

# Englist.me



## Vocabulary Builder Reference from...

June Tangney: What's the difference between guilt and shame? | TED Talk

[https://www.ted.com/talks/june\\_tangney\\_what\\_s\\_the\\_difference\\_between\\_guilt\\_and\\_shame](https://www.ted.com/talks/june_tangney_what_s_the_difference_between_guilt_and_shame)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### sham

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

*synonym*: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

### worthless

*adj.* having no value or usefulness; not worth considering

*synonym*: valueless, useless, pointless

(1) **worthless** stock, (2) **worthless** coin

The product was found to be **worthless** as it failed to meet the customer's expectations.

### powerless

*adj.* lacking power, strength, or authority; unable to act or affect change

*synonym*: helpless, impotent, feeble

(1) **powerless** position, (2) **powerless** in the organization

During the hurricane, we felt **powerless** against the winds and rain.

### reconnect

*v.* to connect again after a break or interruption

*synonym*: reopen, rejoin, link up

(1) **reconnect** a telephone, (2) **reconnect** with family

After a long period of estrangement, they **reconnected** with each other.

### unwarranted

*adj.* without justification or valid reason; not supported by evidence, logic, or authority

*synonym* : unjustified, baseless, groundless

(1) **unwarranted** fear, (2) **unwarranted** assumption

The media's negative portrayal of the politician was **unwarranted** and biased

### compassionate

*adj.* feeling or showing sympathy and concern for the suffering or bad luck of others

*synonym* : empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

### dispel

*v.* to remove something, especially a feeling of fear, doubt, and false idea

*synonym* : chase away, allay, disperse

(1) **dispel** a painful feeling, (2) **dispel** baseless rumors

This program aims to **dispel** certain misconceptions about the disease.

### phobia

*n.* an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder

*synonym* : fear, dread, terror

(1) **phobia** treatment, (2) social **phobia**

She has a **phobia** of spiders and always avoids them.

### stigmatize

*v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

*synonym* : brand, mark, denounce

(1) **stigmatize** the deviant as criminal, (2) **stigmatize** him as a swindler

She was **stigmatized** by society because she had a child out of wedlock.

## intern

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

*synonym* : apprentice, trainee, student

- (1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

## temper

- n.* a person's state of mind, emotions, or attitude; a tendency to become angry or excited easily; the elasticity and hardness of a metal object

*synonym* : mood, disposition, nature

- (1) a hasty **temper**, (2) bridle my **temper**

The **temper** of the steel needs to be just right to ensure the product's durability.

## doe

- n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

*synonym* : rabbit, bunny, hare

- (1) **doe** rabbit, (2) buck and **doe**

Hunters use a whistle that makes the **doe** sound to lure stags.

## mire

- n.* a wet, muddy ground or area that is difficult to walk or move through

*synonym* : swamp, quagmire, bog

- (1) stick in the **mire**, (2) **mire** of debt

The project was bogged down in a **mire** of bureaucracy.

## incarcerate

- v.* to put or keep somebody in prison or in a place from which they cannot escape

*synonym* : confine, detain, imprison

- (1) **incarcerate** the murderer, (2) **incarcerate** her for life

He was **incarcerated** for the duration of the war.

## Session 2: Spelling

1. buck and d\_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
2. po\_\_\_\_\_ss in the organization *adj.* lacking power, strength, or authority; unable to act or affect change
3. inc\_\_\_\_\_te her for life *v.* to put or keep somebody in prison or in a place from which they cannot escape
4. turn out to be all s\_\_m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
5. bridle my te\_\_\_r *n.* a person's state of mind, emotions, or attitude; a tendency to become angry or excited easily; the elasticity and hardness of a metal object
6. unw\_\_\_\_\_ed fear *adj.* without justification or valid reason; not supported by evidence, logic, or authority
7. re\_\_\_\_\_ct with family *v.* to connect again after a break or interruption
8. d\_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
9. in\_\_\_n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 1. doe, 2. powerless, 3. incarcerate, 4. sham, 5. temper, 6. unwarranted, 7. reconnect, 8. doe, 9. intern

10. wo\_\_\_\_\_ss coin *adj.* having no value or usefulness; not worth considering
11. di\_\_\_l a painful feeling *v.* to remove something, especially a feeling of fear, doubt, and false idea
12. inc\_\_\_\_\_te the murderer *v.* to put or keep somebody in prison or in a place from which they cannot escape
13. com\_\_\_\_\_ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
14. a s\_\_m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
15. a com\_\_\_\_\_ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
16. a hasty te\_\_\_r *n.* a person's state of mind, emotions, or attitude; a tendency to become angry or excited easily; the elasticity and hardness of a metal object
17. ph\_\_\_a treatment *n.* an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder
18. medical in\_\_\_n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 10. worthless, 11. dispel, 12. incarcerate, 13. compassionate, 14. sham, 15. compassionate, 16. temper, 17. phobia, 18. intern

19. sti\_\_\_\_\_ze him as a swindler      *v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
20. sti\_\_\_\_\_ze the deviant as criminal      *v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
21. re\_\_\_\_\_ct a telephone      *v.* to connect again after a break or interruption
22. di\_\_\_l baseless rumors      *v.* to remove something, especially a feeling of fear, doubt, and false idea
23. social ph\_\_\_a      *n.* an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder
24. po\_\_\_\_\_ss position      *adj.* lacking power, strength, or authority; unable to act or affect change
25. wo\_\_\_\_\_ss stock      *adj.* having no value or usefulness; not worth considering
26. unw\_\_\_\_\_ed assumption      *adj.* without justification or valid reason; not supported by evidence, logic, or authority
27. stick in the m\_\_\_e      *n.* a wet, muddy ground or area that is difficult to walk or move through
28. m\_\_\_e of debt      *n.* a wet, muddy ground or area that is difficult to walk or move through

ANSWERS: 19. stigmatize, 20. stigmatize, 21. reconnect, 22. dispel, 23. phobia, 24. powerless, 25. worthless, 26. unwarranted, 27. mire, 28. mire

## Session 3: Fill in the Blanks

1. He was \_\_\_\_\_ for the duration of the war.  
*v.* to put or keep somebody in prison or in a place from which they cannot escape
2. My father has a serious and \_\_\_\_\_ personality.  
*adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
3. She has a \_\_\_\_\_ of spiders and always avoids them.  
*n.* an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder
4. During the hurricane, we felt \_\_\_\_\_ against the winds and rain.  
*adj.* lacking power, strength, or authority; unable to act or affect change
5. The media's negative portrayal of the politician was \_\_\_\_\_ and biased  
*adj.* without justification or valid reason; not supported by evidence, logic, or authority
6. The \_\_\_\_\_ of the steel needs to be just right to ensure the product's durability.  
*n.* a person's state of mind, emotions, or attitude; a tendency to become angry or excited easily; the elasticity and hardness of a metal object
7. The data he prepared was completely \_\_\_\_\_.  
*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
8. Hunters use a whistle that makes the \_\_\_\_ sound to lure stags.  
*n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

ANSWERS: 1. incarcerated, 2. compassionate, 3. phobia, 4. powerless, 5. unwarranted, 6. temper, 7. sham, 8. doe

9. She was \_\_\_\_\_ by society because she had a child out of wedlock.  
*v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
10. The navy \_\_\_\_\_ ships of defeated nations.  
*v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
11. The product was found to be \_\_\_\_\_ as it failed to meet the customer's expectations.  
*adj.* having no value or usefulness; not worth considering
12. The project was bogged down in a \_\_\_\_\_ of bureaucracy.  
*n.* a wet, muddy ground or area that is difficult to walk or move through
13. After a long period of estrangement, they \_\_\_\_\_ with each other.  
*v.* to connect again after a break or interruption
14. This program aims to \_\_\_\_\_ certain misconceptions about the disease.  
*v.* to remove something, especially a feeling of fear, doubt, and false idea

ANSWERS: 9. stigmatized, 10. interned, 11. worthless, 12. mire, 13. reconnected, 14. dispel