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Vocabulary Builder Reference from...

Alexander Leitner: Can time be wasted? | TED Talk
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All Words

IMPORTANT

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Session 1: Word List

brick

n. a rectangular block of baked clay used as a building material

synonym : block, tile, paver

(1) **brick** wall, (2) dressed **brick**

The wall was made of hard **bricks** that had been used for centuries.

essentially

adv. relating to the essential features or concepts of anything

synonym : fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same

Essentially, a society is an organism.

toy

n. a thing, typically a small model or replica of something that is played with, especially by children

synonym : plaything, game, trinket

(1) **toy** store, (2) **toy** box

He gave his daughter a new **toy** for her birthday.

anniversary

n. the annual recurrence of a date marking a notable event; a date on which an event occurred in a previous year

synonym : commemoration, celebration, observance

(1) **anniversary** celebration, (2) a bicentennial **anniversary**

They celebrated their 10th **anniversary** with a romantic

dinner.

animate

v. to make something full of interest and energy
synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

technique

n. a particular way or art of doing something that needs skill

synonym: approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

illusion

n. a false idea or belief, especially about somebody or about a situation

synonym: delusion, fallacy, magic trick

(1) optical **illusion**, (2) the **illusion** of being in the forest

He could no longer tell the difference between **illusion** and reality.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

time-consuming

adj. requiring a significant amount of time or effort to complete

synonym: lengthy, prolonged, protracted

(1) **time-consuming** project, (2) **time-consuming** process

Writing a research paper can be a **time-consuming** task.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

indoor

adj. located, happened, or used inside a building

(1) an **indoor** pool, (2) designed for **indoor** use

Table tennis is an **indoor** sport.

attend

v. to be present at an event, to go to a place

synonym: go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

festival

n. a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works

synonym: fair, holiday, celebration

(1) **festival** attendee, (2) international film **festival**

The music **festival** attracts visitors from all over the world.

award

n. a prize or other mark of recognition given in honor of an achievement

synonym: prize, honor, accolade

(1) **award** ceremony, (2) participation **award**

He won the **award** for best actor at the film festival.

workshop

n. a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

synonym: studio, laboratory, atelier

(1) **workshop** attendee, (2) carpentry **workshop**

The artist held a **workshop** to teach students how to paint with watercolors.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

relieve

v. to make something burdensome, unpleasant, or painful less severe

synonym: alleviate, ease, assuage

(1) **relieve** his thirst, (2) **relieve** stress

The medicine **relieved** his headache, and he felt much better.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

maximum

adj. the largest or greatest amount or value attainable or attained

synonym: peak, top, highest

(1) **maximum** limit, (2) the **maximum** speed

The **maximum** temperature recorded this summer was higher than average.

scroll

n. a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them

synonym: manuscript, document, parchment

(1) roll up a **scroll**, (2) **scroll** through a document

The house owner loved the large hanging **scroll** in the guest room.

countless

adj. too numerous to be counted or very many

synonym: innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions

There are **countless** methods for dealing with stress.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym: culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict

After much contemplation, the suspect decided to plead **guilty** to the theft charge.

binge

n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence

synonym: spree, overindulgence, splurge

(1) **binge** on social media, (2) alcohol **binge**

She stayed up all night **binge-watching** her favorite TV show.

episode

n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

synonym: event, chapter, seizure

(1) end of the first **episode**, (2) **episode** of vertigo

I want to put that **episode** of my life behind me.

pursue

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

synonym: seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms

She intends to **pursue** a political career.

dictionary

n. a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation

synonym: lexicon, glossary, vocabulary

(1) **dictionary** definition, (2) online **dictionary**

I need to purchase a new English **dictionary**.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

elapse

v. to pass or go by, especially about time; to slip away unnoticed

synonym: pass, proceed, advance

(1) much time had **elapsed**, (2) **elapse** from the announced start time

Five minutes have **elapsed** since we began the experiment.

unproductive

adj. not producing or able to produce very much or desired results

synonym: fruitless, ineffective, idle

(1) in an **unproductive** manner, (2) **unproductive** industries

The negotiations between labor and management were **unproductive**.

absolutely

adv. without restriction or limitation; completely or utterly

synonym: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

commit

v. to do something illegal or wrong

synonym: engage, carry out, execute

(1) **commit** suicide, (2) **commit** mistakes

The military has **committed** an abuse of human rights.

priority

n. something that is more important than other things and should be dealt with first

synonym: importance, precedence, primacy

(1) **priority** call, (2) **priority** seating for elderly
Her **priority** is to be a mother.

procrastinate

v. to postpone doing what you should do, often because it is unpleasant or boring

synonym: delay, dawdle, hesitate

(1) **procrastinate** about a big challenge, (2) **procrastinate** on my homework

He **procrastinated** the matter until it was almost too late.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

occasionally

adv. now and then; sometimes but not often

synonym: periodically, sometimes, from time to time

(1) **occasionally** dine with friends, (2) **occasionally** change the routine

She still **occasionally** writes a short romance novel.

conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

unconscious

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

synonym : comatose, paralyzed, senseless

(1) **unconscious** bias, (2) a person who is **unconscious**
I know his **unconscious** habit that he touches his face when he lies.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**
She was struggling to make a **decision** between two job offers.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym : experimentation, investigation

(1) **experiment** design, (2) series of **experiments**
His **experiments** showed highly positive results.

participate

v. to take part in something

synonym : take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

decision-maker

n. a person who makes important decisions, especially at a high level in an organization

(1) policy **decision-maker**, (2) act as a **decision-maker**

A wealth of information does not always have a positive impact on **decision-makers**.

divide

v. to separate or cause to separate into parts or groups

synonym : separate, disconnect, split

(1) **divide** the cake into two pieces, (2) **divide** money equally

Can you **divide** 123321 by eleven?

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

consciously

adv. with awareness; in a deliberate manner

synonym: intentionally, deliberately, knowingly

(1) **consciously** aware of a problem, (2) act **consciously**
He **consciously** criticizes her in the publicity.

distracted

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

synonym: preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym: complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy
We **concluded** a cease-fire.

apparently

adv. based on what you have heard or read

synonym: evidently, obviously, supposedly

(1) **apparently** simple, (2) **apparently** unrelated

The police **apparently** believed this explanation was plausible.

prefer

v. to like, choose, or want one thing or person better than another

synonym: choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat
The birds **prefer** open water areas with reeds around them.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym: apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless
I **regret** to say that you did not gain admission to the university.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual
The terrorist's **identity** remains unknown.

meditation

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

synonym: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**
The **meditation** instructor guided the group through the relaxation and breathing exercises.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit
Having a **physically** healthy physique is essential for a great life.

beneficial

adj. helpful, useful, or sound; promoting or enhancing well-being

synonym: useful, advantageous, fruitful

(1) a **beneficial** result, (2) **beneficial** to all countries

Laughing is **beneficial** to our health.

timeframe

n. a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task

synonym: timespan, duration, period

(1) short **timeframe**, (2) realistic **timeframe**

We need to set a **timeframe** for completing this project.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

Session 2: Spelling

- | | |
|-------------------------|---|
| 1. co___t mistakes | <i>v.</i> to do something illegal or wrong |
| 2. at___d a meeting | <i>v.</i> to be present at an event, to go to a place |
| 3. pr_____s improvement | <i>n.</i> a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products |
| 4. policy dec_____ker | <i>n.</i> a person who makes important decisions, especially at a high level in an organization |
| 5. an_____e the body | <i>v.</i> to make something full of interest and energy |
| 6. unc_____us bias | <i>adj.</i> in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness |
| 7. co_____de a meeting | <i>v.</i> to come to an end or close; to reach a judgment or opinion by reasoning |
| 8. mo_____nt of troops | <i>n.</i> a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively |

ANSWERS: 1. commit, 2. attend, 3. process, 4. decision-maker, 5. animate, 6. unconscious, 7. conclude, 8. movement

- | | |
|-------------------------------------|--|
| 9. br__k wall | <i>n.</i> a rectangular block of baked clay used as a building material |
| 10. pr____ty seating for elderly | <i>n.</i> something that is more important than other things and should be dealt with first |
| 11. di___e the cake into two pieces | <i>v.</i> to separate or cause to separate into parts or groups |
| 12. act con_____ly | <i>adv.</i> with awareness; in a deliberate manner |
| 13. pr____ty call | <i>n.</i> something that is more important than other things and should be dealt with first |
| 14. series of exp_____nts | <i>n.</i> the scientific test conducted to observe what happens and gain new knowledge |
| 15. pr___r a window seat | <i>v.</i> to like, choose, or want one thing or person better than another |
| 16. write him an answer imm_____ly | <i>adv.</i> now or without delay |
| 17. answer co_____ss questions | <i>adj.</i> too numerous to be counted or very many |
| 18. co_____de that he is healthy | <i>v.</i> to come to an end or close; to reach a judgment or opinion by reasoning |
| 19. participation aw__d | <i>n.</i> a prize or other mark of recognition given in honor of an achievement |
| 20. co_____e fantasy with reality | <i>v.</i> to mistake one thing for another; to make somebody hard to understand |
| 21. in___t capital | <i>v.</i> to put money, effort, time, etc. into something to make a profit or achieve a result |

ANSWERS: 9. brick, 10. priority, 11. divide, 12. consciously, 13. priority, 14. experiment, 15. prefer, 16. immediately, 17. countless, 18. conclude, 19. award, 20. confuse, 21. invest

22. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
23. co_____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
24. at____d service *v.* to be present at an event, to go to a place
25. dressed br__k *n.* a rectangular block of baked clay used as a building material
26. re_____e his thirst *v.* to make something burdensome, unpleasant, or painful less severe
27. mistaken id_____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
28. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
29. gu____y verdict *adj.* feeling responsible for or having done something wrong or criminal
30. act as a dec_____ker *n.* a person who makes important decisions, especially at a high level in an organization
31. wo_____op attendee *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
32. el____e from the announced start time *v.* to pass or go by, especially about time; to slip away unnoticed
33. de____e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 22. conscious, 23. confuse, 24. attend, 25. brick, 26. relieve, 27. identity, 28. negative, 29. guilty, 30. decision-maker, 31. workshop, 32. elapse, 33. decide

34. online dic_____ry *n.* a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation
35. de_____te a few hours *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
36. ac_____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
37. de____e a word *v.* to state or explain precisely the nature, scope, or meaning of something
38. carpentry wo_____op *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
39. dis_____ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
40. alcohol bi___e *n.* a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
41. an_____e his soul *v.* to make something full of interest and energy
42. the te_____ue applied to construction *n.* a particular way or art of doing something that needs skill

ANSWERS: 34. dictionary, 35. dedicate, 36. achieve, 37. define, 38. workshop, 39. distracted, 40. binge, 41. animate, 42. technique

43. ben_____al to all countries *adj.* helpful, useful, or sound; promoting or enhancing well-being
44. re_____e stress *v.* to make something burdensome, unpleasant, or painful less severe
45. feel a bit gu____y *adj.* feeling responsible for or having done something wrong or criminal
46. realistic ti_____me *n.* a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task
47. par_____te fully in conversation *v.* to take part in something
48. roll up a sc____l *n.* a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
49. t_y box *n.* a thing, typically a small model or replica of something that is played with, especially by children
50. religious med_____on *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
51. de____e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
52. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 43. beneficial, 44. relieve, 45. guilty, 46. timeframe, 47. participate, 48. scroll, 49. toy, 50. meditation, 51. decide, 52. process

53. med_____on training *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
54. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
55. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something
56. in an unp_____ive manner *adj.* not producing or able to produce very much or desired results
57. a te_____ue in martial arts *n.* a particular way or art of doing something that needs skill
58. in___t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
59. pro_____ate on my homework *v.* to postpone doing what you should do, often because it is unpleasant or boring
60. pr___r physics to chemistry *v.* to like, choose, or want one thing or person better than another
61. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
62. unp_____ive industries *adj.* not producing or able to produce very much or desired results
63. become ess_____ly same *adv.* relating to the essential features or concepts of anything
64. the ma_____m speed *adj.* the largest or greatest amount or value attainable or attained

ANSWERS: 53. meditation, 54. absolutely, 55. define, 56. unproductive, 57. technique, 58. invest, 59. procrastinate, 60. prefer, 61. physically, 62. unproductive, 63. essentially, 64. maximum

65. co_____ss hours *adj.* too numerous to be counted or very many
66. get dis_____ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
67. a person who is unc_____us *adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness
68. t_y store *n.* a thing, typically a small model or replica of something that is played with, especially by children
69. par_____te in the program *v.* to take part in something
70. co_____us effort *adj.* being aware of and able to respond to what is happening around you
71. aw__d ceremony *n.* a prize or other mark of recognition given in honor of an achievement
72. a ben_____al result *adj.* helpful, useful, or sound; promoting or enhancing well-being
73. short ti_____me *n.* a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task
74. occ_____lly change the routine *adv.* now and then; sometimes but not often
75. cr_____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 65. countless, 66. distracted, 67. unconscious, 68. toy, 69. participate, 70. conscious, 71. award, 72. beneficial, 73. timeframe, 74. occasionally, 75. creative

76. go there af_____rd *adv.* after the time mentioned
77. ac_____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
78. a few years af_____rd *adv.* after the time mentioned
79. occ_____lly dine with friends *adv.* now and then; sometimes but not often
80. id_____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
81. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
82. re____t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
83. much time had el____ed *v.* to pass or go by, especially about time; to slip away unnoticed
84. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
85. imm_____ly recall a product *adv.* now or without delay
86. designed for in____r use *adj.* located, happened, or used inside a building
87. de_____te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

ANSWERS: 76. afterward, 77. achieve, 78. afterward, 79. occasionally, 80. identity, 81. blame, 82. regret, 83. elapse, 84. decision, 85. immediately, 86. indoor, 87. dedicate

88. pro_____ate about a big challenge
v. to postpone doing what you should do, often because it is unpleasant or boring
89. app_____ly unrelated
adv. based on what you have heard or read
90. a bicentennial ann_____ry
n. the annual recurrence of a date marking a notable event; a date on which an event occurred in a previous year
91. ann_____ry celebration
n. the annual recurrence of a date marking a notable event; a date on which an event occurred in a previous year
92. sc___l through a document
n. a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
93. end of the first ep_____e
n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
94. ep_____e of vertigo
n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
95. tim_____ing process
adj. requiring a significant amount of time or effort to complete
96. co___t suicide
v. to do something illegal or wrong
97. ess_____ly correct
adv. relating to the essential features or concepts of anything

ANSWERS: 88. procrastinate, 89. apparently, 90. anniversary, 91. anniversary, 92. scroll, 93. episode, 94. episode, 95. time-consuming, 96. commit, 97. essentially

98. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
99. a ne____ve number *adj.* having the quality of something bad or harmful; expressing refusal
100. optical il____on *n.* a false idea or belief, especially about somebody or about a situation
101. international film fe____al *n.* a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works
102. an in____r pool *adj.* located, happened, or used inside a building
103. app____ly simple *adv.* based on what you have heard or read
104. phy____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
105. tim_____ing project *adj.* requiring a significant amount of time or effort to complete
106. bi__e on social media *n.* a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
107. con_____ly aware of a problem *adv.* with awareness; in a deliberate manner
108. di__e money equally *v.* to separate or cause to separate into parts or groups
109. a selfish de____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 98. blame, 99. negative, 100. illusion, 101. festival, 102. indoor, 103. apparently, 104. physically, 105. time-consuming, 106. binge, 107. consciously, 108. divide, 109. decision

110. abs_____ly against *adv.* without restriction or limitation; completely or utterly
111. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
112. the il_____on of being in the forest *n.* a false idea or belief, especially about somebody or about a situation
113. barren of cr_____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
114. ma_____m limit *adj.* the largest or greatest amount or value attainable or attained
115. exp_____nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
116. fe_____al attendee *n.* a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works
117. re____t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
118. pu____e a goal *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
119. dic_____ry definition *n.* a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation

ANSWERS: 110. absolutely, 111. movement, 112. illusion, 113. creative, 114. maximum, 115. experiment, 116. festival, 117. regret, 118. pursue, 119. dictionary

120. pu___e freedoms

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

ANSWERS: 120. pursue

Session 3: Fill in the Blanks

1. The negotiations between labor and management were _____.
adj. not producing or able to produce very much or desired results
2. _____ a society is an organism.
adv. relating to the essential features or concepts of anything
3. They celebrated their 10th _____ with a romantic dinner.
n. the annual recurrence of a date marking a notable event; a date on which an event occurred in a previous year
4. Writing a research paper can be a _____ task.
adj. requiring a significant amount of time or effort to complete
5. He won the _____ for best actor at the film festival.
n. a prize or other mark of recognition given in honor of an achievement
6. His _____ showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge
7. He gave his daughter a new _____ for her birthday.
n. a thing, typically a small model or replica of something that is played with, especially by children
8. There are _____ methods for dealing with stress.
adj. too numerous to be counted or very many
9. We _____ our impeded progress on lack of money.
v. to think or say that someone or something did something wrong or is responsible for something bad

ANSWERS: 1. unproductive, 2. Essentially, 3. anniversary, 4. time-consuming, 5. award, 6. experiments, 7. toy, 8. countless, 9. blamed

10. We _____ a cease-fire.

v. to come to an end or close; to reach a judgment or opinion by reasoning

11. A suspension order from the court is effective _____.

adv. now or without delay

12. Jockey's superior _____ brought him victory.

n. a particular way or art of doing something that needs skill

13. The birds _____ open water areas with reeds around them.

v. to like, choose, or want one thing or person better than another

14. I was so _____ by my phone that I nearly walked into a lamppost.

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

15. We will explain the countermeasure concerning this problem _____.

adv. after the time mentioned

16. Laughing is _____ to our health.

adj. helpful, useful, or sound; promoting or enhancing well-being

17. I will work hard to _____ my goals and realize my dreams.

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

18. Her remarks _____ the debate.

v. to mistake one thing for another; to make somebody hard to understand

ANSWERS: 10. concluded, 11. immediately, 12. technique, 13. prefer, 14. distracted, 15. afterward, 16. beneficial, 17. achieve, 18. confused

19. He could no longer tell the difference between _____ and reality.
n. a false idea or belief, especially about somebody or about a situation
20. The movie has received almost universally _____ criticism.
adj. having the quality of something bad or harmful; expressing refusal
21. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
22. The _____ temperature recorded this summer was higher than average.
adj. the largest or greatest amount or value attainable or attained
23. The wall was made of hard _____ that had been used for centuries.
n. a rectangular block of baked clay used as a building material
24. The _____ of the dancers on stage was graceful and elegant.
n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
25. She stayed up all night _____ her favorite TV show.
n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
26. A wealth of information does not always have a positive impact on _____.
n. a person who makes important decisions, especially at a high level in an organization

ANSWERS: 19. illusion, 20. negative, 21. physically, 22. maximum, 23. bricks, 24. movement, 25. binge-watching, 26. decision-makers

27. The music _____ attracts visitors from all over the world.
- n.* a celebration or event, usually marking a particular religious or cultural occasion, often involving processions, music, dancing, and the performance of plays or other artistic works
28. The artist held a _____ to teach students how to paint with watercolors.
- n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
29. Her _____ is to be a mother.
- n.* something that is more important than other things and should be dealt with first
30. I know his _____ habit that he touches his face when he lies.
- adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness
31. We need to set a _____ for completing this project.
- n.* a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task
32. I want to put that _____ of my life behind me.
- n.* a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
33. He became _____ that he was being followed.
- adj.* being aware of and able to respond to what is happening around you
34. The medicine _____ his headache, and he felt much better.
- v.* to make something burdensome, unpleasant, or painful less severe

ANSWERS: 27. festival, 28. workshop, 29. priority, 30. unconscious, 31. timeframe, 32. episode, 33. conscious, 34. relieved

35. To advance this discussion, we must _____ "success" rigorously.
v. to state or explain precisely the nature, scope, or meaning of something
36. Five minutes have _____ since we began the experiment.
v. to pass or go by, especially about time; to slip away unnoticed
37. He _____ the matter until it was almost too late.
v. to postpone doing what you should do, often because it is unpleasant or boring
38. The government should view children as national assets and actively _____ in them.
v. to put money, effort, time, etc. into something to make a profit or achieve a result
39. The _____ instructor guided the group through the relaxation and breathing exercises.
n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
40. She still _____ writes a short romance novel.
adv. now and then; sometimes but not often
41. She intends to _____ a political career.
v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
42. I am _____ opposed to his idea because of morality.
adv. without restriction or limitation; completely or utterly

ANSWERS: 35. define, 36. elapsed, 37. procrastinated, 38. invest, 39. meditation, 40. occasionally, 41. pursue, 42. absolutely

43. Table tennis is an _____ sport.

adj. located, happened, or used inside a building

44. The _____ for applying for a visa can be lengthy and complicated.

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

45. The terrorist's _____ remains unknown.

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

46. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

47. The positive attitude of the supervisor _____ the discussion.

v. to make something full of interest and energy

48. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

49. He _____ his life to helping others.

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

50. I need to purchase a new English _____.

n. a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation

ANSWERS: 43. indoor, 44. process, 45. identity, 46. decide, 47. animated, 48. creative, 49. dedicated, 50. dictionary

51. Can you _____ 123321 by eleven?

v. to separate or cause to separate into parts or groups

52. After much contemplation, the suspect decided to plead _____ to the theft charge.

adj. feeling responsible for or having done something wrong or criminal

53. I _____ to say that you did not gain admission to the university.

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

54. She was struggling to make a _____ between two job offers.

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

55. The military has _____ an abuse of human rights.

v. to do something illegal or wrong

56. The majority of students actively _____ in the college's intramural sports program.

v. to take part in something

57. We must _____ to this matter.

v. to be present at an event, to go to a place

58. He _____ criticizes her in the publicity.

adv. with awareness; in a deliberate manner

59. The house owner loved the large hanging _____ in the guest room.

n. a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them

ANSWERS: 51. divide, 52. guilty, 53. regret, 54. decision, 55. committed, 56. participated, 57. attend, 58. consciously, 59. scroll

60. The police _____ believed this explanation was plausible.

adv. based on what you have heard or read

ANSWERS: 60. apparently