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Vocabulary Builder Reference from...

ZigZag: Step 1: The Pulse | TED Talk

https://www.ted.com/talks/zigzag_step_1_the_pulse

Advanced Words Only

IMPORTANT

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Session 1: Word List

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym: decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

stagnant

adj. not flowing or circulating; standing still; stagnant water

synonym: still, stagnant, unmoving

(1) **stagnant** car sales, (2) **stagnant** economy

The **stagnant** water in the pond is a breeding ground for mosquitoes.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

dormant

adj. in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances

synonym: inactive, sleeping, quiescent

(1) **dormant** volcano, (2) **dormant** account

The disease can remain **dormant** for years before it presents any symptoms.

emergent

adj. starting to exist or view, or to become known

synonym : coming, appearing, developing

(1) **emergent** repair of an aorta, (2) an **emergent** republic
Extensive areas of **emergent** plants are usually called marsh.

restructure

v. to organize a company, business, or system in a new and different way to make it work more effectively

synonym : reorganize, revamp, reconstruct

(1) **restructure** sentence, (2) **restructure** my debts
The economic downturn made it necessary to **restructure** the business.

zigzag

adj. having short sharp turns or angles

synonym : bent, crinkled, crooked

(1) **zigzag** sewing machine, (2) a **zigzag** line

We had to go through a **zigzag** course.

shelve

v. to put or arrange something, especially books, on a shelf; to decide not to take action on something either for a short time or permanently

synonym : defer, postpone, freeze

(1) **shelve** a book, (2) **shelve** a bill

Considering the recent increase in interest rates, we must **shelve** our plans to buy a new house.

rethink

v. to consider again a plan, idea, etc., especially to change it

synonym : reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

psyche

n. the human soul, mind, or spirit

synonym : mind, soul, spirit

(1) deep **psyche**, (2) **psyche** healing

The therapist helped her understand the workings of her **psyche** and how to cope with her anxiety.

unprepared

adj. not properly or adequately prepared; lacking preparation; not ready

synonym: inexperienced, caught off-guard, ill-equipped

(1) **unprepared** speech, (2) **unprepared** for the exam

The **unprepared** student struggled on the test and received a low grade.

parachute

n. a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air

(1) **parachute** troops, (2) golden **parachute**

This training includes emergency escape drills with **parachutes**.

dictate

v. to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded

synonym: read out, prescribe, order

(1) **dictate** a letter to secretary, (2) **dictate** to the associate

The allies **dictated** the terms of surrender to the country.

pandemic

n. an outbreak of a disease that affects many people over a very wide area

synonym: outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

fraught

adj. causing, accompanied by, or full of anxiety, tension, or stress

synonym: tense, anxious, stressed

(1) become increasingly **fraught**, (2) **fraught** with danger

The negotiations were **fraught** with challenges and setbacks.

coronavirus

n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

synonym: covid

(1) **coronavirus** antibody test kit, (2) **coronavirus** bankruptcy

Considering the situation of **coronavirus**, organized stopped this year's beer festival.

nuance

n. a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

synonym: shading, refinement, subtlety

(1) rich in **nuance**, (2) subtle cultural **nuance**

The painter has tried to express every **nuance** of the woman's expression in his work.

illuminating

adj. making something clear or easy to understand; providing light

synonym: enlightening, informative, clarifying

(1) **illuminating** light, (2) an **illuminating** answer

The lecture was **illuminating** and gave me a new perspective on the topic.

disparity

n. a significant difference or inequality between two or more things

synonym: difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and women in the company.

guinea

n. a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

synonym: coin, money, currency

(1) **guinea** coins, (2) **guinea** pig

The cost of the antique vase is three **guineas**.

optimism

n. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation

synonym: positiveness, sanguinity, bullishness

(1) sense of **optimism**, (2) political **optimism**

There is considerable **optimism** that the economy will recover soon.

exhale

v. to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently

synonym: breathe out, expel, emit

(1) **exhale** a big sigh, (2) **exhale** cigarette smoke

He took a deep breath and slowly began to **exhale**.

uplift

n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

synonym: upthrust, upheaval, (verb) raise

(1) **uplift** mountains, (2) **uplift** my spirit

The **uplift** in the stock market has been a relief to investors.

blindside

v. to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage

synonym: surprise, ambush, catch off guard

(1) **blindside** the audience, (2) **blindside** opponent

My boss's criticism of my work **blindsided** me during the meeting.

non-existent

adj. not real; not existing or having no real existence

synonym: not real, lacking, absent

(1) **non-existent** resources, (2) presently **non-existent**

The evidence for this theory is **non-existent**.

ruminate

v. to think deeply about something; to ponder
synonym : ponder, meditate, contemplate

(1) **ruminate** about the past, (2) **ruminate** over a problem
After a long work day, she likes to **ruminate** on her accomplishments and plan for the next day.

chaplain

n. a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
synonym : spiritual leader, minister, priest

(1) college **chaplain**, (2) military **chaplain**
The hospital **chaplain** provided emotional support and spiritual guidance to the patients and their families.

humanist

n. a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles
synonym : humanitarian, philanthropist, altruist

(1) **humanist** scholar, (2) **humanist** philosophy
The **humanist** counselor encouraged her clients to focus on their growth and well-being.

industrious

adj. hardworking, diligent, and persistent in effort
synonym : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student
He was known to be very **industrious** and would often work late into the night.

atheist

n. a person who denies or disbelieves the existence of a deity or deities
synonym : nonbeliever, unbeliever, secularist

(1) **atheist** community, (2) **atheist** belief
She was an **atheist** without any belief in a higher power.

reorganize

v. to change to a more sufficient or suitable form of organization

synonym : rearrange, reconstruct, reshuffle

(1) **reorganize** a department, (2) **reorganize** his debts

The new CEO was appointed to **reorganize** their business.

boredom

n. a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation

synonym : ennui, tedium, monotony

(1) **boredom** relief, (2) chronic **boredom**

The long lecture on a topic I already knew left me struggling to fight off **boredom**.

digress

v. to move away from the main subject temporarily, especially in speech or writing

synonym : deviate, meander, stray

(1) **digress** into my personal opinions, (2) **digress** from the main subject

The professor always **digresses** when he gives a lecture.

anew

adv. in a new or different way

synonym : again, once more, fresh

(1) arm **anew**, (2) review **anew**

He decided to start **anew** and leave his old life behind.

quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym : cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per

minute

synonym : revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

uncharted

adj. not mapped or surveyed; unknown or unexplored; without a clear or definite course of action

synonym : unknown, unexplored, undiscovered

(1) **uncharted** wilderness, (2) **uncharted** waters

The explorer ventured into **uncharted** territory, not knowing what to expect.

strenuous

adj. requiring or showing great energy, effort, or exertion; physically or mentally demanding; characterized by vigorous activity

synonym : arduous, laborious, demanding

(1) **strenuous** exercise, (2) **strenuous** effort

After the **strenuous** hike, I needed to rest a few hours before continuing.

frightening

adj. causing fear or alarm, or very surprising and alarming

synonym : scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience

The news of the pandemic was a **frightening** reminder of the fragility of human health.

perplexing

adj. causing confusion or uncertainty; difficult to understand or explain; puzzling or mystifying

synonym : puzzling, confusing, baffling

(1) **perplexing** situation, (2) **perplexing** problem

The novel's ambiguous ending left readers with a **perplexing** message.

dotcom

n. a company or business that primarily operates on the Internet or has a web-based presence, particularly

during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry

synonym: website, online business, e-commerce

(1) successful **dotcom**, (2) **dotcom** millionaire

The **dotcom** boom of the late 1990s changed the landscape of the tech industry forever.

screenshot

n. a digital photograph or image of what is displayed on a computer or electronic screen, often used for capturing and sharing information or documenting an issue or problem

synonym: capture, screen dump

(1) **screenshot** function, (2) send a **screenshot**

I took a **screenshot** of the error message to show the tech support team.

mull

v. to think over carefully; to consider or ponder; to mix or stir thoroughly

synonym: ponder, contemplate, meditate

(1) **mull** ways to retaliate, (2) **mull** a decision

I need to **mull** over the job offer before making a decision.

marinade

n. a liquid mixture of herbs, spices, oil, and vinegar or citrus juice used to flavor and tenderize meat or fish before cooking; a soaking or immersion in this mixture

synonym: marinate, dressing, sauce

(1) **marinade** sauce, (2) **marinade** meat

I love to use a citrus-based **marinade** for seafood dishes.

Session 2: Spelling

1. gu___a coins *n.* a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
2. hu____st philosophy *n.* a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles
3. bl_____de opponent *v.* to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage
4. re_____k a marketing plan *v.* to consider again a plan, idea, etc., especially to change it
5. reo_____ze a department *v.* to change to a more sufficient or suitable form of organization
6. ma_____de sauce *n.* a liquid mixture of herbs, spices, oil, and vinegar or citrus juice used to flavor and tenderize meat or fish before cooking; a soaking or immersion in this mixture
7. gu___a pig *n.* a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

ANSWERS: 1. guinea, 2. humanist, 3. blindside, 4. rethink, 5. reorganize, 6. marinade, 7. guinea

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|---|-----------|---|
| 8. m__l ways to retaliate | <i>v.</i> | to think over carefully; to consider or ponder; to mix or stir thoroughly |
| 9. the di_____ty between theory and reality | <i>n.</i> | a significant difference or inequality between two or more things |
| 10. sense of op_____sm | <i>n.</i> | a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation |
| 11. at_____t belief | <i>n.</i> | a person who denies or disbelieves the existence of a deity or deities |
| 12. cor_____us bankruptcy | <i>n.</i> | a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2 |
| 13. pa_____te troops | <i>n.</i> | a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air |
| 14. di_____e to the associate | <i>v.</i> | to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded |
| 15. sh_____e a book | <i>v.</i> | to put or arrange something, especially books, on a shelf; to decide not to take action on something either for a short time or permanently |

ANSWERS: 8. mull, 9. disparity, 10. optimism, 11. atheist, 12. coronavirus, 13. parachute, 14. dictate, 15. shelve

16. bo____m relief *n.* a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation
17. up____t my spirit *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
18. golden pa_____te *n.* a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
19. ma____de meat *n.* a liquid mixture of herbs, spices, oil, and vinegar or citrus juice used to flavor and tenderize meat or fish before cooking; a soaking or immersion in this mixture
20. zi____g sewing machine *adj.* having short sharp turns or angles
21. per_____ng situation *adj.* causing confusion or uncertainty; difficult to understand or explain; puzzling or mystifying
22. di____sh swelling *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
23. co____e fantasy with reality *v.* to mistake one thing for another; to make somebody hard to understand
24. ps____e healing *n.* the human soul, mind, or spirit
25. st_____us effort *adj.* requiring or showing great energy, effort, or exertion; physically or mentally demanding; characterized by vigorous activity

ANSWERS: 16. boredom, 17. uplift, 18. parachute, 19. marinade, 20. zigzag, 21. perplexing, 22. diminish, 23. confuse, 24. psyche, 25. strenuous

26. military ch____in *n.* a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
27. st____nt car sales *adj.* not flowing or circulating; standing still; stagnant water
28. st____nt economy *adj.* not flowing or circulating; standing still; stagnant water
29. chronic bo____m *n.* a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation
30. di____s into my personal opinions *v.* to move away from the main subject temporarily, especially in speech or writing
31. an ill____ing answer *adj.* making something clear or easy to understand; providing light
32. m__l a decision *v.* to think over carefully; to consider or ponder; to mix or stir thoroughly
33. presently non____ent *adj.* not real; not existing or having no real existence
34. hu____st scholar *n.* a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles

ANSWERS: 26. chaplain, 27. stagnant, 28. stagnant, 29. boredom, 30. digress, 31. illuminating, 32. mull, 33. non-existent, 34. humanist

35. unp_____ed for the exam *adj.* not properly or adequately prepared; lacking preparation; not ready
36. scr_____ot function *n.* a digital photograph or image of what is displayed on a computer or electronic screen, often used for capturing and sharing information or documenting an issue or problem
37. global pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area
38. qu__e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
39. ill_____ing light *adj.* making something clear or easy to understand; providing light
40. rich in nu____e *n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.
41. college ch_____in *n.* a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
42. bl_____de the audience *v.* to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage

ANSWERS: 35. unprepared, 36. screenshot, 37. pandemic, 38. quote, 39. illuminating, 40. nuance, 41. chaplain, 42. blindside

43. political op_____sm *n.* a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
44. em_____nt repair of an aorta *adj.* starting to exist or view, or to become known
45. re_____k the role of the manager *v.* to consider again a plan, idea, etc., especially to change it
46. ru_____te about the past *v.* to think deeply about something; to ponder
47. ru_____te over a problem *v.* to think deeply about something; to ponder
48. non_____ent resources *adj.* not real; not existing or having no real existence
49. deep ps____e *n.* the human soul, mind, or spirit
50. do____m millionaire *n.* a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry
51. income di_____ty *n.* a significant difference or inequality between two or more things
52. fr_____t with danger *adj.* causing, accompanied by, or full of anxiety, tension, or stress
53. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 43. optimism, 44. emergent, 45. rethink, 46. ruminate, 47. ruminate, 48. non-existent, 49. psyche, 50. dotcom, 51. disparity, 52. fraught, 53. rev

54. a zi___g line *adj.* having short sharp turns or angles
55. at___t community *n.* a person who denies or disbelieves the existence of a deity or deities
56. become increasingly fr___t *adj.* causing, accompanied by, or full of anxiety, tension, or stress
57. di___s from the main subject *v.* to move away from the main subject temporarily, especially in speech or writing
58. arm a__w *adv.* in a new or different way
59. flu pa___ic *n.* an outbreak of a disease that affects many people over a very wide area
60. di___sh a reputation *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
61. un___ed waters *adj.* not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
62. di___e a letter to secretary *v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded
63. st___us exercise *adj.* requiring or showing great energy, effort, or exertion; physically or mentally demanding; characterized by vigorous activity
64. cast fri___ng eyes *adj.* causing fear or alarm, or very surprising and alarming
65. successful do___m *n.* a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry

ANSWERS: 54. zigzag, 55. atheist, 56. fraught, 57. digress, 58. anew, 59. pandemic, 60. diminish, 61. uncharted, 62. dictate, 63. strenuous, 64. frightening, 65. dotcom

66. un_____ed wilderness *adj.* not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
67. do_____t account *adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
68. res_____re my debts *v.* to organize a company, business, or system in a new and different way to make it work more effectively
69. ex_____e cigarette smoke *v.* to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
70. review a__w *adv.* in a new or different way
71. ind_____us student *adj.* hardworking, diligent, and persistent in effort
72. do_____t volcano *adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
73. unp_____ed speech *adj.* not properly or adequately prepared; lacking preparation; not ready
74. up____t mountains *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
75. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
76. per_____ng problem *adj.* causing confusion or uncertainty; difficult to understand or explain; puzzling or mystifying

ANSWERS: 66. uncharted, 67. dormant, 68. restructure, 69. exhale, 70. anew, 71. industrious, 72. dormant, 73. unprepared, 74. uplift, 75. industrious, 76. perplexing

77. co____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
78. ex___e a big sigh *v.* to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
79. res_____re sentence *v.* to organize a company, business, or system in a new and different way to make it work more effectively
80. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (*v.*) to increase the number of rotations per minute
81. send a scr_____ot *n.* a digital photograph or image of what is displayed on a computer or electronic screen, often used for capturing and sharing information or documenting an issue or problem
82. sh___e a bill *v.* to put or arrange something, especially books, on a shelf; to decide not to take action on something either for a short time or permanently
83. subtle cultural nu___e *n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.
84. qu__e a source *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

ANSWERS: 77. confuse, 78. exhale, 79. restructure, 80. rev, 81. screenshot, 82. shelve, 83. nuance, 84. quote

85. cor_____us antibody test kit *n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
86. an em_____nt republic *adj.* starting to exist or view, or to become known
87. reo_____ze his debts *v.* to change to a more sufficient or suitable form of organization
88. fri_____ng experience *adj.* causing fear or alarm, or very surprising and alarming

ANSWERS: 85. coronavirus, 86. emergent, 87. reorganize, 88. frightening

Session 3: Fill in the Blanks

1. The _____ student struggled on the test and received a low grade.
adj. not properly or adequately prepared; lacking preparation; not ready
2. There is a significant _____ in pay between men and women in the company.
n. a significant difference or inequality between two or more things
3. He stepped on the gas pedal, and the engine released a loud _____.
n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
4. The hospital _____ provided emotional support and spiritual guidance to the patients and their families.
n. a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
5. Extensive areas of _____ plants are usually called marsh.
adj. starting to exist or view, or to become known
6. I need to _____ over the job offer before making a decision.
v. to think over carefully; to consider or ponder; to mix or stir thoroughly
7. As people get old, their energies may _____.
v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

ANSWERS: 1. unprepared, 2. disparity, 3. rev, 4. chaplain, 5. emergent, 6. mull, 7. diminish

8. There is considerable _____ that the economy will recover soon.
n. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
9. The disease can remain _____ for years before it presents any symptoms.
adj. in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
10. The explorer ventured into _____ territory, not knowing what to expect.
adj. not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
11. The negotiations were _____ with challenges and setbacks.
adj. causing, accompanied by, or full of anxiety, tension, or stress
12. In his speech, he _____ a famous philosopher to emphasize his point.
v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
13. He took a deep breath and slowly began to _____.
v. to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
14. After a long work day, she likes to _____ on her accomplishments and plan for the next day.
v. to think deeply about something; to ponder
15. We had to go through a _____ course.
adj. having short sharp turns or angles

ANSWERS: 8. optimism, 9. dormant, 10. uncharted, 11. fraught, 12. quoted, 13. exhale, 14. ruminates, 15. zigzag

16. The new CEO was appointed to _____ their business.
v. to change to a more sufficient or suitable form of organization
17. The _____ in the stock market has been a relief to investors.
n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
18. The news of the pandemic was a _____ reminder of the fragility of human health.
adj. causing fear or alarm, or very surprising and alarming
19. I took a _____ of the error message to show the tech support team.
n. a digital photograph or image of what is displayed on a computer or electronic screen, often used for capturing and sharing information or documenting an issue or problem
20. The _____ boom of the late 1990s changed the landscape of the tech industry forever.
n. a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry
21. He decided to start _____ and leave his old life behind.
adv. in a new or different way
22. We have to _____ our company's product lineup for further growth.
v. to consider again a plan, idea, etc., especially to change it
23. Considering the recent increase in interest rates, we must _____ our plans to buy a new house.
v. to put or arrange something, especially books, on a shelf; to decide not to take action on something either for a short time or permanently

ANSWERS: 16. reorganize, 17. uplift, 18. frightening, 19. screenshot, 20. dotcom, 21. anew, 22. rethink, 23. shelve

24. They fear a _____ of a new type of virus.

n. an outbreak of a disease that affects many people over a very wide area

25. The novel's ambiguous ending left readers with a _____ message.

adj. causing confusion or uncertainty; difficult to understand or explain; puzzling or mystifying

26. Considering the situation of _____ organized stopped this year's beer festival.

n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

27. Her remarks _____ the debate.

v. to mistake one thing for another; to make somebody hard to understand

28. The economic downturn made it necessary to _____ the business.

v. to organize a company, business, or system in a new and different way to make it work more effectively

29. He was known to be very _____ and would often work late into the night.

adj. hardworking, diligent, and persistent in effort

30. The painter has tried to express every _____ of the woman's expression in his work.

n. a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

31. The professor always _____ when he gives a lecture.

v. to move away from the main subject temporarily, especially in speech or writing

ANSWERS: 24. pandemic, 25. perplexing, 26. coronavirus, 27. confused, 28. restructure, 29. industrious, 30. nuance, 31. digresses

32. The allies _____ the terms of surrender to the country.
- v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded
33. The cost of the antique vase is three _____.
- n.* a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
34. My boss's criticism of my work _____ me during the meeting.
- v.* to surprise or attack someone unexpectedly and from a position they are not aware of, often to gain an advantage
35. The evidence for this theory is _____.
- adj.* not real; not existing or having no real existence
36. I love to use a citrus-based _____ for seafood dishes.
- n.* a liquid mixture of herbs, spices, oil, and vinegar or citrus juice used to flavor and tenderize meat or fish before cooking; a soaking or immersion in this mixture
37. The _____ water in the pond is a breeding ground for mosquitoes.
- adj.* not flowing or circulating; standing still; stagnant water
38. The therapist helped her understand the workings of her _____ and how to cope with her anxiety.
- n.* the human soul, mind, or spirit
39. The long lecture on a topic I already knew left me struggling to fight off _____.
- n.* a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation

ANSWERS: 32. dictated, 33. guineas, 34. blindsided, 35. non-existent, 36. marinade, 37. stagnant, 38. psyche, 39. boredom

40. The _____ counselor encouraged her clients to focus on their growth and well-being.
- n.* a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles
41. She was an _____ without any belief in a higher power.
- n.* a person who denies or disbelieves the existence of a deity or deities
42. After the _____ hike, I needed to rest a few hours before continuing.
- adj.* requiring or showing great energy, effort, or exertion; physically or mentally demanding; characterized by vigorous activity
43. This training includes emergency escape drills with _____.
- n.* a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
44. The lecture was _____ and gave me a new perspective on the topic.
- adj.* making something clear or easy to understand; providing light

ANSWERS: 40. humanist, 41. atheist, 42. strenuous, 43. parachutes, 44. illuminating