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Taken for Granted: Brené Brown on What

Vulnerability Isn't | TED Talk

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Advanced Words Only

IMPORTANT

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Session 1: Word List

- gist** *n.* the essence or main point of a text, speech, or situation
synonym: essence, core, summary
(1) the **gist** of a claim, (2) get the **gist**
The **gist** of the article was that technology is rapidly changing our world.
- rethink** *v.* to consider again a plan, idea, etc., especially to change it
synonym: reexplore, review, reconsider
(1) **rethink** a marketing plan, (2) **rethink** the role of the manager
We have to **rethink** our company's product lineup for further growth.
- empathy** *n.* the ability to share another person's feelings or experiences by imagining that person's situation
synonym: compassion, sympathy, tenderness
(1) full of **empathy**, (2) **empathy** for patients
Empathy is also necessary to understand history.
- sham** *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

outsmart

v. to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic

synonym: outwit, beat, surpass

(1) **outsmart** the competition, (2) **outsmart** a conspiracy

He could **outsmart** his opponents with his quick thinking and strategic planning.

fascinate

v. to attract and hold the attention of someone deeply and irresistibly

synonym: captivate, intrigue, mesmerize

(1) **fascinate** the public, (2) **fascinate** the young

The magic tricks **fascinated** the children.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

nuance

n. a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

synonym: shading, refinement, subtlety

(1) rich in **nuance**, (2) subtle cultural **nuance**

The painter has tried to express every **nuance** of the woman's expression in his work.

dispel

v. to remove something, especially a feeling of fear, doubt, and false idea

synonym: chase away, allay, disperse

(1) **dispel** a painful feeling, (2) **dispel** baseless rumors

This program aims to **dispel** certain misconceptions about the disease.

ethos

n. the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person

synonym: principles, ideology, philosophy

(1) **ethos** of science, (2) corporate **ethos**

Medical students need to acquire not only knowledge but also a professional **ethos** of a doctor.

huddle

v. to crowd or press closely together; cuddle

synonym: cluster, crowd, group

(1) **huddle** in a temporary shelter, (2) **huddle** around the open fire

The children **huddled** together for warmth in the cold winter storm.

cynicism

n. a belief or attitude of distrust or skepticism, particularly concerning the motives or integrity of other people; an inclination to believe that people are motivated purely by self-interest

synonym: distrust, skepticism, pessimism

(1) **cynicism** towards politics, (2) intellectual **cynicism**

His constant **cynicism** made it difficult for him to connect with others.

psychoanalysis

n. a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind

(1) freudian **psychoanalysis**, (2) **psychoanalysis** technique

She sought **psychoanalysis** to understand her childhood traumas.

admiration

n. the feeling or attitude of respect and approval for someone or something

synonym: respect, esteem, appreciation

(1) ungrudging **admiration**, (2) **admiration** by other people

The artist received **admiration** for their work from critics and

fans alike.

redefine

v. to change the meaning or interpretation of something; to make people think about something in a new or different way

synonym: reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role

The video telephony application has **redefined** the way we work.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

midlife

n. the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness

(1) **midlife** depression, (2) **midlife** changes

Many people go through a **midlife** crisis and contemplate major life changes.

peel

v. to remove the skin of fruit and vegetables

synonym: pare, unclothe, disrobe

(1) **peel** a fruit, (2) **peel** off easily

The storm had **peeled** all paint off the siding.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) **doe** rabbit, (2) buck and **doe**

Hunters use a whistle that makes the **doe** sound to lure stags.

resonate

v. to be filled with a deep echoing sound

synonym: echo, reverberate, resound

(1) deeply **resonate** with the consumers, (2) **resonate** in the same frequency

The sound **resonates** well in this theater.

masculine

adj. having characteristics or an appearance that are usually regarded as typical or appropriate for men

synonym: male, mannish, manly

(1) wear **masculine** attire, (2) **masculine** beauty

Her allure lies in her **masculine** rather than feminine beauty.

imperfectly

adv. in a faulty or incomplete way

synonym: amiss, insufficiently, clumsily

(1) **imperfectly** developed, (2) **imperfectly** known disease

He created an **imperfectly** shaped torso.

setback

n. an unfortunate happening that hinders or impedes; a reversal or check in progress

synonym: obstacle, hindrance, difficulty

(1) major **setback**, (2) suffer a **setback**

The team experienced a **setback** when their star player was injured during the game.

precarious

adj. not securely held or in position; dangerously unstable or uncertain; dependent on chance or uncertain conditions

synonym: precariousness, instability, uncertainty

(1) **precarious** job, (2) **precarious** financial situation

She had a **precarious** hold on the ladder and was afraid to move.

masculinity

n. the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly

synonym: manliness, virility, machismo

(1) **masculinity** norms, (2) toxic **masculinity**

Research has shown that rigid ideas of **masculinity** can contribute to domestic violence and other forms of abuse.

- spit** v. to eject saliva or other liquid from the mouth
synonym: expectorate, saliva, spew
(1) **spit** a bullet, (2) **spit** a mouthful of saliva
She tried to **spit** out the gum that she had been chewing.
- jean** n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
synonym: denim, cotton, pants
(1) a **jean** skirt, (2) **jean** denim
She wore her favorite pair of **jeans** to the party.
- firefighter** n. a person whose job is to extinguish fires
(1) forest **firefighter**, (2) decided to be a **firefighter**
The **firefighter** broke into the house bravely to rescue the children.
- irreducible** *adj.* impossible to reduce or simplify to a simpler form or substance; essential or fundamental to the nature of something
synonym: indivisible, fundamental, essential
(1) **irreducible** complexity, (2) **irreducible** minimum
He believed that the complexity of human emotions was **irreducible** to simple explanations or formulas.
- intellect** n. the ability to think logically and comprehend information, especially at an advanced level
synonym: mind, brightness, cleverness
(1) enrich my **intellect**, (2) human **intellect**
Your **intellect** is capable of distinguishing among similar objects.
- courageous** *adj.* able to face and deal with danger or fear without flinching
synonym: brave, valiant, fearless
(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

daring

adj. brave and taking risks

synonym : audacious, bold, venturesome

(1) **daring** escape, (2) make a **daring** face

Her choices become increasingly **daring** and creative.

nudge

v. to push someone or something gently, especially with your elbow, to attract the person's attention; (noun) a small push or prod to encourage a desired action or behavior

synonym : bump, elbow, (noun) prod

(1) **nudge** price levels up, (2) give a person a **nudge**

The teacher **nudged** the student to get his attention and asked him a question.

embed

v. to fix or set firmly in a surrounding mass

synonym : entrench, fix, set

(1) **embed** scripts in the message, (2) **embed** a sensor

The company **embedded** a tracking code in the product's packaging to monitor its shipment.

solver

n. a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem

synonym : thinker

(1) puzzle- **solver**, (2) linear **solver**

The flow **solver** is validated against the experiment.

rumble

v. to make a low, heavy continuous sound

synonym : roar, growl, grumble

(1) **rumble** an order, (2) **rumble** down the dirt track

The thunder **rumbled** in the distance.

perk

n. an advantage or something extra, such as money or goods, you receive as well as your wages for doing a

particular job

synonym : extra, bonus, benefit

(1) **perks** for repeat guests, (2) worker **perk**

A yacht cruise is our company's ultimate **perk**.

reframe

v. to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

synonym : redefine, restructure, reposition

(1) **reframe** resource allocation, (2) **reframe** problem

The therapist tried to **reframe** his negative thoughts.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym : attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

ruminate

v. to think deeply about something; to ponder

synonym : ponder, meditate, contemplate

(1) **ruminate** about the past, (2) **ruminate** over a problem

After a long work day, she likes to **ruminate** on her accomplishments and plan for the next day.

onboard

v. to become or make part of a team, group, or system; to install, activate, or begin using a piece of equipment or software; (adjective) included or integrated into a particular system, machine, or device

synonym : embark, aboard, on-load

(1) **onboard** the new employees, (2) **onboard** computer

The passengers were instructed to **onboard** the aircraft as quickly as possible so that the flight could depart on time.

praxis

n. the practical application or implementation of a theory or idea, often in a social or political context

synonym :

action, deed, practice

(1) **praxis** in education, (2) **praxis** theory

The teacher emphasized the importance of **praxis**, encouraging students to apply their theoretical understanding to real-world problems.

wan

adj. looking pale or sickly; lacking vitality or energy

synonym: pale, pallid, ashen

(1) **wan** light, (2) a **wan** smile

His **wan** complexion showed that he was feeling very ill.

profoundly

adv. to a great or complete degree; deeply

synonym: deeply, greatly, completely

(1) **profoundly** insightful, (2) sleep **profoundly**

The novel affected her **profoundly**, causing her to question her beliefs and values.

pretension

n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**

His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

nuanced

adj. characterized by subtle differences in appearance, meaning, sound, etc.

synonym: fine, subtle, slight

(1) **nuanced** view, (2) the common but **nuanced** opinion

The sommelier can distinguish **nuanced** variance in the flavor of the wine.

interrogate

v. to examine someone with questions over a lengthy period, especially in an aggressive manner

synonym: question, examine, probe

(1) **interrogate** an enemy soldier, (2) **interrogated** by police

The lawyer spent considerable time to adequately **interrogate** the witness.

misconception

n. a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
synonym: fallacy, incomprehension, misunderstanding

(1) dispel the **misconception**, (2) commonly held **misconception**

There are numerous **misconceptions** about food and health.

empower

v. to give someone the power or authority to do something
synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

receptive

adj. willing to listen to or accept new ideas or suggestions
synonym: open-minded, sensory, sensorial

(1) **receptive** audience, (2) **receptive** to change

The voters appeared to be **receptive** to his new ideas.

eggshell

n. the hard, outer layer of an egg, typically thin and fragile, and has a slightly rough texture

synonym: shell, casing, membrane

(1) **eggshell** paint, (2) fragile **eggshell**

I gently removed the **eggshell** from the freshly boiled egg.

acclimate

v. to adapt or adjust to a new climate, environment, or situation, often by undergoing a period of exposure or learning

synonym: adjust, adapt, acclimatize

(1) **acclimate** to the climate, (2) **acclimate** to the culture

It takes time for your body to **acclimate** to a new environment.

sentimental

adj. connected with or resulting from someone's emotions, rather than reason or realism

synonym : bathetic, drippy, maudlin

(1) in a **sentimental** mood, (2) **sentimental** damage

Stop being **sentimental** and always speak the truth.

forfeit

v. to lose or give up something as a penalty for wrongdoing; to renounce a right or privilege

synonym : surrender, relinquish, abandon

(1) **forfeit** your deposit, (2) **forfeit** a legal right

The defendant may have to **forfeit** his assets as part of his punishment.

uplift

n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

synonym : upthrust, upheaval, (verb) raise

(1) **uplift** mountains, (2) **uplift** my spirit

The **uplift** in the stock market has been a relief to investors.

arresting

adj. attracting attention or interest; striking or impressive in appearance or effect; halting or stopping the movement or progress of something

synonym : striking, impressive, captivating

(1) an **arresting** image, (2) an **arresting** sight

The painting's **arresting** beauty made it difficult to look away.

Session 2: Spelling

- | | |
|-------------------------------|---|
| 1. major se____k | <i>n.</i> an unfortunate happening that hinders or impedes; a reversal or check in progress |
| 2. em____r my life | <i>v.</i> to give someone the power or authority to do something |
| 3. di___l baseless rumors | <i>v.</i> to remove something, especially a feeling of fear, doubt, and false idea |
| 4. nu__e price levels up | <i>v.</i> to push someone or something gently, especially with your elbow, to attract the person's attention; (noun) a small push or prod to encourage a desired action or behavior |
| 5. ru___e down the dirt track | <i>v.</i> to make a low, heavy continuous sound |
| 6. mi_____e depression | <i>n.</i> the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness |
| 7. pre_____on to authority | <i>n.</i> the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition |
| 8. the g__t of a claim | <i>n.</i> the essence or main point of a text, speech, or situation |
| 9. irr_____le minimum | <i>adj.</i> impossible to reduce or simplify to a simpler form or substance; essential or fundamental to the nature of something |

ANSWERS: 1. setback, 2. empower, 3. dispel, 4. nudge, 5. rumble, 6. midlife, 7. pretension, 8. gist, 9. irreducible

10. flexible mi____t *n.* the established set of attitudes or fixed ideas held by someone
11. give a person a nu__e *v.* to push someone or something gently, especially with your elbow, to attract the person's attention; (noun) a small push or prod to encourage a desired action or behavior
12. ac_____te to the culture *v.* to adapt or adjust to a new climate, environment, or situation, often by undergoing a period of exposure or learning
13. pr___s in education *n.* the practical application or implementation of a theory or idea, often in a social or political context
14. re_____e problem *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
15. an ar_____ng sight *adj.* attracting attention or interest; striking or impressive in appearance or effect; halting or stopping the movement or progress of something
16. toxic mas_____ty *n.* the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly
17. decided to be a fir_____er *n.* a person whose job is to extinguish fires
18. cou_____us rescue attempt *adj.* able to face and deal with danger or fear without flinching
19. mi_____e changes *n.* the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness

ANSWERS: 10. mindset, 11. nudge, 12. acclimate, 13. praxis, 14. reframe, 15. arresting, 16. masculinity, 17. firefighter, 18. courageous, 19. midlife

20. make a cou_____us decision *adj.* able to face and deal with danger or fear without flinching
21. an ar_____ng image *adj.* attracting attention or interest; striking or impressive in appearance or effect; halting or stopping the movement or progress of something
22. em__d a sensor *v.* to fix or set firmly in a surrounding mass
23. p__l off easily *v.* to remove the skin of fruit and vegetables
24. fo_____t your deposit *v.* to lose or give up something as a penalty for wrongdoing; to renounce a right or privilege
25. int_____ted by police *v.* to examine someone with questions over a lengthy period, especially in an aggressive manner
26. ou_____rt the competition *v.* to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic
27. ac_____te to the climate *v.* to adapt or adjust to a new climate, environment, or situation, often by undergoing a period of exposure or learning
28. re_____ve audience *adj.* willing to listen to or accept new ideas or suggestions
29. re_____k a marketing plan *v.* to consider again a plan, idea, etc., especially to change it
30. hu___e in a temporary shelter *v.* to crowd or press closely together; cuddle

ANSWERS: 20. courageous, 21. arresting, 22. embed, 23. peel, 24. forfeit, 25. interrogate, 26. outsmart, 27. acclimate, 28. receptive, 29. rethink, 30. huddle

31. re____ne customer experience *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
32. adm_____on by other people *n.* the feeling or attitude of respect and approval for someone or something
33. baseless pre_____on *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
34. fa_____te the public *v.* to attract and hold the attention of someone deeply and irresistibly
35. re_____ve to change *adj.* willing to listen to or accept new ideas or suggestions
36. wear ma_____ne attire *adj.* having characteristics or an appearance that are usually regarded as typical or appropriate for men
37. imp_____ly known disease *adv.* in a faulty or incomplete way
38. psy_____sis technique *n.* a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
39. p__l a fruit *v.* to remove the skin of fruit and vegetables
40. sen_____al damage *adj.* connected with or resulting from someone's emotions, rather than reason or realism

ANSWERS: 31. redefine, 32. admiration, 33. pretension, 34. fascinate, 35. receptive, 36. masculine, 37. imperfectly, 38. psychoanalysis, 39. peel, 40. sentimental

41. re____k the role of the manager *v.* to consider again a plan, idea, etc., especially to change it
42. commonly held mis_____ion *n.* a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
43. ma_____ne beauty *adj.* having characteristics or an appearance that are usually regarded as typical or appropriate for men
44. rich in nu____e *n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.
45. make a da____g face *adj.* brave and taking risks
46. em__d scripts in the message *v.* to fix or set firmly in a surrounding mass
47. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
48. the common but nu____d opinion *adj.* characterized by subtle differences in appearance, meaning, sound, etc.
49. hu____e around the open fire *v.* to crowd or press closely together; cuddle
50. da____g escape *adj.* brave and taking risks
51. linear so____r *n.* a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem
52. imp_____ly developed *adv.* in a faulty or incomplete way

ANSWERS: 41. rethink, 42. misconception, 43. masculine, 44. nuance, 45. daring, 46. embed, 47. sham, 48. nuanced, 49. huddle, 50. daring, 51. solver, 52. imperfectly

53. ru____te about the past *v.* to think deeply about something; to ponder
54. forest fir____er *n.* a person whose job is to extinguish fires
55. deeply re____te with the consumers *v.* to be filled with a deep echoing sound
56. mas____ty norms *n.* the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly
57. dispel the mis____ion *n.* a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
58. intellectual cy____sm *n.* a belief or attitude of distrust or skepticism, particularly concerning the motives or integrity of other people; an inclination to believe that people are motivated purely by self-interest
59. irr____le complexity *adj.* impossible to reduce or simplify to a simpler form or substance; essential or fundamental to the nature of something
60. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
61. ex____e the crowd *v.* to make someone feel suddenly enthusiastic or eager
62. pre____us job *adj.* not securely held or in position; dangerously unstable or uncertain; dependent on chance or uncertain conditions

ANSWERS: 53. ruminates, 54. firefighter, 55. resonates, 56. masculinity, 57. misconception, 58. cynicism, 59. irreducible, 60. sham, 61. excites, 62. precarious

63. fo____t a legal right *v.* to lose or give up something as a penalty for wrongdoing; to renounce a right or privilege
64. the mi____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
65. re____e resource allocation *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
66. on____d the new employees *v.* to become or make part of a team, group, or system; to install, activate, or begin using a piece of equipment or software; (adjective) included or integrated into a particular system, machine, or device
67. d_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
68. int____te an enemy soldier *v.* to examine someone with questions over a lengthy period, especially in an aggressive manner
69. em____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
70. cy____sm towards politics *n.* a belief or attitude of distrust or skepticism, particularly concerning the motives or integrity of other people; an inclination to believe that people are motivated purely by self-interest
71. s__t a mouthful of saliva *v.* to eject saliva or other liquid from the mouth

ANSWERS: 63. forfeit, 64. mindset, 65. reframe, 66. onboard, 67. doe, 68. interrogate, 69. empathy, 70. cynicism, 71. spit

72. in a sen_____al mood *adj.* connected with or resulting from someone's emotions, rather than reason or realism
73. subtle cultural nu____e *n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.
74. ungrudging adm_____on *n.* the feeling or attitude of respect and approval for someone or something
75. get the g__t *n.* the essence or main point of a text, speech, or situation
76. up____t my spirit *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
77. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
78. suffer a se____k *n.* an unfortunate happening that hinders or impedes; a reversal or check in progress
79. a w_n smile *adj.* looking pale or sickly; lacking vitality or energy
80. re_____ne our role *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
81. worker p__k *n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
82. pr____s theory *n.* the practical application or implementation of a theory or idea, often in a social or political context

ANSWERS: 72. sentimental, 73. nuance, 74. admiration, 75. gist, 76. uplift, 77. opportune, 78. setback, 79. wan, 80. redefine, 81. perk, 82. praxis

83. nu____d view *adj.* characterized by subtle differences in appearance, meaning, sound, etc.
84. et__s of science *n.* the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person
85. freudian psy_____sis *n.* a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
86. full of em____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
87. ou____rt a conspiracy *v.* to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic
88. buck and d_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
89. up____t mountains *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
90. w_n light *adj.* looking pale or sickly; lacking vitality or energy
91. ru____te over a problem *v.* to think deeply about something; to ponder
92. j__n denim *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

ANSWERS: 83. nuanced, 84. ethos, 85. psychoanalysis, 86. empathy, 87. outsmart, 88. doe, 89. uplift, 90. wan, 91. ruminate, 92. jean

93. em____r the secretary to do the same
v. to give someone the power or authority to do something
94. human in_____ct
n. the ability to think logically and comprehend information, especially at an advanced level
95. puzzle-so____r
n. a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem
96. pre_____us financial situation
adj. not securely held or in position; dangerously unstable or uncertain; dependent on chance or uncertain conditions
97. fragile eg_____ll
n. the hard, outer layer of an egg, typically thin and fragile, and has a slightly rough texture
98. di____l a painful feeling
v. to remove something, especially a feeling of fear, doubt, and false idea
99. on_____d computer
v. to become or make part of a team, group, or system; to install, activate, or begin using a piece of equipment or software; (adjective) included or integrated into a particular system, machine, or device
100. fa_____te the young
v. to attract and hold the attention of someone deeply and irresistibly
101. enrich my in_____ct
n. the ability to think logically and comprehend information, especially at an advanced level

ANSWERS: 93. empower, 94. intellect, 95. solver, 96. precarious, 97. eggshell, 98. dispel, 99. onboard, 100. fascinate, 101. intellect

102. corporate et__s *n.* the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person
103. s__t a bullet *v.* to eject saliva or other liquid from the mouth
104. pro____ly insightful *adv.* to a great or complete degree; deeply
105. re____te in the same frequency *v.* to be filled with a deep echoing sound
106. p__ks for repeat guests *n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
107. eg____ll paint *n.* the hard, outer layer of an egg, typically thin and fragile, and has a slightly rough texture
108. an op____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
109. sleep pro____ly *adv.* to a great or complete degree; deeply
110. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
111. a j__n skirt *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
112. ru___e an order *v.* to make a low, heavy continuous sound

ANSWERS: 102. ethos, 103. spit, 104. profoundly, 105. resonate, 106. perk, 107. eggshell, 108. opportune, 109. profoundly, 110. excite, 111. jean, 112. rumble

Session 3: Fill in the Blanks

1. The artist received _____ for their work from critics and fans alike.
n. the feeling or attitude of respect and approval for someone or something
2. She wore her favorite pair of _____ to the party.
n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
3. The painting's _____ beauty made it difficult to look away.
adj. attracting attention or interest; striking or impressive in appearance or effect; halting or stopping the movement or progress of something
4. Her allure lies in her _____ rather than feminine beauty.
adj. having characteristics or an appearance that are usually regarded as typical or appropriate for men
5. The sommelier can distinguish _____ variance in the flavor of the wine.
adj. characterized by subtle differences in appearance, meaning, sound, etc.
6. The magic tricks _____ the children.
v. to attract and hold the attention of someone deeply and irresistibly
7. I gently removed the _____ from the freshly boiled egg.
n. the hard, outer layer of an egg, typically thin and fragile, and has a slightly rough texture
8. After a long work day, she likes to _____ on her accomplishments and plan for the next day.
v. to think deeply about something; to ponder

ANSWERS: 1. admiration, 2. jeans, 3. arresting, 4. masculine, 5. nuanced, 6. fascinated, 7. eggshell, 8. ruminates

9. The therapist tried to _____ his negative thoughts.
- v. to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
10. There are numerous _____ about food and health.
- n. a belief or an idea that is wrong because it has been based on faulty thinking, understanding, or hypothesis
11. The data he prepared was completely _____.
- n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
12. She sought _____ to understand her childhood traumas.
- n. a system of psychological theory and therapy that aims to treat mental and emotional disorders by investigating the interaction of conscious and unconscious elements in the mind
13. The video telephony application has _____ the way we work.
- v. to change the meaning or interpretation of something; to make people think about something in a new or different way
14. It takes time for your body to _____ to a new environment.
- v. to adapt or adjust to a new climate, environment, or situation, often by undergoing a period of exposure or learning
15. The children _____ together for warmth in the cold winter storm.
- v. to crowd or press closely together; cuddle
16. We have to _____ our company's product lineup for further growth.
- v. to consider again a plan, idea, etc., especially to change it

ANSWERS: 9. reframe, 10. misconceptions, 11. sham, 12. psychoanalysis, 13. redefined, 14. acclimate, 15. huddled, 16. rethink

17. The team experienced a _____ when their star player was injured during the game.
- n.* an unfortunate happening that hinders or impedes; a reversal or check in progress
18. A yacht cruise is our company's ultimate _____.
- n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
19. The _____ in the stock market has been a relief to investors.
- n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
20. The phone rang at the most _____ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
21. She had a _____ hold on the ladder and was afraid to move.
- adj.* not securely held or in position; dangerously unstable or uncertain; dependent on chance or uncertain conditions
22. Medical students need to acquire not only knowledge but also a professional _____ of a doctor.
- n.* the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person
23. The defendant may have to _____ his assets as part of his punishment.
- v.* to lose or give up something as a penalty for wrongdoing; to renounce a right or privilege

ANSWERS: 17. setback, 18. perk, 19. uplift, 20. opportune, 21. precarious, 22. ethos, 23. forfeit

24. The company _____ a tracking code in the product's packaging to monitor its shipment.
- v.* to fix or set firmly in a surrounding mass
25. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
- n.* the established set of attitudes or fixed ideas held by someone
26. He created an _____ shaped torso.
- adv.* in a faulty or incomplete way
27. _____ is also necessary to understand history.
- n.* the ability to share another person's feelings or experiences by imagining that person's situation
28. The thunder _____ in the distance.
- v.* to make a low, heavy continuous sound
29. The _____ of the article was that technology is rapidly changing our world.
- n.* the essence or main point of a text, speech, or situation
30. The news of her promotion _____ her.
- v.* to make someone feel suddenly enthusiastic or eager
31. His _____ complexion showed that he was feeling very ill.
- adj.* looking pale or sickly; lacking vitality or energy
32. He believed that the complexity of human emotions was _____ to simple explanations or formulas.
- adj.* impossible to reduce or simplify to a simpler form or substance; essential or fundamental to the nature of something

ANSWERS: 24. embedded, 25. mindset, 26. imperfectly, 27. Empathy, 28. rumbled, 29. gist, 30. excited, 31. wan, 32. irreducible

33. The sound _____ well in this theater.
v. to be filled with a deep echoing sound
34. This program aims to _____ certain misconceptions about the disease.
v. to remove something, especially a feeling of fear, doubt, and false idea
35. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
v. to give someone the power or authority to do something
36. He could _____ his opponents with his quick thinking and strategic planning.
v. to defeat or best someone through cleverness, cunning, or intelligence, to prevail over someone by being smarter or more strategic
37. The lawyer spent considerable time to adequately _____ the witness.
v. to examine someone with questions over a lengthy period, especially in an aggressive manner
38. Many people go through a _____ crisis and contemplate major life changes.
n. the period of life between young adulthood and old age, typically characterized by a sense of maturity, stability, and sometimes, dissatisfaction or restlessness
39. He was a _____ soldier who had served his country with honor.
adj. able to face and deal with danger or fear without flinching
40. She tried to _____ out the gum that she had been chewing.
v. to eject saliva or other liquid from the mouth
41. The teacher emphasized the importance of _____ encouraging students to apply their theoretical understanding to real-world problems.
n. the practical application or implementation of a theory or idea, often in a social or political context

ANSWERS: 33. resonates, 34. dispel, 35. empowered, 36. outsmart, 37. interrogate, 38. midlife, 39. courageous, 40. spit, 41. praxis,

42. Your _____ is capable of distinguishing among similar objects.
- n.* the ability to think logically and comprehend information, especially at an advanced level
43. The storm had _____ all paint off the siding.
- v.* to remove the skin of fruit and vegetables
44. Research has shown that rigid ideas of _____ can contribute to domestic violence and other forms of abuse.
- n.* the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly
45. His constant _____ made it difficult for him to connect with others.
- n.* a belief or attitude of distrust or skepticism, particularly concerning the motives or integrity of other people; an inclination to believe that people are motivated purely by self-interest
46. Her choices become increasingly _____ and creative.
- adj.* brave and taking risks
47. The passengers were instructed to _____ the aircraft as quickly as possible so that the flight could depart on time.
- v.* to become or make part of a team, group, or system; to install, activate, or begin using a piece of equipment or software; (adjective) included or integrated into a particular system, machine, or device
48. The _____ broke into the house bravely to rescue the children.
- n.* a person whose job is to extinguish fires
49. The painter has tried to express every _____ of the woman's expression in his work.
- n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

ANSWERS: 42. intellect, 43. peeled, 44. masculinity, 45. cynicism, 46. daring, 47. onboard, 48. firefighter, 49. nuance

50. The novel affected her _____ causing her to question her beliefs and values.

adv. to a great or complete degree; deeply

51. The voters appeared to be _____ to his new ideas.

adj. willing to listen to or accept new ideas or suggestions

52. His _____ of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

53. The flow _____ is validated against the experiment.

n. a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem

54. The teacher _____ the student to get his attention and asked him a question.

v. to push someone or something gently, especially with your elbow, to attract the person's attention; (noun) a small push or prod to encourage a desired action or behavior

55. Stop being _____ and always speak the truth.

adj. connected with or resulting from someone's emotions, rather than reason or realism

56. Hunters use a whistle that makes the ____ sound to lure stags.

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

ANSWERS: 50. profoundly, 51. receptive, 52. pretensions, 53. solver, 54. nudged, 55. sentimental, 56. doe