Englist.me

Vocabulary Builder Reference from...

Céline Valéry: The dangers of mixing drugs | TED

Talk

https://www.ted.com/talks/celine_valery_the_dangers

_of_mixing_drugs



All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

risky

adj. involving the possibility of danger, failure, or loss

synonym: dangerous, perilous, scary

(1) change **risky** behavior, (2) a **risky** enterprise

It is extremely **risky** to sail in such a storm.

cholesterol

n. a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high

synonym: fat, lipid, sterol

(1) cholesterol levels, (2) low cholesterol

High levels of **cholesterol** can increase the risk of heart disease.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

acetaminophen

 n. (also paracetamol) a drug used to relieve mild or chronic pain and high temperature (1) **acetaminophen-containing** tablet, (2) high-dose **acetaminophen**

Such patients are better off using acetaminophen wisely.

relieve

v. to make something burdensome, unpleasant, or painful less severe

synonym: alleviate, ease, assuage

(1) **relieve** his thirst, (2) **relieve** stress

The medicine **relieved** his headache, and he felt much better.

sore

adj. painful or sensitive to the touch; inflamed or irritated; feeling deep distress, grief, or regret

synonym: aching, tender, angered

(1) **sore** throat, (2) **sore** back

After the workout, my muscles were **sore** and achy.

ankle

n. the part or joint connecting the foot to the leg

synonym: mortise joint

(1) ankle injury, (2) pair of ankle boots

He accidentally sprained his ankle playing squash.

aspirin

- n. a drug used to reduce pain, fever, and inflammation
- (1) prescribe **aspirin**, (2) **aspirin** sensitivity

She took a tablet of **aspirin** to soothe the fever.

headache

n. pain in the head; someone or something that causes anxiety or trouble

synonym: concern, difficulty, problem

(1) **headache** accompanied by fever, (2) bit of a **headache** This pill will relieve your **headaches** immediately.

inadvertently

adv. unintentionally; accidentally; without purpose or deliberate intent

synonym: unknowingly, unintentionally, accidentally

(1) inadvertently deleted, (2) inadvertently omitted

I **inadvertently** left my phone at home this morning and felt lost.

interaction

n. the act of connecting with someone, mainly when working, playing, or spending time with them

synonym: dealings, exchange, relations

- (1) the **interaction** between man and his environment,
- (2) interaction among human beings

The **interaction** of the two groups is good for brainstorming.

extreme

adj. very great in amount or degree

synonym: farthermost, outermost, fierce

extreme sports, (2) extreme weather events
 Solar gravity creates extreme pressures and temperatures.

kidney

- either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
- an artificial kidney, (2) chronic kidney disease
 the surgeon removed the healthy kidney from the donor.

liver

- a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
- (1) liver disease, (2) fatty liver

The patient will undergo **liver** transplant surgery tomorrow.

damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

internal

adj. of or relating to the inside of something *synonym*: interior, inner, domestic

(1) internal organs, (2) the internal economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

combination

a collection of things that have been combined; an assemblage of separate parts or qualities

synonym: blend, hybrid, compounding

(1) genic **combinations**, (2) **combination** number

The **combination** to the safe was a secret.

substance

 n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

synonym: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem The **substance** of the argument was well-presented.

individually

adv. separately or apart from others

synonym: separately, one by one, independently

(1) answer questions **individually**, (2) **individually** designed product

Each department has done its product costing **individually**.

herb

 a small plant with aromatic or flavorful leaves used for seasoning or medicinal purposes

synonym: plant, weed, shrub

(1) herb garden, (2) herb spices

Rosemary is a fragrant herb commonly used in cooking.

supplement

n. something that is added to something else to make it better or complete it

synonym: complement, addendum, accessory

(1) wage **supplement**, (2) use of dietary **supplements** Certain **supplements** may promote tumor growth.

illicit

adj. forbidden by law, rules, or custom; not approved of or socially acceptable

synonym: illegal, unlawful, prohibited

(1) illicit drugs, (2) illicit trade

He was arrested for his **illicit** activities in the black market.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life The former emperor had a particular **influence** even after he abdicated.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process** The **process** for applying for a visa can be lengthy and complicated.

absorb

- v. to take in a fluid or other substance gradually synonym: consume, soak, ingest
- (1) **absorb** energy, (2) **absorb** a shock The sponge **absorbs** water well.

metabolism

- n. the set of chemical reactions in cells or organisms that are necessary for life-sustaining
- (1) **metabolism** enzyme, (2) hemoglobin **metabolism** Better sleep leads to increased **metabolism**.

transport

- a system for moving people or products from one location to another using automobiles, roads, and so on synonym: shipment, transit, conveyance
- (1) transport facilities, (2) access to public transport

Enhanced	rail t	transı	portation	is	crucial	for	our	business.
			50. tat.0. .		or a orar		U UI.	2 4011 10001

combine

- v. to join or merge to form a single thing or group synonym: coalesce, cohere, blend
- (1) **combine** chemically with another substance,
- (2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

clot

- a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
- synonym: clump, coagulation, thrombus
- (1) blood clot, (2) clot prevention

The **clot** in the blood vessel required immediate medical attention.

clump

- n. a small group of bushes, trees, flowers, people, etc.synonym: cluster, bunch, bundle
- (1) **clump** of bacteria, (2) a **clump** of trees I heard the **clump** of his boots in the hallway.

extent

- *n.* the point or degree or area to which something extends *synonym*: amount, degree, intensity
- certain extent, (2) the extent of the damage
 was amazed at the extent of her generosity.

harmless

- adj. not able or not likely to cause damage or harm synonym: benign, innocuous, inoffensive
- (1) **harmless** in most people, (2) **harmless** substances Most people thought of him as a **harmless** eccentric.

exacerbate

- v. to make a situation, problem, or feeling worse synonym: worsen, aggravate, escalate
- (1) **exacerbate** the situation, (2) **exacerbate** symptoms The heat wave **exacerbated** the drought conditions.

independence

- n. freedom from another's or others' control or influencesynonym: freedom, liberty, autonomy
- (1) financial **independence**, (2) **independence** ceremony There is nothing more valuable than **independence** and freedom.

cocaine

n. a highly addictive stimulant drug that is derived from the leaves of the coca plant, often used recreationally for its euphoric effects but also used in medicine as a local anesthetic and vasoconstrictor

synonym: narcotic, coke, snow

powder cocaine, (2) cocaine overdose
 The drug dealer was arrested for possession of cocaine.

heroin

 a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction

synonym: dope, smack, narcotics

(1) smoking **heroin**, (2) **heroin** overdose The withdrawal symptoms from **heroin** can be intense and painful.

compound

 an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements

synonym: combination, mixture, blend

(1) aquatic compound,(2) harmful compoundCommon salt is a sodium and chlorine compound.

cancel

v. to decide that a previously scheduled activity will not take place

synonym: abort, invalidate, annul

(1) **cancel** a class, (2) **cancel** a free subscription trial When customers **cancel** their reservations, they lose the deposit they made.

stimulant

a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration

synonym: upper, energizer, booster

(1) memory stimulant, (2) prescription stimulant Many athletes use stimulants like caffeine to boost their energy before a competition.

oxygen

- the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
- (1) the hydrogen binds the **oxygen**, (2) lack of **oxygen** The passenger grabbed for the **oxygen** mask.

depress

- to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active synonym: sadden, discourage, deflate
- (1) depress their spirits, (2) depress crop prices The economic recession depressed the housing market.
- a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups

synonym: pressure, tension, breed

(1) **strain** our eyes, (2) a **strain** of bacillus Dictators of the past often had the erroneous idea of a pure racial strain.

respiratory

adj. relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air

synonym: breathing, pulmonary, lung

(1) respiratory failure, (2) alleviate respiratory ailments Chronic **respiratory** disorders, such as asthma, can significantly impact a person's quality of life.

strain

statin

 a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production

synonym: cholesterol-lowering drug

(1) take a **statin** pill, (2) **statin** therapy

The side effects of **statins** can include muscle pain and weakness.

enzyme

- a substance produced by a living organism that acts as a catalyst to bring about a specific biochemical reaction
 synonym: catalyst, activator, accelerator
- (1) enzyme reaction, (2) lack of digestive enzymesA deficiency in the enzyme can lead to a medical condition.

molecule

n. a group of two or more atoms held together by attractive forces known as chemical bonds

synonym: particle, element, atom

(1) small **molecules**, (2) **molecule** behavior The shape of the DNA **molecule** is a double helix.

facilitate

- v. to make something easier or more likely to happen synonym: aid, assist, help
- (1) **facilitate** a smooth transition, (2) **facilitate** the process The company implemented a new software system to **facilitate** employee communication and collaboration.

breakdown

- n. a failure or collapse of a system or organizationsynonym: collapse, failure, malfunction
- (1) a nervous **breakdown**, (2) **breakdown** maintenance The **breakdown** of the machinery caused a delay in production.

therapeutic

- *adj.* relating to or involved in the treatment of illness or injury *synonym*: healing, remedial, curative
- (1) **therapeutic** massage, (2) **therapeutic** administration Yoga is known to have **therapeutic** benefits for the mind and

Page 9 / 41

body.

ingredient

- n. one of the things used to make something, especially one of the foods used to make a particular dishsynonym: element, component
- (1) secret **ingredients**, (2) compound the **ingredients**Greed is the primary **ingredient** in the making of criminals.

complexity

 the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory The project's **complexity** made it difficult for the team to complete it on time.

activate

- v. make something start working, more active or dynamic synonym: mobilize, stimulate, initiate
- (1) **activate** a receptor, (2) **activate** a motor You must **activate** the software with a 16-digit key before you can use it.

metabolite

 a substance produced by metabolic processes in living organisms, especially those that are essential for normal physiological functions

synonym: intermediate

(1) **metabolite** concentration, (2) drug **metabolite** The liver **metabolite** levels were higher than usual.

bind

v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

synonym: tie, stick to, adhere

(1) **bind** the man's hands, (2) **bind** old letters into a bundle The company's rules **bind** the employee's working hours.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym: particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations
The scientist conducted a study that provided **specific** details about the species' behavior.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym: attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

bloodstream

- n. the blood flowing through the body
- (1) **bloodstream** in an artery, (2) **bloodstream** to the brain Cancer cells are often carried throughout the body by the **bloodstream**.

alcohol

 a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

synonym: booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**There is a clear association between **alcohol** consumption and cognitive decline.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) function properly, (2) immune function

The brain is an incredibly complex organ that controls the body's **function**.

convert

 to have a talk with someone; (adjective) reversed in order, relation, or action synonym: alter, remake, transform

(1) **convert** fat into energy, (2) **convert** base 10 to base 16 I want to **convert** my sadness into strength.

toxic

adj. of or relating to or caused by a poison; poisonoussynonym: poisonous, harmful, contaminated

(1) **toxic** molecule, (2) exposure to **toxic** chemicals This chemical compound is a thousand-fold more **toxic**.

recommend

- v. to suggest that someone or something would be a suitable fit for a particular purpose or rolesynonym: advise, suggest, instruct
- (1) **recommend** a hospitalization, (2) **recommend** reading We **recommend** taking media training every six months.

byproduct

- a secondary or incidental product produced in the manufacture or synthesis of something else
 synonym: side effect, spinoff, outgrowth
- (1) toxic **byproducts**, (2) **byproduct** of technology

 The **byproduct** of the energy production process is a large amount of carbon dioxide emissions.

remedy

- a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness
 synonym: treatment, medication, therapy
- (1) remedy for air pollution, (2) an internal remedyThis drug will be a good remedy for your stomach trouble.

saint

 a person who is recognized as having an exceptional degree of holiness, virtue, or devotion

synonym: holy person, martyr, angel

(1) **saint** statue, (2) the departed **saint**The faithful follower venerated the **saint's** relic.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty

synonym: malice, ill will, vindictiveness

- (1) bear **spite** against him, (2) die in **spite** of intensive care He did it out of **spite**, to annoy me.
- adj. having or causing a whirling sensation and not able to keep balance

synonym: addled, confounded, unsteady

(1) feel dizzy, (2) had a dizzy spell

Professional skaters can spin fast on the ice without getting dizzy.

develop

spite

dizzy

to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) develop a strategy, (2) develop a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

n. (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

synonym: robot, machine learning, neural network

(1) Al expert, (2) apply Al technology to art

AI

The evolution of processors has dramatically improved the performance of AI.

predict

- to state beforehand that something will happen in the future, mainly based on knowledge or experience synonym: forecast, anticipate, foresee
- (1) **predict** the future, (2) **predict** when she will arrive It's notoriously challenging to **predict** birth rates.

landscape

an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance

synonym: geography, terrain, topography

(1) a peaceful landscape, (2) landscape painting Recent electoral shocks have shaken the political landscape in Europe.

protein

- a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
- (1) stress **protein**, (2) **protein** synthesis The body needs a certain amount of **protein** to build and repair tissues.

supercomputer

a computer with a high level of computing power and speed, typically used for scientific or engineering computations that require immense amounts of data processing

synonym: high-performance computer, mainframe, giant computer

(1) supercomputer performance, (2) supercomputer technology

China has developed one of the world's fastest **supercomputers** for its space program.

Session 2: Spelling

1. sp___ic instructions

2. hemoglobin met____sm

3. prescribe as___n

4. change ri__y behavior

5. fac____te the process

6. an__e injury

7. tr____rt facilities

8. fac____te a smooth transition

9. h_b garden

10. blood c__t

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

 n. the set of chemical reactions in cells or organisms that are necessary for life-sustaining

n. a drug used to reduce pain, fever, and inflammation

adj. involving the possibility of danger, failure, or loss

 to make something easier or more likely to happen

n. the part or joint connecting the foot to the leg

 a system for moving people or products from one location to another using automobiles, roads, and so on

v. to make something easier or more likely to happen

 a small plant with aromatic or flavorful leaves used for seasoning or medicinal purposes

 a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

ANSWERS: 1. specific, 2. metabolism, 3. aspirin, 4. risky, 5. facilitate, 6. ankle, 7. transport, 8. facilitate, 9. herb, 10. clot

11. lack of digestive enes	n.	a substance produced by a living organism that acts as a catalyst to bring about a specific biochemical reaction
12. bit of a hehe	n.	pain in the head; someone or something that causes anxiety or trouble
13. stn therapy	n.	a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
14. the hydrogen binds the oxn	n.	the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
15. dae a relationship	v.	to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
16. wage supnt	n.	something that is added to something else to make it better or complete it
17. access to public trrt	n.	a system for moving people or products from one location to another using automobiles, roads, and so on
18. ene reaction	n.	a substance produced by a living organism that acts as a catalyst to bring about a specific biochemical reaction
19. dep a strategy	v.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 11. enzyme, 12. headache, 13. statin, 14. oxygen, 15. damage, 16. supplement, 17. transport, 18. enzyme, 19. develop

20.	toxic bycts	n.	a secondary or incidental product produced in the manufacture or synthesis of something else
21.	prescription stnt	n.	a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
22.	coe augmented reality	<i>v</i> .	to join or merge to form a single thing or group
23.	cot fat into energy	<i>v</i> .	to have a talk with someone; (adjective) reversed in order, relation, or action
24.	apply AI technology to art	n.	(abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation
25.	diluted alI	n.	a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
26.	prt when she will arrive	v.	to state beforehand that something will happen in the future, mainly based on knowledge or experience
27.	resle action	adj.	answerable or accountable for something within one's power, control, or management
28.	exposure to toc chemicals	adj.	of or relating to or caused by a poison; poisonous
٨Ν	SWERS: 20 hyproduct 21 stimulant 2	2 0	ombine 23 convert 24 AL 25

ANSWERS: 20. byproduct, 21. stimulant, 22. combine, 23. convert, 24. AI, 25. alcohol, 26. predict, 27. responsible, 28. toxic

29.	bloam to the brain	n.	the blood flowing through the body
30.	cot base 10 to base 16	<i>v</i> .	to have a talk with someone; (adjective) reversed in order, relation, or action
31.	acehen-containing tablet	n.	(also paracetamol) a drug used to relieve mild or chronic pain and high temperature
32.	acte a motor	<i>v</i> .	make something start working, more active or dynamic
33.	use of dietary supnts	n.	something that is added to something else to make it better or complete it
34.	ilt drugs	adj.	forbidden by law, rules, or custom; not approved of or socially acceptable
35.	feel diy	adj.	having or causing a whirling sensation and not able to keep balance
36.	cal a free subscription trial	ν.	to decide that a previously scheduled activity will not take place
37.	fuon properly	n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
38.	comty theory	n.	the state or quality of being complicated or intricate and difficult to understand
39.	abb a shock	<i>v</i> .	to take in a fluid or other substance gradually

ANSWERS: 29. bloodstream, 30. convert, 31. acetaminophen, 32. activate, 33. supplement, 34. illicit, 35. dizzy, 36. cancel, 37. function, 38. complexity, 39. absorb

40.	h_b spices	n.	a small plant with aromatic or flavorful leaves used for seasoning or medicinal purposes
41.	metsm enzyme	n.	the set of chemical reactions in cells or organisms that are necessary for life-sustaining
42.	die in spe of intensive care	n.	feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty
43.	decision-making prs	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
44.	lack of oxn	n.	the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
45.	inatly deleted	adv.	unintentionally; accidentally; without purpose or deliberate intent
46.	Al expert	n.	(abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

ANSWERS: 40. herb, 41. metabolism, 42. spite, 43. process, 44. oxygen, 45. inadvertently, 46. Al

47.	brwn maintenance	n.	a failure or collapse of a system or organization
48.	des their spirits	v.	to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
49.	indIly designed product	adv.	separately or apart from others
50.	byct of technology	n.	a secondary or incidental product produced in the manufacture or synthesis of something else
51.	se throat	adj.	painful or sensitive to the touch; inflamed or irritated; feeling deep distress, grief, or regret
52.	small moles	n.	a group of two or more atoms held together by attractive forces known as chemical bonds
53.	asn sensitivity	n.	a drug used to reduce pain, fever, and inflammation
54.	a stn of bacillus	n.	a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups
55.	ct prevention	n.	a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
56.	hass in most people	adj.	not able or not likely to cause damage or harm

ANSWERS: 47. breakdown, 48. depress, 49. individually, 50. byproduct, 51. sore, 52. molecule, 53. aspirin, 54. strain, 55. clot, 56. harmless

57.	exate symptoms	<i>v</i> .	to make a situation, problem, or feeling worse
58.	take a stn pill	n.	a type of drug used to lower cholesterol levels in the blood, typically by inhibiting an enzyme involved in cholesterol production
59.	prn synthesis	n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
60.	prs improvement	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
61.	a peaceful lape	n.	an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance
62.	lape painting	n.	an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance
63.	financial indnce	n.	freedom from another's or others' control or influence
64.	exe sports	adj.	very great in amount or degree

ANSWERS: 57. exacerbate, 58. statin, 59. protein, 60. process, 61. landscape, 62. landscape, 63. independence, 64. extreme

65.	inatly omitted	adv.	unintentionally; accidentally; without purpose or deliberate intent
66.	sat statue	n.	a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
67.	an explosive suce	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
68.	rend a hospitalization	v.	to suggest that someone or something would be a suitable fit for a particular purpose or role
69.	conion of armaments	n.	the ability to focus all your time and energy on one thing without thinking about anything else.
70.	fatty lir	n.	a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
71.	inton among human beings	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
72.	chool levels	n.	a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
73.	hass substances	adj.	not able or not likely to cause damage or harm

ANSWERS: 65. inadvertently, 66. saint, 67. substance, 68. recommend, 69. concentration, 70. liver, 71. interaction, 72. cholesterol, 73. harmless

74.	industry-spic regulations	adj.	clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
75.	dae assessment	ν.	to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
76.	theic administration	adj.	relating to or involved in the treatment of illness or injury
77.	bear spe against him	n.	feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty
78.	lir disease	n.	a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
79.	indnce ceremony	n.	freedom from another's or others' control or influence
80.	mette concentration	n.	a substance produced by metabolic processes in living organisms, especially those that are essential for normal physiological functions
81.	alleviate resry ailments	adj.	relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air

ANSWERS: 74. specific, 75. damage, 76. therapeutic, 77. spite, 78. liver, 79. independence, 80. metabolite, 81. respiratory

82.	smoking hen	n.	a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction			
83.	cognitive comty	n.	the state or quality of being complicated or intricate and difficult to understand			
84.	bd the man's hands	v.	to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly			
85.	comon number	n.	a collection of things that have been combined; an assemblage of separate parts or qualities			
86.	immune fuon	n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose			
87.	a riy enterprise	adj.	involving the possibility of danger, failure, or loss			
88.	had a diy spell	adj.	having or causing a whirling sensation and not able to keep balance			
89.	high-dose acehen	n.	(also paracetamol) a drug used to relieve mild or chronic pain and high temperature			
	ANSWERS: 82. heroin, 83. complexity, 84. bind, 85. combination, 86. function, 87. risky, 88. dizzy, 89. acetaminophen					

90.	medon by mouth	n.	a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
91.	pair of ane boots	n.	the part or joint connecting the foot to the leg
92.	caI a class	<i>v</i> .	to decide that a previously scheduled activity will not take place
93.	hen overdose	n.	a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
94.	acte a receptor	<i>v</i> .	make something start working, more active or dynamic
95.	rey for air pollution	n.	a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness
96.	supter technology	n.	a computer with a high level of computing power and speed, typically used for scientific or engineering computations that require immense amounts of data processing
97.	s_e back	adj.	painful or sensitive to the touch; inflamed or irritated; feeling deep distress, grief, or regret
98.	secret ingnts	n.	one of the things used to make something, especially one of the foods used to make a particular dish

ANSWERS: 90. medication, 91. ankle, 92. cancel, 93. heroin, 94. activate, 95. remedy, 96. supercomputer, 97. sore, 98. ingredient

99. the ext of the damage	n.	the point or degree or area to which something extends
100. dep a skill	ν.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
101. supter performance	n.	a computer with a high level of computing power and speed, typically used for scientific or engineering computations that require immense amounts of data processing
102. powder coe	n.	a highly addictive stimulant drug that is derived from the leaves of the coca plant, often used recreationally for its euphoric effects but also used in medicine as a local anesthetic and vasoconstrictor
103. exe weather events	adj.	very great in amount or degree
104. the inton between man and his environment	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
105. prt the future	ν.	to state beforehand that something will happen in the future, mainly based on knowledge or experience
106. abb energy	<i>v</i> .	to take in a fluid or other substance gradually
107. the departed sat	n.	a person who is recognized as having an exceptional degree of holiness, virtue, or devotion

ANSWERS: 99. extent, 100. develop, 101. supercomputer, 102. cocaine, 103. extreme, 104. interaction, 105. predict, 106. absorb, 107. saint

108. resry failure	adj.	relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
109. an internal rey	n.	a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness
110. resle for a customer service	adj.	answerable or accountable for something within one's power, control, or management
111. des crop prices	ν.	to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
112. theic massage	adj.	relating to or involved in the treatment of illness or injury
113. suce abuse problem	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
114. hehe accompanied by fever	n.	pain in the head; someone or something that causes anxiety or trouble
115. ince a child's future	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
116. coe overdose	n.	a highly addictive stimulant drug that is derived from the leaves of the coca plant, often used recreationally for its euphoric effects but also used in medicine as a local anesthetic and vasoconstrictor

ANSWERS: 108. respiratory, 109. remedy, 110. responsible, 111. depress, 112. therapeutic, 113. substance, 114. headache, 115. influence, 116. cocaine

117. certain ext	n.	the point or degree or area to which something extends
118. exate the situation	<i>v</i> .	to make a situation, problem, or feeling worse
119. inal organs	adj.	of or relating to the inside of something
120. ilt trade	adj.	forbidden by law, rules, or custom; not approved of or socially acceptable
121. a nervous brwn	n.	a failure or collapse of a system or organization
122. answer questions indlly	adv.	separately or apart from others
123. rend reading	<i>v</i> .	to suggest that someone or something would be a suitable fit for a particular purpose or role
124. chronic kiy disease	n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
125. stress prn	n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
126. compound the ingnts	n.	one of the things used to make something, especially one of the foods used to make a particular dish
127. stn our eyes	n.	a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups

ANSWERS: 117. extent, 118. exacerbate, 119. internal, 120. illicit, 121. breakdown, 122. individually, 123. recommend, 124. kidney, 125. protein, 126. ingredient, 127. strain

128.	bloam in an artery	n.	the blood flowing through the body
129.	harmful cond	n.	an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements
130.	low chool	n.	a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
131.	coe chemically with another substance	<i>v</i> .	to join or merge to form a single thing or group
132.	ince the daily life	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
133.	stop drinking alI	n.	a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
134.	drug mette	n.	a substance produced by metabolic processes in living organisms, especially those that are essential for normal physiological functions
135.	antibiotic medon	n.	a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
136.	genic comons	n.	a collection of things that have been combined; an assemblage of separate parts or qualities
137.	his research area of conion	n.	the ability to focus all your time and energy on one thing without thinking about anything else.

ANSWERS: 128. bloodstream, 129. compound, 130. cholesterol, 131. combine, 132. influence, 133. alcohol, 134. metabolite, 135. medication, 136. combination, 137. concentration

138. bd old letters into a bundle	<i>v</i> .	to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
139. cl_p of bacteria	n.	a small group of bushes, trees, flowers, people, etc.
140. ree stress	<i>v</i> .	to make something burdensome, unpleasant, or painful less severe
141. toc molecule	adj.	of or relating to or caused by a poison; poisonous
142. memory stnt	n.	a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
143. the inal economy	adj.	of or relating to the inside of something
144. ree his thirst	ν.	to make something burdensome, unpleasant, or painful less severe
145. mole behavior	n.	a group of two or more atoms held together by attractive forces known as chemical bonds
146. aquatic cond	n.	an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements
147. an artificial kiy	n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
148. a clp of trees	n.	a small group of bushes, trees, flowers, people, etc.

ANSWERS: 138. bind, 139. clump, 140. relieve, 141. toxic, 142. stimulant, 143. internal, 144. relieve, 145. molecule, 146. compound, 147. kidney, 148. clump

Vocab-Builder Ref from "	Céline Valéry: The dange	rs of mixing drugs TED	Talk" (74 words)
ANSWERS:			

Session 3: Fill in the Blanks

1.	The body needs a certain amount of to build and repair tissues.
n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
2.	The surgeon removed the healthy from the donor.
n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
3.	The passenger grabbed for the mask.
n.	the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
4.	It's notoriously challenging to birth rates.
<i>v</i> .	to state beforehand that something will happen in the future, mainly based on knowledge or experience
5.	Dictators of the past often had the erroneous idea of a pure racial
n.	a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups
6.	The of the two groups is good for brainstorming.
n.	the act of connecting with someone, mainly when working, playing, or spending time with them
7.	It is extremely to sail in such a storm.
ad	i. involving the possibility of danger, failure, or loss
AN	SWERS: 1. protein, 2. kidney, 3. oxygen, 4. predict, 5. strain, 6. interaction, 7. risky

ANSWERS: 8. supplements, 9. enzyme, 10. bloodstream, 11. exacerbated, 12. ankle, 13. saint's, 14. relieved, 15. damage

16.	Rosemary is a fragrant commonly used in cooking.
n.	a small plant with aromatic or flavorful leaves used for seasoning or medicinal purposes
17.	He did it out of to annoy me.
n.	feelings of anger and resentment; (in spite of, also despite) a phrase that is used to indicate that something happened or exists even though there is a particular obstacle or difficulty
18.	High levels of can increase the risk of heart disease.
n.	a type of fat that is found in the blood and cells of the body and that is important for many bodily functions but can also contribute to heart disease and stroke when levels are too high
19.	The brain is an incredibly complex organ that controls the body's
n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
20.	Chronic disorders, such as asthma, can significantly impact a person's quality of life.
adj	relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
21. n.	There is nothing more valuable than and freedom. freedom from another's or others' control or influence
22.	When customers their reservations, they lose the deposit they made.
<i>v</i> .	to decide that a previously scheduled activity will not take place
	SWERS: 16. herb, 17. spite, 18. cholesterol, 19. function, 20. respiratory, 21. ependence, 22. cancel

23.	You must the software with a 16-digit key before you can use it.
ν.	make something start working, more active or dynamic
24.	Enhanced rail is crucial for our business.
n.	a system for moving people or products from one location to another using automobiles, roads, and so on
25.	The to the safe was a secret.
n.	a collection of things that have been combined; an assemblage of separate parts or qualities
26.	Solar gravity creates pressures and temperatures.
adj	very great in amount or degree
27.	The of the energy production process is a large amount of carbon dioxide emissions.
n.	a secondary or incidental product produced in the manufacture or synthesis of something else
28.	The liver levels were higher than usual.
n.	a substance produced by metabolic processes in living organisms, especially those that are essential for normal physiological functions
29.	Hydrogen and oxygen to form water.
v.	to join or merge to form a single thing or group
30.	Yoga is known to have benefits for the mind and body.
adj	relating to or involved in the treatment of illness or injury
	SWERS: 23. activate, 24. transportation, 25. combination, 26. extreme, 27. roduct, 28. metabolite, 29. combine, 30. therapeutic

31. The evolution of processors has dramatically improved the performance of
n. (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation
32. Better sleep leads to increased
n. the set of chemical reactions in cells or organisms that are necessary for life-sustaining
33. Professional skaters can spin fast on the ice without getting
adj. having or causing a whirling sensation and not able to keep balance
34. After the workout, my muscles were and achy.
adj. painful or sensitive to the touch; inflamed or irritated; feeling deep distress, grief, or regret
35. There is a clear association between consumption and cognitive decline.
 a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
36. Most people thought of him as a eccentric.
adj. not able or not likely to cause damage or harm
37. I heard the of his boots in the hallway.
n. a small group of bushes, trees, flowers, people, etc.
38. The company implemented a new software system to employee communication and collaboration.
v. to make something easier or more likely to happen
ANSWERS: 31. AI, 32. metabolism, 33. dizzy, 34. sore, 35. alcohol, 36. harmless, 37.
clump, 38. facilitate

ANSWERS: 39. medication, 40. complexity, 41. influence, 42. individually, 43. statins, 44. stimulants, 45. molecule, 46. extent

ANSWERS: 47. headaches, 48. process, 49. compound, 50. supercomputers, 51. ingredient, 52. inadvertently, 53. clot

ANSWERS: 54. concentration, 55. breakdown, 56. acetaminophen, 57. absorbs, 58. specific, 59. internal, 60. illicit, 61. remedy

ANSWERS: 62. landscape, 63. heroin, 64. toxic, 65. bind, 66. convert, 67. depressed, 68. recommend, 69. substance

70.	The drug dealer was arrested for possession of
n.	a highly addictive stimulant drug that is derived from the leaves of the coca plant, often used recreationally for its euphoric effects but also used in medicine as a local anesthetic and vasoconstrictor
71.	We must a new system to streamline our workflow and increase efficiency.
ν.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
72.	She's a pet owner who ensures her dog gets enough exercise and a healthy diet.
adj	answerable or accountable for something within one's power, control, or management
73.	She took a tablet of to soothe the fever.
n.	a drug used to reduce pain, fever, and inflammation
74.	The patient will undergo transplant surgery tomorrow.
n.	a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
AN:	SWERS: 70. cocaine, 71. develop, 72. responsible, 73. aspirin, 74. liver