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Vocabulary Builder Reference from...

Lisa Godwin: How teachers can help students navigate trauma | TED Talk

https://www.ted.com/talks/lisa_godwin_how_teachers_can_help_students Navigate Trauma

All Words

IMPORTANT

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Session 1: Word List

chapter

n. a separate section of a written work usually numbered and titled

synonym : section, phase, episode

(1) an introductory **chapter**, (2) **chapter** of a political party
The final **chapter** provides a summary of the discussion.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym : characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym : calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym : agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

adversity

n. difficulties or hardships that someone faces

synonym : hardship, difficulty, trial

(1) environmental **adversity**, (2) struggling with **adversity**

The team demonstrated great resilience in the face of **adversity** and won the game.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

advocate

n. a person who supports or suggests an idea, development, or way of doing something

synonym : proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education

advocates

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

shiny

adj. reflecting light and having a bright and smooth surface

synonym: polished, glossy, lustrous

(1) **shiny** surface, (2) **shiny** object

The **shiny** new car drew everyone's attention as it drove by.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

transparent

adj. easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

synonym: translucent, evident, diaphanous

(1) a **transparent** lie, (2) **transparent** crystal

The focus of these initiatives is to make the financial system more **transparent**.

commitment

n. a promise or firm decision to do something or to behave in a certain way

synonym : burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his

commitments

His business **commitments** took him to the United States.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym : beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

heal

v. to make a wound or injury to become well again

synonym : recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

normalcy

n. the state or quality of being normal, typical, or expected; the condition of being in accordance with social norms or expectations

synonym : normality, regularity, routine

(1) move closer to **normalcy**, (2) maintain **normalcy**

After a long period of chaos, they longed to return to **normalcy**.

norm

n. something that is regarded as usual, typical, or standard

synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

victim

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

synonym : prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

abuse

n. the use of something in an incorrect or harmful manner
synonym: misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

excite

v. to make someone feel suddenly enthusiastic or eager
synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

dismay

n. a feeling of discouragement, distress, or anxiety caused by something unexpected or unwelcome; a sudden loss of courage or confidence

synonym: distress, discouragement, consternation

(1) flop down in **dismay**, (2) feel **dismay**

The employees expressed their **dismay** at the sudden announcement of massive layoffs.

epitome

n. a person or thing that is a typical or perfect example of a particular quality or type

synonym: embodiment, apotheosis

(1) an **epitome** of history, (2) world's **epitome**

He was the **epitome** of courage, always standing up for his beliefs.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

preservation

n. the act of keeping something in its original state or of preventing it from being damaged

synonym: conserving, protection, conservancy

(1) wildlife **preservation**, (2) the **preservation** of food

The museum had kept the paintings in remarkable **preservation**.

technique

n. a particular way or art of doing something that needs skill

synonym: approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

compliant

adj. willing to comply with rules, requests, or demands

synonym: obedient, conforming, amenable

(1) **compliant** software, (2) **compliant** regulations

The company is committed to being **compliant** with industry regulations.

disengage

v. to withdraw or separate oneself from a situation or relationship

synonym: withdraw, separate, detach

(1) **disengage** the clutch, (2) **disengage** socially

He **disengaged** from the conversation and walked away.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

exhausted

adj. extremely tired

synonym: drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

cranky

adj. easily irritated or annoyed; bad-tempered; in a state of discomfort or pain, often resulting in irritability or moodiness

synonym : crabby, irritable, grumpy

(1) **cranky** mood, (2) **cranky** toddler

I feel **cranky** today; please forgive me if I seem irritable.

frustration

n. the feeling of being upset or annoyed as a result of being unable to change or achieve something

synonym : disappointment, discouragement, dissatisfaction

(1) **frustration** level, (2) express **frustration**

He felt a deep **frustration** as he realized the project would not be completed on time.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

flexibility

n. the quality of changing or being changed easily according to new conditions or situations

synonym : elasticity, adaptability, resilience

(1) mental **flexibility**, (2) the **flexibility** of the body

We dealt with those problems with speed and **flexibility**.

grateful

adj. feeling or showing an appreciation of kindness; thankful

synonym : thankful, appreciative, indebted

(1) a **grateful** breeze, (2) put a **grateful** expression

She was **grateful** for the help he provided.

weary

adj. feeling or showing extreme tiredness, especially after working hard or doing something for a long time

synonym : depleted, exhausted, fatigued

(1) a **weary** brain, (2) **weary** expression

He became **weary** of the daily train commute.

recess

n. a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court

synonym : break, interval, pause

(1) a court **recess**, (2) during noon **recess**

The company decided to take a **recess** and reconvene the meeting later that day.

nap

n. a short sleep, especially during the day

synonym : rest, doze, drowse

(1) take a **nap**, (2) daytime **nap**

She woke the kids up from their **nap**.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym : confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

relation

n. the way two persons or groups of people feel and act toward one another

synonym : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

chip

n. a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat

synonym: flake, fragment, chunk

(1) a **chip** of wood, (2) I don't care a **chip**

We can use this campaign as a bargaining **chip** in the negotiations.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

guidance

n. advice or instructions given to help direct someone's behavior or decision-making

synonym: advice, direction, support

(1) vocational **guidance**, (2) **guidance** counselor

The mentor provided **guidance** to the young entrepreneur, helping her navigate the business world.

counselor

n. a person trained to give advice and help people deal with personal or emotional problems

synonym: advisor, consultant, therapist

(1) **counselor** office, (2) admissions **counselor**

She is a school **counselor** dedicated to helping students navigate academic and personal challenges.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or

approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

disclose

v. to make something, such as secret or new information, known publicly

synonym : declare, reveal, uncover

(1) **disclose** a secret, (2) **disclose** a vulnerability

The curtain rose to **disclose** a fantastic set.

suppose

v. to think that something is likely to be actual or possible

synonym : guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

dot

n. a very small circular mark, especially one that is printed

synonym : drop, dab, fleck

(1) connecting the **dots**, (2) **dot** blot method

The wallpaper had a pattern of pink **dots** on a white surface.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

role-play

v. to act out or play a particular role, situation, or scenario, typically as part of a training or educational process or as a form of entertainment; (noun) an activity in which people act out or assume the roles of characters or situations, often for learning, practicing, or entertainment

synonym :

act out, simulate, dramatize

(1) **role-play** a conversation, (2) **role-play** exercise

We had to **role-play** a difficult customer service scenario during our training session.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer

immediately

A suspension order from the court is effective **immediately**.

deny

v. to state that one refuses to admit the existence or truth of something

synonym: refute, reject, repudiate

(1) adamantly **deny** killing, (2) **deny** the allegations

He is still **denying** stealing the money from the cash register.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

handle

v. to deal with a situation, problem, or strong emotion

synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

bombshell

n. a sudden and unexpected piece of news or information that is shocking, startling, or disruptive; a person who is very attractive or sexy

synonym: surprise, revelation, shock

(1) political **bombshell**, (2) beauty **bombshell**

The news of his resignation was a **bombshell** for the

company's employees.

devastating

adj. causing a great deal of destruction or damage

synonym : destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

shift

n. a slight transition in position, direction, or trend

synonym : transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

fortunate

adj. having good luck or lucky

synonym : fortuitous, lucky, blessed

(1) **fortunate** situation, (2) less **fortunate** person

He was pretty **fortunate** to pass the exam.

kindergarten

n. a school or class for young children, usually between the ages of four and six

synonym : preschool, nursery school, daycare

(1) **kindergarten** class, (2) **kindergarten** teacher

The **kindergarten** students were having a good time playing with toys.

biography

n. the story of a person's life written by someone else
synonym : bio, memoir, life history

(1) **biography** of an actor, (2) medical **biography**

This is a well-recorded **biography**.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym : facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

decorate

v. to add beauty or distinction to something by the addition of ornament, art, etc

synonym : adorn, embellish, beautify

(1) **decorate** a wall, (2) **decorate** for Christmas

They **decorated** the room with balloons and streamers for the birthday party.

pet

n. an animal that you have at home as a companion and treated kindly

(1) a **pet** bird, (2) a teacher's **pet**

I have a parrot as a **pet**.

facial

adj. of or relating to a person's face

synonym : forward, front, surface

(1) **facial** nerve, (2) **facial** expressions

Facial profiling is a new form of airport security.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

recital

n. a public performance of music or dance, usually by a soloist or a group of performers; a detailed account of events or facts

synonym: performance, concert, show

(1) poetry **recital**, (2) give a **recital** at the hall

Her piano **recital** was a great success, and she received a standing ovation.

infuse

v. to fill something with a particular quality, feeling, or influence; to imbue

synonym: instill, fill, permeate

(1) **infuse** with spirit, (2) **infuse** life with meaning

She **infused** fresh herbs into the soup for added flavor.

autopilot

n. a system that automatically controls the operation of an aircraft or spacecraft

synonym: self-pilot, self-driving, self-navigating

(1) **autopilot** function, (2) aircraft **autopilot**

The airplane was on **autopilot** during the long flight.

deceive

v. to cause someone to believe something that is not true, often by telling a lie or creating a false impression

synonym: mislead, dupe, hoodwink

(1) **deceive** to lie, (2) **deceive** skillfully

The magician's illusions were designed to **deceive** the audience into believing they saw something impossible.

yearbook

n. a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them

synonym: annual, yearly

(1) **yearbook** photography, (2) college **yearbook**
I still like flipping through my high school **yearbook** to remember old friends.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

colon

n. the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system

(1) **colon** examination, (2) the **colon** at the end of the sentence

Consumption of vegetables may aid in the prevention of **colon** cancer.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym : distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym : grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

educator

n. a person who teaches or educates people

synonym : teacher, instructor, lecturer

(1) business **educator**, (2) duty as an **educator**

She is an **educator** with progressive ideas.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym : ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

mentor

n. a person who helps and advises a younger or less experienced person over time, usually at work or school

synonym : adviser, coach, tutor

(1) **mentor** for life, (2) fashion **mentor**

As a **mentor**, he helped me realize my career.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

perplexity

n. confusion, doubt; state of being puzzled

synonym: confusion, bewilderment, uncertainty

(1) a **perplexity** issue, (2) resolve **perplexity**

The **perplexity** of the situation left everyone at a loss for words.

definitely

adv. without any question and beyond doubt; clearly

synonym: absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely**

The paper is **definitely** worth reading thoroughly.

prompt

v. to make someone decide to or try to do something, or to make something happen

synonym: actuate, inspire, incite

(1) **prompt** a feeling of hunger, (2) **prompt** a debate

That incident **prompted** a nationwide chain reaction regarding the crackdown on illegal groups.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

vital

adj. necessary for the success or continued existence of something

synonym: critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

navigate

v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

synonym: guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document

Our knowledge helps **navigate** our clients successfully.

Session 2: Spelling

- | | |
|-----------------------------|--|
| 1. di____e control | <i>n.</i> a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems |
| 2. co_____nt software | <i>adj.</i> willing to comply with rules, requests, or demands |
| 3. as___e an important role | <i>v.</i> to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance |
| 4. n__m of action | <i>n.</i> something that is regarded as usual, typical, or standard |
| 5. major paradigm sh__t | <i>n.</i> a slight transition in position, direction, or trend |
| 6. su_____e beforehand | <i>v.</i> to think that something is likely to be actual or possible |
| 7. in___e life with meaning | <i>v.</i> to fill something with a particular quality, feeling, or influence; to imbue |
| 8. duty as an ed_____or | <i>n.</i> a person who teaches or educates people |
| 9. vocational gu_____ce | <i>n.</i> advice or instructions given to help direct someone's behavior or decision-making |
| 10. fashion me___r | <i>n.</i> a person who helps and advises a younger or less experienced person over time, usually at work or school |

ANSWERS: 1. disease, 2. compliant, 3. assume, 4. norm, 5. shift, 6. suppose, 7. infuse, 8. educator, 9. guidance, 10. mentor

11. de_____e to lie *v.* to cause someone to believe something that is not true, often by telling a lie or creating a false impression
12. de_____te for Christmas *v.* to add beauty or distinction to something by the addition of ornament, art, etc
13. ov_____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
14. express fru_____on *n.* the feeling of being upset or annoyed as a result of being unable to change or achieve something
15. tr_____ic event *adj.* relating to or caused by injury, especially emotional injury
16. a c__p of wood *n.* a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat
17. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
18. we__y expression *adj.* feeling or showing extreme tiredness, especially after working hard or doing something for a long time
19. an ad_____te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something
20. psychic tr___a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

ANSWERS: 11. deceive, 12. decorate, 13. overcome, 14. frustration, 15. traumatic, 16. chip, 17. anxiety, 18. weary, 19. advocate, 20. trauma

21. college ye____ok *n.* a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them
22. go there af____rd *adv.* after the time mentioned
23. admissions co____or *n.* a person trained to give advice and help people deal with personal or emotional problems
24. co____nt regulations *adj.* willing to comply with rules, requests, or demands
25. a per____ty issue *n.* confusion, doubt; state of being puzzled
26. sc____d dog *adj.* afraid or frightened
27. fo____te situation *adj.* having good luck or lucky
28. a com____nt to an alliance *n.* a promise or firm decision to do something or to behave in a certain way
29. h__l the hurt mind *v.* to make a wound or injury to become well again
30. a vul____le bridge *adj.* capable of being hurt or influenced physically or mentally
31. au____ot function *n.* a system that automatically controls the operation of an aircraft or spacecraft
32. sc____d all the time *adj.* afraid or frightened
33. a tra____nt lie *adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

ANSWERS: 21. yearbook, 22. afterward, 23. counselor, 24. compliant, 25. perplexity, 26. scared, 27. fortunate, 28. commitment, 29. heal, 30. vulnerable, 31. autopilot, 32. scared, 33. transparent

34. tr_____ic brain injury *adj.* relating to or caused by injury, especially emotional injury
35. de_____e skillfully *v.* to cause someone to believe something that is not true, often by telling a lie or creating a false impression
36. flop down in di____y *n.* a feeling of discouragement, distress, or anxiety caused by something unexpected or unwelcome; a sudden loss of courage or confidence
37. Doppler sh__t *n.* a slight transition in position, direction, or trend
38. co_____or office *n.* a person trained to give advice and help people deal with personal or emotional problems
39. the co__n at the end of the sentence *n.* the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
40. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
41. the pre _____ion of food *n.* the act of keeping something in its original state or of preventing it from being damaged
42. public education ad_____tes *n.* a person who supports or suggests an idea, development, or way of doing something

ANSWERS: 34. traumatic, 35. deceive, 36. dismay, 37. shift, 38. counselor, 39. colon, 40. nurse, 41. preservation, 42. advocate

43. ov____me opponents *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
44. ac____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
45. daytime n_p *n.* a short sleep, especially during the day
46. the fle_____ty of the body *n.* the quality of changing or being changed easily according to new conditions or situations
47. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
48. the te_____ue applied to construction *n.* a particular way or art of doing something that needs skill
49. vi___m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
50. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
51. full of em_____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
52. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use

ANSWERS: 43. overcome, 44. achieve, 45. nap, 46. flexibility, 47. eventually, 48. technique, 49. victim, 50. decide, 51. empathy, 52. communal

53. connecting the d_ _ts *n.* a very small circular mark, especially one that is printed
54. vi_ _l for a healthy society *adj.* necessary for the success or continued existence of something
55. ac_ _ _ _e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
56. in_ _ _e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
57. fa_ _ _l nerve *adj.* of or relating to a person's face
58. a te_ _ _ _ _ue in martial arts *n.* a particular way or art of doing something that needs skill
59. world's ep_ _ _ _e *n.* a person or thing that is a typical or perfect example of a particular quality or type
60. def_ _ _ _ _ly become a problem *adv.* without any question and beyond doubt; clearly
61. di_ _ _ _se a secret *v.* to make something, such as secret or new information, known publicly
62. di_ _ _ _ _ge the clutch *v.* to withdraw or separate oneself from a situation or relationship
63. nu_ _ _e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
64. adamantly d_ _y killing *v.* to state that one refuses to admit the existence or truth of something

ANSWERS: 53. dot, 54. vital, 55. achieve, 56. invite, 57. facial, 58. technique, 59. epitome, 60. definitely, 61. disclose, 62. disengage, 63. nurse, 64. deny

65. ye____ok photography *n.* a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them
66. environmental ad_____ty *n.* difficulties or hardships that someone faces
67. I don't care a c__p *n.* a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat
68. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
69. ch_____r of a political party *n.* a separate section of a written work usually numbered and titled
70. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
71. take a n_p *n.* a short sleep, especially during the day
72. eq__p an army *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
73. co__n examination *n.* the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system

ANSWERS: 65. yearbook, 66. adversity, 67. chip, 68. opportune, 69. chapter, 70. process, 71. nap, 72. equip, 73. colon

74. during noon re___s *n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court
75. wildlife pre_____ion *n.* the act of keeping something in its original state or of preventing it from being damaged
76. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something
77. psy_____gy experiment *n.* the scientific study of mind and behavior
78. an introductory ch_____r *n.* a separate section of a written work usually numbered and titled
79. a p_t bird *n.* an animal that you have at home as a companion and treated kindly
80. ro_____ay exercise *v.* to act out or play a particular role, situation, or scenario, typically as part of a training or educational process or as a form of entertainment; (noun) an activity in which people act out or assume the roles of characters or situations, often for learning, practicing, or entertainment
81. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
82. give a re_____l at the hall *n.* a public performance of music or dance, usually by a soloist or a group of performers; a detailed account of events or facts
83. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

ANSWERS: 74. recess, 75. preservation, 76. define, 77. psychology, 78. chapter, 79. pet, 80. role-play, 81. engage, 82. recital, 83. conversation

84. cr___y toddler *adj.* easily irritated or annoyed; bad-tempered; in a state of discomfort or pain, often resulting in irritability or moodiness
85. have dev_____ng effects *adj.* causing a great deal of destruction or damage
86. less fo_____te person *adj.* having good luck or lucky
87. su_____e you're right *v.* to think that something is likely to be actual or possible
88. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
89. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
90. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
91. feel di___y *n.* a feeling of discouragement, distress, or anxiety caused by something unexpected or unwelcome; a sudden loss of courage or confidence
92. na_____te the Pacific *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
93. di_____ge socially *v.* to withdraw or separate oneself from a situation or relationship
94. victim of sexual ab___e *n.* the use of something in an incorrect or harmful manner
95. tr___a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

ANSWERS: 84. cranky, 85. devastating, 86. fortunate, 87. suppose, 88. communal, 89. handle, 90. eventually, 91. dismay, 92. navigate, 93. disengage, 94. abuse, 95. trauma

96. sh__y object *adj.* reflecting light and having a bright and smooth surface
97. work pe___t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
98. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
99. sh__y surface *adj.* reflecting light and having a bright and smooth surface
100. a teacher's p_t *n.* an animal that you have at home as a companion and treated kindly
101. na_____te through a document *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
102. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
103. kin_____ten teacher *n.* a school or class for young children, usually between the ages of four and six
104. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
105. h__l a broken bone *v.* to make a wound or injury to become well again
106. move closer to no_____cy *n.* the state or quality of being normal, typical, or expected; the condition of being in accordance with social norms or expectations

ANSWERS: 96. shiny, 97. permit, 98. encourage, 99. shiny, 100. pet, 101. navigate, 102. define, 103. kindergarten, 104. sham, 105. heal, 106. normalcy

107. poetry re_____l *n.* a public performance of music or dance, usually by a soloist or a group of performers; a detailed account of events or facts
108. psy_____gy of crowd *n.* the scientific study of mind and behavior
109. si____t reading *adj.* without any or little sound
110. beauty bo_____ll *n.* a sudden and unexpected piece of news or information that is shocking, startling, or disruptive; a person who is very attractive or sexy
111. treat this dev_____ng disease *adj.* causing a great deal of destruction or damage
112. fru_____on level *n.* the feeling of being upset or annoyed as a result of being unable to change or achieve something
113. cr____y mood *adj.* easily irritated or annoyed; bad-tempered; in a state of discomfort or pain, often resulting in irritability or moodiness
114. aircraft au_____ot *n.* a system that automatically controls the operation of an aircraft or spacecraft
115. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
116. gu_____ce counselor *n.* advice or instructions given to help direct someone's behavior or decision-making
117. bi_____hy of an actor *n.* the story of a person's life written by someone else

ANSWERS: 107. recital, 108. psychology, 109. silent, 110. bombshell, 111. devastating, 112. frustration, 113. cranky, 114. autopilot, 115. conversation, 116. guidance, 117. biography

118. write him an answer imm_____ly *adv.* now or without delay
119. imm_____ly recall a product *adv.* now or without delay
120. put a gr_____ul expression *adj.* feeling or showing an appreciation of kindness; thankful
121. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
122. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
123. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
124. pr_____t a feeling of hunger *v.* to make someone decide to or try to do something, or to make something happen
125. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
126. give si_____t consent *adj.* without any or little sound
127. d_t blot method *n.* a very small circular mark, especially one that is printed
128. mental fle_____ty *n.* the quality of changing or being changed easily according to new conditions or situations

ANSWERS: 118. immediately, 119. immediately, 120. grateful, 121. decision, 122. encourage, 123. embrace, 124. prompt, 125. decision, 126. silent, 127. dot, 128. flexibility

129. ex_____ed parents *adj.* extremely tired
130. a seafaring na___n *n.* a large organized community of people living in a particular country or region and having a particular culture
131. a court re___s *n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court
132. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
133. the ex_____ed food sources *adj.* extremely tired
134. medical bi_____hy *n.* the story of a person's life written by someone else
135. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
136. fa___l expressions *adj.* of or relating to a person's face
137. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 129. exhausted, 130. nation, 131. recess, 132. decide, 133. exhausted, 134. biography, 135. develop, 136. facial, 137. process

138. vi___m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
139. em_____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
140. a gr_____ul breeze *adj.* feeling or showing an appreciation of kindness; thankful
141. de_____te a wall *v.* to add beauty or distinction to something by the addition of ornament, art, etc
142. an ep_____e of history *n.* a person or thing that is a typical or perfect example of a particular quality or type
143. struggling with ad_____ty *n.* difficulties or hardships that someone faces
144. eq__p our children with some special skills *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
145. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
146. as___e a lousy attitude to his boss *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
147. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
148. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

ANSWERS: 138. victim, 139. empathy, 140. grateful, 141. decorate, 142. epitome, 143. adversity, 144. equip, 145. excite, 146. assume, 147. vulnerable, 148. engage

149. de____p a skill v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
150. pr____t a debate v. to make someone decide to or try to do something, or to make something happen
151. es____te this chicken to weigh three pounds v. to guess or calculate the cost, size, value, etc. of something
152. political bo____ll n. a sudden and unexpected piece of news or information that is shocking, startling, or disruptive; a person who is very attractive or sexy
153. d__y the allegations v. to state that one refuses to admit the existence or truth of something
154. in____e a high degree of risk v. to include or affect someone or something as a necessary part of something else
155. a few years af____rd *adv.* after the time mentioned
156. em____r the secretary to do the same v. to give someone the power or authority to do something
157. ex____e rebellion v. to make someone feel suddenly enthusiastic or eager
158. resolve per____ty n. confusion, doubt; state of being puzzled
159. es____te a fair value v. to guess or calculate the cost, size, value, etc. of something

ANSWERS: 149. develop, 150. prompt, 151. estimate, 152. bombshell, 153. deny, 154. involve, 155. afterward, 156. empower, 157. excite, 158. perplexity, 159. estimate

160. na___n-state	<i>n.</i>	a large organized community of people living in a particular country or region and having a particular culture
161. in_____e a lot of paperwork	<i>v.</i>	to include or affect someone or something as a necessary part of something else
162. ha___ed the incident	<i>v.</i>	to deal with a situation, problem, or strong emotion
163. an_____y for knowledge	<i>n.</i>	a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
164. play a vi___l role	<i>adj.</i>	necessary for the success or continued existence of something
165. an op_____ne remark	<i>adj.</i>	suitable or happening at a time that is suitable or convenient for a particular purpose
166. business ed_____or	<i>n.</i>	a person who teaches or educates people
167. re_____on of inclusion	<i>n.</i>	the way two persons or groups of people feel and act toward one another
168. cultural n___m	<i>n.</i>	something that is regarded as usual, typical, or standard
169. me___r for life	<i>n.</i>	a person who helps and advises a younger or less experienced person over time, usually at work or school
170. meet his com_____nts	<i>n.</i>	a promise or firm decision to do something or to behave in a certain way
171. di_____e prevention	<i>n.</i>	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 160. nation, 161. involve, 162. handle, 163. anxiety, 164. vital, 165. opportune, 166. educator, 167. relation, 168. norm, 169. mentor, 170. commitment, 171. disease

172. in___e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
173. ro_____ay a conversation *v.* to act out or play a particular role, situation, or scenario, typically as part of a training or educational process or as a form of entertainment; (noun) an activity in which people act out or assume the roles of characters or situations, often for learning, practicing, or entertainment
174. in___e with spirit *v.* to fill something with a particular quality, feeling, or influence; to imbue
175. the problem of drug ab__e *n.* the use of something in an incorrect or harmful manner
176. tra_____nt crystal *adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely
177. em_____r my life *v.* to give someone the power or authority to do something
178. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
179. pe___t application *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
180. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
181. kin_____ten class *n.* a school or class for young children, usually between the ages of four and six

ANSWERS: 172. invite, 173. role-play, 174. infuse, 175. abuse, 176. transparent, 177. empower, 178. sham, 179. permit, 180. relation, 181. kindergarten

182. say def_____ly *adv.* without any question and beyond doubt; clearly
183. a we__y brain *adj.* feeling or showing extreme tiredness, especially after working hard or doing something for a long time
184. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of claspng another person in the arms as in greeting or affection
185. di_____se a vulnerability *v.* to make something, such as secret or new information, known publicly
186. maintain no_____cy *n.* the state or quality of being normal, typical, or expected; the condition of being in accordance with social norms or expectations

ANSWERS: 182. definitely, 183. weary, 184. embrace, 185. disclose, 186. normalcy

Session 3: Fill in the Blanks

1. She is a school _____ dedicated to helping students navigate academic and personal challenges.
 - n.* a person trained to give advice and help people deal with personal or emotional problems

2. The airplane was on _____ during the long flight.
 - n.* a system that automatically controls the operation of an aircraft or spacecraft

3. The construction company _____ the building with an earthquake-resistant device.
 - v.* to provide a person or a place with the things that are needed for a particular purpose or activity

4. The teacher will not _____ any students to leave the classroom early.
 - v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

5. Infants and pregnant women are particularly _____.
 - adj.* capable of being hurt or influenced physically or mentally

6. He became _____ of the daily train commute.
 - adj.* feeling or showing extreme tiredness, especially after working hard or doing something for a long time

7. The magician's illusions were designed to _____ the audience into believing they saw something impossible.
 - v.* to cause someone to believe something that is not true, often by telling a lie or creating a false impression

ANSWERS: 1. counselor, 2. autopilot, 3. equipped, 4. permit, 5. vulnerable, 6. weary, 7. deceive

8. She _____ fresh herbs into the soup for added flavor.
- v. to fill something with a particular quality, feeling, or influence; to imbue
9. The data he prepared was completely _____.
- n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
10. She couldn't _____ whether to order the pizza or the pasta for dinner.
- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
11. Could you help me _____ some furniture?
- n. a slight transition in position, direction, or trend
12. _____ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.
- n. a person who supports or suggests an idea, development, or way of doing something
13. The mentor provided _____ to the young entrepreneur, helping her navigate the business world.
- n. advice or instructions given to help direct someone's behavior or decision-making
14. The employees expressed their _____ at the sudden announcement of massive layoffs.
- n. a feeling of discouragement, distress, or anxiety caused by something unexpected or unwelcome; a sudden loss of courage or confidence
15. We all should learn how to _____ stress.
- v. to deal with a situation, problem, or strong emotion

ANSWERS: 8. infused, 9. sham, 10. decide, 11. shift, 12. Advocates, 13. guidance, 14. dismay, 15. handle

16. He was the _____ of courage, always standing up for his beliefs.
n. a person or thing that is a typical or perfect example of a particular quality or type
17. His business _____ took him to the United States.
n. a promise or firm decision to do something or to behave in a certain way
18. The corporation _____ dominated the entire tobacco business.
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
19. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
20. We will explain the countermeasure concerning this problem _____.
adv. after the time mentioned
21. Many civilians have suffered _____ as a result of the war.
n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
22. The _____ students were having a good time playing with toys.
n. a school or class for young children, usually between the ages of four and six
23. The museum had kept the paintings in remarkable _____.
n. the act of keeping something in its original state or of preventing it from being damaged
24. She woke the kids up from their _____.
n. a short sleep, especially during the day

ANSWERS: 16. epitome, 17. commitments, 18. eventually, 19. excited, 20. afterward, 21. trauma, 22. kindergarten, 23. preservation, 24. nap

25. She waited for her daughter with _____.
- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
26. I still like flipping through my high school _____ to remember old friends.
- n.* a book published annually by a school, college, or other organization featuring photographs and records of the previous year's events and the individuals involved in them
27. The curtain rose to _____ a fantastic set.
- v.* to make something, such as secret or new information, known publicly
28. That incident _____ a nationwide chain reaction regarding the crackdown on illegal groups.
- v.* to make someone decide to or try to do something, or to make something happen
29. After a long period of chaos, they longed to return to _____.
- n.* the state or quality of being normal, typical, or expected; the condition of being in accordance with social norms or expectations
30. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
31. We had to _____ a difficult customer service scenario during our training session.
- v.* to act out or play a particular role, situation, or scenario, typically as part of a training or educational process or as a form of entertainment; (noun) an activity in which people act out or assume the roles of characters or situations, often for learning, practicing, or entertainment

ANSWERS: 25. anxiety, 26. yearbook, 27. disclose, 28. prompted, 29. normalcy, 30. empowered, 31. role-play

32. The _____ new car drew everyone's attention as it drove by.
adj. reflecting light and having a bright and smooth surface
33. Jockey's superior _____ brought him victory.
n. a particular way or art of doing something that needs skill
34. He is still _____ stealing the money from the cash register.
v. to state that one refuses to admit the existence or truth of something
35. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
36. I'm _____ of insects.
adj. afraid or frightened
37. The team demonstrated great resilience in the face of _____ and won the game.
n. difficulties or hardships that someone faces
38. We _____ the season's total trade deficit at \$50 billion.
v. to guess or calculate the cost, size, value, etc. of something
39. The final _____ provides a summary of the discussion.
n. a separate section of a written work usually numbered and titled
40. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 32. shiny, 33. technique, 34. denying, 35. Communal, 36. scared, 37. adversity, 38. estimated, 39. chapter, 40. develop

41. The wallpaper had a pattern of pink _____ on a white surface.
n. a very small circular mark, especially one that is printed
42. The _____ runner fell to the ground and gasped.
adj. extremely tired
43. As a _____ he helped me realize my career.
n. a person who helps and advises a younger or less experienced person over time, usually at work or school
44. The _____ of the crime deserves justice and support to recover from the trauma.
n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
45. Consumption of vegetables may aid in the prevention of _____ cancer.
n. the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
46. We dealt with those problems with speed and _____.
n. the quality of changing or being changed easily according to new conditions or situations
47. The night shift _____ checked my vital signs before administering the medication.
n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
48. It will take time for her mental scars to _____.
v. to make a wound or injury to become well again

ANSWERS: 41. dots, 42. exhausted, 43. mentor, 44. victim, 45. colon, 46. flexibility, 47. nurse, 48. heal

49. This typhoon was the most _____ in years.

adj. causing a great deal of destruction or damage

50. The focus of these initiatives is to make the financial system more _____.

adj. easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

51. The politician remained _____ despite intense media scrutiny.

adj. without any or little sound

52. They _____ the room with balloons and streamers for the birthday party.

v. to add beauty or distinction to something by the addition of ornament, art, etc

53. I have a parrot as a _____.

n. an animal that you have at home as a companion and treated kindly

54. Her piano _____ was a great success, and she received a standing ovation.

n. a public performance of music or dance, usually by a soloist or a group of performers; a detailed account of events or facts

55. The systems we have developed has accepted as industry _____.

n. something that is regarded as usual, typical, or standard

56. We want to _____ you to our annual charity event.

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

57. The _____ of Japan is known for its unique culture and advanced technology.

n. a large organized community of people living in a particular country or region and having a particular culture

ANSWERS: 49. devastating, 50. transparent, 51. silent, 52. decorated, 53. pet, 54. recital, 55. norms, 56. invite, 57. nation

58. Perseverance and optimism are _____ to success.

adj. necessary for the success or continued existence of something

59. The experience was so _____ that it left a lasting impact on the survivor's mental health.

adj. relating to or caused by injury, especially emotional injury

60. The woods _____ the house.

v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

61. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

62. He tried to _____ a bad reputation and win the election.

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

63. She was _____ for the help he provided.

adj. feeling or showing an appreciation of kindness; thankful

64. Our company has an audit team that monitors directors for _____ of authority.

n. the use of something in an incorrect or harmful manner

65. The doctor diagnosed him with a rare _____ that had no known cure.

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

66. A suspension order from the court is effective _____.

adv. now or without delay

ANSWERS: 58. vital, 59. traumatic, 60. embrace, 61. suppose, 62. overcome, 63. grateful, 64. abuse, 65. disease, 66. immediately

67. We can use this campaign as a bargaining _____ in the negotiations.
- n.* a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat
68. The industrial _____ laws were passed with little to no alteration.
- n.* the way two persons or groups of people feel and act toward one another
69. The company decided to take a _____ and reconvene the meeting later that day.
- n.* a period of time when the members of a parliament, committee, etc., are adjourned; a short break in a trial in court
70. The news of his resignation was a _____ for the company's employees.
- n.* a sudden and unexpected piece of news or information that is shocking, startling, or disruptive; a person who is very attractive or sexy
71. They _____ customers with a premium for loyal patronage.
- v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
72. She had a master's degree in _____.
- n.* the scientific study of mind and behavior
73. The following example _____ that the capacity of each battery is the same.
- v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
74. The investigation _____ several government agencies and is expected to take several months.
- v.* to include or affect someone or something as a necessary part of something else

ANSWERS: 67. chip, 68. relations, 69. recess, 70. bombshell, 71. encouraged, 72. psychology, 73. assumes, 74. involves

75. Your _____ reflects your thoughts.

- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

76. Many multinational companies are _____ in the reconstruction of that country.

- v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

77. I feel _____ today; please forgive me if I seem irritable.

- adj.* easily irritated or annoyed; bad-tempered; in a state of discomfort or pain, often resulting in irritability or moodiness

78. The company is committed to being _____ with industry regulations.

- adj.* willing to comply with rules, requests, or demands

79. The _____ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

80. Our knowledge helps _____ our clients successfully.

- v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map

81. He _____ from the conversation and walked away.

- v.* to withdraw or separate oneself from a situation or relationship

82. _____ profiling is a new form of airport security.

- adj.* of or relating to a person's face

ANSWERS: 75. conversation, 76. engaged, 77. cranky, 78. compliant, 79. process, 80. navigate, 81. disengaged, 82. Facial

83. _____ is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation
84. This is a well-recorded _____.
n. the story of a person's life written by someone else
85. The paper is _____ worth reading thoroughly.
adv. without any question and beyond doubt; clearly
86. To advance this discussion, we must _____ "success" rigorously.
v. to state or explain precisely the nature, scope, or meaning of something
87. I will work hard to _____ my goals and realize my dreams.
v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
88. She was struggling to make a _____ between two job offers.
n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options
89. He felt a deep _____ as he realized the project would not be completed on time.
n. the feeling of being upset or annoyed as a result of being unable to change or achieve something
90. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 83. Empathy, 84. biography, 85. definitely, 86. define, 87. achieve, 88. decision, 89. frustration, 90. opportune

91. He was pretty _____ to pass the exam.

adj. having good luck or lucky

92. She is an _____ with progressive ideas.

n. a person who teaches or educates people

93. The _____ of the situation left everyone at a loss for words.

n. confusion, doubt; state of being puzzled

ANSWERS: 91. fortunate, 92. educator, 93. perplexity