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Advanced Words Only

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Session 1: Word List

lockdown

n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

(1) go on **lockdown**, (2) **lockdown** area

The country's prime minister has decided to implement a nationwide **lockdown** measure.

pandemic

n. an outbreak of a disease that affects many people over a very wide area

synonym: outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

coronavirus

n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

synonym: covid

(1) **coronavirus** antibody test kit, (2) **coronavirus** bankruptcy

Considering the situation of **coronavirus**, organized stopped this year's beer festival.

retake

v. to take something again or a second time, especially an examination or a photograph, to correct mistakes or improve the result

synonym : recapture, reclaim, recover

(1) **retake** photo, (2) **retake** control

I will have to **retake** this test to get a passing grade.

avert

v. to prevent something dangerous or undesirable from happening

synonym : discourage, prevent, deter

(1) **avert** disaster, (2) **avert** a strike

The dam systematically releases large amounts of water to **avert** flooding during the rainy season

unparalleled

adj. without parallel, equal in size, amount, quality, etc.; better or worse than any other

synonym : outstanding, phenomenal, remarkable

(1) **unparalleled** views, (2) an **unparalleled** achievement

Several American technology companies have achieved **unparalleled** success in terms of customer numbers.

zen

n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

synonym : meditative, peaceful, tranquil

(1) **zen** garden, (2) **zen** meditation

Daily yoga helped her achieve a **zen** state of mind and calmness.

glacier

n. a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole

synonym : iceberg, ice floe

(1) **glacier** retreat, (2) **glaciers** move tardily

The **glaciers** of the ice age have shaped Fjord.

quagmire

n. a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament

synonym : morass, swamp, bog

(1) sink into a **quagmire**, (2) **quagmire** debate

The company found itself in a legal **quagmire**, unable to resolve the issue without causing harm to its reputation.

tendrill

n. a slender, coiling, or twisting stem or strand of a climbing plant, typically used for support or attachment; any thin, curling, or twisting feature that resembles a plant tendrill in shape or function

synonym : vine, creeper

(1) **tendrill** of hair, (2) creeping **tendrill**

The plant's delicate **tendrill** curled around the trellis as it began to climb.

depict

v. to illustrate someone or something in a photograph

synonym : illustrate, describe, express

(1) **depict** a scene, (2) **depict** a feeling of isolation

His son had accurately **depicted** the bloom.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym : interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep

I'm so sorry to **disrupt** you when you're pretty busy.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

wreck

n. a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident

synonym : collapse, destruction, devastation

(1) the house was a **wreck**, (2) a worthless **wreck**

The divers accidentally discovered a **wreck** on the ocean floor.

futile

adj. incapable of producing any useful result; pointless

synonym : useless, worthless, ineffective

(1) **futile** talk, (2) make a **futile** protest

It was **futile** to try and fix the broken vase, as it was too badly damaged.

monk

n. a member of a religious community of men living under vows of poverty, chastity, and obedience

synonym : friar, cleric, brother

(1) **monk** lifestyle, (2) cloistered **monk**

The ascetic **monk** spent his days in prayer and contemplation in the monastery.

monastic

adj. relating to monk or monasticism; ascetic or austere in lifestyle or habits

synonym : contemplative, solitary, austere

(1) **monastic** community, (2) **monastic** orders

The **monastic** lifestyle of the monks involved living in solitude and silence.

unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym : open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

rejoin

v. to return to someone or something

synonym : come back, return, reunite

(1) **rejoin** their mother ship, (2) **rejoin** the party
After the battle, the soldier managed to **rejoin** his unit.

geopolitical

adj. of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area

(1) the **geopolitical** situations, (2) reduce **geopolitical** risk
The country holds dominant **geopolitical** power over its neighbors.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

paramount

adj. more important than anything else; having superior power and influence or the highest position

synonym: central, major, crucial

(1) the lord **paramount**, (2) **paramount** to all the others
This country became a country of **paramount** geostrategic importance to us.

caregiving

n. the act of providing care and support for someone who is ill, disabled, or elderly

synonym: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities

She devoted her life to **caregiving**, looking after her aging parents.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) **doe** rabbit, (2) buck and **doe**

Hunters use a whistle that makes the **doe** sound to lure stags.

meaningless

adj. having no meaning, direction, or purpose

synonym: pointless, absurd, senseless

(1) a **meaningless** endeavor, (2) do a **meaningless** task

This experiment's results are **meaningless** because the other conditions are not identical.

lofty

adj. elevated in position, rank, or status; grand; elevated in style or language

synonym: high, elevated, grand

(1) a **lofty** peak, (2) **lofty** ambitions

His **lofty** goals were admirable but unrealistic.

conquer

v. to bring under control by force or authority

synonym: defeat, overpower, subdue

(1) **conquer** fatal disease, (2) **conquer** the world

You must **conquer** your anxiety about driving.

terrify

v. to frighten someone very much

synonym: unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

trepidation

n. a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous

synonym: fear, anxiety, apprehension

(1) trembling with **trepidation**, (2) sense of **trepidation**

She felt **trepidation** as she approached the podium to give her speech.

stubborn

adj. refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change

synonym : persistent, obstinate, determined

(1) **stubborn** attitude, (2) **stubborn** stains

He was so **stubborn** about his beliefs that he refused to listen to any other points of view.

optimism

n. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation

synonym : positiveness, sanguinity, bullishness

(1) sense of **optimism**, (2) political **optimism**

There is considerable **optimism** that the economy will recover soon.

animate

v. to make something full of interest and energy

synonym : invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

infuse

v. to fill something with a particular quality, feeling, or influence; to imbue

synonym : instill, fill, permeate

(1) **infuse** with spirit, (2) **infuse** life with meaning

She **infused** fresh herbs into the soup for added flavor.

suffrage

n. the right to vote in political elections; the exercise of voting rights or the process of obtaining them

synonym : franchise, vote, enfranchisement

(1) **suffrage** movement, (2) female **suffrage**

The **suffrage** march was a peaceful protest demanding voting rights for women.

electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or

interested in something

synonym : wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

frightening

adj. causing fear or alarm, or very surprising and alarming

synonym : scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience

The news of the pandemic was a **frightening** reminder of the fragility of human health.

adversary

n. a person, group, or force that opposes or fights against another; an enemy or opponent

synonym : opponent, enemy, foe

(1) **adversary** team, (2) political **adversary**

The boxer's toughest **adversary** was his fear of losing.

grit

n. very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles

synonym : determination, fortitude, courage

(1) **grit** determination, (2) **grit** washer

She has a lot of **grit** and determination to succeed.

pessimistic

adj. tending to see the worst aspect of things or expecting the worst possible outcome

synonym : cynical, defeatist, despairing

(1) take a **pessimistic** view of life, (2) **pessimistic** for our survival

She was unduly **pessimistic** about her future.

powerless

adj. lacking power, strength, or authority; unable to act or affect change

synonym : helpless, impotent, feeble

(1) **powerless** position, (2) **powerless** in the organization
During the hurricane, we felt **powerless** against the winds and rain.

mobilize

v. to make something ready for action or use; to organize people or resources for a particular purpose

synonym: activate, rally, marshal

(1) **mobilize** cooperation, (2) **mobilize** a stiff joint

The military **mobilized** troops to the border.

drastic

adj. radical and extreme; likely to have a significant or far-reaching impact

synonym: extreme, fierce, radical

(1) **drastic** measures, (2) make **drastic** revision

The global community is undergoing **drastic** changes at present.

crossroad

n. a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences

synonym: intersection, junction, fork

(1) critical **crossroad**, (2) major **crossroad**

I'm at a career **crossroads** and unsure which path to take.

regenerative

adj. tending to regrow or restore lost or injured tissue

synonym: rejuvenating, restorative, healing

(1) **regenerative** medicine, (2) **regenerative** therapy

The **regenerative** properties of stem cells make them a promising area of research.

regenerate

v. to improve or renew an area, institution, system, etc., especially by making it more active or successful

synonym: renew, revive, improve

(1) **regenerate** bone tissue, (2) a **regenerate** sinner

The new CEO's primary mission is to **regenerate** the company on the verge of bankruptcy.

verve

n. energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal

synonym: energy, enthusiasm, vitality

(1) journalistic **verve**, (2) perform with **verve**

The artist's work is known for its vibrant colors and energetic **verve**.

tenacity

n. the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling

synonym: persistence, determination, perseverance

(1) **tenacity** of purpose, (2) show **tenacity**

Her **tenacity** in pursuing her dreams has inspired many people.

beacon

n. a light or other visible object serving as a signal, guide, or warning

synonym: lighthouse, guidepost, marker

(1) an aerial **beacon**, (2) **beacon** of hope

The lighthouse served as a **beacon** to guide ships safely into port.

falter

v. to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shaky

synonym: hesitate, stumble, waver

(1) **falter** in decision-making, (2) **falter** in speech

My confidence began to **falter** as I gave my presentation in front of the class.

Session 2: Spelling

1. fa___r in speech *v.* to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shaky
2. g__t determination *n.* very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles
3. sense of op_____sm *n.* a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
4. take a pes_____ic view of life *adj.* tending to see the worst aspect of things or expecting the worst possible outcome
5. the lord pa_____nt *adj.* more important than anything else; having superior power and influence or the highest position
6. un___d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
7. do a mea_____ss task *adj.* having no meaning, direction, or purpose
8. a mea_____ss endeavor *adj.* having no meaning, direction, or purpose
9. re___n their mother ship *v.* to return to someone or something

ANSWERS: 1. falter, 2. grit, 3. optimism, 4. pessimistic, 5. paramount, 6. unfold, 7. meaningless, 8. meaningless, 9. rejoin

10. ad_____ry team *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
11. g__t washer *n.* very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles
12. po_____ss position *adj.* lacking power, strength, or authority; unable to act or affect change
13. de___t a scene *v.* to illustrate someone or something in a photograph
14. car_____ng responsibilities *n.* the act of providing care and support for someone who is ill, disabled, or elderly
15. te_____l of hair *n.* a slender, coiling, or twisting stem or strand of a climbing plant, typically used for support or attachment; any thin, curling, or twisting feature that resembles a plant tendril in shape or function
16. mo_____ic orders *adj.* relating to monk or monasticism; ascetic or austere in lifestyle or habits
17. po_____ss in the organization *adj.* lacking power, strength, or authority; unable to act or affect change
18. in___e with spirit *v.* to fill something with a particular quality, feeling, or influence; to imbue
19. pes_____ic for our survival *adj.* tending to see the worst aspect of things or expecting the worst possible outcome
20. global pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area

ANSWERS: 10. adversary, 11. grit, 12. powerless, 13. depict, 14. caregiving, 15. tendril, 16. monastic, 17. powerless, 18. infuse, 19. pessimistic, 20. pandemic

21. re___e control *v.* to take something again or a second time, especially an examination or a photograph, to correct mistakes or improve the result
22. de_____te a few hours *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
23. show te_____ty *n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling
24. sense of tre_____on *n.* a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous
25. buck and d_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
26. creeping te_____l *n.* a slender, coiling, or twisting stem or strand of a climbing plant, typically used for support or attachment; any thin, curling, or twisting feature that resembles a plant tendril in shape or function
27. fa___r in decision-making *v.* to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shaky

ANSWERS: 21. retake, 22. dedicate, 23. tenacity, 24. trepidation, 25. doe, 26. tendril, 27. falter

28. an unp_____led achievement *adj.* without parallel, equal in size, amount, quality, etc.; better or worse than any other
29. lo_____wn area *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
30. an_____e the body *v.* to make something full of interest and energy
31. z_n meditation *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
32. z_n garden *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
33. mo_____ic community *adj.* relating to monk or monasticism; ascetic or austere in lifestyle or habits
34. di_____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 28. unparalleled, 29. lockdown, 30. animate, 31. zen, 32. zen, 33. monastic, 34. disrupt

35. m__k lifestyle *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
36. political ad_____ry *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
37. de___t a feeling of isolation *v.* to illustrate someone or something in a photograph
38. di_____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
39. su_____ge movement *n.* the right to vote in political elections; the exercise of voting rights or the process of obtaining them
40. de_____te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
41. a lo__y peak *adj.* elevated in position, rank, or status; grand; elevated in style or language
42. be___n of hope *n.* a light or other visible object serving as a signal, guide, or warning
43. dr_____c measures *adj.* radical and extreme; likely to have a significant or far-reaching impact
44. unp_____led views *adj.* without parallel, equal in size, amount, quality, etc.; better or worse than any other
45. un___d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

ANSWERS: 35. monk, 36. adversary, 37. depict, 38. disrupt, 39. suffrage, 40. dedicate, 41. lofty, 42. beacon, 43. drastic, 44. unparalleled, 45. unfold

46. the threats te_____y him *v.* to frighten someone very much
47. journalistic ve__e *n.* energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal
48. gl_____r retreat *n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
49. an_____e his soul *v.* to make something full of interest and energy
50. st_____rn attitude *adj.* refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change
51. cloistered m__k *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
52. te_____y people *v.* to frighten someone very much
53. mo_____ze a stiff joint *v.* to make something ready for action or use; to organize people or resources for a particular purpose
54. a reg_____te sinner *v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful
55. cast fri_____ng eyes *adj.* causing fear or alarm, or very surprising and alarming
56. el_____fy the audience *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

ANSWERS: 46. terrify, 47. verve, 48. glacier, 49. animate, 50. stubborn, 51. monk, 52. terrify, 53. mobilize, 54. regenerate, 55. frightening, 56. electrify

57. the geo_____cal situations *adj.* of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area
58. av__t disaster *v.* to prevent something dangerous or undesirable from happening
59. go on lo_____wn *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
60. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
61. make a fu___e protest *adj.* incapable of producing any useful result; pointless
62. st_____rn stains *adj.* refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change
63. female su_____ge *n.* the right to vote in political elections; the exercise of voting rights or the process of obtaining them
64. cor_____us bankruptcy *n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

ANSWERS: 57. geopolitical, 58. avert, 59. lockdown, 60. determinant, 61. futile, 62. stubborn, 63. suffrage, 64. coronavirus

65. reg_____te bone tissue *v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful
66. el_____fy a manufacturing process *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
67. in___e life with meaning *v.* to fill something with a particular quality, feeling, or influence; to imbue
68. te_____ty of purpose *n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling
69. flu pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area
70. critical cr_____ad *n.* a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences
71. d_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
72. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
73. a worthless wr__k *n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident

ANSWERS: 65. regenerate, 66. electrify, 67. infuse, 68. tenacity, 69. pandemic, 70. crossroad, 71. doe, 72. determinant, 73. wreck

74. the house was a wr__k
n. a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
75. lo__y ambitions
adj. elevated in position, rank, or status; grand; elevated in style or language
76. cor_____us antibody test kit
n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
77. gl_____rs move tardily
n. a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
78. car_____ng process
n. the act of providing care and support for someone who is ill, disabled, or elderly
79. perform with ve__e
n. energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal
80. make dr_____c revision
adj. radical and extreme; likely to have a significant or far-reaching impact
81. major cr_____ad
n. a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences
82. reduce geo_____cal risk
adj. of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area

ANSWERS: 74. wreck, 75. lofty, 76. coronavirus, 77. glacier, 78. caregiving, 79. verve, 80. drastic, 81. crossroad, 82. geopolitical

83. fu___e talk *adj.* incapable of producing any useful result; pointless
84. qu____re debate *n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament
85. co____r the world *v.* to bring under control by force or authority
86. co____r fatal disease *v.* to bring under control by force or authority
87. an aerial be___n *n.* a light or other visible object serving as a signal, guide, or warning
88. fri_____ng experience *adj.* causing fear or alarm, or very surprising and alarming
89. re___e photo *v.* to take something again or a second time, especially an examination or a photograph, to correct mistakes or improve the result
90. sink into a qu____re *n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament
91. av__t a strike *v.* to prevent something dangerous or undesirable from happening
92. pa_____nt to all the others *adj.* more important than anything else; having superior power and influence or the highest position
93. political op____sm *n.* a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation

ANSWERS: 83. futile, 84. quagmire, 85. conquer, 86. conquer, 87. beacon, 88. frightening, 89. retake, 90. quagmire, 91. avert, 92. paramount, 93. optimism

94. reg_____ive medicine *adj.* tending to regrow or restore lost or injured tissue
95. re___n the party *v.* to return to someone or something
96. reg_____ive therapy *adj.* tending to regrow or restore lost or injured tissue
97. mo_____ze cooperation *v.* to make something ready for action or use; to organize people or resources for a particular purpose
98. trembling with tre_____on *n.* a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous

ANSWERS: 94. regenerative, 95. rejoin, 96. regenerative, 97. mobilize, 98. trepidation

Session 3: Fill in the Blanks

1. Daily yoga helped her achieve a ____ state of mind and calmness.
n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
2. The ascetic ____ spent his days in prayer and contemplation in the monastery.
n. a member of a religious community of men living under vows of poverty, chastity, and obedience
3. After the battle, the soldier managed to _____ his unit.
v. to return to someone or something
4. The _____ lifestyle of the monks involved living in solitude and silence.
adj. relating to monk or monasticism; ascetic or austere in lifestyle or habits
5. The _____ properties of stem cells make them a promising area of research.
adj. tending to regrow or restore lost or injured tissue
6. There is considerable _____ that the economy will recover soon.
n. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
7. It was _____ to try and fix the broken vase, as it was too badly damaged.
adj. incapable of producing any useful result; pointless

ANSWERS: 1. zen, 2. monk, 3. rejoin, 4. monastic, 5. regenerative, 6. optimism, 7. futile

8. The _____ of the ice age have shaped Fjord.
n. a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
9. It would be best not to _____ your associates into doing complex tasks.
v. to frighten someone very much
10. The global community is undergoing _____ changes at present.
adj. radical and extreme; likely to have a significant or far-reaching impact
11. His son had accurately _____ the bloom.
v. to illustrate someone or something in a photograph
12. Hunters use a whistle that makes the ____ sound to lure stags.
n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
13. She has a lot of _____ and determination to succeed.
n. very small pieces of stone or sand; mental toughness and determination or perseverance in the face of challenges or obstacles
14. I'm at a career _____ and unsure which path to take.
n. a place where two or more roads or paths cross or intersect; a point of decision or choice, often involving significant consequences
15. The artist's work is known for its vibrant colors and energetic _____.
n. energy, enthusiasm, or vitality, especially when expressed in a lively or spirited way; vigor or zeal

ANSWERS: 8. glaciers, 9. terrify, 10. drastic, 11. depicted, 12. doe, 13. grit, 14. crossroads, 15. verve

16. They fear a _____ of a new type of virus.
- n.* an outbreak of a disease that affects many people over a very wide area
17. The _____ march was a peaceful protest demanding voting rights for women.
- n.* the right to vote in political elections; the exercise of voting rights or the process of obtaining them
18. The new CEO's primary mission is to _____ the company on the verge of bankruptcy.
- v.* to improve or renew an area, institution, system, etc., especially by making it more active or successful
19. The company found itself in a legal _____ unable to resolve the issue without causing harm to its reputation.
- n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament
20. The divers accidentally discovered a _____ on the ocean floor.
- n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
21. The plant's delicate _____ curled around the trellis as it began to climb.
- n.* a slender, coiling, or twisting stem or strand of a climbing plant, typically used for support or attachment; any thin, curling, or twisting feature that resembles a plant tendril in shape or function
22. The mystery _____ as the detectives gathered more clues.
- v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

ANSWERS: 16. pandemic, 17. suffrage, 18. regenerate, 19. quagmire, 20. wreck, 21. tendril, 22. unfolded

23. This country became a country of _____ geostrategic importance to us.
adj. more important than anything else; having superior power and influence or the highest position
24. The dam systematically releases large amounts of water to _____ flooding during the rainy season
v. to prevent something dangerous or undesirable from happening
25. This experiment's results are _____ because the other conditions are not identical.
adj. having no meaning, direction, or purpose
26. The product developed through years of research continues to _____ the market.
v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
27. He _____ his life to helping others.
v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
28. The military _____ troops to the border.
v. to make something ready for action or use; to organize people or resources for a particular purpose
29. The positive attitude of the supervisor _____ the discussion.
v. to make something full of interest and energy
30. The country holds dominant _____ power over its neighbors.
adj. of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area

ANSWERS: 23. paramount, 24. avert, 25. meaningless, 26. electrify, 27. dedicated, 28. mobilized, 29. animated, 30. geopolitical

31. She devoted her life to _____ looking after her aging parents.
n. the act of providing care and support for someone who is ill, disabled, or elderly
32. You must _____ your anxiety about driving.
v. to bring under control by force or authority
33. She felt _____ as she approached the podium to give her speech.
n. a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous
34. He was so _____ about his beliefs that he refused to listen to any other points of view.
adj. refusing to change one's mind or behavior despite persuasion or evidence to the contrary; unyielding; difficult to move or change
35. Several American technology companies have achieved _____ success in terms of customer numbers.
adj. without parallel, equal in size, amount, quality, etc.; better or worse than any other
36. Her _____ in pursuing her dreams has inspired many people.
n. the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling
37. One _____ of success is having a positive attitude and a strong work ethic.
n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 31. caregiving, 32. conquer, 33. trepidation, 34. stubborn, 35. unparalleled, 36. tenacity, 37. determinant

38. During the hurricane, we felt _____ against the winds and rain.
adj. lacking power, strength, or authority; unable to act or affect change
39. I will have to _____ this test to get a passing grade.
v. to take something again or a second time, especially an examination or a photograph, to correct mistakes or improve the result
40. I'm so sorry to _____ you when you're pretty busy.
v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
41. The boxer's toughest _____ was his fear of losing.
n. a person, group, or force that opposes or fights against another; an enemy or opponent
42. His _____ goals were admirable but unrealistic.
adj. elevated in position, rank, or status; grand; elevated in style or language
43. The news of the pandemic was a _____ reminder of the fragility of human health.
adj. causing fear or alarm, or very surprising and alarming
44. Considering the situation of _____ organized stopped this year's beer festival.
n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
45. My confidence began to _____ as I gave my presentation in front of the class.
v. to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shaky

ANSWERS: 38. powerless, 39. retake, 40. disrupt, 41. adversary, 42. lofty, 43. frightening, 44. coronavirus, 45. falter

46. She was unduly _____ about her future.

adj. tending to see the worst aspect of things or expecting the worst possible outcome

47. The country's prime minister has decided to implement a nationwide _____ measure.

n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

48. She _____ fresh herbs into the soup for added flavor.

v. to fill something with a particular quality, feeling, or influence; to imbue

49. The lighthouse served as a _____ to guide ships safely into port.

n. a light or other visible object serving as a signal, guide, or warning

ANSWERS: 46. pessimistic, 47. lockdown, 48. infused, 49. beacon