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Vocabulary Builder Reference from...

Alexander Leitner: Can time be wasted? | TED Talk
https://www.ted.com/talks/alexander_leitner_can_time_be_wasted

Advanced Words Only

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Session 1: Word List

animate

v. to make something full of interest and energy

synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

time-consuming

adj. requiring a significant amount of time or effort to complete

synonym: lengthy, prolonged, protracted

(1) **time-consuming** project, (2) **time-consuming** process

Writing a research paper can be a **time-consuming** task.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

binge

n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence

synonym: spree, overindulgence, splurge

(1) **binge** on social media, (2) alcohol **binge**

She stayed up all night **binge-watching** her favorite TV show.

elapse

v. to pass or go by, especially about time; to slip away unnoticed

synonym: pass, proceed, advance

(1) much time had **elapsed**, (2) **elapse** from the announced start time

Five minutes have **elapsed** since we began the experiment.

unproductive

adj. not producing or able to produce very much or desired results

synonym: fruitless, ineffective, idle

(1) in an **unproductive** manner, (2) **unproductive** industries

The negotiations between labor and management were **unproductive**.

procrastinate

v. to postpone doing what you should do, often because it is unpleasant or boring

synonym: delay, dawdle, hesitate

(1) **procrastinate** about a big challenge, (2) **procrastinate** on my homework

He **procrastinated** the matter until it was almost too late.

consciously

adv. with awareness; in a deliberate manner

synonym : intentionally, deliberately, knowingly

(1) **consciously** aware of a problem, (2) act **consciously**

He **consciously** criticizes her in the publicity.

distracted

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

synonym : preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

timeframe

n. a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task

synonym : timespan, duration, period

(1) short **timeframe**, (2) realistic **timeframe**

We need to set a **timeframe** for completing this project.

Session 2: Spelling

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|---------------------------------------|---|
| 1. de_____te a chapter to the subject | <i>v.</i> to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use |
| 2. get dis_____ed by an urgent matter | <i>adj.</i> having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried |
| 3. alcohol bi___e | <i>n.</i> a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence |
| 4. con_____ly aware of a problem | <i>adv.</i> with awareness; in a deliberate manner |
| 5. unp_____ive industries | <i>adj.</i> not producing or able to produce very much or desired results |
| 6. short ti_____me | <i>n.</i> a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task |
| 7. bi___e on social media | <i>n.</i> a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence |
| 8. much time had el___ed | <i>v.</i> to pass or go by, especially about time; to slip away unnoticed |
| 9. pro_____ate about a big challenge | <i>v.</i> to postpone doing what you should do, often because it is unpleasant or boring |

ANSWERS: 1. dedicate, 2. distracted, 3. binge, 4. consciously, 5. unproductive, 6. timeframe, 7. binge, 8. elapse, 9. procrastinate

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|--|---|
| 10. tim_____ing process | <i>adj.</i> requiring a significant amount of time or effort to complete |
| 11. act con_____ly | <i>adv.</i> with awareness; in a deliberate manner |
| 12. go there af_____rd | <i>adv.</i> after the time mentioned |
| 13. in an unp_____ive manner | <i>adj.</i> not producing or able to produce very much or desired results |
| 14. tim_____ing project | <i>adj.</i> requiring a significant amount of time or effort to complete |
| 15. realistic ti_____me | <i>n.</i> a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task |
| 16. co_____e the listener | <i>v.</i> to mistake one thing for another; to make somebody hard to understand |
| 17. an_____e the body | <i>v.</i> to make something full of interest and energy |
| 18. a few years af_____rd | <i>adv.</i> after the time mentioned |
| 19. pro_____ate on my homework | <i>v.</i> to postpone doing what you should do, often because it is unpleasant or boring |
| 20. el___e from the announced start time | <i>v.</i> to pass or go by, especially about time; to slip away unnoticed |
| 21. co_____e fantasy with reality | <i>v.</i> to mistake one thing for another; to make somebody hard to understand |
| 22. an_____e his soul | <i>v.</i> to make something full of interest and energy |
| 23. de_____te a few hours | <i>v.</i> to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use |

ANSWERS: 10. time-consuming, 11. consciously, 12. afterward, 13. unproductive, 14. time-consuming, 15. timeframe, 16. confuse, 17. animate, 18. afterward, 19. procrastinate, 20. elapse, 21. confuse, 22. animate, 23. dedicate

24. dis_____ed by a conversation

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

ANSWERS: 24. distracted

Session 3: Fill in the Blanks

1. She stayed up all night _____ her favorite TV show.
n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence

2. Her remarks _____ the debate.
v. to mistake one thing for another; to make somebody hard to understand

3. He _____ criticizes her in the publicity.
adv. with awareness; in a deliberate manner

4. We need to set a _____ for completing this project.
n. a period of time within which something is planned to be done or must be accomplished; a specified or estimated duration for completing a project or task

5. Five minutes have _____ since we began the experiment.
v. to pass or go by, especially about time; to slip away unnoticed

6. I was so _____ by my phone that I nearly walked into a lamppost.
adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

7. We will explain the countermeasure concerning this problem _____.
adv. after the time mentioned

8. Writing a research paper can be a _____ task.
adj. requiring a significant amount of time or effort to complete

ANSWERS: 1. binge-watching, 2. confused, 3. consciously, 4. timeframe, 5. elapsed, 6. distracted, 7. afterward, 8. time-consuming

9. The negotiations between labor and management were _____.
adj. not producing or able to produce very much or desired results
10. The positive attitude of the supervisor _____ the discussion.
v. to make something full of interest and energy
11. He _____ the matter until it was almost too late.
v. to postpone doing what you should do, often because it is unpleasant or boring
12. He _____ his life to helping others.
v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

ANSWERS: 9. unproductive, 10. animated, 11. procrastinated, 12. dedicated