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Vocabulary Builder Reference from...

Elaine Fong: My mother's final wish -- and the right to die with dignity | TED Talk

https://www.ted.com/talks/elaine_fong_my_mother_s_final_wish_and_the_right_to_die_with_dignity

All Words

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Session 1: Word List

brand

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

synonym : trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car

There's a new **brand** of hero in the movies now.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

motivation

n. the reason or enthusiasm for acting or behaving in a particular way

synonym : inspiration, incentive, reason

(1) understand his **motivation**, (2) **motivation** for a change

A significant amount of **motivation** is required to be a teacher.

transform

v. to change in outward structure or looks;

synonym : alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

ugly

adj. unattractive in appearance; unpleasant to look at
synonym: unattractive, unsightly, repulsive

(1) an **ugly** sound, (2) **ugly** building

The **ugly** truth was that he had been lying to her for months.

unique

adj. being the only one of its kind; unlike anything else
synonym: one-of-a-kind, unparalleled, incomparable

(1) a **unique** teacher, (2) **unique** design

The painting is **unique**, and there is no other like it.

ordinary

adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
synonym: mundane, prosaic, average

(1) an **ordinary** school, (2) **ordinary** annual revenue

The **ordinary** session of the Diet opened.

memorable

adj. worth remembering or likely to be remembered, especially because of being very important or remarkable

synonym: extraordinary, noteworthy, unforgettable

(1) create **memorable** experiences, (2) least **memorable** song

His passionate speech makes a **memorable** impression.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym : tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

remission

n. a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts

synonym : forgiveness, amnesty, absolution

(1) complete **remission**, (2) clinical **remission**

The cancer patient was delighted to hear that their disease was in **remission**.

tumor

n. a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way

synonym : neoplasm, mass, lump

(1) **tumor** growth, (2) **tumor** at remote sites

The patient was diagnosed with a **tumor** in her lung.

vertebra

n. a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord

(1) cervical **vertebra**, (2) **vertebra** injury

He uses a **vertebra** traction machine for his treatment.

arthritis

n. inflammation of one or more joints of the body, which include pain and stiffness

(1) medication for **arthritis**, (2) symptoms of **arthritis**

My rheumatoid **arthritis** is acting up again.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym : revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

twin

n. either of two children born at the same time from the same mother

(1) a **twin-lens** camera, (2) a **twin** room

Its **twin** brothers are difficult to tell apart except for their parents.

norm

n. something that is regarded as usual, typical, or standard
synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

communist

adj. relating to or supporting the political ideology of communism (= a form of socialism that abolishes private ownership)

synonym: socialist, marxist, leninist

(1) **communist** party, (2) **communist** activist

During the Cold War, many countries feared the spread of **communist** ideology.

pride

n. a feeling of deep pleasure or satisfaction derived from one's achievements

synonym: vanity, conceit, egotism

(1) **pride** of a company, (2) hide his **pride**

She took great **pride** in her work, always striving for perfection.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

flee

v. to leave by running away, especially out of fear or danger

synonym: exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

persistent

adj. continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

synonym: tenacious, steadfast, unrelenting

(1) **persistent** cough, (2) **persistent** data

Despite the setbacks, he remained **persistent** in his pursuit of his dreams.

fearless

adj. having no fear; brave

synonym: brave, courageous, daring

(1) **fearless** attitude, (2) **fearless** bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

charm

n. the power or quality of pleasing or fascinating people
synonym : allure, appeal, beauty

(1) masculine **charm**, (2) **charm** against bad luck

These are significantly more exquisite than typical **charm** bracelets.

whip

v. to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.

synonym : thrash, flog, scourge

(1) **whip** egg whites, (2) **whip** into shape

The jockey **whipped** the horse hard to take first place.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

prime

adj. main or most important; basic

synonym : excellent, exceptional, premium

(1) **prime** number, (2) deputy **prime** minister

After a thorough investigation, she has been named as the **prime** suspect.

locate

v. to specify or determine the exact position of someone or something

synonym : discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

pierce

v. to cut or make a way through with a sharp instrument

synonym : jab, penetrate, stab

(1) **pierce** the armored shells, (2) **pierce** a mystery

The extreme cold **pierced** our bones.

punk

n. a type of a loud, fast-moving, and aggressive form of rock music originating in the 1970s; an aggressive and violent young man or boy

synonym : hoodlum, bully, thug

(1) **punk** rock, (2) clothes of the **punk** style

We are never intimidated when dealing with young **punks**.

preview

n. an early look or showing of a movie, book, or other creative work before its official release or presentation; a brief overview or introduction of something

synonym : sneak peek, trailer, teaser

(1) **preview** screening, (2) trailer **preview**

We watched a **preview** of the upcoming movie before it was released in theaters.

radiation

n. the energy that comes from a nuclear reaction in the form of rays, waves, or particles and that can be hazardous to health

synonym : dissemination, emission, irradiation

(1) exposure to **radiation**, (2) electromagnetic **radiation**

He tried every possible treatment, including chemotherapy and **radiation** therapy.

involve

v. to include or affect someone or something as a necessary part of something else

synonym : implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym : beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

brace

n. a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast

synonym : support, clamp, (verb) strengthen

(1) **brace** for impact, (2) **brace** my energies

She wore a **brace** on her leg to support her injured ankle.

announcement

n. a public statement or declaration, often made in writing or through the media, that conveys important information or news

synonym : declaration, notification, statement

(1) public **announcement**, (2) **announcement** date

The company made an **announcement** about its new product at a press conference.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym : operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

blank

adj. without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information

synonym : empty, void, barren

(1) **blank** expression, (2) **blank** paper

The computer screen displayed nothing but a **blank** white screen

trap

n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

synonym : catch, snare, pinfall

(1) set a **trap**, (2) **trap** an animal

The enemy fell right into the **trap**.

adamant

adj. having a very strong determination to do something and refusing to be influenced or persuaded; (noun) a legendary rock that is very hard and impossible to crush

synonym : resolute, unyielding, obstinate

(1) **adamant** refusal, (2) **adamant** to temptation

She was **adamant** about not changing her mind.

dignity

n. the quality of being worthy of esteem or respect; high office or rank or station

synonym : grace, elegance, nobility

(1) respect for human **dignity**, (2) retain everyone's **dignity**

The failure destroyed his trust and personal **dignity**.

legislation

n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

synonym : act, regulation, decree

(1) anti-terrorist **legislation**, (2) introduce **legislation**

Similar **legislation** had already been rejected by the parliament four times.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

individual

n. a single person or thing, as distinct from a group
synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

confirm

v. to support or establish the truth or certainty of something previously believed or suspected to be the case

synonym: affirm, verify, assure

(1) **confirm** the diagnosis, (2) **confirm** a transaction

Please write to **confirm** your reservation.

terminal

n. a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route

synonym: endpoint, final, concluding

(1) **terminal** disease, (2) a **terminal** syllable

The **terminal** at the airport is where passengers catch their flights.

devastate

v. to wreck a place or an area or cause significant damage

synonym: demolish, destroy, crush

(1) **devastate** an area, (2) **devastate** the economy

Earthquakes can also trigger tsunamis, which **devastate** coastal areas.

ceremony

n. a formal event or ritual, often religious or solemn

synonym: ritual, rite, observance

(1) **ceremony** hall, (2) **ceremony** location

The wedding **ceremony** was a beautiful and emotional event.

immediate

adj. happening or done without delay or occurring shortly after something else

synonym : prompt, quick, instantaneous

(1) take **immediate** effect, (2) the **immediate** past

Both forts were subject to **immediate** attacks.

outfit

n. a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.

synonym : ensemble, set, suit

(1) camping **outfit**, (2) a construction **outfit**

I need to buy a new **outfit** for the wedding I'm attending next weekend.

ash

n. the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation

synonym : cinder, soot, dust

(1) **ash** tree, (2) soda **ash**

The volcanic **ash** covered the island after the eruption.

scatter

v. to cause to separate and go in different directions

synonym : disperse, spread, bestrew

(1) **scatter** seeds, (2) **scatter** around the internet

The hunter's approach **scattered** the geese.

mount

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

synonym : climb, increase, get on

(1) **mount** a hill, (2) **mount** a counterattack

They **mounted** pictures on the paper in preparation for the birthday card.

afterward

adv. after the time mentioned

synonym : later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

fancy

v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

synonym : imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**

I don't **fancy** acting in such an important role.

casual

adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness

synonym : informal, relaxed, offhand

(1) **casual** dress, (2) take a **casual** glance

They had a **casual** conversation over coffee at the local cafe.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym : praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

hospice

n. a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support

synonym : palliative care, nursing home, care center

(1) **hospice** care, (2) home **hospice**

The **hospice** team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.

consult

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular

subject

synonym: confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet
Always **consult** a lawyer before launching a business.

proceed

v. to move forward or to continue with a process or action;
to advance or progress

synonym: advance, progress, move ahead

(1) **proceed** with caution, (2) **proceed** to the next step
We can now **proceed** with the next item on our agenda.

physician

n. a medical doctor who practices medicine

synonym: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**
She visited the local **physician** to seek treatment for her persistent headache.

oncology

n. the branch of medicine that deals with the study and treatment of tumors, especially malignancies

synonym: cancer treatment, study of tumors

(1) **oncology** center, (2) modern **oncology** treatment
The pharmaceutical company unveiled its latest breakthrough drug for the **oncology** market.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**
He got an electric **shock** at work.

swift

adj. happening, moving, or capable of moving quickly

synonym: quick, speedy, brisk

(1) take **swift** action, (2) a **swift** current of a river
Her voice was **swift**, yet ever the last words fell lingeringly.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

educated

adj. having received a high standard of education

synonym: knowledgeable, erudite, enlightened

(1) **educated** adult, (2) **educated** speech

Excellent speech is a characteristic of an **educated** man.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

relate

- v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

transfer

- v. to move, pass, or change from one person, place, or situation to another

synonym: move, relocate, shift

(1) **transfer** a file, (2) **transfer** power

She **transferred** the money from her savings account to her checking account.

disappointment

- n. the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

synonym: letdown, frustration, discouragement

(1) **disappointment** in the result, (2) **disappointment** with the service

The cancellation of the concert was a huge **disappointment** for the fans.

palliate

- v. to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause

synonym: extenuate, soothe, relieve

(1) **palliate** symptoms, (2) attempts to **palliate**

The charity provided meals and shelter to **palliate** the suffering of the homeless population.

comfort

- n. a state of physical ease and freedom from pain or constraint

synonym: ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym : otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

testament

n. a thing that proves the existence or truth of something else

synonym : proof, testimony, testimonial

(1) give properties by **testament**, (2) **testament** to the superior quality

His wealth is a **testament** to his success.

pragmatic

adj. practical rather than idealistic

synonym : practical, realistic, down-to-earth

(1) **pragmatic** approach, (2) **pragmatic** politics

He was a **pragmatic** leader who made decisions based on what was practical rather than ideal.

holistic

adj. relating to or dealing with the whole of something rather than just its parts

synonym : comprehensive, all-encompassing, total

(1) **holistic** education, (2) develop a **holistic** vision

The **holistic** approach to healthcare considers the person's physical, mental, and emotional well-being.

afford

v. to have enough money or time to be able to buy or do something

(1) **afford** to buy a new car, (2) **afford** a high travel cost

He cannot **afford** a holiday.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym :

imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

initial

adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name

synonym: basic, primary, beginning

(1) **initial** velocity, (2) an **initial** letter

They took the **initial** step toward reconciliation.

frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym: weak, delicate, fragile

(1) **frail** body, (2) **frail** condition

My grandfather's health has declined, and he is now quite **frail**.

circulation

n. the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold

synonym: flow, movement, dissemination

(1) lymphatic **circulation**, (2) **circulation** of money

The **circulation** of the magazine has been steadily declining.

sneak

v. to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily

synonym: creep, tiptoe, smuggle

(1) **sneak** a cigarette, (2) **sneak** out of danger

The children tried to **sneak** out and eat the candy.

handicap

n. a physical or mental condition that limits a person's movements, senses, or activities

synonym: disability, impairment, limitation

(1) **handicap** parking space, (2) mental **handicap**

The athlete overcame his physical **handicap** to become a world champion.

deluge

n. a severe flood; an overwhelming number or amount of something

synonym: flood, downpour, surge

(1) get caught in the **deluge**, (2) a **deluge** of fire

Recent developments in data analysis techniques have been instrumental in finding insights from the data **deluge**.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

luxury

n. a state of great comfort or sophistication, mainly provided by expensive and beautiful things

synonym: extravagance, indulgence, opulence

(1) get into the **luxury** car market, (2) **luxury** hotel

His anti- **luxury** practices were quite strict.

sponge

n. a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning

(1) sea **sponge**, (2) metallic **sponge**

The tiny marine **sponge** has existed for more than 500 million years.

documentary

n. a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

synonym: film, broadcast, doco

(1) a **documentary** film, (2) **documentary** proof

He won an award for that short **documentary**.

classic

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

synonym : definitive, traditional, typical

(1) a **classic** experiment, (2) Chinese **classic** literature

He displayed the **classic** symptoms of depression.

mood

n. the way you feel at a particular time; an angry or impatient state of mind

synonym : mindset, disposition, temper

(1) the **mood** in a room, (2) in an ugly **mood**

His gaffe spoiled the **mood** of the dinner party.

plead

v. to make a serious and urgent request or appeal, especially for help or mercy

synonym : beg, implore, supplicate

(1) **plead** for mercy, (2) **plead** a political cause

He **pleaded** with the authorities to release his son, who had been wrongly accused.

fulfill

v. to meet the requirements or expectations; to achieve or realize

synonym : satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

disappoint

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

synonym : sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me

She worked very hard not to **disappoint** her boss's expectations.

wheelchair

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

aesthetic

adj. connected with the enjoyment or study of beauty

synonym : beautiful, artistic, esthetic

(1) **aesthetic** value, (2) **aesthetic** feeling

My **aesthetic** standards are quite different from hers.

visual

adj. relating to seeing or sight

synonym : optical, graphical, visible

(1) **visual** navigation, (2) field of **visual** arts

The building makes a remarkable **visual** impact.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym : convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

combination

n. a collection of things that have been combined; an assemblage of separate parts or qualities

synonym : blend, hybrid, compounding

(1) genic **combinations**, (2) **combination** number

The **combination** to the safe was a secret.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym : cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

off-putting

adj. causing someone to feel unpleasant, uncomfortable, or aversion; causing someone not to want to do or experience something

synonym: unappealing, daunting, repelling

(1) **off-putting** behavior, (2) **off-putting** remarks

The strong smell of fish in the restaurant was **off-putting** to many customers.

obvious

adj. easy to see, discover or understand

synonym: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

grasp

v. to take hold of something or someone quickly and firmly

synonym: grab, clasp, grip

(1) **grasp** his hand, (2) **grasp** a chance

They spent a lot of time trying to **grasp** the current situation.

caress

v. to touch or stroke gently and affectionately; to express love or tenderness with physical contact

synonym: stroke, fondle, pet

(1) **caress** her hair, (2) **caress** his cheek

The mother gently **caressed** her child's forehead to soothe their fever.

unusually

adv. in a way that is not typical or expected

synonym: exceptionally, remarkably, outstandingly

(1) **unusually** cheerful, (2) look **unusually** serious

The team's performance has been **unusually** poor this season.

flesh

n. the soft substance composing the body of a person or animal, as opposed to bones and other structures

synonym : meat, muscle, tissue

(1) grow in **flesh**, (2) **flesh** eating

The **flesh** of the fruit is sweet and juicy.

dull

adj. not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp

synonym : insensitive, unintelligent, boring

(1) a **dull** pain, (2) **dull** sight

The trade is **dull** right now due to the collapse of the prominent investment bank.

execute

v. to kill someone, especially as a legal punishment; to carry out or perform an action, duty, etc.

synonym : direct, conduct, enforce

(1) **execute** a bold strategy, (2) **execute** a double play

The mafioso who collaborated with the police was **executed**.

mad

adj. insane, especially due to a mental illness; very angry

synonym : crazy, insane, furious

(1) a **mad** person, (2) gets **mad** easily

He was **mad** with joy to see the results.

heaven

n. (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty

synonym : paradise, nirvana, utopia

(1) ascend to **heaven**, (2) **heaven** on earth

He felt like **heaven** when he tasted the delicious chocolate cake.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym : courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

perk

n. an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job

synonym : extra, bonus, benefit

(1) **perks** for repeat guests, (2) worker **perk**

A yacht cruise is our company's ultimate **perk**.

cluster

n. a group of similar things or people close together, often forming a distinct mass or unit

synonym : group, aggregation, array

(1) live in a **cluster**, (2) a **cluster** of stars

A **cluster** of grapes hung from the vine.

expand

v. to increase or to make something greater in size, number, or importance

synonym : extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

spine

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

synonym : backbone, vertebra, column

(1) the **spine** of a book, (2) a cervical **spine** injury

She has a minor curved **spine** due to desk work for many years.

stern

adj. serious, unyielding, or strict in manner or attitude

synonym : severe, harsh, strict

(1) **stern** warning, (2) a **stern** look

The students' antics did not amuse the **stern** teacher.

rib

n. each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to

laughter or ridicule

synonym : **costa**

(1) brake a **rib**, (2) **rib** cage

The accident caused a cracked **rib**.

cage

n. a structure made of metal bars or wire in which birds or animals can be kept

synonym : enclosure, jail, corral

(1) an insect **cage**, (2) a bird in a **cage**

The trapped bear is running amok in its **cage**.

beg

v. to ask for something urgently or earnestly; to appeal to someone to do something

synonym : plead, implore, entreat

(1) **beg** the question, (2) **beg** for help

She **begged** her parents to let her go to the concert.

prescription

n. a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

synonym : directive, instruction, order

(1) **prescription** drugs, (2) fill the **prescription**

I need to refill my **prescription** for allergy medication at the pharmacy.

hesitate

v. to pause decision before saying or doing something

synonym : waver, pause, waffle

(1) **hesitate** for a moment, (2) **hesitate** to ask for help

Please do not **hesitate** to call us.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets

enough exercise and a healthy diet.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

alternative

n. one of two or more available possibilities or choice

synonym: choice, option

(1) an **alternative** plan, (2) there is no other **alternative**

Doctors are gradually coming around to the idea of using **alternative** medicines.

liquid

n. a substance, such as water or oil that flows freely and is neither a solid nor a gas

synonym: fluid

(1) colorless **liquid**, (2) hazardous **liquid**

The sponge takes up the **liquid** well.

vary

v. to become different in terms of size, shape, etc.

synonym: alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price

Maximum heart rates **vary** a lot for each individual.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

gag

v. to prevent or restrict speech or expression, often through force or intimidation; to bind or cover the mouth to prevent speech; to cause someone to retch or choke; (noun) a device that is placed over someone's mouth to

prevent them from speaking or making noise; an order that prohibits a person or group from discussing a particular topic or sharing certain information with others

synonym : muzzle, silence, suppress

(1) **gag** order, (2) **gag** a newspaper

The prisoner was **gagged** to prevent him from shouting for help.

reflex

n. an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

synonym : reaction, response, instinct

(1) **reflex** test, (2) knee **reflex**

My leg kicked involuntarily when the doctor tapped my knee with the **reflex** hammer.

medicinal

adj. of or relating to the treatment or cure of disease

synonym : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

insure

v. to provide coverage in the event of loss or damage

synonym : protect, guard, safeguard

(1) **insure** my house against fire, (2) **insure** domestic tranquility

I will **insure** my car before I go on a road trip.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym : strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

regulation

n. an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule

synonym: constraint, restriction, rule

(1) a company **regulation**, (2) **regulation** by the government

The **regulation** approved by Congress was perfunctorily implemented.

intent

n. a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

synonym: purpose, aim, goal

(1) the **intent** of a question, (2) **intent** gaze

The designer's **intent** was to create a minimalist aesthetic for the interior of the building.

scenario

n. a description of possible actions or events in the future; a written outline of a play, film, or literary work

synonym: plan, scheme, procedure

(1) the worst case **scenario**, (2) number of different **scenarios**

The president prepared several possible **scenarios** for an enemy attack.

revisit

v. to go to a place again, especially after a long period

synonym: reexplore, review, reexamine

(1) **revisit** a place, (2) **revisit** an old friend

We need to **revisit** this proposal as soon as the budget is more apparent than before.

redesign

v. to design something again, especially in a different or modified form; (noun) the process of designing something again

synonym: revamp, rework, remodel

(1) **redesign** project, (2) **redesign** of lifestyle

The company is planning to **redesign** its website.

complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym: complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly

complicated

He did **complicated** pen-and-ink drawings in just a few days.

peaceful

adj. not involving violence, conflict, or war

synonym: friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

eye-popping

adj. causing surprise, shock, or amazement; highly impressive or stunning; visually exciting or captivating

synonym: astonishing, impressive, jaw-dropping

(1) **eye-popping** performance, (2) an **eye-popping** outfit

The city's skyline was an **eye-popping** sight from the top of the skyscraper.

crazy

adj. stupid or not sensible; very angry

synonym: insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

feast

n. a large meal, typically one served on a special occasion

synonym: banquet, celebration, dinner

(1) a **feast** for the eyes, (2) a nightly **feast**

The royal **feast** celebrated the harvest, and the community enjoyed it.

roast

v. to cook food by surrounding it with hot, dry air, especially in an oven

synonym: bake, broil, grill

(1) **roast** coffee beans, (2) **roast** beef

The chef **roasted** the chicken to perfection in the oven.

strawberry

n. a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top

(1) the **strawberry** pie, (2) **strawberry** greenhouse
He had a **strawberry** smoothie for breakfast.

sparkle

v. to emit or reflect bright flashes of light, especially with animation and joy

synonym: shine, glimmer, twinkle

(1) **sparkle** like a gem, (2) **sparkle** from receiving light
The diamond **sparkled** in the sunlight.

playlist

n. a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event

synonym: tracklist, music list

(1) personal **playlist**, (2) curated **playlist**

I created a **playlist** of my favorite songs for my road trip.

tune

n. a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

synonym: melody, harmony, (verb) adjust

(1) the **tune** of a song, (2) **tune** a piano

The band played a beautiful **tune** on their instruments.

dusty

adj. covered with or characterized by dust; having a dry, powdery texture or appearance; having a lot of dust or dirt in the air

synonym: stale, filthy, grimy

(1) **dusty** road, (2) **dusty** bookshelf

The abandoned warehouse was covered in a thick layer of **dusty** debris.

toast

n. slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even

(1) drink a **toast**, (2) slice of **toast**

We made a **toast** with everyone.

glowing

adj. highly enthusiastic; greatly praised

synonym : burning, bright, flaming

(1) **glowing** reviews, (2) **glowing** cheeks

The western sky was **glowing** pink.

assistant

n. someone who helps or supports someone else to do a job

synonym : aide, helper, associate

(1) an unwilling **assistant**, (2) **assistant** professor

An executive **assistant** director administers each branch.

preparation

n. the activity of getting ready for something or making something ready

synonym : practice, trial, rehearsal

(1) a **preparation** program, (2) the **preparation** of meals

He helped me with the **preparation** of this book.

underway

adj. having started and currently in progress

synonym : afoot, ongoing, in motion

(1) just getting **underway**, (2) campaign now **underway**

This project has been **underway** for several years.

glance

v. to give a quick or brief look; to hit something at an angle

synonym : glimpse, peek, flash

(1) **glance** around nervously, (2) **glance** at him miserably

I casually **glanced** into the small hut.

thumb

n. the short, thick digit of the hand next to the index finger;
(verb) to travel by getting free rides from motorists

synonym : digit, finger, phalange

(1) **thumb** wrestling, (2) **thumb** a ride

He used his right **thumb** to press the button on his phone.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

nausea

n. a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust

synonym: queasiness, sickness, vomiting

(1) **nausea** medication, (2) drug-induced **nausea** and vomiting

The rollercoaster ride left me with a feeling of **nausea**.

declare

v. to say, state, or announce something clearly, officially, or publicly

synonym: announce, state, affirm

(1) **declare** independence, (2) **declare** my love

Foreign goods from abroad must be **declared** to customs when entering a country.

intention

n. something you want to do and are going to do

synonym: purpose, connotation, will

(1) **intention** behind his decision, (2) clear **intention**

Our CEO's **intentions** are always transparent and straightforward.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym: alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan

I attempted to **warn** him, but he ignored me.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

whiskey

n. a type of distilled alcoholic beverage made from fermented grains, typically barley, corn, rye, or wheat, aged in barrels and often consumed straight or with mixers

synonym: bourbon, scotch, rye

(1) bootleg **whiskey**, (2) **whiskey** barrel

I enjoy a glass of **whiskey** on the rocks after a long day.

uncertain

adj. not being sure of something; not being able to choose

synonym: doubtful, skeptical, pending

(1) numerous **uncertain** factors, (2) take an **uncertain** attitude

She was **uncertain** about her friend's intentions.

deteriorate

v. to become worse in quality; to decline or degenerate

synonym: decline, degenerate, regress

(1) **deteriorate** at a slow pace, (2) **deteriorate** condition

The patient's health **deteriorated** rapidly after being diagnosed with the disease.

tube

n. a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

synonym: pipe, hose, duct

(1) a capillary **tube**, (2) a glass **tube**

The **tube** train was packed with commuters during rush hour.

needle

n. a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood

synonym: thorn, spike, pin

(1) **needle** prick, (2) sewing **needle**

The acupuncturist inserted **needles** into specific points on my body to alleviate my pain.

fluorescent

adj. emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light

synonym : luminescent, phosphorescent, radiant

(1) **fluorescent** bulb, (2) **fluorescent** material

The office installed new **fluorescent** lighting to save energy.

difficulty

n. a condition or state that causes problems

synonym : hardship, complication, problem

(1) the degree of **difficulty**, (2) **difficulty** in breathing

He has **difficulty** exercising because of a back injury sustained in an accident.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

odd

adj. strange or unexpected; not divisible by two

synonym : strange, bizarre, abnormal

(1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

mess

n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

synonym : disarray, confusion, predicament

(1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

ritual

n. any customary observance or practice; any prescribed procedure for conducting religious ceremonies

synonym : tradition, ceremony, routine

(1) a **ritual** dance, (2) morning **ritual**

The woman of the house does the holy **ritual** of lighting two candles.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

invention

n. the creation of a new device or process resulting from study and experimentation; the act of inventing

synonym: creation, design, innovation

(1) the **invention** of new techniques, (2) common **invention**

Necessity is the mother of **invention**.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

curiosity

n. a strong desire to know or learn about something

synonym: interest, inquisitiveness, novelty

(1) boundless **curiosity**, (2) satisfy my intellectual **curiosity**

We are motivated by **curiosity** rather than necessity.

reframe

v. to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

synonym: redefine, restructure, reposition

(1) **reframe** resource allocation, (2) **reframe** problem

The therapist tried to **reframe** his negative thoughts.

rebrand

v. to change the branding or image of a product, service, or organization to attract a new target market or improve recognition and profitability

synonym : reintroduce, relaunch, reintegrate

(1) **rebrand** product, (2) **rebrand** company

The clothing brand decided to **rebrand** its image to attract a younger audience.

scary

adj. causing fear or fright; frightening; intimidating

synonym : terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story

The horror movie was so **scary** that I couldn't watch it alone.

desolate

adj. deserted, barren, or lonely; causing a feeling of sadness or hopelessness

synonym : barren, stark, uninhabited

(1) a **desolate** scene, (2) **desolate** moon

The deserted island was **desolate** and uninhabited.

bleak

adj. unlikely to be favorable; unpleasantly cold and damp; offering little or no hope

synonym : miserable, pathetic, dim

(1) prospects were **bleak**, (2) **bleak** future

The political landscape looks **bleak** without a change of administration.

noble

adj. having or showing excellent personal qualities or high moral principles that people admire

synonym : dignified, aristocratic, benevolent

(1) a **noble** family, (2) **noble** gas

He is a **noble-minded** man

universal

adj. existing or affecting everywhere or everyone

synonym : common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

belong

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or

appropriate place

synonym : fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

(1) **healthcare** agency, (2) rising **healthcare** cost

In an aging population, citizens must pay more to maintain quality **healthcare**.

provider

n. a person or an organization that supplies somebody with something needed or wanted

synonym : supplier

(1) an information **provider**, (2) the **provider** of the family

People select Internet **providers** not only in terms of price but also in terms of transmission speed.

Session 2: Spelling

- | | |
|------------------------------|--|
| 1. det_____te at a slow pace | <i>v.</i> to become worse in quality; to decline or degenerate |
| 2. u__y building | <i>adj.</i> unattractive in appearance; unpleasant to look at |
| 3. br__e for impact | <i>n.</i> a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast |
| 4. med_____on by mouth | <i>n.</i> a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease |
| 5. co_____st party | <i>adj.</i> relating to or supporting the political ideology of communism (= a form of socialism that abolishes private ownership) |
| 6. a t__n-lens camera | <i>n.</i> either of two children born at the same time from the same mother |
| 7. don't dis_____nt me | <i>v.</i> to fail to meet someone or their hopes or expectations; to make someone feel sad |
| 8. w__p egg whites | <i>v.</i> to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc. |
| 9. bl__k paper | <i>adj.</i> without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information |

ANSWERS: 1. deteriorate, 2. ugly, 3. brace, 4. medication, 5. communist, 6. twin, 7. disappoint, 8. whip, 9. blank

10. r_b cage *n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
11. clothes of the p__k style *n.* a type of a loud, fast-moving, and aggressive form of rock music originating in the 1970s; an aggressive and violent young man or boy
12. a com_____ed process *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
13. the br__d of the new car *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
14. re_____t a place *v.* to go to a place again, especially after a long period
15. respect for human di_____y *n.* the quality of being worthy of esteem or respect; high office or rank or station
16. a ri___l dance *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
17. a un___e teacher *adj.* being the only one of its kind; unlike anything else
18. campaign now un_____ay *adj.* having started and currently in progress
19. pre_____ion drugs *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

ANSWERS: 10. rib, 11. punk, 12. complicated, 13. brand, 14. revisit, 15. dignity, 16. ritual, 17. unique, 18. underway, 19. prescription

20. genic com_____ons *n.* a collection of things that have been combined; an assemblage of separate parts or qualities
21. un_____ly cheerful *adv.* in a way that is not typical or expected
22. the advice of the ph_____an *n.* a medical doctor who practices medicine
23. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
24. look un_____ly serious *adv.* in a way that is not typical or expected
25. the str_____ry pie *n.* a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top
26. g_g a newspaper *v.* to prevent or restrict speech or expression, often through force or intimidation; to bind or cover the mouth to prevent speech; to cause someone to retch or choke; (noun) a device that is placed over someone's mouth to prevent them from speaking or making noise; an order that prohibits a person or group from discussing a particular topic or sharing certain information with others
27. get caught in the de___e *n.* a severe flood; an overwhelming number or amount of something
28. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 20. combination, 21. unusually, 22. physician, 23. decide, 24. unusually, 25. strawberry, 26. gag, 27. deluge, 28. rev

29. cervical ve____ra *n.* a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord
30. gl____g reviews *adj.* highly enthusiastic; greatly praised
31. give si____t consent *adj.* without any or little sound
32. a d__l pain *adj.* not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp
33. fu____l a contract *v.* to meet the requirements or expectations; to achieve or realize
34. gr__p his hand *v.* to take hold of something or someone quickly and firmly
35. barren of cr____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
36. dif____ty in breathing *n.* a condition or state that causes problems
37. the in____t of a question *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
38. in____e my house against fire *v.* to provide coverage in the event of loss or damage
39. worker p__k *n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
40. sn__k a cigarette *v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily

ANSWERS: 29. vertebra, 30. glowing, 31. silent, 32. dull, 33. fulfill, 34. grasp, 35. creative, 36. difficulty, 37. intent, 38. insure, 39. perk, 40. sneak

41. ae_____ic value *adj.* connected with the enjoyment or study of beauty
42. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
43. per_____nt data *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
44. re___x test *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
45. a no__e family *adj.* having or showing excellent personal qualities or high moral principles that people admire
46. p__k rock *n.* a type of a loud, fast-moving, and aggressive form of rock music originating in the 1970s; an aggressive and violent young man or boy
47. ce_____ny hall *n.* a formal event or ritual, often religious or solemn
48. knee re___x *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
49. co_____m a transaction *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
50. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

ANSWERS: 41. aesthetic, 42. emotion, 43. persistent, 44. reflex, 45. noble, 46. punk, 47. ceremony, 48. reflex, 49. confirm, 50. statistics

51. tr____er power *v.* to move, pass, or change from one person, place, or situation to another
52. re____gn project *v.* to design something again, especially in a different or modified form; (noun) the process of designing something again
53. fr__l body *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
54. consult with a ph____an *n.* a medical doctor who practices medicine
55. ca____l dress *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
56. vi____l navigation *adj.* relating to seeing or sight
57. flu____nt material *adj.* emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light
58. boundless cu____ty *n.* a strong desire to know or learn about something
59. electromagnetic ra____on *n.* the energy that comes from a nuclear reaction in the form of rays, waves, or particles and that can be hazardous to health
60. st____ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations
61. de____te moon *adj.* deserted, barren, or lonely; causing a feeling of sadness or hopelessness

ANSWERS: 51. transfer, 52. redesign, 53. frail, 54. physician, 55. casual, 56. visual, 57. fluorescent, 58. curiosity, 59. radiation, 60. straight, 61. desolate

62. off_____ng behavior *adj.* causing someone to feel unpleasant, uncomfortable, or aversion; causing someone not to want to do or experience something
63. co_____m the diagnosis *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
64. a private ind_____al *n.* a single person or thing, as distinct from a group
65. a st_____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations
66. on_____gy center *n.* the branch of medicine that deals with the study and treatment of tumors, especially malignancies
67. trailer pr_____w *n.* an early look or showing of a movie, book, or other creative work before its official release or presentation; a brief overview or introduction of something
68. a cervical sp___e injury *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
69. brake a r_b *n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
70. ascend to he____n *n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty

ANSWERS: 62. off-putting, 63. confirm, 64. individual, 65. straight, 66. oncology, 67. preview, 68. spine, 69. rib, 70. heaven

71. de_____te an area
v. to wreck a place or an area or cause significant damage
72. exposure to ra_____on
n. the energy that comes from a nuclear reaction in the form of rays, waves, or particles and that can be hazardous to health
73. re___e a message
v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
74. in_____l velocity
adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name
75. an alt_____ve plan
n. one of two or more available possibilities or choice
76. cir_____on of money
n. the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold
77. his conclusion was ob_____s
adj. easy to see, discover or understand
78. sp_____al leader
adj. relating to or affecting the human spirit or soul as opposed to material or physical things
79. a nightly fe__t
n. a large meal, typically one served on a special occasion
80. go there af_____rd
adv. after the time mentioned
81. introduce leg_____on
n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

ANSWERS: 71. devastate, 72. radiation, 73. relate, 74. initial, 75. alternative, 76. circulation, 77. obvious, 78. spiritual, 79. feast, 80. afterward, 81. legislation

82. pa____te symptoms
v. to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
83. take a ca____l glance
adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
84. a de____te scene
adj. deserted, barren, or lonely; causing a feeling of sadness or hopelessness
85. the im____te past
adj. happening or done without delay or occurring shortly after something else
86. co____st activist
adj. relating to or supporting the political ideology of communism (= a form of socialism that abolishes private ownership)
87. cardiac su____y
n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
88. cr____ve writing
adj. relating to or involving the use of skill and original and unusual ideas to create something
89. fu____l a lifetime dream
v. to meet the requirements or expectations; to achieve or realize
90. ca____r diagnosis
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 82. palliate, 83. casual, 84. desolate, 85. immediate, 86. communist, 87. surgery, 88. creative, 89. fulfill, 90. cancer

91. dis_____ent with the service *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
92. no__e gas *adj.* having or showing excellent personal qualities or high moral principles that people admire
93. masculine ch__m *n.* the power or quality of pleasing or fascinating people
94. hide his pr__e *n.* a feeling of deep pleasure or satisfaction derived from one's achievements
95. pi___e a mystery *v.* to cut or make a way through with a sharp instrument
96. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
97. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
98. dis_____ent in the result *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
99. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 91. disappointment, 92. noble, 93. charm, 94. pride, 95. pierce, 96. develop, 97. conversation, 98. disappointment, 99. develop

100. v__y according to the age *v.* to become different in terms of size, shape, etc.
101. a doc_____ry film *n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
102. n__m of action *n.* something that is regarded as usual, typical, or standard
103. the t__e of a song *n.* a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
104. tr_____er a file *v.* to move, pass, or change from one person, place, or situation to another
105. re___e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
106. words of co_____t *n.* a state of physical ease and freedom from pain or constraint
107. live in a cl_____r *n.* a group of similar things or people close together, often forming a distinct mass or unit
108. the m__d in a room *n.* the way you feel at a particular time; an angry or impatient state of mind
109. w__p into shape *v.* to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.

ANSWERS: 100. vary, 101. documentary, 102. norm, 103. tune, 104. transfer, 105. relate, 106. comfort, 107. cluster, 108. mood, 109. whip

110. a company reg_____on *n.* an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule
111. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
112. fe_____ss bravery *adj.* having no fear; brave
113. de_____e my love *v.* to say, state, or announce something clearly, officially, or publicly
114. tr_____rm heat into power *v.* to change in outward structure or looks;
115. ve_____ra injury *n.* a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord
116. a pre_____on program *n.* the activity of getting ready for something or making something ready
117. gets m_d easily *adj.* insane, especially due to a mental illness; very angry
118. pr_____ic approach *adj.* practical rather than idealistic
119. str_____ry greenhouse *n.* a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top
120. take im_____te effect *adj.* happening or done without delay or occurring shortly after something else
121. de_____te the economy *v.* to wreck a place or an area or cause significant damage

ANSWERS: 110. regulation, 111. shock, 112. fearless, 113. declare, 114. transform, 115. vertebra, 116. preparation, 117. mad, 118. pragmatic, 119. strawberry, 120. immediate, 121. devastate

122. drug-induced na___a and vomiting *n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
123. st__n warning *adj.* serious, unyielding, or strict in manner or attitude
124. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
125. the worst case sc_____io *n.* a description of possible actions or events in the future; a written outline of a play, film, or literary work
126. sc_____r seeds *v.* to cause to separate and go in different directions
127. pi___e the armored shells *v.* to cut or make a way through with a sharp instrument
128. a_h tree *n.* the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation
129. em_____r my life *v.* to give someone the power or authority to do something
130. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
131. a sw__t current of a river *adj.* happening, moving, or capable of moving quickly

ANSWERS: 122. nausea, 123. stern, 124. shock, 125. scenario, 126. scatter, 127. pierce, 128. ash, 129. empower, 130. involve, 131. swift

132. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
133. in_____on behind his decision *n.* something you want to do and are going to do
134. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
135. b_g the question *v.* to ask for something urgently or earnestly; to appeal to someone to do something
136. ind_____al freedom *n.* a single person or thing, as distinct from a group
137. ex_____e a bold strategy *v.* to kill someone, especially as a legal punishment; to carry out or perform an action, duty, etc.
138. a bird in a c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
139. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
140. clear in_____on *n.* something you want to do and are going to do
141. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
142. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 132. disease, 133. intention, 134. decide, 135. beg, 136. individual, 137. execute, 138. cage, 139. decision, 140. intention, 141. responsible, 142. diagnose

143. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
144. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
145. ch__m against bad luck *n.* the power or quality of pleasing or fascinating people
146. ro__t coffee beans *v.* to cook food by surrounding it with hot, dry air, especially in an oven
147. ho_____e care *n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
148. health po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
149. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 143. communicate, 144. process, 145. charm, 146. roast, 147. hospice, 148. policy, 149. nurse

150. de____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
151. f__e their homes *v.* to leave by running away, especially out of fear or danger
152. a cl____r of stars *n.* a group of similar things or people close together, often forming a distinct mass or unit
153. re____t an old friend *v.* to go to a place again, especially after a long period
154. na____a medication *n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
155. w__ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
156. re____e resource allocation *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
157. in an o_d way *adj.* strange or unexpected; not divisible by two
158. br__e my energies *n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
159. ne____e prick *n.* a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood

ANSWERS: 150. decision, 151. flee, 152. cluster, 153. revisit, 154. nausea, 155. warn, 156. reframe, 157. odd, 158. brace, 159. needle

160. ann_____ent date *n.* a public statement or declaration, often made in writing or through the media, that conveys important information or news
161. sw_____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
162. lymphatic cir_____on *n.* the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold
163. w__n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
164. co_____t level *n.* a state of physical ease and freedom from pain or constraint
165. a capillary t__e *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
166. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
167. o_d behavior *adj.* strange or unexpected; not divisible by two
168. ad_____t to temptation *adj.* having a very strong determination to do something and refusing to be influenced or persuaded; (noun) a legendary rock that is very hard and impossible to crush

ANSWERS: 160. announcement, 161. swallow, 162. circulation, 163. warn, 164. comfort, 165. tube, 166. environment, 167. odd, 168. adamant

169. cr__y about cars and racing *adj.* stupid or not sensible; very angry
170. v__y directly with the price *v.* to become different in terms of size, shape, etc.
171. tr_____rm an education system *v.* to change in outward structure or looks;
172. clinical re_____on *n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts
173. sn__k out of danger *v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily
174. hea_____re agency *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
175. pr__e number *adj.* main or most important; basic
176. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
177. pr_____d to the next step *v.* to move forward or to continue with a process or action; to advance or progress
178. an u__y sound *adj.* unattractive in appearance; unpleasant to look at

ANSWERS: 169. crazy, 170. vary, 171. transform, 172. remission, 173. sneak, 174. healthcare, 175. prime, 176. nurse, 177. proceed, 178. ugly

179. d__l sight *adj.* not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp
180. ex___d agricultural output *v.* to increase or to make something greater in size, number, or importance
181. pe_____ul country *adj.* not involving violence, conflict, or war
182. a t__n room *n.* either of two children born at the same time from the same mother
183. a cr__y scheme *adj.* stupid or not sensible; very angry
184. as_____nt professor *n.* someone who helps or supports someone else to do a job
185. lu___y hotel *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
186. a fe__t for the eyes *n.* a large meal, typically one served on a special occasion
187. decision-making pr____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
188. whe_____ir accessibility *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
189. an in_____l letter *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

ANSWERS: 179. dull, 180. expand, 181. peaceful, 182. twin, 183. crazy, 184. assistant, 185. luxury, 186. feast, 187. process, 188. wheelchair, 189. initial

190. the degree of dif_____ty *n.* a condition or state that causes problems
191. pe_____ul coexistence *adj.* not involving violence, conflict, or war
192. un_____al life *adj.* existing or affecting everywhere or everyone
193. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
194. camping ou_____t *n.* a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.
195. ov_____me opponents *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
196. ed_____ed speech *adj.* having received a high standard of education
197. curated pl_____st *n.* a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event
198. basic br____n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
199. he____n on earth *n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty

ANSWERS: 190. difficulty, 191. peaceful, 192. universal, 193. medical, 194. outfit, 195. overcome, 196. educated, 197. playlist, 198. brain, 199. heaven

200. electric-powered whe_____ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
201. in____t gaze *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
202. sc_____r around the internet *v.* to cause to separate and go in different directions
203. lo____e a missing pet *v.* to specify or determine the exact position of someone or something
204. gl____e around nervously *v.* to give a quick or brief look; to hit something at an angle
205. t__e a piano *n.* a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
206. pr_____ic politics *adj.* practical rather than idealistic
207. ho_____ic education *adj.* relating to or dealing with the whole of something rather than just its parts
208. home ho_____e *n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
209. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
210. eye_____ng performance *adj.* causing surprise, shock, or amazement; highly impressive or stunning; visually exciting or captivating

ANSWERS: 200. wheelchair, 201. intent, 202. scatter, 203. locate, 204. glance, 205. tune, 206. pragmatic, 207. holistic, 208. hospice, 209. brave, 210. eye-popping

211. fr__l condition *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
212. re____gn of lifestyle *v.* to design something again, especially in a different or modified form; (noun) the process of designing something again
213. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
214. set a t__p *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
215. constant sp____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
216. ov____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
217. an information pr____er *n.* a person or an organization that supplies somebody with something needed or wanted
218. sp____e from receiving light *v.* to emit or reflect bright flashes of light, especially with animation and joy
219. attempts to pa____te *v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause

ANSWERS: 211. frail, 212. redesign, 213. refer, 214. trap, 215. spiritual, 216. overcome, 217. provider, 218. sparkle, 219. palliate

220. te_____nt to the superior quality *n.* a thing that proves the existence or truth of something else
221. com_____te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
222. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
223. least me_____le song *adj.* worth remembering or likely to be remembered, especially because of being very important or remarkable
224. af___d to buy a new car *v.* to have enough money or time to be able to buy or do something
225. doc_____ry proof *n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
226. mot_____on for a change *n.* the reason or enthusiasm for acting or behaving in a particular way
227. cultural n__m *n.* something that is regarded as usual, typical, or standard
228. a de___e of fire *n.* a severe flood; an overwhelming number or amount of something
229. field of vi___l arts *adj.* relating to seeing or sight
230. a m_d person *adj.* insane, especially due to a mental illness; very angry
231. f__e abroad *v.* to leave by running away, especially out of fear or danger

ANSWERS: 220. testament, 221. communicate, 222. pound, 223. memorable, 224. afford, 225. documentary, 226. motivation, 227. norm, 228. deluge, 229. visual, 230. mad, 231. flee

232. bootleg wh____y *n.* a type of distilled alcoholic beverage made from fermented grains, typically barley, corn, rye, or wheat, aged in barrels and often consumed straight or with mixers
233. deputy pr__e minister *adj.* main or most important; basic
234. a flight of fa__y *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
235. the sp__e of a book *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
236. re____d product *v.* to change the branding or image of a product, service, or organization to attract a new target market or improve recognition and profitability
237. traditional me____al *adj.* of or relating to the treatment or cure of disease
238. modern on____gy treatment *n.* the branch of medicine that deals with the study and treatment of tumors, especially malignancies
239. dis____nt the audience *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
240. Chinese cl____c literature *adj.* judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

ANSWERS: 232. whiskey, 233. prime, 234. fancy, 235. spine, 236. rebrand, 237. medicinal, 238. oncology, 239. disappoint, 240. classic

241. or____ry annual revenue *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
242. g_g order *v.* to prevent or restrict speech or expression, often through force or intimidation; to bind or cover the mouth to prevent speech; to cause someone to retch or choke; (noun) a device that is placed over someone's mouth to prevent them from speaking or making noise; an order that prohibits a person or group from discussing a particular topic or sharing certain information with others
243. chaotic env____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
244. just getting un____ay *adj.* having started and currently in progress
245. a me____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
246. fill the pre____ion *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
247. mental ha____ap *n.* a physical or mental condition that limits a person's movements, senses, or activities
248. am____g advances *adj.* extremely surprising, especially in a way that you like or admire

ANSWERS: 241. ordinary, 242. gag, 243. environment, 244. underway, 245. medical, 246. prescription, 247. handicap, 248. amazing

249. co_____e fantasy with reality *v.* to mistake one thing for another; to make somebody hard to understand
250. the pr_____er of the family *n.* a person or an organization that supplies somebody with something needed or wanted
251. get into the lu____y car market *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
252. metallic sp____e *n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning
253. pl__d for mercy *v.* to make a serious and urgent request or appeal, especially for help or mercy
254. a few years af_____rd *adv.* after the time mentioned
255. regularly co_____t with a doctor *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
256. the pre_____on of meals *n.* the activity of getting ready for something or making something ready
257. sc__y story *adj.* causing fear or fright; frightening; intimidating
258. personal pl_____st *n.* a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event
259. af____d a high travel cost *v.* to have enough money or time to be able to buy or do something

ANSWERS: 249. confuse, 250. provider, 251. luxury, 252. sponge, 253. plead, 254. afterward, 255. consult, 256. preparation, 257. scary, 258. playlist, 259. afford

260. he_____te to ask for help *v.* to pause decision before saying or doing something
261. become increasingly com_____ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
262. off_____ng remarks *adj.* causing someone to feel unpleasant, uncomfortable, or aversion; causing someone not to want to do or experience something
263. a construction ou____t *n.* a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.
264. fl__h eating *n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
265. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
266. a sw_____w tail *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
267. gl____e at him miserably *v.* to give a quick or brief look; to hit something at an angle
268. grow in fl__h *n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
269. anti-terrorist leg_____on *n.* a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

ANSWERS: 260. hesitate, 261. complicated, 262. off-putting, 263. outfit, 264. flesh, 265. brave, 266. swallow, 267. glance, 268. flesh, 269. legislation

270. principles of un_____al design *adj.* existing or affecting everywhere or everyone
271. co_____t my wallet *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
272. number of different sc_____ios *n.* a description of possible actions or events in the future; a written outline of a play, film, or literary work
273. bl__k future *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
274. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
275. ce_____te his election *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
276. drink a to__t *n.* slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even
277. tu__r growth *n.* a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
278. ce_____ny location *n.* a formal event or ritual, often religious or solemn
279. complete re_____on *n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts

ANSWERS: 270. universal, 271. consult, 272. scenario, 273. bleak, 274. brain, 275. celebrate, 276. toast, 277. tumor, 278. ceremony, 279. remission

280. du__y bookshelf *adj.* covered with or characterized by dust; having a dry, powdery texture or appearance; having a lot of dust or dirt in the air
281. a cl____c experiment *adj.* judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type
282. di____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
283. develop a ho____ic vision *adj.* relating to or dealing with the whole of something rather than just its parts
284. in____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
285. re____e problem *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
286. co____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
287. em____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
288. give properties by te____nt *n.* a thing that proves the existence or truth of something else
289. understand his mot____on *n.* the reason or enthusiasm for acting or behaving in a particular way
290. prospects were bl__k *adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope

ANSWERS: 280. dusty, 281. classic, 282. diagnose, 283. holistic, 284. involve, 285. reframe, 286. confuse, 287. empathy, 288. testament, 289. motivation, 290. bleak

291. fe____ss attitude *adj.* having no fear; brave
292. gr__p a chance *v.* to take hold of something or someone quickly and firmly
293. be___g to different species *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
294. b_g for help *v.* to ask for something urgently or earnestly; to appeal to someone to do something
295. si___t reading *adj.* without any or little sound
296. pl__d a political cause *v.* to make a serious and urgent request or appeal, especially for help or mercy
297. symptoms of ar_____is *n.* inflammation of one or more joints of the body, which include pain and stiffness
298. full of em____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
299. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
300. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 291. fearless, 292. grasp, 293. belong, 294. beg, 295. silent, 296. plead, 297. arthritis, 298. empathy, 299. refer, 300. cancer

301. tu__r at remote sites *n.* a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
302. th__b wrestling *n.* the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists
303. get into a m__s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
304. take an un_____in attitude *adj.* not being sure of something; not being able to choose
305. he_____te for a moment *v.* to pause decision before saying or doing something
306. p__ks for repeat guests *n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
307. hazardous li____d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
308. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
309. in___e domestic tranquility *v.* to provide coverage in the event of loss or damage
310. sp_____e like a gem *v.* to emit or reflect bright flashes of light, especially with animation and joy
311. pr__e of a company *n.* a feeling of deep pleasure or satisfaction derived from one's achievements

ANSWERS: 301. tumor, 302. thumb, 303. mess, 304. uncertain, 305. hesitate, 306. perk, 307. liquid, 308. statistics, 309. insure, 310. sparkle, 311. pride

312. un___e design *adj.* being the only one of its kind; unlike anything else
313. a glass t__e *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
314. medication for ar_____is *n.* inflammation of one or more joints of the body, which include pain and stiffness
315. mo__t a hill *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
316. an eye_____ng outfit *adj.* causing surprise, shock, or amazement; highly impressive or stunning; visually exciting or captivating
317. sc__y dream *adj.* causing fear or fright; frightening; intimidating
318. re_____d company *v.* to change the branding or image of a product, service, or organization to attract a new target market or improve recognition and profitability
319. be___g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
320. the in_____on of new techniques *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing

ANSWERS: 312. unique, 313. tube, 314. arthritis, 315. mount, 316. eye-popping, 317. scary, 318. rebrand, 319. belong, 320. invention

321. an or____ry school *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
322. numerous un_____in factors *adj.* not being sure of something; not being able to choose
323. ca____s his cheek *v.* to touch or stroke gently and affectionately; to express love or tenderness with physical contact
324. reg_____on by the government *n.* an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule
325. the professor of su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
326. te_____al disease *n.* a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route
327. mo__t a counterattack *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
328. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire

ANSWERS: 321. ordinary, 322. uncertain, 323. caress, 324. regulation, 325. surgery, 326. terminal, 327. mount, 328. amazing

329. control my em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
330. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
331. in an ugly m__d *n.* the way you feel at a particular time; an angry or impatient state of mind
332. ex_____e a double play *v.* to kill someone, especially as a legal punishment; to carry out or perform an action, duty, etc.
333. a st__n look *adj.* serious, unyielding, or strict in manner or attitude
334. create a br__d logo *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
335. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
336. create me_____le experiences *adj.* worth remembering or likely to be remembered, especially because of being very important or remarkable
337. retain everyone's di_____y *n.* the quality of being worthy of esteem or respect; high office or rank or station
338. ca___s her hair *v.* to touch or stroke gently and affectionately; to express love or tenderness with physical contact

ANSWERS: 329. emotion, 330. rev, 331. mood, 332. execute, 333. stern, 334. brand, 335. medicinal, 336. memorable, 337. dignity, 338. caress

339. ob____s reasons *adj.* easy to see, discover or understand
340. fa__y a cup of coffee *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
341. bl__k expression *adj.* without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information
342. soda a_h *n.* the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation
343. an insect c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
344. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
345. di____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
346. slice of to__t *n.* slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even
347. pr____d with caution *v.* to move forward or to continue with a process or action; to advance or progress

ANSWERS: 339. obvious, 340. fancy, 341. blank, 342. ash, 343. cage, 344. conversation, 345. disease, 346. toast, 347. proceed

348. a te____al syllable *n.* a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route
349. ex___d a lineup *v.* to increase or to make something greater in size, number, or importance
350. antibiotic med____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
351. there is no other alt____ve *n.* one of two or more available possibilities or choice
352. sea sp___e *n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning
353. sewing ne___e *n.* a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
354. colorless li___d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
355. ce____te Christmas *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
356. com____on number *n.* a collection of things that have been combined; an assemblage of separate parts or qualities

ANSWERS: 348. terminal, 349. expand, 350. medication, 351. alternative, 352. sponge, 353. needle, 354. liquid, 355. celebrate, 356. combination

357. th__b a ride *n.* the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists
358. morning ri___l *n.* any customary observance or practice; any prescribed procedure for conducting religious ceremonies
359. flu_____nt bulb *adj.* emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light
360. per_____nt cough *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
361. t__p an animal *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
362. take sw__t action *adj.* happening, moving, or capable of moving quickly
363. rising hea_____re cost *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
364. common in_____on *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
365. pr_____w screening *n.* an early look or showing of a movie, book, or other creative work before its official release or presentation; a brief overview or introduction of something

ANSWERS: 357. thumb, 358. ritual, 359. fluorescent, 360. persistent, 361. trap, 362. swift, 363. healthcare, 364. invention, 365. preview

366. foreign po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
367. du__y road *adj.* covered with or characterized by dust; having a dry, powdery texture or appearance; having a lot of dust or dirt in the air
368. wh_____y barrel *n.* a type of distilled alcoholic beverage made from fermented grains, typically barley, corn, rye, or wheat, aged in barrels and often consumed straight or with mixers
369. ad_____t refusal *adj.* having a very strong determination to do something and refusing to be influenced or persuaded; (noun) a legendary rock that is very hard and impossible to crush
370. ha_____ap parking space *n.* a physical or mental condition that limits a person's movements, senses, or activities
371. det_____te condition *v.* to become worse in quality; to decline or degenerate
372. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
373. ed_____ed adult *adj.* having received a high standard of education

ANSWERS: 366. policy, 367. dusty, 368. whiskey, 369. adamant, 370. handicap, 371. deteriorate, 372. responsible, 373. educated

374. gl____g cheeks *adj.* highly enthusiastic; greatly praised
375. ro__t beef *v.* to cook food by surrounding it with hot, dry air, especially in an oven
376. lo___e a tumor *v.* to specify or determine the exact position of someone or something
377. ae_____ic feeling *adj.* connected with the enjoyment or study of beauty
378. public ann_____ent *n.* a public statement or declaration, often made in writing or through the media, that conveys important information or news
379. have a whole m__s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
380. de_____e independence *v.* to say, state, or announce something clearly, officially, or publicly
381. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
382. satisfy my intellectual cu_____ty *n.* a strong desire to know or learn about something
383. an unwilling as_____nt *n.* someone who helps or supports someone else to do a job
384. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 374. glowing, 375. roast, 376. locate, 377. aesthetic, 378. announcement, 379. mess, 380. declare, 381. empower, 382. curiosity, 383. assistant, 384. pound

Session 3: Fill in the Blanks

1. Every human is responsible for taking care of the Earth's _____.
n. the natural world such as air, water, and land in which humans, animals, and plants live
2. Foreign goods from abroad must be _____ to customs when entering a country.
v. to say, state, or announce something clearly, officially, or publicly
3. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.
adj. relating to or affecting the human spirit or soul as opposed to material or physical things
4. He found _____ in the warm embrace of his loved ones.
n. a state of physical ease and freedom from pain or constraint
5. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.
adj. answerable or accountable for something within one's power, control, or management
6. They hope to _____ their business worldwide.
v. to increase or to make something greater in size, number, or importance
7. During the Cold War, many countries feared the spread of _____ ideology.
adj. relating to or supporting the political ideology of communism (= a form of socialism that abolishes private ownership)

ANSWERS: 1. environment, 2. declared, 3. spiritual, 4. comfort, 5. responsible, 6. expand, 7. communist

8. My rheumatoid _____ is acting up again.
- n.* inflammation of one or more joints of the body, which include pain and stiffness
9. The company made an _____ about its new product at a press conference.
- n.* a public statement or declaration, often made in writing or through the media, that conveys important information or news
10. A yacht cruise is our company's ultimate _____.
- n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
11. Some _____ are common across cultures and backgrounds.
- n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
12. The accident caused a cracked _____.
- n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
13. The patient's health _____ rapidly after being diagnosed with the disease.
- v.* to become worse in quality; to decline or degenerate
14. She has a minor curved _____ due to desk work for many years.
- n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
15. He cannot _____ a holiday.
- v.* to have enough money or time to be able to buy or do something

ANSWERS: 8. arthritis, 9. announcement, 10. perk, 11. emotions, 12. rib, 13. deteriorated, 14. spine, 15. afford

16. Necessity is the mother of _____.
- n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
17. This library rents out various types of folding _____ for visitors.
- n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
18. The _____ of the fruit is sweet and juicy.
- n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
19. The royal _____ celebrated the harvest, and the community enjoyed it.
- n.* a large meal, typically one served on a special occasion
20. I need to buy a new _____ for the wedding I'm attending next weekend.
- n.* a set of clothing worn together, typically for a particular occasion or activity; any cohesive unit such as a company, military, etc.
21. We are never intimidated when dealing with young _____.
- n.* a type of a loud, fast-moving, and aggressive form of rock music originating in the 1970s; an aggressive and violent young man or boy
22. The deserted island was _____ and uninhabited.
- adj.* deserted, barren, or lonely; causing a feeling of sadness or hopelessness
23. I created a _____ of my favorite songs for my road trip.
- n.* a curated list of songs or audio recordings that can be played in a specific order or shuffled randomly, often created for a specific purpose or event

ANSWERS: 16. invention, 17. wheelchairs, 18. flesh, 19. feast, 20. outfit, 21. punks, 22. desolate, 23. playlist

24. The _____ truth was that he had been lying to her for months.

adj. unattractive in appearance; unpleasant to look at

25. The tiny marine _____ has existed for more than 500 million years.

n. a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning

26. The car's front bumper cost fifteen hundred _____.

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

27. The prisoner was _____ to prevent him from shouting for help.

v. to prevent or restrict speech or expression, often through force or intimidation; to bind or cover the mouth to prevent speech; to cause someone to retch or choke; (noun) a device that is placed over someone's mouth to prevent them from speaking or making noise; an order that prohibits a person or group from discussing a particular topic or sharing certain information with others

28. The _____ session of the Diet opened.

adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

29. The painting is _____ and there is no other like it.

adj. being the only one of its kind; unlike anything else

30. He was ____ with joy to see the results.

adj. insane, especially due to a mental illness; very angry

31. His wealth is a _____ to his success.

n. a thing that proves the existence or truth of something else

ANSWERS: 24. ugly, 25. sponge, 26. pounds, 27. gagged, 28. ordinary, 29. unique, 30. mad, 31. testament

32. The diamond _____ in the sunlight.
- v.* to emit or reflect bright flashes of light, especially with animation and joy
33. The _____ team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.
- n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
34. He felt like _____ when he tasted the delicious chocolate cake.
- n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
35. Plutonium has limited _____ applications.
- adj.* not involving violence, conflict, or war
36. The children tried to _____ out and eat the candy.
- v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily
37. It is a basic instinct to _____ from a dangerous situation.
- v.* to leave by running away, especially out of fear or danger
38. We need to _____ this proposal as soon as the budget is more apparent than before.
- v.* to go to a place again, especially after a long period
39. They _____ pictures on the paper in preparation for the birthday card.
- v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

ANSWERS: 32. sparkled, 33. hospice, 34. heaven, 35. peaceful, 36. sneak, 37. flee, 38. revisit, 39. mounted

40. The strong smell of fish in the restaurant was _____ to many customers.

adj. causing someone to feel unpleasant, uncomfortable, or aversion; causing someone not to want to do or experience something

41. My leg kicked involuntarily when the doctor tapped my knee with the _____ hammer.

n. an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

42. He tried every possible treatment, including chemotherapy and _____ therapy.

n. the energy that comes from a nuclear reaction in the form of rays, waves, or particles and that can be hazardous to health

43. The failure destroyed his trust and personal _____.

n. the quality of being worthy of esteem or respect; high office or rank or station

44. The _____ to the safe was a secret.

n. a collection of things that have been combined; an assemblage of separate parts or qualities

45. The building makes a remarkable _____ impact.

adj. relating to seeing or sight

46. Earthquakes can also trigger tsunamis, which _____ coastal areas.

v. to wreck a place or an area or cause significant damage

47. The picture earned near-_____ acclaim from critics.

adj. existing or affecting everywhere or everyone

ANSWERS: 40. off-putting, 41. reflex, 42. radiation, 43. dignity, 44. combination, 45. visual, 46. devastate, 47. universal

48. His gaffe spoiled the _____ of the dinner party.

n. the way you feel at a particular time; an angry or impatient state of mind

49. Maximum heart rates _____ a lot for each individual.

v. to become different in terms of size, shape, etc.

50. His passionate speech makes a _____ impression.

adj. worth remembering or likely to be remembered, especially because of being very important or remarkable

51. Please do not _____ to call us.

v. to pause decision before saying or doing something

52. The politician remained _____ despite intense media scrutiny.

adj. without any or little sound

53. The clothing brand decided to _____ its image to attract a younger audience.

v. to change the branding or image of a product, service, or organization to attract a new target market or improve recognition and profitability

54. The jockey _____ the horse hard to take first place.

v. to hit a person or an animal severely with a thin, flexible stick with a cord or leather thong at the end, as a punishment, discipline, etc.

55. Her remarks _____ the debate.

v. to mistake one thing for another; to make somebody hard to understand

56. She visited the local _____ to seek treatment for her persistent headache.

n. a medical doctor who practices medicine

ANSWERS: 48. mood, 49. vary, 50. memorable, 51. hesitate, 52. silent, 53. rebrand, 54. whipped, 55. confused, 56. physician

57. The volcanic ____ covered the island after the eruption.

- n.* the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation

58. The city's skyline was an _____ sight from the top of the skyscraper.

- adj.* causing surprise, shock, or amazement; highly impressive or stunning; visually exciting or captivating

59. The cancer patient was delighted to hear that their disease was in _____.

- n.* a period of time when a disease or condition is no longer present or active; a lessening or reduction of symptoms or intensity; forgiveness or pardon for sins or debts

60. The political landscape looks _____ without a change of administration.

- adj.* unlikely to be favorable; unpleasantly cold and damp; offering little or no hope

61. Recent developments in data analysis techniques have been instrumental in finding insights from the data _____.

- n.* a severe flood; an overwhelming number or amount of something

62. The students' antics did not amuse the _____ teacher.

- adj.* serious, unyielding, or strict in manner or attitude

63. Our CEO's _____ are always transparent and straightforward.

- n.* something you want to do and are going to do

64. The night shift _____ checked my vital signs before administering the medication.

- n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 57. ash, 58. eye-popping, 59. remission, 60. bleak, 61. deluge, 62. stern, 63. intentions, 64. nurse

65. My father's death _____ my life completely.

v. to change in outward structure or looks;

66. The president prepared several possible _____ for an enemy attack.

n. a description of possible actions or events in the future; a written outline of a play, film, or literary work

67. His anti-_____ practices were quite strict.

n. a state of great comfort or sophistication, mainly provided by expensive and beautiful things

68. The extreme cold _____ our bones.

v. to cut or make a way through with a sharp instrument

69. The cancellation of the concert was a huge _____ for the fans.

n. the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

70. She worked very hard not to _____ her boss's expectations.

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

71. The hunter's approach _____ the geese.

v. to cause to separate and go in different directions

72. The _____ approach to healthcare considers the person's physical, mental, and emotional well-being.

adj. relating to or dealing with the whole of something rather than just its parts

ANSWERS: 65. transformed, 66. scenarios, 67. luxury, 68. pierced, 69. disappointment, 70. disappoint, 71. scattered, 72. holistic

73. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v. to give someone the power or authority to do something
74. The investigation _____ several government agencies and is expected to take several months.
- v. to include or affect someone or something as a necessary part of something else
75. He had a _____ smoothie for breakfast.
- n. a sweet, juicy fruit with a reddish color, a seeded surface, and a green, leafy top
76. The team's performance has been _____ poor this season.
- adv. in a way that is not typical or expected
77. The mafioso who collaborated with the police was _____.
- v. to kill someone, especially as a legal punishment; to carry out or perform an action, duty, etc.
78. This device is used to _____ brain cancer and other tumors.
- v. to determine or distinguish the nature of a problem or an illness through a careful analysis
79. We will explain the countermeasure concerning this problem _____.
- adv. after the time mentioned
80. We made a _____ with everyone.
- n. slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even

ANSWERS: 73. empowered, 74. involves, 75. strawberry, 76. unusually, 77. executed, 78. diagnose, 79. afterward, 80. toast

81. The therapist tried to _____ his negative thoughts.

- v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

82. Always _____ a lawyer before launching a business.

- v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

83. He made a frightful _____ in his room.

- n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

84. I need to refill my _____ for allergy medication at the pharmacy.

- n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

85. The athlete overcame his physical _____ to become a world champion.

- n.* a physical or mental condition that limits a person's movements, senses, or activities

86. The robot can accurately _____ construction material.

- v.* to specify or determine the exact position of someone or something

87. The _____ properties of this herb have been known to help with various ailments.

- adj.* of or relating to the treatment or cure of disease

88. The charity provided meals and shelter to _____ the suffering of the homeless population.

- v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause

ANSWERS: 81. reframe, 82. consult, 83. mess, 84. prescription, 85. handicap, 86. locate, 87. medicinal, 88. palliate

89. She was _____ about not changing her mind.

adj. having a very strong determination to do something and refusing to be influenced or persuaded; (noun) a legendary rock that is very hard and impossible to crush

90. A significant amount of _____ is required to be a teacher.

n. the reason or enthusiasm for acting or behaving in a particular way

91. Excellent speech is a characteristic of an _____ man.

adj. having received a high standard of education

92. They took the _____ step toward reconciliation.

adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name

93. The office installed new _____ lighting to save energy.

adj. emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light

94. He _____ with the authorities to release his son, who had been wrongly accused.

v. to make a serious and urgent request or appeal, especially for help or mercy

95. The _____ firefighter rescued the family from the burning building.

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

96. Her voice was _____ yet ever the last words fell lingeringly.

adj. happening, moving, or capable of moving quickly

ANSWERS: 89. adamant, 90. motivation, 91. educated, 92. initial, 93. fluorescent, 94. pleaded, 95. brave, 96. swift,

97. Both forts were subject to _____ attacks.

adj. happening or done without delay or occurring shortly after something else

98. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

99. The _____ train was packed with commuters during rush hour.

n. a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

100. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

101. After a thorough investigation, she has been named as the _____ suspect.

adj. main or most important; basic

102. She wore a _____ on her leg to support her injured ankle.

n. a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast

103. The patient was diagnosed with a _____ in her lung.

n. a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way

104. The _____ approved by Congress was perfunctorily implemented.

n. an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule

ANSWERS: 97. immediate, 98. creative, 99. tube, 100. decide, 101. prime, 102. brace, 103. tumor, 104. regulation

105. Please write to _____ your reservation.

- v.* to support or establish the truth or certainty of something previously believed or suspected to be the case

106. A _____ of grapes hung from the vine.

- n.* a group of similar things or people close together, often forming a distinct mass or unit

107. He is a _____ man

- adj.* having or showing excellent personal qualities or high moral principles that people admire

108. His grandfather was an ____ man.

- adj.* strange or unexpected; not divisible by two

109. The systems we have developed has accepted as industry _____.

- n.* something that is regarded as usual, typical, or standard

110. I _____ my anger and kept quiet.

- v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

111. We can now _____ with the next item on our agenda.

- v.* to move forward or to continue with a process or action; to advance or progress

112. The _____ team worked quickly to save the patient's life.

- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 105. confirm, 106. cluster, 107. noble-minded, 108. odd, 109. norms, 110. swallowed, 111. proceed, 112. medical

113. He was sick for five _____ days.

adj. extending or moving in one direction without bending or curving; having no deviations

114. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

115. She _____ her parents to let her go to the concert.

v. to ask for something urgently or earnestly; to appeal to someone to do something

116. The horror movie was so _____ that I couldn't watch it alone.

adj. causing fear or fright; frightening; intimidating

117. The acupuncturist inserted _____ into specific points on my body to alleviate my pain.

n. a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood

118. The company's new _____ on remote work has made it a more inclusive workplace.

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

119. He has _____ exercising because of a back injury sustained in an accident.

n. a condition or state that causes problems

ANSWERS: 113. straight, 114. individual, 115. begged, 116. scary, 117. needles, 118. policy, 119. difficulty

120. People select Internet _____ not only in terms of price but also in terms of transmission speed.

n. a person or an organization that supplies somebody with something needed or wanted

121. The pharmaceutical company unveiled its latest breakthrough drug for the _____ market.

n. the branch of medicine that deals with the study and treatment of tumors, especially malignancies

122. Its _____ brothers are difficult to tell apart except for their parents.

n. either of two children born at the same time from the same mother

123. X-rays revealed a small tumor in his _____.

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

124. Dolphins use sound to _____ with each other.

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

125. Similar _____ had already been rejected by the parliament four times.

n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

126. The pharmacist not only prescribes the _____ but also guides its proper use.

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

ANSWERS: 120. providers, 121. oncology, 122. twin, 123. brain, 124. communicate, 125. legislation, 126. medication

127. He did _____ pen-and-ink drawings in just a few days.

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

128. These are significantly more exquisite than typical _____ bracelets.

n. the power or quality of pleasing or fascinating people

129. The _____ at the airport is where passengers catch their flights.

n. a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route

130. My grandfather's health has declined, and he is now quite _____.

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

131. The company is planning to _____ its website.

v. to design something again, especially in a different or modified form; (noun) the process of designing something again

132. The trade is _____ right now due to the collapse of the prominent investment bank.

adj. not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp

133. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

134. She took great _____ in her work, always striving for perfection.

n. a feeling of deep pleasure or satisfaction derived from one's achievements

ANSWERS: 127. complicated, 128. charm, 129. terminal, 130. frail, 131. redesign, 132. dull, 133. amazing, 134. pride

135. He got an electric _____ at work.

- n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

136. Doctors are gradually coming around to the idea of using _____ medicines.

- n.* one of two or more available possibilities or choice

137. The _____ firefighter rushed into the burning building to save a trapped child.

- adj.* having no fear; brave

138. It was the first time for her, but she _____ the role of Priest.

- v.* to meet the requirements or expectations; to achieve or realize

139. The western sky was _____ pink.

- adj.* highly enthusiastic; greatly praised

140. I don't _____ acting in such an important role.

- v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

141. He tried to _____ a bad reputation and win the election.

- v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

142. All the books in this section _____ to the library's rare collection and must be handled carefully.

- v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

ANSWERS: 135. shock, 136. alternative, 137. fearless, 138. fulfilled, 139. glowing, 140. fancy, 141. overcome, 142. belong

143. I enjoy a glass of _____ on the rocks after a long day.

n. a type of distilled alcoholic beverage made from fermented grains, typically barley, corn, rye, or wheat, aged in barrels and often consumed straight or with mixers

144. She was _____ about her friend's intentions.

adj. not being sure of something; not being able to choose

145. He was a _____ leader who made decisions based on what was practical rather than ideal.

adj. practical rather than idealistic

146. There's a new _____ of hero in the movies now.

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

147. The band played a beautiful _____ on their instruments.

n. a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

148. The designer's _____ was to create a minimalist aesthetic for the interior of the building.

n. a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

149. He won an award for that short _____.

n. a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

ANSWERS: 143. whiskey, 144. uncertain, 145. pragmatic, 146. brand, 147. tune, 148. intent, 149. documentary

150. She was struggling to make a _____ between two job offers.

- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

151. Breast _____ is the most common type of cancer in women.

- n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

152. The _____ demonstrate that poverty and unemployment are genuine problems.

- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

153. An executive _____ director administers each branch.

- n.* someone who helps or supports someone else to do a job

154. He used his right _____ to press the button on his phone.

- n.* the short, thick digit of the hand next to the index finger; (verb) to travel by getting free rides from motorists

155. I attempted to _____ him, but he ignored me.

- v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

156. The rain and thunder are _____ today.

- adj.* stupid or not sensible; very angry

157. The doctor diagnosed him with a rare _____ that had no known cure.

- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 150. decision, 151. cancer, 152. statistics, 153. assistant, 154. thumb, 155. warn, 156. crazy, 157. disease

158. We must _____ a new system to streamline our workflow and increase efficiency.

- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

159. In an aging population, citizens must pay more to maintain quality _____.

- n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

160. We watched a _____ of the upcoming movie before it was released in theaters.

- n.* an early look or showing of a movie, book, or other creative work before its official release or presentation; a brief overview or introduction of something

161. Despite the setbacks, he remained _____ in his pursuit of his dreams.

- adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

162. They had a _____ conversation over coffee at the local cafe.

- adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness

163. The abandoned warehouse was covered in a thick layer of _____ debris.

- adj.* covered with or characterized by dust; having a dry, powdery texture or appearance; having a lot of dust or dirt in the air

164. She _____ the money from her savings account to her checking account.

- v.* to move, pass, or change from one person, place, or situation to another

ANSWERS: 158. develop, 159. healthcare, 160. preview, 161. persistent, 162. casual, 163. dusty, 164. transferred

165. He helped me with the _____ of this book.

n. the activity of getting ready for something or making something ready

166. He _____ the 10th anniversary of his tenure.

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

167. They spent a lot of time trying to _____ the current situation.

v. to take hold of something or someone quickly and firmly

168. The _____ for applying for a visa can be lengthy and complicated.

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

169. The woman of the house does the holy _____ of lighting two candles.

n. any customary observance or practice; any prescribed procedure for conducting religious ceremonies

170. We are motivated by _____ rather than necessity.

n. a strong desire to know or learn about something

171. The rollercoaster ride left me with a feeling of _____.

n. a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust

172. My _____ standards are quite different from hers.

adj. connected with the enjoyment or study of beauty

ANSWERS: 165. preparation, 166. celebrated, 167. grasp, 168. process, 169. ritual, 170. curiosity, 171. nausea, 172. aesthetic

173. He displayed the _____ symptoms of depression.

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

174. The wedding _____ was a beautiful and emotional event.

n. a formal event or ritual, often religious or solemn

175. The enemy fell right into the _____.

n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

176. Your _____ reflects your thoughts.

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

177. He stepped on the gas pedal, and the engine released a loud _____.

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

178. I casually _____ into the small hut.

v. to give a quick or brief look; to hit something at an angle

179. The sponge takes up the _____ well.

n. a substance, such as water or oil that flows freely and is neither a solid nor a gas

180. _____ is also necessary to understand history.

n. the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 173. classic, 174. ceremony, 175. trap, 176. conversation, 177. rev, 178. glanced, 179. liquid, 180. Empathy

181. The trapped bear is running amok in its _____.

n. a structure made of metal bars or wire in which birds or animals can be kept

182. The chef _____ the chicken to perfection in the oven.

v. to cook food by surrounding it with hot, dry air, especially in an oven

183. He uses a _____ traction machine for his treatment.

n. a bone in the spine, or the spinal column forming the supporting structure of the spine and protecting the spinal cord

184. I will _____ my car before I go on a road trip.

v. to provide coverage in the event of loss or damage

185. The _____ of the magazine has been steadily declining.

n. the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold

186. There are _____ differences between the two wine-producing regions.

adj. easy to see, discover or understand

187. He had undergone heart _____ years before.

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

188. The computer screen displayed nothing but a _____ white screen

adj. without any writing or printing; empty or devoid of ideas, information, or meaning; unable to remember or recall information

ANSWERS: 181. cage, 182. roasted, 183. vertebra, 184. insure, 185. circulation, 186. obvious, 187. surgery, 188. blank

189. The mother gently _____ her child's forehead to soothe their fever.

- v. to touch or stroke gently and affectionately; to express love or tenderness with physical contact

190. He tried to _____ his experience to the group, but they couldn't understand.

- v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

191. Please _____ to the instruction manual for further assistance.

- v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

192. This project has been _____ for several years.

- adj.* having started and currently in progress

ANSWERS: 189. caressed, 190. relate, 191. refer, 192. underway