

# Englist.me



## Vocabulary Builder Reference from...

*Victoria Gill: What a nun can teach a scientist about ecology | TED Talk*

[https://www.ted.com/talks/victoria\\_gill\\_what\\_a\\_nun\\_c\\_an\\_teach\\_a\\_scientist\\_about\\_ecology](https://www.ted.com/talks/victoria_gill_what_a_nun_c_an_teach_a_scientist_about_ecology)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### amphibian

*n.* a cold-blooded animal that can live both on land and in water

*synonym* : frog, toad, salamander

(1) **amphibian** species, (2) **amphibian** habitat

Scientists are concerned about the rapid decline in **amphibian** populations around the world.

### axolotl

*n.* a type of aquatic salamander native to Mexico with external gills and the ability to regrow lost limbs

*synonym* : mud puppy, water monster, Mexican salamander

(1) **axolotl** species, (2) pink **axolotl**

An **axolotl's** skin is exceptionally soft and feathery to the touch.

### salamander

*n.* any of various typically terrestrial amphibians that resemble lizards and that return to water only to breed

*synonym* : amphibian

(1) terrestrial **salamander**, (2) semiaquatic **salamander**

We plan to raise a giant **salamander** as a pet.

### regenerate

*v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful

*synonym* : renew, revive, improve

(1) **regenerate** bone tissue, (2) a **regenerate** sinner  
The new CEO's primary mission is to **regenerate** the company on the verge of bankruptcy.

## feathery

*adj.* having or resembling the soft and delicate feathers of a bird, typically in texture or appearance

*synonym*: fluffy, plumed, downy

(1) **feathery** fronds, (2) delicate **feathery**

The **feathery** leaves of the plant gently swayed in the breeze.

## gill

*n.* a respiratory organ of fish and some other aquatic animals that extracts dissolved oxygen from water and excretes carbon dioxide

*synonym*: respiratory organ, lung

(1) **gill** slits, (2) **gill** apparatus

The fish's **gills** are necessary for extracting oxygen from the water.

## overfish

*v.* to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences

*synonym*: deplete, exhaust, drain

(1) **overfish** the coral reefs, (2) **overfish** certain areas

Scientists warn that many species could face extinction if we continue to **overfish** our oceans.

## polluted

*adj.* contaminated with harmful or poisonous substances

*synonym*: contaminated, poisoned, unclean

(1) **polluted** air, (2) cadmium- **polluted** area

The river was **polluted** with chemicals, causing harm to the wildlife.

## extinct

*adj.* no longer in existence

*synonym*: dead, obsolete, abolished

(1) **extinct** by human activity, (2) long- **extinct** volcano

Many species have become **extinct** due to habitat

destruction and other human activities.

## hurdle

*n.* a barrier or obstacle that must be overcome

*synonym*: obstacle, barrier, challenge

(1) overcome **hurdles**, (2) **hurdle** race

The company faced several **hurdles** in the development of its new product.

## immaculate

*adj.* perfectly clean, spotless, or free from dirt or stains; without any flaws or imperfections

*synonym*: flawless, spotless, pristine

(1) **immaculate** appearance, (2) **immaculate** record

The **immaculate** kitchen was a testament to her attention to detail and cleanliness.

## nun

*n.* a woman who has taken religious vows and is a member of a monastic community

*synonym*: sister, religious, monastic

(1) **nun** habit, (2) meditating **nun**

The cloistered **nun** devoted her life to serving the poor and marginalized.

## convent

*n.* a community of nuns, usually living together in a religious order under vows of poverty, chastity, and obedience

*synonym*: abbey, monastery, nunnery

(1) **convent** school, (2) nunnery **convent**

The old **convent** was converted into a hotel and retained some original features.

## mind-boggling

*adj.* extremely surprising or overwhelming and, therefore, difficult to understand or imagine

*synonym*: overwhelming, amazing, astonishing

(1) a **mind-boggling** puzzle, (2) a **mind-boggling** display

Educating hundreds of thousands of recruits is a **mind-boggling** task.

## unflattering

*adj.* not showing or representing someone or something in a favorable or attractive way

*synonym* : unfavorable, unkind, derogatory

(1) **unflattering** comments, (2) **unflattering** portrayal

The lighting in the room made everyone's skin look **unflattering**.

## selfie

*n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media

*synonym* : self-portrait, self-photo, self-snap

(1) **selfie** stick, (2) pose for a **selfie**

She took a **selfie** in front of the famous tower and shared it on the app.

## regenerative

*adj.* tending to regrow or restore lost or injured tissue

*synonym* : rejuvenating, restorative, healing

(1) **regenerative** medicine, (2) **regenerative** therapy

The **regenerative** properties of stem cells make them a promising area of research.

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym* : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## reckon

*v.* to think or believe something

*synonym* : regard, imagine, suppose

(1) hard to **reckon**, (2) **reckon** the company as a rival

He **reckons** that corruption was rampant in the regime.

## ailment

*n.* a slight but often persistent illness

*synonym* : illness, disorder, infection

(1) heart **ailment**, (2) age-related **ailment**

He got timely treatment for his physical **ailment** of severe

back pain.

## bronchitis

*n.* an inflammation of the bronchial tubes, often resulting in cough, chest discomfort, and difficulty breathing, can be caused by viral or bacterial infections, environmental irritants, or other factors

*synonym*: chest cold, respiratory infection, bronchial inflammation

(1) viral **bronchitis**, (2) chronic **bronchitis**

I have a terrible case of **bronchitis** and need to see a doctor.

## captivity

*n.* the situation in which a person or animal is kept in prison or a space that they cannot escape from

*synonym*: confinement, detention, imprisonment

(1) escape from **captivity**, (2) animals in **captivity** in the zoo

Pandas rarely breed in **captivity**.

## diplomacy

*n.* the art and practice of conducting negotiations between nations, organizations, or people; the fine art of dealing with people in a sensitive and effective way

*synonym*: tact, negotiation, delicacy

(1) the language of **diplomacy**, (2) the art of **diplomacy**

Effective **diplomacy** is necessary to resolve conflicts and maintain relationships between countries.

## incongruous

*adj.* not in harmony or keeping with the surroundings or environment; not fitting or appropriate; lacking in congruity or consistency

*synonym*: inconsistent, incompatible, inappropriate

(1) **incongruous** behavior, (2) **incongruous** statement

His loud and flamboyant personality was **incongruous** with the quiet and reserved atmosphere of the library.

## ludicrous

*adj.* so ridiculous, unreasonable, or out of place as to be amusing; absurd

*synonym*: absurd, ridiculous, farcical

(1) **ludicrous** idea, (2) **ludicrous** behavior

It's **ludicrous** to blame the teachers for the education system's failures.

## menopause

*n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55

*synonym*: climacteric, midlife transition

(1) **menopause** symptoms, (2) before **menopause**

The onset of **menopause** can bring about various physical and emotional changes in women.

## penguin

*n.* a flightless sea bird that is found in the Southern Hemisphere and is known for its distinctive black and white coloring and its upright, waddling gait

(1) Adelie **penguin**, (2) **penguin** habitat

We took a boat tour to witness the magnificent **penguin** colony along the rugged coastline.

## humility

*n.* the quality or condition of being humble; a low estimate of one's self

*synonym*: humbleness, modesty, unpretentiousness

(1) develop an attitude of **humility**, (2) lack of **humility**

We were filled with **humility** at the sight of the Queen.

## hubris

*n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin

*synonym*: arrogance, conceit, pride

(1) political **hubris**, (2) **hubris** in business

The athlete's **hubris** resulted in him underestimating his competition and losing the game.

## downfall

*n.* a sudden or catastrophic decline or failure

*synonym*: demise, collapse, ruin

(1) a **downfall** earthquake, (2) **downfall** government

The company's financial mismanagement was the **downfall** of the once-successful business.

## takedown

*n.* the act of forcibly removing someone or something from a position of power or prominence; (of sports or martial arts) an action or technique used to bring an opponent to the ground or disorient them

*synonym* : tackling, removal, squelch

(1) **takedown** notice, (2) emergency **takedown**

The FBI carried out a **takedown** of the illegal drug cartel's headquarters.

## ill-fated

*adj.* having a tragic or disastrous destiny or outcome, often due to unfortunate circumstances

*synonym* : unfortunate, doomed, hapless

(1) **ill-fated** experiment, (2) **ill-fated** love

The **ill-fated** voyage of the Titanic is a tragic tale of human error and hubris.

## heroic

*adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

*synonym* : brave, courageous, daring

(1) a **heroic** poem, (2) **heroic** explorers

The **heroic** actions of individuals are now easily spread worldwide by SNS.

## hightail

*v.* to move, run, or flee at high speed or with great urgency; to depart quickly or suddenly from a place or situation

*synonym* : flee, scamper, bolt

(1) **hightail** out of the park, (2) **hightail** back to our campsite

We'll miss our flight if we don't **hightail** it to the airport right now.

## revisit

*v.* to go to a place again, especially after a long period

*synonym* : reexplore, review, reexamine

(1) **revisit** a place, (2) **revisit** an old friend

We need to **revisit** this proposal as soon as the budget is more apparent than before.

## poacher

*n.* a person who catches and kills birds, animals, or fish illegally

(1) crackdown on **poachers**, (2) a suspected **poacher**

An old **poacher** makes the best keeper.

## pave

*v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

*synonym*: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

## vodka

*n.* a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring

*synonym*: spirit, liquor, distilled beverage

(1) **vodka** shot, (2) flavored **vodka**

I ordered a **vodka** tonic at the bar.

## periphery

*n.* the outer edge or margin of something, especially a geographical area or a group of people

*synonym*: edge, border, margin

(1) around the **periphery**, (2) **periphery** countries

The factory was located on the city's **periphery**, away from residential areas.

## spade

*n.* a gardening tool with a flat, pointed blade used for digging, planting, and moving soil

*synonym*: shovel, scoop, hoe

(1) **spade** blade, (2) dig with a **spade**

I used an iron **spade** to dig a hole for the new tree in the backyard.

## wimple

*n.* a garment worn by women, especially nuns, that covers the head, neck, and chin and often drapes down over the shoulders and chest; a fold of skin or flesh on the



neck or chin

*synonym*: veil, head covering, headdress

(1) traditional **wimple**, (2) lace **wimple**

The nun's **wimple** was a simple yet elegant head covering that conveyed her religious devotion.

## swab

*n.* a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface

*synonym*: mop, scrub, daub

(1) alcohol **swab**, (2) cotton **swab**

He took a **swab** of his ear.

## defer

*v.* to delay or hold back something until a later time; to refer to another source of authority

*synonym*: postpone, delay, hold off

(1) **defer** decision, (2) **defer** payment

I have to **defer** the meeting until next week.

## snappy

*adj.* lively or energetic; smart and fashionable

*synonym*: quick, speedy, brisk

(1) **snappy** weather, (2) **snappy** performance

I particularly enjoyed the old sitcom references and the **snappy** dialogue.

## nebulous

*adj.* hazy, vague, or ill-defined; of or relating to or resembling a nebula (= an immense cloud of gas and dust in interstellar space)

*synonym*: vague, cloudy, hazy

(1) **nebulous** concept, (2) **nebulous** material

The plan was **nebulous** and needed more specific details.

## formidable

*adj.* causing fear, apprehension, or awe; difficult to deal with or overcome; capable of inspiring respect or admiration

*synonym*: daunting, intimidating, fearful

(1) **formidable** challenge, (2) **formidable** competitor  
The mountain range was a **formidable** obstacle for the hikers.

## arctic

*adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold

*synonym*: cold, frozen, polar

(1) **arctic** ice, (2) high **arctic**

Cold temperatures and long, dark winters characterize the **arctic** climate.

## caretaker

*n.* a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away

*synonym*: custodian, caregiver

(1) welfare **caretaker**, (2) the role of **caretaker**

He acted as a **caretaker** until a new president was elected.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## dedicate

*v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

*synonym*: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

## slink

*v.* to move quietly and sneakily, especially to avoid being noticed or to do something secret or sneaky

*synonym*: sneak, slither, crawl

(1) **slink** back home, (2) **slink** in the shadows

The thief tried to **slink** away unnoticed, but the security guard caught him.

## impetus

*n.* a force, motivation, or stimulus that causes something to happen or be done; the driving force behind a particular action or change

*synonym*: stimulus, momentum, drive

(1) political **impetus**, (2) technological **impetus**

Getting a raise at work was the **impetus** to start looking for a new place to live.

## brink

*n.* the point at which something is about to happen; the edge of a steep place

*synonym*: edge, verge, threshold

(1) **brink** of war, (2) on the **brink**

We were on the **brink** of a financial crisis.

## Session 2: Spelling

1. a min\_\_\_\_\_ing puzzle  
*adj.* extremely surprising or overwhelming and, therefore, difficult to understand or imagine
2. ov\_\_\_\_\_sh the coral reefs  
*v.* to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences
3. pink ax\_\_\_\_\_l  
*n.* a type of aquatic salamander native to Mexico with external gills and the ability to regrow lost limbs
4. inc\_\_\_\_\_us behavior  
*adj.* not in harmony or keeping with the surroundings or environment; not fitting or appropriate; lacking in congruity or consistency
5. escape from ca\_\_\_\_\_ty  
*n.* the situation in which a person or animal is kept in prison or a space that they cannot escape from
6. political im\_\_\_\_\_s  
*n.* a force, motivation, or stimulus that causes something to happen or be done; the driving force behind a particular action or change
7. sn\_\_\_\_\_y weather  
*adj.* lively or energetic; smart and fashionable
8. sl\_\_k in the shadows  
*v.* to move quietly and sneakily, especially to avoid being noticed or to do something secret or sneaky

ANSWERS: 1. mind-boggling, 2. overfish, 3. axolotl, 4. incongruous, 5. captivity, 6. impetus, 7. snappy, 8. slink

9. meditating n\_n *n.* a woman who has taken religious vows and is a member of a monastic community
10. fe\_\_\_\_ry fronds *adj.* having or resembling the soft and delicate feathers of a bird, typically in texture or appearance
11. a reg\_\_\_\_\_te sinner *v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful
12. re\_\_\_\_\_t a place *v.* to go to a place again, especially after a long period
13. political hu\_\_\_\_s *n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin
14. vo\_\_a shot *n.* a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring
15. viral bro\_\_\_\_\_is *n.* an inflammation of the bronchial tubes, often resulting in cough, chest discomfort, and difficulty breathing, can be caused by viral or bacterial infections, environmental irritants, or other factors
16. p\_\_e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
17. re\_\_\_\_\_t an old friend *v.* to go to a place again, especially after a long period

ANSWERS: 9. nun, 10. feathery, 11. regenerate, 12. revisit, 13. hubris, 14. vodka, 15. bronchitis, 16. pave, 17. revisit

18. il\_\_\_\_\_ed experiment *adj.* having a tragic or disastrous destiny or outcome, often due to unfortunate circumstances
19. high ar\_\_\_\_c *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
20. cadmium-po\_\_\_\_\_ed area *adj.* contaminated with harmful or poisonous substances
21. sp\_\_e blade *n.* a gardening tool with a flat, pointed blade used for digging, planting, and moving soil
22. dig with a sp\_\_e *n.* a gardening tool with a flat, pointed blade used for digging, planting, and moving soil
23. hu\_\_\_\_e race *n.* a barrier or obstacle that must be overcome
24. imm\_\_\_\_\_te appearance *adj.* perfectly clean, spotless, or free from dirt or stains; without any flaws or imperfections
25. welfare ca\_\_\_\_\_er *n.* a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away
26. delicate fe\_\_\_\_\_ry *adj.* having or resembling the soft and delicate feathers of a bird, typically in texture or appearance
27. a do\_\_\_\_\_ll earthquake *n.* a sudden or catastrophic decline or failure

ANSWERS: 18. ill-fated, 19. arctic, 20. polluted, 21. spade, 22. spade, 23. hurdle, 24. immaculate, 25. caretaker, 26. feathery, 27. downfall

28. he\_\_\_c explorers *adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
29. ta\_\_\_\_\_wn notice *n.* the act of forcibly removing someone or something from a position of power or prominence; (of sports or martial arts) an action or technique used to bring an opponent to the ground or disorient them
30. de\_\_r payment *v.* to delay or hold back something until a later time; to refer to another source of authority
31. pe\_\_\_\_\_n habitat *n.* a flightless sea bird that is found in the Southern Hemisphere and is known for its distinctive black and white coloring and its upright, waddling gait
32. ax\_\_\_\_\_l species *n.* a type of aquatic salamander native to Mexico with external gills and the ability to regrow lost limbs
33. terrestrial sal\_\_\_\_\_er *n.* any of various typically terrestrial amphibians that resemble lizards and that return to water only to breed
34. ar\_\_\_c ice *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
35. imm\_\_\_\_\_te record *adj.* perfectly clean, spotless, or free from dirt or stains; without any flaws or imperfections
36. reg\_\_\_\_\_ive medicine *adj.* tending to regrow or restore lost or injured tissue

ANSWERS: 28. heroic, 29. takedown, 30. defer, 31. penguin, 32. axolotl, 33. salamander, 34. arctic, 35. immaculate, 36. regenerative

37. before me \_\_\_\_\_se  
*n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
38. heart ai \_\_\_\_\_t  
*n.* a slight but often persistent illness
39. reg \_\_\_\_\_ive therapy  
*adj.* tending to regrow or restore lost or injured tissue
40. chronic bro \_\_\_\_\_is  
*n.* an inflammation of the bronchial tubes, often resulting in cough, chest discomfort, and difficulty breathing, can be caused by viral or bacterial infections, environmental irritants, or other factors
41. de \_\_\_\_\_te a few hours  
*v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
42. op \_\_\_\_\_ne occasion  
*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
43. lu \_\_\_\_\_us behavior  
*adj.* so ridiculous, unreasonable, or out of place as to be amusing; absurd
44. traditional wi \_\_\_\_\_e  
*n.* a garment worn by women, especially nuns, that covers the head, neck, and chin and often drapes down over the shoulders and chest; a fold of skin or flesh on the neck or chin
45. lack of hu \_\_\_\_\_ty  
*n.* the quality or condition of being humble; a low estimate of one's self

ANSWERS: 37. menopause, 38. ailment, 39. regenerative, 40. bronchitis, 41. dedicate, 42. opportune, 43. ludicrous, 44. wimple, 45. humility



46. inc\_\_\_\_\_us statement *adj.* not in harmony or keeping with the surroundings or environment; not fitting or appropriate; lacking in congruity or consistency
47. crackdown on po\_\_\_\_\_rs *n.* a person who catches and kills birds, animals, or fish illegally
48. ex\_\_\_\_\_t by human activity *adj.* no longer in existence
49. ne\_\_\_\_\_us concept *adj.* hazy, vague, or ill-defined; of or relating to or resembling a nebula (= an immense cloud of gas and dust in interstellar space)
50. de\_\_\_\_\_te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
51. unf\_\_\_\_\_ing comments *adj.* not showing or representing someone or something in a favorable or attractive way
52. lu\_\_\_\_\_us idea *adj.* so ridiculous, unreasonable, or out of place as to be amusing; absurd
53. on the br\_\_k *n.* the point at which something is about to happen; the edge of a steep place
54. am\_\_\_\_\_an habitat *n.* a cold-blooded animal that can live both on land and in water
55. me\_\_\_\_\_se symptoms *n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
56. g\_\_l apparatus *n.* a respiratory organ of fish and some other aquatic animals that extracts dissolved oxygen from water and excretes carbon dioxide

ANSWERS: 46. incongruous, 47. poacher, 48. extinct, 49. nebulous, 50. dedicate, 51. unflattering, 52. ludicrous, 53. brink, 54. amphibian, 55. menopause, 56. gill

57. cotton s\_\_b *n.* a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface
58. a suspected po\_\_\_\_r *n.* a person who catches and kills birds, animals, or fish illegally
59. around the pe\_\_\_\_ry *n.* the outer edge or margin of something, especially a geographical area or a group of people
60. hi\_\_\_\_il out of the park *v.* to move, run, or flee at high speed or with great urgency; to depart quickly or suddenly from a place or situation
61. g\_\_l slits *n.* a respiratory organ of fish and some other aquatic animals that extracts dissolved oxygen from water and excretes carbon dioxide
62. for\_\_\_\_le competitor *adj.* causing fear, apprehension, or awe; difficult to deal with or overcome; capable of inspiring respect or admiration
63. alcohol s\_\_b *n.* a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface
64. p\_\_e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

ANSWERS: 57. swab, 58. poacher, 59. periphery, 60. hightail, 61. gill, 62. formidable, 63. swab, 64. pave

65. animals in ca\_\_\_\_\_ty in the zoo      *n.* the situation in which a person or animal is kept in prison or a space that they cannot escape from
66. traditional me\_\_\_\_\_al      *adj.* of or relating to the treatment or cure of disease
67. emergency ta\_\_\_\_\_wn      *n.* the act of forcibly removing someone or something from a position of power or prominence; (of sports or martial arts) an action or technique used to bring an opponent to the ground or disorient them
68. reg\_\_\_\_\_te bone tissue      *v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful
69. unf\_\_\_\_\_ing portrayal      *adj.* not showing or representing someone or something in a favorable or attractive way
70. overcome hu\_\_\_es      *n.* a barrier or obstacle that must be overcome
71. re\_\_\_n the company as a rival      *v.* to think or believe something
72. a he\_\_\_c poem      *adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
73. pe\_\_\_\_\_ry countries      *n.* the outer edge or margin of something, especially a geographical area or a group of people
74. semiaquatic sal\_\_\_\_\_er      *n.* any of various typically terrestrial amphibians that resemble lizards and that return to water only to breed

ANSWERS: 65. captivity, 66. medicinal, 67. takedown, 68. regenerate, 69. unflattering, 70. hurdle, 71. reckon, 72. heroic, 73. periphery, 74. salamander

75. long-ex\_\_\_\_\_t volcano *adj.* no longer in existence
76. hi\_\_\_\_\_il back to our campsite *v.* to move, run, or flee at high speed or with great urgency; to depart quickly or suddenly from a place or situation
77. br\_\_k of war *n.* the point at which something is about to happen; the edge of a steep place
78. sn\_\_\_\_y performance *adj.* lively or energetic; smart and fashionable
79. hu\_\_\_\_s in business *n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin
80. develop an attitude of hu\_\_\_\_ty *n.* the quality or condition of being humble; a low estimate of one's self
81. ne\_\_\_\_\_us material *adj.* hazy, vague, or ill-defined; of or relating to or resembling a nebula (= an immense cloud of gas and dust in interstellar space)
82. Adelie pe\_\_\_\_\_n *n.* a flightless sea bird that is found in the Southern Hemisphere and is known for its distinctive black and white coloring and its upright, waddling gait
83. il\_\_\_\_\_ed love *adj.* having a tragic or disastrous destiny or outcome, often due to unfortunate circumstances
84. a min\_\_\_\_\_ing display *adj.* extremely surprising or overwhelming and, therefore, difficult to understand or imagine
85. se\_\_\_\_e stick *n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media

ANSWERS: 75. extinct, 76. hightail, 77. brink, 78. snappy, 79. hubris, 80. humility, 81. nebulous, 82. penguin, 83. ill-fated, 84. mind-boggling, 85. selfie

86. an op\_\_\_\_\_ne remark      *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
87. flavored vo\_\_a      *n.* a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring
88. pose for a se\_\_\_e      *n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media
89. technological im\_\_\_\_s      *n.* a force, motivation, or stimulus that causes something to happen or be done; the driving force behind a particular action or change
90. the role of ca\_\_\_\_\_er      *n.* a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away
91. for\_\_\_\_\_le challenge      *adj.* causing fear, apprehension, or awe; difficult to deal with or overcome; capable of inspiring respect or admiration
92. n\_n habit      *n.* a woman who has taken religious vows and is a member of a monastic community
93. lace wi\_\_\_e      *n.* a garment worn by women, especially nuns, that covers the head, neck, and chin and often drapes down over the shoulders and chest; a fold of skin or flesh on the neck or chin

ANSWERS: 86. opportune, 87. vodka, 88. selfie, 89. impetus, 90. caretaker, 91. formidable, 92. nun, 93. wimple

94. de\_\_r decision *v.* to delay or hold back something until a later time; to refer to another source of authority
95. po\_\_\_\_ed air *adj.* contaminated with harmful or poisonous substances
96. co\_\_\_\_t school *n.* a community of nuns, usually living together in a religious order under vows of poverty, chastity, and obedience
97. me\_\_\_\_al chemistry *adj.* of or relating to the treatment or cure of disease
98. nunnery co\_\_\_\_t *n.* a community of nuns, usually living together in a religious order under vows of poverty, chastity, and obedience
99. age-related ai\_\_\_\_t *n.* a slight but often persistent illness
100. the language of di\_\_\_\_cy *n.* the art and practice of conducting negotiations between nations, organizations, or people; the fine art of dealing with people in a sensitive and effective way
101. sl\_\_k back home *v.* to move quietly and sneakily, especially to avoid being noticed or to do something secret or sneaky
102. do\_\_\_\_ll government *n.* a sudden or catastrophic decline or failure
103. hard to re\_\_\_\_n *v.* to think or believe something
104. the art of di\_\_\_\_cy *n.* the art and practice of conducting negotiations between nations, organizations, or people; the fine art of dealing with people in a sensitive and effective way

ANSWERS: 94. defer, 95. polluted, 96. convent, 97. medicinal, 98. convent, 99. ailment, 100. diplomacy, 101. slink, 102. downfall, 103. reckon, 104. diplomacy

105. am\_\_\_\_\_an species

*n.* a cold-blooded animal that can live both on land and in water

106. ov\_\_\_\_\_sh certain areas

*v.* to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences

ANSWERS: 105. amphibian, 106. overfish

## Session 3: Fill in the Blanks

1. We were filled with \_\_\_\_\_ at the sight of the Queen.  
*n.* the quality or condition of being humble; a low estimate of one's self
2. The thief tried to \_\_\_\_\_ away unnoticed, but the security guard caught him.  
*v.* to move quietly and sneakily, especially to avoid being noticed or to do something secret or sneaky
3. The \_\_\_\_\_ kitchen was a testament to her attention to detail and cleanliness.  
*adj.* perfectly clean, spotless, or free from dirt or stains; without any flaws or imperfections
4. I have to \_\_\_\_\_ the meeting until next week.  
*v.* to delay or hold back something until a later time; to refer to another source of authority
5. The plan was \_\_\_\_\_ and needed more specific details.  
*adj.* hazy, vague, or ill-defined; of or relating to or resembling a nebula (= an immense cloud of gas and dust in interstellar space)
6. The \_\_\_\_\_ actions of individuals are now easily spread worldwide by SNS.  
*adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
7. The \_\_\_\_\_ properties of stem cells make them a promising area of research.  
*adj.* tending to regrow or restore lost or injured tissue

ANSWERS: 1. humility, 2. slink, 3. immaculate, 4. defer, 5. nebulous, 6. heroic, 7. regenerative



8. He got timely treatment for his physical \_\_\_\_\_ of severe back pain.  
*n.* a slight but often persistent illness
9. We need to \_\_\_\_\_ this proposal as soon as the budget is more apparent than before.  
*v.* to go to a place again, especially after a long period
10. He \_\_\_\_\_ his life to helping others.  
*v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
11. Many species have become \_\_\_\_\_ due to habitat destruction and other human activities.  
*adj.* no longer in existence
12. It's \_\_\_\_\_ to blame the teachers for the education system's failures.  
*adj.* so ridiculous, unreasonable, or out of place as to be amusing; absurd
13. The company faced several \_\_\_\_\_ in the development of its new product.  
*n.* a barrier or obstacle that must be overcome
14. I used an iron \_\_\_\_\_ to dig a hole for the new tree in the backyard.  
*n.* a gardening tool with a flat, pointed blade used for digging, planting, and moving soil
15. We plan to raise a giant \_\_\_\_\_ as a pet.  
*n.* any of various typically terrestrial amphibians that resemble lizards and that return to water only to breed

ANSWERS: 8. ailment, 9. revisit, 10. dedicated, 11. extinct, 12. ludicrous, 13. hurdles, 14. spade, 15. salamander

16. We were on the \_\_\_\_\_ of a financial crisis.
- n.* the point at which something is about to happen; the edge of a steep place
17. The athlete's \_\_\_\_\_ resulted in him underestimating his competition and losing the game.
- n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin
18. The old \_\_\_\_\_ was converted into a hotel and retained some original features.
- n.* a community of nuns, usually living together in a religious order under vows of poverty, chastity, and obedience
19. The nun's \_\_\_\_\_ was a simple yet elegant head covering that conveyed her religious devotion.
- n.* a garment worn by women, especially nuns, that covers the head, neck, and chin and often drapes down over the shoulders and chest; a fold of skin or flesh on the neck or chin
20. The onset of \_\_\_\_\_ can bring about various physical and emotional changes in women.
- n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
21. Pandas rarely breed in \_\_\_\_\_.
- n.* the situation in which a person or animal is kept in prison or a space that they cannot escape from
22. She took a \_\_\_\_\_ in front of the famous tower and shared it on the app.
- n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media

ANSWERS: 16. brink, 17. hubris, 18. convent, 19. wimple, 20. menopause, 21. captivity, 22. selfie

23. The cloistered \_\_\_\_ devoted her life to serving the poor and marginalized.  
*n.* a woman who has taken religious vows and is a member of a monastic community
24. The FBI carried out a \_\_\_\_\_ of the illegal drug cartel's headquarters.  
*n.* the act of forcibly removing someone or something from a position of power or prominence; (of sports or martial arts) an action or technique used to bring an opponent to the ground or disorient them
25. I ordered a \_\_\_\_\_ tonic at the bar.  
*n.* a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring
26. Educating hundreds of thousands of recruits is a \_\_\_\_\_ task.  
*adj.* extremely surprising or overwhelming and, therefore, difficult to understand or imagine
27. He acted as a \_\_\_\_\_ until a new president was elected.  
*n.* a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away
28. The \_\_\_\_\_ leaves of the plant gently swayed in the breeze.  
*adj.* having or resembling the soft and delicate feathers of a bird, typically in texture or appearance
29. We took a boat tour to witness the magnificent \_\_\_\_\_ colony along the rugged coastline.  
*n.* a flightless sea bird that is found in the Southern Hemisphere and is known for its distinctive black and white coloring and its upright, waddling gait

ANSWERS: 23. nun, 24. takedown, 25. vodka, 26. mind-boggling, 27. caretaker, 28. feathery, 29. penguin

30. The mountain range was a \_\_\_\_\_ obstacle for the hikers.  
*adj.* causing fear, apprehension, or awe; difficult to deal with or overcome; capable of inspiring respect or admiration
31. I particularly enjoyed the old sitcom references and the \_\_\_\_\_ dialogue.  
*adj.* lively or energetic; smart and fashionable
32. They \_\_\_\_\_ the courtyard with bricks, giving it a more polished appearance.  
*v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
33. The new CEO's primary mission is to \_\_\_\_\_ the company on the verge of bankruptcy.  
*v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful
34. The \_\_\_\_\_ voyage of the Titanic is a tragic tale of human error and hubris.  
*adj.* having a tragic or disastrous destiny or outcome, often due to unfortunate circumstances
35. The lighting in the room made everyone's skin look \_\_\_\_\_.  
*adj.* not showing or representing someone or something in a favorable or attractive way
36. An \_\_\_\_\_ skin is exceptionally soft and feathery to the touch.  
*n.* a type of aquatic salamander native to Mexico with external gills and the ability to regrow lost limbs
37. His loud and flamboyant personality was \_\_\_\_\_ with the quiet and reserved atmosphere of the library.  
*adj.* not in harmony or keeping with the surroundings or environment; not fitting or appropriate; lacking in congruity or consistency

ANSWERS: 30. formidable, 31. snappy, 32. paved, 33. regenerate, 34. ill-fated, 35. unflattering, 36. axolotl's, 37. incongruous

38. I have a terrible case of \_\_\_\_\_ and need to see a doctor.
- n.* an inflammation of the bronchial tubes, often resulting in cough, chest discomfort, and difficulty breathing, can be caused by viral or bacterial infections, environmental irritants, or other factors
39. The phone rang at the most \_\_\_\_\_ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
40. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease
41. The river was \_\_\_\_\_ with chemicals, causing harm to the wildlife.
- adj.* contaminated with harmful or poisonous substances
42. Scientists warn that many species could face extinction if we continue to \_\_\_\_\_ our oceans.
- v.* to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences
43. Effective \_\_\_\_\_ is necessary to resolve conflicts and maintain relationships between countries.
- n.* the art and practice of conducting negotiations between nations, organizations, or people; the fine art of dealing with people in a sensitive and effective way
44. He \_\_\_\_\_ that corruption was rampant in the regime.
- v.* to think or believe something

ANSWERS: 38. bronchitis, 39. opportune, 40. medicinal, 41. polluted, 42. overfish, 43. diplomacy, 44. reckons

45. Scientists are concerned about the rapid decline in \_\_\_\_\_ populations around the world.
- n.* a cold-blooded animal that can live both on land and in water
46. The factory was located on the city's \_\_\_\_\_ away from residential areas.
- n.* the outer edge or margin of something, especially a geographical area or a group of people
47. Getting a raise at work was the \_\_\_\_\_ to start looking for a new place to live.
- n.* a force, motivation, or stimulus that causes something to happen or be done; the driving force behind a particular action or change
48. An old \_\_\_\_\_ makes the best keeper.
- n.* a person who catches and kills birds, animals, or fish illegally
49. We'll miss our flight if we don't \_\_\_\_\_ it to the airport right now.
- v.* to move, run, or flee at high speed or with great urgency; to depart quickly or suddenly from a place or situation
50. The company's financial mismanagement was the \_\_\_\_\_ of the once-successful business.
- n.* a sudden or catastrophic decline or failure
51. The fish's \_\_\_\_\_ are necessary for extracting oxygen from the water.
- n.* a respiratory organ of fish and some other aquatic animals that extracts dissolved oxygen from water and excretes carbon dioxide
52. He took a \_\_\_\_\_ of his ear.
- n.* a small piece of soft material used by a doctor, nurse, etc., for cleaning a cut or taking a sample from somebody's body for testing; (verb) apply, usually a liquid, to a surface

ANSWERS: 45. amphibian, 46. periphery, 47. impetus, 48. poacher, 49. hightail, 50. downfall, 51. gills, 52. swab

53. Cold temperatures and long, dark winters characterize the \_\_\_\_\_ climate.

*adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold

ANSWERS: 53. arctic