

# Englist.me



## Vocabulary Builder Reference from...

*Cara E. Yar Khan: The beautiful balance between courage and fear | TED Talk*

[https://www.ted.com/talks/cara\\_e\\_yar\\_khan\\_the\\_beautiful\\_balance\\_between\\_courage\\_and\\_fear](https://www.ted.com/talks/cara_e_yar_khan_the_beautiful_balance_between_courage_and_fear)

### All Words

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### innocent

*adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge

*synonym* : blameless, honest, harmless

(1) an **innocent** child, (2) thousands of **innocent** people  
My husband was found **innocent** of any crime.

### brave

*adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity

*synonym* : courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

### fearless

*adj.* having no fear; brave

*synonym* : brave, courageous, daring

(1) **fearless** attitude, (2) **fearless** bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

### astronaut

*n.* a person trained by a space agency to travel outside the Earth's atmosphere

*synonym* : spaceman, cosmonaut

(1) **astronaut** mission, (2) **astronaut** in training

The shuttle **astronaut** trained for months before embarking on the space mission.

## rocket

*n.* a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon

*synonym*: projectile, missile

(1) **rocket** attack against the enemy, (2) **rocket** fuel

The **rocket** launch platform is visible from this hill.

## continent

*n.* one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex

*synonym*: landmass, (adjective) chaste, (adjective) pure

(1) the inland of a **continent**, (2) **continent** urinary diversion

Flight across the **continent** was a daring adventure in its day.

## courage

*n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

*synonym*: bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is right.

## involve

*v.* to include or affect someone or something as a necessary part of something else

*synonym*: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

## balance

*n.* a condition in which everything has the same weight or force; something left after other parts have been taken away

*synonym*: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's **balance** sheet

Try to keep a **balance** between work and off.

## bravery

*n.* courage in the face of danger

*synonym*: courage, valor, heroism

(1) **bravery** against the enemy, (2) **bravery** under fire

His **bravery** in the face of danger saved the lives of his comrades.

## magic

*n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

*synonym*: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

## fancy

*v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

*synonym*: imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**

I don't **fancy** acting in such an important role.

## wheelchair

*n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

## inexplicable

*adj.* unable to be explained, understood, or accounted for; mysterious or puzzling

*synonym*: incomprehensible, mysterious, unaccountable

(1) **inexplicable** event, (2) **inexplicable** decision

The reason for his sudden disappearance from work was

**inexplicable.**

**diagnose**

*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

*synonym*: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

**recessive**

*adj.* of or relating to the state of the economy declines; (of a gene) controlling a characteristic that is expressed only when a dominant allele is not present

*synonym*: latent, dormant, hidden

(1) **recessive** allele, (2) **recessive** mutant

The **recessive** gene for blue eyes is only expressed when both parents carry the gene.

**genetic**

*adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes

*synonym*: hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder

Understanding protein folding is a vital step in deciphering the **genetic** code.

**hereditary**

*adj.* passed down from one generation to another through inheritance

*synonym*: inherited, transmitted, genetic

(1) a **hereditary** disease, (2) **hereditary** property

A **hereditary** condition is a medical condition caused by a genetic mutation passed down from one's parents.

**inclusive**

*adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

*synonym*: cover-all, all-embracing, comprehensive

(1) a fully **inclusive** price, (2) **inclusive** education

The university has established a capacity for each nationality

as part of its **inclusive** policy.

## myopathy

*n.* a disease or disorder that affects the muscles, typically causing weakness, pain, or degeneration of muscle tissue

*synonym* : myositis, muscular disorder

(1) **myopathy** diagnosis, (2) congenital **myopathy**

Regular exercise can help manage symptoms of **myopathy** and improve muscle function.

## progressive

*adj.* relating to or supporting development or advancement, especially social or political one

*synonym* : advanced, forward-thinking, modern

(1) **progressive** taxation, (2) **progressive** development

The **progressive** approach to education emphasizes hands-on learning and student-centered classrooms.

## disease

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

*synonym* : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

## statistics

*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

## onset

*n.* the beginning or early stages of unpleasant something; a military attack

*synonym* : beginning, attack, commencement

(1) at the first **onset**, (2) the **onset** of spring

This medicine works best when taken at the **onset** of a cold.

## typical

*adj.* having the usual characteristics or traits of a specific group of things

*synonym*: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

## quadriplegia

*n.* paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region

(1) **quadriplegia** patients, (2) **quadriplegia** care

After the accident, he had **quadriplegia** and could not move his arms or legs.

## frightening

*adj.* causing fear or alarm, or very surprising and alarming

*synonym*: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience

The news of the pandemic was a **frightening** reminder of the fragility of human health.

## chronic

*adj.* being long-lasting and recurrent or characterized by long suffering; habitual

*synonym*: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol consumption

**Chronic** hyperglycemia is a trigger for a variety of serious diseases.

## disability

*n.* a physical or mental condition that makes it difficult for someone to do some things that other people do

*synonym*: impairment, disadvantage, restriction

(1) a **disability** pension, (2) a learning **disability**

Listening to music at a high volume may lead to a hearing **disability**.

## progression

*n.* the act or process of changing to the next stage or phase or moving forward

*synonym*: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease  
The company has made great strides in its **progression** toward sustainability.

## dishearten

*v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize

*synonym*: discourage, dismay, demoralize

(1) **dishearten** employees, (2) **dishearten** the hopeful job applicant

The team's loss in the semifinals did not **dishearten** their determination to return stronger next season.

## ambition

*n.* a strong wish to do or achieve something

*synonym*: purpose, aim, endeavor

(1) an **ambition** for political power, (2) boundless **ambition**  
Greed and **ambition** composed his personality.

## quitter

*n.* a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

## preposterous

*adj.* absurd, ridiculous, or contrary to reason or common sense

*synonym*: ridiculous, absurd, nonsensical

(1) **preposterous** claim, (2) **preposterous** price

The idea that aliens built the pyramids is **preposterous**.

## unacceptably

*adv.* in a way that is not acceptable or satisfactory

*synonym*: improperly, unsatisfactorily, inadequately

(1) **unacceptably** high prices, (2) **unacceptably** poor

The restaurant's service was **unacceptably** slow.

## ignore

*v.* to intentionally not listen or pay attention to  
*synonym*: neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

## nation

*n.* a large organized community of people living in a particular country or region and having a particular culture

*synonym*: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

## recover

*v.* to return to a former condition, health, mind, or strength

*synonym*: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

## brutal

*adj.* harsh or cruel

*synonym*: harsh, cruel, barbarous

(1) **brutal** bully, (2) **brutal** honesty

The **brutal** attack left the victim with serious injuries.

## declare

*v.* to say, state, or announce something clearly, officially, or publicly

*synonym*: announce, state, affirm

(1) **declare** independence, (2) **declare** my love

Foreign goods from abroad must be **declared** to customs when entering a country.



## employer

*n.* a person or organization that pays workers to work for them

*synonym*: boss, owner, company

(1) illegal **employer**, (2) **employer** responsibility

An **employer's** attitude toward its employees significantly impacts their productivity.

## polio

*n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability

*synonym*: poliomyelitis, infantile paralysis

(1) **polio** epidemic, (2) **polio** eradication

The **polio** vaccine development is regarded as one of the greatest medical achievements of the 20th century.

## overhear

*v.* to hear what other people are saying without intending to and their knowledge

*synonym*: catch, eavesdrop

(1) happen to **overhear** a conversation, (2) accidentally **overheard** their talk

She was inside at the time and **overheard** the conversation.

## survive

*v.* to live or exist despite a dangerous event or period

*synonym*: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

## limp

*adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot

*synonym*: unsteady, weak, faltering

(1) **limp** handshake, (2) **limp** hair

The steak was so undercooked that it was almost raw and had a **limp** texture.

## intern

*v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works,

sometimes for free, to get work experience or to fulfill qualification criteria

*synonym* : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

## severity

*n.* the quality or condition of being severe, strict, or harsh

*synonym* : harshness, rigidity, austerity

(1) the **severity** of cold, (2) high **severity**

The **severity** of the drought was a major concern for farmers.

## function

*n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

*synonym* : purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

## increasingly

*adv.* more and more

*synonym* : more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

## pursue

*v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

*synonym* : seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms

She intends to **pursue** a political career.

## appoint

*v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place

*synonym* : designate, assign, name

(1) **appoint** members, (2) **appoint** the day

The court **appointed** a guardian for the child.

## focal

*adj.* relating to an important or central point or area; sharp or precise in focus or detail

*synonym* : central, main, primary

(1) **focal** neurological deficit, (2) **focal** length

The photographer adjusted the camera to focus on the image's **focal** point.

## devastating

*adj.* causing a great deal of destruction or damage

*synonym* : destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

## earthquake

*n.* a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface

*synonym* : seismic activity, tremor, temblor

(1) an **earthquake** zone, (2) an **earthquake-proof**

The violent **earthquake** caused widespread damage and injuries throughout the region.

## brace

*n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast

*synonym* : support, clamp, (verb) strengthen

(1) **brace** for impact, (2) **brace** my energies

She wore a **brace** on her leg to support her injured ankle.

## adventure

*n.* a journey or a series of events that is unusual, exciting, or dangerous

*synonym* : experience, happening, incident

(1) gastronomic **adventures**, (2) **adventure** film  
He sailed the Atlantic Ocean multiple times during his **adventures**.

## grand

*adj.* important and large in size, scope, or extent  
*synonym*: impressive, great, ambitious

(1) a **grand** meal, (2) **grand** bargain  
This year's **grand** gathering will be held in Canada.

## outdo

*v.* to do better than someone; to surpass  
*synonym*: excel, surpass, outshine

(1) **outdo** him in trickery, (2) **outdo** the competition  
He tried to **outdo** his rival by breaking the world record.

## canyon

*n.* a large deep valley with very steep sides of rock and usually formed by a river  
*synonym*: gorge, valley, ravine

(1) twisty **canyon** road, (2) **canyon** of skyscrapers  
The Grand **Canyon** has an awe-inspiring sight.

## rim

*n.* the edge of something in the shape of a more or less circular object  
*synonym*: boundary, lip, edge

(1) **rim** of the ear, (2) crater **rim**  
The water level was even with the basin's **rim**.

## descent

*n.* the act or process of moving downward; a person's family origins  
*synonym*: fall, drop, family

(1) **descent** from nobility, (2) **descent** of family  
The **descent** from the mountain was steep and rocky.

## vertical

*adj.* upright or perpendicular to a horizontal surface or line  
*synonym*: perpendicular, upright, plumb

(1) **vertical** takeoff, (2) **vertical** axis  
The ladder leaned against the **vertical** surface of the

building.

## loose

*adj.* not securely fixed or fastened in place or able to be detached or separated from something

*synonym*: relaxed, unconsolidated, open

(1) a **loose** tongue, (2) remove **loose** hair

The inspector discovered **loose** bolts under the fuel rods.

## terrain

*n.* the physical features of a piece of land, including hills, valleys, rivers, and forests

*synonym*: land, geography, topography

(1) **terrain** map, (2) permafrost **terrain**

The mountainous **terrain** was rough and rocky.

## obstacle

*n.* a thing that blocks one's way or prevents or hinders progress

*synonym*: hindrance, barrier, block

(1) an **obstacle** to progress, (2) **obstacle** avoidance

The **obstacle** course was challenging but fun.

## necessarily

*adv.* in an essential manner; in such a way as could not be otherwise

*synonym*: inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true

This accident was something that happened **necessarily**.

## immediately

*adv.* now or without delay

*synonym*: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

## assume

*v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

*synonym*: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an

important role

The following example **assumes** that the capacity of each battery is the same.

## decision

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

*synonym*: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

## commitment

*n.* a promise or firm decision to do something or to behave in a certain way

*synonym*: burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his **commitments**

His business **commitments** took him to the United States.

## toss

*v.* to throw something carelessly with a light motion

*synonym*: throw, sway

(1) **toss** a coin, (2) **toss** the bottle into a trash can

It would be best if you **tossed** out all those old magazines.

## undertake

*v.* to do or begin to do something, such as an enterprise or responsibility

*synonym*: assume, take on, embark

(1) **undertake** an enterprise, (2) **undertake** routine duties

Young people in this country should **undertake** military duties.

## expedition

*n.* a journey or voyage for a specific purpose

*synonym*: journey, trip, voyage

(1) **expedition** team, (2) a polar **expedition**

The **expedition** to the Amazon jungle was both exciting and challenging.

## horseback

*n.* the back of a horse; the act of riding on a horse

*synonym*: equestrian, horse riding, mounted

(1) **horseback** trek, (2) **horseback** adventure

We went on a scenic trail ride on **horseback** through the mountains.

## raft

*n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer

*synonym*: flatboat, boat, barge

(1) a **raft** for carrying horses, (2) a life **raft**

The rubber **raft** was swept out to sea.

## crew

*n.* a group of people who work together, especially on a ship or airplane

*synonym*: team, group, squad

(1) the film **crew**, (2) the **crew** of a fishing boat

The ship's **crew** worked hard to repair the damaged sails before the next storm hit.

## tow

*v.* to pull or haul something along by means of a rope, chain, or other devices, typically using a vehicle as the source of power

*synonym*: haul, drag, pull

(1) **tow** a disabled vehicle, (2) **tow** a boat

I had to **tow** my car to the mechanic after it broke down.

## spoil

*v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad

*synonym*: rot, decay, deteriorate

(1) **spoil** a person's sport, (2) **spoil** the surprise

If you leave the milk out of the refrigerator for too long, it will **spoil**.

## alert

*v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

*synonym*: warn, inform, (adjective) vigilant

(1) **alert** consumers to the dangers, (2) **alert** system

The company's cybersecurity team **alerted** the CEO to potential threats.

## manifest

*v.* to show something such as feeling, attitude, quality, etc. clearly through signs or actions

*synonym*: exhibit, make plain, demonstrate

(1) **manifest** as the word, (2) **manifest** displeasure

The Prime Minister **manifested** his regret for his neighbors

## mustang

*n.* a small, hardy breed of horse found in the American West that typically has a stocky build, short mane, and a wild or untamed temperament

(1) a group of **mustangs**, (2) saddle up his trusty **mustang**

The wild **mustang** galloped across the open plains, its mane flowing in the wind.

## sheriff

*n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town

*synonym*: officer, enforcer

(1) **sheriff** court, (2) deputy **sheriff**

The **sheriff** kept establishing order in the town.

## impressive

*adj.* arousing admiration due to size, quality, or skill

*synonym*: impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

## shock

*n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

*synonym*: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.



**ounce**

*n.* a unit of weight equal to approximately 28 grams  
(1) **ounce** weight, (2) have an **ounce** of confidence  
One **ounce** of gold is worth much money.

**embark**

*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something  
*synonym*: enter, undertake, commence  
(1) **embark** on a trip, (2) **embark** on a foolish adventure  
We **embarked** on a new project.

**compose**

*v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it  
*synonym*: compile, constitute, build  
(1) **compose** an essay, (2) **compose** my thoughts  
The structure is **composed** of three main components.

**disaster**

*n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life  
*synonym*: catastrophe, calamity, tragedy  
(1) global **disaster**, (2) **disaster** recovery  
The **disaster** response team worked around the clock to aid those affected by the earthquake.

**strike**

*v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon  
*synonym*: hit, impact, influence  
(1) **strike** up a conversation, (2) **strike** a blow  
We **strike** to achieve more wages and safer working conditions.

**upright**

*adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position  
*synonym*: vertical, perpendicular, plumb  
(1) **upright** posture, (2) sit **upright** in a chair  
The bookcase was **upright** against the wall.

## saddle

*n.* a seat for a rider on the back of a horse or other animal;  
(verb) to burden someone with responsibility or task

*synonym* : seat, perch, mount

(1) bestride a **saddle**, (2) **saddle** his company with so much debt

He put the **saddle** on the horse before going for a ride.

## oversize

*adj.* larger than the normal or standard size

*synonym* : large, big, excessive

(1) **oversize** tire, (2) **oversize** bag

The **oversize** jacket was too big for her, but she still wore it because she liked the style.

## fling

*v.* to throw or push something or someone with force or recklessness, especially because you are angry

*synonym* : throw, dump, hurl

(1) **fling** a stream of abuse, (2) **fling** a door open forcefully

He was provoked to **fling** the draft on the floor.

## smack

*v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke

*synonym* : hit, slap, strike

(1) **smack** on the lips, (2) **smack** his knee

The baseball player **smacked** the ball out of the park, securing a home run.

## panic

*n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

*synonym* : confusion, hysteria, consternation

(1) a **panic** reaction, (2) **panic** buying

The participation of oil-producing countries in the war caused **panic** in the financial markets.

## fierce

*adj.* severe and violent in a way that is frightening

*synonym* : ferocious, convulsive, forceful

(1) **fierce** competition, (2) a **fierce** animal

The **fierce** thunders echoed across the plain.

## dismount

*v.* to get off or down from a horse, bicycle, or other transportation devices; to physically descend from a height or perch

*synonym*: get off, alight, disembark

(1) **dismount** a ladder, (2) **dismount** the bike

She stumbled as she tried to **dismount** from her horse.

## halfway

*adj.* in or at a point midway or an equal distance between two points

*synonym*: middle, median, center

(1) **halfway** through my journey, (2) **halfway** decent job

The famous restaurant stands **halfway** up the hill.

## helmet

*n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress

*synonym*: headgear, head protector, safety hat

(1) **helmet** size, (2) safety **helmet**

The worker survived the impact because they were wearing sturdy **helmets**.

## bump

*v.* to hit or knock against something hard, often with a dull sound; to meet with by accident

*synonym*: collide, hit, jolt

(1) **bump** against a wall, (2) **bump** up prices

She accidentally **bumped** into him in the crowded room.

## protruding

*adj.* sticking out or projecting from a surface; extending beyond a boundary or limit

*synonym*: jutting, sticking out, protrusion

(1) **protruding** object, (2) **protruding** tongue

The construction worker wore a hard hat to protect his head from **protruding** beams or wires.

## forehead

*n.* the part of the face above the eyebrows and below the hairline; the upper part of the face that extends from the

eyes to the hairline

*synonym*: brow, frontal bone, temple

(1) **forehead** wrinkles, (2) kiss on the **forehead**

The athlete had sweat dripping down her **forehead** after the intense workout.

**gear**

*n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

*synonym*: equipment, tools, apparatus

(1) sports **gear**, (2) a **gear** change lever

She checked her **gear** before embarking on the hike.

**swelling**

*n.* an abnormal local enlargement of a part of your body, mainly because of illness or injury

*synonym*: bulge, bump, inflammation

(1) **swelling** of the ankle, (2) hard **swelling** on the body

After intensive icing by the trainer, the **swelling** went down.

**outward**

*adj.* relating to the external appearance or surface of something; visible

*synonym*: external, surface, exterior

(1) an **outward** journey, (2) **outward** cheerfulness

The **outward** appearance of the building was impressive, but the inside was in dire need of repairs.

**drain**

*v.* to empty or dry something by removing the liquid from it

*synonym*: draw off, bleed

(1) **drain** water from the swamp, (2) **drain** excess liquid

Push the button and let the water **drain** away.

**fantastic**

*adj.* extremely good; excellent

*synonym*: incredible, unbelievable, marvelous

(1) a **fantastic** dress, (2) absolutely **fantastic** event

The new amusement park ride was **fantastic**, with twists,

turns, and drops that left riders screaming with excitement.

## amazing

*adj.* extremely surprising, especially in a way that you like or admire

*synonym*: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

## documentary

*n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

*synonym*: film, broadcast, doco

(1) a **documentary** film, (2) **documentary** proof

He won an award for that short **documentary**.

## peaceful

*adj.* not involving violence, conflict, or war

*synonym*: friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

## mighty

*adj.* very large, powerful, or strong

*synonym*: potent, powerful, robust

(1) **mighty** works, (2) struck a **mighty** blow

Only the **mighty** God has the power to brighten this dark land.

## capsize

*v.* to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance

*synonym*: overturn, overturning, tipping

(1) **capsize** a boat, (2) **capsize** in the middle of the storm

The strong wind caused the kayak to **capsize**, throwing the paddler into the water.

## glamorous

*adj.* highly attractive and exciting, and different from ordinary things or people

*synonym*: alluring, bewitching, enchanting

(1) **glamorous** movie stars, (2) cast **glamorous** eyes  
The south coast is less **glamorous** yet has many clean and appealing hotels.

## breath

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

*synonym* : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind  
He bated his **breath** when talking about this affair.

## choke

*v.* to prevent or obstruct the normal breathing or swallowing of someone or something

*synonym* : strangle, suffocate, clog

(1) **choke** with anger, (2) **choke** off the blood supply  
The baby started to **choke** on a piece of apple.

## steer

*v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone

*synonym* : guide, direct, control

(1) **steer** a steady course, (2) **steer** a conversation  
The captain told him to **steer** the ship north.

## scary

*adj.* causing fear or fright; frightening; intimidating

*synonym* : terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story  
The horror movie was so **scary** that I couldn't watch it alone.

## slick

*adj.* smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient

*synonym* : smooth, polished, shiny

(1) a **slick** operation, (2) **slick** design  
The politician gave a **slick** speech, but it was full of empty promises.

## bedrock

*n.* the solid rock underlying soil or alluvium

*synonym* :

foundation, foundation stone, base

(1) **bedrock** foundation, (2) **bedrock** geology

The **bedrock** beneath the soil is extremely solid and stable.

## accolade

*n.* an expression of praise, honor, or approval, often in the form of an award or ceremonial gesture; a sign of recognition or achievement

*synonym*: tribute, honor, award

(1) **accolade** ceremony, (2) professional **accolade**

The actor received an **accolade** for his outstanding performance in the play.

## bold

*adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks

*synonym*: brave, courageous, fearless

(1) a **bold** design, (2) big, **bold** piano sounds

The effort to alleviate climate change needs **bold** action.

## courageous

*adj.* able to face and deal with danger or fear without flinching

*synonym*: brave, valiant, fearless

(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

## vision

*n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

*synonym*: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

## effortless

*adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish

*synonym*: easy, simple, uncomplicated

(1) **effortless** victory, (2) **effortless** beauty

The dancer made her performance look **effortless** and graceful.

## epic

*n.* a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive

*synonym*: legendary, mythical, classical

(1) heroic **epic**, (2) **epic** battle

The military **epic** between the two armies was one for the history books.

## scenery

*n.* the natural features of a landscape or environment, viewed particularly in terms of their aesthetic appeal; the visual elements that constitute a play's backdrop or setting

*synonym*: landscape, view, panorama

(1) **scenery** painting, (2) mountain **scenery**

The beautiful **scenery** along the coast took our breath away.

## exhausted

*adj.* extremely tired

*synonym*: drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

## exhilarating

*adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

*synonym*: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

## blase

*adj.* indifferent to or unimpressed by something that may be seen as exciting, interesting, or significant; jaded or worldly-wise

*synonym*: bored, indifferent, apathetic

(1) **blase** attitude, (2) **blase** response



The celebrity was **blase** about attending yet another red carpet event.

## achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

*synonym*: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

## swear

v. to make a solemn promise or vow; to use rude or offensive language

*synonym*: declare, assert, curse

(1) **swear** an oath, (2) **swear** a blue streak

I **swear** I didn't mean to break your vase.

## extraordinary

*adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual

*synonym*: exceptional, noteworthy, astonishing

(1) **extraordinary** ability, (2) **extraordinary** weather

He narrated the **extraordinary** story of his adventure.

## outweigh

v. to be heavier, more significant, or more critical than something

*synonym*: dominate, outrank, overpower

(1) **outweigh** the benefit, (2) **outweigh** our wishes

The advantages would undoubtedly **outweigh** the disadvantages.

## Session 2: Spelling

1. ha\_\_\_\_y decent job *adj.* in or at a point midway or an equal distance between two points
2. fairly ty\_\_\_\_l symptoms *adj.* having the usual characteristics or traits of a specific group of things
3. accidentally ov\_\_\_\_ard their talk *v.* to hear what other people are saying without intending to and their knowledge
4. mental co\_\_\_\_e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
5. de\_\_\_\_e independence *v.* to say, state, or announce something clearly, officially, or publicly
6. cast fri\_\_\_\_ng eyes *adj.* causing fear or alarm, or very surprising and alarming
7. de\_\_\_\_on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
8. sp\_\_l a person's sport *v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
9. as\_\_\_\_ut mission *n.* a person trained by a space agency to travel outside the Earth's atmosphere
10. al\_\_t consumers to the dangers *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

ANSWERS: 1. halfway, 2. typical, 3. overhear, 4. courage, 5. declare, 6. frightening, 7. decision, 8. spoil, 9. astronaut, 10. alert

11. sp\_\_l the surprise *v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
12. kiss on the fo\_\_\_\_ad *n.* the part of the face above the eyebrows and below the hairline; the upper part of the face that extends from the eyes to the hairline
13. a her\_\_\_\_ry disease *adj.* passed down from one generation to another through inheritance
14. a selfish de\_\_\_\_on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
15. up\_\_\_\_t posture *adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position
16. electric-powered whe\_\_\_\_ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
17. cast gl\_\_\_\_us eyes *adj.* highly attractive and exciting, and different from ordinary things or people
18. ov\_\_\_\_ze tire *adj.* larger than the normal or standard size
19. sl\_\_k design *adj.* smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient
20. saddle up his trusty mu\_\_\_\_g *n.* a small, hardy breed of horse found in the American West that typically has a stocky build, short mane, and a wild or untamed temperament
21. imm\_\_\_\_ly recall a product *adv.* now or without delay

ANSWERS: 11. spoil, 12. forehead, 13. hereditary, 14. decision, 15. upright, 16. wheelchair, 17. glamorous, 18. oversize, 19. slick, 20. mustang, 21. immediately

22. a flight of fa\_\_y *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
23. st\_\_r a steady course *v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
24. a b\_\_d design *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
25. inc\_\_\_\_\_gly become common *adv.* more and more
26. fi\_\_\_e competition *adj.* severe and violent in a way that is frightening
27. a g\_\_r change lever *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
28. hard sw\_\_\_\_\_ng on the body *n.* an abnormal local enlargement of a part of your body, mainly because of illness or injury
29. fo\_\_l length *adj.* relating to an important or central point or area; sharp or precise in focus or detail
30. struck a mi\_\_\_y blow *adj.* very large, powerful, or strong
31. ov\_\_\_\_\_ze bag *adj.* larger than the normal or standard size
32. po\_\_o epidemic *n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability

ANSWERS: 22. fancy, 23. steer, 24. bold, 25. increasingly, 26. fierce, 27. gear, 28. swelling, 29. focal, 30. mighty, 31. oversize, 32. polio

33. em\_\_\_k on a foolish adventure      *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
34. an ob\_\_\_\_\_le to progress      *n.* a thing that blocks one's way or prevents or hinders progress
35. ig\_\_\_e a ban      *v.* to intentionally not listen or pay attention to
36. high se\_\_\_\_\_ty      *n.* the quality or condition of being severe, strict, or harsh
37. fe\_\_\_\_\_ss bravery      *adj.* having no fear; brave
38. am\_\_\_\_\_g advances      *adj.* extremely surprising, especially in a way that you like or admire
39. an ou\_\_\_\_\_d journey      *adj.* relating to the external appearance or surface of something; visible
40. safety he\_\_\_t      *n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
41. pa\_\_c buying      *n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
42. a r\_\_t for carrying horses      *n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
43. re\_\_\_\_\_ve allele      *adj.* of or relating to the state of the economy declines; (of a gene) controlling a characteristic that is expressed only when a dominant allele is not present

ANSWERS: 33. embark, 34. obstacle, 35. ignore, 36. severity, 37. fearless, 38. amazing, 39. outward, 40. helmet, 41. panic, 42. raft, 43. recessive

44. su\_\_\_\_e a plane crash  
*v.* to live or exist despite a dangerous event or period
45. ap\_\_\_\_t members  
*v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place
46. a fi\_\_\_e animal  
*adj.* severe and violent in a way that is frightening
47. ac\_\_\_\_e success  
*v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
48. sw\_\_r a blue streak  
*v.* to make a solemn promise or vow; to use rude or offensive language
49. sc\_\_y dream  
*adj.* causing fear or fright; frightening; intimidating
50. doc\_\_\_\_\_\_ry proof  
*n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
51. sit up\_\_\_\_t in a chair  
*adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position
52. heroic e\_\_c  
*n.* a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive
53. l\_\_p hair  
*adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
54. ext\_\_\_\_\_\_ary weather  
*adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual

ANSWERS: 44. survive, 45. appoint, 46. fierce, 47. achieve, 48. swear, 49. scary, 50. documentary, 51. upright, 52. epic, 53. limp, 54. extraordinary

55. my\_\_\_\_\_hy diagnosis *n.* a disease or disorder that affects the muscles, typically causing weakness, pain, or degeneration of muscle tissue
56. po\_\_o eradication *n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability
57. asset on the company's ba\_\_\_\_\_e sheet *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
58. medical in\_\_\_\_n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
59. pro\_\_\_\_\_on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
60. pro\_\_\_\_\_ng tongue *adj.* sticking out or projecting from a surface; extending beyond a boundary or limit
61. have ge\_\_\_\_\_c testing *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
62. in\_\_\_\_\_e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
63. ad\_\_\_\_\_re film *n.* a journey or a series of events that is unusual, exciting, or dangerous
64. al\_\_t system *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

ANSWERS: 55. myopathy, 56. polio, 57. balance, 58. intern, 59. progression, 60. protruding, 61. genetic, 62. involve, 63. adventure, 64. alert

65. he\_\_\_t size *n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
66. a doc\_\_\_\_\_ry film *n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
67. global di\_\_\_\_\_er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
68. t\_\_s the bottle into a trash can *v.* to throw something carelessly with a light motion
69. br\_\_\_l bully *adj.* harsh or cruel
70. b\_\_p up prices *v.* to hit or knock against something hard, often with a dull sound; to meet with by accident
71. br\_\_e my energies *n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
72. fe\_\_\_\_\_ss attitude *adj.* having no fear; brave
73. an ear\_\_\_\_\_ke-proof *n.* a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface
74. whe\_\_\_\_\_ir accessibility *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

ANSWERS: 65. helmet, 66. documentary, 67. disaster, 68. toss, 69. brutal, 70. bump, 71. brace, 72. fearless, 73. earthquake, 74. wheelchair



75. br\_\_e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
76. make a cou\_\_\_\_\_us decision *adj.* able to face and deal with danger or fear without flinching
77. the ba\_\_\_\_\_e of power *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
78. ho\_\_\_\_\_ck adventure *n.* the back of a horse; the act of riding on a horse
79. meet his com\_\_\_\_\_nts *n.* a promise or firm decision to do something or to behave in a certain way
80. the ex\_\_\_\_\_ed food sources *adj.* extremely tired
81. dis\_\_\_\_\_en employees *v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize
82. bestride a sa\_\_\_e *n.* a seat for a rider on the back of a horse or other animal; (verb) to burden someone with responsibility or task
83. re\_\_\_\_\_r approval ratings *v.* to return to a former condition, health, mind, or strength
84. congenital my\_\_\_\_\_hy *n.* a disease or disorder that affects the muscles, typically causing weakness, pain, or degeneration of muscle tissue
85. a polar exp\_\_\_\_\_on *n.* a journey or voyage for a specific purpose
86. inspire co\_\_\_\_\_e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

ANSWERS: 75. brave, 76. courageous, 77. balance, 78. horseback, 79. commitment, 80. exhausted, 81. dishearten, 82. saddle, 83. recover, 84. myopathy, 85. expedition, 86. courage

87. t\_w a disabled vehicle      *v.* to pull or haul something along by means of a rope, chain, or other devices, typically using a vehicle as the source of power
88. bl\_\_e response      *adj.* indifferent to or unimpressed by something that may be seen as exciting, interesting, or significant; jaded or worldly-wise
89. br\_\_\_\_y against the enemy      *n.* courage in the face of danger
90. di\_\_\_\_nt a ladder      *v.* to get off or down from a horse, bicycle, or other transportation devices; to physically descend from a height or perch
91. mi\_\_\_\_y works      *adj.* very large, powerful, or strong
92. sta\_\_\_\_\_cs for cancer      *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
93. fl\_\_g a door open forcefully      *v.* to throw or push something or someone with force or recklessness, especially because you are angry
94. deputy sh\_\_\_\_f      *n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town
95. br\_\_e for impact      *n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
96. twisty ca\_\_\_\_n road      *n.* a large deep valley with very steep sides of rock and usually formed by a river

ANSWERS: 87. tow, 88. blase, 89. bravery, 90. dismount, 91. mighty, 92. statistics, 93. fling, 94. sheriff, 95. brace, 96. canyon

97. be\_\_\_\_k foundation *n.* the solid rock underlying soil or alluvium
98. pu\_\_\_e a goal *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
99. ca\_\_\_\_\_e in the middle of the storm *v.* to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance
100. co\_\_\_\_\_e my thoughts *v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
101. ch\_\_\_e with anger *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
102. ma\_\_\_\_\_st displeasure *v.* to show something such as feeling, attitude, quality, etc. clearly through signs or actions
103. em\_\_\_k on a trip *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
104. sh\_\_\_k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
105. un\_\_\_\_\_ke an enterprise *v.* to do or begin to do something, such as an enterprise or responsibility
106. qua\_\_\_\_\_gia care *n.* paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region

ANSWERS: 97. bedrock, 98. pursue, 99. capsize, 100. compose, 101. choke, 102. manifest, 103. embark, 104. shock, 105. undertake, 106. quadriplegia

107. ig\_\_\_e her advice *v.* to intentionally not listen or pay attention to
108. br\_\_\_e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
109. l\_\_\_p handshake *adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
110. pe\_\_\_\_ul coexistence *adj.* not involving violence, conflict, or war
111. r\_m of the ear *n.* the edge of something in the shape of a more or less circular object
112. an imp\_\_\_\_ve array of facts *adj.* arousing admiration due to size, quality, or skill
113. dr\_\_\_n excess liquid *v.* to empty or dry something by removing the liquid from it
114. gastronomic ad\_\_\_\_res *n.* a journey or a series of events that is unusual, exciting, or dangerous
115. ve\_\_\_\_al takeoff *adj.* upright or perpendicular to a horizontal surface or line
116. de\_\_\_\_t from nobility *n.* the act or process of moving downward; a person's family origins
117. br\_\_\_h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
118. br\_\_\_\_y under fire *n.* courage in the face of danger
119. ha\_\_\_\_y through my journey *adj.* in or at a point midway or an equal distance between two points
120. pre\_\_\_\_ous claim *adj.* absurd, ridiculous, or contrary to reason or common sense

ANSWERS: 107. ignore, 108. brave, 109. limp, 110. peaceful, 111. rim, 112. impressive, 113. drain, 114. adventure, 115. vertical, 116. descent, 117. breath, 118. bravery, 119. halfway, 120. preposterous

121. exp\_\_\_\_\_on team *n.* a journey or voyage for a specific purpose
122. ty\_\_\_\_\_l leader *adj.* having the usual characteristics or traits of a specific group of things
123. co\_\_\_\_\_e an essay *v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
124. boundless am\_\_\_\_\_on *n.* a strong wish to do or achieve something
125. re\_\_\_\_\_ve mutant *adj.* of or relating to the state of the economy declines; (of a gene) controlling a characteristic that is expressed only when a dominant allele is not present
126. ca\_\_\_\_\_e a boat *v.* to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance
127. ho\_\_\_\_\_ck trek *n.* the back of a horse; the act of riding on a horse
128. fo\_\_\_\_\_ad wrinkles *n.* the part of the face above the eyebrows and below the hairline; the upper part of the face that extends from the eyes to the hairline
129. co\_\_\_\_\_nt urinary diversion *n.* one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
130. de\_\_\_e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 121. expedition, 122. typical, 123. compose, 124. ambition, 125. recessive, 126. capsizes, 127. horseback, 128. forehead, 129. continent, 130. decide

131. hold your br\_\_\_h  
*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
132. official sta\_\_\_\_\_cs  
*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
133. a fully in\_\_\_\_\_ve price  
*adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
134. di\_\_\_\_\_se the problem  
*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
135. sh\_\_\_\_\_f court  
*n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town
136. her\_\_\_\_\_ry property  
*adj.* passed down from one generation to another through inheritance
137. professional ac\_\_\_\_\_de  
*n.* an expression of praise, honor, or approval, often in the form of an award or ceremonial gesture; a sign of recognition or achievement
138. remove lo\_\_e hair  
*adj.* not securely fixed or fastened in place or able to be detached or separated from something
139. big, b\_\_d piano sounds  
*adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
140. di\_\_\_\_\_se with CT scans  
*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 131. breath, 132. statistics, 133. inclusive, 134. diagnose, 135. sheriff, 136. hereditary, 137. accolade, 138. loose, 139. bold, 140. diagnose

141. ve\_\_\_\_al axis *adj.* upright or perpendicular to a horizontal surface or line
142. pe\_\_\_\_ul country *adj.* not involving violence, conflict, or war
143. risk of ch\_\_\_\_c disease *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
144. gl\_\_\_\_\_us movie stars *adj.* highly attractive and exciting, and different from ordinary things or people
145. fa\_\_y a cup of coffee *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
146. st\_\_\_e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
147. ch\_\_e off the blood supply *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
148. serial qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
149. b\_\_p against a wall *v.* to hit or knock against something hard, often with a dull sound; to meet with by accident
150. treat this dev\_\_\_\_\_ng disease *adj.* causing a great deal of destruction or damage
151. death from sh\_\_k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

ANSWERS: 141. vertical, 142. peaceful, 143. chronic, 144. glamorous, 145. fancy, 146. strike, 147. choke, 148. quitter, 149. bump, 150. devastating, 151. shock

152. thousands of in\_\_\_\_\_nt people      *adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge
153. pre\_\_\_\_\_ous price      *adj.* absurd, ridiculous, or contrary to reason or common sense
154. an exh\_\_\_\_\_ing drink      *adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
155. de\_\_\_\_\_t of family      *n.* the act or process of moving downward; a person's family origins
156. st\_\_\_\_\_e a blow      *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
157. dr\_\_n water from the swamp      *v.* to empty or dry something by removing the liquid from it
158. the on\_\_t of spring      *n.* the beginning or early stages of unpleasant something; a military attack
159. br\_\_\_l honesty      *adj.* harsh or cruel
160. the se\_\_\_\_\_ty of cold      *n.* the quality or condition of being severe, strict, or harsh
161. a seafaring na\_\_\_n      *n.* a large organized community of people living in a particular country or region and having a particular culture
162. nec\_\_\_\_\_ly true      *adv.* in an essential manner; in such a way as could not be otherwise
163. ou\_\_o him in trickery      *v.* to do better than someone; to surpass
164. sc\_\_\_\_\_y painting      *n.* the natural features of a landscape or environment, viewed particularly in terms of their aesthetic appeal; the visual elements that constitute a play's backdrop or setting

ANSWERS: 152. innocent, 153. preposterous, 154. exhilarating, 155. descent, 156. strike, 157. drain, 158. onset, 159. brutal, 160. severity, 161. nation, 162. necessarily, 163. outdo, 164. scenery



165. ou\_\_o the competition *v.* to do better than someone; to surpass
166. a life r\_\_t *n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
167. a gr\_\_d meal *adj.* important and large in size, scope, or extent
168. write him an answer imm\_\_\_\_\_ly *adv.* now or without delay
169. bl\_\_e attitude *adj.* indifferent to or unimpressed by something that may be seen as exciting, interesting, or significant; jaded or worldly-wise
170. pu\_\_\_e freedoms *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
171. happen to ov\_\_\_\_\_ar a conversation *v.* to hear what other people are saying without intending to and their knowledge
172. sm\_\_k his knee *v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
173. st\_\_r a conversation *v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
174. di\_\_\_\_\_er recovery *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
175. ext\_\_\_\_\_ary ability *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual

ANSWERS: 165. outdo, 166. raft, 167. grand, 168. immediately, 169. blase, 170. pursue, 171. overhear, 172. smack, 173. steer, 174. disaster, 175. extraordinary

176. di\_\_\_\_\_nt the bike *v.* to get off or down from a horse, bicycle, or other transportation devices; to physically descend from a height or perch
177. sw\_\_\_\_\_ng of the ankle *n.* an abnormal local enlargement of a part of your body, mainly because of illness or injury
178. the c\_\_w of a fishing boat *n.* a group of people who work together, especially on a ship or airplane
179. ca\_\_\_\_n of skyscrapers *n.* a large deep valley with very steep sides of rock and usually formed by a river
180. e\_\_c battle *n.* a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive
181. mountain sc\_\_\_\_\_y *n.* the natural features of a landscape or environment, viewed particularly in terms of their aesthetic appeal; the visual elements that constitute a play's backdrop or setting
182. fo\_\_l neurological deficit *adj.* relating to an important or central point or area; sharp or precise in focus or detail
183. sc\_\_y story *adj.* causing fear or fright; frightening; intimidating
184. illegal em\_\_\_\_\_er *n.* a person or organization that pays workers to work for them
185. permafrost te\_\_\_\_\_n *n.* the physical features of a piece of land, including hills, valleys, rivers, and forests

ANSWERS: 176. dismount, 177. swelling, 178. crew, 179. canyon, 180. epic, 181. scenery, 182. focal, 183. scary, 184. employer, 185. terrain

186. t\_w a boat *v.* to pull or haul something along by means of a rope, chain, or other devices, typically using a vehicle as the source of power
187. una\_\_\_\_\_bly poor *adv.* in a way that is not acceptable or satisfactory
188. in\_\_\_n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
189. face inc\_\_\_\_\_gly complicated challenges *adv.* more and more
190. have an ou\_\_e of confidence *n.* a unit of weight equal to approximately 28 grams
191. ro\_\_\_t fuel *n.* a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon
192. su\_\_\_\_\_e a blizzard *v.* to live or exist despite a dangerous event or period
193. ex\_\_\_\_\_ed parents *adj.* extremely tired
194. pro\_\_\_\_\_ve development *adj.* relating to or supporting development or advancement, especially social or political one
195. she is ma\_\_c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

ANSWERS: 186. tow, 187. unacceptably, 188. intern, 189. increasingly, 190. ounce, 191. rocket, 192. survive, 193. exhausted, 194. progressive, 195. magic

196. the film c\_\_w *n.* a group of people who work together, especially on a ship or airplane
197. a dis\_\_\_\_\_ty pension *n.* a physical or mental condition that makes it difficult for someone to do some things that other people do
198. un\_\_\_\_\_ke routine duties *v.* to do or begin to do something, such as an enterprise or responsibility
199. qua\_\_\_\_\_gia patients *n.* paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region
200. ch\_\_\_\_\_c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
201. pro\_\_\_\_\_ve taxation *adj.* relating to or supporting development or advancement, especially social or political one
202. re\_\_\_\_\_r a loss *v.* to return to a former condition, health, mind, or strength
203. be\_\_\_\_\_k geology *n.* the solid rock underlying soil or alluvium
204. not nec\_\_\_\_\_ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
205. at the first on\_\_t *n.* the beginning or early stages of unpleasant something; a military attack
206. a sl\_\_k operation *adj.* smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient
207. exh\_\_\_\_\_ing view *adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

ANSWERS: 196. crew, 197. disability, 198. undertake, 199. quadriplegia, 200. chronic, 201. progressive, 202. recover, 203. bedrock, 204. necessarily, 205. onset, 206. slick, 207. exhilarating

208. eff\_\_\_\_\_ss victory *adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish
209. as\_\_\_\_\_ut in training *n.* a person trained by a space agency to travel outside the Earth's atmosphere
210. immune fu\_\_\_\_\_on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
211. fu\_\_\_\_\_on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
212. imp\_\_\_\_\_ve performances *adj.* arousing admiration due to size, quality, or skill
213. una\_\_\_\_\_bly high prices *adv.* in a way that is not acceptable or satisfactory
214. pro\_\_\_\_\_ng object *adj.* sticking out or projecting from a surface; extending beyond a boundary or limit
215. a prodigious vi\_\_\_\_\_n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

ANSWERS: 208. effortless, 209. astronaut, 210. function, 211. function, 212. impressive, 213. unacceptably, 214. protruding, 215. vision

216. ine\_\_\_\_\_ble decision *adj.* unable to be explained, understood, or accounted for; mysterious or puzzling
217. t\_\_s a coin *v.* to throw something carelessly with a light motion
218. em\_\_\_\_\_er responsibility *n.* a person or organization that pays workers to work for them
219. a ge\_\_\_\_\_c disorder *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
220. te\_\_\_\_\_n map *n.* the physical features of a piece of land, including hills, valleys, rivers, and forests
221. ma\_\_\_\_\_st as the word *v.* to show something such as feeling, attitude, quality, etc. clearly through signs or actions
222. ob\_\_\_\_\_le avoidance *n.* a thing that blocks one's way or prevents or hinders progress
223. an am\_\_\_\_\_on for political power *n.* a strong wish to do or achieve something
224. absolutely fa\_\_\_\_\_ic event *adj.* extremely good; excellent
225. a learning dis\_\_\_\_\_ty *n.* a physical or mental condition that makes it difficult for someone to do some things that other people do
226. ine\_\_\_\_\_ble event *adj.* unable to be explained, understood, or accounted for; mysterious or puzzling
227. di\_\_\_\_\_e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 216. inexplicable, 217. toss, 218. employer, 219. genetic, 220. terrain, 221. manifest, 222. obstacle, 223. ambition, 224. fantastic, 225. disability, 226. inexplicable, 227. disease

228. a group of mu\_\_\_\_gs                    *n.* a small, hardy breed of horse found in the American West that typically has a stocky build, short mane, and a wild or untamed temperament
229. di\_\_\_\_e prevention                    *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
230. ou\_\_e weight                            *n.* a unit of weight equal to approximately 28 grams
231. crater r\_m                                *n.* the edge of something in the shape of a more or less circular object
232. in\_\_\_\_ve education                    *adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
233. ou\_\_\_\_gh our wishes                    *v.* to be heavier, more significant, or more critical than something
234. a com\_\_\_\_nt to an alliance            *n.* a promise or firm decision to do something or to behave in a certain way
235. a lo\_\_e tongue                            *adj.* not securely fixed or fastened in place or able to be detached or separated from something
236. pro\_\_\_\_on of disease                    *n.* the act or process of changing to the next stage or phase or moving forward
237. eff\_\_\_\_ss beauty                        *adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish
238. telescopic vi\_\_\_\_n                        *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

ANSWERS: 228. mustang, 229. disease, 230. ounce, 231. rim, 232. inclusive, 233. outweigh, 234. commitment, 235. loose, 236. progression, 237. effortless, 238. vision

239. have dev\_\_\_\_\_ng effects *adj.* causing a great deal of destruction or damage
240. a fa\_\_\_\_\_ic dress *adj.* extremely good; excellent
241. a pa\_\_c reaction *n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
242. ou\_\_\_\_\_gh the benefit *v.* to be heavier, more significant, or more critical than something
243. fri\_\_\_\_\_ng experience *adj.* causing fear or alarm, or very surprising and alarming
244. a ma\_\_c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
245. an in\_\_\_\_\_nt child *adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge
246. na\_\_\_n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
247. in\_\_\_\_\_e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
248. gr\_\_d bargain *adj.* important and large in size, scope, or extent
249. de\_\_\_\_\_e my love *v.* to say, state, or announce something clearly, officially, or publicly
250. ac\_\_\_\_\_de ceremony *n.* an expression of praise, honor, or approval, often in the form of an award or ceremonial gesture; a sign of recognition or achievement

ANSWERS: 239. devastating, 240. fantastic, 241. panic, 242. outweigh, 243. frightening, 244. magic, 245. innocent, 246. nation, 247. involve, 248. grand, 249. declare, 250. accolade





261. as\_\_\_e a lousy attitude to his boss      *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
262. easy qu\_\_\_\_\_r      *n.* a person who gives up easily or does not have the determination to finish what they have started
263. ro\_\_\_t attack against the enemy      *n.* a large tube-shaped object that moves very first by a stream of gases let out behind it, used for space travel or as a weapon
264. the most am\_\_\_\_\_g feeling      *adj.* extremely surprising, especially in a way that you like or admire
265. fl\_\_g a stream of abuse      *v.* to throw or push something or someone with force or recklessness, especially because you are angry
266. sports g\_\_r      *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
267. de\_\_\_e on a course of action      *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
268. an ear\_\_\_\_\_ke zone      *n.* a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface

ANSWERS: 261. assume, 262. quitter, 263. rocket, 264. amazing, 265. fling, 266. gear, 267. decide, 268. earthquake

## Session 3: Fill in the Blanks

1. Try to keep a \_\_\_\_\_ between work and off.  
*n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
2. The wild \_\_\_\_\_ galloped across the open plains, its mane flowing in the wind.  
*n.* a small, hardy breed of horse found in the American West that typically has a stocky build, short mane, and a wild or untamed temperament
3. The brain is an incredibly complex organ that controls the body's \_\_\_\_\_.  
*n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
4. After the accident, he had \_\_\_\_\_ and could not move his arms or legs.  
*n.* paralysis of all four limbs and the torso, usually resulting from injury to the spinal cord in the neck region
5. The \_\_\_\_\_ jacket was too big for her, but she still wore it because she liked the style.  
*adj.* larger than the normal or standard size
6. The \_\_\_\_\_ firefighter rushed into the burning building to save a trapped child.  
*adj.* having no fear; brave
7. The violent \_\_\_\_\_ caused widespread damage and injuries throughout the region.  
*n.* a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface

ANSWERS: 1. balance, 2. mustang, 3. function, 4. quadriplegia, 5. oversize, 6. fearless, 7. earthquake

8. The participation of oil-producing countries in the war caused \_\_\_\_\_ in the financial markets.  
*n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
9. The \_\_\_\_\_ of the drought was a major concern for farmers.  
*n.* the quality or condition of being severe, strict, or harsh
10. He got an electric \_\_\_\_\_ at work.  
*n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
11. Only the \_\_\_\_\_ God has the power to brighten this dark land.  
*adj.* very large, powerful, or strong
12. His \_\_\_\_\_ in the face of danger saved the lives of his comrades.  
*n.* courage in the face of danger
13. The news of the pandemic was a \_\_\_\_\_ reminder of the fragility of human health.  
*adj.* causing fear or alarm, or very surprising and alarming
14. The idea that aliens built the pyramids is \_\_\_\_\_.  
*adj.* absurd, ridiculous, or contrary to reason or common sense
15. The \_\_\_\_\_ attack left the victim with serious injuries.  
*adj.* harsh or cruel
16. The ladder leaned against the \_\_\_\_\_ surface of the building.  
*adj.* upright or perpendicular to a horizontal surface or line

ANSWERS: 8. panic, 9. severity, 10. shock, 11. mighty, 12. bravery, 13. frightening, 14. preposterous, 15. brutal, 16. vertical

17. The investigation \_\_\_\_\_ several government agencies and is expected to take several months.
- v.* to include or affect someone or something as a necessary part of something else
18. She was struggling to make a \_\_\_\_\_ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
19. He was a \_\_\_\_\_ soldier who had served his country with honor.
- adj.* able to face and deal with danger or fear without flinching
20. A suspension order from the court is effective \_\_\_\_\_.
- adv.* now or without delay
21. The budget reduction was an \_\_\_\_\_ feat for our nation.
- adj.* arousing admiration due to size, quality, or skill
22. She accidentally \_\_\_\_\_ into him in the crowded room.
- v.* to hit or knock against something hard, often with a dull sound; to meet with by accident
23. The following example \_\_\_\_\_ that the capacity of each battery is the same.
- v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
24. We \_\_\_\_\_ to achieve more wages and safer working conditions.
- v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

ANSWERS: 17. involves, 18. decision, 19. courageous, 20. immediately, 21. impressive, 22. bumped, 23. assumes, 24. strike

25. He put the \_\_\_\_\_ on the horse before going for a ride.

- n.* a seat for a rider on the back of a horse or other animal; (verb) to burden someone with responsibility or task

26. I had to \_\_\_\_ my car to the mechanic after it broke down.

- v.* to pull or haul something along by means of a rope, chain, or other devices, typically using a vehicle as the source of power

27. The company has made great strides in its \_\_\_\_\_ toward sustainability.

- n.* the act or process of changing to the next stage or phase or moving forward

28. The advantages would undoubtedly \_\_\_\_\_ the disadvantages.

- v.* to be heavier, more significant, or more critical than something

29. He sailed the Atlantic Ocean multiple times during his \_\_\_\_\_.

- n.* a journey or a series of events that is unusual, exciting, or dangerous

30. The military \_\_\_\_ between the two armies was one for the history books.

- n.* a long and eventful or heroic history, story, poem, or film; (adjective) very imposing or impressive

31. She is still \_\_\_\_\_ from a shot to her shoulder.

- v.* to return to a former condition, health, mind, or strength

32. Since independence, the area has been completely \_\_\_\_\_.

- v.* to intentionally not listen or pay attention to

33. The new amusement park ride was \_\_\_\_\_ with twists, turns, and drops that left riders screaming with excitement.

- adj.* extremely good; excellent

ANSWERS: 25. saddle, 26. tow, 27. progression, 28. outweigh, 29. adventures, 30. epic, 31. recovering, 32. ignored, 33. fantastic,

34. The \_\_\_\_\_ of Japan is known for its unique culture and advanced technology.  
*n.* a large organized community of people living in a particular country or region and having a particular culture
35. The \_\_\_\_\_ course was challenging but fun.  
*n.* a thing that blocks one's way or prevents or hinders progress
36. The restaurant's service was \_\_\_\_\_ slow.  
*adv.* in a way that is not acceptable or satisfactory
37. This typhoon was the most \_\_\_\_\_ in years.  
*adj.* causing a great deal of destruction or damage
38. I don't \_\_\_\_\_ acting in such an important role.  
*v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
39. We \_\_\_\_\_ on a new project.  
*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
40. The \_\_\_\_\_ appearance of the building was impressive, but the inside was in dire need of repairs.  
*adj.* relating to the external appearance or surface of something; visible
41. The \_\_\_\_\_ kept establishing order in the town.  
*n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town

ANSWERS: 34. nation, 35. obstacle, 36. unacceptably, 37. devastating, 38. fancy, 39. embarked, 40. outward, 41. sheriff

42. He performed \_\_\_\_\_ tricks with sophisticated moves.

- n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

43. The team's loss in the semifinals did not \_\_\_\_\_ their determination to return stronger next season.

- v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize

44. The university has established a capacity for each nationality as part of its \_\_\_\_\_ policy.

- adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

45. The court \_\_\_\_\_ a guardian for the child.

- v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place

46. The athlete had sweat dripping down her \_\_\_\_\_ after the intense workout.

- n.* the part of the face above the eyebrows and below the hairline; the upper part of the face that extends from the eyes to the hairline

47. I will work hard to \_\_\_\_\_ my goals and realize my dreams.

- v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

48. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.

- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 42. magic, 43. dishearten, 44. inclusive, 45. appointed, 46. forehead, 47. achieve, 48. decide



49. After intensive icing by the trainer, the \_\_\_\_\_ went down.  
*n.* an abnormal local enlargement of a part of your body, mainly because of illness or injury
50. Flight across the \_\_\_\_\_ was a daring adventure in its day.  
*n.* one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
51. The photographer adjusted the camera to focus on the image's \_\_\_\_\_ point.  
*adj.* relating to an important or central point or area; sharp or precise in focus or detail
52. Understanding protein folding is a vital step in deciphering the \_\_\_\_\_ code.  
*adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
53. A \_\_\_\_\_ condition is a medical condition caused by a genetic mutation passed down from one's parents.  
*adj.* passed down from one generation to another through inheritance
54. The dancer made her performance look \_\_\_\_\_ and graceful.  
*adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish
55. He bated his \_\_\_\_\_ when talking about this affair.  
*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
56. Plutonium has limited \_\_\_\_\_ applications.  
*adj.* not involving violence, conflict, or war

ANSWERS: 49. swelling, 50. continent, 51. focal, 52. genetic, 53. hereditary, 54. effortless, 55. breath, 56. peaceful

57. She was inside at the time and \_\_\_\_\_ the conversation.  
*v.* to hear what other people are saying without intending to and their knowledge
58. The ship's \_\_\_\_\_ worked hard to repair the damaged sails before the next storm hit.  
*n.* a group of people who work together, especially on a ship or airplane
59. The \_\_\_\_\_ firefighter rescued the family from the burning building.  
*adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
60. The \_\_\_\_\_ approach to education emphasizes hands-on learning and student-centered classrooms.  
*adj.* relating to or supporting development or advancement, especially social or political one
61. She intends to \_\_\_\_\_ a political career.  
*v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
62. The baseball player \_\_\_\_\_ the ball out of the park, securing a home run.  
*v.* to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
63. The Grand \_\_\_\_\_ has an awe-inspiring sight.  
*n.* a large deep valley with very steep sides of rock and usually formed by a river
64. One \_\_\_\_\_ of gold is worth much money.  
*n.* a unit of weight equal to approximately 28 grams

ANSWERS: 57. overheard, 58. crew, 59. brave, 60. progressive, 61. pursue, 62. smacked, 63. Canyon, 64. ounce

65. The actor received an \_\_\_\_\_ for his outstanding performance in the play.  
*n.* an expression of praise, honor, or approval, often in the form of an award or ceremonial gesture; a sign of recognition or achievement
66. The politician gave a \_\_\_\_\_ speech, but it was full of empty promises.  
*adj.* smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient
67. My husband was found \_\_\_\_\_ of any crime.  
*adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge
68. The \_\_\_\_\_ runner fell to the ground and gasped.  
*adj.* extremely tired
69. The company's cybersecurity team \_\_\_\_\_ the CEO to potential threats.  
*v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
70. The inspector discovered \_\_\_\_\_ bolts under the fuel rods.  
*adj.* not securely fixed or fastened in place or able to be detached or separated from something
71. The famous restaurant stands \_\_\_\_\_ up the hill.  
*adj.* in or at a point midway or an equal distance between two points
72. This medicine works best when taken at the \_\_\_\_\_ of a cold.  
*n.* the beginning or early stages of unpleasant something; a military attack
73. It would be best if you \_\_\_\_\_ out all those old magazines.  
*v.* to throw something carelessly with a light motion

ANSWERS: 65. accolade, 66. slick, 67. innocent, 68. exhausted, 69. alerted, 70. loose, 71. halfway, 72. onset, 73. tossed

74. The \_\_\_\_\_ to the Amazon jungle was both exciting and challenging.  
*n.* a journey or voyage for a specific purpose
75. Greed and \_\_\_\_\_ composed his personality.  
*n.* a strong wish to do or achieve something
76. This library rents out various types of folding \_\_\_\_\_ for visitors.  
*n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
77. The \_\_\_\_\_ beneath the soil is extremely solid and stable.  
*n.* the solid rock underlying soil or alluvium
78. She stumbled as she tried to \_\_\_\_\_ from her horse.  
*v.* to get off or down from a horse, bicycle, or other transportation devices; to physically descend from a height or perch
79. The effort to alleviate climate change needs \_\_\_\_\_ action.  
*adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
80. The bookcase was \_\_\_\_\_ against the wall.  
*adj.* perpendicular to a horizontal surface or line; (adverb) in a vertical position
81. The \_\_\_\_\_ demonstrate that poverty and unemployment are genuine problems.  
*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

ANSWERS: 74. expedition, 75. ambition, 76. wheelchairs, 77. bedrock, 78. dismount, 79. bold, 80. upright, 81. statistics

82. If you leave the milk out of the refrigerator for too long, it will \_\_\_\_\_.
- v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
83. The structure is \_\_\_\_\_ of three main components.
- v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
84. Push the button and let the water \_\_\_\_\_ away.
- v.* to empty or dry something by removing the liquid from it
85. The celebrity was \_\_\_\_\_ about attending yet another red carpet event.
- adj.* indifferent to or unimpressed by something that may be seen as exciting, interesting, or significant; jaded or worldly-wise
86. She checked her \_\_\_\_\_ before embarking on the hike.
- n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
87. Regular exercise can help manage symptoms of \_\_\_\_\_ and improve muscle function.
- n.* a disease or disorder that affects the muscles, typically causing weakness, pain, or degeneration of muscle tissue
88. The water level was even with the basin's \_\_\_\_\_.
- n.* the edge of something in the shape of a more or less circular object
89. An \_\_\_\_\_ attitude toward its employees significantly impacts their productivity.
- n.* a person or organization that pays workers to work for them

ANSWERS: 82. spoil, 83. composed, 84. drain, 85. blase, 86. gear, 87. myopathy, 88. rim, 89. employer's

90. Foreign goods from abroad must be \_\_\_\_\_ to customs when entering a country.  
*v.* to say, state, or announce something clearly, officially, or publicly
91. The strong wind caused the kayak to \_\_\_\_\_ throwing the paddler into the water.  
*v.* to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance
92. This device is used to \_\_\_\_\_ brain cancer and other tumors.  
*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
93. The rubber \_\_\_\_\_ was swept out to sea.  
*n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
94. \_\_\_\_\_ hyperglycemia is a trigger for a variety of serious diseases.  
*adj.* being long-lasting and recurrent or characterized by long suffering; habitual
95. This accident was something that happened \_\_\_\_\_.  
*adv.* in an essential manner; in such a way as could not be otherwise
96. The golfer recorded an \_\_\_\_\_ distance.  
*adj.* extremely surprising, especially in a way that you like or admire
97. He narrated the \_\_\_\_\_ story of his adventure.  
*adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual

ANSWERS: 90. declared, 91. capsize, 92. diagnose, 93. raft, 94. Chronic, 95. necessarily, 96. amazing, 97. extraordinary

98. The navy \_\_\_\_\_ ships of defeated nations.

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

99. These birds can only \_\_\_\_\_ in temperate climates.

- v.* to live or exist despite a dangerous event or period

100. He tried to \_\_\_\_\_ his rival by breaking the world record.

- v.* to do better than someone; to surpass

101. His business \_\_\_\_\_ took him to the United States.

- n.* a promise or firm decision to do something or to behave in a certain way

102. The \_\_\_\_\_ thunders echoed across the plain.

- adj.* severe and violent in a way that is frightening

103. He was provoked to \_\_\_\_\_ the draft on the floor.

- v.* to throw or push something or someone with force or recklessness, especially because you are angry

104. The steak was so undercooked that it was almost raw and had a \_\_\_\_\_ texture.

- adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot

105. This artwork is \_\_\_\_\_ of her work.

- adj.* having the usual characteristics or traits of a specific group of things

106. The beautiful \_\_\_\_\_ along the coast took our breath away.

- n.* the natural features of a landscape or environment, viewed particularly in terms of their aesthetic appeal; the visual elements that constitute a play's backdrop or setting

ANSWERS: 98. interned, 99. survive, 100. outdo, 101. commitments, 102. fierce, 103. fling, 104. limp, 105. typical, 106. scenery

107. He was labeled as a \_\_\_\_\_ after he abandoned the project halfway.
- n.* a person who gives up easily or does not have the determination to finish what they have started
108. The Prime Minister \_\_\_\_\_ his regret for his neighbors
- v.* to show something such as feeling, attitude, quality, etc. clearly through signs or actions
109. The \_\_\_\_\_ response team worked around the clock to aid those affected by the earthquake.
- n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
110. Our company found it \_\_\_\_\_ difficult to keep up with the competition.
- adv.* more and more
111. The worker survived the impact because they were wearing sturdy \_\_\_\_\_.
- n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
112. It takes a lot of \_\_\_\_\_ to stand up for what you believe is right.
- n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
113. Bungee jumping was an \_\_\_\_\_ experience that left me shaking with adrenaline.
- adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
114. The \_\_\_\_\_ launch platform is visible from this hill.
- n.* a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon

ANSWERS: 107. quitter, 108. manifested, 109. disaster, 110. increasingly, 111. helmets, 112. courage, 113. exhilarating, 114. rocket



115. This year's \_\_\_\_\_ gathering will be held in Canada.

*adj.* important and large in size, scope, or extent

116. The baby started to \_\_\_\_\_ on a piece of apple.

*v.* to prevent or obstruct the normal breathing or swallowing of someone or something

117. Listening to music at a high volume may lead to a hearing \_\_\_\_\_.

*n.* a physical or mental condition that makes it difficult for someone to do some things that other people do

118. She wore a \_\_\_\_\_ on her leg to support her injured ankle.

*n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast

119. The shuttle \_\_\_\_\_ trained for months before embarking on the space mission.

*n.* a person trained by a space agency to travel outside the Earth's atmosphere

120. I \_\_\_\_\_ I didn't mean to break your vase.

*v.* to make a solemn promise or vow; to use rude or offensive language

121. The captain told him to \_\_\_\_\_ the ship north.

*v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone

122. The reason for his sudden disappearance from work was \_\_\_\_\_.

*adj.* unable to be explained, understood, or accounted for; mysterious or puzzling

ANSWERS: 115. grand, 116. choke, 117. disability, 118. brace, 119. astronaut, 120. swear, 121. steer, 122. inexplicable

123. The construction worker wore a hard hat to protect his head from \_\_\_\_\_ beams or wires.

*adj.* sticking out or projecting from a surface; extending beyond a boundary or limit

124. Young people in this country should \_\_\_\_\_ military duties.

*v.* to do or begin to do something, such as an enterprise or responsibility

125. The \_\_\_\_\_ vaccine development is regarded as one of the greatest medical achievements of the 20th century.

*n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability

126. The \_\_\_\_\_ gene for blue eyes is only expressed when both parents carry the gene.

*adj.* of or relating to the state of the economy declines; (of a gene) controlling a characteristic that is expressed only when a dominant allele is not present

127. The \_\_\_\_\_ from the mountain was steep and rocky.

*n.* the act or process of moving downward; a person's family origins

128. The mountainous \_\_\_\_\_ was rough and rocky.

*n.* the physical features of a piece of land, including hills, valleys, rivers, and forests

129. Driving is difficult for me because of my poor \_\_\_\_\_.

*n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

130. We went on a scenic trail ride on \_\_\_\_\_ through the mountains.

*n.* the back of a horse; the act of riding on a horse

ANSWERS: 123. protruding, 124. undertake, 125. polio, 126. recessive, 127. descent, 128. terrain, 129. vision, 130. horseback

131. The doctor diagnosed him with a rare \_\_\_\_\_ that had no known cure.

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

132. The south coast is less \_\_\_\_\_ yet has many clean and appealing hotels.

*adj.* highly attractive and exciting, and different from ordinary things or people

133. The horror movie was so \_\_\_\_\_ that I couldn't watch it alone.

*adj.* causing fear or fright; frightening; intimidating

134. He won an award for that short \_\_\_\_\_.

*n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

ANSWERS: 131. disease, 132. glamorous, 133. scary, 134. documentary