

# Englist.me



## Vocabulary Builder Reference from...

*Mitch Zeller: The past, present and future of nicotine addiction | TED Talk*

[https://www.ted.com/talks/mitch\\_zeller\\_the\\_past\\_present\\_and\\_future\\_of\\_nicotine\\_addiction](https://www.ted.com/talks/mitch_zeller_the_past_present_and_future_of_nicotine_addiction)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### imaginable

*adj.* capable of being imagined

*synonym* : conceivable, plausible, possible

(1) easily **imaginable**, (2) worst **imaginable** case

This is the only **imaginable** strategy.

### firsthand

*adv.* from the source; directly; (adjective) received directly from a source

*synonym* : direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

### secondhand

*adj.* having been previously owned or used by someone else

*synonym* : used, pre-owned, recycled

(1) **secondhand** car, (2) **secondhand** information

He was excited to find a vintage suit at the **secondhand** shop for a fraction of the price of a new one.

### confer

*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

*synonym* : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

## trajectory

*n.* the curved path followed by an object moving through space

*synonym*: course, curve, orbit

(1) career **trajectory**, (2) a **trajectory** missile

The company has shown an excellent growth **trajectory** over the years.

## unravel

*v.* undo twisted, knitted, or woven threads by separating it

*synonym*: separate, unknot, ravel

(1) **unravel** a knit, (2) **unravel** a plot

Detectives are still attempting to **unravel** the mystery of his death.

## industrious

*adj.* hardworking, diligent, and persistent in effort

*synonym*: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

## unregulated

*adj.* not subject to official rules, procedures, or oversight; not controlled or supervised by a governing authority or system

*synonym*: uncontrolled, unmonitored, unbridled

(1) **unregulated** market, (2) **unregulated** off-shore fishing

Without regulations, the industry is **unregulated** and potentially dangerous.

## nicotine

*n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system

*synonym*: tobacco, smoke

(1) **nicotine** patch, (2) **nicotine** replacement therapy

Smoking cigarettes exposes the body to high levels of **nicotine**, which can be addictive.

## smoker

*n.* a person who smokes tobacco regularly, or a device used for smoking

(1) **smoker** behavior, (2) an inveterate **smoker**

Many **smokers** are aware of the health risks associated with smoking but find it difficult to quit.

## foyer

*n.* an entrance hall or lobby, usually located at the front of a building or before the main room or area; a space for people to gather or wait before an event

*synonym*: lobby, entrance hall, vestibule

(1) hotel **foyer**, (2) grand **foyer**

The elegant chandelier in the **foyer** was the centerpiece of the grand entrance.

## dispense

*v.* to distribute, allocate, or deliver something to the intended recipients

*synonym*: distribute, allocate, deal out

(1) **dispense** with ceremony, (2) **dispense** justice

The pharmacist started to **dispense** medication to patients.

## stylize

*v.* to show, do, or represent something according to a particular style, especially a conventional one

*synonym*: conventionalize

(1) **stylize** the behavior, (2) **stylize** the design

She wore a colorful- **stylized** scarf.

## reassurance

*n.* the act of giving advice or help to make someone feel less worried; the act of giving someone confidence

*synonym*: encouragement, comfort, support

(1) give **reassurance**, (2) **reassurance** of my commitment

He needed **reassurance** that everything would be alright.

## irritating

*adj.* causing annoyance, frustration, or exasperation; provoking impatience or irritation

*synonym*: annoying, bothersome, vexing

(1) **irritating** noise, (2) **irritating** behavior

The garbage can in the kitchen has been producing an

**irritating** smell for days.

**inhale**

v. to breathe in air or a different substance, such as smoke  
*synonym*: breathe in, take in, draw in

(1) **inhale** the smoke, (2) **inhale** the aroma

He **inhaled** deeply, trying to calm down.

**quitter**

n. a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

**dilute**

v. to make a substance less concentrated by adding a liquid or another substance to it

*synonym*: weaken, thin, reduce

(1) **dilute** acid with water, (2) **dilute** a great idea

She **diluted** the concentrated juice with water.

**murmur**

v. to say something very quietly; to complain about somebody or something under one's breath

*synonym*: burble, gurgle, mutter

(1) **murmur** at low wages, (2) **murmur** a greeting

He always **murmurs** at the ill-treatment.

**huddle**

v. to crowd or press closely together; cuddle

*synonym*: cluster, crowd, group

(1) **huddle** in a temporary shelter, (2) **huddle** around the open fire

The children **huddled** together for warmth in the cold winter storm.

**craving**

n. a strong desire of wanting something

*synonym*: desire, appetite, longing

(1) **craving** for revenge, (2) curb our **cravings**

I have a **craving** for nicotine.

## addict

*n.* a person who cannot stop using or doing something as a habit, especially something harmful

*synonym*: devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

## lozenge

*n.* a four-sided shape with two pairs of parallel sides, which resembles a diamond or a rhombus, where all sides are of equal length; a small, diamond-shaped tablet or candy that is typically flavored and may contain medication or a soothing ingredient for cough or sore throat relief

*synonym*: rhombus, tablet, troche

(1) vitamin C **lozenge**, (2) **lozenge** of light

I always keep a pack of **lozenges** handy for sore throats and coughs.

## entrust

*v.* to delegate or assign responsibility or authority to someone else; to put trust or confidence in someone's abilities or judgment

*synonym*: trust, delegate, hand over

(1) **entrust** with responsibility, (2) **entrust** money to him

I **entrusted** my keys to my neighbor while I was on vacation.

## Session 2: Spelling

- |                                    |   |
|------------------------------------|---|
| 1. ni____ne patch                  | <i>n.</i> a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system |
| 2. sm____r behavior                | <i>n.</i> a person who smokes tobacco regularly, or a device used for smoking   |
| 3. ind____us worker                | <i>adj.</i> hardworking, diligent, and persistent in effort   |
| 4. easy qu____r                    | <i>n.</i> a person who gives up easily or does not have the determination to finish what they have started  |
| 5. di____se justice                | <i>v.</i> to distribute, allocate, or deliver something to the intended recipients  |
| 6. an inveterate sm____r           | <i>n.</i> a person who smokes tobacco regularly, or a device used for smoking   |
| 7. di____se with ceremony          | <i>v.</i> to distribute, allocate, or deliver something to the intended recipients  |
| 8. di____e acid with water         | <i>v.</i> to make a substance less concentrated by adding a liquid or another substance to it   |
| 9. hear customer's voices fi____nd | <i>adv.</i> from the source; directly; (adjective) received directly from a source  |
| 10. co____r honor                  | <i>v.</i> to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something   |
| 11. sec____nd information          | <i>adj.</i> having been previously owned or used by someone else  |

ANSWERS: 1. nicotine, 2. smoker, 3. industrious, 4. quitter, 5. dispense, 6. smoker, 7. dispense, 8. dilute, 9. firsthand, 10. confer, 11. secondhand

12. in\_\_\_e the smoke                    *v.* to breathe in air or a different substance, such as smoke
13. st\_\_\_\_\_e the design            *v.* to show, do, or represent something according to a particular style, especially a conventional one
14. give rea\_\_\_\_\_ce                *n.* the act of giving advice or help to make someone feel less worried; the act of giving someone confidence
15. serial qu\_\_\_\_\_r                *n.* a person who gives up easily or does not have the determination to finish what they have started
16. hu\_\_\_e around the open fire       *v.* to crowd or press closely together; cuddle
17. hotel fo\_\_r                        *n.* an entrance hall or lobby, usually located at the front of a building or before the main room or area; a space for people to gather or wait before an event
18. un\_\_\_\_\_l a plot                *v.* undo twisted, knitted, or woven threads by separating it
19. worst ima\_\_\_\_\_le case        *adj.* capable of being imagined
20. Internet ad\_\_\_\_t                *n.* a person who cannot stop using or doing something as a habit, especially something harmful
21. en\_\_\_\_\_t money to him        *v.* to delegate or assign responsibility or authority to someone else; to put trust or confidence in someone's abilities or judgment
22. en\_\_\_\_\_t with responsibility    *v.* to delegate or assign responsibility or authority to someone else; to put trust or confidence in someone's abilities or judgment

ANSWERS: 12. inhale, 13. stylize, 14. reassurance, 15. quitter, 16. huddle, 17. foyer, 18. unravel, 19. imaginable, 20. addict, 21. entrust, 22. entrust

23. st\_\_\_\_e the behavior      *v.* to show, do, or represent something according to a particular style, especially a conventional one
24. irr\_\_\_\_\_ng behavior      *adj.* causing annoyance, frustration, or exasperation; provoking impatience or irritation
25. rea\_\_\_\_\_ce of my commitment      *n.* the act of giving advice or help to make someone feel less worried; the act of giving someone confidence
26. unr\_\_\_\_\_ed off-shore fishing      *adj.* not subject to official rules, procedures, or oversight; not controlled or supervised by a governing authority or system
27. ni\_\_\_\_\_ne replacement therapy      *n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system
28. grand fo\_\_r      *n.* an entrance hall or lobby, usually located at the front of a building or before the main room or area; a space for people to gather or wait before an event
29. curb our cr\_\_\_\_\_gs      *n.* a strong desire of wanting something
30. lo\_\_\_\_\_e of light      *n.* a four-sided shape with two pairs of parallel sides, which resembles a diamond or a rhombus, where all sides are of equal length; a small, diamond-shaped tablet or candy that is typically flavored and may contain medication or a soothing ingredient for cough or sore throat relief

ANSWERS: 23. stylize, 24. irritating, 25. reassurance, 26. unregulated, 27. nicotine, 28. foyer, 29. craving, 30. lozenge



31. di\_\_\_e a great idea      *v.* to make a substance less concentrated by adding a liquid or another substance to it
32. hu\_\_\_e in a temporary shelter      *v.* to crowd or press closely together; cuddle
33. career tra\_\_\_\_\_ry      *n.* the curved path followed by an object moving through space
34. a tra\_\_\_\_\_ry missile      *n.* the curved path followed by an object moving through space
35. easily ima\_\_\_\_\_le      *adj.* capable of being imagined
36. vitamin C lo\_\_\_\_\_e      *n.* a four-sided shape with two pairs of parallel sides, which resembles a diamond or a rhombus, where all sides are of equal length; a small, diamond-shaped tablet or candy that is typically flavored and may contain medication or a soothing ingredient for cough or sore throat relief
37. ind\_\_\_\_\_us student      *adj.* hardworking, diligent, and persistent in effort
38. co\_\_\_r degree      *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
39. irr\_\_\_\_\_ng noise      *adj.* causing annoyance, frustration, or exasperation; provoking impatience or irritation
40. conduct fi\_\_\_\_\_nd research      *adv.* from the source; directly; (adjective) received directly from a source
41. unr\_\_\_\_\_ed market      *adj.* not subject to official rules, procedures, or oversight; not controlled or supervised by a governing authority or system

ANSWERS: 31. dilute, 32. huddle, 33. trajectory, 34. trajectory, 35. imaginable, 36. lozenge, 37. industrious, 38. confer, 39. irritating, 40. firsthand, 41. unregulated

42. mu\_\_\_r at low wages      *v.* to say something very quietly; to complain about somebody or something under one's breath
43. a drug ad\_\_\_t      *n.* a person who cannot stop using or doing something as a habit, especially something harmful
44. mu\_\_\_r a greeting      *v.* to say something very quietly; to complain about somebody or something under one's breath
45. cr\_\_\_\_\_g for revenge      *n.* a strong desire of wanting something
46. in\_\_\_e the aroma      *v.* to breathe in air or a different substance, such as smoke
47. un\_\_\_\_\_l a knit      *v.* undo twisted, knitted, or woven threads by separating it
48. sec\_\_\_\_\_nd car      *adj.* having been previously owned or used by someone else

ANSWERS: 42. murmur, 43. addict, 44. murmur, 45. craving, 46. inhale, 47. unravel, 48. secondhand

## Session 3: Fill in the Blanks

1. The leaders of the two countries met to \_\_\_\_\_ on the issue.  
*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
2. He was known to be very \_\_\_\_\_ and would often work late into the night.  
*adj.* hardworking, diligent, and persistent in effort
3. This is the only \_\_\_\_\_ strategy.  
*adj.* capable of being imagined
4. I have a \_\_\_\_\_ for nicotine.  
*n.* a strong desire of wanting something
5. The elegant chandelier in the \_\_\_\_\_ was the centerpiece of the grand entrance.  
*n.* an entrance hall or lobby, usually located at the front of a building or before the main room or area; a space for people to gather or wait before an event
6. Without regulations, the industry is \_\_\_\_\_ and potentially dangerous.  
*adj.* not subject to official rules, procedures, or oversight; not controlled or supervised by a governing authority or system
7. The pharmacist started to \_\_\_\_\_ medication to patients.  
*v.* to distribute, allocate, or deliver something to the intended recipients
8. He needed \_\_\_\_\_ that everything would be alright.  
*n.* the act of giving advice or help to make someone feel less worried; the act of giving someone confidence

ANSWERS: 1. confer, 2. industrious, 3. imaginable, 4. craving, 5. foyer, 6. unregulated, 7. dispense, 8. reassurance

9. The manager tried to hear customers' voices \_\_\_\_\_.  
*adv.* from the source; directly; (adjective) received directly from a source
10. Detectives are still attempting to \_\_\_\_\_ the mystery of his death.  
*v.* undo twisted, knitted, or woven threads by separating it
11. He always \_\_\_\_\_ at the ill-treatment.  
*v.* to say something very quietly; to complain about somebody or something under one's breath
12. The company has shown an excellent growth \_\_\_\_\_ over the years.  
*n.* the curved path followed by an object moving through space
13. We have become TV \_\_\_\_\_ due to video streaming services.  
*n.* a person who cannot stop using or doing something as a habit, especially something harmful
14. She wore a colorful-\_\_\_\_\_ scarf.  
*v.* to show, do, or represent something according to a particular style, especially a conventional one
15. I \_\_\_\_\_ my keys to my neighbor while I was on vacation.  
*v.* to delegate or assign responsibility or authority to someone else; to put trust or confidence in someone's abilities or judgment
16. He was excited to find a vintage suit at the \_\_\_\_\_ shop for a fraction of the price of a new one.  
*adj.* having been previously owned or used by someone else

ANSWERS: 9. firsthand, 10. unravel, 11. murmurs, 12. trajectory, 13. addicts, 14. stylized, 15. entrusted, 16. secondhand

17. She \_\_\_\_\_ the concentrated juice with water.
- v.* to make a substance less concentrated by adding a liquid or another substance to it
18. He was labeled as a \_\_\_\_\_ after he abandoned the project halfway.
- n.* a person who gives up easily or does not have the determination to finish what they have started
19. The children \_\_\_\_\_ together for warmth in the cold winter storm.
- v.* to crowd or press closely together; cuddle
20. Smoking cigarettes exposes the body to high levels of \_\_\_\_\_ which can be addictive.
- n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system
21. Many \_\_\_\_\_ are aware of the health risks associated with smoking but find it difficult to quit.
- n.* a person who smokes tobacco regularly, or a device used for smoking
22. I always keep a pack of \_\_\_\_\_ handy for sore throats and coughs.
- n.* a four-sided shape with two pairs of parallel sides, which resembles a diamond or a rhombus, where all sides are of equal length; a small, diamond-shaped tablet or candy that is typically flavored and may contain medication or a soothing ingredient for cough or sore throat relief
23. He \_\_\_\_\_ deeply, trying to calm down.
- v.* to breathe in air or a different substance, such as smoke
24. The garbage can in the kitchen has been producing an \_\_\_\_\_ smell for days.
- adj.* causing annoyance, frustration, or exasperation; provoking impatience or irritation

ANSWERS: 17. diluted, 18. quitter, 19. huddled, 20. nicotine, 21. smokers, 22. lozenges, 23. inhaled, 24. irritating

ANSWERS: