communal, 61. panther, 62. dialogue, 63. perspective, 64. underlying, 65. racism, 66. instruction

67.	ince a child's future	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
68.	facte the process	<i>v</i> .	to make something easier or more likely to happen
69.	principles of susle development	adj.	able to continue or be continued for a long time
70.	ene a new employee	<i>v</i> .	to attract and keep someone's attention and interest; to participate in or obtain services of something
71.	ret against his way of thinking	<i>v</i> .	to take action in response to something
72.	keen peron	n.	a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see hear, or notice something through the senses
73.	pretly rural	adv.	mainly, mostly, or primarily; having the greatest influence or power in a particular situation or group
74.	enon the future	v.	to imagine or expect what a situation will be like in the future
75.	resce movement	n.	the act of defending oneself from an aggressor or refusing to accept something
76.	manion of a deeper problem	n.	a visible or tangible form of something, especially a particular sign of a disease or condition
77.	exal commerce	adj.	belonging to or situated outside of someone or something

ANSWERS: 67. influence, 68. facilitate, 69. sustainable, 70. engage, 71. react, 72. perception, 73. predominantly, 74. envision, 75. resistance, 76. manifestation, 77. external

86. pu____ly vague adv. with the intention of doing something; deliberately
87. es____al amino acid adj. indispensable; fundamental

ANSWERS: 78. contribute, 79. perception, 80. racist, 81. substantial, 82. equip, 83. sustain, 84. conflict, 85. surrounding, 86. purposely, 87. essential

- 88. su n a wellness lifestyle 89. b s against a big company 90. is____e a compound 91. me___n in a report 92. the ne____ty of the concrete measure 93. si t reading 94. eq__p our children with some special skills 95. cou us rescue attempt 96. recover from a mi____p 97. de___p a skill
- v. to supply enough of what somebody or something needs to survive or exist; to accept as valid
- a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
- v. to physically or socially separate someone or something from other people or things
- v. to speak or write about something or someone briefly
- *n.* the state or fact of being needed; anything indispensable
- adj. without any or little sound
- v. to provide a person or a place with the things that are needed for a particular purpose or activity
- adj. able to face and deal with danger or fear without flinching
- a mistake or error in judgment or action, often resulting in an awkward or embarrassing situation; a misjudged or poorly executed step or movement
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 88. sustain, 89. bias, 90. isolate, 91. mention, 92. necessity, 93. silent, 94. equip, 95. courageous, 96. misstep, 97. develop

98. give sit consent	adj.	without any or little sound
99. coer of the university	n.	one of several people who establishes an organization or starts a business
100. a stone wall sunds the palace	v.	to be all around something or somebody
101. make a couus decision	adj.	able to face and deal with danger or fear without flinching
102. with an uncble face	adj.	providing or feeling physical discomfort or slight pain
103. recent suy	n.	an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
104. enge antisocial behavior	<i>v</i> .	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
105. ovme opponents	<i>v</i> .	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
106. an undng motive	adj.	significant as a cause or basis of something but not immediately apparent or stated clearly
107. resce to insulin	n.	the act of defending oneself from an aggressor or refusing to accept something
108. far-right rat	adj.	characterized by or showing discrimination or prejudice against people of other races; (noun) a person with a prejudiced belief that one racial group is superior to others

ANSWERS: 98. silent, 99. cofounder, 100. surround, 101. courageous, 102. uncomfortable, 103. survey, 104. encourage, 105. overcome, 106. underlying, 107. resistance, 108. racist

109. in great coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty
110. reze achievement	ν.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
111. genetic los	n.	a central or focal point; a place where something happens or is centered around
112. rer to a book	v.	to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
113. luy hotel	n.	a state of great comfort or sophistication, mainly provided by expensive and beautiful things
114. cont the issue	ν.	to face, meet or deal with a problem or difficult situation or person
115. unk a crate	ν.	to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
116. ince the daily life	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
117. male clay	adj.	able to be easily shaped, molded, or manipulated, particularly in a physical or metaphorical sense; capable of being adapted or changed according to different circumstances or situations

ANSWERS: 109. confusion, 110. recognize, 111. locus, 112. refer, 113. luxury, 114. confront, 115. unpack, 116. influence, 117. malleable

118. the form of a diue	n.	a conversation in a book, play, or film
119. conte a large sum of money to the fund	v.	to give something, especially money or goods, to provide or achieve something together with other people
120. male attitude	adj.	able to be easily shaped, molded, or manipulated, particularly in a physical of metaphorical sense; capable of being adapted or changed according to different circumstances or situations
121. systemic ram	n.	prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
122. puly ignored	adv.	with the intention of doing something; deliberately
123. trabe documents	v.	to copy or reproduce something in written or printed form; to translate spoken language into written text
124. men name	<i>v</i> .	to speak or write about something or someone briefly
125. exe our options	ν.	to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
126. stacs for cancer	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
127. musical insnts	n.	an object used to make musical sounds such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

ANSWERS: 118. dialogue, 119. contribute, 120. malleable, 121. racism, 122. purposely, 123. transcribe, 124. mention, 125. explore, 126. statistics, 127. instrument

128. a reckless att	n.	an act or effort of trying to do something, especially something difficult
129. the welng of a nation	n.	the state of being happy and healthy and prosperous
130. flt Chinese	adj.	able to communicate in a specific language smoothly or effectively, or easily
131. the att to rescue the hostages	n.	an act or effort of trying to do something, especially something difficult
132. get into the luy car market	n.	a state of great comfort or sophistication, mainly provided by expensive and beautiful things
133. rer to a map	ν.	to direct someone's attention, thoughts or questions to another source or person; to mention, cite, or allude to something as evidence or support
134. even more unfely	adv.	by bad luck; unluckily
135. pretly Christian	adv.	mainly, mostly, or primarily; having the greatest influence or power in a particular situation or group
136. she hit him intlly	adv.	in a planned or intended way
137. afm old traditions	ν.	to assert that something is true or real; to state positively
138. enon the project's success	<i>v</i> .	to imagine or expect what a situation will be like in the future
139. rely arranged	adv.	at regular intervals or times

ANSWERS: 128. attempt, 129. well-being, 130. fluent, 131. attempt, 132. luxury, 133. refer, 134. unfortunately, 135. predominantly, 136. intentionally, 137. affirm, 138. envision, 139. regularly

ANSWERS: 140. sustainable, 141. conscious, 142. frustrate, 143. discomfort, 144. unfortunately, 145. unpack, 146. unlikely, 147. external, 148. encourage, 149. panther

Asia

adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
adj.	of or related to the race (= classification of humans into groups based on physical traits or social relations)
adj.	very wide; general
n.	a written account of someone's own life written by that person
n.	detailed direction, order, etc., on how to do or use something
adj.	answerable or accountable for something within one's power, control, or management
n.	the state or fact of being needed; anything indispensable
n.	the quality of being worthy of esteem or respect; high office or rank or station
ν.	to make something easier or more likely to happen
n.	high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
n.	a person's signature or handwritten inscription, especially that of a famous or admired individual
	adj. n. n. n. n. n.

ANSWERS: 150. committed, 151. racial, 152. broad, 153. autobiography, 154. instruction, 155. responsible, 156. necessity, 157. dignity, 158. facilitate, 159. honor, 160. autograph

161.	exd agricultural output	<i>v</i> .	to increase or to make something greater in size, number, or importance
162.	celebrity auph	n.	a person's signature or handwritten inscription, especially that of a famous or admired individual
163.	ene in environmental protection activities	<i>v</i> .	to attract and keep someone's attention and interest; to participate in or obtain services of something
164.	attract brd attention	adj.	very wide; general
165.	business edor	n.	a person who teaches or educates people
166.	in a coed relationship	adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
167.	nate through a document	<i>v</i> .	to plan and direct the way that a ship, plane, etc. will travel, often by using a map
168.	endure disrt and pain	n.	a feeling of being uncomfortable physically or mentally or being embarrassed; a slight pain
169.	ovme all difficulties	ν.	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
170.	idfy gene sequences	<i>v</i> .	to recognize someone or something and say or prove who or what they are
171.	nate the Pacific	<i>v</i> .	to plan and direct the way that a ship, plane, etc. will travel, often by using a map

ANSWERS: 161. expand, 162. autograph, 163. engage, 164. broad, 165. educator, 166. committed, 167. navigate, 168. discomfort, 169. overcome, 170. identify, 171. navigate

- 172. co____nt a global warming
- 173. duty as an ed____or
- 174. is____e a patient

- v. to face, meet or deal with a problem or difficult situation or person
- *n.* a person who teaches or educates people
- v. to physically or socially separate someone or something from other people or things

ANSWERS: 172. confront, 173. educator, 174. isolate

Session 3: Fill in the Blanks

1.	Gold is a metal that can be easily shaped into different forms.
adj	able to be easily shaped, molded, or manipulated, particularly in a physical or metaphorical sense; capable of being adapted or changed according to different circumstances or situations
2.	The principle of every business was identical.
adj	significant as a cause or basis of something but not immediately apparent or stated clearly
3.	They hope to their business worldwide.
ν.	to increase or to make something greater in size, number, or importance
4.	We need to the next steps for the project during our meeting tomorrow.
<i>v</i> .	to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
5.	Some are common across cultures and backgrounds.
n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
6.	On three sides, mountains the settlement.
ν.	to be all around something or somebody
	His bedroom is always a source of frustration for his mother.
adj	i. disorganized and untidy
8.	The mountains make the city difficult to be invaded.
adj	i. that is near or around, or closely encircling something
	SWERS: 1. malleable, 2. underlying, 3. expand, 4. discuss, 5. emotions, 6.

9.	The passage of the bill is		
adj	not probable or likely to happen		
10.	The of his anxiety was evident in his shaking hands.		
n.	a visible or tangible form of something, especially a particular sign of a disease or condition		
11.	He is the and chairman of this tech company.		
n.	one of several people who establishes an organization or starts a business		
12.	I will introduce you to how to the leading causes of the malfunction.		
v.	to recognize someone or something and say or prove who or what they are		
13.	Government workers cannot to political campaigns.		
v.	to give something, especially money or goods, to provide or achieve something together with other people		
14.	I'm prepared to challenges throughout this adventure.		
<i>v</i> .	to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly		
15.	Please to the instruction manual for further assistance.		
v.	to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support		
16.	The failure destroyed his trust and personal		
n.	the quality of being worthy of esteem or respect; high office or rank or station		
17.	7. I decided to seek counseling on the advice of my		
n.	one of a group of a coworker, especially in a profession or a business		
	SWERS: 9. unlikely, 10. manifestation, 11. cofounder, 12. identify, 13. contribute, encounter, 15. refer, 16. dignity, 17. colleague		

Vocab-Builder Ref from "Afrika Afeni Mills: 4 ways to have healthy conversations about race | TED Talk" (87 words)

26. His abusive words made me
adj. providing or feeling physical discomfort or slight pain
27. The former emperor had a particular even after he abdicated.
n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself
28. They needed further to perform their duties efficiently.
n. detailed direction, order, etc., on how to do or use something
29. How did he to your idea?
v. to take action in response to something
30. The politician remained despite intense media scrutiny. adj. without any or little sound
31. She was disbarred for her in fraud.
adj. attracting, pleasant, or charming
32. I that I will always stand by my beliefs.
v. to assert that something is true or real; to state positively
33. I was thrilled to get the of my favorite musician after the concert.
 a person's signature or handwritten inscription, especially that of a famous or admired individual
34. It's important to your strengths and weaknesses.
v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
ANSWERS: 26. uncomfortable, 27. influence, 28. instruction, 29. react, 30. silent, 31 engaging, 32. affirm, 33. autograph, 34. recognize

perception, 41. substantial, 42. Communal

ANSWERS: 51. purposely, 52. unpack, 53. conscious, 54. racial, 55. panther's, 56. predominantly, 57. discomfort, 58. statistics

unfortunately, 65. frustrate, 66. commonplace

ANSWERS: 67. racist, 68. educator, 69. instrument, 70. sustain, 71. survey, 72. transcribe, 73. engaged

ANSWERS: 74. confront, 75. essential, 76. equipped, 77. locus, 78. committed, 79. attempt, 80. mentioned, 81. perspective

ANSWERS: 82. resistance, 83. facilitate, 84. overcome, 85. develop, 86. identity, 87. intentionally