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Max Rashbrooke: 3 ways to upgrade democracy for the 21st century | TED Talk

https://www.ted.com/talks/max_rashbrooke_3_ways_to_upgrade_democracy_for_the_21st_century

All Words

IMPORTANT

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Session 1: Word List

kowtow

- v. to kneel and touch one's forehead to the ground as a sign of respect or worship, particularly in traditional Chinese culture; to show extreme subservience or deference to someone or something

synonym: kneel, bow, submit

- (1) **kowtow** to authority, (2) **kowtow** to pressure

I refuse to **kowtow** to anyone who doesn't treat me with respect.

democracy

- n. a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

synonym: self-government, republic, commonwealth

- (1) **democracy** advocate, (2) principles of **democracy**

Democracy often entails inclusive capitalism as well.

struggle

- v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

- (1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

detour

n. a route that deviates from the main or direct one, usually taken to avoid something such as traffic or construction; a diversion from the usual or expected course of action

synonym: diversion, deviation, bypass

(1) **detour** sign, (2) unnecessary **detour**

We had to take a **detour because** of the road construction ahead.

specifically

adv. only associated with or meant for one thing

synonym: especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

ancient

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

synonym: archaic, age-old, obsolete

(1) pre-Christian **ancient**, (2) **ancient** stories

They have been living near water since **ancient** times.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

resident

n. a person who lives in a particular place or has their home in a place

synonym: dweller, inhabitant, inhabitant

(1) a **resident** of the city, (2) **resident** tax

Visa renewal for **resident** foreigners in this country is once every five years.

property

n. a thing or things that belong to someone

synonym: belongings, possessions, equity

(1) a man of **property**, (2) chemical **property**

He stood to inherit a million-dollar **property**.

revolutionary

adj. relating to or characterized by a complete or dramatic change

synonym: radical, innovative, groundbreaking

(1) **revolutionary** change, (2) enforce **revolutionary** justice

The **revolutionary** leader inspired others to join the fight for freedom and democracy.

ordinary

adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

synonym: mundane, prosaic, average

(1) an **ordinary** school, (2) **ordinary** annual revenue

The **ordinary** session of the Diet opened.

rely

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him

Babies heavily **rely** on others for food.

supposedly

adv. according to what is generally assumed or believed without actually knowing for sure

synonym: seemingly, allegedly, purportedly

(1) **supposedly** identical, (2) neckless **supposedly** made of pure gold

He is **supposedly** nominated for a Nobel Prize.

superior

adj. better, higher in quality, or more advanced than others

synonym: better, greater, exceptional

(1) **superior** performance, (2) provide **superior** customer service

The new smartphone model is **superior** to the previous version in terms of speed and features.

appropriate

adj. suitable or proper in the circumstances; fitting

synonym: fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time

It would be **appropriate** to dress nicely for the wedding.

fast-forward

v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording

synonym: advance, hasten, speed up

(1) **fast-forward** 10 seconds, (2) **fast-forward** to the good part

I like to **fast-forward** through commercials when watching TV shows.

flourish

v. to grow or develop vigorously or successfully

synonym: boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

representative

n. someone who speaks or acts officially on behalf of another person or group of people

synonym: spokesperson, agent, delegate

(1) an official **representative**, (2) sales **representative**

The media **representatives** had special passes.

elect

v. to choose someone for a specific position by voting for them; to decide or choose to do something

synonym: select, choose, prefer

(1) **elect** the school board, (2) **elect** death

Every five years, the provincial governors are **elected**.

bunch

n. a grouping of several similar things which are growing or fastened together

synonym: group, assemblage, bundle

(1) a **bunch** of trees, (2) a **bunch** of schoolgirls
One bad apple spoils the whole **bunch**.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit
Having a **physically** healthy physique is essential for a great life.

virtually

adv. almost completely

synonym : almost, basically, nearly

(1) **virtually** all countries, (2) **virtually** identical
Virtually all the parties signed the contract.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**
The navy **interned** ships of defeated nations.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym : concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management
The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

fundamental

adj. forming an essential base or core from which everything else develops or is affected

synonym : basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights
Human behavior has **fundamental** characteristics.

govern

v. to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services

synonym : control, rule, preside

(1) a nation's right to **govern**, (2) **govern** a public enterprise
The regulations **governing** medical malpractice claims are rigorous.

turkey

n. (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans

(1) swell like a **turkey**, (2) **turkey** breast meat

They prepared a stuffed **turkey** for Thanksgiving.

frightening

adj. causing fear or alarm, or very surprising and alarming

synonym : scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience

The news of the pandemic was a **frightening** reminder of the fragility of human health.

authoritarian

adj. characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights

synonym : dictatorial, totalitarian, despotic

(1) **authoritarian** practice, (2) **authoritarian** government

The **authoritarian** leadership style left no room for dissent or alternative opinions.

upgrade

v. to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard

synonym : improve, boost, enrich

(1) **upgrade** a product, (2) **upgrade** work performance

It's an excellent opportunity to **upgrade** our networking.

reliant

adj. needing something or something to continue, to work correctly, or to succeed

synonym : dependent, subservient

(1) heavily **reliant** on oil, (2) export- **reliant** economy

The company is heavily **reliant** on its overseas operations for revenue.

inherit

v. to receive money, property, or a title from someone after they have died

synonym : obtain, gain, acquire

(1) **inherit** estate, (2) **inherit** ancestral property

After his death, his sons **inherited** his business.

survey

n. an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

synonym : study, examination, poll

(1) a comprehensive **survey**, (2) recent **survey**

That **survey** shows that people are accepting the tax increase to some extent.

decision-maker

n. a person who makes important decisions, especially at a high level in an organization

(1) policy **decision-maker**, (2) act as a **decision-maker**

A wealth of information does not always have a positive impact on **decision-makers**.

government

n. the group of people with authority to control a country or state

synonym : administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym : actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret

Is this painting **genuine** or forged?

deferential

adj. showing or expressing respect or obedience; yielding to someone else's opinions or judgment

synonym: respectful, submissive, obedient

(1) **deferential** attitude, (2) **deferential** language

The new employee was **deferential** and respectful towards his superiors.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

pace

n. the speed at which someone or something moves, or the rate at which something happens or changes

synonym: gait, rate, speed

(1) at your own **pace**, (2) the runner's **pace**

The economy is growing at a supercharged **pace**.

complexity

n. the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

modern

adj. of or belonging to the present time or recent times

synonym: contemporary, stylish, current

(1) **modern** poetry, (2) pre-**modern** agricultural society

Their headquarters are in a **modern** skyscraper.

shift

n. a slight transition in position, direction, or trend
synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

participate

v. to take part in something

synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

deliberate

adj. done with full consciousness of nature and effects rather than by accident

synonym: intentional, planned, careful

(1) the **deliberate** act of provocation, (2) **deliberate** attempt

Despite its advanced science and technology, the empire was **deliberate** about invasion.

fancy

v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

synonym: imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**
I don't **fancy** acting in such an important role.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

synonym: sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

scatter

v. to cause to separate and go in different directions

synonym: disperse, spread, bestrew

(1) **scatter** seeds, (2) **scatter** around the internet

The hunter's approach **scattered** the geese.

isolate

v. to physically or socially separate someone or something from other people or things

synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

abstract

adj. based on general ideas, feelings, or qualities and not on any a physical or concrete existence

synonym: conceptual, theoretical, ideational

(1) an **abstract** noun, (2) **abstract** science

The invention of the camera triggered the development of **abstract** painting.

imaginary

adj. existing only in someone's mind

synonym: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym: cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

fiction

n. the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true

synonym: fantasy, fable, invention

(1) stuff of science **fiction**, (2) non- **fiction** bestseller

Truth is stranger than **fiction**.

unevenly

adv. in a manner that is not uniform or consistent; with irregularities or disparities

synonym: unequally, irregularly, inconsistently

(1) **unevenly** distributed, (2) **unevenly** lit

The field was mowed **unevenly**, making it difficult to play soccer.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

component

n. one of several parts that combines with others to form something bigger

synonym: element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

assembly

n. a group of people who have been elected, especially one that meets regularly and makes decisions or laws for a specific region or country

synonym: crowd, gathering, mass

(1) **assembly** line, (2) **assembly** hall

This company's **assembly** plant is an enormous facility.

poll

n. an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election

synonym: survey, ballot, voting

(1) a pre-election **poll**, (2) public opinion **polls**

Several **polls** show a decline in the president's approval rating.

contract

n. a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

synonym: agreement, deal, arrangement

(1) employment **contract**, (2) **contract** law

The company signed a **contract** with the supplier for the delivery of goods.

gender

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

synonym: sexuality

(1) **gender-blind** policies, (2) dual **gender**
Cultural norms strongly influence **gender** expectations.

ethnicity

n. the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups

synonym: race, culture, heritage

(1) with respect to **ethnicity**, (2) based on their **ethnicity**
The company has a diverse workforce representing different **ethnicity** and backgrounds.

crucial

adj. extremely vital or necessary

synonym: essential, pivotal, vital

(1) **crucial** information, (2) a **crucial** issue for women
The revitalization of technology companies is **crucial** to the country's growth.

importance

n. the quality of being important and worthy of note

synonym: significance, primacy, matter

(1) a man of **importance**, (2) high **importance**
I stopped by the branch though I have no business of **importance**.

argue

v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

synonym: debate, dispute, quarrel

(1) **argue** a case, (2) **argue** passionately
The couple began to **argue** over which restaurant to go to for dinner.

nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**
I've been thinking all day and getting **nowhere**.

pity

n. a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

synonym : sympathy, compassion, mercy

(1) allow self- **pity**, (2) **pity** speech

It is a **pity** that the concert had to be canceled due to the storm.

fellow

adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you

synonym : buddy, mate, affiliate

(1) junior **fellow**, (2) nice **fellow**

He is the kind of **fellow** who only works for his success.

consensus

n. general agreement or accord in the judgment or opinion reached by a group as a whole

synonym : agreement, accord, harmony

(1) a public **consensus**, (2) **consensus** among scientists

The two parties have reached a **consensus**.

recommendation

n. an official suggestion that something is good or suitable for a particular purpose or job

synonym : guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of **recommendation**

We made a **recommendation** to the client.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

council

n. a group of people who have been elected or appointed to make decisions or give advice on a particular subject

or in a particular place

synonym : board, committee, assembly

(1) other **council** members, (2) city **council** election

The city **council** voted to approve the new development project.

chunk

n. a thick and solid mass or piece of something

synonym : block, lump, piece

(1) a **chunk** of money, (2) a tiny **chunk** of meat

The new start-up company carved out a large **chunk** of the market within a year.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym : choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

trade-off

n. a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

synonym : compromise, balance, exchange

(1) **trade-off** problem, (2) environmental **trade-off**

There was a **trade-off** between speed and accuracy in the task.

improve

v. to make or become better

synonym : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

suburb

n. an outlying district or residential area of a city or town, typically comprising middle-class and affluent neighborhoods

synonym : outskirts, district, quarter

(1) **suburb** development, (2) **suburb** life

He grew up in the **suburbs** but always dreamed of living in the city.

ward

n. a room in a hospital for patients requiring special care

synonym : room, division, unit

(1) a children's **ward**, (2) **ward** nurse

The patient was moved to the intensive care **ward** for further treatment.

allocate

v. to give or distribute something, such as resources or duties, to someone or something for a particular purpose

synonym : apportion, assign, distribute

(1) **allocate** resource, (2) **allocate** budgets

The company **allocated** a portion of its profits to developing new products.

origin

n. the first existence or beginning of something

synonym : root, source, ancestor

(1) **origin** of information, (2) racial **origin**

There are various hypotheses concerning the **origin** of life.

inhabitant

n. a person or an animal that lives in a particular place

synonym: dweller, occupant, resident

(1) the early **inhabitants** of Europe, (2) **inhabitant** tax

His family is the oldest **inhabitant** of the island.

shore

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

synonym: coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer

immediately

A suspension order from the court is effective **immediately**.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym: start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

software

n. a set of computer programs and associated documentation and data for doing particular computational jobs

synonym: program, system, operating system

(1) **software** architect, (2) copyrighted **software**

The company specializes in both hardware and **software**.

coincident

adj. happening or operating in the same place or at the same time

synonym: concurrent, accompanying, coextensive

(1) **coincident** indicators, (2) a series of **coincident** events

Coincident with the negotiation, the bank was permitted to open a Beijing branch.

technique

n. a particular way or art of doing something that needs skill

synonym: approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

proposal

n. a formal suggestion or offer, sometimes a written one

synonym: offer, suggestion, proposition

(1) an innovative **proposal**, (2) details of his **proposal**

Our skeleton outline of the **proposal** met with much opposition.

refined

adj. made pure by having impurities or unwanted elements removed by processing

synonym: cultured, purified, tasteful

(1) adopt a **refined** attitude, (2) a lot of **refined** sugar

She was highly **refined** in her choice of apparel.

yield

n. the total output of crops, profits, etc. that are produced;
(verb) to produce or supply helpful something, such as a profit, an amount of food, or information

synonym : proceeds, harvest, output

(1) corn **yield**, (2) the **yield** on the bond

The company's stock gives a high **yield**.

regulate

v. to control something, especially by means of rules or laws

synonym : control, restrain, handle

(1) **regulate** blood sugar levels, (2) **regulate** our conduct

We must manage to **regulate** our expenditure.

inspiring

adj. stimulating and motivating you to want to do something

synonym : exhilarating, encouraging, heartening

(1) **inspiring** stories, (2) awe- **inspiring** sight

An **inspiring** teacher might spark students' motivation to succeed.

optimist

n. a person who tends to expect the best in all things and to be hopeful and confident about the future

synonym : positive thinker, dreamer, idealist

(1) **optimist** by nature, (2) excessive **optimist**

She is a confident **optimist** who always looks on the bright side.

innovation

n. the creation of a new device or process resulting from study and experimentation

synonym : invention, initiation, creation

(1) **innovation** leader, (2) cutting-edge **innovation**

The vegetarian burger was an **innovation** that quickly spread to the United Kingdom.

peril

n. serious and great danger or risk

synonym : hazard, danger, threat

(1) the **peril** of the sea, (2) environmental **peril**

Due to hunger, the lives of the refugees were in **peril**.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

liberty

n. the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views

synonym: freedom, autonomy, independence

(1) personal **liberty**, (2) **liberty** as a right

The founding fathers fought for the **liberty** of the American people.

descend

v. to move downward and lower; to come from, or to be connected by a relationship of blood

synonym: dip, drop, come down

(1) **descend** a steep hill, (2) **descend** by elevator

She was **descended** from an old Italian noble family.

emergency

n. a sudden unforeseen crisis usually involving danger that requires immediate action

synonym: crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

tradition

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving

dinner with all their relatives.

combine

v. to join or merge to form a single thing or group

synonym: coalesce, cohere, blend

(1) **combine** chemically with another substance,

(2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

adapt

v. to make fit for or change to suit a new purpose or environment

synonym: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed

I advised him to **adapt** to his new surroundings.

indigenous

adj. someone or something that is native to or occurring naturally in a particular place

synonym: domestic, endemic, primitive

(1) **indigenous** crop, (2) **indigenous** peoples

The **indigenous** plants need to be pollinated by local insects.

thread

n. a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

synonym: filament, string, yarn

(1) **thread** a catheter, (2) start a new **thread**

The detective followed a **thread** of clues which ultimately led to the suspect's arrest.

bind

v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

synonym: tie, stick to, adhere

(1) **bind** the man's hands, (2) **bind** old letters into a bundle
The company's rules **bind** the employee's working hours.

essentially

adv. relating to the essential features or concepts of anything
synonym: fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same
Essentially, a society is an organism.

faith

n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
synonym: belief, trust, confidence

(1) religious **faith**, (2) **faith** in government
He kept his robust **faith** in his company.

handle

v. to deal with a situation, problem, or strong emotion
synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident
We all should learn how to **handle** stress.

intelligent

adj. having the capacity for thought and reason, especially to a high degree
synonym: brilliant, clever, competent

(1) an **intelligent** person, (2) **intelligent** assisting system
Intelligent robots that can cooperate with humans have limited motor output for safety.

agile

adj. able to move quickly and easily, often in a way that is graceful and controlled
synonym: nimble, quick, flexible

(1) an **agile** mind, (2) **agile** in his movements
The **agile** development process allowed the team to make changes quickly.

nimble

adj. quick and light in movement or action
synonym: agile, quick, flexible

(1) **nimble** handling, (2) **nimble-minded** person

His **nimble** movements allowed him to navigate the crowded streets with ease.

technological

adj. based on scientific and industrial progress

synonym : specialized, technical

(1) **technological** advancement, (2) **technological** policy
Technological advances have disrupted many industries.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym : interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep
I'm so sorry to **disrupt** you when you're pretty busy.

disproportionately

adv. in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else

synonym : excessively, unequally

(1) **disproportionately** affected, (2) **disproportionately** high

The rich can often **disproportionately** benefit from tax breaks and other advantages.

infrastructure

n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies

synonym : foundation, framework

(1) IT **infrastructure**, (2) **infrastructure** cost

Aging societies tend to require huge costs for **infrastructure** maintenance.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

entrenched

adj. established firmly and securely

synonym: deep-rooted, confirmed, ingrained

(1) **entrenched** ideas, (2) **entrenched** positions

The monarch exploited the peasants using its **entrenched** power.

consistent

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

synonym: coherent, constant, compatible

(1) do on a **consistent** basis, (2) get **consistent** results

You are not **consistent** in your behavior.

astound

v. to surprise or shock someone with wonder very much

synonym: amaze, astonish, surprise

(1) **astound** everyone, (2) **astound** the viewer

The final result was nothing short of **astounding**.

suspicion

n. the act of doubting something, especially something wrong

synonym: doubt, misgiving, skepticism

(1) **suspicion** of fraud, (2) cast **suspicion**

There was an almost certain **suspicion** that the company was involved in illegal activities.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

burden

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult

to carry

synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

instance

n. a particular example or single occurrence of something

synonym: example, sample, illustration

(1) for **instance**, (2) notable **instance**

These articles cite five **instances** of climate change.

misinformation

n. information that is false or inaccurate, or the act of giving wrong information, especially deliberately

synonym: falsity, misreport, misstatement

(1) **misinformation** about a vaccine, (2) combat **misinformation** on social media

The government called for caution against pseudoscientific **misinformation** about vaccines.

prey

n. the object of a hunt; an animal hunted or trapped for eating

synonym: target, quarry, chase

(1) **prey** of beast, (2) become **prey** to terrorists

The majority of snakes swallow their **prey** whole.

propaganda

n. information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology

synonym: disinformation, misinformation, publicity

(1) **propaganda** campaign, (2) self-serving **propaganda**

The government used **propaganda** pictures to spread its message of national unity.

virtual

adj. being actually such in almost every respect; existing in essence or effect though not in actual fact

synonym: practical

(1) a **virtual** image, (2) trading of **virtual** currencies

She is the **virtual** president of the company.

prejudice

n. a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge

synonym: bias, preconception, predisposition

(1) deep-rooted **prejudice**, (2) color **prejudice**

This community is free of social **prejudice**.

philosophy

n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

synonym: doctrine, attitude, creed

(1) **philosophy** of education, (2) western **philosophy**

Ethics is a branch of **philosophy**.

heath

n. an area of open uncultivated land, typically covered in heather, gorse, or other shrubs; a low-growing, evergreen shrub found in heathland areas

synonym: moor, bog, swamp

(1) small **heath**, (2) **heath** habitat

The birdwatcher spotted a rare species on the **heath**.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

outdated

adj. no longer useful or valid because of being old-fashioned

synonym: obsolete, ancient, bygone

(1) become **outdated**, (2) **outdated** technology

We replaced **outdated** equipment to improve factory productivity.

demonstrate

v. to display something or give an exhibition to an interested audience

synonym: show, illustrate, display

(1) **demonstrate** a difference, (2) **demonstrate** mastery

How can you **demonstrate** that the earth is a sphere?

Session 2: Spelling

1. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
2. del_____te attempt *adj.* done with full consciousness of nature and effects rather than by accident
3. vi_____ly identical *adv.* almost completely
4. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
5. vi_____ly all countries *adv.* almost completely
6. fas_____ard 10 seconds *v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
7. em_____cy action *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
8. im_____ry pregnancy *adj.* existing only in someone's mind
9. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
10. ni___e handling *adj.* quick and light in movement or action
11. as_____d the viewer *v.* to surprise or shock someone with wonder very much

ANSWERS: 1. excite, 2. deliberate, 3. virtually, 4. opportune, 5. virtually, 6. fast-forward, 7. emergency, 8. imaginary, 9. decision, 10. nimble, 11. astound

12. do on a con_____nt basis *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
13. provide su_____or customer service *adj.* better, higher in quality, or more advanced than others
14. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
15. ac_____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
16. fun_____al rights *adj.* forming an essential base or core from which everything else develops or is affected
17. is_____e a compound *v.* to physically or socially separate someone or something from other people or things
18. wi___m literature *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
19. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
20. pre-Christian an_____t *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
21. ko___w to authority *v.* to kneel and touch one's forehead to the ground as a sign of respect or worship, particularly in traditional Chinese culture; to show extreme subservience or deference to someone or something

ANSWERS: 12. consistent, 13. superior, 14. decide, 15. achieve, 16. fundamental, 17. isolate, 18. wisdom, 19. decide, 20. ancient, 21. kowtow

22. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
23. par_____te fully in conversation *v.* to take part in something
24. in_____ng stories *adj.* stimulating and motivating you to want to do something
25. a fountain of wi___m *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
26. acute em_____cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
27. major paradigm sh__t *n.* a slight transition in position, direction, or trend
28. get con_____nt results *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
29. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
30. sup_____ly identical *adv.* according to what is generally assumed or believed without actually knowing for sure
31. cognitive com_____ty *n.* the state or quality of being complicated or intricate and difficult to understand
32. el__t the school board *v.* to choose someone for a specific position by voting for them; to decide or choose to do something

ANSWERS: 22. doubt, 23. participate, 24. inspiring, 25. wisdom, 26. emergency, 27. shift, 28. consistent, 29. struggle, 30. supposedly, 31. complexity, 32. elect

33. a man of imp_____ce
n. the quality of being important and worthy of note
34. follow his rec_____ions
n. an official suggestion that something is good or suitable for a particular purpose or job
35. ag__e in his movements
adj. able to move quickly and easily, often in a way that is graceful and controlled
36. ni___e-minded person
adj. quick and light in movement or action
37. com_____ty theory
n. the state or quality of being complicated or intricate and difficult to understand
38. p__y of beast
n. the object of a hunt; an animal hunted or trapped for eating
39. medical in___n
v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
40. nice fe___w
adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you
41. corn yi__d
n. the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
42. pro_____da campaign
n. information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology
43. a bu__h of schoolgirls
n. a grouping of several similar things which are growing or fastened together

ANSWERS: 33. importance, 34. recommendation, 35. agile, 36. nimble, 37. complexity, 38. prey, 39. intern, 40. fellow, 41. yield, 42. propaganda, 43. bunch

44. an or____ry school *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
45. im____e a process *v.* to make or become better
46. pr____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
47. combat mis_____ion on social media *n.* information that is false or inaccurate, or the act of giving wrong information, especially deliberately
48. tu____y breast meat *n.* (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans
49. qu__e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
50. fl____sh economically *v.* to grow or develop vigorously or successfully
51. ac____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

ANSWERS: 44. ordinary, 45. improve, 46. process, 47. misinformation, 48. turkey, 49. quote, 50. flourish, 51. achieve

52. co_____e augmented reality *v.* to join or merge to form a single thing or group
53. al_____te resource *v.* to give or distribute something, such as resources or duties, to someone or something for a particular purpose
54. fa__h in government *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
55. in_____t ancestral property *v.* to receive money, property, or a title from someone after they have died
56. di_____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
57. become ou_____ed *adj.* no longer useful or valid because of being old-fashioned
58. w__d nurse *n.* a room in a hospital for patients requiring special care
59. trading of vi_____l currencies *adj.* being actually such in almost every respect; existing in essence or effect though not in actual fact
60. so_____re architect *n.* a set of computer programs and associated documentation and data for doing particular computational jobs
61. dem_____te mastery *v.* to display something or give an exhibition to an interested audience
62. b__d old letters into a bundle *v.* to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

ANSWERS: 52. combine, 53. allocate, 54. faith, 55. inherit, 56. disrupt, 57. outdated, 58. ward, 59. virtual, 60. software, 61. demonstrate, 62. bind

63. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
64. the early inh_____nts of Europe *n.* a person or an animal that lives in a particular place
65. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
66. def_____al language *adj.* showing or expressing respect or obedience; yielding to someone else's opinions or judgment
67. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
68. details of his pr_____al *n.* a formal suggestion or offer, sometimes a written one
69. aut_____ian government *adj.* characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights
70. copyrighted so_____re *n.* a set of computer programs and associated documentation and data for doing particular computational jobs
71. employment co_____ct *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
72. allow self-p__y *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

ANSWERS: 63. engage, 64. inhabitant, 65. government, 66. deferential, 67. doubt, 68. proposal, 69. authoritarian, 70. software, 71. contract, 72. pity

73. ko___w to pressure *v.* to kneel and touch one's forehead to the ground as a sign of respect or worship, particularly in traditional Chinese culture; to show extreme subservience or deference to someone or something
74. fl_____sh worldwide *v.* to grow or develop vigorously or successfully
75. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
76. bu___n of disease *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
77. la___h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
78. city co_____l election *n.* a group of people who have been elected or appointed to make decisions or give advice on a particular subject or in a particular place
79. awe-in_____ng sight *adj.* stimulating and motivating you to want to do something
80. a flight of fa__y *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

ANSWERS: 73. kowtow, 74. flourish, 75. encourage, 76. burden, 77. launch, 78. council, 79. inspiring, 80. fancy

81. su____or performance *adj.* better, higher in quality, or more advanced than others
82. export-re____t economy *adj.* needing something or something to continue, to work correctly, or to succeed
83. en____e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
84. policy dec_____ker *n.* a person who makes important decisions, especially at a high level in an organization
85. qu__e a source *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
86. dem_____te a difference *v.* to display something or give an exhibition to an interested audience
87. a comprehensive su____y *n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
88. IT inf_____ure *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
89. at your own p__e *n.* the speed at which someone or something moves, or the rate at which something happens or changes

ANSWERS: 81. superior, 82. reliant, 83. engage, 84. decision-maker, 85. quote, 86. demonstrate, 87. survey, 88. infrastructure, 89. pace

90. a sandy sh__e *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
91. an ag__e mind *adj.* able to move quickly and easily, often in a way that is graceful and controlled
92. become p__y to terrorists *n.* the object of a hunt; an animal hunted or trapped for eating
93. de_____cy advocate *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
94. b__d the man's hands *v.* to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
95. ha___ed the incident *v.* to deal with a situation, problem, or strong emotion
96. carry a bu___n *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
97. ou_____ed technology *adj.* no longer useful or valid because of being old-fashioned
98. chemical pr_____ty *n.* a thing or things that belong to someone
99. or___n of information *n.* the first existence or beginning of something
100. im_____ry number *adj.* existing only in someone's mind

ANSWERS: 90. shore, 91. agile, 92. prey, 93. democracy, 94. bind, 95. handle, 96. burden, 97. outdated, 98. property, 99. origin, 100. imaginary

101. co_____us among scientists *n.* general agreement or accord in the judgment or opinion reached by a group as a whole
102. el__t death *v.* to choose someone for a specific position by voting for them; to decide or choose to do something
103. inn_____on leader *n.* the creation of a new device or process resulting from study and experimentation
104. notable in_____ce *n.* a particular example or single occurrence of something
105. co_____e chemically with another substance *v.* to join or merge to form a single thing or group
106. sc_____r seeds *v.* to cause to separate and go in different directions
107. financial cr____s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
108. up_____e a product *v.* to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard
109. a ge_____e article *adj.* real and exactly; not pretended; sincerely felt or expressed
110. aut_____ian practice *adj.* characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights

ANSWERS: 101. consensus, 102. elect, 103. innovation, 104. instance, 105. combine, 106. scatter, 107. crisis, 108. upgrade, 109. genuine, 110. authoritarian

111. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
112. an ab_____ct noun *adj.* based on general ideas, feelings, or qualities and not on any a physical or concrete existence
113. par_____te in the program *v.* to take part in something
114. dual ge____r *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
115. no_____e else to go *adv.* not in, at, or to any place; not anywhere
116. de_____d a steep hill *v.* to move downward and lower; to come from, or to be connected by a relationship of blood
117. ind_____al freedom *n.* a single person or thing, as distinct from a group
118. de____r sign *n.* a route that deviates from the main or direct one, usually taken to avoid something such as traffic or construction; a diversion from the usual or expected course of action
119. enforce rev_____ary justice *adj.* relating to or characterized by a complete or dramatic change
120. ad__t as needed *v.* to make fit for or change to suit a new purpose or environment

ANSWERS: 111. tradition, 112. abstract, 113. participate, 114. gender, 115. nowhere, 116. descend, 117. individual, 118. detour, 119. revolutionary, 120. adapt

121. religious fa__h *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
122. sh__e up demand *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
123. a private ind_____al *n.* a single person or thing, as distinct from a group
124. with respect to et_____ty *n.* the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
125. tec_____cal advancement *adj.* based on scientific and industrial progress
126. up_____e work performance *v.* to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard
127. designed spe_____lly for men *adv.* only associated with or meant for one thing
128. coi_____nt indicators *adj.* happening or operating in the same place or at the same time
129. an official rep_____ive *n.* someone who speaks or acts officially on behalf of another person or group of people
130. public opinion p__ls *n.* an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election

ANSWERS: 121. faith, 122. shore, 123. individual, 124. ethnicity, 125. technological, 126. upgrade, 127. specifically, 128. coincident, 129. representative, 130. poll

131. cast fri_____ng eyes *adj.* causing fear or alarm, or very surprising and alarming
132. cast su_____on *n.* the act of doubting something, especially something wrong
133. rev_____ary change *adj.* relating to or characterized by a complete or dramatic change
134. r__y on convenience stores *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
135. based on their et_____ty *n.* the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
136. li_____y as a right *n.* the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views
137. the yi__d on the bond *n.* the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
138. ess_____ly correct *adv.* relating to the essential features or concepts of anything
139. personal li_____y *n.* the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views
140. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture

ANSWERS: 131. frightening, 132. suspicion, 133. revolutionary, 134. rely, 135. ethnicity, 136. liberty, 137. yield, 138. essentially, 139. liberty, 140. nation

141. su___b development *n.* an outlying district or residential area of a city or town, typically comprising middle-class and affluent neighborhoods
142. co_____ct law *n.* a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
143. as_____ly line *n.* a group of people who have been elected, especially one that meets regularly and makes decisions or laws for a specific region or country
144. he__h habitat *n.* an area of open uncultivated land, typically covered in heather, gorse, or other shrubs; a low-growing, evergreen shrub found in heathland areas
145. dis_____ely high *adv.* in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else
146. imm_____ly recall a product *adv.* now or without delay
147. r__y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
148. gov_____nt funding *n.* the group of people with authority to control a country or state
149. start a new th___d *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or

stitching

ANSWERS: 141. suburb, 142. contract, 143. assembly, 144. heath, 145. disproportionately, 146. immediately, 147. rely, 148. government, 149. thread

150. a pre-election p__l *n.* an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election
151. a bu__h of trees *n.* a grouping of several similar things which are growing or fastened together
152. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
153. become ess_____ly same *adv.* relating to the essential features or concepts of anything
154. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
155. color pr_____ce *n.* a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge
156. ab_____ct science *adj.* based on general ideas, feelings, or qualities and not on any a physical or concrete existence
157. a tiny ch__k of meat *n.* a thick and solid mass or piece of something
158. phi_____hy of education *n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
159. high imp_____ce *n.* the quality of being important and worthy of note

ANSWERS: 150. poll, 151. bunch, 152. discuss, 153. essentially, 154. involve, 155. prejudice, 156. abstract, 157. chunk, 158. philosophy, 159. importance

160. su___b life *n.* an outlying district or residential area of a city or town, typically comprising middle-class and affluent neighborhoods
161. write him an answer imm_____ly *adv.* now or without delay
162. the pe__l of the sea *n.* serious and great danger or risk
163. def_____al attitude *adj.* showing or expressing respect or obedience; yielding to someone else's opinions or judgment
164. tec_____cal policy *adj.* based on scientific and industrial progress
165. ge___r-blind policies *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
166. dis_____ely affected *adv.* in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else
167. unnecessary de___r *n.* a route that deviates from the main or direct one, usually taken to avoid something such as traffic or construction; a diversion from the usual or expected course of action
168. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
169. pre-mo___n agricultural society *adj.* of or belonging to the present time or recent times

ANSWERS: 160. suburb, 161. immediately, 162. peril, 163. deferential, 164. technological, 165. gender, 166. disproportionately, 167. detour, 168. communal, 169. modern

170. as____ly hall *n.* a group of people who have been elected, especially one that meets regularly and makes decisions or laws for a specific region or country
171. for in____ce *n.* a particular example or single occurrence of something
172. junior fe____w *adj.* someone who has the same job or interests as you, or is in the same class, profession, or situation as you
173. environmental tr____ff *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
174. de____d by elevator *v.* to move downward and lower; to come from, or to be connected by a relationship of blood
175. neckless sup____ly made of pure gold *adv.* according to what is generally assumed or believed without actually knowing for sure
176. inh____nt tax *n.* a person or an animal that lives in a particular place
177. self-serving pro____da *n.* information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology
178. adopt a re____d attitude *adj.* made pure by having impurities or unwanted elements removed by processing
179. environmental th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

ANSWERS: 170. assembly, 171. instance, 172. fellow, 173. trade-off, 174. descend, 175. supposedly, 176. inhabitant, 177. propaganda, 178. refined, 179. threat

180. stuff of science fi____n *n.* the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true
181. di____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
182. deep-rooted pr____ce *n.* a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge
183. go___n a public enterprise *v.* to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services
184. in____t estate *v.* to receive money, property, or a title from someone after they have died
185. fa__y a cup of coffee *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
186. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
187. a te____ue in martial arts *n.* a particular way or art of doing something that needs skill
188. a children's w__d *n.* a room in a hospital for patients requiring special care

ANSWERS: 180. fiction, 181. discuss, 182. prejudice, 183. govern, 184. inherit, 185. fancy, 186. handle, 187. technique, 188. ward

189. su_____on of fraud *n.* the act of doubting something, especially something wrong
190. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
191. cr_____l information *adj.* extremely vital or necessary
192. act as a dec_____ker *n.* a person who makes important decisions, especially at a high level in an organization
193. re_____nt tax *n.* a person who lives in a particular place or has their home in a place
194. for spe_____lly American customers *adv.* only associated with or meant for one thing
195. swell like a tu_____y *n.* (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans
196. ar___e passionately *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
197. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use

ANSWERS: 189. suspicion, 190. process, 191. crucial, 192. decision-maker, 193. resident, 194. specifically, 195. turkey, 196. argue, 197. communal

198. sales rep_____ive *n.* someone who speaks or acts officially on behalf of another person or group of people
199. small he__h *n.* an area of open uncultivated land, typically covered in heather, gorse, or other shrubs; a low-growing, evergreen shrub found in heathland areas
200. an_____t stories *adj.* relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old
201. excessive op_____st *n.* a person who tends to expect the best in all things and to be hopeful and confident about the future
202. un_____ly lit *adv.* in a manner that is not uniform or consistent; with irregularities or disparities
203. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
204. spare co_____nts for cars *n.* one of several parts that combines with others to form something bigger
205. key co_____nt *n.* one of several parts that combines with others to form something bigger
206. recent su___y *n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
207. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 198. representative, 199. heath, 200. ancient, 201. optimist, 202. unevenly, 203. excite, 204. component, 205. component, 206. survey, 207. observe

208. mo___n poetry *adj.* of or belonging to the present time or recent times
209. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
210. economic th___t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
211. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
212. ad__t fully to the environment *v.* to make fit for or change to suit a new purpose or environment
213. re_____te our conduct *v.* to control something, especially by means of rules or laws
214. as_____d everyone *v.* to surprise or shock someone with wonder very much
215. or_____ry annual revenue *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
216. p__y speech *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

ANSWERS: 208. modern, 209. launch, 210. threat, 211. encourage, 212. adapt, 213. regulate, 214. astound, 215. ordinary, 216. pity

217. re_____te blood sugar levels *v.* to control something, especially by means of rules or laws
218. principles of de_____cy *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
219. an innovative pr_____al *n.* a formal suggestion or offer, sometimes a written one
220. a re_____nt of the city *n.* a person who lives in a particular place or has their home in a place
221. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
222. racial or_____n *n.* the first existence or beginning of something
223. a public co_____us *n.* general agreement or accord in the judgment or opinion reached by a group as a whole
224. a vi_____l image *adj.* being actually such in almost every respect; existing in essence or effect though not in actual fact
225. ent_____ed positions *adj.* established firmly and securely
226. ob_____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
227. cutting-edge inn_____on *n.* the creation of a new device or process resulting from study and experimentation

ANSWERS: 217. regulate, 218. democracy, 219. proposal, 220. resident, 221. physically, 222. origin, 223. consensus, 224. virtual, 225. entrenched, 226. observe, 227. innovation

228. inf_____ure cost *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
229. non-fi_____n bestseller *n.* the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true
230. ind_____us crop *adj.* someone or something that is native to or occurring naturally in a particular place
231. mis_____ion about a vaccine *n.* information that is false or inaccurate, or the act of giving wrong information, especially deliberately
232. ar__e a case *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
233. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
234. a man of pr_____ty *n.* a thing or things that belong to someone
235. a lot of re_____d sugar *adj.* made pure by having impurities or unwanted elements removed by processing
236. show ge_____e regret *adj.* real and exactly; not pretended; sincerely felt or expressed

ANSWERS: 228. infrastructure, 229. fiction, 230. indigenous, 231. misinformation, 232. argue, 233. struggle, 234. property, 235. refined, 236. genuine

244. op_____st by nature *n.* a person who tends to expect the best in all things and to be hopeful and confident about the future
245. environmental pe__l *n.* serious and great danger or risk
246. ent_____ed ideas *adj.* established firmly and securely
247. fun_____al education *adj.* forming an essential base or core from which everything else develops or is affected
248. other co_____l members *n.* a group of people who have been elected or appointed to make decisions or give advice on a particular subject or in a particular place
249. an int_____nt person *adj.* having the capacity for thought and reason, especially to a high degree
250. al_____te budgets *v.* to give or distribute something, such as resources or duties, to someone or something for a particular purpose
251. im_____e the test score *v.* to make or become better
252. Doppler sh__t *n.* a slight transition in position, direction, or trend
253. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
254. tr_____ff problem *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
255. a series of coi_____nt events *adj.* happening or operating in the same place or at the same time

ANSWERS: 244. optimist, 245. peril, 246. entrenched, 247. fundamental, 248. council, 249. intelligent, 250. allocate, 251. improve, 252. shift, 253. involve, 254. trade-off, 255. coincident

256. a letter of rec_____ion *n.* an official suggestion that something is good or suitable for a particular purpose or job
257. a nation's right to go___n *v.* to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services
258. a ch__k of money *n.* a thick and solid mass or piece of something
259. fri_____ng experience *adj.* causing fear or alarm, or very surprising and alarming
260. come out of no_____e *adv.* not in, at, or to any place; not anywhere
261. un_____ly distributed *adv.* in a manner that is not uniform or consistent; with irregularities or disparities
262. a seafaring na___n *n.* a large organized community of people living in a particular country or region and having a particular culture
263. a cr_____l issue for women *adj.* extremely vital or necessary
264. a tr_____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
265. app_____te behavior *adj.* suitable or proper in the circumstances; fitting
266. di_____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 256. recommendation, 257. govern, 258. chunk, 259. frightening, 260. nowhere, 261. unevenly, 262. nation, 263. crucial, 264. tradition, 265. appropriate, 266. disrupt

267. the te_____ue applied to construction
n. a particular way or art of doing something that needs skill
268. the runner's p__e
n. the speed at which someone or something moves, or the rate at which something happens or changes
269. op_____ne occasion
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
270. western phi_____hy
n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
271. ind_____us peoples
adj. someone or something that is native to or occurring naturally in a particular place
272. fas_____ard to the good part
v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
273. an app_____te time
adj. suitable or proper in the circumstances; fitting
274. de_____on authority
n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options
275. sc_____r around the internet
v. to cause to separate and go in different directions
276. int_____nt assisting system
adj. having the capacity for thought and reason, especially to a high degree

ANSWERS: 267. technique, 268. pace, 269. opportune, 270. philosophy, 271. indigenous, 272. fast-forward, 273. appropriate, 274. decision, 275. scatter, 276. intelligent

ANSWERS:

Session 3: Fill in the Blanks

1. I've been thinking all day and getting _____.
adv. not in, at, or to any place; not anywhere
2. Aging societies tend to require huge costs for _____ maintenance.
n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
3. The company's stock gives a high _____.
n. the total output of crops, profits, etc. that are produced; (verb) to produce or supply helpful something, such as a profit, an amount of food, or information
4. We replaced _____ equipment to improve factory productivity.
adj. no longer useful or valid because of being old-fashioned
5. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
6. The investigation _____ several government agencies and is expected to take several months.
v. to include or affect someone or something as a necessary part of something else
7. It would be _____ to dress nicely for the wedding.
adj. suitable or proper in the circumstances; fitting
8. It's an excellent opportunity to _____ our networking.
v. to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard

ANSWERS: 1. nowhere, 2. infrastructure, 3. yield, 4. outdated, 5. government, 6. involves, 7. appropriate, 8. upgrade

9. There was an almost certain _____ that the company was involved in illegal activities.
n. the act of doubting something, especially something wrong
10. He kept his robust _____ in his company.
n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
11. _____ robots that can cooperate with humans have limited motor output for safety.
adj. having the capacity for thought and reason, especially to a high degree
12. The company is heavily _____ on its overseas operations for revenue.
adj. needing something or something to continue, to work correctly, or to succeed
13. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
14. A wealth of information does not always have a positive impact on _____.
n. a person who makes important decisions, especially at a high level in an organization
15. The _____ development process allowed the team to make changes quickly.
adj. able to move quickly and easily, often in a way that is graceful and controlled
16. It is a _____ that the concert had to be canceled due to the storm.
n. a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

ANSWERS: 9. suspicion, 10. faith, 11. Intelligent, 12. reliant, 13. physically, 14. decision-makers, 15. agile, 16. pity

17. The majority of snakes swallow their _____ whole.
n. the object of a hunt; an animal hunted or trapped for eating
18. The researchers try to discover a common _____ in all types of successful organizations.
n. one of several parts that combines with others to form something bigger
19. Despite its advanced science and technology, the empire was _____ about invasion.
adj. done with full consciousness of nature and effects rather than by accident
20. Cultural norms strongly influence _____ expectations.
n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
21. Due to hunger, the lives of the refugees were in _____.
n. serious and great danger or risk
22. I'm so sorry to _____ you when you're pretty busy.
v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
23. The company signed a _____ with the supplier for the delivery of goods.
n. a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
24. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 17. prey, 18. component, 19. deliberate, 20. gender, 21. peril, 22. disrupt, 23. contract, 24. decide

25. _____ a society is an organism.

adv. relating to the essential features or concepts of anything

26. They have been living near water since _____ times.

adj. relating to the long ago, particularly the historical period preceding the fall of the Western Roman Empire; very old

27. I refuse to _____ to anyone who doesn't treat me with respect.

v. to kneel and touch one's forehead to the ground as a sign of respect or worship, particularly in traditional Chinese culture; to show extreme subservience or deference to someone or something

28. _____ elections were held in several European countries.

adj. belonging to or used by a group rather than individuals; for common use

29. The two parties have reached a _____.

n. general agreement or accord in the judgment or opinion reached by a group as a whole

30. The government called for caution against pseudoscientific _____ about vaccines.

n. information that is false or inaccurate, or the act of giving wrong information, especially deliberately

31. The invention of the camera triggered the development of _____ painting.

adj. based on general ideas, feelings, or qualities and not on any a physical or concrete existence

32. We all should learn how to _____ stress.

v. to deal with a situation, problem, or strong emotion

ANSWERS: 25. Essentially, 26. ancient, 27. kowtow, 28. Communal, 29. consensus, 30. misinformation, 31. abstract, 32. handle

33. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

34. The city _____ voted to approve the new development project.

n. a group of people who have been elected or appointed to make decisions or give advice on a particular subject or in a particular place

35. _____ often entails inclusive capitalism as well.

n. a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

36. The monarch exploited the peasants using its _____ power.

adj. established firmly and securely

37. Could you help me _____ some furniture?

n. a slight transition in position, direction, or trend

38. The revitalization of technology companies is _____ to the country's growth.

adj. extremely vital or necessary

39. An _____ teacher might spark students' motivation to succeed.

adj. stimulating and motivating you to want to do something

40. The media _____ had special passes.

n. someone who speaks or acts officially on behalf of another person or group of people

41. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 33. individual, 34. council, 35. Democracy, 36. entrenched, 37. shift, 38. crucial, 39. inspiring, 40. representatives, 41. opportune

42. The project's _____ made it difficult for the team to complete it on time.
n. the state or quality of being complicated or intricate and difficult to understand
43. The birdwatcher spotted a rare species on the _____.
n. an area of open uncultivated land, typically covered in heather, gorse, or other shrubs; a low-growing, evergreen shrub found in heathland areas
44. The news of the pandemic was a _____ reminder of the fragility of human health.
adj. causing fear or alarm, or very surprising and alarming
45. The company specializes in both hardware and _____.
n. a set of computer programs and associated documentation and data for doing particular computational jobs
46. Hydrogen and oxygen _____ to form water.
v. to join or merge to form a single thing or group
47. One bad apple spoils the whole _____.
n. a grouping of several similar things which are growing or fastened together
48. We want to _____ ties between our two countries.
v. to make or become better
49. She is the _____ president of the company.
adj. being actually such in almost every respect; existing in essence or effect though not in actual fact
50. _____ is the start, not the end, of intelligence.
n. a feeling of being uncertain about something, especially about how good or accurate it is

ANSWERS: 42. complexity, 43. heath, 44. frightening, 45. software, 46. combine, 47. bunch, 48. improve, 49. virtual, 50. Doubt

51. She is a confident _____ who always looks on the bright side.
n. a person who tends to expect the best in all things and to be hopeful and confident about the future
52. I like to _____ through commercials when watching TV shows.
v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
53. The waves are beating against the _____.
n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
54. The final result was nothing short of _____.
v. to surprise or shock someone with wonder very much
55. He stood to inherit a million-dollar _____.
n. a thing or things that belong to someone
56. This ad campaign is aimed _____ at young women.
adv. only associated with or meant for one thing
57. _____ with the negotiation, the bank was permitted to open a Beijing branch.
adj. happening or operating in the same place or at the same time
58. The _____ of severe weather prompted the city to issue an evacuation warning.
n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

ANSWERS: 51. optimist, 52. fast-forward, 53. shore, 54. astounding, 55. property, 56. specifically, 57. Coincident, 58. threat

59. The community greatly respected and sought after the older adult's _____.
- n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
60. The regulations _____ medical malpractice claims are rigorous.
- v.* to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services
61. It is important to _____ safety procedures in the workplace to prevent accidents.
- v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
62. The _____ session of the Diet opened.
- adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
63. The _____ leadership style left no room for dissent or alternative opinions.
- adj.* characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights
64. The field was mowed _____ making it difficult to play soccer.
- adv.* in a manner that is not uniform or consistent; with irregularities or disparities
65. I will work hard to _____ my goals and realize my dreams.
- v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

ANSWERS: 59. wisdom, 60. governing, 61. observe, 62. ordinary, 63. authoritarian, 64. unevenly, 65. achieve

66. The economy is growing at a supercharged _____.
n. the speed at which someone or something moves, or the rate at which something happens or changes
67. They _____ customers with a premium for loyal patronage.
v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
68. Is this painting _____ or forged?
adj. real and exactly; not pretended; sincerely felt or expressed
69. The new employee was _____ and respectful towards his superiors.
adj. showing or expressing respect or obedience; yielding to someone else's opinions or judgment
70. In his speech, he _____ a famous philosopher to emphasize his point.
v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
71. Human behavior has _____ characteristics.
adj. forming an essential base or core from which everything else develops or is affected
72. The _____ of Japan is known for its unique culture and advanced technology.
n. a large organized community of people living in a particular country or region and having a particular culture
73. We need to _____ the next steps for the project during our meeting tomorrow.
v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

ANSWERS: 66. pace, 67. encouraged, 68. genuine, 69. deferential, 70. quoted, 71. fundamental, 72. nation, 73. discuss

74. Jockey's superior _____ brought him victory.

n. a particular way or art of doing something that needs skill

75. These articles cite five _____ of climate change.

n. a particular example or single occurrence of something

76. The patient was moved to the intensive care _____ for further treatment.

n. a room in a hospital for patients requiring special care

77. The new smartphone model is _____ to the previous version in terms of speed and features.

adj. better, higher in quality, or more advanced than others

78. Little children tend to have _____ friends.

adj. existing only in someone's mind

79. She was highly _____ in her choice of apparel.

adj. made pure by having impurities or unwanted elements removed by processing

80. They prepared a stuffed _____ for Thanksgiving.

n. (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans

81. The majority of students actively _____ in the college's intramural sports program.

v. to take part in something

82. You are not _____ in your behavior.

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

ANSWERS: 74. technique, 75. instances, 76. ward, 77. superior, 78. imaginary, 79. refined, 80. turkey, 81. participated, 82. consistent

83. The vegetarian burger was an _____ that quickly spread to the United Kingdom.
- n.* the creation of a new device or process resulting from study and experimentation
84. The _____ plants need to be pollinated by local insects.
- adj.* someone or something that is native to or occurring naturally in a particular place
85. He could not _____ against temptation.
- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
86. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.
- n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
87. We must manage to _____ our expenditure.
- v.* to control something, especially by means of rules or laws
88. The couple began to _____ over which restaurant to go to for dinner.
- v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
89. The detective followed a _____ of clues which ultimately led to the suspect's arrest.
- n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

ANSWERS: 83. innovation, 84. indigenous, 85. struggle, 86. crisis, 87. regulate, 88. argue, 89. thread

90. He grew up in the _____ but always dreamed of living in the city.
n. an outlying district or residential area of a city or town, typically comprising middle-class and affluent neighborhoods
91. He is the kind of _____ who only works for his success.
adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you
92. _____ advances have disrupted many industries.
adj. based on scientific and industrial progress
93. Visa renewal for _____ foreigners in this country is once every five years.
n. a person who lives in a particular place or has their home in a place
94. The government used _____ pictures to spread its message of national unity.
n. information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology
95. The company's rules _____ the employee's working hours.
v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
96. This company's _____ plant is an enormous facility.
n. a group of people who have been elected, especially one that meets regularly and makes decisions or laws for a specific region or country
97. Ethics is a branch of _____.
n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

ANSWERS: 90. suburbs, 91. fellow, 92. Technological, 93. resident, 94. propaganda, 95. bind, 96. assembly, 97. philosophy

98. There are various hypotheses concerning the _____ of life.
n. the first existence or beginning of something
99. The company has a diverse workforce representing different _____ and backgrounds.
n. the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
100. Babies heavily _____ on others for food.
v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
101. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
102. The company is set to _____ its new product line next month.
v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
103. The Ottoman Empire _____ for over five centuries.
v. to grow or develop vigorously or successfully
104. That _____ shows that people are accepting the tax increase to some extent.
n. an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
105. His family is the oldest _____ of the island.
n. a person or an animal that lives in a particular place

ANSWERS: 98. origin, 99. ethnicity, 100. rely, 101. excited, 102. launch, 103. flourished, 104. survey, 105. inhabitant

106. The founding fathers fought for the _____ of the American people.
n. the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views
107. The _____ leader inspired others to join the fight for freedom and democracy.
adj. relating to or characterized by a complete or dramatic change
108. We made a _____ to the client.
n. an official suggestion that something is good or suitable for a particular purpose or job
109. I advised him to _____ to his new surroundings.
v. to make fit for or change to suit a new purpose or environment
110. The _____ for applying for a visa can be lengthy and complicated.
n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
111. This community is free of social _____.
n. a thought or feeling that is unfair and makes no sense, mainly when it is formed without enough thought or knowledge
112. The hunter's approach _____ the geese.
v. to cause to separate and go in different directions
113. He is _____ nominated for a Nobel Prize.
adv. according to what is generally assumed or believed without actually knowing for sure

ANSWERS: 106. liberty, 107. revolutionary, 108. recommendation, 109. adapt, 110. process, 111. prejudice, 112. scattered, 113. supposedly

114. There was a _____ between speed and accuracy in the task.
- n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
115. You should not _____ them from the community.
- v.* to physically or socially separate someone or something from other people or things
116. Every five years, the provincial governors are _____.
- v.* to choose someone for a specific position by voting for them; to decide or choose to do something
117. How can you _____ that the earth is a sphere?
- v.* to display something or give an exhibition to an interested audience
118. Our skeleton outline of the _____ met with much opposition.
- n.* a formal suggestion or offer, sometimes a written one
119. A suspension order from the court is effective _____.
- adv.* now or without delay
120. She was struggling to make a _____ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
121. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.
- n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

ANSWERS: 114. trade-off, 115. isolate, 116. elected, 117. demonstrate, 118. proposal, 119. immediately, 120. decision, 121. tradition

122. The navy _____ ships of defeated nations.

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

123. The company _____ a portion of its profits to developing new products.

- v.* to give or distribute something, such as resources or duties, to someone or something for a particular purpose

124. _____ all the parties signed the contract.

- adv.* almost completely

125. After his death, his sons _____ his business.

- v.* to receive money, property, or a title from someone after they have died

126. The new start-up company carved out a large _____ of the market within a year.

- n.* a thick and solid mass or piece of something

127. That car has a low environmental _____.

- n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

128. Truth is stranger than _____.

- n.* the type of book or story, especially novels, that describes imaginary events and people; anything made up or imagined that is not true

129. Several _____ show a decline in the president's approval rating.

- n.* an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election

ANSWERS: 122. interned, 123. allocated, 124. Virtually, 125. inherited, 126. chunk, 127. burden, 128. fiction, 129. polls

130. Many multinational companies are _____ in the reconstruction of that country.

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

131. We had to take a _____ of the road construction ahead.

n. a route that deviates from the main or direct one, usually taken to avoid something such as traffic or construction; a diversion from the usual or expected course of action

132. Their headquarters are in a _____ skyscraper.

adj. of or belonging to the present time or recent times

133. I stopped by the branch though I have no business of _____.

n. the quality of being important and worthy of note

134. I don't _____ acting in such an important role.

v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

135. She was _____ from an old Italian noble family.

v. to move downward and lower; to come from, or to be connected by a relationship of blood

136. The rich can often _____ benefit from tax breaks and other advantages.

adv. in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else

137. The president declared a state of _____.

n. a sudden unforeseen crisis usually involving danger that requires immediate action

ANSWERS: 130. engaged, 131. detour because, 132. modern, 133. importance, 134. fancy, 135. descended, 136. disproportionately, 137. emergency

138. His _____ movements allowed him to navigate the crowded streets with ease.

adj. quick and light in movement or action

ANSWERS: 138. nimble